

2017 Kansas Behavioral Risk Factor Surveillance System Local Data

Wildcat Region



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2017 Kansas Behavioral Risk Factor Surveillance System Local Data

State of Kansas
Laura Kelly, Governor

Kansas Department of Health and Environment
Lee A. Norman, M.D., Acting Secretary

Report Preparation:
Pratik Pandya, MPH
Advanced Epidemiologist
Health Promotion and BRFSS Epidemiology
Bureau of Epidemiology and Public Health Informatics (BEPHI)

Report Supervision:
Belle Federman, ScD
Senior Epidemiologist
Health Promotion and BRFSS Epidemiology
Bureau of Epidemiology and Public Health Informatics (BEPHI)

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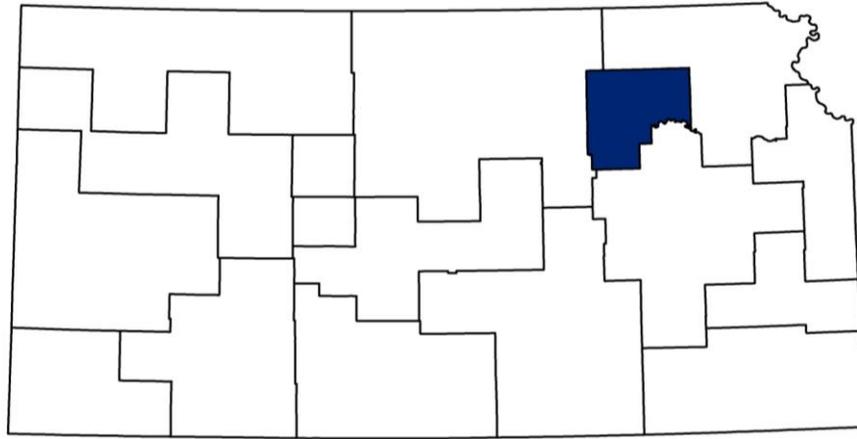
Mission

To protect and improve the health and environment of all Kansans

Vision

Healthy Kansans living in safe and sustainable environments

www.kdheks.gov



The Wildcat Region comprises the following counties:
Geary, Pottawatomie, Riley

Kansas Behavioral Risk Factor Surveillance System – Local Data, 2017 can also be accessed at <http://www.kdheks.gov/brfss/>

If you have any questions about survey methodology or need assistance interpreting the data, please contact:

Pratik Pandya, MPH
Advanced Epidemiologist
Health Promotion and BRFSS Epidemiology
Bureau of Epidemiology and Public Health Informatics (BEPHI)
Kansas Department of Health and Environment
Curtis State Office Building,
1000 SW Jackson Street, Suite 230
Topeka, KS 66612-1274
Telephone: 785-296-6513
Fax: 785-296-8059
Pratik.Pandya@ks.gov

Belle Federman, ScD
Senior Epidemiologist
Health Promotion and BRFSS Epidemiology
Bureau of Epidemiology and Public Health Informatics (BEPHI)
Kansas Department of Health & Environment
Curtis State Office Building
1000 SW Jackson, Suite 230
Topeka, KS 66612-1274
Telephone: 785-296-1152
Fax: 785-296-8059
Belle.Federman@ks.gov



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Percentage of Adults Who Are Binge Drinkers, 2017

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,785	17.2	0.4	16.5	17.9
Wildcat Region	165	21.6	1.9	18.0	25.3
Gender					
Men	123	31.1	2.9	25.5	36.8
Women	42	11.8	2.0	7.9	15.7
Age Group					
18 to 44 Years	110	26.0	2.4	21.3	30.7
45 to 64 Years	41	16.8	4.2	8.5	25.0
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	154	21.5	1.9	17.8	25.3
Race					
White	148	22.7	2.0	18.7	26.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	41	21.7	4.2	13.5	29.8
Some College or College Graduate	124	21.6	2.0	17.7	25.6
Annual Household Income					
Less than \$35,000 per Year	45	23.1	3.8	15.6	30.6
\$35,000 or Higher per Year	99	21.3	2.3	16.8	25.8
Disability Status					
Living with a Disability†	27	16.7	4.7	7.5	25.9
Living without a Disability	138	23.4	2.0	19.4	27.3

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI<25)	59	26.9	3.7	19.6	34.2
Overweight (25<=BMI<30)	59	22.6	3.0	16.7	28.5
Obese (BMI>=30)	43	16.0	2.7	10.6	21.4
Leisure Time Physical Activity					
Participates in leisure time physical activity	139	24.5	2.2	20.1	28.8
Does not participate in leisure time physical activity	20	12.8	3.3	6.3	19.3
Smoking Status					
Current smoker	38	27.9	5.5	17.1	38.7
Non-smoker	127	20.4	1.9	16.6	24.1
Health Insurance Status					
Insured	149	22.1	2.0	18.2	26.0
Uninsured	15	19.0	5.2	8.9	29.2

Numerator: Male respondents who reported having five or more drinks on one occasion in the past 30 days or female respondents who reported having four or more drinks on one occasion in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

Percentage of Adults Who Reported Heavy Alcohol Consumption in the Past 30 Days, 2017

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,067	6.0	0.2	5.6	6.4
Wildcat Region	48	6.7	1.3	4.0	9.3
Gender					
Men	36	10.6	2.4	5.8	15.4
Women	*	*	*	*	*
Age Group					
18 to 44 Years	30	7.1	1.5	4.2	9.9
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	45	6.7	1.4	3.9	9.5
Race					
White	43	6.5	1.5	3.7	9.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	29	4.9	1.1	2.7	7.1
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	29	6.5	1.5	3.5	9.5
Disability Status					
Living with a Disability†	*	*	*	*	*
Living without a Disability	40	6.1	1.2	3.8	8.5

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI<25)	*	*	*	*	*
Overweight (25<=BMI<30)	15	6.3	1.8	2.7	9.9
Obese (BMI>=30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	39	7.1	1.6	3.9	10.3
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	36	5.8	1.2	3.5	8.0
Health Insurance Status					
Insured	42	6.8	1.5	3.9	9.7
Uninsured	*	*	*	*	*

Numerator: Male respondents who reported consuming an average of more than 14 drinks per week and female respondents who reported consuming an average of more than 7 drink per week during the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

* Insufficient sample and/or statistically unreliable estimate

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Please refer to Technical Notes for more information.

Percentage of Adults with Doctor Diagnosed Arthritis, 2017

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	6,634	24.1	0.3	23.5	24.8
Wildcat Region	276	18.4	1.5	15.4	21.4
Gender					
Men	132	17.3	2.2	13.1	21.5
Women	144	19.5	2.2	15.2	23.8
Age Group					
18 to 44 Years	37	8.5	1.6	5.3	11.6
45 to 64 Years	115	35.7	4.0	27.9	43.4
65 Years and Older	121	46.1	4.4	37.5	54.7
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	267	19.7	1.7	16.4	22.9
Race					
White	237	17.6	1.6	14.5	20.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	89	23.8	3.8	16.4	31.2
Some College or College Graduate	187	16.2	1.4	13.3	19.0
Annual Household Income					
Less than \$35,000 per Year	91	24.1	3.5	17.3	31.0
\$35,000 or Higher per Year	148	17.7	1.9	13.9	21.4
Disability Status					
Living with a Disability†	129	45.8	4.6	36.8	54.9
Living without a Disability	137	11.6	1.4	8.8	14.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI<25)	54	12.8	2.9	7.1	18.6
Overweight (25<=BMI<30)	90	19.5	2.5	14.6	24.3
Obese (BMI>=30)	113	25.9	3.1	19.9	32.0
Leisure Time Physical Activity					
Participates in leisure time physical activity	163	15.5	1.8	12.1	19.0
Does not participate in leisure time physical activity	95	30.9	4.0	23.0	38.7
Smoking Status					
Current smoker	50	33.2	5.8	21.9	44.6
Non-smoker	217	15.8	1.3	13.2	18.4
Health Insurance Status					
Insured	258	19.3	1.7	16.0	22.5
Uninsured	17	11.9	3.5	5.2	18.7

Numerator: Respondents who reported they had been told by a doctor or other health professional that they have some form of arthritis, rheumatoid arthritis, gout, lupus or fibromyalgia.

Denominator: All respondents, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

Percentage of Adults with Doctor Diagnosed Arthritis Who Are Limited in Their Usual Activities Because of Arthritis or Joint Symptoms, 2017

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,148	49.7	0.8	48.2	51.2
Wildcat Region	117	44.3	4.7	35.0	53.6
Gender					
Men	59	50.1	7.0	36.3	63.9
Women	58	39.1	5.8	27.6	50.5
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	53	49.7	7.6	34.7	64.6
65 Years and Older	45	34.1	4.5	25.2	43.0
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	113	43.6	4.9	34.1	53.2
Race					
White	97	44.6	5.1	34.6	54.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	33	41.8	9.7	22.8	60.8
Some College or College Graduate	84	45.8	4.8	36.5	55.2
Annual Household Income					
Less than \$35,000 per Year	43	52.4	8.3	36.2	68.6
\$35,000 or Higher per Year	57	37.3	5.5	26.5	48.0
Disability Status					
Living with a Disability†	81	65.2	5.8	53.8	76.7
Living without a Disability	31	21.5	5.1	11.5	31.5

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI<25)	*	*	*	*	*
Overweight (25<=BMI<30)	39	46.9	7.2	32.8	60.9
Obese (BMI>=30)	50	41.5	6.4	29.1	54.0
Leisure Time Physical Activity					
Participates in leisure time physical activity	62	41.8	6.7	28.7	55.0
Does not participate in leisure time physical activity	48	48.5	7.4	34.0	63.1
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	91	42.2	4.4	33.5	50.8
Health Insurance Status					
Insured	111	45.7	4.9	36.0	55.4
Uninsured	*	*	*	*	*

Numerator: Respondents who reported any limitation in their usual activities because of arthritis or joint symptoms.

Denominator: Respondents with doctor, nurse or other health professional diagnosed arthritis, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

* Insufficient sample and/or statistically unreliable estimate

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Please refer to Technical Notes for more information.

Percentage of Adults with Current Asthma, 2017

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,901	9.1	0.3	8.6	9.6
Wildcat Region	106	9.3	1.1	7.2	11.5
Gender					
Men	36	6.8	1.4	4.1	9.6
Women	70	11.9	1.7	8.6	15.3
Age Group					
18 to 44 Years	40	8.8	1.5	5.9	11.6
45 to 64 Years	43	12.4	2.2	8.1	16.7
65 Years and Older	22	7.3	1.6	4.1	10.4
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	103	10.0	1.2	7.7	12.4
Race					
White	93	10.0	1.2	7.5	12.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	33	11.0	2.3	6.5	15.5
Some College or College Graduate	73	8.7	1.2	6.2	11.1
Annual Household Income					
Less than \$35,000 per Year	38	12.5	2.4	7.9	17.1
\$35,000 or Higher per Year	43	6.2	1.2	3.8	8.6
Disability Status					
Living with a Disability†	49	15.8	2.7	10.5	21.2
Living without a Disability	52	7.6	1.2	5.2	10.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI<25)	20	7.1	1.9	3.3	10.9
Overweight (25<=BMI<30)	33	8.3	1.8	4.8	11.8
Obese (BMI>=30)	41	12.6	2.3	8.1	17.0
Leisure Time Physical Activity					
Participates in leisure time physical activity	72	9.6	1.4	6.9	12.3
Does not participate in leisure time physical activity	26	8.7	2.0	4.7	12.7
Smoking Status					
Current smoker	18	10.0	2.6	4.9	15.0
Non-smoker	83	9.2	1.3	6.7	11.6
Health Insurance Status					
Insured	95	9.2	1.2	6.9	11.6
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they had asthma and that they currently have asthma.

Denominator: All respondents, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

Percentage of Adults Who Have Been Diagnosed With Cancer (Excluding Skin Cancer), 2017

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,030	7.1	0.2	6.7	7.4
Wildcat Region	83	4.9	0.7	3.6	6.3
Gender					
Men	32	3.6	0.8	2.0	5.1
Women	51	6.4	1.1	4.2	8.5
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	20	5.9	1.5	3.0	8.8
65 Years and Older	53	20.8	3.0	14.8	26.7
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	80	5.2	0.7	3.8	6.6
Race					
White	78	5.4	0.8	3.9	6.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	29	6.1	1.3	3.5	8.7
Some College or College Graduate	54	4.5	0.8	2.9	6.0
Annual Household Income					
Less than \$35,000 per Year	21	5.1	1.3	2.6	7.7
\$35,000 or Higher per Year	49	5.4	1.0	3.5	7.3
Disability Status					
Living with a Disability†	28	8.2	1.9	4.5	11.9
Living without a Disability	49	3.9	0.7	2.5	5.2

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI<25)	22	4.0	1.1	1.8	6.3
Overweight (25<=BMI<30)	30	5.4	1.2	3.1	7.7
Obese (BMI>=30)	25	6.1	1.5	3.2	9.0
Leisure Time Physical Activity					
Participates in leisure time physical activity	50	4.3	0.8	2.8	5.9
Does not participate in leisure time physical activity	25	6.4	1.5	3.6	9.3
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	66	5.0	0.8	3.5	6.5
Health Insurance Status					
Insured	79	5.2	0.7	3.8	6.7
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they had cancer (excluding skin cancer).

Denominator: All respondents, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

* Insufficient sample and/or statistically unreliable estimate

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Please refer to Technical Notes for more information.

Percentage of Adults Who Have Been Diagnosed With Skin Cancer, 2017

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,960	6.3	0.2	5.9	6.6
Wildcat Region	85	4.2	0.5	3.2	5.2
Gender					
Men	47	4.1	0.7	2.8	5.4
Women	38	4.3	0.8	2.7	5.9
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	28	6.7	1.4	3.9	9.4
65 Years and Older	52	19.7	2.9	13.9	25.4
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	84	4.6	0.6	3.5	5.8
Race					
White	83	4.7	0.6	3.5	5.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	17	3.0	0.8	1.4	4.6
Some College or College Graduate	68	4.7	0.7	3.4	6.0
Annual Household Income					
Less than \$35,000 per Year	18	3.2	0.9	1.4	4.9
\$35,000 or Higher per Year	58	5.5	0.8	3.9	7.1
Disability Status					
Living with a Disability†	29	7.6	1.7	4.3	10.8
Living without a Disability	54	3.4	0.5	2.4	4.5

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI<25)	17	2.5	0.7	1.1	4.0
Overweight (25<=BMI<30)	39	6.3	1.1	4.1	8.5
Obese (BMI>=30)	29	5.2	1.1	3.0	7.4
Leisure Time Physical Activity					
Participates in leisure time physical activity	64	4.5	0.7	3.2	5.8
Does not participate in leisure time physical activity	17	3.6	1.0	1.6	5.6
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	77	4.7	0.6	3.5	5.9
Health Insurance Status					
Insured	83	4.5	0.6	3.4	5.6
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they had skin cancer.

Denominator: All respondents, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

* Insufficient sample and/or statistically unreliable estimate

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Please refer to Technical Notes for more information.

Percentage of Adults Who had a Heart Attack, 2017

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,202	4.2	0.1	3.9	4.4
Wildcat Region	51	2.4	0.4	1.6	3.2
Gender					
Men	32	3.1	0.6	1.8	4.4
Women	19	1.7	0.5	0.8	2.6
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	37	13.3	2.4	8.6	18.0
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	50	2.6	0.4	1.7	3.4
Race					
White	45	2.5	0.4	1.7	3.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	20	3.5	1.0	1.6	5.4
Some College or College Graduate	31	2.0	0.4	1.2	2.8
Annual Household Income					
Less than \$35,000 per Year	17	2.8	0.8	1.3	4.4
\$35,000 or Higher per Year	25	2.4	0.6	1.3	3.5
Disability Status					
Living with a Disability†	26	6.7	1.5	3.6	9.7
Living without a Disability	23	1.4	0.3	0.7	2.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI<25)	*	*	*	*	*
Overweight (25<=BMI<30)	19	3.3	0.9	1.7	5.0
Obese (BMI>=30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	26	1.7	0.4	0.9	2.6
Does not participate in leisure time physical activity	23	5.1	1.2	2.7	7.6
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	41	2.2	0.4	1.4	2.9
Health Insurance Status					
Insured	49	2.6	0.4	1.7	3.4
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they had a heart attack also called a myocardial infarction.

Denominator: All respondents, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

Percentage of Adults Who had Angina or Coronary Heart Disease, 2017

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,154	4.0	0.1	3.7	4.3
Wildcat Region	49	2.7	0.5	1.7	3.7
Gender					
Men	28	3.3	0.9	1.6	5.0
Women	21	2.1	0.5	1.0	3.2
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	17	4.1	1.1	1.9	6.3
65 Years and Older	29	11.6	2.3	7.1	16.1
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	47	2.5	0.4	1.7	3.3
Race					
White	40	2.4	0.4	1.6	3.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	32	2.1	0.4	1.3	3.0
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	24	2.3	0.5	1.3	3.4
Disability Status					
Living with a Disability†	25	6.2	1.5	3.4	9.1
Living without a Disability	20	1.3	0.3	0.7	2.0

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI<25)	*	*	*	*	*
Overweight (25<=BMI<30)	18	3.1	0.8	1.5	4.8
Obese (BMI>=30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	24	1.7	0.4	0.9	2.5
Does not participate in leisure time physical activity	19	3.9	1.0	1.9	5.8
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	34	2.0	0.4	1.2	2.7
Health Insurance Status					
Insured	48	3.0	0.6	1.9	4.1
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they had angina or coronary heart disease.

Denominator: All respondents, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

Percentage of Adults Who Had a Stroke, 2017

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	799	2.9	0.1	2.7	3.2
Wildcat Region	38	2.3	0.4	1.4	3.2
Gender					
Men	21	2.4	0.6	1.1	3.7
Women	17	2.2	0.6	1.0	3.4
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	17	5.2	1.5	2.4	8.1
65 Years and Older	17	6.5	1.7	3.2	9.9
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	36	2.4	0.5	1.5	3.3
Race					
White	33	2.4	0.5	1.5	3.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	25	1.8	0.4	1.0	2.6
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability†	24	7.2	1.8	3.8	10.7
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI<25)	*	*	*	*	*
Overweight (25<=BMI<30)	17	2.9	0.9	1.2	4.6
Obese (BMI>=30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	23	1.9	0.5	1.0	2.8
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	27	1.7	0.4	1.0	2.5
Health Insurance Status					
Insured	37	2.4	0.5	1.5	3.3
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they had a stroke.

Denominator: All respondents, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

Percentage of Adults with Diagnosed Hypertension, 2017

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	8,757	32.8	0.4	32.0	33.5
Wildcat Region	384	27.3	1.7	23.9	30.7
Gender					
Men	220	32.5	2.6	27.5	37.6
Women	164	21.9	2.2	17.7	26.2
Age Group					
18 to 44 Years	79	16.0	1.9	12.2	19.8
45 to 64 Years	145	46.0	3.8	38.5	53.4
65 Years and Older	154	57.6	4.8	48.2	66.9
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	372	28.7	1.8	25.2	32.3
Race					
White	342	27.7	1.8	24.1	31.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	113	31.4	3.9	23.9	39.0
Some College or College Graduate	269	25.5	1.8	21.9	29.0
Annual Household Income					
Less than \$35,000 per Year	103	25.1	3.4	18.4	31.7
\$35,000 or Higher per Year	224	29.6	2.3	25.1	34.1
Disability Status					
Living with a Disability†	139	48.7	4.6	39.7	57.8
Living without a Disability	231	22.1	1.8	18.6	25.6

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI<25)	66	15.5	3.0	9.5	21.4
Overweight (25<=BMI<30)	142	31.6	2.9	25.9	37.3
Obese (BMI>=30)	155	40.9	3.5	34.0	47.8
Leisure Time Physical Activity					
Participates in leisure time physical activity	244	23.5	2.0	19.6	27.3
Does not participate in leisure time physical activity	118	44.2	4.4	35.6	52.8
Smoking Status					
Current smoker	62	39.0	5.6	28.0	50.1
Non-smoker	307	25.1	1.7	21.7	28.4
Health Insurance Status					
Insured	357	27.3	1.8	23.8	30.9
Uninsured	26	26.5	5.6	15.6	37.4

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they have high blood pressure.

Denominator: All respondents, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

* Insufficient sample and/or statistically unreliable estimate

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Please refer to Technical Notes for more information.

**Percentage of Adults Who Did Not Have Their Blood Cholesterol Checked
Within the Past Five Years, 2017 ‡**

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,246	15.2	0.4	14.5	15.9
Wildcat Region	134	21.6	1.9	17.9	25.3
Gender					
Men	85	25.5	2.6	20.4	30.7
Women	49	17.5	2.7	12.2	22.8
Age Group					
18 to 44 Years	104	29.9	2.6	24.7	35.0
45 to 64 Years	23	7.5	1.9	3.7	11.3
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	122	20.5	1.8	16.9	24.1
Race					
White	118	22.4	2.1	18.3	26.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	44	25.2	4.1	17.2	33.1
Some College or College Graduate	89	20.3	2.1	16.2	24.4
Annual Household Income					
Less than \$35,000 per Year	61	35.4	4.3	27.0	43.7
\$35,000 or Higher per Year	52	14.8	2.1	10.6	18.9
Disability Status					
Living with a Disability†	23	16.5	4.2	8.3	24.7
Living without a Disability	103	22.9	2.2	18.6	27.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI<25)	51	28.0	3.9	20.3	35.6
Overweight (25<=BMI<30)	37	18.8	3.1	12.8	24.8
Obese (BMI>=30)	36	17.5	3.1	11.5	23.5
Leisure Time Physical Activity					
Participates in leisure time physical activity	85	19.6	2.1	15.5	23.7
Does not participate in leisure time physical activity	36	28.4	4.8	18.9	37.9
Smoking Status					
Current smoker	36	29.6	5.0	19.7	39.5
Non-smoker	92	20.3	2.1	16.1	24.5
Health Insurance Status					
Insured	105	18.6	1.9	14.9	22.3
Uninsured	26	51.5	7.5	36.8	66.1

Numerator: Respondents who reported they had not checked their blood cholesterol in the past five years or never had their blood cholesterol checked.

Denominator: All respondents excluding unknowns and refusals.

‡ In 2017, the cholesterol questions have been modified for all states.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

Percentage of Adults Tested and Diagnosed with High Cholesterol, 2017 ‡

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	7,314	34.1	0.4	33.2	34.9
Wildcat Region	278	23.3	1.7	19.9	26.7
Gender					
Men	143	23.1	2.3	18.5	27.6
Women	135	23.5	2.6	18.5	28.6
Age Group					
18 to 44 Years	37	12.7	2.4	8.1	17.4
45 to 64 Years	121	32.6	3.3	26.2	39.1
65 Years and Older	114	47.3	3.5	40.3	54.2
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	270	23.6	1.8	20.1	27.1
Race					
White	247	23.0	1.7	19.6	26.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	72	28.6	4.3	20.1	37.1
Some College or College Graduate	205	21.4	1.7	18.0	24.8
Annual Household Income					
Less than \$35,000 per Year	63	21.8	3.5	15.0	28.6
\$35,000 or Higher per Year	172	24.6	2.3	20.1	29.1
Disability Status					
Living with a Disability†	96	34.0	4.1	25.9	42.1
Living without a Disability	172	20.3	2.0	16.3	24.2

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI<25)	52	12.5	2.1	8.4	16.6
Overweight (25<=BMI<30)	108	28.5	3.1	22.5	34.5
Obese (BMI>=30)	101	28.8	3.6	21.7	35.8
Leisure Time Physical Activity					
Participates in leisure time physical activity	183	19.8	1.8	16.4	23.3
Does not participate in leisure time physical activity	77	36.1	5.0	26.4	45.8
Smoking Status					
Current smoker	36	24.9	5.7	13.8	36.0
Non-smoker	230	22.7	1.8	19.3	26.2
Health Insurance Status					
Insured	265	24.0	1.8	20.4	27.5
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they have high blood cholesterol.

Denominator: Respondents who had ever had their blood cholesterol checked, excluding unknowns and refusals.

‡ In 2017, the cholesterol questions have been modified for all states.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

**Percentage of Adults Who Have Chronic Obstructive Pulmonary Disease
(COPD), Emphysema or Chronic Bronchitis, 2017**

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,644	6.4	0.2	6.0	6.8
Wildcat Region	64	5.4	1.1	3.3	7.5
Gender					
Men	*	*	*	*	*
Women	37	5.3	1.0	3.3	7.3
Age Group					
18 to 44 Years	15	2.6	0.7	1.3	4.0
45 to 64 Years	*	*	*	*	*
65 Years and Older	24	8.7	1.8	5.1	12.3
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	61	5.5	1.1	3.3	7.8
Race					
White	58	6.0	1.2	3.6	8.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	35	3.4	0.7	2.1	4.7
Annual Household Income					
Less than \$35,000 per Year	29	10.1	3.0	4.2	15.9
\$35,000 or Higher per Year	24	3.2	0.8	1.7	4.7
Disability Status					
Living with a Disability†	37	16.7	4.4	8.1	25.3
Living without a Disability	23	2.3	0.5	1.3	3.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI<25)	*	*	*	*	*
Overweight (25<=BMI<30)	16	3.5	1.0	1.5	5.6
Obese (BMI>=30)	27	7.8	1.7	4.5	11.1
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	27	8.5	1.9	4.7	12.3
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	38	3.2	0.6	2.0	4.4
Health Insurance Status					
Insured	59	5.6	1.2	3.3	7.8
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they have chronic obstructive pulmonary disease (COPD), emphysema or chronic bronchitis.

Denominator: All respondents, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

**Percentage of Adults Who Were Ever Diagnosed with a Depressive Disorder,
2017**

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	4,374	20.9	0.4	20.2	21.6
Wildcat Region	206	19.2	1.6	16.0	22.3
Gender					
Men	88	17.6	2.4	12.9	22.3
Women	118	20.8	2.2	16.6	25.1
Age Group					
18 to 44 Years	92	18.6	2.0	14.8	22.5
45 to 64 Years	78	25.0	4.0	17.3	32.8
65 Years and Older	35	12.7	2.3	8.2	17.3
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	196	19.4	1.7	16.1	22.6
Race					
White	176	19.3	1.8	15.8	22.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	55	22.3	3.7	15.0	29.6
Some College or College Graduate	151	17.9	1.6	14.7	21.2
Annual Household Income					
Less than \$35,000 per Year	81	30.0	3.8	22.6	37.5
\$35,000 or Higher per Year	101	14.9	1.7	11.6	18.1
Disability Status					
Living with a Disability†	95	43.6	4.7	34.4	52.7
Living without a Disability	103	12.5	1.4	9.6	15.3

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI<25)	43	15.5	3.1	9.4	21.6
Overweight (25<=BMI<30)	70	19.9	2.7	14.6	25.3
Obese (BMI>=30)	80	25.0	3.0	19.0	30.9
Leisure Time Physical Activity					
Participates in leisure time physical activity	138	18.7	2.0	14.8	22.5
Does not participate in leisure time physical activity	56	22.1	3.4	15.5	28.7
Smoking Status					
Current smoker	43	31.9	5.5	21.2	42.6
Non-smoker	157	16.5	1.5	13.5	19.5
Health Insurance Status					
Insured	187	19.4	1.7	16.0	22.8
Uninsured	19	19.3	4.7	10.0	28.6

Numerator: Respondents who reported they had ever been told by a doctor, nurse or other health professional that they have a depressive disorder (including depression, major depression, dysthymia, or minor depression).

Denominator: All respondents, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

Percentage of Adults with Diagnosed Diabetes, 2017

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,844	10.5	0.2	10.0	11.0
Wildcat Region	131	8.2	0.9	6.4	10.0
Gender					
Men	63	8.2	1.4	5.4	10.9
Women	68	8.3	1.2	5.9	10.7
Age Group					
18 to 44 Years	14	2.9	0.9	1.2	4.5
45 to 64 Years	56	16.5	2.7	11.3	21.8
65 Years and Older	59	23.7	3.3	17.2	30.2
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	122	8.0	0.9	6.2	9.7
Race					
White	111	7.8	0.9	6.0	9.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	48	10.3	1.9	6.5	14.1
Some College or College Graduate	83	7.3	1.0	5.3	9.4
Annual Household Income					
Less than \$35,000 per Year	45	8.0	1.6	4.8	11.2
\$35,000 or Higher per Year	65	8.2	1.3	5.7	10.8
Disability Status					
Living with a Disability†	68	18.6	2.8	13.1	24.0
Living without a Disability	57	5.0	0.9	3.3	6.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI<25)	17	2.7	0.8	1.2	4.2
Overweight (25<=BMI<30)	36	7.7	1.7	4.3	11.0
Obese (BMI>=30)	69	15.5	2.3	11.0	20.0
Leisure Time Physical Activity					
Participates in leisure time physical activity	74	6.5	1.0	4.6	8.4
Does not participate in leisure time physical activity	45	11.3	2.0	7.4	15.3
Smoking Status					
Current smoker	19	6.5	1.8	3.1	10.0
Non-smoker	106	8.0	1.0	6.1	10.0
Health Insurance Status					
Insured	122	8.3	0.9	6.5	10.1
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor they had diabetes, excluding females told only during pregnancy and pre-diabetes or borderline diabetes.

Denominator: All respondents, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

Percentage of Adults Who Reported Living with a Disability, 2017†

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	5,832	25.9	0.4	25.2	26.7
Wildcat Region	244	21.2	1.7	17.9	24.6
Gender					
Men	121	18.9	2.3	14.4	23.4
Women	123	23.7	2.5	18.7	28.6
Age Group					
18 to 44 Years	64	14.4	1.8	10.9	17.9
45 to 64 Years	91	31.7	4.1	23.6	39.7
65 Years and Older	87	41.4	4.9	31.7	51.0
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	227	20.2	1.7	17.0	23.5
Race					
White	206	19.2	1.8	15.8	22.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	87	30.8	4.2	22.6	38.9
Some College or College Graduate	157	17.5	1.6	14.3	20.6
Annual Household Income					
Less than \$35,000 per Year	108	35.6	4.0	27.7	43.4
\$35,000 or Higher per Year	99	13.4	1.5	10.3	16.4
Weight Category					
Normal or Underweight (BMI<25)	51	19.3	3.6	12.3	26.4
Overweight (25<=BMI<30)	80	19.5	2.5	14.7	24.4
Obese (BMI>=30)	98	26.2	2.9	20.4	31.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	144	17.6	1.9	13.9	21.3
Does not participate in leisure time physical activity	91	32.7	4.1	24.5	40.8
Smoking Status					
Current smoker	57	37.2	5.5	26.4	48.0
Non-smoker	185	17.9	1.6	14.7	21.2
Health Insurance Status					
Insured	220	20.7	1.8	17.1	24.2
Uninsured	23	28.5	5.9	16.9	40.1

Numerator: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living)

Denominator: All respondents, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

Percentage of Adults Not Participating in the Recommended Level of Physical Activity (Aerobic and/or Strengthening), 2017

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	15,354	81.0	0.4	80.3	81.7
Wildcat Region	741	78.5	1.7	75.2	81.7
Gender					
Men	371	75.3	2.4	70.5	80.1
Women	370	81.8	2.3	77.4	86.2
Age Group					
18 to 44 Years	307	75.9	2.3	71.4	80.4
45 to 64 Years	249	83.1	2.4	78.4	87.9
65 Years and Older	183	84.9	2.7	79.7	90.2
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	709	79.9	1.7	76.7	83.2
Race					
White	662	79.0	1.7	75.6	82.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	195	83.9	3.1	77.8	90.0
Some College or College Graduate	545	76.4	2.0	72.5	80.2
Annual Household Income					
Less than \$35,000 per Year	204	83.3	3.1	77.3	89.4
\$35,000 or Higher per Year	433	76.5	2.1	72.3	80.7
Disability Status					
Living with a Disability†	187	83.5	3.4	76.8	90.2
Living without a Disability	546	76.8	1.9	73.1	80.6

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI<25)	201	75.1	3.3	68.7	81.5
Overweight (25<=BMI<30)	255	74.8	2.9	69.1	80.6
Obese (BMI>=30)	243	86.4	2.3	81.8	91.0
Smoking Status					
Current smoker	119	86.8	3.3	80.3	93.4
Non-smoker	619	76.7	1.9	73.0	80.3
Health Insurance Status					
Insured	676	77.3	1.8	73.8	80.9
Uninsured	*	*	*	*	*

Numerator: Respondents not participating in the recommended level of physical activity or participating in insufficient recommended level of physical activity for either aerobic or muscle strengthening guidelines.

Denominator: All respondents, excluding unknowns and refusals.

Not participating in the recommended level of physical activity referred to not participating in aerobic and strengthening exercises according to guidelines.

Participating in insufficient level of recommended physical activity referred to participating only in aerobic or only in strengthening exercises according to guidelines.

The aerobic guideline is defined as 150 minutes a week of moderate-intensity aerobic activity, or 75 minutes a week of vigorous-intensity aerobic activity, or an equivalent combination of moderate- and vigorous-intensity aerobic activity.

The strengthening guideline is defined as muscle-strengthening activities that involved all major muscle groups two or more times per week.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

Percentage of Adults Not Participating in the Recommended Level of Physical Activity (Aerobic and Strengthening), 2017

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	7,754	41.2	0.5	40.3	42.1
Wildcat Region	340	36.4	2.1	32.3	40.4
Gender					
Men	160	31.0	2.6	25.9	36.2
Women	180	41.9	3.1	35.8	48.0
Age Group					
18 to 44 Years	141	35.0	2.7	29.8	40.3
45 to 64 Years	116	36.0	3.5	29.1	42.9
65 Years and Older	82	45.4	5.2	35.2	55.6
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	323	35.7	2.1	31.7	39.8
Race					
White	295	35.3	2.1	31.1	39.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	109	45.4	4.6	36.5	54.4
Some College or College Graduate	231	32.9	2.2	28.6	37.2
Annual Household Income					
Less than \$35,000 per Year	109	44.2	4.3	35.8	52.6
\$35,000 or Higher per Year	181	31.8	2.5	26.8	36.8
Disability Status					
Living with a Disability†	107	42.5	4.8	33.1	51.8
Living without a Disability	227	34.5	2.3	30.0	38.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI<25)	88	32.8	3.7	25.4	40.1
Overweight (25<=BMI<30)	102	31.8	3.3	25.3	38.3
Obese (BMI>=30)	126	45.2	3.8	37.7	52.7
Smoking Status					
Current smoker	55	36.9	5.6	25.9	47.9
Non-smoker	283	36.2	2.2	31.9	40.5
Health Insurance Status					
Insured	301	34.7	2.1	30.5	38.9
Uninsured	*	*	*	*	*

Numerator: Respondents who did not participate in the recommended level of aerobic and strengthening exercises during the past month.

Denominator: All respondents, excluding unknowns and refusals.

The aerobic guideline is defined as 150 minutes a week of moderate-intensity aerobic activity, or 75 minutes a week of vigorous-intensity aerobic activity, or an equivalent combination of moderate- and vigorous-intensity aerobic activity.

The strengthening guideline is defined as muscle-strengthening activities that involved all major muscle groups two or more times per week.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

Percentage of Adults Not Participating in Any Physical Activity Other Than Their Regular Job in the Past 30 Days (Leisure Time Physical Activity), 2017

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	5,721	27.9	0.4	27.1	28.7
Wildcat Region	235	23.1	1.8	19.6	26.6
Gender					
Men	124	21.7	2.2	17.3	26.1
Women	111	24.7	2.8	19.2	30.2
Age Group					
18 to 44 Years	79	20.5	2.3	16.0	25.0
45 to 64 Years	78	22.8	2.9	17.2	28.5
65 Years and Older	76	40.7	5.1	30.6	50.7
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	223	22.3	1.7	18.8	25.7
Race					
White	211	23.1	1.9	19.5	26.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	93	36.6	4.3	28.2	45.1
Some College or College Graduate	141	17.9	1.7	14.5	21.3
Annual Household Income					
Less than \$35,000 per Year	83	30.5	3.9	23.0	38.1
\$35,000 or Higher per Year	118	19.3	2.2	15.0	23.7
Disability Status					
Living with a Disability†	91	35.5	4.5	26.7	44.3
Living without a Disability	141	19.5	1.9	15.9	23.2

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI<25)	56	19.1	3.2	12.9	25.3
Overweight (25<=BMI<30)	67	17.8	2.6	12.7	22.8
Obese (BMI>=30)	99	34.4	3.7	27.2	41.6
Smoking Status					
Current smoker	47	33.5	5.4	22.8	44.1
Non-smoker	187	21.0	1.8	17.4	24.6
Health Insurance Status					
Insured	204	21.3	1.8	17.8	24.9
Uninsured	26	38.1	7.3	23.8	52.4

Numerator: Respondents who reported they did not participate in any physical activities or exercise, other than their regular job, in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Consuming Fruit Less than 1 Time Per Day,
2017‡**

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	6,946	37.5	0.4	36.7	38.4
Wildcat Region	318	37.4	2.1	33.3	41.5
Gender					
Men	181	39.8	2.9	34.1	45.5
Women	137	35.0	3.0	29.0	40.9
Age Group					
18 to 44 Years	146	38.3	2.7	33.0	43.6
45 to 64 Years	112	39.0	4.1	30.9	47.1
65 Years and Older	56	28.8	5.7	17.6	40.0
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	293	35.8	2.1	31.6	40.0
Race					
White	280	36.8	2.2	32.4	41.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	100	43.8	4.6	34.8	52.7
Some College or College Graduate	216	34.9	2.3	30.4	39.4
Annual Household Income					
Less than \$35,000 per Year	102	47.3	4.3	38.9	55.6
\$35,000 or Higher per Year	170	30.6	2.4	25.8	35.4
Disability Status					
Living with a Disability†	86	48.4	4.9	38.8	57.9
Living without a Disability	227	34.2	2.2	29.8	38.6

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI<25)	88	38.3	4.0	30.4	46.2
Overweight (25<=BMI<30)	95	33.2	3.3	26.7	39.7
Obese (BMI>=30)	118	39.9	3.6	32.9	47.0
Leisure Time Physical Activity					
Participates in leisure time physical activity	219	35.5	2.4	30.8	40.2
Does not participate in leisure time physical activity	93	44.3	4.6	35.3	53.2
Smoking Status					
Current smoker	61	49.4	5.8	38.0	60.8
Non-smoker	255	34.9	2.2	30.6	39.2
Health Insurance Status					
Insured	280	36.2	2.2	31.9	40.5
Uninsured	35	49.8	7.6	34.9	64.7

Numerator: Respondents who reported they consumed fruit less than 1 time per day.

Denominator: All respondents, excluding unknowns and refusals.

‡ In 2017, the fruit and vegetable questions have been modified for all states. Fruit consumption includes: fruits and 100% PURE fruit juices/blends.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Consuming Vegetables Less than 1 Time
Per Day, 2017‡**

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,049	17.3	0.4	16.6	18.0
Wildcat Region	143	15.7	1.7	12.4	19.0
Gender					
Men	86	17.9	2.6	12.9	23.0
Women	57	13.3	2.1	9.2	17.5
Age Group					
18 to 44 Years	60	15.4	2.0	11.4	19.3
45 to 64 Years	46	17.7	4.4	9.1	26.2
65 Years and Older	35	13.7	2.5	8.8	18.6
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	134	14.8	1.7	11.6	18.1
Race					
White	121	14.7	1.8	11.2	18.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	50	22.0	4.2	13.6	30.3
Some College or College Graduate	93	13.4	1.7	10.2	16.7
Annual Household Income					
Less than \$35,000 per Year	53	22.4	4.0	14.5	30.2
\$35,000 or Higher per Year	66	10.5	1.5	7.6	13.4
Disability Status					
Living with a Disability†	55	27.9	5.1	18.0	37.9
Living without a Disability	87	12.8	1.6	9.7	15.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI<25)	36	16.6	3.6	9.6	23.5
Overweight (25<=BMI<30)	44	14.3	2.5	9.3	19.3
Obese (BMI>=30)	59	18.4	2.7	13.1	23.8
Leisure Time Physical Activity					
Participates in leisure time physical activity	85	13.5	1.9	9.7	17.2
Does not participate in leisure time physical activity	56	21.6	3.4	15.0	28.1
Smoking Status					
Current smoker	33	27.0	5.9	15.4	38.7
Non-smoker	108	13.3	1.6	10.2	16.3
Health Insurance Status					
Insured	128	15.6	1.8	12.0	19.1
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they consumed vegetables less than 1 time per day.

Denominator: All respondents, excluding unknowns and refusals.

‡ In 2017, the fruit and vegetable questions have been modified for all states. Vegetable consumption includes: green leafy or lettuce salad, fried potatoes, any other kind of potatoes/sweet potatoes, or other vegetables.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

Percentage of Adults Who Lack Health Care Coverage, 2017

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,969	12.5	0.3	11.8	13.1
Wildcat Region	80	9.3	1.2	6.9	11.7
Gender					
Men	40	9.0	1.5	6.0	12.0
Women	40	9.6	1.9	5.9	13.2
Age Group					
18 to 44 Years	49	11.5	1.7	8.1	14.9
45 to 64 Years	25	6.5	1.4	3.7	9.2
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	77	9.3	1.2	6.9	11.7
Race					
White	65	8.9	1.3	6.3	11.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	34	15.0	2.9	9.3	20.7
Some College or College Graduate	44	6.7	1.2	4.4	9.1
Annual Household Income					
Less than \$35,000 per Year	45	17.9	3.0	12.0	23.8
\$35,000 or Higher per Year	20	4.3	1.1	2.1	6.5
Disability Status					
Living with a Disability†	23	11.7	2.7	6.4	16.9
Living without a Disability	53	8.0	1.2	5.5	10.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI<25)	20	7.2	2.0	3.4	11.1
Overweight (25<=BMI<30)	19	6.7	1.8	3.2	10.1
Obese (BMI>=30)	34	15.1	2.9	9.5	20.8
Leisure Time Physical Activity					
Participates in leisure time physical activity	47	7.3	1.2	4.9	9.6
Does not participate in leisure time physical activity	26	15.1	3.5	8.2	22.0
Smoking Status					
Current smoker	30	22.5	4.4	13.9	31.0
Non-smoker	48	6.8	1.2	4.5	9.1

Numerator: Respondents who reported they had no health care coverage.

Denominator: All respondents, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

**Percentage of Adults Ages 18 to 64 Years Old Who Lack Health Care Coverage,
2017**

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,830	15.3	0.4	14.5	16.1
Wildcat Region	74	10.3	1.4	7.6	12.9
Gender					
Men	36	9.9	1.8	6.4	13.3
Women	38	10.7	2.1	6.6	14.8
Age Group					
18 to 44 Years	49	11.5	1.7	8.1	14.9
45 to 64 Years	25	6.5	1.4	3.7	9.2
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	71	10.2	1.4	7.6	12.9
Race					
White	60	9.9	1.5	7.0	12.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	33	17.4	3.4	10.8	24.0
Some College or College Graduate	41	7.4	1.3	4.8	10.0
Annual Household Income					
Less than \$35,000 per Year	44	20.0	3.3	13.5	26.6
\$35,000 or Higher per Year	19	4.7	1.3	2.2	7.2
Disability Status					
Living with a Disability†	23	15.1	3.4	8.3	21.9
Living without a Disability	48	8.4	1.3	5.8	11.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI<25)	18	7.7	2.2	3.4	11.9
Overweight (25<=BMI<30)	18	7.7	2.1	3.7	11.7
Obese (BMI>=30)	33	16.7	3.2	10.6	22.9
Leisure Time Physical Activity					
Participates in leisure time physical activity	44	7.7	1.3	5.1	10.4
Does not participate in leisure time physical activity	24	18.6	4.3	10.2	27.0
Smoking Status					
Current smoker	30	23.6	4.6	14.6	32.5
Non-smoker	43	7.5	1.3	4.9	10.1

Numerator: Respondents ages 18-64 years old who reported they had no health care coverage.

Denominator: All respondents ages 18-64 years old, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

Percentage of Adults with No Personal Doctor or Health Care Provider, 2017

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,646	22.4	0.4	21.7	23.2
Wildcat Region	213	26.6	1.8	23.1	30.1
Gender					
Men	135	33.1	2.6	28.0	38.3
Women	78	19.9	2.3	15.3	24.5
Age Group					
18 to 44 Years	158	34.9	2.5	30.0	39.8
45 to 64 Years	42	12.9	2.3	8.3	17.4
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	22	42.8	7.9	27.3	58.3
Non-Hispanic	190	25.1	1.8	21.5	28.6
Race					
White	167	23.8	1.9	20.2	27.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	64	28.4	3.5	21.6	35.3
Some College or College Graduate	148	25.9	2.1	21.8	30.1
Annual Household Income					
Less than \$35,000 per Year	80	34.2	3.7	27.0	41.4
\$35,000 or Higher per Year	86	19.2	2.2	15.0	23.5
Disability Status					
Living with a Disability†	43	25.8	3.9	18.1	33.6
Living without a Disability	157	26.2	2.1	22.2	30.2

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI<25)	73	28.5	3.3	22.1	34.9
Overweight (25<=BMI<30)	57	22.5	3.0	16.6	28.4
Obese (BMI>=30)	62	27.2	3.4	20.5	33.9
Leisure Time Physical Activity					
Participates in leisure time physical activity	139	25.3	2.1	21.1	29.5
Does not participate in leisure time physical activity	51	28.2	3.9	20.5	36.0
Smoking Status					
Current smoker	46	33.6	4.8	24.1	43.0
Non-smoker	155	25.1	2.0	21.1	29.0
Health Insurance Status					
Insured	167	23.0	1.8	19.4	26.5
Uninsured	43	61.2	6.8	48.0	74.4

Numerator: Respondents who reported they had no personal doctor or health care provider.

Denominator: All respondents, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

Percentage of Adults Who Could Not See a Doctor Because of Cost In the Past 12 Months, 2017

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,144	12.1	0.3	11.5	12.7
Wildcat Region	97	10.6	1.4	7.9	13.3
Gender					
Men	38	9.2	2.1	5.1	13.3
Women	59	12.0	1.8	8.4	15.6
Age Group					
18 to 44 Years	48	10.1	1.5	7.1	13.1
45 to 64 Years	43	17.0	4.0	9.1	25.0
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	91	11.0	1.5	8.1	13.9
Race					
White	79	10.3	1.5	7.3	13.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	34	16.3	3.6	9.2	23.5
Some College or College Graduate	63	8.3	1.2	6.0	10.6
Annual Household Income					
Less than \$35,000 per Year	53	19.9	3.5	13.0	26.8
\$35,000 or Higher per Year	35	6.4	1.2	4.0	8.9
Disability Status					
Living with a Disability†	45	25.5	4.7	16.4	34.7
Living without a Disability	49	6.5	1.1	4.4	8.6

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI<25)	30	10.8	2.9	5.1	16.5
Overweight (25<=BMI<30)	28	8.7	1.9	5.0	12.3
Obese (BMI>=30)	34	13.6	2.6	8.5	18.7
Leisure Time Physical Activity					
Participates in leisure time physical activity	64	9.9	1.7	6.7	13.2
Does not participate in leisure time physical activity	29	14.6	3.2	8.4	20.8
Smoking Status					
Current smoker	36	30.0	5.7	18.9	41.1
Non-smoker	60	6.9	1.0	4.9	9.0
Health Insurance Status					
Insured	67	7.6	1.3	5.0	10.1
Uninsured	30	41.5	6.8	28.2	54.9

Numerator: Respondents who reported they could not see a doctor because of cost in the past 12 months.

Denominator: All respondents, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

Percentage of Adults with Fair or Poor Self-Perceived Health Status, 2017

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,766	16.7	0.3	16.0	17.3
Wildcat Region	159	14.3	1.5	11.3	17.4
Gender					
Men	73	12.9	2.1	8.8	17.1
Women	86	15.8	2.2	11.4	20.2
Age Group					
18 to 44 Years	45	9.5	1.5	6.6	12.5
45 to 64 Years	62	23.3	4.0	15.4	31.1
65 Years and Older	48	24.3	5.4	13.8	34.8
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	151	14.2	1.5	11.2	17.2
Race					
White	129	13.7	1.7	10.4	17.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	69	25.5	4.0	17.7	33.3
Some College or College Graduate	90	9.8	1.2	7.3	12.2
Annual Household Income					
Less than \$35,000 per Year	85	28.6	3.9	21.0	36.3
\$35,000 or Higher per Year	47	6.8	1.2	4.5	9.1
Disability Status					
Living with a Disability†	97	41.9	4.8	32.6	51.3
Living without a Disability	47	5.8	1.0	3.8	7.8

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI<25)	33	13.2	3.3	6.6	19.7
Overweight (25<=BMI<30)	45	10.7	1.9	7.0	14.3
Obese (BMI>=30)	63	19.0	2.8	13.5	24.5
Leisure Time Physical Activity					
Participates in leisure time physical activity	77	9.8	1.6	6.6	13.0
Does not participate in leisure time physical activity	65	27.6	4.2	19.3	35.8
Smoking Status					
Current smoker	38	27.7	5.6	16.8	38.6
Non-smoker	108	10.9	1.4	8.2	13.6
Health Insurance Status					
Insured	140	13.5	1.6	10.4	16.6
Uninsured	17	22.4	6.2	10.3	34.4

Numerator: Respondents who reported that in general their health is fair or poor.

Denominator: All respondents, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

Percentage of Adults Who Reported Their Physical Health Was Not Good on 14 or More Days in the Past 30 Days, 2017

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,574	11.3	0.3	10.8	11.8
Wildcat Region	112	11.2	1.5	8.4	14.1
Gender					
Men	49	9.7	2.0	5.7	13.6
Women	63	12.9	2.1	8.7	17.0
Age Group					
18 to 44 Years	43	8.8	1.4	6.1	11.6
45 to 64 Years	42	16.2	4.0	8.3	24.1
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	104	10.8	1.4	7.9	13.6
Race					
White	88	10.5	1.6	7.4	13.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	43	19.6	3.9	11.8	27.3
Some College or College Graduate	69	7.8	1.1	5.6	10.0
Annual Household Income					
Less than \$35,000 per Year	59	22.2	3.8	14.8	29.6
\$35,000 or Higher per Year	33	5.3	1.0	3.3	7.4
Disability Status					
Living with a Disability†	75	37.3	5.0	27.5	47.1
Living without a Disability	35	4.8	0.9	3.0	6.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI<25)	29	12.5	3.3	6.0	19.7
Overweight (25<=BMI<30)	38	10.7	2.0	6.8	14.6
Obese (BMI>=30)	37	11.2	2.1	7.0	15.4
Leisure Time Physical Activity					
Participates in leisure time physical activity	55	8.3	1.6	5.1	11.4
Does not participate in leisure time physical activity	48	20.6	3.9	13.0	28.2
Smoking Status					
Current smoker	32	26.4	5.6	15.5	37.3
Non-smoker	78	8.4	1.3	5.9	11.0
Health Insurance Status					
Insured	97	10.8	1.6	7.8	13.9
Uninsured	15	16.7	4.8	7.4	26.0

Numerator: Respondents who reported 14 or more days when their physical health was not good in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Their Mental Health Was Not Good on 14
or More Days in the Past 30 Days, 2017**

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,163	11.4	0.3	10.8	12.0
Wildcat Region	114	13.8	1.6	10.7	16.9
Gender					
Men	49	11.9	2.2	7.5	16.2
Women	65	15.8	2.2	11.4	20.2
Age Group					
18 to 44 Years	68	15.6	1.9	11.8	19.4
45 to 64 Years	*	*	*	*	*
65 Years and Older	14	6.3	1.8	2.7	9.9
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	104	13.7	1.6	10.5	17.0
Race					
White	96	13.9	1.7	10.5	17.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	41	19.8	3.8	12.4	27.1
Some College or College Graduate	73	11.4	1.5	8.4	14.4
Annual Household Income					
Less than \$35,000 per Year	57	26.3	3.9	18.6	33.9
\$35,000 or Higher per Year	38	6.9	1.2	4.4	9.3
Disability Status					
Living with a Disability†	55	29.7	4.8	20.4	39.1
Living without a Disability	49	8.1	1.3	5.6	10.6

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI<25)	26	12.8	3.2	6.6	19.7
Overweight (25<=BMI<30)	37	13.5	2.4	8.7	18.3
Obese (BMI>=30)	44	16.6	2.8	11.0	22.1
Leisure Time Physical Activity					
Participates in leisure time physical activity	64	12.0	1.9	8.4	15.7
Does not participate in leisure time physical activity	39	19.1	3.6	12.1	26.1
Smoking Status					
Current smoker	30	27.5	5.7	16.3	38.8
Non-smoker	78	10.9	1.4	8.1	13.7
Health Insurance Status					
Insured	91	11.9	1.6	8.8	15.0
Uninsured	20	31.0	7.0	17.2	44.7

Numerator: Respondents who reported 14 or more days when their mental health was not good in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

Percentage of Adults Who Reported Their Poor Physical or Mental Health Kept Them From Doing Their Usual Activities, such as Self-care, Work or Recreation in the Past 30 Days, 2017

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	4,399	40.8	0.6	39.6	42.0
Wildcat Region	233	44.7	2.7	39.3	50.1
Gender					
Men	96	40.3	4.1	32.2	48.4
Women	137	48.3	3.7	41.0	55.5
Age Group					
18 to 44 Years	112	43.1	3.4	36.5	49.7
45 to 64 Years	70	48.7	5.8	37.4	60.0
65 Years and Older	48	47.9	7.9	32.4	63.4
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	220	44.0	2.8	38.6	49.5
Race					
White	196	43.4	3.0	37.6	49.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	70	52.0	5.3	41.7	62.4
Some College or College Graduate	162	40.8	3.0	34.8	46.8
Annual Household Income					
Less than \$35,000 per Year	100	57.9	4.8	48.6	67.3
\$35,000 or Higher per Year	91	32.4	3.3	25.9	38.9
Disability Status					
Living with a Disability†	105	67.5	4.5	58.6	76.5
Living without a Disability	111	33.7	3.1	27.6	39.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI<25)	58	43.7	5.5	33.0	54.4
Overweight (25<=BMI<30)	73	44.1	4.6	35.1	53.0
Obese (BMI>=30)	84	47.6	4.5	38.7	56.5
Leisure Time Physical Activity					
Participates in leisure time physical activity	144	42.1	3.3	35.5	48.6
Does not participate in leisure time physical activity	68	51.9	5.8	40.5	63.3
Smoking Status					
Current smoker	46	47.6	6.5	34.9	60.4
Non-smoker	173	43.3	3.1	37.2	49.4
Health Insurance Status					
Insured	211	45.0	2.9	39.3	50.7
Uninsured	*	*	*	*	*

Numerator: Respondents who reported one or more days in the past 30 days when their poor physical or mental health kept them from doing their usual activities, such as self-care, work or recreation.

Denominator: Respondents with at least one day in the past 30 days when their physical or mental health was not good, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

**Percentage of Adults Ages 18 Years and Older Who Did Not Get Immunized
Against Influenza During the Past 12 Months, 2017**

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	11,141	61.6	0.4	60.7	62.4
Wildcat Region	525	61.2	2.0	57.3	65.0
Gender					
Men	284	63.4	2.6	58.3	68.5
Women	241	58.8	3.0	53.0	64.6
Age Group					
18 to 44 Years	273	66.8	2.6	61.7	71.9
45 to 64 Years	164	57.3	3.7	50.0	64.5
65 Years and Older	82	35.5	5.2	25.2	45.7
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	487	59.5	2.0	55.6	63.5
Race					
White	456	60.1	2.1	56.0	64.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	148	66.5	4.0	58.6	74.3
Some College or College Graduate	377	59.2	2.2	54.8	63.5
Annual Household Income					
Less than \$35,000 per Year	152	69.6	3.6	62.6	76.7
\$35,000 or Higher per Year	286	55.5	2.6	50.4	60.6
Disability Status					
Living with a Disability†	119	64.6	4.0	56.7	72.5
Living without a Disability	399	59.8	2.2	55.4	64.2

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI<25)	161	64.0	3.5	57.1	70.9
Overweight (25<=BMI<30)	183	59.4	3.2	53.0	65.7
Obese (BMI>=30)	154	58.3	3.7	51.0	65.6
Leisure Time Physical Activity					
Participates in leisure time physical activity	397	61.4	2.2	57.1	65.7
Does not participate in leisure time physical activity	126	60.1	4.4	51.6	68.6
Smoking Status					
Current smoker	100	72.8	4.9	63.1	82.4
Non-smoker	422	58.6	2.1	54.4	62.8
Health Insurance Status					
Insured	462	58.4	2.1	54.2	62.5
Uninsured	57	84.5	5.3	74.1	95.0

Numerator: Respondents who reported they did not get a flu shot or flu vaccine sprayed in their nose during the past 12 months.

Denominator: All respondents, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

**Percentage of Adults 65 Years Old and Older Who Did Not Get Immunized
Against Influenza During the Past 12 Months, 2017**

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,774	44.0	0.7	42.5	45.4
Wildcat Region	82	35.5	5.2	25.2	45.7
Gender					
Men	46	33.2	4.4	24.5	41.8
Women	36	37.9	9.4	19.5	56.3
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	80	31.1	3.2	24.8	37.3
Race					
White	77	34.7	5.4	24.1	45.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	25	46.4	11.0	24.8	68.1
Some College or College Graduate	57	29.2	3.7	22.0	36.3
Annual Household Income					
Less than \$35,000 per Year	26	53.5	11.7	30.4	76.5
\$35,000 or Higher per Year	36	21.4	3.5	14.6	28.1
Disability Status					
Living with a Disability†	*	*	*	*	*
Living without a Disability	60	36.3	4.1	28.1	44.4
Weight Category					
Normal or Underweight (BMI<25)	26	51.3	11.8	28.1	74.6
Overweight (25<=BMI<30)	35	30.3	4.8	21.0	39.6
Obese (BMI>=30)	20	27.4	5.9	15.9	38.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	56	34.3	4.0	26.4	42.2
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	74	34.1	5.6	23.2	45.1
Health Insurance Status					
Insured	81	35.6	5.3	25.3	45.9
Uninsured	*	*	*	*	*

Numerator: Respondents 65 years old and older who reported they did not receive a flu shot or flu vaccine sprayed in their nose during the past 12 months.

Denominator: All respondents 65 years old and older, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

Percentage of Adults 65 Years Old and Older Who Never Had Pneumonia Vaccination, 2017

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,472	23.5	0.6	22.2	24.8
Wildcat Region	44	16.7	2.7	11.4	22.0
Gender					
Men	26	20.2	3.8	12.8	27.6
Women	18	13.3	3.6	6.3	20.4
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	44	18.2	2.7	13.0	23.5
Race					
White	41	16.1	2.7	10.8	21.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	16	17.2	5.2	7.1	27.3
Some College or College Graduate	28	16.5	3.1	10.5	22.5
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	18	12.3	2.9	6.6	18.0
Disability Status					
Living with a Disability†	*	*	*	*	*
Living without a Disability	31	19.9	3.4	13.2	26.7
Weight Category					
Normal or Underweight (BMI<25)	*	*	*	*	*
Overweight (25<=BMI<30)	21	18.7	4.0	10.9	26.5
Obese (BMI>=30)	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	31	20.2	3.4	13.4	26.9
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	39	15.8	2.7	10.5	21.2
Health Insurance Status					
Insured	42	16.2	2.7	11.0	21.5
Uninsured	*	*	*	*	*

Numerator: Respondents 65 years old and older who reported they never had a pneumonia vaccination.

Denominator: All respondents 65 years old and older, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported That They Do Not Always Wear a Seatbelt
When They Drive or Ride in a Car, 2017**

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,294	16.6	0.3	16.0	17.3
Wildcat Region	125	14.0	1.5	11.1	16.9
Gender					
Men	78	14.6	1.8	11.0	18.2
Women	47	13.3	2.3	8.8	17.9
Age Group					
18 to 44 Years	56	13.9	1.8	10.3	17.5
45 to 64 Years	41	12.7	2.1	8.6	16.8
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	119	13.8	1.4	11.1	16.6
Race					
White	114	14.2	1.6	11.1	17.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	30	11.4	3.0	5.4	17.3
Some College or College Graduate	95	15.0	1.7	11.7	18.3
Annual Household Income					
Less than \$35,000 per Year	38	16.8	3.3	10.2	23.3
\$35,000 or Higher per Year	71	12.3	1.6	9.1	15.5
Disability Status					
Living with a Disability†	28	17.2	4.2	9.0	25.4
Living without a Disability	96	13.3	1.5	10.4	16.3

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI<25)	33	14.5	3.0	8.6	20.5
Overweight (25<=BMI<30)	48	14.9	2.4	10.2	19.7
Obese (BMI>=30)	41	13.9	2.4	9.1	18.6
Leisure Time Physical Activity					
Participates in leisure time physical activity	84	12.3	1.5	9.4	15.3
Does not participate in leisure time physical activity	40	19.2	3.9	11.7	26.8
Smoking Status					
Current smoker	20	12.0	3.1	6.0	18.1
Non-smoker	104	14.3	1.7	11.1	17.6
Health Insurance Status					
Insured	113	14.0	1.6	10.9	17.0
Uninsured	*	*	*	*	*

Respondents who reported they nearly always, sometimes, seldom or never use a seatbelt when they ride or drive in a car.

Denominator: All respondents, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

Percentage of Adults Who Currently Smoke Cigarettes, 2017

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,145	17.4	0.4	16.7	18.1
Wildcat Region	154	17.5	1.7	14.2	20.8
Gender					
Men	79	17.9	2.4	13.2	22.7
Women	75	17.1	2.3	12.5	21.7
Age Group					
18 to 44 Years	77	17.2	2.0	13.2	21.2
45 to 64 Years	59	24.1	4.2	15.7	32.4
65 Years and Older	17	6.7	1.7	3.3	10.2
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	146	17.9	1.8	14.4	21.5
Race					
White	132	16.8	1.7	13.4	20.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	76	33.6	4.2	25.3	41.9
Some College or College Graduate	78	11.0	1.4	8.4	13.7
Annual Household Income					
Less than \$35,000 per Year	68	26.0	3.8	18.7	33.4
\$35,000 or Higher per Year	66	13.7	2.0	9.8	17.6
Disability Status					
Living with a Disability†	57	29.8	4.7	20.6	39.0
Living without a Disability	94	13.6	1.6	10.5	16.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI<25)	48	15.3	3.1	9.3	21.2
Overweight (25<=BMI<30)	46	14.3	2.3	9.8	18.8
Obese (BMI>=30)	53	25.1	3.6	18.1	32.2
Leisure Time Physical Activity					
Participates in leisure time physical activity	96	15.0	1.8	11.4	18.6
Does not participate in leisure time physical activity	47	25.0	4.2	16.8	33.3
Health Insurance Status					
Insured	124	15.2	1.7	11.9	18.6
Uninsured	30	41.6	6.9	28.1	55.1

Numerator: Respondents who reported they have smoked at least 100 cigarettes in their entire life and that they now smoke some days or every day.

Denominator: All respondents, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

**Percentage of Adults Who Stopped Smoking for One Day or Longer Because
They Were Trying to Quit Smoking, 2017**

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,708	57.1	1.1	54.9	59.2
Wildcat Region	82	60.9	4.9	51.2	70.5
Gender					
Men	40	61.7	6.8	48.3	75.1
Women	42	60.0	7.1	46.1	73.9
Age Group					
18 to 44 Years	46	63.3	6.0	51.6	75.0
45 to 64 Years	32	62.2	9.4	43.7	80.7
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	77	60.3	5.2	50.2	70.4
Race					
White	68	58.5	5.4	47.8	69.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	38	60.6	7.3	46.3	74.9
Some College or College Graduate	44	61.2	6.4	48.7	73.6
Annual Household Income					
Less than \$35,000 per Year	37	61.3	7.7	46.3	76.4
\$35,000 or Higher per Year	32	58.1	7.5	43.4	72.8
Disability Status					
Living with a Disability†	32	65.2	8.2	49.2	81.2
Living without a Disability	47	55.6	6.2	43.4	67.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI<25)	*	*	*	*	*
Overweight (25<=BMI<30)	*	*	*	*	*
Obese (BMI>=30)	30	62.3	7.9	46.7	77.8
Leisure Time Physical Activity					
Participates in leisure time physical activity	57	64.6	6.0	52.8	76.3
Does not participate in leisure time physical activity	*	*	*	*	*
Health Insurance Status					
Insured	64	59.8	5.7	48.7	71.0
Uninsured	*	*	*	*	*

Numerator: Current smokers who stopped smoking for one day or longer because they were trying to quit smoking.

Denominator: Current smokers, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

Percentage of Adults Who Currently Use Any Smokeless Tobacco Products, 2017

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,011	5.5	0.2	5.1	5.9
Wildcat Region	66	6.8	0.9	4.9	8.6
Gender					
Men	60	12.2	1.7	8.8	15.7
Women	*	*	*	*	*
Age Group					
18 to 44 Years	30	6.3	1.2	3.9	8.6
45 to 64 Years	24	9.3	2.2	5.0	13.7
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	63	6.9	1.0	5.0	8.9
Race					
White	61	7.3	1.1	5.2	9.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	30	9.2	1.9	5.5	12.8
Some College or College Graduate	35	5.7	1.1	3.5	7.9
Annual Household Income					
Less than \$35,000 per Year	16	4.7	1.3	2.1	7.3
\$35,000 or Higher per Year	40	7.9	1.4	5.1	10.7
Disability Status					
Living with a Disability†	16	6.5	1.8	3.0	10.0
Living without a Disability	49	6.9	1.1	4.7	9.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI<25)	*	*	*	*	*
Overweight (25<=BMI<30)	33	11.3	2.1	7.2	15.4
Obese (BMI>=30)	20	5.6	1.6	2.4	8.8
Leisure Time Physical Activity					
Participates in leisure time physical activity	44	6.9	1.1	4.6	9.1
Does not participate in leisure time physical activity	20	6.5	1.7	3.1	9.8
Smoking Status					
Current smoker	18	10.8	2.9	5.2	16.5
Non-smoker	48	5.9	1.0	4.0	7.8
Health Insurance Status					
Insured	57	6.3	1.0	4.4	8.2
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they currently use chewing tobacco, snuff or snus (Swedish for snuff) some days or every day.

Denominator: All respondents, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

Percentage of Men Who Currently Use Any Smokeless Tobacco Products, 2017

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	919	10.1	0.4	9.4	10.9
Wildcat Region	60	12.2	1.7	8.8	15.7
Age Group					
18 to 44 Years	28	11.3	2.2	7.0	15.5
45 to 64 Years	21	17.3	4.4	8.8	25.9
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	57	12.3	1.8	8.8	15.9
Race					
White	55	12.9	1.9	9.2	16.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	26	14.6	3.1	8.4	20.7
Some College or College Graduate	33	11.0	2.1	6.8	15.1
Annual Household Income					
Less than \$35,000 per Year	15	10.2	2.9	4.5	15.8
\$35,000 or Higher per Year	36	12.5	2.3	7.9	17.1
Disability Status					
Living with a Disability†	14	11.9	3.5	5.1	18.7
Living without a Disability	46	12.5	2.0	8.5	16.4
Weight Category					
Normal or Underweight (BMI<25)	*	*	*	*	*
Overweight (25<=BMI<30)	32	17.6	3.2	11.4	23.8
Obese (BMI>=30)	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	41	12.5	2.1	8.4	16.6
Does not participate in leisure time physical activity	17	10.8	3.1	4.8	16.8
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	46	11.4	1.9	7.8	15.1
Health Insurance Status					
Insured	52	11.5	1.8	8.0	15.1
Uninsured	*	*	*	*	*

Numerator: Male respondents who reported they currently use chewing tobacco, snuff or snus (Swedish for snuff) some days or every day.

Denominator: All male respondents, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

**Percentage of Adults Who Ever Served on Active Duty in the United States
Armed Forces, 2017**

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,748	10.9	0.2	10.4	11.4
Wildcat Region	220	18.7	1.4	15.9	21.5
Gender					
Men	201	33.2	2.5	28.4	38.1
Women	19	3.6	1.0	1.7	5.5
Age Group					
18 to 44 Years	89	18.2	1.9	14.4	21.9
45 to 64 Years	51	15.2	2.5	10.4	20.0
65 Years and Older	78	30.0	3.6	23.0	37.7
Ethnicity					
Hispanic	16	30.7	7.2	16.6	44.8
Non-Hispanic	202	17.4	1.4	14.7	20.1
Race					
White	189	17.7	1.5	14.8	20.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	66	21.9	3.0	16.0	27.8
Some College or College Graduate	154	17.4	1.6	14.2	20.5
Annual Household Income					
Less than \$35,000 per Year	51	13.5	2.3	9.0	18.0
\$35,000 or Higher per Year	133	21.3	2.0	17.3	25.3
Disability Status					
Living with a Disability†	71	24.6	3.4	17.8	31.3
Living without a Disability	141	17.0	1.6	13.9	20.2

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI<25)	53	14.1	2.2	9.7	18.4
Overweight (25<=BMI<30)	104	28.9	3.0	23.1	34.7
Obese (BMI>=30)	60	17.4	2.6	12.3	22.5
Leisure Time Physical Activity					
Participates in leisure time physical activity	152	19.0	1.7	15.6	22.4
Does not participate in leisure time physical activity	55	17.7	3.0	11.8	23.5
Smoking Status					
Current smoker	38	22.6	4.1	14.6	30.5
Non-smoker	177	18.1	1.6	15.0	21.1
Health Insurance Status					
Insured	210	19.5	1.5	16.6	22.5
Uninsured	*	*	*	*	*

Numerator: Respondents who reported that they served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit.

Denominator: All respondents, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

Percentage of Adults Who Are Obese, 2017

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	6,551	32.3	0.4	31.5	33.2
Wildcat Region	316	29.3	1.8	25.7	32.9
Gender					
Men	161	26.7	2.3	22.2	31.2
Women	155	32.2	2.8	26.6	37.7
Age Group					
18 to 44 Years	123	28.4	2.5	23.5	33.2
45 to 64 Years	125	34.7	3.4	28.2	41.3
65 Years and Older	66	24.7	3.3	18.2	31.2
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	295	28.6	1.9	25.0	32.2
Race					
White	285	29.7	1.9	26.0	33.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	103	36.8	4.0	29.0	44.5
Some College or College Graduate	213	26.2	2.0	22.4	30.0
Annual Household Income					
Less than \$35,000 per Year	105	32.5	3.5	25.5	39.4
\$35,000 or Higher per Year	180	30.0	2.4	25.2	34.7
Disability Status					
Living with a Disability†	98	35.3	4.1	27.2	43.4
Living without a Disability	210	27.1	2.0	23.1	31.0

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	198	25.1	2.0	21.3	28.9
Does not participate in leisure time physical activity	99	43.7	4.6	34.7	52.6
Smoking Status					
Current smoker	53	41.4	5.5	30.6	52.2
Non-smoker	258	26.8	1.8	23.2	30.4
Health Insurance Status					
Insured	280	27.4	1.8	23.8	31.1
Uninsured	34	47.4	7.2	33.4	61.5

Numerator: Respondents with a body mass index greater than or equal to 30, based on self-reported height and weight.

Denominator: All respondents, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

Percentage of Adults Who Are Overweight or Obese, 2017

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	13,706	67.2	0.4	66.3	68.0
Wildcat Region	684	62.5	2.1	58.4	66.5
Gender					
Men	385	66.5	2.8	61.0	72.1
Women	299	58.0	3.1	52.0	64.0
Age Group					
18 to 44 Years	264	58.2	2.7	52.9	63.5
45 to 64 Years	241	73.2	4.1	65.1	81.3
65 Years and Older	175	68.2	5.3	57.9	78.5
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	648	62.5	2.1	58.3	66.6
Race					
White	621	63.7	2.2	59.4	68.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	182	63.5	4.3	55.0	71.9
Some College or College Graduate	501	62.1	2.3	57.5	66.6
Annual Household Income					
Less than \$35,000 per Year	183	59.0	4.2	50.8	67.2
\$35,000 or Higher per Year	417	66.9	2.5	62.0	71.8
Disability Status					
Living with a Disability†	178	66.0	5.3	55.6	76.3
Living without a Disability	489	61.4	2.3	56.9	65.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	481	61.2	2.4	56.4	66.0
Does not participate in leisure time physical activity	166	69.6	4.5	60.7	78.4
Smoking Status					
Current smoker	99	67.9	5.6	57.0	78.9
Non-smoker	570	61.3	2.3	56.9	65.7
Health Insurance Status					
Insured	626	61.4	2.2	57.1	65.7
Uninsured	53	70.9	6.8	57.6	84.1

Numerator: Respondents with a body mass index greater than or equal to 25, based on self-reported height and weight.

Denominator: All respondents, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

Technical Notes

The 2017 BRFSS data for your county/region on health risk indicators, analyzed by various subpopulation groups (e.g. gender, age group, ethnicity, etc.), are included in this report. The indicators are summarized in tables that show:

- Unweighted Frequency: the number of respondents who reported the risk behavior
- Weighted Percentage: the prevalence estimate for the risk behavior within a particular subpopulation group category
- Standard Error: used to compute the 95% confidence limits
- Lower and upper 95% confidence limits

Prevalence estimates vary in precision depending on sample size. One way of describing the precision of an estimate is the margin of error, which is the half-width of the confidence interval. When the sample size is large for a particular subpopulation group, the corresponding margin of error for an estimate is small. When the sample size is small for a particular subpopulation group, the corresponding margin of error for an estimate is large. Large margins of error (i.e. >5) indicate that an estimate may be less precise. Prevalence estimates that have a margin of error >5 are *italicized* in this report and should be interpreted with caution.

To determine whether two weighted percentages are significantly different from one another, the reader must compare the confidence intervals. Confidence intervals which do not overlap indicate a statistically significant difference between the two prevalence estimates while overlapping confidence intervals indicate that two estimates are not statistically different from one another. It is incorrect to say two estimates are different if their confidence limits overlap.

Estimates have been censored with an asterisk ("*") when the sample size was inadequate and/or when the estimates were statistically unreliable. Specifically, estimates were censored when any of the following conditions were met:

- the numerator of the indicator is less than 5
- the denominator of the indicator is less than 50
- the relative standard error (RSE) is greater than 30 percent

RSE is obtained by dividing the standard error of the estimate by the estimate itself, then multiplying that result by 100 to be expressed as a percent.

2011 BRFSS data represent a new baseline for public health surveillance. Due to changes in BRFSS survey methodology, the BRFSS estimates for 2011 and subsequent years cannot be compared to estimates from the years prior to 2011.

For more information on changes to the Kansas BRFSS survey methodology beginning in 2011, please visit: <http://www.kdheks.gov/brfss/newmethod.html>

For more detailed technical notes on the Kansas BRFSS, please visit: <http://www.kdheks.gov/brfss/technotes.html>

In 2017, cholesterol questions and fruits and vegetables modules were modified for all states. Due to the changes in methodology, we do not advise comparing 2017 findings to the previous modules.

For more information on new fruits and vegetables module: please visit <https://www.cdc.gov/nutrition/data-statistics/using-the-new-BRFSS-modules.html>

In 2017 and 2016, a six-item set of questions identify disability in hearing, vision, cognition, mobility, self-care, and independent living for all states. Respondents who responded "yes" to at least one of the six functional disability questions were identified as adults living with a disability.

For more information on disability questions: please visit https://www.cdc.gov/brfss/data_documentation/pdf/BRFSS_Data_Users_Guide_on_Disability_Questions_2018-508.pdf

Please visit the BRFSS questionnaires below to see the questions on specific topics:

2017 Kansas BRFSS: <http://www.kdheks.gov/brfss/PDF/ks2017svy.pdf>

2016 Kansas BRFSS: <http://www.kdheks.gov/brfss/PDF/ks2016svy.pdf>

2015 Kansas BRFSS: <http://www.kdheks.gov/brfss/PDF/ks2015svy.pdf>