

# 2015 Kansas Behavioral Risk Factor Surveillance System Local Data

## Bourbon County



January 2017



# **2015 Kansas Behavioral Risk Factor Surveillance System Local Data**

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**Kansas Department of Health and Environment  
Bureau of Health Promotion**  
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# **Kansas Department of Health and Environment (KDHE)**

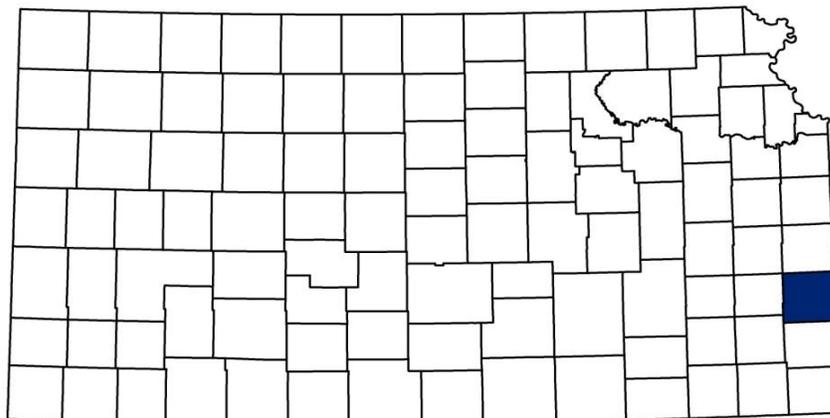
## **Mission**

To protect and improve the health and environment of all Kansans

## **Vision**

Healthy Kansans living in safe and sustainable environments

**[www.kdheks.gov](http://www.kdheks.gov)**



### Bourbon County

Kansas Behavioral Risk Factor Surveillance System – Local Data, 2015 can also be accessed at <http://www.kdheks.gov/brfss/>

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# Table of Contents

## **Alcohol Consumption**

Binge Drinking.....	1
---------------------	---

## **Arthritis**

Arthritis .....	3
Activity Limitation Due to Arthritis .....	5

## **Cancer**

Cancer (Excluding Skin Cancer) .....	7
Skin Cancer .....	9

## **Cardiovascular Health**

High Blood Pressure .....	11
---------------------------	----

## **Cholesterol**

Not Checked Cholesterol within Five Years .....	13
High Blood Cholesterol Status.....	15

<b>Chronic Obstructive Pulmonary Disease (COPD)</b> .....	17
---	----

<b>Depressive Disorder</b> .....	19
----------------------------------	----

<b>Diabetes</b> .....	21
-----------------------	----

## **Disability**

Activity Limitation Due to Physical, Mental or Emotional Problems .....	23
Disability .....	25

## **Exercise and Physical Activity**

Not Participating in the Recommended Level of Physical Activity (Aerobic AND/OR Strengthening) .....	27
Did Not Participate in the Recommended Level of Aerobic AND Strengthening Physical Activity.....	29
Not Participating in Any Physical Activity .....	31

## **Fruits and Vegetable Consumption**

Consuming Fruits Less than 1 Time Per Day .....	33
Consuming Vegetables Less than 1 Time Per Day.....	35

<b>Health Care Access</b>	
No Personal Doctor .....	37
Did Not See Doctor Due to Cost.....	39
<b>General Health</b> .....	41
<b>Healthy Days - Health Related Quality of Life</b>	
Physical Health Status.....	43
Mental Health Status .....	45
Poor Physical or Mental Health is Barrier to Usual Activities.....	47
<b>Immunization</b>	
Not Immunized Against Influenza.....	49
<b>Seatbelt Use</b> .....	51
<b>Tobacco Use</b>	
Current Smoker .....	53
Smokeless Tobacco Use .....	55
Male Smokeless Tobacco Use .....	57
<b>Weight Status (BMI Categories)</b>	
Obese.....	59
Overweight or Obese .....	61
<b>Technical Notes</b> .....	63

**Unpublished Tables** - The following data tables are not published due to insufficient sample and/or statistically unreliable estimates for Bourbon County: Heavy Drinking, Asthma, Heart Attack, Coronary Heart Disease, Stroke, Lack Health Care Coverage, Lack Health Care Coverage 18 to 64 Years Old Only, Not Immunized Against Influenza 65 Years and Older Only, Never Had Pneumonia Vaccination 65 Years and Older Only, Tried Quitting Smoking and Veteran Status.

## Percentage of Adults Who Are Binge Drinkers, 2015

### Bourbon County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,556	15.6	0.3	15.0	16.3
Bourbon County	15	14.6	3.8	7.2	21.9
<b>Gender</b>					
Men	12	24.0	6.6	11.1	36.8
Women	*	*	*	*	*
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	13	13.2	3.7	6.0	20.5
<b>Race</b>					
White	14	14.9	4.0	7.2	22.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
<b>Annual Household Income</b>					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	11	23.3	6.7	10.2	36.4
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	*	*	*	*	*
<b>Health Insurance Status</b>					
Insured	14	15.2	4.1	7.2	23.2
Uninsured	*	*	*	*	*

**Numerator:** Male respondents who reported having five or more drinks on one occasion in the past 30 days or female respondents who reported having four or more drinks on one occasion in the past 30 days.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

## Percentage of Adults with Doctor Diagnosed Arthritis, 2015

### Bourbon County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	7,320	24.5	0.3	23.9	25.1
Bourbon County	60	32.7	4.4	24.2	41.3
<b>Gender</b>					
Men	16	23.8	6.2	11.7	35.9
Women	44	40.9	6.2	28.9	53.0
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	21	43.0	7.9	27.4	58.5
65 Years and Older	34	60.9	8.1	45.0	76.8
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	58	32.6	4.4	23.9	41.2
<b>Race</b>					
White	58	33.7	4.5	24.8	42.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	33	40.6	6.8	27.3	53.8
Some College or College Graduate	27	23.7	4.9	14.2	33.2
<b>Annual Household Income</b>					
Less than \$35,000 per Year	34	40.4	7.0	26.7	54.1
\$35,000 or Higher per Year	18	26.5	6.4	13.9	39.1
<b>Disability Status</b>					
Living with a Disability	36	63.8	8.3	47.6	80.1
Living without a Disability	21	18.2	4.4	9.6	26.8

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	29	28.0	5.5	17.1	38.8
Does not participate in leisure time physical activity	26	40.3	7.6	25.3	55.3
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	53	38.9	5.2	28.8	49.0
<b>Health Insurance Status</b>					
Insured	58	34.9	4.6	25.8	44.0
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they had been told by a doctor or other health professional that they have some form of arthritis, rheumatoid arthritis, gout, lupus or fibromyalgia.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults with Doctor Diagnosed Arthritis Who Are Limited in Their Usual Activities Because of Arthritis or Joint Symptoms, 2015**

**Bourbon County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,152	48.2	0.8	46.7	49.7
Bourbon County	27	50.5	8.2	34.4	66.5
<b>Gender</b>					
Men	*	*	*	*	*
Women	*	*	*	*	*
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	26	49.5	8.3	33.3	65.8
<b>Race</b>					
White	26	49.5	8.3	33.3	65.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
<b>Annual Household Income</b>					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI <30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	<i>26</i>	<i>48.2</i>	<i>8.2</i>	<i>32.1</i>	<i>64.2</i>
<b>Health Insurance Status</b>					
Insured	<i>27</i>	<i>50.5</i>	<i>8.2</i>	<i>34.4</i>	<i>66.5</i>
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported any limitation in their usual activities because of arthritis or joint symptoms.

**Denominator:** Respondents with doctor, nurse or other health professional diagnosed arthritis, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

**Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.**

**Percentage of Adults Who Have Been Diagnosed With Cancer (Excluding Skin Cancer), 2015**

**Bourbon County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,273	7.1	0.2	6.8	7.5
Bourbon County	18	10.9	2.9	5.1	16.7
<b>Gender</b>					
Men	*	*	*	*	*
Women	*	*	*	*	*
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	12	31.0	8.4	14.5	47.5
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	18	11.1	3.0	5.2	17.0
<b>Race</b>					
White	17	10.7	3.0	4.8	16.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
<b>Annual Household Income</b>					
Less than \$35,000 per Year	14	20.7	6.0	8.8	32.5
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI <30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	<i>16</i>	<i>14.4</i>	<i>4.0</i>	<i>6.5</i>	<i>22.4</i>
<b>Health Insurance Status</b>					
Insured	<i>17</i>	<i>11.5</i>	<i>3.2</i>	<i>5.2</i>	<i>17.8</i>
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they had been told by a doctor, nurse or other health professional that they had cancer (excluding skin cancer).

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

**Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.**

## Percentage of Adults Who Have Been Diagnosed With Skin Cancer, 2015

### Bourbon County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,155	6.4	0.2	6.1	6.7
Bourbon County	21	11.7	2.8	6.2	17.2
<b>Gender</b>					
Men	*	*	*	*	*
Women	*	*	*	*	*
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	14	35.8	8.4	19.3	52.3
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	21	11.9	2.9	6.3	17.5
<b>Race</b>					
White	21	12.4	3.0	6.6	18.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	13	15.5	4.5	6.6	24.4
Some College or College Graduate	*	*	*	*	*
<b>Annual Household Income</b>					
Less than \$35,000 per Year	12	18.4	5.5	7.6	29.2
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	<i>18</i>	<i>14.3</i>	<i>3.7</i>	<i>7.1</i>	<i>21.5</i>
<b>Health Insurance Status</b>					
Insured	<i>21</i>	<i>13.3</i>	<i>3.2</i>	<i>7.1</i>	<i>19.5</i>
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they had been told by a doctor, nurse or other health professional that they had skin cancer.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

## Percentage of Adults with Diagnosed Hypertension, 2015

### Bourbon County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	9,207	31.6	0.4	30.9	32.3
Bourbon County	62	30.8	4.1	22.8	38.8
<b>Gender</b>					
Men	26	35.7	6.6	22.8	48.6
Women	36	26.2	4.8	16.8	35.6
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	20	32.7	7.1	18.7	46.6
65 Years and Older	34	57.8	8.3	41.6	74.0
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	60	30.6	4.1	22.5	38.7
<b>Race</b>					
White	59	31.8	4.3	23.4	40.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	24	25.4	5.5	14.6	36.2
Some College or College Graduate	38	36.8	6.0	25.2	48.5
<b>Annual Household Income</b>					
Less than \$35,000 per Year	33	40.1	6.9	26.5	53.6
\$35,000 or Higher per Year	21	25.3	5.8	14.0	36.7
<b>Disability Status</b>					
Living with a Disability	27	46.1	8.3	29.7	62.4
Living without a Disability	32	25.2	4.7	16.1	34.3

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	32	31.0	5.6	20.0	42.1
Does not participate in leisure time physical activity	27	40.1	7.5	25.4	54.8
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	52	35.0	4.9	25.4	44.6
<b>Health Insurance Status</b>					
Insured	61	34.2	4.5	25.4	43.0
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they had been told by a doctor, nurse or other health professional that they have high blood pressure.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Did Not Have Their Blood Cholesterol Checked  
Within the Past Five Years, 2015**

**Bourbon County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,834	25.9	0.4	25.1	26.7
Bourbon County	38	33.3	4.9	23.8	42.8
<b>Gender</b>					
Men	15	27.5	6.7	14.5	40.6
Women	23	38.6	6.8	25.3	52.0
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	12	28.2	7.7	13.1	43.2
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	37	32.9	4.9	23.3	42.5
<b>Race</b>					
White	35	32.1	5.0	22.3	41.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	21	36.2	7.0	22.4	50.0
Some College or College Graduate	17	29.9	6.6	16.9	42.8
<b>Annual Household Income</b>					
Less than \$35,000 per Year	19	38.7	7.5	24.0	53.4
\$35,000 or Higher per Year	11	22.3	6.2	10.2	34.4
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	27	37.8	6.2	25.6	50.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	19	31.6	6.6	18.6	44.5
Does not participate in leisure time physical activity	13	28.6	7.1	14.7	42.5
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	25	27.8	5.2	17.6	37.9
<b>Health Insurance Status</b>					
Insured	31	28.9	4.9	19.3	38.6
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they had not checked their blood cholesterol in the past five years.

**Denominator:** All respondents excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

## Percentage of Adults Tested and Diagnosed with High Cholesterol, 2015

### Bourbon County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	8,479	37.4	0.4	36.5	38.2
Bourbon County	53	40.6	5.3	30.2	50.9
<b>Gender</b>					
Men	24	50.1	8.1	34.1	66.0
Women	29	30.9	5.9	19.2	42.5
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	52	40.3	5.3	29.9	50.7
<b>Race</b>					
White	49	40.6	5.4	30.0	51.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	23	45.5	8.2	29.5	61.4
Some College or College Graduate	30	35.4	6.4	22.8	48.0
<b>Annual Household Income</b>					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	20	32.8	7.5	18.1	47.6
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	27	35.5	6.6	22.5	48.5

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI <30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	<i>23</i>	<i>32.1</i>	<i>6.7</i>	<i>18.9</i>	<i>45.2</i>
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	<i>44</i>	<i>41.2</i>	<i>5.9</i>	<i>29.7</i>	<i>52.7</i>
<b>Health Insurance Status</b>					
Insured	<i>52</i>	<i>42.3</i>	<i>5.5</i>	<i>31.6</i>	<i>53.1</i>
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they had been told by a doctor, nurse or other health professional that they have high blood cholesterol.

**Denominator:** Respondents who had ever had their blood cholesterol checked, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

**Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.**

**Percentage of Adults Who Have Chronic Obstructive Pulmonary Disease  
(COPD), Emphysema or Chronic Bronchitis, 2015**

**Bourbon County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,752	6.2	0.2	5.8	6.5
Bourbon County	16	8.1	2.2	3.7	12.5
<b>Gender</b>					
Men	*	*	*	*	*
Women	*	*	*	*	*
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	15	7.3	2.1	3.2	11.4
<b>Race</b>					
White	14	7.7	2.3	3.2	12.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
<b>Annual Household Income</b>					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	*	*	*	*	*
<b>Health Insurance Status</b>					
Insured	14	7.4	2.2	3.1	11.8
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they had been told by a doctor, nurse or other health professional that they have chronic obstructive pulmonary disease (COPD), emphysema or chronic bronchitis.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

**Percentage of Adults Who Were EVER Diagnosed with a Depressive Disorder,  
2015**

**Bourbon County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	4,472	19.4	0.3	18.8	20.1
Bourbon County	40	25.7	4.1	17.7	33.6
<b>Gender</b>					
Men	12	20.3	5.8	9.0	31.6
Women	28	30.7	5.7	19.4	41.9
<b>Age Group</b>					
18 to 44 Years	13	25.1	6.7	11.9	38.3
45 to 64 Years	17	32.4	7.4	17.9	46.8
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	40	26.1	4.1	18.0	34.2
<b>Race</b>					
White	39	26.6	4.2	18.3	34.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	21	28.4	6.1	16.3	40.4
Some College or College Graduate	19	22.6	5.2	12.5	32.7
<b>Annual Household Income</b>					
Less than \$35,000 per Year	21	29.9	6.6	17.0	42.7
\$35,000 or Higher per Year	13	18.9	5.1	8.9	28.9
<b>Disability Status</b>					
Living with a Disability	19	43.2	8.4	26.7	59.8
Living without a Disability	17	15.2	3.8	7.8	22.6

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI <30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	19	20.8	5.0	11.1	30.5
Does not participate in leisure time physical activity	14	26.1	6.9	12.7	39.6
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	29	24.4	4.5	15.6	33.1
<b>Health Insurance Status</b>					
Insured	36	25.6	4.3	17.3	34.0
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they had ever been told by a doctor, nurse or other health professional that they have a depressive disorder (including depression, major depression, dysthymia, or minor depression).

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

## Percentage of Adults with Diagnosed Diabetes, 2015

### Bourbon County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,878	9.7	0.2	9.3	10.1
Bourbon County	20	9.9	2.7	4.7	15.1
<b>Gender</b>					
Men	*	*	*	*	*
Women	*	*	*	*	*
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	20	10.0	2.7	4.7	15.3
<b>Race</b>					
White	20	10.5	2.8	5.0	16.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
<b>Annual Household Income</b>					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	14	26.4	7.7	11.4	41.5
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI <30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	19	14.0	3.7	6.7	21.3
<b>Health Insurance Status</b>					
Insured	19	10.4	2.9	4.7	16.1
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they had been told by a doctor they had diabetes, excluding females told only during pregnancy and pre-diabetes or borderline diabetes.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Activity Limitations Due to Physical,  
Mental or Emotional Problems, 2015**

**Bourbon County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	5,248	20.0	0.3	19.3	20.6
Bourbon County	49	28.0	4.2	19.7	36.2
<b>Gender</b>					
Men	18	26.2	6.2	14.0	38.4
Women	31	29.6	5.6	18.6	40.7
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	17	29.8	7.2	15.8	43.9
65 Years and Older	24	43.8	8.4	27.4	60.3
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	46	26.7	4.2	18.5	34.9
<b>Race</b>					
White	46	27.7	4.3	19.2	36.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	28	33.9	6.5	21.1	46.6
Some College or College Graduate	21	21.5	5.1	11.5	31.6
<b>Annual Household Income</b>					
Less than \$35,000 per Year	33	41.4	7.1	27.6	55.2
\$35,000 or Higher per Year	*	*	*	*	*
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	24	24.1	5.2	13.8	34.3
Does not participate in leisure time physical activity	24	41.3	7.8	25.9	56.6
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	40	28.9	4.7	19.6	38.2
<b>Health Insurance Status</b>					
Insured	45	28.2	4.4	19.5	36.8
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they were limited in any activities because of physical, mental or emotional problems.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

**Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.**

## Percentage of Adults Who Reported Living with a Disability, 2015

### Bourbon County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	5,842	21.9	0.3	21.2	22.5
Bourbon County	51	28.7	4.2	20.5	37.0
<b>Gender</b>					
Men	19	27.1	6.3	14.8	39.4
Women	32	30.3	5.7	19.1	41.4
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	17	29.8	7.2	15.8	43.9
65 Years and Older	26	47.2	8.5	30.6	63.9
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	48	27.5	4.2	19.2	35.7
<b>Race</b>					
White	48	28.5	4.4	19.9	37.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	29	34.5	6.5	21.7	47.4
Some College or College Graduate	22	22.4	5.2	12.3	32.6
<b>Annual Household Income</b>					
Less than \$35,000 per Year	35	42.9	7.1	29.0	56.8
\$35,000 or Higher per Year	*	*	*	*	*
<b>Weight Category</b>					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	24	24.1	5.2	13.8	34.3
Does not participate in leisure time physical activity	26	43.5	7.9	28.1	58.9
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	42	29.8	4.8	20.5	39.2
<b>Health Insurance Status</b>					
Insured	47	29.0	4.5	20.3	37.8
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they were limited in any activities because of physical, mental or emotional problems or who reported having a health problem that requires them to use special equipment such as a cane, a wheelchair, a special bed or a special telephone.

Denominator: All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Not Participating in the Recommended Level of Physical Activity (Aerobic and/or Strengthening), 2015**

**Bourbon County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	16,199	80.7	0.4	80.0	81.4
Bourbon County	114	85.3	3.8	77.9	92.7
<b>Gender</b>					
Men	51	86.5	5.7	75.3	97.6
Women	63	84.2	5.1	74.3	94.1
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	112	85.1	3.8	77.5	92.6
<b>Race</b>					
White	108	86.0	3.8	78.7	93.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	52	86.4	5.8	75.0	97.9
Some College or College Graduate	62	84.1	4.8	74.8	93.5
<b>Annual Household Income</b>					
Less than \$35,000 per Year	55	86.2	5.7	75.0	97.4
\$35,000 or Higher per Year	46	82.9	6.1	70.8	94.9
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	69	80.9	5.1	70.8	91.0

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	<i>94</i>	<i>89.0</i>	<i>3.8</i>	<i>81.6</i>	<i>96.5</i>
<b>Health Insurance Status</b>					
Insured	<i>107</i>	<i>87.3</i>	<i>3.6</i>	<i>80.2</i>	<i>94.3</i>
Uninsured	*	*	*	*	*

**Numerator:** Respondents not participating in the recommended level of physical activity or participating in insufficient recommended level of physical activity for either aerobic or muscle strengthening guidelines.

**Denominator:** All respondents, excluding unknowns and refusals.

Not participating in the recommended level of physical activity referred to not participating in aerobic and strengthening exercises according to guidelines.

Participating in insufficient level of recommended physical activity referred to participating only in aerobic or only in strengthening exercises according to guidelines.

The aerobic guideline is defined as 150 minutes a week of moderate-intensity aerobic activity, or 75 minutes a week of vigorous-intensity aerobic activity, or an equivalent combination of moderate- and vigorous-intensity aerobic activity.

The strengthening guideline is defined as muscle-strengthening activities that involved all major muscle groups two or more times per week.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Not Participating in the Recommended Level of Physical Activity (Aerobic and Strengthening), 2015**

**Bourbon County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	8,120	40.3	0.4	39.4	41.2
Bourbon County	68	51.9	5.2	41.8	62.0
<b>Gender</b>					
Men	*	*	*	*	*
Women	*	*	*	*	*
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	66	51.1	5.2	40.8	61.3
<b>Race</b>					
White	64	52.1	5.3	41.7	62.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
<b>Annual Household Income</b>					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI <30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	55	48.9	5.6	37.8	59.9
<b>Health Insurance Status</b>					
Insured	63	51.8	5.4	41.2	62.4
Uninsured	*	*	*	*	*

**Numerator:** Respondents who did not participate in the recommended level of aerobic and strengthening exercises during the past month.

**Denominator:** All respondents, excluding unknowns and refusals.

The aerobic guideline is defined as 150 minutes a week of moderate-intensity aerobic activity, or 75 minutes a week of vigorous-intensity aerobic activity, or an equivalent combination of moderate- and vigorous-intensity aerobic activity.

The strengthening guideline is defined as muscle-strengthening activities that involved all major muscle groups two or more times per week.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Not Participating in Any Physical Activity Other Than Their Regular Job in the Past 30 Days (Leisure Time Physical Activity), 2015**

**Bourbon County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	5,698	26.5	0.4	25.8	27.3
Bourbon County	52	33.7	4.6	24.8	42.7
<b>Gender</b>					
Men	19	27.6	6.3	15.3	40.0
Women	33	39.3	6.5	26.5	52.1
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	26	49.7	8.5	33.1	66.4
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	52	34.4	4.7	25.3	43.5
<b>Race</b>					
White	50	34.7	4.8	25.3	44.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	28	41.5	7.4	27.1	56.0
Some College or College Graduate	24	25.8	5.4	15.3	36.3
<b>Annual Household Income</b>					
Less than \$35,000 per Year	29	39.2	7.0	25.4	52.9
\$35,000 or Higher per Year	16	25.9	6.4	13.4	38.4
<b>Disability Status</b>					
Living with a Disability	26	47.9	8.5	31.3	64.5
Living without a Disability	26	27.5	5.2	17.2	37.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI <30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	45	36.1	5.1	26.0	46.1
<b>Health Insurance Status</b>					
Insured	48	33.4	4.8	24.0	42.7
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they did not participate in any physical activities or exercise, other than their regular job, in the past 30 days.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Consuming Fruit Less than 1 Time Per Day,  
2015**

**Bourbon County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	8,386	43.7	0.4	42.9	44.6
Bourbon County	65	50.9	5.0	41.0	60.8
<b>Gender</b>					
Men	29	53.6	7.5	38.8	68.3
Women	36	48.2	6.7	35.1	61.3
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	64	50.6	5.1	40.7	60.6
<b>Race</b>					
White	61	49.0	5.2	38.9	59.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	31	57.4	7.6	42.5	72.2
Some College or College Graduate	34	44.7	6.6	31.7	57.6
<b>Annual Household Income</b>					
Less than \$35,000 per Year	33	58.9	7.3	44.6	73.1
\$35,000 or Higher per Year	27	45.4	7.5	30.8	60.0
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	38	47.5	6.2	35.4	59.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI <30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	39	50.9	6.3	38.5	63.3
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	51	47.6	5.6	36.7	58.6
<b>Health Insurance Status</b>					
Insured	57	46.9	5.3	36.6	57.2
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they consumed fruit less than 1 time per day.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Consuming Vegetables Less than 1 Time  
Per Day, 2015**

**Bourbon County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	4,217	22.3	0.4	21.6	23.1
Bourbon County	37	29.8	4.7	20.5	39.0
<b>Gender</b>					
Men	13	24.6	6.7	11.3	37.8
Women	24	34.6	6.5	21.9	47.3
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	37	30.3	4.8	20.9	39.6
<b>Race</b>					
White	35	29.0	4.8	19.6	38.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	17	34.0	7.3	19.7	48.3
Some College or College Graduate	20	25.6	5.9	14.0	37.1
<b>Annual Household Income</b>					
Less than \$35,000 per Year	20	37.5	7.7	22.5	52.5
\$35,000 or Higher per Year	12	19.1	5.5	8.3	30.0
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	18	20.5	4.9	10.9	30.0

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	<i>20</i>	<i>25.7</i>	<i>5.7</i>	<i>14.5</i>	<i>36.9</i>
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	<i>30</i>	<i>29.1</i>	<i>5.2</i>	<i>19.0</i>	<i>39.2</i>
<b>Health Insurance Status</b>					
Insured	<i>34</i>	<i>29.4</i>	<i>4.9</i>	<i>19.8</i>	<i>39.0</i>
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they consumed vegetables less than 1 time per day.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

**Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.**

**Percentage of Adults with No Personal Doctor or Health Care Provider, 2015**

**Bourbon County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,278	20.1	0.4	19.4	20.8
Bourbon County	22	15.8	3.7	8.6	23.0
<b>Gender</b>					
Men	14	22.5	6.2	10.4	34.6
Women	*	*	*	*	*
<b>Age Group</b>					
18 to 44 Years	13	24.3	6.7	11.1	37.6
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	21	15.1	3.6	8.0	22.3
<b>Race</b>					
White	20	14.8	3.7	7.5	22.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
<b>Annual Household Income</b>					
Less than \$35,000 per Year	15	26.1	6.9	12.7	39.6
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	<i>18</i>	<i>15.7</i>	<i>4.1</i>	<i>7.6</i>	<i>23.8</i>
<b>Health Insurance Status</b>					
Insured	<i>15</i>	<i>9.5</i>	<i>2.8</i>	<i>4.1</i>	<i>14.9</i>
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they had no personal doctor or health care provider.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

**Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.**

**Percentage of Adults Who Could Not See a Doctor Because of Cost In the Past 12 Months, 2015**

**Bourbon County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,120	11.0	0.3	10.5	11.6
Bourbon County	16	14.4	3.9	6.6	22.1
<b>Gender</b>					
Men	*	*	*	*	*
Women	*	*	*	*	*
<b>Age Group</b>					
18 to 44 Years	11	28.0	8.0	12.3	43.8
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	15	13.7	3.9	6.0	21.3
<b>Race</b>					
White	*	*	*	*	*
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
<b>Annual Household Income</b>					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	*	*	*	*	*
<b>Health Insurance Status</b>					
Insured	*	*	*	*	*
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they could not see a doctor because of cost in the past 12 months.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

**Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.**

**Percentage of Adults with Fair or Poor Self-Perceived Health Status, 2015**

**Bourbon County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,945	15.7	0.3	15.1	16.2
Bourbon County	36	22.8	4.0	14.9	30.7
<b>Gender</b>					
Men	17	29.0	6.7	15.9	42.0
Women	19	17.1	4.4	8.4	25.9
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	12	24.7	7.1	10.7	38.7
65 Years and Older	15	29.4	7.9	14.0	44.8
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	35	22.2	4.0	14.3	30.1
<b>Race</b>					
White	35	23.6	4.2	15.3	31.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	24	32.6	6.5	20.0	45.3
Some College or College Graduate	*	*	*	*	*
<b>Annual Household Income</b>					
Less than \$35,000 per Year	24	31.5	6.8	18.2	44.8
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	26	57.2	8.2	41.1	73.3
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	18	21.4	5.5	10.7	32.2
Does not participate in leisure time physical activity	16	32.3	7.7	17.2	47.3
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	28	22.0	4.5	13.2	30.7
<b>Health Insurance Status</b>					
Insured	33	22.8	4.3	14.4	31.1
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported that in general their health is fair or poor.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Their Physical Health Was Not Good on 14 or More Days in the Past 30 Days, 2015**

**Bourbon County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,560	10.0	0.2	9.5	10.4
Bourbon County	23	14.2	3.4	7.7	20.8
<b>Gender</b>					
Men	*	*	*	*	*
Women	16	15.3	4.4	6.6	24.0
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	15	28.7	7.8	13.4	44.1
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	23	14.5	3.4	7.8	21.2
<b>Race</b>					
White	23	15.1	3.5	8.2	22.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
<b>Annual Household Income</b>					
Less than \$35,000 per Year	17	24.7	6.4	12.1	37.2
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	<i>19</i>	<i>15.7</i>	<i>4.0</i>	<i>7.8</i>	<i>23.6</i>
<b>Health Insurance Status</b>					
Insured	<i>23</i>	<i>16.2</i>	<i>3.8</i>	<i>8.8</i>	<i>23.6</i>
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported 14 or more days when their physical health was not good in the past 30 days.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

**Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.**

**Percentage of Adults Who Reported Their Mental Health Was Not Good on 14  
or More Days in the Past 30 Days, 2015**

**Bourbon County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,978	9.7	0.3	9.2	10.2
Bourbon County	18	15.7	4.0	7.7	23.6
<b>Gender</b>					
Men	*	*	*	*	*
Women	*	*	*	*	*
<b>Age Group</b>					
18 to 44 Years	12	30.1	8.1	14.2	45.9
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	17	15.0	4.0	7.1	22.9
<b>Race</b>					
White	18	16.7	4.3	8.3	25.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
<b>Annual Household Income</b>					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	*	*	*	*	*
<b>Health Insurance Status</b>					
Insured	15	14.6	4.2	6.3	22.9
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported 14 or more days when their mental health was not good in the past 30 days.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Their Poor Physical or Mental Health Kept Them From Doing Their Usual Activities, such as Self-care, Work or Recreation in the Past 30 Days, 2015**

**Bourbon County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	4,379	38.7	0.6	37.6	39.9
Bourbon County	28	37.7	6.9	24.3	51.2
<b>Gender</b>					
Men	*	*	*	*	*
Women	*	*	*	*	*
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	28	38.4	7.0	24.8	52.1
<b>Race</b>					
White	24	34.8	7.1	21.0	48.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
<b>Annual Household Income</b>					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	22	46.9	8.1	31.0	62.9
<b>Health Insurance Status</b>					
Insured	24	36.4	7.4	21.9	50.8
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported one or more days in the past 30 days when their poor physical or mental health kept them from doing their usual activities, such as self-care, work or recreation.

**Denominator:** Respondents with at least one day in the past 30 days when their physical or mental health was not good, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Ages 18 Years and Older Who Did Not Get Immunized  
Against Influenza During the Past 12 Months, 2015**

**Bourbon County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	10,526	57.4	0.4	56.6	58.3
Bourbon County	73	59.5	4.9	49.8	69.1
<b>Gender</b>					
Men	34	56.0	7.5	41.3	70.6
Women	39	62.8	6.3	50.3	75.2
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	72	59.3	5.0	49.6	69.1
<b>Race</b>					
White	68	57.6	5.1	47.5	67.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	33	60.0	7.6	45.2	74.9
Some College or College Graduate	40	58.9	6.3	46.5	71.2
<b>Annual Household Income</b>					
Less than \$35,000 per Year	33	55.6	7.4	41.1	70.0
\$35,000 or Higher per Year	31	60.1	7.4	45.6	74.7
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	50	64.0	5.9	52.4	75.5

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI <30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	46	59.9	6.3	47.5	72.2
Does not participate in leisure time physical activity	27	58.7	7.8	43.4	74.0
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	56	53.6	5.6	42.6	64.5
<b>Health Insurance Status</b>					
Insured	64	55.6	5.3	45.3	65.9
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they did not get a flu shot or flu vaccine sprayed in their nose during the past 12 months.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported That They Do Not Always Wear a Seatbelt  
When They Drive or Ride in a Car, 2015**

**Bourbon County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,288	17.0	0.3	16.3	17.6
Bourbon County	32	26.3	4.9	16.8	35.9
<b>Gender</b>					
Men	20	35.6	7.2	21.6	49.7
Women	*	*	*	*	*
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	32	26.8	4.9	17.1	36.4
<b>Race</b>					
White	31	27.1	5.1	17.2	37.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	15	29.1	7.6	14.1	44.0
Some College or College Graduate	17	23.5	5.9	12.1	35.0
<b>Annual Household Income</b>					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	14	23.4	6.1	11.4	35.5
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	23	29.1	6.2	17.0	41.3

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	19	25.8	6.4	13.2	38.3
Does not participate in leisure time physical activity	13	27.5	7.2	13.4	41.5
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	23	22.0	4.6	12.9	31.0
<b>Health Insurance Status</b>					
Insured	28	24.4	5.0	14.6	34.2
Uninsured	*	*	*	*	*

Respondents who reported they nearly always, sometimes, seldom or never use a seatbelt when they ride or drive in a car.

Denominator: All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Currently Smoke Cigarettes, 2015**

**Bourbon County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,343	17.7	0.3	17.0	18.4
Bourbon County	27	26.4	4.8	17.0	35.8
<b>Gender</b>					
Men	13	24.8	6.5	12.1	37.4
Women	14	28.1	7.0	14.3	41.8
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	26	25.9	4.8	16.4	35.4
<b>Race</b>					
White	26	26.5	4.9	16.9	36.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	15	33.6	7.4	19.0	48.2
Some College or College Graduate	12	18.8	5.5	8.1	29.5
<b>Annual Household Income</b>					
Less than \$35,000 per Year	13	25.6	6.6	12.7	38.5
\$35,000 or Higher per Year	10	22.5	6.6	9.6	35.4
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	19	28.1	5.9	16.5	39.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI <30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	19	29.9	6.5	17.1	42.7
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Health Insurance Status</b>					
Insured	23	24.3	5.0	14.6	34.1
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they have smoked at least 100 cigarettes in their entire life and that they now smoke some days or every day.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Currently Use Any Smokeless Tobacco Products, 2015**

**Bourbon County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	982	5.6	0.2	5.2	6.0
Bourbon County	14	10.4	2.8	4.8	16.0
<b>Gender</b>					
Men	14	21.2	5.6	10.3	32.1
Women	*	*	*	*	*
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	14	10.6	2.9	4.9	16.3
<b>Race</b>					
White	14	11.0	3.0	5.1	16.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
<b>Annual Household Income</b>					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI <30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	*	*	*	*	*
<b>Health Insurance Status</b>					
Insured	12	9.9	3.0	4.2	15.7
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they currently use chewing tobacco, snuff or snus (Swedish for snuff) some days or every day.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

## Percentage of Men Who Currently Use Any Smokeless Tobacco Products, 2015

### Bourbon County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	893	10.5	0.4	9.8	11.3
Bourbon County	14	21.2	5.6	10.3	32.1
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	14	21.8	5.7	10.6	33.0
<b>Race</b>					
White	14	21.5	5.6	10.5	32.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
<b>Annual Household Income</b>					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*
<b>Weight Category</b>					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	*	*	*	*	*
<b>Health Insurance Status</b>					
Insured	<i>12</i>	<i>21.2</i>	<i>6.0</i>	<i>9.5</i>	<i>33.0</i>
Uninsured	*	*	*	*	*

Numerator: Male respondents who reported they currently use chewing tobacco, snuff or snus (Swedish for snuff) some days or every day.

Denominator: All male respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

## Percentage of Adults Who Are Obese, 2015

### Bourbon County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	7,154	34.2	0.4	33.4	35.0
Bourbon County	48	33.5	4.7	24.2	42.7
<b>Gender</b>					
Men	21	36.5	7.2	22.5	50.6
Women	27	30.1	5.8	18.7	41.5
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	48	34.2	4.8	24.8	43.5
<b>Race</b>					
White	47	33.9	4.8	24.4	43.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	19	29.2	6.6	16.1	42.2
Some College or College Graduate	29	37.9	6.6	24.9	50.9
<b>Annual Household Income</b>					
Less than \$35,000 per Year	23	34.1	7.1	20.2	48.0
\$35,000 or Higher per Year	19	32.2	7.0	18.6	45.9
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	27	32.9	5.8	21.5	44.3

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	23	29.0	5.9	17.4	40.6
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	36	29.5	5.0	19.8	39.2
<b>Health Insurance Status</b>					
Insured	45	35.0	5.0	25.2	44.8
Uninsured	*	*	*	*	*

Numerator: Respondents with a body mass index greater than or equal to 30, based on self-reported height and weight.

Denominator: All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

## Percentage of Adults Who Are Overweight or Obese, 2015

### Bourbon County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	14,432	68.0	0.4	67.2	68.8
Bourbon County	89	63.6	5.0	53.9	73.4
<b>Gender</b>					
Men	41	68.8	6.9	55.2	82.4
Women	48	57.8	6.9	44.4	71.3
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	87	64.0	5.0	54.2	73.9
<b>Race</b>					
White	84	63.4	5.1	53.5	73.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	39	65.4	7.0	51.7	79.2
Some College or College Graduate	50	61.8	7.0	48.2	75.4
<b>Annual Household Income</b>					
Less than \$35,000 per Year	42	63.3	7.7	48.2	78.3
\$35,000 or Higher per Year	39	64.2	7.0	50.4	78.1
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	53	61.1	6.1	49.2	73.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	<i>51</i>	<i>61.9</i>	<i>6.2</i>	<i>49.7</i>	<i>74.0</i>
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	<i>73</i>	<i>64.2</i>	<i>5.6</i>	<i>53.3</i>	<i>75.1</i>
<b>Health Insurance Status</b>					
Insured	<i>83</i>	<i>65.7</i>	<i>5.0</i>	<i>55.9</i>	<i>75.4</i>
Uninsured	*	*	*	*	*

Numerator: Respondents with a body mass index greater than or equal to 25, based on self-reported height and weight.

Denominator: All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

## Technical Notes

The 2015 BRFSS data for your county/region on health risk indicators, analyzed by various subpopulation groups (e.g. gender, age group, ethnicity, etc.), are included in this report. The indicators are summarized in tables that show:

- Unweighted Frequency: the number of respondents who reported the risk behavior
- Weighted Percentage: the prevalence estimate for the risk behavior within a particular subpopulation group category
- Standard Error: used to compute the 95% confidence limits
- Lower and upper 95% confidence limits

Prevalence estimates vary in precision depending on sample size. One way of describing the precision of an estimate is the margin of error, which is the half-width of the confidence interval. When the sample size is large for a particular subpopulation group, the corresponding margin of error for an estimate is small. When the sample size is small for a particular subpopulation group, the corresponding margin of error for an estimate is large. Large margins of error (i.e. >5) indicate that an estimate may be less precise. Prevalence estimates that have a margin of error >5 are *italicized* in this report and should be interpreted with caution.

To determine whether two weighted percentages are significantly different from one another, the reader must compare the confidence intervals. Confidence intervals which do not overlap indicate a statistically significant difference between the two prevalence estimates while overlapping confidence intervals indicate that two estimates are not statistically different from one another. It is incorrect to say two estimates are different if their confidence limits overlap.

Estimates have been censored with an asterisk ("\*") when the sample size was inadequate and/or when the estimates were statistically unreliable. Specifically, estimates were censored when any of the following conditions were met:

- the numerator of the indicator is less than 5
- the denominator of the indicator is less than 50
- the relative standard error (RSE) is 30 percent or higher

RSE is obtained by dividing the standard error of the estimate by the estimate itself, then multiplying that result by 100 to be expressed as a percent.

2011 BRFSS data represent a new baseline for public health surveillance. Due to changes in BRFSS survey methodology, the BRFSS estimates for 2011 and subsequent years cannot be compared to estimates from the years prior to 2011.

For more information on changes to the Kansas BRFSS survey methodology beginning in 2011, please visit: <http://www.kdheks.gov/brfss/newmethod.html>

For more detailed technical notes on the Kansas BRFSS, please visit: <http://www.kdheks.gov/brfss/technotes.html>