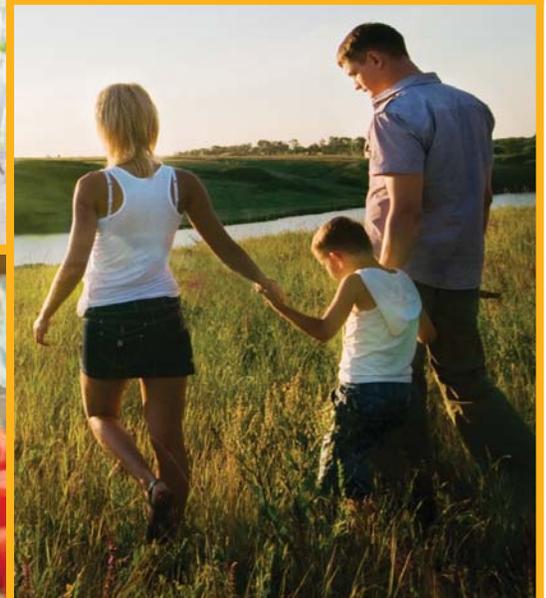


2015 Kansas Behavioral Risk Factor Surveillance System Local Data

Southwest Kansas Health Initiative



January 2017

2015 Kansas Behavioral Risk Factor Surveillance System Local Data

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**Kansas Department of Health and Environment
Bureau of Health Promotion**
January 2017

Kansas Department of Health and Environment (KDHE)

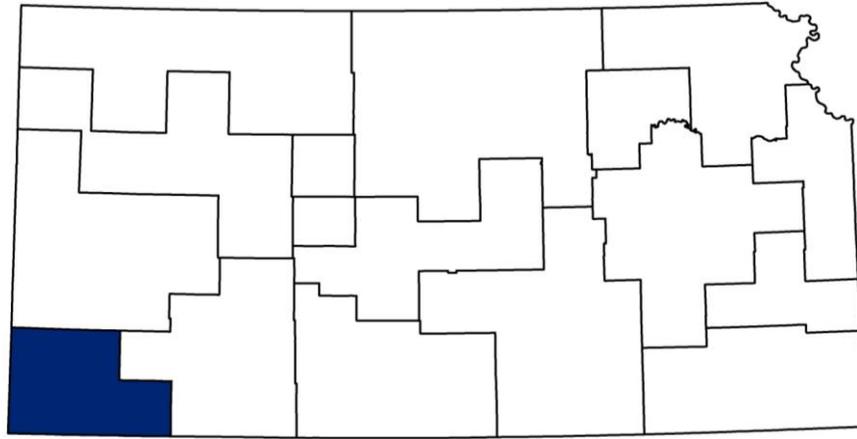
Mission

To protect and improve the health and environment of all Kansans

Vision

Healthy Kansans living in safe and sustainable environments

www.kdheks.gov



The Southwest Kansas Health Initiative comprises the following counties:
Grant, Morton, Seward, Stanton, Stevens

Kansas Behavioral Risk Factor Surveillance System – Local Data, 2015 can also be accessed at <http://www.kdheks.gov/brfss/>

If you have any questions about survey methodology or need assistance interpreting the data, please contact:

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Table of Contents

Alcohol Consumption

Binge Drinking.....	1
Heavy Drinking.....	3

Arthritis

Arthritis	5
Activity Limitation Due to Arthritis	7

Asthma	9
---------------------	---

Cancer

Cancer (Excluding Skin Cancer)	11
Skin Cancer	13

Cardiovascular Health

High Blood Pressure	15
---------------------------	----

Cholesterol

Not Checked Cholesterol within Five Years	17
High Blood Cholesterol Status.....	19

Depressive Disorder	21
----------------------------------	----

Diabetes	23
-----------------------	----

Disability

Activity Limitation Due to Physical, Mental or Emotional Problems	25
Disability	27

Exercise and Physical Activity

Not Participating in the Recommended Level of Physical Activity (Aerobic AND/OR Strengthening)	29
Did Not Participate in the Recommended Level of Aerobic AND Strengthening Physical Activity.....	31
Not Participating in Any Physical Activity	33

Fruits and Vegetable Consumption

Consuming Fruits Less than 1 Time Per Day	35
-------------------------------------------------	----

Consuming Vegetables Less than 1 Time Per Day.....	37
----------------------------------------------------	----

Health Care Access

Lack of Health Care Coverage.....	39
Lack of Health Care Coverage 18 to 64 Years Old Only	41
No Personal Doctor	43
Did Not See Doctor Due to Cost.....	45

General Health	47
-----------------------------	----

Healthy Days - Health Related Quality of Life

Physical Health Status.....	49
Poor Physical or Mental Health is Barrier to Usual Activities.....	51

Immunization

Not Immunized Against Influenza.....	53
Not Immunized Against Influenza 65 Years and Older Only	55
Never Had Pneumonia Vaccination 65 Years and Older Only	57

Seatbelt Use	59
---------------------------	----

Tobacco Use

Current Smoker	61
----------------------	----

Veteran Status	63
-----------------------------	----

Weight Status (BMI Categories)

Obese.....	65
Overweight or Obese	67

Technical Notes	69
------------------------------	----

Unpublished Tables - The following data tables are not published due to insufficient sample and/or statistically unreliable estimates for Southwest Kansas Health Initiative: Heavy Drinking, Heart Attack, Coronary Heart Disease, Stroke, Chronic Obstructive Pulmonary Disease (COPD), Mental Health Status, Tried Quitting Smoking, Smokeless Tobacco Use and Male Smokeless Tobacco Use.

Percentage of Adults Who Are Binge Drinkers, 2015

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,556	15.6	0.3	15.0	16.3
Southwest Kansas Health Initiative	32	16.1	3.1	10.1	22.1
Gender					
Men	19	23.5	5.4	12.9	34.2
Women	13	9.1	2.7	3.8	14.4
Age Group					
18 to 44 Years	18	23.2	5.4	12.6	33.8
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	13	19.2	5.4	8.7	29.8
Non-Hispanic	19	14.5	3.7	7.2	21.8
Race					
White	27	15.3	3.2	8.9	21.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	19	17.5	4.4	8.9	26.0
Some College or College Graduate	13	14.3	4.1	6.2	22.5
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	18	17.8	4.5	9.1	26.6
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	26	18.3	3.7	11.0	25.6

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	13	24.9	6.6	11.9	37.8
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	21	17.4	4.0	9.5	25.3
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	23	13.8	3.2	7.6	20.0
Health Insurance Status					
Insured	27	17.4	3.5	10.5	24.4
Uninsured	*	*	*	*	*

Numerator: Male respondents who reported having five or more drinks on one occasion in the past 30 days or female respondents who reported having four or more drinks on one occasion in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Reported Heavy Alcohol Consumption in the Past 30 Days, 2015

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	965	5.1	0.2	4.7	5.5
Southwest Kansas Health Initiative	16	7.1	2.0	3.2	11.1
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	*	*	*	*	*
Race					
White	*	*	*	*	*
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	14	8.2	2.5	3.4	13.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*	*	*	*	*
Health Insurance Status					
Insured	*	*	*	*	*
Uninsured	*	*	*	*	*

Numerator: Male respondents who reported consuming an average of more than 14 drinks per week and female respondents who reported consuming an average of more than 7 drink per week during the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Percentage of Adults with Doctor Diagnosed Arthritis, 2015

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	7,320	24.5	0.3	23.9	25.1
Southwest Kansas Health Initiative	81	19.0	2.5	14.2	23.9
Gender					
Men	26	18.0	3.9	10.3	25.7
Women	55	20.1	3.0	14.1	26.0
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	32	22.4	4.4	13.9	31.0
65 Years and Older	42	54.6	6.8	41.3	67.9
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	68	23.1	3.3	16.7	29.5
Race					
White	74	19.7	2.7	14.5	24.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	37	16.6	3.1	10.5	22.7
Some College or College Graduate	44	22.7	4.1	14.7	30.7
Annual Household Income					
Less than \$35,000 per Year	24	18.6	4.5	9.8	27.4
\$35,000 or Higher per Year	35	20.4	4.1	12.5	28.4
Disability Status					
Living with a Disability	37	50.9	7.4	36.5	65.4
Living without a Disability	42	13.2	2.4	8.5	17.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	29	27.1	5.5	16.4	37.9
Overweight (25 ≤ BMI < 30)	20	13.5	4.0	5.6	21.5
Obese (BMI ≥ 30)	25	23.0	5.1	12.9	33.1
Leisure Time Physical Activity					
Participates in leisure time physical activity	45	18.3	3.2	12.0	24.5
Does not participate in leisure time physical activity	30	25.8	5.1	15.7	35.8
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	66	22.0	3.1	15.9	28.2
Health Insurance Status					
Insured	77	22.0	2.9	16.3	27.8
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor or other health professional that they have some form of arthritis, rheumatoid arthritis, gout, lupus or fibromyalgia.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Doctor Diagnosed Arthritis Who Are Limited in Their Usual Activities Because of Arthritis or Joint Symptoms, 2015

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,152	48.2	0.8	46.7	49.7
Southwest Kansas Health Initiative	33	45.7	6.9	32.1	59.4
Gender					
Men	*	*	*	*	*
Women	24	46.8	8.2	30.8	62.9
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	26	40.3	7.3	26.0	54.6
Race					
White	32	48.0	7.3	33.8	62.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI <30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	<i>28</i>	<i>49.7</i>	<i>7.7</i>	<i>34.6</i>	<i>64.8</i>
Health Insurance Status					
Insured	<i>32</i>	<i>45.3</i>	<i>7.1</i>	<i>31.5</i>	<i>59.2</i>
Uninsured	*	*	*	*	*

Numerator: Respondents who reported any limitation in their usual activities because of arthritis or joint symptoms.

Denominator: Respondents with doctor, nurse or other health professional diagnosed arthritis, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Current Asthma, 2015

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,990	8.7	0.2	8.2	9.1
Southwest Kansas Health Initiative	23	8.4	2.3	3.9	12.9
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	*	*	*	*	*
Race					
White	*	*	*	*	*
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*	*	*	*	*
Health Insurance Status					
Insured	<i>21</i>	<i>9.2</i>	<i>2.7</i>	<i>4.0</i>	<i>14.4</i>
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they had asthma and that they currently have asthma.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Have Been Diagnosed With Cancer (Excluding Skin Cancer), 2015

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,273	7.1	0.2	6.8	7.5
Southwest Kansas Health Initiative	25	5.7	1.3	3.2	8.2
Gender					
Men	*	*	*	*	*
Women	20	8.3	2.0	4.3	12.2
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	13	18.7	5.2	8.5	28.9
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	19	5.8	1.4	3.1	8.6
Race					
White	23	6.2	1.4	3.4	9.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	14	4.6	1.4	1.9	7.2

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	19	6.3	1.6	3.2	9.4
Health Insurance Status					
Insured	23	6.1	1.4	3.4	8.8
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they had cancer (excluding skin cancer).

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Have Been Diagnosed With Skin Cancer, 2015

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,155	6.4	0.2	6.1	6.7
Southwest Kansas Health Initiative	24	5.1	1.2	2.7	7.6
Gender					
Men	*	*	*	*	*
Women	14	4.0	1.2	1.7	6.2
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	18	21.7	5.3	11.2	32.2
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	23	7.7	1.8	4.1	11.2
Race					
White	24	6.3	1.5	3.3	9.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	17	7.7	2.1	3.6	11.8
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI <30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	17	5.7	1.6	2.7	8.8
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	19	4.7	1.2	2.3	7.1
Health Insurance Status					
Insured	23	5.7	1.3	3.1	8.3
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they had skin cancer.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Diagnosed Hypertension, 2015

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	9,207	31.6	0.4	30.9	32.3
Southwest Kansas Health Initiative	107	28.9	3.0	22.9	34.8
Gender					
Men	48	33.9	5.0	24.1	43.7
Women	59	23.6	3.4	16.9	30.3
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	46	38.1	5.2	27.9	48.4
65 Years and Older	49	67.9	6.1	56.0	79.8
Ethnicity					
Hispanic	18	19.4	4.6	10.4	28.4
Non-Hispanic	87	34.9	4.0	27.0	42.9
Race					
White	92	27.9	3.2	21.6	34.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	48	26.6	4.0	18.6	34.5
Some College or College Graduate	58	32.0	4.6	22.9	41.1
Annual Household Income					
Less than \$35,000 per Year	28	22.4	4.9	12.8	32.0
\$35,000 or Higher per Year	51	35.1	5.0	25.2	45.0
Disability Status					
Living with a Disability	35	50.3	7.4	35.8	64.8
Living without a Disability	66	24.8	3.4	18.1	31.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	25	22.1	4.8	12.7	31.6
Overweight (25 ≤ BMI < 30)	26	23.3	5.4	12.8	33.9
Obese (BMI ≥ 30)	40	41.2	6.5	28.4	53.9
Leisure Time Physical Activity					
Participates in leisure time physical activity	60	28.6	4.0	20.8	36.4
Does not participate in leisure time physical activity	31	32.4	6.2	20.3	44.6
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	81	27.3	3.3	20.8	33.9
Health Insurance Status					
Insured	97	32.0	3.5	25.1	38.9
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they have high blood pressure.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Did Not Have Their Blood Cholesterol Checked
Within the Past Five Years, 2015**

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,834	25.9	0.4	25.1	26.7
Southwest Kansas Health Initiative	70	34.5	3.7	27.3	41.7
Gender					
Men	35	41.4	5.7	30.2	52.6
Women	35	27.2	4.4	18.5	35.9
Age Group					
18 to 44 Years	46	53.3	5.8	42.0	64.6
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	34	45.8	6.1	33.9	57.7
Non-Hispanic	36	27.1	4.5	18.3	36.0
Race					
White	55	30.7	3.9	23.0	38.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	45	39.9	5.0	30.1	49.7
Some College or College Graduate	25	26.7	5.2	16.6	36.9
Annual Household Income					
Less than \$35,000 per Year	25	38.5	6.6	25.6	51.3
\$35,000 or Higher per Year	22	23.4	5.0	13.6	33.2
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	51	35.9	4.4	27.3	44.5

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	25	46.6	7.1	32.7	60.5
Overweight (25 ≤ BMI <30)	18	31.4	7.0	17.7	45.0
Obese (BMI ≥ 30)	11	21.3	6.0	9.6	33.0
Leisure Time Physical Activity					
Participates in leisure time physical activity	40	32.4	4.7	23.1	41.7
Does not participate in leisure time physical activity	15	28.2	6.9	14.7	41.8
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	42	27.7	4.1	19.6	35.8
Health Insurance Status					
Insured	51	30.9	4.0	23.0	38.8
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had not checked their blood cholesterol in the past five years.

Denominator: All respondents excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Tested and Diagnosed with High Cholesterol, 2015

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	8,479	37.4	0.4	36.5	38.2
Southwest Kansas Health Initiative	102	42.8	4.1	34.9	50.8
Gender					
Men	37	50.5	7.0	36.7	64.3
Women	65	36.6	4.5	27.9	45.4
Age Group					
18 to 44 Years	20	35.4	7.4	21.0	49.8
45 to 64 Years	42	39.8	5.7	28.6	51.0
65 Years and Older	40	65.1	6.8	51.9	78.4
Ethnicity					
Hispanic	27	48.8	7.6	33.9	63.7
Non-Hispanic	75	40.9	4.7	31.6	50.2
Race					
White	91	42.3	4.3	33.8	50.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	43	41.4	5.7	30.3	52.4
Some College or College Graduate	59	44.8	5.8	33.5	56.2
Annual Household Income					
Less than \$35,000 per Year	32	45.0	7.5	30.3	59.8
\$35,000 or Higher per Year	44	38.1	5.8	26.8	49.3
Disability Status					
Living with a Disability	29	43.9	7.8	28.6	59.3
Living without a Disability	69	43.2	4.9	33.6	52.8

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	29	38.8	6.9	25.2	52.3
Overweight (25 ≤ BMI < 30)	29	43.1	7.8	27.9	58.4
Obese (BMI ≥ 30)	36	51.0	7.7	35.9	66.1
Leisure Time Physical Activity					
Participates in leisure time physical activity	61	41.6	5.2	31.4	51.7
Does not participate in leisure time physical activity	31	50.2	8.0	34.4	65.9
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	83	42.2	4.5	33.4	51.0
Health Insurance Status					
Insured	88	42.6	4.4	34.0	51.2
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they have high blood cholesterol.

Denominator: Respondents who had ever had their blood cholesterol checked, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Were EVER Diagnosed with a Depressive Disorder,
2015**

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	4,472	19.4	0.3	18.8	20.1
Southwest Kansas Health Initiative	41	10.3	1.9	6.6	14.0
Gender					
Men	*	*	*	*	*
Women	35	15.8	2.9	10.1	21.5
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	20	13.2	3.2	6.9	19.5
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	32	11.8	2.4	7.0	16.6
Race					
White	40	12.2	2.3	7.8	16.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	19	8.4	2.2	4.0	12.8
Some College or College Graduate	22	13.1	3.3	6.6	19.6
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	16	11.2	3.3	4.8	17.6
Disability Status					
Living with a Disability	20	22.4	5.4	11.9	32.9
Living without a Disability	18	6.7	1.9	3.0	10.3

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	20	8.9	2.4	4.1	13.6
Does not participate in leisure time physical activity	16	14.6	4.0	6.8	22.3
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	27	9.8	2.2	5.5	14.1
Health Insurance Status					
Insured	37	11.2	2.2	6.9	15.6
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had ever been told by a doctor, nurse or other health professional that they have a depressive disorder (including depression, major depression, dysthymia, or minor depression).

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Diagnosed Diabetes, 2015

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,878	9.7	0.2	9.3	10.1
Southwest Kansas Health Initiative	24	7.9	1.9	4.2	11.5
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	17	7.7	2.3	3.2	12.1
Race					
White	22	8.6	2.2	4.4	12.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	15	7.5	2.1	3.3	11.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	15	8.7	2.4	4.0	13.4
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	17	6.9	1.9	3.2	10.6
Health Insurance Status					
Insured	18	7.0	2.0	3.1	10.9
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor they had diabetes, excluding females told only during pregnancy and pre-diabetes or borderline diabetes.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

**Percentage of Adults Who Reported Activity Limitations Due to Physical,
Mental or Emotional Problems, 2015**

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	5,248	20.0	0.3	19.3	20.6
Southwest Kansas Health Initiative	63	16.8	2.5	11.8	21.7
Gender					
Men	21	15.1	3.8	7.7	22.6
Women	42	18.4	3.3	11.8	24.9
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	30	22.3	4.5	13.6	31.0
65 Years and Older	24	30.2	6.6	17.3	43.2
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	51	19.6	3.3	13.1	26.1
Race					
White	58	17.1	2.7	11.9	22.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	29	15.8	3.3	9.3	22.3
Some College or College Graduate	34	18.1	3.9	10.3	25.8
Annual Household Income					
Less than \$35,000 per Year	25	18.5	4.4	9.9	27.1
\$35,000 or Higher per Year	29	17.2	3.9	9.5	24.9
Weight Category					
Normal or Underweight (BMI < 25)	17	16.0	4.6	7.1	25.0
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	29	25.3	5.3	14.9	35.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	34	13.6	2.8	8.0	19.2
Does not participate in leisure time physical activity	27	25.0	5.3	14.6	35.4
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	53	17.4	2.9	11.7	23.1
Health Insurance Status					
Insured	57	17.5	2.8	12.0	22.9
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they were limited in any activities because of physical, mental or emotional problems.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Reported Living with a Disability, 2015

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	5,842	21.9	0.3	21.2	22.5
Southwest Kansas Health Initiative	73	19.6	2.7	14.3	24.9
Gender					
Men	25	17.7	4.0	9.8	25.5
Women	48	21.6	3.6	14.6	28.6
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	32	24.1	4.6	15.1	33.0
65 Years and Older	32	45.0	7.2	30.9	59.2
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	60	23.5	3.5	16.5	30.4
Race					
White	68	20.7	2.9	15.0	26.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	32	18.0	3.5	11.1	24.9
Some College or College Graduate	41	21.8	4.2	13.7	29.9
Annual Household Income					
Less than \$35,000 per Year	27	19.7	4.5	10.9	28.5
\$35,000 or Higher per Year	32	18.8	4.0	10.9	26.6
Weight Category					
Normal or Underweight (BMI <25)	21	21.7	5.2	11.5	31.9
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	31	26.7	5.4	16.1	37.2

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	41	17.0	3.1	10.9	23.1
Does not participate in leisure time physical activity	30	27.7	5.5	16.9	38.4
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	60	19.6	3.0	13.7	25.5
Health Insurance Status					
Insured	67	21.1	3.0	15.2	27.0
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they were limited in any activities because of physical, mental or emotional problems or who reported having a health problem that requires them to use special equipment such as a cane, a wheelchair, a special bed or a special telephone.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Not Participating in the Recommended Level of Physical Activity (Aerobic and/or Strengthening), 2015

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	16,199	80.7	0.4	80.0	81.4
Southwest Kansas Health Initiative	217	83.7	3.1	77.5	89.8
Gender					
Men	71	76.5	5.6	65.5	87.4
Women	146	90.5	2.8	85.0	95.9
Age Group					
18 to 44 Years	58	79.7	5.4	69.2	90.2
45 to 64 Years	99	87.7	4.6	78.6	96.7
65 Years and Older	59	86.0	5.3	75.6	96.4
Ethnicity					
Hispanic	57	83.6	5.4	73.1	94.1
Non-Hispanic	159	84.4	3.9	76.8	91.9
Race					
White	192	87.8	2.9	82.1	93.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	99	79.6	4.8	70.1	89.0
Some College or College Graduate	118	88.9	3.4	82.3	95.6
Annual Household Income					
Less than \$35,000 per Year	68	81.5	5.4	70.9	92.1
\$35,000 or Higher per Year	101	86.6	4.0	78.8	94.5
Disability Status					
Living with a Disability	62	86.3	5.3	76.0	96.6
Living without a Disability	154	82.8	3.7	75.5	90.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	<i>65</i>	<i>80.8</i>	<i>6.6</i>	<i>67.9</i>	<i>93.6</i>
Overweight (25 ≤ BMI < 30)	<i>62</i>	<i>80.7</i>	<i>6.4</i>	<i>68.1</i>	<i>93.3</i>
Obese (BMI ≥ 30)	<i>68</i>	<i>86.9</i>	<i>4.6</i>	<i>77.9</i>	<i>95.8</i>
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	<i>185</i>	<i>86.6</i>	<i>3.2</i>	<i>80.3</i>	<i>92.9</i>
Health Insurance Status					
Insured	<i>188</i>	<i>84.2</i>	<i>3.6</i>	<i>77.2</i>	<i>91.3</i>
Uninsured	*	*	*	*	*

Numerator: Respondents not participating in the recommended level of physical activity or participating in insufficient recommended level of physical activity for either aerobic or muscle strengthening guidelines.

Denominator: All respondents, excluding unknowns and refusals.

Not participating in the recommended level of physical activity referred to not participating in aerobic and strengthening exercises according to guidelines.

Participating in insufficient level of recommended physical activity referred to participating only in aerobic or only in strengthening exercises according to guidelines.

The aerobic guideline is defined as 150 minutes a week of moderate-intensity aerobic activity, or 75 minutes a week of vigorous-intensity aerobic activity, or an equivalent combination of moderate- and vigorous-intensity aerobic activity.

The strengthening guideline is defined as muscle-strengthening activities that involved all major muscle groups two or more times per week.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Not Participating in the Recommended Level of Physical Activity (Aerobic and Strengthening), 2015

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	8,120	40.3	0.4	39.4	41.2
Southwest Kansas Health Initiative	133	49.4	4.0	41.6	57.2
Gender					
Men	39	43.6	6.2	31.4	55.8
Women	94	54.8	4.9	45.3	64.4
Age Group					
18 to 44 Years	33	42.8	6.5	30.1	55.5
45 to 64 Years	64	59.0	5.8	47.6	70.5
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	35	53.0	7.0	39.3	66.6
Non-Hispanic	98	48.4	4.8	38.9	57.9
Race					
White	119	51.6	4.4	43.1	60.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	64	49.7	5.5	39.0	60.4
Some College or College Graduate	69	49.0	5.8	37.7	60.3
Annual Household Income					
Less than \$35,000 per Year	46	49.8	6.8	36.5	63.0
\$35,000 or Higher per Year	57	49.2	6.0	37.4	61.0
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	95	50.1	4.6	41.0	59.2

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI <30)	*	*	*	*	*
Obese (BMI ≥ 30)	45	59.4	7.1	45.4	73.3
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	116	51.2	4.4	42.5	59.8
Health Insurance Status					
Insured	111	46.9	4.4	38.3	55.5
Uninsured	*	*	*	*	*

Numerator: Respondents who did not participate in the recommended level of aerobic and strengthening exercises during the past month.

Denominator: All respondents, excluding unknowns and refusals.

The aerobic guideline is defined as 150 minutes a week of moderate-intensity aerobic activity, or 75 minutes a week of vigorous-intensity aerobic activity, or an equivalent combination of moderate- and vigorous-intensity aerobic activity.

The strengthening guideline is defined as muscle-strengthening activities that involved all major muscle groups two or more times per week.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Not Participating in Any Physical Activity Other Than Their Regular Job in the Past 30 Days (Leisure Time Physical Activity), 2015

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	5,698	26.5	0.4	25.8	27.3
Southwest Kansas Health Initiative	79	27.8	3.3	21.2	34.3
Gender					
Men	25	25.9	5.2	15.6	36.2
Women	54	29.6	4.1	21.4	37.7
Age Group					
18 to 44 Years	21	26.0	5.4	15.3	36.6
45 to 64 Years	28	25.4	5.0	15.6	35.2
65 Years and Older	29	36.8	6.8	23.5	50.2
Ethnicity					
Hispanic	19	28.7	6.1	16.7	40.6
Non-Hispanic	60	27.8	4.0	20.1	35.6
Race					
White	72	29.6	3.7	22.2	36.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	43	31.5	4.8	22.0	40.9
Some College or College Graduate	36	22.9	4.3	14.4	31.5
Annual Household Income					
Less than \$35,000 per Year	27	26.5	5.4	15.8	37.1
\$35,000 or Higher per Year	29	26.0	5.1	15.9	36.1
Disability Status					
Living with a Disability	30	38.8	6.9	25.3	52.3
Living without a Disability	49	25.3	3.8	17.9	32.8

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	24	29.8	6.0	18.0	41.6
Overweight (25 ≤ BMI <30)	22	19.6	5.2	9.4	29.8
Obese (BMI ≥ 30)	22	31.2	6.6	18.3	44.1
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	65	26.2	3.5	19.3	33.1
Health Insurance Status					
Insured	67	25.4	3.4	18.6	32.1
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they did not participate in any physical activities or exercise, other than their regular job, in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Consuming Fruit Less than 1 Time Per Day,
2015**

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	8,386	43.7	0.4	42.9	44.6
Southwest Kansas Health Initiative	101	42.8	4.0	35.0	50.6
Gender					
Men	45	54.6	6.3	42.3	66.9
Women	56	31.8	4.5	23.0	40.6
Age Group					
18 to 44 Years	34	51.9	6.5	39.1	64.7
45 to 64 Years	44	38.6	5.5	27.9	49.3
65 Years and Older	23	27.5	6.2	15.3	39.8
Ethnicity					
Hispanic	20	33.3	6.5	20.5	46.1
Non-Hispanic	81	49.2	4.9	39.7	58.8
Race					
White	89	42.6	4.3	34.1	51.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	42	38.8	5.3	28.4	49.3
Some College or College Graduate	59	48.3	5.8	36.9	59.6
Annual Household Income					
Less than \$35,000 per Year	36	43.0	6.8	29.8	56.2
\$35,000 or Higher per Year	44	42.2	5.9	30.7	53.8
Disability Status					
Living with a Disability	32	43.8	7.4	29.4	58.2
Living without a Disability	68	42.4	4.6	33.3	51.5

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	31	44.4	7.4	29.9	58.8
Overweight (25 ≤ BMI < 30)	28	43.4	7.5	28.8	58.0
Obese (BMI ≥ 30)	32	39.2	6.9	25.7	52.8
Leisure Time Physical Activity					
Participates in leisure time physical activity	63	41.1	4.9	31.5	50.7
Does not participate in leisure time physical activity	37	50.6	7.1	36.6	64.6
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	77	38.3	4.4	29.8	46.9
Health Insurance Status					
Insured	88	45.0	4.4	36.3	53.6
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they consumed fruit less than 1 time per day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Consuming Vegetables Less than 1 Time
Per Day, 2015**

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	4,217	22.3	0.4	21.6	23.1
Southwest Kansas Health Initiative	54	22.8	3.4	16.1	29.6
Gender					
Men	22	26.6	6.0	14.9	38.3
Women	32	19.5	3.6	12.4	26.6
Age Group					
18 to 44 Years	18	25.3	6.0	13.5	37.1
45 to 64 Years	23	21.4	4.5	12.6	30.2
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	14	20.1	5.4	9.6	30.6
Non-Hispanic	40	25.0	4.5	16.2	33.8
Race					
White	45	21.7	3.7	14.4	29.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	29	23.4	4.5	14.6	32.3
Some College or College Graduate	25	22.1	5.3	11.6	32.5
Annual Household Income					
Less than \$35,000 per Year	21	23.8	5.4	13.2	34.3
\$35,000 or Higher per Year	20	19.4	5.3	9.0	29.7
Disability Status					
Living with a Disability	14	14.7	4.2	6.4	22.9
Living without a Disability	40	25.2	4.2	17.1	33.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	15	16.8	4.7	7.5	26.1
Overweight (25 ≤ BMI < 30)	16	20.8	5.5	10.0	31.5
Obese (BMI ≥ 30)	19	29.0	7.1	15.1	42.9
Leisure Time Physical Activity					
Participates in leisure time physical activity	33	21.0	4.1	13.0	29.1
Does not participate in leisure time physical activity	21	28.3	6.4	15.8	40.9
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	44	22.5	3.8	15.1	30.0
Health Insurance Status					
Insured	45	21.6	3.8	14.2	29.0
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they consumed vegetables less than 1 time per day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Lack Health Care Coverage, 2015

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,027	12.8	0.3	12.2	13.4
Southwest Kansas Health Initiative	47	21.6	3.1	15.6	27.7
Gender					
Men	24	27.0	5.1	17.1	36.9
Women	23	16.1	3.4	9.4	22.7
Age Group					
18 to 44 Years	28	28.2	5.0	18.5	37.9
45 to 64 Years	18	20.7	5.0	11.0	30.5
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	35	42.1	5.9	30.6	53.7
Non-Hispanic	*	*	*	*	*
Race					
White	32	17.9	3.2	11.6	24.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	35	29.8	4.6	20.9	38.8
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	26	33.1	6.0	21.4	44.9
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	35	21.4	3.5	14.5	28.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	14	22.7	5.8	11.4	34.1
Obese (BMI ≥ 30)	13	19.7	5.4	9.0	30.4
Leisure Time Physical Activity					
Participates in leisure time physical activity	25	15.8	3.3	9.4	22.2
Does not participate in leisure time physical activity	12	25.9	6.7	12.8	39.0
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	31	18.1	3.2	11.7	24.4

Numerator: Respondents who reported they had no health care coverage.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Ages 18 to 64 Years Old Who Lack Health Care Coverage,
2015**

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,921	15.7	0.4	15.0	16.5
Southwest Kansas Health Initiative	46	25.3	3.6	18.3	32.4
Gender					
Men	24	31.2	5.7	19.9	42.4
Women	22	18.9	4.1	11.0	26.9
Age Group					
18 to 44 Years	28	28.2	5.0	18.5	37.9
45 to 64 Years	18	20.7	5.0	11.0	30.5
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	34	44.4	6.2	32.3	56.5
Non-Hispanic	*	*	*	*	*
Race					
White	31	21.3	3.8	13.8	28.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	35	34.1	5.1	24.2	44.1
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	25	38.4	6.9	24.8	51.9
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	34	23.7	3.9	16.0	31.5

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	14	25.8	6.5	12.9	38.6
Obese (BMI ≥ 30)	13	23.1	6.3	10.8	35.4
Leisure Time Physical Activity					
Participates in leisure time physical activity	25	18.7	3.8	11.2	26.2
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	30	21.5	3.9	13.9	29.1

Numerator: Respondents ages 18-64 years old who reported they had no health care coverage.

Denominator: All respondents ages 18-64 years old, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with No Personal Doctor or Health Care Provider, 2015

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,278	20.1	0.4	19.4	20.8
Southwest Kansas Health Initiative	75	30.0	3.4	23.3	36.7
Gender					
Men	35	38.7	5.6	27.8	49.6
Women	40	21.1	3.7	13.9	28.3
Age Group					
18 to 44 Years	38	41.4	5.6	30.5	52.4
45 to 64 Years	28	19.8	4.3	11.4	28.2
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	37	45.7	6.0	34.0	57.4
Non-Hispanic	37	18.7	3.7	11.5	25.9
Race					
White	61	27.8	3.7	20.6	35.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	42	36.3	4.8	26.8	45.8
Some College or College Graduate	33	21.1	4.2	12.7	29.4
Annual Household Income					
Less than \$35,000 per Year	35	44.0	6.3	31.6	56.5
\$35,000 or Higher per Year	20	13.7	3.8	6.2	21.1
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	57	30.6	4.1	22.5	38.6

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	19	26.3	6.4	13.7	38.9
Overweight (25 ≤ BMI < 30)	20	34.3	7.1	20.5	48.2
Obese (BMI ≥ 30)	18	18.0	4.8	8.7	27.4
Leisure Time Physical Activity					
Participates in leisure time physical activity	47	30.9	4.6	22.0	39.9
Does not participate in leisure time physical activity	15	23.5	6.0	11.8	35.2
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	51	25.0	3.8	17.6	32.4
Health Insurance Status					
Insured	55	25.7	3.7	18.5	33.0
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had no personal doctor or health care provider.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Could Not See a Doctor Because of Cost In the Past 12 Months, 2015

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,120	11.0	0.3	10.5	11.6
Southwest Kansas Health Initiative	28	9.6	2.1	5.5	13.7
Gender					
Men	*	*	*	*	*
Women	20	10.3	2.6	5.3	15.3
Age Group					
18 to 44 Years	15	13.0	3.5	6.2	19.9
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	17	15.9	4.1	7.9	23.9
Non-Hispanic	*	*	*	*	*
Race					
White	21	8.1	2.1	4.1	12.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	15	11.2	3.1	5.1	17.3
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	16	14.9	4.3	6.5	23.2
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	18	8.2	2.3	3.8	12.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	15	7.5	2.1	3.4	11.6
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	21	8.5	2.1	4.3	12.7
Health Insurance Status					
Insured	16	6.2	1.9	2.6	9.9
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they could not see a doctor because of cost in the past 12 months.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Fair or Poor Self-Perceived Health Status, 2015

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,945	15.7	0.3	15.1	16.2
Southwest Kansas Health Initiative	69	23.8	3.0	17.8	29.8
Gender					
Men	25	25.1	4.9	15.6	34.6
Women	44	22.5	3.6	15.4	29.6
Age Group					
18 to 44 Years	17	18.5	4.4	10.0	27.1
45 to 64 Years	30	28.0	5.1	18.0	37.9
65 Years and Older	22	34.3	6.9	20.7	47.9
Ethnicity					
Hispanic	31	35.5	5.7	24.3	46.7
Non-Hispanic	36	14.1	2.8	8.7	19.6
Race					
White	58	23.3	3.3	16.9	29.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	50	32.2	4.5	23.5	40.9
Some College or College Graduate	19	11.8	3.3	5.3	18.3
Annual Household Income					
Less than \$35,000 per Year	32	36.8	6.2	24.6	49.0
\$35,000 or Higher per Year	15	10.4	2.9	4.7	16.1
Disability Status					
Living with a Disability	27	37.4	7.1	23.6	51.2
Living without a Disability	37	19.8	3.4	13.1	26.5

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	19	23.0	6.2	11.0	35.1
Obese (BMI ≥ 30)	27	32.0	6.1	20.0	44.0
Leisure Time Physical Activity					
Participates in leisure time physical activity	33	21.4	3.9	13.8	29.1
Does not participate in leisure time physical activity	28	31.7	6.2	19.5	43.9
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	45	19.8	3.2	13.5	26.1
Health Insurance Status					
Insured	53	20.8	3.2	14.5	27.0
Uninsured	*	*	*	*	*

Numerator: Respondents who reported that in general their health is fair or poor.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Reported Their Physical Health Was Not Good on 14 or More Days in the Past 30 Days, 2015

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,560	10.0	0.2	9.5	10.4
Southwest Kansas Health Initiative	28	9.1	2.0	5.2	13.1
Gender					
Men	*	*	*	*	*
Women	18	8.8	2.3	4.2	13.4
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	13	18.7	5.3	8.3	29.1
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	22	10.2	2.5	5.2	15.1
Race					
White	25	9.4	2.2	5.2	13.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	15	12.6	3.6	5.5	19.6
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	17	28.2	7.0	14.5	41.9
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	13	16.8	5.0	7.1	26.6
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	15	17.7	5.2	7.5	27.9
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	20	8.7	2.2	4.3	13.1
Health Insurance Status					
Insured	25	9.5	2.2	5.2	13.8
Uninsured	*	*	*	*	*

Numerator: Respondents who reported 14 or more days when their physical health was not good in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Reported Their Poor Physical or Mental Health Kept Them From Doing Their Usual Activities, such as Self-care, Work or Recreation in the Past 30 Days, 2015

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	4,379	38.7	0.6	37.6	39.9
Southwest Kansas Health Initiative	61	41.8	5.3	31.4	52.2
Gender					
Men	*	*	*	*	*
Women	43	44.6	6.3	32.3	57.0
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	28	53.4	7.5	38.8	68.0
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	47	41.6	6.3	29.3	53.9
Race					
White	58	43.4	5.7	32.2	54.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	26	42.7	8.1	26.8	58.5
Some College or College Graduate	34	40.8	7.1	26.9	54.7
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	29	48.9	8.3	32.7	65.1
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	32	36.1	6.6	23.3	49.0

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	<i>37</i>	<i>42.3</i>	<i>7.0</i>	<i>28.7</i>	<i>56.0</i>
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	<i>43</i>	<i>38.1</i>	<i>6.0</i>	<i>26.3</i>	<i>49.8</i>
Health Insurance Status					
Insured	<i>51</i>	<i>39.5</i>	<i>5.7</i>	<i>28.3</i>	<i>50.7</i>
Uninsured	*	*	*	*	*

Numerator: Respondents who reported one or more days in the past 30 days when their poor physical or mental health kept them from doing their usual activities, such as self-care, work or recreation.

Denominator: Respondents with at least one day in the past 30 days when their physical or mental health was not good, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Ages 18 Years and Older Who Did Not Get Immunized
Against Influenza During the Past 12 Months, 2015**

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	10,526	57.4	0.4	56.6	58.3
Southwest Kansas Health Initiative	150	61.8	3.7	54.5	69.1
Gender					
Men	52	62.5	5.8	51.1	73.9
Women	98	61.1	4.7	51.9	70.3
Age Group					
18 to 44 Years	51	67.8	5.9	56.2	79.5
45 to 64 Years	72	67.1	5.4	56.5	77.8
65 Years and Older	25	32.1	6.8	18.8	45.3
Ethnicity					
Hispanic	39	57.3	6.7	44.1	70.5
Non-Hispanic	110	64.7	4.4	56.1	73.3
Race					
White	129	59.7	4.1	51.5	67.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	74	63.1	5.2	53.0	73.2
Some College or College Graduate	76	60.1	5.4	49.6	70.7
Annual Household Income					
Less than \$35,000 per Year	46	57.1	6.5	44.4	69.9
\$35,000 or Higher per Year	71	66.9	5.3	56.5	77.3
Disability Status					
Living with a Disability	33	46.2	7.2	32.1	60.4
Living without a Disability	115	65.3	4.3	57.0	73.6

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	43	60.8	6.7	47.7	73.8
Overweight (25 ≤ BMI <30)	47	64.9	6.9	51.3	78.5
Obese (BMI ≥ 30)	41	56.9	7.1	43.1	70.8
Leisure Time Physical Activity					
Participates in leisure time physical activity	100	59.0	4.6	50.0	68.0
Does not participate in leisure time physical activity	50	69.0	6.1	57.1	80.9
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	119	58.8	4.2	50.5	67.1
Health Insurance Status					
Insured	123	58.8	4.2	50.5	67.0
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they did not get a flu shot or flu vaccine sprayed in their nose during the past 12 months.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults 65 Years Old and Older Who Did Not Get Immunized
Against Influenza During the Past 12 Months, 2015**

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,557	38.3	0.7	36.9	39.6
Southwest Kansas Health Initiative	25	32.1	6.8	18.8	45.3
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	25	40.0	7.5	25.3	54.6
Race					
White	24	30.5	6.7	17.3	43.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*
Weight Category					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	<i>21</i>	<i>29.8</i>	<i>6.9</i>	<i>16.2</i>	<i>43.4</i>
Health Insurance Status					
Insured	<i>25</i>	<i>32.1</i>	<i>6.8</i>	<i>18.8</i>	<i>45.3</i>
Uninsured	*	*	*	*	*

Numerator: Respondents 65 years old and older who reported they did not receive a flu shot or flu vaccine sprayed in their nose during the past 12 months.

Denominator: All respondents 65 years old and older, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults 65 Years Old and Older Who Never Had Pneumonia
Vaccination, 2015**

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,711	26.2	0.6	25.0	27.4
Southwest Kansas Health Initiative	21	36.0	7.5	21.3	50.8
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	19	33.5	7.4	19.0	48.0
Race					
White	20	34.6	7.7	19.6	49.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*
Weight Category					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	<i>18</i>	<i>34.4</i>	<i>8.0</i>	<i>18.8</i>	<i>50.0</i>
Health Insurance Status					
Insured	<i>21</i>	<i>36.0</i>	<i>7.5</i>	<i>21.3</i>	<i>50.8</i>
Uninsured	*	*	*	*	*

Numerator: Respondents 65 years old and older who reported they never had a pneumonia vaccination.

Denominator: All respondents 65 years old and older, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported That They Do Not Always Wear a Seatbelt
When They Drive or Ride in a Car, 2015**

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,288	17.0	0.3	16.3	17.6
Southwest Kansas Health Initiative	70	28.3	3.5	21.3	35.2
Gender					
Men	29	29.9	5.6	18.9	40.9
Women	41	26.7	4.4	18.1	35.3
Age Group					
18 to 44 Years	30	39.6	6.3	27.2	51.9
45 to 64 Years	26	20.5	4.2	12.3	28.7
65 Years and Older	14	13.4	4.0	5.6	21.2
Ethnicity					
Hispanic	15	19.6	5.0	9.7	29.4
Non-Hispanic	54	32.9	4.7	23.8	42.1
Race					
White	60	28.3	3.9	20.6	36.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	29	24.1	4.7	14.9	33.3
Some College or College Graduate	41	33.7	5.4	23.1	44.2
Annual Household Income					
Less than \$35,000 per Year	24	27.9	5.8	16.5	39.3
\$35,000 or Higher per Year	32	28.8	5.3	18.5	39.2
Disability Status					
Living with a Disability	14	19.3	5.2	9.1	29.5
Living without a Disability	55	30.0	4.2	21.7	38.2

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	21	27.7	7.0	13.9	41.4
Overweight (25 ≤ BMI < 30)	18	22.5	5.8	11.1	33.9
Obese (BMI ≥ 30)	22	30.6	6.4	18.1	43.1
Leisure Time Physical Activity					
Participates in leisure time physical activity	47	26.8	4.2	18.6	35.0
Does not participate in leisure time physical activity	23	32.1	6.6	19.1	45.1
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	60	29.1	4.0	21.3	36.9
Health Insurance Status					
Insured	61	29.0	4.0	21.2	36.9
Uninsured	*	*	*	*	*

Respondents who reported they nearly always, sometimes, seldom or never use a seatbelt when they ride or drive in a car.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Currently Smoke Cigarettes, 2015

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,343	17.7	0.3	17.0	18.4
Southwest Kansas Health Initiative	43	17.6	2.9	11.9	23.3
Gender					
Men	21	23.4	5.0	13.6	33.3
Women	22	11.9	2.7	6.5	17.2
Age Group					
18 to 44 Years	16	19.7	4.9	10.2	29.2
45 to 64 Years	20	18.7	4.4	10.1	27.2
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	12	18.1	5.2	7.8	28.3
Non-Hispanic	31	17.7	3.4	11.0	24.5
Race					
White	36	16.2	3.0	10.4	22.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	28	23.0	4.4	14.4	31.7
Some College or College Graduate	15	10.6	3.0	4.6	16.5
Annual Household Income					
Less than \$35,000 per Year	15	16.4	4.7	7.1	25.6
\$35,000 or Higher per Year	15	16.9	4.5	8.1	25.7
Disability Status					
Living with a Disability	12	20.3	5.9	8.9	31.8
Living without a Disability	30	16.8	3.3	10.3	23.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	13	14.3	4.2	6.0	22.6
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	12	19.3	5.6	8.4	30.2
Leisure Time Physical Activity					
Participates in leisure time physical activity	26	15.0	3.2	8.6	21.3
Does not participate in leisure time physical activity	13	20.7	6.1	8.8	32.7
Health Insurance Status					
Insured	35	16.8	3.1	10.8	22.8
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they have smoked at least 100 cigarettes in their entire life and that they now smoke some days or every day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Ever Served on Active Duty in the United States
Armed Forces, 2015**

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,099	11.8	0.2	11.3	12.3
Southwest Kansas Health Initiative	21	6.7	1.6	3.5	9.9
Gender					
Men	21	13.2	3.2	6.9	19.5
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	12	18.7	5.3	8.4	29.0
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	17	8.3	2.2	4.1	12.6
Race					
White	18	7.2	1.9	3.5	10.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	17	12.0	3.3	5.6	18.4
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	14	6.9	2.1	2.8	10.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	15	6.8	2.0	2.9	10.7
Health Insurance Status					
Insured	18	7.3	1.9	3.5	11.0
Uninsured	*	*	*	*	*

Numerator: Respondents who reported that they served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Are Obese, 2015

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	7,154	34.2	0.4	33.4	35.0
Southwest Kansas Health Initiative	87	36.3	3.8	28.8	43.7
Gender					
Men	39	42.7	6.1	30.8	54.7
Women	48	29.6	4.3	21.2	38.0
Age Group					
18 to 44 Years	24	33.6	6.2	21.5	45.8
45 to 64 Years	45	42.1	5.7	30.8	53.3
65 Years and Older	18	33.5	7.4	18.9	48.1
Ethnicity					
Hispanic	27	39.3	6.6	26.4	52.2
Non-Hispanic	60	34.8	4.7	25.6	43.9
Race					
White	74	36.0	4.2	27.9	44.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	40	33.1	5.0	23.3	42.9
Some College or College Graduate	47	40.3	5.7	29.0	51.5
Annual Household Income					
Less than \$35,000 per Year	26	28.9	5.9	17.3	40.5
\$35,000 or Higher per Year	48	43.5	5.8	32.1	54.9
Disability Status					
Living with a Disability	31	47.1	7.6	32.3	62.0
Living without a Disability	56	33.9	4.4	25.2	42.5

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	58	34.0	4.7	24.8	43.2
Does not participate in leisure time physical activity	22	41.7	7.5	26.9	56.5
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	71	34.8	4.2	26.6	43.1
Health Insurance Status					
Insured	74	36.4	4.2	28.1	44.7
Uninsured	*	*	*	*	*

Numerator: Respondents with a body mass index greater than or equal to 30, based on self-reported height and weight.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Are Overweight or Obese, 2015

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	14,432	68.0	0.4	67.2	68.8
Southwest Kansas Health Initiative	171	68.2	3.6	61.2	75.2
Gender					
Men	76	78.1	5.1	68.1	88.2
Women	95	57.9	4.7	48.6	67.1
Age Group					
18 to 44 Years	51	68.6	6.0	56.9	80.3
45 to 64 Years	80	74.4	4.8	65.0	83.8
65 Years and Older	39	54.2	7.2	40.0	68.4
Ethnicity					
Hispanic	50	73.7	5.7	62.6	84.9
Non-Hispanic	121	65.4	4.5	56.6	74.2
Race					
White	146	67.7	3.9	60.1	75.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	73	61.5	5.2	51.2	71.7
Some College or College Graduate	98	76.7	4.4	68.2	85.3
Annual Household Income					
Less than \$35,000 per Year	55	65.6	6.1	53.6	77.7
\$35,000 or Higher per Year	89	77.1	4.2	68.8	85.4
Disability Status					
Living with a Disability	48	67.3	7.1	53.4	81.2
Living without a Disability	123	69.2	4.1	61.1	77.2

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	112	69.7	4.5	60.9	78.5
Does not participate in leisure time physical activity	44	65.2	6.8	52.0	78.5
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	140	67.1	4.1	59.1	75.2
Health Insurance Status					
Insured	144	67.2	3.9	59.5	74.9
Uninsured	*	*	*	*	*

Numerator: Respondents with a body mass index greater than or equal to 25, based on self-reported height and weight.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Technical Notes

The 2015 BRFSS data for your county/region on health risk indicators, analyzed by various subpopulation groups (e.g. gender, age group, ethnicity, etc.), are included in this report. The indicators are summarized in tables that show:

- Unweighted Frequency: the number of respondents who reported the risk behavior
- Weighted Percentage: the prevalence estimate for the risk behavior within a particular subpopulation group category
- Standard Error: used to compute the 95% confidence limits
- Lower and upper 95% confidence limits

Prevalence estimates vary in precision depending on sample size. One way of describing the precision of an estimate is the margin of error, which is the half-width of the confidence interval. When the sample size is large for a particular subpopulation group, the corresponding margin of error for an estimate is small. When the sample size is small for a particular subpopulation group, the corresponding margin of error for an estimate is large. Large margins of error (i.e. >5) indicate that an estimate may be less precise. Prevalence estimates that have a margin of error >5 are *italicized* in this report and should be interpreted with caution.

To determine whether two weighted percentages are significantly different from one another, the reader must compare the confidence intervals. Confidence intervals which do not overlap indicate a statistically significant difference between the two prevalence estimates while overlapping confidence intervals indicate that two estimates are not statistically different from one another. It is incorrect to say two estimates are different if their confidence limits overlap.

Estimates have been censored with an asterisk ("*") when the sample size was inadequate and/or when the estimates were statistically unreliable. Specifically, estimates were censored when any of the following conditions were met:

- the numerator of the indicator is less than 5
- the denominator of the indicator is less than 50
- the relative standard error (RSE) is 30 percent or higher

RSE is obtained by dividing the standard error of the estimate by the estimate itself, then multiplying that result by 100 to be expressed as a percent.

2011 BRFSS data represent a new baseline for public health surveillance. Due to changes in BRFSS survey methodology, the BRFSS estimates for 2011 and subsequent years cannot be compared to estimates from the years prior to 2011.

For more information on changes to the Kansas BRFSS survey methodology beginning in 2011, please visit: <http://www.kdheks.gov/brfss/newmethod.html>

For more detailed technical notes on the Kansas BRFSS, please visit: <http://www.kdheks.gov/brfss/technotes.html>