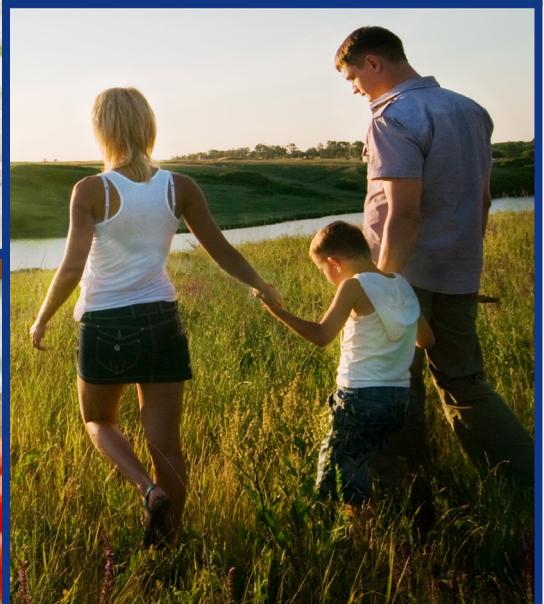


# 2013 Kansas Behavioral Risk Factor Surveillance System Local Data

## Montgomery County



November 2014



# **2013 Kansas Behavioral Risk Factor Surveillance System Local Data**

State of Kansas  
Sam Brownback, Governor

Kansas Department of Health and Environment  
Dr. Robert Moser, Secretary and State Health Officer

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**Kansas Department of Health and Environment  
Bureau of Health Promotion  
November 2014**

# **Kansas Department of Health and Environment (KDHE)**

## **Mission**

To protect and improve the health and environment of all Kansans

## **Vision**

Healthy Kansans living in safe and sustainable environments

**[www.kdheks.gov](http://www.kdheks.gov)**

## Foreword

The Behavioral Risk Factor Surveillance System (BRFSS) is the world's largest, annual population-based telephone survey system, tracking health conditions and risk behaviors in the U.S. It is coordinated by the Centers for Disease Control and Prevention (CDC) and is conducted in every state and several territories.

BRFSS allows us to perform a critical public health function of assessing population health and identifying issues critically important to public health and population health management. BRFSS provides data on a wide range of health issues including information related to access to health care, chronic and infectious diseases, clinical preventive services, environmental quality, infant and child health, injury and violence, maternal health, mental health, nutrition, physical activity, obesity, oral health, reproductive and sexual health, substance abuse and tobacco use.

Prior to 2009, the sample size for the Kansas survey was sufficient to produce state level estimates of health risk behaviors. Beginning in 2009, the Kansas BRFSS was expanded in response to demand from local health officials for local level health risk behavior data for a 10-year project. The survey now collects adequate sample data during odd years (2009, 2011, 2013, 2015 and 2017) to provide local level estimates by county or region for these years. By the conclusion of the 10-year project, most Kansas counties will have county-specific data for use in estimating trends in selected health indicators from 2011 forward. Data from 2011 onward cannot be compared to previous years as the BRFSS data collection and analysis methods changed beginning in 2011.

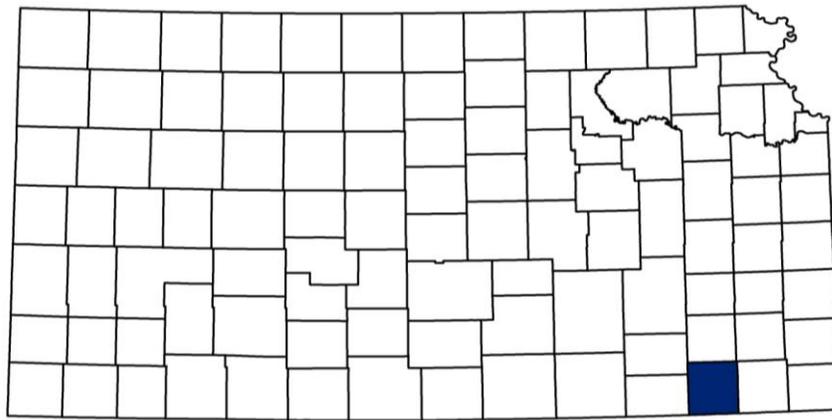
During the 2013 survey year, data were collected from more than 20,000 adult Kansans, providing estimates for 42 of the state's 105 counties and for 16 Public Health Preparedness Regions, with data for 42 health risk indicators analyzed at the county or regional level.

BRFSS data help public health professionals measure Kansans health behaviors, conditions and concerns at the state and the local level. These data are important when we consider where to focus our public health efforts and to help us emphasize the benefits of prevention.

Sincerely,



Robert Moser, MD  
Secretary and State Health Officer  
Kansas Department of Health and Environment



### Montgomery County

Kansas Behavioral Risk Factor Surveillance System – Local Data, 2013 can also be accessed at <http://www.kdheks.gov/brfss/>

If you have any questions about survey methodology or need assistance interpreting the data, please contact:

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**Unpublished Tables** - The following data tables are not published due to insufficient sample and/or statistically unreliable estimates for Montgomery County: Heavy Drinking, Stroke, Smokeless Tobacco Use and Male Smokeless Tobacco Use.

## Percentage of Adults Who Are Binge Drinkers, 2013

### Montgomery County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,583	15.4	0.3	14.7	16.0
Montgomery County	20	11.0	2.5	6.1	15.9
<b>Gender</b>					
Men	14	16.6	4.3	8.1	25.1
Women	*	*	*	*	*
<b>Age Group</b>					
18 to 44 Years	10	16.8	5.0	7.0	26.5
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	19	10.5	2.5	5.6	15.3
<b>Race</b>					
White	17	10.3	2.6	5.3	15.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	12	12.3	3.6	5.2	19.3
<b>Annual Household Income</b>					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	11	17.7	5.2	7.6	27.8
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	16	13.4	3.3	6.8	19.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	17	14.1	3.3	7.6	20.7
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	11	20.5	5.9	8.9	32.1
Non-smoker	*	*	*	*	*
<b>Health Insurance Status</b>					
Insured	15	10.1	2.7	4.9	15.4
Uninsured	*	*	*	*	*

**Numerator:** Male respondents who reported having five or more drinks on one occasion in the past 30 days or female respondents who reported having four or more drinks on one occasion in the past 30 days.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

## Percentage of Adults with Doctor Diagnosed Arthritis, 2013

### Montgomery County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	7,380	23.9	0.3	23.3	24.5
Montgomery County	111	34.4	3.3	27.9	40.9
<b>Gender</b>					
Men	34	29.3	4.9	19.7	38.9
Women	77	39.0	4.5	30.2	47.9
<b>Age Group</b>					
18 to 44 Years	14	18.2	4.7	8.9	27.4
45 to 64 Years	39	37.8	5.7	26.5	49.0
65 Years and Older	58	59.0	5.3	48.5	69.5
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	109	34.9	3.4	28.3	41.6
<b>Race</b>					
White	95	34.8	3.6	27.7	41.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	53	39.3	5.2	29.1	49.5
Some College or College Graduate	58	30.0	4.3	21.6	38.4
<b>Annual Household Income</b>					
Less than \$35,000 per Year	68	44.7	5.0	34.9	54.6
\$35,000 or Higher per Year	25	22.0	5.0	12.2	31.7
<b>Disability Status</b>					
Living with a Disability	62	67.6	6.4	55.1	80.1
Living without a Disability	47	20.4	3.3	13.9	26.8

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	28	31.6	6.0	19.7	43.4
Overweight (25 ≤ BMI < 30)	38	32.5	5.4	21.9	43.2
Obese (BMI ≥ 30)	36	41.4	6.6	28.5	54.3
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	78	33.1	3.9	25.5	40.8
Does not participate in leisure time physical activity	32	44.3	7.1	30.4	58.3
<b>Smoking Status</b>					
Current smoker	26	38.4	6.8	25.2	51.6
Non-smoker	83	32.9	3.8	25.4	40.3
<b>Health Insurance Status</b>					
Insured	98	35.2	3.6	28.1	42.3
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they had been told by a doctor or other health professional that they have some form of arthritis, rheumatoid arthritis, gout, lupus or fibromyalgia.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults with Doctor Diagnosed Arthritis Who Are Limited in Their Usual Activities Because of Arthritis or Joint Symptoms, 2013**

**Montgomery County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,286	46.4	0.7	45.0	47.9
Montgomery County	56	56.4	5.6	45.4	67.4
<b>Gender</b>					
Men	*	*	*	*	*
Women	41	60.5	6.6	47.6	73.5
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	27	49.3	8.0	33.6	64.9
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	55	56.4	5.7	45.3	67.6
<b>Race</b>					
White	48	57.3	6.0	45.6	69.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	26	53.7	7.9	38.3	69.2
Some College or College Graduate	30	59.4	7.9	43.9	74.9
<b>Annual Household Income</b>					
Less than \$35,000 per Year	38	60.2	7.0	46.5	73.9
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	42	72.7	6.4	60.1	85.2
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	37	54.3	6.8	40.9	67.6
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	43	56.8	6.6	43.9	69.8
<b>Health Insurance Status</b>					
Insured	49	55.0	6.0	43.4	66.7
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported any limitation in their usual activities because of arthritis or joint symptoms.

**Denominator:** Respondents with doctor, nurse or other health professional diagnosed arthritis, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

## Percentage of Adults with Current Asthma, 2013

### Montgomery County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,072	8.9	0.2	8.4	9.3
Montgomery County	31	12.8	2.6	7.8	17.9
<b>Gender</b>					
Men	*	*	*	*	*
Women	21	15.5	3.7	8.2	22.8
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	31	13.3	2.7	8.1	18.5
<b>Race</b>					
White	27	13.6	2.9	7.9	19.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	16	14.9	4.0	7.0	22.8
Some College or College Graduate	*	*	*	*	*
<b>Annual Household Income</b>					
Less than \$35,000 per Year	21	17.4	4.1	9.3	25.5
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	18	25.0	5.8	13.7	36.2
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	15	19.8	5.3	9.5	30.1
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	22	12.2	3.0	6.4	18.0
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	24	12.7	3.0	6.9	18.5
<b>Health Insurance Status</b>					
Insured	27	12.7	2.8	7.2	18.1
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they had been told by a doctor, nurse or other health professional that they had asthma and that they currently have asthma.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Have Been Diagnosed With Cancer (Excluding Skin Cancer), 2013**

**Montgomery County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,256	6.8	0.2	6.5	7.1
Montgomery County	31	7.2	1.5	4.3	10.0
<b>Gender</b>					
Men	*	*	*	*	*
Women	24	10.7	2.5	5.8	15.6
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	23	20.1	4.2	11.9	28.4
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	31	7.4	1.5	4.4	10.4
<b>Race</b>					
White	27	7.0	1.5	4.0	10.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	22	9.2	2.3	4.8	13.6
<b>Annual Household Income</b>					
Less than \$35,000 per Year	18	9.5	2.5	4.6	14.3
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	14	12.8	3.7	5.5	20.1
Living without a Disability	16	4.3	1.2	1.9	6.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	20	6.5	1.7	3.2	9.8
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	22	6.6	1.6	3.5	9.7
<b>Health Insurance Status</b>					
Insured	30	8.2	1.7	4.8	11.5
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they had been told by a doctor, nurse or other health professional that they had cancer (excluding skin cancer).

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

## Percentage of Adults Who Have Been Diagnosed With Skin Cancer, 2013

### Montgomery County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,157	6.3	0.2	6.0	6.6
Montgomery County	18	5.7	1.6	2.5	9.0
<b>Gender</b>					
Men	*	*	*	*	*
Women	*	*	*	*	*
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	18	5.9	1.7	2.6	9.3
<b>Race</b>					
White	18	6.8	1.9	3.0	10.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
<b>Annual Household Income</b>					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	16	6.7	1.9	3.0	10.4
<b>Health Insurance Status</b>					
Insured	17	6.4	1.9	2.7	10.2
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they had been told by a doctor, nurse or other health professional that they had skin cancer.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

## Percentage of Adults Who had a Heart Attack, 2013

### Montgomery County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,331	4.2	0.1	4.0	4.5
Montgomery County	25	6.7	1.6	3.7	9.8
<b>Gender</b>					
Men	16	10.2	2.9	4.5	15.8
Women	*	*	*	*	*
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	16	15.2	4.0	7.3	23.1
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	25	7.0	1.6	3.8	10.2
<b>Race</b>					
White	20	6.9	1.8	3.4	10.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	14	9.0	2.6	3.9	14.2
Some College or College Graduate	*	*	*	*	*
<b>Annual Household Income</b>					
Less than \$35,000 per Year	15	8.8	2.5	3.8	13.7
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	20	17.3	4.3	8.9	25.7
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	18	6.7	1.9	3.0	10.3
<b>Health Insurance Status</b>					
Insured	25	8.2	1.9	4.5	12.0
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they had been told by a doctor, nurse or other health professional that they had a heart attack also called a myocardial infarction.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

## Percentage of Adults Who had Angina or Coronary Heart Disease, 2013

### Montgomery County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,352	4.2	0.1	4.0	4.5
Montgomery County	24	8.6	2.1	4.5	12.7
<b>Gender</b>					
Men	*	*	*	*	*
Women	*	*	*	*	*
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	12	13.2	3.9	5.6	20.8
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	24	8.9	2.2	4.7	13.1
<b>Race</b>					
White	21	9.5	2.4	4.7	14.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
<b>Annual Household Income</b>					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	15	21.5	6.0	9.6	33.3
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	*	*	*	*	*
<b>Health Insurance Status</b>					
Insured	21	9.7	2.5	4.8	14.6
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they had been told by a doctor, nurse or other health professional that they had angina or coronary heart disease.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

## Percentage of Adults with Diagnosed Hypertension, 2013

### Montgomery County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	9,309	31.3	0.4	30.6	32.0
Montgomery County	146	47.3	3.6	40.2	54.4
<b>Gender</b>					
Men	61	49.5	5.6	38.6	60.4
Women	85	45.3	4.7	36.0	54.6
<b>Age Group</b>					
18 to 44 Years	20	28.9	5.8	17.4	40.4
45 to 64 Years	56	56.5	6.1	44.6	68.4
65 Years and Older	70	67.5	5.0	57.7	77.4
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	145	48.7	3.7	41.4	55.9
<b>Race</b>					
White	123	45.9	3.9	38.2	53.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	64	51.2	5.5	40.3	62.0
Some College or College Graduate	82	43.9	4.8	34.6	53.2
<b>Annual Household Income</b>					
Less than \$35,000 per Year	87	54.5	5.2	44.3	64.6
\$35,000 or Higher per Year	41	38.5	5.9	26.9	50.1
<b>Disability Status</b>					
Living with a Disability	61	67.2	6.1	55.2	79.3
Living without a Disability	84	39.8	4.3	31.4	48.2

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	31	30.8	5.8	19.5	42.1
Overweight (25 ≤ BMI < 30)	51	48.6	6.3	36.3	60.8
Obese (BMI ≥ 30)	52	63.7	6.5	50.8	76.5
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	99	44.0	4.3	35.6	52.4
Does not participate in leisure time physical activity	43	58.0	7.2	43.9	72.1
<b>Smoking Status</b>					
Current smoker	37	48.3	7.1	34.4	62.2
Non-smoker	107	47.5	4.3	39.1	55.9
<b>Health Insurance Status</b>					
Insured	132	51.6	4.0	43.8	59.4
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they had been told by a doctor, nurse or other health professional that they have high blood pressure.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Did Not Have Their Blood Cholesterol Checked  
Within the Past Five Years, 2013**

**Montgomery County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,976	26.7	0.4	25.9	27.5
Montgomery County	52	25.8	3.4	19.1	32.4
<b>Gender</b>					
Men	26	29.2	5.2	19.0	39.4
Women	26	22.7	4.4	14.1	31.4
<b>Age Group</b>					
18 to 44 Years	27	43.1	6.6	30.1	56.1
45 to 64 Years	18	19.0	4.5	10.2	27.9
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	46	23.7	3.4	17.1	30.3
<b>Race</b>					
White	45	25.7	3.7	18.5	32.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	31	34.3	5.5	23.6	45.0
Some College or College Graduate	21	18.7	4.1	10.6	26.9
<b>Annual Household Income</b>					
Less than \$35,000 per Year	35	36.9	5.3	26.5	47.3
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	15	21.7	5.7	10.5	32.9
Living without a Disability	36	27.0	4.2	18.8	35.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	21	38.0	6.9	24.4	51.5
Overweight (25 ≤ BMI < 30)	19	26.7	5.8	15.3	38.1
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	34	23.4	3.9	15.7	31.0
Does not participate in leisure time physical activity	15	30.7	7.2	16.6	44.8
<b>Smoking Status</b>					
Current smoker	20	40.8	7.4	26.3	55.3
Non-smoker	31	19.6	3.6	12.6	26.6
<b>Health Insurance Status</b>					
Insured	32	17.1	3.1	11.1	23.1
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they had not checked their blood cholesterol in the past five years.

**Denominator:** All respondents excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

**Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.**

## Percentage of Adults Tested and Diagnosed with High Cholesterol, 2013

### Montgomery County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	8,351	38.1	0.4	37.3	38.9
Montgomery County	108	45.9	4.0	37.9	53.8
<b>Gender</b>					
Men	41	44.2	6.3	31.9	56.6
Women	67	47.3	5.2	37.1	57.5
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	44	53.8	6.4	41.2	66.4
65 Years and Older	53	53.8	5.8	42.5	65.2
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	107	45.9	4.1	37.9	53.9
<b>Race</b>					
White	98	48.8	4.4	40.2	57.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	44	49.1	6.5	36.3	61.8
Some College or College Graduate	64	43.6	5.1	33.5	53.6
<b>Annual Household Income</b>					
Less than \$35,000 per Year	58	53.4	5.8	42.0	64.8
\$35,000 or Higher per Year	31	34.6	6.2	22.4	46.7
<b>Disability Status</b>					
Living with a Disability	49	67.1	6.3	54.7	79.5
Living without a Disability	57	35.2	4.7	26.0	44.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	29	40.1	7.2	26.0	54.1
Overweight (25 ≤ BMI < 30)	37	44.9	6.6	31.9	57.9
Obese (BMI ≥ 30)	37	55.7	7.3	41.4	70.0
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	80	47.6	4.8	38.2	57.0
Does not participate in leisure time physical activity	28	48.1	8.0	32.5	63.7
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	86	47.4	4.7	38.2	56.6
<b>Health Insurance Status</b>					
Insured	99	46.6	4.3	38.2	55.0
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they had been told by a doctor, nurse or other health professional that they have high blood cholesterol.

**Denominator:** Respondents who had ever had their blood cholesterol checked, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

**Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.**

**Percentage of Adults Who Have Chronic Obstructive Pulmonary Disease  
(COPD), Emphysema or Chronic Bronchitis, 2013**

**Montgomery County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,835	6.2	0.2	5.9	6.6
Montgomery County	35	11.5	2.3	7.1	16.0
<b>Gender</b>					
Men	17	11.8	3.1	5.6	17.9
Women	18	11.3	3.3	4.9	17.6
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	13	11.5	3.4	4.8	18.2
65 Years and Older	18	21.1	5.3	10.7	31.6
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	35	11.9	2.3	7.3	16.5
<b>Race</b>					
White	29	11.6	2.5	6.7	16.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	19	15.0	3.9	7.3	22.8
Some College or College Graduate	16	8.4	2.4	3.7	13.2
<b>Annual Household Income</b>					
Less than \$35,000 per Year	29	20.4	4.2	12.1	28.8
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	26	28.5	5.8	17.1	40.0
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	23	10.8	2.7	5.6	16.0
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	17	22.5	5.7	11.3	33.7
Non-smoker	18	6.8	2.0	3.0	10.7
<b>Health Insurance Status</b>					
Insured	31	11.6	2.4	6.9	16.3
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they had been told by a doctor, nurse or other health professional that they have chronic obstructive pulmonary disease (COPD), emphysema or chronic bronchitis.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Were EVER Diagnosed with a Depressive Disorder,  
2013**

**Montgomery County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	4,386	18.1	0.3	17.5	18.7
Montgomery County	67	27.5	3.4	20.8	34.2
<b>Gender</b>					
Men	25	25.4	5.0	15.5	35.2
Women	42	29.5	4.6	20.5	38.6
<b>Age Group</b>					
18 to 44 Years	22	31.5	6.0	19.8	43.3
45 to 64 Years	33	34.2	5.9	22.6	45.7
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	64	27.4	3.5	20.5	34.2
<b>Race</b>					
White	55	27.6	3.7	20.3	35.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	31	30.3	5.3	19.9	40.6
Some College or College Graduate	36	25.0	4.4	16.4	33.7
<b>Annual Household Income</b>					
Less than \$35,000 per Year	38	31.5	5.0	21.6	41.4
\$35,000 or Higher per Year	17	21.9	5.6	10.9	32.9
<b>Disability Status</b>					
Living with a Disability	38	53.1	6.4	40.7	65.6
Living without a Disability	28	16.2	3.5	9.4	23.0

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	18	30.6	6.6	17.6	43.5
Overweight (25 ≤ BMI < 30)	23	23.7	5.3	13.4	33.9
Obese (BMI ≥ 30)	25	35.2	6.8	21.9	48.5
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	43	23.9	3.9	16.3	31.6
Does not participate in leisure time physical activity	23	43.0	7.3	28.6	57.4
<b>Smoking Status</b>					
Current smoker	24	39.4	7.0	25.6	53.2
Non-smoker	42	22.7	3.8	15.2	30.1
<b>Health Insurance Status</b>					
Insured	51	24.1	3.6	17.1	31.2
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they had ever been told by a doctor, nurse or other health professional that they have a depressive disorder (including depression, major depression, dysthymia, or minor depression).

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

**Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.**

## Percentage of Adults with Diagnosed Diabetes, 2013

### Montgomery County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,832	9.6	0.2	9.1	10.0
Montgomery County	44	13.8	2.4	9.1	18.6
<b>Gender</b>					
Men	18	13.2	3.6	6.1	20.2
Women	26	14.5	3.3	8.0	21.0
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	19	17.1	4.3	8.7	25.5
65 Years and Older	21	21.9	5.1	12.0	31.9
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	43	14.2	2.5	9.2	19.1
<b>Race</b>					
White	38	13.2	2.5	8.3	18.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	23	17.9	4.2	9.7	26.1
Some College or College Graduate	21	10.2	2.7	5.0	15.5
<b>Annual Household Income</b>					
Less than \$35,000 per Year	30	20.8	4.3	12.4	29.3
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	21	23.8	5.7	12.6	34.9
Living without a Disability	23	9.9	2.4	5.1	14.6

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	23	24.7	5.7	13.5	35.9
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	28	12.3	2.8	6.8	17.7
Does not participate in leisure time physical activity	15	20.5	5.7	9.3	31.7
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	37	14.0	2.6	8.8	19.2
<b>Health Insurance Status</b>					
Insured	39	13.7	2.6	8.7	18.8
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they had been told by a doctor they had diabetes, excluding females told only during pregnancy and pre-diabetes or borderline diabetes.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Activity Limitations Due to Physical,  
Mental or Emotional Problems, 2013**

**Montgomery County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	5,417	19.1	0.3	18.5	19.7
Montgomery County	79	26.1	3.2	19.9	32.3
<b>Gender</b>					
Men	33	25.0	4.7	15.8	34.2
Women	46	27.2	4.3	18.8	35.5
<b>Age Group</b>					
18 to 44 Years	13	17.0	4.6	7.9	26.1
45 to 64 Years	31	31.3	5.8	20.0	42.6
65 Years and Older	35	35.4	5.6	24.4	46.3
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	77	26.2	3.2	19.9	32.6
<b>Race</b>					
White	67	25.7	3.4	19.0	32.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	38	31.4	5.1	21.4	41.4
Some College or College Graduate	41	21.4	3.8	13.9	28.9
<b>Annual Household Income</b>					
Less than \$35,000 per Year	54	37.5	5.0	27.7	47.2
\$35,000 or Higher per Year	*	*	*	*	*
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	21	24.6	5.8	13.3	35.9
Overweight (25 ≤ BMI < 30)	27	23.1	4.8	13.7	32.4
Obese (BMI ≥ 30)	27	34.9	6.6	22.0	47.8

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	51	22.7	3.6	15.8	29.7
Does not participate in leisure time physical activity	28	41.1	7.1	27.1	55.1
<b>Smoking Status</b>					
Current smoker	23	34.8	6.7	21.7	47.9
Non-smoker	56	22.7	3.5	15.9	29.6
<b>Health Insurance Status</b>					
Insured	69	26.3	3.4	19.6	33.0
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they were limited in any activities because of physical, mental or emotional problems.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

**Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.**

## Percentage of Adults Who Reported Living with a Disability, 2013

### Montgomery County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	6,048	21.1	0.3	20.5	21.7
Montgomery County	90	29.7	3.3	23.2	36.1
<b>Gender</b>					
Men	36	28.1	4.9	18.6	37.7
Women	54	31.1	4.4	22.5	39.7
<b>Age Group</b>					
18 to 44 Years	15	18.7	4.8	9.4	28.1
45 to 64 Years	34	34.7	5.9	23.2	46.3
65 Years and Older	41	42.4	5.7	31.2	53.5
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	88	29.9	3.3	23.3	36.4
<b>Race</b>					
White	76	29.1	3.5	22.1	36.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	47	37.5	5.3	27.2	47.9
Some College or College Graduate	43	22.6	3.9	15.0	30.3
<b>Annual Household Income</b>					
Less than \$35,000 per Year	63	42.8	5.1	32.8	52.7
\$35,000 or Higher per Year	*	*	*	*	*
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	26	29.8	6.1	18.0	41.7
Overweight (25 ≤ BMI < 30)	31	27.3	5.1	17.2	37.3
Obese (BMI ≥ 30)	27	34.9	6.6	22.0	47.8

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	60	26.6	3.7	19.3	33.9
Does not participate in leisure time physical activity	30	44.2	7.2	30.1	58.3
<b>Smoking Status</b>					
Current smoker	27	40.7	6.9	27.1	54.2
Non-smoker	63	25.3	3.6	18.2	32.4
<b>Health Insurance Status</b>					
Insured	79	30.0	3.5	23.0	36.9
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they were limited in any activities because of physical, mental or emotional problems or who reported having a health problem that requires them to use special equipment such as a cane, a wheelchair, a special bed or a special telephone.

Denominator: All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Not Participating in the Recommended Level of Physical Activity (Aerobic and/or Strengthening), 2013**

**Montgomery County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	17,688	82.1	0.3	81.4	82.8
Montgomery County	209	86.5	2.4	81.8	91.2
<b>Gender</b>					
Men	85	86.5	3.9	78.8	94.2
Women	124	86.5	3.0	80.7	92.3
<b>Age Group</b>					
18 to 44 Years	48	82.0	4.9	72.3	91.7
45 to 64 Years	81	92.6	2.8	87.0	98.1
65 Years and Older	80	84.6	3.8	77.2	92.0
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	203	86.2	2.5	81.3	91.0
<b>Race</b>					
White	180	86.1	2.7	80.9	91.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	91	93.8	2.3	89.3	98.4
Some College or College Graduate	118	80.7	3.8	73.3	88.1
<b>Annual Household Income</b>					
Less than \$35,000 per Year	112	91.0	2.5	86.2	95.8
\$35,000 or Higher per Year	71	81.6	4.7	72.5	90.8
<b>Disability Status</b>					
Living with a Disability	71	86.9	4.1	78.9	95.0
Living without a Disability	136	86.2	3.0	80.4	92.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	56	78.2	5.4	67.6	88.7
Overweight (25 ≤ BMI < 30)	78	87.0	4.3	78.6	95.5
Obese (BMI ≥ 30)	62	91.7	3.2	85.5	97.9
<b>Smoking Status</b>					
Current smoker	52	88.1	4.5	79.4	96.9
Non-smoker	155	85.7	2.9	80.0	91.3
<b>Health Insurance Status</b>					
Insured	182	86.8	2.6	81.7	91.9
Uninsured	*	*	*	*	*

**Numerator:** Respondents not participating in the recommended level of physical activity or participating in insufficient recommended level of physical activity for either aerobic or muscle strengthening guidelines.

**Denominator:** All respondents, excluding unknowns and refusals.

Not participating in the recommended level of physical activity referred to not participating in aerobic and strengthening exercises according to guidelines.

Participating in insufficient level of recommended physical activity referred to participating only in aerobic or only in strengthening exercises according to guidelines.

The aerobic guideline is defined as 150 minutes a week of moderate-intensity aerobic activity, or 75 minutes a week of vigorous-intensity aerobic activity, or an equivalent combination of moderate- and vigorous-intensity aerobic activity.

The strengthening guideline is defined as muscle-strengthening activities that involved all major muscle groups two or more times per week.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Not Participating in the Recommended Level of Physical Activity (Aerobic and Strengthening), 2013**

**Montgomery County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	8,900	42.0	0.4	41.2	42.8
Montgomery County	107	46.4	3.8	38.9	53.9
<b>Gender</b>					
Men	*	*	*	*	*
Women	64	47.4	5.0	37.6	57.1
<b>Age Group</b>					
18 to 44 Years	20	38.5	6.8	25.1	51.9
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	105	46.5	3.9	38.9	54.1
<b>Race</b>					
White	92	46.6	4.1	38.5	54.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	53	39.0	5.0	29.3	48.8
<b>Annual Household Income</b>					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	65	42.2	4.6	33.2	51.2

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI <30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	79	46.9	4.5	38.2	55.7
<b>Health Insurance Status</b>					
Insured	92	47.1	4.1	39.0	55.2
Uninsured	*	*	*	*	*

**Numerator:** Respondents who did not participate in the recommended level of aerobic and strengthening exercises during the past month.

**Denominator:** All respondents, excluding unknowns and refusals.

The aerobic guideline is defined as 150 minutes a week of moderate-intensity aerobic activity, or 75 minutes a week of vigorous-intensity aerobic activity, or an equivalent combination of moderate- and vigorous-intensity aerobic activity.

The strengthening guideline is defined as muscle-strengthening activities that involved all major muscle groups two or more times per week.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Not Participating in Any Physical Activity Other Than Their Regular Job in the Past 30 Days (Leisure Time Physical Activity), 2013**

**Montgomery County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	6,085	26.5	0.4	25.8	27.3
Montgomery County	67	24.9	3.1	18.7	31.0
<b>Gender</b>					
Men	29	26.4	4.9	16.9	36.0
Women	38	23.5	4.0	15.6	31.3
<b>Age Group</b>					
18 to 44 Years	11	18.0	5.1	8.0	27.9
45 to 64 Years	30	32.6	5.7	21.5	43.7
65 Years and Older	26	25.1	4.7	15.9	34.2
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	67	25.6	3.2	19.3	31.9
<b>Race</b>					
White	58	24.6	3.4	18.1	31.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	36	27.8	4.7	18.6	37.0
Some College or College Graduate	31	22.5	4.3	14.2	30.8
<b>Annual Household Income</b>					
Less than \$35,000 per Year	38	29.7	4.8	20.4	39.1
\$35,000 or Higher per Year	19	18.9	4.7	9.7	28.1
<b>Disability Status</b>					
Living with a Disability	30	35.0	6.2	23.0	47.1
Living without a Disability	36	19.8	3.5	13.0	26.6

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	16	24.7	6.0	13.0	36.4
Overweight (25 ≤ BMI < 30)	20	16.6	4.0	8.7	24.5
Obese (BMI ≥ 30)	25	34.4	6.5	21.6	47.2
<b>Smoking Status</b>					
Current smoker	16	25.1	6.1	13.0	37.1
Non-smoker	49	24.3	3.6	17.2	31.3
<b>Health Insurance Status</b>					
Insured	56	24.8	3.4	18.1	31.5
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they did not participate in any physical activities or exercise, other than their regular job, in the past 30 days.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Consuming Fruit Less than 1 Time Per Day,  
2013**

**Montgomery County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	8,400	41.7	0.4	40.9	42.6
Montgomery County	120	49.4	3.8	42.0	56.8
<b>Gender</b>					
Men	60	58.4	5.7	47.2	69.6
Women	60	41.3	4.9	31.7	51.0
<b>Age Group</b>					
18 to 44 Years	30	46.4	6.7	33.3	59.6
45 to 64 Years	50	56.9	6.2	44.7	69.0
65 Years and Older	40	43.1	5.8	31.7	54.5
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	115	48.7	3.9	41.2	56.2
<b>Race</b>					
White	97	45.8	4.1	37.8	53.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	58	56.9	5.7	45.8	68.1
Some College or College Graduate	62	43.1	5.0	33.4	52.8
<b>Annual Household Income</b>					
Less than \$35,000 per Year	74	58.9	5.2	48.7	69.2
\$35,000 or Higher per Year	35	40.4	6.1	28.4	52.4
<b>Disability Status</b>					
Living with a Disability	42	49.0	6.6	36.1	61.9
Living without a Disability	77	49.5	4.6	40.4	58.6

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	28	38.8	6.7	25.7	51.8
Overweight (25 ≤ BMI < 30)	47	53.0	6.3	40.7	65.3
Obese (BMI ≥ 30)	40	55.5	7.0	41.8	69.1
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	82	44.9	4.4	36.3	53.5
Does not participate in leisure time physical activity	38	63.8	7.2	49.7	77.9
<b>Smoking Status</b>					
Current smoker	34	57.0	7.3	42.7	71.3
Non-smoker	85	45.7	4.4	37.1	54.4
<b>Health Insurance Status</b>					
Insured	101	48.7	4.1	40.7	56.7
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they consumed fruit less than 1 time per day.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

**Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.**

**Percentage of Adults Who Reported Consuming Vegetables Less than 1 Time  
Per Day, 2013**

**Montgomery County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	4,482	22.9	0.4	22.2	23.6
Montgomery County	69	28.8	3.5	22.0	35.7
<b>Gender</b>					
Men	38	32.6	5.3	22.2	43.1
Women	31	25.6	4.7	16.3	34.8
<b>Age Group</b>					
18 to 44 Years	19	29.3	6.3	17.0	41.6
45 to 64 Years	29	33.6	5.9	22.0	45.2
65 Years and Older	21	20.8	4.5	12.0	29.6
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	67	28.9	3.6	21.9	35.9
<b>Race</b>					
White	56	27.5	3.8	20.1	34.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	33	35.9	5.7	24.6	47.1
Some College or College Graduate	36	23.2	4.3	14.9	31.6
<b>Annual Household Income</b>					
Less than \$35,000 per Year	45	40.0	5.5	29.3	50.7
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	31	40.1	6.7	27.0	53.2
Living without a Disability	38	24.2	4.1	16.1	32.2

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	20	30.2	6.6	17.2	43.1
Overweight (25 ≤ BMI < 30)	21	22.2	5.3	11.7	32.7
Obese (BMI ≥ 30)	24	34.0	6.6	21.0	47.0
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	43	23.5	3.9	15.9	31.0
Does not participate in leisure time physical activity	26	45.5	7.4	30.9	60.1
<b>Smoking Status</b>					
Current smoker	25	45.0	7.6	30.1	60.0
Non-smoker	42	21.6	3.6	14.5	28.7
<b>Health Insurance Status</b>					
Insured	57	27.1	3.7	19.8	34.4
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they consumed vegetables less than 1 time per day.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

## Percentage of Adults Who Lack Health Care Coverage, 2013

### Montgomery County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,668	17.1	0.4	16.4	17.8
Montgomery County	36	18.7	3.1	12.7	24.7
<b>Gender</b>					
Men	17	19.8	4.6	10.8	28.7
Women	19	17.6	4.1	9.6	25.7
<b>Age Group</b>					
18 to 44 Years	23	35.0	6.2	22.9	47.0
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	33	17.6	3.0	11.6	23.6
<b>Race</b>					
White	30	18.1	3.2	11.7	24.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	20	22.2	4.8	12.8	31.6
Some College or College Graduate	16	15.6	3.9	8.0	23.2
<b>Annual Household Income</b>					
Less than \$35,000 per Year	22	21.8	4.6	12.7	30.9
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	24	18.6	3.7	11.4	25.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	13	17.3	4.9	7.7	27.0
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	23	18.2	3.7	11.0	25.4
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	19	37.9	7.1	24.1	51.8
Non-smoker	17	10.5	2.7	5.2	15.8

**Numerator:** Respondents who reported they had no health care coverage.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Ages 18 to 64 Years Old Who Lack Health Care Coverage,  
2013**

**Montgomery County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,551	20.8	0.4	19.9	21.6
Montgomery County	35	24.0	3.9	16.4	31.6
<b>Gender</b>					
Men	17	23.8	5.4	13.2	34.4
Women	18	24.2	5.5	13.4	35.1
<b>Age Group</b>					
18 to 44 Years	23	35.0	6.2	22.9	47.0
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	32	22.7	3.9	15.1	30.3
<b>Race</b>					
White	29	23.7	4.2	15.5	31.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	19	28.0	6.0	16.3	39.7
Some College or College Graduate	16	20.4	5.0	10.6	30.1
<b>Annual Household Income</b>					
Less than \$35,000 per Year	21	31.6	6.4	19.0	44.2
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	24	23.0	4.5	14.2	31.8

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	13	20.9	5.9	9.3	32.4
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	23	23.9	4.7	14.6	33.1
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	19	40.6	7.4	26.0	55.2
Non-smoker	16	14.7	3.8	7.2	22.2

**Numerator:** Respondents ages 18-64 years old who reported they had no health care coverage.

**Denominator:** All respondents ages 18-64 years old, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

## Percentage of Adults with No Personal Doctor or Health Care Provider, 2013

### Montgomery County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,359	21.5	0.4	20.8	22.3
Montgomery County	49	26.6	3.5	19.7	33.4
<b>Gender</b>					
Men	32	38.7	5.5	27.8	49.6
Women	17	15.1	4.1	7.2	23.1
<b>Age Group</b>					
18 to 44 Years	29	46.2	6.5	33.6	58.9
45 to 64 Years	13	16.9	4.7	7.6	26.2
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	46	25.7	3.5	18.7	32.7
<b>Race</b>					
White	41	25.3	3.7	18.0	32.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	25	32.6	5.5	21.8	43.5
Some College or College Graduate	24	21.2	4.3	12.7	29.7
<b>Annual Household Income</b>					
Less than \$35,000 per Year	24	27.2	5.2	17.0	37.4
\$35,000 or Higher per Year	17	23.6	5.4	12.9	34.3
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	39	31.6	4.5	22.9	40.3

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	18	33.3	6.8	19.9	46.6
Overweight (25 ≤ BMI < 30)	19	29.2	6.3	17.0	41.5
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	33	25.8	4.2	17.6	34.0
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	21	42.2	7.2	28.2	56.3
Non-smoker	26	18.2	3.7	11.0	25.4
<b>Health Insurance Status</b>					
Insured	28	17.7	3.4	11.1	24.4
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they had no personal doctor or health care provider.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

**Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.**

**Percentage of Adults Who Could Not See a Doctor Because of Cost In the Past 12 Months, 2013**

**Montgomery County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,570	13.6	0.3	13.0	14.2
Montgomery County	37	17.2	3.0	11.3	23.1
<b>Gender</b>					
Men	12	15.4	4.5	6.5	24.2
Women	25	18.9	4.0	11.0	26.8
<b>Age Group</b>					
18 to 44 Years	13	22.2	5.5	11.3	33.0
45 to 64 Years	19	19.4	5.0	9.7	29.2
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	36	17.3	3.1	11.3	23.4
<b>Race</b>					
White	29	16.6	3.2	10.2	22.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	18	20.7	4.9	11.1	30.2
Some College or College Graduate	19	14.1	3.6	7.0	21.2
<b>Annual Household Income</b>					
Less than \$35,000 per Year	26	22.4	4.7	13.3	31.6
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	23	38.1	6.7	24.9	51.3
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	16	25.4	6.3	13.1	37.7
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	26	17.2	3.6	10.1	24.3
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	19	34.7	6.9	21.1	48.3
Non-smoker	18	9.8	2.8	4.2	15.3
<b>Health Insurance Status</b>					
Insured	19	9.2	2.5	4.3	14.1
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they could not see a doctor because of cost in the past 12 months.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults with Fair or Poor Self-Perceived Health Status, 2013**

**Montgomery County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,911	15.4	0.3	14.8	16.0
Montgomery County	78	29.9	3.4	23.2	36.5
<b>Gender</b>					
Men	34	32.1	5.3	21.8	42.5
Women	44	27.8	4.3	19.3	36.3
<b>Age Group</b>					
18 to 44 Years	15	23.0	5.4	12.3	33.6
45 to 64 Years	33	35.3	5.9	23.8	46.9
65 Years and Older	30	34.3	5.7	23.1	45.5
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	74	28.6	3.4	22.0	35.3
<b>Race</b>					
White	62	27.7	3.6	20.7	34.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	42	39.9	5.4	29.2	50.5
Some College or College Graduate	36	21.0	3.9	13.3	28.7
<b>Annual Household Income</b>					
Less than \$35,000 per Year	53	42.2	5.1	32.2	52.2
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	51	70.0	5.2	59.9	80.2
Living without a Disability	24	11.6	2.8	6.2	17.0

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	22	30.7	6.2	18.4	42.9
Overweight (25 ≤ BMI < 30)	20	21.1	5.1	11.1	31.2
Obese (BMI ≥ 30)	31	38.5	6.7	25.5	51.6
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	44	23.0	3.8	15.6	30.4
Does not participate in leisure time physical activity	31	50.2	7.2	36.2	64.3
<b>Smoking Status</b>					
Current smoker	30	43.5	7.0	29.8	57.1
Non-smoker	46	23.1	3.7	15.8	30.4
<b>Health Insurance Status</b>					
Insured	62	26.5	3.5	19.6	33.4
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported that in general their health is fair or poor.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

**Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.**

**Percentage of Adults Who Reported Their Physical Health Was Not Good on 14 or More Days in the Past 30 Days, 2013**

**Montgomery County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,773	10.5	0.2	10.0	11.0
Montgomery County	51	17.6	2.9	12.0	23.2
<b>Gender</b>					
Men	20	17.6	4.5	8.9	26.3
Women	31	17.6	3.6	10.4	24.7
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	23	22.0	5.2	11.8	32.2
65 Years and Older	20	19.2	4.6	10.3	28.1
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	51	18.2	2.9	12.4	24.0
<b>Race</b>					
White	41	16.5	3.0	10.6	22.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	28	25.3	4.9	15.7	35.0
Some College or College Graduate	23	10.7	2.9	4.9	16.4
<b>Annual Household Income</b>					
Less than \$35,000 per Year	38	27.8	4.7	18.5	37.0
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	42	52.0	6.6	39.1	65.0
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	14	15.9	4.8	6.6	25.2
Overweight (25 ≤ BMI < 30)	18	15.4	4.4	6.8	24.1
Obese (BMI ≥ 30)	15	22.5	6.2	10.3	34.7
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	34	15.8	3.2	9.4	22.1
Does not participate in leisure time physical activity	17	27.0	6.8	13.7	40.3
<b>Smoking Status</b>					
Current smoker	19	30.3	6.7	17.2	43.5
Non-smoker	32	12.5	2.8	7.0	18.0
<b>Health Insurance Status</b>					
Insured	43	16.6	3.0	10.8	22.4
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported 14 or more days when their physical health was not good in the past 30 days.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Their Mental Health Was Not Good on 14  
or More Days in the Past 30 Days, 2013**

**Montgomery County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,075	9.7	0.3	9.2	10.2
Montgomery County	37	15.7	2.9	10.0	21.4
<b>Gender</b>					
Men	15	16.3	4.5	7.5	25.0
Women	22	15.2	3.7	7.9	22.4
<b>Age Group</b>					
18 to 44 Years	11	18.2	5.1	8.1	28.2
45 to 64 Years	19	17.3	4.9	7.7	26.8
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	35	15.2	2.9	9.5	20.9
<b>Race</b>					
White	28	14.6	3.1	8.4	20.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	19	20.5	4.8	11.0	30.0
Some College or College Graduate	18	11.6	3.3	5.0	18.1
<b>Annual Household Income</b>					
Less than \$35,000 per Year	26	21.7	4.5	12.8	30.5
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	29	42.7	6.7	29.4	55.9
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	21	11.7	3.1	5.6	17.8
Does not participate in leisure time physical activity	13	24.6	6.7	11.4	37.9
<b>Smoking Status</b>					
Current smoker	14	22.7	6.2	10.5	34.8
Non-smoker	22	12.0	3.1	6.0	18.0
<b>Health Insurance Status</b>					
Insured	28	13.2	2.9	7.5	18.8
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported 14 or more days when their mental health was not good in the past 30 days.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Their Poor Physical or Mental Health Kept Them From Doing Their Usual Activities, such as Self-care, Work or Recreation in the Past 30 Days, 2013**

**Montgomery County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	4,563	39.3	0.6	38.1	40.4
Montgomery County	49	32.6	4.7	23.3	41.9
<b>Gender</b>					
Men	15	24.3	6.4	11.7	36.9
Women	34	39.4	6.6	26.5	52.3
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	27	42.7	8.0	27.0	58.4
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	47	32.5	4.8	23.0	42.0
<b>Race</b>					
White	44	37.5	5.4	26.9	48.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	19	23.9	5.6	12.8	35.0
Some College or College Graduate	30	43.0	7.3	28.8	57.2
<b>Annual Household Income</b>					
Less than \$35,000 per Year	33	36.8	6.3	24.4	49.2
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	34	45.8	7.1	31.9	59.8
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	31	29.5	5.6	18.6	40.4
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	28	23.5	5.1	13.6	33.4
<b>Health Insurance Status</b>					
Insured	37	29.2	5.1	19.3	39.2
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported one or more days in the past 30 days when their poor physical or mental health kept them from doing their usual activities, such as self-care, work or recreation.

**Denominator:** Respondents with at least one day in the past 30 days when their physical or mental health was not good, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Ages 18 Years and Older Who Did Not Get Immunized  
Against Influenza During the Past 12 Months, 2013**

**Montgomery County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	11,185	57.8	0.4	57.0	58.6
Montgomery County	125	52.7	3.8	45.3	60.0
<b>Gender</b>					
Men	56	56.1	5.8	44.8	67.5
Women	69	49.6	4.9	40.0	59.2
<b>Age Group</b>					
18 to 44 Years	39	65.6	6.4	53.1	78.0
45 to 64 Years	45	46.8	6.1	34.8	58.7
65 Years and Older	41	40.1	5.5	29.4	50.9
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	120	51.8	3.8	44.3	59.3
<b>Race</b>					
White	104	49.4	4.0	41.5	57.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	53	55.2	5.8	43.8	66.6
Some College or College Graduate	72	50.7	4.9	41.1	60.3
<b>Annual Household Income</b>					
Less than \$35,000 per Year	68	58.3	5.1	48.3	68.3
\$35,000 or Higher per Year	42	45.7	6.2	33.5	57.8
<b>Disability Status</b>					
Living with a Disability	41	50.1	6.6	37.2	63.0
Living without a Disability	83	53.5	4.6	44.6	62.5

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	33	56.2	6.6	43.3	69.2
Overweight (25 ≤ BMI < 30)	49	53.8	6.3	41.5	66.1
Obese (BMI ≥ 30)	35	43.5	6.9	30.1	57.0
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	94	52.8	4.4	44.3	61.4
Does not participate in leisure time physical activity	31	52.2	7.3	37.9	66.6
<b>Smoking Status</b>					
Current smoker	38	71.9	6.5	59.2	84.6
Non-smoker	87	44.9	4.3	36.4	53.4
<b>Health Insurance Status</b>					
Insured	100	46.8	4.1	38.9	54.8
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they did not get a flu shot or flu vaccine sprayed in their nose during the past 12 months.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults 65 Years Old and Older Who Did Not Get Immunized  
Against Influenza During the Past 12 Months, 2013**

**Montgomery County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,547	35.2	0.6	33.9	36.4
Montgomery County	41	40.1	5.5	29.4	50.9
<b>Gender</b>					
Men	*	*	*	*	*
Women	27	37.9	6.6	25.0	50.8
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	41	41.0	5.6	30.1	51.9
<b>Race</b>					
White	38	38.6	5.6	27.6	49.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	26	44.6	7.0	30.8	58.3
<b>Annual Household Income</b>					
Less than \$35,000 per Year	26	38.3	6.9	24.7	51.9
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	26	43.8	6.9	30.3	57.4
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	<i>30</i>	<i>37.8</i>	<i>6.2</i>	<i>25.5</i>	<i>50.0</i>
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	<i>37</i>	<i>39.9</i>	<i>5.8</i>	<i>28.5</i>	<i>51.3</i>
<b>Health Insurance Status</b>					
Insured	<i>40</i>	<i>39.7</i>	<i>5.5</i>	<i>28.9</i>	<i>50.5</i>
Uninsured	*	*	*	*	*

Numerator: Respondents 65 years old and older who reported they did not receive a flu shot or flu vaccine sprayed in their nose during the past 12 months.

Denominator: All respondents 65 years old and older, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults 65 Years Old and Older Who Never Had Pneumonia  
Vaccination, 2013**

**Montgomery County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,063	30.0	0.6	28.7	31.2
Montgomery County	33	36.5	5.7	25.3	47.8
<b>Gender</b>					
Men	*	*	*	*	*
Women	26	43.1	7.2	29.0	57.2
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	33	37.3	5.8	25.9	48.7
<b>Race</b>					
White	31	37.7	6.0	25.9	49.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	17	30.7	6.6	17.8	43.6
<b>Annual Household Income</b>					
Less than \$35,000 per Year	19	34.4	7.6	19.6	49.2
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	20	37.4	6.9	23.9	50.8
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	22	34.3	6.8	21.1	47.6
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	32	39.6	6.1	27.5	51.6
<b>Health Insurance Status</b>					
Insured	32	36.1	5.8	24.8	47.3
Uninsured	*	*	*	*	*

Numerator: Respondents 65 years old and older who reported they never had a pneumonia vaccination.

Denominator: All respondents 65 years old and older, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported That They Do Not Always Wear a Seatbelt  
When They Drive or Ride in a Car, 2013**

**Montgomery County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,359	17.0	0.3	16.3	17.6
Montgomery County	48	22.0	3.2	15.6	28.3
<b>Gender</b>					
Men	27	27.4	5.2	17.3	37.5
Women	21	17.1	4.0	9.2	25.0
<b>Age Group</b>					
18 to 44 Years	14	22.6	5.6	11.7	33.5
45 to 64 Years	20	25.0	5.6	14.0	36.0
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	48	22.6	3.3	16.1	29.1
<b>Race</b>					
White	42	21.9	3.5	15.1	28.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	25	27.1	5.3	16.7	37.4
Some College or College Graduate	23	17.9	4.0	10.2	25.7
<b>Annual Household Income</b>					
Less than \$35,000 per Year	26	23.2	4.5	14.3	32.1
\$35,000 or Higher per Year	14	18.9	5.3	8.5	29.4
<b>Disability Status</b>					
Living with a Disability	20	27.8	6.3	15.4	40.1
Living without a Disability	28	19.6	3.7	12.3	26.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	16	22.0	5.6	11.0	33.0
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	20	39.2	7.1	25.3	53.2
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	31	20.1	3.7	12.9	27.4
Does not participate in leisure time physical activity	17	27.4	6.5	14.6	40.3
<b>Smoking Status</b>					
Current smoker	12	21.1	5.8	9.7	32.5
Non-smoker	35	22.3	3.9	14.7	30.0
<b>Health Insurance Status</b>					
Insured	38	21.3	3.6	14.3	28.3
Uninsured	*	*	*	*	*

Respondents who reported they nearly always, sometimes, seldom or never use a seatbelt when they ride or drive in a car.

Denominator: All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

## Percentage of Adults Who Currently Smoke Cigarettes, 2013

### Montgomery County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,865	20.0	0.4	19.3	20.7
Montgomery County	64	31.0	3.5	24.0	37.9
<b>Gender</b>					
Men	33	33.6	5.3	23.3	43.9
Women	31	28.5	4.8	19.2	37.9
<b>Age Group</b>					
18 to 44 Years	24	37.6	6.3	25.2	50.1
45 to 64 Years	32	37.2	5.8	25.8	48.6
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	64	31.8	3.6	24.7	38.9
<b>Race</b>					
White	48	27.6	3.7	20.3	34.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	35	40.2	5.6	29.2	51.2
Some College or College Graduate	29	23.0	4.2	14.7	31.3
<b>Annual Household Income</b>					
Less than \$35,000 per Year	40	38.0	5.2	27.8	48.3
\$35,000 or Higher per Year	15	21.7	5.3	11.3	32.1
<b>Disability Status</b>					
Living with a Disability	27	41.5	6.5	28.8	54.2
Living without a Disability	36	26.0	4.2	17.8	34.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	28	45.4	6.8	32.0	58.7
Overweight (25 ≤ BMI < 30)	20	30.4	6.1	18.4	42.5
Obese (BMI ≥ 30)	15	23.9	5.9	12.4	35.4
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	45	30.7	4.2	22.5	38.9
Does not participate in leisure time physical activity	16	31.7	7.1	17.8	45.5
<b>Health Insurance Status</b>					
Insured	45	23.8	3.5	16.9	30.7
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they have smoked at least 100 cigarettes in their entire life and that they now smoke some days or every day.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Stopped Smoking for One Day or Longer Because  
They Were Trying to Quit Smoking, 2013**

**Montgomery County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,063	56.5	1.0	54.5	58.4
Montgomery County	33	59.2	6.8	45.8	72.5
<b>Gender</b>					
Men	*	*	*	*	*
Women	*	*	*	*	*
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	33	59.2	6.8	45.8	72.5
<b>Race</b>					
White	*	*	*	*	*
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
<b>Annual Household Income</b>					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Health Insurance Status</b>					
Insured	*	*	*	*	*
Uninsured	*	*	*	*	*

**Numerator:** Current smokers who stopped smoking for one day or longer because they were trying to quit smoking.

**Denominator:** Current smokers, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Ever Served on Active Duty in the United States  
Armed Forces, 2013**

**Montgomery County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,022	12.0	0.3	11.5	12.5
Montgomery County	36	12.3	2.2	7.9	16.7
<b>Gender</b>					
Men	34	24.1	4.3	15.6	32.6
Women	*	*	*	*	*
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	14	17.2	4.7	8.0	26.4
65 Years and Older	18	19.7	4.5	10.8	28.6
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	36	12.7	2.3	8.2	17.2
<b>Race</b>					
White	28	11.7	2.4	7.0	16.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	15	11.3	3.2	5.1	17.5
Some College or College Graduate	21	13.1	3.1	7.0	19.3
<b>Annual Household Income</b>					
Less than \$35,000 per Year	19	13.1	3.2	6.9	19.3
\$35,000 or Higher per Year	14	13.9	4.1	5.8	21.9
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	23	11.0	2.6	6.0	16.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	16	17.2	4.5	8.4	26.0
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	22	10.3	2.4	5.6	15.0
Does not participate in leisure time physical activity	13	20.0	5.7	8.8	31.2
<b>Smoking Status</b>					
Current smoker	14	18.0	5.0	8.2	27.9
Non-smoker	21	9.9	2.4	5.2	14.5
<b>Health Insurance Status</b>					
Insured	30	12.2	2.5	7.3	17.0
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported that they served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

## Percentage of Adults Who Are Obese, 2013

### Montgomery County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	6,656	30.0	0.4	29.2	30.7
Montgomery County	76	33.5	3.6	26.3	40.6
<b>Gender</b>					
Men	29	29.7	5.3	19.2	40.2
Women	47	37.0	4.9	27.3	46.7
<b>Age Group</b>					
18 to 44 Years	19	30.9	6.2	18.7	43.1
45 to 64 Years	38	41.3	6.1	29.4	53.2
65 Years and Older	19	25.2	5.7	13.9	36.4
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	74	33.6	3.7	26.3	40.8
<b>Race</b>					
White	63	34.3	4.0	26.5	42.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	34	35.1	5.6	24.2	46.1
Some College or College Graduate	42	32.1	4.8	22.7	41.5
<b>Annual Household Income</b>					
Less than \$35,000 per Year	38	31.2	4.9	21.6	40.8
\$35,000 or Higher per Year	27	33.3	6.1	21.3	45.3
<b>Disability Status</b>					
Living with a Disability	27	38.6	6.8	25.4	51.9
Living without a Disability	49	31.8	4.3	23.4	40.3

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	47	28.9	4.2	20.7	37.0
Does not participate in leisure time physical activity	25	45.5	7.5	30.8	60.1
<b>Smoking Status</b>					
Current smoker	15	24.0	6.0	12.3	35.7
Non-smoker	59	37.3	4.5	28.5	46.1
<b>Health Insurance Status</b>					
Insured	63	33.7	4.0	25.8	41.5
Uninsured	*	*	*	*	*

Numerator: Respondents with a body mass index greater than or equal to 30, based on self-reported height and weight.

Denominator: All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

## Percentage of Adults Who Are Overweight or Obese, 2013

### Montgomery County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	14,533	65.3	0.4	64.5	66.1
Montgomery County	173	69.5	3.4	62.8	76.2
<b>Gender</b>					
Men	74	73.9	4.7	64.6	83.2
Women	99	65.4	4.8	55.9	74.9
<b>Age Group</b>					
18 to 44 Years	42	66.6	6.4	54.2	79.1
45 to 64 Years	68	75.4	5.1	65.5	85.3
65 Years and Older	63	65.0	5.4	54.4	75.7
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	167	69.4	3.5	62.6	76.2
<b>Race</b>					
White	147	69.3	3.7	62.1	76.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	73	72.7	5.0	62.8	82.6
Some College or College Graduate	100	66.9	4.7	57.8	76.0
<b>Annual Household Income</b>					
Less than \$35,000 per Year	93	69.7	4.8	60.3	79.0
\$35,000 or Higher per Year	59	65.8	5.9	54.1	77.4
<b>Disability Status</b>					
Living with a Disability	58	71.1	5.9	59.5	82.7
Living without a Disability	114	70.0	4.2	61.8	78.2

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	123	69.1	4.0	61.2	77.0
Does not participate in leisure time physical activity	45	69.6	7.0	55.8	83.3
<b>Smoking Status</b>					
Current smoker	35	58.0	7.0	44.3	71.8
Non-smoker	136	75.3	3.7	68.1	82.5
<b>Health Insurance Status</b>					
Insured	149	69.8	3.7	62.6	77.0
Uninsured	*	*	*	*	*

Numerator: Respondents with a body mass index greater than or equal to 25, based on self-reported height and weight.

Denominator: All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

## Technical Notes

The 2013 BRFSS data for your county/region on 42 health risk indicators, analyzed by various subpopulation groups (e.g. gender, age group, ethnicity, etc.), are included in this report. The indicators are summarized in tables that show:

- Unweighted Frequency: the number of respondents who reported the risk behavior
- Weighted Percentage: the prevalence estimate for the risk behavior within a particular subpopulation group category
- Standard Error: used to compute the 95% confidence limits
- Lower and upper 95% confidence limits

Prevalence estimates vary in precision depending on sample size. One way of describing the precision of an estimate is the margin of error, which is the half-width of the confidence interval. When the sample size is large for a particular subpopulation group, the corresponding margin of error for an estimate is small. When the sample size is small for a particular subpopulation group, the corresponding margin of error for an estimate is large. Large margins of error (i.e. >5) indicate that an estimate may be less precise. Prevalence estimates that have a margin of error >5 are *italicized* in this report and should be interpreted with caution.

To determine whether two weighted percentages are significantly different from one another, the reader must compare the confidence intervals. Confidence intervals which do not overlap indicate a statistically significant difference between the two prevalence estimates while overlapping confidence intervals indicate that two estimates are not statistically different from one another. It is incorrect to say two estimates are different if their confidence limits overlap.

Estimates have been censored with an asterisk ("\*") when the sample size was inadequate and/or when the estimates were statistically unreliable. Specifically, estimates were censored when any of the following conditions were met:

- the numerator of the indicator is less than 5
- the denominator of the indicator is less than 50
- the relative standard error (RSE) is 30 percent or higher

RSE is obtained by dividing the standard error of the estimate by the estimate itself, then multiplying that result by 100 to be expressed as a percent.

2011 BRFSS data represent a new baseline for public health surveillance. Due to changes in BRFSS survey methodology, the BRFSS estimates for 2011 and subsequent years cannot be compared to estimates from the years prior to 2011.

For more information on changes to the Kansas BRFSS survey methodology beginning in 2011, please visit: <http://www.kdheks.gov/brfss/newmethod.html>

For more detailed technical notes on the Kansas BRFSS, please visit: <http://www.kdheks.gov/brfss/technotes.html>