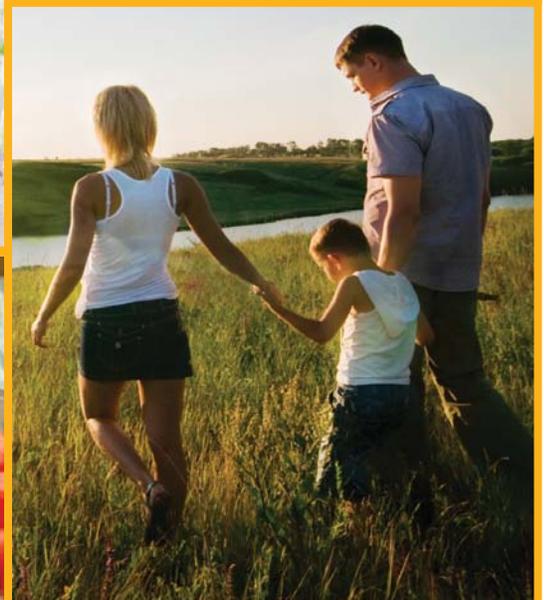


2015 Kansas Behavioral Risk Factor Surveillance System Local Data

Nemaha County



January 2017

2015 Kansas Behavioral Risk Factor Surveillance System Local Data

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**Kansas Department of Health and Environment
Bureau of Health Promotion
January 2017**

Kansas Department of Health and Environment (KDHE)

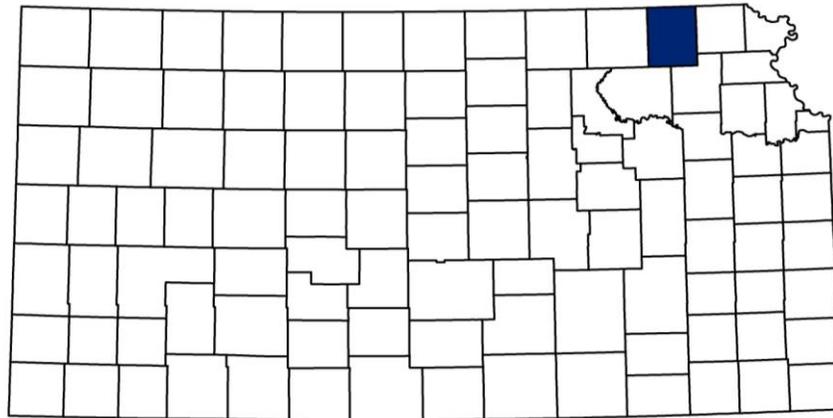
Mission

To protect and improve the health and environment of all Kansans

Vision

Healthy Kansans living in safe and sustainable environments

www.kdheks.gov



Nemaha County

Kansas Behavioral Risk Factor Surveillance System – Local Data, 2015 can also be accessed at <http://www.kdheks.gov/brfss/>

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Percentage of Adults Who Are Binge Drinkers, 2015

Nemaha County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,556	15.6	0.3	15.0	16.3
Nemaha County	15	15.1	4.1	7.0	23.1
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	13	14.2	4.2	6.1	22.4
Race					
White	*	*	*	*	*
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*	*	*	*	*
Health Insurance Status					
Insured	13	14.8	4.3	6.4	23.1
Uninsured	*	*	*	*	*

Numerator: Male respondents who reported having five or more drinks on one occasion in the past 30 days or female respondents who reported having four or more drinks on one occasion in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Doctor Diagnosed Arthritis, 2015

Nemaha County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	7,320	24.5	0.3	23.9	25.1
Nemaha County	38	27.6	4.5	18.9	36.3
Gender					
Men	13	25.7	6.8	12.4	39.0
Women	25	29.5	5.8	18.2	40.9
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	38	28.5	4.6	19.5	37.5
Race					
White	38	28.9	4.6	19.8	37.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	16	20.9	5.3	10.5	31.4
Some College or College Graduate	22	36.0	7.2	21.9	50.0
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	18	24.5	5.8	13.2	35.8
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	19	17.8	4.2	9.6	26.0

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	20	25.0	5.5	14.2	35.7
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	31	27.5	4.9	17.9	37.2
Health Insurance Status					
Insured	37	28.8	4.7	19.7	38.0
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor or other health professional that they have some form of arthritis, rheumatoid arthritis, gout, lupus or fibromyalgia.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Diagnosed Hypertension, 2015

Nemaha County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	9,207	31.6	0.4	30.9	32.3
Nemaha County	45	34.8	4.8	25.4	44.3
Gender					
Men	19	35.8	7.3	21.4	50.2
Women	26	33.9	6.3	21.6	46.2
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	45	35.9	4.9	26.3	45.6
Race					
White	45	36.4	5.0	26.6	46.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	25	36.2	6.7	23.2	49.3
Some College or College Graduate	20	33.5	7.1	19.6	47.3
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	22	36.3	6.9	22.8	49.8
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	28	29.7	5.3	19.3	40.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI <30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	24	33.3	6.3	20.9	45.6
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	34	32.5	5.3	22.2	42.8
Health Insurance Status					
Insured	44	36.0	5.0	26.1	45.8
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they have high blood pressure.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Did Not Have Their Blood Cholesterol Checked
Within the Past Five Years, 2015**

Nemaha County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,834	25.9	0.4	25.1	26.7
Nemaha County	26	25.6	4.9	15.9	35.3
Gender					
Men	13	29.7	7.7	14.6	44.9
Women	13	21.0	5.7	9.9	32.1
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	22	23.1	4.9	13.5	32.7
Race					
White	21	22.6	4.9	12.9	32.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	15	31.2	7.3	16.9	45.4
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	13	26.2	6.8	12.9	39.5
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	19	26.8	5.9	15.3	38.3

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI <30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	16	25.0	6.0	13.2	36.8
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	19	25.4	5.6	14.4	36.5
Health Insurance Status					
Insured	22	23.8	5.0	13.9	33.7
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had not checked their blood cholesterol in the past five years.

Denominator: All respondents excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Tested and Diagnosed with High Cholesterol, 2015

Nemaha County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	8,479	37.4	0.4	36.5	38.2
Nemaha County	44	41.0	5.5	30.2	51.7
Gender					
Men	*	*	*	*	*
Women	26	37.8	6.9	24.2	51.3
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	44	41.0	5.5	30.2	51.7
Race					
White	44	41.2	5.5	30.4	52.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	22	38.4	7.5	23.7	53.1
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	24	44.7	7.8	29.4	59.9
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	25	34.9	6.2	22.7	47.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI <30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	23	40.2	7.3	25.9	54.6
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	33	36.2	5.8	24.9	47.5
Health Insurance Status					
Insured	42	40.2	5.6	29.3	51.1
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they have high blood cholesterol.

Denominator: Respondents who had ever had their blood cholesterol checked, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Were EVER Diagnosed with a Depressive Disorder,
2015**

Nemaha County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	4,472	19.4	0.3	18.8	20.1
Nemaha County	30	23.6	4.4	15.0	32.3
Gender					
Men	*	*	*	*	*
Women	21	30.8	6.3	18.5	43.1
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	29	23.8	4.5	15.0	32.6
Race					
White	27	23.0	4.5	14.2	31.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	20	32.5	6.9	19.1	46.0
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	18	30.7	6.8	17.3	44.1
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	20	23.2	5.2	13.1	33.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	25	36.1	6.6	23.1	49.1
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	19	17.9	4.2	9.7	26.1
Health Insurance Status					
Insured	26	22.4	4.5	13.6	31.2
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had ever been told by a doctor, nurse or other health professional that they have a depressive disorder (including depression, major depression, dysthymia, or minor depression).

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Activity Limitations Due to Physical,
Mental or Emotional Problems, 2015**

Nemaha County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	5,248	20.0	0.3	19.3	20.6
Nemaha County	26	19.2	4.1	11.3	27.2
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	24	17.9	3.9	10.1	25.6
Race					
White	24	18.0	4.0	10.2	25.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	17	24.3	6.4	11.7	36.8
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	15	15.6	4.2	7.3	23.9
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	22	19.3	4.4	10.8	27.9
Health Insurance Status					
Insured	23	17.7	4.0	9.8	25.6
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they were limited in any activities because of physical, mental or emotional problems.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Reported Living with a Disability, 2015

Nemaha County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	5,842	21.9	0.3	21.2	22.5
Nemaha County	27	19.7	4.1	11.7	27.8
Gender					
Men	*	*	*	*	*
Women	14	13.9	4.1	5.8	22.0
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	25	18.4	4.0	10.6	26.2
Race					
White	25	18.5	4.0	10.6	26.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	17	24.3	6.4	11.7	36.8
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Weight Category					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	16	16.1	4.3	7.8	24.5
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	23	19.7	4.4	11.1	28.3
Health Insurance Status					
Insured	24	18.0	4.0	10.1	25.9
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they were limited in any activities because of physical, mental or emotional problems or who reported having a health problem that requires them to use special equipment such as a cane, a wheelchair, a special bed or a special telephone.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Not Participating in the Recommended Level of Physical Activity (Aerobic and/or Strengthening), 2015

Nemaha County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	16,199	80.7	0.4	80.0	81.4
Nemaha County	89	85.9	3.7	78.7	93.1
Gender					
Men	*	*	*	*	*
Women	50	79.3	5.9	67.7	90.9
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	86	85.7	3.8	78.2	93.1
Race					
White	85	85.2	3.8	77.7	92.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	40	80.1	5.9	68.6	91.7
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	45	79.0	6.1	67.0	90.9
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	70	87.0	4.1	79.0	94.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	74	85.5	4.0	77.7	93.3
Health Insurance Status					
Insured	85	85.2	3.8	77.7	92.7
Uninsured	*	*	*	*	*

Numerator: Respondents not participating in the recommended level of physical activity or participating in insufficient recommended level of physical activity for either aerobic or muscle strengthening guidelines.

Denominator: All respondents, excluding unknowns and refusals.

Not participating in the recommended level of physical activity referred to not participating in aerobic and strengthening exercises according to guidelines.

Participating in insufficient level of recommended physical activity referred to participating only in aerobic or only in strengthening exercises according to guidelines.

The aerobic guideline is defined as 150 minutes a week of moderate-intensity aerobic activity, or 75 minutes a week of vigorous-intensity aerobic activity, or an equivalent combination of moderate- and vigorous-intensity aerobic activity.

The strengthening guideline is defined as muscle-strengthening activities that involved all major muscle groups two or more times per week.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Not Participating in the Recommended Level of Physical Activity (Aerobic and Strengthening), 2015

Nemaha County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	8,120	40.3	0.4	39.4	41.2
Nemaha County	57	56.8	5.4	46.1	67.4
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	55	56.1	5.5	45.3	67.0
Race					
White	55	56.4	5.6	45.6	67.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	20	43.0	8.0	27.3	58.7
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	44	55.2	6.2	43.1	67.2

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI <30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	47	54.0	5.9	42.3	65.6
Health Insurance Status					
Insured	55	56.3	5.6	45.4	67.2
Uninsured	*	*	*	*	*

Numerator: Respondents who did not participate in the recommended level of aerobic and strengthening exercises during the past month.

Denominator: All respondents, excluding unknowns and refusals.

The aerobic guideline is defined as 150 minutes a week of moderate-intensity aerobic activity, or 75 minutes a week of vigorous-intensity aerobic activity, or an equivalent combination of moderate- and vigorous-intensity aerobic activity.

The strengthening guideline is defined as muscle-strengthening activities that involved all major muscle groups two or more times per week.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Not Participating in Any Physical Activity Other Than Their Regular Job in the Past 30 Days (Leisure Time Physical Activity), 2015

Nemaha County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	5,698	26.5	0.4	25.8	27.3
Nemaha County	39	37.4	5.3	27.1	47.7
Gender					
Men	*	*	*	*	*
Women	20	26.8	5.8	15.3	38.2
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	37	36.1	5.3	25.7	46.4
Race					
White	37	36.6	5.4	26.1	47.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	28	50.3	7.5	35.5	65.1
Some College or College Graduate	11	24.4	7.0	10.6	38.1
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	15	28.5	6.7	15.3	41.6
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	29	33.5	5.6	22.5	44.5

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	32	35.8	5.6	24.9	46.7
Health Insurance Status					
Insured	37	36.2	5.3	25.8	46.6
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they did not participate in any physical activities or exercise, other than their regular job, in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Consuming Fruit Less than 1 Time Per Day,
2015**

Nemaha County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	8,386	43.7	0.4	42.9	44.6
Nemaha County	38	39.2	5.5	28.4	50.1
Gender					
Men	*	*	*	*	*
Women	19	36.1	7.4	21.5	50.7
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	36	39.6	5.7	28.5	50.7
Race					
White	36	40.0	5.7	28.7	51.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	21	43.2	7.8	27.9	58.4
Some College or College Graduate	16	34.4	8.0	18.8	50.0
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	21	40.2	7.5	25.5	55.0
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	30	40.5	6.3	28.1	52.8

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	<i>20</i>	<i>31.9</i>	<i>6.9</i>	<i>18.5</i>	<i>45.4</i>
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	<i>29</i>	<i>34.6</i>	<i>5.9</i>	<i>23.1</i>	<i>46.1</i>
Health Insurance Status					
Insured	<i>38</i>	<i>41.3</i>	<i>5.7</i>	<i>30.1</i>	<i>52.5</i>
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they consumed fruit less than 1 time per day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Consuming Vegetables Less than 1 Time
Per Day, 2015**

Nemaha County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	4,217	22.3	0.4	21.6	23.1
Nemaha County	20	22.1	5.1	12.0	32.2
Gender					
Men	*	*	*	*	*
Women	13	23.5	7.0	9.8	37.1
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	19	21.0	5.1	10.9	31.0
Race					
White	19	21.3	5.2	11.1	31.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	11	25.7	7.6	10.7	40.6
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	13	23.8	6.8	10.5	37.1
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	15	21.9	5.8	10.5	33.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	<i>14</i>	<i>18.4</i>	<i>5.3</i>	<i>8.0</i>	<i>28.8</i>
Health Insurance Status					
Insured	<i>19</i>	<i>21.2</i>	<i>5.2</i>	<i>11.1</i>	<i>31.4</i>
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they consumed vegetables less than 1 time per day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Fair or Poor Self-Perceived Health Status, 2015

Nemaha County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,945	15.7	0.3	15.1	16.2
Nemaha County	18	14.0	3.4	7.2	20.8
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	18	14.4	3.6	7.5	21.4
Race					
White	18	14.6	3.6	7.6	21.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*	*	*	*	*
Health Insurance Status					
Insured	16	13.1	3.5	6.3	20.0
Uninsured	*	*	*	*	*

Numerator: Respondents who reported that in general their health is fair or poor.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Reported Their Physical Health Was Not Good on 14 or More Days in the Past 30 Days, 2015

Nemaha County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,560	10.0	0.2	9.5	10.4
Nemaha County	13	11.5	3.4	4.8	18.2
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	13	11.9	3.5	5.0	18.8
Race					
White	*	*	*	*	*
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*	*	*	*	*
Health Insurance Status					
Insured	*	*	*	*	*
Uninsured	*	*	*	*	*

Numerator: Respondents who reported 14 or more days when their physical health was not good in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Reported Their Poor Physical or Mental Health Kept Them From Doing Their Usual Activities, such as Self-care, Work or Recreation in the Past 30 Days, 2015

Nemaha County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	4,379	38.7	0.6	37.6	39.9
Nemaha County	19	40.3	7.8	25.0	55.6
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	19	41.4	8.0	25.8	57.0
Race					
White	19	42.8	8.2	26.8	58.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*	*	*	*	*
Health Insurance Status					
Insured	18	42.4	8.2	26.2	58.5
Uninsured	*	*	*	*	*

Numerator: Respondents who reported one or more days in the past 30 days when their poor physical or mental health kept them from doing their usual activities, such as self-care, work or recreation.

Denominator: Respondents with at least one day in the past 30 days when their physical or mental health was not good, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Ages 18 Years and Older Who Did Not Get Immunized
Against Influenza During the Past 12 Months, 2015**

Nemaha County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	10,526	57.4	0.4	56.6	58.3
Nemaha County	47	48.8	5.5	38.0	59.6
Gender					
Men	*	*	*	*	*
Women	25	41.4	7.1	27.5	55.3
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	43	46.8	5.6	35.8	57.8
Race					
White	43	46.7	5.7	35.6	57.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	29	56.8	7.4	42.4	71.3
Some College or College Graduate	18	40.1	8.1	24.2	55.9
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	22	43.0	7.5	28.3	57.7
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	37	50.2	6.2	38.0	62.3

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	25	42.1	7.0	28.4	55.8
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	37	44.7	5.9	33.0	56.4
Health Insurance Status					
Insured	43	46.5	5.7	35.4	57.6
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they did not get a flu shot or flu vaccine sprayed in their nose during the past 12 months.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported That They Do Not Always Wear a Seatbelt
When They Drive or Ride in a Car, 2015**

Nemaha County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,288	17.0	0.3	16.3	17.6
Nemaha County	34	32.2	5.2	22.1	42.4
Gender					
Men	*	*	*	*	*
Women	15	21.6	5.4	11.0	32.2
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	31	30.5	5.2	20.3	40.6
Race					
White	32	31.1	5.2	20.9	41.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	18	36.8	7.6	22.0	51.7
Some College or College Graduate	16	27.3	6.7	14.1	40.5
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	18	32.6	7.2	18.5	46.7
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	27	32.8	5.9	21.3	44.3

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	22	32.0	6.5	19.3	44.7
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	23	27.4	5.4	16.8	37.9
Health Insurance Status					
Insured	33	31.9	5.2	21.7	42.2
Uninsured	*	*	*	*	*

Respondents who reported they nearly always, sometimes, seldom or never use a seatbelt when they ride or drive in a car.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Currently Smoke Cigarettes, 2015

Nemaha County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,343	17.7	0.3	17.0	18.4
Nemaha County	17	16.6	4.3	8.2	25.0
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	16	16.5	4.4	7.9	25.1
Race					
White	14	15.5	4.4	6.9	24.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	12	25.7	7.1	11.9	39.6
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	14	18.1	5.0	8.3	28.0

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Health Insurance Status					
Insured	<i>15</i>	<i>16.4</i>	<i>4.5</i>	<i>7.6</i>	<i>25.1</i>
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they have smoked at least 100 cigarettes in their entire life and that they now smoke some days or every day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Ever Served on Active Duty in the United States
Armed Forces, 2015**

Nemaha County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,099	11.8	0.2	11.3	12.3
Nemaha County	15	11.3	3.0	5.5	17.1
Gender					
Men	15	22.6	5.8	11.3	34.0
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	14	11.4	3.0	5.5	17.4
Race					
White	15	11.8	3.1	5.8	17.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	<i>13</i>	<i>12.5</i>	<i>3.5</i>	<i>5.7</i>	<i>19.3</i>
Health Insurance Status					
Insured	<i>15</i>	<i>12.1</i>	<i>3.1</i>	<i>5.9</i>	<i>18.3</i>
Uninsured	*	*	*	*	*

Numerator: Respondents who reported that they served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Are Obese, 2015

Nemaha County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	7,154	34.2	0.4	33.4	35.0
Nemaha County	37	32.7	5.2	22.4	42.9
Gender					
Men	*	*	*	*	*
Women	21	30.0	6.3	17.6	42.3
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	37	33.6	5.3	23.2	44.1
Race					
White	37	34.0	5.4	23.4	44.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	16	31.4	7.5	16.7	46.1
Some College or College Graduate	21	34.3	7.2	20.2	48.4
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	18	27.0	6.4	14.6	39.5
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	21	28.5	6.1	16.5	40.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	<i>21</i>	<i>28.7</i>	<i>6.0</i>	<i>16.9</i>	<i>40.5</i>
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	<i>31</i>	<i>36.2</i>	<i>6.1</i>	<i>24.2</i>	<i>48.3</i>
Health Insurance Status					
Insured	<i>35</i>	<i>32.7</i>	<i>5.4</i>	<i>22.1</i>	<i>43.3</i>
Uninsured	*	*	*	*	*

Numerator: Respondents with a body mass index greater than or equal to 30, based on self-reported height and weight.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Are Overweight or Obese, 2015

Nemaha County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	14,432	68.0	0.4	67.2	68.8
Nemaha County	70	66.9	5.3	56.5	77.3
Gender					
Men	*	*	*	*	*
Women	36	61.7	7.3	47.4	76.0
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	69	67.0	5.4	56.4	77.5
Race					
White	69	67.6	5.4	57.0	78.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	37	73.3	6.8	59.9	86.6
Some College or College Graduate	33	58.8	8.0	43.2	74.5
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	35	61.8	7.6	46.9	76.7
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	48	65.9	6.1	53.9	77.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	<i>43</i>	<i>67.5</i>	<i>6.9</i>	<i>54.0</i>	<i>81.0</i>
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	<i>58</i>	<i>73.4</i>	<i>5.2</i>	<i>63.2</i>	<i>83.6</i>
Health Insurance Status					
Insured	<i>67</i>	<i>67.2</i>	<i>5.5</i>	<i>56.5</i>	<i>78.0</i>
Uninsured	*	*	*	*	*

Numerator: Respondents with a body mass index greater than or equal to 25, based on self-reported height and weight.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Technical Notes

The 2015 BRFSS data for your county/region on health risk indicators, analyzed by various subpopulation groups (e.g. gender, age group, ethnicity, etc.), are included in this report. The indicators are summarized in tables that show:

- Unweighted Frequency: the number of respondents who reported the risk behavior
- Weighted Percentage: the prevalence estimate for the risk behavior within a particular subpopulation group category
- Standard Error: used to compute the 95% confidence limits
- Lower and upper 95% confidence limits

Prevalence estimates vary in precision depending on sample size. One way of describing the precision of an estimate is the margin of error, which is the half-width of the confidence interval. When the sample size is large for a particular subpopulation group, the corresponding margin of error for an estimate is small. When the sample size is small for a particular subpopulation group, the corresponding margin of error for an estimate is large. Large margins of error (i.e. >5) indicate that an estimate may be less precise. Prevalence estimates that have a margin of error >5 are *italicized* in this report and should be interpreted with caution.

To determine whether two weighted percentages are significantly different from one another, the reader must compare the confidence intervals. Confidence intervals which do not overlap indicate a statistically significant difference between the two prevalence estimates while overlapping confidence intervals indicate that two estimates are not statistically different from one another. It is incorrect to say two estimates are different if their confidence limits overlap.

Estimates have been censored with an asterisk ("*") when the sample size was inadequate and/or when the estimates were statistically unreliable. Specifically, estimates were censored when any of the following conditions were met:

- the numerator of the indicator is less than 5
- the denominator of the indicator is less than 50
- the relative standard error (RSE) is 30 percent or higher

RSE is obtained by dividing the standard error of the estimate by the estimate itself, then multiplying that result by 100 to be expressed as a percent.

2011 BRFSS data represent a new baseline for public health surveillance. Due to changes in BRFSS survey methodology, the BRFSS estimates for 2011 and subsequent years cannot be compared to estimates from the years prior to 2011.

For more information on changes to the Kansas BRFSS survey methodology beginning in 2011, please visit: <http://www.kdheks.gov/brfss/newmethod.html>

For more detailed technical notes on the Kansas BRFSS, please visit: <http://www.kdheks.gov/brfss/technotes.html>