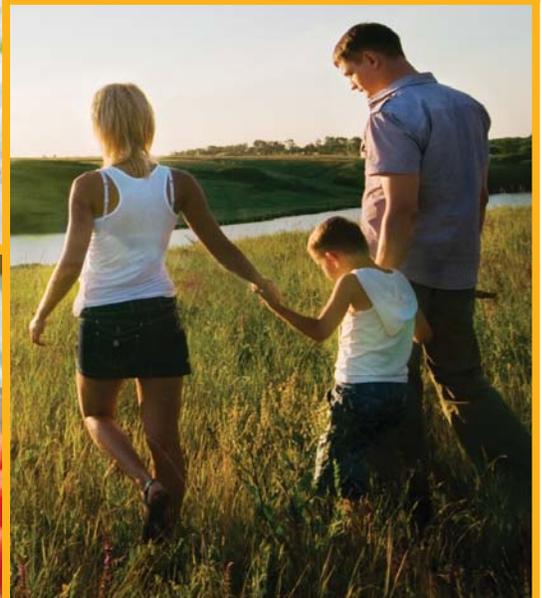


2015 Kansas Behavioral Risk Factor Surveillance System Local Data

Wildcat Region



January 2017

2015 Kansas Behavioral Risk Factor Surveillance System Local Data

State of Kansas
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Project Funding:
Partial funding for the 2015 Behavioral Risk Factor Survey was provided by cooperative agreement 6NU58DP006025-01-01 from the Centers for Disease Control and Prevention, Atlanta GA and by Kansas Health Foundation 200804006-01, Wichita, KS.

**Kansas Department of Health and Environment
Bureau of Health Promotion**
January 2017

Kansas Department of Health and Environment (KDHE)

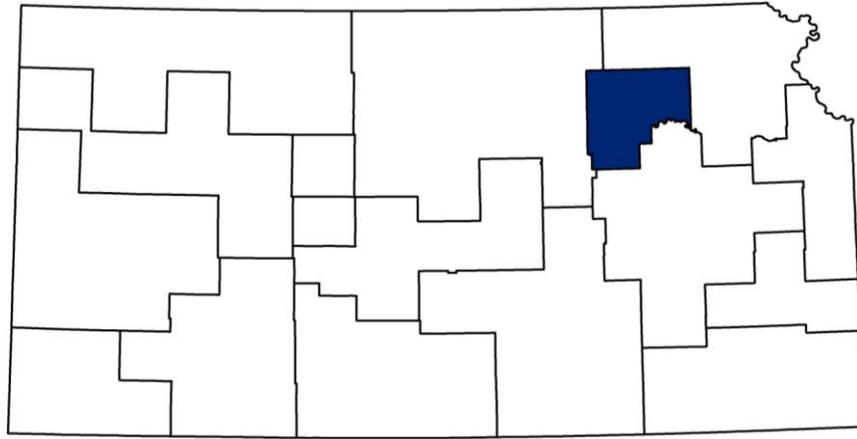
Mission

To protect and improve the health and environment of all Kansans

Vision

Healthy Kansans living in safe and sustainable environments

www.kdheks.gov



The Wildcat Region comprises the following counties:
Geary, Pottawatomie, Riley

Kansas Behavioral Risk Factor Surveillance System – Local Data, 2015 can also be accessed at <http://www.kdheks.gov/brfss/>

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Percentage of Adults Who Are Binge Drinkers, 2015

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,556	15.6	0.3	15.0	16.3
Wildcat Region	144	23.9	1.9	20.1	27.7
Gender					
Men	98	33.7	3.0	27.8	39.7
Women	46	13.8	2.2	9.6	18.1
Age Group					
18 to 44 Years	106	31.2	2.8	25.8	36.6
45 to 64 Years	29	12.6	2.4	8.0	17.2
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	135	23.7	2.0	19.8	27.6
Race					
White	130	25.6	2.1	21.4	29.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	40	22.0	3.6	14.9	29.1
Some College or College Graduate	103	24.7	2.3	20.2	29.2
Annual Household Income					
Less than \$35,000 per Year	48	24.8	3.5	18.0	31.7
\$35,000 or Higher per Year	76	24.1	2.7	18.9	29.3
Disability Status					
Living with a Disability	19	12.9	3.3	6.5	19.3
Living without a Disability	124	26.4	2.2	22.0	30.8

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	46	22.6	3.3	16.1	29.0
Overweight (25 ≤ BMI < 30)	55	29.9	3.6	22.8	37.0
Obese (BMI ≥ 30)	39	21.8	3.6	14.7	28.9
Leisure Time Physical Activity					
Participates in leisure time physical activity	116	25.3	2.2	20.9	29.6
Does not participate in leisure time physical activity	23	18.8	4.1	10.7	26.9
Smoking Status					
Current smoker	37	36.4	5.2	26.3	46.6
Non-smoker	106	21.6	2.1	17.5	25.7
Health Insurance Status					
Insured	126	23.2	2.0	19.3	27.1
Uninsured	18	30.1	6.6	17.1	43.1

Numerator: Male respondents who reported having five or more drinks on one occasion in the past 30 days or female respondents who reported having four or more drinks on one occasion in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Reported Heavy Alcohol Consumption in the Past 30 Days, 2015

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	965	5.1	0.2	4.7	5.5
Wildcat Region	65	8.5	1.2	6.2	10.8
Gender					
Men	36	10.1	1.8	6.5	13.7
Women	29	6.9	1.5	4.0	9.7
Age Group					
18 to 44 Years	35	9.5	1.6	6.3	12.7
45 to 64 Years	20	8.1	1.9	4.4	11.8
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	63	8.6	1.2	6.2	10.9
Race					
White	58	9.1	1.3	6.5	11.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	25	12.3	2.6	7.2	17.4
Some College or College Graduate	40	6.9	1.3	4.5	9.4
Annual Household Income					
Less than \$35,000 per Year	19	7.9	2.0	3.9	11.8
\$35,000 or Higher per Year	33	7.3	1.4	4.5	10.1
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	56	9.3	1.4	6.6	12.0

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	19	6.9	1.8	3.3	10.5
Overweight (25 ≤ BMI < 30)	21	8.5	2.0	4.4	12.5
Obese (BMI ≥ 30)	24	12.4	2.7	7.1	17.6
Leisure Time Physical Activity					
Participates in leisure time physical activity	46	8.0	1.3	5.4	10.5
Does not participate in leisure time physical activity	19	13.2	3.2	6.9	19.5
Smoking Status					
Current smoker	23	21.1	4.3	12.6	29.6
Non-smoker	42	6.1	1.1	4.0	8.3
Health Insurance Status					
Insured	59	8.6	1.3	6.2	11.1
Uninsured	*	*	*	*	*

Numerator: Male respondents who reported consuming an average of more than 14 drinks per week and female respondents who reported consuming an average of more than 7 drink per week during the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Doctor Diagnosed Arthritis, 2015

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	7,320	24.5	0.3	23.9	25.1
Wildcat Region	259	18.5	1.4	15.8	21.2
Gender					
Men	98	15.4	1.8	12.0	18.9
Women	161	21.7	2.1	17.5	25.9
Age Group					
18 to 44 Years	37	8.8	1.5	5.8	11.8
45 to 64 Years	109	33.9	3.7	27.9	40.0
65 Years and Older	113	46.2	3.8	38.8	53.6
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	253	18.8	1.4	16.0	21.6
Race					
White	225	17.8	1.4	15.0	20.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	89	23.7	3.0	17.8	29.6
Some College or College Graduate	167	16.1	1.5	13.2	19.1
Annual Household Income					
Less than \$35,000 per Year	79	18.3	2.5	13.3	23.3
\$35,000 or Higher per Year	131	18.3	1.8	14.7	21.9
Disability Status					
Living with a Disability	127	53.2	4.8	43.8	62.5
Living without a Disability	123	11.3	1.2	8.9	13.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	57	10.1	1.7	6.8	13.5
Overweight (25 ≤ BMI < 30)	85	19.3	2.4	14.6	24.1
Obese (BMI ≥ 30)	97	28.5	3.4	21.8	35.2
Leisure Time Physical Activity					
Participates in leisure time physical activity	167	16.5	1.6	13.5	19.5
Does not participate in leisure time physical activity	73	28.9	3.9	21.2	36.6
Smoking Status					
Current smoker	50	29.8	4.4	21.1	38.5
Non-smoker	198	16.2	1.4	13.4	19.0
Health Insurance Status					
Insured	240	18.7	1.4	15.9	21.5
Uninsured	19	18.3	4.7	9.2	27.4

Numerator: Respondents who reported they had been told by a doctor or other health professional that they have some form of arthritis, rheumatoid arthritis, gout, lupus or fibromyalgia.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Doctor Diagnosed Arthritis Who Are Limited in Their Usual Activities Because of Arthritis or Joint Symptoms, 2015

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,152	48.2	0.8	46.7	49.7
Wildcat Region	113	45.8	4.0	37.9	53.6
Gender					
Men	42	41.9	5.9	30.4	53.4
Women	71	49.1	5.4	38.5	59.6
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	54	48.7	5.7	37.6	59.8
65 Years and Older	45	43.2	5.5	32.3	54.0
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	113	47.8	4.0	39.9	55.7
Race					
White	98	45.2	4.2	36.9	53.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	23	25.7	6.0	14.0	37.4
Some College or College Graduate	90	55.8	4.8	46.4	65.3
Annual Household Income					
Less than \$35,000 per Year	39	40.5	6.8	27.2	53.9
\$35,000 or Higher per Year	56	45.4	5.3	35.0	55.8
Disability Status					
Living with a Disability	89	68.0	5.3	57.6	78.4
Living without a Disability	23	22.4	5.1	12.4	32.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	26	46.3	8.7	29.2	63.3
Overweight (25 ≤ BMI <30)	32	37.8	6.6	24.8	50.8
Obese (BMI ≥ 30)	50	50.7	6.5	38.0	63.4
Leisure Time Physical Activity					
Participates in leisure time physical activity	69	42.6	4.8	33.3	52.0
Does not participate in leisure time physical activity	43	51.6	7.4	37.2	66.1
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	84	42.4	4.4	33.8	51.0
Health Insurance Status					
Insured	106	47.9	4.2	39.7	56.1
Uninsured	*	*	*	*	*

Numerator: Respondents who reported any limitation in their usual activities because of arthritis or joint symptoms.

Denominator: Respondents with doctor, nurse or other health professional diagnosed arthritis, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Current Asthma, 2015

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,990	8.7	0.2	8.2	9.1
Wildcat Region	76	9.6	1.3	7.0	12.1
Gender					
Men	18	5.4	1.4	2.6	8.2
Women	58	13.8	2.2	9.6	18.1
Age Group					
18 to 44 Years	37	10.7	1.8	7.1	14.3
45 to 64 Years	20	6.9	1.7	3.6	10.2
65 Years and Older	19	8.5	2.2	4.3	12.8
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	74	10.0	1.4	7.3	12.7
Race					
White	63	8.5	1.2	6.1	10.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	24	10.6	2.6	5.5	15.7
Some College or College Graduate	50	9.1	1.5	6.2	12.1
Annual Household Income					
Less than \$35,000 per Year	24	9.6	2.3	5.2	14.1
\$35,000 or Higher per Year	34	8.6	1.7	5.3	11.9
Disability Status					
Living with a Disability	23	13.0	3.2	6.7	19.3
Living without a Disability	52	9.2	1.5	6.3	12.2

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	20	8.0	2.0	4.1	12.0
Overweight (25 ≤ BMI < 30)	24	9.3	2.2	5.0	13.5
Obese (BMI ≥ 30)	28	12.6	3.0	6.7	18.5
Leisure Time Physical Activity					
Participates in leisure time physical activity	47	8.6	1.5	5.6	11.5
Does not participate in leisure time physical activity	21	12.0	3.0	6.2	17.8
Smoking Status					
Current smoker	17	10.4	2.8	4.9	15.8
Non-smoker	56	9.6	1.5	6.6	12.5
Health Insurance Status					
Insured	68	9.5	1.4	6.9	12.2
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they had asthma and that they currently have asthma.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Have Been Diagnosed With Cancer (Excluding Skin Cancer), 2015

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,273	7.1	0.2	6.8	7.5
Wildcat Region	80	4.7	0.7	3.4	6.1
Gender					
Men	25	3.1	0.8	1.7	4.6
Women	55	6.4	1.2	4.0	8.7
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	31	8.4	1.7	5.1	11.7
65 Years and Older	44	17.5	2.7	12.1	22.9
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	79	4.8	0.7	3.4	6.2
Race					
White	72	4.8	0.7	3.5	6.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	31	8.1	1.9	4.3	11.9
Some College or College Graduate	48	3.3	0.6	2.2	4.4
Annual Household Income					
Less than \$35,000 per Year	27	4.9	1.4	2.1	7.6
\$35,000 or Higher per Year	37	4.8	0.9	3.0	6.7
Disability Status					
Living with a Disability	33	11.6	2.8	6.1	17.0
Living without a Disability	44	3.4	0.6	2.1	4.6

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	26	4.0	1.0	2.1	5.9
Overweight (25 ≤ BMI < 30)	34	6.5	1.4	3.7	9.2
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	45	4.0	0.8	2.4	5.6
Does not participate in leisure time physical activity	26	7.3	1.8	3.8	10.9
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	62	4.4	0.8	2.9	6.0
Health Insurance Status					
Insured	75	4.9	0.7	3.5	6.2
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they had cancer (excluding skin cancer).

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Have Been Diagnosed With Skin Cancer, 2015

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,155	6.4	0.2	6.1	6.7
Wildcat Region	79	4.8	0.7	3.5	6.1
Gender					
Men	38	4.1	0.8	2.6	5.5
Women	41	5.5	1.1	3.4	7.6
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	27	7.9	1.6	4.7	11.1
65 Years and Older	49	22.4	3.2	16.2	28.7
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	79	5.1	0.7	3.7	6.4
Race					
White	76	5.5	0.8	4.0	7.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	21	4.4	1.1	2.2	6.5
Some College or College Graduate	58	5.0	0.8	3.4	6.6
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	54	6.1	0.9	4.3	8.0
Disability Status					
Living with a Disability	36	13.2	2.6	8.1	18.3
Living without a Disability	40	2.9	0.6	1.8	4.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	19	3.7	1.1	1.6	5.7
Overweight (25 ≤ BMI <30)	28	5.0	1.1	2.9	7.2
Obese (BMI ≥ 30)	22	4.5	1.2	2.2	6.8
Leisure Time Physical Activity					
Participates in leisure time physical activity	60	5.0	0.8	3.4	6.6
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	72	5.5	0.8	3.9	7.0
Health Insurance Status					
Insured	79	5.5	0.8	4.1	7.0
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they had skin cancer.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who had a Heart Attack, 2015

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,263	4.0	0.1	3.7	4.2
Wildcat Region	43	2.4	0.4	1.6	3.2
Gender					
Men	22	2.5	0.6	1.3	3.7
Women	21	2.3	0.6	1.2	3.5
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	18	5.1	1.4	2.4	7.8
65 Years and Older	25	11.5	2.4	6.9	16.2
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	43	2.6	0.4	1.7	3.4
Race					
White	37	2.4	0.4	1.6	3.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	18	3.8	1.0	1.8	5.7
Some College or College Graduate	25	1.9	0.4	1.0	2.7
Annual Household Income					
Less than \$35,000 per Year	14	3.0	0.9	1.3	4.7
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	27	8.7	1.9	4.9	12.5
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	21	4.9	1.2	2.5	7.3
Leisure Time Physical Activity					
Participates in leisure time physical activity	17	1.2	0.3	0.6	1.8
Does not participate in leisure time physical activity	20	5.9	1.5	2.9	8.9
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	30	2.1	0.4	1.2	2.9
Health Insurance Status					
Insured	43	2.8	0.5	1.9	3.8
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they had a heart attack also called a myocardial infarction.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Percentage of Adults Who had Angina or Coronary Heart Disease, 2015

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,274	3.8	0.1	3.6	4.0
Wildcat Region	35	1.7	0.3	1.0	2.4
Gender					
Men	19	2.1	0.6	1.0	3.2
Women	16	1.3	0.4	0.6	1.9
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	23	9.1	2.0	5.1	13.0
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	35	1.8	0.4	1.1	2.5
Race					
White	29	1.6	0.3	0.9	2.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	26	1.7	0.4	1.0	2.4
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	16	1.5	0.4	0.7	2.3
Disability Status					
Living with a Disability	20	5.8	1.4	3.0	8.6
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	13	2.3	0.7	1.0	3.7
Leisure Time Physical Activity					
Participates in leisure time physical activity	22	1.5	0.4	0.7	2.3
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	26	1.6	0.4	0.8	2.3
Health Insurance Status					
Insured	33	1.8	0.4	1.1	2.5
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they had angina or coronary heart disease.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Percentage of Adults Who Had a Stroke, 2015

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	907	3.0	0.1	2.8	3.3
Wildcat Region	29	1.4	0.3	0.8	1.9
Gender					
Men	*	*	*	*	*
Women	16	1.3	0.4	0.6	2.0
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	19	7.8	1.9	4.1	11.5
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	29	1.4	0.3	0.9	2.0
Race					
White	25	1.5	0.3	0.9	2.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	19	1.3	0.3	0.7	1.9
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	19	5.5	1.4	2.7	8.2
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	17	1.2	0.3	0.6	1.8
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	19	1.1	0.3	0.6	1.6
Health Insurance Status					
Insured	28	1.5	0.3	0.9	2.1
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they had a stroke.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Percentage of Adults with Diagnosed Hypertension, 2015

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	9,207	31.6	0.4	30.9	32.3
Wildcat Region	305	23.1	1.6	20.0	26.3
Gender					
Men	136	24.9	2.5	20.1	29.7
Women	169	21.3	2.1	17.3	25.4
Age Group					
18 to 44 Years	48	12.8	1.9	9.0	16.5
45 to 64 Years	109	35.7	3.2	29.5	41.9
65 Years and Older	147	61.2	3.7	54.0	68.4
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	294	23.5	1.7	20.2	26.8
Race					
White	266	22.6	1.6	19.4	25.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	117	34.1	3.6	27.0	41.2
Some College or College Graduate	185	18.4	1.6	15.2	21.6
Annual Household Income					
Less than \$35,000 per Year	86	24.4	3.1	18.4	30.4
\$35,000 or Higher per Year	164	24.6	2.3	20.2	29.1
Disability Status					
Living with a Disability	101	45.8	4.7	36.6	55.1
Living without a Disability	190	18.3	1.6	15.1	21.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	58	12.3	2.0	8.3	16.2
Overweight (25 ≤ BMI < 30)	102	22.8	2.6	17.7	28.0
Obese (BMI ≥ 30)	121	40.4	4.1	32.4	48.4
Leisure Time Physical Activity					
Participates in leisure time physical activity	204	22.1	1.9	18.4	25.8
Does not participate in leisure time physical activity	76	30.6	4.2	22.3	38.9
Smoking Status					
Current smoker	47	29.7	4.4	21.1	38.4
Non-smoker	241	21.6	1.8	18.2	25.1
Health Insurance Status					
Insured	284	23.6	1.7	20.4	26.9
Uninsured	21	21.2	5.5	10.5	32.0

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they have high blood pressure.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Did Not Have Their Blood Cholesterol Checked
Within the Past Five Years, 2015**

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,834	25.9	0.4	25.1	26.7
Wildcat Region	203	37.1	2.2	32.8	41.4
Gender					
Men	108	40.6	3.7	34.5	46.8
Women	95	33.3	3.0	27.3	39.3
Age Group					
18 to 44 Years	153	50.3	3.0	44.4	56.3
45 to 64 Years	36	15.8	2.7	10.6	21.0
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	192	37.4	2.3	33.0	41.8
Race					
White	166	35.6	2.3	31.1	40.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	65	40.7	4.2	32.5	48.9
Some College or College Graduate	137	35.7	2.6	30.6	40.7
Annual Household Income					
Less than \$35,000 per Year	90	52.7	4.0	44.8	60.5
\$35,000 or Higher per Year	70	24.4	2.7	19.0	29.7
Disability Status					
Living with a Disability	22	20.7	4.2	12.4	29.0
Living without a Disability	170	40.5	2.5	35.5	45.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	84	45.6	3.8	38.1	53.1
Overweight (25 ≤ BMI < 30)	65	37.8	3.8	30.2	45.3
Obese (BMI ≥ 30)	33	22.6	4.0	14.7	30.5
Leisure Time Physical Activity					
Participates in leisure time physical activity	132	34.2	2.6	29.2	39.2
Does not participate in leisure time physical activity	47	43.4	5.0	33.6	53.2
Smoking Status					
Current smoker	41	46.6	5.5	35.9	57.4
Non-smoker	150	34.9	2.5	30.1	39.8
Health Insurance Status					
Insured	162	34.0	2.3	29.5	38.4
Uninsured	40	58.0	6.7	44.8	71.1

Numerator: Respondents who reported they had not checked their blood cholesterol in the past five years.

Denominator: All respondents excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Tested and Diagnosed with High Cholesterol, 2015

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	8,479	37.4	0.4	36.5	38.2
Wildcat Region	276	31.5	2.1	27.4	35.6
Gender					
Men	117	30.1	3.0	24.3	35.9
Women	159	32.9	3.0	27.0	38.7
Age Group					
18 to 44 Years	35	17.3	2.9	11.5	23.1
45 to 64 Years	118	43.8	3.4	37.0	50.5
65 Years and Older	123	54.0	3.8	46.5	61.5
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	268	32.5	2.2	28.2	36.8
Race					
White	250	32.8	2.2	28.4	37.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	88	37.5	4.2	29.2	45.8
Some College or College Graduate	186	29.2	2.4	24.4	33.9
Annual Household Income					
Less than \$35,000 per Year	64	35.6	4.7	26.4	44.8
\$35,000 or Higher per Year	162	31.5	2.7	26.2	36.8
Disability Status					
Living with a Disability	101	55.3	5.0	45.5	65.1
Living without a Disability	166	25.9	2.3	21.4	30.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	60	21.5	3.3	15.0	28.0
Overweight (25 ≤ BMI < 30)	100	34.2	3.6	27.1	41.4
Obese (BMI ≥ 30)	91	39.3	4.3	30.9	47.7
Leisure Time Physical Activity					
Participates in leisure time physical activity	187	29.6	2.4	24.8	34.4
Does not participate in leisure time physical activity	65	39.6	5.2	29.3	49.8
Smoking Status					
Current smoker	40	44.7	6.4	32.1	57.4
Non-smoker	225	29.6	2.2	25.2	34.0
Health Insurance Status					
Insured	264	31.5	2.1	27.3	35.7
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they have high blood cholesterol.

Denominator: Respondents who had ever had their blood cholesterol checked, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Have Chronic Obstructive Pulmonary Disease
(COPD), Emphysema or Chronic Bronchitis, 2015**

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,752	6.2	0.2	5.8	6.5
Wildcat Region	72	5.4	0.8	3.9	6.9
Gender					
Men	25	4.5	1.0	2.5	6.5
Women	47	6.3	1.1	4.1	8.6
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	28	8.8	1.8	5.3	12.4
65 Years and Older	32	15.0	2.7	9.6	20.3
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	70	5.5	0.8	4.0	7.1
Race					
White	65	5.8	0.9	4.1	7.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	26	6.3	1.5	3.3	9.3
Some College or College Graduate	45	5.0	0.9	3.3	6.7
Annual Household Income					
Less than \$35,000 per Year	22	4.8	1.3	2.3	7.3
\$35,000 or Higher per Year	33	6.0	1.2	3.6	8.3
Disability Status					
Living with a Disability	38	17.0	3.1	11.0	23.0
Living without a Disability	31	3.0	0.7	1.7	4.3

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	17	2.7	0.8	1.1	4.3
Overweight (25 ≤ BMI < 30)	27	6.7	1.5	3.8	9.6
Obese (BMI ≥ 30)	24	7.9	2.0	4.1	11.8
Leisure Time Physical Activity					
Participates in leisure time physical activity	42	4.4	0.8	2.8	6.0
Does not participate in leisure time physical activity	24	10.8	2.5	5.8	15.7
Smoking Status					
Current smoker	25	11.7	2.7	6.5	16.9
Non-smoker	43	4.1	0.8	2.6	5.7
Health Insurance Status					
Insured	67	5.9	0.9	4.2	7.5
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they have chronic obstructive pulmonary disease (COPD), emphysema or chronic bronchitis.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Were EVER Diagnosed with a Depressive Disorder,
2015**

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	4,472	19.4	0.3	18.8	20.1
Wildcat Region	157	17.9	1.6	14.7	21.1
Gender					
Men	45	12.2	2.0	8.2	16.1
Women	112	23.7	2.5	18.7	28.7
Age Group					
18 to 44 Years	71	19.4	2.3	14.9	23.9
45 to 64 Years	56	16.7	2.4	12.0	21.3
65 Years and Older	29	11.6	2.4	7.0	16.2
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	149	17.7	1.7	14.4	21.0
Race					
White	136	17.6	1.7	14.2	21.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	52	20.3	3.3	13.9	26.7
Some College or College Graduate	105	17.0	1.9	13.3	20.7
Annual Household Income					
Less than \$35,000 per Year	60	23.9	3.3	17.5	30.3
\$35,000 or Higher per Year	73	15.4	2.2	11.2	19.7
Disability Status					
Living with a Disability	65	38.9	4.8	29.5	48.3
Living without a Disability	88	13.8	1.7	10.6	17.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	42	15.0	2.7	9.8	20.2
Overweight (25 ≤ BMI <30)	52	15.3	2.5	10.4	20.3
Obese (BMI ≥ 30)	52	24.4	3.7	17.1	31.7
Leisure Time Physical Activity					
Participates in leisure time physical activity	104	17.3	1.9	13.6	20.9
Does not participate in leisure time physical activity	41	21.1	4.1	13.1	29.1
Smoking Status					
Current smoker	36	24.6	4.4	16.0	33.2
Non-smoker	115	16.8	1.8	13.3	20.4
Health Insurance Status					
Insured	136	16.9	1.7	13.5	20.2
Uninsured	21	25.5	5.5	14.7	36.4

Numerator: Respondents who reported they had ever been told by a doctor, nurse or other health professional that they have a depressive disorder (including depression, major depression, dysthymia, or minor depression).

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Diagnosed Diabetes, 2015

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,878	9.7	0.2	9.3	10.1
Wildcat Region	83	5.9	0.8	4.3	7.5
Gender					
Men	34	5.0	1.0	3.0	6.9
Women	49	6.9	1.3	4.3	9.5
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	33	12.1	2.3	7.6	16.7
65 Years and Older	44	20.5	3.2	14.1	26.8
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	81	6.1	0.9	4.5	7.8
Race					
White	71	6.2	0.9	4.4	8.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	30	8.4	1.9	4.7	12.0
Some College or College Graduate	51	4.8	0.9	3.2	6.5
Annual Household Income					
Less than \$35,000 per Year	23	6.6	1.7	3.2	9.9
\$35,000 or Higher per Year	42	5.6	1.0	3.6	7.6
Disability Status					
Living with a Disability	41	15.8	2.9	10.1	21.6
Living without a Disability	36	3.4	0.8	1.9	4.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	20	4.2	1.1	2.0	6.4
Obese (BMI ≥ 30)	41	10.7	2.1	6.7	14.7
Leisure Time Physical Activity					
Participates in leisure time physical activity	51	4.9	0.8	3.2	6.5
Does not participate in leisure time physical activity	24	8.6	2.2	4.3	13.0
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	63	4.9	0.8	3.4	6.4
Health Insurance Status					
Insured	78	6.1	0.9	4.4	7.8
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor they had diabetes, excluding females told only during pregnancy and pre-diabetes or borderline diabetes.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Activity Limitations Due to Physical,
Mental or Emotional Problems, 2015**

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	5,248	20.0	0.3	19.3	20.6
Wildcat Region	181	16.5	1.5	13.5	19.5
Gender					
Men	78	14.7	2.0	10.8	18.6
Women	103	18.3	2.3	13.9	22.8
Age Group					
18 to 44 Years	44	12.1	2.0	8.3	16.0
45 to 64 Years	79	24.8	2.8	19.3	30.3
65 Years and Older	57	26.3	3.4	19.7	32.9
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	178	16.9	1.6	13.9	20.0
Race					
White	157	16.1	1.5	13.0	19.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	50	20.1	3.5	13.3	27.0
Some College or College Graduate	131	15.1	1.5	12.0	18.1
Annual Household Income					
Less than \$35,000 per Year	57	16.9	2.6	11.7	22.1
\$35,000 or Higher per Year	95	15.7	2.0	11.8	19.6
Weight Category					
Normal or Underweight (BMI < 25)	41	10.6	1.9	6.8	14.4
Overweight (25 ≤ BMI < 30)	51	12.6	2.1	8.5	16.7
Obese (BMI ≥ 30)	76	27.7	3.8	20.2	35.3

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	119	14.6	1.6	11.5	17.7
Does not participate in leisure time physical activity	57	25.6	4.1	17.6	33.6
Smoking Status					
Current smoker	42	23.8	4.1	15.9	31.8
Non-smoker	137	15.0	1.6	11.8	18.2
Health Insurance Status					
Insured	168	17.0	1.6	13.9	20.1
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they were limited in any activities because of physical, mental or emotional problems.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Reported Living with a Disability, 2015

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	5,842	21.9	0.3	21.2	22.5
Wildcat Region	200	17.6	1.5	14.6	20.6
Gender					
Men	88	15.9	2.0	11.9	19.8
Women	112	19.3	2.3	14.8	23.8
Age Group					
18 to 44 Years	46	12.5	2.0	8.6	16.4
45 to 64 Years	87	25.6	2.9	20.0	31.2
65 Years and Older	72	32.6	3.5	25.7	39.6
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	197	18.1	1.6	14.9	21.2
Race					
White	174	17.1	1.6	14.0	20.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	57	21.5	3.5	14.6	28.3
Some College or College Graduate	143	16.0	1.6	12.9	19.1
Annual Household Income					
Less than \$35,000 per Year	64	18.2	2.7	12.9	23.5
\$35,000 or Higher per Year	102	16.4	2.0	12.5	20.3
Weight Category					
Normal or Underweight (BMI <25)	45	11.0	1.9	7.2	14.8
Overweight (25 ≤ BMI < 30)	57	13.9	2.2	9.6	18.1
Obese (BMI ≥ 30)	85	29.6	3.9	22.1	37.2

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	129	15.4	1.6	12.2	18.5
Does not participate in leisure time physical activity	65	27.8	4.1	19.7	35.9
Smoking Status					
Current smoker	43	24.5	4.1	16.5	32.5
Non-smoker	154	16.0	1.7	12.8	19.3
Health Insurance Status					
Insured	187	18.2	1.6	15.1	21.3
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they were limited in any activities because of physical, mental or emotional problems or who reported having a health problem that requires them to use special equipment such as a cane, a wheelchair, a special bed or a special telephone.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Not Participating in the Recommended Level of Physical Activity (Aerobic and/or Strengthening), 2015

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	16,199	80.7	0.4	80.0	81.4
Wildcat Region	584	74.1	1.9	70.4	77.9
Gender					
Men	256	71.8	2.8	66.4	77.3
Women	328	76.5	2.6	71.4	81.6
Age Group					
18 to 44 Years	223	73.9	2.6	68.8	79.1
45 to 64 Years	207	73.7	3.2	67.4	80.0
65 Years and Older	153	76.1	3.2	69.8	82.3
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	557	74.2	2.0	70.4	78.1
Race					
White	518	74.2	2.0	70.2	78.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	168	80.7	3.3	74.3	87.1
Some College or College Graduate	414	71.7	2.3	67.1	76.2
Annual Household Income					
Less than \$35,000 per Year	174	75.8	3.4	69.1	82.5
\$35,000 or Higher per Year	316	70.5	2.7	65.3	75.7
Disability Status					
Living with a Disability	142	73.4	4.3	65.0	81.7
Living without a Disability	441	74.6	2.1	70.5	78.8

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	179	73.4	3.3	67.0	79.8
Overweight (25 ≤ BMI < 30)	197	71.3	3.5	64.5	78.0
Obese (BMI ≥ 30)	172	76.8	3.6	69.7	83.8
Smoking Status					
Current smoker	90	71.8	4.9	62.2	81.5
Non-smoker	490	74.7	2.1	70.6	78.8
Health Insurance Status					
Insured	525	73.2	2.0	69.2	77.2
Uninsured	57	80.5	5.4	69.9	91.1

Numerator: Respondents not participating in the recommended level of physical activity or participating in insufficient recommended level of physical activity for either aerobic or muscle strengthening guidelines.

Denominator: All respondents, excluding unknowns and refusals.

Not participating in the recommended level of physical activity referred to not participating in aerobic and strengthening exercises according to guidelines.

Participating in insufficient level of recommended physical activity referred to participating only in aerobic or only in strengthening exercises according to guidelines.

The aerobic guideline is defined as 150 minutes a week of moderate-intensity aerobic activity, or 75 minutes a week of vigorous-intensity aerobic activity, or an equivalent combination of moderate- and vigorous-intensity aerobic activity.

The strengthening guideline is defined as muscle-strengthening activities that involved all major muscle groups two or more times per week.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Not Participating in the Recommended Level of Physical Activity (Aerobic and Strengthening), 2015

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	8,120	40.3	0.4	39.4	41.2
Wildcat Region	273	35.1	2.2	30.9	39.3
Gender					
Men	102	28.4	2.9	22.7	34.0
Women	171	42.2	3.1	36.0	48.4
Age Group					
18 to 44 Years	103	34.3	3.0	28.4	40.1
45 to 64 Years	106	38.9	3.4	32.2	45.6
65 Years and Older	63	31.6	3.7	24.2	38.9
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	256	34.7	2.2	30.3	39.0
Race					
White	242	34.6	2.2	30.2	39.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	98	47.8	4.3	39.3	56.3
Some College or College Graduate	173	30.1	2.4	25.4	34.8
Annual Household Income					
Less than \$35,000 per Year	92	37.4	3.8	29.9	44.9
\$35,000 or Higher per Year	134	30.7	2.8	25.2	36.3
Disability Status					
Living with a Disability	81	42.8	4.7	33.6	52.1
Living without a Disability	192	33.7	2.4	29.0	38.5

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	70	29.5	3.6	22.4	36.6
Overweight (25 ≤ BMI <30)	80	29.7	3.5	22.8	36.5
Obese (BMI ≥ 30)	99	44.6	4.3	36.1	53.0
Smoking Status					
Current smoker	54	44.6	5.4	33.9	55.2
Non-smoker	216	32.9	2.3	28.3	37.5
Health Insurance Status					
Insured	241	33.7	2.3	29.2	38.1
Uninsured	32	46.7	6.9	33.2	60.2

Numerator: Respondents who did not participate in the recommended level of aerobic and strengthening exercises during the past month.

Denominator: All respondents, excluding unknowns and refusals.

The aerobic guideline is defined as 150 minutes a week of moderate-intensity aerobic activity, or 75 minutes a week of vigorous-intensity aerobic activity, or an equivalent combination of moderate- and vigorous-intensity aerobic activity.

The strengthening guideline is defined as muscle-strengthening activities that involved all major muscle groups two or more times per week.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Not Participating in Any Physical Activity Other Than Their Regular Job in the Past 30 Days (Leisure Time Physical Activity), 2015

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	5,698	26.5	0.4	25.8	27.3
Wildcat Region	181	21.1	1.8	17.6	24.7
Gender					
Men	69	19.2	2.6	14.2	24.3
Women	112	23.1	2.5	18.2	28.1
Age Group					
18 to 44 Years	64	20.1	2.5	15.2	24.9
45 to 64 Years	65	22.7	2.9	17.0	28.4
65 Years and Older	51	24.4	3.4	17.7	31.1
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	168	20.3	1.8	16.7	23.8
Race					
White	153	19.7	1.8	16.2	23.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	76	37.0	4.2	28.7	45.2
Some College or College Graduate	104	14.9	1.7	11.6	18.3
Annual Household Income					
Less than \$35,000 per Year	74	25.6	3.3	19.1	32.0
\$35,000 or Higher per Year	79	17.8	2.4	13.1	22.6
Disability Status					
Living with a Disability	65	32.9	4.5	24.1	41.7
Living without a Disability	116	18.8	2.0	14.9	22.6

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	39	15.1	2.8	9.5	20.6
Overweight (25 ≤ BMI <30)	53	20.1	3.7	14.1	26.2
Obese (BMI ≥ 30)	71	26.1	3.6	19.0	33.3
Smoking Status					
Current smoker	40	32.0	5.7	22.0	41.9
Non-smoker	138	18.6	1.9	14.9	22.2
Health Insurance Status					
Insured	160	20.3	1.9	16.6	23.9
Uninsured	20	25.6	6.0	13.9	37.4

Numerator: Respondents who reported they did not participate in any physical activities or exercise, other than their regular job, in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Consuming Fruit Less than 1 Time Per Day,
2015**

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	8,386	43.7	0.4	42.9	44.6
Wildcat Region	315	44.0	2.2	39.7	48.3
Gender					
Men	166	48.5	3.1	42.3	54.6
Women	149	39.5	3.1	33.4	45.5
Age Group					
18 to 44 Years	145	47.0	3.1	41.0	53.0
45 to 64 Years	111	43.4	3.5	36.6	50.2
65 Years and Older	59	27.3	3.4	20.6	34.0
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	300	43.9	2.3	39.5	48.4
Race					
White	279	43.4	2.3	38.8	47.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	89	44.7	4.3	36.4	53.1
Some College or College Graduate	224	43.6	2.6	38.5	48.6
Annual Household Income					
Less than \$35,000 per Year	111	51.9	4.0	44.1	59.7
\$35,000 or Higher per Year	166	39.7	2.9	34.0	45.3
Disability Status					
Living with a Disability	63	34.3	4.2	26.0	42.6
Living without a Disability	251	46.2	2.5	41.3	51.2

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	99	44.1	3.9	36.6	51.7
Overweight (25 ≤ BMI < 30)	104	42.1	3.8	34.7	49.6
Obese (BMI ≥ 30)	96	48.4	4.2	40.2	56.6
Leisure Time Physical Activity					
Participates in leisure time physical activity	218	41.0	2.5	36.1	45.9
Does not participate in leisure time physical activity	93	57.9	4.7	48.7	67.1
Smoking Status					
Current smoker	65	57.4	5.3	47.0	67.7
Non-smoker	248	41.2	2.4	36.4	45.9
Health Insurance Status					
Insured	285	44.4	2.3	39.9	49.0
Uninsured	30	41.6	6.7	28.5	54.7

Numerator: Respondents who reported they consumed fruit less than 1 time per day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Consuming Vegetables Less than 1 Time
Per Day, 2015**

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	4,217	22.3	0.4	21.6	23.1
Wildcat Region	171	24.4	2.0	20.4	28.4
Gender					
Men	84	26.4	3.0	20.5	32.3
Women	87	22.3	2.7	17.0	27.6
Age Group					
18 to 44 Years	77	27.3	2.9	21.7	32.9
45 to 64 Years	58	20.1	2.6	15.0	25.3
65 Years and Older	36	15.9	2.8	10.3	21.5
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	163	24.4	2.1	20.3	28.5
Race					
White	144	21.9	2.0	18.0	25.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	59	30.3	4.3	21.9	38.7
Some College or College Graduate	109	21.7	2.3	17.3	26.1
Annual Household Income					
Less than \$35,000 per Year	59	26.7	3.7	19.5	33.9
\$35,000 or Higher per Year	80	21.2	2.7	15.9	26.4
Disability Status					
Living with a Disability	44	25.0	4.4	16.3	33.7
Living without a Disability	127	24.5	2.3	20.0	29.0

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	53	23.1	3.4	16.4	29.9
Overweight (25 ≤ BMI < 30)	54	23.7	3.6	16.7	30.6
Obese (BMI ≥ 30)	52	27.3	4.0	19.4	35.2
Leisure Time Physical Activity					
Participates in leisure time physical activity	110	20.9	2.1	16.7	25.1
Does not participate in leisure time physical activity	56	36.4	5.0	26.5	46.3
Smoking Status					
Current smoker	38	33.7	5.3	23.2	44.1
Non-smoker	131	22.5	2.2	18.2	26.9
Health Insurance Status					
Insured	155	24.7	2.2	20.5	29.0
Uninsured	16	22.4	6.0	10.7	34.2

Numerator: Respondents who reported they consumed vegetables less than 1 time per day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Lack Health Care Coverage, 2015

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,027	12.8	0.3	12.2	13.4
Wildcat Region	83	13.1	1.6	10.1	16.2
Gender					
Men	40	13.9	2.3	9.3	18.5
Women	43	12.4	2.1	8.3	16.4
Age Group					
18 to 44 Years	54	16.1	2.2	11.8	20.5
45 to 64 Years	23	9.8	2.1	5.6	13.9
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	73	12.4	1.6	9.3	15.6
Race					
White	64	11.5	1.5	8.5	14.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	37	20.8	3.7	13.6	28.0
Some College or College Graduate	46	10.0	1.5	7.0	13.0
Annual Household Income					
Less than \$35,000 per Year	46	22.9	3.4	16.2	29.6
\$35,000 or Higher per Year	17	5.5	1.5	2.5	8.5
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	68	14.4	1.9	10.8	18.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	29	14.7	2.9	9.1	20.3
Overweight (25 ≤ BMI < 30)	24	10.4	2.2	6.1	14.7
Obese (BMI ≥ 30)	27	16.9	3.6	9.8	24.0
Leisure Time Physical Activity					
Participates in leisure time physical activity	56	12.2	1.8	8.8	15.6
Does not participate in leisure time physical activity	20	15.9	3.9	8.2	23.5
Smoking Status					
Current smoker	17	15.2	3.7	7.9	22.5
Non-smoker	63	13.1	1.8	9.6	16.7

Numerator: Respondents who reported they had no health care coverage.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Ages 18 to 64 Years Old Who Lack Health Care Coverage,
2015**

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,921	15.7	0.4	15.0	16.5
Wildcat Region	77	14.5	1.8	11.1	17.9
Gender					
Men	37	15.1	2.6	10.0	20.2
Women	40	13.8	2.3	9.2	18.4
Age Group					
18 to 44 Years	54	16.1	2.2	11.8	20.5
45 to 64 Years	23	9.8	2.1	5.6	13.9
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	67	13.7	1.8	10.2	17.2
Race					
White	59	12.9	1.7	9.4	16.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	33	24.2	4.3	15.8	32.6
Some College or College Graduate	44	10.8	1.7	7.5	14.1
Annual Household Income					
Less than \$35,000 per Year	44	24.4	3.7	17.2	31.6
\$35,000 or Higher per Year	15	6.1	1.7	2.7	9.4
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	63	15.5	2.0	11.5	19.5

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	26	15.7	3.7	9.6	21.9
Overweight (25 ≤ BMI < 30)	24	12.1	2.6	7.1	17.2
Obese (BMI ≥ 30)	24	18.3	4.0	10.4	26.2
Leisure Time Physical Activity					
Participates in leisure time physical activity	52	13.3	1.9	9.5	17.1
Does not participate in leisure time physical activity	18	17.7	4.4	9.0	26.4
Smoking Status					
Current smoker	17	16.0	3.9	8.3	23.7
Non-smoker	57	14.6	2.0	10.5	18.6

Numerator: Respondents ages 18-64 years old who reported they had no health care coverage.

Denominator: All respondents ages 18-64 years old, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with No Personal Doctor or Health Care Provider, 2015

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,278	20.1	0.4	19.4	20.8
Wildcat Region	163	26.7	2.0	22.8	30.7
Gender					
Men	102	34.8	3.0	28.9	40.7
Women	61	18.4	2.5	13.4	23.4
Age Group					
18 to 44 Years	112	34.1	2.8	28.6	39.6
45 to 64 Years	36	13.6	2.4	8.8	18.3
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	149	26.1	2.1	22.1	30.2
Race					
White	128	23.5	2.0	19.5	27.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	53	33.3	4.1	25.2	41.3
Some College or College Graduate	109	24.0	2.2	19.6	28.4
Annual Household Income					
Less than \$35,000 per Year	68	35.9	3.8	28.4	43.4
\$35,000 or Higher per Year	56	17.0	2.4	12.2	21.8
Disability Status					
Living with a Disability	21	18.1	4.4	9.5	26.6
Living without a Disability	135	28.6	2.3	24.1	33.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	60	29.4	3.5	22.6	36.3
Overweight (25 ≤ BMI < 30)	43	20.4	3.2	14.2	26.6
Obese (BMI ≥ 30)	45	30.6	4.3	22.2	39.1
Leisure Time Physical Activity					
Participates in leisure time physical activity	113	25.1	2.3	20.6	29.6
Does not participate in leisure time physical activity	34	33.6	5.1	23.7	43.5
Smoking Status					
Current smoker	25	24.3	4.8	14.9	33.7
Non-smoker	129	27.0	2.3	22.5	31.5
Health Insurance Status					
Insured	119	22.0	2.0	18.0	25.9
Uninsured	43	58.6	6.2	46.5	70.8

Numerator: Respondents who reported they had no personal doctor or health care provider.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Could Not See a Doctor Because of Cost In the Past 12 Months, 2015

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,120	11.0	0.3	10.5	11.6
Wildcat Region	79	10.2	1.3	7.7	12.7
Gender					
Men	31	8.7	1.6	5.5	11.9
Women	48	11.8	2.0	7.9	15.7
Age Group					
18 to 44 Years	46	12.0	1.8	8.5	15.6
45 to 64 Years	28	8.5	1.9	4.8	12.3
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	72	9.8	1.3	7.3	12.4
Race					
White	64	9.9	1.4	7.2	12.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	27	12.8	2.7	7.6	18.1
Some College or College Graduate	52	9.2	1.4	6.4	12.0
Annual Household Income					
Less than \$35,000 per Year	41	16.1	2.8	10.7	21.6
\$35,000 or Higher per Year	23	5.8	1.4	3.1	8.4
Disability Status					
Living with a Disability	31	19.1	4.0	11.4	26.9
Living without a Disability	46	8.6	1.4	6.0	11.3

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	24	9.1	2.1	5.1	13.2
Overweight (25 ≤ BMI < 30)	19	8.6	2.1	4.6	12.7
Obese (BMI ≥ 30)	28	<i>12.0</i>	2.8	6.5	17.4
Leisure Time Physical Activity					
Participates in leisure time physical activity	51	10.1	1.6	7.0	13.1
Does not participate in leisure time physical activity	20	<i>10.9</i>	2.9	5.3	16.5
Smoking Status					
Current smoker	24	<i>16.1</i>	3.5	9.2	22.9
Non-smoker	51	9.0	1.4	6.2	11.8
Health Insurance Status					
Insured	52	7.3	1.2	5.0	9.6
Uninsured	27	<i>30.2</i>	5.8	18.8	41.5

Numerator: Respondents who reported they could not see a doctor because of cost in the past 12 months.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Fair or Poor Self-Perceived Health Status, 2015

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,945	15.7	0.3	15.1	16.2
Wildcat Region	136	12.1	1.3	9.5	14.7
Gender					
Men	61	11.4	1.9	7.7	15.1
Women	75	12.8	1.9	9.1	16.5
Age Group					
18 to 44 Years	31	8.9	1.7	5.5	12.3
45 to 64 Years	51	15.9	2.4	11.2	20.5
65 Years and Older	54	24.1	3.2	17.7	30.4
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	129	11.7	1.3	9.1	14.3
Race					
White	109	10.2	1.2	7.9	12.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	60	21.6	3.4	14.9	28.2
Some College or College Graduate	74	7.9	1.1	5.7	10.0
Annual Household Income					
Less than \$35,000 per Year	51	14.7	2.6	9.6	19.8
\$35,000 or Higher per Year	52	8.9	1.6	5.7	12.2
Disability Status					
Living with a Disability	86	40.8	4.6	31.7	49.9
Living without a Disability	44	6.2	1.2	3.9	8.5

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	31	5.6	1.3	3.0	8.2
Overweight (25 ≤ BMI < 30)	32	7.3	1.5	4.4	10.3
Obese (BMI ≥ 30)	59	24.7	3.8	17.2	32.1
Leisure Time Physical Activity					
Participates in leisure time physical activity	74	9.4	1.4	6.6	12.2
Does not participate in leisure time physical activity	51	24.4	4.1	16.3	32.5
Smoking Status					
Current smoker	34	18.7	3.6	11.7	25.6
Non-smoker	92	10.3	1.5	7.5	13.2
Health Insurance Status					
Insured	120	11.1	1.3	8.6	13.6
Uninsured	16	19.4	5.5	8.7	30.1

Numerator: Respondents who reported that in general their health is fair or poor.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Reported Their Physical Health Was Not Good on 14 or More Days in the Past 30 Days, 2015

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,560	10.0	0.2	9.5	10.4
Wildcat Region	93	8.5	1.1	6.2	10.7
Gender					
Men	34	6.5	1.5	3.6	9.4
Women	59	10.5	1.7	7.2	13.8
Age Group					
18 to 44 Years	23	6.5	1.5	3.6	9.4
45 to 64 Years	35	11.2	2.0	7.3	15.2
65 Years and Older	35	15.3	2.7	10.0	20.6
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	92	8.9	1.2	6.6	11.3
Race					
White	79	7.9	1.1	5.8	10.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	32	10.6	2.6	5.5	15.7
Some College or College Graduate	61	7.6	1.2	5.3	9.9
Annual Household Income					
Less than \$35,000 per Year	35	9.1	2.0	5.2	12.9
\$35,000 or Higher per Year	39	7.7	1.7	4.4	10.9
Disability Status					
Living with a Disability	62	33.5	4.6	24.5	42.6
Living without a Disability	28	3.5	0.9	1.9	5.2

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	28	5.9	1.4	3.1	8.6
Overweight (25 ≤ BMI < 30)	28	7.4	1.6	4.3	10.5
Obese (BMI ≥ 30)	32	<i>14.1</i>	3.2	7.9	20.3
Leisure Time Physical Activity					
Participates in leisure time physical activity	49	6.7	1.2	4.3	9.0
Does not participate in leisure time physical activity	38	18.5	3.8	11.0	25.9
Smoking Status					
Current smoker	30	20.0	3.9	12.4	27.6
Non-smoker	59	6.5	1.2	4.2	8.8
Health Insurance Status					
Insured	82	8.4	1.2	6.1	10.8
Uninsured	*	*	*	*	*

Numerator: Respondents who reported 14 or more days when their physical health was not good in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Their Mental Health Was Not Good on 14
or More Days in the Past 30 Days, 2015**

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,978	9.7	0.3	9.2	10.2
Wildcat Region	77	10.1	1.4	7.4	12.7
Gender					
Men	24	7.1	1.6	3.8	10.3
Women	53	13.2	2.1	9.0	17.4
Age Group					
18 to 44 Years	44	12.2	1.9	8.4	16.0
45 to 64 Years	25	7.5	1.7	4.2	10.8
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	75	10.2	1.4	7.5	13.0
Race					
White	62	8.9	1.3	6.3	11.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	20	10.8	2.9	5.2	16.5
Some College or College Graduate	57	9.9	1.5	6.9	12.8
Annual Household Income					
Less than \$35,000 per Year	33	13.2	2.7	8.0	18.4
\$35,000 or Higher per Year	31	8.9	1.9	5.1	12.6
Disability Status					
Living with a Disability	36	24.9	4.7	15.7	34.1
Living without a Disability	36	6.8	1.3	4.3	9.3

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	25	11.0	2.5	6.2	15.9
Overweight (25 ≤ BMI < 30)	22	7.9	1.9	4.2	11.6
Obese (BMI ≥ 30)	25	12.9	3.2	6.7	19.2
Leisure Time Physical Activity					
Participates in leisure time physical activity	45	8.4	1.4	5.6	11.1
Does not participate in leisure time physical activity	21	12.1	3.6	5.2	19.1
Smoking Status					
Current smoker	24	18.7	4.1	10.6	26.7
Non-smoker	45	7.7	1.4	5.0	10.5
Health Insurance Status					
Insured	61	8.9	1.4	6.2	11.6
Uninsured	16	18.5	4.9	8.9	28.0

Numerator: Respondents who reported 14 or more days when their mental health was not good in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Reported Their Poor Physical or Mental Health Kept Them From Doing Their Usual Activities, such as Self-care, Work or Recreation in the Past 30 Days, 2015

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	4,379	38.7	0.6	37.6	39.9
Wildcat Region	174	39.2	3.1	33.2	45.2
Gender					
Men	66	34.7	4.4	26.0	43.4
Women	108	43.0	4.2	34.9	51.2
Age Group					
18 to 44 Years	70	38.4	3.9	30.7	46.2
45 to 64 Years	60	42.8	4.9	33.3	52.4
65 Years and Older	44	40.0	5.6	29.0	51.0
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	170	40.5	3.2	34.3	46.7
Race					
White	145	36.6	3.2	30.3	43.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	43	38.2	6.2	26.1	50.3
Some College or College Graduate	130	39.5	3.5	32.6	46.4
Annual Household Income					
Less than \$35,000 per Year	67	43.2	5.1	33.2	53.1
\$35,000 or Higher per Year	77	33.2	4.2	24.9	41.5
Disability Status					
Living with a Disability	76	50.5	5.7	39.2	61.7
Living without a Disability	95	35.2	3.7	28.0	42.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	58	39.7	5.2	29.5	49.9
Overweight (25 ≤ BMI < 30)	54	37.9	5.3	27.5	48.2
Obese (BMI ≥ 30)	51	39.6	6.0	27.8	51.5
Leisure Time Physical Activity					
Participates in leisure time physical activity	116	38.1	3.6	31.0	45.1
Does not participate in leisure time physical activity	47	46.1	6.6	33.1	59.2
Smoking Status					
Current smoker	36	49.1	7.4	34.6	63.6
Non-smoker	133	37.7	3.5	30.9	44.5
Health Insurance Status					
Insured	153	38.5	3.2	32.2	44.9
Uninsured	*	*	*	*	*

Numerator: Respondents who reported one or more days in the past 30 days when their poor physical or mental health kept them from doing their usual activities, such as self-care, work or recreation.

Denominator: Respondents with at least one day in the past 30 days when their physical or mental health was not good, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Ages 18 Years and Older Who Did Not Get Immunized
Against Influenza During the Past 12 Months, 2015**

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	10,526	57.4	0.4	56.6	58.3
Wildcat Region	418	60.6	2.1	56.5	64.7
Gender					
Men	206	65.2	2.9	59.5	70.9
Women	212	55.6	3.1	49.6	61.6
Age Group					
18 to 44 Years	205	66.5	2.9	60.8	72.1
45 to 64 Years	135	55.9	3.4	49.3	62.6
65 Years and Older	76	35.2	3.8	27.8	42.5
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	394	60.3	2.2	56.0	64.6
Race					
White	353	58.3	2.3	53.8	62.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	125	67.3	3.9	59.7	74.8
Some College or College Graduate	290	57.8	2.5	52.9	62.7
Annual Household Income					
Less than \$35,000 per Year	152	74.4	3.3	67.9	80.9
\$35,000 or Higher per Year	195	50.1	3.0	44.3	55.9
Disability Status					
Living with a Disability	84	56.0	4.6	47.1	64.9
Living without a Disability	330	61.6	2.4	56.9	66.3

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	150	67.3	3.5	60.5	74.1
Overweight (25 ≤ BMI < 30)	134	56.1	3.7	48.9	63.3
Obese (BMI ≥ 30)	109	57.1	4.3	48.7	65.5
Leisure Time Physical Activity					
Participates in leisure time physical activity	315	60.0	2.4	55.3	64.6
Does not participate in leisure time physical activity	102	62.7	4.6	53.6	71.7
Smoking Status					
Current smoker	73	68.9	4.8	59.5	78.3
Non-smoker	342	58.9	2.4	54.2	63.5
Health Insurance Status					
Insured	361	57.9	2.3	53.5	62.4
Uninsured	56	78.7	5.3	68.3	89.2

Numerator: Respondents who reported they did not get a flu shot or flu vaccine sprayed in their nose during the past 12 months.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults 65 Years Old and Older Who Did Not Get Immunized
Against Influenza During the Past 12 Months, 2015**

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,557	38.3	0.7	36.9	39.6
Wildcat Region	76	35.2	3.8	27.8	42.5
Gender					
Men	32	39.5	6.1	27.4	51.5
Women	44	31.4	4.5	22.6	40.1
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	75	35.0	3.8	27.6	42.4
Race					
White	75	37.3	3.9	29.6	45.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	30	41.2	6.6	28.3	54.1
Some College or College Graduate	46	31.0	4.4	22.4	39.7
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	42	32.9	4.6	23.7	42.0
Disability Status					
Living with a Disability	24	35.9	6.5	23.2	48.6
Living without a Disability	50	33.4	4.6	24.3	42.4
Weight Category					
Normal or Underweight (BMI <25)	24	38.4	7.0	24.7	52.1
Overweight (25 ≤ BMI < 30)	28	33.9	6.2	21.8	46.1
Obese (BMI ≥ 30)	21	35.7	7.0	21.9	49.5

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	52	30.8	4.1	22.8	38.8
Does not participate in leisure time physical activity	24	48.9	8.1	33.0	64.8
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	72	36.0	3.9	28.3	43.8
Health Insurance Status					
Insured	73	35.0	3.8	27.5	42.5
Uninsured	*	*	*	*	*

Numerator: Respondents 65 years old and older who reported they did not receive a flu shot or flu vaccine sprayed in their nose during the past 12 months.

Denominator: All respondents 65 years old and older, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults 65 Years Old and Older Who Never Had Pneumonia
Vaccination, 2015**

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,711	26.2	0.6	25.0	27.4
Wildcat Region	52	26.0	3.6	19.0	33.1
Gender					
Men	25	33.5	6.1	21.4	45.5
Women	27	19.7	4.0	11.9	27.4
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	52	26.3	3.6	19.2	33.4
Race					
White	49	25.9	3.7	18.6	33.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	23	31.8	6.3	19.5	44.0
Some College or College Graduate	29	22.1	4.3	13.7	30.5
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	26	20.8	4.1	12.6	28.9
Disability Status					
Living with a Disability	16	29.0	6.6	16.1	41.8
Living without a Disability	35	23.9	4.3	15.5	32.2
Weight Category					
Normal or Underweight (BMI <25)	16	23.7	5.9	12.2	35.3
Overweight (25 ≤ BMI < 30)	27	36.8	6.5	24.0	49.6
Obese (BMI ≥ 30)	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	37	22.1	3.7	14.8	29.4
Does not participate in leisure time physical activity	15	38.2	8.4	21.7	54.6
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	48	24.5	3.6	17.4	31.6
Health Insurance Status					
Insured	48	24.9	3.6	17.7	32.0
Uninsured	*	*	*	*	*

Numerator: Respondents 65 years old and older who reported they never had a pneumonia vaccination.

Denominator: All respondents 65 years old and older, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported That They Do Not Always Wear a Seatbelt
When They Drive or Ride in a Car, 2015**

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,288	17.0	0.3	16.3	17.6
Wildcat Region	117	16.3	1.7	13.1	19.6
Gender					
Men	77	22.3	2.6	17.2	27.4
Women	40	9.8	2.0	6.0	13.7
Age Group					
18 to 44 Years	54	17.5	2.3	13.0	22.0
45 to 64 Years	30	14.6	2.7	9.3	19.9
65 Years and Older	33	13.5	2.5	8.6	18.3
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	113	16.9	1.7	13.5	20.3
Race					
White	102	17.2	1.8	13.5	20.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	42	21.0	3.4	14.4	27.6
Some College or College Graduate	75	14.7	1.9	10.9	18.4
Annual Household Income					
Less than \$35,000 per Year	31	17.0	3.1	10.9	23.1
\$35,000 or Higher per Year	65	15.6	2.2	11.3	19.8
Disability Status					
Living with a Disability	29	13.7	3.1	7.6	19.8
Living without a Disability	87	17.0	1.9	13.2	20.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	25	13.4	2.8	7.8	18.9
Overweight (25 ≤ BMI < 30)	48	19.5	3.0	13.6	25.3
Obese (BMI ≥ 30)	40	18.0	3.2	11.7	24.3
Leisure Time Physical Activity					
Participates in leisure time physical activity	94	17.5	2.0	13.6	21.4
Does not participate in leisure time physical activity	23	12.3	2.8	6.8	17.8
Smoking Status					
Current smoker	25	21.9	4.4	13.3	30.5
Non-smoker	89	15.1	1.8	11.5	18.6
Health Insurance Status					
Insured	101	15.6	1.7	12.2	19.0
Uninsured	16	22.1	5.4	11.5	32.7

Respondents who reported they nearly always, sometimes, seldom or never use a seatbelt when they ride or drive in a car.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Currently Smoke Cigarettes, 2015

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,343	17.7	0.3	17.0	18.4
Wildcat Region	128	16.4	1.6	13.4	19.5
Gender					
Men	73	19.7	2.3	15.1	24.2
Women	55	13.1	2.1	9.0	17.3
Age Group					
18 to 44 Years	63	16.7	2.1	12.5	20.8
45 to 64 Years	51	20.0	2.9	14.4	25.6
65 Years and Older	14	7.7	2.2	3.4	11.9
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	119	16.5	1.6	13.3	19.7
Race					
White	106	16.2	1.7	12.9	19.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	57	24.3	3.5	17.6	31.1
Some College or College Graduate	71	13.2	1.7	9.9	16.5
Annual Household Income					
Less than \$35,000 per Year	54	19.4	2.9	13.7	25.2
\$35,000 or Higher per Year	53	14.6	2.1	10.5	18.7
Disability Status					
Living with a Disability	43	23.0	3.8	15.6	30.4
Living without a Disability	84	15.0	1.7	11.6	18.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	40	13.9	2.5	9.1	18.7
Overweight (25 ≤ BMI < 30)	48	20.4	3.7	14.4	26.5
Obese (BMI ≥ 30)	34	15.3	2.9	9.7	20.9
Leisure Time Physical Activity					
Participates in leisure time physical activity	82	14.5	1.7	11.2	17.8
Does not participate in leisure time physical activity	40	25.9	4.3	17.4	34.4
Health Insurance Status					
Insured	111	16.3	1.7	13.0	19.6
Uninsured	17	18.7	4.7	9.5	27.9

Numerator: Respondents who reported they have smoked at least 100 cigarettes in their entire life and that they now smoke some days or every day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Stopped Smoking for One Day or Longer Because
They Were Trying to Quit Smoking, 2015**

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,790	55.1	1.1	53.0	57.2
Wildcat Region	69	57.4	5.1	47.4	67.4
Gender					
Men	36	54.5	6.4	41.9	67.0
Women	33	61.9	8.2	45.8	78.1
Age Group					
18 to 44 Years	43	68.6	6.3	56.3	81.0
45 to 64 Years	19	32.7	7.2	18.5	46.9
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	63	56.9	5.3	46.5	67.3
Race					
White	57	55.9	5.6	44.9	66.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	30	58.1	7.8	42.9	73.3
Some College or College Graduate	39	56.8	6.7	43.7	70.0
Annual Household Income					
Less than \$35,000 per Year	32	63.3	7.7	48.1	78.5
\$35,000 or Higher per Year	24	49.5	7.8	34.1	64.9
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	44	55.3	6.2	43.1	67.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	49	60.3	6.2	48.3	72.4
Does not participate in leisure time physical activity	*	*	*	*	*
Health Insurance Status					
Insured	63	61.7	5.4	51.2	72.2
Uninsured	*	*	*	*	*

Numerator: Current smokers who stopped smoking for one day or longer because they were trying to quit smoking.

Denominator: Current smokers, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Currently Use Any Smokeless Tobacco Products, 2015

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	982	5.6	0.2	5.2	6.0
Wildcat Region	40	6.2	1.1	4.0	8.3
Gender					
Men	32	9.4	1.8	5.9	12.9
Women	*	*	*	*	*
Age Group					
18 to 44 Years	27	7.8	1.6	4.7	11.0
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	37	6.1	1.1	3.9	8.4
Race					
White	36	7.0	1.3	4.4	9.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	28	6.0	1.2	3.6	8.4
Annual Household Income					
Less than \$35,000 per Year	20	8.9	2.1	4.7	13.0
\$35,000 or Higher per Year	17	4.2	1.1	2.0	6.3
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	28	5.7	1.1	3.5	7.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	14	6.6	1.9	2.9	10.2
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	17	8.7	2.6	3.6	13.8
Leisure Time Physical Activity					
Participates in leisure time physical activity	25	4.8	1.0	2.7	6.8
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	30	5.7	1.2	3.3	8.0
Health Insurance Status					
Insured	34	5.4	1.0	3.4	7.4
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they currently use chewing tobacco, snuff or snus (Swedish for snuff) some days or every day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Men Who Currently Use Any Smokeless Tobacco Products, 2015

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	893	10.5	0.4	9.8	11.3
Wildcat Region	32	9.4	1.8	5.9	12.9
Age Group					
18 to 44 Years	21	11.6	2.5	6.7	16.4
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	29	9.3	1.9	5.7	12.9
Race					
White	30	10.9	2.1	6.8	14.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	22	10.0	2.2	5.6	14.4
Annual Household Income					
Less than \$35,000 per Year	15	14.0	3.8	6.6	21.3
\$35,000 or Higher per Year	15	6.5	1.8	3.0	10.1
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	24	9.8	2.0	5.8	13.8
Weight Category					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	22	8.3	1.9	4.6	12.0
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	25	9.2	2.0	5.3	13.1
Health Insurance Status					
Insured	28	9.0	1.8	5.4	12.6
Uninsured	*	*	*	*	*

Numerator: Male respondents who reported they currently use chewing tobacco, snuff or snus (Swedish for snuff) some days or every day.

Denominator: All male respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Ever Served on Active Duty in the United States
Armed Forces, 2015**

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,099	11.8	0.2	11.3	12.3
Wildcat Region	179	18.4	1.5	15.4	21.4
Gender					
Men	153	30.1	2.6	25.0	35.2
Women	26	6.3	1.4	3.6	8.9
Age Group					
18 to 44 Years	58	14.4	2.0	10.6	18.2
45 to 64 Years	60	23.9	2.9	18.2	29.7
65 Years and Older	61	31.9	3.7	24.7	39.1
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	166	17.8	1.6	14.7	20.8
Race					
White	150	17.6	1.6	14.5	20.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	55	19.7	3.0	13.9	25.6
Some College or College Graduate	122	17.8	1.8	14.3	21.3
Annual Household Income					
Less than \$35,000 per Year	44	16.1	2.6	11.0	21.2
\$35,000 or Higher per Year	113	22.7	2.3	18.1	27.3
Disability Status					
Living with a Disability	57	30.6	4.4	22.1	39.2
Living without a Disability	115	15.7	1.6	12.6	18.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	38	11.1	2.0	7.2	15.1
Overweight (25 ≤ BMI < 30)	75	25.8	3.7	19.7	31.9
Obese (BMI ≥ 30)	59	22.7	3.4	16.1	29.3
Leisure Time Physical Activity					
Participates in leisure time physical activity	131	18.6	1.8	15.1	22.1
Does not participate in leisure time physical activity	39	23.5	4.2	15.3	31.7
Smoking Status					
Current smoker	37	28.5	4.5	19.7	37.4
Non-smoker	134	16.6	1.7	13.4	19.9
Health Insurance Status					
Insured	169	20.0	1.7	16.7	23.3
Uninsured	*	*	*	*	*

Numerator: Respondents who reported that they served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Are Obese, 2015

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	7,154	34.2	0.4	33.4	35.0
Wildcat Region	244	28.6	2.0	24.7	32.6
Gender					
Men	115	28.9	2.8	23.3	34.5
Women	129	28.3	2.9	22.7	34.0
Age Group					
18 to 44 Years	85	26.4	2.8	21.0	31.8
45 to 64 Years	95	36.0	3.4	29.4	42.7
65 Years and Older	64	27.5	3.4	20.8	34.1
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	234	29.1	2.1	25.0	33.2
Race					
White	208	26.4	2.0	22.4	30.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	81	38.2	4.2	29.9	46.5
Some College or College Graduate	161	24.3	2.2	20.0	28.5
Annual Household Income					
Less than \$35,000 per Year	76	26.9	3.5	20.1	33.7
\$35,000 or Higher per Year	136	29.2	2.7	23.9	34.4
Disability Status					
Living with a Disability	85	49.3	4.9	39.7	59.0
Living without a Disability	156	24.5	2.2	20.3	28.8

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	161	26.9	2.3	22.4	31.4
Does not participate in leisure time physical activity	71	38.0	4.9	28.4	47.6
Smoking Status					
Current smoker	34	26.7	4.6	17.7	35.8
Non-smoker	205	29.1	2.3	24.7	33.6
Health Insurance Status					
Insured	215	27.4	2.1	23.3	31.4
Uninsured	27	34.5	6.5	21.7	47.3

Numerator: Respondents with a body mass index greater than or equal to 30, based on self-reported height and weight.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Are Overweight or Obese, 2015

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	14,432	68.0	0.4	67.2	68.8
Wildcat Region	537	61.7	2.2	57.4	65.9
Gender					
Men	275	66.5	2.9	60.8	72.3
Women	262	56.3	3.1	50.1	62.4
Age Group					
18 to 44 Years	189	56.1	3.0	50.2	62.0
45 to 64 Years	196	74.0	3.0	68.2	79.8
65 Years and Older	151	69.3	3.5	62.5	76.1
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	516	62.3	2.2	58.0	66.7
Race					
White	478	62.0	2.3	57.5	66.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	164	69.0	3.8	61.5	76.5
Some College or College Graduate	370	58.4	2.6	53.3	63.4
Annual Household Income					
Less than \$35,000 per Year	143	54.9	3.9	47.2	62.6
\$35,000 or Higher per Year	321	66.9	2.8	61.3	72.4
Disability Status					
Living with a Disability	142	75.9	4.0	68.1	83.6
Living without a Disability	388	59.1	2.5	54.3	63.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	385	60.6	2.5	55.7	65.5
Does not participate in leisure time physical activity	124	72.0	4.8	62.7	81.4
Smoking Status					
Current smoker	82	67.6	5.0	57.8	77.5
Non-smoker	442	60.5	2.4	55.8	65.2
Health Insurance Status					
Insured	484	62.0	2.3	57.6	66.5
Uninsured	51	59.4	6.6	46.5	72.4

Numerator: Respondents with a body mass index greater than or equal to 25, based on self-reported height and weight.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Technical Notes

The 2015 BRFSS data for your county/region on health risk indicators, analyzed by various subpopulation groups (e.g. gender, age group, ethnicity, etc.), are included in this report. The indicators are summarized in tables that show:

- Unweighted Frequency: the number of respondents who reported the risk behavior
- Weighted Percentage: the prevalence estimate for the risk behavior within a particular subpopulation group category
- Standard Error: used to compute the 95% confidence limits
- Lower and upper 95% confidence limits

Prevalence estimates vary in precision depending on sample size. One way of describing the precision of an estimate is the margin of error, which is the half-width of the confidence interval. When the sample size is large for a particular subpopulation group, the corresponding margin of error for an estimate is small. When the sample size is small for a particular subpopulation group, the corresponding margin of error for an estimate is large. Large margins of error (i.e. >5) indicate that an estimate may be less precise. Prevalence estimates that have a margin of error >5 are *italicized* in this report and should be interpreted with caution.

To determine whether two weighted percentages are significantly different from one another, the reader must compare the confidence intervals. Confidence intervals which do not overlap indicate a statistically significant difference between the two prevalence estimates while overlapping confidence intervals indicate that two estimates are not statistically different from one another. It is incorrect to say two estimates are different if their confidence limits overlap.

Estimates have been censored with an asterisk ("*") when the sample size was inadequate and/or when the estimates were statistically unreliable. Specifically, estimates were censored when any of the following conditions were met:

- the numerator of the indicator is less than 5
- the denominator of the indicator is less than 50
- the relative standard error (RSE) is 30 percent or higher

RSE is obtained by dividing the standard error of the estimate by the estimate itself, then multiplying that result by 100 to be expressed as a percent.

2011 BRFSS data represent a new baseline for public health surveillance. Due to changes in BRFSS survey methodology, the BRFSS estimates for 2011 and subsequent years cannot be compared to estimates from the years prior to 2011.

For more information on changes to the Kansas BRFSS survey methodology beginning in 2011, please visit: <http://www.kdheks.gov/brfss/newmethod.html>

For more detailed technical notes on the Kansas BRFSS, please visit: <http://www.kdheks.gov/brfss/technotes.html>