

# The Pregnancy and Postpartum Resource Center

[www.kansasppd.org](http://www.kansasppd.org)



## Our Mission

To improve the emotional well-being of families before and after the birth of a child.

How PPRC can help:

**GROUP SUPPORT:**  
helps women who are suffering connect, learn about their illness, and plan for recovery.

**PHONE SUPPORT:**  
you will speak with a trained volunteer, who listens and helps connect you to resources.



"This was a safe place to finally say the thoughts that had been holding me back for so long."



"I don't feel or act like myself"

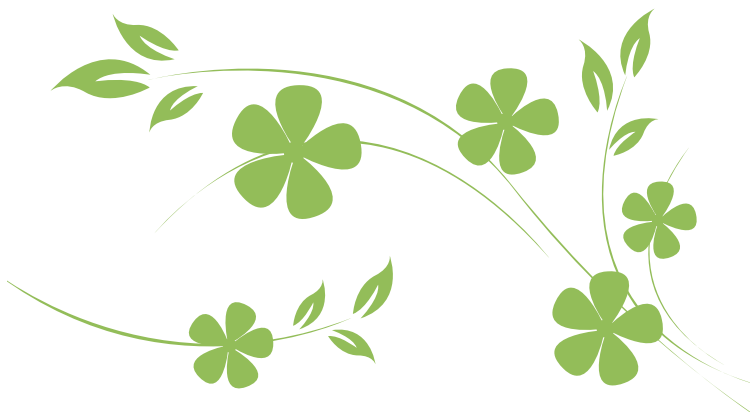
Leave a message. We'll call you back.

913.677.1300

866.363.1300

P.O. Box 2213 Mission, KS 66201





## The Pregnancy and Postpartum Resource Center

- You are not alone.
- More than one in every ten women experience emotional distress during pregnancy, after birth, or during adoption.
- This is not your fault. This is a medical problem.
- You can be well, with treatment. We are living proof.



"This group gave me a village when I needed it. Then, they taught me to build my own village, so I did it."

**PROVIDER SUPPORT:** contact PPRC for information, resources, brochures; or, to request a speaker.

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PPRC is a volunteer organization offering referrals and resources to connect you to treatment and help. PPRC does not provide professional medical services, psychological services, or advice.

