

# 2015 Kansas Behavioral Risk Factor Surveillance System Local Data

## Rice County



January 2017



# **2015 Kansas Behavioral Risk Factor Surveillance System Local Data**

State of Kansas  
Sam Brownback, Governor

Kansas Department of Health and Environment  
Susan Mosier, MD, MBA, FACS, Secretary and State Health Officer

**Report Preparation:**  
Pratik Pandya, MPH  
Advanced Epidemiologist  
Bureau of Health Promotion (BHP)

**Report Supervision:**  
Ghazala Perveen, MBBS, PhD, MPH  
Director of Science and Surveillance, Health Officer II  
Bureau of Health Promotion (BHP)

**Project Funding:**  
Partial funding for the 2015 Behavioral Risk Factor Survey was provided by cooperative agreement 6NU58DP006025-01-01 from the Centers for Disease Control and Prevention, Atlanta GA and by Kansas Health Foundation 200804006-01, Wichita, KS.

**Kansas Department of Health and Environment  
Bureau of Health Promotion  
January 2017**

# **Kansas Department of Health and Environment (KDHE)**

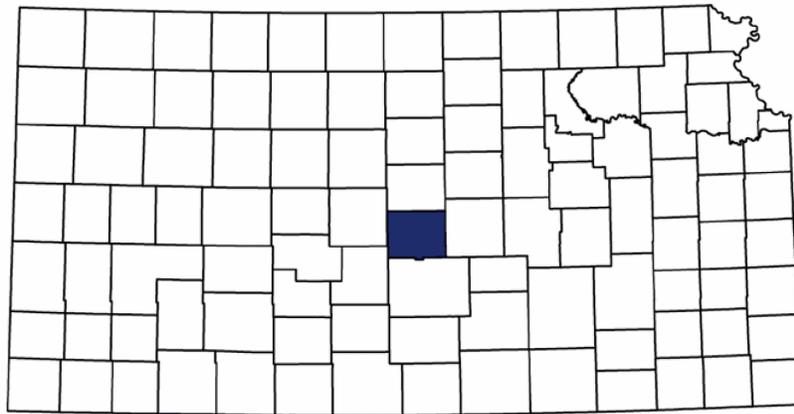
## **Mission**

To protect and improve the health and environment of all Kansans

## **Vision**

Healthy Kansans living in safe and sustainable environments

**[www.kdheks.gov](http://www.kdheks.gov)**



### Rice County

Kansas Behavioral Risk Factor Surveillance System – Local Data, 2015 can also be accessed at <http://www.kdheks.gov/brfss/>

If you have any questions about survey methodology or need assistance interpreting the data, please contact:

Pratik Pandya, MPH  
Advanced Epidemiologist  
Bureau of Health Promotion  
Kansas Department of Health and Environment  
Curtis State Office Building,  
1000 SW Jackson Street, Suite 230  
Topeka, KS 66612  
Telephone: 785-296-6513  
Fax: 785-296-8059  
[Pratik.Pandya@ks.gov](mailto:Pratik.Pandya@ks.gov)

Ghazala Perveen, MBBS, PhD, MPH  
Director of Science and Surveillance/Health Officer II  
Bureau of Health Promotion  
Kansas Department of Health & Environment  
Curtis State Office Building  
1000 SW Jackson, Suite 230  
Topeka, KS 66612-1274  
Telephone: 785-296-1949  
Fax: 785-296-8059  
[Ghazala.Perveen@ks.gov](mailto:Ghazala.Perveen@ks.gov)



# Table of Contents

<b>Arthritis</b> .....	1
<b>Cardiovascular Health</b>	
High Blood Pressure .....	3
<b>Cholesterol</b>	
Not Checked Cholesterol within Five Years .....	5
High Blood Cholesterol Status.....	7
<b>Depressive Disorder</b> .....	9
<b>Diabetes</b> .....	11
<b>Disability</b>	
Activity Limitation Due to Physical, Mental or Emotional Problems .....	13
Disability .....	15
<b>Exercise and Physical Activity</b>	
Not Participating in the Recommended Level of Physical Activity (Aerobic AND/OR Strengthening) .....	17
Did Not Participate in the Recommended Level of Aerobic AND Strengthening Physical Activity.....	19
Not Participating in Any Physical Activity .....	21
<b>Fruits and Vegetable Consumption</b>	
Consuming Fruits Less than 1 Time Per Day .....	23
Consuming Vegetables Less than 1 Time Per Day.....	25
<b>Health Care Access</b>	
No Personal Doctor .....	27
<b>General Health</b> .....	29
<b>Healthy Days - Health Related Quality of Life</b>	
Physical Health Status.....	31
<b>Immunization</b>	
Not Immunized Against Influenza.....	33

<b>Seatbelt Use</b> .....	35
---------------------------	----

**Tobacco Use**

Current Smoker .....	37
----------------------	----

<b>Veteran Status</b> .....	39
-----------------------------	----

**Weight Status (BMI Categories)**

Obese .....	41
-------------	----

Overweight or Obese .....	43
---------------------------	----

<b>Technical Notes</b> .....	45
------------------------------	----

**Unpublished Tables** - The following data tables are not published due to insufficient sample and/or statistically unreliable estimates for Marion County: Binge Drinking, Heavy Drinking, Activity Limitation Due to Arthritis, Asthma, Cancer (Excluding Skin Cancer), Skin Cancer, Heart Attack, Coronary Heart Disease, Stroke, Chronic Obstructive Pulmonary Disease (COPD), Lack of Health Care Coverage, Lack of Health Care Coverage 18 to 64 Years Old Only, Did Not See Doctor Due to Cost, Mental Health Status, Poor Physical or Mental Health is Barrier to Usual Activities, Not Immunized Against Influenza 65 Years and Older Only, Never Had Pneumonia Vaccination 65 Years and Older Only, Tried Quitting Smoking, Smokeless Tobacco Use and Male Smokeless Tobacco Use.

## Percentage of Adults with Doctor Diagnosed Arthritis, 2015

### Rice County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	7,320	24.5	0.3	23.9	25.1
Rice County	44	30.3	4.7	21.1	39.4
<b>Gender</b>					
Men	20	26.1	6.3	13.7	38.4
Women	24	34.4	6.7	21.3	47.4
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	44	31.5	4.8	22.1	41.0
<b>Race</b>					
White	39	27.8	4.7	18.6	36.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	26	32.1	6.2	19.9	44.4
<b>Annual Household Income</b>					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	15	19.5	5.3	9.1	30.0
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	19	18.4	4.4	9.8	27.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	<i>21</i>	<i>25.1</i>	<i>5.7</i>	<i>13.9</i>	<i>36.3</i>
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	<i>31</i>	<i>27.7</i>	<i>5.0</i>	<i>17.9</i>	<i>37.5</i>
<b>Health Insurance Status</b>					
Insured	<i>42</i>	<i>33.8</i>	<i>5.0</i>	<i>24.0</i>	<i>43.6</i>
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they had been told by a doctor or other health professional that they have some form of arthritis, rheumatoid arthritis, gout, lupus or fibromyalgia.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

## Percentage of Adults with Diagnosed Hypertension, 2015

### Rice County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	9,207	31.6	0.4	30.9	32.3
Rice County	41	34.6	5.5	23.7	45.5
<b>Gender</b>					
Men	17	29.4	8.5	12.8	46.0
Women	24	39.8	7.3	25.5	54.1
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	41	36.0	5.7	24.9	47.2
<b>Race</b>					
White	37	33.9	5.9	22.4	45.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	21	27.1	6.1	15.2	38.9
<b>Annual Household Income</b>					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	16	23.5	6.5	10.7	36.2
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	22	30.4	7.0	16.7	44.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	22	35.6	7.8	20.3	50.8
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	28	26.6	5.2	16.4	36.8
<b>Health Insurance Status</b>					
Insured	38	32.2	5.1	22.3	42.1
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they had been told by a doctor, nurse or other health professional that they have high blood pressure.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Did Not Have Their Blood Cholesterol Checked  
Within the Past Five Years, 2015**

**Rice County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,834	25.9	0.4	25.1	26.7
Rice County	23	35.1	6.1	23.2	47.0
<b>Gender</b>					
Men	13	39.0	9.0	21.4	56.6
Women	10	31.1	8.0	15.4	46.7
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	21	33.3	6.2	21.1	45.4
<b>Race</b>					
White	21	36.3	6.5	23.6	49.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
<b>Annual Household Income</b>					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	12	40.4	8.5	23.7	57.1
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	18	41.8	7.6	27.0	56.6

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	<i>11</i>	<i>33.7</i>	<i>8.3</i>	<i>17.3</i>	<i>50.0</i>
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	<i>15</i>	<i>31.4</i>	<i>6.5</i>	<i>18.7</i>	<i>44.2</i>
<b>Health Insurance Status</b>					
Insured	<i>18</i>	<i>28.0</i>	<i>5.7</i>	<i>16.9</i>	<i>39.1</i>
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they had not checked their blood cholesterol in the past five years.

**Denominator:** All respondents excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

**Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.**

## Percentage of Adults Tested and Diagnosed with High Cholesterol, 2015

### Rice County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	8,479	37.4	0.4	36.5	38.2
Rice County	39	39.0	5.6	27.9	50.0
<b>Gender</b>					
Men	*	*	*	*	*
Women	*	*	*	*	*
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	39	39.5	5.7	28.3	50.6
<b>Race</b>					
White	33	35.7	5.8	24.3	47.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	24	36.2	7.0	22.5	49.9
<b>Annual Household Income</b>					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	21	31.6	6.6	18.7	44.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI <30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	23	36.4	7.1	22.5	50.3
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	30	34.3	6.0	22.5	46.0
<b>Health Insurance Status</b>					
Insured	37	40.0	5.8	28.5	51.5
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they had been told by a doctor, nurse or other health professional that they have high blood cholesterol.

**Denominator:** Respondents who had ever had their blood cholesterol checked, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Were EVER Diagnosed with a Depressive Disorder,  
2015**

**Rice County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	4,472	19.4	0.3	18.8	20.1
Rice County	16	17.5	4.3	9.1	26.0
<b>Gender</b>					
Men	*	*	*	*	*
Women	10	22.8	6.6	9.9	35.7
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	16	18.2	4.5	9.5	27.0
<b>Race</b>					
White	12	13.7	4.0	5.8	21.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
<b>Annual Household Income</b>					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI <30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	*	*	*	*	*
<b>Health Insurance Status</b>					
Insured	12	13.7	4.0	5.8	21.6
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they had ever been told by a doctor, nurse or other health professional that they have a depressive disorder (including depression, major depression, dysthymia, or minor depression).

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

## Percentage of Adults with Diagnosed Diabetes, 2015

### Rice County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,878	9.7	0.2	9.3	10.1
Rice County	16	11.2	3.1	5.1	17.4
<b>Gender</b>					
Men	*	*	*	*	*
Women	*	*	*	*	*
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	16	11.7	3.3	5.3	18.1
<b>Race</b>					
White	*	*	*	*	*
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
<b>Annual Household Income</b>					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	*	*	*	*	*
<b>Health Insurance Status</b>					
Insured	15	11.7	3.3	5.2	18.3
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they had been told by a doctor they had diabetes, excluding females told only during pregnancy and pre-diabetes or borderline diabetes.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Activity Limitations Due to Physical,  
Mental or Emotional Problems, 2015**

**Rice County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	5,248	20.0	0.3	19.3	20.6
Rice County	30	22.5	4.4	14.0	31.0
<b>Gender</b>					
Men	15	20.7	6.0	8.9	32.5
Women	15	24.3	6.3	12.1	36.6
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	30	23.5	4.5	14.6	32.4
<b>Race</b>					
White	25	17.7	3.9	10.1	25.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	17	21.0	5.4	10.3	31.6
<b>Annual Household Income</b>					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	17	21.8	5.6	10.8	32.8
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	22	20.3	4.6	11.3	29.3
<b>Health Insurance Status</b>					
Insured	28	23.1	4.5	14.3	31.9
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they were limited in any activities because of physical, mental or emotional problems.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

**Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.**

## Percentage of Adults Who Reported Living with a Disability, 2015

### Rice County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	5,842	21.9	0.3	21.2	22.5
Rice County	32	24.5	4.6	15.6	33.4
<b>Gender</b>					
Men	17	24.6	6.6	11.7	37.6
Women	15	24.3	6.3	12.1	36.6
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	32	25.6	4.7	16.3	34.8
<b>Race</b>					
White	27	19.9	4.2	11.7	28.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	18	23.4	5.8	12.1	34.8
<b>Annual Household Income</b>					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
<b>Weight Category</b>					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	<i>18</i>	<i>22.4</i>	<i>5.7</i>	<i>11.3</i>	<i>33.5</i>
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	<i>24</i>	<i>22.6</i>	<i>4.8</i>	<i>13.1</i>	<i>32.0</i>
<b>Health Insurance Status</b>					
Insured	<i>30</i>	<i>25.5</i>	<i>4.7</i>	<i>16.3</i>	<i>34.8</i>
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they were limited in any activities because of physical, mental or emotional problems or who reported having a health problem that requires them to use special equipment such as a cane, a wheelchair, a special bed or a special telephone.

Denominator: All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Not Participating in the Recommended Level of Physical Activity (Aerobic and/or Strengthening), 2015**

**Rice County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	16,199	80.7	0.4	80.0	81.4
Rice County	84	89.6	3.6	82.5	96.8
<b>Gender</b>					
Men	*	*	*	*	*
Women	*	*	*	*	*
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	82	89.4	3.7	82.1	96.7
<b>Race</b>					
White	77	90.1	3.8	82.7	97.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	47	84.0	5.8	72.7	95.3
<b>Annual Household Income</b>					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	58	89.7	4.3	81.2	98.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI <30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	<i>67</i>	<i>87.2</i>	<i>4.6</i>	<i>78.1</i>	<i>96.2</i>
<b>Health Insurance Status</b>					
Insured	<i>76</i>	<i>87.3</i>	<i>4.3</i>	<i>78.8</i>	<i>95.8</i>
Uninsured	*	*	*	*	*

**Numerator:** Respondents not participating in the recommended level of physical activity or participating in insufficient recommended level of physical activity for either aerobic or muscle strengthening guidelines.

**Denominator:** All respondents, excluding unknowns and refusals.

Not participating in the recommended level of physical activity referred to not participating in aerobic and strengthening exercises according to guidelines.

Participating in insufficient level of recommended physical activity referred to participating only in aerobic or only in strengthening exercises according to guidelines.

The aerobic guideline is defined as 150 minutes a week of moderate-intensity aerobic activity, or 75 minutes a week of vigorous-intensity aerobic activity, or an equivalent combination of moderate- and vigorous-intensity aerobic activity.

The strengthening guideline is defined as muscle-strengthening activities that involved all major muscle groups two or more times per week.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Not Participating in the Recommended Level of Physical Activity (Aerobic and Strengthening), 2015**

**Rice County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	8,120	40.3	0.4	39.4	41.2
Rice County	46	50.5	6.3	38.2	62.8
<b>Gender</b>					
Men	*	*	*	*	*
Women	*	*	*	*	*
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	44	49.1	6.3	36.7	61.6
<b>Race</b>					
White	42	49.5	6.6	36.5	62.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	26	47.7	7.9	32.3	63.1
<b>Annual Household Income</b>					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	29	45.2	7.4	30.6	59.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI <30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	33	45.0	6.6	32.1	58.0
<b>Health Insurance Status</b>					
Insured	40	47.7	6.2	35.5	59.8
Uninsured	*	*	*	*	*

**Numerator:** Respondents who did not participate in the recommended level of aerobic and strengthening exercises during the past month.

**Denominator:** All respondents, excluding unknowns and refusals.

The aerobic guideline is defined as 150 minutes a week of moderate-intensity aerobic activity, or 75 minutes a week of vigorous-intensity aerobic activity, or an equivalent combination of moderate- and vigorous-intensity aerobic activity.

The strengthening guideline is defined as muscle-strengthening activities that involved all major muscle groups two or more times per week.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Not Participating in Any Physical Activity Other Than Their Regular Job in the Past 30 Days (Leisure Time Physical Activity), 2015**

**Rice County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	5,698	26.5	0.4	25.8	27.3
Rice County	34	31.6	5.4	20.9	42.2
<b>Gender</b>					
Men	*	*	*	*	*
Women	15	28.4	7.0	14.7	42.1
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	33	32.0	5.6	21.1	43.0
<b>Race</b>					
White	32	32.5	5.8	21.1	43.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	18	30.3	7.3	16.1	44.6
<b>Annual Household Income</b>					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	22	30.2	6.4	17.6	42.8

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	23	24.5	5.2	14.3	34.8
<b>Health Insurance Status</b>					
Insured	30	29.4	5.3	19.0	39.7
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they did not participate in any physical activities or exercise, other than their regular job, in the past 30 days.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Consuming Fruit Less than 1 Time Per Day,  
2015**

**Rice County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	8,386	43.7	0.4	42.9	44.6
Rice County	44	48.1	6.2	36.0	60.1
<b>Gender</b>					
Men	*	*	*	*	*
Women	21	42.8	7.9	27.4	58.3
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	43	48.3	6.2	36.1	60.6
<b>Race</b>					
White	41	48.0	6.5	35.3	60.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	23	42.6	7.6	27.6	57.6
<b>Annual Household Income</b>					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	30	47.5	7.4	33.1	62.0

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI <30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	<i>28</i>	<i>53.0</i>	<i>7.7</i>	<i>37.9</i>	<i>68.0</i>
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	<i>35</i>	<i>46.3</i>	<i>6.4</i>	<i>33.7</i>	<i>58.9</i>
<b>Health Insurance Status</b>					
Insured	<i>39</i>	<i>44.6</i>	<i>6.1</i>	<i>32.7</i>	<i>56.5</i>
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they consumed fruit less than 1 time per day.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

**Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.**

**Percentage of Adults Who Reported Consuming Vegetables Less than 1 Time  
Per Day, 2015**

**Rice County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	4,217	22.3	0.4	21.6	23.1
Rice County	33	42.1	6.4	29.6	54.6
<b>Gender</b>					
Men	*	*	*	*	*
Women	*	*	*	*	*
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	32	42.2	6.5	29.4	54.9
<b>Race</b>					
White	30	42.0	6.7	28.7	55.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	17	38.2	7.8	22.8	53.5
<b>Annual Household Income</b>					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	24	43.3	7.6	28.5	58.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	<i>21</i>	<i>46.0</i>	<i>8.1</i>	<i>30.1</i>	<i>61.9</i>
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	<i>28</i>	<i>42.5</i>	<i>6.6</i>	<i>29.5</i>	<i>55.5</i>
<b>Health Insurance Status</b>					
Insured	<i>31</i>	<i>42.6</i>	<i>6.2</i>	<i>30.3</i>	<i>54.8</i>
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they consumed vegetables less than 1 time per day.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

**Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.**

Percentage of Adults with No Personal Doctor or Health Care Provider, 2015

Rice County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,278	20.1	0.4	19.4	20.8
Rice County	14	19.8	5.5	9.1	30.5
<b>Gender</b>					
Men	*	*	*	*	*
Women	*	*	*	*	*
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	*	*	*	*	*
<b>Race</b>					
White	*	*	*	*	*
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
<b>Annual Household Income</b>					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	11	24.3	7.1	10.3	38.3

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI <30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	*	*	*	*	*
<b>Health Insurance Status</b>					
Insured	11	14.3	4.2	6.0	22.6
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they had no personal doctor or health care provider.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults with Fair or Poor Self-Perceived Health Status, 2015**

**Rice County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,945	15.7	0.3	15.1	16.2
Rice County	25	20.1	4.2	11.9	28.2
<b>Gender</b>					
Men	13	19.8	5.9	8.1	31.4
Women	12	20.4	5.8	9.0	31.8
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	25	20.9	4.3	12.5	29.4
<b>Race</b>					
White	20	16.3	3.9	8.7	23.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
<b>Annual Household Income</b>					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	*	*	*	*	*
<b>Health Insurance Status</b>					
Insured	23	20.0	4.2	11.8	28.2
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported that in general their health is fair or poor.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

**Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.**

**Percentage of Adults Who Reported Their Physical Health Was Not Good on 14 or More Days in the Past 30 Days, 2015**

**Rice County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,560	10.0	0.2	9.5	10.4
Rice County	15	12.3	3.5	5.6	19.1
<b>Gender</b>					
Men	*	*	*	*	*
Women	*	*	*	*	*
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	15	12.6	3.5	5.7	19.5
<b>Race</b>					
White	*	*	*	*	*
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
<b>Annual Household Income</b>					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	*	*	*	*	*
<b>Health Insurance Status</b>					
Insured	<i>13</i>	<i>10.9</i>	<i>3.2</i>	<i>4.6</i>	<i>17.3</i>
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported 14 or more days when their physical health was not good in the past 30 days.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

**Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.**

**Percentage of Adults Ages 18 Years and Older Who Did Not Get Immunized  
Against Influenza During the Past 12 Months, 2015**

**Rice County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	10,526	57.4	0.4	56.6	58.3
Rice County	54	67.7	5.3	57.4	78.0
<b>Gender</b>					
Men	*	*	*	*	*
Women	31	67.0	7.2	53.0	81.1
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	52	68.3	5.3	58.0	78.6
<b>Race</b>					
White	49	66.8	5.6	55.8	77.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	31	63.3	7.2	49.2	77.4
<b>Annual Household Income</b>					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	38	68.3	6.2	56.2	80.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI <30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	34	64.5	6.8	51.2	77.9
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	43	65.5	5.9	54.0	77.0
<b>Health Insurance Status</b>					
Insured	47	62.9	5.7	51.7	74.1
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they did not get a flu shot or flu vaccine sprayed in their nose during the past 12 months.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported That They Do Not Always Wear a Seatbelt  
When They Drive or Ride in a Car, 2015**

**Rice County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,288	17.0	0.3	16.3	17.6
Rice County	30	33.2	5.7	21.9	44.4
<b>Gender</b>					
Men	*	*	*	*	*
Women	15	29.0	7.3	14.7	43.3
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	30	34.8	5.9	23.1	46.4
<b>Race</b>					
White	28	32.8	6.0	21.1	44.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	17	33.5	7.5	18.9	48.1
<b>Annual Household Income</b>					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	19	30.6	6.7	17.4	43.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	<i>21</i>	<i>32.6</i>	<i>6.9</i>	<i>19.1</i>	<i>46.2</i>
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	<i>24</i>	<i>32.0</i>	<i>6.1</i>	<i>20.1</i>	<i>44.0</i>
<b>Health Insurance Status</b>					
Insured	<i>26</i>	<i>31.1</i>	<i>5.7</i>	<i>19.9</i>	<i>42.2</i>
Uninsured	*	*	*	*	*

Respondents who reported they nearly always, sometimes, seldom or never use a seatbelt when they ride or drive in a car.

Denominator: All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

## Percentage of Adults Who Currently Smoke Cigarettes, 2015

### Rice County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,343	17.7	0.3	17.0	18.4
Rice County	17	21.5	5.7	10.3	32.7
<b>Gender</b>					
Men	*	*	*	*	*
Women	*	*	*	*	*
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	17	22.4	5.9	10.8	34.0
<b>Race</b>					
White	15	20.7	6.1	8.8	32.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
<b>Annual Household Income</b>					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Health Insurance Status</b>					
Insured	<i>13</i>	<i>13.0</i>	<i>3.7</i>	<i>5.8</i>	<i>20.2</i>
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they have smoked at least 100 cigarettes in their entire life and that they now smoke some days or every day.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Ever Served on Active Duty in the United States  
Armed Forces, 2015**

**Rice County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,099	11.8	0.2	11.3	12.3
Rice County	14	7.1	2.1	3.0	11.1
<b>Gender</b>					
Men	*	*	*	*	*
Women	*	*	*	*	*
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	14	7.3	2.1	3.1	11.5
<b>Race</b>					
White	*	*	*	*	*
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
<b>Annual Household Income</b>					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	*	*	*	*	*
<b>Health Insurance Status</b>					
Insured	14	8.4	2.4	3.7	13.2
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported that they served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

## Percentage of Adults Who Are Obese, 2015

### Rice County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	7,154	34.2	0.4	33.4	35.0
Rice County	30	30.0	5.3	19.6	40.4
<b>Gender</b>					
Men	15	23.5	6.3	11.2	35.8
Women	*	*	*	*	*
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	30	30.5	5.4	20.0	41.0
<b>Race</b>					
White	26	27.5	5.4	17.0	38.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	16	27.9	6.6	14.9	40.8
<b>Annual Household Income</b>					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	16	23.0	5.8	11.6	34.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	17	30.0	7.0	16.2	43.7
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	23	30.3	6.0	18.7	42.0
<b>Health Insurance Status</b>					
Insured	28	33.0	5.7	21.9	44.2
Uninsured	*	*	*	*	*

Numerator: Respondents with a body mass index greater than or equal to 30, based on self-reported height and weight.

Denominator: All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

## Percentage of Adults Who Are Overweight or Obese, 2015

### Rice County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	14,432	68.0	0.4	67.2	68.8
Rice County	67	70.3	5.4	59.6	80.9
<b>Gender</b>					
Men	40	79.2	6.6	66.2	92.2
Women	*	*	*	*	*
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	66	69.8	5.5	59.0	80.6
<b>Race</b>					
White	61	70.1	5.7	58.9	81.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	44	77.9	6.7	64.8	90.9
<b>Annual Household Income</b>					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	43	69.9	6.7	56.8	83.0

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	41	73.7	6.8	60.4	87.1
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	55	71.7	6.1	59.8	83.7
<b>Health Insurance Status</b>					
Insured	62	71.1	5.6	60.2	82.0
Uninsured	*	*	*	*	*

Numerator: Respondents with a body mass index greater than or equal to 25, based on self-reported height and weight.

Denominator: All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

## Technical Notes

The 2015 BRFSS data for your county/region on health risk indicators, analyzed by various subpopulation groups (e.g. gender, age group, ethnicity, etc.), are included in this report. The indicators are summarized in tables that show:

- Unweighted Frequency: the number of respondents who reported the risk behavior
- Weighted Percentage: the prevalence estimate for the risk behavior within a particular subpopulation group category
- Standard Error: used to compute the 95% confidence limits
- Lower and upper 95% confidence limits

Prevalence estimates vary in precision depending on sample size. One way of describing the precision of an estimate is the margin of error, which is the half-width of the confidence interval. When the sample size is large for a particular subpopulation group, the corresponding margin of error for an estimate is small. When the sample size is small for a particular subpopulation group, the corresponding margin of error for an estimate is large. Large margins of error (i.e. >5) indicate that an estimate may be less precise. Prevalence estimates that have a margin of error >5 are *italicized* in this report and should be interpreted with caution.

To determine whether two weighted percentages are significantly different from one another, the reader must compare the confidence intervals. Confidence intervals which do not overlap indicate a statistically significant difference between the two prevalence estimates while overlapping confidence intervals indicate that two estimates are not statistically different from one another. It is incorrect to say two estimates are different if their confidence limits overlap.

Estimates have been censored with an asterisk ("\*") when the sample size was inadequate and/or when the estimates were statistically unreliable. Specifically, estimates were censored when any of the following conditions were met:

- the numerator of the indicator is less than 5
- the denominator of the indicator is less than 50
- the relative standard error (RSE) is 30 percent or higher

RSE is obtained by dividing the standard error of the estimate by the estimate itself, then multiplying that result by 100 to be expressed as a percent.

2011 BRFSS data represent a new baseline for public health surveillance. Due to changes in BRFSS survey methodology, the BRFSS estimates for 2011 and subsequent years cannot be compared to estimates from the years prior to 2011.

For more information on changes to the Kansas BRFSS survey methodology beginning in 2011, please visit: <http://www.kdheks.gov/brfss/newmethod.html>

For more detailed technical notes on the Kansas BRFSS, please visit: <http://www.kdheks.gov/brfss/technotes.html>