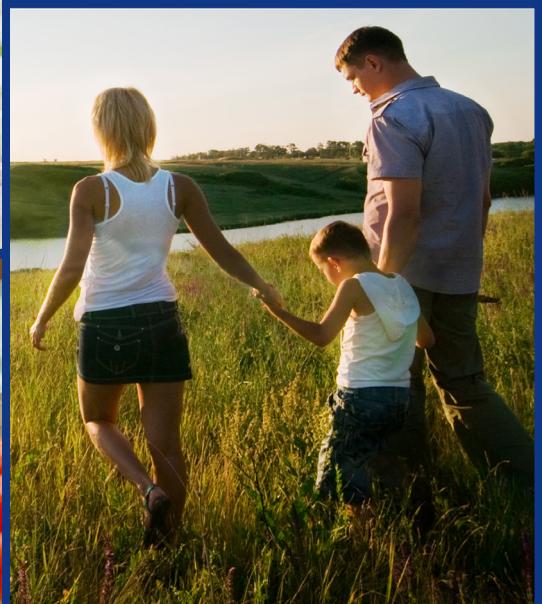


2013 Kansas Behavioral Risk Factor Surveillance System Local Data

Southwest Kansas Health Initiative



November 2014

2013 Kansas Behavioral Risk Factor Surveillance System Local Data

State of Kansas
Sam Brownback, Governor

Kansas Department of Health and Environment
Dr. Robert Moser, Secretary and State Health Officer

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**Kansas Department of Health and Environment
Bureau of Health Promotion
November 2014**

Kansas Department of Health and Environment (KDHE)

Mission

To protect and improve the health and environment of all Kansans

Vision

Healthy Kansans living in safe and sustainable environments

www.kdheks.gov

Foreword

The Behavioral Risk Factor Surveillance System (BRFSS) is the world's largest, annual population-based telephone survey system, tracking health conditions and risk behaviors in the U.S. It is coordinated by the Centers for Disease Control and Prevention (CDC) and is conducted in every state and several territories.

BRFSS allows us to perform a critical public health function of assessing population health and identifying issues critically important to public health and population health management. BRFSS provides data on a wide range of health issues including information related to access to health care, chronic and infectious diseases, clinical preventive services, environmental quality, infant and child health, injury and violence, maternal health, mental health, nutrition, physical activity, obesity, oral health, reproductive and sexual health, substance abuse and tobacco use.

Prior to 2009, the sample size for the Kansas survey was sufficient to produce state level estimates of health risk behaviors. Beginning in 2009, the Kansas BRFSS was expanded in response to demand from local health officials for local level health risk behavior data for a 10-year project. The survey now collects adequate sample data during odd years (2009, 2011, 2013, 2015 and 2017) to provide local level estimates by county or region for these years. By the conclusion of the 10-year project, most Kansas counties will have county-specific data for use in estimating trends in selected health indicators from 2011 forward. Data from 2011 onward cannot be compared to previous years as the BRFSS data collection and analysis methods changed beginning in 2011.

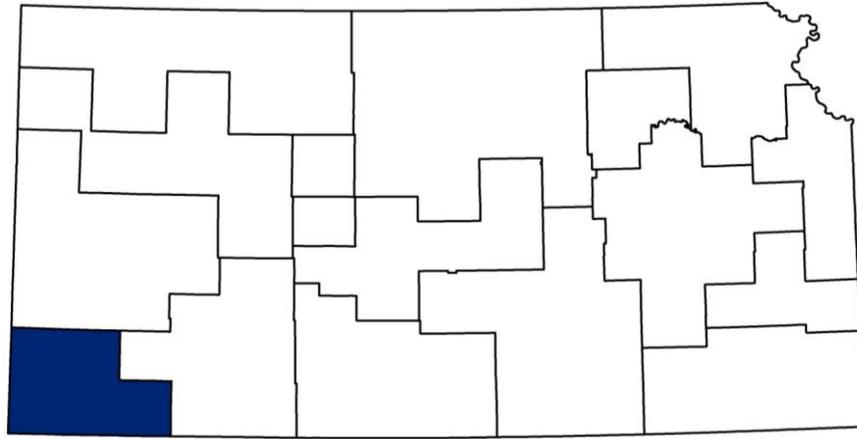
During the 2013 survey year, data were collected from more than 20,000 adult Kansans, providing estimates for 42 of the state's 105 counties and for 16 Public Health Preparedness Regions, with data for 42 health risk indicators analyzed at the county or regional level.

BRFSS data help public health professionals measure Kansans health behaviors, conditions and concerns at the state and the local level. These data are important when we consider where to focus our public health efforts and to help us emphasize the benefits of prevention.

Sincerely,



Robert Moser, MD
Secretary and State Health Officer
Kansas Department of Health and Environment



The Southwest Kansas Health Initiative comprises the following counties:
Grant, Morton, Seward, Stanton, Stevens

Kansas Behavioral Risk Factor Surveillance System – Local Data, 2013 can also be accessed at <http://www.kdheks.gov/brfss/>

If you have any questions about survey methodology or need assistance interpreting the data, please contact:

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Unpublished Tables - The following data tables are not published due to insufficient sample and/or statistically unreliable estimates for Southwest Kansas Health Initiative: Heavy Drinking, Stroke and Tried Quitting Smoking.

Percentage of Adults Who Are Binge Drinkers, 2013

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,583	15.4	0.3	14.7	16.0
Southwest Kansas Health Initiative	25	13.9	3.1	7.9	19.9
Gender					
Men	22	25.8	5.4	15.1	36.5
Women	*	*	*	*	*
Age Group					
18 to 44 Years	14	15.6	4.3	7.1	24.0
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	12	26.7	7.0	12.9	40.5
Non-Hispanic	*	*	*	*	*
Race					
White	14	8.4	2.5	3.5	13.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	16	17.5	4.6	8.5	26.5
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	21	16.6	3.8	9.1	24.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	22	19.2	4.3	10.8	27.6
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	20	13.2	3.3	6.7	19.7
Health Insurance Status					
Insured	19	11.7	3.0	5.8	17.6
Uninsured	*	*	*	*	*

Numerator: Male respondents who reported having five or more drinks on one occasion in the past 30 days or female respondents who reported having four or more drinks on one occasion in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Doctor Diagnosed Arthritis, 2013

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	7,380	23.9	0.3	23.3	24.5
Southwest Kansas Health Initiative	76	19.6	2.6	14.5	24.6
Gender					
Men	22	11.7	2.9	6.0	17.4
Women	54	27.4	4.1	19.3	35.4
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	36	35.3	5.9	23.7	46.8
65 Years and Older	35	40.3	6.0	28.6	51.9
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	71	26.9	3.4	20.2	33.6
Race					
White	67	24.7	3.3	18.3	31.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	34	19.1	3.6	12.1	26.2
Some College or College Graduate	42	20.4	3.6	13.3	27.5
Annual Household Income					
Less than \$35,000 per Year	37	24.4	4.6	15.5	33.3
\$35,000 or Higher per Year	33	19.8	3.9	12.2	27.5
Disability Status					
Living with a Disability	47	46.9	7.0	33.2	60.5
Living without a Disability	29	11.9	2.5	7.0	16.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	18	18.2	5.0	8.3	28.0
Overweight (25 ≤ BMI < 30)	23	17.9	4.4	9.3	26.5
Obese (BMI ≥ 30)	30	26.7	5.4	16.1	37.4
Leisure Time Physical Activity					
Participates in leisure time physical activity	47	18.8	3.1	12.7	25.0
Does not participate in leisure time physical activity	26	20.6	4.7	11.4	29.8
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	64	18.8	2.7	13.4	24.1
Health Insurance Status					
Insured	68	23.2	3.1	17.0	29.4
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor or other health professional that they have some form of arthritis, rheumatoid arthritis, gout, lupus or fibromyalgia.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Doctor Diagnosed Arthritis Who Are Limited in Their Usual Activities Because of Arthritis or Joint Symptoms, 2013

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,286	46.4	0.7	45.0	47.9
Southwest Kansas Health Initiative	37	49.6	7.1	35.6	63.6
Gender					
Men	*	*	*	*	*
Women	26	49.3	8.7	32.3	66.2
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	35	51.0	7.2	37.0	65.1
Race					
White	33	51.8	7.3	37.5	66.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	<i>30</i>	<i>49.4</i>	<i>7.7</i>	<i>34.2</i>	<i>64.6</i>
Health Insurance Status					
Insured	<i>33</i>	<i>48.6</i>	<i>7.5</i>	<i>34.0</i>	<i>63.3</i>
Uninsured	*	*	*	*	*

Numerator: Respondents who reported any limitation in their usual activities because of arthritis or joint symptoms.

Denominator: Respondents with doctor, nurse or other health professional diagnosed arthritis, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Current Asthma, 2013

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,072	8.9	0.2	8.4	9.3
Southwest Kansas Health Initiative	19	5.5	1.5	2.5	8.6
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	19	9.0	2.5	4.2	13.8
Race					
White	17	7.7	2.3	3.2	12.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*	*	*	*	*
Health Insurance Status					
Insured	19	7.8	2.2	3.6	12.1
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they had asthma and that they currently have asthma.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Percentage of Adults Who Have Been Diagnosed With Cancer (Excluding Skin Cancer), 2013

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,256	6.8	0.2	6.5	7.1
Southwest Kansas Health Initiative	24	4.8	1.1	2.6	7.0
Gender					
Men	*	*	*	*	*
Women	15	5.3	1.5	2.4	8.3
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	18	21.3	4.9	11.8	30.8
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	23	6.7	1.5	3.8	9.7
Race					
White	20	5.2	1.3	2.7	7.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	14	5.9	1.7	2.5	9.2
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	22	5.7	1.4	3.0	8.5
Health Insurance Status					
Insured	22	6.4	1.6	3.3	9.4
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they had cancer (excluding skin cancer).

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Have Been Diagnosed With Skin Cancer, 2013

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,157	6.3	0.2	6.0	6.6
Southwest Kansas Health Initiative	36	8.2	1.6	5.1	11.4
Gender					
Men	20	10.0	2.7	4.7	15.2
Women	16	6.4	1.8	3.0	9.9
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	26	31.5	5.5	20.8	42.2
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	35	12.0	2.2	7.7	16.3
Race					
White	34	11.1	2.1	7.0	15.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	21	10.6	2.6	5.6	15.6
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	19	9.5	2.4	4.7	14.2
Disability Status					
Living with a Disability	21	22.1	5.4	11.5	32.8
Living without a Disability	15	4.4	1.3	1.8	6.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	14	9.3	2.7	4.0	14.7
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	25	9.8	2.3	5.2	14.4
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	35	9.9	2.0	6.0	13.8
Health Insurance Status					
Insured	35	10.4	1.9	6.6	14.2
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they had skin cancer.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who had a Heart Attack, 2013

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,331	4.2	0.1	4.0	4.5
Southwest Kansas Health Initiative	21	5.2	1.4	2.6	7.9
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	13	14.8	4.1	6.7	22.9
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	17	5.2	1.4	2.5	7.9
Race					
White	17	5.6	1.6	2.5	8.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	16	17.7	5.1	7.8	27.6
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	18	5.1	1.4	2.3	7.9
Health Insurance Status					
Insured	19	6.4	1.8	3.0	9.8
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they had a heart attack also called a myocardial infarction.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who had Angina or Coronary Heart Disease, 2013

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,352	4.2	0.1	4.0	4.5
Southwest Kansas Health Initiative	19	3.6	0.9	1.8	5.4
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	15	17.5	4.5	8.8	26.3
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	18	5.6	1.5	2.7	8.5
Race					
White	18	5.2	1.4	2.5	7.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	17	3.7	1.0	1.8	5.6
Health Insurance Status					
Insured	18	4.8	1.3	2.3	7.4
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they had angina or coronary heart disease.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Diagnosed Hypertension, 2013

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	9,309	31.3	0.4	30.6	32.0
Southwest Kansas Health Initiative	104	26.9	2.9	21.3	32.6
Gender					
Men	44	26.3	4.2	18.0	34.6
Women	60	27.6	3.9	19.9	35.3
Age Group					
18 to 44 Years	13	11.6	3.3	5.2	18.0
45 to 64 Years	38	34.6	5.7	23.6	45.7
65 Years and Older	52	61.3	5.9	49.9	72.8
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	96	37.5	3.8	30.0	45.0
Race					
White	89	32.2	3.5	25.3	39.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	47	21.8	3.5	14.9	28.7
Some College or College Graduate	57	35.1	4.7	25.9	44.3
Annual Household Income					
Less than \$35,000 per Year	39	23.6	4.2	15.3	31.9
\$35,000 or Higher per Year	56	36.7	4.9	27.2	46.3
Disability Status					
Living with a Disability	46	43.6	6.8	30.4	56.9
Living without a Disability	58	22.6	3.2	16.4	28.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	21	18.4	4.5	9.6	27.2
Overweight (25 ≤ BMI < 30)	39	31.8	5.4	21.1	42.4
Obese (BMI ≥ 30)	35	30.9	5.8	19.5	42.2
Leisure Time Physical Activity					
Participates in leisure time physical activity	58	23.9	3.4	17.2	30.6
Does not participate in leisure time physical activity	41	38.4	6.2	26.2	50.5
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	92	29.1	3.3	22.6	35.6
Health Insurance Status					
Insured	95	32.5	3.5	25.6	39.4
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they have high blood pressure.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Did Not Have Their Blood Cholesterol Checked
Within the Past Five Years, 2013**

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,976	26.7	0.4	25.9	27.5
Southwest Kansas Health Initiative	70	36.1	3.8	28.8	43.5
Gender					
Men	33	39.9	5.6	28.9	50.9
Women	37	32.1	4.9	22.6	41.6
Age Group					
18 to 44 Years	45	54.0	5.7	42.9	65.1
45 to 64 Years	14	18.7	5.6	7.8	29.7
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	27	48.8	7.1	34.9	62.7
Non-Hispanic	42	27.8	4.2	19.6	36.0
Race					
White	43	27.7	4.0	19.8	35.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	49	46.8	5.3	36.5	57.1
Some College or College Graduate	20	19.7	4.6	10.8	28.7
Annual Household Income					
Less than \$35,000 per Year	32	39.2	6.0	27.4	50.9
\$35,000 or Higher per Year	27	29.8	5.4	19.3	40.3
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	61	42.3	4.4	33.6	50.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	19	38.8	7.1	24.9	52.7
Overweight (25 ≤ BMI < 30)	20	28.8	6.2	16.6	41.0
Obese (BMI ≥ 30)	16	28.9	6.9	15.2	42.5
Leisure Time Physical Activity					
Participates in leisure time physical activity	38	33.4	4.7	24.2	42.7
Does not participate in leisure time physical activity	24	37.4	6.8	24.1	50.7
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	52	32.5	4.1	24.5	40.6
Health Insurance Status					
Insured	39	26.0	4.1	18.0	33.9
Uninsured	29	59.1	7.8	43.8	74.4

Numerator: Respondents who reported they had not checked their blood cholesterol in the past five years.

Denominator: All respondents excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Tested and Diagnosed with High Cholesterol, 2013

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	8,351	38.1	0.4	37.3	38.9
Southwest Kansas Health Initiative	79	31.6	3.7	24.3	38.9
Gender					
Men	29	25.5	5.2	15.4	35.7
Women	50	37.5	5.2	27.3	47.8
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	32	35.4	6.2	23.3	47.6
65 Years and Older	40	53.1	6.2	40.9	65.3
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	72	35.7	4.2	27.6	43.8
Race					
White	67	30.3	3.9	22.8	37.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	36	29.0	5.3	18.6	39.3
Some College or College Graduate	43	34.4	5.2	24.3	44.5
Annual Household Income					
Less than \$35,000 per Year	20	13.9	3.5	7.0	20.8
\$35,000 or Higher per Year	48	41.7	5.5	30.9	52.6
Disability Status					
Living with a Disability	31	36.1	6.8	22.8	49.4
Living without a Disability	47	29.0	4.4	20.3	37.6

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	18	29.0	7.0	15.3	42.7
Overweight (25 ≤ BMI < 30)	31	36.4	6.6	23.4	49.4
Obese (BMI ≥ 30)	22	23.6	5.8	12.2	34.9
Leisure Time Physical Activity					
Participates in leisure time physical activity	47	28.5	4.4	19.9	37.1
Does not participate in leisure time physical activity	28	40.1	7.6	25.2	55.0
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	69	32.6	4.1	24.6	40.7
Health Insurance Status					
Insured	73	35.8	4.2	27.7	44.0
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they have high blood cholesterol.

Denominator: Respondents who had ever had their blood cholesterol checked, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Have Chronic Obstructive Pulmonary Disease
(COPD), Emphysema or Chronic Bronchitis, 2013**

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,835	6.2	0.2	5.9	6.6
Southwest Kansas Health Initiative	20	5.3	1.5	2.4	8.1
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	14	16.5	4.4	8.0	25.0
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	20	8.7	2.3	4.1	13.3
Race					
White	19	7.9	2.2	3.6	12.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*	*	*	*	*
Health Insurance Status					
Insured	19	7.2	2.0	3.2	11.2
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they have chronic obstructive pulmonary disease (COPD), emphysema or chronic bronchitis.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Were EVER Diagnosed with a Depressive Disorder,
2013**

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	4,386	18.1	0.3	17.5	18.7
Southwest Kansas Health Initiative	45	16.0	2.6	10.9	21.1
Gender					
Men	*	*	*	*	*
Women	31	22.5	4.1	14.5	30.5
Age Group					
18 to 44 Years	12	13.3	3.7	6.0	20.5
45 to 64 Years	20	21.2	5.0	11.3	31.1
65 Years and Older	13	14.9	4.2	6.7	23.2
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	40	21.8	3.6	14.7	28.8
Race					
White	38	20.5	3.5	13.7	27.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	26	18.4	3.8	11.1	25.8
Some College or College Graduate	19	12.5	3.3	6.0	18.9
Annual Household Income					
Less than \$35,000 per Year	19	14.4	3.7	7.1	21.7
\$35,000 or Higher per Year	18	14.5	3.6	7.4	21.6
Disability Status					
Living with a Disability	28	45.0	7.2	30.8	59.2
Living without a Disability	16	7.6	2.1	3.6	11.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	26	35.5	6.6	22.5	48.5
Leisure Time Physical Activity					
Participates in leisure time physical activity	25	13.6	2.9	7.8	19.3
Does not participate in leisure time physical activity	19	25.3	6.1	13.4	37.2
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	37	15.0	2.8	9.5	20.4
Health Insurance Status					
Insured	44	22.2	3.5	15.4	29.1
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had ever been told by a doctor, nurse or other health professional that they have a depressive disorder (including depression, major depression, dysthymia, or minor depression).

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Diagnosed Diabetes, 2013

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,832	9.6	0.2	9.1	10.0
Southwest Kansas Health Initiative	27	8.8	2.1	4.7	12.8
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	14	17.3	4.7	8.2	26.5
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	24	10.2	2.3	5.6	14.7
Race					
White	24	9.7	2.2	5.4	14.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	15	9.9	2.9	4.2	15.7
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	17	21.9	5.7	10.7	33.1
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	14	13.3	3.9	5.6	20.9
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	23	8.8	2.3	4.3	13.4
Health Insurance Status					
Insured	24	9.9	2.5	5.0	14.9
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor they had diabetes, excluding females told only during pregnancy and pre-diabetes or borderline diabetes.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Activity Limitations Due to Physical,
Mental or Emotional Problems, 2013**

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	5,417	19.1	0.3	18.5	19.7
Southwest Kansas Health Initiative	75	21.5	2.9	15.9	27.1
Gender					
Men	30	19.9	4.2	11.7	28.1
Women	45	23.1	3.9	15.5	30.7
Age Group					
18 to 44 Years	11	12.9	3.8	5.3	20.4
45 to 64 Years	29	27.7	5.5	17.0	38.4
65 Years and Older	34	34.8	5.5	24.1	45.6
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	70	29.5	3.8	22.1	36.9
Race					
White	68	27.9	3.6	20.8	35.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	31	20.3	3.9	12.6	28.0
Some College or College Graduate	44	23.6	4.0	15.7	31.4
Annual Household Income					
Less than \$35,000 per Year	40	29.1	5.0	19.3	39.0
\$35,000 or Higher per Year	29	15.2	3.3	8.8	21.6
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	19	14.1	4.0	6.3	22.0
Obese (BMI ≥ 30)	40	42.6	6.8	29.2	55.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	42	18.1	3.2	11.9	24.4
Does not participate in leisure time physical activity	32	31.9	6.2	19.8	44.0
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	61	19.0	2.9	13.2	24.8
Health Insurance Status					
Insured	70	26.3	3.5	19.5	33.2
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they were limited in any activities because of physical, mental or emotional problems.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Reported Living with a Disability, 2013

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	6,048	21.1	0.3	20.5	21.7
Southwest Kansas Health Initiative	81	22.4	2.9	16.8	28.1
Gender					
Men	33	21.1	4.2	12.8	29.4
Women	48	23.8	3.9	16.1	31.4
Age Group					
18 to 44 Years	11	12.9	3.8	5.3	20.4
45 to 64 Years	30	27.9	5.5	17.2	38.6
65 Years and Older	39	40.4	5.7	29.2	51.6
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	76	31.0	3.8	23.6	38.5
Race					
White	74	29.4	3.7	22.2	36.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	36	21.7	4.0	13.9	29.5
Some College or College Graduate	45	23.8	4.0	15.9	31.7
Annual Household Income					
Less than \$35,000 per Year	43	30.4	5.1	20.4	40.3
\$35,000 or Higher per Year	30	15.4	3.3	9.0	21.8
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	23	16.0	4.1	7.9	24.0
Obese (BMI ≥ 30)	40	42.6	6.8	29.2	55.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	45	18.9	3.2	12.5	25.2
Does not participate in leisure time physical activity	34	33.1	6.2	21.0	45.3
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	66	20.1	3.0	14.2	25.9
Health Insurance Status					
Insured	75	27.6	3.5	20.6	34.5
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they were limited in any activities because of physical, mental or emotional problems or who reported having a health problem that requires them to use special equipment such as a cane, a wheelchair, a special bed or a special telephone.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Not Participating in the Recommended Level of Physical Activity (Aerobic and/or Strengthening), 2013

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	17,688	82.1	0.3	81.4	82.8
Southwest Kansas Health Initiative	213	86.5	2.7	81.3	91.7
Gender					
Men	94	83.9	4.5	75.2	92.7
Women	119	89.3	2.7	83.9	94.6
Age Group					
18 to 44 Years	62	83.3	4.2	75.0	91.5
45 to 64 Years	78	87.8	4.7	78.7	97.0
65 Years and Older	73	93.7	2.9	88.1	99.3
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	172	87.6	2.8	82.2	93.1
Race					
White	168	85.2	3.0	79.3	91.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	110	91.0	3.5	84.2	97.8
Some College or College Graduate	102	79.8	4.1	71.7	87.9
Annual Household Income					
Less than \$35,000 per Year	83	90.5	3.3	84.0	97.0
\$35,000 or Higher per Year	103	81.6	4.7	72.4	90.8
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	142	84.3	3.3	77.9	90.8

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	53	80.2	5.8	68.8	91.6
Overweight (25 ≤ BMI < 30)	72	81.1	5.5	70.3	92.0
Obese (BMI ≥ 30)	66	93.9	2.7	88.5	99.2
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	183	85.2	3.0	79.3	91.2
Health Insurance Status					
Insured	174	85.9	3.3	79.5	92.3
Uninsured	*	*	*	*	*

Numerator: Respondents not participating in the recommended level of physical activity or participating in insufficient recommended level of physical activity for either aerobic or muscle strengthening guidelines.

Denominator: All respondents, excluding unknowns and refusals.

Not participating in the recommended level of physical activity referred to not participating in aerobic and strengthening exercises according to guidelines.

Participating in insufficient level of recommended physical activity referred to participating only in aerobic or only in strengthening exercises according to guidelines.

The aerobic guideline is defined as 150 minutes a week of moderate-intensity aerobic activity, or 75 minutes a week of vigorous-intensity aerobic activity, or an equivalent combination of moderate- and vigorous-intensity aerobic activity.

The strengthening guideline is defined as muscle-strengthening activities that involved all major muscle groups two or more times per week.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Not Participating in the Recommended Level of Physical Activity (Aerobic and Strengthening), 2013

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	8,900	42.0	0.4	41.2	42.8
Southwest Kansas Health Initiative	115	46.2	3.9	38.6	53.9
Gender					
Men	52	45.1	5.8	33.7	56.5
Women	63	47.4	5.1	37.3	57.5
Age Group					
18 to 44 Years	31	43.1	6.1	31.1	55.1
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	90	45.7	4.3	37.2	54.2
Race					
White	90	46.1	4.3	37.6	54.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	66	52.5	5.5	41.6	63.4
Some College or College Graduate	48	36.3	5.2	26.2	46.5
Annual Household Income					
Less than \$35,000 per Year	46	46.3	6.4	33.8	58.8
\$35,000 or Higher per Year	55	45.0	5.5	34.2	55.8
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	70	40.3	4.4	31.6	49.0

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	30	28.3	5.7	17.1	39.4
Obese (BMI ≥ 30)	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	94	42.1	4.2	33.9	50.3
Health Insurance Status					
Insured	92	45.9	4.3	37.4	54.4
Uninsured	*	*	*	*	*

Numerator: Respondents who did not participate in the recommended level of aerobic and strengthening exercises during the past month.

Denominator: All respondents, excluding unknowns and refusals.

The aerobic guideline is defined as 150 minutes a week of moderate-intensity aerobic activity, or 75 minutes a week of vigorous-intensity aerobic activity, or an equivalent combination of moderate- and vigorous-intensity aerobic activity.

The strengthening guideline is defined as muscle-strengthening activities that involved all major muscle groups two or more times per week.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Not Participating in Any Physical Activity Other Than Their Regular Job in the Past 30 Days (Leisure Time Physical Activity), 2013

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	6,085	26.5	0.4	25.8	27.3
Southwest Kansas Health Initiative	85	30.8	3.5	24.0	37.6
Gender					
Men	38	29.6	5.0	19.8	39.4
Women	47	32.1	4.8	22.7	41.4
Age Group					
18 to 44 Years	18	23.9	5.1	13.9	34.0
45 to 64 Years	33	34.6	6.0	22.8	46.5
65 Years and Older	34	45.6	6.1	33.6	57.6
Ethnicity					
Hispanic	14	23.3	5.9	11.8	34.9
Non-Hispanic	70	34.2	4.1	26.1	42.3
Race					
White	66	29.4	3.8	21.9	36.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	48	33.2	4.8	23.8	42.7
Some College or College Graduate	36	26.2	4.7	16.9	35.5
Annual Household Income					
Less than \$35,000 per Year	35	27.9	5.1	17.9	38.0
\$35,000 or Higher per Year	35	24.9	4.6	15.9	34.0
Disability Status					
Living with a Disability	34	44.0	7.2	30.0	58.1
Living without a Disability	51	26.9	3.9	19.4	34.5

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	18	25.9	6.2	13.8	38.0
Overweight (25 ≤ BMI < 30)	24	22.2	5.2	12.0	32.4
Obese (BMI ≥ 30)	31	41.6	7.0	27.8	55.4
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	72	29.7	3.7	22.4	37.0
Health Insurance Status					
Insured	66	28.0	3.7	20.8	35.3
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they did not participate in any physical activities or exercise, other than their regular job, in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Consuming Fruit Less than 1 Time Per Day,
2013**

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	8,400	41.7	0.4	40.9	42.6
Southwest Kansas Health Initiative	100	43.2	3.8	35.7	50.7
Gender					
Men	53	49.1	5.7	37.9	60.2
Women	47	37.2	5.0	27.4	47.1
Age Group					
18 to 44 Years	38	46.3	5.9	34.8	57.7
45 to 64 Years	36	41.2	6.5	28.5	53.9
65 Years and Older	25	35.8	6.1	23.8	47.9
Ethnicity					
Hispanic	17	30.0	6.8	16.8	43.3
Non-Hispanic	83	51.3	4.2	43.0	59.6
Race					
White	77	42.6	4.2	34.4	50.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	50	43.0	5.3	32.7	53.3
Some College or College Graduate	50	43.5	5.3	33.2	53.9
Annual Household Income					
Less than \$35,000 per Year	35	38.1	6.0	26.3	49.9
\$35,000 or Higher per Year	51	41.9	5.4	31.4	52.4
Disability Status					
Living with a Disability	35	55.2	7.1	41.4	69.1
Living without a Disability	65	39.9	4.4	31.2	48.6

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	24	45.5	7.3	31.2	59.8
Overweight (25 ≤ BMI < 30)	31	36.0	6.4	23.5	48.5
Obese (BMI ≥ 30)	34	47.6	7.1	33.7	61.4
Leisure Time Physical Activity					
Participates in leisure time physical activity	57	36.6	4.6	27.7	45.6
Does not participate in leisure time physical activity	42	61.3	6.4	48.7	73.9
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	76	37.7	4.1	29.7	45.8
Health Insurance Status					
Insured	82	43.5	4.2	35.2	51.7
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they consumed fruit less than 1 time per day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Consuming Vegetables Less than 1 Time
Per Day, 2013**

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	4,482	22.9	0.4	22.2	23.6
Southwest Kansas Health Initiative	58	28.5	3.8	21.0	35.9
Gender					
Men	32	36.1	6.0	24.4	47.8
Women	26	20.8	4.5	12.1	29.6
Age Group					
18 to 44 Years	15	23.9	5.7	12.8	35.1
45 to 64 Years	24	37.8	6.8	24.5	51.1
65 Years and Older	18	20.5	4.8	11.2	29.8
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	47	28.9	4.2	20.6	37.2
Race					
White	42	22.2	3.6	15.1	29.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	37	34.3	5.4	23.7	44.9
Some College or College Graduate	21	19.7	4.6	10.6	28.7
Annual Household Income					
Less than \$35,000 per Year	26	30.7	6.4	18.2	43.2
\$35,000 or Higher per Year	27	29.2	5.4	18.7	39.7
Disability Status					
Living with a Disability	19	30.8	7.0	17.0	44.6
Living without a Disability	39	27.9	4.5	19.1	36.8

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	12	22.2	6.6	9.2	35.1
Overweight (25 ≤ BMI < 30)	20	30.7	6.9	17.1	44.2
Obese (BMI ≥ 30)	21	31.7	7.0	18.1	45.4
Leisure Time Physical Activity					
Participates in leisure time physical activity	35	25.9	4.6	16.8	34.9
Does not participate in leisure time physical activity	23	34.4	6.7	21.2	47.6
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	53	30.3	4.3	22.0	38.6
Health Insurance Status					
Insured	47	27.0	4.0	19.1	34.9
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they consumed vegetables less than 1 time per day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Lack Health Care Coverage, 2013

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,668	17.1	0.4	16.4	17.8
Southwest Kansas Health Initiative	53	28.8	3.6	21.7	35.9
Gender					
Men	22	28.4	5.5	17.6	39.1
Women	31	29.2	4.8	19.8	38.6
Age Group					
18 to 44 Years	32	40.9	5.7	29.8	52.1
45 to 64 Years	20	23.2	5.7	12.0	34.3
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	30	50.8	7.0	37.0	64.5
Non-Hispanic	22	14.5	3.4	7.8	21.3
Race					
White	27	15.5	3.1	9.4	21.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	32	33.4	5.2	23.3	43.5
Some College or College Graduate	20	21.0	4.6	12.0	30.1
Annual Household Income					
Less than \$35,000 per Year	27	36.9	6.0	25.1	48.8
\$35,000 or Higher per Year	14	13.6	4.0	5.8	21.4
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	46	33.3	4.4	24.8	41.8

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	17	30.9	6.8	17.6	44.2
Overweight (25 ≤ BMI < 30)	15	22.5	5.9	11.0	34.1
Obese (BMI ≥ 30)	11	20.7	6.1	8.8	32.7
Leisure Time Physical Activity					
Participates in leisure time physical activity	28	24.0	4.5	15.2	32.8
Does not participate in leisure time physical activity	18	32.8	6.7	19.7	45.8
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	40	28.1	4.0	20.1	36.0

Numerator: Respondents who reported they had no health care coverage.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Ages 18 to 64 Years Old Who Lack Health Care Coverage,
2013**

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,551	20.8	0.4	19.9	21.6
Southwest Kansas Health Initiative	52	34.1	4.2	25.9	42.4
Gender					
Men	21	32.8	6.2	20.6	45.0
Women	31	35.5	5.6	24.5	46.5
Age Group					
18 to 44 Years	32	40.9	5.7	29.8	52.1
45 to 64 Years	20	23.2	5.7	12.0	34.3
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	30	50.8	7.0	37.0	64.5
Non-Hispanic	21	19.3	4.5	10.5	28.2
Race					
White	26	19.9	4.0	12.1	27.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	31	38.3	5.8	27.0	49.7
Some College or College Graduate	20	26.3	5.6	15.3	37.3
Annual Household Income					
Less than \$35,000 per Year	27	44.7	7.0	31.0	58.4
\$35,000 or Higher per Year	14	16.1	4.7	7.0	25.3
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	45	37.7	4.8	28.3	47.2

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	17	38.3	8.1	22.4	54.2
Overweight (25 ≤ BMI < 30)	14	25.9	6.8	12.6	39.1
Obese (BMI ≥ 30)	11	24.8	7.2	10.7	38.9
Leisure Time Physical Activity					
Participates in leisure time physical activity	28	27.7	5.1	17.7	37.6
Does not participate in leisure time physical activity	17	42.4	8.3	26.1	58.6
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	39	33.8	4.7	24.5	43.1

Numerator: Respondents ages 18-64 years old who reported they had no health care coverage.

Denominator: All respondents ages 18-64 years old, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with No Personal Doctor or Health Care Provider, 2013

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,359	21.5	0.4	20.8	22.3
Southwest Kansas Health Initiative	78	37.4	3.7	30.0	44.7
Gender					
Men	45	47.6	5.6	36.7	58.5
Women	33	26.9	4.5	18.0	35.8
Age Group					
18 to 44 Years	44	49.5	5.6	38.5	60.5
45 to 64 Years	22	29.7	6.4	17.2	42.2
65 Years and Older	12	13.1	3.8	5.6	20.7
Ethnicity					
Hispanic	34	58.7	6.8	45.4	72.0
Non-Hispanic	43	23.5	3.8	16.1	30.9
Race					
White	48	26.3	3.8	18.9	33.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	47	44.7	5.2	34.6	54.9
Some College or College Graduate	30	25.3	4.6	16.2	34.4
Annual Household Income					
Less than \$35,000 per Year	34	39.9	6.0	28.2	51.6
\$35,000 or Higher per Year	27	24.6	5.0	14.9	34.4
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	64	42.4	4.4	33.8	51.0

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	25	40.3	6.9	26.8	53.9
Overweight (25 ≤ BMI < 30)	29	40.2	6.5	27.5	53.0
Obese (BMI ≥ 30)	14	23.4	6.4	10.9	36.0
Leisure Time Physical Activity					
Participates in leisure time physical activity	48	35.8	4.7	26.5	45.0
Does not participate in leisure time physical activity	24	37.7	6.7	24.5	50.8
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	63	37.2	4.1	29.1	45.4
Health Insurance Status					
Insured	44	24.6	3.8	17.1	32.1
Uninsured	33	68.4	7.0	54.7	82.1

Numerator: Respondents who reported they had no personal doctor or health care provider.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Could Not See a Doctor Because of Cost In the Past 12 Months, 2013

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,570	13.6	0.3	13.0	14.2
Southwest Kansas Health Initiative	34	13.6	2.6	8.4	18.7
Gender					
Men	*	*	*	*	*
Women	25	18.0	4.0	10.2	25.9
Age Group					
18 to 44 Years	16	17.7	4.4	9.1	26.4
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	11	17.1	5.0	7.2	27.0
Non-Hispanic	23	11.5	2.9	5.8	17.2
Race					
White	23	10.1	2.5	5.2	14.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	18	15.9	3.9	8.3	23.5
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	18	17.8	4.7	8.6	26.9
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	19	12.8	3.1	6.8	18.8

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	20	12.7	3.2	6.4	18.9
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	26	11.6	2.6	6.4	16.8
Health Insurance Status					
Insured	18	7.9	2.3	3.3	12.4
Uninsured	16	28.1	6.9	14.6	41.6

Numerator: Respondents who reported they could not see a doctor because of cost in the past 12 months.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Fair or Poor Self-Perceived Health Status, 2013

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,911	15.4	0.3	14.8	16.0
Southwest Kansas Health Initiative	54	17.6	2.8	12.2	23.0
Gender					
Men	21	15.0	3.8	7.5	22.4
Women	33	20.3	4.0	12.6	28.1
Age Group					
18 to 44 Years	11	13.9	4.1	5.8	21.9
45 to 64 Years	21	20.8	4.9	11.2	30.5
65 Years and Older	22	24.3	4.9	14.7	33.9
Ethnicity					
Hispanic	11	18.9	5.5	8.2	29.6
Non-Hispanic	43	17.0	3.0	11.2	22.8
Race					
White	44	17.7	3.0	11.8	23.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	31	21.0	4.1	13.0	29.1
Some College or College Graduate	23	12.6	3.0	6.8	18.4
Annual Household Income					
Less than \$35,000 per Year	35	26.6	4.9	17.0	36.2
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	32	39.1	6.9	25.7	52.5
Living without a Disability	22	11.8	2.9	6.1	17.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	23	26.7	6.2	14.6	38.7
Leisure Time Physical Activity					
Participates in leisure time physical activity	24	13.0	3.0	7.1	19.0
Does not participate in leisure time physical activity	28	29.1	6.0	17.3	40.9
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	42	15.7	2.9	10.0	21.3
Health Insurance Status					
Insured	40	14.0	2.7	8.8	19.2
Uninsured	13	25.4	6.8	12.1	38.7

Numerator: Respondents who reported that in general their health is fair or poor.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Their Physical Health Was Not Good on 14
or More Days in the Past 30 Days, 2013**

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,773	10.5	0.2	10.0	11.0
Southwest Kansas Health Initiative	34	10.4	2.1	6.2	14.5
Gender					
Men	14	10.7	3.2	4.5	16.9
Women	20	10.0	2.7	4.7	15.3
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	14	15.5	4.0	7.5	23.4
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	28	11.0	2.4	6.3	15.7
Race					
White	31	12.7	2.6	7.6	17.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	18	9.8	2.8	4.3	15.4
Some College or College Graduate	16	11.3	3.1	5.2	17.4
Annual Household Income					
Less than \$35,000 per Year	24	16.9	4.1	8.9	25.0
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	28	41.6	7.2	27.5	55.7
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	14	19.1	5.4	8.4	29.7
Leisure Time Physical Activity					
Participates in leisure time physical activity	16	8.2	2.4	3.4	12.9
Does not participate in leisure time physical activity	18	18.2	4.8	8.7	27.7
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	26	9.6	2.2	5.2	13.9
Health Insurance Status					
Insured	27	10.8	2.4	6.1	15.5
Uninsured	*	*	*	*	*

Numerator: Respondents who reported 14 or more days when their physical health was not good in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Their Mental Health Was Not Good on 14
or More Days in the Past 30 Days, 2013**

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,075	9.7	0.3	9.2	10.2
Southwest Kansas Health Initiative	25	7.7	1.8	4.1	11.3
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	22	10.4	2.7	5.2	15.6
Race					
White	20	8.9	2.3	4.3	13.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	15	7.1	2.1	3.0	11.2
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	18	6.6	1.9	2.9	10.3
Health Insurance Status					
Insured	20	9.0	2.4	4.4	13.7
Uninsured	*	*	*	*	*

Numerator: Respondents who reported 14 or more days when their mental health was not good in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Reported Their Poor Physical or Mental Health Kept Them From Doing Their Usual Activities, such as Self-care, Work or Recreation in the Past 30 Days, 2013

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	4,563	39.3	0.6	38.1	40.4
Southwest Kansas Health Initiative	49	43.7	5.7	32.6	54.8
Gender					
Men	*	*	*	*	*
Women	27	41.5	7.6	26.7	56.3
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	42	46.8	6.2	34.6	58.9
Race					
White	43	43.0	6.0	31.3	54.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	29	50.3	7.4	35.9	64.8
Some College or College Graduate	20	30.4	7.2	16.3	44.4
Annual Household Income					
Less than \$35,000 per Year	30	54.1	8.0	38.4	69.8
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	32	61.4	7.8	46.2	76.6
Living without a Disability	17	30.2	7.2	16.0	44.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	29	43.3	7.3	29.0	57.6
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	35	40.2	6.6	27.3	53.1
Health Insurance Status					
Insured	42	41.0	6.0	29.2	52.8
Uninsured	*	*	*	*	*

Numerator: Respondents who reported one or more days in the past 30 days when their poor physical or mental health kept them from doing their usual activities, such as self-care, work or recreation.

Denominator: Respondents with at least one day in the past 30 days when their physical or mental health was not good, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Ages 18 Years and Older Who Did Not Get Immunized
Against Influenza During the Past 12 Months, 2013**

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	11,185	57.8	0.4	57.0	58.6
Southwest Kansas Health Initiative	146	63.0	3.6	55.9	70.1
Gender					
Men	65	61.8	5.5	51.0	72.6
Women	81	64.2	4.7	55.1	73.4
Age Group					
18 to 44 Years	54	67.8	5.7	56.6	78.9
45 to 64 Years	59	70.1	5.6	59.1	81.1
65 Years and Older	32	34.5	5.6	23.5	45.5
Ethnicity					
Hispanic	38	71.8	6.9	58.3	85.3
Non-Hispanic	107	57.6	4.2	49.4	65.8
Race					
White	111	59.2	4.1	51.1	67.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	77	66.0	5.1	56.1	76.0
Some College or College Graduate	68	58.0	5.1	48.1	67.9
Annual Household Income					
Less than \$35,000 per Year	57	60.1	6.1	48.0	72.1
\$35,000 or Higher per Year	64	59.0	5.2	48.9	69.1
Disability Status					
Living with a Disability	41	63.5	6.6	50.6	76.4
Living without a Disability	104	62.7	4.3	54.2	71.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	36	61.5	7.0	47.8	75.1
Overweight (25 ≤ BMI < 30)	48	54.9	6.6	42.0	67.9
Obese (BMI ≥ 30)	44	64.4	6.5	51.5	77.2
Leisure Time Physical Activity					
Participates in leisure time physical activity	94	59.2	4.6	50.3	68.1
Does not participate in leisure time physical activity	52	71.4	5.6	60.3	82.5
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	125	61.5	4.0	53.7	69.3
Health Insurance Status					
Insured	108	57.5	4.1	49.4	65.6
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they did not get a flu shot or flu vaccine sprayed in their nose during the past 12 months.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults 65 Years Old and Older Who Did Not Get Immunized
Against Influenza During the Past 12 Months, 2013**

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,547	35.2	0.6	33.9	36.4
Southwest Kansas Health Initiative	32	34.5	5.6	23.5	45.5
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	32	34.5	5.6	23.5	45.5
Race					
White	30	33.3	5.7	22.2	44.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	<i>31</i>	<i>37.6</i>	<i>6.0</i>	<i>25.8</i>	<i>49.3</i>
Health Insurance Status					
Insured	<i>31</i>	<i>33.9</i>	<i>5.6</i>	<i>22.9</i>	<i>44.9</i>
Uninsured	*	*	*	*	*

Numerator: Respondents 65 years old and older who reported they did not receive a flu shot or flu vaccine sprayed in their nose during the past 12 months.

Denominator: All respondents 65 years old and older, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults 65 Years Old and Older Who Never Had Pneumonia
Vaccination, 2013**

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,063	30.0	0.6	28.7	31.2
Southwest Kansas Health Initiative	32	38.3	6.0	26.5	50.0
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	32	38.3	6.0	26.5	50.0
Race					
White	29	36.0	6.0	24.2	47.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	29	36.0	6.0	24.3	47.8
Health Insurance Status					
Insured	31	37.7	6.0	25.9	49.5
Uninsured	*	*	*	*	*

Numerator: Respondents 65 years old and older who reported they never had a pneumonia vaccination.

Denominator: All respondents 65 years old and older, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported That They Do Not Always Wear a Seatbelt
When They Drive or Ride in a Car, 2013**

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,359	17.0	0.3	16.3	17.6
Southwest Kansas Health Initiative	70	25.1	3.2	18.8	31.4
Gender					
Men	43	31.8	5.1	21.9	41.7
Women	27	18.0	3.9	10.3	25.7
Age Group					
18 to 44 Years	19	22.2	5.0	12.4	31.9
45 to 64 Years	29	28.4	5.5	17.6	39.1
65 Years and Older	21	25.2	5.2	15.1	35.4
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	65	35.7	4.2	27.4	44.0
Race					
White	61	29.9	3.8	22.4	37.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	37	25.3	4.4	16.7	33.9
Some College or College Graduate	33	25.0	4.7	15.9	34.2
Annual Household Income					
Less than \$35,000 per Year	27	27.4	5.4	16.8	38.1
\$35,000 or Higher per Year	33	21.5	4.1	13.5	29.4
Disability Status					
Living with a Disability	30	41.2	7.1	27.4	55.1
Living without a Disability	39	19.8	3.5	13.0	26.6

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	18	25.6	6.5	12.8	38.4
Overweight (25 ≤ BMI < 30)	25	20.9	4.7	11.7	30.0
Obese (BMI ≥ 30)	21	31.4	6.6	18.4	44.4
Leisure Time Physical Activity					
Participates in leisure time physical activity	42	21.0	3.6	14.0	28.0
Does not participate in leisure time physical activity	28	34.2	6.4	21.6	46.7
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	56	21.2	3.3	14.8	27.6
Health Insurance Status					
Insured	59	27.1	3.6	20.0	34.2
Uninsured	*	*	*	*	*

Respondents who reported they nearly always, sometimes, seldom or never use a seatbelt when they ride or drive in a car.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Currently Smoke Cigarettes, 2013

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,865	20.0	0.4	19.3	20.7
Southwest Kansas Health Initiative	37	16.9	2.9	11.3	22.6
Gender					
Men	13	13.9	3.8	6.4	21.4
Women	24	20.0	4.2	11.7	28.2
Age Group					
18 to 44 Years	15	18.9	4.6	9.9	27.8
45 to 64 Years	16	17.2	4.7	8.0	26.4
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	28	17.6	3.4	11.0	24.2
Race					
White	33	20.7	3.5	13.7	27.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	24	20.3	4.1	12.2	28.4
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	21	21.0	4.7	11.7	30.2
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	14	25.6	6.5	12.9	38.2
Living without a Disability	23	14.5	3.2	8.3	20.8

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	14	20.9	5.9	9.3	32.5
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	13	24.7	6.5	11.9	37.4
Leisure Time Physical Activity					
Participates in leisure time physical activity	22	15.2	3.4	8.6	21.8
Does not participate in leisure time physical activity	12	18.2	5.3	7.9	28.5
Health Insurance Status					
Insured	26	16.9	3.3	10.3	23.4
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they have smoked at least 100 cigarettes in their entire life and that they now smoke some days or every day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Currently Use Any Smokeless Tobacco Products, 2013

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	961	5.5	0.2	5.1	5.9
Southwest Kansas Health Initiative	16	5.0	1.3	2.4	7.6
Gender					
Men	15	9.8	2.7	4.5	15.1
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	15	6.9	1.9	3.3	10.6
Race					
White	13	6.3	1.9	2.6	9.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	13	5.8	1.7	2.5	9.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	13	6.1	1.7	2.6	9.5
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	14	5.1	1.4	2.3	7.8
Health Insurance Status					
Insured	15	6.1	1.6	2.8	9.3
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they currently use chewing tobacco, snuff or snus (Swedish for snuff) some days or every day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Men Who Currently Use Any Smokeless Tobacco Products, 2013

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	866	10.4	0.4	9.6	11.2
Southwest Kansas Health Initiative	15	9.8	2.7	4.5	15.1
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	14	13.8	3.7	6.4	21.1
Race					
White	*	*	*	*	*
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	12	11.1	3.3	4.6	17.6
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	12	11.2	3.3	4.7	17.8
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	14	9.8	2.8	4.4	15.3
Health Insurance Status					
Insured	14	11.7	3.2	5.3	18.0
Uninsured	*	*	*	*	*

Numerator: Male respondents who reported they currently use chewing tobacco, snuff or snus (Swedish for snuff) some days or every day.

Denominator: All male respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Ever Served on Active Duty in the United States
Armed Forces, 2013**

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,022	12.0	0.3	11.5	12.5
Southwest Kansas Health Initiative	31	7.6	1.6	4.4	10.8
Gender					
Men	30	13.9	3.0	8.0	19.8
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	23	28.4	5.5	17.6	39.2
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	29	10.8	2.3	6.4	15.3
Race					
White	29	10.0	2.1	5.9	14.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	17	9.1	2.6	4.0	14.3
Annual Household Income					
Less than \$35,000 per Year	14	8.5	2.5	3.6	13.4
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	14	13.7	4.0	5.9	21.6
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	20	7.7	2.1	3.5	11.9
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	27	7.9	1.8	4.2	11.5
Health Insurance Status					
Insured	28	9.8	2.2	5.5	14.1
Uninsured	*	*	*	*	*

Numerator: Respondents who reported that they served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Are Obese, 2013

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	6,656	30.0	0.4	29.2	30.7
Southwest Kansas Health Initiative	79	31.2	3.6	24.1	38.2
Gender					
Men	26	20.7	4.5	11.9	29.6
Women	53	42.5	5.3	32.2	52.9
Age Group					
18 to 44 Years	27	34.6	5.8	23.1	46.0
45 to 64 Years	26	26.1	5.4	15.6	36.7
65 Years and Older	26	30.9	5.6	19.9	41.8
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	64	32.3	4.1	24.3	40.3
Race					
White	68	33.7	4.0	25.8	41.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	37	33.5	5.2	23.3	43.8
Some College or College Graduate	42	28.4	4.7	19.2	37.6
Annual Household Income					
Less than \$35,000 per Year	39	37.5	5.9	26.0	49.0
\$35,000 or Higher per Year	34	23.8	4.5	15.0	32.6
Disability Status					
Living with a Disability	40	57.2	7.0	43.4	71.0
Living without a Disability	38	23.4	4.0	15.7	31.2

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	44	25.3	4.0	17.4	33.2
Does not participate in leisure time physical activity	31	43.5	7.3	29.2	57.7
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	64	28.0	3.8	20.6	35.3
Health Insurance Status					
Insured	68	33.0	4.1	25.0	40.9
Uninsured	*	*	*	*	*

Numerator: Respondents with a body mass index greater than or equal to 30, based on self-reported height and weight.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Are Overweight or Obese, 2013

Southwest Kansas Health Initiative

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	14,533	65.3	0.4	64.5	66.1
Southwest Kansas Health Initiative	175	68.6	3.6	61.5	75.6
Gender					
Men	79	64.9	5.5	54.2	75.6
Women	96	72.6	4.5	63.8	81.4
Age Group					
18 to 44 Years	55	66.6	5.7	55.4	77.8
45 to 64 Years	64	74.4	5.6	63.3	85.5
65 Years and Older	56	63.1	6.1	51.2	75.0
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	142	67.9	4.1	59.8	76.0
Race					
White	143	68.7	4.0	60.9	76.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	89	74.5	4.9	64.9	84.1
Some College or College Graduate	86	61.5	5.1	51.4	71.5
Annual Household Income					
Less than \$35,000 per Year	67	64.7	5.8	53.4	75.9
\$35,000 or Higher per Year	85	70.0	5.3	59.7	80.3
Disability Status					
Living with a Disability	63	82.7	5.2	72.5	92.9
Living without a Disability	110	64.2	4.4	55.6	72.8

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	110	66.5	4.5	57.6	75.4
Does not participate in leisure time physical activity	55	71.8	6.6	58.9	84.7
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	152	70.1	3.9	62.4	77.7
Health Insurance Status					
Insured	148	71.0	3.8	63.5	78.6
Uninsured	*	*	*	*	*

Numerator: Respondents with a body mass index greater than or equal to 25, based on self-reported height and weight.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Technical Notes

The 2013 BRFSS data for your county/region on 42 health risk indicators, analyzed by various subpopulation groups (e.g. gender, age group, ethnicity, etc.), are included in this report. The indicators are summarized in tables that show:

- Unweighted Frequency: the number of respondents who reported the risk behavior
- Weighted Percentage: the prevalence estimate for the risk behavior within a particular subpopulation group category
- Standard Error: used to compute the 95% confidence limits
- Lower and upper 95% confidence limits

Prevalence estimates vary in precision depending on sample size. One way of describing the precision of an estimate is the margin of error, which is the half-width of the confidence interval. When the sample size is large for a particular subpopulation group, the corresponding margin of error for an estimate is small. When the sample size is small for a particular subpopulation group, the corresponding margin of error for an estimate is large. Large margins of error (i.e. >5) indicate that an estimate may be less precise. Prevalence estimates that have a margin of error >5 are *italicized* in this report and should be interpreted with caution.

To determine whether two weighted percentages are significantly different from one another, the reader must compare the confidence intervals. Confidence intervals which do not overlap indicate a statistically significant difference between the two prevalence estimates while overlapping confidence intervals indicate that two estimates are not statistically different from one another. It is incorrect to say two estimates are different if their confidence limits overlap.

Estimates have been censored with an asterisk ("*") when the sample size was inadequate and/or when the estimates were statistically unreliable. Specifically, estimates were censored when any of the following conditions were met:

- the numerator of the indicator is less than 5
- the denominator of the indicator is less than 50
- the relative standard error (RSE) is 30 percent or higher

RSE is obtained by dividing the standard error of the estimate by the estimate itself, then multiplying that result by 100 to be expressed as a percent.

2011 BRFSS data represent a new baseline for public health surveillance. Due to changes in BRFSS survey methodology, the BRFSS estimates for 2011 and subsequent years cannot be compared to estimates from the years prior to 2011.

For more information on changes to the Kansas BRFSS survey methodology beginning in 2011, please visit: <http://www.kdheks.gov/brfss/newmethod.html>

For more detailed technical notes on the Kansas BRFSS, please visit: <http://www.kdheks.gov/brfss/technotes.html>