

2015 Kansas Behavioral Risk Factor Surveillance System Local Data

Central Kansas Region



January 2017

2015 Kansas Behavioral Risk Factor Surveillance System Local Data

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**Kansas Department of Health and Environment
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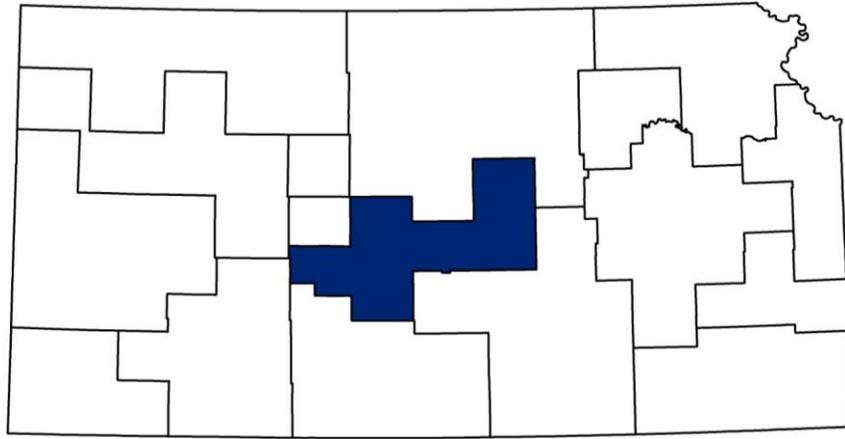
Mission

To protect and improve the health and environment of all Kansans

Vision

Healthy Kansans living in safe and sustainable environments

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The Central Kansas Region comprises the following counties:
Barton, McPherson, Pawnee, Rice, Saline, Stafford

Kansas Behavioral Risk Factor Surveillance System – Local Data, 2015 can also be accessed at <http://www.kdheks.gov/brfss/>

If you have any questions about survey methodology or need assistance interpreting the data, please contact:

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Table of Contents

Alcohol Consumption

Binge Drinking.....	1
Heavy Drinking.....	3

Arthritis

Arthritis	5
Activity Limitation Due to Arthritis	7

Asthma	9
---------------------	---

Cancer

Cancer (Excluding Skin Cancer)	11
Skin Cancer	13

Cardiovascular Health

Heart Attack	15
Coronary Heart Disease	17
Stroke	19
High Blood Pressure	21

Cholesterol

Not Checked Cholesterol within Five Years	23
High Blood Cholesterol Status.....	25

Chronic Obstructive Pulmonary Disease (COPD)	27
---	----

Depressive Disorder	29
----------------------------------	----

Diabetes	31
-----------------------	----

Disability

Activity Limitation Due to Physical, Mental or Emotional Problems	33
Disability	35

Exercise and Physical Activity

Not Participating in the Recommended Level of Physical Activity (Aerobic AND/OR Strengthening)	37
---	----

Did Not Participate in the Recommended Level of Aerobic AND Strengthening Physical Activity.....	39
Not Participating in Any Physical Activity	41
Fruits and Vegetable Consumption	
Consuming Fruits Less than 1 Time Per Day	43
Consuming Vegetables Less than 1 Time Per Day.....	45
Health Care Access	
Lack Health Care Coverage	47
Lack Health Care Coverage 18 to 64 Years Old Only	49
No Personal Doctor	51
Did Not See Doctor Due to Cost.....	53
General Health	55
Healthy Days - Health Related Quality of Life	
Physical Health Status.....	57
Mental Health Status	59
Poor Physical or Mental Health is Barrier to Usual Activities.....	61
Immunization	
Not Immunized Against Influenza.....	63
Not Immunized Against Influenza 65 Years and Older Only	65
Never Had Pneumonia Vaccination 65 Years and Older Only	67
Seatbelt Use	69
Tobacco Use	
Current Smoker	71
Tried Quitting Smoking	73
Smokeless Tobacco Use	75
Male Smokeless Tobacco Use	77
Veteran Status	79
Weight Status (BMI Categories)	
Obese.....	81
Overweight or Obese	83
Technical Notes	85

Percentage of Adults Who Are Binge Drinkers, 2015

Central Kansas Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,556	15.6	0.3	15.0	16.3
Central Kansas Region	116	15.4	1.5	12.5	18.2
Gender					
Men	71	20.5	2.4	15.9	25.1
Women	45	10.6	1.7	7.2	14.0
Age Group					
18 to 44 Years	62	24.5	2.9	18.8	30.2
45 to 64 Years	39	11.5	1.9	7.8	15.2
65 Years and Older	15	4.6	1.3	2.0	7.2
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	110	15.5	1.5	12.6	18.5
Race					
White	101	14.7	1.5	11.8	17.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	39	13.6	2.2	9.2	17.9
Some College or College Graduate	77	16.7	1.9	12.9	20.5
Annual Household Income					
Less than \$35,000 per Year	36	16.9	2.9	11.2	22.6
\$35,000 or Higher per Year	70	16.4	2.0	12.6	20.3
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	104	18.3	1.8	14.8	21.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	39	18.5	2.9	12.8	24.2
Overweight (25 ≤ BMI < 30)	34	15.0	2.7	9.8	20.2
Obese (BMI ≥ 30)	41	15.2	2.4	10.4	20.0
Leisure Time Physical Activity					
Participates in leisure time physical activity	79	15.3	1.7	11.8	18.7
Does not participate in leisure time physical activity	28	15.2	2.9	9.5	20.8
Smoking Status					
Current smoker	29	22.2	4.0	14.3	30.1
Non-smoker	87	13.8	1.5	10.8	16.8
Health Insurance Status					
Insured	102	15.2	1.5	12.2	18.3
Uninsured	14	16.5	4.4	7.9	25.0

Numerator: Male respondents who reported having five or more drinks on one occasion in the past 30 days or female respondents who reported having four or more drinks on one occasion in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Reported Heavy Alcohol Consumption in the Past 30 Days, 2015

Central Kansas Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	965	5.1	0.2	4.7	5.5
Central Kansas Region	33	4.4	0.9	2.6	6.1
Gender					
Men	19	5.2	1.3	2.7	7.6
Women	*	*	*	*	*
Age Group					
18 to 44 Years	15	6.9	1.8	3.2	10.5
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	31	4.5	0.9	2.6	6.3
Race					
White	30	4.4	0.9	2.6	6.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	21	4.8	1.2	2.4	7.2
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	16	3.9	1.1	1.7	6.1
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	29	5.4	1.1	3.2	7.6

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	21	4.3	1.1	2.2	6.5
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	21	3.3	0.9	1.6	4.9
Health Insurance Status					
Insured	32	4.9	1.0	2.9	6.8
Uninsured	*	*	*	*	*

Numerator: Male respondents who reported consuming an average of more than 14 drinks per week and female respondents who reported consuming an average of more than 7 drink per week during the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Percentage of Adults with Doctor Diagnosed Arthritis, 2015

Central Kansas Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	7,320	24.5	0.3	23.9	25.1
Central Kansas Region	364	27.0	1.5	24.1	30.0
Gender					
Men	131	24.1	2.2	19.8	28.4
Women	233	29.9	2.1	25.8	34.0
Age Group					
18 to 44 Years	34	11.1	2.1	7.1	15.1
45 to 64 Years	128	30.7	2.6	25.7	35.7
65 Years and Older	200	51.9	2.9	46.2	57.7
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	352	27.9	1.6	24.8	31.0
Race					
White	331	26.1	1.5	23.0	29.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	150	31.4	2.6	26.2	36.5
Some College or College Graduate	213	23.9	1.7	20.5	27.3
Annual Household Income					
Less than \$35,000 per Year	146	35.7	3.2	29.4	41.9
\$35,000 or Higher per Year	143	21.5	1.9	17.8	25.2
Disability Status					
Living with a Disability	163	56.7	3.6	49.7	63.7
Living without a Disability	185	18.7	1.5	15.7	21.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	100	25.7	2.8	20.3	31.1
Overweight (25 ≤ BMI < 30)	98	23.7	2.6	18.5	28.9
Obese (BMI ≥ 30)	133	33.1	2.9	27.5	38.7
Leisure Time Physical Activity					
Participates in leisure time physical activity	222	24.6	1.8	21.1	28.2
Does not participate in leisure time physical activity	105	32.5	3.3	26.0	38.9
Smoking Status					
Current smoker	57	28.5	4.0	20.6	36.3
Non-smoker	288	26.6	1.7	23.3	29.8
Health Insurance Status					
Insured	345	28.8	1.6	25.7	32.0
Uninsured	17	15.6	4.2	7.5	23.7

Numerator: Respondents who reported they had been told by a doctor or other health professional that they have some form of arthritis, rheumatoid arthritis, gout, lupus or fibromyalgia.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Doctor Diagnosed Arthritis Who Are Limited in Their Usual Activities Because of Arthritis or Joint Symptoms, 2015

Central Kansas Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,152	48.2	0.8	46.7	49.7
Central Kansas Region	146	46.7	3.4	40.0	53.3
Gender					
Men	46	42.7	5.5	32.0	53.5
Women	100	49.7	4.2	41.4	58.0
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	55	49.1	5.3	38.8	59.4
65 Years and Older	77	44.0	4.3	35.5	52.5
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	142	47.0	3.4	40.3	53.8
Race					
White	128	43.7	3.5	36.8	50.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	61	51.1	5.2	40.9	61.4
Some College or College Graduate	85	42.1	4.1	34.1	50.2
Annual Household Income					
Less than \$35,000 per Year	77	64.3	5.3	53.9	74.7
\$35,000 or Higher per Year	50	34.3	4.7	25.1	43.5
Disability Status					
Living with a Disability	107	78.2	3.8	70.8	85.7
Living without a Disability	39	21.2	3.7	14.1	28.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	39	36.8	5.6	25.7	47.8
Overweight (25 ≤ BMI <30)	37	41.9	6.3	29.5	54.2
Obese (BMI ≥ 30)	59	54.7	5.4	44.0	65.3
Leisure Time Physical Activity					
Participates in leisure time physical activity	94	44.7	4.1	36.5	52.8
Does not participate in leisure time physical activity	52	51.0	5.8	39.6	62.4
Smoking Status					
Current smoker	22	44.7	8.2	28.7	60.8
Non-smoker	123	46.9	3.7	39.7	54.2
Health Insurance Status					
Insured	138	44.9	3.4	38.3	51.5
Uninsured	*	*	*	*	*

Numerator: Respondents who reported any limitation in their usual activities because of arthritis or joint symptoms.

Denominator: Respondents with doctor, nurse or other health professional diagnosed arthritis, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Current Asthma, 2015

Central Kansas Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,990	8.7	0.2	8.2	9.1
Central Kansas Region	101	8.8	1.0	6.8	10.7
Gender					
Men	29	6.3	1.3	3.8	8.8
Women	72	11.2	1.5	8.2	14.2
Age Group					
18 to 44 Years	24	7.5	1.7	4.2	10.7
45 to 64 Years	39	9.9	1.7	6.6	13.2
65 Years and Older	38	9.6	1.7	6.3	13.0
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	96	8.9	1.0	6.9	11.0
Race					
White	89	8.5	1.0	6.4	10.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	35	8.2	1.5	5.2	11.2
Some College or College Graduate	66	9.2	1.3	6.6	11.9
Annual Household Income					
Less than \$35,000 per Year	40	11.6	2.2	7.3	15.9
\$35,000 or Higher per Year	35	5.9	1.1	3.8	8.1
Disability Status					
Living with a Disability	45	15.5	2.5	10.6	20.4
Living without a Disability	52	6.7	1.1	4.6	8.8

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	26	7.6	1.7	4.3	10.9
Overweight (25 ≤ BMI < 30)	22	6.9	1.7	3.6	10.2
Obese (BMI ≥ 30)	41	10.8	1.9	7.0	14.6
Leisure Time Physical Activity					
Participates in leisure time physical activity	61	8.1	1.2	5.7	10.4
Does not participate in leisure time physical activity	30	9.6	1.9	5.8	13.4
Smoking Status					
Current smoker	16	9.5	2.5	4.6	14.4
Non-smoker	80	8.4	1.1	6.3	10.6
Health Insurance Status					
Insured	91	8.9	1.1	6.8	11.0
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they had asthma and that they currently have asthma.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Percentage of Adults Who Have Been Diagnosed With Cancer (Excluding Skin Cancer), 2015

Central Kansas Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,273	7.1	0.2	6.8	7.5
Central Kansas Region	119	8.1	0.8	6.5	9.8
Gender					
Men	41	6.6	1.1	4.4	8.8
Women	78	9.6	1.2	7.2	12.0
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	38	8.4	1.5	5.5	11.3
65 Years and Older	75	20.6	2.4	16.0	25.2
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	114	8.5	0.9	6.8	10.2
Race					
White	110	8.2	0.9	6.5	9.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	52	8.6	1.3	6.0	11.2
Some College or College Graduate	67	7.8	1.1	5.7	9.9
Annual Household Income					
Less than \$35,000 per Year	36	7.2	1.4	4.6	9.9
\$35,000 or Higher per Year	52	7.4	1.1	5.2	9.7
Disability Status					
Living with a Disability	47	13.7	2.2	9.5	17.9
Living without a Disability	68	6.8	0.9	5.0	8.6

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	33	7.9	1.5	4.9	10.9
Overweight (25 ≤ BMI < 30)	35	7.4	1.4	4.7	10.2
Obese (BMI ≥ 30)	38	8.7	1.6	5.6	11.8
Leisure Time Physical Activity					
Participates in leisure time physical activity	74	8.1	1.0	6.0	10.2
Does not participate in leisure time physical activity	34	9.0	1.7	5.6	12.3
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	102	9.0	1.0	7.1	10.9
Health Insurance Status					
Insured	115	9.0	0.9	7.2	10.9
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they had cancer (excluding skin cancer).

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Percentage of Adults Who Have Been Diagnosed With Skin Cancer, 2015

Central Kansas Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,155	6.4	0.2	6.1	6.7
Central Kansas Region	111	7.3	0.8	5.8	8.9
Gender					
Men	53	7.8	1.2	5.4	10.2
Women	58	6.9	1.1	4.8	8.9
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	33	7.9	1.6	4.8	11.1
65 Years and Older	76	19.9	2.3	15.4	24.4
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	110	7.8	0.9	6.1	9.5
Race					
White	109	7.9	0.9	6.2	9.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	46	8.4	1.5	5.6	11.3
Some College or College Graduate	64	6.4	0.9	4.7	8.2
Annual Household Income					
Less than \$35,000 per Year	37	6.7	1.2	4.3	9.2
\$35,000 or Higher per Year	53	7.4	1.2	5.1	9.8
Disability Status					
Living with a Disability	35	9.6	2.0	5.7	13.6
Living without a Disability	70	6.4	0.9	4.7	8.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	34	7.1	1.4	4.4	9.9
Overweight (25 ≤ BMI < 30)	36	8.0	1.6	4.9	11.2
Obese (BMI ≥ 30)	31	6.3	1.3	3.8	8.8
Leisure Time Physical Activity					
Participates in leisure time physical activity	74	7.2	0.9	5.3	9.0
Does not participate in leisure time physical activity	29	8.3	2.0	4.4	12.2
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	98	7.8	0.9	6.1	9.5
Health Insurance Status					
Insured	107	8.0	0.9	6.3	9.8
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they had skin cancer.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Percentage of Adults Who had a Heart Attack, 2015

Central Kansas Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,263	4.0	0.1	3.7	4.2
Central Kansas Region	46	3.4	0.6	2.3	4.5
Gender					
Men	27	4.5	0.9	2.6	6.3
Women	19	2.4	0.7	1.1	3.7
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	16	4.4	1.1	2.2	6.6
65 Years and Older	29	8.1	1.7	4.8	11.4
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	44	3.6	0.6	2.4	4.8
Race					
White	40	3.3	0.6	2.1	4.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	20	4.1	1.0	2.2	6.1
Some College or College Graduate	26	2.9	0.7	1.6	4.3
Annual Household Income					
Less than \$35,000 per Year	21	5.1	1.3	2.6	7.7
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	23	8.4	1.9	4.7	12.1
Living without a Disability	22	2.0	0.5	1.0	3.0

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	21	5.6	1.3	3.1	8.2
Leisure Time Physical Activity					
Participates in leisure time physical activity	29	3.0	0.6	1.8	4.3
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	37	3.7	0.7	2.4	5.1
Health Insurance Status					
Insured	41	3.4	0.6	2.2	4.6
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they had a heart attack also called a myocardial infarction.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Percentage of Adults Who had Angina or Coronary Heart Disease, 2015

Central Kansas Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,274	3.8	0.1	3.6	4.0
Central Kansas Region	47	3.3	0.6	2.2	4.4
Gender					
Men	27	4.5	1.0	2.6	6.4
Women	20	2.2	0.6	1.1	3.3
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	14	3.4	1.0	1.5	5.2
65 Years and Older	32	9.0	1.8	5.6	12.4
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	46	3.5	0.6	2.3	4.6
Race					
White	41	3.3	0.6	2.2	4.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	17	3.0	0.8	1.4	4.6
Some College or College Graduate	30	3.6	0.8	2.1	5.1
Annual Household Income					
Less than \$35,000 per Year	19	4.6	1.2	2.2	6.9
\$35,000 or Higher per Year	18	2.2	0.6	1.0	3.3
Disability Status					
Living with a Disability	30	9.7	1.9	6.0	13.4
Living without a Disability	17	1.7	0.5	0.7	2.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	14	3.8	1.1	1.6	6.0
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	23	5.3	1.3	2.9	7.8
Leisure Time Physical Activity					
Participates in leisure time physical activity	28	3.1	0.7	1.8	4.4
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	36	3.3	0.6	2.1	4.5
Health Insurance Status					
Insured	44	3.5	0.6	2.3	4.7
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they had angina or coronary heart disease.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Percentage of Adults Who Had a Stroke, 2015

Central Kansas Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	907	3.0	0.1	2.8	3.3
Central Kansas Region	34	2.3	0.4	1.4	3.1
Gender					
Men	14	2.0	0.6	0.9	3.2
Women	20	2.5	0.6	1.3	3.8
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	22	6.1	1.4	3.4	8.8
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	32	2.4	0.5	1.5	3.2
Race					
White	25	1.8	0.4	1.0	2.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	15	2.8	0.8	1.3	4.3
Some College or College Graduate	19	1.9	0.5	1.0	2.8
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	21	6.3	1.5	3.3	9.2
Living without a Disability	13	1.3	0.4	0.5	2.0

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	15	3.7	1.1	1.6	5.9
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	19	1.9	0.5	1.0	2.9
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	29	2.4	0.5	1.5	3.4
Health Insurance Status					
Insured	31	2.3	0.5	1.4	3.2
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they had a stroke.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Percentage of Adults with Diagnosed Hypertension, 2015

Central Kansas Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	9,207	31.6	0.4	30.9	32.3
Central Kansas Region	454	35.2	1.7	31.9	38.5
Gender					
Men	190	37.0	2.6	31.9	42.1
Women	264	33.4	2.2	29.1	37.7
Age Group					
18 to 44 Years	47	17.8	2.7	12.4	23.2
45 to 64 Years	166	40.8	2.7	35.4	46.2
65 Years and Older	238	59.5	2.9	53.9	65.2
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	441	36.5	1.8	33.0	39.9
Race					
White	421	35.0	1.8	31.6	38.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	199	43.3	2.9	37.5	49.0
Some College or College Graduate	254	29.3	1.9	25.5	33.1
Annual Household Income					
Less than \$35,000 per Year	158	41.7	3.4	35.0	48.5
\$35,000 or Higher per Year	198	29.8	2.2	25.5	34.1
Disability Status					
Living with a Disability	167	56.0	3.6	49.0	63.1
Living without a Disability	272	29.8	1.9	26.1	33.6

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	90	24.4	2.8	18.9	29.9
Overweight (25 ≤ BMI < 30)	123	29.2	3.1	23.2	35.2
Obese (BMI ≥ 30)	197	49.4	3.1	43.3	55.5
Leisure Time Physical Activity					
Participates in leisure time physical activity	276	31.7	2.0	27.8	35.7
Does not participate in leisure time physical activity	132	45.1	3.7	37.8	52.4
Smoking Status					
Current smoker	59	34.3	4.6	25.3	43.2
Non-smoker	375	35.9	1.9	32.2	39.6
Health Insurance Status					
Insured	423	36.1	1.8	32.6	39.5
Uninsured	30	29.6	5.5	18.8	40.5

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they have high blood pressure.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Did Not Have Their Blood Cholesterol Checked
Within the Past Five Years, 2015**

Central Kansas Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,834	25.9	0.4	25.1	26.7
Central Kansas Region	198	27.0	1.8	23.5	30.5
Gender					
Men	106	30.8	2.7	25.4	36.2
Women	92	23.1	2.3	18.6	27.6
Age Group					
18 to 44 Years	118	46.6	3.4	40.0	53.2
45 to 64 Years	61	18.2	2.3	13.6	22.8
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	23	45.7	7.4	31.2	60.3
Non-Hispanic	174	25.7	1.9	22.0	29.3
Race					
White	175	26.8	1.9	23.1	30.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	99	35.5	3.1	29.5	41.5
Some College or College Graduate	99	20.8	2.1	16.7	25.0
Annual Household Income					
Less than \$35,000 per Year	74	35.4	3.7	28.2	42.6
\$35,000 or Higher per Year	91	23.7	2.3	19.1	28.3
Disability Status					
Living with a Disability	31	14.9	2.7	9.6	20.2
Living without a Disability	157	30.4	2.2	26.1	34.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	64	32.2	3.6	25.2	39.2
Overweight (25 ≤ BMI < 30)	66	31.1	3.5	24.2	37.9
Obese (BMI ≥ 30)	50	20.1	2.8	14.6	25.5
Leisure Time Physical Activity					
Participates in leisure time physical activity	117	24.4	2.2	20.2	28.6
Does not participate in leisure time physical activity	56	31.9	3.9	24.3	39.5
Smoking Status					
Current smoker	60	49.7	4.9	40.2	59.2
Non-smoker	122	20.9	1.8	17.3	24.5
Health Insurance Status					
Insured	149	22.5	1.8	19.0	26.0
Uninsured	49	55.4	5.8	44.0	66.8

Numerator: Respondents who reported they had not checked their blood cholesterol in the past five years.

Denominator: All respondents excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Tested and Diagnosed with High Cholesterol, 2015

Central Kansas Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	8,479	37.4	0.4	36.5	38.2
Central Kansas Region	402	39.6	1.9	35.8	43.3
Gender					
Men	165	41.0	2.9	35.3	46.6
Women	237	38.2	2.5	33.3	43.1
Age Group					
18 to 44 Years	45	23.4	3.5	16.5	30.2
45 to 64 Years	148	40.7	2.9	34.9	46.4
65 Years and Older	204	56.2	2.9	50.5	62.0
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	385	39.3	1.9	35.5	43.1
Race					
White	371	39.1	2.0	35.3	43.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	144	42.2	3.3	35.8	48.6
Some College or College Graduate	258	38.1	2.3	33.5	42.7
Annual Household Income					
Less than \$35,000 per Year	127	44.6	3.8	37.1	52.0
\$35,000 or Higher per Year	196	37.3	2.6	32.3	42.4
Disability Status					
Living with a Disability	141	53.8	3.9	46.1	61.5
Living without a Disability	247	35.4	2.2	31.0	39.8

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	100	36.9	3.6	29.8	43.9
Overweight (25 ≤ BMI < 30)	123	38.0	3.5	31.3	44.8
Obese (BMI ≥ 30)	146	43.8	3.3	37.3	50.3
Leisure Time Physical Activity					
Participates in leisure time physical activity	277	38.9	2.3	34.4	43.5
Does not participate in leisure time physical activity	93	44.1	4.1	36.0	52.2
Smoking Status					
Current smoker	49	44.9	5.6	33.9	55.9
Non-smoker	340	39.3	2.1	35.2	43.4
Health Insurance Status					
Insured	378	39.6	1.9	35.8	43.5
Uninsured	22	38.3	7.6	23.3	53.2

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they have high blood cholesterol.

Denominator: Respondents who had ever had their blood cholesterol checked, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Have Chronic Obstructive Pulmonary Disease
(COPD), Emphysema or Chronic Bronchitis, 2015**

Central Kansas Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,752	6.2	0.2	5.8	6.5
Central Kansas Region	87	7.0	0.9	5.3	8.7
Gender					
Men	32	7.0	1.4	4.3	9.7
Women	55	7.1	1.0	5.0	9.1
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	35	8.9	1.7	5.6	12.2
65 Years and Older	40	11.3	1.9	7.6	15.0
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	85	7.5	0.9	5.7	9.3
Race					
White	73	6.3	0.9	4.6	8.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	37	8.5	1.6	5.4	11.6
Some College or College Graduate	50	6.0	1.0	4.1	7.9
Annual Household Income					
Less than \$35,000 per Year	46	11.4	1.9	7.5	15.2
\$35,000 or Higher per Year	22	4.5	1.1	2.4	6.6
Disability Status					
Living with a Disability	50	18.0	2.7	12.6	23.4
Living without a Disability	34	4.3	0.8	2.6	5.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	23	5.5	1.3	3.1	8.0
Overweight (25 ≤ BMI < 30)	16	4.8	1.4	2.1	7.6
Obese (BMI ≥ 30)	43	11.0	1.9	7.3	14.6
Leisure Time Physical Activity					
Participates in leisure time physical activity	43	5.2	0.9	3.5	7.0
Does not participate in leisure time physical activity	39	12.9	2.4	8.2	17.5
Smoking Status					
Current smoker	28	13.6	3.0	7.8	19.4
Non-smoker	58	5.8	0.9	4.1	7.5
Health Insurance Status					
Insured	81	7.7	1.0	5.8	9.7
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they have chronic obstructive pulmonary disease (COPD), emphysema or chronic bronchitis.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Were EVER Diagnosed with a Depressive Disorder,
2015**

Central Kansas Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	4,472	19.4	0.3	18.8	20.1
Central Kansas Region	204	18.7	1.4	16.0	21.5
Gender					
Men	54	11.8	1.7	8.5	15.2
Women	150	25.4	2.2	21.2	29.7
Age Group					
18 to 44 Years	61	19.7	2.6	14.6	24.7
45 to 64 Years	83	20.5	2.2	16.2	24.9
65 Years and Older	60	14.4	2.0	10.4	18.3
Ethnicity					
Hispanic	15	17.9	5.1	8.0	27.9
Non-Hispanic	188	18.8	1.5	15.9	21.7
Race					
White	184	18.5	1.5	15.6	21.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	78	20.4	2.5	15.6	25.3
Some College or College Graduate	126	17.6	1.7	14.3	20.9
Annual Household Income					
Less than \$35,000 per Year	89	27.0	3.1	21.0	33.1
\$35,000 or Higher per Year	78	14.3	1.7	10.9	17.6
Disability Status					
Living with a Disability	100	37.9	3.5	30.9	44.8
Living without a Disability	95	13.5	1.5	10.5	16.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	49	17.5	2.7	12.2	22.7
Overweight (25 ≤ BMI <30)	49	15.2	2.4	10.5	19.8
Obese (BMI ≥ 30)	89	23.9	2.6	18.7	29.1
Leisure Time Physical Activity					
Participates in leisure time physical activity	120	17.4	1.7	14.0	20.8
Does not participate in leisure time physical activity	67	23.7	3.1	17.7	29.7
Smoking Status					
Current smoker	51	30.2	4.2	22.0	38.4
Non-smoker	146	16.4	1.5	13.5	19.4
Health Insurance Status					
Insured	177	17.5	1.4	14.7	20.2
Uninsured	26	26.2	5.1	16.2	36.1

Numerator: Respondents who reported they had ever been told by a doctor, nurse or other health professional that they have a depressive disorder (including depression, major depression, dysthymia, or minor depression).

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Diagnosed Diabetes, 2015

Central Kansas Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,878	9.7	0.2	9.3	10.1
Central Kansas Region	148	10.3	1.0	8.4	12.2
Gender					
Men	69	10.9	1.4	8.1	13.7
Women	79	9.7	1.3	7.2	12.3
Age Group					
18 to 44 Years	15	4.6	1.3	2.0	7.2
45 to 64 Years	45	9.4	1.5	6.6	12.3
65 Years and Older	87	22.9	2.5	18.1	27.7
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	141	10.6	1.0	8.6	12.5
Race					
White	131	9.7	1.0	7.8	11.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	55	10.3	1.6	7.2	13.4
Some College or College Graduate	91	10.1	1.2	7.8	12.4
Annual Household Income					
Less than \$35,000 per Year	64	13.4	1.9	9.7	17.0
\$35,000 or Higher per Year	60	8.5	1.3	5.9	11.0
Disability Status					
Living with a Disability	71	23.8	3.0	17.9	29.6
Living without a Disability	71	6.4	0.9	4.7	8.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	18	4.5	1.2	2.2	6.8
Overweight (25 ≤ BMI < 30)	34	6.9	1.4	4.1	9.7
Obese (BMI ≥ 30)	84	18.4	2.2	14.1	22.7
Leisure Time Physical Activity					
Participates in leisure time physical activity	94	10.0	1.1	7.7	12.2
Does not participate in leisure time physical activity	39	10.9	2.1	6.7	15.1
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	127	11.3	1.1	9.1	13.5
Health Insurance Status					
Insured	138	11.2	1.1	9.1	13.3
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor they had diabetes, excluding females told only during pregnancy and pre-diabetes or borderline diabetes.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Activity Limitations Due to Physical,
Mental or Emotional Problems, 2015**

Central Kansas Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	5,248	20.0	0.3	19.3	20.6
Central Kansas Region	257	20.6	1.4	17.8	23.4
Gender					
Men	96	18.1	2.0	14.1	22.0
Women	161	23.0	2.0	19.1	26.9
Age Group					
18 to 44 Years	34	10.8	2.1	6.7	14.8
45 to 64 Years	105	25.7	2.5	20.9	30.5
65 Years and Older	118	31.9	2.8	26.4	37.4
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	247	21.4	1.5	18.4	24.3
Race					
White	229	19.8	1.5	16.9	22.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	103	24.6	2.6	19.5	29.7
Some College or College Graduate	154	17.8	1.5	14.7	20.8
Annual Household Income					
Less than \$35,000 per Year	121	30.8	3.0	24.9	36.8
\$35,000 or Higher per Year	87	13.9	1.7	10.5	17.3
Weight Category					
Normal or Underweight (BMI < 25)	65	17.6	2.4	12.9	22.3
Overweight (25 ≤ BMI < 30)	69	16.7	2.4	12.0	21.4
Obese (BMI ≥ 30)	105	27.3	2.7	22.0	32.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	155	18.0	1.6	14.8	21.2
Does not participate in leisure time physical activity	84	27.3	3.2	21.1	33.6
Smoking Status					
Current smoker	47	23.8	3.7	16.6	31.0
Non-smoker	205	19.7	1.5	16.6	22.7
Health Insurance Status					
Insured	232	20.3	1.4	17.5	23.2
Uninsured	24	21.8	4.9	12.2	31.4

Numerator: Respondents who reported they were limited in any activities because of physical, mental or emotional problems.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Reported Living with a Disability, 2015

Central Kansas Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	5,842	21.9	0.3	21.2	22.5
Central Kansas Region	281	22.1	1.4	19.2	24.9
Gender					
Men	104	19.4	2.1	15.3	23.4
Women	177	24.7	2.0	20.7	28.6
Age Group					
18 to 44 Years	35	11.1	2.1	7.0	15.2
45 to 64 Years	110	26.7	2.5	21.8	31.6
65 Years and Older	136	36.6	2.9	30.9	42.2
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	271	23.0	1.5	20.0	26.0
Race					
White	253	21.4	1.5	18.4	24.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	115	26.2	2.6	21.0	31.4
Some College or College Graduate	166	19.2	1.6	16.0	22.3
Annual Household Income					
Less than \$35,000 per Year	130	32.2	3.1	26.2	38.2
\$35,000 or Higher per Year	97	15.2	1.8	11.8	18.7
Weight Category					
Normal or Underweight (BMI <25)	71	18.9	2.5	14.1	23.7
Overweight (25 ≤ BMI < 30)	74	17.9	2.5	13.1	22.7
Obese (BMI ≥ 30)	115	29.1	2.8	23.6	34.5

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	170	19.2	1.7	15.9	22.5
Does not participate in leisure time physical activity	91	29.0	3.2	22.6	35.3
Smoking Status					
Current smoker	49	24.2	3.7	17.0	31.5
Non-smoker	227	21.4	1.6	18.3	24.5
Health Insurance Status					
Insured	256	22.1	1.5	19.2	25.0
Uninsured	24	21.8	4.9	12.2	31.4

Numerator: Respondents who reported they were limited in any activities because of physical, mental or emotional problems or who reported having a health problem that requires them to use special equipment such as a cane, a wheelchair, a special bed or a special telephone.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Not Participating in the Recommended Level of Physical Activity (Aerobic and/or Strengthening), 2015

Central Kansas Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	16,199	80.7	0.4	80.0	81.4
Central Kansas Region	782	82.6	1.5	79.6	85.6
Gender					
Men	325	84.5	2.1	80.4	88.6
Women	457	80.8	2.2	76.5	85.1
Age Group					
18 to 44 Years	199	78.8	2.9	73.1	84.6
45 to 64 Years	308	86.2	1.9	82.4	90.0
65 Years and Older	273	83.9	2.2	79.6	88.2
Ethnicity					
Hispanic	43	83.4	6.0	71.7	95.0
Non-Hispanic	736	82.5	1.6	79.4	85.6
Race					
White	728	82.6	1.6	79.5	85.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	302	85.0	2.4	80.3	89.7
Some College or College Graduate	479	80.8	2.0	77.0	84.7
Annual Household Income					
Less than \$35,000 per Year	249	83.7	2.9	78.1	89.4
\$35,000 or Higher per Year	412	83.0	2.0	79.2	86.9
Disability Status					
Living with a Disability	211	84.5	3.0	78.5	90.4
Living without a Disability	564	81.9	1.8	78.5	85.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	205	76.6	3.0	70.6	82.6
Overweight (25 ≤ BMI < 30)	244	80.9	2.9	75.3	86.6
Obese (BMI ≥ 30)	282	87.0	2.4	82.3	91.6
Smoking Status					
Current smoker	126	86.2	3.3	79.7	92.8
Non-smoker	650	81.7	1.7	78.4	85.1
Health Insurance Status					
Insured	707	82.6	1.6	79.6	85.7
Uninsured	75	82.3	5.0	72.6	92.1

Numerator: Respondents not participating in the recommended level of physical activity or participating in insufficient recommended level of physical activity for either aerobic or muscle strengthening guidelines.

Denominator: All respondents, excluding unknowns and refusals.

Not participating in the recommended level of physical activity referred to not participating in aerobic and strengthening exercises according to guidelines.

Participating in insufficient level of recommended physical activity referred to participating only in aerobic or only in strengthening exercises according to guidelines.

The aerobic guideline is defined as 150 minutes a week of moderate-intensity aerobic activity, or 75 minutes a week of vigorous-intensity aerobic activity, or an equivalent combination of moderate- and vigorous-intensity aerobic activity.

The strengthening guideline is defined as muscle-strengthening activities that involved all major muscle groups two or more times per week.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Not Participating in the Recommended Level of Physical Activity (Aerobic and Strengthening), 2015

Central Kansas Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	8,120	40.3	0.4	39.4	41.2
Central Kansas Region	400	41.7	1.9	37.9	45.5
Gender					
Men	163	43.2	3.0	37.4	49.0
Women	237	40.3	2.5	35.4	45.2
Age Group					
18 to 44 Years	103	40.1	3.5	33.3	46.9
45 to 64 Years	163	45.4	3.0	39.6	51.2
65 Years and Older	132	38.0	3.0	32.1	43.9
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	369	40.9	2.0	37.0	44.8
Race					
White	375	42.4	2.0	38.4	46.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	177	51.2	3.2	44.9	57.6
Some College or College Graduate	222	34.6	2.3	30.1	39.1
Annual Household Income					
Less than \$35,000 per Year	151	49.7	3.7	42.4	57.1
\$35,000 or Higher per Year	188	38.1	2.6	33.0	43.1
Disability Status					
Living with a Disability	126	48.8	3.9	41.2	56.4
Living without a Disability	270	39.5	2.2	35.1	43.8

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	89	32.6	3.5	25.8	39.5
Overweight (25 ≤ BMI <30)	120	39.3	3.5	32.4	46.2
Obese (BMI ≥ 30)	160	48.3	3.3	41.9	54.7
Smoking Status					
Current smoker	79	52.9	5.0	43.0	62.7
Non-smoker	318	39.0	2.1	34.9	43.0
Health Insurance Status					
Insured	350	39.5	2.0	35.6	43.4
Uninsured	50	54.9	6.2	42.7	67.0

Numerator: Respondents who did not participate in the recommended level of aerobic and strengthening exercises during the past month.

Denominator: All respondents, excluding unknowns and refusals.

The aerobic guideline is defined as 150 minutes a week of moderate-intensity aerobic activity, or 75 minutes a week of vigorous-intensity aerobic activity, or an equivalent combination of moderate- and vigorous-intensity aerobic activity.

The strengthening guideline is defined as muscle-strengthening activities that involved all major muscle groups two or more times per week.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Not Participating in Any Physical Activity Other Than Their Regular Job in the Past 30 Days (Leisure Time Physical Activity), 2015

Central Kansas Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	5,698	26.5	0.4	25.8	27.3
Central Kansas Region	264	26.6	1.7	23.2	29.9
Gender					
Men	112	28.4	2.7	23.2	33.6
Women	152	24.8	2.2	20.6	29.0
Age Group					
18 to 44 Years	59	22.6	2.9	16.9	28.4
45 to 64 Years	100	29.9	2.8	24.5	35.4
65 Years and Older	103	29.0	2.8	23.6	34.4
Ethnicity					
Hispanic	19	29.4	6.7	16.3	42.5
Non-Hispanic	244	26.4	1.8	22.9	29.8
Race					
White	245	27.0	1.8	23.5	30.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	128	35.2	3.0	29.3	41.1
Some College or College Graduate	135	20.1	1.9	16.4	23.8
Annual Household Income					
Less than \$35,000 per Year	113	36.0	3.5	29.2	42.8
\$35,000 or Higher per Year	107	21.3	2.2	17.1	25.6
Disability Status					
Living with a Disability	91	35.0	3.6	27.9	42.0
Living without a Disability	168	23.9	1.9	20.1	27.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	54	19.3	2.9	13.7	24.9
Overweight (25 ≤ BMI <30)	73	23.1	3.0	17.2	29.1
Obese (BMI ≥ 30)	113	33.1	3.0	27.3	39.0
Smoking Status					
Current smoker	62	40.5	4.8	31.1	49.9
Non-smoker	199	23.1	1.7	19.7	26.5
Health Insurance Status					
Insured	230	25.0	1.7	21.6	28.4
Uninsured	34	36.1	5.7	24.9	47.4

Numerator: Respondents who reported they did not participate in any physical activities or exercise, other than their regular job, in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Consuming Fruit Less than 1 Time Per Day,
2015**

Central Kansas Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	8,386	43.7	0.4	42.9	44.6
Central Kansas Region	408	44.7	1.9	41.0	48.5
Gender					
Men	190	48.8	2.9	43.1	54.5
Women	218	40.9	2.6	35.9	45.9
Age Group					
18 to 44 Years	118	46.4	3.5	39.6	53.1
45 to 64 Years	160	45.5	2.9	39.7	51.3
65 Years and Older	128	39.9	3.1	33.8	46.0
Ethnicity					
Hispanic	22	40.7	7.6	25.8	55.5
Non-Hispanic	385	45.1	2.0	41.2	49.0
Race					
White	378	44.6	2.0	40.6	48.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	166	49.0	3.2	42.7	55.2
Some College or College Graduate	241	41.7	2.4	37.0	46.4
Annual Household Income					
Less than \$35,000 per Year	140	51.0	3.6	43.8	58.1
\$35,000 or Higher per Year	216	44.5	2.6	39.4	49.6
Disability Status					
Living with a Disability	103	41.1	3.7	33.8	48.3
Living without a Disability	301	45.6	2.3	41.2	50.0

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	98	37.9	3.5	30.9	44.8
Overweight (25 ≤ BMI < 30)	129	45.3	3.6	38.3	52.3
Obese (BMI ≥ 30)	154	48.8	3.2	42.5	55.2
Leisure Time Physical Activity					
Participates in leisure time physical activity	268	41.1	2.3	36.6	45.5
Does not participate in leisure time physical activity	129	54.2	3.8	46.6	61.7
Smoking Status					
Current smoker	79	53.6	4.9	44.0	63.2
Non-smoker	328	42.8	2.1	38.7	46.9
Health Insurance Status					
Insured	362	44.1	2.0	40.2	48.1
Uninsured	46	48.7	6.0	36.9	60.4

Numerator: Respondents who reported they consumed fruit less than 1 time per day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Consuming Vegetables Less than 1 Time
Per Day, 2015**

Central Kansas Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	4,217	22.3	0.4	21.6	23.1
Central Kansas Region	218	22.6	1.6	19.4	25.8
Gender					
Men	93	23.7	2.6	18.7	28.7
Women	125	21.6	2.1	17.5	25.7
Age Group					
18 to 44 Years	52	21.3	2.9	15.5	27.0
45 to 64 Years	80	22.7	2.5	17.7	27.6
65 Years and Older	85	25.4	2.7	20.1	30.7
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	209	23.1	1.7	19.8	26.5
Race					
White	203	22.9	1.7	19.5	26.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	109	27.5	2.8	22.0	33.1
Some College or College Graduate	108	18.9	1.9	15.1	22.8
Annual Household Income					
Less than \$35,000 per Year	89	27.9	3.3	21.3	34.5
\$35,000 or Higher per Year	94	19.9	2.1	15.8	24.1
Disability Status					
Living with a Disability	65	26.8	3.3	20.3	33.4
Living without a Disability	151	21.5	1.9	17.8	25.3

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	62	23.2	3.7	17.1	29.3
Overweight (25 ≤ BMI < 30)	70	22.0	3.0	16.1	27.9
Obese (BMI ≥ 30)	73	23.2	2.8	17.7	28.6
Leisure Time Physical Activity					
Participates in leisure time physical activity	137	19.7	1.9	16.0	23.3
Does not participate in leisure time physical activity	77	31.0	3.5	24.1	37.9
Smoking Status					
Current smoker	39	24.8	4.4	16.2	33.4
Non-smoker	176	21.9	1.7	18.5	25.3
Health Insurance Status					
Insured	194	22.1	1.7	18.8	25.4
Uninsured	24	25.8	5.6	14.9	36.7

Numerator: Respondents who reported they consumed vegetables less than 1 time per day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Lack Health Care Coverage, 2015

Central Kansas Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,027	12.8	0.3	12.2	13.4
Central Kansas Region	104	14.0	1.4	11.2	16.9
Gender					
Men	41	13.3	2.2	9.1	17.6
Women	63	14.7	1.9	10.9	18.4
Age Group					
18 to 44 Years	53	20.9	2.8	15.3	26.5
45 to 64 Years	45	13.2	2.0	9.2	17.1
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	31	64.7	6.5	52.0	77.4
Non-Hispanic	73	10.6	1.4	7.9	13.3
Race					
White	90	13.3	1.5	10.4	16.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	63	22.4	2.8	16.9	27.8
Some College or College Graduate	40	7.8	1.3	5.2	10.4
Annual Household Income					
Less than \$35,000 per Year	62	29.4	3.5	22.6	36.2
\$35,000 or Higher per Year	22	6.1	1.4	3.4	8.9
Disability Status					
Living with a Disability	24	13.9	3.2	7.7	20.1
Living without a Disability	74	14.1	1.7	10.8	17.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	33	16.7	2.8	11.2	22.3
Overweight (25 ≤ BMI < 30)	25	12.8	2.8	7.3	18.3
Obese (BMI ≥ 30)	33	13.3	2.4	8.6	18.1
Leisure Time Physical Activity					
Participates in leisure time physical activity	59	12.4	1.7	8.9	15.8
Does not participate in leisure time physical activity	34	19.3	3.3	12.9	25.7
Smoking Status					
Current smoker	30	25.4	4.5	16.5	34.3
Non-smoker	66	11.0	1.4	8.2	13.8

Numerator: Respondents who reported they had no health care coverage.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Ages 18 to 64 Years Old Who Lack Health Care Coverage,
2015**

Central Kansas Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,921	15.7	0.4	15.0	16.5
Central Kansas Region	98	17.3	1.8	13.8	20.9
Gender					
Men	39	16.1	2.7	10.9	21.4
Women	59	18.6	2.4	13.8	23.4
Age Group					
18 to 44 Years	53	20.9	2.8	15.3	26.5
45 to 64 Years	45	13.2	2.0	9.2	17.1
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	31	66.5	6.6	53.7	79.4
Non-Hispanic	67	13.1	1.8	9.7	16.5
Race					
White	84	16.4	1.9	12.8	20.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	60	28.9	3.5	22.0	35.8
Some College or College Graduate	37	9.2	1.6	6.1	12.4
Annual Household Income					
Less than \$35,000 per Year	58	38.2	4.4	29.6	46.8
\$35,000 or Higher per Year	21	6.9	1.6	3.7	10.1
Disability Status					
Living with a Disability	21	19.1	4.5	10.2	28.0
Living without a Disability	71	16.8	2.0	12.8	20.8

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	32	21.9	3.7	14.6	29.1
Overweight (25 ≤ BMI < 30)	25	16.3	3.5	9.4	23.3
Obese (BMI ≥ 30)	30	15.1	2.8	9.6	20.7
Leisure Time Physical Activity					
Participates in leisure time physical activity	57	15.4	2.2	11.1	19.6
Does not participate in leisure time physical activity	30	23.1	4.1	15.1	31.1
Smoking Status					
Current smoker	30	28.4	5.0	18.7	38.1
Non-smoker	60	13.7	1.8	10.1	17.3

Numerator: Respondents ages 18-64 years old who reported they had no health care coverage.

Denominator: All respondents ages 18-64 years old, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with No Personal Doctor or Health Care Provider, 2015

Central Kansas Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,278	20.1	0.4	19.4	20.8
Central Kansas Region	137	17.2	1.5	14.2	20.1
Gender					
Men	86	22.7	2.5	17.9	27.5
Women	51	11.9	1.7	8.4	15.3
Age Group					
18 to 44 Years	74	26.7	2.9	20.9	32.5
45 to 64 Years	46	13.7	2.1	9.5	17.8
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	27	55.3	7.7	41.4	69.3
Non-Hispanic	109	14.6	1.5	11.7	17.5
Race					
White	113	15.9	1.6	12.8	18.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	76	26.1	2.8	20.5	31.6
Some College or College Graduate	61	10.7	1.5	7.8	13.6
Annual Household Income					
Less than \$35,000 per Year	63	27.1	3.4	20.5	33.8
\$35,000 or Higher per Year	46	11.6	1.7	8.2	15.0
Disability Status					
Living with a Disability	19	8.2	2.0	4.3	12.2
Living without a Disability	107	19.2	1.9	15.5	22.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	40	20.9	3.2	14.5	27.2
Overweight (25 ≤ BMI < 30)	38	15.4	2.8	10.0	20.8
Obese (BMI ≥ 30)	44	16.0	2.4	11.2	20.7
Leisure Time Physical Activity					
Participates in leisure time physical activity	78	15.2	1.8	11.6	18.8
Does not participate in leisure time physical activity	37	19.9	3.3	13.5	26.3
Smoking Status					
Current smoker	48	34.8	4.7	25.6	44.0
Non-smoker	78	12.3	1.5	9.4	15.1
Health Insurance Status					
Insured	98	12.8	1.4	10.1	15.6
Uninsured	39	44.0	5.8	32.7	55.3

Numerator: Respondents who reported they had no personal doctor or health care provider.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Could Not See a Doctor Because of Cost In the Past 12 Months, 2015

Central Kansas Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,120	11.0	0.3	10.5	11.6
Central Kansas Region	116	13.3	1.3	10.7	16.0
Gender					
Men	46	12.6	2.0	8.6	16.5
Women	70	14.1	1.8	10.6	17.6
Age Group					
18 to 44 Years	49	16.8	2.5	11.9	21.7
45 to 64 Years	53	14.7	2.1	10.6	18.8
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	16	33.0	7.1	19.1	46.9
Non-Hispanic	100	12.0	1.3	9.4	14.6
Race					
White	97	12.4	1.4	9.7	15.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	62	19.2	2.5	14.2	24.2
Some College or College Graduate	54	9.1	1.3	6.5	11.7
Annual Household Income					
Less than \$35,000 per Year	60	25.7	3.3	19.2	32.2
\$35,000 or Higher per Year	35	7.1	1.3	4.6	9.7
Disability Status					
Living with a Disability	46	21.2	3.1	15.1	27.3
Living without a Disability	64	11.2	1.5	8.2	14.2

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	30	12.4	2.4	7.8	17.0
Overweight (25 ≤ BMI < 30)	29	11.9	2.6	6.7	17.0
Obese (BMI ≥ 30)	43	14.5	2.3	10.0	18.9
Leisure Time Physical Activity					
Participates in leisure time physical activity	70	12.7	1.7	9.4	16.0
Does not participate in leisure time physical activity	33	14.6	2.7	9.3	20.0
Smoking Status					
Current smoker	40	26.8	4.4	18.1	35.5
Non-smoker	69	10.0	1.3	7.5	12.5
Health Insurance Status					
Insured	70	8.3	1.1	6.2	10.4
Uninsured	46	44.3	5.7	33.1	55.4

Numerator: Respondents who reported they could not see a doctor because of cost in the past 12 months.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Fair or Poor Self-Perceived Health Status, 2015

Central Kansas Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,945	15.7	0.3	15.1	16.2
Central Kansas Region	197	16.4	1.3	13.9	18.9
Gender					
Men	79	16.7	2.0	12.7	20.6
Women	118	16.1	1.6	13.0	19.2
Age Group					
18 to 44 Years	31	8.5	1.7	5.2	11.7
45 to 64 Years	84	22.8	2.5	17.9	27.6
65 Years and Older	81	21.3	2.4	16.6	26.0
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	185	16.4	1.3	13.8	19.0
Race					
White	170	15.2	1.3	12.6	17.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	101	23.4	2.4	18.6	28.2
Some College or College Graduate	94	11.0	1.2	8.6	13.5
Annual Household Income					
Less than \$35,000 per Year	96	23.6	2.7	18.4	28.8
\$35,000 or Higher per Year	56	11.1	1.6	7.9	14.3
Disability Status					
Living with a Disability	128	47.8	3.7	40.6	54.9
Living without a Disability	61	7.7	1.1	5.5	9.8

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	49	14.9	2.3	10.4	19.4
Overweight (25 ≤ BMI < 30)	38	11.8	2.2	7.4	16.2
Obese (BMI ≥ 30)	92	22.6	2.4	17.8	27.4
Leisure Time Physical Activity					
Participates in leisure time physical activity	97	12.4	1.4	9.6	15.2
Does not participate in leisure time physical activity	83	28.0	3.2	21.8	34.3
Smoking Status					
Current smoker	47	24.3	3.7	17.0	31.6
Non-smoker	139	14.4	1.4	11.7	17.1
Health Insurance Status					
Insured	168	15.2	1.3	12.7	17.7
Uninsured	29	23.7	4.6	14.6	32.8

Numerator: Respondents who reported that in general their health is fair or poor.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Reported Their Physical Health Was Not Good on 14 or More Days in the Past 30 Days, 2015

Central Kansas Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,560	10.0	0.2	9.5	10.4
Central Kansas Region	140	11.1	1.1	8.9	13.2
Gender					
Men	52	9.8	1.6	6.8	12.9
Women	88	12.2	1.5	9.2	15.3
Age Group					
18 to 44 Years	24	7.6	1.8	4.1	11.2
45 to 64 Years	60	13.6	1.8	10.0	17.2
65 Years and Older	56	13.9	2.0	10.1	17.8
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	131	11.2	1.2	8.9	13.5
Race					
White	118	10.0	1.1	7.8	12.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	57	13.5	2.1	9.4	17.7
Some College or College Graduate	83	9.3	1.1	7.2	11.5
Annual Household Income					
Less than \$35,000 per Year	79	21.1	2.8	15.7	26.5
\$35,000 or Higher per Year	36	5.7	1.1	3.5	7.9
Disability Status					
Living with a Disability	106	41.7	3.8	34.3	49.1
Living without a Disability	30	3.3	0.7	1.9	4.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	33	9.1	1.8	5.5	12.7
Overweight (25 ≤ BMI < 30)	30	7.8	1.7	4.4	11.3
Obese (BMI ≥ 30)	62	15.5	2.3	11.1	19.9
Leisure Time Physical Activity					
Participates in leisure time physical activity	72	9.3	1.3	6.7	11.9
Does not participate in leisure time physical activity	56	17.1	2.5	12.1	22.0
Smoking Status					
Current smoker	31	15.1	3.0	9.3	20.9
Non-smoker	102	10.1	1.2	7.7	12.5
Health Insurance Status					
Insured	124	10.4	1.0	8.4	12.4
Uninsured	*	*	*	*	*

Numerator: Respondents who reported 14 or more days when their physical health was not good in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Their Mental Health Was Not Good on 14
or More Days in the Past 30 Days, 2015**

Central Kansas Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,978	9.7	0.3	9.2	10.2
Central Kansas Region	100	9.0	1.0	7.0	11.0
Gender					
Men	26	5.8	1.3	3.3	8.2
Women	74	12.1	1.6	9.0	15.2
Age Group					
18 to 44 Years	30	10.4	1.9	6.6	14.2
45 to 64 Years	45	9.4	1.5	6.4	12.4
65 Years and Older	25	5.8	1.3	3.2	8.3
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	93	8.8	1.0	6.7	10.8
Race					
White	85	8.1	1.0	6.1	10.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	45	11.2	1.9	7.5	14.8
Some College or College Graduate	55	7.5	1.1	5.2	9.7
Annual Household Income					
Less than \$35,000 per Year	50	15.6	2.4	10.8	20.4
\$35,000 or Higher per Year	34	5.8	1.1	3.6	8.1
Disability Status					
Living with a Disability	55	20.0	2.8	14.5	25.5
Living without a Disability	42	5.7	1.0	3.7	7.8

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	28	9.9	2.3	5.5	14.3
Overweight (25 ≤ BMI < 30)	20	4.5	1.2	2.1	6.9
Obese (BMI ≥ 30)	47	13.5	2.1	9.4	17.5
Leisure Time Physical Activity					
Participates in leisure time physical activity	54	7.6	1.2	5.2	9.9
Does not participate in leisure time physical activity	37	13.2	2.4	8.6	17.9
Smoking Status					
Current smoker	30	18.2	3.5	11.2	25.1
Non-smoker	64	6.3	0.9	4.6	8.1
Health Insurance Status					
Insured	86	8.3	1.0	6.3	10.3
Uninsured	14	13.3	3.7	6.2	20.5

Numerator: Respondents who reported 14 or more days when their mental health was not good in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Reported Their Poor Physical or Mental Health Kept Them From Doing Their Usual Activities, such as Self-care, Work or Recreation in the Past 30 Days, 2015

Central Kansas Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	4,379	38.7	0.6	37.6	39.9
Central Kansas Region	214	40.4	2.6	35.3	45.5
Gender					
Men	76	37.4	4.0	29.6	45.3
Women	138	42.7	3.4	36.1	49.3
Age Group					
18 to 44 Years	59	36.2	4.3	27.8	44.6
45 to 64 Years	85	43.0	3.9	35.3	50.7
65 Years and Older	70	47.2	4.5	38.3	56.1
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	195	39.9	2.7	34.6	45.2
Race					
White	186	38.6	2.7	33.3	44.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	84	42.6	4.2	34.4	50.9
Some College or College Graduate	130	38.7	3.2	32.4	45.1
Annual Household Income					
Less than \$35,000 per Year	97	51.6	4.7	42.3	60.8
\$35,000 or Higher per Year	73	31.1	3.6	24.1	38.1
Disability Status					
Living with a Disability	112	58.1	4.4	49.5	66.7
Living without a Disability	95	32.8	3.2	26.5	39.2

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	52	37.8	5.0	28.0	47.5
Overweight (25 ≤ BMI < 30)	53	37.0	5.0	27.2	46.9
Obese (BMI ≥ 30)	93	45.8	4.2	37.6	54.0
Leisure Time Physical Activity					
Participates in leisure time physical activity	116	35.7	3.2	29.4	42.0
Does not participate in leisure time physical activity	80	49.9	5.1	40.0	59.8
Smoking Status					
Current smoker	49	52.8	6.1	40.9	64.7
Non-smoker	156	37.1	2.9	31.3	42.8
Health Insurance Status					
Insured	181	37.7	2.7	32.4	42.9
Uninsured	32	55.6	7.7	40.5	70.8

Numerator: Respondents who reported one or more days in the past 30 days when their poor physical or mental health kept them from doing their usual activities, such as self-care, work or recreation.

Denominator: Respondents with at least one day in the past 30 days when their physical or mental health was not good, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Ages 18 Years and Older Who Did Not Get Immunized
Against Influenza During the Past 12 Months, 2015**

Central Kansas Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	10,526	57.4	0.4	56.6	58.3
Central Kansas Region	528	60.9	1.8	57.3	64.5
Gender					
Men	234	65.4	2.7	60.2	70.7
Women	294	56.6	2.5	51.7	61.5
Age Group					
18 to 44 Years	176	68.9	3.2	62.6	75.2
45 to 64 Years	221	63.8	2.8	58.4	69.2
65 Years and Older	126	38.9	3.1	32.8	45.0
Ethnicity					
Hispanic	34	63.5	7.7	48.5	78.6
Non-Hispanic	491	60.6	1.9	56.8	64.3
Race					
White	483	60.4	1.9	56.7	64.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	204	64.1	2.9	58.4	69.9
Some College or College Graduate	322	58.3	2.4	53.7	63.0
Annual Household Income					
Less than \$35,000 per Year	173	65.9	3.3	59.5	72.3
\$35,000 or Higher per Year	278	59.9	2.5	54.9	64.9
Disability Status					
Living with a Disability	117	55.5	3.7	48.2	62.8
Living without a Disability	403	62.2	2.1	58.0	66.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	151	58.2	3.5	51.3	65.2
Overweight (25 ≤ BMI <30)	158	61.7	3.3	55.2	68.2
Obese (BMI ≥ 30)	176	60.2	3.1	54.1	66.4
Leisure Time Physical Activity					
Participates in leisure time physical activity	381	58.8	2.2	54.5	63.1
Does not participate in leisure time physical activity	147	66.8	3.3	60.2	73.3
Smoking Status					
Current smoker	114	79.1	3.6	72.0	86.2
Non-smoker	411	56.4	2.1	52.3	60.4
Health Insurance Status					
Insured	459	58.0	2.0	54.1	61.8
Uninsured	69	79.0	4.5	70.1	87.9

Numerator: Respondents who reported they did not get a flu shot or flu vaccine sprayed in their nose during the past 12 months.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults 65 Years Old and Older Who Did Not Get Immunized
Against Influenza During the Past 12 Months, 2015**

Central Kansas Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,557	38.3	0.7	36.9	39.6
Central Kansas Region	126	38.9	3.1	32.8	45.0
Gender					
Men	43	35.9	5.0	26.0	45.8
Women	83	41.1	3.9	33.5	48.8
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	124	38.8	3.1	32.7	45.0
Race					
White	119	38.9	3.2	32.6	45.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	57	42.2	4.8	32.8	51.7
Some College or College Graduate	69	35.8	3.9	28.1	43.5
Annual Household Income					
Less than \$35,000 per Year	52	45.8	5.4	35.2	56.5
\$35,000 or Higher per Year	43	33.2	4.5	24.3	42.1
Disability Status					
Living with a Disability	43	40.4	5.3	30.0	50.8
Living without a Disability	80	37.1	3.8	29.6	44.6
Weight Category					
Normal or Underweight (BMI <25)	45	36.6	5.1	26.5	46.7
Overweight (25 ≤ BMI < 30)	37	37.0	5.8	25.7	48.4
Obese (BMI ≥ 30)	34	41.5	5.8	30.2	52.8

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	<i>91</i>	<i>38.4</i>	<i>3.7</i>	<i>31.1</i>	<i>45.7</i>
Does not participate in leisure time physical activity	<i>35</i>	<i>40.3</i>	<i>5.7</i>	<i>29.0</i>	<i>51.5</i>
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	<i>107</i>	<i>35.7</i>	<i>3.1</i>	<i>29.6</i>	<i>41.8</i>
Health Insurance Status					
Insured	<i>120</i>	<i>37.3</i>	<i>3.1</i>	<i>31.2</i>	<i>43.4</i>
Uninsured	*	*	*	*	*

Numerator: Respondents 65 years old and older who reported they did not receive a flu shot or flu vaccine sprayed in their nose during the past 12 months.

Denominator: All respondents 65 years old and older, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults 65 Years Old and Older Who Never Had Pneumonia
Vaccination, 2015**

Central Kansas Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,711	26.2	0.6	25.0	27.4
Central Kansas Region	100	30.4	3.0	24.6	36.3
Gender					
Men	44	33.6	4.9	24.0	43.1
Women	56	28.1	3.8	20.7	35.5
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	97	30.1	3.0	24.2	36.0
Race					
White	93	30.1	3.1	24.1	36.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	46	33.1	4.7	23.9	42.2
Some College or College Graduate	54	27.9	3.8	20.5	35.2
Annual Household Income					
Less than \$35,000 per Year	41	33.3	5.3	23.0	43.6
\$35,000 or Higher per Year	40	29.5	4.4	20.9	38.2
Disability Status					
Living with a Disability	27	23.2	4.4	14.5	32.0
Living without a Disability	72	34.4	3.9	26.8	42.1
Weight Category					
Normal or Underweight (BMI <25)	30	23.0	4.5	14.3	31.8
Overweight (25 ≤ BMI < 30)	40	37.5	5.7	26.4	48.6
Obese (BMI ≥ 30)	25	30.9	5.6	20.0	41.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	71	30.7	3.6	23.6	37.8
Does not participate in leisure time physical activity	29	29.8	5.3	19.5	40.1
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	83	28.0	2.9	22.2	33.8
Health Insurance Status					
Insured	98	30.3	3.0	24.4	36.2
Uninsured	*	*	*	*	*

Numerator: Respondents 65 years old and older who reported they never had a pneumonia vaccination.

Denominator: All respondents 65 years old and older, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported That They Do Not Always Wear a Seatbelt
When They Drive or Ride in a Car, 2015**

Central Kansas Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,288	17.0	0.3	16.3	17.6
Central Kansas Region	176	21.9	1.7	18.5	25.3
Gender					
Men	103	29.7	2.8	24.3	35.2
Women	73	14.6	2.0	10.6	18.6
Age Group					
18 to 44 Years	65	28.1	3.3	21.7	34.5
45 to 64 Years	70	21.4	2.5	16.4	26.3
65 Years and Older	40	10.9	1.9	7.3	14.6
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	169	22.7	1.8	19.1	26.2
Race					
White	165	22.4	1.8	18.8	26.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	78	26.2	3.0	20.3	32.1
Some College or College Graduate	98	18.8	2.0	14.9	22.8
Annual Household Income					
Less than \$35,000 per Year	55	23.5	3.4	16.7	30.2
\$35,000 or Higher per Year	101	23.9	2.4	19.3	28.6
Disability Status					
Living with a Disability	46	21.5	3.7	14.3	28.6
Living without a Disability	130	22.3	2.0	18.4	26.2

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	45	21.1	3.2	14.8	27.5
Overweight (25 ≤ BMI < 30)	47	19.1	3.0	13.1	25.0
Obese (BMI ≥ 30)	72	26.4	3.1	20.3	32.5
Leisure Time Physical Activity					
Participates in leisure time physical activity	115	19.7	1.9	15.9	23.5
Does not participate in leisure time physical activity	61	28.2	3.6	21.1	35.3
Smoking Status					
Current smoker	35	26.1	4.4	17.4	34.8
Non-smoker	140	21.0	1.9	17.3	24.7
Health Insurance Status					
Insured	159	21.5	1.8	18.0	25.0
Uninsured	17	25.0	5.7	13.7	36.2

Respondents who reported they nearly always, sometimes, seldom or never use a seatbelt when they ride or drive in a car.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Currently Smoke Cigarettes, 2015

Central Kansas Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,343	17.7	0.3	17.0	18.4
Central Kansas Region	164	19.9	1.6	16.7	23.1
Gender					
Men	82	22.6	2.6	17.6	27.6
Women	82	17.2	2.0	13.3	21.2
Age Group					
18 to 44 Years	66	26.4	3.7	20.3	32.4
45 to 64 Years	66	18.5	2.3	14.0	23.0
65 Years and Older	31	9.6	2.2	5.3	13.8
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	155	20.1	1.7	16.7	23.4
Race					
White	140	19.2	1.7	15.8	22.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	94	30.4	3.0	24.4	36.3
Some College or College Graduate	70	12.4	1.6	9.3	15.6
Annual Household Income					
Less than \$35,000 per Year	87	34.3	3.6	27.3	41.3
\$35,000 or Higher per Year	56	13.2	1.8	9.6	16.8
Disability Status					
Living with a Disability	49	21.8	3.2	15.7	28.0
Living without a Disability	112	19.2	1.9	15.5	23.0

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	56	22.9	3.2	16.7	29.1
Overweight (25 ≤ BMI < 30)	51	21.8	3.3	15.4	28.2
Obese (BMI ≥ 30)	52	17.4	2.4	12.6	22.1
Leisure Time Physical Activity					
Participates in leisure time physical activity	93	16.0	1.8	12.4	19.5
Does not participate in leisure time physical activity	62	30.1	3.7	22.8	37.3
Health Insurance Status					
Insured	134	17.2	1.6	14.1	20.3
Uninsured	30	36.5	6.0	24.8	48.2

Numerator: Respondents who reported they have smoked at least 100 cigarettes in their entire life and that they now smoke some days or every day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Stopped Smoking for One Day or Longer Because
They Were Trying to Quit Smoking, 2015**

Central Kansas Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,790	55.1	1.1	53.0	57.2
Central Kansas Region	80	49.6	4.7	40.4	58.8
Gender					
Men	35	44.1	6.5	31.3	56.9
Women	45	56.6	6.6	43.6	69.6
Age Group					
18 to 44 Years	34	46.6	6.8	33.2	60.0
45 to 64 Years	33	51.3	7.0	37.5	65.0
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	74	48.2	4.8	38.7	57.6
Race					
White	69	49.0	5.1	39.0	58.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	37	38.9	5.9	27.3	50.5
Some College or College Graduate	43	68.4	6.5	55.8	81.1
Annual Household Income					
Less than \$35,000 per Year	41	46.0	6.7	32.9	59.0
\$35,000 or Higher per Year	28	52.4	7.6	37.5	67.3
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	48	42.1	5.5	31.3	52.8

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	30	62.1	7.8	46.7	77.4
Overweight (25 ≤ BMI < 30)	23	41.4	8.4	25.0	57.7
Obese (BMI ≥ 30)	25	48.2	7.7	33.2	63.3
Leisure Time Physical Activity					
Participates in leisure time physical activity	51	59.1	6.4	46.7	71.6
Does not participate in leisure time physical activity	26	38.3	7.2	24.2	52.4
Health Insurance Status					
Insured	64	51.5	5.1	41.5	61.6
Uninsured	*	*	*	*	*

Numerator: Current smokers who stopped smoking for one day or longer because they were trying to quit smoking.

Denominator: Current smokers, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Currently Use Any Smokeless Tobacco Products, 2015

Central Kansas Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	982	5.6	0.2	5.2	6.0
Central Kansas Region	53	7.4	1.1	5.2	9.6
Gender					
Men	50	14.5	2.2	10.2	18.8
Women	*	*	*	*	*
Age Group					
18 to 44 Years	21	10.0	2.3	5.5	14.4
45 to 64 Years	23	7.4	1.6	4.4	10.5
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	50	7.4	1.2	5.1	9.8
Race					
White	47	7.1	1.2	4.8	9.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	26	9.8	2.1	5.6	14.0
Some College or College Graduate	27	5.7	1.2	3.4	8.0
Annual Household Income					
Less than \$35,000 per Year	18	9.5	2.6	4.4	14.6
\$35,000 or Higher per Year	30	7.0	1.4	4.3	9.7
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	44	8.4	1.4	5.6	11.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	17	8.2	2.4	3.5	12.8
Obese (BMI ≥ 30)	25	9.2	1.9	5.5	12.9
Leisure Time Physical Activity					
Participates in leisure time physical activity	39	7.7	1.4	5.0	10.5
Does not participate in leisure time physical activity	12	7.5	2.2	3.2	11.8
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	40	6.3	1.1	4.2	8.4
Health Insurance Status					
Insured	45	6.6	1.1	4.6	8.7
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they currently use chewing tobacco, snuff or snus (Swedish for snuff) some days or every day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Men Who Currently Use Any Smokeless Tobacco Products, 2015

Central Kansas Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	893	10.5	0.4	9.8	11.3
Central Kansas Region	50	14.5	2.2	10.2	18.8
Age Group					
18 to 44 Years	21	19.7	4.2	11.5	27.9
45 to 64 Years	21	13.4	2.9	7.7	19.0
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	47	14.6	2.3	10.1	19.1
Race					
White	44	14.2	2.3	9.6	18.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	24	16.8	3.6	9.7	23.9
Some College or College Graduate	26	12.5	2.5	7.5	17.4
Annual Household Income					
Less than \$35,000 per Year	15	18.6	5.7	8.6	28.7
\$35,000 or Higher per Year	30	13.1	2.5	8.2	18.0
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	43	16.4	2.6	11.3	21.5
Weight Category					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	16	12.4	3.6	5.3	19.5
Obese (BMI ≥ 30)	23	17.6	3.5	10.7	24.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	37	16.0	2.8	10.5	21.5
Does not participate in leisure time physical activity	11	13.2	3.9	5.5	20.9
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	39	13.2	2.2	9.0	17.5
Health Insurance Status					
Insured	42	12.8	2.0	8.8	16.7
Uninsured	*	*	*	*	*

Numerator: Male respondents who reported they currently use chewing tobacco, snuff or snus (Swedish for snuff) some days or every day.

Denominator: All male respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Ever Served on Active Duty in the United States
Armed Forces, 2015**

Central Kansas Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,099	11.8	0.2	11.3	12.3
Central Kansas Region	133	11.2	1.1	9.1	13.4
Gender					
Men	126	21.5	2.0	17.5	25.5
Women	*	*	*	*	*
Age Group					
18 to 44 Years	18	5.6	1.5	2.7	8.5
45 to 64 Years	31	8.6	1.7	5.2	11.9
65 Years and Older	82	26.1	2.7	20.9	31.3
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	130	11.9	1.2	9.6	14.2
Race					
White	115	10.3	1.1	8.2	12.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	51	10.6	1.7	7.4	13.8
Some College or College Graduate	81	11.6	1.4	8.7	14.4
Annual Household Income					
Less than \$35,000 per Year	44	10.6	1.8	7.0	14.1
\$35,000 or Higher per Year	66	11.9	1.6	8.7	15.1
Disability Status					
Living with a Disability	40	12.7	2.1	8.5	16.9
Living without a Disability	89	11.0	1.3	8.5	13.6

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	31	9.9	2.1	5.8	14.0
Overweight (25 ≤ BMI < 30)	49	13.2	2.1	9.2	17.3
Obese (BMI ≥ 30)	48	12.4	2.0	8.6	16.3
Leisure Time Physical Activity					
Participates in leisure time physical activity	85	11.3	1.4	8.6	14.0
Does not participate in leisure time physical activity	29	9.3	2.0	5.5	13.2
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	115	12.6	1.3	10.1	15.2
Health Insurance Status					
Insured	129	12.8	1.2	10.3	15.2
Uninsured	*	*	*	*	*

Numerator: Respondents who reported that they served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Are Obese, 2015

Central Kansas Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	7,154	34.2	0.4	33.4	35.0
Central Kansas Region	358	36.4	1.8	32.8	40.0
Gender					
Men	163	35.3	2.6	30.2	40.4
Women	195	37.6	2.6	32.6	42.6
Age Group					
18 to 44 Years	100	33.8	3.2	27.6	40.1
45 to 64 Years	151	43.3	2.9	37.6	49.1
65 Years and Older	105	29.5	2.7	24.1	34.8
Ethnicity					
Hispanic	21	39.2	7.7	24.1	54.3
Non-Hispanic	336	36.2	1.9	32.5	39.9
Race					
White	323	35.3	1.9	31.5	39.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	145	40.7	3.1	34.7	46.7
Some College or College Graduate	213	33.4	2.2	29.0	37.8
Annual Household Income					
Less than \$35,000 per Year	135	42.2	3.5	35.4	49.1
\$35,000 or Higher per Year	185	35.8	2.5	30.9	40.6
Disability Status					
Living with a Disability	115	47.7	3.8	40.3	55.1
Living without a Disability	238	33.3	2.1	29.2	37.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	221	33.1	2.2	28.9	37.4
Does not participate in leisure time physical activity	113	47.3	3.9	39.7	55.0
Smoking Status					
Current smoker	52	31.3	4.2	23.0	39.5
Non-smoker	302	38.3	2.1	34.3	42.3
Health Insurance Status					
Insured	324	36.8	1.9	33.0	40.5
Uninsured	33	34.5	5.7	23.4	45.6

Numerator: Respondents with a body mass index greater than or equal to 30, based on self-reported height and weight.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Are Overweight or Obese, 2015

Central Kansas Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	14,432	68.0	0.4	67.2	68.8
Central Kansas Region	690	71.9	1.7	68.6	75.2
Gender					
Men	343	78.8	2.3	74.4	83.3
Women	347	64.7	2.4	60.0	69.5
Age Group					
18 to 44 Years	195	73.9	3.0	68.1	79.8
45 to 64 Years	263	73.0	2.5	68.1	78.0
65 Years and Older	230	65.8	2.9	60.2	71.4
Ethnicity					
Hispanic	39	76.4	7.0	62.7	90.1
Non-Hispanic	649	71.6	1.7	68.2	75.0
Race					
White	635	71.8	1.7	68.3	75.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	258	73.5	2.7	68.3	78.7
Some College or College Graduate	432	70.7	2.1	66.5	74.9
Annual Household Income					
Less than \$35,000 per Year	219	70.3	3.2	64.0	76.7
\$35,000 or Higher per Year	389	76.4	2.1	72.3	80.5
Disability Status					
Living with a Disability	189	76.2	3.0	70.3	82.1
Living without a Disability	488	70.7	2.0	66.8	74.6

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	458	69.7	2.1	65.7	73.7
Does not participate in leisure time physical activity	186	79.1	3.1	73.0	85.2
Smoking Status					
Current smoker	103	69.3	4.3	60.9	77.6
Non-smoker	575	73.4	1.8	69.8	76.9
Health Insurance Status					
Insured	630	72.7	1.7	69.4	76.1
Uninsured	58	66.6	5.5	55.9	77.4

Numerator: Respondents with a body mass index greater than or equal to 25, based on self-reported height and weight.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Technical Notes

The 2015 BRFSS data for your county/region on health risk indicators, analyzed by various subpopulation groups (e.g. gender, age group, ethnicity, etc.), are included in this report. The indicators are summarized in tables that show:

- Unweighted Frequency: the number of respondents who reported the risk behavior
- Weighted Percentage: the prevalence estimate for the risk behavior within a particular subpopulation group category
- Standard Error: used to compute the 95% confidence limits
- Lower and upper 95% confidence limits

Prevalence estimates vary in precision depending on sample size. One way of describing the precision of an estimate is the margin of error, which is the half-width of the confidence interval. When the sample size is large for a particular subpopulation group, the corresponding margin of error for an estimate is small. When the sample size is small for a particular subpopulation group, the corresponding margin of error for an estimate is large. Large margins of error (i.e. >5) indicate that an estimate may be less precise. Prevalence estimates that have a margin of error >5 are *italicized* in this report and should be interpreted with caution.

To determine whether two weighted percentages are significantly different from one another, the reader must compare the confidence intervals. Confidence intervals which do not overlap indicate a statistically significant difference between the two prevalence estimates while overlapping confidence intervals indicate that two estimates are not statistically different from one another. It is incorrect to say two estimates are different if their confidence limits overlap.

Estimates have been censored with an asterisk ("*") when the sample size was inadequate and/or when the estimates were statistically unreliable. Specifically, estimates were censored when any of the following conditions were met:

- the numerator of the indicator is less than 5
- the denominator of the indicator is less than 50
- the relative standard error (RSE) is 30 percent or higher

RSE is obtained by dividing the standard error of the estimate by the estimate itself, then multiplying that result by 100 to be expressed as a percent.

2011 BRFSS data represent a new baseline for public health surveillance. Due to changes in BRFSS survey methodology, the BRFSS estimates for 2011 and subsequent years cannot be compared to estimates from the years prior to 2011.

For more information on changes to the Kansas BRFSS survey methodology beginning in 2011, please visit: <http://www.kdheks.gov/brfss/newmethod.html>

For more detailed technical notes on the Kansas BRFSS, please visit: <http://www.kdheks.gov/brfss/technotes.html>