

2013 Kansas Behavioral Risk Factor Surveillance System Local Data

SEK Multi-County Region



November 2014

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State of Kansas
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**Kansas Department of Health and Environment
Bureau of Health Promotion
November 2014**

Kansas Department of Health and Environment (KDHE)

Mission

To protect and improve the health and environment of all Kansans

Vision

Healthy Kansans living in safe and sustainable environments

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Foreword

The Behavioral Risk Factor Surveillance System (BRFSS) is the world's largest, annual population-based telephone survey system, tracking health conditions and risk behaviors in the U.S. It is coordinated by the Centers for Disease Control and Prevention (CDC) and is conducted in every state and several territories.

BRFSS allows us to perform a critical public health function of assessing population health and identifying issues critically important to public health and population health management. BRFSS provides data on a wide range of health issues including information related to access to health care, chronic and infectious diseases, clinical preventive services, environmental quality, infant and child health, injury and violence, maternal health, mental health, nutrition, physical activity, obesity, oral health, reproductive and sexual health, substance abuse and tobacco use.

Prior to 2009, the sample size for the Kansas survey was sufficient to produce state level estimates of health risk behaviors. Beginning in 2009, the Kansas BRFSS was expanded in response to demand from local health officials for local level health risk behavior data for a 10-year project. The survey now collects adequate sample data during odd years (2009, 2011, 2013, 2015 and 2017) to provide local level estimates by county or region for these years. By the conclusion of the 10-year project, most Kansas counties will have county-specific data for use in estimating trends in selected health indicators from 2011 forward. Data from 2011 onward cannot be compared to previous years as the BRFSS data collection and analysis methods changed beginning in 2011.

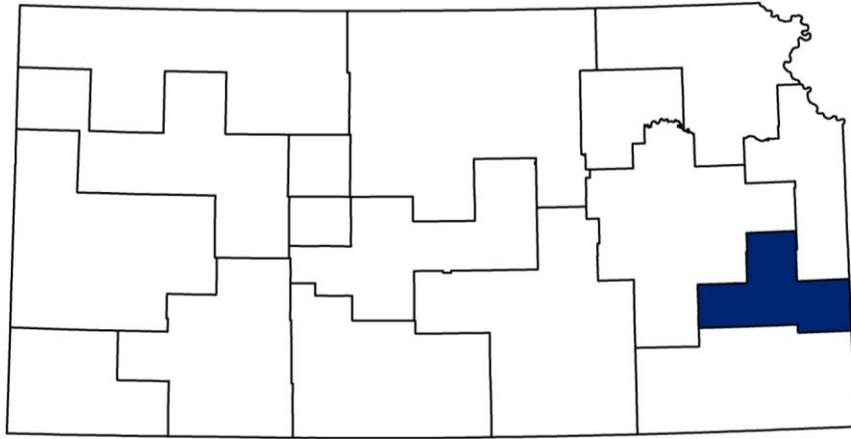
During the 2013 survey year, data were collected from more than 20,000 adult Kansans, providing estimates for 42 of the state's 105 counties and for 16 Public Health Preparedness Regions, with data for 42 health risk indicators analyzed at the county or regional level.

BRFSS data help public health professionals measure Kansans health behaviors, conditions and concerns at the state and the local level. These data are important when we consider where to focus our public health efforts and to help us emphasize the benefits of prevention.

Sincerely,



Robert Moser, MD
Secretary and State Health Officer
Kansas Department of Health and Environment



The SEK Multi-County Region comprises the following counties:
Allen, Anderson, Bourbon, Woodson

Kansas Behavioral Risk Factor Surveillance System – Local Data, 2013 can also be accessed at <http://www.kdheks.gov/brfss/>

If you have any questions about survey methodology or need assistance interpreting the data, please contact:

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Unpublished Tables - The following data table is not published due to insufficient sample and/or statistically unreliable estimates for SEK Multi-County Region: Heavy Drinking.

Percentage of Adults Who Are Binge Drinkers, 2013

SEK Multi-County Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,583	15.4	0.3	14.7	16.0
SEK Multi-County Region	39	14.2	2.3	9.6	18.8
Gender					
Men	22	19.8	4.1	11.8	27.8
Women	17	8.9	2.3	4.4	13.5
Age Group					
18 to 44 Years	21	24.9	5.1	15.0	34.8
45 to 64 Years	17	12.4	3.2	6.0	18.7
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	39	14.4	2.4	9.8	19.1
Race					
White	39	15.2	2.5	10.3	20.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	15	12.1	3.3	5.7	18.6
Some College or College Graduate	24	16.0	3.3	9.5	22.4
Annual Household Income					
Less than \$35,000 per Year	13	9.4	2.7	4.0	14.7
\$35,000 or Higher per Year	22	22.7	4.6	13.7	31.8
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	31	15.4	2.8	9.8	20.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	15	18.8	4.8	9.3	28.3
Overweight (25 ≤ BMI < 30)	12	10.9	3.3	4.5	17.3
Obese (BMI ≥ 30)	12	16.4	4.7	7.2	25.5
Leisure Time Physical Activity					
Participates in leisure time physical activity	25	14.1	3.0	8.3	19.9
Does not participate in leisure time physical activity	12	13.6	4.0	5.9	21.4
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	29	15.3	2.9	9.7	20.9
Health Insurance Status					
Insured	35	16.2	2.8	10.7	21.6
Uninsured	*	*	*	*	*

Numerator: Male respondents who reported having five or more drinks on one occasion in the past 30 days or female respondents who reported having four or more drinks on one occasion in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Doctor Diagnosed Arthritis, 2013

SEK Multi-County Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	7,380	23.9	0.3	23.3	24.5
SEK Multi-County Region	164	37.1	2.9	31.4	42.8
Gender					
Men	57	38.3	4.6	29.3	47.3
Women	107	36.0	3.6	28.9	43.0
Age Group					
18 to 44 Years	19	22.9	5.1	12.9	32.8
45 to 64 Years	67	42.7	4.6	33.7	51.7
65 Years and Older	78	53.2	4.7	43.9	62.5
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	164	37.4	2.9	31.7	43.1
Race					
White	160	38.9	3.0	33.0	44.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	81	41.5	4.5	32.7	50.4
Some College or College Graduate	82	33.1	3.7	25.7	40.4
Annual Household Income					
Less than \$35,000 per Year	81	42.1	4.4	33.4	50.8
\$35,000 or Higher per Year	50	30.0	4.4	21.3	38.6
Disability Status					
Living with a Disability	85	67.2	5.4	56.5	77.8
Living without a Disability	79	25.1	3.1	19.0	31.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	38	26.0	4.6	17.1	35.0
Overweight (25 ≤ BMI < 30)	54	37.3	4.9	27.8	46.8
Obese (BMI ≥ 30)	62	49.6	5.5	38.7	60.5
Leisure Time Physical Activity					
Participates in leisure time physical activity	103	38.5	3.7	31.2	45.7
Does not participate in leisure time physical activity	58	40.7	5.3	30.3	51.0
Smoking Status					
Current smoker	37	36.3	6.3	24.0	48.6
Non-smoker	127	38.2	3.3	31.7	44.7
Health Insurance Status					
Insured	142	38.5	3.2	32.3	44.7
Uninsured	20	30.7	7.1	16.8	44.6

Numerator: Respondents who reported they had been told by a doctor or other health professional that they have some form of arthritis, rheumatoid arthritis, gout, lupus or fibromyalgia.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Doctor Diagnosed Arthritis Who Are Limited in Their Usual Activities Because of Arthritis or Joint Symptoms, 2013

SEK Multi-County Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,286	46.4	0.7	45.0	47.9
SEK Multi-County Region	83	47.5	4.8	38.0	57.0
Gender					
Men	26	37.7	7.1	23.8	51.6
Women	57	57.6	6.0	45.8	69.4
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	33	51.7	7.3	37.4	66.1
65 Years and Older	40	52.1	6.7	38.9	65.4
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	83	47.5	4.8	38.0	57.0
Race					
White	82	47.9	4.9	38.2	57.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	39	44.4	6.7	31.1	57.6
Some College or College Graduate	43	50.8	6.9	37.3	64.3
Annual Household Income					
Less than \$35,000 per Year	44	46.9	6.9	33.3	60.5
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	58	63.3	6.9	49.7	76.9
Living without a Disability	25	29.6	6.1	17.7	41.5

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	29	55.8	8.2	39.8	71.8
Obese (BMI ≥ 30)	31	45.3	7.9	29.7	60.8
Leisure Time Physical Activity					
Participates in leisure time physical activity	47	42.6	6.0	30.9	54.3
Does not participate in leisure time physical activity	36	59.1	7.8	43.8	74.3
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	62	45.9	5.4	35.3	56.5
Health Insurance Status					
Insured	74	51.1	5.3	40.7	61.4
Uninsured	*	*	*	*	*

Numerator: Respondents who reported any limitation in their usual activities because of arthritis or joint symptoms.

Denominator: Respondents with doctor, nurse or other health professional diagnosed arthritis, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Current Asthma, 2013

SEK Multi-County Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,072	8.9	0.2	8.4	9.3
SEK Multi-County Region	49	13.1	2.2	8.8	17.4
Gender					
Men	16	10.7	2.9	5.0	16.5
Women	33	15.3	3.2	9.0	21.7
Age Group					
18 to 44 Years	15	17.7	4.8	8.4	27.0
45 to 64 Years	22	12.5	2.8	6.9	18.0
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	49	13.3	2.2	8.9	17.6
Race					
White	45	12.1	2.1	8.1	16.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	18	14.1	3.8	6.7	21.6
Some College or College Graduate	31	12.2	2.4	7.5	16.9
Annual Household Income					
Less than \$35,000 per Year	32	15.6	3.1	9.5	21.7
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	34	30.2	5.5	19.5	40.9
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	28	23.1	4.6	14.0	32.1
Leisure Time Physical Activity					
Participates in leisure time physical activity	25	10.8	2.7	5.6	16.0
Does not participate in leisure time physical activity	22	20.3	4.7	11.1	29.5
Smoking Status					
Current smoker	15	22.4	6.2	10.2	34.5
Non-smoker	33	9.9	2.0	6.0	13.9
Health Insurance Status					
Insured	41	12.1	2.1	7.9	16.3
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they had asthma and that they currently have asthma.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Have Been Diagnosed With Cancer (Excluding Skin Cancer), 2013

SEK Multi-County Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,256	6.8	0.2	6.5	7.1
SEK Multi-County Region	53	9.6	1.6	6.5	12.6
Gender					
Men	15	7.0	2.0	3.0	11.0
Women	38	12.0	2.3	7.4	16.6
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	19	9.1	2.2	4.8	13.4
65 Years and Older	33	22.7	4.1	14.6	30.7
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	53	9.7	1.6	6.6	12.8
Race					
White	51	10.0	1.7	6.8	13.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	25	11.2	2.7	5.9	16.5
Some College or College Graduate	28	8.1	1.7	4.8	11.5
Annual Household Income					
Less than \$35,000 per Year	27	10.8	2.6	5.7	15.8
\$35,000 or Higher per Year	17	7.8	2.0	3.8	11.8
Disability Status					
Living with a Disability	20	15.0	4.0	7.2	22.9
Living without a Disability	33	7.4	1.4	4.6	10.2

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	16	8.1	2.3	3.5	12.7
Overweight (25 ≤ BMI < 30)	23	<i>16.1</i>	3.8	8.7	23.6
Obese (BMI ≥ 30)	14	6.6	1.9	2.8	10.4
Leisure Time Physical Activity					
Participates in leisure time physical activity	30	8.5	1.9	4.8	12.3
Does not participate in leisure time physical activity	22	<i>13.2</i>	3.1	7.1	19.4
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	45	10.7	1.8	7.2	14.1
Health Insurance Status					
Insured	50	10.8	1.7	7.4	14.1
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they had cancer (excluding skin cancer).

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Have Been Diagnosed With Skin Cancer, 2013

SEK Multi-County Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,157	6.3	0.2	6.0	6.6
SEK Multi-County Region	40	8.5	1.5	5.6	11.3
Gender					
Men	23	11.2	2.5	6.2	16.2
Women	17	5.9	1.5	2.9	8.9
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	31	27.4	4.6	18.4	36.4
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	40	8.6	1.5	5.7	11.5
Race					
White	38	8.7	1.5	5.7	11.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	15	8.3	2.3	3.9	12.7
Some College or College Graduate	25	8.6	1.9	4.9	12.4
Annual Household Income					
Less than \$35,000 per Year	19	8.9	2.3	4.5	13.3
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	15	10.8	3.1	4.7	16.9
Living without a Disability	24	7.2	1.6	4.1	10.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	14	10.2	2.9	4.4	15.9
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	31	10.2	2.0	6.2	14.1
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	34	10.1	1.9	6.4	13.8
Health Insurance Status					
Insured	39	10.5	1.8	7.0	14.1
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they had skin cancer.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who had a Heart Attack, 2013

SEK Multi-County Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,331	4.2	0.1	4.0	4.5
SEK Multi-County Region	33	7.2	1.4	4.5	9.9
Gender					
Men	18	10.0	2.5	5.1	14.9
Women	15	4.6	1.3	2.1	7.1
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	14	9.8	2.9	4.1	15.5
65 Years and Older	19	15.3	3.4	8.6	22.1
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	32	7.0	1.4	4.3	9.7
Race					
White	32	7.5	1.5	4.6	10.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	16	8.6	2.3	4.1	13.1
Some College or College Graduate	17	6.0	1.7	2.7	9.2
Annual Household Income					
Less than \$35,000 per Year	19	8.0	1.9	4.2	11.8
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	16	12.0	3.4	5.3	18.6
Living without a Disability	17	5.3	1.4	2.6	8.0

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	16	11.1	3.2	4.9	17.3
Leisure Time Physical Activity					
Participates in leisure time physical activity	23	8.1	1.9	4.4	11.7
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	24	6.7	1.4	3.9	9.6
Health Insurance Status					
Insured	33	9.2	1.7	5.8	12.6
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they had a heart attack also called a myocardial infarction.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who had Angina or Coronary Heart Disease, 2013

SEK Multi-County Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,352	4.2	0.1	4.0	4.5
SEK Multi-County Region	26	5.4	1.2	3.1	7.8
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	15	10.2	2.7	4.9	15.4
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	25	5.2	1.2	2.9	7.5
Race					
White	26	5.8	1.3	3.3	8.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	16	6.6	1.8	3.1	10.1
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	16	11.9	3.4	5.2	18.6
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	15	5.3	1.6	2.3	8.3
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	19	5.1	1.3	2.7	7.6
Health Insurance Status					
Insured	25	6.4	1.5	3.6	9.3
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they had angina or coronary heart disease.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Had a Stroke, 2013

SEK Multi-County Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	923	3.0	0.1	2.7	3.2
SEK Multi-County Region	18	3.4	0.9	1.6	5.2
Gender					
Men	*	*	*	*	*
Women	13	4.1	1.2	1.7	6.5
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	18	3.5	0.9	1.7	5.3
Race					
White	16	3.3	0.9	1.5	5.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*	*	*	*	*
Health Insurance Status					
Insured	17	4.1	1.1	1.9	6.3
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they had a stroke.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Percentage of Adults with Diagnosed Hypertension, 2013

SEK Multi-County Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	9,309	31.3	0.4	30.6	32.0
SEK Multi-County Region	157	36.4	2.9	30.6	42.1
Gender					
Men	63	39.7	4.6	30.7	48.7
Women	94	33.2	3.6	26.1	40.3
Age Group					
18 to 44 Years	16	21.6	5.2	11.4	31.8
45 to 64 Years	61	41.1	4.6	32.1	50.1
65 Years and Older	80	54.8	4.7	45.5	64.1
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	156	36.5	2.9	30.8	42.3
Race					
White	148	35.7	2.9	30.0	41.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	73	38.4	4.5	29.6	47.2
Some College or College Graduate	83	34.5	3.8	27.1	41.9
Annual Household Income					
Less than \$35,000 per Year	73	33.1	4.0	25.3	41.0
\$35,000 or Higher per Year	52	35.0	4.7	25.8	44.1
Disability Status					
Living with a Disability	68	51.4	5.6	40.5	62.3
Living without a Disability	89	30.5	3.3	23.9	37.0

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	31	20.5	4.0	12.7	28.4
Overweight (25 ≤ BMI < 30)	54	36.7	4.7	27.4	45.9
Obese (BMI ≥ 30)	63	50.9	5.5	40.1	61.8
Leisure Time Physical Activity					
Participates in leisure time physical activity	95	36.2	3.7	28.9	43.4
Does not participate in leisure time physical activity	56	42.5	5.4	31.9	53.1
Smoking Status					
Current smoker	34	35.3	6.4	22.8	47.7
Non-smoker	122	37.4	3.3	30.9	43.9
Health Insurance Status					
Insured	142	38.9	3.2	32.7	45.1
Uninsured	15	28.1	7.3	13.8	42.5

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they have high blood pressure.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Did Not Have Their Blood Cholesterol Checked
Within the Past Five Years, 2013**

SEK Multi-County Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,976	26.7	0.4	25.9	27.5
SEK Multi-County Region	72	27.1	3.0	21.1	33.1
Gender					
Men	30	26.6	4.4	18.0	35.2
Women	42	27.6	4.2	19.3	35.9
Age Group					
18 to 44 Years	33	46.7	6.2	34.5	58.9
45 to 64 Years	23	17.1	3.8	9.6	24.5
65 Years and Older	16	14.5	3.8	7.2	21.9
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	71	26.9	3.1	20.9	32.9
Race					
White	69	26.2	3.0	20.3	32.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	44	36.9	4.9	27.3	46.6
Some College or College Graduate	28	18.7	3.5	11.8	25.5
Annual Household Income					
Less than \$35,000 per Year	41	31.7	4.5	22.8	40.5
\$35,000 or Higher per Year	19	18.1	4.1	10.0	26.2
Disability Status					
Living with a Disability	18	24.7	5.7	13.6	35.8
Living without a Disability	53	27.8	3.6	20.6	34.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	27	34.5	5.9	22.9	46.0
Overweight (25 ≤ BMI < 30)	24	24.0	4.6	14.9	33.0
Obese (BMI ≥ 30)	16	20.0	5.0	10.2	29.7
Leisure Time Physical Activity					
Participates in leisure time physical activity	45	27.7	3.8	20.2	35.2
Does not participate in leisure time physical activity	25	29.1	5.7	18.0	40.3
Smoking Status					
Current smoker	23	37.7	7.0	23.9	51.4
Non-smoker	48	23.4	3.3	16.9	29.8
Health Insurance Status					
Insured	43	17.1	2.6	11.9	22.3
Uninsured	29	66.0	7.1	52.1	79.8

Numerator: Respondents who reported they had not checked their blood cholesterol in the past five years.

Denominator: All respondents excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Tested and Diagnosed with High Cholesterol, 2013

SEK Multi-County Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	8,351	38.1	0.4	37.3	38.9
SEK Multi-County Region	156	43.0	3.3	36.6	49.4
Gender					
Men	60	44.9	5.2	34.7	55.2
Women	96	41.2	4.0	33.4	49.0
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	72	53.7	4.9	44.1	63.3
65 Years and Older	76	56.9	5.0	47.0	66.7
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	155	43.1	3.3	36.7	49.5
Race					
White	146	41.6	3.3	35.1	48.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	74	53.1	5.4	42.6	63.6
Some College or College Graduate	81	36.2	4.0	28.3	44.0
Annual Household Income					
Less than \$35,000 per Year	74	47.7	5.1	37.7	57.6
\$35,000 or Higher per Year	56	37.1	4.9	27.6	46.7
Disability Status					
Living with a Disability	65	61.9	5.9	50.3	73.6
Living without a Disability	91	35.6	3.7	28.2	42.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	36	34.5	5.9	22.9	46.1
Overweight (25 ≤ BMI < 30)	54	46.3	5.6	35.2	57.3
Obese (BMI ≥ 30)	58	50.1	6.1	38.2	61.9
Leisure Time Physical Activity					
Participates in leisure time physical activity	98	40.6	3.9	32.9	48.3
Does not participate in leisure time physical activity	52	53.7	6.5	41.1	66.4
Smoking Status					
Current smoker	33	44.9	7.8	29.6	60.3
Non-smoker	123	43.4	3.6	36.3	50.5
Health Insurance Status					
Insured	148	45.4	3.5	38.6	52.2
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they have high blood cholesterol.

Denominator: Respondents who had ever had their blood cholesterol checked, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Have Chronic Obstructive Pulmonary Disease
(COPD), Emphysema or Chronic Bronchitis, 2013**

SEK Multi-County Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,835	6.2	0.2	5.9	6.6
SEK Multi-County Region	51	10.7	1.8	7.2	14.2
Gender					
Men	17	8.4	2.4	3.8	13.0
Women	34	13.0	2.6	7.8	18.1
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	19	9.6	2.4	4.8	14.4
65 Years and Older	23	13.7	3.1	7.7	19.7
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	51	10.9	1.8	7.3	14.4
Race					
White	48	10.7	1.8	7.1	14.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	24	12.8	3.1	6.8	18.9
Some College or College Graduate	26	8.8	2.0	5.0	12.7
Annual Household Income					
Less than \$35,000 per Year	28	13.0	3.0	7.2	18.9
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	36	26.1	4.7	16.9	35.3
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	18	13.9	3.8	6.4	21.4
Obese (BMI ≥ 30)	19	12.6	3.3	6.2	19.1
Leisure Time Physical Activity					
Participates in leisure time physical activity	29	10.5	2.2	6.1	14.9
Does not participate in leisure time physical activity	19	10.8	2.9	5.1	16.4
Smoking Status					
Current smoker	24	24.5	5.6	13.6	35.4
Non-smoker	27	6.4	1.4	3.7	9.2
Health Insurance Status					
Insured	45	10.9	1.9	7.2	14.6
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they have chronic obstructive pulmonary disease (COPD), emphysema or chronic bronchitis.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Were EVER Diagnosed with a Depressive Disorder,
2013**

SEK Multi-County Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	4,386	18.1	0.3	17.5	18.7
SEK Multi-County Region	71	19.7	2.5	14.7	24.6
Gender					
Men	17	12.6	3.2	6.3	18.9
Women	54	26.3	3.7	19.1	33.5
Age Group					
18 to 44 Years	25	26.7	5.2	16.5	36.8
45 to 64 Years	28	18.6	3.6	11.5	25.6
65 Years and Older	18	11.2	2.9	5.6	16.8
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	70	19.4	2.5	14.5	24.3
Race					
White	67	18.5	2.4	13.8	23.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	29	18.1	3.8	10.6	25.5
Some College or College Graduate	42	21.1	3.3	14.6	27.6
Annual Household Income					
Less than \$35,000 per Year	44	26.2	4.1	18.3	34.2
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	41	39.0	5.6	28.0	50.0
Living without a Disability	30	11.7	2.4	7.0	16.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	17	17.3	4.4	8.7	25.9
Overweight (25 ≤ BMI < 30)	19	15.6	3.8	8.1	23.2
Obese (BMI ≥ 30)	29	22.5	4.5	13.7	31.3
Leisure Time Physical Activity					
Participates in leisure time physical activity	42	19.3	3.2	13.0	25.6
Does not participate in leisure time physical activity	27	21.9	4.3	13.5	30.3
Smoking Status					
Current smoker	24	33.5	6.6	20.6	46.4
Non-smoker	47	15.3	2.4	10.6	20.1
Health Insurance Status					
Insured	50	14.8	2.3	10.4	19.2
Uninsured	20	36.8	7.7	21.7	52.0

Numerator: Respondents who reported they had ever been told by a doctor, nurse or other health professional that they have a depressive disorder (including depression, major depression, dysthymia, or minor depression).

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Diagnosed Diabetes, 2013

SEK Multi-County Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,832	9.6	0.2	9.1	10.0
SEK Multi-County Region	54	10.9	1.7	7.6	14.1
Gender					
Men	22	12.3	2.8	6.9	17.8
Women	32	9.5	1.9	5.9	13.2
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	19	11.5	2.8	5.9	17.1
65 Years and Older	29	20.6	4.0	12.8	28.5
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	53	10.7	1.6	7.5	13.9
Race					
White	49	10.3	1.7	7.1	13.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	25	10.3	2.3	5.9	14.8
Some College or College Graduate	29	11.4	2.4	6.7	16.0
Annual Household Income					
Less than \$35,000 per Year	31	12.2	2.4	7.4	17.0
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	27	17.4	3.7	10.1	24.7
Living without a Disability	26	7.9	1.7	4.5	11.3

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	16	14.8	3.6	7.7	21.8
Obese (BMI ≥ 30)	29	15.3	3.3	8.7	21.8
Leisure Time Physical Activity					
Participates in leisure time physical activity	31	10.2	2.1	6.2	14.3
Does not participate in leisure time physical activity	21	13.7	3.3	7.3	20.1
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	40	10.4	1.8	6.8	14.0
Health Insurance Status					
Insured	51	13.1	2.0	9.1	17.0
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor they had diabetes, excluding females told only during pregnancy and pre-diabetes or borderline diabetes.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Activity Limitations Due to Physical,
Mental or Emotional Problems, 2013**

SEK Multi-County Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	5,417	19.1	0.3	18.5	19.7
SEK Multi-County Region	110	25.3	2.6	20.2	30.4
Gender					
Men	37	22.5	3.7	15.2	29.8
Women	73	28.0	3.6	21.0	35.0
Age Group					
18 to 44 Years	21	23.2	5.0	13.5	32.9
45 to 64 Years	45	25.8	3.9	18.2	33.4
65 Years and Older	44	29.1	4.3	20.7	37.5
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	109	25.1	2.6	20.0	30.2
Race					
White	104	24.8	2.5	19.8	29.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	53	26.7	4.0	18.9	34.5
Some College or College Graduate	56	24.0	3.4	17.4	30.6
Annual Household Income					
Less than \$35,000 per Year	65	30.5	3.9	22.8	38.2
\$35,000 or Higher per Year	22	13.7	3.1	7.7	19.8
Weight Category					
Normal or Underweight (BMI < 25)	28	23.1	4.5	14.3	32.0
Overweight (25 ≤ BMI < 30)	36	22.0	3.9	14.4	29.6
Obese (BMI ≥ 30)	40	30.2	4.9	20.6	39.8

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	57	22.2	3.2	15.9	28.5
Does not participate in leisure time physical activity	51	37.1	5.1	27.0	47.1
Smoking Status					
Current smoker	32	35.2	6.4	22.6	47.8
Non-smoker	78	22.4	2.7	17.2	27.7
Health Insurance Status					
Insured	94	25.1	2.7	19.8	30.4
Uninsured	15	25.1	7.1	11.2	39.1

Numerator: Respondents who reported they were limited in any activities because of physical, mental or emotional problems.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Reported Living with a Disability, 2013

SEK Multi-County Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	6,048	21.1	0.3	20.5	21.7
SEK Multi-County Region	124	29.8	2.8	24.3	35.3
Gender					
Men	43	27.9	4.2	19.7	36.0
Women	81	31.6	3.7	24.3	39.0
Age Group					
18 to 44 Years	25	29.4	5.5	18.7	40.1
45 to 64 Years	45	26.1	3.9	18.4	33.8
65 Years and Older	54	37.1	4.6	28.1	46.2
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	123	29.7	2.8	24.2	35.2
Race					
White	118	29.6	2.8	24.1	35.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	62	33.6	4.4	24.9	42.3
Some College or College Graduate	61	26.4	3.5	19.6	33.3
Annual Household Income					
Less than \$35,000 per Year	73	36.1	4.3	27.7	44.5
\$35,000 or Higher per Year	23	14.6	3.2	8.3	20.8
Weight Category					
Normal or Underweight (BMI < 25)	34	26.3	4.7	17.1	35.5
Overweight (25 ≤ BMI < 30)	41	27.4	4.4	18.7	36.1
Obese (BMI ≥ 30)	43	36.3	5.4	25.8	46.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	68	27.7	3.5	20.8	34.7
Does not participate in leisure time physical activity	54	39.7	5.2	29.4	50.0
Smoking Status					
Current smoker	35	38.7	6.6	25.9	51.6
Non-smoker	88	26.9	3.0	21.0	32.7
Health Insurance Status					
Insured	105	29.6	3.0	23.8	35.4
Uninsured	17	29.4	7.4	14.8	43.9

Numerator: Respondents who reported they were limited in any activities because of physical, mental or emotional problems or who reported having a health problem that requires them to use special equipment such as a cane, a wheelchair, a special bed or a special telephone.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Not Participating in the Recommended Level of Physical Activity (Aerobic and/or Strengthening), 2013

SEK Multi-County Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	17,688	82.1	0.3	81.4	82.8
SEK Multi-County Region	304	86.6	2.3	82.1	91.2
Gender					
Men	115	84.3	3.9	76.6	91.9
Women	189	88.9	2.6	83.9	93.9
Age Group					
18 to 44 Years	68	86.8	4.6	77.8	95.8
45 to 64 Years	117	86.2	3.2	79.8	92.6
65 Years and Older	119	87.0	3.7	79.7	94.2
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	302	86.5	2.3	81.9	91.1
Race					
White	291	85.9	2.4	81.1	90.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	144	91.2	3.0	85.3	97.0
Some College or College Graduate	159	82.6	3.5	75.8	89.4
Annual Household Income					
Less than \$35,000 per Year	150	89.6	3.4	83.0	96.2
\$35,000 or Higher per Year	106	83.2	3.7	75.9	90.5
Disability Status					
Living with a Disability	107	89.6	4.1	81.5	97.6
Living without a Disability	197	85.2	2.8	79.7	90.8

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	89	84.8	4.2	76.6	92.9
Overweight (25 ≤ BMI < 30)	106	89.2	3.5	82.4	96.0
Obese (BMI ≥ 30)	97	85.8	4.9	76.3	95.3
Smoking Status					
Current smoker	67	89.7	4.6	80.6	98.8
Non-smoker	235	86.2	2.6	81.1	91.4
Health Insurance Status					
Insured	255	86.4	2.5	81.5	91.3
Uninsured	46	86.9	5.9	75.3	98.5

Numerator: Respondents not participating in the recommended level of physical activity or participating in insufficient recommended level of physical activity for either aerobic or muscle strengthening guidelines.

Denominator: All respondents, excluding unknowns and refusals.

Not participating in the recommended level of physical activity referred to not participating in aerobic and strengthening exercises according to guidelines.

Participating in insufficient level of recommended physical activity referred to participating only in aerobic or only in strengthening exercises according to guidelines.

The aerobic guideline is defined as 150 minutes a week of moderate-intensity aerobic activity, or 75 minutes a week of vigorous-intensity aerobic activity, or an equivalent combination of moderate- and vigorous-intensity aerobic activity.

The strengthening guideline is defined as muscle-strengthening activities that involved all major muscle groups two or more times per week.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Not Participating in the Recommended Level of Physical Activity (Aerobic and Strengthening), 2013

SEK Multi-County Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	8,900	42.0	0.4	41.2	42.8
SEK Multi-County Region	159	47.9	3.3	41.5	54.3
Gender					
Men	59	48.7	5.0	38.9	58.4
Women	100	47.1	4.2	38.8	55.4
Age Group					
18 to 44 Years	42	54.5	6.3	42.1	66.8
45 to 64 Years	64	47.5	4.9	37.9	57.0
65 Years and Older	53	38.4	4.9	28.9	48.0
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	158	47.7	3.3	41.3	54.2
Race					
White	154	48.8	3.3	42.3	55.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	79	50.2	5.0	40.4	60.0
Some College or College Graduate	79	45.8	4.3	37.3	54.2
Annual Household Income					
Less than \$35,000 per Year	83	50.9	4.8	41.6	60.3
\$35,000 or Higher per Year	51	45.4	5.2	35.2	55.6
Disability Status					
Living with a Disability	60	51.3	5.8	39.9	62.7
Living without a Disability	99	46.3	4.0	38.5	54.0

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	50	56.2	5.7	44.9	67.4
Overweight (25 ≤ BMI <30)	48	40.0	5.2	29.8	50.2
Obese (BMI ≥ 30)	58	54.9	5.8	43.5	66.3
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	116	47.2	3.7	40.0	54.4
Health Insurance Status					
Insured	131	48.6	3.5	41.7	55.4
Uninsured	*	*	*	*	*

Numerator: Respondents who did not participate in the recommended level of aerobic and strengthening exercises during the past month.

Denominator: All respondents, excluding unknowns and refusals.

The aerobic guideline is defined as 150 minutes a week of moderate-intensity aerobic activity, or 75 minutes a week of vigorous-intensity aerobic activity, or an equivalent combination of moderate- and vigorous-intensity aerobic activity.

The strengthening guideline is defined as muscle-strengthening activities that involved all major muscle groups two or more times per week.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Not Participating in Any Physical Activity Other Than Their Regular Job in the Past 30 Days (Leisure Time Physical Activity), 2013

SEK Multi-County Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	6,085	26.5	0.4	25.8	27.3
SEK Multi-County Region	118	29.6	2.8	24.1	35.1
Gender					
Men	43	31.5	4.6	22.5	40.5
Women	75	27.9	3.3	21.4	34.5
Age Group					
18 to 44 Years	20	23.9	5.1	13.9	33.9
45 to 64 Years	50	34.7	4.5	25.8	43.6
65 Years and Older	48	32.4	4.5	23.6	41.2
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	117	29.3	2.8	23.8	34.8
Race					
White	114	29.8	2.8	24.3	35.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	68	36.9	4.5	28.1	45.8
Some College or College Graduate	49	23.2	3.4	16.5	29.9
Annual Household Income					
Less than \$35,000 per Year	62	31.9	4.2	23.7	40.1
\$35,000 or Higher per Year	35	25.2	4.2	17.0	33.5
Disability Status					
Living with a Disability	54	37.6	5.2	27.5	47.7
Living without a Disability	64	26.0	3.4	19.4	32.6

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	38	35.3	5.5	24.4	46.1
Overweight (25 ≤ BMI < 30)	35	27.0	4.5	18.1	36.0
Obese (BMI ≥ 30)	42	30.9	5.0	21.1	40.8
Smoking Status					
Current smoker	32	35.2	6.3	22.9	47.6
Non-smoker	85	27.9	3.1	21.7	34.0
Health Insurance Status					
Insured	99	29.6	3.0	23.7	35.5
Uninsured	18	29.1	7.1	15.3	43.0

Numerator: Respondents who reported they did not participate in any physical activities or exercise, other than their regular job, in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Consuming Fruit Less than 1 Time Per Day,
2013**

SEK Multi-County Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	8,400	41.7	0.4	40.9	42.6
SEK Multi-County Region	157	48.3	3.2	42.1	54.6
Gender					
Men	71	57.3	4.9	47.8	66.8
Women	86	40.2	4.2	32.1	48.4
Age Group					
18 to 44 Years	39	54.9	5.9	43.3	66.5
45 to 64 Years	71	51.7	4.8	42.3	61.1
65 Years and Older	45	32.4	4.6	23.4	41.5
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	156	48.4	3.2	42.1	54.7
Race					
White	152	48.1	3.2	41.7	54.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	87	61.3	4.6	52.4	70.3
Some College or College Graduate	70	37.2	4.1	29.2	45.2
Annual Household Income					
Less than \$35,000 per Year	72	47.4	4.7	38.1	56.6
\$35,000 or Higher per Year	61	51.6	5.0	41.8	61.4
Disability Status					
Living with a Disability	52	51.4	5.7	40.2	62.6
Living without a Disability	105	47.0	3.9	39.4	54.5

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	53	54.4	5.8	43.1	65.7
Overweight (25 ≤ BMI < 30)	48	40.3	5.2	30.2	50.5
Obese (BMI ≥ 30)	51	53.0	5.7	41.8	64.2
Leisure Time Physical Activity					
Participates in leisure time physical activity	97	42.6	3.9	35.0	50.2
Does not participate in leisure time physical activity	59	61.2	5.3	50.8	71.5
Smoking Status					
Current smoker	42	55.5	6.8	42.1	68.9
Non-smoker	115	46.4	3.6	39.3	53.5
Health Insurance Status					
Insured	125	44.5	3.4	37.8	51.2
Uninsured	29	60.6	7.8	45.3	75.8

Numerator: Respondents who reported they consumed fruit less than 1 time per day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Consuming Vegetables Less than 1 Time
Per Day, 2013**

SEK Multi-County Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	4,482	22.9	0.4	22.2	23.6
SEK Multi-County Region	74	23.4	2.8	17.9	29.0
Gender					
Men	38	31.1	4.8	21.7	40.6
Women	36	16.4	2.9	10.8	22.0
Age Group					
18 to 44 Years	22	29.4	5.6	18.4	40.5
45 to 64 Years	28	22.0	3.9	14.3	29.8
65 Years and Older	24	16.2	3.5	9.4	23.1
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	74	23.7	2.9	18.1	29.3
Race					
White	71	23.5	2.9	17.9	29.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	41	30.0	4.8	20.7	39.4
Some College or College Graduate	33	18.0	3.2	11.6	24.3
Annual Household Income					
Less than \$35,000 per Year	45	28.7	4.2	20.4	37.0
\$35,000 or Higher per Year	18	16.3	4.0	8.5	24.1
Disability Status					
Living with a Disability	30	29.5	5.4	18.9	40.1
Living without a Disability	44	20.7	3.3	14.3	27.2

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	14	16.1	4.7	6.8	25.4
Overweight (25 ≤ BMI < 30)	23	18.8	4.1	10.8	26.9
Obese (BMI ≥ 30)	36	38.5	5.8	27.2	49.9
Leisure Time Physical Activity					
Participates in leisure time physical activity	37	17.3	3.0	11.4	23.2
Does not participate in leisure time physical activity	35	36.8	5.8	25.4	48.3
Smoking Status					
Current smoker	15	20.5	5.4	9.9	31.0
Non-smoker	59	24.7	3.3	18.1	31.2
Health Insurance Status					
Insured	63	24.4	3.2	18.2	30.6
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they consumed vegetables less than 1 time per day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Lack Health Care Coverage, 2013

SEK Multi-County Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,668	17.1	0.4	16.4	17.8
SEK Multi-County Region	58	20.8	2.8	15.3	26.3
Gender					
Men	21	18.0	3.9	10.4	25.5
Women	37	23.5	4.0	15.7	31.4
Age Group					
18 to 44 Years	27	33.4	5.8	22.0	44.7
45 to 64 Years	29	21.0	3.9	13.3	28.6
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	57	20.6	2.8	15.1	26.0
Race					
White	55	19.8	2.7	14.5	25.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	31	25.7	4.6	16.7	34.8
Some College or College Graduate	27	16.5	3.2	10.2	22.8
Annual Household Income					
Less than \$35,000 per Year	40	29.3	4.3	20.7	37.8
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	17	20.4	5.3	10.0	30.9
Living without a Disability	40	20.6	3.3	14.2	27.0

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	22	25.4	5.3	15.0	35.9
Overweight (25 ≤ BMI < 30)	16	16.5	4.2	8.2	24.7
Obese (BMI ≥ 30)	14	16.5	4.5	7.6	25.3
Leisure Time Physical Activity					
Participates in leisure time physical activity	37	21.2	3.6	14.2	28.2
Does not participate in leisure time physical activity	18	20.8	5.0	11.0	30.7
Smoking Status					
Current smoker	23	36.2	6.8	22.9	49.5
Non-smoker	34	15.3	2.8	9.8	20.7

Numerator: Respondents who reported they had no health care coverage.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Ages 18 to 64 Years Old Who Lack Health Care Coverage,
2013**

SEK Multi-County Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,551	20.8	0.4	19.9	21.6
SEK Multi-County Region	56	27.4	3.6	20.4	34.5
Gender					
Men	21	24.2	5.0	14.3	34.1
Women	35	30.5	5.0	20.6	40.4
Age Group					
18 to 44 Years	27	33.4	5.8	22.0	44.7
45 to 64 Years	29	21.0	3.9	13.3	28.6
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	55	27.0	3.6	20.0	34.1
Race					
White	53	26.0	3.5	19.2	32.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	30	36.2	6.1	24.3	48.1
Some College or College Graduate	26	20.3	4.0	12.5	28.1
Annual Household Income					
Less than \$35,000 per Year	39	40.2	5.6	29.2	51.2
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	17	29.7	7.3	15.5	44.0
Living without a Disability	38	26.2	4.1	18.1	34.3

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	21	34.6	7.1	20.6	48.6
Overweight (25 ≤ BMI < 30)	15	23.9	5.9	12.3	35.6
Obese (BMI ≥ 30)	14	20.0	5.4	9.4	30.5
Leisure Time Physical Activity					
Participates in leisure time physical activity	35	27.7	4.6	18.7	36.6
Does not participate in leisure time physical activity	18	29.3	6.7	16.1	42.4
Smoking Status					
Current smoker	23	39.8	7.3	25.5	54.1
Non-smoker	32	21.5	3.9	13.9	29.2

Numerator: Respondents ages 18-64 years old who reported they had no health care coverage.

Denominator: All respondents ages 18-64 years old, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with No Personal Doctor or Health Care Provider, 2013

SEK Multi-County Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,359	21.5	0.4	20.8	22.3
SEK Multi-County Region	41	15.7	2.6	10.7	20.8
Gender					
Men	22	19.0	4.0	11.2	26.7
Women	19	12.6	3.3	6.1	19.2
Age Group					
18 to 44 Years	17	24.2	5.4	13.6	34.7
45 to 64 Years	21	17.1	3.7	9.7	24.4
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	41	15.9	2.6	10.8	21.0
Race					
White	37	13.9	2.4	9.2	18.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	20	19.3	4.3	10.9	27.8
Some College or College Graduate	21	12.5	2.9	6.8	18.2
Annual Household Income					
Less than \$35,000 per Year	21	16.6	3.7	9.4	23.8
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	33	17.4	3.1	11.3	23.6

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	12	17.3	4.8	7.8	26.7
Overweight (25 ≤ BMI < 30)	13	11.0	3.2	4.7	17.3
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	26	15.1	3.2	8.8	21.3
Does not participate in leisure time physical activity	11	15.8	4.7	6.5	25.1
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	29	13.6	2.7	8.3	18.8
Health Insurance Status					
Insured	16	6.3	1.7	2.9	9.6
Uninsured	24	50.7	7.8	35.4	66.0

Numerator: Respondents who reported they had no personal doctor or health care provider.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Could Not See a Doctor Because of Cost In the Past 12 Months, 2013

SEK Multi-County Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,570	13.6	0.3	13.0	14.2
SEK Multi-County Region	55	17.5	2.5	12.6	22.4
Gender					
Men	20	16.1	3.7	8.9	23.4
Women	35	18.8	3.4	12.1	25.4
Age Group					
18 to 44 Years	24	26.4	5.3	16.1	36.7
45 to 64 Years	26	17.0	3.4	10.3	23.7
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	54	17.2	2.5	12.3	22.1
Race					
White	51	16.8	2.4	12.0	21.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	22	16.1	3.9	8.6	23.7
Some College or College Graduate	33	18.7	3.3	12.3	25.2
Annual Household Income					
Less than \$35,000 per Year	35	22.4	3.8	14.9	29.9
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	28	27.3	5.4	16.6	37.9
Living without a Disability	27	13.6	2.7	8.4	18.8

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	14	14.3	3.9	6.7	22.0
Overweight (25 ≤ BMI < 30)	17	15.4	3.9	7.8	23.1
Obese (BMI ≥ 30)	20	20.5	4.8	11.1	30.0
Leisure Time Physical Activity					
Participates in leisure time physical activity	35	18.0	3.2	11.7	24.3
Does not participate in leisure time physical activity	19	18.2	4.3	9.8	26.6
Smoking Status					
Current smoker	24	29.1	6.2	16.9	41.4
Non-smoker	31	13.9	2.6	8.8	18.9
Health Insurance Status					
Insured	28	10.4	2.1	6.2	14.6
Uninsured	26	43.6	7.8	28.4	58.8

Numerator: Respondents who reported they could not see a doctor because of cost in the past 12 months.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Fair or Poor Self-Perceived Health Status, 2013

SEK Multi-County Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,911	15.4	0.3	14.8	16.0
SEK Multi-County Region	91	22.3	2.5	17.3	27.2
Gender					
Men	32	19.6	3.6	12.6	26.6
Women	59	24.8	3.5	17.8	31.7
Age Group					
18 to 44 Years	15	16.8	4.5	8.0	25.6
45 to 64 Years	42	27.8	4.2	19.6	36.0
65 Years and Older	34	24.2	4.2	16.0	32.5
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	90	22.3	2.5	17.3	27.2
Race					
White	86	21.0	2.4	16.3	25.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	53	29.1	4.2	20.8	37.4
Some College or College Graduate	37	16.1	2.8	10.6	21.6
Annual Household Income					
Less than \$35,000 per Year	58	28.2	3.9	20.6	35.9
\$35,000 or Higher per Year	15	9.7	2.6	4.5	14.9
Disability Status					
Living with a Disability	70	57.9	5.5	47.2	68.7
Living without a Disability	19	6.7	1.8	3.3	10.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	27	22.5	4.5	13.5	31.4
Overweight (25 ≤ BMI < 30)	25	17.7	3.9	10.1	25.3
Obese (BMI ≥ 30)	34	25.9	4.6	16.9	34.8
Leisure Time Physical Activity					
Participates in leisure time physical activity	44	19.8	3.2	13.6	26.0
Does not participate in leisure time physical activity	42	28.1	4.5	19.2	37.0
Smoking Status					
Current smoker	32	34.0	6.5	21.4	46.7
Non-smoker	57	18.1	2.5	13.2	22.9
Health Insurance Status					
Insured	76	21.5	2.6	16.4	26.6
Uninsured	14	24.1	7.0	10.4	37.8

Numerator: Respondents who reported that in general their health is fair or poor.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Their Physical Health Was Not Good on 14
or More Days in the Past 30 Days, 2013**

SEK Multi-County Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,773	10.5	0.2	10.0	11.0
SEK Multi-County Region	67	16.5	2.3	12.1	20.9
Gender					
Men	21	14.5	3.2	8.2	20.7
Women	46	18.5	3.2	12.3	24.7
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	30	20.4	3.7	13.1	27.6
65 Years and Older	26	17.5	3.7	10.3	24.7
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	67	16.7	2.3	12.2	21.2
Race					
White	64	16.1	2.2	11.9	20.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	28	15.3	3.5	8.5	22.1
Some College or College Graduate	38	17.5	3.0	11.6	23.3
Annual Household Income					
Less than \$35,000 per Year	39	19.1	3.3	12.6	25.5
\$35,000 or Higher per Year	14	8.3	2.4	3.6	12.9
Disability Status					
Living with a Disability	53	46.7	5.7	35.5	57.8
Living without a Disability	13	4.1	1.2	1.7	6.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	16	11.1	3.0	5.3	17.0
Overweight (25 ≤ BMI < 30)	17	13.3	3.4	6.7	19.8
Obese (BMI ≥ 30)	30	23.7	4.6	14.8	32.6
Leisure Time Physical Activity					
Participates in leisure time physical activity	35	16.1	3.0	10.3	21.9
Does not participate in leisure time physical activity	29	19.3	3.9	11.6	27.0
Smoking Status					
Current smoker	19	21.5	5.8	10.2	32.8
Non-smoker	47	14.8	2.3	10.3	19.3
Health Insurance Status					
Insured	57	16.4	2.3	11.8	20.9
Uninsured	*	*	*	*	*

Numerator: Respondents who reported 14 or more days when their physical health was not good in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Their Mental Health Was Not Good on 14
or More Days in the Past 30 Days, 2013**

SEK Multi-County Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,075	9.7	0.3	9.2	10.2
SEK Multi-County Region	50	15.9	2.5	11.0	20.8
Gender					
Men	17	15.3	3.7	8.0	22.6
Women	33	16.5	3.3	9.9	23.0
Age Group					
18 to 44 Years	15	20.4	5.1	10.4	30.5
45 to 64 Years	27	19.0	3.8	11.6	26.3
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	49	15.6	2.5	10.7	20.5
Race					
White	48	15.6	2.4	10.8	20.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	26	18.8	4.1	10.7	26.9
Some College or College Graduate	24	13.4	2.9	7.6	19.1
Annual Household Income					
Less than \$35,000 per Year	30	19.3	3.8	11.8	26.8
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	35	36.8	5.8	25.4	48.3
Living without a Disability	15	7.5	2.2	3.3	11.8

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	24	24.5	5.1	14.5	34.6
Leisure Time Physical Activity					
Participates in leisure time physical activity	30	16.7	3.3	10.3	23.2
Does not participate in leisure time physical activity	19	15.4	3.8	7.9	22.9
Smoking Status					
Current smoker	24	33.7	6.7	20.7	46.8
Non-smoker	26	10.1	2.3	5.6	14.6
Health Insurance Status					
Insured	38	12.9	2.3	8.4	17.4
Uninsured	12	28.0	7.7	12.9	43.1

Numerator: Respondents who reported 14 or more days when their mental health was not good in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Reported Their Poor Physical or Mental Health Kept Them From Doing Their Usual Activities, such as Self-care, Work or Recreation in the Past 30 Days, 2013

SEK Multi-County Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	4,563	39.3	0.6	38.1	40.4
SEK Multi-County Region	82	45.4	4.5	36.5	54.3
Gender					
Men	23	43.6	7.9	28.0	59.2
Women	59	46.8	5.3	36.5	57.1
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	35	48.3	6.6	35.4	61.2
65 Years and Older	29	49.3	7.8	34.0	64.6
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	80	44.3	4.6	35.4	53.3
Race					
White	79	45.0	4.6	36.0	54.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	34	42.1	6.7	29.0	55.2
Some College or College Graduate	47	48.5	6.1	36.5	60.4
Annual Household Income					
Less than \$35,000 per Year	46	48.9	6.3	36.6	61.2
\$35,000 or Higher per Year	19	28.2	6.6	15.3	41.1
Disability Status					
Living with a Disability	58	65.2	6.4	52.7	77.7
Living without a Disability	23	27.4	5.8	16.1	38.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	26	47.7	8.2	31.7	63.7
Obese (BMI ≥ 30)	35	53.1	7.7	38.0	68.3
Leisure Time Physical Activity					
Participates in leisure time physical activity	50	47.2	5.7	36.0	58.4
Does not participate in leisure time physical activity	29	42.9	7.7	27.8	58.0
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	56	41.4	5.3	31.1	51.8
Health Insurance Status					
Insured	69	44.9	5.0	35.1	54.7
Uninsured	*	*	*	*	*

Numerator: Respondents who reported one or more days in the past 30 days when their poor physical or mental health kept them from doing their usual activities, such as self-care, work or recreation.

Denominator: Respondents with at least one day in the past 30 days when their physical or mental health was not good, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Ages 18 Years and Older Who Did Not Get Immunized
Against Influenza During the Past 12 Months, 2013**

SEK Multi-County Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	11,185	57.8	0.4	57.0	58.6
SEK Multi-County Region	210	62.9	3.0	57.0	68.7
Gender					
Men	84	64.6	4.6	55.6	73.5
Women	126	61.3	3.9	53.7	68.9
Age Group					
18 to 44 Years	63	79.9	5.2	69.6	90.2
45 to 64 Years	84	60.0	4.6	50.9	69.0
65 Years and Older	61	42.0	4.8	32.6	51.4
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	209	62.9	3.0	57.0	68.7
Race					
White	203	63.9	2.9	58.1	69.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	100	63.7	4.5	54.9	72.6
Some College or College Graduate	110	62.2	3.9	54.5	69.8
Annual Household Income					
Less than \$35,000 per Year	97	62.2	4.4	53.6	70.7
\$35,000 or Higher per Year	75	64.2	4.6	55.3	73.2
Disability Status					
Living with a Disability	65	58.7	5.5	47.9	69.4
Living without a Disability	145	64.8	3.5	57.9	71.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	67	68.1	5.0	58.4	77.8
Overweight (25 ≤ BMI < 30)	74	64.4	4.7	55.2	73.6
Obese (BMI ≥ 30)	58	58.2	5.6	47.3	69.2
Leisure Time Physical Activity					
Participates in leisure time physical activity	136	61.3	3.6	54.2	68.5
Does not participate in leisure time physical activity	73	66.3	5.2	56.2	76.4
Smoking Status					
Current smoker	56	78.0	6.0	66.2	89.8
Non-smoker	152	58.1	3.4	51.4	64.8
Health Insurance Status					
Insured	162	57.4	3.3	51.0	63.8
Uninsured	46	81.8	7.0	68.1	95.6

Numerator: Respondents who reported they did not get a flu shot or flu vaccine sprayed in their nose during the past 12 months.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults 65 Years Old and Older Who Did Not Get Immunized
Against Influenza During the Past 12 Months, 2013**

SEK Multi-County Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,547	35.2	0.6	33.9	36.4
SEK Multi-County Region	61	42.0	4.8	32.6	51.4
Gender					
Men	25	41.7	7.4	27.2	56.3
Women	36	42.2	6.1	30.2	54.2
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	61	42.0	4.8	32.6	51.4
Race					
White	58	41.6	4.9	32.0	51.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	36	43.6	6.4	31.1	56.2
Some College or College Graduate	25	40.0	7.2	25.8	54.2
Annual Household Income					
Less than \$35,000 per Year	33	42.1	6.6	29.2	55.0
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	22	42.0	7.9	26.5	57.4
Living without a Disability	39	42.0	6.0	30.1	53.8
Weight Category					
Normal or Underweight (BMI < 25)	22	41.5	8.0	25.8	57.2
Overweight (25 ≤ BMI < 30)	24	43.7	7.6	28.8	58.5
Obese (BMI ≥ 30)	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	32	33.9	5.8	22.5	45.2
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	55	40.9	5.0	31.1	50.8
Health Insurance Status					
Insured	60	42.0	4.8	32.5	51.4
Uninsured	*	*	*	*	*

Numerator: Respondents 65 years old and older who reported they did not receive a flu shot or flu vaccine sprayed in their nose during the past 12 months.

Denominator: All respondents 65 years old and older, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults 65 Years Old and Older Who Never Had Pneumonia
Vaccination, 2013**

SEK Multi-County Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,063	30.0	0.6	28.7	31.2
SEK Multi-County Region	44	37.4	4.9	27.8	47.0
Gender					
Men	18	37.0	7.5	22.3	51.7
Women	26	37.9	6.3	25.5	50.2
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	44	37.4	4.9	27.8	47.0
Race					
White	42	38.2	5.0	28.3	48.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	23	36.2	6.6	23.4	49.1
Some College or College Graduate	21	39.1	7.4	24.5	53.6
Annual Household Income					
Less than \$35,000 per Year	25	36.8	6.7	23.8	49.9
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	12	27.7	7.6	12.8	42.7
Living without a Disability	32	43.4	6.3	31.1	55.7
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	17	29.0	6.8	15.7	42.3
Obese (BMI ≥ 30)	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	26	32.1	5.9	20.6	43.6
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	40	37.3	5.2	27.2	47.5
Health Insurance Status					
Insured	43	37.4	4.9	27.7	47.0
Uninsured	*	*	*	*	*

Numerator: Respondents 65 years old and older who reported they never had a pneumonia vaccination.

Denominator: All respondents 65 years old and older, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported That They Do Not Always Wear a Seatbelt
When They Drive or Ride in a Car, 2013**

SEK Multi-County Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,359	17.0	0.3	16.3	17.6
SEK Multi-County Region	72	25.0	3.0	19.2	30.9
Gender					
Men	39	32.3	4.7	22.9	41.6
Women	33	18.5	3.6	11.4	25.5
Age Group					
18 to 44 Years	22	34.2	6.1	22.4	46.1
45 to 64 Years	26	20.2	3.9	12.6	27.9
65 Years and Older	24	18.7	4.0	10.9	26.5
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	70	24.3	3.0	18.5	30.1
Race					
White	68	24.3	3.0	18.5	30.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	37	28.9	4.7	19.7	38.0
Some College or College Graduate	35	21.7	3.7	14.3	29.0
Annual Household Income					
Less than \$35,000 per Year	35	24.2	4.3	15.9	32.6
\$35,000 or Higher per Year	22	20.5	4.5	11.7	29.2
Disability Status					
Living with a Disability	25	24.6	5.2	14.5	34.7
Living without a Disability	47	25.2	3.6	18.1	32.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	24	28.6	5.6	17.7	39.6
Overweight (25 ≤ BMI < 30)	21	21.1	4.6	12.1	30.2
Obese (BMI ≥ 30)	25	26.1	5.4	15.5	36.7
Leisure Time Physical Activity					
Participates in leisure time physical activity	47	25.6	3.7	18.4	32.8
Does not participate in leisure time physical activity	25	23.8	4.9	14.2	33.5
Smoking Status					
Current smoker	14	22.4	6.2	10.2	34.6
Non-smoker	58	26.2	3.4	19.5	32.8
Health Insurance Status					
Insured	57	22.0	3.0	16.2	27.9
Uninsured	13	34.9	8.2	18.8	51.0

Respondents who reported they nearly always, sometimes, seldom or never use a seatbelt when they ride or drive in a car.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Currently Smoke Cigarettes, 2013

SEK Multi-County Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,865	20.0	0.4	19.3	20.7
SEK Multi-County Region	83	25.7	2.9	20.0	31.3
Gender					
Men	30	23.7	4.1	15.7	31.8
Women	53	27.5	4.0	19.7	35.3
Age Group					
18 to 44 Years	24	30.5	5.6	19.5	41.5
45 to 64 Years	43	33.0	4.7	23.8	42.1
65 Years and Older	16	9.3	2.7	4.0	14.5
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	82	25.5	2.9	19.8	31.1
Race					
White	80	25.1	2.8	19.5	30.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	43	31.3	4.7	22.1	40.5
Some College or College Graduate	39	20.6	3.4	14.0	27.3
Annual Household Income					
Less than \$35,000 per Year	49	32.1	4.4	23.4	40.7
\$35,000 or Higher per Year	17	14.3	3.5	7.4	21.1
Disability Status					
Living with a Disability	35	33.2	5.6	22.2	44.2
Living without a Disability	48	22.4	3.3	16.0	28.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	21	21.1	4.8	11.6	30.6
Overweight (25 ≤ BMI < 30)	30	29.2	5.0	19.4	39.0
Obese (BMI ≥ 30)	23	20.0	4.4	11.5	28.6
Leisure Time Physical Activity					
Participates in leisure time physical activity	46	23.1	3.5	16.1	30.0
Does not participate in leisure time physical activity	32	29.6	5.1	19.6	39.7
Health Insurance Status					
Insured	60	20.8	2.8	15.3	26.4
Uninsured	23	45.3	8.0	29.6	60.9

Numerator: Respondents who reported they have smoked at least 100 cigarettes in their entire life and that they now smoke some days or every day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Stopped Smoking for One Day or Longer Because
They Were Trying to Quit Smoking, 2013**

SEK Multi-County Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,063	56.5	1.0	54.5	58.4
SEK Multi-County Region	42	56.1	6.6	43.2	68.9
Gender					
Men	*	*	*	*	*
Women	30	66.2	7.8	50.9	81.5
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	41	55.1	6.6	42.1	68.2
Race					
White	40	55.4	6.6	42.5	68.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Health Insurance Status					
Insured	28	46.1	7.7	31.0	61.3
Uninsured	*	*	*	*	*

Numerator: Current smokers who stopped smoking for one day or longer because they were trying to quit smoking.

Denominator: Current smokers, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Currently Use Any Smokeless Tobacco Products, 2013

SEK Multi-County Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	961	5.5	0.2	5.1	5.9
SEK Multi-County Region	31	12.1	2.3	7.6	16.6
Gender					
Men	28	23.6	4.3	15.3	31.9
Women	*	*	*	*	*
Age Group					
18 to 44 Years	11	16.3	4.7	7.1	25.4
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	30	11.7	2.3	7.3	16.2
Race					
White	29	11.4	2.2	7.0	15.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	19	15.2	3.7	8.0	22.4
Some College or College Graduate	12	9.4	2.8	4.0	14.9
Annual Household Income					
Less than \$35,000 per Year	13	9.8	2.8	4.4	15.3
\$35,000 or Higher per Year	12	14.8	4.1	6.7	22.9
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	22	12.4	2.7	7.1	17.8

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	13	15.7	4.5	6.8	24.5
Leisure Time Physical Activity					
Participates in leisure time physical activity	18	10.5	2.7	5.3	15.7
Does not participate in leisure time physical activity	12	16.6	4.8	7.2	25.9
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	26	14.1	2.8	8.5	19.7
Health Insurance Status					
Insured	28	13.3	2.6	8.2	18.4
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they currently use chewing tobacco, snuff or snus (Swedish for snuff) some days or every day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Men Who Currently Use Any Smokeless Tobacco Products, 2013

SEK Multi-County Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	866	10.4	0.4	9.6	11.2
SEK Multi-County Region	28	23.6	4.3	15.3	31.9
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	27	22.8	4.2	14.5	31.1
Race					
White	26	22.3	4.2	14.1	30.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	16	28.1	6.6	15.2	41.0
Some College or College Graduate	12	19.6	5.4	8.9	30.2
Annual Household Income					
Less than \$35,000 per Year	12	21.2	5.8	9.8	32.6
\$35,000 or Higher per Year	11	24.8	6.7	11.5	38.0
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	20	23.4	5.0	13.6	33.2
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	11	24.4	7.2	10.3	38.5

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	17	22.5	5.3	12.2	32.9
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	25	27.8	5.1	17.7	37.8
Health Insurance Status					
Insured	25	24.7	4.7	15.6	33.9
Uninsured	*	*	*	*	*

Numerator: Male respondents who reported they currently use chewing tobacco, snuff or snus (Swedish for snuff) some days or every day.

Denominator: All male respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Ever Served on Active Duty in the United States
Armed Forces, 2013**

SEK Multi-County Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,022	12.0	0.3	11.5	12.5
SEK Multi-County Region	50	14.4	2.1	10.2	18.5
Gender					
Men	44	27.0	4.0	19.2	34.9
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	15	12.2	3.2	5.8	18.5
65 Years and Older	28	28.1	4.7	18.9	37.2
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	50	14.6	2.1	10.4	18.8
Race					
White	46	14.4	2.2	10.1	18.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	21	14.2	3.2	8.0	20.4
Some College or College Graduate	29	14.6	2.9	9.0	20.2
Annual Household Income					
Less than \$35,000 per Year	22	14.9	3.2	8.6	21.3
\$35,000 or Higher per Year	20	15.3	3.6	8.1	22.4
Disability Status					
Living with a Disability	19	18.6	4.2	10.3	26.8
Living without a Disability	31	12.8	2.5	8.0	17.6

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	21	19.4	4.1	11.3	27.5
Obese (BMI ≥ 30)	16	13.2	3.5	6.3	20.0
Leisure Time Physical Activity					
Participates in leisure time physical activity	34	14.4	2.6	9.3	19.5
Does not participate in leisure time physical activity	14	14.2	3.9	6.6	21.8
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	40	14.7	2.4	10.0	19.4
Health Insurance Status					
Insured	49	18.0	2.6	12.9	23.1
Uninsured	*	*	*	*	*

Numerator: Respondents who reported that they served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Are Obese, 2013

SEK Multi-County Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	6,656	30.0	0.4	29.2	30.7
SEK Multi-County Region	118	33.6	3.0	27.7	39.5
Gender					
Men	52	37.6	4.7	28.4	46.8
Women	66	29.4	3.6	22.4	36.4
Age Group					
18 to 44 Years	28	34.7	5.8	23.4	46.0
45 to 64 Years	56	41.2	4.8	31.9	50.5
65 Years and Older	34	22.5	4.0	14.6	30.4
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	118	33.9	3.0	28.0	39.8
Race					
White	114	34.3	3.1	28.3	40.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	52	33.6	4.5	24.8	42.4
Some College or College Graduate	66	33.6	4.0	25.8	41.5
Annual Household Income					
Less than \$35,000 per Year	64	37.1	4.4	28.5	45.7
\$35,000 or Higher per Year	43	32.7	4.8	23.3	42.1
Disability Status					
Living with a Disability	43	40.1	5.6	29.3	51.0
Living without a Disability	73	30.2	3.5	23.3	37.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	72	<i>34.0</i>	3.8	26.6	41.4
Does not participate in leisure time physical activity	42	<i>33.8</i>	5.3	23.5	44.2
Smoking Status					
Current smoker	23	<i>28.4</i>	6.0	16.7	40.1
Non-smoker	93	<i>34.9</i>	3.5	28.1	41.7
Health Insurance Status					
Insured	104	<i>35.1</i>	3.3	28.7	41.5
Uninsured	14	<i>28.9</i>	7.4	14.4	43.4

Numerator: Respondents with a body mass index greater than or equal to 30, based on self-reported height and weight.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Are Overweight or Obese, 2013

SEK Multi-County Region

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	14,533	65.3	0.4	64.5	66.1
SEK Multi-County Region	254	68.1	2.9	62.4	73.9
Gender					
Men	109	72.5	4.4	63.8	81.2
Women	145	63.6	3.9	56.1	71.2
Age Group					
18 to 44 Years	54	65.1	5.8	53.8	76.4
45 to 64 Years	109	75.2	4.2	66.9	83.5
65 Years and Older	91	64.5	4.6	55.5	73.4
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	253	68.4	2.9	62.7	74.2
Race					
White	244	68.7	2.9	63.0	74.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	108	65.1	4.5	56.3	73.8
Some College or College Graduate	146	70.8	3.9	63.2	78.4
Annual Household Income					
Less than \$35,000 per Year	127	71.0	4.2	62.7	79.2
\$35,000 or Higher per Year	95	66.9	4.9	57.4	76.4
Disability Status					
Living with a Disability	84	71.8	4.9	62.2	81.3
Living without a Disability	167	66.1	3.7	58.9	73.3

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	165	69.9	3.5	63.0	76.8
Does not participate in leisure time physical activity	77	63.5	5.6	52.6	74.4
Smoking Status					
Current smoker	53	71.6	6.2	59.4	83.8
Non-smoker	198	67.3	3.4	60.7	73.9
Health Insurance Status					
Insured	223	70.7	3.1	64.6	76.8
Uninsured	30	58.3	7.9	42.7	73.8

Numerator: Respondents with a body mass index greater than or equal to 25, based on self-reported height and weight.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Technical Notes

The 2013 BRFSS data for your county/region on 42 health risk indicators, analyzed by various subpopulation groups (e.g. gender, age group, ethnicity, etc.), are included in this report. The indicators are summarized in tables that show:

- Unweighted Frequency: the number of respondents who reported the risk behavior
- Weighted Percentage: the prevalence estimate for the risk behavior within a particular subpopulation group category
- Standard Error: used to compute the 95% confidence limits
- Lower and upper 95% confidence limits

Prevalence estimates vary in precision depending on sample size. One way of describing the precision of an estimate is the margin of error, which is the half-width of the confidence interval. When the sample size is large for a particular subpopulation group, the corresponding margin of error for an estimate is small. When the sample size is small for a particular subpopulation group, the corresponding margin of error for an estimate is large. Large margins of error (i.e. >5) indicate that an estimate may be less precise. Prevalence estimates that have a margin of error >5 are *italicized* in this report and should be interpreted with caution.

To determine whether two weighted percentages are significantly different from one another, the reader must compare the confidence intervals. Confidence intervals which do not overlap indicate a statistically significant difference between the two prevalence estimates while overlapping confidence intervals indicate that two estimates are not statistically different from one another. It is incorrect to say two estimates are different if their confidence limits overlap.

Estimates have been censored with an asterisk ("*") when the sample size was inadequate and/or when the estimates were statistically unreliable. Specifically, estimates were censored when any of the following conditions were met:

- the numerator of the indicator is less than 5
- the denominator of the indicator is less than 50
- the relative standard error (RSE) is 30 percent or higher

RSE is obtained by dividing the standard error of the estimate by the estimate itself, then multiplying that result by 100 to be expressed as a percent.

2011 BRFSS data represent a new baseline for public health surveillance. Due to changes in BRFSS survey methodology, the BRFSS estimates for 2011 and subsequent years cannot be compared to estimates from the years prior to 2011.

For more information on changes to the Kansas BRFSS survey methodology beginning in 2011, please visit: <http://www.kdheks.gov/brfss/newmethod.html>

For more detailed technical notes on the Kansas BRFSS, please visit: <http://www.kdheks.gov/brfss/technotes.html>