

# 2015 Kansas Behavioral Risk Factor Surveillance System Local Data

## South Central Coalition



January 2017



# **2015 Kansas Behavioral Risk Factor Surveillance System Local Data**

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**Kansas Department of Health and Environment  
Bureau of Health Promotion  
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# **Kansas Department of Health and Environment (KDHE)**

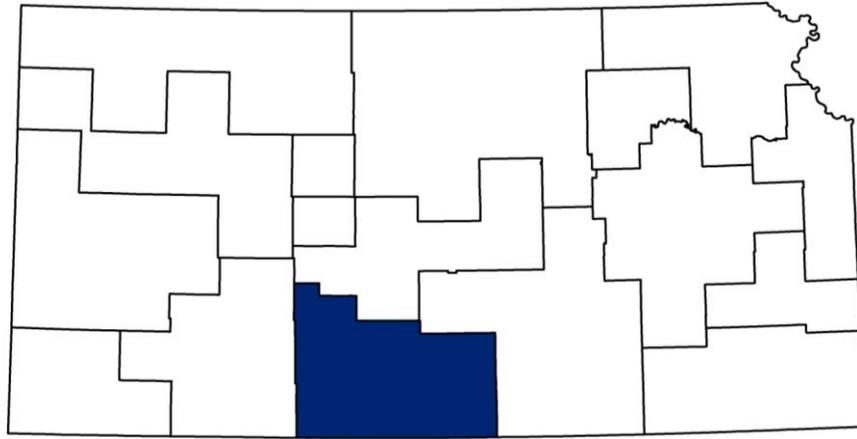
## **Mission**

To protect and improve the health and environment of all Kansans

## **Vision**

Healthy Kansans living in safe and sustainable environments

**[www.kdheks.gov](http://www.kdheks.gov)**



The South Central Coalition comprises the following counties:  
Barber, Comanche, Edwards, Harper, Kingman, Kiowa, Pratt

Kansas Behavioral Risk Factor Surveillance System – Local Data, 2015 can also be accessed at <http://www.kdheks.gov/brfss/>

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**Unpublished Tables** - The following data tables are not published due to insufficient sample and/or statistically unreliable estimates for South Central Coalition: Stroke.

# Percentage of Adults Who Are Binge Drinkers, 2015

## South Central Coalition

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,556	15.6	0.3	15.0	16.3
South Central Coalition	46	17.6	2.6	12.6	22.7
<b>Gender</b>					
Men	34	24.1	4.0	16.3	32.0
Women	12	11.1	3.2	4.9	17.4
<b>Age Group</b>					
18 to 44 Years	18	23.3	5.1	13.3	33.3
45 to 64 Years	25	22.9	4.4	14.2	31.7
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	46	18.0	2.6	12.9	23.0
<b>Race</b>					
White	46	18.4	2.7	13.2	23.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	21	20.0	4.2	11.7	28.3
Some College or College Graduate	25	15.8	3.2	9.6	22.0
<b>Annual Household Income</b>					
Less than \$35,000 per Year	12	14.3	4.2	6.1	22.6
\$35,000 or Higher per Year	29	21.6	3.8	14.1	29.0
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	35	18.1	3.0	12.2	24.0

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	19	22.6	4.8	13.3	32.0
Obese (BMI ≥ 30)	17	16.5	4.2	8.3	24.8
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	29	19.7	3.5	12.8	26.5
Does not participate in leisure time physical activity	13	11.7	3.4	5.1	18.4
<b>Smoking Status</b>					
Current smoker	12	28.6	7.2	14.5	42.7
Non-smoker	34	14.8	2.6	9.8	19.8
<b>Health Insurance Status</b>					
Insured	41	18.1	2.8	12.7	23.5
Uninsured	*	*	*	*	*

**Numerator:** Male respondents who reported having five or more drinks on one occasion in the past 30 days or female respondents who reported having four or more drinks on one occasion in the past 30 days.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Heavy Alcohol Consumption in the Past 30 Days, 2015**

**South Central Coalition**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	965	5.1	0.2	4.7	5.5
South Central Coalition	24	9.1	1.9	5.3	12.8
<b>Gender</b>					
Men	18	12.2	2.9	6.5	17.8
Women	*	*	*	*	*
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	24	9.1	1.9	5.4	12.9
<b>Race</b>					
White	24	9.4	2.0	5.6	13.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	13	12.0	3.4	5.3	18.7
Some College or College Graduate	*	*	*	*	*
<b>Annual Household Income</b>					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	15	11.0	2.9	5.4	16.6
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	22	10.8	2.3	6.2	15.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	14	8.5	2.3	4.0	13.0
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	17	7.8	1.9	4.0	11.5
<b>Health Insurance Status</b>					
Insured	21	9.0	2.0	5.1	13.0
Uninsured	*	*	*	*	*

**Numerator:** Male respondents who reported consuming an average of more than 14 drinks per week and female respondents who reported consuming an average of more than 7 drink per week during the past 30 days.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

## Percentage of Adults with Doctor Diagnosed Arthritis, 2015

### South Central Coalition

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	7,320	24.5	0.3	23.9	25.1
South Central Coalition	131	31.1	2.8	25.6	36.6
<b>Gender</b>					
Men	56	30.4	4.2	22.2	38.7
Women	75	31.7	3.7	24.5	39.0
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	50	37.0	5.0	27.2	46.8
65 Years and Older	69	48.4	4.5	39.6	57.3
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	131	31.8	2.9	26.2	37.3
<b>Race</b>					
White	125	30.9	2.9	25.3	36.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	58	34.9	4.7	25.7	44.1
Some College or College Graduate	72	28.0	3.4	21.3	34.7
<b>Annual Household Income</b>					
Less than \$35,000 per Year	57	39.2	5.2	29.0	49.4
\$35,000 or Higher per Year	48	24.7	3.8	17.2	32.2
<b>Disability Status</b>					
Living with a Disability	71	68.0	6.2	55.8	80.2
Living without a Disability	56	20.4	3.0	14.5	26.3

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI <25)	34	33.8	5.6	22.9	44.7
Overweight (25 ≤ BMI <30)	45	31.0	4.6	21.9	40.1
Obese (BMI ≥ 30)	46	33.6	5.3	23.1	44.1
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	69	30.6	3.8	23.2	38.1
Does not participate in leisure time physical activity	52	33.8	4.8	24.3	43.3
<b>Smoking Status</b>					
Current smoker	25	39.2	7.2	25.1	53.4
Non-smoker	100	29.8	3.1	23.6	36.0
<b>Health Insurance Status</b>					
Insured	124	32.6	3.0	26.7	38.5
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they had been told by a doctor or other health professional that they have some form of arthritis, rheumatoid arthritis, gout, lupus or fibromyalgia.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults with Doctor Diagnosed Arthritis Who Are Limited in Their Usual Activities Because of Arthritis or Joint Symptoms, 2015**

**South Central Coalition**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,152	48.2	0.8	46.7	49.7
South Central Coalition	64	57.0	5.4	46.5	67.6
<b>Gender</b>					
Men	23	53.2	8.5	36.5	69.9
Women	41	60.4	6.9	46.8	74.0
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	31	52.7	7.1	38.8	66.6
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	64	57.0	5.4	46.5	67.6
<b>Race</b>					
White	60	55.4	5.6	44.5	66.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	26	60.1	8.0	44.4	75.9
Some College or College Graduate	38	54.2	7.0	40.4	68.0
<b>Annual Household Income</b>					
Less than \$35,000 per Year	35	66.0	7.5	51.2	80.7
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	48	70.6	6.4	58.0	83.1
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI <30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	32	52.2	7.6	37.3	67.2
Does not participate in leisure time physical activity	32	63.3	7.5	48.5	78.1
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	53	58.5	5.9	46.8	70.1
<b>Health Insurance Status</b>					
Insured	58	54.1	5.7	43.0	65.2
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported any limitation in their usual activities because of arthritis or joint symptoms.

**Denominator:** Respondents with doctor, nurse or other health professional diagnosed arthritis, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

## Percentage of Adults with Current Asthma, 2015

### South Central Coalition

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,990	8.7	0.2	8.2	9.1
South Central Coalition	28	7.7	1.7	4.4	10.9
<b>Gender</b>					
Men	*	*	*	*	*
Women	18	8.7	2.2	4.4	13.0
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	13	8.5	2.5	3.6	13.3
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	28	7.8	1.7	4.5	11.2
<b>Race</b>					
White	27	7.7	1.7	4.3	11.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	15	6.0	1.7	2.8	9.3
<b>Annual Household Income</b>					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	17	7.2	2.0	3.2	11.2

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	14	12.0	3.4	5.3	18.7
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	19	7.0	1.9	3.2	10.7
<b>Health Insurance Status</b>					
Insured	27	8.4	1.8	4.7	12.0
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they had been told by a doctor, nurse or other health professional that they had asthma and that they currently have asthma.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Have Been Diagnosed With Cancer (Excluding Skin Cancer), 2015**

**South Central Coalition**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,273	7.1	0.2	6.8	7.5
South Central Coalition	40	9.2	1.6	6.0	12.4
<b>Gender</b>					
Men	17	8.7	2.2	4.3	13.0
Women	23	9.7	2.4	5.0	14.5
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	24	15.3	3.2	9.0	21.6
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	40	9.4	1.7	6.1	12.7
<b>Race</b>					
White	38	8.5	1.5	5.5	11.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	19	11.6	2.9	5.9	17.4
Some College or College Graduate	21	7.3	1.8	3.8	10.9
<b>Annual Household Income</b>					
Less than \$35,000 per Year	17	11.4	3.2	5.2	17.7
\$35,000 or Higher per Year	15	6.6	1.8	3.0	10.1
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	24	8.0	1.8	4.5	11.5

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	15	10.4	2.8	4.9	15.8
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	20	7.7	1.9	4.0	11.5
Does not participate in leisure time physical activity	16	12.1	3.4	5.5	18.7
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	32	9.9	2.0	6.0	13.7
<b>Health Insurance Status</b>					
Insured	39	10.1	1.8	6.6	13.7
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they had been told by a doctor, nurse or other health professional that they had cancer (excluding skin cancer).

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

## Percentage of Adults Who Have Been Diagnosed With Skin Cancer, 2015

### South Central Coalition

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,155	6.4	0.2	6.1	6.7
South Central Coalition	33	7.5	1.5	4.7	10.4
<b>Gender</b>					
Men	18	9.2	2.3	4.8	13.7
Women	*	*	*	*	*
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	20	14.0	3.1	7.9	20.1
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	33	7.7	1.5	4.8	10.7
<b>Race</b>					
White	33	8.0	1.6	4.9	11.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	16	8.6	2.4	3.8	13.4
Some College or College Graduate	17	6.8	1.8	3.2	10.3
<b>Annual Household Income</b>					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	19	9.1	2.2	4.7	13.5
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	19	7.0	1.8	3.5	10.5

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI <30)	15	<i>10.8</i>	2.9	5.1	16.5
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	25	10.0	2.1	5.8	14.2
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	29	8.3	1.7	5.0	11.6
<b>Health Insurance Status</b>					
Insured	32	7.7	1.5	4.8	10.6
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they had been told by a doctor, nurse or other health professional that they had skin cancer.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

**Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.**

## Percentage of Adults Who had a Heart Attack, 2015

### South Central Coalition

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,263	4.0	0.1	3.7	4.2
South Central Coalition	30	5.8	1.2	3.5	8.1
<b>Gender</b>					
Men	18	7.6	2.0	3.7	11.4
Women	*	*	*	*	*
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	17	9.8	2.4	5.1	14.6
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	30	5.9	1.2	3.6	8.3
<b>Race</b>					
White	30	6.1	1.2	3.7	8.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	14	7.4	2.1	3.2	11.5
Some College or College Graduate	16	4.6	1.3	2.1	7.1
<b>Annual Household Income</b>					
Less than \$35,000 per Year	15	9.0	2.6	3.9	14.1
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	18	12.3	3.2	6.0	18.6
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	14	7.6	2.2	3.2	11.9
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	18	9.7	2.6	4.6	14.7
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	22	5.7	1.4	3.0	8.3
<b>Health Insurance Status</b>					
Insured	29	6.1	1.2	3.6	8.5
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they had been told by a doctor, nurse or other health professional that they had a heart attack also called a myocardial infarction.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

## Percentage of Adults Who had Angina or Coronary Heart Disease, 2015

### South Central Coalition

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,274	3.8	0.1	3.6	4.0
South Central Coalition	26	4.9	1.1	2.8	7.1
<b>Gender</b>					
Men	14	6.5	1.9	2.8	10.2
Women	*	*	*	*	*
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	17	9.3	2.3	4.8	13.9
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	26	5.1	1.1	2.9	7.2
<b>Race</b>					
White	26	5.2	1.1	3.0	7.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	15	4.6	1.3	2.0	7.2
<b>Annual Household Income</b>					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	16	9.7	2.7	4.4	15.0
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	14	8.0	2.4	3.3	12.7
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	16	8.1	2.3	3.5	12.7
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	23	5.7	1.3	3.0	8.3
<b>Health Insurance Status</b>					
Insured	25	5.1	1.1	2.9	7.3
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they had been told by a doctor, nurse or other health professional that they had angina or coronary heart disease.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

## Percentage of Adults with Diagnosed Hypertension, 2015

### South Central Coalition

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	9,207	31.6	0.4	30.9	32.3
South Central Coalition	178	41.2	3.0	35.3	47.1
<b>Gender</b>					
Men	79	43.6	4.6	34.5	52.7
Women	99	38.9	3.9	31.3	46.5
<b>Age Group</b>					
18 to 44 Years	12	12.3	3.7	5.1	19.5
45 to 64 Years	72	54.0	5.1	44.0	64.0
65 Years and Older	92	62.8	4.3	54.5	71.1
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	176	41.3	3.1	35.3	47.3
<b>Race</b>					
White	170	40.6	3.1	34.6	46.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	76	47.2	5.0	37.4	57.0
Some College or College Graduate	102	36.6	3.6	29.5	43.7
<b>Annual Household Income</b>					
Less than \$35,000 per Year	64	43.2	5.5	32.5	53.9
\$35,000 or Higher per Year	76	37.3	4.2	29.0	45.5
<b>Disability Status</b>					
Living with a Disability	75	68.8	5.7	57.6	80.1
Living without a Disability	97	32.6	3.4	25.9	39.3

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	28	24.7	4.8	15.2	34.1
Overweight (25 ≤ BMI < 30)	69	44.4	5.1	34.5	54.3
Obese (BMI ≥ 30)	74	57.0	5.9	45.4	68.6
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	105	42.0	4.0	34.2	49.8
Does not participate in leisure time physical activity	64	45.6	5.4	35.0	56.3
<b>Smoking Status</b>					
Current smoker	24	37.4	7.5	22.6	52.1
Non-smoker	148	43.3	3.4	36.5	50.0
<b>Health Insurance Status</b>					
Insured	170	44.5	3.3	38.1	50.9
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they had been told by a doctor, nurse or other health professional that they have high blood pressure.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Did Not Have Their Blood Cholesterol Checked  
Within the Past Five Years, 2015**

**South Central Coalition**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,834	25.9	0.4	25.1	26.7
South Central Coalition	78	28.7	3.1	22.6	34.7
<b>Gender</b>					
Men	39	29.9	4.6	20.9	38.8
Women	39	27.4	4.2	19.1	35.6
<b>Age Group</b>					
18 to 44 Years	42	59.5	6.2	47.5	71.6
45 to 64 Years	18	13.3	3.3	6.8	19.7
65 Years and Older	18	11.3	3.0	5.5	17.2
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	77	28.5	3.1	22.4	34.6
<b>Race</b>					
White	74	27.6	3.1	21.5	33.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	38	35.1	5.1	25.2	45.1
Some College or College Graduate	40	23.5	3.8	16.1	30.9
<b>Annual Household Income</b>					
Less than \$35,000 per Year	28	29.4	5.6	18.4	40.3
\$35,000 or Higher per Year	36	25.3	4.1	17.3	33.4
<b>Disability Status</b>					
Living with a Disability	15	19.2	5.4	8.5	29.8
Living without a Disability	59	31.8	3.8	24.3	39.2

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	27	39.5	6.1	27.5	51.5
Overweight (25 ≤ BMI < 30)	24	23.4	5.0	13.7	33.1
Obese (BMI ≥ 30)	20	23.3	5.4	12.8	33.8
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	38	23.4	3.7	16.0	30.7
Does not participate in leisure time physical activity	31	33.5	5.7	22.3	44.7
<b>Smoking Status</b>					
Current smoker	20	38.1	7.7	23.0	53.3
Non-smoker	54	26.2	3.5	19.3	33.1
<b>Health Insurance Status</b>					
Insured	57	23.5	3.1	17.4	29.7
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they had not checked their blood cholesterol in the past five years.

**Denominator:** All respondents excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

**Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.**

## Percentage of Adults Tested and Diagnosed with High Cholesterol, 2015

### South Central Coalition

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	8,479	37.4	0.4	36.5	38.2
South Central Coalition	132	39.0	3.4	32.4	45.6
<b>Gender</b>					
Men	51	36.8	5.1	26.7	46.8
Women	81	41.2	4.4	32.6	49.7
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	54	44.2	5.5	33.4	55.0
65 Years and Older	70	49.6	4.7	40.4	58.8
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	132	39.8	3.4	33.1	46.4
<b>Race</b>					
White	130	39.9	3.4	33.2	46.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	55	45.0	5.9	33.5	56.5
Some College or College Graduate	77	34.9	3.9	27.2	42.6
<b>Annual Household Income</b>					
Less than \$35,000 per Year	49	44.8	6.5	32.1	57.4
\$35,000 or Higher per Year	60	35.9	4.4	27.2	44.6
<b>Disability Status</b>					
Living with a Disability	52	55.5	6.7	42.4	68.6
Living without a Disability	74	32.7	3.8	25.3	40.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	30	32.5	5.8	21.1	43.8
Overweight (25 ≤ BMI < 30)	50	43.1	5.7	32.0	54.2
Obese (BMI ≥ 30)	45	41.6	6.3	29.1	54.0
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	66	32.9	4.0	25.1	40.8
Does not participate in leisure time physical activity	54	47.4	6.4	34.8	60.0
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	104	37.7	3.6	30.6	44.7
<b>Health Insurance Status</b>					
Insured	127	40.0	3.5	33.2	46.8
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they had been told by a doctor, nurse or other health professional that they have high blood cholesterol.

**Denominator:** Respondents who had ever had their blood cholesterol checked, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

**Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.**

**Percentage of Adults Who Have Chronic Obstructive Pulmonary Disease  
(COPD), Emphysema or Chronic Bronchitis, 2015**

**South Central Coalition**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,752	6.2	0.2	5.8	6.5
South Central Coalition	32	7.5	1.5	4.6	10.4
<b>Gender</b>					
Men	*	*	*	*	*
Women	20	8.3	2.1	4.3	12.4
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	19	12.4	3.0	6.6	18.2
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	32	7.6	1.5	4.7	10.6
<b>Race</b>					
White	30	7.3	1.5	4.4	10.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	14	9.0	2.7	3.8	14.2
Some College or College Graduate	18	6.3	1.6	3.2	9.4
<b>Annual Household Income</b>					
Less than \$35,000 per Year	19	14.7	3.6	7.6	21.8
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	20	20.1	4.8	10.7	29.5
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	23	15.1	3.4	8.5	21.7
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	23	6.2	1.5	3.3	9.0
<b>Health Insurance Status</b>					
Insured	29	7.4	1.6	4.4	10.5
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they had been told by a doctor, nurse or other health professional that they have chronic obstructive pulmonary disease (COPD), emphysema or chronic bronchitis.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Were EVER Diagnosed with a Depressive Disorder,  
2015**

**South Central Coalition**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	4,472	19.4	0.3	18.8	20.1
South Central Coalition	73	18.3	2.3	13.7	22.9
<b>Gender</b>					
Men	21	11.3	2.8	5.8	16.8
Women	52	25.1	3.6	18.0	32.1
<b>Age Group</b>					
18 to 44 Years	21	21.5	4.6	12.4	30.6
45 to 64 Years	26	17.0	3.7	9.8	24.2
65 Years and Older	25	15.5	3.2	9.3	21.8
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	72	18.2	2.3	13.6	22.8
<b>Race</b>					
White	71	19.1	2.4	14.3	23.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	21	13.2	3.2	6.9	19.5
Some College or College Graduate	51	22.1	3.3	15.7	28.5
<b>Annual Household Income</b>					
Less than \$35,000 per Year	36	28.7	5.0	19.0	38.4
\$35,000 or Higher per Year	20	9.4	2.4	4.7	14.1
<b>Disability Status</b>					
Living with a Disability	37	30.2	5.3	19.8	40.6
Living without a Disability	33	14.6	2.7	9.4	19.8

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI <25)	19	19.9	4.7	10.7	29.1
Overweight (25 ≤ BMI <30)	26	19.1	4.0	11.4	26.9
Obese (BMI ≥ 30)	23	18.1	4.3	9.6	26.5
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	40	17.9	3.1	11.9	23.9
Does not participate in leisure time physical activity	31	23.2	4.5	14.4	31.9
<b>Smoking Status</b>					
Current smoker	18	30.7	6.9	17.2	44.2
Non-smoker	52	15.7	2.4	10.9	20.4
<b>Health Insurance Status</b>					
Insured	67	18.3	2.4	13.5	23.0
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they had ever been told by a doctor, nurse or other health professional that they have a depressive disorder (including depression, major depression, dysthymia, or minor depression).

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

## Percentage of Adults with Diagnosed Diabetes, 2015

### South Central Coalition

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,878	9.7	0.2	9.3	10.1
South Central Coalition	47	10.8	2.0	6.9	14.7
<b>Gender</b>					
Men	22	11.2	3.2	4.9	17.4
Women	25	10.4	2.5	5.6	15.2
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	28	17.3	3.3	10.8	23.8
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	47	11.0	2.0	7.0	15.0
<b>Race</b>					
White	45	10.7	2.0	6.6	14.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	20	14.1	3.9	6.5	21.7
Some College or College Graduate	27	8.2	1.8	4.7	11.7
<b>Annual Household Income</b>					
Less than \$35,000 per Year	19	16.0	4.8	6.7	25.3
\$35,000 or Higher per Year	21	8.7	2.1	4.6	12.8
<b>Disability Status</b>					
Living with a Disability	25	23.5	6.0	11.8	35.2
Living without a Disability	22	7.4	1.8	3.9	10.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	15	9.1	2.6	4.1	14.2
Obese (BMI ≥ 30)	23	19.7	5.0	10.0	29.5
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	17	5.2	1.4	2.4	7.9
Does not participate in leisure time physical activity	30	22.3	4.8	12.9	31.7
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	38	9.2	1.7	6.0	12.5
<b>Health Insurance Status</b>					
Insured	45	11.3	2.1	7.1	15.4
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they had been told by a doctor they had diabetes, excluding females told only during pregnancy and pre-diabetes or borderline diabetes.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Activity Limitations Due to Physical,  
Mental or Emotional Problems, 2015**

**South Central Coalition**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	5,248	20.0	0.3	19.3	20.6
South Central Coalition	94	22.9	2.7	17.7	28.2
<b>Gender</b>					
Men	42	23.3	4.1	15.2	31.3
Women	52	22.6	3.4	15.9	29.3
<b>Age Group</b>					
18 to 44 Years	12	14.0	4.1	5.9	22.0
45 to 64 Years	32	25.3	4.9	15.6	34.9
65 Years and Older	49	32.2	4.3	23.8	40.5
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	94	23.4	2.7	18.1	28.8
<b>Race</b>					
White	91	22.8	2.7	17.5	28.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	40	27.8	4.7	18.5	37.0
Some College or College Graduate	54	19.1	2.8	13.5	24.6
<b>Annual Household Income</b>					
Less than \$35,000 per Year	51	38.9	5.5	28.0	49.8
\$35,000 or Higher per Year	29	12.1	2.5	7.3	17.0
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	23	21.8	4.9	12.2	31.4
Overweight (25 ≤ BMI < 30)	32	19.9	3.8	12.4	27.4
Obese (BMI ≥ 30)	37	29.3	5.4	18.7	39.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	49	18.8	3.0	13.0	24.6
Does not participate in leisure time physical activity	43	31.8	5.2	21.5	42.0
<b>Smoking Status</b>					
Current smoker	18	33.7	7.7	18.6	48.9
Non-smoker	75	20.1	2.6	15.1	25.1
<b>Health Insurance Status</b>					
Insured	88	23.8	2.9	18.2	29.4
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they were limited in any activities because of physical, mental or emotional problems.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

**Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.**

## Percentage of Adults Who Reported Living with a Disability, 2015

### South Central Coalition

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	5,842	21.9	0.3	21.2	22.5
South Central Coalition	105	24.9	2.7	19.6	30.1
<b>Gender</b>					
Men	46	24.8	4.1	16.7	32.8
Women	59	25.0	3.5	18.1	31.8
<b>Age Group</b>					
18 to 44 Years	12	14.0	4.1	5.9	22.0
45 to 64 Years	34	26.3	4.9	16.6	36.0
65 Years and Older	57	37.1	4.4	28.5	45.7
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	105	25.4	2.7	20.0	30.8
<b>Race</b>					
White	102	24.8	2.7	19.4	30.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	44	29.5	4.8	20.2	38.8
Some College or College Graduate	61	21.2	2.9	15.4	27.0
<b>Annual Household Income</b>					
Less than \$35,000 per Year	56	41.2	5.5	30.3	52.0
\$35,000 or Higher per Year	31	12.6	2.5	7.7	17.5
<b>Weight Category</b>					
Normal or Underweight (BMI <25)	25	22.9	5.0	13.2	32.7
Overweight (25 ≤ BMI < 30)	37	22.5	4.0	14.8	30.3
Obese (BMI ≥ 30)	41	31.3	5.4	20.8	41.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	55	21.0	3.1	15.0	27.0
Does not participate in leisure time physical activity	48	33.6	5.2	23.3	43.8
<b>Smoking Status</b>					
Current smoker	19	35.1	7.7	20.0	50.3
Non-smoker	85	22.2	2.6	17.1	27.4
<b>Health Insurance Status</b>					
Insured	98	25.6	2.9	20.0	31.3
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they were limited in any activities because of physical, mental or emotional problems or who reported having a health problem that requires them to use special equipment such as a cane, a wheelchair, a special bed or a special telephone.

Denominator: All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Not Participating in the Recommended Level of Physical Activity (Aerobic and/or Strengthening), 2015**

**South Central Coalition**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	16,199	80.7	0.4	80.0	81.4
South Central Coalition	295	88.7	2.1	84.5	92.9
<b>Gender</b>					
Men	135	90.7	2.8	85.2	96.1
Women	160	86.7	3.2	80.4	93.0
<b>Age Group</b>					
18 to 44 Years	66	83.9	4.6	74.8	92.9
45 to 64 Years	105	90.4	2.9	84.7	96.1
65 Years and Older	123	93.1	2.3	88.5	97.6
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	291	88.9	2.1	84.7	93.1
<b>Race</b>					
White	283	88.2	2.2	83.8	92.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	114	93.3	2.5	88.5	98.2
Some College or College Graduate	181	85.2	3.2	79.0	91.4
<b>Annual Household Income</b>					
Less than \$35,000 per Year	108	91.0	3.7	83.7	98.3
\$35,000 or Higher per Year	143	87.7	3.0	81.9	93.5
<b>Disability Status</b>					
Living with a Disability	92	92.7	3.2	86.5	98.9
Living without a Disability	201	87.4	2.7	82.2	92.6

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	81	92.6	2.6	87.4	97.7
Overweight (25 ≤ BMI < 30)	103	87.3	3.6	80.2	94.4
Obese (BMI ≥ 30)	97	86.2	4.4	77.7	94.8
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	243	88.1	2.4	83.4	92.9
<b>Health Insurance Status</b>					
Insured	266	87.3	2.4	82.6	91.9
Uninsured	*	*	*	*	*

**Numerator:** Respondents not participating in the recommended level of physical activity or participating in insufficient recommended level of physical activity for either aerobic or muscle strengthening guidelines.

**Denominator:** All respondents, excluding unknowns and refusals.

**Not participating in the recommended level of physical activity** referred to not participating in aerobic and strengthening exercises according to guidelines.

**Participating in insufficient level of recommended physical activity** referred to participating only in aerobic or only in strengthening exercises according to guidelines.

The aerobic guideline is defined as 150 minutes a week of moderate-intensity aerobic activity, or 75 minutes a week of vigorous-intensity aerobic activity, or an equivalent combination of moderate- and vigorous-intensity aerobic activity.

The strengthening guideline is defined as muscle-strengthening activities that involved all major muscle groups two or more times per week.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Not Participating in the Recommended Level of Physical Activity (Aerobic and Strengthening), 2015**

**South Central Coalition**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	8,120	40.3	0.4	39.4	41.2
South Central Coalition	161	49.1	3.4	42.5	55.7
<b>Gender</b>					
Men	81	57.9	4.9	48.3	67.5
Women	80	40.3	4.4	31.7	48.8
<b>Age Group</b>					
18 to 44 Years	31	44.5	6.3	32.1	56.9
45 to 64 Years	52	46.6	5.6	35.6	57.7
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	160	49.9	3.4	43.2	56.5
<b>Race</b>					
White	154	48.5	3.4	41.8	55.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	69	55.2	5.5	44.4	66.0
Some College or College Graduate	92	44.5	4.2	36.4	52.7
<b>Annual Household Income</b>					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	67	40.6	4.6	31.5	49.6
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	98	42.7	3.9	34.9	50.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI <25)	36	40.3	6.2	28.1	52.5
Overweight (25 ≤ BMI <30)	59	49.1	5.5	38.3	59.8
Obese (BMI ≥ 30)	60	56.1	6.1	44.3	68.0
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	129	47.0	3.7	39.8	54.2
<b>Health Insurance Status</b>					
Insured	143	48.1	3.5	41.1	55.0
Uninsured	*	*	*	*	*

**Numerator:** Respondents who did not participate in the recommended level of aerobic and strengthening exercises during the past month.

**Denominator:** All respondents, excluding unknowns and refusals.

The aerobic guideline is defined as 150 minutes a week of moderate-intensity aerobic activity, or 75 minutes a week of vigorous-intensity aerobic activity, or an equivalent combination of moderate- and vigorous-intensity aerobic activity.

The strengthening guideline is defined as muscle-strengthening activities that involved all major muscle groups two or more times per week.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Not Participating in Any Physical Activity Other Than Their Regular Job in the Past 30 Days (Leisure Time Physical Activity), 2015**

**South Central Coalition**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	5,698	26.5	0.4	25.8	27.3
South Central Coalition	128	40.0	3.3	33.5	46.4
<b>Gender</b>					
Men	65	46.3	5.0	36.6	56.1
Women	63	33.7	4.2	25.5	41.9
<b>Age Group</b>					
18 to 44 Years	26	39.2	6.3	26.9	51.5
45 to 64 Years	40	36.4	5.4	25.8	47.1
65 Years and Older	61	45.6	4.7	36.4	54.8
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	126	39.7	3.3	33.2	46.2
<b>Race</b>					
White	121	38.6	3.3	32.0	45.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	57	47.6	5.4	37.0	58.3
Some College or College Graduate	71	34.2	4.0	26.4	42.1
<b>Annual Household Income</b>					
Less than \$35,000 per Year	61	51.8	5.8	40.5	63.1
\$35,000 or Higher per Year	46	29.3	4.4	20.8	37.8
<b>Disability Status</b>					
Living with a Disability	48	51.4	6.2	39.3	63.6
Living without a Disability	79	35.8	3.8	28.3	43.2

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI <25)	30	32.3	5.9	20.6	43.9
Overweight (25 ≤ BMI <30)	45	39.9	5.4	29.3	50.6
Obese (BMI ≥ 30)	47	45.8	6.0	34.0	57.6
<b>Smoking Status</b>					
Current smoker	27	49.0	7.9	33.5	64.5
Non-smoker	101	37.8	3.6	30.8	44.8
<b>Health Insurance Status</b>					
Insured	111	37.9	3.5	31.1	44.7
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they did not participate in any physical activities or exercise, other than their regular job, in the past 30 days.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Consuming Fruit Less than 1 Time Per Day,  
2015**

**South Central Coalition**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	8,386	43.7	0.4	42.9	44.6
South Central Coalition	165	52.3	3.3	45.9	58.7
<b>Gender</b>					
Men	78	54.9	4.9	45.3	64.4
Women	87	49.9	4.4	41.3	58.5
<b>Age Group</b>					
18 to 44 Years	45	59.4	6.1	47.4	71.4
45 to 64 Years	62	50.8	5.3	40.3	61.2
65 Years and Older	57	44.0	4.7	34.8	53.3
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	162	51.8	3.3	45.3	58.3
<b>Race</b>					
White	162	53.6	3.3	47.0	60.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	63	52.3	5.4	41.8	62.8
Some College or College Graduate	102	52.3	4.1	44.3	60.3
<b>Annual Household Income</b>					
Less than \$35,000 per Year	52	47.1	5.7	35.9	58.4
\$35,000 or Higher per Year	86	55.4	4.5	46.5	64.3
<b>Disability Status</b>					
Living with a Disability	44	46.8	5.9	35.2	58.3
Living without a Disability	119	53.7	3.9	46.0	61.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	40	45.7	6.1	33.8	57.6
Overweight (25 ≤ BMI < 30)	57	54.3	5.4	43.8	64.9
Obese (BMI ≥ 30)	61	56.6	6.0	44.9	68.4
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	96	46.9	4.1	38.8	55.0
Does not participate in leisure time physical activity	67	62.0	5.1	52.1	71.9
<b>Smoking Status</b>					
Current smoker	39	65.8	7.1	51.8	79.8
Non-smoker	125	48.9	3.7	41.7	56.0
<b>Health Insurance Status</b>					
Insured	148	51.3	3.5	44.5	58.0
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they consumed fruit less than 1 time per day.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

**Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.**

**Percentage of Adults Who Reported Consuming Vegetables Less than 1 Time  
Per Day, 2015**

**South Central Coalition**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	4,217	22.3	0.4	21.6	23.1
South Central Coalition	75	21.7	2.7	16.4	26.9
<b>Gender</b>					
Men	37	21.6	3.7	14.2	28.9
Women	38	21.8	3.8	14.3	29.3
<b>Age Group</b>					
18 to 44 Years	16	18.3	4.8	8.9	27.7
45 to 64 Years	23	18.9	4.2	10.7	27.2
65 Years and Older	36	31.0	4.6	22.1	40.0
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	74	21.7	2.7	16.4	27.0
<b>Race</b>					
White	74	22.4	2.8	16.9	27.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	33	23.7	4.4	15.1	32.3
Some College or College Graduate	42	20.2	3.4	13.6	26.8
<b>Annual Household Income</b>					
Less than \$35,000 per Year	32	24.6	4.9	15.0	34.1
\$35,000 or Higher per Year	24	17.2	3.6	10.1	24.3
<b>Disability Status</b>					
Living with a Disability	26	24.8	5.2	14.7	34.9
Living without a Disability	49	20.9	3.2	14.7	27.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	17	20.8	5.3	10.5	31.1
Overweight (25 ≤ BMI < 30)	32	28.4	5.7	18.4	38.3
Obese (BMI ≥ 30)	24	18.1	4.1	10.1	26.2
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	40	18.1	3.1	12.1	24.1
Does not participate in leisure time physical activity	35	27.2	4.9	17.6	36.8
<b>Smoking Status</b>					
Current smoker	21	33.7	7.5	19.1	48.3
Non-smoker	54	18.7	2.8	13.3	24.2
<b>Health Insurance Status</b>					
Insured	65	21.3	2.8	15.7	26.9
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they consumed vegetables less than 1 time per day.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

**Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.**

## Percentage of Adults Who Lack Health Care Coverage, 2015

### South Central Coalition

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,027	12.8	0.3	12.2	13.4
South Central Coalition	33	11.3	2.1	7.2	15.4
<b>Gender</b>					
Men	21	13.8	3.1	7.7	19.9
Women	*	*	*	*	*
<b>Age Group</b>					
18 to 44 Years	14	18.4	4.6	9.3	27.4
45 to 64 Years	17	11.7	3.0	5.8	17.6
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	31	10.5	2.0	6.6	14.4
<b>Race</b>					
White	32	11.6	2.2	7.3	15.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	21	19.4	4.1	11.3	27.4
Some College or College Graduate	*	*	*	*	*
<b>Annual Household Income</b>					
Less than \$35,000 per Year	15	15.1	4.0	7.2	23.0
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	25	12.1	2.6	7.1	17.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	11	14.6	4.4	6.0	23.1
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	13	7.7	2.3	3.2	12.2
Does not participate in leisure time physical activity	16	15.2	4.0	7.4	23.0
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	21	9.2	2.2	4.9	13.4

**Numerator:** Respondents who reported they had no health care coverage.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Ages 18 to 64 Years Old Who Lack Health Care Coverage,  
2015**

**South Central Coalition**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,921	15.7	0.4	15.0	16.5
South Central Coalition	31	15.0	2.8	9.6	20.5
<b>Gender</b>					
Men	21	17.8	4.0	10.0	25.7
Women	*	*	*	*	*
<b>Age Group</b>					
18 to 44 Years	14	18.4	4.6	9.3	27.4
45 to 64 Years	17	11.7	3.0	5.8	17.6
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	29	13.9	2.7	8.7	19.2
<b>Race</b>					
White	30	15.4	2.9	9.8	21.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	20	26.3	5.5	15.5	37.2
Some College or College Graduate	*	*	*	*	*
<b>Annual Household Income</b>					
Less than \$35,000 per Year	14	21.3	5.8	10.0	32.6
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	24	15.3	3.3	8.9	21.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	11	19.9	5.8	8.4	31.3
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	13	10.1	3.0	4.3	15.9
Does not participate in leisure time physical activity	15	21.3	5.6	10.3	32.3
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	20	12.7	3.0	6.8	18.7

**Numerator:** Respondents ages 18-64 years old who reported they had no health care coverage.

**Denominator:** All respondents ages 18-64 years old, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

## Percentage of Adults with No Personal Doctor or Health Care Provider, 2015

### South Central Coalition

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,278	20.1	0.4	19.4	20.8
South Central Coalition	56	20.1	2.9	14.5	25.7
<b>Gender</b>					
Men	42	30.5	4.7	21.4	39.7
Women	*	*	*	*	*
<b>Age Group</b>					
18 to 44 Years	19	24.6	5.3	14.3	34.9
45 to 64 Years	25	24.6	5.2	14.4	34.8
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	54	19.7	2.9	14.0	25.3
<b>Race</b>					
White	52	19.6	2.9	13.8	25.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	29	29.4	5.1	19.4	39.5
Some College or College Graduate	27	12.8	2.8	7.3	18.2
<b>Annual Household Income</b>					
Less than \$35,000 per Year	22	26.2	5.6	15.2	37.1
\$35,000 or Higher per Year	21	17.2	3.9	9.5	25.0
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	44	22.0	3.4	15.3	28.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	15	14.5	4.2	6.4	22.7
Overweight (25 ≤ BMI < 30)	18	16.5	4.1	8.4	24.6
Obese (BMI ≥ 30)	18	26.7	6.1	14.7	38.7
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	19	12.9	3.4	6.3	19.5
Does not participate in leisure time physical activity	32	30.9	5.4	20.3	41.5
<b>Smoking Status</b>					
Current smoker	16	30.8	7.6	15.8	45.8
Non-smoker	36	17.3	3.1	11.2	23.3
<b>Health Insurance Status</b>					
Insured	36	14.6	2.8	9.0	20.1
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they had no personal doctor or health care provider.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

**Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.**

**Percentage of Adults Who Could Not See a Doctor Because of Cost In the Past 12 Months, 2015**

**South Central Coalition**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,120	11.0	0.3	10.5	11.6
South Central Coalition	31	10.1	2.0	6.2	13.9
<b>Gender</b>					
Men	14	9.6	2.8	4.1	15.0
Women	17	10.5	2.8	5.1	16.0
<b>Age Group</b>					
18 to 44 Years	13	15.3	4.3	6.9	23.6
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	29	9.7	2.0	5.8	13.5
<b>Race</b>					
White	29	9.8	2.0	5.8	13.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	14	11.7	3.4	5.1	18.3
Some College or College Graduate	17	8.8	2.3	4.2	13.3
<b>Annual Household Income</b>					
Less than \$35,000 per Year	19	20.2	4.6	11.2	29.2
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	18	9.7	2.4	4.9	14.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	17	9.7	2.5	4.8	14.5
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	20	7.7	1.9	3.9	11.5
<b>Health Insurance Status</b>					
Insured	20	7.1	1.8	3.6	10.7
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they could not see a doctor because of cost in the past 12 months.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

**Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.**

## Percentage of Adults with Fair or Poor Self-Perceived Health Status, 2015

### South Central Coalition

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,945	15.7	0.3	15.1	16.2
South Central Coalition	74	16.9	2.2	12.7	21.1
<b>Gender</b>					
Men	26	12.9	2.7	7.6	18.3
Women	48	20.8	3.3	14.5	27.2
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	26	17.6	3.7	10.4	24.7
65 Years and Older	40	27.0	4.0	19.1	34.9
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	74	17.3	2.2	13.0	21.6
<b>Race</b>					
White	69	16.1	2.1	11.9	20.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	36	19.9	3.6	12.9	27.0
Some College or College Graduate	37	14.4	2.6	9.3	19.4
<b>Annual Household Income</b>					
Less than \$35,000 per Year	46	32.0	4.9	22.4	41.5
\$35,000 or Higher per Year	17	7.4	2.0	3.4	11.4
<b>Disability Status</b>					
Living with a Disability	48	44.5	6.1	32.6	56.5
Living without a Disability	23	8.6	1.9	4.8	12.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	21	19.1	4.6	10.1	28.1
Overweight (25 ≤ BMI < 30)	25	17.8	3.8	10.4	25.2
Obese (BMI ≥ 30)	24	16.0	3.6	9.0	23.0
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	29	12.4	2.6	7.4	17.5
Does not participate in leisure time physical activity	41	26.9	4.5	18.1	35.6
<b>Smoking Status</b>					
Current smoker	14	24.3	6.2	12.1	36.4
Non-smoker	56	15.4	2.3	10.9	19.8
<b>Health Insurance Status</b>					
Insured	71	18.1	2.3	13.5	22.7
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported that in general their health is fair or poor.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

**Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.**

**Percentage of Adults Who Reported Their Physical Health Was Not Good on 14 or More Days in the Past 30 Days, 2015**

**South Central Coalition**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,560	10.0	0.2	9.5	10.4
South Central Coalition	47	13.5	2.3	8.9	18.0
<b>Gender</b>					
Men	21	14.2	3.6	7.0	21.3
Women	26	12.8	2.8	7.2	18.3
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	16	15.4	4.4	6.8	24.0
65 Years and Older	24	16.2	3.3	9.7	22.7
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	47	13.7	2.3	9.1	18.4
<b>Race</b>					
White	44	13.1	2.3	8.5	17.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	24	19.6	4.4	10.9	28.2
Some College or College Graduate	22	8.5	2.0	4.5	12.5
<b>Annual Household Income</b>					
Less than \$35,000 per Year	30	27.9	5.4	17.3	38.5
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	38	51.8	6.4	39.4	64.3
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	14	16.1	4.6	7.2	25.1
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	18	18.8	5.0	9.0	28.7
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	14	7.6	2.2	3.3	11.9
Does not participate in leisure time physical activity	30	25.1	5.2	15.0	35.2
<b>Smoking Status</b>					
Current smoker	12	28.1	7.8	12.9	43.3
Non-smoker	32	9.9	2.0	6.0	13.7
<b>Health Insurance Status</b>					
Insured	43	13.6	2.5	8.7	18.4
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported 14 or more days when their physical health was not good in the past 30 days.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Their Mental Health Was Not Good on 14  
or More Days in the Past 30 Days, 2015**

**South Central Coalition**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,978	9.7	0.3	9.2	10.2
South Central Coalition	25	7.5	1.6	4.3	10.7
<b>Gender</b>					
Men	*	*	*	*	*
Women	16	9.0	2.4	4.3	13.8
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	25	7.7	1.7	4.4	10.9
<b>Race</b>					
White	25	7.9	1.7	4.6	11.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	16	6.9	1.8	3.3	10.5
<b>Annual Household Income</b>					
Less than \$35,000 per Year	15	13.7	3.6	6.6	20.8
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	14	15.0	4.2	6.7	23.3
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	13	9.8	2.9	4.1	15.5
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	16	5.9	1.6	2.7	9.1
<b>Health Insurance Status</b>					
Insured	21	6.6	1.6	3.5	9.7
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported 14 or more days when their mental health was not good in the past 30 days.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Their Poor Physical or Mental Health Kept Them From Doing Their Usual Activities, such as Self-care, Work or Recreation in the Past 30 Days, 2015**

**South Central Coalition**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	4,379	38.7	0.6	37.6	39.9
South Central Coalition	73	43.3	4.8	34.0	52.6
<b>Gender</b>					
Men	25	34.6	7.0	20.9	48.4
Women	48	50.6	6.2	38.3	62.8
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	24	44.4	8.3	28.0	60.7
65 Years and Older	29	52.8	7.0	39.0	66.5
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	72	43.6	4.8	34.2	53.0
<b>Race</b>					
White	72	43.7	4.9	34.2	53.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	24	38.1	7.7	23.0	53.2
Some College or College Graduate	49	47.5	5.8	36.2	58.9
<b>Annual Household Income</b>					
Less than \$35,000 per Year	31	44.4	7.8	29.1	59.6
\$35,000 or Higher per Year	28	39.1	6.8	25.9	52.4
<b>Disability Status</b>					
Living with a Disability	40	59.9	8.1	44.0	75.9
Living without a Disability	28	32.4	5.9	20.9	44.0

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	18	28.3	7.0	14.6	42.0
Obese (BMI ≥ 30)	27	42.7	8.1	26.9	58.5
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	44	52.1	6.4	39.5	64.6
Does not participate in leisure time physical activity	24	32.1	7.0	18.4	45.8
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	58	48.9	5.5	38.1	59.8
<b>Health Insurance Status</b>					
Insured	66	45.5	5.2	35.3	55.6
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported one or more days in the past 30 days when their poor physical or mental health kept them from doing their usual activities, such as self-care, work or recreation.

**Denominator:** Respondents with at least one day in the past 30 days when their physical or mental health was not good, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

**Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.**

**Percentage of Adults Ages 18 Years and Older Who Did Not Get Immunized  
Against Influenza During the Past 12 Months, 2015**

**South Central Coalition**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	10,526	57.4	0.4	56.6	58.3
South Central Coalition	174	56.3	3.3	49.8	62.7
<b>Gender</b>					
Men	87	61.2	4.9	51.6	70.9
Women	87	51.3	4.4	42.7	59.9
<b>Age Group</b>					
18 to 44 Years	53	68.8	5.8	57.3	80.2
45 to 64 Years	65	56.0	5.6	45.1	67.0
65 Years and Older	54	39.0	4.6	30.0	48.0
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	173	56.6	3.3	50.1	63.1
<b>Race</b>					
White	168	56.4	3.4	49.8	62.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	72	61.2	5.4	50.6	71.8
Some College or College Graduate	102	52.8	4.1	44.7	60.8
<b>Annual Household Income</b>					
Less than \$35,000 per Year	58	56.2	5.8	44.9	67.4
\$35,000 or Higher per Year	86	56.0	4.6	47.0	65.1
<b>Disability Status</b>					
Living with a Disability	43	46.2	6.3	33.9	58.5
Living without a Disability	128	59.1	3.8	51.6	66.6

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI <25)	52	64.0	5.6	53.0	75.1
Overweight (25 ≤ BMI <30)	58	51.4	5.4	40.8	62.0
Obese (BMI ≥ 30)	54	54.3	6.0	42.5	66.1
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	108	55.8	4.1	47.8	63.7
Does not participate in leisure time physical activity	66	57.1	5.5	46.3	67.9
<b>Smoking Status</b>					
Current smoker	41	70.3	7.7	55.2	85.4
Non-smoker	132	52.6	3.6	45.5	59.8
<b>Health Insurance Status</b>					
Insured	149	53.2	3.5	46.3	60.0
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they did not get a flu shot or flu vaccine sprayed in their nose during the past 12 months.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults 65 Years Old and Older Who Did Not Get Immunized  
Against Influenza During the Past 12 Months, 2015**

**South Central Coalition**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,557	38.3	0.7	36.9	39.6
South Central Coalition	54	39.0	4.6	30.0	48.0
<b>Gender</b>					
Men	20	36.7	7.0	22.9	50.5
Women	34	40.6	6.0	28.8	52.4
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	54	39.4	4.6	30.3	48.5
<b>Race</b>					
White	52	37.7	4.6	28.7	46.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	25	43.1	7.1	29.1	57.0
Some College or College Graduate	29	35.8	6.0	24.0	47.6
<b>Annual Household Income</b>					
Less than \$35,000 per Year	22	40.5	7.3	26.3	54.7
\$35,000 or Higher per Year	20	39.9	7.3	25.5	54.3
<b>Disability Status</b>					
Living with a Disability	20	38.1	7.2	24.0	52.3
Living without a Disability	34	39.5	5.9	27.8	51.2
<b>Weight Category</b>					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	23	34.3	6.5	21.6	47.0
Obese (BMI ≥ 30)	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	33	42.3	6.2	30.1	54.5
Does not participate in leisure time physical activity	21	35.0	6.7	21.8	48.2
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	43	35.1	4.7	25.8	44.3
<b>Health Insurance Status</b>					
Insured	53	38.7	4.6	29.6	47.7
Uninsured	*	*	*	*	*

**Numerator:** Respondents 65 years old and older who reported they did not receive a flu shot or flu vaccine sprayed in their nose during the past 12 months.

**Denominator:** All respondents 65 years old and older, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

**Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.**

**Percentage of Adults 65 Years Old and Older Who Never Had Pneumonia  
Vaccination, 2015**

**South Central Coalition**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,711	26.2	0.6	25.0	27.4
South Central Coalition	37	28.4	4.4	19.8	37.0
<b>Gender</b>					
Men	16	32.3	7.1	18.4	46.1
Women	21	25.5	5.6	14.6	36.4
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	36	27.6	4.4	19.0	36.1
<b>Race</b>					
White	35	26.1	4.2	17.9	34.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	16	31.6	7.1	17.8	45.5
Some College or College Graduate	21	26.0	5.6	15.1	36.9
<b>Annual Household Income</b>					
Less than \$35,000 per Year	15	28.1	6.8	14.8	41.4
\$35,000 or Higher per Year	11	21.5	6.2	9.3	33.7
<b>Disability Status</b>					
Living with a Disability	13	26.7	6.8	13.4	40.1
Living without a Disability	24	29.4	5.7	18.2	40.7
<b>Weight Category</b>					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	16	26.1	6.4	13.6	38.6
Obese (BMI ≥ 30)	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	22	29.4	5.9	17.9	41.0
Does not participate in leisure time physical activity	15	27.1	6.6	14.2	39.9
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	32	27.7	4.6	18.8	36.7
<b>Health Insurance Status</b>					
Insured	35	27.4	4.4	18.8	36.1
Uninsured	*	*	*	*	*

Numerator: Respondents 65 years old and older who reported they never had a pneumonia vaccination.

Denominator: All respondents 65 years old and older, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported That They Do Not Always Wear a Seatbelt  
When They Drive or Ride in a Car, 2015**

**South Central Coalition**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,288	17.0	0.3	16.3	17.6
South Central Coalition	99	29.2	3.0	23.4	35.0
<b>Gender</b>					
Men	45	26.6	4.1	18.5	34.7
Women	54	31.8	4.2	23.5	40.0
<b>Age Group</b>					
18 to 44 Years	23	30.4	5.8	19.0	41.9
45 to 64 Years	45	33.4	4.9	23.8	42.9
65 Years and Older	31	22.0	3.9	14.3	29.6
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	99	29.9	3.0	24.0	35.8
<b>Race</b>					
White	96	29.7	3.1	23.7	35.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	33	26.4	4.7	17.2	35.6
Some College or College Graduate	66	31.3	3.8	23.8	38.7
<b>Annual Household Income</b>					
Less than \$35,000 per Year	36	30.9	5.2	20.6	41.1
\$35,000 or Higher per Year	49	30.3	4.2	22.0	38.6
<b>Disability Status</b>					
Living with a Disability	29	28.1	5.3	17.7	38.4
Living without a Disability	69	29.3	3.6	22.3	36.2

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	19	17.8	4.3	9.4	26.1
Overweight (25 ≤ BMI < 30)	37	35.5	5.4	25.0	46.0
Obese (BMI ≥ 30)	41	33.5	5.4	22.8	44.1
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	61	26.8	3.5	19.9	33.6
Does not participate in leisure time physical activity	38	32.8	5.2	22.6	43.0
<b>Smoking Status</b>					
Current smoker	22	35.3	7.2	21.2	49.5
Non-smoker	76	27.6	3.2	21.2	33.9
<b>Health Insurance Status</b>					
Insured	87	28.0	3.1	22.0	34.0
Uninsured	*	*	*	*	*

Respondents who reported they nearly always, sometimes, seldom or never use a seatbelt when they ride or drive in a car.

Denominator: All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

## Percentage of Adults Who Currently Smoke Cigarettes, 2015

### South Central Coalition

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,343	17.7	0.3	17.0	18.4
South Central Coalition	62	21.2	2.8	15.7	26.7
<b>Gender</b>					
Men	38	25.3	4.3	16.9	33.7
Women	24	17.2	3.6	10.2	24.1
<b>Age Group</b>					
18 to 44 Years	21	24.1	5.1	14.2	34.1
45 to 64 Years	25	24.8	5.1	14.9	34.8
65 Years and Older	16	12.2	3.2	6.0	18.5
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	62	21.7	2.8	16.1	27.3
<b>Race</b>					
White	60	21.2	2.9	15.6	26.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	29	27.3	4.9	17.7	36.9
Some College or College Graduate	33	16.6	3.1	10.5	22.6
<b>Annual Household Income</b>					
Less than \$35,000 per Year	30	34.0	5.7	22.8	45.2
\$35,000 or Higher per Year	22	13.4	3.0	7.5	19.2
<b>Disability Status</b>					
Living with a Disability	19	29.8	6.6	16.8	42.8
Living without a Disability	42	18.3	2.9	12.6	24.0

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	27	32.2	5.6	21.2	43.3
Overweight (25 ≤ BMI < 30)	17	15.8	4.0	8.0	23.6
Obese (BMI ≥ 30)	18	20.8	5.4	10.2	31.3
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	31	17.6	3.2	11.3	24.0
Does not participate in leisure time physical activity	27	25.3	5.1	15.3	35.3
<b>Health Insurance Status</b>					
Insured	52	19.5	2.9	13.8	25.2
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they have smoked at least 100 cigarettes in their entire life and that they now smoke some days or every day.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Stopped Smoking for One Day or Longer Because  
They Were Trying to Quit Smoking, 2015**

**South Central Coalition**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,790	55.1	1.1	53.0	57.2
South Central Coalition	30	53.2	7.5	38.5	67.8
<b>Gender</b>					
Men	*	*	*	*	*
Women	*	*	*	*	*
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	30	53.2	7.5	38.5	67.8
<b>Race</b>					
White	28	51.1	7.7	36.0	66.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
<b>Annual Household Income</b>					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Health Insurance Status</b>					
Insured	22	46.4	8.6	29.6	63.3
Uninsured	*	*	*	*	*

**Numerator:** Current smokers who stopped smoking for one day or longer because they were trying to quit smoking.

**Denominator:** Current smokers, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

## Percentage of Adults Who Currently Use Any Smokeless Tobacco Products, 2015

### South Central Coalition

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	982	5.6	0.2	5.2	6.0
South Central Coalition	24	10.3	2.3	5.9	14.7
<b>Gender</b>					
Men	24	20.7	4.2	12.4	29.0
Women	*	*	*	*	*
<b>Age Group</b>					
18 to 44 Years	12	18.2	5.0	8.3	28.0
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	24	10.5	2.3	6.0	15.1
<b>Race</b>					
White	24	10.7	2.3	6.1	15.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	14	9.3	2.7	3.9	14.7
<b>Annual Household Income</b>					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	15	14.3	3.7	7.1	21.6
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	18	11.9	2.9	6.2	17.6

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI <30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	14	9.4	2.7	4.1	14.7
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	21	10.9	2.6	5.8	15.9
<b>Health Insurance Status</b>					
Insured	20	10.3	2.4	5.5	15.0
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they currently use chewing tobacco, snuff or snus (Swedish for snuff) some days or every day.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

## Percentage of Men Who Currently Use Any Smokeless Tobacco Products, 2015

### South Central Coalition

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	893	10.5	0.4	9.8	11.3
South Central Coalition	24	20.7	4.2	12.4	29.0
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	24	21.0	4.3	12.6	29.4
<b>Race</b>					
White	24	21.2	4.3	12.8	29.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	14	21.8	5.8	10.3	33.2
<b>Annual Household Income</b>					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	15	25.5	6.0	13.6	37.3
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	18	23.8	5.3	13.5	34.1
<b>Weight Category</b>					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	11	23.1	6.9	9.5	36.6
Obese (BMI ≥ 30)	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	14	21.1	5.6	10.1	32.2
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	21	22.9	5.0	13.1	32.7
<b>Health Insurance Status</b>					
Insured	20	21.0	4.6	11.9	30.1
Uninsured	*	*	*	*	*

Numerator: Male respondents who reported they currently use chewing tobacco, snuff or snus (Swedish for snuff) some days or every day.

Denominator: All male respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Ever Served on Active Duty in the United States  
Armed Forces, 2015**

**South Central Coalition**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,099	11.8	0.2	11.3	12.3
South Central Coalition	48	11.9	2.0	8.0	15.8
<b>Gender</b>					
Men	45	23.0	3.8	15.6	30.3
Women	*	*	*	*	*
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	15	13.9	4.1	5.9	22.0
65 Years and Older	29	20.7	3.6	13.6	27.9
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	47	11.7	2.0	7.8	15.6
<b>Race</b>					
White	46	12.0	2.0	8.0	15.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	18	12.7	3.5	5.9	19.5
Some College or College Graduate	30	11.3	2.2	6.9	15.7
<b>Annual Household Income</b>					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	29	15.5	3.3	9.0	21.9
<b>Disability Status</b>					
Living with a Disability	19	15.5	3.9	7.9	23.1
Living without a Disability	27	10.8	2.4	6.1	15.5

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	13	9.7	2.8	4.2	15.3
Overweight (25 ≤ BMI < 30)	21	14.8	3.3	8.3	21.3
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	24	12.6	3.0	6.7	18.5
Does not participate in leisure time physical activity	21	12.2	2.9	6.5	17.8
<b>Smoking Status</b>					
Current smoker	14	16.4	4.6	7.4	25.4
Non-smoker	32	10.8	2.3	6.3	15.4
<b>Health Insurance Status</b>					
Insured	44	12.3	2.2	8.1	16.5
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported that they served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

## Percentage of Adults Who Are Obese, 2015

### South Central Coalition

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	7,154	34.2	0.4	33.4	35.0
South Central Coalition	115	36.3	3.3	29.9	42.7
<b>Gender</b>					
Men	57	40.7	4.9	31.2	50.3
Women	58	31.7	4.2	23.4	39.9
<b>Age Group</b>					
18 to 44 Years	24	34.4	6.2	22.2	46.6
45 to 64 Years	52	45.0	5.5	34.2	55.8
65 Years and Older	38	26.4	4.1	18.4	34.4
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	114	36.4	3.3	29.9	42.8
<b>Race</b>					
White	111	36.5	3.3	29.9	43.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	42	38.8	5.4	28.2	49.3
Some College or College Graduate	73	34.4	3.9	26.6	42.1
<b>Annual Household Income</b>					
Less than \$35,000 per Year	37	37.7	6.0	26.0	49.5
\$35,000 or Higher per Year	62	39.4	4.6	30.4	48.3
<b>Disability Status</b>					
Living with a Disability	41	44.8	6.3	32.4	57.2
Living without a Disability	73	34.3	3.9	26.7	41.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	64	34.3	4.2	26.0	42.5
Does not participate in leisure time physical activity	47	43.4	5.7	32.2	54.6
<b>Smoking Status</b>					
Current smoker	18	34.1	7.8	18.9	49.3
Non-smoker	94	37.4	3.7	30.2	44.5
<b>Health Insurance Status</b>					
Insured	104	36.6	3.5	29.8	43.3
Uninsured	*	*	*	*	*

Numerator: Respondents with a body mass index greater than or equal to 30, based on self-reported height and weight.

Denominator: All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

## Percentage of Adults Who Are Overweight or Obese, 2015

### South Central Coalition

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	14,432	68.0	0.4	67.2	68.8
South Central Coalition	244	71.0	2.9	65.2	76.7
<b>Gender</b>					
Men	125	78.5	3.9	70.9	86.1
Women	119	63.0	4.3	54.6	71.3
<b>Age Group</b>					
18 to 44 Years	49	66.9	6.0	55.2	78.6
45 to 64 Years	90	74.2	4.4	65.5	82.9
65 Years and Older	104	71.6	4.1	63.6	79.6
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	241	70.5	3.0	64.7	76.3
<b>Race</b>					
White	238	72.2	2.9	66.5	77.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	92	68.6	4.7	59.4	77.8
Some College or College Graduate	152	72.9	3.7	65.6	80.1
<b>Annual Household Income</b>					
Less than \$35,000 per Year	88	73.9	4.8	64.5	83.4
\$35,000 or Higher per Year	120	73.8	3.8	66.3	81.3
<b>Disability Status</b>					
Living with a Disability	78	74.7	5.4	64.1	85.3
Living without a Disability	161	70.3	3.5	63.5	77.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	139	68.7	3.8	61.3	76.2
Does not participate in leisure time physical activity	92	77.7	4.6	68.7	86.7
<b>Smoking Status</b>					
Current smoker	35	58.8	7.3	44.6	73.0
Non-smoker	203	75.1	3.1	69.0	81.2
<b>Health Insurance Status</b>					
Insured	227	72.4	3.0	66.5	78.3
Uninsured	*	*	*	*	*

Numerator: Respondents with a body mass index greater than or equal to 25, based on self-reported height and weight.

Denominator: All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

## Technical Notes

The 2015 BRFSS data for your county/region on health risk indicators, analyzed by various subpopulation groups (e.g. gender, age group, ethnicity, etc.), are included in this report. The indicators are summarized in tables that show:

- Unweighted Frequency: the number of respondents who reported the risk behavior
- Weighted Percentage: the prevalence estimate for the risk behavior within a particular subpopulation group category
- Standard Error: used to compute the 95% confidence limits
- Lower and upper 95% confidence limits

Prevalence estimates vary in precision depending on sample size. One way of describing the precision of an estimate is the margin of error, which is the half-width of the confidence interval. When the sample size is large for a particular subpopulation group, the corresponding margin of error for an estimate is small. When the sample size is small for a particular subpopulation group, the corresponding margin of error for an estimate is large. Large margins of error (i.e. >5) indicate that an estimate may be less precise. Prevalence estimates that have a margin of error >5 are *italicized* in this report and should be interpreted with caution.

To determine whether two weighted percentages are significantly different from one another, the reader must compare the confidence intervals. Confidence intervals which do not overlap indicate a statistically significant difference between the two prevalence estimates while overlapping confidence intervals indicate that two estimates are not statistically different from one another. It is incorrect to say two estimates are different if their confidence limits overlap.

Estimates have been censored with an asterisk ("\*") when the sample size was inadequate and/or when the estimates were statistically unreliable. Specifically, estimates were censored when any of the following conditions were met:

- the numerator of the indicator is less than 5
- the denominator of the indicator is less than 50
- the relative standard error (RSE) is 30 percent or higher

RSE is obtained by dividing the standard error of the estimate by the estimate itself, then multiplying that result by 100 to be expressed as a percent.

2011 BRFSS data represent a new baseline for public health surveillance. Due to changes in BRFSS survey methodology, the BRFSS estimates for 2011 and subsequent years cannot be compared to estimates from the years prior to 2011.

For more information on changes to the Kansas BRFSS survey methodology beginning in 2011, please visit: <http://www.kdheks.gov/brfss/newmethod.html>

For more detailed technical notes on the Kansas BRFSS, please visit: <http://www.kdheks.gov/brfss/technotes.html>