

# 2017 Kansas Behavioral Risk Factor Surveillance System Local Data

## Saline County



This page is intentionally blank.

# **2017 Kansas Behavioral Risk Factor Surveillance System Local Data**

State of Kansas  
Laura Kelly, Governor

Kansas Department of Health and Environment  
Lee A. Norman, M.D., Acting Secretary

**Report Preparation:**  
Pratik Pandya, MPH  
Advanced Epidemiologist  
Health Promotion and BRFSS Epidemiology  
Bureau of Epidemiology and Public Health Informatics (BEPHI)

**Report Supervision:**  
Belle Federman, ScD  
Senior Epidemiologist  
Health Promotion and BRFSS Epidemiology  
Bureau of Epidemiology and Public Health Informatics (BEPHI)

**Project Funding:**  
Partial funding for the 2017 Behavioral Risk Factor Survey was provided by cooperative agreement 6NU58DP006025-03-01 from the Centers for Disease Control and Prevention, Atlanta GA and by Kansas Health Foundation 200804006-01, Wichita, KS.

**Kansas Department of Health and Environment  
Bureau of Health Promotion  
February 2019**

# **Kansas Department of Health and Environment (KDHE)**

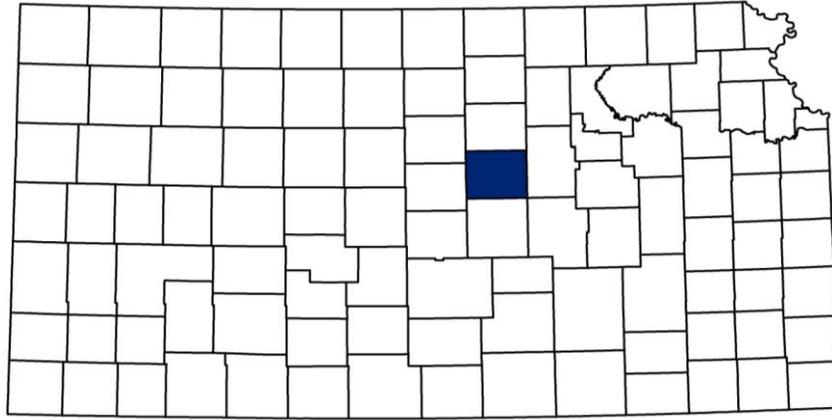
## **Mission**

To protect and improve the health and environment of all Kansans

## **Vision**

Healthy Kansans living in safe and sustainable environments

**[www.kdheks.gov](http://www.kdheks.gov)**



### Saline County

Kansas Behavioral Risk Factor Surveillance System – Local Data, 2017 can also be accessed at <http://www.kdheks.gov/brfss/>

If you have any questions about survey methodology or need assistance interpreting the data, please contact:

Pratik Pandya, MPH  
Advanced Epidemiologist  
Health Promotion and BRFSS Epidemiology  
Bureau of Epidemiology and Public Health Informatics (BEPHI)  
Kansas Department of Health and Environment  
Curtis State Office Building,  
1000 SW Jackson Street, Suite 230  
Topeka, KS 66612-1274  
Telephone: 785-296-6513  
Fax: 785-296-8059  
Pratik.Pandya@ks.gov

Belle Federman, ScD  
Senior Epidemiologist  
Health Promotion and BRFSS Epidemiology  
Bureau of Epidemiology and Public Health Informatics (BEPHI)  
Kansas Department of Health & Environment  
Curtis State Office Building  
1000 SW Jackson, Suite 230  
Topeka, KS 66612-1274  
Telephone: 785-296-1152  
Fax: 785-296-8059  
Belle.Federman@ks.gov

# Table of Contents

## **Alcohol Consumption**

Binge Drinking.....	1
Heavy Drinking.....	3

## **Arthritis**

Arthritis .....	5
Activity Limitation Due to Arthritis .....	7

<b>Asthma</b> .....	9
---------------------	---

## **Cancer**

Cancer (Excluding Skin Cancer) .....	11
Skin Cancer .....	13

## **Cardiovascular Health**

Heart Attack .....	15
Coronary Heart Disease .....	17
Stroke .....	19
High Blood Pressure .....	21

## **Cholesterol**

Not Checked Cholesterol within Five Years .....	23
High Blood Cholesterol Status.....	25

<b>Chronic Obstructive Pulmonary Disease (COPD)</b> .....	27
---	----

<b>Depressive Disorder</b> .....	29
----------------------------------	----

<b>Diabetes</b> .....	31
-----------------------	----

<b>Disability</b> .....	33
-------------------------	----

## **Exercise and Physical Activity**

Not Participating in the Recommended Level of Physical Activity (Aerobic and/or Strengthening) .....	35
Did Not Participate in the Recommended Level of Aerobic and Strengthening Physical Activity.....	37
Not Participating in Any Physical Activity .....	39

**Fruits and Vegetable Consumption**

Consuming Fruits Less than 1 Time Per Day .....	41
Consuming Vegetables Less than 1 Time Per Day.....	43

**Health Care Access**

Lack Health Care Coverage .....	45
Lack Health Care Coverage 18 to 64 Years Old Only .....	47
No Personal Doctor .....	49
Did Not See Doctor Due to Cost.....	51

<b>General Health</b> .....	53
-----------------------------	----

**Healthy Days - Health Related Quality of Life**

Physical Health Status.....	55
Mental Health Status .....	57
Poor Physical or Mental Health is Barrier to Usual Activities.....	59

**Immunization**

Not Immunized Against Influenza.....	61
Not Immunized Against Influenza 65 Years and Older Only .....	63
Never Had Pneumonia Vaccination 65 Years and Older Only .....	65

<b>Seatbelt Use</b> .....	67
---------------------------	----

**Tobacco Use**

Current Smoker .....	69
Tried Quitting Smoking .....	71
Smokeless Tobacco Use.....	73
Male Smokeless Tobacco Use .....	75

<b>Veteran Status</b> .....	77
-----------------------------	----

**Weight Status (BMI Categories)**

Obese.....	79
Overweight or Obese .....	81

<b>Technical Notes</b> .....	83
------------------------------	----

# Percentage of Adults Who Are Binge Drinkers, 2017

## Saline County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,785	17.2	0.4	16.5	17.9
Saline County	62	16.9	2.2	12.6	21.2
<b>Gender</b>					
Men	34	19.6	3.5	12.9	26.4
Women	28	14.2	2.7	8.9	19.5
<b>Age Group</b>					
18 to 44 Years	37	26.3	4.1	18.3	34.4
45 to 64 Years	21	15.4	3.5	8.6	22.2
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	56	16.1	2.2	11.8	20.3
<b>Race</b>					
White	56	16.6	2.3	12.2	21.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	22	18.0	4.0	10.3	25.8
Some College or College Graduate	40	16.2	2.6	11.2	21.2
<b>Annual Household Income</b>					
Less than \$35,000 per Year	17	16.1	3.9	8.5	23.7
\$35,000 or Higher per Year	34	16.6	2.9	10.9	22.3
<b>Disability Status</b>					
Living with a Disability†	*	*	*	*	*
Living without a Disability	50	19.3	2.7	14.0	24.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	21	19.1	4.1	11.0	27.2
Overweight (25 ≤ BMI < 30)	23	18.7	4.0	11.0	26.5
Obese (BMI ≥ 30)	17	15.4	3.9	7.8	23.0
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	46	18.4	2.8	13.0	23.8
Does not participate in leisure time physical activity	13	12.7	3.7	5.5	19.9
<b>Smoking Status</b>					
Current smoker	20	27.6	5.7	16.3	38.9
Non-smoker	42	14.4	2.3	9.8	18.9
<b>Health Insurance Status</b>					
Insured	50	15.4	2.3	11.0	19.9
Uninsured	*	*	*	*	*

Numerator: Male respondents who reported having five or more drinks on one occasion in the past 30 days or female respondents who reported having four or more drinks on one occasion in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Heavy Alcohol Consumption in the Past 30 Days, 2017**

**Saline County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,067	6.0	0.2	5.6	6.4
Saline County	24	5.6	1.3	3.1	8.1
<b>Gender</b>					
Men	*	*	*	*	*
Women	16	7.2	2.0	3.3	11.2
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	23	5.7	1.3	3.1	8.3
<b>Race</b>					
White	21	5.2	1.2	2.9	7.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
<b>Annual Household Income</b>					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	13	5.8	1.7	2.5	9.0
<b>Disability Status</b>					
Living with a Disability†	*	*	*	*	*
Living without a Disability	18	5.4	1.4	2.7	8.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	14	4.8	1.4	2.2	7.5
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	*	*	*	*	*
<b>Health Insurance Status</b>					
Insured	18	5.2	1.4	2.5	7.9
Uninsured	*	*	*	*	*

Numerator: Male respondents who reported consuming an average of more than 14 drinks per week and female respondents who reported consuming an average of more than 7 drink per week during the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

\* Insufficient sample and/or statistically unreliable estimate

**Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.**

**Please refer to Technical Notes for more information.**

## Percentage of Adults with Doctor Diagnosed Arthritis, 2017

### Saline County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	6,634	24.1	0.3	23.5	24.8
Saline County	170	26.1	2.1	22.1	30.2
<b>Gender</b>					
Men	51	16.5	2.4	11.8	21.2
Women	119	35.6	3.1	29.5	41.7
<b>Age Group</b>					
18 to 44 Years	17	6.4	1.6	3.3	9.5
45 to 64 Years	65	31.0	3.8	23.6	38.4
65 Years and Older	85	57.7	4.4	49.1	66.3
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	167	27.6	2.2	23.4	31.9
<b>Race</b>					
White	156	26.9	2.2	22.7	31.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	69	31.2	3.8	23.7	38.6
Some College or College Graduate	101	23.1	2.4	18.5	27.7
<b>Annual Household Income</b>					
Less than \$35,000 per Year	67	34.2	4.1	26.2	42.2
\$35,000 or Higher per Year	74	23.4	2.8	17.9	28.8
<b>Disability Status</b>					
Living with a Disability†	92	57.9	4.6	48.8	67.0
Living without a Disability	69	15.2	1.9	11.4	18.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	31	15.0	2.9	9.3	20.6
Overweight (25 ≤ BMI < 30)	52	26.6	3.8	19.1	34.2
Obese (BMI ≥ 30)	68	35.4	4.1	27.3	43.5
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	96	22.6	2.4	17.9	27.3
Does not participate in leisure time physical activity	61	36.5	4.5	27.8	45.3
<b>Smoking Status</b>					
Current smoker	24	21.1	4.4	12.3	29.8
Non-smoker	137	26.9	2.4	22.3	31.6
<b>Health Insurance Status</b>					
Insured	157	27.8	2.3	23.4	32.3
Uninsured	12	16.5	4.9	6.8	26.1

Numerator: Respondents who reported they had been told by a doctor or other health professional that they have some form of arthritis, rheumatoid arthritis, gout, lupus or fibromyalgia.

Denominator: All respondents, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

**Percentage of Adults with Doctor Diagnosed Arthritis Who Are Limited in Their Usual Activities Because of Arthritis or Joint Symptoms, 2017**

**Saline County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,148	49.7	0.8	48.2	51.2
Saline County	87	51.1	4.4	42.5	59.7
<b>Gender</b>					
Men	25	44.8	7.5	30.0	59.6
Women	62	54.0	5.3	43.6	64.3
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	40	59.6	7.1	45.7	73.6
65 Years and Older	34	40.6	6.2	28.5	52.6
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	84	50.2	4.4	41.5	58.9
<b>Race</b>					
White	75	47.1	4.5	38.4	55.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	37	55.6	6.9	42.2	69.1
Some College or College Graduate	50	47.3	5.5	36.5	58.1
<b>Annual Household Income</b>					
Less than \$35,000 per Year	38	62.2	6.7	49.0	75.4
\$35,000 or Higher per Year	34	44.3	6.5	31.7	57.0
<b>Disability Status</b>					
Living with a Disability†	60	66.6	5.8	55.2	77.9
Living without a Disability	24	34.1	6.2	22.1	46.2

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	25	51.7	8.2	35.6	67.8
Obese (BMI ≥ 30)	39	55.1	6.7	41.9	68.3
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	47	48.2	5.7	37.1	59.4
Does not participate in leisure time physical activity	34	57.4	7.5	42.8	72.1
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	68	50.7	4.9	41.1	60.4
<b>Health Insurance Status</b>					
Insured	81	52.7	4.6	43.8	61.7
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported any limitation in their usual activities because of arthritis or joint symptoms.

**Denominator:** Respondents with doctor, nurse or other health professional diagnosed arthritis, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

## Percentage of Adults with Current Asthma, 2017

### Saline County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,901	9.1	0.3	8.6	9.6
Saline County	50	8.7	1.4	6.0	11.5
<b>Gender</b>					
Men	18	6.0	1.7	2.7	9.4
Women	32	11.3	2.2	7.0	15.6
<b>Age Group</b>					
18 to 44 Years	19	8.2	2.0	4.4	12.1
45 to 64 Years	19	10.7	3.0	4.8	16.7
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	48	8.9	1.5	6.0	11.8
<b>Race</b>					
White	44	8.5	1.4	5.8	11.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	17	8.8	2.6	3.7	13.9
Some College or College Graduate	32	8.5	1.6	5.4	11.6
<b>Annual Household Income</b>					
Less than \$35,000 per Year	18	9.5	2.8	4.0	15.0
\$35,000 or Higher per Year	24	9.2	2.0	5.2	13.1
<b>Disability Status</b>					
Living with a Disability†	21	12.9	3.4	6.3	19.6
Living without a Disability	27	7.5	1.6	4.4	10.5

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	20	9.2	2.2	4.9	13.6
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	32	9.5	1.8	5.9	13.0
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	37	8.7	1.7	5.5	12.0
<b>Health Insurance Status</b>					
Insured	46	8.9	1.5	6.0	11.9
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they had been told by a doctor, nurse or other health professional that they had asthma and that they currently have asthma.

**Denominator:** All respondents, excluding unknowns and refusals.

† **Living with a Disability:** Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

\* Insufficient sample and/or statistically unreliable estimate

*Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.*

Please refer to Technical Notes for more information.

**Percentage of Adults Who Have Been Diagnosed With Cancer (Excluding Skin Cancer), 2017**

**Saline County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,030	7.1	0.2	6.7	7.4
Saline County	46	6.8	1.1	4.6	9.0
<b>Gender</b>					
Men	13	4.6	1.3	2.0	7.2
Women	33	8.9	1.8	5.5	12.4
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	13	5.4	1.6	2.3	8.5
65 Years and Older	27	17.2	3.6	10.2	24.2
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	44	7.0	1.2	4.7	9.3
<b>Race</b>					
White	46	7.7	1.3	5.3	10.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	35	7.5	1.4	4.8	10.2
<b>Annual Household Income</b>					
Less than \$35,000 per Year	19	7.6	1.9	3.8	11.3
\$35,000 or Higher per Year	16	5.8	1.6	2.7	8.8
<b>Disability Status</b>					
Living with a Disability†	19	12.3	3.1	6.1	18.4
Living without a Disability	25	5.0	1.1	2.9	7.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	15	7.8	2.2	3.6	12.1
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	26	5.6	1.2	3.2	7.9
Does not participate in leisure time physical activity	16	10.2	2.8	4.7	15.8
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	36	6.5	1.2	4.1	8.8
<b>Health Insurance Status</b>					
Insured	43	7.2	1.2	4.8	9.6
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they had been told by a doctor, nurse or other health professional that they had cancer (excluding skin cancer).

**Denominator:** All respondents, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

## Percentage of Adults Who Have Been Diagnosed With Skin Cancer, 2017

### Saline County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,960	6.3	0.2	5.9	6.6
Saline County	54	8.5	1.3	6.0	11.0
<b>Gender</b>					
Men	25	8.7	1.8	5.1	12.3
Women	29	8.2	1.8	4.7	11.8
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	19	9.6	2.7	4.3	14.8
65 Years and Older	31	20.7	3.6	13.7	27.7
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	53	8.8	1.4	6.2	11.5
<b>Race</b>					
White	53	8.9	1.3	6.4	11.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	20	10.3	2.6	5.3	15.4
Some College or College Graduate	34	7.3	1.3	4.7	10.0
<b>Annual Household Income</b>					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	26	8.1	1.6	4.9	11.3
<b>Disability Status</b>					
Living with a Disability†	*	*	*	*	*
Living without a Disability	36	7.8	1.4	5.1	10.6

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	15	7.5	2.0	3.5	11.5
Overweight (25 ≤ BMI < 30)	24	12.5	3.0	6.6	18.5
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	32	8.3	1.6	5.3	11.4
Does not participate in leisure time physical activity	19	10.6	3.0	4.8	16.5
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	44	8.9	1.5	5.9	11.8
<b>Health Insurance Status</b>					
Insured	51	9.1	1.4	6.3	11.9
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they had been told by a doctor, nurse or other health professional that they had skin cancer.

**Denominator:** All respondents, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

## Percentage of Adults Who had a Heart Attack, 2017

### Saline County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,202	4.2	0.1	3.9	4.4
Saline County	33	4.3	0.9	2.6	6.0
<b>Gender</b>					
Men	18	4.6	1.2	2.2	7.1
Women	*	*	*	*	*
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	20	10.5	2.7	5.2	15.7
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	32	4.4	0.9	2.6	6.2
<b>Race</b>					
White	29	4.4	0.9	2.5	6.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	22	3.6	0.8	2.0	5.3
<b>Annual Household Income</b>					
Less than \$35,000 per Year	17	8.1	2.2	3.8	12.4
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability†	18	9.7	2.6	4.7	14.8
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	18	8.1	2.2	3.8	12.3
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	22	4.6	1.1	2.4	6.7
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	26	4.2	0.9	2.3	6.0
<b>Health Insurance Status</b>					
Insured	31	4.4	0.9	2.6	6.1
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they had been told by a doctor, nurse or other health professional that they had a heart attack also called a myocardial infarction.

**Denominator:** All respondents, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

## Percentage of Adults Who had Angina or Coronary Heart Disease, 2017

### Saline County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,154	4.0	0.1	3.7	4.3
Saline County	24	3.1	0.7	1.7	4.5
<b>Gender</b>					
Men	*	*	*	*	*
Women	*	*	*	*	*
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	15	8.2	2.2	3.8	12.6
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	24	3.3	0.8	1.8	4.9
<b>Race</b>					
White	23	3.5	0.8	1.9	5.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	16	2.9	0.8	1.4	4.4
<b>Annual Household Income</b>					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability†	14	7.3	2.0	3.3	11.3
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	19	2.8	0.7	1.5	4.2
<b>Health Insurance Status</b>					
Insured	21	2.9	0.7	1.5	4.2
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they had angina or coronary heart disease.

Denominator: All respondents, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

## Percentage of Adults Who Had a Stroke, 2017

### Saline County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	799	2.9	0.1	2.7	3.2
Saline County	34	6.0	1.1	3.7	8.2
<b>Gender</b>					
Men	*	*	*	*	*
Women	21	7.3	1.7	3.9	10.7
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	15	7.1	2.1	3.1	11.2
65 Years and Older	17	15.1	3.8	7.8	22.5
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	33	6.2	1.2	3.8	8.6
<b>Race</b>					
White	30	6.3	1.3	3.8	8.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	21	11.5	2.7	6.3	16.7
Some College or College Graduate	13	2.5	0.7	1.1	3.9
<b>Annual Household Income</b>					
Less than \$35,000 per Year	17	9.9	2.6	4.7	15.0
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability†	21	16.3	3.7	9.1	23.6
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	16	10.4	2.7	5.0	15.8
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	23	6.0	1.4	3.3	8.8
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	26	5.8	1.3	3.4	8.3
<b>Health Insurance Status</b>					
Insured	30	6.1	1.2	3.7	8.6
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they had been told by a doctor, nurse or other health professional that they had a stroke.

**Denominator:** All respondents, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

## Percentage of Adults with Diagnosed Hypertension, 2017

### Saline County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	8,757	32.8	0.4	32.0	33.5
Saline County	201	32.1	2.3	27.7	36.6
<b>Gender</b>					
Men	84	29.3	3.3	22.8	35.8
Women	117	34.9	3.1	28.8	40.9
<b>Age Group</b>					
18 to 44 Years	21	11.0	2.7	5.6	16.3
45 to 64 Years	93	45.3	4.1	37.3	53.4
65 Years and Older	85	54.9	4.5	46.1	63.7
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	195	32.7	2.3	28.2	37.2
<b>Race</b>					
White	182	32.4	2.4	27.8	37.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	83	38.7	4.2	30.6	46.9
Some College or College Graduate	117	27.8	2.6	22.8	32.9
<b>Annual Household Income</b>					
Less than \$35,000 per Year	84	43.5	4.3	35.1	51.9
\$35,000 or Higher per Year	90	30.9	3.2	24.5	37.2
<b>Disability Status</b>					
Living with a Disability†	78	47.7	4.7	38.6	56.9
Living without a Disability	114	27.4	2.7	22.2	32.6

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	36	19.4	3.3	12.9	26.0
Overweight (25 ≤ BMI < 30)	65	31.6	4.1	23.6	39.5
Obese (BMI ≥ 30)	83	46.4	4.5	37.6	55.3
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	118	30.5	2.9	24.9	36.1
Does not participate in leisure time physical activity	69	41.6	4.6	32.7	50.6
<b>Smoking Status</b>					
Current smoker	35	29.8	5.1	19.9	39.7
Non-smoker	160	33.6	2.6	28.4	38.8
<b>Health Insurance Status</b>					
Insured	192	36.0	2.5	31.0	40.9
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they had been told by a doctor, nurse or other health professional that they have high blood pressure.

**Denominator:** All respondents, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

**Percentage of Adults Who Did Not Have Their Blood Cholesterol Checked  
Within the Past Five Years, 2017 ‡**

**Saline County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,246	15.2	0.4	14.5	15.9
Saline County	68	15.8	2.0	11.9	19.8
<b>Gender</b>					
Men	32	15.5	3.0	9.6	21.4
Women	36	16.2	2.7	10.9	21.4
<b>Age Group</b>					
18 to 44 Years	46	31.0	4.4	22.4	39.6
45 to 64 Years	16	7.4	2.0	3.5	11.4
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	62	14.8	1.9	11.0	18.5
<b>Race</b>					
White	62	16.5	2.2	12.2	20.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	31	20.3	3.8	13.0	27.7
Some College or College Graduate	37	13.3	2.3	8.8	17.7
<b>Annual Household Income</b>					
Less than \$35,000 per Year	18	13.5	3.2	7.2	19.8
\$35,000 or Higher per Year	33	15.9	2.9	10.3	21.6
<b>Disability Status</b>					
Living with a Disability†	*	*	*	*	*
Living without a Disability	55	18.2	2.6	13.2	23.3

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	29	23.7	4.3	15.4	32.0
Overweight (25 ≤ BMI < 30)	16	11.6	3.0	5.7	17.5
Obese (BMI ≥ 30)	16	11.8	3.5	4.9	18.7
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	46	17.9	2.7	12.6	23.2
Does not participate in leisure time physical activity	15	11.2	3.2	4.8	17.5
<b>Smoking Status</b>					
Current smoker	22	23.3	4.7	14.1	32.5
Non-smoker	43	13.8	2.3	9.4	18.3
<b>Health Insurance Status</b>					
Insured	50	13.5	2.1	9.5	17.5
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they had not checked their blood cholesterol in the past five years or never had their blood cholesterol checked.

**Denominator:** All respondents excluding unknowns and refusals.

‡ In 2017, the cholesterol questions have been modified for all states.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

\* Insufficient sample and/or statistically unreliable estimate

**Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.**

Please refer to Technical Notes for more information.

**Percentage of Adults Tested and Diagnosed with High Cholesterol, 2017 ‡**

**Saline County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	7,314	34.1	0.4	33.2	34.9
Saline County	172	32.5	2.5	27.7	37.3
<b>Gender</b>					
Men	73	31.1	3.6	24.0	38.2
Women	99	34.0	3.3	27.5	40.5
<b>Age Group</b>					
18 to 44 Years	13	11.2	3.2	5.0	17.4
45 to 64 Years	83	40.0	4.1	32.0	48.0
65 Years and Older	75	48.8	4.7	39.6	58.0
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	167	33.2	2.5	28.3	38.2
<b>Race</b>					
White	158	33.3	2.6	28.3	38.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	60	38.4	4.8	29.0	47.7
Some College or College Graduate	112	29.7	2.8	24.2	35.2
<b>Annual Household Income</b>					
Less than \$35,000 per Year	63	39.8	4.6	30.7	48.9
\$35,000 or Higher per Year	87	31.0	3.3	24.5	37.5
<b>Disability Status</b>					
Living with a Disability†	64	46.3	5.1	36.2	56.3
Living without a Disability	104	28.4	2.8	22.8	33.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	34	23.3	4.1	15.2	31.4
Overweight (25 ≤ BMI < 30)	67	37.7	4.5	28.9	46.6
Obese (BMI ≥ 30)	61	38.5	4.6	29.5	47.6
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	107	33.9	3.2	27.6	40.1
Does not participate in leisure time physical activity	57	35.9	4.6	26.9	44.9
<b>Smoking Status</b>					
Current smoker	30	36.9	6.3	24.6	49.3
Non-smoker	140	32.4	2.7	27.1	37.8
<b>Health Insurance Status</b>					
Insured	165	33.5	2.6	28.4	38.5
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they had been told by a doctor, nurse or other health professional that they have high blood cholesterol.

**Denominator:** Respondents who had ever had their blood cholesterol checked, excluding unknowns and refusals.

‡ In 2017, the cholesterol questions have been modified for all states.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

\* Insufficient sample and/or statistically unreliable estimate

*Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.*

Please refer to Technical Notes for more information.

**Percentage of Adults Who Have Chronic Obstructive Pulmonary Disease  
(COPD), Emphysema or Chronic Bronchitis, 2017**

**Saline County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,644	6.4	0.2	6.0	6.8
Saline County	50	8.2	1.4	5.6	10.9
<b>Gender</b>					
Men	18	6.0	1.6	2.8	9.1
Women	32	10.4	2.2	6.2	14.7
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	23	11.0	2.7	5.7	16.2
65 Years and Older	18	12.7	3.4	6.1	19.4
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	48	8.4	1.4	5.6	11.2
<b>Race</b>					
White	43	7.3	1.2	4.9	9.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	27	13.5	3.0	7.7	19.3
Some College or College Graduate	23	4.9	1.1	2.7	7.2
<b>Annual Household Income</b>					
Less than \$35,000 per Year	25	13.4	3.2	7.2	19.6
\$35,000 or Higher per Year	16	6.4	1.8	3.0	9.9
<b>Disability Status</b>					
Living with a Disability†	37	24.8	4.3	16.4	33.2
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	14	8.5	2.5	3.5	13.5
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	19	9.9	2.6	4.9	14.9
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	28	7.5	1.5	4.5	10.5
Does not participate in leisure time physical activity	22	13.0	3.4	6.3	19.7
<b>Smoking Status</b>					
Current smoker	17	14.7	3.8	7.2	22.2
Non-smoker	32	6.9	1.5	4.0	9.8
<b>Health Insurance Status</b>					
Insured	43	7.7	1.4	5.0	10.5
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they had been told by a doctor, nurse or other health professional that they have chronic obstructive pulmonary disease (COPD), emphysema or chronic bronchitis.

**Denominator:** All respondents, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

**Percentage of Adults Who Were Ever Diagnosed with a Depressive Disorder,  
2017**

**Saline County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	4,374	20.9	0.4	20.2	21.6
Saline County	116	21.0	2.1	17.0	25.1
<b>Gender</b>					
Men	40	15.3	2.7	10.0	20.5
Women	76	26.6	3.0	20.7	32.6
<b>Age Group</b>					
18 to 44 Years	43	22.9	3.5	16.0	29.7
45 to 64 Years	45	21.3	3.4	14.7	28.0
65 Years and Older	27	17.8	3.5	10.9	24.8
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	114	22.2	2.2	18.0	26.5
<b>Race</b>					
White	103	20.5	2.1	16.4	24.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	49	25.8	3.8	18.3	33.3
Some College or College Graduate	66	17.9	2.3	13.4	22.3
<b>Annual Household Income</b>					
Less than \$35,000 per Year	58	33.3	4.1	25.2	41.3
\$35,000 or Higher per Year	35	13.9	2.5	9.1	18.8
<b>Disability Status</b>					
Living with a Disability†	65	44.5	4.7	35.3	53.8
Living without a Disability	47	13.5	2.1	9.3	17.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	32	21.7	4.1	13.8	29.7
Overweight (25 ≤ BMI < 30)	25	16.6	3.6	9.6	23.6
Obese (BMI ≥ 30)	51	27.0	3.8	19.6	34.4
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	69	20.6	2.6	15.5	25.7
Does not participate in leisure time physical activity	40	25.7	4.2	17.5	33.8
<b>Smoking Status</b>					
Current smoker	39	40.9	5.8	29.6	52.2
Non-smoker	73	16.8	2.1	12.7	21.0
<b>Health Insurance Status</b>					
Insured	99	19.6	2.1	15.5	23.6
Uninsured	17	31.6	7.2	17.4	45.8

**Numerator:** Respondents who reported they had ever been told by a doctor, nurse or other health professional that they have a depressive disorder (including depression, major depression, dysthymia, or minor depression).

**Denominator:** All respondents, excluding unknowns and refusals.

† **Living with a Disability:** Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

\* Insufficient sample and/or statistically unreliable estimate

*Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.*

Please refer to Technical Notes for more information.

## Percentage of Adults with Diagnosed Diabetes, 2017

### Saline County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,844	10.5	0.2	10.0	11.0
Saline County	62	9.5	1.4	6.8	12.1
<b>Gender</b>					
Men	30	9.6	1.9	5.9	13.3
Women	32	9.3	2.0	5.5	13.2
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	29	14.0	3.0	8.2	19.9
65 Years and Older	28	18.2	3.5	11.3	25.1
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	60	9.9	1.4	7.0	12.7
<b>Race</b>					
White	55	8.7	1.3	6.3	11.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	26	12.4	2.8	7.0	17.8
Some College or College Graduate	36	7.6	1.4	4.9	10.3
<b>Annual Household Income</b>					
Less than \$35,000 per Year	35	17.5	3.3	11.0	24.0
\$35,000 or Higher per Year	21	7.0	1.7	3.7	10.2
<b>Disability Status</b>					
Living with a Disability†	38	23.0	4.0	15.2	30.8
Living without a Disability	24	5.4	1.2	3.0	7.8

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	18	9.4	2.7	4.0	14.7
Obese (BMI ≥ 30)	35	18.0	3.2	11.8	24.2
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	28	6.4	1.3	3.9	9.0
Does not participate in leisure time physical activity	32	19.4	3.7	12.0	26.7
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	55	11.2	1.7	7.9	14.6
<b>Health Insurance Status</b>					
Insured	60	10.4	1.5	7.5	13.4
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor they had diabetes, excluding females told only during pregnancy and pre-diabetes or borderline diabetes.

Denominator: All respondents, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Living with a Disability, 2017†**

**Saline County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	5,832	25.9	0.4	25.2	26.7
Saline County	152	25.9	2.2	21.7	30.1
<b>Gender</b>					
Men	55	19.1	2.7	13.8	24.4
Women	97	32.5	3.2	26.3	38.8
<b>Age Group</b>					
18 to 44 Years	30	15.6	2.9	9.9	21.2
45 to 64 Years	57	25.3	3.5	18.4	32.2
65 Years and Older	63	46.9	4.7	37.7	56.1
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	149	27.3	2.3	22.9	31.7
<b>Race</b>					
White	141	27.4	2.3	22.9	31.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	73	36.8	4.2	28.7	45.0
Some College or College Graduate	78	19.0	2.3	14.6	23.4
<b>Annual Household Income</b>					
Less than \$35,000 per Year	78	43.3	4.3	34.7	51.8
\$35,000 or Higher per Year	47	15.5	2.4	10.8	20.2
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	41	22.3	3.6	15.2	29.4
Overweight (25 ≤ BMI < 30)	36	21.4	3.8	14.0	28.9
Obese (BMI ≥ 30)	67	35.3	4.2	27.2	43.5

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	80	20.8	2.4	16.1	25.5
Does not participate in leisure time physical activity	69	41.5	4.6	32.5	50.4
<b>Smoking Status</b>					
Current smoker	40	35.7	5.4	25.1	46.3
Non-smoker	111	23.5	2.3	18.9	28.0
<b>Health Insurance Status</b>					
Insured	133	25.2	2.3	20.8	29.6
Uninsured	18	31.5	7.0	17.8	45.1

Numerator: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living)

Denominator: All respondents, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

**Percentage of Adults Not Participating in the Recommended Level of Physical Activity (Aerobic and/or Strengthening), 2017**

**Saline County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	15,354	81.0	0.4	80.3	81.7
Saline County	374	80.2	2.3	75.7	84.7
<b>Gender</b>					
Men	159	77.9	3.6	70.7	85.0
Women	215	82.4	2.8	76.9	87.9
<b>Age Group</b>					
18 to 44 Years	103	71.1	4.4	62.5	79.7
45 to 64 Years	159	87.1	2.9	81.4	92.8
65 Years and Older	112	85.9	3.3	79.5	92.3
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	365	83.6	2.1	79.6	87.6
<b>Race</b>					
White	343	80.2	2.4	75.5	84.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	133	83.1	3.8	75.7	90.5
Some College or College Graduate	239	78.3	2.9	72.7	83.9
<b>Annual Household Income</b>					
Less than \$35,000 per Year	135	84.2	3.8	76.7	91.6
\$35,000 or Higher per Year	182	76.8	3.3	70.4	83.2
<b>Disability Status</b>					
Living with a Disability†	*	*	*	*	*
Living without a Disability	242	76.1	2.9	70.4	81.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	103	74.1	4.4	65.4	82.8
Overweight (25 ≤ BMI < 30)	120	83.3	3.5	76.4	90.2
Obese (BMI ≥ 30)	130	82.1	4.1	74.1	90.0
<b>Smoking Status</b>					
Current smoker	79	82.1	4.6	73.1	91.1
Non-smoker	295	79.7	2.6	74.6	84.8
<b>Health Insurance Status</b>					
Insured	334	80.0	2.4	75.3	84.8
Uninsured	*	*	*	*	*

**Numerator:** Respondents not participating in the recommended level of physical activity or participating in insufficient recommended level of physical activity for either aerobic or muscle strengthening guidelines.

**Denominator:** All respondents, excluding unknowns and refusals.

Not participating in the recommended level of physical activity referred to not participating in aerobic and strengthening exercises according to guidelines.

Participating in insufficient level of recommended physical activity referred to participating only in aerobic or only in strengthening exercises according to guidelines.

The aerobic guideline is defined as 150 minutes a week of moderate-intensity aerobic activity, or 75 minutes a week of vigorous-intensity aerobic activity, or an equivalent combination of moderate- and vigorous-intensity aerobic activity.

The strengthening guideline is defined as muscle-strengthening activities that involved all major muscle groups two or more times per week.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

**Percentage of Adults Not Participating in the Recommended Level of Physical Activity (Aerobic and Strengthening), 2017**

**Saline County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	7,754	41.2	0.5	40.3	42.1
Saline County	203	43.7	2.7	38.4	49.0
<b>Gender</b>					
Men	83	38.0	4.0	30.2	45.7
Women	120	49.1	3.6	42.0	56.1
<b>Age Group</b>					
18 to 44 Years	46	31.3	4.3	22.8	39.7
45 to 64 Years	94	52.6	4.3	44.1	61.1
65 Years and Older	63	52.4	4.8	43.0	61.9
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	199	46.3	2.8	40.8	51.7
<b>Race</b>					
White	187	44.1	2.8	38.6	49.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	80	48.9	4.8	39.5	58.3
Some College or College Graduate	121	40.2	3.3	33.8	46.6
<b>Annual Household Income</b>					
Less than \$35,000 per Year	83	53.9	4.6	44.9	62.9
\$35,000 or Higher per Year	92	39.6	3.7	32.3	46.9
<b>Disability Status</b>					
Living with a Disability†	82	63.5	4.6	54.6	72.5
Living without a Disability	119	36.4	3.1	30.2	42.5

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	52	35.9	4.8	26.5	45.3
Overweight (25 ≤ BMI < 30)	69	47.7	4.8	38.3	57.2
Obese (BMI ≥ 30)	72	48.6	4.8	39.2	57.9
<b>Smoking Status</b>					
Current smoker	53	52.6	5.9	41.0	64.2
Non-smoker	150	41.3	3.1	35.3	47.3
<b>Health Insurance Status</b>					
Insured	185	44.9	2.9	39.2	50.6
Uninsured	*	*	*	*	*

**Numerator:** Respondents who did not participate in the recommended level of aerobic and strengthening exercises during the past month.

**Denominator:** All respondents, excluding unknowns and refusals.

The aerobic guideline is defined as 150 minutes a week of moderate-intensity aerobic activity, or 75 minutes a week of vigorous-intensity aerobic activity, or an equivalent combination of moderate- and vigorous-intensity aerobic activity.

The strengthening guideline is defined as muscle-strengthening activities that involved all major muscle groups two or more times per week.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

**Percentage of Adults Not Participating in Any Physical Activity Other Than Their Regular Job in the Past 30 Days (Leisure Time Physical Activity), 2017**

**Saline County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	5,721	27.9	0.4	27.1	28.7
Saline County	157	30.6	2.4	25.9	35.3
<b>Gender</b>					
Men	66	26.6	3.3	20.1	33.2
Women	91	34.4	3.4	27.8	40.9
<b>Age Group</b>					
18 to 44 Years	32	19.4	3.4	12.6	26.1
45 to 64 Years	69	36.8	4.2	28.6	44.9
65 Years and Older	56	42.8	4.7	33.5	52.0
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	153	32.1	2.5	27.2	37.0
<b>Race</b>					
White	141	30.2	2.4	25.4	35.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	71	35.7	4.2	27.5	43.8
Some College or College Graduate	85	27.2	2.9	21.5	33.0
<b>Annual Household Income</b>					
Less than \$35,000 per Year	66	37.5	4.3	29.1	45.8
\$35,000 or Higher per Year	67	28.5	3.4	21.9	35.1
<b>Disability Status</b>					
Living with a Disability†	69	46.8	4.7	37.6	56.1
Living without a Disability	87	24.6	2.7	19.4	29.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	39	25.2	4.2	17.1	33.4
Overweight (25 ≤ BMI < 30)	54	33.5	4.4	24.9	42.0
Obese (BMI ≥ 30)	55	33.7	4.3	25.2	42.1
<b>Smoking Status</b>					
Current smoker	43	39.6	5.5	28.8	50.4
Non-smoker	114	28.4	2.7	23.2	33.6
<b>Health Insurance Status</b>					
Insured	143	31.8	2.6	26.8	36.9
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they did not participate in any physical activities or exercise, other than their regular job, in the past 30 days.

**Denominator:** All respondents, excluding unknowns and refusals.

† **Living with a Disability:** Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

\* **Insufficient sample and/or statistically unreliable estimate**

**Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.**

**Please refer to Technical Notes for more information.**

**Percentage of Adults Who Reported Consuming Fruit Less than 1 Time Per Day,  
2017‡**

**Saline County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	6,946	37.5	0.4	36.7	38.4
Saline County	179	40.6	2.7	35.3	45.8
<b>Gender</b>					
Men	85	43.7	4.1	35.7	51.7
Women	94	37.6	3.4	30.8	44.3
<b>Age Group</b>					
18 to 44 Years	57	38.4	4.5	29.5	47.3
45 to 64 Years	83	49.5	4.3	41.1	57.9
65 Years and Older	39	32.2	4.7	23.0	41.3
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	175	41.6	2.7	36.3	46.9
<b>Race</b>					
White	163	41.3	2.8	35.9	46.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	66	47.4	4.8	38.1	56.7
Some College or College Graduate	112	36.3	3.1	30.3	42.3
<b>Annual Household Income</b>					
Less than \$35,000 per Year	69	46.2	4.5	37.3	55.1
\$35,000 or Higher per Year	88	38.7	3.6	31.5	45.8
<b>Disability Status</b>					
Living with a Disability†	58	47.9	4.9	38.3	57.5
Living without a Disability	119	38.0	3.2	31.8	44.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	54	37.1	4.7	27.9	46.4
Overweight (25 ≤ BMI < 30)	59	43.8	4.7	34.6	53.0
Obese (BMI ≥ 30)	61	44.4	4.8	35.0	53.8
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	108	37.4	3.2	31.1	43.7
Does not participate in leisure time physical activity	71	49.3	4.8	39.8	58.8
<b>Smoking Status</b>					
Current smoker	42	47.9	5.9	36.4	59.4
Non-smoker	137	38.9	3.0	33.1	44.8
<b>Health Insurance Status</b>					
Insured	152	38.6	2.8	33.1	44.2
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they consumed fruit less than 1 time per day.

Denominator: All respondents, excluding unknowns and refusals.

‡ In 2017, the fruit and vegetable questions have been modified for all states. Fruit consumption includes: fruits and 100% PURE fruit juices/blends.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Consuming Vegetables Less than 1 Time  
Per Day, 2017‡**

**Saline County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,049	17.3	0.4	16.6	18.0
Saline County	73	16.2	2.0	12.2	20.1
<b>Gender</b>					
Men	30	15.5	3.1	9.4	21.6
Women	43	16.8	2.6	11.8	21.9
<b>Age Group</b>					
18 to 44 Years	21	15.3	3.5	8.5	22.1
45 to 64 Years	37	19.0	3.2	12.6	25.4
65 Years and Older	15	13.9	3.6	6.8	20.9
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	72	17.2	2.1	13.0	21.4
<b>Race</b>					
White	67	17.2	2.2	12.9	21.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	35	21.0	3.7	13.7	28.3
Some College or College Graduate	36	12.7	2.3	8.2	17.3
<b>Annual Household Income</b>					
Less than \$35,000 per Year	30	19.3	3.5	12.4	26.2
\$35,000 or Higher per Year	35	15.6	2.8	10.2	21.0
<b>Disability Status</b>					
Living with a Disability†	23	19.1	3.9	11.4	26.9
Living without a Disability	49	15.1	2.4	10.5	19.8

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	17	12.9	3.7	5.7	20.2
Overweight (25 ≤ BMI < 30)	21	16.3	3.5	9.4	23.2
Obese (BMI ≥ 30)	31	20.0	3.7	12.8	27.3
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	43	14.2	2.3	9.7	18.7
Does not participate in leisure time physical activity	30	21.1	4.1	13.0	29.1
<b>Smoking Status</b>					
Current smoker	16	17.5	4.9	7.9	27.1
Non-smoker	57	15.8	2.2	11.5	20.1
<b>Health Insurance Status</b>					
Insured	62	15.3	2.1	11.3	19.4
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they consumed vegetables less than 1 time per day.

Denominator: All respondents, excluding unknowns and refusals.

‡ In 2017, the fruit and vegetable questions have been modified for all states. Vegetable consumption includes: green leafy or lettuce salad, fried potatoes, any other kind of potatoes/sweet potatoes, or other vegetables.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

## Percentage of Adults Who Lack Health Care Coverage, 2017

### Saline County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,969	12.5	0.3	11.8	13.1
Saline County	58	13.7	1.9	10.0	17.3
<b>Gender</b>					
Men	29	15.4	2.9	9.7	21.2
Women	29	12.0	2.3	7.5	16.5
<b>Age Group</b>					
18 to 44 Years	39	22.9	3.6	15.8	29.9
45 to 64 Years	17	9.1	2.3	4.6	13.6
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	54	13.5	1.9	9.7	17.2
<b>Race</b>					
White	49	12.9	1.9	9.2	16.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	38	23.0	3.7	15.7	30.3
Some College or College Graduate	20	7.7	1.8	4.2	11.2
<b>Annual Household Income</b>					
Less than \$35,000 per Year	25	17.8	3.5	10.9	24.8
\$35,000 or Higher per Year	17	7.5	1.9	3.8	11.2
<b>Disability Status</b>					
Living with a Disability†	18	15.5	3.6	8.4	22.6
Living without a Disability	34	11.9	2.1	7.7	16.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	25	21.1	4.2	12.8	29.3
Overweight (25 ≤ BMI < 30)	14	11.0	3.1	5.0	17.1
Obese (BMI ≥ 30)	16	10.4	2.6	5.3	15.6
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	36	14.0	2.4	9.2	18.8
Does not participate in leisure time physical activity	13	9.5	2.6	4.3	14.6
<b>Smoking Status</b>					
Current smoker	30	37.1	5.8	25.7	48.5
Non-smoker	23	7.2	1.6	4.1	10.3

Numerator: Respondents who reported they had no health care coverage.

Denominator: All respondents, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

**Percentage of Adults Ages 18 to 64 Years Old Who Lack Health Care Coverage,  
2017**

**Saline County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,830	15.3	0.4	14.5	16.1
Saline County	56	17.0	2.3	12.4	21.6
<b>Gender</b>					
Men	29	18.3	3.4	11.6	25.0
Women	27	15.4	3.0	9.5	21.4
<b>Age Group</b>					
18 to 44 Years	39	22.9	3.6	15.8	29.9
45 to 64 Years	17	9.1	2.3	4.6	13.6
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	52	17.0	2.4	12.3	21.8
<b>Race</b>					
White	47	16.4	2.5	11.6	21.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	37	30.3	4.8	20.9	39.8
Some College or College Graduate	19	9.1	2.2	4.8	13.3
<b>Annual Household Income</b>					
Less than \$35,000 per Year	25	24.3	4.7	15.2	33.4
\$35,000 or Higher per Year	15	7.9	2.1	3.7	12.1
<b>Disability Status</b>					
Living with a Disability†	16	22.0	5.3	11.7	32.3
Living without a Disability	34	14.2	2.6	9.2	19.3

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	23	24.1	5.0	14.2	34.0
Overweight (25 ≤ BMI < 30)	14	15.4	4.2	7.1	23.6
Obese (BMI ≥ 30)	16	12.7	3.2	6.5	19.0
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	36	17.5	3.0	11.6	23.4
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	29	40.4	6.3	28.0	52.7
Non-smoker	22	9.1	2.0	5.1	13.0

Numerator: Respondents ages 18-64 years old who reported they had no health care coverage.

Denominator: All respondents ages 18-64 years old, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

**Percentage of Adults with No Personal Doctor or Health Care Provider, 2017**

**Saline County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,646	22.4	0.4	21.7	23.2
Saline County	91	19.6	2.1	15.4	23.7
<b>Gender</b>					
Men	53	24.9	3.4	18.2	31.7
Women	38	14.4	2.4	9.6	19.1
<b>Age Group</b>					
18 to 44 Years	52	30.7	4.0	22.9	38.4
45 to 64 Years	30	14.3	2.8	8.7	19.8
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	82	17.9	2.0	13.9	21.9
<b>Race</b>					
White	78	18.7	2.2	14.4	23.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	40	25.1	4.0	17.3	32.9
Some College or College Graduate	50	15.9	2.3	11.4	20.4
<b>Annual Household Income</b>					
Less than \$35,000 per Year	34	22.9	3.9	15.3	30.5
\$35,000 or Higher per Year	29	12.8	2.6	7.8	17.9
<b>Disability Status</b>					
Living with a Disability†	23	15.4	3.2	9.0	21.7
Living without a Disability	63	20.5	2.6	15.3	25.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	33	23.2	4.1	15.2	31.2
Overweight (25 ≤ BMI < 30)	22	16.7	3.7	9.5	23.8
Obese (BMI ≥ 30)	28	19.0	3.8	11.5	26.4
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	60	21.8	2.9	16.2	27.4
Does not participate in leisure time physical activity	21	13.0	2.9	7.3	18.7
<b>Smoking Status</b>					
Current smoker	23	24.4	5.2	14.3	34.6
Non-smoker	63	17.8	2.3	13.2	22.3
<b>Health Insurance Status</b>					
Insured	64	15.8	2.1	11.7	19.8
Uninsured	25	43.3	7.4	28.8	57.8

Numerator: Respondents who reported they had no personal doctor or health care provider.

Denominator: All respondents, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

**Percentage of Adults Who Could Not See a Doctor Because of Cost In the Past 12 Months, 2017**

**Saline County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,144	12.1	0.3	11.5	12.7
Saline County	68	13.9	1.8	10.3	17.5
<b>Gender</b>					
Men	23	10.1	2.4	5.4	14.9
Women	45	17.6	2.7	12.3	22.9
<b>Age Group</b>					
18 to 44 Years	32	17.4	3.2	11.2	23.7
45 to 64 Years	28	15.0	3.2	8.8	21.2
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	67	14.8	1.9	11.0	18.6
<b>Race</b>					
White	58	12.5	1.8	9.0	16.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	30	17.8	3.5	10.9	24.7
Some College or College Graduate	38	11.5	2.0	7.7	15.4
<b>Annual Household Income</b>					
Less than \$35,000 per Year	32	21.1	3.8	13.7	28.6
\$35,000 or Higher per Year	22	9.2	2.0	5.2	13.2
<b>Disability Status</b>					
Living with a Disability†	31	23.3	4.3	15.0	31.7
Living without a Disability	35	11.3	2.1	7.2	15.3

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	23	16.6	3.7	9.3	23.8
Overweight (25 ≤ BMI < 30)	16	11.5	3.2	5.2	17.8
Obese (BMI ≥ 30)	24	15.1	3.2	8.8	21.5
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	39	12.6	2.2	8.3	17.0
Does not participate in leisure time physical activity	25	19.4	4.0	11.6	27.2
<b>Smoking Status</b>					
Current smoker	33	37.0	5.7	25.8	48.2
Non-smoker	33	8.9	1.7	5.5	12.3
<b>Health Insurance Status</b>					
Insured	44	10.2	1.7	6.8	13.5
Uninsured	23	37.7	7.2	23.6	51.9

Numerator: Respondents who reported they could not see a doctor because of cost in the past 12 months.

Denominator: All respondents, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

**Percentage of Adults with Fair or Poor Self-Perceived Health Status, 2017**

**Saline County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,766	16.7	0.3	16.0	17.3
Saline County	100	17.7	1.9	13.9	21.5
<b>Gender</b>					
Men	39	15.3	2.8	9.9	20.7
Women	61	20.0	2.7	14.6	25.3
<b>Age Group</b>					
18 to 44 Years	22	12.1	2.8	6.6	17.6
45 to 64 Years	41	20.0	3.4	13.3	26.7
65 Years and Older	36	25.5	4.2	17.3	33.6
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	96	18.3	2.0	14.3	22.3
<b>Race</b>					
White	88	17.5	2.0	13.5	21.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	57	30.0	4.0	22.2	37.9
Some College or College Graduate	42	9.6	1.6	6.5	12.8
<b>Annual Household Income</b>					
Less than \$35,000 per Year	49	26.6	3.9	18.8	34.3
\$35,000 or Higher per Year	32	12.5	2.4	7.9	17.1
<b>Disability Status</b>					
Living with a Disability†	67	46.2	4.7	37.0	55.4
Living without a Disability	30	8.5	1.8	5.0	12.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	30	18.2	3.7	11.0	25.4
Overweight (25 ≤ BMI < 30)	26	16.6	3.7	9.4	23.8
Obese (BMI ≥ 30)	39	21.1	3.5	14.2	27.9
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	51	15.8	2.4	11.1	20.6
Does not participate in leisure time physical activity	44	26.7	4.2	18.6	34.9
<b>Smoking Status</b>					
Current smoker	30	32.1	5.7	21.0	43.3
Non-smoker	66	14.6	2.0	10.7	18.5
<b>Health Insurance Status</b>					
Insured	87	17.2	2.0	13.3	21.2
Uninsured	*	*	*	*	*

Numerator: Respondents who reported that in general their health is fair or poor.

Denominator: All respondents, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Their Physical Health Was Not Good on 14 or More Days in the Past 30 Days, 2017**

**Saline County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,574	11.3	0.3	10.8	11.8
Saline County	72	12.2	1.6	9.0	15.3
<b>Gender</b>					
Men	21	7.6	1.8	4.0	11.2
Women	51	16.6	2.6	11.5	21.6
<b>Age Group</b>					
18 to 44 Years	15	7.4	2.1	3.3	11.5
45 to 64 Years	31	15.0	3.0	9.1	20.9
65 Years and Older	26	18.2	3.8	10.8	25.6
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	69	12.5	1.7	9.2	15.8
<b>Race</b>					
White	64	11.8	1.6	8.6	15.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	37	19.1	3.4	12.4	25.8
Some College or College Graduate	35	7.7	1.4	5.0	10.5
<b>Annual Household Income</b>					
Less than \$35,000 per Year	35	19.3	3.7	12.1	26.6
\$35,000 or Higher per Year	22	7.7	1.8	4.2	11.2
<b>Disability Status</b>					
Living with a Disability†	54	38.7	4.7	29.4	47.9
Living without a Disability	17	3.6	1.0	1.7	5.5

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	21	11.8	2.9	6.1	17.5
Overweight (25 ≤ BMI < 30)	18	10.3	3.0	4.5	16.2
Obese (BMI ≥ 30)	30	16.4	3.1	10.2	22.5
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	34	9.1	1.8	5.7	12.6
Does not participate in leisure time physical activity	36	23.0	4.0	15.1	30.9
<b>Smoking Status</b>					
Current smoker	21	21.5	4.9	11.9	31.1
Non-smoker	50	10.5	1.7	7.2	13.8
<b>Health Insurance Status</b>					
Insured	63	12.2	1.7	8.8	15.6
Uninsured	*	*	*	*	*

Numerator: Respondents who reported 14 or more days when their physical health was not good in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Their Mental Health Was Not Good on 14 or More Days in the Past 30 Days, 2017**

**Saline County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,163	11.4	0.3	10.8	12.0
Saline County	56	11.2	1.7	7.8	14.6
<b>Gender</b>					
Men	*	*	*	*	*
Women	43	15.0	2.5	10.2	19.9
<b>Age Group</b>					
18 to 44 Years	28	15.0	3.1	8.8	21.1
45 to 64 Years	18	9.0	2.6	4.0	14.1
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	54	11.8	1.8	8.1	15.4
<b>Race</b>					
White	51	10.6	1.6	7.4	13.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	25	16.4	3.7	9.2	23.6
Some College or College Graduate	30	7.8	1.5	4.9	10.6
<b>Annual Household Income</b>					
Less than \$35,000 per Year	25	18.6	3.8	11.2	25.9
\$35,000 or Higher per Year	16	4.4	1.2	2.2	6.7
<b>Disability Status</b>					
Living with a Disability†	37	28.2	4.5	19.4	37.1
Living without a Disability	18	6.0	1.7	2.6	9.5

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	22	17.9	4.1	9.8	26.0
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	19	9.0	2.2	4.7	13.3
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	34	11.9	2.3	7.3	16.5
Does not participate in leisure time physical activity	20	13.1	3.3	6.8	19.5
<b>Smoking Status</b>					
Current smoker	28	31.8	5.7	20.7	42.9
Non-smoker	27	6.9	1.7	3.7	10.1
<b>Health Insurance Status</b>					
Insured	43	9.3	1.7	6.0	12.6
Uninsured	13	24.6	6.8	11.2	38.0

Numerator: Respondents who reported 14 or more days when their mental health was not good in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Their Poor Physical or Mental Health Kept Them From Doing Their Usual Activities, such as Self-care, Work or Recreation in the Past 30 Days, 2017**

**Saline County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	4,399	40.8	0.6	39.6	42.0
Saline County	113	41.4	3.5	34.5	48.3
<b>Gender</b>					
Men	37	39.7	5.9	28.2	51.2
Women	76	42.8	4.3	34.4	51.2
<b>Age Group</b>					
18 to 44 Years	37	42.7	5.9	31.2	54.2
45 to 64 Years	46	43.5	5.6	32.6	54.4
65 Years and Older	30	36.6	6.3	24.3	49.0
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	107	40.3	3.5	33.3	47.2
<b>Race</b>					
White	101	40.1	3.6	33.0	47.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	40	47.3	6.2	35.2	59.3
Some College or College Graduate	72	37.1	4.0	29.4	44.9
<b>Annual Household Income</b>					
Less than \$35,000 per Year	49	46.6	5.7	35.4	57.8
\$35,000 or Higher per Year	44	36.3	5.0	26.4	46.1
<b>Disability Status</b>					
Living with a Disability†	68	60.2	5.3	49.8	70.5
Living without a Disability	41	31.6	4.8	22.2	41.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	27	38.8	6.6	25.9	51.7
Overweight (25 ≤ BMI < 30)	30	39.9	6.7	26.7	53.0
Obese (BMI ≥ 30)	49	46.4	5.8	35.0	57.8
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	67	39.1	4.5	30.2	47.9
Does not participate in leisure time physical activity	41	50.1	6.2	38.0	62.3
<b>Smoking Status</b>					
Current smoker	30	48.0	7.2	34.0	62.1
Non-smoker	81	41.2	4.2	33.0	49.4
<b>Health Insurance Status</b>					
Insured	99	38.9	3.7	31.7	46.1
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported one or more days in the past 30 days when their poor physical or mental health kept them from doing their usual activities, such as self-care, work or recreation.

**Denominator:** Respondents with at least one day in the past 30 days when their physical or mental health was not good, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

\* Insufficient sample and/or statistically unreliable estimate

*Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.*

Please refer to Technical Notes for more information.

**Percentage of Adults Ages 18 Years and Older Who Did Not Get Immunized  
Against Influenza During the Past 12 Months, 2017**

**Saline County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	11,141	61.6	0.4	60.7	62.4
Saline County	313	69.9	2.4	65.3	74.5
<b>Gender</b>					
Men	143	71.5	3.6	64.5	78.5
Women	170	68.4	3.1	62.3	74.5
<b>Age Group</b>					
18 to 44 Years	108	73.7	4.1	65.7	81.7
45 to 64 Years	133	76.2	3.4	69.5	82.9
65 Years and Older	70	54.4	4.7	45.2	63.6
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	295	68.3	2.5	63.5	73.2
<b>Race</b>					
White	278	68.7	2.4	64.0	73.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	118	73.5	4.0	65.7	81.3
Some College or College Graduate	194	67.6	2.9	61.9	73.4
<b>Annual Household Income</b>					
Less than \$35,000 per Year	96	65.2	4.1	57.1	73.2
\$35,000 or Higher per Year	164	74.1	3.0	68.2	80.0
<b>Disability Status</b>					
Living with a Disability†	94	69.1	4.3	60.8	77.4
Living without a Disability	216	70.3	2.9	64.7	75.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	95	71.7	4.4	63.0	80.4
Overweight (25 ≤ BMI < 30)	95	68.9	4.0	61.0	76.7
Obese (BMI ≥ 30)	103	67.5	4.3	59.1	75.9
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	208	68.0	2.9	62.2	73.8
Does not participate in leisure time physical activity	105	74.5	3.9	66.9	82.1
<b>Smoking Status</b>					
Current smoker	75	83.2	4.2	75.0	91.4
Non-smoker	238	66.7	2.7	61.3	72.1
<b>Health Insurance Status</b>					
Insured	266	66.6	2.6	61.5	71.7
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they did not get a flu shot or flu vaccine sprayed in their nose during the past 12 months.

**Denominator:** All respondents, excluding unknowns and refusals.

† **Living with a Disability:** Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

\* **Insufficient sample and/or statistically unreliable estimate**

**Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.**

**Please refer to Technical Notes for more information.**

**Percentage of Adults 65 Years Old and Older Who Did Not Get Immunized  
Against Influenza During the Past 12 Months, 2017**

**Saline County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,774	44.0	0.7	42.5	45.4
Saline County	70	54.4	4.7	45.2	63.6
<b>Gender</b>					
Men	*	*	*	*	*
Women	49	60.0	5.6	48.9	71.0
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	69	54.3	4.7	45.1	63.6
<b>Race</b>					
White	68	54.1	4.7	44.9	63.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	29	56.8	7.2	42.6	70.9
Some College or College Graduate	40	51.6	6.1	39.7	63.5
<b>Annual Household Income</b>					
Less than \$35,000 per Year	21	39.8	7.4	25.2	54.3
\$35,000 or Higher per Year	36	63.9	6.5	51.1	76.6
<b>Disability Status</b>					
Living with a Disability†	31	60.5	7.0	46.7	74.3
Living without a Disability	38	49.2	6.1	37.2	61.2
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	24	42.8	7.4	28.4	57.3
Obese (BMI ≥ 30)	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	38	45.9	6.0	34.1	57.7
Does not participate in leisure time physical activity	32	66.9	6.9	53.3	80.5
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	61	51.7	5.0	42.0	61.4
<b>Health Insurance Status</b>					
Insured	68	52.8	4.7	43.6	62.1
Uninsured	*	*	*	*	*

Numerator: Respondents 65 years old and older who reported they did not receive a flu shot or flu vaccine sprayed in their nose during the past 12 months.

Denominator: All respondents 65 years old and older, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

**Percentage of Adults 65 Years Old and Older Who Never Had Pneumonia  
Vaccination, 2017**

**Saline County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,472	23.5	0.6	22.2	24.8
Saline County	38	30.3	4.5	21.4	39.2
<b>Gender</b>					
Men	*	*	*	*	*
Women	27	31.3	5.6	20.3	42.2
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	38	30.5	4.6	21.6	39.5
<b>Race</b>					
White	37	30.3	4.6	21.4	39.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	15	30.2	7.1	16.2	44.1
Some College or College Graduate	22	29.4	5.7	18.1	40.7
<b>Annual Household Income</b>					
Less than \$35,000 per Year	12	24.8	7.2	10.6	39.0
\$35,000 or Higher per Year	18	28.8	6.3	16.5	41.1
<b>Disability Status</b>					
Living with a Disability†	16	30.2	7.1	16.4	44.1
Living without a Disability	22	31.0	5.9	19.4	42.5
<b>Weight Category</b>					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	17	36.3	7.7	21.3	51.3
Obese (BMI ≥ 30)	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	21	26.6	5.6	15.6	37.7
Does not participate in leisure time physical activity	17	35.4	7.5	20.8	50.1
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	34	30.0	4.7	20.7	39.3
<b>Health Insurance Status</b>					
Insured	37	29.7	4.5	20.9	38.6
Uninsured	*	*	*	*	*

Numerator: Respondents 65 years old and older who reported they never had a pneumonia vaccination.

Denominator: All respondents 65 years old and older, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported That They Do Not Always Wear a Seatbelt  
When They Drive or Ride in a Car, 2017**

**Saline County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,294	16.6	0.3	16.0	17.3
Saline County	58	13.9	2.0	10.0	17.9
<b>Gender</b>					
Men	36	18.9	3.4	12.2	25.6
Women	22	9.2	2.1	5.1	13.3
<b>Age Group</b>					
18 to 44 Years	23	17.6	3.8	10.1	25.1
45 to 64 Years	21	11.9	2.9	6.2	17.6
65 Years and Older	14	11.0	2.9	5.3	16.7
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	55	13.2	1.9	9.5	17.0
<b>Race</b>					
White	52	14.2	2.1	10.1	18.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	20	14.6	3.7	7.4	21.7
Some College or College Graduate	38	13.6	2.3	9.0	18.1
<b>Annual Household Income</b>					
Less than \$35,000 per Year	18	12.4	3.1	6.4	18.4
\$35,000 or Higher per Year	34	15.4	2.8	9.8	21.0
<b>Disability Status</b>					
Living with a Disability†	13	8.4	2.5	3.5	13.2
Living without a Disability	45	16.2	2.6	11.1	21.2

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	16	13.4	3.8	6.0	20.8
Overweight (25 ≤ BMI < 30)	13	8.4	2.5	3.5	13.2
Obese (BMI ≥ 30)	25	18.8	4.0	11.0	26.7
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	29	12.1	2.5	7.3	17.0
Does not participate in leisure time physical activity	29	18.0	3.4	11.3	24.8
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	47	13.9	2.2	9.6	18.3
<b>Health Insurance Status</b>					
Insured	53	14.3	2.1	10.1	18.5
Uninsured	*	*	*	*	*

Respondents who reported they nearly always, sometimes, seldom or never use a seatbelt when they ride or drive in a car.

Denominator: All respondents, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

## Percentage of Adults Who Currently Smoke Cigarettes, 2017

### Saline County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,145	17.4	0.4	16.7	18.1
Saline County	98	19.2	2.0	15.3	23.1
<b>Gender</b>					
Men	38	16.8	2.9	11.1	22.4
Women	60	21.6	2.7	16.2	27.0
<b>Age Group</b>					
18 to 44 Years	41	21.1	3.4	14.5	27.8
45 to 64 Years	43	23.0	3.4	16.3	29.8
65 Years and Older	13	10.0	3.0	4.2	15.8
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	96	20.3	2.1	16.2	24.4
<b>Race</b>					
White	86	19.4	2.1	15.2	23.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	48	25.6	3.8	18.2	33.0
Some College or College Graduate	48	14.9	2.2	10.6	19.1
<b>Annual Household Income</b>					
Less than \$35,000 per Year	51	31.0	4.0	23.1	38.9
\$35,000 or Higher per Year	31	12.0	2.2	7.7	16.2
<b>Disability Status</b>					
Living with a Disability†	40	26.4	4.1	18.3	34.5
Living without a Disability	56	16.5	2.3	12.1	21.0

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	44	30.1	4.4	21.6	38.7
Overweight (25 ≤ BMI < 30)	28	16.6	3.2	10.3	22.9
Obese (BMI ≥ 30)	21	12.1	2.8	6.6	17.5
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	53	17.5	2.5	12.7	22.4
Does not participate in leisure time physical activity	43	26.0	3.9	18.4	33.6
<b>Health Insurance Status</b>					
Insured	67	13.9	1.8	10.4	17.4
Uninsured	30	55.2	7.7	40.1	70.2

**Numerator:** Respondents who reported they have smoked at least 100 cigarettes in their entire life and that they now smoke some days or every day.

**Denominator:** All respondents, excluding unknowns and refusals.

† **Living with a Disability:** Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

\* **Insufficient sample and/or statistically unreliable estimate**

**Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.**

Please refer to Technical Notes for more information.

**Percentage of Adults Who Stopped Smoking for One Day or Longer Because  
They Were Trying to Quit Smoking, 2017**

**Saline County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,708	57.1	1.1	54.9	59.2
Saline County	49	53.1	5.7	41.9	64.2
<b>Gender</b>					
Men	*	*	*	*	*
Women	32	52.4	7.1	38.4	66.3
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	49	54.2	5.7	42.9	65.4
<b>Race</b>					
White	41	50.1	6.2	38.0	62.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
<b>Annual Household Income</b>					
Less than \$35,000 per Year	27	52.0	7.8	36.6	67.3
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability†	*	*	*	*	*
Living without a Disability	28	55.5	7.3	41.2	69.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	28	57.5	7.6	42.7	72.4
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Health Insurance Status</b>					
Insured	34	52.4	6.8	39.1	65.7
Uninsured	*	*	*	*	*

Numerator: Current smokers who stopped smoking for one day or longer because they were trying to quit smoking.

Denominator: Current smokers, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

## Percentage of Adults Who Currently Use Any Smokeless Tobacco Products, 2017

### Saline County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,011	5.5	0.2	5.1	5.9
Saline County	20	3.9	1.0	2.0	5.9
<b>Gender</b>					
Men	17	7.3	1.9	3.6	11.0
Women	*	*	*	*	*
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	20	4.3	1.0	2.2	6.3
<b>Race</b>					
White	19	4.3	1.1	2.2	6.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
<b>Annual Household Income</b>					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	16	5.6	1.5	2.6	8.6
<b>Disability Status</b>					
Living with a Disability†	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	17	4.4	1.2	2.1	6.7
<b>Health Insurance Status</b>					
Insured	18	4.1	1.1	2.0	6.2
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they currently use chewing tobacco, snuff or snus (Swedish for snuff) some days or every day.

Denominator: All respondents, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

## Percentage of Men Who Currently Use Any Smokeless Tobacco Products, 2017

### Saline County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	919	10.1	0.4	9.4	10.9
Saline County	17	7.3	1.9	3.6	11.0
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	17	8.0	2.1	3.9	12.1
<b>Race</b>					
White	17	8.2	2.1	4.0	12.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
<b>Annual Household Income</b>					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	15	9.9	2.7	4.5	15.2
<b>Disability Status</b>					
Living with a Disability†	*	*	*	*	*
Living without a Disability	*	*	*	*	*
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	15	8.0	2.2	3.6	12.3
<b>Health Insurance Status</b>					
Insured	16	8.0	2.2	3.7	12.2
Uninsured	*	*	*	*	*

Numerator: Male respondents who reported they currently use chewing tobacco, snuff or snus (Swedish for snuff) some days or every day.

Denominator: All male respondents, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

**Percentage of Adults Who Ever Served on Active Duty in the United States  
Armed Forces, 2017**

**Saline County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,748	10.9	0.2	10.4	11.4
Saline County	65	10.5	1.4	7.7	13.2
<b>Gender</b>					
Men	59	19.4	2.6	14.3	24.6
Women	*	*	*	*	*
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	19	9.1	2.3	4.6	13.6
65 Years and Older	33	20.8	3.5	13.9	27.8
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	63	11.0	1.5	8.1	13.9
<b>Race</b>					
White	60	10.5	1.4	7.7	13.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	19	9.4	2.3	4.8	14.0
Some College or College Graduate	45	11.0	1.7	7.6	14.4
<b>Annual Household Income</b>					
Less than \$35,000 per Year	18	10.6	2.7	5.3	16.0
\$35,000 or Higher per Year	35	10.9	1.9	7.0	14.7
<b>Disability Status</b>					
Living with a Disability†	22	11.9	2.6	6.7	17.1
Living without a Disability	39	9.9	1.7	6.5	13.2

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	14	7.1	2.1	3.0	11.1
Overweight (25 ≤ BMI < 30)	25	13.4	2.8	7.9	18.8
Obese (BMI ≥ 30)	24	13.2	2.9	7.5	18.8
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	46	12.0	1.9	8.3	15.7
Does not participate in leisure time physical activity	13	7.3	2.2	3.1	11.5
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	56	11.7	1.7	8.4	15.0
<b>Health Insurance Status</b>					
Insured	62	11.5	1.5	8.4	14.5
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported that they served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit.

**Denominator:** All respondents, excluding unknowns and refusals.

† **Living with a Disability:** Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

\* Insufficient sample and/or statistically unreliable estimate

**Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.**

Please refer to Technical Notes for more information.

## Percentage of Adults Who Are Obese, 2017

### Saline County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	6,551	32.3	0.4	31.5	33.2
Saline County	167	33.2	2.5	28.4	38.1
<b>Gender</b>					
Men	78	33.1	3.7	25.9	40.3
Women	89	33.4	3.3	26.9	39.8
<b>Age Group</b>					
18 to 44 Years	53	32.5	4.2	24.3	40.7
45 to 64 Years	81	38.8	4.1	30.8	46.7
65 Years and Older	33	27.4	4.5	18.6	36.1
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	158	31.7	2.4	27.0	36.5
<b>Race</b>					
White	153	34.9	2.6	29.7	40.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	64	36.2	4.3	27.7	44.7
Some College or College Graduate	102	31.1	2.9	25.4	36.9
<b>Annual Household Income</b>					
Less than \$35,000 per Year	60	36.5	4.3	28.0	44.9
\$35,000 or Higher per Year	86	34.5	3.5	27.6	41.3
<b>Disability Status</b>					
Living with a Disability†	67	45.0	4.7	35.7	54.3
Living without a Disability	97	29.6	3.0	23.8	35.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	103	32.3	3.1	26.2	38.4
Does not participate in leisure time physical activity	55	37.0	4.6	28.1	46.0
<b>Smoking Status</b>					
Current smoker	21	20.5	4.5	11.6	29.3
Non-smoker	143	36.6	2.9	31.0	42.3
<b>Health Insurance Status</b>					
Insured	150	34.9	2.7	29.5	40.2
Uninsured	16	24.5	6.0	12.8	36.2

Numerator: Respondents with a body mass index greater than or equal to 30, based on self-reported height and weight.

Denominator: All respondents, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

## Percentage of Adults Who Are Overweight or Obese, 2017

### Saline County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	13,706	67.2	0.4	66.3	68.0
Saline County	341	66.1	2.6	61.1	71.1
<b>Gender</b>					
Men	168	69.3	3.7	62.1	76.6
Women	173	62.7	3.5	55.9	69.6
<b>Age Group</b>					
18 to 44 Years	99	58.2	4.4	49.5	66.9
45 to 64 Years	145	75.4	3.8	68.0	82.9
65 Years and Older	96	68.6	4.3	60.1	77.1
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	327	65.9	2.6	60.7	71.1
<b>Race</b>					
White	314	68.5	2.6	63.5	73.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	121	65.7	4.3	57.2	74.2
Some College or College Graduate	219	66.5	3.1	60.3	72.6
<b>Annual Household Income</b>					
Less than \$35,000 per Year	111	68.3	4.1	60.2	76.4
\$35,000 or Higher per Year	182	69.0	3.4	62.4	75.6
<b>Disability Status</b>					
Living with a Disability†	103	71.0	4.3	62.5	79.5
Living without a Disability	226	63.7	3.2	57.5	69.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	208	62.7	3.3	56.3	69.1
Does not participate in leisure time physical activity	109	71.6	4.5	62.8	80.3
<b>Smoking Status</b>					
Current smoker	49	47.6	5.8	36.1	59.1
Non-smoker	283	70.1	2.8	64.6	75.7
<b>Health Insurance Status</b>					
Insured	309	69.2	2.7	63.9	74.4
Uninsured	30	50.2	7.6	35.2	65.2

Numerator: Respondents with a body mass index greater than or equal to 25, based on self-reported height and weight.

Denominator: All respondents, excluding unknowns and refusals.

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to Technical Notes for more information.

## Technical Notes

The 2017 BRFSS data for your county/region on health risk indicators, analyzed by various subpopulation groups (e.g. gender, age group, ethnicity, etc.), are included in this report. The indicators are summarized in tables that show:

- Unweighted Frequency: the number of respondents who reported the risk behavior
- Weighted Percentage: the prevalence estimate for the risk behavior within a particular subpopulation group category
- Standard Error: used to compute the 95% confidence limits
- Lower and upper 95% confidence limits

Prevalence estimates vary in precision depending on sample size. One way of describing the precision of an estimate is the margin of error, which is the half-width of the confidence interval. When the sample size is large for a particular subpopulation group, the corresponding margin of error for an estimate is small. When the sample size is small for a particular subpopulation group, the corresponding margin of error for an estimate is large. Large margins of error (i.e. >5) indicate that an estimate may be less precise. Prevalence estimates that have a margin of error >5 are *italicized* in this report and should be interpreted with caution.

To determine whether two weighted percentages are significantly different from one another, the reader must compare the confidence intervals. Confidence intervals which do not overlap indicate a statistically significant difference between the two prevalence estimates while overlapping confidence intervals indicate that two estimates are not statistically different from one another. It is incorrect to say two estimates are different if their confidence limits overlap.

Estimates have been censored with an asterisk ("\*") when the sample size was inadequate and/or when the estimates were statistically unreliable. Specifically, estimates were censored when any of the following conditions were met:

- the numerator of the indicator is less than 5
- the denominator of the indicator is less than 50
- the relative standard error (RSE) is greater than 30 percent

RSE is obtained by dividing the standard error of the estimate by the estimate itself, then multiplying that result by 100 to be expressed as a percent.

2011 BRFSS data represent a new baseline for public health surveillance. Due to changes in BRFSS survey methodology, the BRFSS estimates for 2011 and subsequent years cannot be compared to estimates from the years prior to 2011.

For more information on changes to the Kansas BRFSS survey methodology beginning in 2011, please visit: <http://www.kdheks.gov/brfss/newmethod.html>

For more detailed technical notes on the Kansas BRFSS, please visit: <http://www.kdheks.gov/brfss/technotes.html>

In 2017, cholesterol questions and fruits and vegetables modules were modified for all states. Due to the changes in methodology, we do not advise comparing 2017 findings to the previous modules.

For more information on new fruits and vegetables module: please visit <https://www.cdc.gov/nutrition/data-statistics/using-the-new-BRFSS-modules.html>

In 2017 and 2016, a six-item set of questions identify disability in hearing, vision, cognition, mobility, self-care, and independent living for all states. Respondents who responded "yes" to at least one of the six functional disability questions were identified as adults living with a disability.

For more information on disability questions: please visit [https://www.cdc.gov/brfss/data\\_documentation/pdf/BRFSS\\_Data\\_Users\\_Guide\\_on\\_Disability\\_Questions\\_2018-508.pdf](https://www.cdc.gov/brfss/data_documentation/pdf/BRFSS_Data_Users_Guide_on_Disability_Questions_2018-508.pdf)

Please visit the BRFSS questionnaires below to see the questions on specific topics:

2017 Kansas BRFSS: <http://www.kdheks.gov/brfss/PDF/ks2017svy.pdf>

2016 Kansas BRFSS: <http://www.kdheks.gov/brfss/PDF/ks2016svy.pdf>

2015 Kansas BRFSS: <http://www.kdheks.gov/brfss/PDF/ks2015svy.pdf>