

Check out Help Me Grow Kansas!

Help Me Grow Kansas (<https://helpmegrowks.org/>) offers families up to date information, recommendations and resources on early childhood development including social emotional health and tools to help monitor important developmental milestones. Families can also find information about home visiting services and quality child care in Kansas. In addition, Kansas also provides support and services to families and children with special health care needs.

Families can learn about the **1-800-CHILDREN** Parent Helpline and mobile app. This is a free, statewide and confidential resource and referral service available with English and Spanish trained and caring professionals that take time to listen and refer families to local organizations and other services that meet their individualized needs.

Help Me Grow Kansas (HMGK) is a statewide model with the mission that all Kansas families have informed and equitable access to seamless, comprehensive supports and services that ensure the wellbeing and lifelong success of all. The HMGK vision Connected Families, Connected Communities: Every Child Thrives, encompasses a framework that promotes a comprehensive early childhood system in Kansas through

- Family & Community Outreach
- Child Health Care Provider Outreach
- A Centralized Access Point for connecting families to services
- Data Collection and Analysis