

2015 Kansas Behavioral Risk Factor Surveillance System Local Data

Douglas County



January 2017

2015 Kansas Behavioral Risk Factor Surveillance System Local Data

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**Kansas Department of Health and Environment
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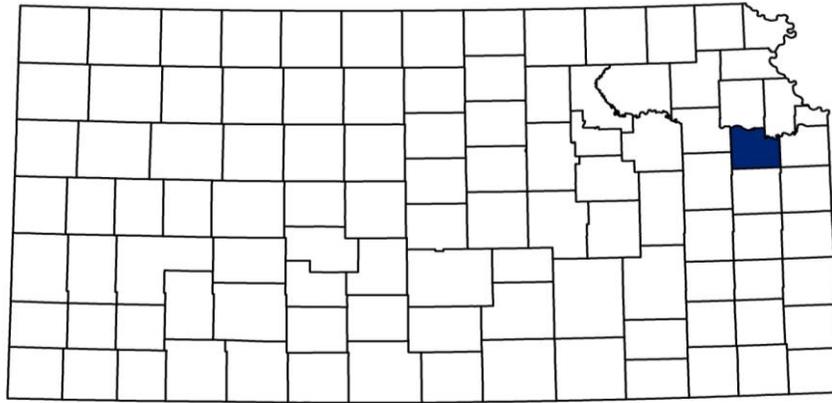
Mission

To protect and improve the health and environment of all Kansans

Vision

Healthy Kansans living in safe and sustainable environments

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Douglas County

Kansas Behavioral Risk Factor Surveillance System – Local Data, 2015 can also be accessed at <http://www.kdheks.gov/brfss/>

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Percentage of Adults Who Are Binge Drinkers, 2015

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,556	15.6	0.3	15.0	16.3
Douglas County	155	24.4	2.0	20.6	28.2
Gender					
Men	85	29.5	3.0	23.5	35.5
Women	70	19.3	2.4	14.6	23.9
Age Group					
18 to 44 Years	102	33.1	3.0	27.2	38.9
45 to 64 Years	42	14.9	2.4	10.3	19.5
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	146	24.0	2.0	20.1	27.9
Race					
White	138	25.8	2.2	21.6	30.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	30	22.4	3.9	14.8	30.1
Some College or College Graduate	125	25.1	2.3	20.7	29.6
Annual Household Income					
Less than \$35,000 per Year	40	30.9	4.2	22.6	39.2
\$35,000 or Higher per Year	98	23.2	2.4	18.6	27.8
Disability Status					
Living with a Disability	23	19.0	4.1	10.9	27.1
Living without a Disability	130	25.3	2.2	21.0	29.6

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	62	28.6	3.4	21.9	35.3
Overweight (25 ≤ BMI < 30)	53	25.3	3.6	18.3	32.3
Obese (BMI ≥ 30)	38	22.7	3.7	15.4	30.0
Leisure Time Physical Activity					
Participates in leisure time physical activity	128	26.6	2.3	22.1	31.1
Does not participate in leisure time physical activity	21	18.3	4.4	9.7	26.9
Smoking Status					
Current smoker	41	52.7	5.6	41.6	63.8
Non-smoker	113	19.7	2.0	15.9	23.5
Health Insurance Status					
Insured	142	24.9	2.1	20.8	28.9
Uninsured	13	23.3	6.5	10.6	36.0

Numerator: Male respondents who reported having five or more drinks on one occasion in the past 30 days or female respondents who reported having four or more drinks on one occasion in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Reported Heavy Alcohol Consumption in the Past 30 Days, 2015

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	965	5.1	0.2	4.7	5.5
Douglas County	62	7.7	1.2	5.4	10.0
Gender					
Men	27	8.7	1.9	4.9	12.5
Women	35	6.7	1.3	4.1	9.4
Age Group					
18 to 44 Years	25	8.2	1.8	4.7	11.7
45 to 64 Years	27	9.3	1.8	5.7	12.9
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	60	8.1	1.3	5.6	10.5
Race					
White	61	8.9	1.4	6.2	11.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	50	8.5	1.5	5.6	11.4
Annual Household Income					
Less than \$35,000 per Year	15	7.7	2.3	3.2	12.3
\$35,000 or Higher per Year	41	8.5	1.6	5.5	11.6
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	51	8.3	1.4	5.6	10.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	27	9.3	2.2	5.0	13.5
Overweight (25 ≤ BMI <30)	20	8.9	2.3	4.3	13.5
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	52	8.8	1.4	5.9	11.6
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	22	<i>23.1</i>	<i>5.0</i>	<i>13.3</i>	<i>33.0</i>
Non-smoker	40	5.2	1.0	3.2	7.3
Health Insurance Status					
Insured	56	7.8	1.3	5.3	10.3
Uninsured	*	*	*	*	*

Numerator: Male respondents who reported consuming an average of more than 14 drinks per week and female respondents who reported consuming an average of more than 7 drink per week during the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Doctor Diagnosed Arthritis, 2015

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	7,320	24.5	0.3	23.9	25.1
Douglas County	244	15.5	1.2	13.2	17.8
Gender					
Men	89	12.1	1.5	9.1	15.1
Women	155	18.9	1.8	15.5	22.3
Age Group					
18 to 44 Years	20	4.4	1.1	2.4	6.5
45 to 64 Years	84	26.2	2.8	20.8	31.6
65 Years and Older	137	45.8	3.2	39.4	52.1
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	241	16.4	1.2	14.0	18.8
Race					
White	236	17.3	1.3	14.7	19.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	70	19.5	2.8	14.1	24.9
Some College or College Graduate	174	14.2	1.3	11.7	16.6
Annual Household Income					
Less than \$35,000 per Year	70	15.5	2.3	10.9	20.0
\$35,000 or Higher per Year	136	17.3	1.6	14.1	20.5
Disability Status					
Living with a Disability	111	49.1	4.4	40.4	57.8
Living without a Disability	129	10.3	1.1	8.2	12.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	79	12.4	1.6	9.2	15.7
Overweight (25 ≤ BMI < 30)	74	17.7	2.5	12.9	22.6
Obese (BMI ≥ 30)	81	20.3	2.6	15.2	25.4
Leisure Time Physical Activity					
Participates in leisure time physical activity	175	14.9	1.3	12.3	17.4
Does not participate in leisure time physical activity	50	19.1	3.3	12.6	25.6
Smoking Status					
Current smoker	33	21.3	4.0	13.5	29.1
Non-smoker	205	14.9	1.2	12.5	17.3
Health Insurance Status					
Insured	234	16.5	1.2	14.1	19.0
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor or other health professional that they have some form of arthritis, rheumatoid arthritis, gout, lupus or fibromyalgia.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Doctor Diagnosed Arthritis Who Are Limited in Their Usual Activities Because of Arthritis or Joint Symptoms, 2015

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,152	48.2	0.8	46.7	49.7
Douglas County	105	45.2	4.0	37.4	53.1
Gender					
Men	36	40.4	6.6	27.4	53.4
Women	69	48.2	4.9	38.6	57.9
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	38	48.6	6.3	36.2	60.9
65 Years and Older	58	43.4	5.0	33.6	53.1
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	104	45.2	4.0	37.3	53.0
Race					
White	103	46.8	4.0	39.0	54.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	27	42.4	7.7	27.3	57.5
Some College or College Graduate	78	46.5	4.6	37.4	55.5
Annual Household Income					
Less than \$35,000 per Year	29	45.7	8.1	29.9	61.5
\$35,000 or Higher per Year	62	48.3	5.0	38.4	58.1
Disability Status					
Living with a Disability	77	75.8	4.8	66.5	85.1
Living without a Disability	28	21.2	4.3	12.8	29.6

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	30	44.1	6.9	30.6	57.7
Overweight (25 ≤ BMI <30)	32	43.3	7.6	28.5	58.1
Obese (BMI ≥ 30)	41	49.9	6.5	37.1	62.8
Leisure Time Physical Activity					
Participates in leisure time physical activity	74	42.3	4.4	33.6	51.0
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	86	41.0	4.2	32.8	49.3
Health Insurance Status					
Insured	102	45.9	4.0	38.1	53.7
Uninsured	*	*	*	*	*

Numerator: Respondents who reported any limitation in their usual activities because of arthritis or joint symptoms.

Denominator: Respondents with doctor, nurse or other health professional diagnosed arthritis, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Current Asthma, 2015

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,990	8.7	0.2	8.2	9.1
Douglas County	86	8.9	1.2	6.6	11.2
Gender					
Men	25	4.9	1.2	2.6	7.3
Women	61	12.9	2.0	9.1	16.7
Age Group					
18 to 44 Years	33	9.2	1.7	5.8	12.6
45 to 64 Years	29	8.6	1.7	5.2	11.9
65 Years and Older	22	7.8	1.8	4.3	11.4
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	80	8.7	1.2	6.4	11.0
Race					
White	78	9.2	1.2	6.7	11.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	37	14.7	3.0	8.9	20.5
Some College or College Graduate	55	7.0	1.2	4.7	9.3
Annual Household Income					
Less than \$35,000 per Year	29	10.1	2.2	5.7	14.5
\$35,000 or Higher per Year	37	5.6	1.1	3.5	7.7
Disability Status					
Living with a Disability	27	15.9	3.4	9.2	22.6
Living without a Disability	56	7.9	1.3	5.4	10.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	25	9.0	2.2	4.8	13.3
Overweight (25 ≤ BMI < 30)	25	6.9	1.7	3.5	10.3
Obese (BMI ≥ 30)	24	9.3	2.2	5.0	13.7
Leisure Time Physical Activity					
Participates in leisure time physical activity	62	9.2	1.4	6.5	11.9
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	13	10.7	3.7	4.6	16.8
Non-smoker	70	8.8	1.3	6.2	11.3
Health Insurance Status					
Insured	76	8.9	1.2	6.4	11.3
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they had asthma and that they currently have asthma.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Have Been Diagnosed With Cancer (Excluding Skin Cancer), 2015

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,273	7.1	0.2	6.8	7.5
Douglas County	83	4.8	0.7	3.5	6.2
Gender					
Men	36	3.7	0.7	2.3	5.0
Women	47	6.0	1.1	3.7	8.2
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	22	6.5	1.5	3.6	9.3
65 Years and Older	52	15.9	2.3	11.5	20.4
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	81	5.1	0.7	3.7	6.5
Race					
White	77	5.3	0.8	3.7	6.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	19	7.1	2.0	3.2	11.0
Some College or College Graduate	64	4.1	0.6	2.9	5.2
Annual Household Income					
Less than \$35,000 per Year	24	6.1	1.6	2.9	9.3
\$35,000 or Higher per Year	45	4.6	0.8	3.0	6.1
Disability Status					
Living with a Disability	27	11.2	2.4	6.5	15.8
Living without a Disability	56	4.0	0.7	2.6	5.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	32	4.9	1.0	3.0	6.9
Overweight (25 ≤ BMI < 30)	26	4.5	1.0	2.5	6.4
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	65	5.5	0.9	3.7	7.2
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	77	5.3	0.8	3.8	6.9
Health Insurance Status					
Insured	80	4.9	0.6	3.7	6.1
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they had cancer (excluding skin cancer).

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Percentage of Adults Who Have Been Diagnosed With Skin Cancer, 2015

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,155	6.4	0.2	6.1	6.7
Douglas County	83	4.4	0.6	3.4	5.5
Gender					
Men	43	4.5	0.8	3.0	6.0
Women	40	4.4	0.8	2.9	6.0
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	23	7.7	1.6	4.5	10.9
65 Years and Older	60	19.1	2.5	14.3	23.9
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	83	4.8	0.6	3.6	6.0
Race					
White	83	5.2	0.7	4.0	6.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	70	5.0	0.7	3.6	6.3
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	53	6.0	0.9	4.2	7.8
Disability Status					
Living with a Disability	17	5.3	1.5	2.4	8.3
Living without a Disability	66	4.5	0.6	3.3	5.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	25	3.6	0.8	2.0	5.2
Overweight (25 ≤ BMI < 30)	29	4.9	1.0	3.0	6.9
Obese (BMI ≥ 30)	28	6.6	1.4	3.8	9.4
Leisure Time Physical Activity					
Participates in leisure time physical activity	73	5.5	0.7	4.1	6.9
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	78	5.1	0.6	3.8	6.3
Health Insurance Status					
Insured	83	5.1	0.6	3.8	6.3
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they had skin cancer.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Percentage of Adults Who had a Heart Attack, 2015

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,263	4.0	0.1	3.7	4.2
Douglas County	40	2.5	0.4	1.6	3.3
Gender					
Men	29	3.5	0.7	2.1	4.9
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	13	4.5	1.3	2.0	7.0
65 Years and Older	26	9.5	1.9	5.7	13.3
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	38	2.5	0.5	1.6	3.4
Race					
White	36	2.7	0.5	1.7	3.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	15	4.3	1.2	2.0	6.5
Some College or College Graduate	25	1.8	0.4	1.0	2.7
Annual Household Income					
Less than \$35,000 per Year	16	3.5	1.0	1.6	5.4
\$35,000 or Higher per Year	19	2.3	0.6	1.1	3.4
Disability Status					
Living with a Disability	21	9.5	2.2	5.1	13.9
Living without a Disability	19	1.4	0.4	0.7	2.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	18	4.4	1.1	2.1	6.6
Leisure Time Physical Activity					
Participates in leisure time physical activity	26	2.1	0.5	1.2	3.0
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	30	2.1	0.4	1.3	3.0
Health Insurance Status					
Insured	39	2.7	0.5	1.8	3.7
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they had a heart attack also called a myocardial infarction.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Percentage of Adults Who had Angina or Coronary Heart Disease, 2015

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,274	3.8	0.1	3.6	4.0
Douglas County	45	2.8	0.5	1.7	3.8
Gender					
Men	31	3.5	0.7	2.1	5.0
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	31	9.5	1.8	6.0	13.0
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	43	2.9	0.6	1.8	4.0
Race					
White	41	2.7	0.5	1.8	3.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	34	2.7	0.6	1.5	3.9
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	27	3.1	0.7	1.7	4.4
Disability Status					
Living with a Disability	27	10.8	2.3	6.4	15.2
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	19	4.3	1.2	2.0	6.6
Leisure Time Physical Activity					
Participates in leisure time physical activity	33	2.6	0.5	1.5	3.6
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	37	2.6	0.6	1.5	3.7
Health Insurance Status					
Insured	43	2.7	0.5	1.8	3.7
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they had angina or coronary heart disease.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Percentage of Adults Who Had a Stroke, 2015

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	907	3.0	0.1	2.8	3.3
Douglas County	32	1.9	0.4	1.2	2.7
Gender					
Men	*	*	*	*	*
Women	19	2.1	0.6	1.0	3.2
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	22	7.7	1.7	4.3	11.2
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	31	2.0	0.4	1.2	2.8
Race					
White	29	2.0	0.4	1.2	2.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	20	1.7	0.4	0.8	2.5
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	16	1.8	0.5	0.9	2.8
Disability Status					
Living with a Disability	17	5.6	1.6	2.6	8.7
Living without a Disability	14	1.3	0.4	0.5	2.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	25	2.2	0.5	1.2	3.2
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	26	1.8	0.4	1.0	2.6
Health Insurance Status					
Insured	29	1.9	0.4	1.1	2.6
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they had a stroke.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Percentage of Adults with Diagnosed Hypertension, 2015

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	9,207	31.6	0.4	30.9	32.3
Douglas County	310	21.1	1.4	18.4	23.9
Gender					
Men	145	21.6	2.1	17.4	25.7
Women	165	20.7	1.9	17.0	24.4
Age Group					
18 to 44 Years	44	10.0	1.6	6.8	13.2
45 to 64 Years	108	31.3	2.9	25.7	37.0
65 Years and Older	156	53.6	3.2	47.3	59.9
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	299	21.8	1.5	18.9	24.7
Race					
White	289	22.1	1.5	19.2	25.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	78	23.3	3.0	17.4	29.1
Some College or College Graduate	232	20.4	1.6	17.3	23.6
Annual Household Income					
Less than \$35,000 per Year	86	19.9	2.7	14.6	25.2
\$35,000 or Higher per Year	184	24.5	2.0	20.6	28.4
Disability Status					
Living with a Disability	90	38.7	4.2	30.5	47.0
Living without a Disability	213	18.4	1.5	15.5	21.3

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	62	10.7	1.7	7.3	14.1
Overweight (25 ≤ BMI < 30)	112	26.8	2.9	21.1	32.4
Obese (BMI ≥ 30)	119	32.3	3.3	25.8	38.9
Leisure Time Physical Activity					
Participates in leisure time physical activity	223	21.1	1.7	17.8	24.3
Does not participate in leisure time physical activity	70	24.5	3.6	17.4	31.7
Smoking Status					
Current smoker	29	19.0	4.0	11.1	26.9
Non-smoker	277	22.0	1.6	18.9	25.0
Health Insurance Status					
Insured	295	21.8	1.5	18.9	24.7
Uninsured	14	17.5	5.2	7.3	27.7

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they have high blood pressure.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Did Not Have Their Blood Cholesterol Checked
Within the Past Five Years, 2015**

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,834	25.9	0.4	25.1	26.7
Douglas County	153	26.6	2.1	22.5	30.6
Gender					
Men	84	32.2	3.2	26.0	38.4
Women	69	20.7	2.6	15.7	25.7
Age Group					
18 to 44 Years	112	39.5	3.2	33.3	45.7
45 to 64 Years	28	10.4	2.1	6.4	14.5
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	140	26.1	2.1	21.9	30.2
Race					
White	123	24.7	2.2	20.5	29.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	40	29.2	4.3	20.7	37.6
Some College or College Graduate	112	25.6	2.3	21.0	30.1
Annual Household Income					
Less than \$35,000 per Year	60	43.1	4.4	34.6	51.7
\$35,000 or Higher per Year	59	15.1	2.1	11.0	19.2
Disability Status					
Living with a Disability	15	9.5	2.6	4.4	14.5
Living without a Disability	124	28.0	2.4	23.3	32.6

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	57	29.6	3.7	22.5	36.8
Overweight (25 ≤ BMI < 30)	42	24.7	3.8	17.3	32.1
Obese (BMI ≥ 30)	35	22.0	3.7	14.8	29.1
Leisure Time Physical Activity					
Participates in leisure time physical activity	93	21.3	2.2	17.0	25.6
Does not participate in leisure time physical activity	34	37.9	5.6	26.9	49.0
Smoking Status					
Current smoker	27	36.9	5.9	25.3	48.4
Non-smoker	110	23.3	2.2	18.9	27.6
Health Insurance Status					
Insured	125	23.8	2.1	19.7	27.9
Uninsured	24	46.5	7.9	31.0	62.0

Numerator: Respondents who reported they had not checked their blood cholesterol in the past five years.

Denominator: All respondents excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Tested and Diagnosed with High Cholesterol, 2015

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	8,479	37.4	0.4	36.5	38.2
Douglas County	304	26.3	1.7	23.0	29.6
Gender					
Men	147	26.5	2.4	21.8	31.3
Women	157	26.1	2.3	21.6	30.5
Age Group					
18 to 44 Years	31	9.7	1.8	6.2	13.2
45 to 64 Years	114	35.8	3.7	29.8	41.8
65 Years and Older	156	55.6	3.3	49.1	62.1
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	298	27.4	1.7	24.0	30.8
Race					
White	289	27.3	1.8	23.8	30.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	71	27.7	3.6	20.6	34.8
Some College or College Graduate	233	25.9	1.9	22.2	29.5
Annual Household Income					
Less than \$35,000 per Year	66	22.6	3.3	16.2	29.0
\$35,000 or Higher per Year	188	28.9	2.2	24.6	33.3
Disability Status					
Living with a Disability	90	43.4	4.5	34.6	52.2
Living without a Disability	211	23.4	1.8	20.0	26.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	91	20.9	2.5	16.0	25.8
Overweight (25 ≤ BMI < 30)	112	33.1	3.3	26.7	39.5
Obese (BMI ≥ 30)	88	28.6	3.4	22.1	35.2
Leisure Time Physical Activity					
Participates in leisure time physical activity	225	25.6	1.9	22.0	29.3
Does not participate in leisure time physical activity	63	35.5	4.8	26.1	45.0
Smoking Status					
Current smoker	29	26.2	5.0	16.4	36.0
Non-smoker	270	26.7	1.8	23.2	30.2
Health Insurance Status					
Insured	291	27.3	1.7	23.9	30.7
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they have high blood cholesterol.

Denominator: Respondents who had ever had their blood cholesterol checked, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Have Chronic Obstructive Pulmonary Disease
(COPD), Emphysema or Chronic Bronchitis, 2015**

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,752	6.2	0.2	5.8	6.5
Douglas County	47	3.4	0.6	2.2	4.6
Gender					
Men	26	3.6	0.8	2.0	5.1
Women	21	3.2	0.9	1.3	5.0
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	21	6.1	1.4	3.3	8.8
65 Years and Older	21	7.2	1.7	3.9	10.5
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	45	3.5	0.6	2.2	4.7
Race					
White	43	3.5	0.7	2.2	4.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	21	5.5	1.3	2.9	8.1
Some College or College Graduate	26	2.7	0.7	1.3	4.0
Annual Household Income					
Less than \$35,000 per Year	25	5.7	1.3	3.2	8.2
\$35,000 or Higher per Year	18	2.2	0.6	1.0	3.5
Disability Status					
Living with a Disability	30	15.1	3.0	9.2	21.0
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	18	4.0	1.1	1.7	6.2
Obese (BMI ≥ 30)	14	4.1	1.2	1.7	6.4
Leisure Time Physical Activity					
Participates in leisure time physical activity	28	2.8	0.6	1.6	4.0
Does not participate in leisure time physical activity	17	5.5	1.5	2.5	8.4
Smoking Status					
Current smoker	16	9.1	2.6	4.1	14.1
Non-smoker	30	2.4	0.6	1.3	3.5
Health Insurance Status					
Insured	43	3.2	0.6	2.1	4.4
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they have chronic obstructive pulmonary disease (COPD), emphysema or chronic bronchitis.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Were EVER Diagnosed with a Depressive Disorder,
2015**

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	4,472	19.4	0.3	18.8	20.1
Douglas County	215	23.2	1.8	19.7	26.7
Gender					
Men	84	19.3	2.4	14.5	24.0
Women	131	27.1	2.6	22.0	32.1
Age Group					
18 to 44 Years	90	25.5	2.7	20.3	30.7
45 to 64 Years	70	22.0	2.6	16.9	27.1
65 Years and Older	54	16.4	2.3	11.9	21.0
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	208	23.8	1.9	20.2	27.5
Race					
White	195	23.9	1.9	20.1	27.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	52	19.7	3.1	13.6	25.8
Some College or College Graduate	163	24.5	2.1	20.3	28.7
Annual Household Income					
Less than \$35,000 per Year	64	27.5	3.7	20.2	34.8
\$35,000 or Higher per Year	114	21.2	2.2	16.9	25.5
Disability Status					
Living with a Disability	85	46.6	4.5	37.8	55.3
Living without a Disability	121	19.4	2.0	15.5	23.3

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	73	24.7	3.2	18.5	30.9
Overweight (25 ≤ BMI <30)	56	19.4	3.7	13.3	25.5
Obese (BMI ≥ 30)	73	28.5	3.5	21.6	35.4
Leisure Time Physical Activity					
Participates in leisure time physical activity	163	24.0	2.1	19.9	28.1
Does not participate in leisure time physical activity	35	21.3	4.1	13.4	29.3
Smoking Status					
Current smoker	37	32.1	5.2	21.9	42.2
Non-smoker	170	22.1	2.0	18.3	26.0
Health Insurance Status					
Insured	196	23.3	1.9	19.7	27.0
Uninsured	18	23.4	6.3	11.1	35.7

Numerator: Respondents who reported they had ever been told by a doctor, nurse or other health professional that they have a depressive disorder (including depression, major depression, dysthymia, or minor depression).

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Diagnosed Diabetes, 2015

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,878	9.7	0.2	9.3	10.1
Douglas County	70	5.1	0.8	3.6	6.6
Gender					
Men	34	5.1	1.1	3.0	7.3
Women	36	5.1	1.1	3.0	7.2
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	26	8.7	2.1	4.6	12.9
65 Years and Older	34	12.8	2.3	8.3	17.4
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	63	4.3	0.6	3.1	5.5
Race					
White	60	4.7	0.7	3.2	6.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	26	9.6	2.3	5.0	14.2
Some College or College Graduate	44	3.5	0.6	2.4	4.7
Annual Household Income					
Less than \$35,000 per Year	24	5.5	1.5	2.6	8.4
\$35,000 or Higher per Year	32	4.9	1.1	2.8	7.0
Disability Status					
Living with a Disability	23	9.5	2.3	5.0	14.0
Living without a Disability	42	3.9	0.7	2.4	5.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	17	2.6	0.7	1.3	4.0
Overweight (25 ≤ BMI < 30)	18	4.7	1.2	2.3	7.0
Obese (BMI ≥ 30)	28	7.7	2.0	3.8	11.6
Leisure Time Physical Activity					
Participates in leisure time physical activity	48	4.9	0.9	3.1	6.6
Does not participate in leisure time physical activity	15	5.1	1.5	2.2	8.0
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	57	4.8	0.8	3.3	6.4
Health Insurance Status					
Insured	64	5.0	0.8	3.5	6.6
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor they had diabetes, excluding females told only during pregnancy and pre-diabetes or borderline diabetes.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

**Percentage of Adults Who Reported Activity Limitations Due to Physical,
Mental or Emotional Problems, 2015**

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	5,248	20.0	0.3	19.3	20.6
Douglas County	177	13.5	1.2	11.1	15.9
Gender					
Men	68	9.6	1.4	6.8	12.3
Women	109	17.3	1.9	13.5	21.1
Age Group					
18 to 44 Years	38	8.8	1.5	5.8	11.8
45 to 64 Years	60	18.7	2.5	13.8	23.6
65 Years and Older	76	23.7	2.7	18.4	29.0
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	172	13.9	1.3	11.4	16.4
Race					
White	162	13.9	1.3	11.3	16.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	38	12.7	2.4	8.0	17.4
Some College or College Graduate	138	13.6	1.4	10.9	16.4
Annual Household Income					
Less than \$35,000 per Year	54	14.0	2.4	9.2	18.8
\$35,000 or Higher per Year	91	12.7	1.5	9.8	15.6
Weight Category					
Normal or Underweight (BMI < 25)	60	11.7	1.9	7.9	15.5
Overweight (25 ≤ BMI < 30)	46	11.8	2.1	7.7	15.9
Obese (BMI ≥ 30)	63	18.6	2.7	13.4	23.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	121	12.9	1.4	10.1	15.7
Does not participate in leisure time physical activity	46	16.5	2.9	10.7	22.3
Smoking Status					
Current smoker	27	21.5	4.4	12.9	30.0
Non-smoker	148	12.2	1.2	9.8	14.6
Health Insurance Status					
Insured	167	14.3	1.3	11.7	16.9
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they were limited in any activities because of physical, mental or emotional problems.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Reported Living with a Disability, 2015

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	5,842	21.9	0.3	21.2	22.5
Douglas County	199	14.4	1.2	12.0	16.8
Gender					
Men	78	10.5	1.4	7.6	13.3
Women	121	18.3	2.0	14.5	22.2
Age Group					
18 to 44 Years	38	8.8	1.5	5.8	11.9
45 to 64 Years	67	20.1	2.5	15.2	25.1
65 Years and Older	91	27.6	2.8	22.1	33.1
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	194	14.9	1.3	12.4	17.5
Race					
White	182	14.8	1.3	12.2	17.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	44	13.8	2.4	9.0	18.6
Some College or College Graduate	154	14.5	1.4	11.7	17.3
Annual Household Income					
Less than \$35,000 per Year	61	15.0	2.5	10.2	19.9
\$35,000 or Higher per Year	103	13.6	1.5	10.6	16.6
Weight Category					
Normal or Underweight (BMI <25)	67	12.4	2.0	8.5	16.3
Overweight (25 ≤ BMI < 30)	49	12.2	2.1	8.0	16.3
Obese (BMI ≥ 30)	74	20.4	2.7	15.0	25.8

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	138	13.8	1.4	11.0	16.6
Does not participate in leisure time physical activity	49	17.1	3.0	11.3	23.0
Smoking Status					
Current smoker	28	21.8	4.4	13.2	30.4
Non-smoker	169	13.1	1.2	10.7	15.6
Health Insurance Status					
Insured	188	15.3	1.4	12.6	17.9
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they were limited in any activities because of physical, mental or emotional problems or who reported having a health problem that requires them to use special equipment such as a cane, a wheelchair, a special bed or a special telephone.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Not Participating in the Recommended Level of Physical Activity (Aerobic and/or Strengthening), 2015

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	16,199	80.7	0.4	80.0	81.4
Douglas County	678	77.8	1.9	74.2	81.5
Gender					
Men	294	74.9	2.8	69.3	80.4
Women	384	80.8	2.4	76.1	85.4
Age Group					
18 to 44 Years	243	78.1	2.7	72.8	83.4
45 to 64 Years	221	74.2	3.0	68.3	80.0
65 Years and Older	214	83.0	2.4	78.3	87.8
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	645	77.7	1.9	74.0	81.5
Race					
White	602	76.3	2.0	72.3	80.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	156	79.0	3.9	71.3	86.7
Some College or College Graduate	522	77.5	2.1	73.3	81.6
Annual Household Income					
Less than \$35,000 per Year	175	76.5	4.0	68.7	84.3
\$35,000 or Higher per Year	395	76.6	2.3	72.1	81.1
Disability Status					
Living with a Disability	154	86.4	3.0	80.5	92.2
Living without a Disability	519	76.3	2.1	72.1	80.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	235	76.9	3.2	70.6	83.1
Overweight (25 ≤ BMI < 30)	206	72.9	3.5	66.0	79.8
Obese (BMI ≥ 30)	198	82.9	3.1	76.8	88.9
Smoking Status					
Current smoker	85	79.8	5.0	69.9	89.7
Non-smoker	590	77.4	2.0	73.5	81.4
Health Insurance Status					
Insured	629	77.3	1.9	73.5	81.1
Uninsured	47	81.5	6.2	69.4	93.6

Numerator: Respondents not participating in the recommended level of physical activity or participating in insufficient recommended level of physical activity for either aerobic or muscle strengthening guidelines.

Denominator: All respondents, excluding unknowns and refusals.

Not participating in the recommended level of physical activity referred to not participating in aerobic and strengthening exercises according to guidelines.

Participating in insufficient level of recommended physical activity referred to participating only in aerobic or only in strengthening exercises according to guidelines.

The aerobic guideline is defined as 150 minutes a week of moderate-intensity aerobic activity, or 75 minutes a week of vigorous-intensity aerobic activity, or an equivalent combination of moderate- and vigorous-intensity aerobic activity.

The strengthening guideline is defined as muscle-strengthening activities that involved all major muscle groups two or more times per week.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Not Participating in the Recommended Level of Physical Activity (Aerobic and Strengthening), 2015

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	8,120	40.3	0.4	39.4	41.2
Douglas County	288	35.1	2.1	31.0	39.3
Gender					
Men	117	33.6	3.1	27.5	39.7
Women	171	36.7	2.9	31.0	42.3
Age Group					
18 to 44 Years	112	36.7	3.1	30.5	42.9
45 to 64 Years	96	32.3	3.0	26.4	38.2
65 Years and Older	80	33.3	3.3	26.8	39.8
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	271	34.5	2.2	30.3	38.8
Race					
White	253	34.3	2.2	30.0	38.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	95	50.3	4.7	41.2	59.5
Some College or College Graduate	193	30.1	2.3	25.6	34.6
Annual Household Income					
Less than \$35,000 per Year	82	36.6	4.3	28.2	44.9
\$35,000 or Higher per Year	152	30.6	2.5	25.8	35.5
Disability Status					
Living with a Disability	70	42.2	4.7	32.9	51.5
Living without a Disability	215	33.9	2.3	29.3	38.5

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	78	28.3	3.5	21.4	35.3
Overweight (25 ≤ BMI < 30)	85	35.0	3.8	27.7	42.4
Obese (BMI ≥ 30)	104	42.0	4.1	34.1	50.0
Smoking Status					
Current smoker	40	37.2	5.7	26.1	48.4
Non-smoker	245	34.6	2.3	30.1	39.1
Health Insurance Status					
Insured	263	34.0	2.2	29.7	38.2
Uninsured	24	44.1	7.9	28.5	59.7

Numerator: Respondents who did not participate in the recommended level of aerobic and strengthening exercises during the past month.

Denominator: All respondents, excluding unknowns and refusals.

The aerobic guideline is defined as 150 minutes a week of moderate-intensity aerobic activity, or 75 minutes a week of vigorous-intensity aerobic activity, or an equivalent combination of moderate- and vigorous-intensity aerobic activity.

The strengthening guideline is defined as muscle-strengthening activities that involved all major muscle groups two or more times per week.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Not Participating in Any Physical Activity Other Than Their Regular Job in the Past 30 Days (Leisure Time Physical Activity), 2015

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	5,698	26.5	0.4	25.8	27.3
Douglas County	167	20.2	1.8	16.6	23.7
Gender					
Men	66	21.4	2.9	15.8	27.0
Women	101	18.9	2.2	14.5	23.3
Age Group					
18 to 44 Years	59	21.3	2.8	15.9	26.7
45 to 64 Years	53	17.2	2.4	12.5	21.9
65 Years and Older	55	21.8	2.9	16.2	27.4
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	154	19.3	1.9	15.7	23.0
Race					
White	148	19.2	1.9	15.6	22.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	65	31.8	4.3	23.5	40.2
Some College or College Graduate	102	16.1	1.9	12.3	19.9
Annual Household Income					
Less than \$35,000 per Year	51	20.4	3.5	13.6	27.3
\$35,000 or Higher per Year	78	16.3	2.2	12.1	20.5
Disability Status					
Living with a Disability	49	24.0	3.7	16.7	31.3
Living without a Disability	116	19.6	2.1	15.5	23.6

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	45	17.9	3.2	11.5	24.3
Overweight (25 ≤ BMI <30)	48	18.5	3.1	12.4	24.6
Obese (BMI ≥ 30)	62	25.2	3.5	18.3	32.1
Smoking Status					
Current smoker	25	23.1	4.9	13.6	32.6
Non-smoker	142	19.7	2.0	15.8	23.6
Health Insurance Status					
Insured	146	18.6	1.8	15.0	22.2
Uninsured	19	32.0	7.3	17.7	46.3

Numerator: Respondents who reported they did not participate in any physical activities or exercise, other than their regular job, in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Consuming Fruit Less than 1 Time Per Day,
2015**

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	8,386	43.7	0.4	42.9	44.6
Douglas County	306	39.4	2.2	35.2	43.6
Gender					
Men	165	49.5	3.2	43.2	55.8
Women	141	29.3	2.6	24.2	34.3
Age Group					
18 to 44 Years	135	44.0	3.2	37.7	50.2
45 to 64 Years	102	36.5	3.2	30.2	42.8
65 Years and Older	66	24.7	2.9	18.9	30.5
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	297	40.2	2.2	35.8	44.5
Race					
White	270	39.9	2.3	35.3	44.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	87	49.4	4.5	40.5	58.3
Some College or College Graduate	218	35.8	2.4	31.1	40.5
Annual Household Income					
Less than \$35,000 per Year	89	43.2	4.3	34.8	51.6
\$35,000 or Higher per Year	173	37.1	2.7	31.8	42.3
Disability Status					
Living with a Disability	61	41.1	4.8	31.8	50.4
Living without a Disability	242	39.0	2.4	34.3	43.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	99	36.2	3.6	29.2	43.3
Overweight (25 ≤ BMI < 30)	107	44.1	3.9	36.5	51.7
Obese (BMI ≥ 30)	86	40.7	4.2	32.5	48.9
Leisure Time Physical Activity					
Participates in leisure time physical activity	214	33.9	2.3	29.4	38.4
Does not participate in leisure time physical activity	87	60.0	5.0	50.2	69.9
Smoking Status					
Current smoker	63	65.4	5.2	55.2	75.6
Non-smoker	241	34.7	2.3	30.2	39.2
Health Insurance Status					
Insured	280	39.5	2.2	35.2	43.9
Uninsured	25	38.3	7.4	23.7	52.8

Numerator: Respondents who reported they consumed fruit less than 1 time per day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Consuming Vegetables Less than 1 Time
Per Day, 2015**

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	4,217	22.3	0.4	21.6	23.1
Douglas County	137	18.7	1.8	15.2	22.3
Gender					
Men	75	22.7	2.8	17.2	28.2
Women	62	14.7	2.2	10.4	19.1
Age Group					
18 to 44 Years	60	21.0	2.7	15.7	26.3
45 to 64 Years	48	16.5	2.4	11.8	21.3
65 Years and Older	29	13.6	2.6	8.5	18.8
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	129	19.0	1.9	15.3	22.7
Race					
White	116	17.3	1.8	13.7	20.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	47	29.0	4.4	20.4	37.5
Some College or College Graduate	90	15.3	1.8	11.7	18.9
Annual Household Income					
Less than \$35,000 per Year	46	21.7	3.6	14.7	28.7
\$35,000 or Higher per Year	68	15.5	2.1	11.3	19.7
Disability Status					
Living with a Disability	29	17.8	3.6	10.8	24.8
Living without a Disability	107	19.0	2.0	15.0	22.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	41	17.5	3.0	11.6	23.4
Overweight (25 ≤ BMI <30)	46	18.6	3.7	12.6	24.7
Obese (BMI ≥ 30)	41	20.4	3.6	13.3	27.5
Leisure Time Physical Activity					
Participates in leisure time physical activity	89	15.2	1.8	11.6	18.8
Does not participate in leisure time physical activity	47	33.4	5.1	23.5	43.3
Smoking Status					
Current smoker	26	26.9	5.4	16.3	37.5
Non-smoker	111	17.4	1.9	13.7	21.1
Health Insurance Status					
Insured	123	18.0	1.8	14.4	21.6
Uninsured	14	24.8	6.7	11.7	38.0

Numerator: Respondents who reported they consumed vegetables less than 1 time per day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Lack Health Care Coverage, 2015

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,027	12.8	0.3	12.2	13.4
Douglas County	71	11.3	1.5	8.3	14.3
Gender					
Men	29	9.1	1.9	5.4	12.9
Women	42	13.5	2.4	8.8	18.1
Age Group					
18 to 44 Years	48	15.6	2.4	11.0	20.2
45 to 64 Years	19	6.2	1.5	3.2	9.2
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	56	9.2	1.5	6.4	12.1
Race					
White	55	8.9	1.4	6.2	11.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	30	19.1	3.6	12.0	26.3
Some College or College Graduate	41	8.5	1.6	5.4	11.6
Annual Household Income					
Less than \$35,000 per Year	38	23.0	3.9	15.4	30.6
\$35,000 or Higher per Year	17	4.2	1.1	2.0	6.4
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	57	11.9	1.8	8.4	15.3

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	23	9.2	2.3	4.8	13.7
Overweight (25 ≤ BMI < 30)	20	12.2	3.2	6.0	18.3
Obese (BMI ≥ 30)	18	11.6	3.0	5.8	17.5
Leisure Time Physical Activity					
Participates in leisure time physical activity	44	9.7	1.7	6.4	13.0
Does not participate in leisure time physical activity	19	18.1	4.4	9.4	26.9
Smoking Status					
Current smoker	17	16.7	4.2	8.5	25.0
Non-smoker	50	10.2	1.7	6.9	13.5

Numerator: Respondents who reported they had no health care coverage.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Ages 18 to 64 Years Old Who Lack Health Care Coverage,
2015**

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,921	15.7	0.4	15.0	16.5
Douglas County	67	12.9	1.8	9.5	16.4
Gender					
Men	29	10.5	2.2	6.2	14.7
Women	38	15.5	2.8	10.1	20.9
Age Group					
18 to 44 Years	48	15.6	2.4	11.0	20.2
45 to 64 Years	19	6.2	1.5	3.2	9.2
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	52	10.5	1.7	7.2	13.9
Race					
White	51	10.3	1.6	7.1	13.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	29	23.1	4.3	14.6	31.6
Some College or College Graduate	38	9.4	1.8	5.9	13.0
Annual Household Income					
Less than \$35,000 per Year	37	26.2	4.4	17.6	34.7
\$35,000 or Higher per Year	16	4.7	1.3	2.2	7.3
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	55	13.4	2.0	9.5	17.3

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	21	10.4	2.6	5.3	15.5
Overweight (25 ≤ BMI < 30)	19	14.4	3.8	7.0	21.7
Obese (BMI ≥ 30)	18	13.4	3.4	6.8	20.0
Leisure Time Physical Activity					
Participates in leisure time physical activity	44	11.4	2.0	7.5	15.2
Does not participate in leisure time physical activity	16	20.3	5.1	10.2	30.3
Smoking Status					
Current smoker	17	17.9	4.5	9.1	26.7
Non-smoker	46	11.8	2.0	7.9	15.7

Numerator: Respondents ages 18-64 years old who reported they had no health care coverage.

Denominator: All respondents ages 18-64 years old, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with No Personal Doctor or Health Care Provider, 2015

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,278	20.1	0.4	19.4	20.8
Douglas County	161	24.7	1.9	21.0	28.5
Gender					
Men	98	32.4	3.0	26.5	38.2
Women	63	17.1	2.3	12.5	21.7
Age Group					
18 to 44 Years	110	33.6	2.9	28.0	39.3
45 to 64 Years	37	12.9	2.2	8.7	17.2
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	142	23.5	2.0	19.7	27.4
Race					
White	125	22.8	2.0	18.8	26.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	40	25.0	3.8	17.5	32.5
Some College or College Graduate	120	24.6	2.2	20.2	28.9
Annual Household Income					
Less than \$35,000 per Year	68	39.2	4.1	31.1	47.3
\$35,000 or Higher per Year	60	15.7	2.1	11.6	19.8
Disability Status					
Living with a Disability	15	12.2	3.6	5.0	19.3
Living without a Disability	139	26.6	2.2	22.3	30.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	52	24.3	3.3	17.8	30.8
Overweight (25 ≤ BMI < 30)	56	27.6	3.6	20.6	34.6
Obese (BMI ≥ 30)	35	21.6	3.7	14.4	28.8
Leisure Time Physical Activity					
Participates in leisure time physical activity	117	24.1	2.2	19.8	28.4
Does not participate in leisure time physical activity	26	25.8	5.0	16.0	35.5
Smoking Status					
Current smoker	34	36.4	5.5	25.6	47.3
Non-smoker	119	22.5	2.1	18.4	26.5
Health Insurance Status					
Insured	124	21.3	1.9	17.5	25.1
Uninsured	34	49.0	7.3	34.7	63.3

Numerator: Respondents who reported they had no personal doctor or health care provider.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Could Not See a Doctor Because of Cost In the Past 12 Months, 2015

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,120	11.0	0.3	10.5	11.6
Douglas County	86	10.7	1.3	8.0	13.3
Gender					
Men	34	8.6	1.7	5.3	11.9
Women	52	12.7	2.1	8.6	16.8
Age Group					
18 to 44 Years	45	12.3	2.0	8.3	16.2
45 to 64 Years	33	10.7	2.0	6.8	14.6
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	81	10.6	1.4	7.9	13.3
Race					
White	72	9.7	1.3	7.1	12.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	29	13.9	3.0	8.1	19.7
Some College or College Graduate	57	9.5	1.5	6.6	12.5
Annual Household Income					
Less than \$35,000 per Year	39	17.5	3.3	11.1	24.0
\$35,000 or Higher per Year	33	6.2	1.2	3.9	8.5
Disability Status					
Living with a Disability	28	19.7	3.8	12.3	27.2
Living without a Disability	55	9.1	1.5	6.2	12.0

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	31	10.5	2.2	6.2	14.8
Overweight (25 ≤ BMI < 30)	24	10.2	2.6	5.1	15.4
Obese (BMI ≥ 30)	22	10.9	2.7	5.7	16.2
Leisure Time Physical Activity					
Participates in leisure time physical activity	62	11.3	1.7	8.0	14.5
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	21	19.4	4.4	10.9	28.0
Non-smoker	61	9.2	1.4	6.4	12.0
Health Insurance Status					
Insured	57	6.8	1.0	4.8	8.8
Uninsured	28	40.8	7.2	26.6	55.0

Numerator: Respondents who reported they could not see a doctor because of cost in the past 12 months.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Fair or Poor Self-Perceived Health Status, 2015

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,945	15.7	0.3	15.1	16.2
Douglas County	115	10.2	1.2	7.9	12.5
Gender					
Men	50	8.5	1.4	5.8	11.2
Women	65	11.9	1.8	8.3	15.4
Age Group					
18 to 44 Years	38	8.9	1.6	5.7	12.1
45 to 64 Years	34	11.0	1.9	7.2	14.8
65 Years and Older	40	13.3	2.2	9.0	17.5
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	101	9.5	1.2	7.2	11.8
Race					
White	96	8.8	1.0	6.7	10.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	35	11.7	2.2	7.4	16.0
Some College or College Graduate	78	9.4	1.3	6.8	12.1
Annual Household Income					
Less than \$35,000 per Year	46	14.1	2.7	8.9	19.4
\$35,000 or Higher per Year	44	7.6	1.3	5.1	10.1
Disability Status					
Living with a Disability	75	41.0	4.4	32.5	49.6
Living without a Disability	34	4.9	1.1	2.8	6.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	22	4.1	1.0	2.1	6.1
Overweight (25 ≤ BMI < 30)	33	12.4	2.8	7.0	17.8
Obese (BMI ≥ 30)	45	13.9	2.3	9.4	18.3
Leisure Time Physical Activity					
Participates in leisure time physical activity	67	9.1	1.4	6.4	11.8
Does not participate in leisure time physical activity	38	15.7	3.0	9.8	21.6
Smoking Status					
Current smoker	25	21.2	4.3	12.8	29.6
Non-smoker	85	8.3	1.2	6.0	10.6
Health Insurance Status					
Insured	96	8.7	1.0	6.7	10.8
Uninsured	*	*	*	*	*

Numerator: Respondents who reported that in general their health is fair or poor.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Reported Their Physical Health Was Not Good on 14 or More Days in the Past 30 Days, 2015

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,560	10.0	0.2	9.5	10.4
Douglas County	88	6.9	0.9	5.1	8.7
Gender					
Men	32	5.2	1.2	2.9	7.5
Women	56	8.6	1.4	5.9	11.3
Age Group					
18 to 44 Years	17	4.3	1.1	2.1	6.6
45 to 64 Years	30	9.4	1.9	5.7	13.1
65 Years and Older	39	13.0	2.2	8.8	17.2
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	84	6.9	0.9	5.0	8.7
Race					
White	78	6.7	1.0	4.9	8.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	21	7.5	1.8	3.9	11.0
Some College or College Graduate	66	6.6	1.0	4.5	8.6
Annual Household Income					
Less than \$35,000 per Year	38	10.5	2.0	6.5	14.5
\$35,000 or Higher per Year	38	4.9	1.0	3.1	6.8
Disability Status					
Living with a Disability	61	35.0	4.4	26.4	43.6
Living without a Disability	24	2.5	0.7	1.2	3.8

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	29	6.3	1.5	3.4	9.2
Overweight (25 ≤ BMI < 30)	27	7.3	1.8	3.8	10.8
Obese (BMI ≥ 30)	26	8.0	1.8	4.4	11.6
Leisure Time Physical Activity					
Participates in leisure time physical activity	58	6.6	1.1	4.5	8.7
Does not participate in leisure time physical activity	23	8.7	2.3	4.1	13.2
Smoking Status					
Current smoker	22	<i>17.1</i>	<i>4.0</i>	<i>9.3</i>	<i>25.0</i>
Non-smoker	63	5.2	0.8	3.6	6.9
Health Insurance Status					
Insured	78	6.6	1.0	4.7	8.5
Uninsured	*	*	*	*	*

Numerator: Respondents who reported 14 or more days when their physical health was not good in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Their Mental Health Was Not Good on 14
or More Days in the Past 30 Days, 2015**

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,978	9.7	0.3	9.2	10.2
Douglas County	73	8.6	1.3	6.1	11.1
Gender					
Men	22	6.2	1.6	3.1	9.2
Women	51	11.0	2.0	7.2	14.9
Age Group					
18 to 44 Years	38	10.8	1.9	7.0	14.6
45 to 64 Years	18	5.4	1.4	2.6	8.1
65 Years and Older	16	4.3	1.2	2.0	6.7
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	68	8.6	1.3	6.1	11.2
Race					
White	62	7.9	1.2	5.4	10.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	27	11.7	2.6	6.7	16.7
Some College or College Graduate	45	7.4	1.4	4.6	10.2
Annual Household Income					
Less than \$35,000 per Year	37	15.3	3.1	9.3	21.3
\$35,000 or Higher per Year	25	4.8	1.2	2.5	7.2
Disability Status					
Living with a Disability	31	20.7	3.9	13.0	28.4
Living without a Disability	38	6.5	1.3	3.9	9.2

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	20	5.1	1.5	2.2	8.0
Overweight (25 ≤ BMI < 30)	19	9.3	2.7	4.0	14.6
Obese (BMI ≥ 30)	27	11.6	2.7	6.4	16.8
Leisure Time Physical Activity					
Participates in leisure time physical activity	48	7.7	1.4	4.9	10.5
Does not participate in leisure time physical activity	19	12.2	3.4	5.6	18.8
Smoking Status					
Current smoker	20	18.5	4.2	10.2	26.7
Non-smoker	52	7.2	1.3	4.6	9.8
Health Insurance Status					
Insured	57	6.9	1.1	4.7	9.1
Uninsured	*	*	*	*	*

Numerator: Respondents who reported 14 or more days when their mental health was not good in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Reported Their Poor Physical or Mental Health Kept Them From Doing Their Usual Activities, such as Self-care, Work or Recreation in the Past 30 Days, 2015

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	4,379	38.7	0.6	37.6	39.9
Douglas County	203	36.5	2.7	31.3	41.8
Gender					
Men	66	26.3	3.7	19.0	33.6
Women	137	44.8	3.7	37.7	52.0
Age Group					
18 to 44 Years	81	35.2	3.7	28.0	42.4
45 to 64 Years	67	40.3	4.3	31.9	48.8
65 Years and Older	52	35.2	4.5	26.3	44.1
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	194	37.4	2.8	31.9	42.9
Race					
White	183	38.3	2.9	32.6	44.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	43	31.7	5.2	21.6	41.8
Some College or College Graduate	158	38.2	3.2	31.9	44.4
Annual Household Income					
Less than \$35,000 per Year	61	36.3	5.0	26.4	46.2
\$35,000 or Higher per Year	106	36.8	3.6	29.8	43.8
Disability Status					
Living with a Disability	93	62.0	4.8	52.6	71.4
Living without a Disability	102	30.0	3.1	23.9	36.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	72	39.1	4.8	29.7	48.4
Overweight (25 ≤ BMI < 30)	51	34.7	5.1	24.6	44.7
Obese (BMI ≥ 30)	64	36.4	4.9	26.9	46.0
Leisure Time Physical Activity					
Participates in leisure time physical activity	145	39.1	3.3	32.7	45.5
Does not participate in leisure time physical activity	44	33.9	6.0	22.2	45.7
Smoking Status					
Current smoker	37	48.1	6.8	34.7	61.5
Non-smoker	161	34.9	3.0	29.0	40.8
Health Insurance Status					
Insured	184	36.8	2.8	31.2	42.4
Uninsured	*	*	*	*	*

Numerator: Respondents who reported one or more days in the past 30 days when their poor physical or mental health kept them from doing their usual activities, such as self-care, work or recreation.

Denominator: Respondents with at least one day in the past 30 days when their physical or mental health was not good, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Ages 18 Years and Older Who Did Not Get Immunized
Against Influenza During the Past 12 Months, 2015**

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	10,526	57.4	0.4	56.6	58.3
Douglas County	428	57.4	2.1	53.3	61.5
Gender					
Men	203	60.4	3.0	54.5	66.4
Women	225	54.4	2.9	48.8	60.0
Age Group					
18 to 44 Years	202	66.5	2.9	60.8	72.3
45 to 64 Years	139	50.8	3.3	44.3	57.2
65 Years and Older	80	29.5	3.1	23.4	35.5
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	405	57.4	2.1	53.3	61.6
Race					
White	361	53.4	2.3	49.0	57.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	109	64.4	4.2	56.2	72.6
Some College or College Graduate	317	54.9	2.4	50.2	59.6
Annual Household Income					
Less than \$35,000 per Year	135	71.3	3.7	64.0	78.6
\$35,000 or Higher per Year	225	50.2	2.7	44.9	55.4
Disability Status					
Living with a Disability	76	49.0	4.6	39.9	58.1
Living without a Disability	348	58.7	2.3	54.1	63.2

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	157	57.8	3.6	50.8	64.9
Overweight (25 ≤ BMI < 30)	122	54.2	3.7	46.9	61.6
Obese (BMI ≥ 30)	114	56.5	4.0	48.6	64.3
Leisure Time Physical Activity					
Participates in leisure time physical activity	341	56.0	2.3	51.5	60.6
Does not participate in leisure time physical activity	86	62.7	4.7	53.4	72.0
Smoking Status					
Current smoker	81	80.2	4.2	72.0	88.4
Non-smoker	346	53.6	2.3	49.1	58.1
Health Insurance Status					
Insured	380	54.4	2.2	50.1	58.7
Uninsured	47	80.5	5.6	69.6	91.5

Numerator: Respondents who reported they did not get a flu shot or flu vaccine sprayed in their nose during the past 12 months.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults 65 Years Old and Older Who Did Not Get Immunized
Against Influenza During the Past 12 Months, 2015**

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,557	38.3	0.7	36.9	39.6
Douglas County	80	29.5	3.1	23.4	35.5
Gender					
Men	31	28.6	4.7	19.4	37.9
Women	49	30.2	4.1	22.2	38.1
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	79	29.9	3.1	23.7	36.0
Race					
White	78	29.7	3.1	23.5	35.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	27	38.7	6.4	26.1	51.3
Some College or College Graduate	53	25.3	3.4	18.7	31.9
Annual Household Income					
Less than \$35,000 per Year	24	34.4	6.4	21.8	47.0
\$35,000 or Higher per Year	42	28.8	4.1	20.8	36.8
Disability Status					
Living with a Disability	27	33.2	5.7	22.1	44.4
Living without a Disability	53	28.4	3.7	21.1	35.6
Weight Category					
Normal or Underweight (BMI <25)	33	30.5	5.0	20.8	40.3
Overweight (25 ≤ BMI < 30)	25	27.4	5.1	17.4	37.4
Obese (BMI ≥ 30)	21	34.4	6.6	21.5	47.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	66	30.7	3.5	23.8	37.6
Does not participate in leisure time physical activity	14	25.6	6.5	12.8	38.5
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	73	29.6	3.2	23.3	35.9
Health Insurance Status					
Insured	78	28.9	3.1	22.9	34.9
Uninsured	*	*	*	*	*

Numerator: Respondents 65 years old and older who reported they did not receive a flu shot or flu vaccine sprayed in their nose during the past 12 months.

Denominator: All respondents 65 years old and older, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults 65 Years Old and Older Who Never Had Pneumonia
Vaccination, 2015**

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,711	26.2	0.6	25.0	27.4
Douglas County	55	20.7	2.8	15.3	26.2
Gender					
Men	23	21.6	4.3	13.1	30.1
Women	32	20.1	3.6	13.0	27.2
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	53	20.2	2.8	14.8	25.6
Race					
White	51	19.4	2.7	14.0	24.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	12	18.5	5.3	8.2	28.8
Some College or College Graduate	43	21.8	3.3	15.4	28.1
Annual Household Income					
Less than \$35,000 per Year	13	19.5	5.3	9.1	30.0
\$35,000 or Higher per Year	28	19.7	3.7	12.4	26.9
Disability Status					
Living with a Disability	15	18.1	4.7	8.9	27.3
Living without a Disability	40	21.9	3.4	15.3	28.6
Weight Category					
Normal or Underweight (BMI <25)	16	16.3	4.1	8.2	24.3
Overweight (25 ≤ BMI < 30)	25	26.2	5.0	16.3	36.1
Obese (BMI ≥ 30)	12	18.0	5.3	7.6	28.3

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	44	20.6	3.1	14.5	26.6
Does not participate in leisure time physical activity	11	21.8	6.5	9.1	34.4
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	51	21.3	2.9	15.6	27.1
Health Insurance Status					
Insured	54	20.3	2.8	14.9	25.8
Uninsured	*	*	*	*	*

Numerator: Respondents 65 years old and older who reported they never had a pneumonia vaccination.

Denominator: All respondents 65 years old and older, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported That They Do Not Always Wear a Seatbelt
When They Drive or Ride in a Car, 2015**

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,288	17.0	0.3	16.3	17.6
Douglas County	97	12.9	1.6	9.8	16.0
Gender					
Men	56	16.1	2.4	11.4	20.8
Women	41	9.8	2.0	5.9	13.7
Age Group					
18 to 44 Years	44	15.1	2.4	10.5	19.8
45 to 64 Years	25	9.3	2.0	5.4	13.2
65 Years and Older	27	10.0	2.0	6.0	13.9
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	93	13.0	1.6	9.9	16.2
Race					
White	85	12.0	1.5	9.0	14.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	29	14.0	3.0	8.2	19.9
Some College or College Graduate	68	12.6	1.8	9.0	16.2
Annual Household Income					
Less than \$35,000 per Year	29	17.4	3.7	10.2	24.6
\$35,000 or Higher per Year	55	11.6	1.8	8.1	15.1
Disability Status					
Living with a Disability	25	14.5	3.5	7.7	21.4
Living without a Disability	71	12.6	1.7	9.2	16.0

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	21	6.9	1.8	3.3	10.5
Overweight (25 ≤ BMI < 30)	43	22.2	3.7	15.0	29.5
Obese (BMI ≥ 30)	30	13.3	2.9	7.6	19.0
Leisure Time Physical Activity					
Participates in leisure time physical activity	70	11.6	1.7	8.3	14.9
Does not participate in leisure time physical activity	27	18.1	4.0	10.3	25.9
Smoking Status					
Current smoker	26	29.4	5.4	18.7	40.1
Non-smoker	71	10.1	1.5	7.1	13.1
Health Insurance Status					
Insured	85	11.3	1.4	8.5	14.2
Uninsured	11	24.7	7.3	10.3	39.1

Respondents who reported they nearly always, sometimes, seldom or never use a seatbelt when they ride or drive in a car.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Currently Smoke Cigarettes, 2015

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,343	17.7	0.3	17.0	18.4
Douglas County	118	14.6	1.5	11.7	17.5
Gender					
Men	70	19.7	2.5	14.8	24.6
Women	48	9.5	1.6	6.4	12.5
Age Group					
18 to 44 Years	52	15.5	2.2	11.2	19.8
45 to 64 Years	46	17.4	2.5	12.5	22.4
65 Years and Older	19	6.3	1.6	3.2	9.5
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	112	14.2	1.5	11.2	17.1
Race					
White	108	15.7	1.7	12.4	19.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	44	21.5	3.4	14.9	28.1
Some College or College Graduate	74	12.2	1.6	9.0	15.4
Annual Household Income					
Less than \$35,000 per Year	48	20.2	3.2	14.0	26.5
\$35,000 or Higher per Year	56	13.5	2.0	9.6	17.4
Disability Status					
Living with a Disability	28	21.7	4.1	13.7	29.7
Living without a Disability	86	13.1	1.6	10.0	16.2

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	44	14.0	2.4	9.3	18.7
Overweight (25 ≤ BMI < 30)	41	18.2	3.0	12.2	24.1
Obese (BMI ≥ 30)	30	14.1	2.8	8.5	19.7
Leisure Time Physical Activity					
Participates in leisure time physical activity	85	13.9	1.7	10.6	17.2
Does not participate in leisure time physical activity	25	16.5	3.7	9.3	23.7
Health Insurance Status					
Insured	101	13.8	1.5	10.8	16.9
Uninsured	17	22.1	5.7	11.0	33.2

Numerator: Respondents who reported they have smoked at least 100 cigarettes in their entire life and that they now smoke some days or every day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Stopped Smoking for One Day or Longer Because
They Were Trying to Quit Smoking, 2015**

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,790	55.1	1.1	53.0	57.2
Douglas County	53	51.5	5.6	40.6	62.4
Gender					
Men	30	53.0	7.0	39.2	66.7
Women	*	*	*	*	*
Age Group					
18 to 44 Years	25	56.3	7.5	41.6	70.9
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	50	50.0	5.7	38.8	61.2
Race					
White	50	52.2	5.8	40.7	63.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	39	61.2	6.8	47.8	74.6
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	26	51.6	8.1	35.6	67.5
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	37	54.2	6.5	41.5	66.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	38	53.0	6.6	40.1	65.9
Does not participate in leisure time physical activity	*	*	*	*	*
Health Insurance Status					
Insured	46	51.4	6.1	39.5	63.4
Uninsured	*	*	*	*	*

Numerator: Current smokers who stopped smoking for one day or longer because they were trying to quit smoking.

Denominator: Current smokers, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Currently Use Any Smokeless Tobacco Products, 2015

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	982	5.6	0.2	5.2	6.0
Douglas County	32	4.1	0.8	2.5	5.7
Gender					
Men	27	7.3	1.5	4.3	10.3
Women	*	*	*	*	*
Age Group					
18 to 44 Years	16	4.5	1.2	2.2	6.9
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	31	4.3	0.9	2.6	6.0
Race					
White	29	4.5	0.9	2.7	6.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	25	3.9	0.9	2.2	5.7
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	19	4.5	1.1	2.3	6.6
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	28	4.5	0.9	2.6	6.3

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	26	4.6	1.0	2.6	6.5
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	22	3.2	0.7	1.7	4.6
Health Insurance Status					
Insured	31	4.5	0.9	2.8	6.3
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they currently use chewing tobacco, snuff or snus (Swedish for snuff) some days or every day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Percentage of Men Who Currently Use Any Smokeless Tobacco Products, 2015

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	893	10.5	0.4	9.8	11.3
Douglas County	27	7.3	1.5	4.3	10.3
Age Group					
18 to 44 Years	15	7.9	2.1	3.7	12.0
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	26	7.7	1.6	4.5	10.9
Race					
White	25	8.3	1.8	4.8	11.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	21	7.0	1.7	3.7	10.4
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	17	8.2	2.1	4.1	12.2
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	26	8.0	1.7	4.6	11.4
Weight Category					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	22	8.2	1.9	4.4	12.0
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	19	6.2	1.5	3.2	9.2
Health Insurance Status					
Insured	26	7.9	1.7	4.6	11.3
Uninsured	*	*	*	*	*

Numerator: Male respondents who reported they currently use chewing tobacco, snuff or snus (Swedish for snuff) some days or every day.

Denominator: All male respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

**Percentage of Adults Who Ever Served on Active Duty in the United States
Armed Forces, 2015**

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,099	11.8	0.2	11.3	12.3
Douglas County	124	10.1	1.1	8.0	12.3
Gender					
Men	112	19.1	2.1	14.9	23.2
Women	*	*	*	*	*
Age Group					
18 to 44 Years	27	7.0	1.4	4.2	9.8
45 to 64 Years	31	11.1	2.1	7.0	15.1
65 Years and Older	65	22.9	2.8	17.5	28.3
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	119	10.6	1.2	8.3	12.9
Race					
White	116	11.0	1.2	8.6	13.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	24	8.8	2.1	4.8	12.9
Some College or College Graduate	100	10.6	1.3	8.1	13.2
Annual Household Income					
Less than \$35,000 per Year	27	8.3	2.0	4.5	12.2
\$35,000 or Higher per Year	79	11.1	1.4	8.3	13.9
Disability Status					
Living with a Disability	28	12.4	2.6	7.2	17.6
Living without a Disability	95	10.1	1.2	7.7	12.6

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	26	5.9	1.5	3.0	8.8
Overweight (25 ≤ BMI < 30)	57	15.6	2.4	10.8	20.3
Obese (BMI ≥ 30)	39	13.2	2.5	8.4	18.0
Leisure Time Physical Activity					
Participates in leisure time physical activity	100	11.5	1.4	8.8	14.2
Does not participate in leisure time physical activity	16	7.8	2.3	3.3	12.2
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	107	10.5	1.2	8.1	12.9
Health Insurance Status					
Insured	122	11.4	1.2	8.9	13.8
Uninsured	*	*	*	*	*

Numerator: Respondents who reported that they served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Are Obese, 2015

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	7,154	34.2	0.4	33.4	35.0
Douglas County	259	27.5	1.9	23.8	31.2
Gender					
Men	132	30.4	2.9	24.8	36.0
Women	127	24.5	2.4	19.7	29.2
Age Group					
18 to 44 Years	91	26.4	2.7	21.0	31.7
45 to 64 Years	95	31.7	3.1	25.6	37.8
65 Years and Older	73	25.8	2.9	20.0	31.5
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	248	27.3	1.9	23.5	31.0
Race					
White	236	27.5	2.0	23.7	31.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	69	36.8	4.4	28.1	45.4
Some College or College Graduate	190	24.4	2.0	20.5	28.3
Annual Household Income					
Less than \$35,000 per Year	74	29.3	3.8	21.9	36.8
\$35,000 or Higher per Year	151	27.1	2.3	22.4	31.7
Disability Status					
Living with a Disability	74	38.7	4.4	30.1	47.3
Living without a Disability	182	25.7	2.1	21.6	29.8

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	182	25.8	2.1	21.7	30.0
Does not participate in leisure time physical activity	62	34.6	4.8	25.1	44.1
Smoking Status					
Current smoker	30	25.3	4.8	15.9	34.7
Non-smoker	225	28.0	2.1	23.9	32.1
Health Insurance Status					
Insured	240	27.4	1.9	23.6	31.2
Uninsured	18	29.8	7.1	15.9	43.6

Numerator: Respondents with a body mass index greater than or equal to 30, based on self-reported height and weight.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Are Overweight or Obese, 2015

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	14,432	68.0	0.4	67.2	68.8
Douglas County	563	58.9	2.1	54.7	63.1
Gender					
Men	300	67.3	3.0	61.4	73.2
Women	263	49.8	2.9	44.0	55.5
Age Group					
18 to 44 Years	180	53.9	3.2	47.6	60.1
45 to 64 Years	204	68.5	2.9	62.7	74.2
65 Years and Older	178	64.3	3.1	58.2	70.4
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	533	58.3	2.2	54.0	62.6
Race					
White	515	59.9	2.2	55.5	64.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	132	69.3	4.1	61.3	77.4
Some College or College Graduate	431	55.3	2.5	50.4	60.1
Annual Household Income					
Less than \$35,000 per Year	145	60.1	4.3	51.7	68.5
\$35,000 or Higher per Year	347	62.3	2.6	57.2	67.3
Disability Status					
Living with a Disability	123	65.2	4.5	56.4	74.0
Living without a Disability	436	58.2	2.4	53.5	62.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	424	58.8	2.4	54.1	63.6
Does not participate in leisure time physical activity	110	<i>64.3</i>	5.5	53.5	75.1
Smoking Status					
Current smoker	71	<i>63.0</i>	5.4	52.4	73.7
Non-smoker	486	58.8	2.4	54.2	63.4
Health Insurance Status					
Insured	523	58.4	2.2	54.0	62.7
Uninsured	38	<i>65.1</i>	7.5	50.5	79.8

Numerator: Respondents with a body mass index greater than or equal to 25, based on self-reported height and weight.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Technical Notes

The 2015 BRFSS data for your county/region on health risk indicators, analyzed by various subpopulation groups (e.g. gender, age group, ethnicity, etc.), are included in this report. The indicators are summarized in tables that show:

- Unweighted Frequency: the number of respondents who reported the risk behavior
- Weighted Percentage: the prevalence estimate for the risk behavior within a particular subpopulation group category
- Standard Error: used to compute the 95% confidence limits
- Lower and upper 95% confidence limits

Prevalence estimates vary in precision depending on sample size. One way of describing the precision of an estimate is the margin of error, which is the half-width of the confidence interval. When the sample size is large for a particular subpopulation group, the corresponding margin of error for an estimate is small. When the sample size is small for a particular subpopulation group, the corresponding margin of error for an estimate is large. Large margins of error (i.e. >5) indicate that an estimate may be less precise. Prevalence estimates that have a margin of error >5 are *italicized* in this report and should be interpreted with caution.

To determine whether two weighted percentages are significantly different from one another, the reader must compare the confidence intervals. Confidence intervals which do not overlap indicate a statistically significant difference between the two prevalence estimates while overlapping confidence intervals indicate that two estimates are not statistically different from one another. It is incorrect to say two estimates are different if their confidence limits overlap.

Estimates have been censored with an asterisk ("*") when the sample size was inadequate and/or when the estimates were statistically unreliable. Specifically, estimates were censored when any of the following conditions were met:

- the numerator of the indicator is less than 5
- the denominator of the indicator is less than 50
- the relative standard error (RSE) is 30 percent or higher

RSE is obtained by dividing the standard error of the estimate by the estimate itself, then multiplying that result by 100 to be expressed as a percent.

2011 BRFSS data represent a new baseline for public health surveillance. Due to changes in BRFSS survey methodology, the BRFSS estimates for 2011 and subsequent years cannot be compared to estimates from the years prior to 2011.

For more information on changes to the Kansas BRFSS survey methodology beginning in 2011, please visit: <http://www.kdheks.gov/brfss/newmethod.html>

For more detailed technical notes on the Kansas BRFSS, please visit: <http://www.kdheks.gov/brfss/technotes.html>