

2013 Kansas Behavioral Risk Factor Surveillance System Local Data

Kansas City Area Coalition



November 2014

2013 Kansas Behavioral Risk Factor Surveillance System Local Data

State of Kansas
Sam Brownback, Governor

Kansas Department of Health and Environment
Dr. Robert Moser, Secretary and State Health Officer

Report Preparation:
Pratik Pandya, MPH
Advanced Epidemiologist
Bureau of Health Promotion (BHP)

Report Supervision:
Ghazala Perveen, MBBS, PhD, MPH
Director of Science and Surveillance, Health Officer II
Bureau of Health Promotion (BHP)

Project Funding:
Partial funding for the 2013 Behavioral Risk Factor Survey was provided by cooperative agreement 5U58SO000008-03 from the Centers for Disease Control and Prevention, Atlanta GA and by Kansas Health Foundation 200804006-01, Wichita, KS.

**Kansas Department of Health and Environment
Bureau of Health Promotion
November 2014**

Kansas Department of Health and Environment (KDHE)

Mission

To protect and improve the health and environment of all Kansans

Vision

Healthy Kansans living in safe and sustainable environments

www.kdheks.gov

Foreword

The Behavioral Risk Factor Surveillance System (BRFSS) is the world's largest, annual population-based telephone survey system, tracking health conditions and risk behaviors in the U.S. It is coordinated by the Centers for Disease Control and Prevention (CDC) and is conducted in every state and several territories.

BRFSS allows us to perform a critical public health function of assessing population health and identifying issues critically important to public health and population health management. BRFSS provides data on a wide range of health issues including information related to access to health care, chronic and infectious diseases, clinical preventive services, environmental quality, infant and child health, injury and violence, maternal health, mental health, nutrition, physical activity, obesity, oral health, reproductive and sexual health, substance abuse and tobacco use.

Prior to 2009, the sample size for the Kansas survey was sufficient to produce state level estimates of health risk behaviors. Beginning in 2009, the Kansas BRFSS was expanded in response to demand from local health officials for local level health risk behavior data for a 10-year project. The survey now collects adequate sample data during odd years (2009, 2011, 2013, 2015 and 2017) to provide local level estimates by county or region for these years. By the conclusion of the 10-year project, most Kansas counties will have county-specific data for use in estimating trends in selected health indicators from 2011 forward. Data from 2011 onward cannot be compared to previous years as the BRFSS data collection and analysis methods changed beginning in 2011.

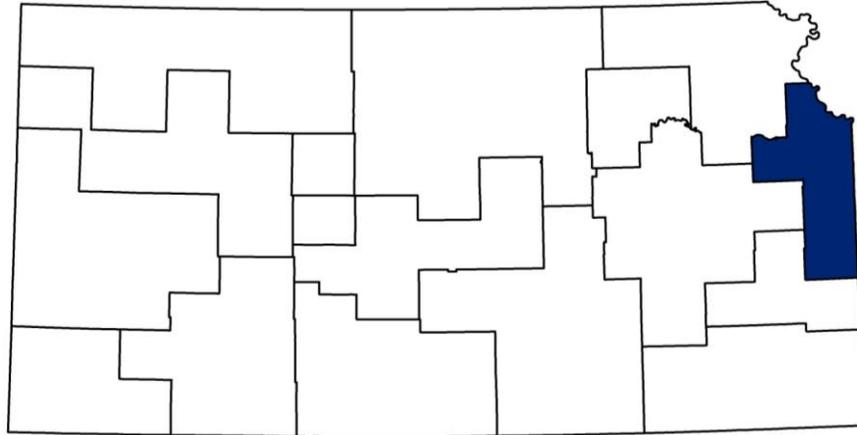
During the 2013 survey year, data were collected from more than 20,000 adult Kansans, providing estimates for 42 of the state's 105 counties and for 16 Public Health Preparedness Regions, with data for 42 health risk indicators analyzed at the county or regional level.

BRFSS data help public health professionals measure Kansans health behaviors, conditions and concerns at the state and the local level. These data are important when we consider where to focus our public health efforts and to help us emphasize the benefits of prevention.

Sincerely,



Robert Moser, MD
Secretary and State Health Officer
Kansas Department of Health and Environment



The Kansas City Area Coalition comprises the following counties:
Douglas, Johnson, Leavenworth, Linn, Miami, Wyandotte

Kansas Behavioral Risk Factor Surveillance System – Local Data, 2013 can also be accessed at <http://www.kdheks.gov/brfss/>

If you have any questions about survey methodology or need assistance interpreting the data, please contact:

Pratik Pandya, MPH
Advanced Epidemiologist
Bureau of Health Promotion
Kansas Department of Health and Environment
Curtis State Office Building,
1000 SW Jackson Street, Suite 230
Topeka, KS 66612
Telephone: 785-296-6513
Fax: 785-296-8059
ppandya@kdheks.gov

Ghazala Perveen, MBBS, PhD, MPH
Director of Science and Surveillance/Health Officer II
Bureau of Health Promotion
Kansas Department of Health & Environment
Curtis State Office Building
1000 SW Jackson, Suite 230
Topeka, KS 66612-1274
Telephone: 785-296-1949
Fax: 785-296-8059
gperveen@kdheks.gov



Table of Contents

Alcohol Consumption

Binge Drinking.....	1
Heavy Drinking.....	3

Arthritis

Arthritis	5
Activity Limitation Due to Arthritis	7

Asthma	9
---------------------	---

Cancer

Cancer (Excluding Skin Cancer)	11
Skin Cancer	13

Cardiovascular Health

Heart Attack	15
Coronary Heart Disease	17
Stroke	19
High Blood Pressure	21

Cholesterol

Not Checked Cholesterol within Five Years	23
High Blood Cholesterol Status.....	25

Chronic Obstructive Pulmonary Disease (COPD)	27
---	----

Depressive Disorder	29
----------------------------------	----

Diabetes	31
-----------------------	----

Disability

Activity Limitation Due to Physical, Mental or Emotional Problems	33
Disability	35

Exercise and Physical Activity

Not Participating in the Recommended Level of Physical Activity (Aerobic AND/OR Strengthening)	37
---	----

Did Not Participate in the Recommended Level of Aerobic AND Strengthening Physical Activity.....	39
Not Participating in Any Physical Activity	41
Fruits and Vegetable Consumption	
Consuming Fruits Less than 1 Time Per Day	43
Consuming Vegetables Less than 1 Time Per Day.....	45
Health Care Access	
Lack Health Care Coverage	47
Lack Health Care Coverage 18 to 64 Years Old Only	49
No Personal Doctor	51
Did Not See Doctor Due to Cost.....	53
General Health	55
Healthy Days - Health Related Quality of Life	
Physical Health Status.....	57
Mental Health Status	59
Poor Physical or Mental Health is Barrier to Usual Activities.....	61
Immunization	
Not Immunized Against Influenza.....	63
Not Immunized Against Influenza 65 Years and Older Only	65
Never Had Pneumonia Vaccination 65 Years and Older Only	67
Seatbelt Use	69
Tobacco Use	
Current Smoker	71
Tried Quitting Smoking	73
Smokeless Tobacco Use	75
Male Smokeless Tobacco Use	77
Veteran Status	79
Weight Status (BMI Categories)	
Obese.....	81
Overweight or Obese	83
Technical Notes	85

Percentage of Adults Who Are Binge Drinkers, 2013

Kansas City Area Coalition

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,583	15.4	0.3	14.7	16.0
Kansas City Area Coalition	864	17.1	0.6	15.9	18.3
Gender					
Men	540	23.3	1.0	21.4	25.3
Women	324	11.2	0.7	9.9	12.6
Age Group					
18 to 44 Years	456	23.7	1.1	21.6	25.7
45 to 64 Years	340	13.6	0.8	12.1	15.1
65 Years and Older	67	3.3	0.5	2.4	4.3
Ethnicity					
Hispanic	54	16.8	2.3	12.4	21.3
Non-Hispanic	805	17.2	0.6	15.9	18.4
Race					
White	769	18.5	0.7	17.2	19.9
African American	32	9.3	2.0	5.3	13.3
Other	34	9.3	1.7	6.1	12.6
Multi-Race	14	16.8	4.6	7.8	25.8
Education					
High School Graduate or Less	220	16.3	1.2	14.0	18.5
Some College or College Graduate	643	17.5	0.7	16.1	18.9
Annual Household Income					
Less than \$35,000 per Year	203	15.0	1.1	12.8	17.2
\$35,000 or Higher per Year	594	19.0	0.8	17.4	20.5
Disability Status					
Living with a Disability	151	13.3	1.2	11.0	15.7
Living without a Disability	711	18.0	0.7	16.6	19.3

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	314	18.4	1.1	16.3	20.5
Overweight (25 ≤ BMI < 30)	315	18.3	1.1	16.2	20.4
Obese (BMI ≥ 30)	209	15.4	1.1	13.1	17.6
Leisure Time Physical Activity					
Participates in leisure time physical activity	673	18.1	0.7	16.7	19.5
Does not participate in leisure time physical activity	160	13.4	1.2	11.1	15.7
Smoking Status					
Current smoker	243	30.6	1.9	27.0	34.3
Non-smoker	620	14.4	0.6	13.2	15.6
Health Insurance Status					
Insured	750	17.0	0.6	15.7	18.2
Uninsured	111	17.6	1.8	14.1	21.1

Numerator: Male respondents who reported having five or more drinks on one occasion in the past 30 days or female respondents who reported having four or more drinks on one occasion in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Reported Heavy Alcohol Consumption in the Past 30 Days, 2013

Kansas City Area Coalition

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	916	4.6	0.2	4.2	4.9
Kansas City Area Coalition	305	4.9	0.3	4.2	5.5
Gender					
Men	156	5.7	0.5	4.7	6.7
Women	149	4.1	0.4	3.3	4.8
Age Group					
18 to 44 Years	100	5.2	0.5	4.1	6.3
45 to 64 Years	144	5.4	0.5	4.4	6.3
65 Years and Older	60	2.6	0.4	1.9	3.4
Ethnicity					
Hispanic	14	3.6	1.1	1.5	5.8
Non-Hispanic	289	5.0	0.3	4.3	5.6
Race					
White	285	5.6	0.4	4.8	6.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	86	5.0	0.6	3.7	6.2
Some College or College Graduate	219	4.8	0.4	4.1	5.6
Annual Household Income					
Less than \$35,000 per Year	74	4.4	0.6	3.2	5.5
\$35,000 or Higher per Year	198	5.2	0.4	4.3	6.0
Disability Status					
Living with a Disability	56	4.0	0.6	2.8	5.3
Living without a Disability	248	5.0	0.4	4.3	5.8

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	120	5.5	0.6	4.3	6.7
Overweight (25 ≤ BMI < 30)	113	5.1	0.6	4.0	6.3
Obese (BMI ≥ 30)	64	4.2	0.6	3.0	5.4
Leisure Time Physical Activity					
Participates in leisure time physical activity	229	4.9	0.4	4.1	5.6
Does not participate in leisure time physical activity	68	5.0	0.7	3.6	6.5
Smoking Status					
Current smoker	98	10.4	1.2	8.0	12.7
Non-smoker	207	3.8	0.3	3.2	4.4
Health Insurance Status					
Insured	258	4.6	0.3	3.9	5.2
Uninsured	45	6.2	1.0	4.2	8.3

Numerator: Male respondents who reported consuming an average of more than two drinks per day and female respondents who reported consuming an average of more than one drink per day during the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Percentage of Adults with Doctor Diagnosed Arthritis, 2013

Kansas City Area Coalition

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	7,380	23.9	0.3	23.3	24.5
Kansas City Area Coalition	2,037	20.6	0.5	19.5	21.6
Gender					
Men	719	17.4	0.7	16.0	18.9
Women	1,318	23.5	0.8	22.0	25.0
Age Group					
18 to 44 Years	161	6.7	0.6	5.6	7.8
45 to 64 Years	809	28.6	1.0	26.6	30.6
65 Years and Older	1,057	49.8	1.3	47.3	52.3
Ethnicity					
Hispanic	33	6.3	1.3	3.8	8.8
Non-Hispanic	1,998	21.9	0.6	20.8	23.0
Race					
White	1,763	21.7	0.6	20.6	22.9
African American	176	23.7	2.4	19.1	28.4
Other	53	8.7	1.4	6.0	11.5
Multi-Race	30	22.8	5.0	13.1	32.5
Education					
High School Graduate or Less	648	23.1	1.1	21.0	25.3
Some College or College Graduate	1,388	19.4	0.6	18.2	20.6
Annual Household Income					
Less than \$35,000 per Year	758	24.5	1.1	22.4	26.7
\$35,000 or Higher per Year	1,018	18.6	0.7	17.4	19.9
Disability Status					
Living with a Disability	941	51.3	1.6	48.2	54.5
Living without a Disability	1,075	13.9	0.5	12.9	14.8

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	567	15.0	0.7	13.5	16.4
Overweight (25 ≤ BMI < 30)	675	20.2	0.9	18.4	22.0
Obese (BMI ≥ 30)	722	31.1	1.3	28.6	33.7
Leisure Time Physical Activity					
Participates in leisure time physical activity	1,332	18.8	0.6	17.7	20.0
Does not participate in leisure time physical activity	626	28.1	1.3	25.5	30.6
Smoking Status					
Current smoker	336	25.8	1.6	22.7	28.9
Non-smoker	1,672	19.7	0.6	18.6	20.8
Health Insurance Status					
Insured	1,912	22.0	0.6	20.8	23.1
Uninsured	124	13.2	1.4	10.5	15.8

Numerator: Respondents who reported they had been told by a doctor or other health professional that they have some form of arthritis, rheumatoid arthritis, gout, lupus or fibromyalgia.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Doctor Diagnosed Arthritis Who Are Limited in Their Usual Activities Because of Arthritis or Joint Symptoms, 2013

Kansas City Area Coalition

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,286	46.4	0.7	45.0	47.9
Kansas City Area Coalition	843	44.2	1.4	41.4	47.0
Gender					
Men	278	41.9	2.3	37.4	46.3
Women	565	45.9	1.8	42.4	49.4
Age Group					
18 to 44 Years	71	47.2	4.5	38.5	56.0
45 to 64 Years	350	43.9	2.1	39.8	48.1
65 Years and Older	418	43.1	1.8	39.5	46.7
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	832	44.5	1.4	41.7	47.3
Race					
White	715	43.1	1.5	40.2	46.0
African American	83	53.4	5.4	42.8	63.9
Other	22	43.2	8.3	26.9	59.6
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	282	46.4	2.5	41.4	51.3
Some College or College Graduate	561	43.1	1.7	39.8	46.4
Annual Household Income					
Less than \$35,000 per Year	393	57.7	2.4	53.0	62.4
\$35,000 or Higher per Year	358	35.8	1.8	32.2	39.4
Disability Status					
Living with a Disability	614	70.4	1.9	66.7	74.1
Living without a Disability	219	22.7	1.6	19.4	25.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	193	37.4	2.6	32.4	42.4
Overweight (25 ≤ BMI < 30)	250	42.4	2.5	37.6	47.2
Obese (BMI ≥ 30)	369	49.5	2.4	44.8	54.2
Leisure Time Physical Activity					
Participates in leisure time physical activity	518	40.3	1.7	37.0	43.6
Does not participate in leisure time physical activity	323	52.4	2.5	47.4	57.3
Smoking Status					
Current smoker	175	54.2	3.4	47.4	60.9
Non-smoker	662	41.3	1.5	38.3	44.2
Health Insurance Status					
Insured	780	43.2	1.4	40.4	46.1
Uninsured	62	53.1	5.6	42.2	64.0

Numerator: Respondents who reported any limitation in their usual activities because of arthritis or joint symptoms.

Denominator: Respondents with doctor, nurse or other health professional diagnosed arthritis, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Current Asthma, 2013

Kansas City Area Coalition

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,072	8.9	0.2	8.4	9.3
Kansas City Area Coalition	586	8.5	0.4	7.7	9.3
Gender					
Men	180	5.7	0.5	4.7	6.6
Women	406	11.2	0.7	9.9	12.4
Age Group					
18 to 44 Years	194	8.7	0.7	7.3	10.0
45 to 64 Years	213	8.3	0.6	7.0	9.6
65 Years and Older	175	8.3	0.7	6.9	9.6
Ethnicity					
Hispanic	16	3.5	1.0	1.6	5.4
Non-Hispanic	567	9.0	0.4	8.1	9.8
Race					
White	488	8.6	0.5	7.7	9.5
African American	54	12.2	2.2	7.9	16.4
Other	20	3.6	0.9	1.8	5.3
Multi-Race	16	18.9	5.1	8.9	28.9
Education					
High School Graduate or Less	187	8.7	0.8	7.2	10.3
Some College or College Graduate	397	8.4	0.5	7.4	9.3
Annual Household Income					
Less than \$35,000 per Year	223	10.2	0.8	8.5	11.8
\$35,000 or Higher per Year	286	7.5	0.5	6.5	8.5
Disability Status					
Living with a Disability	245	16.3	1.2	13.9	18.6
Living without a Disability	335	6.8	0.4	6.0	7.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	163	6.8	0.6	5.5	8.0
Overweight (25 ≤ BMI < 30)	154	6.4	0.6	5.3	7.6
Obese (BMI ≥ 30)	235	13.0	1.0	11.1	14.9
Leisure Time Physical Activity					
Participates in leisure time physical activity	387	8.1	0.5	7.2	9.1
Does not participate in leisure time physical activity	182	10.6	0.9	8.8	12.5
Smoking Status					
Current smoker	106	9.4	1.1	7.3	11.5
Non-smoker	473	8.4	0.5	7.5	9.3
Health Insurance Status					
Insured	523	8.5	0.4	7.6	9.3
Uninsured	61	8.6	1.3	6.1	11.0

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they had asthma and that they currently have asthma.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Have Been Diagnosed With Cancer (Excluding Skin Cancer), 2013

Kansas City Area Coalition

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,256	6.8	0.2	6.5	7.1
Kansas City Area Coalition	652	6.2	0.3	5.6	6.8
Gender					
Men	232	5.0	0.4	4.2	5.9
Women	420	7.3	0.4	6.5	8.2
Age Group					
18 to 44 Years	39	1.7	0.3	1.1	2.3
45 to 64 Years	223	7.3	0.6	6.2	8.4
65 Years and Older	387	19.0	1.0	17.0	21.0
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	639	6.6	0.3	5.9	7.2
Race					
White	579	6.6	0.3	6.0	7.3
African American	45	6.5	1.4	3.7	9.2
Other	17	2.9	0.8	1.3	4.6
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	183	5.7	0.6	4.6	6.8
Some College or College Graduate	469	6.5	0.4	5.8	7.2
Annual Household Income					
Less than \$35,000 per Year	214	6.9	0.6	5.6	8.2
\$35,000 or Higher per Year	353	5.8	0.4	5.1	6.5
Disability Status					
Living with a Disability	262	13.9	1.0	11.9	15.9
Living without a Disability	387	4.6	0.3	4.0	5.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	244	6.4	0.5	5.4	7.4
Overweight (25 ≤ BMI < 30)	213	6.1	0.5	5.0	7.1
Obese (BMI ≥ 30)	168	6.5	0.6	5.3	7.7
Leisure Time Physical Activity					
Participates in leisure time physical activity	451	6.1	0.4	5.4	6.8
Does not participate in leisure time physical activity	175	6.8	0.6	5.6	8.1
Smoking Status					
Current smoker	86	6.8	1.0	4.9	8.7
Non-smoker	557	6.1	0.3	5.5	6.7
Health Insurance Status					
Insured	620	6.7	0.3	6.1	7.4
Uninsured	31	3.5	0.7	2.1	5.0

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they had cancer (excluding skin cancer).

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Percentage of Adults Who Have Been Diagnosed With Skin Cancer, 2013

Kansas City Area Coalition

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,157	6.3	0.2	6.0	6.6
Kansas City Area Coalition	656	5.9	0.3	5.4	6.5
Gender					
Men	298	5.9	0.4	5.1	6.6
Women	358	6.0	0.4	5.2	6.7
Age Group					
18 to 44 Years	39	1.3	0.2	0.9	1.8
45 to 64 Years	206	6.6	0.5	5.6	7.6
65 Years and Older	409	20.2	1.0	18.2	22.2
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	652	6.4	0.3	5.8	7.0
Race					
White	644	7.2	0.3	6.5	7.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	154	4.5	0.4	3.7	5.4
Some College or College Graduate	501	6.6	0.3	5.9	7.2
Annual Household Income					
Less than \$35,000 per Year	173	4.5	0.4	3.7	5.3
\$35,000 or Higher per Year	394	6.5	0.4	5.8	7.2
Disability Status					
Living with a Disability	209	9.5	0.8	8.0	11.1
Living without a Disability	440	5.1	0.3	4.6	5.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	252	6.4	0.5	5.4	7.3
Overweight (25 ≤ BMI < 30)	251	6.7	0.5	5.7	7.7
Obese (BMI ≥ 30)	131	4.7	0.5	3.7	5.6
Leisure Time Physical Activity					
Participates in leisure time physical activity	493	6.2	0.3	5.5	6.8
Does not participate in leisure time physical activity	133	5.1	0.5	4.1	6.2
Smoking Status					
Current smoker	63	4.1	0.6	2.8	5.3
Non-smoker	579	6.2	0.3	5.7	6.8
Health Insurance Status					
Insured	638	6.7	0.3	6.1	7.3
Uninsured	18	1.6	0.5	0.8	2.5

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they had skin cancer.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Percentage of Adults Who had a Heart Attack, 2013

Kansas City Area Coalition

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,331	4.2	0.1	4.0	4.5
Kansas City Area Coalition	302	2.9	0.2	2.5	3.3
Gender					
Men	173	3.9	0.3	3.2	4.5
Women	129	1.9	0.2	1.6	2.3
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	104	3.6	0.4	2.8	4.4
65 Years and Older	191	10.4	0.8	8.8	12.0
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	295	3.0	0.2	2.6	3.4
Race					
White	251	2.8	0.2	2.4	3.3
African American	30	4.1	0.9	2.3	5.9
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	122	4.0	0.4	3.1	4.8
Some College or College Graduate	178	2.4	0.2	2.0	2.8
Annual Household Income					
Less than \$35,000 per Year	162	5.0	0.5	4.1	6.0
\$35,000 or Higher per Year	107	1.8	0.2	1.4	2.2
Disability Status					
Living with a Disability	165	8.4	0.8	6.9	9.9
Living without a Disability	133	1.7	0.2	1.4	2.0

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	78	1.8	0.2	1.3	2.2
Overweight (25 ≤ BMI < 30)	106	3.1	0.4	2.4	3.8
Obese (BMI ≥ 30)	108	4.5	0.5	3.5	5.5
Leisure Time Physical Activity					
Participates in leisure time physical activity	184	2.4	0.2	2.0	2.8
Does not participate in leisure time physical activity	98	4.3	0.5	3.2	5.3
Smoking Status					
Current smoker	67	4.1	0.6	2.9	5.2
Non-smoker	231	2.7	0.2	2.3	3.1
Health Insurance Status					
Insured	277	3.0	0.2	2.6	3.4
Uninsured	25	2.5	0.6	1.4	3.6

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they had a heart attack also called a myocardial infarction.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Percentage of Adults Who had Angina or Coronary Heart Disease, 2013

Kansas City Area Coalition

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,352	4.2	0.1	4.0	4.5
Kansas City Area Coalition	355	3.3	0.2	2.9	3.7
Gender					
Men	203	4.5	0.4	3.7	5.2
Women	152	2.2	0.2	1.8	2.7
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	109	4.1	0.5	3.2	5.0
65 Years and Older	239	12.5	0.9	10.8	14.2
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	340	3.4	0.2	2.9	3.8
Race					
White	298	3.3	0.2	2.8	3.7
African American	34	4.6	1.0	2.6	6.6
Other	16	3.0	0.9	1.3	4.7
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	140	4.7	0.5	3.7	5.6
Some College or College Graduate	214	2.7	0.2	2.3	3.1
Annual Household Income					
Less than \$35,000 per Year	156	5.2	0.5	4.2	6.2
\$35,000 or Higher per Year	160	2.5	0.2	2.1	3.0
Disability Status					
Living with a Disability	209	10.8	0.9	9.1	12.5
Living without a Disability	144	1.7	0.2	1.4	2.0

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	96	2.2	0.3	1.7	2.7
Overweight (25 ≤ BMI < 30)	120	3.3	0.4	2.6	4.0
Obese (BMI ≥ 30)	132	5.4	0.6	4.3	6.4
Leisure Time Physical Activity					
Participates in leisure time physical activity	215	2.7	0.2	2.3	3.1
Does not participate in leisure time physical activity	125	5.4	0.6	4.2	6.6
Smoking Status					
Current smoker	55	3.3	0.6	2.2	4.3
Non-smoker	298	3.4	0.2	2.9	3.9
Health Insurance Status					
Insured	335	3.5	0.2	3.1	4.0
Uninsured	20	2.2	0.6	1.0	3.3

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they had angina or coronary heart disease.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Percentage of Adults Who Had a Stroke, 2013

Kansas City Area Coalition

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	923	3.0	0.1	2.7	3.2
Kansas City Area Coalition	235	2.5	0.2	2.1	2.9
Gender					
Men	95	2.6	0.3	1.9	3.2
Women	140	2.4	0.3	1.9	2.9
Age Group					
18 to 44 Years	18	1.0	0.3	0.5	1.5
45 to 64 Years	78	2.7	0.4	2.0	3.5
65 Years and Older	138	7.1	0.7	5.7	8.4
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	224	2.5	0.2	2.0	2.9
Race					
White	186	2.3	0.2	1.8	2.7
African American	28	3.6	0.9	1.8	5.4
Other	16	3.3	1.0	1.4	5.2
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	89	3.3	0.4	2.4	4.1
Some College or College Graduate	145	2.1	0.2	1.6	2.5
Annual Household Income					
Less than \$35,000 per Year	118	4.1	0.5	3.1	5.0
\$35,000 or Higher per Year	86	1.6	0.2	1.2	2.1
Disability Status					
Living with a Disability	137	7.7	0.8	6.0	9.3
Living without a Disability	97	1.4	0.2	1.0	1.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	69	1.7	0.3	1.1	2.2
Overweight (25 ≤ BMI < 30)	82	2.6	0.4	1.9	3.4
Obese (BMI ≥ 30)	74	3.6	0.5	2.6	4.6
Leisure Time Physical Activity					
Participates in leisure time physical activity	135	1.7	0.2	1.4	2.1
Does not participate in leisure time physical activity	87	4.8	0.7	3.5	6.2
Smoking Status					
Current smoker	37	2.6	0.5	1.6	3.7
Non-smoker	193	2.4	0.2	2.0	2.9
Health Insurance Status					
Insured	221	2.7	0.2	2.2	3.1
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they had a stroke.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Percentage of Adults with Diagnosed Hypertension, 2013

Kansas City Area Coalition

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	9,309	31.3	0.4	30.6	32.0
Kansas City Area Coalition	2,535	26.9	0.6	25.7	28.1
Gender					
Men	1,107	29.4	1.0	27.5	31.3
Women	1,428	24.6	0.8	23.1	26.1
Age Group					
18 to 44 Years	230	10.9	0.8	9.4	12.4
45 to 64 Years	986	35.4	1.1	33.3	37.5
65 Years and Older	1,299	62.0	1.2	59.7	64.4
Ethnicity					
Hispanic	68	17.3	2.2	12.9	21.7
Non-Hispanic	2,455	27.8	0.6	26.6	29.1
Race					
White	2,125	26.8	0.6	25.6	28.1
African American	273	42.0	3.1	35.9	48.0
Other	83	17.1	2.1	13.0	21.2
Multi-Race	32	25.4	4.9	15.7	35.0
Education					
High School Graduate or Less	818	30.5	1.3	28.1	33.0
Some College or College Graduate	1,709	25.2	0.7	23.9	26.6
Annual Household Income					
Less than \$35,000 per Year	889	30.7	1.2	28.3	33.1
\$35,000 or Higher per Year	1,318	25.0	0.8	23.5	26.5
Disability Status					
Living with a Disability	915	48.0	1.6	44.9	51.1
Living without a Disability	1,594	22.2	0.6	20.9	23.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	591	15.3	0.8	13.8	16.9
Overweight (25 ≤ BMI < 30)	905	28.6	1.1	26.5	30.7
Obese (BMI ≥ 30)	923	42.1	1.4	39.3	45.0
Leisure Time Physical Activity					
Participates in leisure time physical activity	1,674	25.1	0.7	23.8	26.5
Does not participate in leisure time physical activity	740	32.8	1.4	30.1	35.5
Smoking Status					
Current smoker	347	26.5	1.6	23.4	29.7
Non-smoker	2,139	27.0	0.7	25.7	28.3
Health Insurance Status					
Insured	2,366	28.5	0.7	27.2	29.7
Uninsured	164	18.9	1.7	15.6	22.2

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they have high blood pressure.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Did Not Have Their Blood Cholesterol Checked
Within the Past Five Years, 2013**

Kansas City Area Coalition

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,976	26.7	0.4	25.9	27.5
Kansas City Area Coalition	1,000	24.0	0.7	22.5	25.4
Gender					
Men	495	26.2	1.1	24.0	28.3
Women	505	21.8	1.0	19.9	23.7
Age Group					
18 to 44 Years	678	39.8	1.2	37.3	42.2
45 to 64 Years	226	10.0	0.7	8.5	11.4
65 Years and Older	96	5.0	0.6	3.9	6.2
Ethnicity					
Hispanic	127	46.1	3.2	39.9	52.2
Non-Hispanic	863	21.8	0.7	20.4	23.3
Race					
White	766	21.6	0.8	20.1	23.1
African American	76	26.4	3.2	20.2	32.6
Other	119	39.9	3.0	34.0	45.8
Multi-Race	16	25.9	6.0	14.3	37.6
Education					
High School Graduate or Less	420	37.2	1.6	34.2	40.3
Some College or College Graduate	578	18.0	0.7	16.5	19.4
Annual Household Income					
Less than \$35,000 per Year	454	36.6	1.5	33.7	39.5
\$35,000 or Higher per Year	411	16.3	0.8	14.6	17.9
Disability Status					
Living with a Disability	159	15.5	1.3	12.9	18.1
Living without a Disability	826	25.7	0.8	24.1	27.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	438	30.2	1.3	27.7	32.8
Overweight (25 ≤ BMI < 30)	281	18.9	1.2	16.7	21.2
Obese (BMI ≥ 30)	201	19.7	1.4	16.9	22.4
Leisure Time Physical Activity					
Participates in leisure time physical activity	661	22.3	0.8	20.6	24.0
Does not participate in leisure time physical activity	271	27.0	1.6	23.9	30.1
Smoking Status					
Current smoker	233	33.0	2.0	29.2	36.9
Non-smoker	744	22.0	0.8	20.5	23.5
Health Insurance Status					
Insured	680	18.4	0.7	17.0	19.8
Uninsured	313	54.1	2.3	49.6	58.5

Numerator: Respondents who reported they had not checked their blood cholesterol in the past five years.

Denominator: All respondents excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Tested and Diagnosed with High Cholesterol, 2013

Kansas City Area Coalition

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	8,351	38.1	0.4	37.3	38.9
Kansas City Area Coalition	2,473	35.9	0.7	34.5	37.4
Gender					
Men	1,052	37.1	1.1	34.8	39.3
Women	1,421	34.9	1.0	32.9	36.8
Age Group					
18 to 44 Years	285	20.1	1.2	17.8	22.4
45 to 64 Years	1,060	42.1	1.2	39.9	44.4
65 Years and Older	1,104	56.5	1.3	54.0	59.0
Ethnicity					
Hispanic	66	28.6	3.5	21.8	35.4
Non-Hispanic	2,398	36.5	0.8	35.0	38.0
Race					
White	2,168	36.8	0.8	35.3	38.4
African American	159	32.6	3.1	26.5	38.7
Other	98	32.6	3.3	26.2	39.1
Multi-Race	30	38.1	6.5	25.4	50.9
Education					
High School Graduate or Less	682	40.0	1.6	36.9	43.1
Some College or College Graduate	1,786	34.4	0.8	32.8	36.1
Annual Household Income					
Less than \$35,000 per Year	717	38.5	1.6	35.4	41.5
\$35,000 or Higher per Year	1,456	34.6	0.9	32.8	36.4
Disability Status					
Living with a Disability	794	51.3	1.6	48.1	54.5
Living without a Disability	1,660	32.1	0.8	30.5	33.8

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	654	26.9	1.2	24.7	29.2
Overweight (25 ≤ BMI < 30)	904	36.8	1.3	34.3	39.3
Obese (BMI ≥ 30)	817	46.6	1.6	43.6	49.7
Leisure Time Physical Activity					
Participates in leisure time physical activity	1,703	34.0	0.9	32.3	35.7
Does not participate in leisure time physical activity	668	43.4	1.7	40.1	46.7
Smoking Status					
Current smoker	318	35.7	2.0	31.7	39.7
Non-smoker	2,116	36.1	0.8	34.5	37.7
Health Insurance Status					
Insured	2,339	37.0	0.8	35.5	38.5
Uninsured	131	26.8	2.5	21.8	31.7

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they have high blood cholesterol.

Denominator: Respondents who had ever had their blood cholesterol checked, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Have Chronic Obstructive Pulmonary Disease
(COPD), Emphysema or Chronic Bronchitis, 2013**

Kansas City Area Coalition

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,835	6.2	0.2	5.9	6.6
Kansas City Area Coalition	467	5.3	0.3	4.7	5.9
Gender					
Men	178	4.6	0.4	3.8	5.4
Women	289	6.0	0.4	5.1	6.8
Age Group					
18 to 44 Years	53	2.6	0.4	1.8	3.3
45 to 64 Years	182	7.1	0.6	6.0	8.3
65 Years and Older	231	10.6	0.8	9.1	12.1
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	456	5.6	0.3	5.0	6.2
Race					
White	384	5.3	0.3	4.7	6.0
African American	53	8.9	1.5	5.8	11.9
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	205	7.7	0.7	6.3	9.0
Some College or College Graduate	261	4.2	0.3	3.6	4.9
Annual Household Income					
Less than \$35,000 per Year	235	8.9	0.7	7.5	10.4
\$35,000 or Higher per Year	166	3.3	0.3	2.7	3.9
Disability Status					
Living with a Disability	289	16.7	1.1	14.4	18.9
Living without a Disability	172	2.8	0.3	2.3	3.3

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	146	4.2	0.5	3.3	5.1
Overweight (25 ≤ BMI < 30)	137	4.6	0.5	3.6	5.5
Obese (BMI ≥ 30)	168	8.2	0.8	6.7	9.7
Leisure Time Physical Activity					
Participates in leisure time physical activity	252	3.7	0.3	3.2	4.3
Does not participate in leisure time physical activity	194	10.5	0.9	8.7	12.3
Smoking Status					
Current smoker	161	12.6	1.2	10.3	14.8
Non-smoker	302	3.9	0.3	3.3	4.5
Health Insurance Status					
Insured	418	5.2	0.3	4.5	5.8
Uninsured	49	6.1	1.0	4.2	8.1

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they have chronic obstructive pulmonary disease (COPD), emphysema or chronic bronchitis.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

**Percentage of Adults Who Were EVER Diagnosed with a Depressive Disorder,
2013**

Kansas City Area Coalition

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	4,386	18.1	0.3	17.5	18.7
Kansas City Area Coalition	1,217	16.8	0.6	15.7	17.9
Gender					
Men	370	12.0	0.7	10.5	13.4
Women	847	21.4	0.8	19.8	23.1
Age Group					
18 to 44 Years	349	15.8	0.9	14.0	17.5
45 to 64 Years	544	19.6	0.9	17.8	21.3
65 Years and Older	319	14.4	0.9	12.7	16.0
Ethnicity					
Hispanic	44	10.4	1.7	7.0	13.8
Non-Hispanic	1,165	17.4	0.6	16.2	18.5
Race					
White	1,052	17.5	0.6	16.3	18.7
African American	75	16.5	2.4	11.7	21.2
Other	50	11.5	1.8	8.0	14.9
Multi-Race	28	23.3	4.6	14.2	32.4
Education					
High School Graduate or Less	323	15.2	1.0	13.2	17.2
Some College or College Graduate	892	17.5	0.7	16.3	18.8
Annual Household Income					
Less than \$35,000 per Year	498	22.5	1.2	20.2	24.8
\$35,000 or Higher per Year	584	14.1	0.7	12.8	15.4
Disability Status					
Living with a Disability	569	37.7	1.5	34.6	40.7
Living without a Disability	629	12.0	0.6	11.0	13.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	329	13.2	0.9	11.5	14.9
Overweight (25 ≤ BMI < 30)	376	14.0	0.8	12.3	15.6
Obese (BMI ≥ 30)	455	26.5	1.3	23.9	29.1
Leisure Time Physical Activity					
Participates in leisure time physical activity	786	15.5	0.6	14.2	16.7
Does not participate in leisure time physical activity	395	22.4	1.3	19.9	24.8
Smoking Status					
Current smoker	287	28.0	1.7	24.6	31.4
Non-smoker	918	14.7	0.6	13.6	15.8
Health Insurance Status					
Insured	1,070	16.6	0.6	15.5	17.8
Uninsured	144	17.8	1.6	14.6	21.0

Numerator: Respondents who reported they had ever been told by a doctor, nurse or other health professional that they have a depressive disorder (including depression, major depression, dysthymia, or minor depression).

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Diagnosed Diabetes, 2013

Kansas City Area Coalition

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,832	9.6	0.2	9.1	10.0
Kansas City Area Coalition	736	7.7	0.3	7.1	8.4
Gender					
Men	343	8.2	0.5	7.2	9.3
Women	393	7.2	0.5	6.4	8.1
Age Group					
18 to 44 Years	55	2.3	0.3	1.7	3.0
45 to 64 Years	302	11.3	0.7	9.8	12.7
65 Years and Older	373	18.2	1.0	16.2	20.1
Ethnicity					
Hispanic	29	7.0	1.5	4.2	9.9
Non-Hispanic	705	7.8	0.4	7.2	8.5
Race					
White	586	7.4	0.4	6.7	8.1
African American	96	13.4	1.8	9.9	16.8
Other	40	7.5	1.4	4.8	10.3
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	261	9.1	0.7	7.7	10.4
Some College or College Graduate	473	7.1	0.4	6.3	7.9
Annual Household Income					
Less than \$35,000 per Year	307	10.3	0.7	8.9	11.8
\$35,000 or Higher per Year	346	6.6	0.4	5.8	7.4
Disability Status					
Living with a Disability	337	17.3	1.1	15.2	19.4
Living without a Disability	395	5.6	0.3	5.0	6.3

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	106	2.8	0.3	2.1	3.4
Overweight (25 ≤ BMI < 30)	222	7.0	0.6	5.9	8.1
Obese (BMI ≥ 30)	374	16.0	1.0	14.1	17.9
Leisure Time Physical Activity					
Participates in leisure time physical activity	452	6.7	0.4	5.9	7.4
Does not participate in leisure time physical activity	262	12.0	0.9	10.2	13.7
Smoking Status					
Current smoker	99	7.4	0.9	5.7	9.1
Non-smoker	630	7.9	0.4	7.1	8.6
Health Insurance Status					
Insured	680	8.2	0.4	7.4	8.9
Uninsured	55	5.5	0.9	3.8	7.2

Numerator: Respondents who reported they had been told by a doctor they had diabetes, excluding females told only during pregnancy and pre-diabetes or borderline diabetes.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

**Percentage of Adults Who Reported Activity Limitations Due to Physical,
Mental or Emotional Problems, 2013**

Kansas City Area Coalition

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	5,417	19.1	0.3	18.5	19.7
Kansas City Area Coalition	1,464	16.5	0.5	15.5	17.6
Gender					
Men	572	15.8	0.8	14.3	17.3
Women	892	17.3	0.7	15.9	18.7
Age Group					
18 to 44 Years	225	9.8	0.7	8.4	11.2
45 to 64 Years	590	20.9	0.9	19.1	22.7
65 Years and Older	642	29.7	1.1	27.4	31.9
Ethnicity					
Hispanic	29	6.2	1.3	3.6	8.8
Non-Hispanic	1,431	17.6	0.5	16.5	18.7
Race					
White	1,268	17.5	0.6	16.3	18.6
African American	121	20.3	2.4	15.6	25.0
Other	41	7.3	1.4	4.6	10.0
Multi-Race	26	19.7	4.5	10.8	28.5
Education					
High School Graduate or Less	449	17.3	1.0	15.4	19.2
Some College or College Graduate	1,014	16.2	0.6	15.0	17.4
Annual Household Income					
Less than \$35,000 per Year	643	23.1	1.1	20.9	25.2
\$35,000 or Higher per Year	626	12.9	0.6	11.7	14.1
Weight Category					
Normal or Underweight (BMI < 25)	384	12.5	0.8	10.9	14.0
Overweight (25 ≤ BMI < 30)	455	15.1	0.9	13.5	16.8
Obese (BMI ≥ 30)	561	25.0	1.2	22.7	27.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	855	13.7	0.6	12.6	14.8
Does not participate in leisure time physical activity	561	26.5	1.3	23.9	29.0
Smoking Status					
Current smoker	303	24.3	1.6	21.2	27.3
Non-smoker	1,144	15.0	0.5	13.9	16.0
Health Insurance Status					
Insured	1,346	17.3	0.6	16.2	18.4
Uninsured	116	12.5	1.4	9.8	15.1

Numerator: Respondents who reported they were limited in any activities because of physical, mental or emotional problems.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Reported Living with a Disability, 2013

Kansas City Area Coalition

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	6,048	21.1	0.3	20.5	21.7
Kansas City Area Coalition	1,641	18.2	0.5	17.2	19.3
Gender					
Men	655	17.6	0.8	16.0	19.1
Women	986	18.9	0.7	17.5	20.3
Age Group					
18 to 44 Years	232	10.1	0.7	8.7	11.5
45 to 64 Years	649	22.9	0.9	21.0	24.7
65 Years and Older	752	35.4	1.2	33.0	37.8
Ethnicity					
Hispanic	31	6.7	1.3	4.0	9.3
Non-Hispanic	1,605	19.4	0.6	18.3	20.5
Race					
White	1,409	19.2	0.6	18.0	20.4
African American	148	23.3	2.5	18.4	28.2
Other	44	7.7	1.4	4.9	10.4
Multi-Race	31	22.5	4.7	13.3	31.7
Education					
High School Graduate or Less	519	19.8	1.0	17.8	21.8
Some College or College Graduate	1,121	17.6	0.6	16.4	18.8
Annual Household Income					
Less than \$35,000 per Year	714	25.3	1.1	23.0	27.5
\$35,000 or Higher per Year	700	14.3	0.6	13.0	15.5
Weight Category					
Normal or Underweight (BMI < 25)	426	13.6	0.8	12.0	15.1
Overweight (25 ≤ BMI < 30)	513	16.7	0.9	14.9	18.4
Obese (BMI ≥ 30)	632	28.0	1.3	25.5	30.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	969	15.3	0.6	14.1	16.4
Does not participate in leisure time physical activity	617	28.7	1.3	26.1	31.3
Smoking Status					
Current smoker	327	26.0	1.6	22.8	29.1
Non-smoker	1,292	16.6	0.6	15.5	17.7
Health Insurance Status					
Insured	1,514	19.2	0.6	18.0	20.3
Uninsured	124	13.3	1.4	10.6	16.0

Numerator: Respondents who reported they were limited in any activities because of physical, mental or emotional problems or who reported having a health problem that requires them to use special equipment such as a cane, a wheelchair, a special bed or a special telephone.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Not Participating in the Recommended Level of Physical Activity (Aerobic and/or Strengthening), 2013

Kansas City Area Coalition

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	17,688	82.1	0.3	81.4	82.8
Kansas City Area Coalition	5,049	80.2	0.6	79.0	81.5
Gender					
Men	2,082	78.9	0.9	77.1	80.8
Women	2,967	81.5	0.8	79.9	83.1
Age Group					
18 to 44 Years	1,491	79.4	1.0	77.4	81.4
45 to 64 Years	1,969	80.8	0.9	79.0	82.6
65 Years and Older	1,581	81.6	1.0	79.7	83.5
Ethnicity					
Hispanic	259	86.2	2.1	82.0	90.4
Non-Hispanic	4,765	79.7	0.7	78.4	81.0
Race					
White	4,296	80.0	0.7	78.7	81.3
African American	347	82.5	2.7	77.3	87.8
Other	291	81.8	2.4	77.1	86.5
Multi-Race	61	64.8	6.4	52.2	77.5
Education					
High School Graduate or Less	1,449	84.4	1.2	82.1	86.8
Some College or College Graduate	3,595	78.4	0.7	76.9	79.8
Annual Household Income					
Less than \$35,000 per Year	1,570	84.7	1.1	82.5	87.0
\$35,000 or Higher per Year	2,905	77.8	0.8	76.2	79.4
Disability Status					
Living with a Disability	1,308	86.6	1.1	84.4	88.7
Living without a Disability	3,723	78.8	0.7	77.4	80.3

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	1,625	74.0	1.2	71.7	76.3
Overweight (25 ≤ BMI < 30)	1,723	80.1	1.1	78.1	82.2
Obese (BMI ≥ 30)	1,433	87.5	1.0	85.5	89.5
Smoking Status					
Current smoker	811	86.0	1.5	83.1	88.9
Non-smoker	4,214	79.0	0.7	77.7	80.4
Health Insurance Status					
Insured	4,518	79.4	0.7	78.1	80.7
Uninsured	519	85.3	1.7	82.0	88.6

Numerator: Respondents not participating in the recommended level of physical activity or participating in insufficient recommended level of physical activity for either aerobic or muscle strengthening guidelines.

Denominator: All respondents, excluding unknowns and refusals.

Not participating in the recommended level of physical activity referred to not participating in aerobic and strengthening exercises according to guidelines.

Participating in insufficient level of recommended physical activity referred to participating only in aerobic or only in strengthening exercises according to guidelines.

The aerobic guideline is defined as 150 minutes a week of moderate-intensity aerobic activity, or 75 minutes a week of vigorous-intensity aerobic activity, or an equivalent combination of moderate- and vigorous-intensity aerobic activity.

The strengthening guideline is defined as muscle-strengthening activities that involved all major muscle groups two or more times per week.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Not Participating in the Recommended Level of Physical Activity (Aerobic and Strengthening), 2013

Kansas City Area Coalition

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	8,900	42.0	0.4	41.2	42.8
Kansas City Area Coalition	2,461	39.9	0.8	38.4	41.4
Gender					
Men	962	37.1	1.1	34.9	39.3
Women	1,499	42.6	1.0	40.5	44.6
Age Group					
18 to 44 Years	740	39.8	1.2	37.3	42.2
45 to 64 Years	957	39.9	1.2	37.7	42.2
65 Years and Older	757	39.9	1.3	37.3	42.4
Ethnicity					
Hispanic	171	55.6	3.3	49.2	62.0
Non-Hispanic	2,279	38.4	0.8	36.9	40.0
Race					
White	2,025	38.7	0.8	37.1	40.3
African American	212	46.4	3.5	39.6	53.3
Other	165	45.4	3.1	39.3	51.4
Multi-Race	26	25.3	5.4	14.8	35.8
Education					
High School Graduate or Less	880	50.8	1.6	47.8	53.9
Some College or College Graduate	1,578	35.0	0.9	33.3	36.7
Annual Household Income					
Less than \$35,000 per Year	888	48.8	1.5	45.8	51.7
\$35,000 or Higher per Year	1,271	35.0	0.9	33.2	36.9
Disability Status					
Living with a Disability	755	50.6	1.6	47.4	53.8
Living without a Disability	1,698	37.5	0.9	35.8	39.2

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	695	32.3	1.2	29.9	34.7
Overweight (25 ≤ BMI <30)	789	37.9	1.3	35.3	40.4
Obese (BMI ≥ 30)	809	49.4	1.6	46.4	52.5
Smoking Status					
Current smoker	449	48.5	2.0	44.6	52.5
Non-smoker	2,004	38.2	0.8	36.6	39.9
Health Insurance Status					
Insured	2,133	37.9	0.8	36.3	39.4
Uninsured	322	51.9	2.4	47.1	56.6

Numerator: Respondents who did not participate in the recommended level of aerobic and strengthening exercises during the past month.

Denominator: All respondents, excluding unknowns and refusals.

The aerobic guideline is defined as 150 minutes a week of moderate-intensity aerobic activity, or 75 minutes a week of vigorous-intensity aerobic activity, or an equivalent combination of moderate- and vigorous-intensity aerobic activity.

The strengthening guideline is defined as muscle-strengthening activities that involved all major muscle groups two or more times per week.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Not Participating in Any Physical Activity Other Than Their Regular Job in the Past 30 Days (Leisure Time Physical Activity), 2013

Kansas City Area Coalition

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	6,085	26.5	0.4	25.8	27.3
Kansas City Area Coalition	1,611	23.9	0.7	22.6	25.2
Gender					
Men	614	22.3	1.0	20.4	24.2
Women	997	25.4	0.9	23.6	27.2
Age Group					
18 to 44 Years	409	22.4	1.1	20.3	24.5
45 to 64 Years	596	23.7	1.0	21.7	25.6
65 Years and Older	598	30.0	1.2	27.7	32.3
Ethnicity					
Hispanic	112	35.7	3.0	29.7	41.6
Non-Hispanic	1,488	22.7	0.7	21.4	24.0
Race					
White	1,294	22.6	0.7	21.3	24.0
African American	164	32.3	3.2	26.1	38.5
Other	110	28.4	2.7	23.1	33.7
Multi-Race	24	21.2	4.8	11.8	30.7
Education					
High School Graduate or Less	662	35.2	1.4	32.4	38.0
Some College or College Graduate	947	18.9	0.7	17.5	20.2
Annual Household Income					
Less than \$35,000 per Year	670	32.9	1.4	30.2	35.7
\$35,000 or Higher per Year	714	18.2	0.8	16.8	19.7
Disability Status					
Living with a Disability	617	37.2	1.5	34.2	40.2
Living without a Disability	989	20.9	0.7	19.5	22.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	432	19.0	1.0	16.9	21.0
Overweight (25 ≤ BMI < 30)	499	21.8	1.1	19.7	23.9
Obese (BMI ≥ 30)	564	30.6	1.4	27.9	33.4
Smoking Status					
Current smoker	328	32.4	1.8	28.8	36.0
Non-smoker	1,278	22.2	0.7	20.9	23.6
Health Insurance Status					
Insured	1,379	21.7	0.7	20.4	23.0
Uninsured	227	36.2	2.3	31.7	40.6

Numerator: Respondents who reported they did not participate in any physical activities or exercise, other than their regular job, in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Consuming Fruit Less than 1 Time Per Day,
2013**

Kansas City Area Coalition

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	8,400	41.7	0.4	40.9	42.6
Kansas City Area Coalition	2,319	38.9	0.8	37.4	40.3
Gender					
Men	1,172	45.0	1.2	42.7	47.2
Women	1,147	33.0	1.0	31.1	35.0
Age Group					
18 to 44 Years	773	41.0	1.2	38.6	43.4
45 to 64 Years	925	38.3	1.1	36.1	40.5
65 Years and Older	611	33.4	1.3	30.9	35.8
Ethnicity					
Hispanic	119	39.7	3.2	33.5	46.0
Non-Hispanic	2,187	38.8	0.8	37.2	40.3
Race					
White	1,960	38.5	0.8	36.9	40.1
African American	169	44.5	3.4	37.8	51.1
Other	119	36.3	3.1	30.3	42.3
Multi-Race	38	50.1	6.4	37.5	62.7
Education					
High School Graduate or Less	713	43.8	1.5	40.8	46.9
Some College or College Graduate	1,602	36.6	0.9	34.9	38.3
Annual Household Income					
Less than \$35,000 per Year	727	41.2	1.5	38.3	44.1
\$35,000 or Higher per Year	1,339	37.2	1.0	35.4	39.1
Disability Status					
Living with a Disability	575	41.5	1.6	38.4	44.7
Living without a Disability	1,736	38.2	0.9	36.5	39.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	712	35.3	1.3	32.8	37.8
Overweight (25 ≤ BMI < 30)	812	39.9	1.3	37.3	42.4
Obese (BMI ≥ 30)	694	44.0	1.5	41.0	47.0
Leisure Time Physical Activity					
Participates in leisure time physical activity	1,579	35.2	0.9	33.6	36.9
Does not participate in leisure time physical activity	715	50.3	1.6	47.1	53.5
Smoking Status					
Current smoker	463	49.4	2.0	45.5	53.3
Non-smoker	1,846	36.7	0.8	35.1	38.3
Health Insurance Status					
Insured	2,012	37.4	0.8	35.8	38.9
Uninsured	303	47.7	2.4	43.0	52.3

Numerator: Respondents who reported they consumed fruit less than 1 time per day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Consuming Vegetables Less than 1 Time
Per Day, 2013**

Kansas City Area Coalition

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	4,482	22.9	0.4	22.2	23.6
Kansas City Area Coalition	1,234	20.3	0.6	19.1	21.6
Gender					
Men	609	23.8	1.0	21.8	25.8
Women	625	17.1	0.8	15.5	18.6
Age Group					
18 to 44 Years	386	21.0	1.0	19.0	23.1
45 to 64 Years	454	18.9	1.0	17.1	20.8
65 Years and Older	386	21.3	1.1	19.1	23.4
Ethnicity					
Hispanic	70	24.3	2.9	18.7	29.9
Non-Hispanic	1,153	19.8	0.6	18.6	21.1
Race					
White	996	19.3	0.7	18.0	20.6
African American	142	35.6	3.4	29.0	42.1
Other	67	17.9	2.3	13.4	22.5
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	483	29.4	1.4	26.5	32.2
Some College or College Graduate	749	16.4	0.7	15.1	17.7
Annual Household Income					
Less than \$35,000 per Year	477	26.1	1.3	23.4	28.7
\$35,000 or Higher per Year	586	16.2	0.7	14.8	17.6
Disability Status					
Living with a Disability	351	23.1	1.4	20.4	25.8
Living without a Disability	878	19.7	0.7	18.3	21.2

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	390	18.9	1.0	16.8	21.0
Overweight (25 ≤ BMI < 30)	403	20.1	1.1	18.0	22.3
Obese (BMI ≥ 30)	389	23.7	1.4	21.0	26.3
Leisure Time Physical Activity					
Participates in leisure time physical activity	789	17.6	0.7	16.2	18.9
Does not participate in leisure time physical activity	435	29.0	1.5	26.0	31.9
Smoking Status					
Current smoker	227	25.5	1.8	22.0	29.0
Non-smoker	1,000	19.3	0.7	17.9	20.6
Health Insurance Status					
Insured	1,076	19.4	0.7	18.1	20.7
Uninsured	155	26.1	2.1	22.0	30.2

Numerator: Respondents who reported they consumed vegetables less than 1 time per day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Lack Health Care Coverage, 2013

Kansas City Area Coalition

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,668	17.1	0.4	16.4	17.8
Kansas City Area Coalition	702	15.5	0.6	14.2	16.7
Gender					
Men	324	16.0	0.9	14.2	17.8
Women	378	15.0	0.8	13.3	16.6
Age Group					
18 to 44 Years	396	22.3	1.1	20.2	24.4
45 to 64 Years	271	11.5	0.8	10.0	13.1
65 Years and Older	32	1.5	0.3	0.9	2.2
Ethnicity					
Hispanic	147	48.4	3.1	42.3	54.5
Non-Hispanic	545	12.4	0.6	11.2	13.5
Race					
White	456	11.4	0.6	10.3	12.5
African American	84	26.0	3.0	20.0	31.9
Other	123	38.8	3.0	32.9	44.6
Multi-Race	16	19.3	5.0	9.6	29.1
Education					
High School Graduate or Less	358	28.6	1.4	25.8	31.4
Some College or College Graduate	342	9.4	0.6	8.3	10.6
Annual Household Income					
Less than \$35,000 per Year	459	33.1	1.4	30.3	35.9
\$35,000 or Higher per Year	147	5.5	0.5	4.5	6.5
Disability Status					
Living with a Disability	124	11.1	1.1	8.9	13.3
Living without a Disability	561	16.2	0.7	14.8	17.6

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	227	13.5	1.0	11.6	15.4
Overweight (25 ≤ BMI < 30)	200	13.2	1.0	11.2	15.2
Obese (BMI ≥ 30)	204	18.4	1.3	15.7	21.0
Leisure Time Physical Activity					
Participates in leisure time physical activity	418	12.4	0.7	11.1	13.7
Does not participate in leisure time physical activity	227	22.4	1.5	19.5	25.3
Smoking Status					
Current smoker	214	26.7	1.8	23.2	30.3
Non-smoker	467	12.8	0.6	11.5	14.1

Numerator: Respondents who reported they had no health care coverage.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Ages 18 to 64 Years Old Who Lack Health Care Coverage,
2013**

Kansas City Area Coalition

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,551	20.8	0.4	19.9	21.6
Kansas City Area Coalition	667	17.9	0.7	16.5	19.4
Gender					
Men	310	18.2	1.0	16.1	20.2
Women	357	17.7	1.0	15.7	19.6
Age Group					
18 to 44 Years	396	22.3	1.1	20.2	24.4
45 to 64 Years	271	11.5	0.8	10.0	13.1
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	145	50.5	3.2	44.3	56.8
Non-Hispanic	512	14.5	0.7	13.1	15.9
Race					
White	433	13.5	0.7	12.2	14.8
African American	78	28.5	3.3	21.9	35.0
Other	121	40.6	3.1	34.5	46.8
Multi-Race	13	17.9	4.9	8.3	27.6
Education					
High School Graduate or Less	341	34.2	1.7	30.9	37.5
Some College or College Graduate	325	10.8	0.7	9.5	12.1
Annual Household Income					
Less than \$35,000 per Year	440	39.8	1.7	36.5	43.1
\$35,000 or Higher per Year	139	6.1	0.6	4.9	7.3
Disability Status					
Living with a Disability	117	15.0	1.5	12.0	18.1
Living without a Disability	535	18.2	0.8	16.6	19.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	212	15.7	1.1	13.4	17.9
Overweight (25 ≤ BMI < 30)	192	15.6	1.2	13.2	18.0
Obese (BMI ≥ 30)	194	20.8	1.5	17.8	23.8
Leisure Time Physical Activity					
Participates in leisure time physical activity	402	14.2	0.8	12.7	15.7
Does not participate in leisure time physical activity	212	27.1	1.8	23.6	30.5
Smoking Status					
Current smoker	208	28.6	1.9	24.8	32.3
Non-smoker	440	15.1	0.8	13.6	16.6

Numerator: Respondents ages 18-64 years old who reported they had no health care coverage.

Denominator: All respondents ages 18-64 years old, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with No Personal Doctor or Health Care Provider, 2013

Kansas City Area Coalition

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,359	21.5	0.4	20.8	22.3
Kansas City Area Coalition	1,046	22.8	0.7	21.4	24.1
Gender					
Men	572	27.3	1.1	25.2	29.4
Women	474	18.4	0.9	16.7	20.2
Age Group					
18 to 44 Years	653	34.7	1.2	32.4	37.0
45 to 64 Years	287	13.0	0.8	11.4	14.7
65 Years and Older	104	5.2	0.6	4.1	6.3
Ethnicity					
Hispanic	150	51.7	3.1	45.6	57.7
Non-Hispanic	882	19.9	0.7	18.6	21.3
Race					
White	759	18.7	0.7	17.4	20.1
African American	90	32.9	3.3	26.4	39.4
Other	145	44.5	3.0	38.7	50.3
Multi-Race	18	24.8	5.5	14.1	35.6
Education					
High School Graduate or Less	426	34.6	1.5	31.7	37.5
Some College or College Graduate	619	17.3	0.7	15.9	18.7
Annual Household Income					
Less than \$35,000 per Year	482	37.3	1.5	34.4	40.1
\$35,000 or Higher per Year	431	14.7	0.7	13.3	16.2
Disability Status					
Living with a Disability	156	14.5	1.3	12.0	17.0
Living without a Disability	869	24.3	0.8	22.7	25.8

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	399	24.6	1.2	22.2	26.9
Overweight (25 ≤ BMI < 30)	340	21.1	1.1	18.9	23.4
Obese (BMI ≥ 30)	227	20.3	1.4	17.6	23.0
Leisure Time Physical Activity					
Participates in leisure time physical activity	683	20.1	0.8	18.5	21.6
Does not participate in leisure time physical activity	292	28.8	1.6	25.7	31.9
Smoking Status					
Current smoker	249	33.7	1.9	29.9	37.5
Non-smoker	767	20.2	0.7	18.7	21.6
Health Insurance Status					
Insured	657	15.4	0.6	14.2	16.7
Uninsured	382	62.3	2.2	58.1	66.6

Numerator: Respondents who reported they had no personal doctor or health care provider.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Could Not See a Doctor Because of Cost In the Past 12 Months, 2013

Kansas City Area Coalition

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,570	13.6	0.3	13.0	14.2
Kansas City Area Coalition	745	13.6	0.6	12.5	14.7
Gender					
Men	253	10.4	0.7	9.0	11.8
Women	492	16.7	0.8	15.1	18.3
Age Group					
18 to 44 Years	330	16.5	0.9	14.7	18.3
45 to 64 Years	322	13.4	0.8	11.8	14.9
65 Years and Older	85	4.0	0.5	3.0	5.0
Ethnicity					
Hispanic	81	23.4	2.6	18.2	28.6
Non-Hispanic	655	12.7	0.6	11.6	13.7
Race					
White	544	11.6	0.5	10.6	12.7
African American	83	21.7	2.7	16.4	27.0
Other	70	20.4	2.5	15.5	25.4
Multi-Race	22	22.9	5.1	12.9	33.0
Education					
High School Graduate or Less	290	19.3	1.2	16.9	21.7
Some College or College Graduate	453	11.0	0.6	9.9	12.1
Annual Household Income					
Less than \$35,000 per Year	424	26.4	1.3	23.8	28.9
\$35,000 or Higher per Year	231	7.1	0.5	6.0	8.2
Disability Status					
Living with a Disability	280	23.1	1.4	20.3	25.9
Living without a Disability	452	11.4	0.6	10.2	12.5

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	228	12.0	0.9	10.3	13.7
Overweight (25 ≤ BMI < 30)	208	11.3	0.9	9.6	13.1
Obese (BMI ≥ 30)	252	18.1	1.2	15.7	20.5
Leisure Time Physical Activity					
Participates in leisure time physical activity	459	11.4	0.6	10.2	12.5
Does not participate in leisure time physical activity	240	19.6	1.3	16.9	22.2
Smoking Status					
Current smoker	223	25.3	1.7	22.0	28.7
Non-smoker	501	11.0	0.6	9.9	12.1
Health Insurance Status					
Insured	431	8.1	0.4	7.3	9.0
Uninsured	311	43.5	2.2	39.1	47.8

Numerator: Respondents who reported they could not see a doctor because of cost in the past 12 months.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Fair or Poor Self-Perceived Health Status, 2013

Kansas City Area Coalition

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,911	15.4	0.3	14.8	16.0
Kansas City Area Coalition	963	12.6	0.5	11.6	13.5
Gender					
Men	390	12.3	0.7	10.9	13.7
Women	573	12.9	0.7	11.5	14.2
Age Group					
18 to 44 Years	179	9.0	0.7	7.6	10.4
45 to 64 Years	392	15.3	0.9	13.6	17.0
65 Years and Older	384	18.4	1.0	16.5	20.4
Ethnicity					
Hispanic	70	21.3	2.6	16.3	26.3
Non-Hispanic	887	11.8	0.5	10.8	12.7
Race					
White	733	11.1	0.5	10.1	12.1
African American	122	20.7	2.5	15.9	25.5
Other	69	16.1	2.1	12.1	20.1
Multi-Race	18	15.0	4.2	6.8	23.2
Education					
High School Graduate or Less	425	20.0	1.1	17.7	22.2
Some College or College Graduate	532	9.2	0.5	8.2	10.1
Annual Household Income					
Less than \$35,000 per Year	528	23.0	1.2	20.7	25.3
\$35,000 or Higher per Year	306	7.1	0.5	6.2	8.1
Disability Status					
Living with a Disability	624	37.3	1.5	34.3	40.2
Living without a Disability	318	6.9	0.5	5.9	7.8

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	245	8.6	0.7	7.2	9.9
Overweight (25 ≤ BMI < 30)	260	9.2	0.7	7.9	10.6
Obese (BMI ≥ 30)	407	22.1	1.2	19.7	24.6
Leisure Time Physical Activity					
Participates in leisure time physical activity	488	9.0	0.5	8.0	10.0
Does not participate in leisure time physical activity	419	23.3	1.3	20.8	25.9
Smoking Status					
Current smoker	243	22.3	1.6	19.2	25.5
Non-smoker	701	10.5	0.5	9.6	11.5
Health Insurance Status					
Insured	813	11.3	0.5	10.3	12.2
Uninsured	144	19.4	1.8	15.9	22.9

Numerator: Respondents who reported that in general their health is fair or poor.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Their Physical Health Was Not Good on 14
or More Days in the Past 30 Days, 2013**

Kansas City Area Coalition

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,773	10.5	0.2	10.0	11.0
Kansas City Area Coalition	709	8.6	0.4	7.8	9.4
Gender					
Men	246	7.3	0.6	6.1	8.4
Women	463	9.9	0.6	8.7	11.0
Age Group					
18 to 44 Years	107	5.0	0.5	3.9	6.0
45 to 64 Years	286	11.2	0.8	9.7	12.6
65 Years and Older	311	15.2	0.9	13.4	17.0
Ethnicity					
Hispanic	30	9.4	2.1	5.2	13.6
Non-Hispanic	676	8.5	0.4	7.8	9.3
Race					
White	578	8.3	0.4	7.5	9.2
African American	74	11.7	1.8	8.3	15.2
Other	36	8.0	1.7	4.6	11.4
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	254	11.1	0.9	9.3	12.8
Some College or College Graduate	452	7.5	0.4	6.6	8.3
Annual Household Income					
Less than \$35,000 per Year	367	14.0	0.9	12.2	15.8
\$35,000 or Higher per Year	240	5.6	0.4	4.7	6.5
Disability Status					
Living with a Disability	519	32.7	1.5	29.8	35.6
Living without a Disability	175	3.2	0.3	2.6	3.8

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	204	6.5	0.6	5.4	7.6
Overweight (25 ≤ BMI < 30)	213	7.6	0.7	6.2	8.9
Obese (BMI ≥ 30)	257	13.3	1.0	11.3	15.2
Leisure Time Physical Activity					
Participates in leisure time physical activity	354	6.0	0.4	5.2	6.8
Does not participate in leisure time physical activity	319	16.8	1.1	14.7	19.0
Smoking Status					
Current smoker	154	13.1	1.2	10.7	15.5
Non-smoker	539	7.6	0.4	6.8	8.4
Health Insurance Status					
Insured	631	8.5	0.4	7.7	9.3
Uninsured	75	9.1	1.3	6.4	11.7

Numerator: Respondents who reported 14 or more days when their physical health was not good in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

**Percentage of Adults Who Reported Their Mental Health Was Not Good on 14
or More Days in the Past 30 Days, 2013**

Kansas City Area Coalition

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,075	9.7	0.3	9.2	10.2
Kansas City Area Coalition	563	8.8	0.4	7.9	9.6
Gender					
Men	190	7.1	0.6	5.9	8.2
Women	373	10.4	0.6	9.1	11.7
Age Group					
18 to 44 Years	183	9.0	0.7	7.6	10.4
45 to 64 Years	261	9.8	0.7	8.4	11.1
65 Years and Older	115	5.4	0.6	4.3	6.6
Ethnicity					
Hispanic	32	9.6	1.8	6.2	13.0
Non-Hispanic	528	8.7	0.5	7.8	9.6
Race					
White	460	8.5	0.5	7.6	9.4
African American	45	10.9	2.1	6.9	14.9
Other	28	6.5	1.3	3.9	9.2
Multi-Race	17	19.4	5.1	9.3	29.5
Education					
High School Graduate or Less	196	11.1	0.9	9.2	12.9
Some College or College Graduate	365	7.7	0.5	6.8	8.7
Annual Household Income					
Less than \$35,000 per Year	280	15.1	1.0	13.0	17.1
\$35,000 or Higher per Year	213	5.7	0.5	4.8	6.6
Disability Status					
Living with a Disability	297	22.6	1.4	19.8	25.3
Living without a Disability	255	5.6	0.4	4.8	6.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	161	7.5	0.7	6.2	8.9
Overweight (25 ≤ BMI < 30)	168	7.4	0.7	6.0	8.8
Obese (BMI ≥ 30)	203	12.7	1.0	10.7	14.7
Leisure Time Physical Activity					
Participates in leisure time physical activity	344	7.7	0.5	6.7	8.6
Does not participate in leisure time physical activity	192	12.1	1.0	10.1	14.0
Smoking Status					
Current smoker	173	17.3	1.5	14.5	20.2
Non-smoker	378	6.9	0.4	6.1	7.8
Health Insurance Status					
Insured	455	7.7	0.4	6.9	8.6
Uninsured	104	14.1	1.6	11.1	17.2

Numerator: Respondents who reported 14 or more days when their mental health was not good in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Reported Their Poor Physical or Mental Health Kept Them From Doing Their Usual Activities, such as Self-care, Work or Recreation in the Past 30 Days, 2013

Kansas City Area Coalition

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	4,563	39.3	0.6	38.1	40.4
Kansas City Area Coalition	1,333	39.2	1.1	37.2	41.3
Gender					
Men	483	37.1	1.6	33.9	40.3
Women	850	40.9	1.4	38.2	43.6
Age Group					
18 to 44 Years	392	36.2	1.6	33.0	39.4
45 to 64 Years	576	43.8	1.6	40.6	46.9
65 Years and Older	357	39.5	1.9	35.8	43.1
Ethnicity					
Hispanic	42	28.2	4.3	19.8	36.7
Non-Hispanic	1,287	40.2	1.1	38.1	42.3
Race					
White	1,139	39.6	1.1	37.3	41.8
African American	108	45.9	4.6	36.9	54.8
Other	54	32.6	4.4	24.1	41.2
Multi-Race	22	36.5	8.1	20.7	52.2
Education					
High School Graduate or Less	389	39.6	2.1	35.5	43.7
Some College or College Graduate	942	39.1	1.2	36.7	41.5
Annual Household Income					
Less than \$35,000 per Year	528	46.3	1.9	42.5	50.0
\$35,000 or Higher per Year	650	35.5	1.4	32.9	38.2
Disability Status					
Living with a Disability	700	64.2	1.8	60.8	67.7
Living without a Disability	616	29.5	1.2	27.1	31.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	412	36.5	1.8	33.0	40.0
Overweight (25 ≤ BMI < 30)	414	36.8	1.9	33.2	40.4
Obese (BMI ≥ 30)	441	44.0	2.0	40.1	47.9
Leisure Time Physical Activity					
Participates in leisure time physical activity	842	36.5	1.3	34.0	38.9
Does not participate in leisure time physical activity	427	46.4	2.1	42.3	50.5
Smoking Status					
Current smoker	279	46.0	2.6	40.9	51.0
Non-smoker	1,035	37.6	1.2	35.3	39.9
Health Insurance Status					
Insured	1,180	39.1	1.1	36.9	41.3
Uninsured	148	39.4	3.1	33.3	45.5

Numerator: Respondents who reported one or more days in the past 30 days when their poor physical or mental health kept them from doing their usual activities, such as self-care, work or recreation.

Denominator: Respondents with at least one day in the past 30 days when their physical or mental health was not good, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Ages 18 Years and Older Who Did Not Get Immunized
Against Influenza During the Past 12 Months, 2013**

Kansas City Area Coalition

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	11,185	57.8	0.4	57.0	58.6
Kansas City Area Coalition	3,102	55.8	0.8	54.3	57.2
Gender					
Men	1,400	59.3	1.1	57.2	61.5
Women	1,702	52.4	1.0	50.3	54.4
Age Group					
18 to 44 Years	1,194	65.1	1.2	62.8	67.5
45 to 64 Years	1,248	52.7	1.2	50.5	55.0
65 Years and Older	637	31.3	1.2	28.9	33.6
Ethnicity					
Hispanic	192	65.5	3.0	59.6	71.3
Non-Hispanic	2,885	54.8	0.8	53.2	56.3
Race					
White	2,533	53.5	0.8	51.9	55.0
African American	253	66.5	3.7	60.3	72.6
Other	219	67.1	2.8	61.6	72.6
Multi-Race	53	61.5	6.3	49.2	73.9
Education					
High School Graduate or Less	949	63.6	1.4	60.7	66.4
Some College or College Graduate	2,147	52.3	0.9	50.6	54.1
Annual Household Income					
Less than \$35,000 per Year	1,028	64.1	1.4	61.3	66.8
\$35,000 or Higher per Year	1,703	50.9	1.0	49.0	52.8
Disability Status					
Living with a Disability	629	47.3	1.6	44.2	50.5
Living without a Disability	2,454	57.6	0.9	55.9	59.2

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	1,092	57.1	1.3	54.6	59.6
Overweight (25 ≤ BMI < 30)	1,038	54.5	1.3	51.9	57.0
Obese (BMI ≥ 30)	796	55.6	1.5	52.6	58.5
Leisure Time Physical Activity					
Participates in leisure time physical activity	2,288	54.7	0.9	53.0	56.4
Does not participate in leisure time physical activity	809	58.9	1.5	55.9	61.9
Smoking Status					
Current smoker	605	69.8	1.8	66.4	73.3
Non-smoker	2,481	53.0	0.8	51.3	54.6
Health Insurance Status					
Insured	2,611	51.8	0.8	50.2	53.4
Uninsured	480	78.4	2.0	74.6	82.2

Numerator: Respondents who reported they did not get a flu shot or flu vaccine sprayed in their nose during the past 12 months.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults 65 Years Old and Older Who Did Not Get Immunized
Against Influenza During the Past 12 Months, 2013**

Kansas City Area Coalition

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,547	35.2	0.6	33.9	36.4
Kansas City Area Coalition	637	31.3	1.2	28.9	33.6
Gender					
Men	236	30.0	1.9	26.4	33.6
Women	401	32.2	1.5	29.2	35.3
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	626	31.2	1.2	28.9	33.6
Race					
White	546	29.7	1.2	27.3	32.0
African American	65	54.3	5.7	43.1	65.4
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	239	36.0	2.2	31.7	40.3
Some College or College Graduate	395	28.3	1.4	25.6	31.0
Annual Household Income					
Less than \$35,000 per Year	269	34.5	2.0	30.5	38.5
\$35,000 or Higher per Year	257	27.4	1.6	24.2	30.6
Disability Status					
Living with a Disability	198	28.2	2.0	24.3	32.1
Living without a Disability	433	32.7	1.5	29.8	35.6
Weight Category					
Normal or Underweight (BMI < 25)	236	33.4	2.0	29.3	37.4
Overweight (25 ≤ BMI < 30)	239	29.8	1.9	26.1	33.5
Obese (BMI ≥ 30)	139	30.1	2.4	25.3	34.8

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	419	29.7	1.4	27.0	32.5
Does not participate in leisure time physical activity	215	34.6	2.3	30.2	39.0
Smoking Status					
Current smoker	78	47.6	4.7	38.4	56.7
Non-smoker	554	29.8	1.2	27.4	32.2
Health Insurance Status					
Insured	620	31.1	1.2	28.8	33.5
Uninsured	*	*	*	*	*

Numerator: Respondents 65 years old and older who reported they did not receive a flu shot or flu vaccine sprayed in their nose during the past 12 months.

Denominator: All respondents 65 years old and older, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults 65 Years Old and Older Who Never Had Pneumonia
Vaccination, 2013**

Kansas City Area Coalition

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,063	30.0	0.6	28.7	31.2
Kansas City Area Coalition	528	26.8	1.2	24.5	29.1
Gender					
Men	213	28.0	1.9	24.3	31.6
Women	315	25.9	1.5	23.0	28.8
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	517	26.4	1.1	24.1	28.6
Race					
White	460	25.7	1.2	23.4	28.0
African American	48	39.9	6.1	28.0	51.8
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	177	27.6	2.1	23.5	31.7
Some College or College Graduate	349	26.2	1.4	23.5	28.8
Annual Household Income					
Less than \$35,000 per Year	213	28.9	2.0	25.0	32.8
\$35,000 or Higher per Year	239	25.7	1.6	22.6	28.9
Disability Status					
Living with a Disability	134	18.4	1.7	15.0	21.8
Living without a Disability	392	31.5	1.5	28.5	34.4
Weight Category					
Normal or Underweight (BMI < 25)	191	26.9	1.9	23.1	30.7
Overweight (25 ≤ BMI < 30)	205	27.7	1.9	24.0	31.5
Obese (BMI ≥ 30)	114	25.1	2.3	20.5	29.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	360	26.6	1.4	23.9	29.4
Does not participate in leisure time physical activity	166	27.2	2.1	23.1	31.3
Smoking Status					
Current smoker	64	44.1	4.8	34.7	53.5
Non-smoker	460	25.3	1.2	23.0	27.6
Health Insurance Status					
Insured	514	26.6	1.2	24.3	28.9
Uninsured	*	*	*	*	*

Numerator: Respondents 65 years old and older who reported they never had a pneumonia vaccination.

Denominator: All respondents 65 years old and older, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported That They Do Not Always Wear a Seatbelt
When They Drive or Ride in a Car, 2013**

Kansas City Area Coalition

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,359	17.0	0.3	16.3	17.6
Kansas City Area Coalition	651	11.8	0.5	10.7	12.8
Gender					
Men	405	16.4	0.9	14.7	18.2
Women	246	7.3	0.6	6.2	8.4
Age Group					
18 to 44 Years	231	13.5	0.9	11.8	15.3
45 to 64 Years	251	10.5	0.7	9.1	11.9
65 Years and Older	166	9.1	0.8	7.5	10.6
Ethnicity					
Hispanic	43	16.5	2.6	11.5	21.6
Non-Hispanic	603	11.3	0.5	10.3	12.4
Race					
White	554	11.8	0.6	10.7	12.9
African American	52	14.6	2.5	9.8	19.4
Other	29	10.2	2.1	6.1	14.3
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	229	15.5	1.2	13.2	17.8
Some College or College Graduate	421	10.1	0.6	9.0	11.2
Annual Household Income					
Less than \$35,000 per Year	234	15.4	1.1	13.2	17.5
\$35,000 or Higher per Year	357	10.5	0.6	9.2	11.7
Disability Status					
Living with a Disability	191	14.5	1.2	12.2	16.8
Living without a Disability	456	11.2	0.6	10.0	12.3

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	169	10.0	0.8	8.3	11.6
Overweight (25 ≤ BMI < 30)	217	11.2	0.9	9.4	13.0
Obese (BMI ≥ 30)	230	15.1	1.1	12.9	17.3
Leisure Time Physical Activity					
Participates in leisure time physical activity	460	11.0	0.6	9.8	12.1
Does not participate in leisure time physical activity	188	14.1	1.1	11.8	16.3
Smoking Status					
Current smoker	160	19.3	1.6	16.1	22.5
Non-smoker	491	10.3	0.5	9.3	11.4
Health Insurance Status					
Insured	539	10.5	0.5	9.4	11.5
Uninsured	108	19.1	1.9	15.3	22.9

Respondents who reported they nearly always, sometimes, seldom or never use a seatbelt when they ride or drive in a car.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Currently Smoke Cigarettes, 2013

Kansas City Area Coalition

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,865	20.0	0.4	19.3	20.7
Kansas City Area Coalition	1,010	17.0	0.6	15.9	18.2
Gender					
Men	475	19.0	0.9	17.2	20.8
Women	535	15.2	0.8	13.7	16.6
Age Group					
18 to 44 Years	365	18.9	1.0	16.9	20.8
45 to 64 Years	462	18.5	0.9	16.7	20.3
65 Years and Older	175	7.7	0.7	6.3	9.0
Ethnicity					
Hispanic	40	11.3	1.9	7.6	14.9
Non-Hispanic	964	17.6	0.6	16.4	18.8
Race					
White	820	17.0	0.6	15.7	18.3
African American	112	26.5	2.9	20.8	32.3
Other	45	10.9	1.8	7.5	14.4
Multi-Race	24	21.5	4.7	12.3	30.6
Education					
High School Graduate or Less	435	27.1	1.3	24.4	29.7
Some College or College Graduate	573	12.5	0.6	11.3	13.7
Annual Household Income					
Less than \$35,000 per Year	443	24.8	1.3	22.3	27.3
\$35,000 or Higher per Year	465	14.0	0.7	12.6	15.4
Disability Status					
Living with a Disability	327	24.3	1.4	21.5	27.1
Living without a Disability	675	15.4	0.7	14.1	16.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	357	16.6	1.0	14.7	18.6
Overweight (25 ≤ BMI < 30)	336	17.2	1.0	15.1	19.2
Obese (BMI ≥ 30)	274	19.0	1.3	16.6	21.5
Leisure Time Physical Activity					
Participates in leisure time physical activity	638	15.0	0.7	13.6	16.3
Does not participate in leisure time physical activity	328	22.8	1.4	20.1	25.4
Health Insurance Status					
Insured	794	14.7	0.6	13.6	15.9
Uninsured	214	30.0	2.1	26.0	34.1

Numerator: Respondents who reported they have smoked at least 100 cigarettes in their entire life and that they now smoke some days or every day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Stopped Smoking for One Day or Longer Because
They Were Trying to Quit Smoking, 2013**

Kansas City Area Coalition

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,063	56.5	1.0	54.5	58.4
Kansas City Area Coalition	547	56.3	1.9	52.5	60.0
Gender					
Men	251	55.6	2.7	50.3	60.9
Women	296	57.1	2.7	51.8	62.4
Age Group					
18 to 44 Years	215	58.0	2.9	52.4	63.7
45 to 64 Years	240	54.4	2.7	49.1	59.8
65 Years and Older	86	51.0	4.6	42.0	60.0
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	521	56.2	2.0	52.3	60.1
Race					
White	422	53.6	2.1	49.5	57.8
African American	74	67.2	6.0	55.4	79.0
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	243	57.4	2.9	51.7	63.1
Some College or College Graduate	302	55.0	2.6	50.0	60.0
Annual Household Income					
Less than \$35,000 per Year	241	57.1	3.0	51.2	62.9
\$35,000 or Higher per Year	240	54.5	2.8	49.1	59.9
Disability Status					
Living with a Disability	190	61.1	3.3	54.5	67.6
Living without a Disability	353	54.7	2.3	50.2	59.3

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	188	53.8	3.3	47.3	60.3
Overweight (25 ≤ BMI < 30)	178	53.4	3.3	46.8	60.0
Obese (BMI ≥ 30)	157	62.1	3.5	55.1	69.0
Leisure Time Physical Activity					
Participates in leisure time physical activity	377	61.8	2.3	57.2	66.4
Does not participate in leisure time physical activity	150	46.9	3.4	40.2	53.6
Health Insurance Status					
Insured	429	55.8	2.2	51.5	60.1
Uninsured	117	57.9	4.0	50.1	65.6

Numerator: Current smokers who stopped smoking for one day or longer because they were trying to quit smoking.

Denominator: Current smokers, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Currently Use Any Smokeless Tobacco Products, 2013

Kansas City Area Coalition

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	961	5.5	0.2	5.1	5.9
Kansas City Area Coalition	204	4.2	0.3	3.6	4.9
Gender					
Men	182	8.1	0.6	6.8	9.4
Women	22	0.6	0.1	0.3	0.8
Age Group					
18 to 44 Years	97	5.1	0.5	4.0	6.2
45 to 64 Years	81	4.2	0.5	3.2	5.1
65 Years and Older	24	1.3	0.3	0.7	2.0
Ethnicity					
Hispanic	12	4.9	1.5	2.0	7.8
Non-Hispanic	192	4.2	0.3	3.6	4.9
Race					
White	174	4.5	0.4	3.7	5.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	88	6.5	0.8	5.0	8.0
Some College or College Graduate	116	3.2	0.3	2.6	3.9
Annual Household Income					
Less than \$35,000 per Year	58	4.1	0.6	2.9	5.3
\$35,000 or Higher per Year	131	4.8	0.5	3.9	5.7
Disability Status					
Living with a Disability	38	3.6	0.6	2.3	4.9
Living without a Disability	166	4.4	0.4	3.7	5.2

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	56	3.0	0.5	2.1	4.0
Overweight (25 ≤ BMI < 30)	91	5.7	0.7	4.5	7.0
Obese (BMI ≥ 30)	56	4.8	0.7	3.4	6.3
Leisure Time Physical Activity					
Participates in leisure time physical activity	143	4.0	0.4	3.2	4.7
Does not participate in leisure time physical activity	49	4.6	0.8	3.1	6.1
Smoking Status					
Current smoker	63	8.0	1.1	5.8	10.1
Non-smoker	141	3.5	0.3	2.9	4.2
Health Insurance Status					
Insured	170	4.1	0.4	3.4	4.8
Uninsured	34	5.1	1.0	3.2	7.0

Numerator: Respondents who reported they currently use chewing tobacco, snuff or snus (Swedish for snuff) some days or every day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Percentage of Men Who Currently Use Any Smokeless Tobacco Products, 2013

Kansas City Area Coalition

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	866	10.4	0.4	9.6	11.2
Kansas City Area Coalition	182	8.1	0.6	6.8	9.4
Age Group					
18 to 44 Years	91	9.7	1.0	7.7	11.7
45 to 64 Years	70	7.7	1.0	5.7	9.6
65 Years and Older	19	2.5	0.7	1.2	3.9
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	172	8.2	0.7	6.8	9.5
Race					
White	160	8.8	0.7	7.3	10.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	77	11.5	1.4	8.8	14.3
Some College or College Graduate	105	6.4	0.7	5.1	7.8
Annual Household Income					
Less than \$35,000 per Year	50	8.3	1.3	5.8	10.7
\$35,000 or Higher per Year	119	8.7	0.8	7.0	10.3
Disability Status					
Living with a Disability	32	6.6	1.3	4.1	9.1
Living without a Disability	150	8.5	0.7	7.0	9.9
Weight Category					
Normal or Underweight (BMI < 25)	43	6.5	1.1	4.3	8.7
Overweight (25 ≤ BMI < 30)	88	9.2	1.1	7.2	11.3
Obese (BMI ≥ 30)	51	8.8	1.3	6.2	11.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	131	7.6	0.7	6.2	9.0
Does not participate in leisure time physical activity	40	9.1	1.6	6.0	12.1
Smoking Status					
Current smoker	54	13.3	1.9	9.6	17.0
Non-smoker	128	6.9	0.7	5.6	8.3
Health Insurance Status					
Insured	154	8.0	0.7	6.6	9.4
Uninsured	28	9.0	1.8	5.5	12.5

Numerator: Male respondents who reported they currently use chewing tobacco, snuff or snus (Swedish for snuff) some days or every day.

Denominator: All male respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

**Percentage of Adults Who Ever Served on Active Duty in the United States
Armed Forces, 2013**

Kansas City Area Coalition

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,022	12.0	0.3	11.5	12.5
Kansas City Area Coalition	861	10.0	0.4	9.2	10.8
Gender					
Men	793	18.6	0.8	17.1	20.2
Women	68	1.8	0.3	1.3	2.3
Age Group					
18 to 44 Years	93	4.6	0.5	3.6	5.6
45 to 64 Years	274	11.3	0.7	9.8	12.7
65 Years and Older	490	26.0	1.1	23.8	28.2
Ethnicity					
Hispanic	15	3.9	1.1	1.8	5.9
Non-Hispanic	843	10.6	0.4	9.7	11.5
Race					
White	756	10.4	0.4	9.5	11.2
African American	58	12.5	2.1	8.4	16.6
Other	26	4.8	1.2	2.5	7.1
Multi-Race	13	15.8	4.5	7.0	24.5
Education					
High School Graduate or Less	223	9.9	0.8	8.4	11.5
Some College or College Graduate	637	10.1	0.5	9.1	11.0
Annual Household Income					
Less than \$35,000 per Year	228	8.8	0.7	7.4	10.1
\$35,000 or Higher per Year	546	11.1	0.6	10.0	12.2
Disability Status					
Living with a Disability	263	15.1	1.1	13.0	17.2
Living without a Disability	590	8.9	0.4	8.1	9.8

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	228	7.2	0.6	6.0	8.3
Overweight (25 ≤ BMI < 30)	383	13.2	0.8	11.6	14.8
Obese (BMI ≥ 30)	239	11.4	0.9	9.7	13.1
Leisure Time Physical Activity					
Participates in leisure time physical activity	628	10.2	0.5	9.3	11.2
Does not participate in leisure time physical activity	195	9.8	0.9	8.2	11.5
Smoking Status					
Current smoker	138	11.6	1.2	9.3	14.0
Non-smoker	706	9.7	0.4	8.8	10.5
Health Insurance Status					
Insured	812	11.0	0.5	10.1	11.9
Uninsured	49	5.1	0.8	3.4	6.8

Numerator: Respondents who reported that they served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Are Obese, 2013

Kansas City Area Coalition

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	6,656	30.0	0.4	29.2	30.7
Kansas City Area Coalition	1,761	26.5	0.7	25.1	27.8
Gender					
Men	824	27.2	1.0	25.3	29.1
Women	937	25.7	0.9	23.9	27.5
Age Group					
18 to 44 Years	459	23.6	1.1	21.5	25.7
45 to 64 Years	809	32.2	1.1	30.1	34.4
65 Years and Older	486	22.6	1.0	20.5	24.6
Ethnicity					
Hispanic	85	31.4	3.2	25.2	37.7
Non-Hispanic	1,669	26.1	0.7	24.7	27.4
Race					
White	1,435	25.4	0.7	24.0	26.8
African American	199	40.3	3.2	34.1	46.6
Other	89	24.9	2.7	19.6	30.3
Multi-Race	22	20.3	5.1	10.3	30.3
Education					
High School Graduate or Less	548	31.0	1.4	28.2	33.8
Some College or College Graduate	1,212	24.4	0.8	23.0	25.9
Annual Household Income					
Less than \$35,000 per Year	614	32.2	1.4	29.5	35.0
\$35,000 or Higher per Year	1,001	24.9	0.8	23.3	26.5
Disability Status					
Living with a Disability	632	40.0	1.6	36.9	43.0
Living without a Disability	1,112	23.4	0.8	21.9	24.8

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	1,122	23.9	0.8	22.4	25.4
Does not participate in leisure time physical activity	564	35.2	1.6	32.1	38.3
Smoking Status					
Current smoker	274	28.8	1.8	25.2	32.3
Non-smoker	1,459	25.9	0.7	24.5	27.4
Health Insurance Status					
Insured	1,555	25.4	0.7	24.0	26.7
Uninsured	204	33.2	2.3	28.7	37.6

Numerator: Respondents with a body mass index greater than or equal to 30, based on self-reported height and weight.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Are Overweight or Obese, 2013

Kansas City Area Coalition

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	14,533	65.3	0.4	64.5	66.1
Kansas City Area Coalition	4,111	62.8	0.8	61.3	64.3
Gender					
Men	2,049	70.1	1.1	68.1	72.2
Women	2,062	55.2	1.0	53.2	57.3
Age Group					
18 to 44 Years	1,098	57.6	1.2	55.2	60.1
45 to 64 Years	1,722	70.0	1.1	67.9	72.0
65 Years and Older	1,275	63.0	1.2	60.6	65.4
Ethnicity					
Hispanic	184	68.0	3.1	61.8	74.1
Non-Hispanic	3,907	62.4	0.8	60.9	63.9
Race					
White	3,460	61.8	0.8	60.2	63.4
African American	338	74.0	2.9	68.4	79.6
Other	210	62.0	3.1	55.9	68.1
Multi-Race	61	63.7	5.9	52.1	75.3
Education					
High School Graduate or Less	1,154	65.8	1.5	62.9	68.7
Some College or College Graduate	2,953	61.5	0.9	59.8	63.2
Annual Household Income					
Less than \$35,000 per Year	1,231	63.7	1.4	61.0	66.5
\$35,000 or Higher per Year	2,485	64.0	0.9	62.1	65.8
Disability Status					
Living with a Disability	1,145	72.8	1.4	69.9	75.6
Living without a Disability	2,927	60.6	0.9	58.9	62.3

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	2,851	60.5	0.9	58.8	62.3
Does not participate in leisure time physical activity	1,063	69.2	1.5	66.2	72.2
Smoking Status					
Current smoker	610	64.5	1.9	60.8	68.3
Non-smoker	3,428	62.4	0.8	60.8	64.0
Health Insurance Status					
Insured	3,697	62.3	0.8	60.7	63.8
Uninsured	404	65.8	2.2	61.4	70.1

Numerator: Respondents with a body mass index greater than or equal to 25, based on self-reported height and weight.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Technical Notes

The 2013 BRFSS data for your county/region on 42 health risk indicators, analyzed by various subpopulation groups (e.g. gender, age group, ethnicity, etc.), are included in this report. The indicators are summarized in tables that show:

- Unweighted Frequency: the number of respondents who reported the risk behavior
- Weighted Percentage: the prevalence estimate for the risk behavior within a particular subpopulation group category
- Standard Error: used to compute the 95% confidence limits
- Lower and upper 95% confidence limits

Prevalence estimates vary in precision depending on sample size. One way of describing the precision of an estimate is the margin of error, which is the half-width of the confidence interval. When the sample size is large for a particular subpopulation group, the corresponding margin of error for an estimate is small. When the sample size is small for a particular subpopulation group, the corresponding margin of error for an estimate is large. Large margins of error (i.e. >5) indicate that an estimate may be less precise. Prevalence estimates that have a margin of error >5 are *italicized* in this report and should be interpreted with caution.

To determine whether two weighted percentages are significantly different from one another, the reader must compare the confidence intervals. Confidence intervals which do not overlap indicate a statistically significant difference between the two prevalence estimates while overlapping confidence intervals indicate that two estimates are not statistically different from one another. It is incorrect to say two estimates are different if their confidence limits overlap.

Estimates have been censored with an asterisk ("*") when the sample size was inadequate and/or when the estimates were statistically unreliable. Specifically, estimates were censored when any of the following conditions were met:

- the numerator of the indicator is less than 5
- the denominator of the indicator is less than 50
- the relative standard error (RSE) is 30 percent or higher

RSE is obtained by dividing the standard error of the estimate by the estimate itself, then multiplying that result by 100 to be expressed as a percent.

2011 BRFSS data represent a new baseline for public health surveillance. Due to changes in BRFSS survey methodology, the BRFSS estimates for 2011 and subsequent years cannot be compared to estimates from the years prior to 2011.

For more information on changes to the Kansas BRFSS survey methodology beginning in 2011, please visit: <http://www.kdheks.gov/brfss/newmethod.html>

For more detailed technical notes on the Kansas BRFSS, please visit: <http://www.kdheks.gov/brfss/technotes.html>