KANSAS WIC INFORMATION MEMORANDUM
KANSAS-WIC-I-2013-03

TO: Parent and Sub-Agencies

FROM: Dave Thomason
Nutrition & WIC Services Director

DATE: December 19, 2012

RE: Delay in Affidavit Reimbursements
Breads in 16 oz sizes
New wichealth.org Lessons Added
2013 NWA Calendars and Magazines Added in KWIC
Formula – New Formula from Gerber Good Start
Voter Registration
WIC Advisory Committee – Request for Agenda Items for 1/30/2013 Meeting
Revised Spanish Diet Questionnaires on Website
KWIC Focus – Tips for Using KWIC .NET
Educational Opportunities

Delay in Affidavit Reimbursements

The affidavit reimbursement process is currently experiencing a delay due to the KDHE fiscal
department experiencing some unforeseen issues. Reimbursements will start being dispersed as
early as the beginning of January.

If you have any questions or need assistance please contact Rachelle Hazelton at (785) 291-3134
or by email at rhazelton@kdheks.gov.

ACTION REQUIRED: Notify all WIC staff, as well as other Health Department or County
staff who are involved with providing affidavits to the WIC Program.

16 ounce Breads and Whole Grains

Recently Wonder bread went out of business. Wonder bread was an easily identifiable product
that WIC clients knew they could find in a 16 ounce size. Sara Lee also covers the state and
carries a 16 oz size. We recently learned that Oroweat is available in all areas, except the Northwest area of Kansas. Please remember that bread is not brand specific and only needs to meet the size requirements of 12 – 32 ounces, have 100% Whole Wheat on the label, and Whole Wheat Flour listed as the first ingredient. Of course there are other breads that come in a 16 ounce size that may also be available in your area. We encourage the Local Vendor Managers to work with the vendors, if they report not being able to order at least one 16 ounce size of 100% whole wheat bread.

Below is the most current listing of breads that are approved and available in a 16 ounce loaf. Please work with your local vendors when clients report they cannot find a 16 ounce size and of course this is a perfect opportunity to remind clients they may also purchase 100% Whole Wheat buns or rolls, whole grain tortillas and/or brown rice.

<table>
<thead>
<tr>
<th>BRAND</th>
<th>PRODUCT</th>
<th>SIZE</th>
<th>UPC</th>
</tr>
</thead>
<tbody>
<tr>
<td>Best Choice</td>
<td>100% Whole Wheat Bread</td>
<td>16 oz</td>
<td>70038 31150</td>
</tr>
<tr>
<td>Bimbo</td>
<td>100% Whole Wheat Bread</td>
<td>16 oz</td>
<td>74323 09231</td>
</tr>
<tr>
<td>Cobblestone Mill</td>
<td>100% Whole Wheat Bread</td>
<td>16 oz</td>
<td>72250 04171</td>
</tr>
<tr>
<td>Great Value</td>
<td>100% Whole Wheat Bread</td>
<td>16 oz</td>
<td>78742 36690</td>
</tr>
<tr>
<td>Mrs. Baird's</td>
<td>100% Wheat Wheat Bread</td>
<td>16 oz</td>
<td>70870 00061</td>
</tr>
<tr>
<td>Nature's Own</td>
<td>100% Whole Wheat with Honey</td>
<td>16 oz</td>
<td>72250 04319</td>
</tr>
<tr>
<td>Oroweat</td>
<td>100% Whole Wheat Bread</td>
<td>16 oz</td>
<td>73130 73360</td>
</tr>
<tr>
<td>Our Family</td>
<td>100% Whole Wheat Bread</td>
<td>16 oz</td>
<td>70253 75151</td>
</tr>
<tr>
<td>Ozark Hearth</td>
<td>100% Whole Wheat Bread</td>
<td>16 oz</td>
<td>73731 07116</td>
</tr>
<tr>
<td>Pepperidge Farm</td>
<td>Stoneground 100% Whole Wheat Bread</td>
<td>16 oz</td>
<td>14100 07101</td>
</tr>
<tr>
<td>Pepperidge Farm</td>
<td>Very Thin Sliced 100% Whole Wheat Bread</td>
<td>16 oz</td>
<td>14100 07132</td>
</tr>
<tr>
<td>Pepperidge Farm</td>
<td>100% Whole Wheat Cinnamon Swirl Bread</td>
<td>16 oz</td>
<td>14100 08543</td>
</tr>
<tr>
<td>Roman Meal</td>
<td>Sungrain 100% Whole Wheat bread</td>
<td>16 oz</td>
<td>77633 70030</td>
</tr>
<tr>
<td>Sara Lee</td>
<td>Classic 100% Whole Wheat Bread</td>
<td>16 oz</td>
<td>72945 61103</td>
</tr>
<tr>
<td>Sara Lee</td>
<td>Soft &amp; Smooth 100% Whole Wheat Bread</td>
<td>16 oz</td>
<td>72945 61175</td>
</tr>
<tr>
<td>ShurFresh</td>
<td>100% Whole Wheat Bread</td>
<td>16 oz</td>
<td>11161 40303</td>
</tr>
</tbody>
</table>

**ACTION REQUIRED:** Share with Clients and Vendors as appropriate. If a vendor reports they are unable to get a 16 oz loaf of bread, please contact either Brad Iams or Valerie Merrow.

**New wichealth.org Lessons Added**

Several new lessons have been added to the client nutrition education website, [www.wichealth.org](http://www.wichealth.org). All three of the new lessons are included under the Family lesson tab. The
new lessons are: Choose MyPlate to Build a Healthier Family, Farm to Family: Keeping Food Safe and Make Mealtime a Family Time. All three lessons can count for secondary low risk education for all WIC client categories. These lesson titles have been added to the current lesson titles in KWIC under Nutrition Education Topics.

If your agency has not yet implemented this new method for WIC clients to obtain their low risk secondary nutrition education, but would like to do so, view the implementation Webinar and Q & A document available under Training on our Kansas WIC website:  
http://www.kansaswic.org/local_agencies/training.html.

**ACTION REQUIRED:** Notify all WIC staff involved in planning or documenting nutrition education of the availability of three new lessons in wichealth.org. For questions about wichealth.org, contact Julie Ornelas at jornelas@kdheks.gov or 785-296-0094.

### 2013 NWA Calendars and Magazines Added in KWIC:

For those Local Agencies that ordered 2013 NWA calendars, the calendars have been added as a handout in KWIC. However, these calendars should be used as part of the nutrition education process rather than a “give away.” To help agencies use the calendars in nutrition education, several supplemental materials were developed and can be found on the WIC website at:  
http://www.kansaswic.org/nutrition_education/nutrition_edu_resources.html. These materials could be used for multicultural nutrition education, even if the LA is not using the NWA calendars.

The new NWA magazines have also been added as a handout in KWIC. Bringing Home Baby and Let’s Eat are helpful tools for LA’s to use in educating new parents about caring for and feeding their new infant. The SA has developed two documents which provide suggestions on how to use the magazines. These supporting materials can be found at the following link:
http://www.kansaswic.org/nutrition_education/nutrition_edu_resources.html. The magazines can be ordered on the WIC Publications Order Form:

**ACTION REQUIRED:** Notify all WIC staff involved in planning or documenting nutrition education of this information. Be sure staff use the supporting nutrition education materials so the calendars and magazines count as a nutrition education activity rather than a give-away.

### Formula – New Formula from Gerber Good Start

The SA has been notified that Gerber Good Start has started manufacturing Nourish, a nutrient-enriched formula for premature infants after hospital discharge. Nourish is available in 12.6 oz containers of powdered formula. More information on this product is available on the Gerber website at http://medical.gerber.com/products/ProductDetails.aspx?articleId=2DF53EFF-3BAA-
This product has not yet been added to any KWIC food package. If you receive a request for Gerber Good Start Nourish, please call the SA and the product will be made available.

**Action Required:** Notify all staff who authorize special formulas.

**Voter Registration**

One of the requirements of the 2011 Secure and Fair Elections (SAFE) Act is that, beginning January 1, 2013, each person applying for voter registration for the first time in Kansas is required to provide evidence of U.S. citizenship. This requires a change to our current procedures. We will send the revised PPM policy and procedures as soon as possible.

**Action Required:** Notify all staff of upcoming changes. Be prepared to implement changes on January 1, 2013.

**WIC Advisory Committee – Request for Agenda Items for 1/30/2013 Meeting**

The next WIC Advisory Committee (WAC) conference call will be January 30, 2013 at 10:00 AM. **Please submit agenda items to your WAC representative or Patrice Thomsen by January 22, 2013.** You can find your representative name and contact information on the WIC Advisory Committee page of the Kansas WIC website. As a reminder, questions about policy implementation should be directed to your agency’s assigned state staff member.

**ACTION REQUIRED:** Submit agenda items by January 22, 2013

**Revised Spanish Diet Questionnaires on Website**

The FFY2013 Policy and Procedure Manual Changes table that was attached to the October 2012 Kansas WIC P-Memo 2012-9 stated the revised Spanish translations for the Diet Questionnaires would be available on our website before October 30th. That estimate was a bit optimistic, but the revised questionnaires are now available on our website.

**ACTION REQUIRED:** Use the revised versions the next time your agency needs to print Spanish Diet Questionnaires.

**KWIC Focus – Tips for Using KWIC .NET**
This month’s issue of *KWIC Focus* is included at the end of this memo and is also available on the web site at [http://www.kansaswic.org/local_agencies/kwic_focus_newsletter.html](http://www.kansaswic.org/local_agencies/kwic_focus_newsletter.html).

**ACTION REQUIRED:** Have all staff read *KWIC Focus*.

**Educational Opportunities**

- **La Leche League of Kansas Breastfeeding Continuing Education Program** – Friday, March 8, 2013, Newton KS featuring Christina M. Smillie, MD, FAAP, IBCLC, FABM Registration is now open at [www.kansasLLL.org](http://www.kansasLLL.org)

- **United States Lactation Consultant Association Conference** - Save the dates May 3-5, 2013 for the first USLCA breastfeeding conference in St. Louis, MO. For more information access [http://www.ilca.org/i4a/pages/index.cfm?pageID=3872](http://www.ilca.org/i4a/pages/index.cfm?pageID=3872)

- **KS WIC Glow and Grow Breastfeeding Training** Each new WIC employee is required by USDA to attend this training. For more information, see the Training page of the Kansas WIC website. Space permitting, we will allow attendance of non-WIC staff at a higher registration fee. Consider inviting other non-WIC staff such as Healthy Start Home Visitors.
  - June 4, 2013 – Topeka
  - Fall, 2013 – Wichita (Date to be determined.)

- **Certified Breastfeeding Educator** trainings presented by Debi Bocar, PhD, RN, IBCLC. Watch this website for more upcoming breastfeeding educator programs. - [http://www.lactation-consultant-services.com/about.html](http://www.lactation-consultant-services.com/about.html)

- **WIC Breastfeeding Basics**, a one hour online course from the WIC Works Resource System is now approved for 1 credit for dietitians, nurses and lactation consultants, WIC Breastfeeding Basics is the first WIC Works course to offer CERPs. You’ll need to create an account, etc. Check it out today at [http://wicworks.nal.usda.gov/wic-learning-online](http://wicworks.nal.usda.gov/wic-learning-online)

- **FREE** web-based Breastfeeding Training. Sponsored by the University of Virginia School of Medicine and the Virginia Department of Health. [www.breastfeedingtraining.org](http://www.breastfeedingtraining.org) CEU’s available. *5 new Baby Friendly Hospital Initiative modules were added August 1, 2011. Prior participants may earn new credit for completing these updated modules.*

- Promotion of good nutrition and feeding practices is an essential component of the fight to prevent obesity. **Prenatal Nutrition**, [www.prenatalnutritiontraining.org](http://www.prenatalnutritiontraining.org) is a free course provided by the Virginia Department of Health for health care professionals with detailed information about nutrition, physical activity and weight management from preconception through delivery. Please check it out.
**ACTION REQUIRED:** Share information with appropriate WIC staff about these continuing education opportunities. Consider sending appropriate WIC staff according to your local agency training needs and as the local agency budget allows. If appropriate, refer to ADM 11.02.00 Financial Support for Local Agency On-Going Training for information on the possibility of obtaining financial support from the SA. Notice the policy specifies that staff time is not covered in these special funds.


If you have any questions regarding this memo, please contact the state staff member assigned to your agency.

Enclosures:  
*KWIC Focus*
<table>
<thead>
<tr>
<th>Question</th>
<th>Answer</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Where did the Today button go on the Appointment Book?</td>
<td>Click on the Today: XX/XX/XXXX link below the calendar and it will take you to today.</td>
</tr>
<tr>
<td></td>
<td><img src="image.png" alt="Scheduler" /></td>
</tr>
<tr>
<td>2. What is the fastest way to delete reminders?</td>
<td>Check all the “Done” boxes as appropriate and click save. This removes the reminder without having to select each row.</td>
</tr>
<tr>
<td></td>
<td><img src="image.png" alt="Client Reminders" /></td>
</tr>
<tr>
<td>3. What is the fastest way to open the Notices tab for a client?</td>
<td>You can use the Appointment Book as your guide and open groups using the Open Group link. If you are working with phone calls or walk-ins, use the Find Client tab. For quicker searching on the Find Client tab, put in as much information as you can get. For example, instead of just date of birth, add the last name. The more criteria entered the faster the system can look for and bring back your results.</td>
</tr>
<tr>
<td>Question</td>
<td>Answer</td>
</tr>
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<td>-------------------------------------------------------------------------</td>
<td>----------------------------------------------------------------------------------------------------------------------------------------</td>
</tr>
<tr>
<td>4. What is the trick with the radio buttons that have the red asterisk? I have a hard time clicking in it!</td>
<td>Placing your mouse at the lower right side of the radio button gives you a better chance at making that selection the first time. It is not guaranteed but your chances are higher it will work the first click!</td>
</tr>
<tr>
<td>5. What is a quicker way to move between screens?</td>
<td>If you have made a change on the screen, you can click cancel and then click Yes on the Save? pop-up. The screen will save and close, returning you to your previous screen. <strong>This does not work if you click the in the Income Screen or Complete Certification, you have to click on save in order to save those two screens.</strong></td>
</tr>
</tbody>
</table>
| 6. Why are the screens slower?                                           | Moving from the previous version of Client Services to this new .NET version created the opportunity to add new functionality to Client Services. We were able to add Electronic Signature functionality and looking to the future, this will make moving to Electronic Benefit Transfer (EBT) easier. Some tips to help speed things up include:  
  - It is recommended that staff do not use streaming music through the internet during WIC clinic. This uses up computer processing speed.  
  - Make sure your clinic’s internet speeds are as fast as possible. This may take a phone call to your County IT department or your Internet Service Provider to see what connection speed you have. If you need assistance with these discussions, please contact the KWIC Help Desk. |