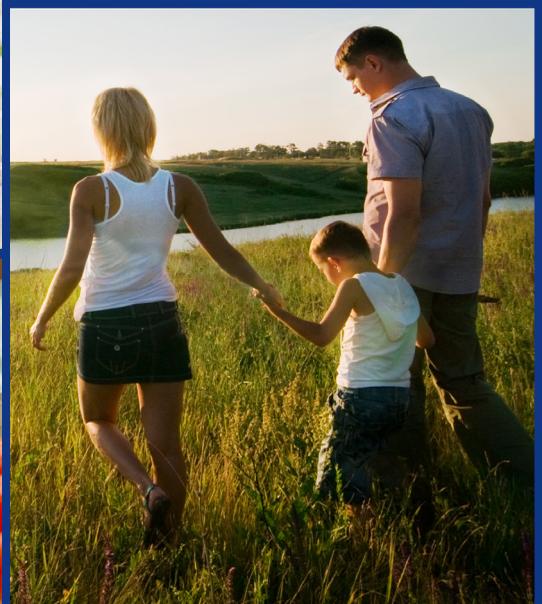


2013 Kansas Behavioral Risk Factor Surveillance System Local Data

Southwest Surveillance Region



November 2014

2013 Kansas Behavioral Risk Factor Surveillance System Local Data

State of Kansas
Sam Brownback, Governor

Kansas Department of Health and Environment
Dr. Robert Moser, Secretary and State Health Officer

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Project Funding:
Partial funding for the 2013 Behavioral Risk Factor Survey was provided by cooperative agreement 5U58SO000008-03 from the Centers for Disease Control and Prevention, Atlanta GA and by Kansas Health Foundation 200804006-01, Wichita, KS.

**Kansas Department of Health and Environment
Bureau of Health Promotion
November 2014**

Kansas Department of Health and Environment (KDHE)

Mission

To protect and improve the health and environment of all Kansans

Vision

Healthy Kansans living in safe and sustainable environments

www.kdheks.gov

Foreword

The Behavioral Risk Factor Surveillance System (BRFSS) is the world's largest, annual population-based telephone survey system, tracking health conditions and risk behaviors in the U.S. It is coordinated by the Centers for Disease Control and Prevention (CDC) and is conducted in every state and several territories.

BRFSS allows us to perform a critical public health function of assessing population health and identifying issues critically important to public health and population health management. BRFSS provides data on a wide range of health issues including information related to access to health care, chronic and infectious diseases, clinical preventive services, environmental quality, infant and child health, injury and violence, maternal health, mental health, nutrition, physical activity, obesity, oral health, reproductive and sexual health, substance abuse and tobacco use.

Prior to 2009, the sample size for the Kansas survey was sufficient to produce state level estimates of health risk behaviors. Beginning in 2009, the Kansas BRFSS was expanded in response to demand from local health officials for local level health risk behavior data for a 10-year project. The survey now collects adequate sample data during odd years (2009, 2011, 2013, 2015 and 2017) to provide local level estimates by county or region for these years. By the conclusion of the 10-year project, most Kansas counties will have county-specific data for use in estimating trends in selected health indicators from 2011 forward. Data from 2011 onward cannot be compared to previous years as the BRFSS data collection and analysis methods changed beginning in 2011.

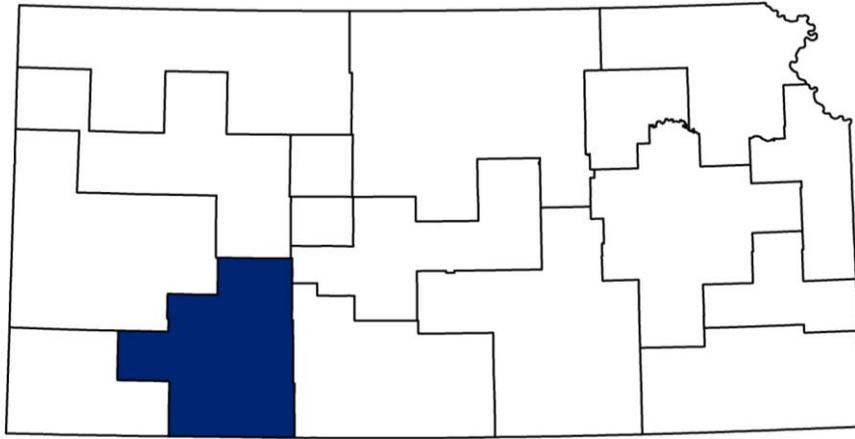
During the 2013 survey year, data were collected from more than 20,000 adult Kansans, providing estimates for 42 of the state's 105 counties and for 16 Public Health Preparedness Regions, with data for 42 health risk indicators analyzed at the county or regional level.

BRFSS data help public health professionals measure Kansans health behaviors, conditions and concerns at the state and the local level. These data are important when we consider where to focus our public health efforts and to help us emphasize the benefits of prevention.

Sincerely,

A handwritten signature in blue ink that reads "Robert Moser".

Robert Moser, MD
Secretary and State Health Officer
Kansas Department of Health and Environment



The Southwest Surveillance Region comprises the following counties:
Clark, Ford, Gray, Haskell, Hodgeman, Meade

Kansas Behavioral Risk Factor Surveillance System – Local Data, 2013 can also be accessed at <http://www.kdheks.gov/brfss/>

If you have any questions about survey methodology or need assistance interpreting the data, please contact:

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Table of Contents

Alcohol Consumption	
Binge Drinking.....	1
Arthritis	
Arthritis	3
Activity Limitation Due to Arthritis	5
Asthma	7
Cancer	
Cancer (Excluding Skin Cancer)	9
Skin Cancer	11
Cardiovascular Health	
Heart Attack	13
Coronary Heart Disease	15
High Blood Pressure	17
Cholesterol	
Not Checked Cholesterol within Five Years	19
High Blood Cholesterol Status.....	21
Chronic Obstructive Pulmonary Disease (COPD)	23
Depressive Disorder	25
Diabetes	27
Disability	
Activity Limitation Due to Physical, Mental or Emotional Problems	29
Disability	31
Exercise and Physical Activity	
Not Participating in the Recommended Level of Physical Activity (Aerobic AND/OR Strengthening)	33
Did Not Participate in the Recommended Level of Aerobic AND Strengthening Physical Activity.....	35
Not Participating in Any Physical Activity	37

Fruits and Vegetable Consumption

Consuming Fruits Less than 1 Time Per Day	39
Consuming Vegetables Less than 1 Time Per Day.....	41

Health Care Access

Lack of Health Care Coverage.....	43
Lack of Health Care Coverage 18 to 64 Years Old Only	45
No Personal Doctor	47
Did Not See Doctor Due to Cost.....	49

General Health

51

Healthy Days - Health Related Quality of Life

Physical Health Status.....	53
Mental Health Status	55
Poor Physical or Mental Health is Barrier to Usual Activities.....	57

Immunization

Not Immunized Against Influenza.....	59
Not Immunized Against Influenza 65 Years and Older Only	61
Never Had Pneumonia Vaccination 65 Years and Older Only	63

Seatbelt Use.....

65

Tobacco Use

Current Smoker	67
Tried Quitting Smoking	69
Smokeless Tobacco Use	71
Male Smokeless Tobacco Use	73

Veteran Status

75

Weight Status (BMI Categories)

Obese.....	77
Overweight or Obese	79

Technical Notes.....

81

Unpublished Tables - The following data tables are not published due to insufficient sample and/or statistically unreliable estimates for the Southwest Surveillance Region: Heavy Drinking and Stroke.

Percentage of Adults Who Are Binge Drinkers, 2013

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,583	15.4	0.3	14.7	16.0
Southwest Surveillance Region	28	11.2	2.4	6.4	16.0
Gender					
Men	18	17.7	4.5	8.8	26.6
Women	*	*	*	*	*
Age Group					
18 to 44 Years	18	17.0	4.4	8.4	25.6
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	20	8.0	1.9	4.2	11.8
Race					
White	20	6.8	1.7	3.6	10.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	16	10.3	2.8	4.9	15.8
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	15	10.7	3.0	4.9	16.6
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	25	12.8	2.9	7.1	18.5

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	14	12.8	3.7	5.5	20.0
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	20	12.8	3.2	6.6	19.1
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	11	26.3	7.7	11.3	41.4
Non-smoker	17	7.0	2.1	2.9	11.1
Health Insurance Status					
Insured	23	11.5	2.8	6.1	17.0
Uninsured	*	*	*	*	*

Numerator: Male respondents who reported having five or more drinks on one occasion in the past 30 days or female respondents who reported having four or more drinks on one occasion in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Doctor Diagnosed Arthritis, 2013

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	7,380	23.9	0.3	23.3	24.5
Southwest Surveillance Region	88	16.9	2.1	12.8	20.9
Gender					
Men	30	14.4	3.1	8.4	20.4
Women	58	19.3	2.8	13.9	24.8
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	33	25.6	4.5	16.8	34.3
65 Years and Older	51	46.8	5.7	35.7	58.0
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	82	23.3	2.8	17.8	28.9
Race					
White	80	19.7	2.5	14.7	24.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	36	12.9	2.5	8.0	17.9
Some College or College Graduate	52	22.2	3.4	15.6	28.8
Annual Household Income					
Less than \$35,000 per Year	42	17.7	3.3	11.2	24.3
\$35,000 or Higher per Year	35	17.5	3.3	11.2	23.9
Disability Status					
Living with a Disability	46	49.1	6.9	35.7	62.6
Living without a Disability	40	10.4	1.9	6.7	14.2

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	18	15.2	4.0	7.3	23.0
Overweight (25 ≤ BMI < 30)	30	15.9	3.5	9.1	22.7
Obese (BMI ≥ 30)	31	19.5	4.0	11.6	27.4
Leisure Time Physical Activity					
Participates in leisure time physical activity	55	17.3	2.7	12.1	22.6
Does not participate in leisure time physical activity	28	17.2	3.8	9.7	24.6
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	75	18.5	2.4	13.7	23.3
Health Insurance Status					
Insured	81	20.1	2.5	15.1	25.1
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor or other health professional that they have some form of arthritis, rheumatoid arthritis, gout, lupus or fibromyalgia.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Doctor Diagnosed Arthritis Who Are Limited in Their Usual Activities Because of Arthritis or Joint Symptoms, 2013

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,286	46.4	0.7	45.0	47.9
Southwest Surveillance Region	33	44.9	6.7	31.7	58.0
Gender					
Men	*	*	*	*	*
Women	23	48.2	7.9	32.7	63.7
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	31	43.0	6.8	29.7	56.4
Race					
White	30	44.2	7.1	30.3	58.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	19	42.4	8.2	26.4	58.4
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	26	39.6	7.2	25.5	53.7
Health Insurance Status					
Insured	30	45.6	7.1	31.8	59.4
Uninsured	*	*	*	*	*

Numerator: Respondents who reported any limitation in their usual activities because of arthritis or joint symptoms.

Denominator: Respondents with doctor, nurse or other health professional diagnosed arthritis, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Current Asthma, 2013

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,072	8.9	0.2	8.4	9.3
Southwest Surveillance Region	25	6.8	1.7	3.4	10.2
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	21	7.4	1.9	3.7	11.2
Race					
White	21	6.3	1.6	3.1	9.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	19	9.6	2.7	4.4	14.8
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	19	5.4	1.5	2.5	8.3
Health Insurance Status					
Insured	23	8.2	2.2	3.9	12.5
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they had asthma and that they currently have asthma.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Have Been Diagnosed With Cancer (Excluding Skin Cancer), 2013

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,256	6.8	0.2	6.5	7.1
Southwest Surveillance Region	36	6.6	1.2	4.2	9.0
Gender					
Men	*	*	*	*	*
Women	22	7.6	1.8	4.1	11.0
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	12	8.9	2.6	3.7	14.0
65 Years and Older	22	18.8	4.0	11.0	26.7
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	36	10.1	1.8	6.5	13.7
Race					
White	35	8.3	1.6	5.3	11.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	17	6.6	1.8	3.1	10.1
Some College or College Graduate	19	6.5	1.6	3.4	9.7
Annual Household Income					
Less than \$35,000 per Year	17	7.4	1.9	3.6	11.2
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	17	17.3	4.5	8.5	26.0
Living without a Disability	18	4.1	1.0	2.1	6.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	16	7.8	2.2	3.5	12.0
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	22	5.6	1.3	3.1	8.2
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	30	7.0	1.4	4.3	9.7
Health Insurance Status					
Insured	34	7.9	1.5	5.0	10.8
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they had cancer (excluding skin cancer).

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Have Been Diagnosed With Skin Cancer, 2013

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,157	6.3	0.2	6.0	6.6
Southwest Surveillance Region	34	5.7	1.1	3.6	7.9
Gender					
Men	19	7.1	1.8	3.5	10.7
Women	15	4.3	1.2	2.0	6.6
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	25	25.1	4.9	15.5	34.7
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	34	8.7	1.6	5.5	11.9
Race					
White	34	7.4	1.4	4.7	10.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	15	4.8	1.4	2.0	7.6
Some College or College Graduate	19	7.0	1.7	3.7	10.2
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	16	6.0	1.6	2.9	9.1
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	23	4.8	1.1	2.7	7.0

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	16	8.5	2.4	3.9	13.1
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	23	5.6	1.3	3.1	8.2
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	31	6.6	1.3	4.1	9.2
Health Insurance Status					
Insured	33	7.4	1.4	4.7	10.2
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they had skin cancer.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who had a Heart Attack, 2013

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,331	4.2	0.1	4.0	4.5
Southwest Surveillance Region	22	4.3	1.1	2.2	6.5
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	15	11.4	3.3	5.1	17.8
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	22	6.6	1.7	3.4	9.8
Race					
White	22	5.6	1.4	2.8	8.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	18	4.2	1.1	2.0	6.4
Health Insurance Status					
Insured	21	5.1	1.3	2.5	7.6
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they had a heart attack also called a myocardial infarction.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who had Angina or Coronary Heart Disease, 2013

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,352	4.2	0.1	4.0	4.5
Southwest Surveillance Region	21	4.5	1.3	2.0	7.1
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	13	10.2	3.0	4.4	16.1
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	19	5.2	1.4	2.5	7.9
Race					
White	19	4.4	1.2	2.1	6.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*	*	*	*	*
Health Insurance Status					
Insured	20	4.8	1.2	2.3	7.2
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they had angina or coronary heart disease.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Diagnosed Hypertension, 2013

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	9,309	31.3	0.4	30.6	32.0
Southwest Surveillance Region	149	32.4	2.9	26.7	38.1
Gender					
Men	57	32.0	4.5	23.2	40.8
Women	92	32.8	3.6	25.7	40.0
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	65	49.4	5.2	39.2	59.7
65 Years and Older	70	65.0	5.5	54.2	75.7
Ethnicity					
Hispanic	22	27.2	5.8	15.7	38.6
Non-Hispanic	125	35.2	3.2	28.9	41.5
Race					
White	131	34.1	3.2	27.9	40.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	66	31.0	4.2	22.8	39.3
Some College or College Graduate	83	34.3	3.8	26.9	41.7
Annual Household Income					
Less than \$35,000 per Year	64	34.9	4.9	25.3	44.6
\$35,000 or Higher per Year	59	28.4	3.9	20.7	36.1
Disability Status					
Living with a Disability	52	60.4	6.8	47.1	73.6
Living without a Disability	95	26.9	3.1	20.8	33.0

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	32	22.4	4.5	13.6	31.2
Overweight (25 ≤ BMI < 30)	45	31.0	5.0	21.3	40.7
Obese (BMI ≥ 30)	64	46.0	6.1	34.1	57.9
Leisure Time Physical Activity					
Participates in leisure time physical activity	92	32.3	3.6	25.3	39.3
Does not participate in leisure time physical activity	49	32.0	5.1	22.0	42.1
Smoking Status					
Current smoker	21	27.5	6.4	14.9	40.1
Non-smoker	125	33.0	3.2	26.8	39.2
Health Insurance Status					
Insured	134	36.0	3.3	29.5	42.5
Uninsured	14	20.8	6.2	8.6	33.0

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they have high blood pressure.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Did Not Have Their Blood Cholesterol Checked
Within the Past Five Years, 2013**

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,976	26.7	0.4	25.9	27.5
Southwest Surveillance Region	84	38.0	3.5	31.1	44.9
Gender					
Men	38	42.6	5.5	31.8	53.3
Women	46	33.3	4.2	25.0	41.5
Age Group					
18 to 44 Years	61	62.9	5.4	52.4	73.4
45 to 64 Years	19	19.9	4.7	10.7	29.2
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	31	55.1	7.0	41.3	68.8
Non-Hispanic	52	29.1	3.8	21.6	36.5
Race					
White	65	34.3	3.8	26.9	41.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	49	46.8	5.1	36.9	56.7
Some College or College Graduate	35	25.8	4.2	17.6	34.0
Annual Household Income					
Less than \$35,000 per Year	37	42.3	5.7	31.0	53.5
\$35,000 or Higher per Year	39	36.3	5.0	26.5	46.1
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	73	41.6	4.0	33.8	49.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	23	36.9	6.5	24.2	49.6
Overweight (25 ≤ BMI < 30)	34	42.2	6.0	30.5	54.0
Obese (BMI ≥ 30)	19	30.5	6.4	18.0	43.0
Leisure Time Physical Activity					
Participates in leisure time physical activity	54	38.1	4.5	29.3	46.8
Does not participate in leisure time physical activity	27	40.0	6.2	27.8	52.2
Smoking Status					
Current smoker	29	57.3	7.5	42.6	72.0
Non-smoker	54	33.1	3.9	25.4	40.8
Health Insurance Status					
Insured	56	31.8	3.9	24.2	39.5
Uninsured	27	57.5	7.7	42.3	72.7

Numerator: Respondents who reported they had not checked their blood cholesterol in the past five years.

Denominator: All respondents excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Tested and Diagnosed with High Cholesterol, 2013

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	8,351	38.1	0.4	37.3	38.9
Southwest Surveillance Region	115	37.4	3.6	30.4	44.5
Gender					
Men	43	36.4	5.7	25.2	47.7
Women	72	38.3	4.4	29.7	47.0
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	48	37.2	5.1	27.2	47.1
65 Years and Older	52	56.2	6.0	44.4	68.0
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	103	40.2	3.8	32.9	47.6
Race					
White	107	40.2	3.8	32.7	47.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	42	34.5	5.5	23.7	45.3
Some College or College Graduate	73	40.6	4.4	31.9	49.3
Annual Household Income					
Less than \$35,000 per Year	46	38.6	6.3	26.3	50.9
\$35,000 or Higher per Year	54	36.4	4.8	27.0	45.8
Disability Status					
Living with a Disability	39	59.0	6.8	45.6	72.3
Living without a Disability	75	32.2	4.0	24.4	40.0

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	28	33.8	6.4	21.2	46.3
Overweight (25 ≤ BMI < 30)	37	34.9	5.9	23.4	46.4
Obese (BMI ≥ 30)	39	40.2	6.6	27.3	53.2
Leisure Time Physical Activity					
Participates in leisure time physical activity	76	40.8	4.5	32.1	49.5
Does not participate in leisure time physical activity	35	31.9	5.9	20.3	43.5
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	98	36.6	3.8	29.2	43.9
Health Insurance Status					
Insured	103	37.1	3.7	29.8	44.3
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they have high blood cholesterol.

Denominator: Respondents who had ever had their blood cholesterol checked, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Have Chronic Obstructive Pulmonary Disease
(COPD), Emphysema or Chronic Bronchitis, 2013**

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,835	6.2	0.2	5.9	6.6
Southwest Surveillance Region	27	6.4	1.4	3.6	9.1
Gender					
Men	*	*	*	*	*
Women	16	7.7	2.1	3.5	11.8
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	23	8.3	2.0	4.4	12.2
Race					
White	24	7.4	1.7	4.0	10.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	15	7.4	2.2	3.2	11.7
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	20	26.9	6.2	14.7	39.1
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	17	6.4	1.8	2.8	9.9
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	20	6.1	1.6	3.1	9.2
Health Insurance Status					
Insured	25	7.7	1.8	4.2	11.2
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they have chronic obstructive pulmonary disease (COPD), emphysema or chronic bronchitis.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Were EVER Diagnosed with a Depressive Disorder,
2013**

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	4,386	18.1	0.3	17.5	18.7
Southwest Surveillance Region	62	15.7	2.4	11.0	20.3
Gender					
Men	*	*	*	*	*
Women	45	20.4	3.3	13.9	26.8
Age Group					
18 to 44 Years	23	16.2	3.8	8.6	23.7
45 to 64 Years	21	14.5	3.5	7.6	21.4
65 Years and Older	18	17.1	4.7	7.9	26.4
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	53	17.0	2.6	11.8	22.2
Race					
White	53	14.7	2.3	10.2	19.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	23	15.2	3.6	8.2	22.2
Some College or College Graduate	39	16.3	2.8	10.8	21.8
Annual Household Income					
Less than \$35,000 per Year	27	14.8	3.3	8.3	21.2
\$35,000 or Higher per Year	22	11.9	3.1	5.9	17.9
Disability Status					
Living with a Disability	28	39.1	6.8	25.7	52.4
Living without a Disability	31	10.2	2.3	5.6	14.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	15	14.2	4.2	5.9	22.5
Overweight (25 ≤ BMI < 30)	17	10.4	3.0	4.5	16.4
Obese (BMI ≥ 30)	25	21.8	5.2	11.6	31.9
Leisure Time Physical Activity					
Participates in leisure time physical activity	46	18.8	3.3	12.3	25.2
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	17	27.3	7.1	13.4	41.2
Non-smoker	43	11.9	2.1	7.7	16.1
Health Insurance Status					
Insured	48	14.8	2.7	9.6	20.0
Uninsured	13	17.5	5.2	7.4	27.7

Numerator: Respondents who reported they had ever been told by a doctor, nurse or other health professional that they have a depressive disorder (including depression, major depression, dysthymia, or minor depression).

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Diagnosed Diabetes, 2013

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,832	9.6	0.2	9.1	10.0
Southwest Surveillance Region	44	9.8	1.8	6.3	13.2
Gender					
Men	19	11.0	2.9	5.2	16.8
Women	25	8.5	1.9	4.7	12.2
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	17	13.8	3.7	6.5	21.1
65 Years and Older	24	22.4	4.6	13.3	31.4
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	37	10.6	2.0	6.6	14.6
Race					
White	40	10.6	2.0	6.7	14.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	23	10.0	2.5	5.2	14.9
Some College or College Graduate	21	9.4	2.4	4.6	14.1
Annual Household Income					
Less than \$35,000 per Year	27	13.6	3.3	7.2	20.1
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	20	19.9	4.8	10.4	29.4
Living without a Disability	24	7.9	1.9	4.2	11.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	21	13.6	3.4	6.9	20.3
Leisure Time Physical Activity					
Participates in leisure time physical activity	23	6.6	1.6	3.6	9.7
Does not participate in leisure time physical activity	21	17.9	4.5	9.1	26.6
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	39	11.2	2.1	7.0	15.3
Health Insurance Status					
Insured	40	11.6	2.2	7.3	15.9
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor they had diabetes, excluding females told only during pregnancy and pre-diabetes or borderline diabetes.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Activity Limitations Due to Physical,
Mental or Emotional Problems, 2013**

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	5,417	19.1	0.3	18.5	19.7
Southwest Surveillance Region	68	14.0	2.0	10.1	18.0
Gender					
Men	30	13.7	3.0	7.8	19.5
Women	38	14.4	2.8	9.0	19.8
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	21	15.9	3.9	8.4	23.5
65 Years and Older	36	33.0	5.5	22.2	43.8
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	63	18.1	2.6	13.1	23.2
Race					
White	61	15.9	2.4	11.2	20.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	29	14.0	3.0	8.1	19.9
Some College or College Graduate	39	14.1	2.6	9.1	19.1
Annual Household Income					
Less than \$35,000 per Year	35	16.6	3.5	9.7	23.5
\$35,000 or Higher per Year	26	11.6	2.6	6.4	16.7
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	25	14.9	3.7	7.7	22.0
Obese (BMI ≥ 30)	27	16.8	3.8	9.4	24.3

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	43	15.4	2.8	9.9	20.8
Does not participate in leisure time physical activity	23	13.3	3.2	6.9	19.6
Smoking Status					
Current smoker	18	20.9	5.4	10.4	31.4
Non-smoker	50	12.4	2.2	8.1	16.6
Health Insurance Status					
Insured	62	15.3	2.3	10.8	19.7
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they were limited in any activities because of physical, mental or emotional problems.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Reported Living with a Disability, 2013

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	6,048	21.1	0.3	20.5	21.7
Southwest Surveillance Region	83	16.8	2.2	12.5	21.0
Gender					
Men	37	16.8	3.2	10.5	23.1
Women	46	16.8	2.9	11.1	22.4
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	24	18.4	4.0	10.4	26.3
65 Years and Older	47	42.2	5.7	31.2	53.3
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	75	21.5	2.7	16.1	26.9
Race					
White	74	18.9	2.5	14.0	23.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	37	16.7	3.2	10.4	22.9
Some College or College Graduate	46	16.9	2.8	11.5	22.3
Annual Household Income					
Less than \$35,000 per Year	44	20.2	3.7	12.9	27.6
\$35,000 or Higher per Year	27	12.4	2.8	7.0	17.8
Weight Category					
Normal or Underweight (BMI < 25)	18	14.6	4.0	6.7	22.5
Overweight (25 ≤ BMI < 30)	28	15.9	3.7	8.6	23.1
Obese (BMI ≥ 30)	34	21.9	4.3	13.5	30.2

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	53	18.0	2.9	12.3	23.6
Does not participate in leisure time physical activity	27	16.0	3.5	9.1	22.9
Smoking Status					
Current smoker	20	21.4	5.4	10.8	31.9
Non-smoker	62	15.5	2.3	10.9	20.1
Health Insurance Status					
Insured	77	18.7	2.4	13.9	23.5
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they were limited in any activities because of physical, mental or emotional problems or who reported having a health problem that requires them to use special equipment such as a cane, a wheelchair, a special bed or a special telephone.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Not Participating in the Recommended Level of Physical Activity (Aerobic and/or Strengthening), 2013

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	17,688	82.1	0.3	81.4	82.8
Southwest Surveillance Region	277	85.5	2.6	80.3	90.6
Gender					
Men	109	85.6	4.0	77.9	93.4
Women	168	85.3	3.4	78.7	91.9
Age Group					
18 to 44 Years	88	83.5	4.6	74.5	92.5
45 to 64 Years	100	87.1	3.2	80.8	93.3
65 Years and Older	89	87.8	4.5	79.1	96.6
Ethnicity					
Hispanic	52	87.2	4.7	78.1	96.4
Non-Hispanic	222	84.4	3.1	78.2	90.5
Race					
White	235	86.2	2.8	80.7	91.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	126	88.3	3.7	81.0	95.5
Some College or College Graduate	151	81.7	3.5	74.8	88.6
Annual Household Income					
Less than \$35,000 per Year	111	86.3	4.5	77.4	95.2
\$35,000 or Higher per Year	131	85.9	3.1	79.8	92.0
Disability Status					
Living with a Disability	67	91.1	3.6	84.0	98.1
Living without a Disability	209	84.3	3.0	78.3	90.2

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	83	85.9	3.8	78.5	93.4
Overweight (25 ≤ BMI < 30)	90	83.6	4.9	74.0	93.3
Obese (BMI ≥ 30)	86	89.8	4.1	81.8	97.9
Smoking Status					
Current smoker	51	88.6	5.7	77.5	99.7
Non-smoker	226	84.5	2.9	78.8	90.3
Health Insurance Status					
Insured	235	87.2	2.5	82.2	92.2
Uninsured	*	*	*	*	*

Numerator: Respondents not participating in the recommended level of physical activity or participating in insufficient recommended level of physical activity for either aerobic or muscle strengthening guidelines.

Denominator: All respondents, excluding unknowns and refusals.

Not participating in the recommended level of physical activity referred to not participating in aerobic and strengthening exercises according to guidelines.

Participating in insufficient level of recommended physical activity referred to participating only in aerobic or only in strengthening exercises according to guidelines.

The aerobic guideline is defined as 150 minutes a week of moderate-intensity aerobic activity, or 75 minutes a week of vigorous-intensity aerobic activity, or an equivalent combination of moderate- and vigorous-intensity aerobic activity.

The strengthening guideline is defined as muscle-strengthening activities that involved all major muscle groups two or more times per week.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Not Participating in the Recommended Level of Physical Activity (Aerobic and Strengthening), 2013

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	8,900	42.0	0.4	41.2	42.8
Southwest Surveillance Region	152	50.6	3.5	43.7	57.5
Gender					
Men	64	54.3	5.4	43.7	64.9
Women	88	46.8	4.4	38.1	55.4
Age Group					
18 to 44 Years	57	58.7	5.7	47.5	69.8
45 to 64 Years	46	41.5	5.4	31.0	52.0
65 Years and Older	49	46.1	5.8	34.8	57.5
Ethnicity					
Hispanic	31	54.3	7.3	40.0	68.5
Non-Hispanic	119	48.3	3.8	40.8	55.9
Race					
White	126	50.6	3.8	43.2	58.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	76	57.7	5.1	47.7	67.8
Some College or College Graduate	76	41.2	4.4	32.7	49.8
Annual Household Income					
Less than \$35,000 per Year	62	53.0	5.8	41.7	64.4
\$35,000 or Higher per Year	67	47.8	4.8	38.3	57.3
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	115	51.6	4.0	43.8	59.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	42	49.7	6.2	37.5	61.9
Overweight (25 ≤ BMI <30)	51	49.0	6.1	37.1	60.9
Obese (BMI ≥ 30)	49	55.4	6.5	42.6	68.1
Smoking Status					
Current smoker	30	53.5	8.1	37.5	69.4
Non-smoker	122	49.8	3.9	42.2	57.4
Health Insurance Status					
Insured	129	50.6	3.9	43.0	58.2
Uninsured	*	*	*	*	*

Numerator: Respondents who did not participate in the recommended level of aerobic and strengthening exercises during the past month.

Denominator: All respondents, excluding unknowns and refusals.

The aerobic guideline is defined as 150 minutes a week of moderate-intensity aerobic activity, or 75 minutes a week of vigorous-intensity aerobic activity, or an equivalent combination of moderate- and vigorous-intensity aerobic activity.

The strengthening guideline is defined as muscle-strengthening activities that involved all major muscle groups two or more times per week.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Not Participating in Any Physical Activity Other Than Their Regular Job in the Past 30 Days (Leisure Time Physical Activity), 2013

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	6,085	26.5	0.4	25.8	27.3
Southwest Surveillance Region	109	33.7	3.2	27.3	40.1
Gender					
Men	45	34.8	5.1	24.9	44.8
Women	64	32.6	4.1	24.6	40.5
Age Group					
18 to 44 Years	35	34.3	5.3	23.9	44.8
45 to 64 Years	36	33.7	5.1	23.6	43.7
65 Years and Older	38	33.2	5.2	23.0	43.4
Ethnicity					
Hispanic	23	40.9	7.0	27.1	54.7
Non-Hispanic	84	29.6	3.3	23.1	36.0
Race					
White	93	33.6	3.5	26.9	40.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	57	41.0	5.0	31.3	50.7
Some College or College Graduate	52	24.2	3.5	17.3	31.1
Annual Household Income					
Less than \$35,000 per Year	47	38.6	5.6	27.7	49.5
\$35,000 or Higher per Year	41	28.3	4.3	19.8	36.8
Disability Status					
Living with a Disability	27	31.3	6.1	19.3	43.2
Living without a Disability	82	34.4	3.7	27.1	41.6

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	27	25.9	5.3	15.4	36.4
Overweight (25 ≤ BMI < 30)	37	32.9	5.4	22.3	43.5
Obese (BMI ≥ 30)	35	39.9	6.3	27.5	52.3
Smoking Status					
Current smoker	22	37.2	7.4	22.6	51.7
Non-smoker	87	32.7	3.6	25.7	39.8
Health Insurance Status					
Insured	96	35.5	3.6	28.4	42.7
Uninsured	12	26.8	7.1	12.9	40.6

Numerator: Respondents who reported they did not participate in any physical activities or exercise, other than their regular job, in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Consuming Fruit Less than 1 Time Per Day,
2013**

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	8,400	41.7	0.4	40.9	42.6
Southwest Surveillance Region	119	36.7	3.3	30.1	43.2
Gender					
Men	57	46.3	5.4	35.6	56.9
Women	62	27.3	3.6	20.3	34.2
Age Group					
18 to 44 Years	41	38.7	5.5	28.0	49.4
45 to 64 Years	44	34.9	5.0	25.0	44.8
65 Years and Older	33	34.6	5.8	23.2	45.9
Ethnicity					
Hispanic	18	28.2	6.5	15.5	40.8
Non-Hispanic	99	40.4	3.7	33.0	47.7
Race					
White	105	38.9	3.6	31.8	46.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	57	36.5	4.8	27.0	46.0
Some College or College Graduate	62	36.9	4.3	28.4	45.3
Annual Household Income					
Less than \$35,000 per Year	42	34.1	5.6	23.1	45.1
\$35,000 or Higher per Year	61	40.9	4.7	31.8	50.1
Disability Status					
Living with a Disability	26	36.0	7.0	22.3	49.6
Living without a Disability	91	36.5	3.8	29.2	43.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	23	24.0	5.5	13.1	34.8
Overweight (25 ≤ BMI < 30)	43	40.4	5.8	29.0	51.8
Obese (BMI ≥ 30)	43	41.1	6.2	28.9	53.2
Leisure Time Physical Activity					
Participates in leisure time physical activity	78	36.1	4.1	28.2	44.1
Does not participate in leisure time physical activity	41	38.3	5.9	26.7	49.9
Smoking Status					
Current smoker	23	40.3	7.7	25.2	55.4
Non-smoker	96	35.6	3.7	28.4	42.8
Health Insurance Status					
Insured	101	37.7	3.7	30.4	44.9
Uninsured	17	32.8	7.6	18.0	47.6

Numerator: Respondents who reported they consumed fruit less than 1 time per day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Consuming Vegetables Less than 1 Time
Per Day, 2013**

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	4,482	22.9	0.4	22.2	23.6
Southwest Surveillance Region	56	17.7	2.7	12.4	23.0
Gender					
Men	24	20.5	4.5	11.6	29.3
Women	32	15.0	2.9	9.3	20.7
Age Group					
18 to 44 Years	22	21.4	4.6	12.3	30.4
45 to 64 Years	17	12.9	3.5	6.0	19.8
65 Years and Older	17	17.0	4.3	8.6	25.4
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	46	17.9	2.9	12.1	23.6
Race					
White	47	16.9	2.8	11.4	22.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	30	20.9	4.2	12.7	29.2
Some College or College Graduate	26	13.5	2.8	7.9	19.0
Annual Household Income					
Less than \$35,000 per Year	29	22.8	4.8	13.3	32.3
\$35,000 or Higher per Year	23	16.1	3.6	9.0	23.2
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	49	19.8	3.1	13.6	25.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	18	22.5	5.8	11.1	33.9
Overweight (25 ≤ BMI < 30)	18	18.1	4.6	9.1	27.2
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	32	14.2	3.0	8.2	20.2
Does not participate in leisure time physical activity	24	25.1	5.3	14.6	35.5
Smoking Status					
Current smoker	14	25.9	7.1	11.9	39.8
Non-smoker	42	15.4	2.8	10.0	20.8
Health Insurance Status					
Insured	47	17.1	2.8	11.6	22.7
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they consumed vegetables less than 1 time per day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Lack Health Care Coverage, 2013

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,668	17.1	0.4	16.4	17.8
Southwest Surveillance Region	58	23.4	3.0	17.5	29.3
Gender					
Men	20	21.1	4.6	12.1	30.1
Women	38	25.7	3.9	18.1	33.4
Age Group					
18 to 44 Years	39	35.3	5.1	25.3	45.4
45 to 64 Years	17	16.4	4.2	8.1	24.6
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	31	44.8	6.8	31.4	58.1
Non-Hispanic	27	12.8	2.7	7.5	18.0
Race					
White	35	16.1	2.9	10.4	21.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	38	29.9	4.6	20.9	38.9
Some College or College Graduate	20	14.6	3.2	8.2	20.9
Annual Household Income					
Less than \$35,000 per Year	38	38.7	5.4	28.0	49.3
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	50	24.9	3.4	18.2	31.6

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	12	19.1	5.3	8.8	29.5
Overweight (25 ≤ BMI < 30)	19	20.5	4.6	11.3	29.6
Obese (BMI ≥ 30)	13	19.9	5.7	8.9	31.0
Leisure Time Physical Activity					
Participates in leisure time physical activity	40	23.6	3.7	16.3	30.9
Does not participate in leisure time physical activity	12	17.0	4.7	7.7	26.3
Smoking Status					
Current smoker	19	31.7	7.0	18.1	45.4
Non-smoker	37	19.6	3.2	13.3	25.9

Numerator: Respondents who reported they had no health care coverage.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Ages 18 to 64 Years Old Who Lack Health Care Coverage,
2013**

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,551	20.8	0.4	19.9	21.6
Southwest Surveillance Region	56	27.9	3.6	20.9	34.9
Gender					
Men	20	25.4	5.4	14.8	36.1
Women	36	30.4	4.6	21.4	39.3
Age Group					
18 to 44 Years	39	35.3	5.1	25.3	45.4
45 to 64 Years	17	16.4	4.2	8.1	24.6
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	30	45.9	7.1	32.1	59.8
Non-Hispanic	26	16.5	3.4	9.8	23.3
Race					
White	34	20.1	3.6	13.1	27.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	38	35.5	5.3	25.1	46.0
Some College or College Graduate	18	16.9	3.9	9.2	24.6
Annual Household Income					
Less than \$35,000 per Year	37	47.7	6.5	35.0	60.5
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	49	28.1	3.9	20.5	35.6

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	12	23.9	6.4	11.3	36.5
Overweight (25 ≤ BMI < 30)	18	24.1	5.6	13.2	35.0
Obese (BMI ≥ 30)	13	23.7	6.6	10.8	36.7
Leisure Time Physical Activity					
Participates in leisure time physical activity	38	28.1	4.4	19.4	36.8
Does not participate in leisure time physical activity	12	20.6	5.7	9.4	31.7
Smoking Status					
Current smoker	18	33.9	7.5	19.2	48.7
Non-smoker	36	24.3	3.9	16.5	32.0

Numerator: Respondents ages 18-64 years old who reported they had no health care coverage.

Denominator: All respondents ages 18-64 years old, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with No Personal Doctor or Health Care Provider, 2013

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,359	21.5	0.4	20.8	22.3
Southwest Surveillance Region	64	25.7	3.2	19.5	31.9
Gender					
Men	32	32.0	5.2	21.9	42.1
Women	32	19.3	3.5	12.5	26.1
Age Group					
18 to 44 Years	36	36.3	5.3	25.9	46.7
45 to 64 Years	21	19.1	4.4	10.4	27.8
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	30	46.4	6.8	33.0	59.9
Non-Hispanic	33	14.5	2.7	9.1	19.8
Race					
White	45	20.7	3.2	14.4	27.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	33	30.5	4.8	21.2	39.9
Some College or College Graduate	31	19.2	3.6	12.1	26.2
Annual Household Income					
Less than \$35,000 per Year	31	32.6	5.4	22.1	43.1
\$35,000 or Higher per Year	22	18.0	4.0	10.1	25.9
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	60	30.7	3.7	23.4	38.0

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	18	25.8	5.8	14.4	37.2
Overweight (25 ≤ BMI < 30)	27	29.8	5.5	19.0	40.5
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	41	23.4	3.8	15.9	30.9
Does not participate in leisure time physical activity	19	26.9	5.7	15.7	38.1
Smoking Status					
Current smoker	20	37.3	7.4	22.7	51.8
Non-smoker	43	21.8	3.4	15.1	28.4
Health Insurance Status					
Insured	37	17.7	3.2	11.4	23.9
Uninsured	27	52.3	7.5	37.5	67.1

Numerator: Respondents who reported they had no personal doctor or health care provider.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Could Not See a Doctor Because of Cost In the Past 12 Months, 2013

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,570	13.6	0.3	13.0	14.2
Southwest Surveillance Region	49	16.2	2.5	11.3	21.2
Gender					
Men	13	13.6	3.9	6.0	21.3
Women	36	18.8	3.2	12.5	25.2
Age Group					
18 to 44 Years	26	20.6	4.2	12.4	28.8
45 to 64 Years	16	14.7	3.9	7.0	22.4
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	22	27.6	6.0	15.9	39.3
Non-Hispanic	27	10.6	2.2	6.2	14.9
Race					
White	31	12.1	2.5	7.2	17.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	26	18.7	3.9	11.1	26.2
Some College or College Graduate	23	12.9	2.8	7.4	18.5
Annual Household Income					
Less than \$35,000 per Year	31	25.9	4.9	16.4	35.4
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	16	28.4	7.1	14.6	42.2
Living without a Disability	30	13.0	2.6	7.9	18.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	16	12.8	3.7	5.6	20.1
Obese (BMI ≥ 30)	15	16.4	4.7	7.2	25.7
Leisure Time Physical Activity					
Participates in leisure time physical activity	33	16.5	3.1	10.4	22.6
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	15	23.6	6.4	11.0	36.2
Non-smoker	31	12.2	2.4	7.5	16.8
Health Insurance Status					
Insured	20	6.9	1.8	3.3	10.5
Uninsured	28	45.6	7.5	30.8	60.4

Numerator: Respondents who reported they could not see a doctor because of cost in the past 12 months.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Fair or Poor Self-Perceived Health Status, 2013

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,911	15.4	0.3	14.8	16.0
Southwest Surveillance Region	54	14.3	2.2	10.0	18.6
Gender					
Men	19	12.4	3.2	6.2	18.7
Women	35	16.1	3.0	10.2	22.0
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	22	19.2	4.2	11.0	27.3
65 Years and Older	22	24.2	5.4	13.7	34.8
Ethnicity					
Hispanic	19	20.0	4.9	10.4	29.7
Non-Hispanic	34	10.6	2.1	6.5	14.7
Race					
White	40	12.0	2.2	7.8	16.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	38	20.4	3.6	13.3	27.5
Some College or College Graduate	16	6.0	1.6	2.8	9.2
Annual Household Income					
Less than \$35,000 per Year	29	17.9	3.9	10.2	25.6
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	31	38.8	6.7	25.8	51.8
Living without a Disability	23	9.7	2.2	5.4	14.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	18	14.1	3.6	7.0	21.1
Obese (BMI ≥ 30)	21	15.0	3.8	7.7	22.4
Leisure Time Physical Activity					
Participates in leisure time physical activity	29	12.5	2.6	7.4	17.7
Does not participate in leisure time physical activity	23	19.4	4.5	10.6	28.2
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	42	14.4	2.6	9.4	19.4
Health Insurance Status					
Insured	42	13.9	2.4	9.2	18.6
Uninsured	*	*	*	*	*

Numerator: Respondents who reported that in general their health is fair or poor.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Their Physical Health Was Not Good on 14
or More Days in the Past 30 Days, 2013**

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,773	10.5	0.2	10.0	11.0
Southwest Surveillance Region	41	10.1	1.9	6.4	13.9
Gender					
Men	15	10.1	3.0	4.3	16.0
Women	26	10.1	2.4	5.5	14.8
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	19	18.6	4.7	9.3	27.9
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	35	10.3	2.0	6.4	14.2
Race					
White	35	9.3	1.8	5.7	12.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	22	11.4	2.9	5.7	17.2
Some College or College Graduate	19	8.4	2.1	4.3	12.5
Annual Household Income					
Less than \$35,000 per Year	25	14.0	3.5	7.0	20.9
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	24	32.2	6.6	19.3	45.1
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	16	10.9	3.2	4.6	17.2
Leisure Time Physical Activity					
Participates in leisure time physical activity	22	8.9	2.4	4.3	13.5
Does not participate in leisure time physical activity	17	13.8	3.8	6.3	21.3
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	33	10.2	2.2	5.9	14.6
Health Insurance Status					
Insured	37	11.4	2.2	7.1	15.7
Uninsured	*	*	*	*	*

Numerator: Respondents who reported 14 or more days when their physical health was not good in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Their Mental Health Was Not Good on 14
or More Days in the Past 30 Days, 2013**

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,075	9.7	0.3	9.2	10.2
Southwest Surveillance Region	35	10.3	2.1	6.3	14.4
Gender					
Men	*	*	*	*	*
Women	21	10.8	2.7	5.4	16.1
Age Group					
18 to 44 Years	16	12.8	3.5	5.9	19.7
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	29	10.1	2.2	5.9	14.3
Race					
White	29	9.4	2.1	5.3	13.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	18	12.1	3.3	5.7	18.5
Some College or College Graduate	17	7.9	2.1	3.8	12.0
Annual Household Income					
Less than \$35,000 per Year	19	12.8	3.5	5.8	19.7
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	20	28.7	6.4	16.1	41.3
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	15	15.6	4.4	6.9	24.2
Leisure Time Physical Activity					
Participates in leisure time physical activity	21	10.4	2.6	5.2	15.5
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	25	8.1	2.0	4.2	12.0
Health Insurance Status					
Insured	30	10.2	2.2	5.8	14.6
Uninsured	*	*	*	*	*

Numerator: Respondents who reported 14 or more days when their mental health was not good in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Reported Their Poor Physical or Mental Health Kept Them From Doing Their Usual Activities, such as Self-care, Work or Recreation in the Past 30 Days, 2013

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	4,563	39.3	0.6	38.1	40.4
Southwest Surveillance Region	58	34.1	4.7	24.9	43.3
Gender					
Men	20	32.6	7.2	18.5	46.6
Women	38	35.8	5.9	24.3	47.2
Age Group					
18 to 44 Years	23	34.4	7.1	20.4	48.4
45 to 64 Years	21	41.0	8.2	24.9	57.1
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	52	42.6	5.5	31.9	53.3
Race					
White	52	36.3	5.0	26.4	46.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	19	26.6	6.6	13.7	39.5
Some College or College Graduate	39	44.0	6.0	32.1	55.8
Annual Household Income					
Less than \$35,000 per Year	26	36.9	7.5	22.2	51.7
\$35,000 or Higher per Year	24	33.4	6.9	19.9	46.9
Disability Status					
Living with a Disability	28	56.4	8.9	39.0	73.8
Living without a Disability	30	26.6	5.3	16.3	37.0

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	23	37.8	8.1	21.8	53.7
Leisure Time Physical Activity					
Participates in leisure time physical activity	39	39.9	6.2	27.8	52.0
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	45	33.8	5.3	23.5	44.1
Health Insurance Status					
Insured	50	33.0	5.0	23.2	42.8
Uninsured	*	*	*	*	*

Numerator: Respondents who reported one or more days in the past 30 days when their poor physical or mental health kept them from doing their usual activities, such as self-care, work or recreation.

Denominator: Respondents with at least one day in the past 30 days when their physical or mental health was not good, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Ages 18 Years and Older Who Did Not Get Immunized
Against Influenza During the Past 12 Months, 2013**

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	11,185	57.8	0.4	57.0	58.6
Southwest Surveillance Region	188	62.1	3.2	55.8	68.4
Gender					
Men	75	65.8	5.0	56.1	75.5
Women	113	58.6	4.1	50.6	66.5
Age Group					
18 to 44 Years	79	74.0	4.8	64.5	83.5
45 to 64 Years	74	61.8	5.2	51.6	71.9
65 Years and Older	33	30.1	5.3	19.8	40.4
Ethnicity					
Hispanic	40	69.4	6.4	56.9	81.9
Non-Hispanic	146	58.3	3.6	51.2	65.4
Race					
White	154	59.9	3.5	53.1	66.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	84	65.4	4.6	56.3	74.5
Some College or College Graduate	104	57.9	4.2	49.7	66.1
Annual Household Income					
Less than \$35,000 per Year	68	60.7	5.4	50.2	71.2
\$35,000 or Higher per Year	99	64.3	4.5	55.4	73.2
Disability Status					
Living with a Disability	32	48.8	7.0	35.0	62.6
Living without a Disability	155	65.0	3.6	57.9	72.0

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	50	56.9	5.9	45.3	68.6
Overweight (25 ≤ BMI < 30)	71	68.5	5.4	58.0	79.0
Obese (BMI ≥ 30)	50	56.1	6.2	43.8	68.3
Leisure Time Physical Activity					
Participates in leisure time physical activity	135	63.4	3.9	55.7	71.1
Does not participate in leisure time physical activity	51	58.9	5.7	47.7	70.2
Smoking Status					
Current smoker	44	78.0	6.5	65.2	90.8
Non-smoker	144	57.7	3.6	50.6	64.8
Health Insurance Status					
Insured	143	55.3	3.7	48.0	62.5
Uninsured	44	86.3	4.8	76.8	95.8

Numerator: Respondents who reported they did not get a flu shot or flu vaccine sprayed in their nose during the past 12 months.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults 65 Years Old and Older Who Did Not Get Immunized
Against Influenza During the Past 12 Months, 2013**

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,547	35.2	0.6	33.9	36.4
Southwest Surveillance Region	33	30.1	5.3	19.8	40.4
Gender					
Men	*	*	*	*	*
Women	18	26.0	6.1	14.0	38.0
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	31	30.3	5.5	19.6	41.0
Race					
White	30	29.3	5.5	18.6	40.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	23	38.4	7.0	24.6	52.3
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	21	37.7	7.5	23.0	52.4
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	25	35.2	7.0	21.4	49.0
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	30	31.0	5.6	20.1	41.9
Health Insurance Status					
Insured	33	30.1	5.3	19.8	40.4
Uninsured	*	*	*	*	*

Numerator: Respondents 65 years old and older who reported they did not receive a flu shot or flu vaccine sprayed in their nose during the past 12 months.

Denominator: All respondents 65 years old and older, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults 65 Years Old and Older Who Never Had Pneumonia
Vaccination, 2013**

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,063	30.0	0.6	28.7	31.2
Southwest Surveillance Region	38	39.8	5.9	28.2	51.4
Gender					
Men	*	*	*	*	*
Women	23	41.3	7.9	25.9	56.7
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	34	38.7	6.1	26.8	50.6
Race					
White	36	41.5	6.2	29.2	53.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	24	44.1	7.6	29.3	58.9
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	21	41.5	8.0	25.9	57.2
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	24	42.2	7.7	27.0	57.3
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	34	39.7	6.1	27.7	51.7
Health Insurance Status					
Insured	38	39.8	5.9	28.2	51.4
Uninsured	*	*	*	*	*

Numerator: Respondents 65 years old and older who reported they never had a pneumonia vaccination.

Denominator: All respondents 65 years old and older, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported That They Do Not Always Wear a Seatbelt
When They Drive or Ride in a Car, 2013**

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,359	17.0	0.3	16.3	17.6
Southwest Surveillance Region	84	28.1	3.2	21.8	34.3
Gender					
Men	45	35.2	5.2	25.1	45.3
Women	39	21.0	3.6	13.9	28.2
Age Group					
18 to 44 Years	31	31.7	5.4	21.2	42.3
45 to 64 Years	30	25.7	4.7	16.5	34.9
65 Years and Older	23	23.5	5.1	13.5	33.6
Ethnicity					
Hispanic	13	23.4	6.3	11.1	35.6
Non-Hispanic	71	30.6	3.6	23.5	37.8
Race					
White	73	28.1	3.4	21.5	34.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	45	34.7	4.9	25.1	44.3
Some College or College Graduate	39	19.7	3.4	12.9	26.4
Annual Household Income					
Less than \$35,000 per Year	33	24.7	4.7	15.5	34.0
\$35,000 or Higher per Year	37	25.2	4.2	16.9	33.5
Disability Status					
Living with a Disability	19	20.8	5.2	10.6	31.0
Living without a Disability	65	29.7	3.7	22.5	36.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	29	30.5	5.8	19.1	41.9
Overweight (25 ≤ BMI < 30)	26	26.0	5.1	16.0	36.0
Obese (BMI ≥ 30)	25	29.0	6.1	17.0	41.0
Leisure Time Physical Activity					
Participates in leisure time physical activity	60	30.7	4.0	22.8	38.6
Does not participate in leisure time physical activity	24	23.1	5.0	13.2	32.9
Smoking Status					
Current smoker	22	40.0	7.9	24.4	55.5
Non-smoker	62	24.7	3.3	18.2	31.1
Health Insurance Status					
Insured	71	28.5	3.5	21.6	35.4
Uninsured	13	26.4	7.3	12.0	40.8

Respondents who reported they nearly always, sometimes, seldom or never use a seatbelt when they ride or drive in a car.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Currently Smoke Cigarettes, 2013

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,865	20.0	0.4	19.3	20.7
Southwest Surveillance Region	65	22.7	3.0	16.9	28.5
Gender					
Men	38	33.1	5.0	23.3	42.8
Women	27	12.3	2.7	7.0	17.6
Age Group					
18 to 44 Years	30	26.6	4.9	17.0	36.1
45 to 64 Years	24	23.5	4.8	14.1	32.9
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	18	28.2	6.3	15.8	40.6
Non-Hispanic	46	19.4	3.1	13.4	25.4
Race					
White	51	19.9	2.9	14.1	25.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	30	24.8	4.4	16.2	33.5
Some College or College Graduate	35	20.0	3.6	12.8	27.1
Annual Household Income					
Less than \$35,000 per Year	36	25.9	4.6	16.8	35.0
\$35,000 or Higher per Year	23	20.0	4.2	11.8	28.2
Disability Status					
Living with a Disability	20	28.7	6.4	16.3	41.2
Living without a Disability	44	21.4	3.3	14.9	27.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	15	14.0	4.1	5.9	22.1
Overweight (25 ≤ BMI < 30)	32	28.9	5.1	18.9	38.9
Obese (BMI ≥ 30)	14	22.3	5.9	10.8	33.8
Leisure Time Physical Activity					
Participates in leisure time physical activity	38	21.2	3.7	14.0	28.5
Does not participate in leisure time physical activity	22	24.7	5.2	14.4	35.0
Health Insurance Status					
Insured	46	20.0	3.2	13.7	26.3
Uninsured	19	32.3	7.1	18.4	46.2

Numerator: Respondents who reported they have smoked at least 100 cigarettes in their entire life and that they now smoke some days or every day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Stopped Smoking for One Day or Longer Because
They Were Trying to Quit Smoking, 2013**

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,063	56.5	1.0	54.5	58.4
Southwest Surveillance Region	38	69.0	6.4	56.5	81.5
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	*	*	*	*	*
Race					
White	27	60.4	7.9	44.9	75.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Health Insurance Status					
Insured	*	*	*	*	*
Uninsured	*	*	*	*	*

Numerator: Current smokers who stopped smoking for one day or longer because they were trying to quit smoking.

Denominator: Current smokers, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Currently Use Any Smokeless Tobacco Products, 2013

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	961	5.5	0.2	5.1	5.9
Southwest Surveillance Region	20	9.8	2.5	4.9	14.7
Gender					
Men	17	17.0	4.5	8.1	25.9
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	16	8.9	2.6	3.9	13.9
Race					
White	*	*	*	*	*
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	15	10.5	2.9	4.7	16.3

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*	*	*	*	*
Health Insurance Status					
Insured	<i>18</i>	<i>12.2</i>	<i>3.1</i>	<i>6.1</i>	<i>18.4</i>
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they currently use chewing tobacco, snuff or snus (Swedish for snuff) some days or every day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Men Who Currently Use Any Smokeless Tobacco Products, 2013

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	866	10.4	0.4	9.6	11.2
Southwest Surveillance Region	17	17.0	4.5	8.1	25.9
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	*	*	*	*	*
Race					
White	*	*	*	*	*
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	13	18.5	5.3	8.1	28.9
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*	*	*	*	*
Health Insurance Status					
Insured	<i>15</i>	<i>20.3</i>	<i>5.4</i>	<i>9.7</i>	<i>31.0</i>
Uninsured	*	*	*	*	*

Numerator: Male respondents who reported they currently use chewing tobacco, snuff or snus (Swedish for snuff) some days or every day.

Denominator: All male respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Ever Served on Active Duty in the United States
Armed Forces, 2013**

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,022	12.0	0.3	11.5	12.5
Southwest Surveillance Region	40	8.3	1.5	5.3	11.3
Gender					
Men	37	15.7	3.0	9.8	21.7
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	27	26.3	5.0	16.4	36.2
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	38	11.5	2.1	7.5	15.6
Race					
White	37	10.1	1.9	6.4	13.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	18	8.6	2.3	4.1	13.1
Some College or College Graduate	22	7.9	1.9	4.2	11.6
Annual Household Income					
Less than \$35,000 per Year	20	9.4	2.3	4.8	13.9
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	16	17.2	4.7	8.0	26.3
Living without a Disability	24	6.7	1.6	3.6	9.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	21	6.9	1.7	3.5	10.3
Does not participate in leisure time physical activity	18	12.3	3.4	5.6	19.0
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	33	9.3	1.9	5.6	13.0
Health Insurance Status					
Insured	39	10.8	2.0	6.9	14.7
Uninsured	*	*	*	*	*

Numerator: Respondents who reported that they served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Are Obese, 2013

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	6,656	30.0	0.4	29.2	30.7
Southwest Surveillance Region	107	34.1	3.4	27.5	40.7
Gender					
Men	49	39.6	5.2	29.4	49.8
Women	58	27.9	3.9	20.3	35.6
Age Group					
18 to 44 Years	34	37.7	5.7	26.5	48.9
45 to 64 Years	41	31.0	4.8	21.6	40.5
65 Years and Older	32	30.8	5.3	20.5	41.1
Ethnicity					
Hispanic	20	39.4	7.4	24.9	53.8
Non-Hispanic	86	31.8	3.5	25.0	38.6
Race					
White	92	32.6	3.5	25.8	39.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	55	37.8	5.0	28.0	47.6
Some College or College Graduate	52	29.1	4.0	21.2	37.0
Annual Household Income					
Less than \$35,000 per Year	46	35.5	5.5	24.6	46.3
\$35,000 or Higher per Year	50	33.0	4.6	24.1	42.0
Disability Status					
Living with a Disability	34	42.4	6.8	29.2	55.6
Living without a Disability	71	32.3	3.9	24.7	39.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	68	30.8	3.9	23.1	38.5
Does not participate in leisure time physical activity	35	40.9	6.4	28.4	53.4
Smoking Status					
Current smoker	14	33.0	7.9	17.5	48.5
Non-smoker	91	33.6	3.7	26.4	40.7
Health Insurance Status					
Insured	93	34.0	3.6	26.9	41.1
Uninsured	*	*	*	*	*

Numerator: Respondents with a body mass index greater than or equal to 30, based on self-reported height and weight.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Are Overweight or Obese, 2013

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	14,533	65.3	0.4	64.5	66.1
Southwest Surveillance Region	228	72.4	2.9	66.6	78.1
Gender					
Men	107	80.2	4.0	72.3	88.0
Women	121	63.7	4.1	55.6	71.8
Age Group					
18 to 44 Years	70	70.9	5.0	61.1	80.6
45 to 64 Years	89	76.2	4.2	68.1	84.3
65 Years and Older	68	68.6	5.2	58.4	78.8
Ethnicity					
Hispanic	46	80.8	5.3	70.4	91.2
Non-Hispanic	180	68.9	3.4	62.3	75.6
Race					
White	196	71.7	3.2	65.5	77.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	105	77.6	4.0	69.7	85.4
Some College or College Graduate	123	65.4	4.1	57.4	73.5
Annual Household Income					
Less than \$35,000 per Year	90	73.3	4.8	63.8	82.7
\$35,000 or Higher per Year	110	72.9	4.0	65.0	80.8
Disability Status					
Living with a Disability	62	77.1	5.9	65.4	88.7
Living without a Disability	163	71.5	3.3	64.9	78.0

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	145	69.2	3.8	61.8	76.6
Does not participate in leisure time physical activity	72	78.4	4.7	69.1	87.7
Smoking Status					
Current smoker	46	82.8	5.2	72.7	92.9
Non-smoker	179	69.2	3.5	62.4	76.0
Health Insurance Status					
Insured	195	72.1	3.2	65.9	78.3
Uninsured	*	*	*	*	*

Numerator: Respondents with a body mass index greater than or equal to 25, based on self-reported height and weight.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Technical Notes

The 2013 BRFSS data for your county/region on 42 health risk indicators, analyzed by various subpopulation groups (e.g. gender, age group, ethnicity, etc.), are included in this report. The indicators are summarized in tables that show:

- Unweighted Frequency: the number of respondents who reported the risk behavior
- Weighted Percentage: the prevalence estimate for the risk behavior within a particular subpopulation group category
- Standard Error: used to compute the 95% confidence limits
- Lower and upper 95% confidence limits

Prevalence estimates vary in precision depending on sample size. One way of describing the precision of an estimate is the margin of error, which is the half-width of the confidence interval. When the sample size is large for a particular subpopulation group, the corresponding margin of error for an estimate is small. When the sample size is small for a particular subpopulation group, the corresponding margin of error for an estimate is large. Large margins of error (i.e. >5) indicate that an estimate may be less precise. Prevalence estimates that have a margin of error >5 are *italicized* in this report and should be interpreted with caution.

To determine whether two weighted percentages are significantly different from one another, the reader must compare the confidence intervals. Confidence intervals which do not overlap indicate a statistically significant difference between the two prevalence estimates while overlapping confidence intervals indicate that two estimates are not statistically different from one another. It is incorrect to say two estimates are different if their confidence limits overlap.

Estimates have been censored with an asterisk ("*") when the sample size was inadequate and/or when the estimates were statistically unreliable. Specifically, estimates were censored when any of the following conditions were met:

- the numerator of the indicator is less than 5
- the denominator of the indicator is less than 50
- the relative standard error (RSE) is 30 percent or higher

RSE is obtained by dividing the standard error of the estimate by the estimate itself, then multiplying that result by 100 to be expressed as a percent.

2011 BRFSS data represent a new baseline for public health surveillance. Due to changes in BRFSS survey methodology, the BRFSS estimates for 2011 and subsequent years cannot be compared to estimates from the years prior to 2011.

For more information on changes to the Kansas BRFSS survey methodology beginning in 2011, please visit: <http://www.kdheks.gov/brfss/newmethod.html>

For more detailed technical notes on the Kansas BRFSS, please visit: <http://www.kdheks.gov/brfss/technotes.html>