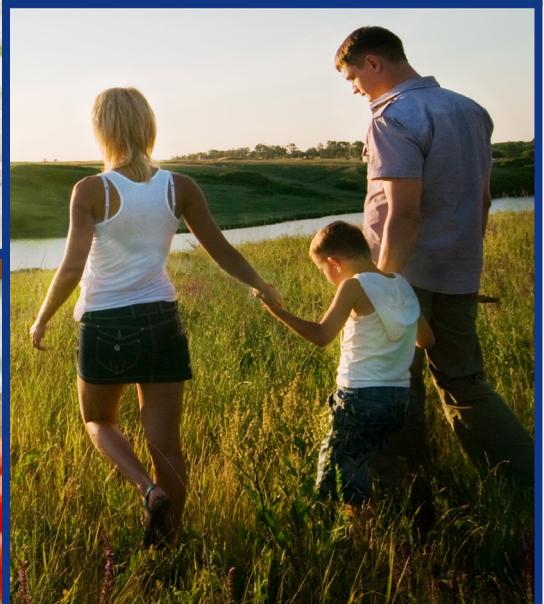


2013 Kansas Behavioral Risk Factor Surveillance System Local Data

Wildcat Region



November 2014

2013 Kansas Behavioral Risk Factor Surveillance System Local Data

State of Kansas
Sam Brownback, Governor

Kansas Department of Health and Environment
Dr. Robert Moser, Secretary and State Health Officer

Report Preparation:
Pratik Pandya, MPH
Advanced Epidemiologist
Bureau of Health Promotion (BHP)

Report Supervision:
Ghazala Perveen, MBBS, PhD, MPH
Director of Science and Surveillance, Health Officer II
Bureau of Health Promotion (BHP)

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**Kansas Department of Health and Environment
Bureau of Health Promotion
November 2014**

Kansas Department of Health and Environment (KDHE)

Mission

To protect and improve the health and environment of all Kansans

Vision

Healthy Kansans living in safe and sustainable environments

www.kdheks.gov

Foreword

The Behavioral Risk Factor Surveillance System (BRFSS) is the world's largest, annual population-based telephone survey system, tracking health conditions and risk behaviors in the U.S. It is coordinated by the Centers for Disease Control and Prevention (CDC) and is conducted in every state and several territories.

BRFSS allows us to perform a critical public health function of assessing population health and identifying issues critically important to public health and population health management. BRFSS provides data on a wide range of health issues including information related to access to health care, chronic and infectious diseases, clinical preventive services, environmental quality, infant and child health, injury and violence, maternal health, mental health, nutrition, physical activity, obesity, oral health, reproductive and sexual health, substance abuse and tobacco use.

Prior to 2009, the sample size for the Kansas survey was sufficient to produce state level estimates of health risk behaviors. Beginning in 2009, the Kansas BRFSS was expanded in response to demand from local health officials for local level health risk behavior data for a 10-year project. The survey now collects adequate sample data during odd years (2009, 2011, 2013, 2015 and 2017) to provide local level estimates by county or region for these years. By the conclusion of the 10-year project, most Kansas counties will have county-specific data for use in estimating trends in selected health indicators from 2011 forward. Data from 2011 onward cannot be compared to previous years as the BRFSS data collection and analysis methods changed beginning in 2011.

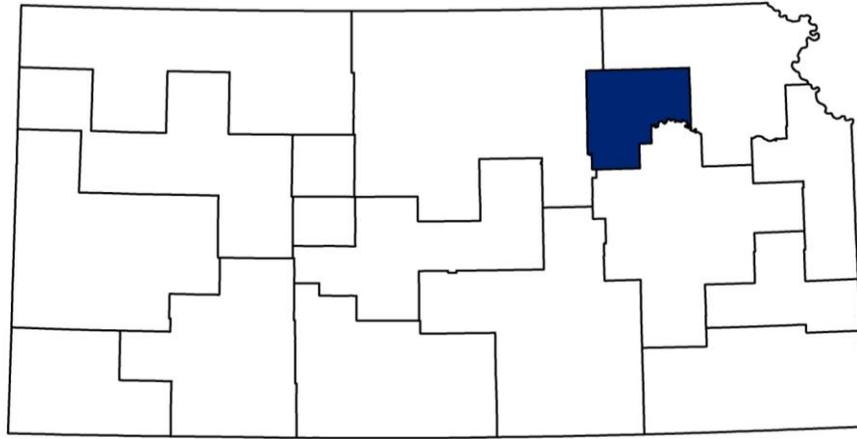
During the 2013 survey year, data were collected from more than 20,000 adult Kansans, providing estimates for 42 of the state's 105 counties and for 16 Public Health Preparedness Regions, with data for 42 health risk indicators analyzed at the county or regional level.

BRFSS data help public health professionals measure Kansans health behaviors, conditions and concerns at the state and the local level. These data are important when we consider where to focus our public health efforts and to help us emphasize the benefits of prevention.

Sincerely,



Robert Moser, MD
Secretary and State Health Officer
Kansas Department of Health and Environment



The Wildcat Region comprises the following counties:
Geary, Pottawatomie, Riley

Kansas Behavioral Risk Factor Surveillance System – Local Data, 2013 can also be accessed at <http://www.kdheks.gov/brfss/>

If you have any questions about survey methodology or need assistance interpreting the data, please contact:

Pratik Pandya, MPH
Advanced Epidemiologist
Bureau of Health Promotion
Kansas Department of Health and Environment
Curtis State Office Building,
1000 SW Jackson Street, Suite 230
Topeka, KS 66612
Telephone: 785-296-6513
Fax: 785-296-8059
ppandya@kdheks.gov

Ghazala Perveen, MBBS, PhD, MPH
Director of Science and Surveillance/Health Officer II
Bureau of Health Promotion
Kansas Department of Health & Environment
Curtis State Office Building
1000 SW Jackson, Suite 230
Topeka, KS 66612-1274
Telephone: 785-296-1949
Fax: 785-296-8059
gperveen@kdheks.gov



Table of Contents

Alcohol Consumption

Binge Drinking.....	1
Heavy Drinking.....	3

Arthritis

Arthritis	5
Activity Limitation Due to Arthritis	7

Asthma	9
---------------------	---

Cancer

Cancer (Excluding Skin Cancer)	11
Skin Cancer	13

Cardiovascular Health

Heart Attack	15
Coronary Heart Disease	17
Stroke	19
High Blood Pressure	21

Cholesterol

Not Checked Cholesterol within Five Years	23
High Blood Cholesterol Status.....	25

Chronic Obstructive Pulmonary Disease (COPD)	27
---	----

Depressive Disorder	29
----------------------------------	----

Diabetes	31
-----------------------	----

Disability

Activity Limitation Due to Physical, Mental or Emotional Problems	33
Disability	35

Exercise and Physical Activity

Not Participating in the Recommended Level of Physical Activity (Aerobic AND/OR Strengthening)	37
---	----

Did Not Participate in the Recommended Level of Aerobic AND Strengthening Physical Activity.....	39
Not Participating in Any Physical Activity	41
Fruits and Vegetable Consumption	
Consuming Fruits Less than 1 Time Per Day	43
Consuming Vegetables Less than 1 Time Per Day.....	45
Health Care Access	
Lack Health Care Coverage	47
Lack Health Care Coverage 18 to 64 Years Old Only	49
No Personal Doctor	51
Did Not See Doctor Due to Cost.....	53
General Health	55
Healthy Days - Health Related Quality of Life	
Physical Health Status.....	57
Mental Health Status	59
Poor Physical or Mental Health is Barrier to Usual Activities.....	61
Immunization	
Not Immunized Against Influenza.....	63
Not Immunized Against Influenza 65 Years and Older Only	65
Never Had Pneumonia Vaccination 65 Years and Older Only	67
Seatbelt Use	69
Tobacco Use	
Current Smoker	71
Tried Quitting Smoking	73
Smokeless Tobacco Use	75
Male Smokeless Tobacco Use	77
Veteran Status	79
Weight Status (BMI Categories)	
Obese.....	81
Overweight or Obese	83
Technical Notes	85

Percentage of Adults Who Are Binge Drinkers, 2013

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,583	15.4	0.3	14.7	16.0
Wildcat Region	137	21.5	1.8	17.9	25.0
Gender					
Men	95	33.2	3.0	27.2	39.2
Women	42	9.9	1.7	6.6	13.2
Age Group					
18 to 44 Years	82	25.4	2.6	20.3	30.4
45 to 64 Years	43	18.9	2.9	13.3	24.5
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	129	20.7	1.8	17.1	24.3
Race					
White	121	22.3	2.0	18.4	26.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	34	21.4	3.6	14.4	28.5
Some College or College Graduate	103	21.6	2.1	17.5	25.8
Annual Household Income					
Less than \$35,000 per Year	46	22.2	3.1	16.2	28.3
\$35,000 or Higher per Year	79	22.9	2.6	17.7	28.0
Disability Status					
Living with a Disability	19	15.3	3.7	8.2	22.5
Living without a Disability	118	23.0	2.1	18.9	27.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	40	16.1	2.6	10.9	21.3
Overweight (25 ≤ BMI < 30)	61	27.9	3.4	21.2	34.6
Obese (BMI ≥ 30)	32	22.7	3.8	15.2	30.3
Leisure Time Physical Activity					
Participates in leisure time physical activity	111	23.1	2.2	18.9	27.4
Does not participate in leisure time physical activity	21	16.7	3.7	9.5	23.9
Smoking Status					
Current smoker	47	31.3	4.2	23.0	39.6
Non-smoker	90	18.1	1.9	14.2	21.9
Health Insurance Status					
Insured	123	22.5	2.0	18.5	26.4
Uninsured	14	16.8	4.3	8.3	25.2

Numerator: Male respondents who reported having five or more drinks on one occasion in the past 30 days or female respondents who reported having four or more drinks on one occasion in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Reported Heavy Alcohol Consumption in the Past 30 Days, 2013

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	916	4.6	0.2	4.2	4.9
Wildcat Region	42	6.5	1.2	4.2	8.8
Gender					
Men	25	9.9	2.1	5.8	14.0
Women	17	3.2	0.9	1.4	5.0
Age Group					
18 to 44 Years	21	7.3	1.6	4.1	10.5
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	39	6.2	1.1	4.0	8.4
Race					
White	39	7.0	1.3	4.5	9.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	30	6.3	1.3	3.8	8.8
Annual Household Income					
Less than \$35,000 per Year	17	8.0	2.0	4.0	12.0
\$35,000 or Higher per Year	22	6.6	1.7	3.2	9.9
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	36	7.6	1.4	4.8	10.3

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	20	10.0	2.5	5.1	14.9
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	34	7.2	1.4	4.4	9.9
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	20	13.6	3.2	7.2	20.0
Non-smoker	22	4.0	1.0	2.0	6.0
Health Insurance Status					
Insured	35	6.3	1.2	3.9	8.7
Uninsured	*	*	*	*	*

Numerator: Male respondents who reported consuming an average of more than two drinks per day and female respondents who reported consuming an average of more than one drink per day during the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Doctor Diagnosed Arthritis, 2013

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	7,380	23.9	0.3	23.3	24.5
Wildcat Region	235	18.8	1.5	15.9	21.6
Gender					
Men	82	15.7	2.0	11.8	19.6
Women	153	21.9	2.1	17.7	26.1
Age Group					
18 to 44 Years	39	10.0	1.7	6.8	13.3
45 to 64 Years	82	27.8	3.1	21.7	33.9
65 Years and Older	111	51.9	3.8	44.4	59.4
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	232	19.6	1.5	16.6	22.6
Race					
White	210	19.6	1.6	16.5	22.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	72	22.5	3.1	16.5	28.5
Some College or College Graduate	163	17.2	1.6	14.1	20.3
Annual Household Income					
Less than \$35,000 per Year	71	16.7	2.4	12.0	21.4
\$35,000 or Higher per Year	131	21.1	2.1	16.9	25.3
Disability Status					
Living with a Disability	114	45.6	4.3	37.1	54.1
Living without a Disability	121	13.0	1.4	10.2	15.8

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	79	16.4	2.2	12.1	20.7
Overweight (25 ≤ BMI < 30)	69	15.7	2.3	11.3	20.2
Obese (BMI ≥ 30)	77	28.4	3.6	21.3	35.5
Leisure Time Physical Activity					
Participates in leisure time physical activity	156	17.4	1.7	14.1	20.7
Does not participate in leisure time physical activity	71	26.0	3.5	19.1	32.9
Smoking Status					
Current smoker	53	24.6	3.6	17.6	31.7
Non-smoker	181	17.2	1.5	14.2	20.2
Health Insurance Status					
Insured	217	19.7	1.6	16.5	22.8
Uninsured	16	13.9	3.6	6.8	21.0

Numerator: Respondents who reported they had been told by a doctor or other health professional that they have some form of arthritis, rheumatoid arthritis, gout, lupus or fibromyalgia.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Doctor Diagnosed Arthritis Who Are Limited in Their Usual Activities Because of Arthritis or Joint Symptoms, 2013

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,286	46.4	0.7	45.0	47.9
Wildcat Region	107	46.1	4.2	37.9	54.3
Gender					
Men	35	47.6	6.9	34.0	61.1
Women	72	45.1	5.2	34.9	55.2
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	42	48.8	6.6	35.9	61.7
65 Years and Older	44	40.2	5.3	29.7	50.6
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	107	47.0	4.2	38.8	55.3
Race					
White	94	47.3	4.4	38.6	55.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	29	37.0	7.3	22.7	51.4
Some College or College Graduate	78	51.3	4.9	41.6	60.9
Annual Household Income					
Less than \$35,000 per Year	41	56.3	7.8	41.1	71.5
\$35,000 or Higher per Year	52	40.8	5.5	30.0	51.7
Disability Status					
Living with a Disability	78	77.6	4.2	69.3	85.9
Living without a Disability	29	20.9	4.3	12.5	29.3

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	32	38.5	6.8	25.1	51.8
Overweight (25 ≤ BMI < 30)	30	41.1	7.5	26.4	55.8
Obese (BMI ≥ 30)	38	54.8	7.4	40.3	69.2
Leisure Time Physical Activity					
Participates in leisure time physical activity	73	44.4	5.1	34.5	54.3
Does not participate in leisure time physical activity	33	49.2	7.4	34.7	63.6
Smoking Status					
Current smoker	29	53.8	8.4	37.3	70.3
Non-smoker	78	42.3	4.6	33.3	51.3
Health Insurance Status					
Insured	96	42.9	4.3	34.4	51.4
Uninsured	*	*	*	*	*

Numerator: Respondents who reported any limitation in their usual activities because of arthritis or joint symptoms.

Denominator: Respondents with doctor, nurse or other health professional diagnosed arthritis, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Current Asthma, 2013

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,072	8.9	0.2	8.4	9.3
Wildcat Region	67	8.2	1.1	6.0	10.4
Gender					
Men	20	5.6	1.4	2.8	8.3
Women	47	10.9	1.8	7.4	14.4
Age Group					
18 to 44 Years	38	9.7	1.6	6.5	12.9
45 to 64 Years	19	6.0	1.5	3.1	9.0
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	64	8.3	1.2	6.0	10.6
Race					
White	58	8.7	1.3	6.2	11.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	16	7.6	2.1	3.5	11.6
Some College or College Graduate	51	8.5	1.4	5.8	11.2
Annual Household Income					
Less than \$35,000 per Year	28	10.3	2.1	6.2	14.4
\$35,000 or Higher per Year	33	7.7	1.6	4.6	10.8
Disability Status					
Living with a Disability	27	16.9	3.5	10.1	23.8
Living without a Disability	40	6.4	1.2	4.1	8.6

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	26	8.9	2.0	5.0	12.9
Overweight (25 ≤ BMI < 30)	20	7.2	1.8	3.7	10.8
Obese (BMI ≥ 30)	19	9.1	2.4	4.3	13.8
Leisure Time Physical Activity					
Participates in leisure time physical activity	50	9.2	1.5	6.3	12.1
Does not participate in leisure time physical activity	15	6.4	1.9	2.8	10.1
Smoking Status					
Current smoker	16	10.5	2.6	5.3	15.6
Non-smoker	51	7.6	1.3	5.2	10.1
Health Insurance Status					
Insured	56	7.7	1.2	5.3	10.0
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they had asthma and that they currently have asthma.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Have Been Diagnosed With Cancer (Excluding Skin Cancer), 2013

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,256	6.8	0.2	6.5	7.1
Wildcat Region	54	3.3	0.5	2.2	4.3
Gender					
Men	17	2.2	0.6	1.1	3.4
Women	37	4.3	0.9	2.6	6.0
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	16	5.1	1.4	2.4	7.7
65 Years and Older	34	14.1	2.5	9.2	18.9
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	53	3.4	0.6	2.3	4.5
Race					
White	50	3.6	0.6	2.4	4.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	20	3.7	0.9	1.9	5.5
Some College or College Graduate	34	3.1	0.6	1.8	4.4
Annual Household Income					
Less than \$35,000 per Year	21	4.3	1.1	2.2	6.4
\$35,000 or Higher per Year	24	2.4	0.5	1.3	3.5
Disability Status					
Living with a Disability	20	7.9	2.1	3.9	12.0
Living without a Disability	33	2.2	0.4	1.3	3.0

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	26	4.6	1.1	2.5	6.8
Overweight (25 ≤ BMI < 30)	14	2.3	0.7	0.9	3.6
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	35	3.1	0.6	1.9	4.4
Does not participate in leisure time physical activity	16	4.0	1.1	1.7	6.2
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	45	3.5	0.6	2.3	4.8
Health Insurance Status					
Insured	53	3.8	0.6	2.6	5.0
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they had cancer (excluding skin cancer).

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Percentage of Adults Who Have Been Diagnosed With Skin Cancer, 2013

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,157	6.3	0.2	6.0	6.6
Wildcat Region	74	4.6	0.6	3.3	5.8
Gender					
Men	34	4.5	0.9	2.8	6.3
Women	40	4.6	0.9	2.8	6.4
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	17	4.8	1.3	2.1	7.4
65 Years and Older	53	25.8	3.4	19.3	32.4
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	73	4.8	0.7	3.5	6.1
Race					
White	71	5.4	0.8	3.9	6.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	18	4.2	1.1	2.1	6.3
Some College or College Graduate	56	4.8	0.8	3.2	6.3
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	45	6.1	1.1	4.0	8.1
Disability Status					
Living with a Disability	27	8.6	1.9	4.8	12.4
Living without a Disability	46	3.6	0.6	2.4	4.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	28	4.6	1.0	2.7	6.5
Overweight (25 ≤ BMI < 30)	29	5.7	1.3	3.1	8.3
Obese (BMI ≥ 30)	15	3.6	1.1	1.5	5.8
Leisure Time Physical Activity					
Participates in leisure time physical activity	49	4.0	0.6	2.7	5.3
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	63	5.2	0.8	3.7	6.8
Health Insurance Status					
Insured	72	5.2	0.7	3.8	6.7
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they had skin cancer.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who had a Heart Attack, 2013

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,331	4.2	0.1	4.0	4.5
Wildcat Region	37	2.8	0.5	1.8	3.9
Gender					
Men	22	3.7	0.9	1.9	5.4
Women	15	1.9	0.6	0.8	3.1
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	22	13.2	2.8	7.8	18.7
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	37	3.0	0.6	1.9	4.1
Race					
White	34	3.2	0.6	1.9	4.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	18	5.1	1.3	2.5	7.8
Some College or College Graduate	19	1.8	0.5	0.8	2.8
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	17	2.4	0.6	1.2	3.6
Disability Status					
Living with a Disability	24	10.4	2.4	5.6	15.2
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	25	2.6	0.6	1.5	3.7
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	33	3.4	0.7	2.1	4.8
Health Insurance Status					
Insured	34	3.0	0.6	1.8	4.2
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they had a heart attack also called a myocardial infarction.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who had Angina or Coronary Heart Disease, 2013

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,352	4.2	0.1	4.0	4.5
Wildcat Region	25	1.6	0.4	0.9	2.3
Gender					
Men	16	2.3	0.6	1.1	3.5
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	15	8.8	2.3	4.2	13.4
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	25	1.7	0.4	1.0	2.5
Race					
White	25	2.0	0.4	1.1	2.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	16	2.5	0.7	1.2	3.8
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	14	1.2	0.3	0.5	1.8

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	17	1.6	0.4	0.8	2.4
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	24	2.2	0.5	1.2	3.1
Health Insurance Status					
Insured	25	1.9	0.4	1.1	2.8
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they had angina or coronary heart disease.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Percentage of Adults Who Had a Stroke, 2013

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	923	3.0	0.1	2.7	3.2
Wildcat Region	27	2.0	0.4	1.1	2.9
Gender					
Men	*	*	*	*	*
Women	16	2.0	0.6	0.9	3.1
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	18	9.7	2.3	5.1	14.3
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	27	2.2	0.5	1.2	3.1
Race					
White	25	2.4	0.5	1.3	3.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	18	1.8	0.5	0.8	2.7
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	17	7.3	2.0	3.4	11.2
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	25	2.6	0.6	1.4	3.7
Health Insurance Status					
Insured	23	2.0	0.5	1.1	2.9
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they had a stroke.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Percentage of Adults with Diagnosed Hypertension, 2013

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	9,309	31.3	0.4	30.6	32.0
Wildcat Region	297	24.6	1.7	21.4	27.9
Gender					
Men	133	26.0	2.5	21.1	30.8
Women	164	23.2	2.2	18.9	27.6
Age Group					
18 to 44 Years	45	12.3	1.9	8.5	16.1
45 to 64 Years	124	43.0	3.4	36.3	49.7
65 Years and Older	126	60.3	3.7	53.1	67.6
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	287	24.4	1.7	21.2	27.7
Race					
White	265	24.7	1.7	21.4	28.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	92	28.7	3.4	22.1	35.3
Some College or College Graduate	205	23.0	1.9	19.3	26.6
Annual Household Income					
Less than \$35,000 per Year	97	24.1	2.9	18.4	29.7
\$35,000 or Higher per Year	151	25.1	2.3	20.6	29.6
Disability Status					
Living with a Disability	99	41.7	4.2	33.4	49.9
Living without a Disability	195	21.0	1.8	17.5	24.5

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	78	15.5	2.2	11.2	19.9
Overweight (25 ≤ BMI < 30)	107	23.4	2.6	18.2	28.5
Obese (BMI ≥ 30)	101	40.8	4.1	32.8	48.8
Leisure Time Physical Activity					
Participates in leisure time physical activity	195	22.3	1.9	18.7	26.0
Does not participate in leisure time physical activity	87	33.9	4.0	26.0	41.8
Smoking Status					
Current smoker	56	26.9	3.8	19.4	34.4
Non-smoker	236	23.9	1.8	20.4	27.5
Health Insurance Status					
Insured	268	25.5	1.8	22.0	29.1
Uninsured	29	20.6	4.3	12.3	28.9

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they have high blood pressure.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Did Not Have Their Blood Cholesterol Checked
Within the Past Five Years, 2013**

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,976	26.7	0.4	25.9	27.5
Wildcat Region	200	35.3	2.1	31.1	39.5
Gender					
Men	98	36.5	3.1	30.4	42.6
Women	102	34.1	2.9	28.3	39.9
Age Group					
18 to 44 Years	155	48.6	3.0	42.8	54.4
45 to 64 Years	31	12.6	2.4	7.8	17.4
65 Years and Older	14	6.5	1.8	2.9	10.1
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	192	36.3	2.2	31.9	40.6
Race					
White	168	34.9	2.3	30.5	39.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	69	41.5	4.1	33.4	49.6
Some College or College Graduate	131	32.9	2.5	28.0	37.8
Annual Household Income					
Less than \$35,000 per Year	106	49.6	3.7	42.3	56.9
\$35,000 or Higher per Year	61	21.1	2.6	15.9	26.2
Disability Status					
Living with a Disability	30	24.0	4.3	15.7	32.3
Living without a Disability	167	37.9	2.4	33.1	42.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	84	42.2	3.6	35.1	49.3
Overweight (25 ≤ BMI < 30)	66	35.2	3.7	28.0	42.5
Obese (BMI ≥ 30)	40	26.0	3.9	18.3	33.7
Leisure Time Physical Activity					
Participates in leisure time physical activity	143	36.4	2.5	31.5	41.3
Does not participate in leisure time physical activity	47	32.6	4.6	23.7	41.6
Smoking Status					
Current smoker	64	42.9	4.5	34.2	51.7
Non-smoker	134	33.0	2.5	28.2	37.9
Health Insurance Status					
Insured	143	29.7	2.2	25.3	34.1
Uninsured	54	63.4	5.5	52.6	74.2

Numerator: Respondents who reported they had not checked their blood cholesterol in the past five years.

Denominator: All respondents excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Tested and Diagnosed with High Cholesterol, 2013

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	8,351	38.1	0.4	37.3	38.9
Wildcat Region	257	29.3	2.0	25.3	33.2
Gender					
Men	112	32.0	3.1	25.8	38.1
Women	145	26.5	2.5	21.6	31.4
Age Group					
18 to 44 Years	28	11.8	2.3	7.3	16.4
45 to 64 Years	116	47.2	3.7	40.0	54.4
65 Years and Older	111	52.6	3.9	45.0	60.3
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	248	29.3	2.0	25.3	33.3
Race					
White	241	32.5	2.2	28.2	36.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	72	32.9	4.2	24.7	41.0
Some College or College Graduate	185	28.2	2.3	23.7	32.7
Annual Household Income					
Less than \$35,000 per Year	65	24.6	3.5	17.7	31.4
\$35,000 or Higher per Year	154	30.7	2.7	25.5	35.9
Disability Status					
Living with a Disability	84	44.2	4.8	34.8	53.5
Living without a Disability	171	25.9	2.2	21.6	30.2

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	75	21.3	2.8	15.7	26.8
Overweight (25 ≤ BMI < 30)	89	28.1	3.3	21.8	34.5
Obese (BMI ≥ 30)	80	39.4	4.5	30.6	48.3
Leisure Time Physical Activity					
Participates in leisure time physical activity	180	28.7	2.3	24.1	33.3
Does not participate in leisure time physical activity	69	34.8	4.6	25.8	43.8
Smoking Status					
Current smoker	37	25.5	4.5	16.7	34.2
Non-smoker	217	30.6	2.3	26.2	35.1
Health Insurance Status					
Insured	241	29.0	2.1	24.9	33.0
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they have high blood cholesterol.

Denominator: Respondents who had ever had their blood cholesterol checked, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Have Chronic Obstructive Pulmonary Disease
(COPD), Emphysema or Chronic Bronchitis, 2013**

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,835	6.2	0.2	5.9	6.6
Wildcat Region	38	2.5	0.5	1.6	3.4
Gender					
Men	18	2.8	0.7	1.4	4.1
Women	20	2.3	0.6	1.1	3.5
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	21	9.3	2.1	5.1	13.4
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	38	2.7	0.5	1.7	3.7
Race					
White	34	2.7	0.5	1.7	3.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	17	3.9	1.1	1.8	5.9
Some College or College Graduate	21	1.9	0.5	1.0	2.9
Annual Household Income					
Less than \$35,000 per Year	15	2.5	0.7	1.1	3.9
\$35,000 or Higher per Year	18	2.6	0.7	1.2	4.1
Disability Status					
Living with a Disability	22	7.4	1.8	3.9	10.9
Living without a Disability	16	1.5	0.4	0.7	2.3

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	23	2.2	0.5	1.1	3.2
Does not participate in leisure time physical activity	15	4.3	1.3	1.9	6.8
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	24	2.0	0.5	1.1	3.0
Health Insurance Status					
Insured	33	2.4	0.5	1.5	3.4
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they have chronic obstructive pulmonary disease (COPD), emphysema or chronic bronchitis.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

**Percentage of Adults Who Were EVER Diagnosed with a Depressive Disorder,
2013**

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	4,386	18.1	0.3	17.5	18.7
Wildcat Region	210	25.5	1.8	21.9	29.1
Gender					
Men	78	21.7	2.5	16.8	26.6
Women	132	29.5	2.6	24.3	34.6
Age Group					
18 to 44 Years	101	27.8	2.6	22.8	32.8
45 to 64 Years	71	24.3	2.8	18.7	29.9
65 Years and Older	38	15.5	2.6	10.3	20.6
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	200	25.1	1.9	21.4	28.7
Race					
White	190	27.1	2.0	23.2	31.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	71	32.1	3.7	24.8	39.4
Some College or College Graduate	139	22.8	2.1	18.7	26.8
Annual Household Income					
Less than \$35,000 per Year	97	34.0	3.4	27.4	40.7
\$35,000 or Higher per Year	85	18.5	2.2	14.2	22.8
Disability Status					
Living with a Disability	89	49.8	4.4	41.2	58.5
Living without a Disability	118	20.1	2.0	16.2	23.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	82	28.0	3.1	22.0	34.0
Overweight (25 ≤ BMI < 30)	58	20.4	3.0	14.5	26.2
Obese (BMI ≥ 30)	65	32.6	4.0	24.8	40.4
Leisure Time Physical Activity					
Participates in leisure time physical activity	135	22.9	2.1	18.9	26.9
Does not participate in leisure time physical activity	65	35.5	4.3	27.0	44.0
Smoking Status					
Current smoker	65	38.6	4.3	30.3	47.0
Non-smoker	144	21.5	2.0	17.6	25.3
Health Insurance Status					
Insured	172	23.2	1.9	19.5	27.0
Uninsured	38	38.8	5.6	27.9	49.8

Numerator: Respondents who reported they had ever been told by a doctor, nurse or other health professional that they have a depressive disorder (including depression, major depression, dysthymia, or minor depression).

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Diagnosed Diabetes, 2013

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,832	9.6	0.2	9.1	10.0
Wildcat Region	83	6.3	0.8	4.7	7.9
Gender					
Men	40	7.6	1.3	4.9	10.2
Women	43	5.0	0.9	3.2	6.8
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	36	12.0	2.2	7.7	16.3
65 Years and Older	37	18.7	3.0	12.7	24.6
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	82	6.6	0.9	4.9	8.2
Race					
White	73	6.5	0.9	4.8	8.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	31	8.8	1.9	5.1	12.4
Some College or College Graduate	51	4.9	0.8	3.4	6.5
Annual Household Income					
Less than \$35,000 per Year	26	5.5	1.3	2.9	8.1
\$35,000 or Higher per Year	42	6.3	1.1	4.2	8.5
Disability Status					
Living with a Disability	30	12.2	2.5	7.3	17.0
Living without a Disability	52	5.0	0.8	3.4	6.6

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	24	5.5	1.3	3.0	8.0
Obese (BMI ≥ 30)	37	10.9	2.1	6.9	14.9
Leisure Time Physical Activity					
Participates in leisure time physical activity	58	6.1	1.0	4.3	8.0
Does not participate in leisure time physical activity	20	6.4	1.7	3.1	9.7
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	66	6.6	0.9	4.8	8.4
Health Insurance Status					
Insured	80	7.1	0.9	5.3	8.9
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor they had diabetes, excluding females told only during pregnancy and pre-diabetes or borderline diabetes.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Activity Limitations Due to Physical,
Mental or Emotional Problems, 2013**

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	5,417	19.1	0.3	18.5	19.7
Wildcat Region	185	17.4	1.5	14.5	20.3
Gender					
Men	81	18.8	2.3	14.3	23.3
Women	104	16.1	1.9	12.4	19.7
Age Group					
18 to 44 Years	49	13.2	1.9	9.5	16.9
45 to 64 Years	68	23.7	3.0	17.9	29.6
65 Years and Older	66	29.9	3.4	23.2	36.6
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	180	17.8	1.5	14.8	20.8
Race					
White	164	18.3	1.6	15.1	21.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	60	22.8	3.2	16.6	29.1
Some College or College Graduate	125	15.2	1.6	12.1	18.3
Annual Household Income					
Less than \$35,000 per Year	86	23.9	2.8	18.4	29.4
\$35,000 or Higher per Year	71	11.8	1.7	8.4	15.2
Weight Category					
Normal or Underweight (BMI < 25)	58	12.5	2.0	8.6	16.3
Overweight (25 ≤ BMI < 30)	58	17.5	2.6	12.4	22.5
Obese (BMI ≥ 30)	63	27.5	3.7	20.4	34.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	118	15.9	1.7	12.6	19.2
Does not participate in leisure time physical activity	62	24.4	3.6	17.3	31.6
Smoking Status					
Current smoker	54	27.8	3.8	20.3	35.3
Non-smoker	130	13.8	1.4	11.0	16.7
Health Insurance Status					
Insured	157	16.4	1.5	13.3	19.4
Uninsured	26	23.3	4.5	14.4	32.1

Numerator: Respondents who reported they were limited in any activities because of physical, mental or emotional problems.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Reported Living with a Disability, 2013

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	6,048	21.1	0.3	20.5	21.7
Wildcat Region	201	18.8	1.5	15.8	21.8
Gender					
Men	85	20.1	2.4	15.5	24.8
Women	116	17.5	1.9	13.8	21.3
Age Group					
18 to 44 Years	51	13.9	1.9	10.1	17.7
45 to 64 Years	69	24.1	3.0	18.2	29.9
65 Years and Older	79	37.0	3.7	29.7	44.4
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	196	19.3	1.6	16.2	22.4
Race					
White	179	19.8	1.7	16.5	23.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	66	24.3	3.3	17.9	30.7
Some College or College Graduate	135	16.6	1.7	13.3	19.8
Annual Household Income					
Less than \$35,000 per Year	89	24.5	2.8	18.9	30.1
\$35,000 or Higher per Year	78	13.5	1.9	9.9	17.2
Weight Category					
Normal or Underweight (BMI < 25)	63	13.0	2.0	9.1	16.9
Overweight (25 ≤ BMI < 30)	63	18.7	2.7	13.5	23.9
Obese (BMI ≥ 30)	69	30.6	3.8	23.2	38.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	127	16.8	1.7	13.5	20.1
Does not participate in leisure time physical activity	69	27.2	3.8	19.7	34.6
Smoking Status					
Current smoker	54	27.8	3.8	20.3	35.3
Non-smoker	145	15.5	1.5	12.5	18.6
Health Insurance Status					
Insured	173	17.9	1.6	14.8	21.1
Uninsured	26	23.7	4.6	14.7	32.8

Numerator: Respondents who reported they were limited in any activities because of physical, mental or emotional problems or who reported having a health problem that requires them to use special equipment such as a cane, a wheelchair, a special bed or a special telephone.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Not Participating in the Recommended Level of Physical Activity (Aerobic and/or Strengthening), 2013

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	17,688	82.1	0.3	81.4	82.8
Wildcat Region	604	75.8	1.9	72.1	79.5
Gender					
Men	251	75.9	2.7	70.6	81.1
Women	353	75.7	2.6	70.6	80.8
Age Group					
18 to 44 Years	244	74.1	2.6	69.0	79.2
45 to 64 Years	207	79.2	2.7	73.9	84.6
65 Years and Older	152	78.4	3.2	72.0	84.7
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	577	75.2	1.9	71.4	79.0
Race					
White	530	75.2	1.9	71.4	79.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	185	83.0	3.3	76.5	89.5
Some College or College Graduate	417	72.5	2.3	68.1	77.0
Annual Household Income					
Less than \$35,000 per Year	211	76.4	3.4	69.8	83.0
\$35,000 or Higher per Year	316	73.9	2.5	68.9	78.8
Disability Status					
Living with a Disability	149	81.0	3.2	74.6	87.3
Living without a Disability	451	74.4	2.2	70.1	78.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	212	74.9	3.1	68.8	80.9
Overweight (25 ≤ BMI < 30)	191	71.2	3.4	64.6	77.9
Obese (BMI ≥ 30)	168	81.4	3.7	74.1	88.6
Smoking Status					
Current smoker	136	84.4	3.0	78.5	90.4
Non-smoker	467	72.6	2.3	68.2	77.1
Health Insurance Status					
Insured	521	74.0	2.1	70.0	78.1
Uninsured	80	84.2	4.5	75.3	93.0

Numerator: Respondents not participating in the recommended level of physical activity or participating in insufficient recommended level of physical activity for either aerobic or muscle strengthening guidelines.

Denominator: All respondents, excluding unknowns and refusals.

Not participating in the recommended level of physical activity referred to not participating in aerobic and strengthening exercises according to guidelines.

Participating in insufficient level of recommended physical activity referred to participating only in aerobic or only in strengthening exercises according to guidelines.

The aerobic guideline is defined as 150 minutes a week of moderate-intensity aerobic activity, or 75 minutes a week of vigorous-intensity aerobic activity, or an equivalent combination of moderate- and vigorous-intensity aerobic activity.

The strengthening guideline is defined as muscle-strengthening activities that involved all major muscle groups two or more times per week.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Not Participating in the Recommended Level of Physical Activity (Aerobic and Strengthening), 2013

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	8,900	42.0	0.4	41.2	42.8
Wildcat Region	307	40.7	2.1	36.5	44.9
Gender					
Men	123	37.8	3.1	31.6	43.9
Women	184	43.6	2.9	37.8	49.3
Age Group					
18 to 44 Years	130	40.2	2.9	34.4	45.9
45 to 64 Years	113	44.1	3.6	37.1	51.1
65 Years and Older	63	35.5	4.0	27.8	43.3
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	291	39.7	2.2	35.5	44.0
Race					
White	262	38.9	2.2	34.6	43.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	106	49.4	4.2	41.3	57.6
Some College or College Graduate	199	36.6	2.5	31.8	41.5
Annual Household Income					
Less than \$35,000 per Year	120	41.8	3.7	34.6	49.1
\$35,000 or Higher per Year	142	37.0	2.9	31.3	42.7
Disability Status					
Living with a Disability	80	44.6	4.6	35.6	53.5
Living without a Disability	225	39.8	2.4	35.0	44.5

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	109	39.6	3.5	32.7	46.5
Overweight (25 ≤ BMI <30)	83	33.1	3.7	25.9	40.2
Obese (BMI ≥ 30)	94	49.8	4.4	41.3	58.3
Smoking Status					
Current smoker	80	49.8	4.5	40.9	58.6
Non-smoker	226	37.4	2.4	32.7	42.1
Health Insurance Status					
Insured	257	38.6	2.3	34.1	43.0
Uninsured	47	49.6	6.0	37.8	61.3

Numerator: Respondents who did not participate in the recommended level of aerobic and strengthening exercises during the past month.

Denominator: All respondents, excluding unknowns and refusals.

The aerobic guideline is defined as 150 minutes a week of moderate-intensity aerobic activity, or 75 minutes a week of vigorous-intensity aerobic activity, or an equivalent combination of moderate- and vigorous-intensity aerobic activity.

The strengthening guideline is defined as muscle-strengthening activities that involved all major muscle groups two or more times per week.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Not Participating in Any Physical Activity Other Than Their Regular Job in the Past 30 Days (Leisure Time Physical Activity), 2013

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	6,085	26.5	0.4	25.8	27.3
Wildcat Region	202	24.5	1.9	20.8	28.2
Gender					
Men	84	25.5	2.9	19.9	31.2
Women	118	23.4	2.4	18.7	28.2
Age Group					
18 to 44 Years	66	21.7	2.6	16.7	26.8
45 to 64 Years	75	28.6	3.2	22.2	34.9
65 Years and Older	60	31.6	3.7	24.4	38.9
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	190	23.4	1.9	19.7	27.1
Race					
White	175	24.0	2.0	20.1	27.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	80	33.0	3.8	25.6	40.5
Some College or College Graduate	121	20.7	2.1	16.5	24.9
Annual Household Income					
Less than \$35,000 per Year	81	26.1	3.2	19.8	32.5
\$35,000 or Higher per Year	87	21.2	2.5	16.3	26.2
Disability Status					
Living with a Disability	69	33.9	4.3	25.5	42.3
Living without a Disability	130	21.7	2.1	17.6	25.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	73	23.1	3.0	17.1	29.1
Overweight (25 ≤ BMI < 30)	50	19.2	3.2	13.0	25.4
Obese (BMI ≥ 30)	66	32.3	4.0	24.5	40.2
Smoking Status					
Current smoker	50	32.3	4.4	23.7	40.9
Non-smoker	151	21.7	2.0	17.8	25.6
Health Insurance Status					
Insured	170	22.9	1.9	19.1	26.7
Uninsured	30	31.5	5.8	20.2	42.8

Numerator: Respondents who reported they did not participate in any physical activities or exercise, other than their regular job, in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Consuming Fruit Less than 1 Time Per Day,
2013**

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	8,400	41.7	0.4	40.9	42.6
Wildcat Region	331	45.5	2.2	41.3	49.7
Gender					
Men	180	55.9	3.2	49.7	62.1
Women	151	35.6	2.8	30.1	41.1
Age Group					
18 to 44 Years	154	47.5	3.0	41.6	53.3
45 to 64 Years	112	44.3	3.5	37.4	51.2
65 Years and Older	64	38.3	4.0	30.4	46.2
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	318	45.0	2.2	40.7	49.3
Race					
White	287	43.8	2.2	39.4	48.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	99	43.5	4.0	35.7	51.4
Some College or College Graduate	232	46.7	2.6	41.7	51.7
Annual Household Income					
Less than \$35,000 per Year	117	46.2	3.7	38.9	53.5
\$35,000 or Higher per Year	169	43.7	2.9	38.0	49.5
Disability Status					
Living with a Disability	78	46.5	4.5	37.7	55.2
Living without a Disability	250	45.2	2.4	40.4	50.0

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	109	41.0	3.5	34.1	47.9
Overweight (25 ≤ BMI < 30)	113	47.8	3.8	40.4	55.2
Obese (BMI ≥ 30)	96	51.3	4.3	43.0	59.7
Leisure Time Physical Activity					
Participates in leisure time physical activity	225	40.6	2.4	35.8	45.3
Does not participate in leisure time physical activity	103	60.8	4.3	52.4	69.2
Smoking Status					
Current smoker	83	52.6	4.5	43.9	61.4
Non-smoker	248	43.0	2.4	38.2	47.7
Health Insurance Status					
Insured	281	44.3	2.3	39.8	48.8
Uninsured	48	52.0	5.9	40.4	63.5

Numerator: Respondents who reported they consumed fruit less than 1 time per day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Consuming Vegetables Less than 1 Time
Per Day, 2013**

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	4,482	22.9	0.4	22.2	23.6
Wildcat Region	178	26.8	2.0	22.9	30.7
Gender					
Men	90	29.6	2.9	23.9	35.4
Women	88	24.0	2.7	18.8	29.3
Age Group					
18 to 44 Years	88	28.5	2.7	23.1	33.8
45 to 64 Years	56	24.3	3.3	17.9	30.8
65 Years and Older	33	21.1	3.6	14.1	28.0
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	171	27.2	2.0	23.2	31.2
Race					
White	148	24.4	2.0	20.5	28.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	59	28.5	3.8	21.0	36.0
Some College or College Graduate	117	25.8	2.3	21.3	30.4
Annual Household Income					
Less than \$35,000 per Year	75	29.3	3.4	22.6	36.0
\$35,000 or Higher per Year	72	21.5	2.6	16.4	26.6
Disability Status					
Living with a Disability	38	21.6	3.7	14.3	28.9
Living without a Disability	138	27.8	2.3	23.3	32.2

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	65	26.6	3.3	20.2	33.0
Overweight (25 ≤ BMI < 30)	58	27.6	3.5	20.7	34.6
Obese (BMI ≥ 30)	46	25.5	3.8	18.1	33.0
Leisure Time Physical Activity					
Participates in leisure time physical activity	110	23.6	2.2	19.3	28.0
Does not participate in leisure time physical activity	65	36.0	4.3	27.5	44.5
Smoking Status					
Current smoker	40	25.1	4.0	17.3	32.9
Non-smoker	138	27.4	2.3	22.9	31.9
Health Insurance Status					
Insured	159	28.0	2.2	23.7	32.2
Uninsured	17	17.8	4.4	9.2	26.3

Numerator: Respondents who reported they consumed vegetables less than 1 time per day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Lack Health Care Coverage, 2013

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,668	17.1	0.4	16.4	17.8
Wildcat Region	99	15.5	1.6	12.3	18.7
Gender					
Men	50	17.6	2.5	12.8	22.5
Women	49	13.2	2.1	9.2	17.3
Age Group					
18 to 44 Years	67	19.3	2.3	14.7	23.8
45 to 64 Years	28	11.3	2.3	6.8	15.8
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	92	15.2	1.7	12.0	18.5
Race					
White	76	13.6	1.6	10.5	16.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	46	24.0	3.4	17.3	30.8
Some College or College Graduate	53	11.8	1.8	8.4	15.3
Annual Household Income					
Less than \$35,000 per Year	65	26.7	3.3	20.3	33.2
\$35,000 or Higher per Year	20	6.1	1.5	3.2	9.0
Disability Status					
Living with a Disability	26	19.5	3.7	12.3	26.8
Living without a Disability	72	14.6	1.8	11.0	18.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	38	17.1	2.9	11.5	22.7
Overweight (25 ≤ BMI < 30)	29	13.1	2.6	8.0	18.1
Obese (BMI ≥ 30)	27	17.3	3.4	10.7	24.0
Leisure Time Physical Activity					
Participates in leisure time physical activity	64	14.1	1.8	10.6	17.6
Does not participate in leisure time physical activity	30	20.3	4.0	12.4	28.1
Smoking Status					
Current smoker	44	29.1	4.1	21.2	37.1
Non-smoker	54	10.6	1.6	7.4	13.8

Numerator: Respondents who reported they had no health care coverage.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Ages 18 to 64 Years Old Who Lack Health Care Coverage,
2013**

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,551	20.8	0.4	19.9	21.6
Wildcat Region	95	17.2	1.8	13.6	20.8
Gender					
Men	47	19.1	2.7	13.7	24.4
Women	48	15.2	2.4	10.5	19.8
Age Group					
18 to 44 Years	67	19.3	2.3	14.7	23.8
45 to 64 Years	28	11.3	2.3	6.8	15.8
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	88	17.0	1.9	13.3	20.6
Race					
White	72	15.2	1.8	11.7	18.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	43	27.7	4.0	19.8	35.5
Some College or College Graduate	52	12.9	1.9	9.1	16.7
Annual Household Income					
Less than \$35,000 per Year	61	28.6	3.6	21.6	35.6
\$35,000 or Higher per Year	20	6.9	1.7	3.7	10.2
Disability Status					
Living with a Disability	24	24.4	4.6	15.3	33.4
Living without a Disability	70	15.8	2.0	11.9	19.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	36	18.6	3.2	12.5	24.8
Overweight (25 ≤ BMI < 30)	28	14.6	2.9	8.9	20.4
Obese (BMI ≥ 30)	26	19.4	3.8	12.0	26.9
Leisure Time Physical Activity					
Participates in leisure time physical activity	63	15.6	2.0	11.7	19.5
Does not participate in leisure time physical activity	27	22.6	4.6	13.6	31.6
Smoking Status					
Current smoker	43	30.2	4.2	21.9	38.4
Non-smoker	51	12.1	1.9	8.4	15.7

Numerator: Respondents ages 18-64 years old who reported they had no health care coverage.

Denominator: All respondents ages 18-64 years old, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with No Personal Doctor or Health Care Provider, 2013

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,359	21.5	0.4	20.8	22.3
Wildcat Region	169	30.1	2.1	26.1	34.1
Gender					
Men	107	37.9	3.0	31.9	43.9
Women	62	22.0	2.7	16.7	27.2
Age Group					
18 to 44 Years	133	41.1	2.9	35.5	46.7
45 to 64 Years	25	11.0	2.4	6.3	15.7
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	153	28.5	2.1	24.4	32.6
Race					
White	134	27.7	2.1	23.5	31.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	62	36.6	3.9	28.9	44.3
Some College or College Graduate	107	27.4	2.4	22.7	32.1
Annual Household Income					
Less than \$35,000 per Year	97	44.9	3.6	37.8	52.0
\$35,000 or Higher per Year	49	18.3	2.6	13.3	23.4
Disability Status					
Living with a Disability	38	28.7	4.2	20.4	36.9
Living without a Disability	128	30.3	2.4	25.7	34.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	65	32.0	3.5	25.2	38.8
Overweight (25 ≤ BMI < 30)	53	27.7	3.4	21.0	34.5
Obese (BMI ≥ 30)	41	30.0	4.1	21.9	38.1
Leisure Time Physical Activity					
Participates in leisure time physical activity	117	28.7	2.4	24.1	33.3
Does not participate in leisure time physical activity	40	34.1	4.6	25.0	43.1
Smoking Status					
Current smoker	61	43.0	4.4	34.3	51.7
Non-smoker	104	25.4	2.3	20.9	29.9
Health Insurance Status					
Insured	113	24.1	2.1	20.0	28.2
Uninsured	55	63.6	5.4	53.1	74.1

Numerator: Respondents who reported they had no personal doctor or health care provider.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Could Not See a Doctor Because of Cost In the Past 12 Months, 2013

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,570	13.6	0.3	13.0	14.2
Wildcat Region	84	10.9	1.3	8.4	13.4
Gender					
Men	31	7.9	1.5	5.0	10.9
Women	53	14.0	2.1	9.9	18.0
Age Group					
18 to 44 Years	42	11.0	1.7	7.6	14.4
45 to 64 Years	32	13.7	2.5	8.9	18.5
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	78	10.8	1.3	8.2	13.4
Race					
White	66	10.1	1.3	7.5	12.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	32	14.9	2.8	9.5	20.3
Some College or College Graduate	52	9.2	1.4	6.4	11.9
Annual Household Income					
Less than \$35,000 per Year	61	20.7	2.8	15.3	26.2
\$35,000 or Higher per Year	19	4.3	1.1	2.3	6.4
Disability Status					
Living with a Disability	39	26.1	3.9	18.4	33.8
Living without a Disability	42	7.1	1.2	4.7	9.5

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	30	11.2	2.2	6.9	15.4
Overweight (25 ≤ BMI < 30)	20	8.5	2.1	4.4	12.6
Obese (BMI ≥ 30)	31	14.5	2.8	9.0	20.1
Leisure Time Physical Activity					
Participates in leisure time physical activity	53	9.6	1.4	6.9	12.3
Does not participate in leisure time physical activity	26	14.6	3.2	8.3	20.9
Smoking Status					
Current smoker	29	16.9	3.1	10.8	22.9
Non-smoker	53	8.6	1.4	6.0	11.3
Health Insurance Status					
Insured	44	5.6	1.0	3.7	7.4
Uninsured	40	40.3	5.6	29.3	51.2

Numerator: Respondents who reported they could not see a doctor because of cost in the past 12 months.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Fair or Poor Self-Perceived Health Status, 2013

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,911	15.4	0.3	14.8	16.0
Wildcat Region	116	10.7	1.2	8.4	13.0
Gender					
Men	51	11.6	1.8	7.9	15.2
Women	65	9.9	1.5	7.0	12.7
Age Group					
18 to 44 Years	31	8.2	1.5	5.2	11.2
45 to 64 Years	45	13.9	2.2	9.5	18.3
65 Years and Older	39	19.3	3.1	13.2	25.3
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	111	10.5	1.2	8.2	12.8
Race					
White	101	10.9	1.3	8.3	13.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	53	16.6	2.7	11.4	21.8
Some College or College Graduate	63	8.2	1.3	5.8	10.7
Annual Household Income					
Less than \$35,000 per Year	61	14.1	2.1	9.9	18.3
\$35,000 or Higher per Year	35	6.3	1.3	3.7	8.9
Disability Status					
Living with a Disability	73	34.5	4.2	26.3	42.7
Living without a Disability	42	5.5	1.0	3.5	7.5

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	41	9.1	1.7	5.7	12.4
Overweight (25 ≤ BMI < 30)	29	9.3	2.1	5.2	13.5
Obese (BMI ≥ 30)	42	<i>16.5</i>	2.9	<i>10.9</i>	<i>22.1</i>
Leisure Time Physical Activity					
Participates in leisure time physical activity	63	8.3	1.2	5.9	10.7
Does not participate in leisure time physical activity	50	<i>20.0</i>	3.3	<i>13.5</i>	<i>26.6</i>
Smoking Status					
Current smoker	32	<i>17.2</i>	3.3	<i>10.7</i>	<i>23.7</i>
Non-smoker	83	8.6	1.1	6.5	10.8
Health Insurance Status					
Insured	101	10.1	1.2	7.7	12.4
Uninsured	14	<i>14.2</i>	4.0	<i>6.4</i>	<i>22.0</i>

Numerator: Respondents who reported that in general their health is fair or poor.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Reported Their Physical Health Was Not Good on 14 or More Days in the Past 30 Days, 2013

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,773	10.5	0.2	10.0	11.0
Wildcat Region	88	8.9	1.1	6.7	11.1
Gender					
Men	31	7.6	1.5	4.6	10.6
Women	57	10.2	1.6	7.0	13.4
Age Group					
18 to 44 Years	28	7.2	1.4	4.4	9.9
45 to 64 Years	29	10.5	2.2	6.1	14.9
65 Years and Older	28	12.4	2.4	7.6	17.2
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	84	8.8	1.1	6.5	11.0
Race					
White	74	8.8	1.2	6.4	11.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	40	14.1	2.6	9.1	19.2
Some College or College Graduate	47	6.2	1.1	4.1	8.4
Annual Household Income					
Less than \$35,000 per Year	45	10.9	1.9	7.2	14.7
\$35,000 or Higher per Year	28	6.8	1.5	3.8	9.8
Disability Status					
Living with a Disability	56	27.1	4.0	19.3	34.8
Living without a Disability	32	5.0	1.0	3.0	6.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	37	9.6	1.8	6.1	13.2
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	30	14.2	3.0	8.3	20.1
Leisure Time Physical Activity					
Participates in leisure time physical activity	49	7.1	1.2	4.7	9.5
Does not participate in leisure time physical activity	34	14.4	2.8	8.8	19.9
Smoking Status					
Current smoker	23	10.7	2.5	5.8	15.6
Non-smoker	64	8.2	1.2	5.8	10.6
Health Insurance Status					
Insured	77	9.1	1.2	6.6	11.5
Uninsured	*	*	*	*	*

Numerator: Respondents who reported 14 or more days when their physical health was not good in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Their Mental Health Was Not Good on 14
or More Days in the Past 30 Days, 2013**

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,075	9.7	0.3	9.2	10.2
Wildcat Region	97	13.1	1.5	10.2	16.0
Gender					
Men	36	10.8	2.0	7.0	14.7
Women	61	15.4	2.2	11.0	19.7
Age Group					
18 to 44 Years	52	14.7	2.1	10.6	18.7
45 to 64 Years	33	13.2	2.5	8.3	18.1
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	92	13.1	1.5	10.1	16.2
Race					
White	81	11.8	1.5	9.0	14.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	37	18.8	3.3	12.5	25.2
Some College or College Graduate	60	10.6	1.6	7.5	13.7
Annual Household Income					
Less than \$35,000 per Year	45	17.9	2.8	12.3	23.4
\$35,000 or Higher per Year	39	9.4	1.8	5.9	13.0
Disability Status					
Living with a Disability	40	25.2	4.1	17.1	33.3
Living without a Disability	55	10.3	1.6	7.3	13.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	38	12.7	2.3	8.1	17.2
Overweight (25 ≤ BMI < 30)	28	12.7	2.7	7.4	18.0
Obese (BMI ≥ 30)	28	15.3	3.2	9.1	21.5
Leisure Time Physical Activity					
Participates in leisure time physical activity	58	10.6	1.6	7.5	13.7
Does not participate in leisure time physical activity	33	19.0	3.6	11.9	26.0
Smoking Status					
Current smoker	36	23.1	3.8	15.7	30.5
Non-smoker	61	9.9	1.5	6.9	12.9
Health Insurance Status					
Insured	78	11.5	1.5	8.5	14.4
Uninsured	19	22.4	5.0	12.7	32.1

Numerator: Respondents who reported 14 or more days when their mental health was not good in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Reported Their Poor Physical or Mental Health Kept Them From Doing Their Usual Activities, such as Self-care, Work or Recreation in the Past 30 Days, 2013

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	4,563	39.3	0.6	38.1	40.4
Wildcat Region	180	38.7	2.8	33.2	44.2
Gender					
Men	72	41.7	4.4	33.1	50.3
Women	108	36.2	3.6	29.2	43.3
Age Group					
18 to 44 Years	73	37.7	3.8	30.2	45.1
45 to 64 Years	61	40.7	4.6	31.7	49.7
65 Years and Older	44	44.6	5.7	33.3	55.8
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	172	37.9	2.9	32.3	43.5
Race					
White	155	37.5	2.9	31.8	43.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	64	48.5	5.4	37.9	59.1
Some College or College Graduate	116	34.4	3.2	28.2	40.6
Annual Household Income					
Less than \$35,000 per Year	71	38.1	4.4	29.5	46.7
\$35,000 or Higher per Year	81	40.3	4.2	32.1	48.6
Disability Status					
Living with a Disability	92	66.1	4.8	56.7	75.5
Living without a Disability	87	28.7	3.2	22.4	34.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	70	38.6	4.5	29.8	47.5
Overweight (25 ≤ BMI < 30)	47	34.0	5.1	24.0	43.9
Obese (BMI ≥ 30)	56	45.2	5.4	34.6	55.9
Leisure Time Physical Activity					
Participates in leisure time physical activity	120	36.6	3.3	30.2	43.0
Does not participate in leisure time physical activity	51	43.1	5.9	31.6	54.6
Smoking Status					
Current smoker	46	39.6	5.4	29.1	50.1
Non-smoker	132	37.7	3.3	31.3	44.2
Health Insurance Status					
Insured	153	38.9	3.1	32.8	45.0
Uninsured	25	38.4	6.7	25.1	51.6

Numerator: Respondents who reported one or more days in the past 30 days when their poor physical or mental health kept them from doing their usual activities, such as self-care, work or recreation.

Denominator: Respondents with at least one day in the past 30 days when their physical or mental health was not good, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Ages 18 Years and Older Who Did Not Get Immunized
Against Influenza During the Past 12 Months, 2013**

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	11,185	57.8	0.4	57.0	58.6
Wildcat Region	405	58.0	2.1	53.9	62.1
Gender					
Men	183	60.4	3.1	54.4	66.4
Women	222	55.6	2.8	50.0	61.2
Age Group					
18 to 44 Years	206	64.7	2.8	59.3	70.2
45 to 64 Years	134	51.6	3.5	44.7	58.4
65 Years and Older	63	31.6	3.7	24.4	38.8
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	384	57.6	2.1	53.4	61.7
Race					
White	349	56.6	2.2	52.3	60.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	129	67.1	3.7	60.0	74.3
Some College or College Graduate	275	53.9	2.5	48.9	58.8
Annual Household Income					
Less than \$35,000 per Year	162	68.4	3.4	61.8	75.0
\$35,000 or Higher per Year	188	48.5	2.9	42.8	54.3
Disability Status					
Living with a Disability	85	52.5	4.4	43.9	61.2
Living without a Disability	318	59.1	2.4	54.4	63.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	154	60.9	3.4	54.3	67.5
Overweight (25 ≤ BMI < 30)	131	54.4	3.7	47.1	61.6
Obese (BMI ≥ 30)	95	55.9	4.2	47.7	64.2
Leisure Time Physical Activity					
Participates in leisure time physical activity	293	55.7	2.4	50.9	60.4
Does not participate in leisure time physical activity	111	65.0	4.1	57.0	73.0
Smoking Status					
Current smoker	98	63.7	4.3	55.3	72.1
Non-smoker	305	55.8	2.4	51.1	60.5
Health Insurance Status					
Insured	334	55.1	2.3	50.7	59.5
Uninsured	70	75.2	5.1	65.2	85.2

Numerator: Respondents who reported they did not get a flu shot or flu vaccine sprayed in their nose during the past 12 months.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults 65 Years Old and Older Who Did Not Get Immunized
Against Influenza During the Past 12 Months, 2013**

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,547	35.2	0.6	33.9	36.4
Wildcat Region	63	31.6	3.7	24.4	38.8
Gender					
Men	25	33.5	6.1	21.4	45.5
Women	38	30.3	4.5	21.5	39.2
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	60	30.0	3.6	22.9	37.1
Race					
White	57	30.6	3.8	23.2	37.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	30	45.1	6.7	32.0	58.2
Some College or College Graduate	33	22.7	3.8	15.2	30.2
Annual Household Income					
Less than \$35,000 per Year	24	44.3	7.3	30.1	58.6
\$35,000 or Higher per Year	29	24.9	4.4	16.2	33.6
Disability Status					
Living with a Disability	22	23.7	5.1	13.6	33.7
Living without a Disability	41	37.0	4.9	27.3	46.6
Weight Category					
Normal or Underweight (BMI < 25)	29	43.4	6.5	30.7	56.0
Overweight (25 ≤ BMI < 30)	23	28.4	5.7	17.3	39.6
Obese (BMI ≥ 30)	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	41	29.4	4.3	20.9	37.9
Does not participate in leisure time physical activity	22	36.9	6.9	23.4	50.4
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	52	28.5	3.7	21.3	35.8
Health Insurance Status					
Insured	60	30.6	3.7	23.4	37.8
Uninsured	*	*	*	*	*

Numerator: Respondents 65 years old and older who reported they did not receive a flu shot or flu vaccine sprayed in their nose during the past 12 months.

Denominator: All respondents 65 years old and older, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults 65 Years Old and Older Who Never Had Pneumonia
Vaccination, 2013**

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,063	30.0	0.6	28.7	31.2
Wildcat Region	54	27.5	3.6	20.5	34.5
Gender					
Men	22	33.1	6.3	20.8	45.4
Women	32	23.6	4.1	15.6	31.6
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	52	26.5	3.5	19.6	33.5
Race					
White	48	25.0	3.5	18.1	32.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	22	35.0	6.6	22.1	47.9
Some College or College Graduate	32	22.7	3.9	15.1	30.3
Annual Household Income					
Less than \$35,000 per Year	19	37.1	7.4	22.7	51.5
\$35,000 or Higher per Year	26	22.7	4.3	14.3	31.2
Disability Status					
Living with a Disability	15	19.3	5.1	9.3	29.3
Living without a Disability	39	32.7	4.8	23.3	42.0
Weight Category					
Normal or Underweight (BMI < 25)	24	32.7	6.2	20.6	44.9
Overweight (25 ≤ BMI < 30)	18	22.9	5.2	12.7	33.0
Obese (BMI ≥ 30)	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	39	27.7	4.3	19.3	36.2
Does not participate in leisure time physical activity	15	27.4	6.4	14.9	40.0
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	44	24.4	3.5	17.5	31.2
Health Insurance Status					
Insured	52	27.2	3.6	20.2	34.3
Uninsured	*	*	*	*	*

Numerator: Respondents 65 years old and older who reported they never had a pneumonia vaccination.

Denominator: All respondents 65 years old and older, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported That They Do Not Always Wear a Seatbelt
When They Drive or Ride in a Car, 2013**

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,359	17.0	0.3	16.3	17.6
Wildcat Region	113	16.2	1.6	12.9	19.4
Gender					
Men	64	20.4	2.6	15.3	25.5
Women	49	12.0	2.0	8.1	15.9
Age Group					
18 to 44 Years	54	17.7	2.3	13.1	22.2
45 to 64 Years	34	13.1	2.4	8.4	17.8
65 Years and Older	25	14.3	2.8	8.8	19.9
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	109	16.4	1.7	13.1	19.8
Race					
White	95	16.0	1.7	12.6	19.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	34	16.1	3.0	10.1	22.0
Some College or College Graduate	78	16.2	2.0	12.3	20.0
Annual Household Income					
Less than \$35,000 per Year	44	17.7	2.8	12.1	23.3
\$35,000 or Higher per Year	56	15.4	2.3	10.9	20.0
Disability Status					
Living with a Disability	28	17.9	3.7	10.7	25.0
Living without a Disability	84	15.5	1.8	11.9	19.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	32	13.0	2.6	7.9	18.1
Overweight (25 ≤ BMI < 30)	33	15.2	2.8	9.6	20.7
Obese (BMI ≥ 30)	43	22.9	3.7	15.7	30.1
Leisure Time Physical Activity					
Participates in leisure time physical activity	81	15.5	1.9	11.9	19.2
Does not participate in leisure time physical activity	31	18.0	3.6	11.0	25.0
Smoking Status					
Current smoker	37	24.7	4.0	16.8	32.5
Non-smoker	76	13.2	1.7	9.9	16.5
Health Insurance Status					
Insured	89	14.3	1.7	11.0	17.7
Uninsured	22	24.8	5.0	14.9	34.6

Respondents who reported they nearly always, sometimes, seldom or never use a seatbelt when they ride or drive in a car.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Currently Smoke Cigarettes, 2013

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,865	20.0	0.4	19.3	20.7
Wildcat Region	175	26.3	1.9	22.5	30.2
Gender					
Men	94	32.0	3.0	26.1	37.9
Women	81	20.7	2.4	16.0	25.4
Age Group					
18 to 44 Years	96	29.6	2.7	24.4	34.9
45 to 64 Years	58	25.6	3.3	19.3	32.0
65 Years and Older	20	8.7	2.2	4.4	12.9
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	167	25.8	2.0	22.0	29.7
Race					
White	147	25.3	2.0	21.4	29.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	72	36.5	3.9	28.9	44.2
Some College or College Graduate	103	22.0	2.2	17.7	26.4
Annual Household Income					
Less than \$35,000 per Year	82	32.6	3.4	25.9	39.3
\$35,000 or Higher per Year	67	20.5	2.6	15.4	25.6
Disability Status					
Living with a Disability	54	38.8	4.5	30.0	47.6
Living without a Disability	120	23.3	2.1	19.1	27.5

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	72	26.2	3.1	20.0	32.3
Overweight (25 ≤ BMI < 30)	49	23.7	3.4	17.1	30.3
Obese (BMI ≥ 30)	46	30.2	4.1	22.3	38.2
Leisure Time Physical Activity					
Participates in leisure time physical activity	118	23.5	2.1	19.4	27.7
Does not participate in leisure time physical activity	50	34.6	4.5	25.7	43.4
Health Insurance Status					
Insured	131	22.2	2.0	18.3	26.1
Uninsured	44	49.7	5.8	38.3	61.2

Numerator: Respondents who reported they have smoked at least 100 cigarettes in their entire life and that they now smoke some days or every day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Stopped Smoking for One Day or Longer Because
They Were Trying to Quit Smoking, 2013**

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,063	56.5	1.0	54.5	58.4
Wildcat Region	87	54.6	4.4	46.0	63.2
Gender					
Men	48	57.2	5.8	45.8	68.5
Women	39	50.7	6.6	37.8	63.6
Age Group					
18 to 44 Years	53	56.0	5.4	45.3	66.6
45 to 64 Years	30	56.3	7.4	41.7	70.8
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	83	55.5	4.5	46.8	64.2
Race					
White	72	54.4	4.7	45.2	63.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	40	61.9	6.5	49.3	74.6
Some College or College Graduate	47	49.3	5.8	37.9	60.7
Annual Household Income					
Less than \$35,000 per Year	43	56.4	6.3	44.0	68.9
\$35,000 or Higher per Year	29	51.3	7.4	36.9	65.7
Disability Status					
Living with a Disability	28	59.5	7.7	44.4	74.5
Living without a Disability	58	52.1	5.3	41.6	62.5

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	38	63.9	6.4	51.3	76.5
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	58	54.1	5.2	44.0	64.3
Does not participate in leisure time physical activity	25	58.3	8.2	42.2	74.4
Health Insurance Status					
Insured	59	50.3	5.2	40.0	60.5
Uninsured	*	*	*	*	*

Numerator: Current smokers who stopped smoking for one day or longer because they were trying to quit smoking.

Denominator: Current smokers, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Currently Use Any Smokeless Tobacco Products, 2013

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	961	5.5	0.2	5.1	5.9
Wildcat Region	47	8.4	1.3	5.8	11.0
Gender					
Men	46	16.6	2.5	11.8	21.5
Women	*	*	*	*	*
Age Group					
18 to 44 Years	31	10.5	1.9	6.8	14.2
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	45	8.3	1.3	5.7	11.0
Race					
White	42	9.0	1.4	6.2	11.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	16	9.7	2.5	4.7	14.6
Some College or College Graduate	31	7.9	1.5	4.9	10.9
Annual Household Income					
Less than \$35,000 per Year	18	9.4	2.3	4.8	13.9
\$35,000 or Higher per Year	26	9.0	1.9	5.3	12.7
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	35	8.7	1.5	5.7	11.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	17	9.8	2.4	5.1	14.6
Overweight (25 ≤ BMI < 30)	16	8.6	2.3	4.1	13.2
Obese (BMI ≥ 30)	14	7.9	2.3	3.4	12.3
Leisure Time Physical Activity					
Participates in leisure time physical activity	36	8.5	1.5	5.6	11.3
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	14	11.5	3.2	5.2	17.8
Non-smoker	33	7.3	1.4	4.7	10.0
Health Insurance Status					
Insured	41	8.3	1.4	5.6	11.0
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they currently use chewing tobacco, snuff or snus (Swedish for snuff) some days or every day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Men Who Currently Use Any Smokeless Tobacco Products, 2013

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	866	10.4	0.4	9.6	11.2
Wildcat Region	46	16.6	2.5	11.8	21.5
Age Group					
18 to 44 Years	30	20.0	3.4	13.3	26.7
45 to 64 Years	12	10.9	3.2	4.6	17.2
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	44	16.6	2.5	11.6	21.6
Race					
White	41	17.5	2.6	12.3	22.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	16	18.9	4.7	9.7	28.0
Some College or College Graduate	30	15.8	2.9	10.0	21.5
Annual Household Income					
Less than \$35,000 per Year	17	19.0	4.5	10.2	27.8
\$35,000 or Higher per Year	26	17.1	3.4	10.4	23.7
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	35	17.7	2.9	12.0	23.4
Weight Category					
Normal or Underweight (BMI < 25)	17	21.4	4.9	11.8	31.0
Overweight (25 ≤ BMI < 30)	16	15.1	3.9	7.5	22.7
Obese (BMI ≥ 30)	13	14.3	4.1	6.2	22.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	36	17.3	2.8	11.7	22.8
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	14	18.9	5.0	9.1	28.8
Non-smoker	32	15.6	2.8	10.2	21.1
Health Insurance Status					
Insured	40	16.7	2.7	11.5	21.9
Uninsured	*	*	*	*	*

Numerator: Male respondents who reported they currently use chewing tobacco, snuff or snus (Swedish for snuff) some days or every day.

Denominator: All male respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Ever Served on Active Duty in the United States
Armed Forces, 2013**

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,022	12.0	0.3	11.5	12.5
Wildcat Region	155	19.6	1.7	16.3	23.0
Gender					
Men	129	30.5	2.8	25.1	35.9
Women	26	8.4	1.8	4.9	12.0
Age Group					
18 to 44 Years	60	18.4	2.3	13.9	23.0
45 to 64 Years	45	19.0	2.8	13.5	24.4
65 Years and Older	48	27.0	3.5	20.1	33.9
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	151	20.3	1.8	16.8	23.8
Race					
White	131	17.4	1.6	14.2	20.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	41	21.8	3.4	15.0	28.5
Some College or College Graduate	113	18.5	1.9	14.8	22.3
Annual Household Income					
Less than \$35,000 per Year	50	19.4	2.9	13.7	25.1
\$35,000 or Higher per Year	88	21.1	2.4	16.3	25.8
Disability Status					
Living with a Disability	48	30.3	4.2	22.0	38.6
Living without a Disability	104	16.9	1.8	13.3	20.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	38	14.6	2.6	9.5	19.6
Overweight (25 ≤ BMI < 30)	67	22.5	3.0	16.7	28.4
Obese (BMI ≥ 30)	47	25.9	3.8	18.4	33.4
Leisure Time Physical Activity					
Participates in leisure time physical activity	111	19.3	2.0	15.4	23.2
Does not participate in leisure time physical activity	31	17.7	3.5	10.9	24.6
Smoking Status					
Current smoker	43	25.9	3.9	18.3	33.5
Non-smoker	108	16.8	1.8	13.3	20.4
Health Insurance Status					
Insured	142	20.7	1.9	17.0	24.3
Uninsured	12	14.5	4.3	6.1	22.8

Numerator: Respondents who reported that they served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Are Obese, 2013

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	6,656	30.0	0.4	29.2	30.7
Wildcat Region	214	25.6	1.9	22.0	29.2
Gender					
Men	101	26.0	2.6	20.8	31.2
Women	113	25.1	2.6	20.0	30.2
Age Group					
18 to 44 Years	80	23.0	2.5	18.1	27.9
45 to 64 Years	86	32.4	3.3	25.8	38.9
65 Years and Older	48	26.8	3.6	19.7	33.8
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	206	25.2	1.9	21.5	28.9
Race					
White	183	25.0	1.9	21.2	28.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	68	29.1	3.6	22.1	36.2
Some College or College Graduate	146	24.1	2.2	19.8	28.3
Annual Household Income					
Less than \$35,000 per Year	78	28.5	3.3	22.1	35.0
\$35,000 or Higher per Year	111	23.4	2.4	18.6	28.1
Disability Status					
Living with a Disability	69	40.6	4.5	31.9	49.3
Living without a Disability	143	22.5	2.0	18.5	26.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	140	23.2	2.1	19.0	27.3
Does not participate in leisure time physical activity	66	34.8	4.3	26.3	43.3
Smoking Status					
Current smoker	46	29.7	4.1	21.6	37.8
Non-smoker	166	24.5	2.1	20.4	28.6
Health Insurance Status					
Insured	187	25.3	2.0	21.4	29.1
Uninsured	27	28.4	5.3	18.0	38.8

Numerator: Respondents with a body mass index greater than or equal to 30, based on self-reported height and weight.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Are Overweight or Obese, 2013

Wildcat Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	14,533	65.3	0.4	64.5	66.1
Wildcat Region	506	61.7	2.1	57.6	65.8
Gender					
Men	252	66.2	2.9	60.4	72.0
Women	254	56.8	3.0	51.0	62.6
Age Group					
18 to 44 Years	190	57.1	2.9	51.4	62.8
45 to 64 Years	188	72.7	2.9	67.0	78.4
65 Years and Older	127	65.3	3.6	58.3	72.4
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	487	61.2	2.1	56.9	65.4
Race					
White	442	60.0	2.2	55.6	64.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	137	62.8	3.9	55.1	70.4
Some College or College Graduate	368	61.2	2.5	56.4	66.1
Annual Household Income					
Less than \$35,000 per Year	159	59.2	3.6	52.1	66.3
\$35,000 or Higher per Year	284	64.4	2.8	58.9	69.8
Disability Status					
Living with a Disability	132	74.8	3.6	67.7	81.8
Living without a Disability	367	58.8	2.4	54.0	63.6

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	362	60.4	2.4	55.6	65.1
Does not participate in leisure time physical activity	116	62.6	4.5	53.7	71.4
Smoking Status					
Current smoker	95	61.6	4.3	53.1	70.1
Non-smoker	401	61.3	2.4	56.6	66.0
Health Insurance Status					
Insured	447	62.1	2.2	57.7	66.5
Uninsured	56	58.1	5.9	46.6	69.7

Numerator: Respondents with a body mass index greater than or equal to 25, based on self-reported height and weight.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Technical Notes

The 2013 BRFSS data for your county/region on 42 health risk indicators, analyzed by various subpopulation groups (e.g. gender, age group, ethnicity, etc.), are included in this report. The indicators are summarized in tables that show:

- Unweighted Frequency: the number of respondents who reported the risk behavior
- Weighted Percentage: the prevalence estimate for the risk behavior within a particular subpopulation group category
- Standard Error: used to compute the 95% confidence limits
- Lower and upper 95% confidence limits

Prevalence estimates vary in precision depending on sample size. One way of describing the precision of an estimate is the margin of error, which is the half-width of the confidence interval. When the sample size is large for a particular subpopulation group, the corresponding margin of error for an estimate is small. When the sample size is small for a particular subpopulation group, the corresponding margin of error for an estimate is large. Large margins of error (i.e. >5) indicate that an estimate may be less precise. Prevalence estimates that have a margin of error >5 are *italicized* in this report and should be interpreted with caution.

To determine whether two weighted percentages are significantly different from one another, the reader must compare the confidence intervals. Confidence intervals which do not overlap indicate a statistically significant difference between the two prevalence estimates while overlapping confidence intervals indicate that two estimates are not statistically different from one another. It is incorrect to say two estimates are different if their confidence limits overlap.

Estimates have been censored with an asterisk ("*") when the sample size was inadequate and/or when the estimates were statistically unreliable. Specifically, estimates were censored when any of the following conditions were met:

- the numerator of the indicator is less than 5
- the denominator of the indicator is less than 50
- the relative standard error (RSE) is 30 percent or higher

RSE is obtained by dividing the standard error of the estimate by the estimate itself, then multiplying that result by 100 to be expressed as a percent.

2011 BRFSS data represent a new baseline for public health surveillance. Due to changes in BRFSS survey methodology, the BRFSS estimates for 2011 and subsequent years cannot be compared to estimates from the years prior to 2011.

For more information on changes to the Kansas BRFSS survey methodology beginning in 2011, please visit: <http://www.kdheks.gov/brfss/newmethod.html>

For more detailed technical notes on the Kansas BRFSS, please visit: <http://www.kdheks.gov/brfss/technotes.html>