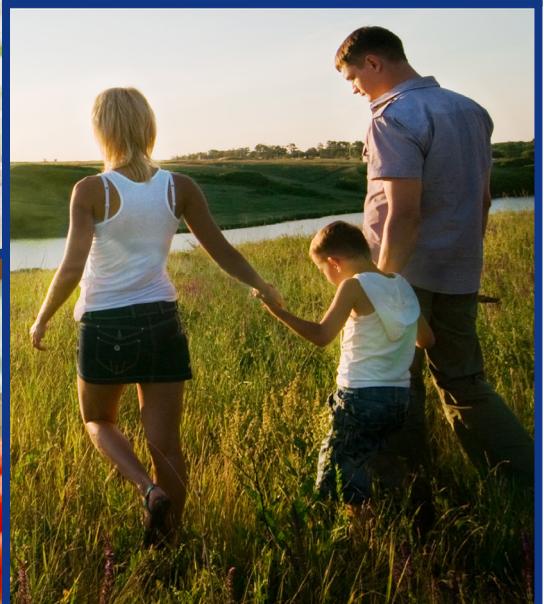


2013 Kansas Behavioral Risk Factor Surveillance System Local Data

Pottawatomie County



November 2014

2013 Kansas Behavioral Risk Factor Surveillance System Local Data

State of Kansas
Sam Brownback, Governor

Kansas Department of Health and Environment
Dr. Robert Moser, Secretary and State Health Officer

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**Kansas Department of Health and Environment
Bureau of Health Promotion
November 2014**

Kansas Department of Health and Environment (KDHE)

Mission

To protect and improve the health and environment of all Kansans

Vision

Healthy Kansans living in safe and sustainable environments

www.kdheks.gov

Foreword

The Behavioral Risk Factor Surveillance System (BRFSS) is the world's largest, annual population-based telephone survey system, tracking health conditions and risk behaviors in the U.S. It is coordinated by the Centers for Disease Control and Prevention (CDC) and is conducted in every state and several territories.

BRFSS allows us to perform a critical public health function of assessing population health and identifying issues critically important to public health and population health management. BRFSS provides data on a wide range of health issues including information related to access to health care, chronic and infectious diseases, clinical preventive services, environmental quality, infant and child health, injury and violence, maternal health, mental health, nutrition, physical activity, obesity, oral health, reproductive and sexual health, substance abuse and tobacco use.

Prior to 2009, the sample size for the Kansas survey was sufficient to produce state level estimates of health risk behaviors. Beginning in 2009, the Kansas BRFSS was expanded in response to demand from local health officials for local level health risk behavior data for a 10-year project. The survey now collects adequate sample data during odd years (2009, 2011, 2013, 2015 and 2017) to provide local level estimates by county or region for these years. By the conclusion of the 10-year project, most Kansas counties will have county-specific data for use in estimating trends in selected health indicators from 2011 forward. Data from 2011 onward cannot be compared to previous years as the BRFSS data collection and analysis methods changed beginning in 2011.

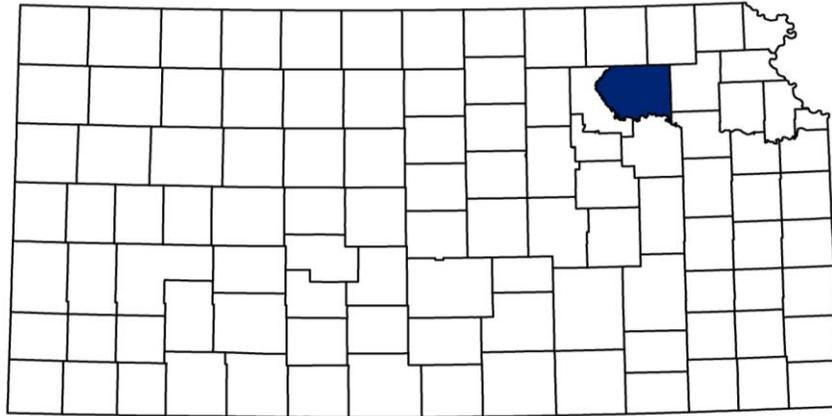
During the 2013 survey year, data were collected from more than 20,000 adult Kansans, providing estimates for 42 of the state's 105 counties and for 16 Public Health Preparedness Regions, with data for 42 health risk indicators analyzed at the county or regional level.

BRFSS data help public health professionals measure Kansans health behaviors, conditions and concerns at the state and the local level. These data are important when we consider where to focus our public health efforts and to help us emphasize the benefits of prevention.

Sincerely,



Robert Moser, MD
Secretary and State Health Officer
Kansas Department of Health and Environment



Pottawatomie County

Kansas Behavioral Risk Factor Surveillance System – Local Data, 2013 can also be accessed at <http://www.kdheks.gov/brfss/>

If you have any questions about survey methodology or need assistance interpreting the data, please contact:

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Table of Contents

Alcohol Consumption

Binge Drinking.....	1
---------------------	---

Arthritis

Arthritis	3
Activity Limitation Due to Arthritis	5

Asthma	7
---------------------	---

Cancer

Cancer (Excluding Skin Cancer)	9
Skin Cancer	11

Cardiovascular Health

High Blood Pressure	13
---------------------------	----

Cholesterol

Not Checked Cholesterol within Five Years	15
High Blood Cholesterol Status.....	17

Depressive Disorder	19
----------------------------------	----

Diabetes	21
-----------------------	----

Disability

Activity Limitation Due to Physical, Mental or Emotional Problems	23
Disability	25

Exercise and Physical Activity

Not Participating in the Recommended Level of Physical Activity (Aerobic AND/OR Strengthening)	27
Did Not Participate in the Recommended Level of Aerobic AND Strengthening Physical Activity.....	29
Not Participating in Any Physical Activity	31

Fruits and Vegetable Consumption

Consuming Fruits Less than 1 Time Per Day	33
Consuming Vegetables Less than 1 Time Per Day.....	35

Health Care Access	
Lack of Health Care Coverage.....	37
Lack of Health Care Coverage 18 to 64 Years Old Only	39
No Personal Doctor.....	41
Did Not See Doctor Due to Cost.....	43
General Health	45
Healthy Days - Health Related Quality of Life	
Physical Health Status.....	47
Mental Health Status.....	49
Poor Physical or Mental Health is Barrier to Usual Activities.....	51
Immunization	
Not Immunized Against Influenza.....	53
Not Immunized Against Influenza 65 Years and Older Only	55
Never Had Pneumonia Vaccination 65 Years and Older Only	57
Seatbelt Use	59
Tobacco Use	
Current Smoker	61
Smokeless Tobacco Use	63
Male Smokeless Tobacco Use	65
Veteran Status	67
Weight Status (BMI Categories)	
Obese.....	69
Overweight or Obese	71
Technical Notes	73

Unpublished Tables - The following data tables are not published due to insufficient sample and/or statistically unreliable estimates for Pottawatomie County: Heavy Drinking, Heart Attack, Coronary Heart Disease, Stroke, Chronic Obstructive Pulmonary Disease (COPD) and Tried Quitting Smoking.

Percentage of Adults Who Are Binge Drinkers, 2013

Pottawatomie County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,583	15.4	0.3	14.7	16.0
Pottawatomie County	35	20.6	3.5	13.7	27.5
Gender					
Men	23	32.9	6.1	20.9	44.8
Women	*	*	*	*	*
Age Group					
18 to 44 Years	18	26.3	5.7	15.1	37.5
45 to 64 Years	13	20.3	6.0	8.6	32.0
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	34	20.4	3.6	13.4	27.4
Race					
White	34	20.7	3.6	13.6	27.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	14	24.9	6.4	12.4	37.5
Some College or College Graduate	21	17.9	4.0	10.0	25.8
Annual Household Income					
Less than \$35,000 per Year	11	26.2	7.0	12.4	40.0
\$35,000 or Higher per Year	21	18.6	4.3	10.2	27.0
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	32	25.1	4.3	16.6	33.5

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	15	25.5	6.3	13.1	37.9
Obese (BMI ≥ 30)	10	22.4	6.6	9.5	35.4
Leisure Time Physical Activity					
Participates in leisure time physical activity	27	19.7	3.9	12.1	27.3
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	25	18.2	3.8	10.8	25.6
Health Insurance Status					
Insured	34	22.1	3.8	14.7	29.6
Uninsured	*	*	*	*	*

Numerator: Male respondents who reported having five or more drinks on one occasion in the past 30 days or female respondents who reported having four or more drinks on one occasion in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Doctor Diagnosed Arthritis, 2013

Pottawatomie County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	7,380	23.9	0.3	23.3	24.5
Pottawatomie County	70	24.8	3.1	18.8	30.8
Gender					
Men	24	24.4	4.9	14.8	34.0
Women	46	25.2	3.8	17.7	32.7
Age Group					
18 to 44 Years	13	14.3	4.0	6.4	22.1
45 to 64 Years	26	28.1	5.6	17.1	39.0
65 Years and Older	31	46.0	7.0	32.3	59.6
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	69	25.0	3.1	18.9	31.2
Race					
White	66	24.1	3.1	18.0	30.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	26	27.3	5.5	16.5	38.2
Some College or College Graduate	44	23.4	3.6	16.3	30.5
Annual Household Income					
Less than \$35,000 per Year	24	29.4	6.1	17.5	41.4
\$35,000 or Higher per Year	34	22.3	4.0	14.4	30.2
Disability Status					
Living with a Disability	30	42.4	7.5	27.8	57.0
Living without a Disability	40	19.6	3.3	13.1	26.0

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	25	30.4	6.1	18.5	42.3
Overweight (25 ≤ BMI < 30)	22	19.2	4.3	10.8	27.7
Obese (BMI ≥ 30)	20	26.6	6.2	14.5	38.8
Leisure Time Physical Activity					
Participates in leisure time physical activity	43	20.2	3.3	13.7	26.7
Does not participate in leisure time physical activity	26	38.4	7.0	24.6	52.1
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	60	26.0	3.5	19.2	32.8
Health Insurance Status					
Insured	68	26.9	3.4	20.3	33.5
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor or other health professional that they have some form of arthritis, rheumatoid arthritis, gout, lupus or fibromyalgia.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Doctor Diagnosed Arthritis Who Are Limited in Their Usual Activities Because of Arthritis or Joint Symptoms, 2013

Pottawatomie County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,286	46.4	0.7	45.0	47.9
Pottawatomie County	31	39.8	6.6	26.8	52.7
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	31	40.6	6.7	27.5	53.8
Race					
White	28	37.9	6.8	24.6	51.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	<i>26</i>	<i>38.7</i>	<i>7.1</i>	<i>24.7</i>	<i>52.7</i>
Health Insurance Status					
Insured	<i>29</i>	<i>38.5</i>	<i>6.7</i>	<i>25.5</i>	<i>51.5</i>
Uninsured	*	*	*	*	*

Numerator: Respondents who reported any limitation in their usual activities because of arthritis or joint symptoms.

Denominator: Respondents with doctor, nurse or other health professional diagnosed arthritis, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Current Asthma, 2013

Pottawatomie County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,072	8.9	0.2	8.4	9.3
Pottawatomie County	17	9.2	2.4	4.4	14.0
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	17	9.5	2.5	4.6	14.4
Race					
White	14	7.9	2.4	3.3	12.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	14	11.6	3.3	5.1	18.1
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*	*	*	*	*
Health Insurance Status					
Insured	17	10.2	2.7	4.9	15.4
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they had asthma and that they currently have asthma.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Have Been Diagnosed With Cancer (Excluding Skin Cancer), 2013

Pottawatomie County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,256	6.8	0.2	6.5	7.1
Pottawatomie County	16	4.8	1.4	2.2	7.5
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	16	5.0	1.4	2.2	7.7
Race					
White	15	4.7	1.4	2.0	7.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	15	5.6	1.6	2.4	8.8
Health Insurance Status					
Insured	15	4.8	1.4	2.0	7.6
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they had cancer (excluding skin cancer).

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Percentage of Adults Who Have Been Diagnosed With Skin Cancer, 2013

Pottawatomie County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,157	6.3	0.2	6.0	6.6
Pottawatomie County	19	7.9	2.0	3.9	11.8
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	11	21.0	5.9	9.4	32.5
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	19	8.1	2.1	4.1	12.2
Race					
White	18	8.0	2.1	3.9	12.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	18	9.1	2.4	4.4	13.8
Health Insurance Status					
Insured	19	8.7	2.2	4.4	13.0
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they had skin cancer.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Diagnosed Hypertension, 2013

Pottawatomie County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	9,309	31.3	0.4	30.6	32.0
Pottawatomie County	82	30.5	3.4	23.9	37.1
Gender					
Men	35	32.5	5.3	22.1	42.9
Women	47	28.7	4.2	20.4	36.9
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	33	38.4	6.3	26.1	50.7
65 Years and Older	38	67.9	6.3	55.5	80.4
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	81	31.0	3.4	24.3	37.7
Race					
White	79	30.8	3.5	24.0	37.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	33	34.5	6.0	22.8	46.2
Some College or College Graduate	49	28.3	4.0	20.4	36.2
Annual Household Income					
Less than \$35,000 per Year	33	43.1	6.9	29.6	56.6
\$35,000 or Higher per Year	34	23.1	4.1	15.0	31.2
Disability Status					
Living with a Disability	32	56.0	7.8	40.7	71.3
Living without a Disability	48	21.9	3.3	15.4	28.3

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	22	25.8	5.9	14.2	37.5
Overweight (25 ≤ BMI < 30)	37	36.1	5.7	24.9	47.3
Obese (BMI ≥ 30)	21	29.7	6.4	17.2	42.2
Leisure Time Physical Activity					
Participates in leisure time physical activity	52	28.6	4.0	20.8	36.4
Does not participate in leisure time physical activity	26	34.4	6.6	21.4	47.4
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	70	30.6	3.6	23.5	37.8
Health Insurance Status					
Insured	77	32.2	3.6	25.1	39.3
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they have high blood pressure.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Did Not Have Their Blood Cholesterol Checked
Within the Past Five Years, 2013**

Pottawatomie County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,976	26.7	0.4	25.9	27.5
Pottawatomie County	49	27.9	3.8	20.5	35.3
Gender					
Men	24	31.6	5.9	20.0	43.1
Women	25	24.3	4.7	15.2	33.5
Age Group					
18 to 44 Years	33	46.1	6.3	33.8	58.4
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	49	28.9	3.9	21.3	36.4
Race					
White	47	28.0	3.9	20.4	35.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	18	31.3	6.8	18.0	44.5
Some College or College Graduate	31	26.1	4.5	17.3	34.8
Annual Household Income					
Less than \$35,000 per Year	21	34.9	7.1	20.9	48.9
\$35,000 or Higher per Year	20	22.0	4.7	12.8	31.3
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	41	33.0	4.5	24.1	41.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	13	22.7	6.4	10.2	35.2
Overweight (25 ≤ BMI < 30)	19	33.5	6.5	20.8	46.2
Obese (BMI ≥ 30)	14	25.0	6.6	12.0	37.9
Leisure Time Physical Activity					
Participates in leisure time physical activity	35	28.6	4.5	19.8	37.4
Does not participate in leisure time physical activity	14	29.5	7.6	14.6	44.4
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	41	29.2	4.3	20.8	37.5
Health Insurance Status					
Insured	35	24.2	3.9	16.5	32.0
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had not checked their blood cholesterol in the past five years.

Denominator: All respondents excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Tested and Diagnosed with High Cholesterol, 2013

Pottawatomie County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	8,351	38.1	0.4	37.3	38.9
Pottawatomie County	62	31.4	3.9	23.7	39.1
Gender					
Men	24	33.9	6.4	21.4	46.4
Women	38	29.2	4.7	19.9	38.4
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	31	44.0	6.8	30.6	57.3
65 Years and Older	26	42.8	7.1	28.9	56.6
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	60	30.2	3.8	22.7	37.7
Race					
White	61	32.4	4.0	24.5	40.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	25	38.4	7.1	24.4	52.4
Some College or College Graduate	37	27.6	4.6	18.6	36.6
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	26	23.8	4.8	14.3	33.2
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	40	25.8	4.1	17.8	33.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	13	15.3	4.4	6.7	23.8
Overweight (25 ≤ BMI < 30)	29	39.0	6.6	26.1	51.9
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	42	32.0	4.8	22.6	41.4
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	56	33.4	4.3	25.0	41.9
Health Insurance Status					
Insured	56	30.3	4.0	22.4	38.2
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they have high blood cholesterol.

Denominator: Respondents who had ever had their blood cholesterol checked, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Were EVER Diagnosed with a Depressive Disorder,
2013**

Pottawatomie County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	4,386	18.1	0.3	17.5	18.7
Pottawatomie County	58	26.6	3.5	19.8	33.4
Gender					
Men	20	21.6	4.9	12.0	31.3
Women	38	31.4	4.8	22.1	40.7
Age Group					
18 to 44 Years	21	28.1	5.6	17.1	39.2
45 to 64 Years	24	27.3	5.6	16.3	38.3
65 Years and Older	13	21.0	5.8	9.7	32.3
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	57	26.9	3.5	20.0	33.8
Race					
White	56	27.0	3.6	20.0	34.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	25	32.5	6.3	20.2	44.8
Some College or College Graduate	33	23.1	4.0	15.2	30.9
Annual Household Income					
Less than \$35,000 per Year	26	41.1	7.1	27.3	54.9
\$35,000 or Higher per Year	20	15.8	3.9	8.2	23.4
Disability Status					
Living with a Disability	27	48.0	7.8	32.7	63.3
Living without a Disability	29	19.1	3.7	11.9	26.3

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	18	30.5	6.8	17.2	43.8
Overweight (25 ≤ BMI < 30)	20	22.8	5.2	12.6	32.9
Obese (BMI ≥ 30)	18	28.8	6.7	15.8	41.9
Leisure Time Physical Activity					
Participates in leisure time physical activity	36	24.6	4.1	16.5	32.6
Does not participate in leisure time physical activity	20	31.9	6.9	18.4	45.3
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	43	22.3	3.5	15.4	29.2
Health Insurance Status					
Insured	52	26.6	3.7	19.4	33.8
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had ever been told by a doctor, nurse or other health professional that they have a depressive disorder (including depression, major depression, dysthymia, or minor depression).

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Diagnosed Diabetes, 2013

Pottawatomie County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,832	9.6	0.2	9.1	10.0
Pottawatomie County	20	8.3	2.0	4.4	12.1
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	20	8.5	2.0	4.6	12.5
Race					
White	19	8.4	2.0	4.4	12.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	15	8.8	2.5	4.0	13.6
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	17	8.0	2.1	3.9	12.1
Health Insurance Status					
Insured	19	8.6	2.1	4.5	12.7
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor they had diabetes, excluding females told only during pregnancy and pre-diabetes or borderline diabetes.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

**Percentage of Adults Who Reported Activity Limitations Due to Physical,
Mental or Emotional Problems, 2013**

Pottawatomie County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	5,417	19.1	0.3	18.5	19.7
Pottawatomie County	52	22.1	3.2	15.8	28.3
Gender					
Men	23	22.6	4.9	12.9	32.3
Women	29	21.5	4.0	13.6	29.4
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	25	31.8	6.3	19.6	44.1
65 Years and Older	17	27.8	6.2	15.6	40.0
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	51	21.4	3.1	15.4	27.5
Race					
White	48	20.7	3.2	14.5	26.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	24	29.0	6.0	17.2	40.8
Some College or College Graduate	28	17.8	3.5	11.1	24.6
Annual Household Income					
Less than \$35,000 per Year	28	38.8	6.8	25.5	52.0
\$35,000 or Higher per Year	19	16.1	4.1	8.1	24.0
Weight Category					
Normal or Underweight (BMI < 25)	17	19.8	5.4	9.2	30.3
Overweight (25 ≤ BMI < 30)	18	20.5	4.8	11.0	29.9
Obese (BMI ≥ 30)	16	28.8	6.9	15.2	42.5

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	27	17.9	3.7	10.7	25.2
Does not participate in leisure time physical activity	24	34.0	6.7	20.8	47.2
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	41	20.8	3.4	14.1	27.4
Health Insurance Status					
Insured	47	22.3	3.4	15.6	28.9
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they were limited in any activities because of physical, mental or emotional problems.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Reported Living with a Disability, 2013

Pottawatomie County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	6,048	21.1	0.3	20.5	21.7
Pottawatomie County	56	24.0	3.3	17.6	30.5
Gender					
Men	25	25.5	5.2	15.3	35.6
Women	31	22.6	4.1	14.6	30.6
Age Group					
18 to 44 Years	11	14.3	4.2	6.0	22.5
45 to 64 Years	26	33.2	6.3	20.8	45.5
65 Years and Older	19	31.2	6.5	18.4	43.9
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	55	23.4	3.2	17.1	29.7
Race					
White	52	22.7	3.3	16.2	29.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	24	29.0	6.0	17.2	40.8
Some College or College Graduate	32	21.0	3.8	13.6	28.4
Annual Household Income					
Less than \$35,000 per Year	29	39.1	6.8	25.9	52.4
\$35,000 or Higher per Year	21	18.6	4.3	10.1	27.1
Weight Category					
Normal or Underweight (BMI < 25)	18	20.9	5.5	10.2	31.6
Overweight (25 ≤ BMI < 30)	19	21.9	5.0	12.2	31.7
Obese (BMI ≥ 30)	18	32.6	7.2	18.4	46.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	29	18.8	3.7	11.4	26.1
Does not participate in leisure time physical activity	26	38.6	7.1	24.7	52.5
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	45	23.0	3.5	16.1	30.0
Health Insurance Status					
Insured	51	24.4	3.5	17.5	31.3
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they were limited in any activities because of physical, mental or emotional problems or who reported having a health problem that requires them to use special equipment such as a cane, a wheelchair, a special bed or a special telephone.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Not Participating in the Recommended Level of Physical Activity (Aerobic and/or Strengthening), 2013

Pottawatomie County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	17,688	82.1	0.3	81.4	82.8
Pottawatomie County	168	85.4	2.6	80.4	90.4
Gender					
Men	67	84.8	4.0	77.1	92.6
Women	101	85.9	3.3	79.5	92.3
Age Group					
18 to 44 Years	64	86.3	3.9	78.7	94.0
45 to 64 Years	62	84.8	4.2	76.4	93.1
65 Years and Older	42	84.2	5.4	73.6	94.7
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	164	84.9	2.6	79.7	90.1
Race					
White	159	84.7	2.7	79.4	89.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	64	91.1	3.4	84.4	97.8
Some College or College Graduate	103	81.4	3.6	74.3	88.4
Annual Household Income					
Less than \$35,000 per Year	53	90.3	4.3	81.8	98.8
\$35,000 or Higher per Year	90	82.0	3.7	74.8	89.2
Disability Status					
Living with a Disability	44	88.6	4.6	79.5	97.6
Living without a Disability	123	84.4	3.0	78.4	90.3

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	50	84.9	4.6	75.9	93.8
Overweight (25 ≤ BMI < 30)	62	83.6	4.4	75.0	92.2
Obese (BMI ≥ 30)	47	88.6	4.4	80.0	97.3
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	139	82.7	3.0	76.7	88.6
Health Insurance Status					
Insured	148	85.2	2.7	80.0	90.5
Uninsured	*	*	*	*	*

Numerator: Respondents not participating in the recommended level of physical activity or participating in insufficient recommended level of physical activity for either aerobic or muscle strengthening guidelines.

Denominator: All respondents, excluding unknowns and refusals.

Not participating in the recommended level of physical activity referred to not participating in aerobic and strengthening exercises according to guidelines.

Participating in insufficient level of recommended physical activity referred to participating only in aerobic or only in strengthening exercises according to guidelines.

The aerobic guideline is defined as 150 minutes a week of moderate-intensity aerobic activity, or 75 minutes a week of vigorous-intensity aerobic activity, or an equivalent combination of moderate- and vigorous-intensity aerobic activity.

The strengthening guideline is defined as muscle-strengthening activities that involved all major muscle groups two or more times per week.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Not Participating in the Recommended Level of Physical Activity (Aerobic and Strengthening), 2013

Pottawatomie County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	8,900	42.0	0.4	41.2	42.8
Pottawatomie County	90	44.3	4.0	36.4	52.2
Gender					
Men	36	43.7	6.2	31.4	55.9
Women	54	44.8	5.1	34.7	54.9
Age Group					
18 to 44 Years	33	41.2	6.1	29.3	53.1
45 to 64 Years	38	50.6	6.8	37.3	64.0
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	89	44.9	4.1	37.0	52.9
Race					
White	84	43.4	4.1	35.3	51.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	35	50.8	6.9	37.3	64.2
Some College or College Graduate	54	39.4	4.8	30.0	48.7
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	44	38.7	5.2	28.5	48.8
Disability Status					
Living with a Disability	28	51.8	8.2	35.7	67.8
Living without a Disability	61	41.7	4.6	32.7	50.8

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	29	47.7	7.3	33.3	62.1
Overweight (25 ≤ BMI <30)	28	39.2	6.5	26.5	51.8
Obese (BMI ≥ 30)	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	69	38.8	4.3	30.4	47.3
Health Insurance Status					
Insured	78	44.0	4.3	35.6	52.4
Uninsured	*	*	*	*	*

Numerator: Respondents who did not participate in the recommended level of aerobic and strengthening exercises during the past month.

Denominator: All respondents, excluding unknowns and refusals.

The aerobic guideline is defined as 150 minutes a week of moderate-intensity aerobic activity, or 75 minutes a week of vigorous-intensity aerobic activity, or an equivalent combination of moderate- and vigorous-intensity aerobic activity.

The strengthening guideline is defined as muscle-strengthening activities that involved all major muscle groups two or more times per week.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Not Participating in Any Physical Activity Other Than Their Regular Job in the Past 30 Days (Leisure Time Physical Activity), 2013

Pottawatomie County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	6,085	26.5	0.4	25.8	27.3
Pottawatomie County	61	28.1	3.6	21.1	35.1
Gender					
Men	29	30.8	5.6	19.8	41.9
Women	32	25.6	4.4	16.9	34.3
Age Group					
18 to 44 Years	17	22.7	5.3	12.3	33.0
45 to 64 Years	25	31.6	6.2	19.3	43.8
65 Years and Older	19	35.8	7.0	22.2	49.4
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	61	29.1	3.6	21.9	36.2
Race					
White	57	27.6	3.6	20.4	34.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	27	34.4	6.4	21.9	46.9
Some College or College Graduate	33	23.4	4.1	15.4	31.4
Annual Household Income					
Less than \$35,000 per Year	27	42.1	7.1	28.1	56.1
\$35,000 or Higher per Year	25	19.8	4.1	11.8	27.9
Disability Status					
Living with a Disability	26	44.3	7.7	29.2	59.5
Living without a Disability	34	22.7	4.0	14.9	30.5

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	22	32.0	6.6	19.0	45.0
Overweight (25 ≤ BMI < 30)	19	25.5	5.9	14.0	37.0
Obese (BMI ≥ 30)	19	29.4	6.6	16.5	42.3
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	50	28.4	4.0	20.6	36.2
Health Insurance Status					
Insured	52	27.2	3.8	19.8	34.6
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they did not participate in any physical activities or exercise, other than their regular job, in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Consuming Fruit Less than 1 Time Per Day,
2013**

Pottawatomie County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	8,400	41.7	0.4	40.9	42.6
Pottawatomie County	95	49.9	4.0	42.1	57.7
Gender					
Men	50	63.5	6.0	51.7	75.3
Women	45	37.6	4.9	27.9	47.2
Age Group					
18 to 44 Years	38	50.0	6.2	37.8	62.1
45 to 64 Years	41	56.6	6.5	43.9	69.3
65 Years and Older	16	35.2	7.5	20.5	49.9
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	91	48.2	4.0	40.4	56.1
Race					
White	89	48.9	4.1	40.9	56.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	36	54.4	6.7	41.3	67.5
Some College or College Graduate	59	47.4	4.9	37.8	57.0
Annual Household Income					
Less than \$35,000 per Year	31	52.7	7.3	38.4	67.0
\$35,000 or Higher per Year	53	50.2	5.3	39.8	60.6
Disability Status					
Living with a Disability	24	49.6	8.0	33.9	65.4
Living without a Disability	70	49.9	4.6	40.9	58.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	28	50.6	7.3	36.2	65.0
Overweight (25 ≤ BMI < 30)	33	46.7	6.5	34.1	59.4
Obese (BMI ≥ 30)	30	55.0	7.5	40.2	69.8
Leisure Time Physical Activity					
Participates in leisure time physical activity	60	44.4	4.7	35.2	53.5
Does not participate in leisure time physical activity	35	64.6	6.9	51.1	78.2
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	81	51.4	4.3	43.0	59.8
Health Insurance Status					
Insured	84	50.6	4.2	42.4	58.9
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they consumed fruit less than 1 time per day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Consuming Vegetables Less than 1 Time
Per Day, 2013**

Pottawatomie County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	4,482	22.9	0.4	22.2	23.6
Pottawatomie County	55	29.4	3.8	22.0	36.7
Gender					
Men	26	35.2	6.2	23.0	47.3
Women	29	24.1	4.3	15.7	32.6
Age Group					
18 to 44 Years	22	29.0	5.5	18.2	39.8
45 to 64 Years	20	28.2	6.5	15.4	40.9
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	53	28.9	3.8	21.5	36.4
Race					
White	51	28.4	3.8	20.9	35.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	24	33.8	6.7	20.6	47.1
Some College or College Graduate	30	25.9	4.4	17.4	34.5
Annual Household Income					
Less than \$35,000 per Year	24	37.5	7.1	23.6	51.3
\$35,000 or Higher per Year	23	23.3	4.7	14.2	32.5
Disability Status					
Living with a Disability	16	30.7	7.7	15.7	45.7
Living without a Disability	38	28.7	4.3	20.2	37.2

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	20	34.1	7.0	20.4	47.8
Overweight (25 ≤ BMI < 30)	18	27.8	6.2	15.6	40.0
Obese (BMI ≥ 30)	14	25.6	6.6	12.7	38.6
Leisure Time Physical Activity					
Participates in leisure time physical activity	29	22.4	4.0	14.5	30.3
Does not participate in leisure time physical activity	26	47.5	7.8	32.2	62.8
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	45	28.9	4.1	20.9	36.9
Health Insurance Status					
Insured	51	30.6	4.0	22.7	38.5
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they consumed vegetables less than 1 time per day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Lack Health Care Coverage, 2013

Pottawatomie County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,668	17.1	0.4	16.4	17.8
Pottawatomie County	22	8.9	2.0	5.0	12.9
Gender					
Men	*	*	*	*	*
Women	16	12.3	3.2	6.0	18.6
Age Group					
18 to 44 Years	13	13.1	3.7	5.8	20.4
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	22	9.2	2.1	5.1	13.3
Race					
White	21	9.2	2.1	5.0	13.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	17	9.4	2.4	4.6	14.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	13	7.8	2.3	3.3	12.3
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	16	7.1	1.9	3.3	10.9

Numerator: Respondents who reported they had no health care coverage.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Ages 18 to 64 Years Old Who Lack Health Care Coverage,
2013**

Pottawatomie County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,551	20.8	0.4	19.9	21.6
Pottawatomie County	20	10.0	2.4	5.3	14.6
Gender					
Men	*	*	*	*	*
Women	15	14.9	4.0	7.1	22.7
Age Group					
18 to 44 Years	13	13.1	3.7	5.8	20.4
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	20	10.3	2.5	5.5	15.1
Race					
White	19	10.3	2.5	5.4	15.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	16	10.4	2.8	4.9	15.8

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	<i>13</i>	<i>9.2</i>	<i>2.7</i>	<i>3.9</i>	<i>14.5</i>
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	<i>14</i>	<i>7.7</i>	<i>2.3</i>	<i>3.3</i>	<i>12.2</i>

Numerator: Respondents ages 18-64 years old who reported they had no health care coverage.

Denominator: All respondents ages 18-64 years old, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with No Personal Doctor or Health Care Provider, 2013

Pottawatomie County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,359	21.5	0.4	20.8	22.3
Pottawatomie County	29	17.6	3.3	11.1	24.2
Gender					
Men	20	26.0	5.5	15.1	36.9
Women	*	*	*	*	*
Age Group					
18 to 44 Years	17	27.3	5.7	16.1	38.6
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	28	17.4	3.4	10.7	24.0
Race					
White	25	16.1	3.4	9.5	22.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	15	23.5	6.1	11.5	35.5
Some College or College Graduate	14	14.0	3.8	6.5	21.4
Annual Household Income					
Less than \$35,000 per Year	14	26.8	7.0	13.2	40.4
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	22	19.5	4.1	11.5	27.5

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	13	27.6	6.9	14.0	41.3
Leisure Time Physical Activity					
Participates in leisure time physical activity	18	14.4	3.6	7.4	21.4
Does not participate in leisure time physical activity	10	26.7	7.7	11.7	41.7
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	21	16.0	3.7	8.8	23.2
Health Insurance Status					
Insured	22	16.2	3.5	9.3	23.0
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had no personal doctor or health care provider.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Could Not See a Doctor Because of Cost In the Past 12 Months, 2013

Pottawatomie County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,570	13.6	0.3	13.0	14.2
Pottawatomie County	20	10.1	2.4	5.3	14.9
Gender					
Men	*	*	*	*	*
Women	16	13.9	3.6	6.8	21.0
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	20	10.4	2.5	5.5	15.4
Race					
White	19	10.4	2.6	5.4	15.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	13	21.2	6.1	9.3	33.2
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	17	10.3	2.8	4.9	15.8
Health Insurance Status					
Insured	14	8.4	2.5	3.6	13.3
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they could not see a doctor because of cost in the past 12 months.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Fair or Poor Self-Perceived Health Status, 2013

Pottawatomie County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,911	15.4	0.3	14.8	16.0
Pottawatomie County	32	11.8	2.2	7.4	16.2
Gender					
Men	*	*	*	*	*
Women	21	13.4	3.1	7.3	19.5
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	18	19.1	4.7	9.9	28.3
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	32	12.2	2.3	7.7	16.8
Race					
White	30	11.5	2.3	7.1	16.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	16	16.1	4.3	7.7	24.5
Some College or College Graduate	16	9.2	2.5	4.4	14.1
Annual Household Income					
Less than \$35,000 per Year	20	23.3	5.3	12.9	33.8
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	25	38.6	7.3	24.4	52.9
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	13	15.4	4.6	6.4	24.5
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	18	9.4	2.4	4.8	14.1
Does not participate in leisure time physical activity	13	18.3	5.4	7.8	28.8
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	26	11.7	2.5	6.8	16.6
Health Insurance Status					
Insured	29	11.8	2.3	7.2	16.4
Uninsured	*	*	*	*	*

Numerator: Respondents who reported that in general their health is fair or poor.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Their Physical Health Was Not Good on 14
or More Days in the Past 30 Days, 2013**

Pottawatomie County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,773	10.5	0.2	10.0	11.0
Pottawatomie County	27	11.5	2.5	6.6	16.4
Gender					
Men	*	*	*	*	*
Women	18	12.5	3.3	6.1	19.0
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	14	17.6	5.2	7.4	27.8
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	26	10.5	2.3	6.0	14.9
Race					
White	24	10.5	2.5	5.6	15.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	14	9.6	2.8	4.1	15.2
Annual Household Income					
Less than \$35,000 per Year	16	20.4	5.5	9.5	31.2
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	19	30.1	7.2	15.9	44.3
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	14	17.0	4.8	7.5	26.5
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	21	11.6	2.9	5.9	17.4
Health Insurance Status					
Insured	24	11.8	2.7	6.5	17.2
Uninsured	*	*	*	*	*

Numerator: Respondents who reported 14 or more days when their physical health was not good in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Their Mental Health Was Not Good on 14
or More Days in the Past 30 Days, 2013**

Pottawatomie County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,075	9.7	0.3	9.2	10.2
Pottawatomie County	30	12.9	2.7	7.7	18.2
Gender					
Men	*	*	*	*	*
Women	21	13.9	3.2	7.6	20.2
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	17	21.3	5.5	10.6	32.0
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	30	13.4	2.7	8.0	18.7
Race					
White	28	12.7	2.7	7.3	18.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	17	11.1	3.0	5.3	16.9
Annual Household Income					
Less than \$35,000 per Year	13	19.7	5.7	8.5	30.9
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	16	27.0	7.0	13.2	40.8
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	17	10.5	3.0	4.6	16.4
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	24	12.1	2.8	6.6	17.5
Health Insurance Status					
Insured	28	13.4	2.9	7.8	19.0
Uninsured	*	*	*	*	*

Numerator: Respondents who reported 14 or more days when their mental health was not good in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Reported Their Poor Physical or Mental Health Kept Them From Doing Their Usual Activities, such as Self-care, Work or Recreation in the Past 30 Days, 2013

Pottawatomie County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	4,563	39.3	0.6	38.1	40.4
Pottawatomie County	45	40.7	5.4	30.1	51.4
Gender					
Men	*	*	*	*	*
Women	31	44.7	6.8	31.4	58.1
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	44	40.9	5.5	30.1	51.6
Race					
White	41	39.0	5.6	28.0	50.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	25	37.0	6.5	24.2	49.8
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	17	39.7	8.1	23.8	55.6
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	20	32.0	6.6	19.1	44.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	26	37.1	6.6	24.1	50.0
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	33	36.8	6.0	24.9	48.6
Health Insurance Status					
Insured	38	39.1	5.8	27.7	50.5
Uninsured	*	*	*	*	*

Numerator: Respondents who reported one or more days in the past 30 days when their poor physical or mental health kept them from doing their usual activities, such as self-care, work or recreation.

Denominator: Respondents with at least one day in the past 30 days when their physical or mental health was not good, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Ages 18 Years and Older Who Did Not Get Immunized
Against Influenza During the Past 12 Months, 2013**

Pottawatomie County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	11,185	57.8	0.4	57.0	58.6
Pottawatomie County	113	60.1	3.7	52.8	67.4
Gender					
Men	53	71.0	5.1	61.0	80.9
Women	60	50.1	5.0	40.2	59.9
Age Group					
18 to 44 Years	50	71.5	5.2	61.3	81.7
45 to 64 Years	40	54.8	6.4	42.2	67.5
65 Years and Older	23	40.8	7.3	26.5	55.0
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	111	60.1	3.7	52.8	67.5
Race					
White	109	60.9	3.8	53.5	68.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	44	71.1	5.3	60.7	81.6
Some College or College Graduate	69	53.2	4.8	43.8	62.6
Annual Household Income					
Less than \$35,000 per Year	39	67.4	6.4	54.9	79.9
\$35,000 or Higher per Year	58	56.9	5.1	47.0	66.8
Disability Status					
Living with a Disability	29	56.9	7.6	42.0	71.8
Living without a Disability	84	61.4	4.3	53.0	69.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	36	64.9	6.2	52.7	77.1
Overweight (25 ≤ BMI < 30)	42	56.9	6.2	44.7	69.1
Obese (BMI ≥ 30)	30	60.2	7.1	46.2	74.1
Leisure Time Physical Activity					
Participates in leisure time physical activity	85	62.6	4.3	54.1	71.0
Does not participate in leisure time physical activity	28	54.0	7.3	39.7	68.4
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	95	58.6	4.1	50.6	66.6
Health Insurance Status					
Insured	97	59.0	4.0	51.2	66.7
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they did not get a flu shot or flu vaccine sprayed in their nose during the past 12 months.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults 65 Years Old and Older Who Did Not Get Immunized
Against Influenza During the Past 12 Months, 2013**

Pottawatomie County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,547	35.2	0.6	33.9	36.4
Pottawatomie County	23	40.8	7.3	26.5	55.0
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	22	38.8	7.2	24.6	52.9
Race					
White	23	41.3	7.3	27.0	55.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	<i>21</i>	<i>36.7</i>	<i>7.0</i>	<i>23.0</i>	<i>50.5</i>
Health Insurance Status					
Insured	<i>23</i>	<i>42.6</i>	<i>7.4</i>	<i>28.0</i>	<i>57.2</i>
Uninsured	*	*	*	*	*

Numerator: Respondents 65 years old and older who reported they did not receive a flu shot or flu vaccine sprayed in their nose during the past 12 months.

Denominator: All respondents 65 years old and older, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults 65 Years Old and Older Who Never Had Pneumonia
Vaccination, 2013**

Pottawatomie County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,063	30.0	0.6	28.7	31.2
Pottawatomie County	16	30.0	7.0	16.3	43.8
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	16	30.0	7.0	16.3	43.8
Race					
White	16	30.5	7.1	16.5	44.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	15	26.8	6.4	14.3	39.3
Health Insurance Status					
Insured	16	31.5	7.3	17.2	45.8
Uninsured	*	*	*	*	*

Numerator: Respondents 65 years old and older who reported they never had a pneumonia vaccination.

Denominator: All respondents 65 years old and older, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported That They Do Not Always Wear a Seatbelt
When They Drive or Ride in a Car, 2013**

Pottawatomie County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,359	17.0	0.3	16.3	17.6
Pottawatomie County	35	17.5	3.0	11.6	23.4
Gender					
Men	18	22.3	5.1	12.3	32.4
Women	17	13.1	3.3	6.6	19.5
Age Group					
18 to 44 Years	19	25.0	5.4	14.5	35.5
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	34	17.6	3.1	11.6	23.6
Race					
White	33	17.4	3.1	11.3	23.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	25	20.5	4.1	12.5	28.6
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	20	20.4	4.5	11.7	29.2
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	28	19.4	3.6	12.2	26.5

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	11	17.4	5.0	7.5	27.2
Obese (BMI ≥ 30)	13	24.1	6.4	11.5	36.7
Leisure Time Physical Activity					
Participates in leisure time physical activity	25	16.9	3.5	10.1	23.7
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	28	16.8	3.3	10.4	23.2
Health Insurance Status					
Insured	27	14.7	3.0	8.8	20.6
Uninsured	*	*	*	*	*

Respondents who reported they nearly always, sometimes, seldom or never use a seatbelt when they ride or drive in a car.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Currently Smoke Cigarettes, 2013

Pottawatomie County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,865	20.0	0.4	19.3	20.7
Pottawatomie County	31	17.7	3.1	11.6	23.9
Gender					
Men	15	20.4	5.0	10.6	30.3
Women	16	15.2	3.8	7.7	22.6
Age Group					
18 to 44 Years	17	23.4	5.2	13.3	33.5
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	30	17.5	3.2	11.3	23.7
Race					
White	28	16.9	3.2	10.7	23.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	19	25.9	5.7	14.7	37.2
Some College or College Graduate	12	12.5	3.6	5.5	19.5
Annual Household Income					
Less than \$35,000 per Year	13	23.3	6.1	11.4	35.3
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	20	16.5	3.5	9.6	23.5

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	14	25.3	6.5	12.5	38.1
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	20	18.3	3.9	10.6	26.0
Does not participate in leisure time physical activity	11	17.3	5.1	7.2	27.4
Health Insurance Status					
Insured	25	16.1	3.2	9.8	22.4
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they have smoked at least 100 cigarettes in their entire life and that they now smoke some days or every day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Currently Use Any Smokeless Tobacco Products, 2013

Pottawatomie County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	961	5.5	0.2	5.1	5.9
Pottawatomie County	15	10.7	2.7	5.4	16.1
Gender					
Men	15	21.9	5.2	11.6	32.1
Women	*	*	*	*	*
Age Group					
18 to 44 Years	10	17.5	5.1	7.6	27.4
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	15	11.1	2.8	5.6	16.6
Race					
White	15	11.2	2.9	5.6	16.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	12	12.3	3.4	5.6	18.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	11	11.2	3.3	4.7	17.7
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	12	10.3	2.9	4.5	16.0
Health Insurance Status					
Insured	15	11.9	3.0	6.0	17.8
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they currently use chewing tobacco, snuff or snus (Swedish for snuff) some days or every day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Men Who Currently Use Any Smokeless Tobacco Products, 2013

Pottawatomie County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	866	10.4	0.4	9.6	11.2
Pottawatomie County	15	21.9	5.2	11.6	32.1
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	15	23.2	5.5	12.5	33.9
Race					
White	15	23.2	5.5	12.5	34.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	12	25.5	6.5	12.8	38.2
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	11	24.0	6.6	11.1	37.0
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	12	21.6	5.8	10.3	33.0
Health Insurance Status					
Insured	15	23.2	5.5	12.4	33.9
Uninsured	*	*	*	*	*

Numerator: Male respondents who reported they currently use chewing tobacco, snuff or snus (Swedish for snuff) some days or every day.

Denominator: All male respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Ever Served on Active Duty in the United States
Armed Forces, 2013**

Pottawatomie County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,022	12.0	0.3	11.5	12.5
Pottawatomie County	22	10.4	2.3	5.9	14.9
Gender					
Men	20	19.4	4.4	10.8	28.0
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	21	10.2	2.3	5.7	14.7
Race					
White	20	9.6	2.3	5.2	14.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	15	11.2	2.9	5.5	17.0
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	11	21.7	6.3	9.3	34.1
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	13	8.3	2.4	3.7	13.0
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	21	12.4	2.8	7.0	17.8
Health Insurance Status					
Insured	21	11.0	2.5	6.1	15.9
Uninsured	*	*	*	*	*

Numerator: Respondents who reported that they served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Are Obese, 2013

Pottawatomie County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	6,656	30.0	0.4	29.2	30.7
Pottawatomie County	61	29.0	3.6	21.9	36.0
Gender					
Men	28	32.7	5.6	21.7	43.8
Women	33	25.1	4.4	16.5	33.7
Age Group					
18 to 44 Years	24	30.5	5.7	19.4	41.7
45 to 64 Years	26	31.6	6.1	19.6	43.6
65 Years and Older	11	19.3	5.6	8.4	30.2
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	58	27.2	3.5	20.3	34.0
Race					
White	56	28.1	3.7	20.9	35.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	24	33.0	6.3	20.7	45.4
Some College or College Graduate	37	26.6	4.3	18.1	35.1
Annual Household Income					
Less than \$35,000 per Year	23	36.7	7.0	23.0	50.4
\$35,000 or Higher per Year	32	28.8	4.9	19.2	38.4
Disability Status					
Living with a Disability	18	38.0	7.9	22.5	53.4
Living without a Disability	41	25.7	4.0	18.0	33.5

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	40	28.5	4.4	20.0	37.1
Does not participate in leisure time physical activity	19	29.6	6.6	16.6	42.6
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	50	27.6	3.9	20.0	35.2
Health Insurance Status					
Insured	54	28.7	3.8	21.3	36.2
Uninsured	*	*	*	*	*

Numerator: Respondents with a body mass index greater than or equal to 30, based on self-reported height and weight.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Are Overweight or Obese, 2013

Pottawatomie County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	14,533	65.3	0.4	64.5	66.1
Pottawatomie County	142	69.1	3.6	62.0	76.3
Gender					
Men	64	73.8	5.4	63.3	84.4
Women	78	64.3	4.9	54.8	73.8
Age Group					
18 to 44 Years	49	65.0	6.0	53.2	76.8
45 to 64 Years	57	74.9	5.5	64.1	85.6
65 Years and Older	36	67.7	6.8	54.5	80.9
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	138	68.1	3.7	60.8	75.4
Race					
White	135	68.5	3.8	61.2	75.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	51	72.0	6.1	60.1	83.9
Some College or College Graduate	90	67.1	4.5	58.2	76.0
Annual Household Income					
Less than \$35,000 per Year	44	70.8	6.4	58.2	83.4
\$35,000 or Higher per Year	78	68.6	5.0	58.8	78.4
Disability Status					
Living with a Disability	37	73.6	6.7	60.5	86.7
Living without a Disability	102	67.2	4.3	58.7	75.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	99	69.9	4.3	61.4	78.4
Does not participate in leisure time physical activity	38	64.8	7.2	50.7	78.8
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	123	71.5	3.9	63.9	79.0
Health Insurance Status					
Insured	128	68.4	3.9	60.8	76.0
Uninsured	*	*	*	*	*

Numerator: Respondents with a body mass index greater than or equal to 25, based on self-reported height and weight.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Technical Notes

The 2013 BRFSS data for your county/region on 42 health risk indicators, analyzed by various subpopulation groups (e.g. gender, age group, ethnicity, etc.), are included in this report. The indicators are summarized in tables that show:

- Unweighted Frequency: the number of respondents who reported the risk behavior
- Weighted Percentage: the prevalence estimate for the risk behavior within a particular subpopulation group category
- Standard Error: used to compute the 95% confidence limits
- Lower and upper 95% confidence limits

Prevalence estimates vary in precision depending on sample size. One way of describing the precision of an estimate is the margin of error, which is the half-width of the confidence interval. When the sample size is large for a particular subpopulation group, the corresponding margin of error for an estimate is small. When the sample size is small for a particular subpopulation group, the corresponding margin of error for an estimate is large. Large margins of error (i.e. >5) indicate that an estimate may be less precise. Prevalence estimates that have a margin of error >5 are *italicized* in this report and should be interpreted with caution.

To determine whether two weighted percentages are significantly different from one another, the reader must compare the confidence intervals. Confidence intervals which do not overlap indicate a statistically significant difference between the two prevalence estimates while overlapping confidence intervals indicate that two estimates are not statistically different from one another. It is incorrect to say two estimates are different if their confidence limits overlap.

Estimates have been censored with an asterisk ("*") when the sample size was inadequate and/or when the estimates were statistically unreliable. Specifically, estimates were censored when any of the following conditions were met:

- the numerator of the indicator is less than 5
- the denominator of the indicator is less than 50
- the relative standard error (RSE) is 30 percent or higher

RSE is obtained by dividing the standard error of the estimate by the estimate itself, then multiplying that result by 100 to be expressed as a percent.

2011 BRFSS data represent a new baseline for public health surveillance. Due to changes in BRFSS survey methodology, the BRFSS estimates for 2011 and subsequent years cannot be compared to estimates from the years prior to 2011.

For more information on changes to the Kansas BRFSS survey methodology beginning in 2011, please visit: <http://www.kdheks.gov/brfss/newmethod.html>

For more detailed technical notes on the Kansas BRFSS, please visit: <http://www.kdheks.gov/brfss/technotes.html>