

8 Elements of a Vape-Free School

1 Implement

Determine if your school has a comprehensive tobacco policy. See the Kansas Vape-Free Schools Toolkit for a policy checklist.

2 Educate

Provide all school personnel with up-to-date training on tobacco products, addiction, and the dangers of youth e-cigarette use.

3 Inform

Share e-cigarette information with parents whenever possible—via parental advisories, in newsletters, and at parent/teacher meetings.

4 Promote

Promote health messaging throughout the school, and post signage that clearly communicates your policy.

5 Update

Update health education curriculum to include information on the harms of vaping and nicotine addiction.

6 Involve

Involve and empower students to take action and educate their peers! Start a Resist chapter in your school.

7 Enforce

Consistently enforce your school's policy. Focus on education and avoid punitive measures when possible—remember, it's an addiction!

8 Support

Provide support to students for cessation by referring them to the Kansas Tobacco Quitline and This Is Quitting.

Tobacco-free and vape-free school policies are one way to address the increasing popularity of e-cigarettes and other vaping devices among youth. The Centers for Disease Control and Prevention (CDC) describes a comprehensive school-based program in its “Guidelines for School Health Programs to Prevent Tobacco Use and Addiction.” The first guideline recommends that schools develop and enforce comprehensive tobacco-free policies.

A comprehensive tobacco-free and vape-free school policy prohibits:

- **ALL** types of tobacco products, including e-cigarettes
- For **ALL** students, staff and visitors
- On **ALL** school grounds, in school vehicles, and at school sponsored events
- At **ALL TIMES**.

In addition to a comprehensive policy, schools should also implement:

- Clear and visible signage that communicates the policy to students, staff and visitors
- Consistent enforcement and consequences in place for violations
- Updated tobacco and vape education in the school’s health curriculum
- Tobacco cessation resources available for both students and staff.

More suggestions for ways to improve and support your school’s policy are listed in the Kansas Vape-Free Schools Toolkit created by KDHE and Resist.

Your students know what these products are. Do you?



For more information on addressing e-cigarette use in your school, visit:

www.kdheks.gov/tobacco/vape_free_schools.htm

