2013 Kansas Behavioral Risk Factor Surveillance System Local Data

Jefferson County

Kansas Department of Health and Environment
Health Promotion

November 2014

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State of Kansas
Sam Brownback, Governor

Kansas Department of Health and Environment
Dr. Robert Moser, Secretary and State Health Officer

Report Preparation:
Pratik Pandya, MPH
Advanced Epidemiologist
Bureau of Health Promotion (BHP)

Report Supervision:
Ghazala Perveen, MBBS, PhD, MPH
Director of Science and Surveillance, Health Officer II
Bureau of Health Promotion (BHP)

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Kansas Department of Health and Environment
Bureau of Health Promotion
November 2014

Kansas Department of Health and Environment (KDHE)

Mission

To protect and improve the health and environment of all Kansans

Vision

Healthy Kansans living in safe and sustainable environments

www.kdheks.gov

Foreword

The Behavioral Risk Factor Surveillance System (BRFSS) is the world's largest, annual population–based telephone survey system, tracking health conditions and risk behaviors in the U.S. It is coordinated by the Centers for Disease Control and Prevention (CDC) and is conducted in every state and several territories.

BRFSS allows us to perform a critical public health function of assessing population health and identifying issues critically important to public health and population health management. BRFSS provides data on a wide range of health issues including information related to access to health care, chronic and infectious diseases, clinical preventive services, environmental quality, infant and child health, injury and violence, maternal health, mental health, nutrition, physical activity, obesity, oral health, reproductive and sexual health, substance abuse and tobacco use.

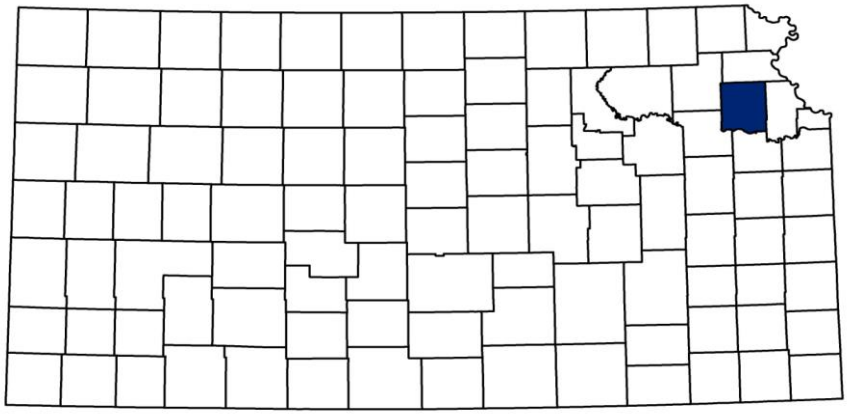
Prior to 2009, the sample size for the Kansas survey was sufficient to produce state level estimates of health risk behaviors. Beginning in 2009, the Kansas BRFSS was expanded in response to demand from local health officials for local level health risk behavior data for a 10-year project. The survey now collects adequate sample data during odd years (2009, 2011, 2013, 2015 and 2017) to provide local level estimates by county or region for these years. By the conclusion of the 10-year project, most Kansas counties will have county-specific data for use in estimating trends in selected health indicators from 2011 forward. Data from 2011 onward cannot be compared to previous years as the BRFSS data collection and analysis methods changed beginning in 2011.

During the 2013 survey year, data were collected from more than 20,000 adult Kansans, providing estimates for 42 of the state's 105 counties and for 16 Public Health Preparedness Regions, with data for 42 health risk indicators analyzed at the county or regional level.

BRFSS data help public health professionals measure Kansans health behaviors, conditions and concerns at the state and the local level. These data are important when we consider where to focus our public health efforts and to help us emphasize the benefits of prevention.

Sincerely,

Robert Moser, MD
Secretary and State Health Officer
Kansas Department of Health and Environment



Jefferson County

Kansas Behavioral Risk Factor Surveillance System – Local Data, 2013 can also be accessed at http://www.kdheks.gov/brfss/

If you have any questions about survey methodology or need assistance interpreting the data, please contact:

Pratik Pandya, MPH
Advanced Epidemiologist
Bureau of Health Promotion
Kansas Department of Health and Environment
Curtis State Office Building,
1000 SW Jackson Street, Suite 230
Topeka, KS 66612
Telephone: 785-296-6513
Fax: 785-296-8059
ppandya@kdheks.gov

Ghazala Perveen, MBBS, PhD, MPH
Director of Science and Surveillance/Health Officer II
Bureau of Health Promotion
Kansas Department of Health & Environment
Curtis State Office Building
1000 SW Jackson, Suite 230
Topeka, KS 66612-1274
Telephone: 785-296-1949
Fax: 785-296-8059
gperveen@kdheks.gov

Table of Contents

Alcohol Consumption
Binge Drinking 1

Arthritis
Arthritis 3
Activity Limitation Due to Arthritis 5

Asthma 7

Cancer
Cancer (Excluding Skin Cancer) 9
Skin Cancer 11

Cardiovascular Health
High Blood Pressure 13

Cholesterol
Not Checked Cholesterol within Five Years 15
High Blood Cholesterol Status 17

Chronic Obstructive Pulmonary Disease (COPD) 19

Depressive Disorder 21

Diabetes 23

Disability
Activity Limitation Due to Physical, Mental or Emotional Problems 25
Disability 27

Exercise and Physical Activity
Not Participating in the Recommended Level of Physical Activity
(Aerobic AND/OR Strengthening) 29
Did Not Participate in the Recommended Level of
Aerobic AND Strengthening Physical Activity 31
Not Participating in Any Physical Activity 33

Fruits and Vegetable Consumption
Consuming Fruits Less than 1 Time Per Day 35
Consuming Vegetables Less than 1 Time Per Day 37

Health Care Access
No Personal Doctor 39
Did Not See Doctor Due to Cost 41

General Health 43

Healthy Days - Health Related Quality of Life
Physical Health Status 45
Poor Physical or Mental Health is Barrier to Usual Activities 47

Immunization
Not Immunized Against Influenza 49
Not Immunized Against Influenza 65 Years and Older Only 51
Never Had Pneumonia Vaccination 65 Years and Older Only 53

Seatbelt Use 55

Tobacco Use
Current Smoker 57
Smokeless Tobacco Use 59
Male Smokeless Tobacco Use 61

Veteran Status 63

Weight Status (BMI Categories)
Obese 65
Overweight or Obese 67

Technical Notes 69

Unpublished Tables - The following data tables are not published due to insufficient sample and/or statistically unreliable estimates for Jefferson County: Heavy Drinking, Heart Attack, Coronary Heart Disease, Stroke, Lack of Health Care Coverage, Lack of Health Care Coverage 18 to 64 Years Old Only, Mental Health Status and Tried Quitting Smoking.

Percentage of Adults Who Are Binge Drinkers, 2013

Jefferson County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,583	15.4	0.3	14.7	16.0
Jefferson County	*30*	*18.9*	*3.5*	*12.1*	*25.7*
Gender					
Men	*18*	*25.8*	*5.7*	*14.7*	*36.9*
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*13*	*17.2*	*4.7*	*7.9*	*26.4*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	*29*	*18.9*	*3.5*	*12.0*	*25.8*
Race					
White	*29*	*18.8*	*3.5*	*11.9*	*25.7*
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*12*	*16.5*	*4.7*	*7.2*	*25.8*
Some College or College Graduate	*18*	*21.3*	*5.0*	*11.4*	*31.1*
Annual Household Income					
Less than $35,000 per Year	*	*	*	*	*
$35,000 or Higher per Year	*24*	*25.3*	*5.0*	*15.5*	*35.2*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*24*	*20.6*	*4.2*	*12.4*	*28.7*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI<25)	*	*	*	*	*
Overweight (25<=BMI<30)	*	*	*	*	*
Obese (BMI>=30)	*11*	*27.3*	*7.7*	*12.3*	*42.3*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*18*	*17.8*	*4.0*	*9.9*	*25.6*
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*23*	*16.5*	*3.4*	*9.7*	*23.2*
Health Insurance Status					
Insured	*30*	*20.2*	*3.7*	*13.0*	*27.4*
Uninsured	*	*	*	*	*

Numerator: Male respondents who reported having five or more drinks on one occasion in the past 30 days or female respondents who reported having four or more drinks on one occasion in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

*** Insufficient sample and/or statistically unreliable estimate**

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Doctor Diagnosed Arthritis, 2013

Jefferson County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	7,380	23.9	0.3	23.3	24.5
Jefferson County	*61*	*23.7*	*3.2*	*17.4*	*30.0*
Gender					
Men	*25*	*23.7*	*4.8*	*14.2*	*33.1*
Women	*36*	*23.7*	*4.2*	*15.5*	*31.9*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*30*	*31.2*	*5.4*	*20.6*	*41.8*
65 Years and Older	*29*	*48.2*	*7.0*	*34.6*	*61.9*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	*60*	*23.6*	*3.2*	*17.3*	*29.9*
Race					
White	*57*	*22.7*	*3.2*	*16.5*	*29.0*
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*31*	*27.0*	*4.9*	*17.5*	*36.6*
Some College or College Graduate	*30*	*20.3*	*4.0*	*12.4*	*28.2*
Annual Household Income					
Less than $35,000 per Year	*23*	*28.3*	*6.3*	*16.1*	*40.6*
$35,000 or Higher per Year	*29*	*20.1*	*3.9*	*12.4*	*27.9*
Disability Status					
Living with a Disability	*28*	*47.5*	*7.9*	*32.0*	*63.0*
Living without a Disability	*33*	*16.3*	*3.2*	*10.1*	*22.5*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI<25)	*16*	*18.8*	*5.0*	*8.9*	*28.7*
Overweight (25<=BMI<30)	*21*	*21.5*	*5.1*	*11.5*	*31.4*
Obese (BMI>=30)	*22*	*32.2*	*6.8*	*18.9*	*45.6*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*43*	*23.2*	*3.8*	*15.8*	*30.6*
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*58*	*26.2*	*3.5*	*19.3*	*33.1*
Health Insurance Status					
Insured	*59*	*24.5*	*3.3*	*17.9*	*31.1*
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor or other health professional that they have some form of arthritis, rheumatoid arthritis, gout, lupus or fibromyalgia.

Denominator: All respondents, excluding unknowns and refusals.

*** Insufficient sample and/or statistically unreliable estimate**

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Doctor Diagnosed Arthritis Who Are Limited in Their Usual Activities Because of Arthritis or Joint Symptoms, 2013

Jefferson County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,286	46.4	0.7	45.0	47.9
Jefferson County	*26*	*43.2*	*7.3*	*29.0*	*57.5*
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	*25*	*42.4*	*7.3*	*28.0*	*56.7*
Race					
White	*24*	*42.9*	*7.5*	*28.1*	*57.7*
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than $35,000 per Year	*	*	*	*	*
$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI<25)	*	*	*	*	*
Overweight (25<=BMI<30)	*	*	*	*	*
Obese (BMI>=30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*26*	*47.1*	*7.4*	*32.5*	*61.6*
Health Insurance Status					
Insured	*25*	*42.6*	*7.4*	*28.1*	*57.0*
Uninsured	*	*	*	*	*

Numerator: Respondents who reported any limitation in their usual activities because of arthritis or joint symptoms.

Denominator: Respondents with doctor, nurse or other health professional diagnosed arthritis, excluding unknowns and refusals.

*** Insufficient sample and/or statistically unreliable estimate**

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Current Asthma, 2013

Jefferson County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,072	8.9	0.2	8.4	9.3
Jefferson County	19	9.3	2.3	4.8	13.8
Gender					
Men	*	*	*	*	*
Women	*16*	*15.8*	*4.1*	*7.8*	*23.9*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	19	9.5	2.3	4.9	14.1
Race					
White	18	8.8	2.2	4.4	13.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than $35,000 per Year	*	*	*	*	*
$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI<25)	*	*	*	*	*
Overweight (25<=BMI<30)	*	*	*	*	*
Obese (BMI>=30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*13*	*9.7*	*2.8*	*4.1*	*15.2*
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	14	7.8	2.2	3.5	12.0
Health Insurance Status					
Insured	17	8.7	2.3	4.2	13.3
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they had asthma and that they currently have asthma.

Denominator: All respondents, excluding unknowns and refusals.

*** Insufficient sample and/or statistically unreliable estimate**

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Have Been Diagnosed With Cancer (Excluding Skin Cancer), 2013

Jefferson County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,256	6.8	0.2	6.5	7.1
Jefferson County	19	7.0	1.8	3.4	10.6
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*12*	*18.9*	*5.5*	*8.1*	*29.7*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	19	7.1	1.9	3.5	10.8
Race					
White	19	7.3	1.9	3.6	11.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than $35,000 per Year	*	*	*	*	*
$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI<25)	*	*	*	*	*
Overweight (25<=BMI<30)	*	*	*	*	*
Obese (BMI>=30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	16	6.6	1.8	3.0	10.2
Health Insurance Status					
Insured	19	7.5	1.9	3.7	11.3
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they had cancer (excluding skin cancer).

Denominator: All respondents, excluding unknowns and refusals.

*** Insufficient sample and/or statistically unreliable estimate**

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Have Been Diagnosed With Skin Cancer, 2013

Jefferson County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,157	6.3	0.2	6.0	6.6
Jefferson County	16	5.1	1.4	2.3	7.9
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	16	5.2	1.5	2.4	8.1
Race					
White	16	5.3	1.5	2.4	8.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than $35,000 per Year	*	*	*	*	*
$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI<25)	*	*	*	*	*
Overweight (25<=BMI<30)	*	*	*	*	*
Obese (BMI>=30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*	*	*	*	*
Health Insurance Status					
Insured	16	5.5	1.5	2.5	8.5
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they had skin cancer.

Denominator: All respondents, excluding unknowns and refusals.

*** Insufficient sample and/or statistically unreliable estimate**

Percentage of Adults with Diagnosed Hypertension, 2013

Jefferson County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	9,309	31.3	0.4	30.6	32.0
Jefferson County	*84*	*32.1*	*3.6*	*25.0*	*39.2*
Gender					
Men	*36*	*34.7*	*5.7*	*23.6*	*45.8*
Women	*48*	*29.4*	*4.5*	*20.6*	*38.3*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*37*	*38.3*	*5.7*	*27.0*	*49.5*
65 Years and Older	*39*	*59.5*	*6.9*	*46.0*	*72.9*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	*81*	*30.8*	*3.6*	*23.7*	*37.8*
Race					
White	*79*	*30.7*	*3.6*	*23.7*	*37.8*
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*42*	*34.7*	*5.4*	*24.2*	*45.3*
Some College or College Graduate	*42*	*29.4*	*4.9*	*19.8*	*38.9*
Annual Household Income					
Less than $35,000 per Year	*35*	*45.2*	*7.5*	*30.6*	*59.8*
$35,000 or Higher per Year	*39*	*25.9*	*4.4*	*17.3*	*34.6*
Disability Status					
Living with a Disability	*28*	*43.2*	*7.7*	*28.1*	*58.4*
Living without a Disability	*55*	*28.3*	*4.0*	*20.4*	*36.2*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI<25)	*18*	*18.5*	*4.9*	*8.9*	*28.1*
Overweight (25<=BMI<30)	*37*	*42.5*	*6.9*	*29.0*	*56.0*
Obese (BMI>=30)	*27*	*37.7*	*7.3*	*23.5*	*52.0*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*56*	*28.7*	*4.1*	*20.7*	*36.7*
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*76*	*34.1*	*4.0*	*26.4*	*41.9*
Health Insurance Status					
Insured	*80*	*32.7*	*3.8*	*25.3*	*40.1*
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they have high blood pressure.

Denominator: All respondents, excluding unknowns and refusals.

*** Insufficient sample and/or statistically unreliable estimate**

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Did Not Have Their Blood Cholesterol Checked Within the Past Five Years, 2013

Jefferson County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,976	26.7	0.4	25.9	27.5
Jefferson County	*38*	*28.8*	*4.4*	*20.2*	*37.4*
Gender					
Men	*16*	*29.4*	*6.5*	*16.6*	*42.2*
Women	*22*	*28.3*	*5.8*	*16.9*	*39.7*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	*37*	*28.9*	*4.4*	*20.2*	*37.5*
Race					
White	*37*	*29.4*	*4.5*	*20.6*	*38.2*
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*20*	*30.7*	*6.3*	*18.4*	*43.0*
Some College or College Graduate	*18*	*27.0*	*6.1*	*15.1*	*39.0*
Annual Household Income					
Less than $35,000 per Year	*11*	*30.7*	*8.3*	*14.3*	*47.0*
$35,000 or Higher per Year	*21*	*27.3*	*5.6*	*16.2*	*38.3*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*28*	*29.3*	*5.1*	*19.3*	*39.4*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI<25)	*20*	*40.4*	*7.5*	*25.7*	*55.0*
Overweight (25<=BMI<30)	*	*	*	*	*
Obese (BMI>=30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*24*	*25.5*	*4.9*	*16.0*	*35.0*
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*28*	*24.7*	*4.4*	*16.1*	*33.3*
Health Insurance Status					
Insured	*33*	*26.4*	*4.4*	*17.7*	*35.1*
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had not checked their blood cholesterol in the past five years.

Denominator: All respondents excluding unknowns and refusals.

*** Insufficient sample and/or statistically unreliable estimate**

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Tested and Diagnosed with High Cholesterol, 2013

Jefferson County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	8,351	38.1	0.4	37.3	38.9
Jefferson County	*62*	*30.5*	*3.9*	*22.8*	*38.1*
Gender					
Men	*27*	*32.1*	*6.0*	*20.3*	*43.9*
Women	*35*	*28.7*	*4.9*	*19.1*	*38.4*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*31*	*34.7*	*5.9*	*23.1*	*46.3*
65 Years and Older	*27*	*43.4*	*7.2*	*29.3*	*57.5*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	*62*	*31.0*	*4.0*	*23.2*	*38.8*
Race					
White	*60*	*30.5*	*4.0*	*22.7*	*38.3*
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*27*	*33.3*	*6.0*	*21.6*	*45.0*
Some College or College Graduate	*35*	*27.7*	*5.0*	*17.9*	*37.5*
Annual Household Income					
Less than $35,000 per Year	*23*	*43.1*	*8.2*	*27.0*	*59.3*
$35,000 or Higher per Year	*28*	*22.8*	*4.5*	*13.9*	*31.7*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*48*	*30.0*	*4.4*	*21.3*	*38.7*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI<25)	*14*	*24.8*	*6.9*	*11.3*	*38.3*
Overweight (25<=BMI<30)	*30*	*40.7*	*6.9*	*27.2*	*54.3*
Obese (BMI>=30)	*18*	*26.7*	*6.5*	*13.9*	*39.5*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*48*	*29.6*	*4.5*	*20.9*	*38.4*
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*57*	*31.2*	*4.2*	*23.0*	*39.4*
Health Insurance Status					
Insured	*62*	*31.0*	*4.0*	*23.2*	*38.8*
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they have high blood cholesterol.

Denominator: Respondents who had ever had their blood cholesterol checked, excluding unknowns and refusals.

*** Insufficient sample and/or statistically unreliable estimate**

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Have Chronic Obstructive Pulmonary Disease (COPD), Emphysema or Chronic Bronchitis, 2013

Jefferson County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,835	6.2	0.2	5.9	6.6
Jefferson County	16	5.5	1.5	2.5	8.5
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	16	5.6	1.5	2.6	8.6
Race					
White	16	5.7	1.6	2.6	8.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than $35,000 per Year	*	*	*	*	*
$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI<25)	*	*	*	*	*
Overweight (25<=BMI<30)	*	*	*	*	*
Obese (BMI>=30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	14	6.2	1.8	2.7	9.7
Health Insurance Status					
Insured	15	5.7	1.6	2.6	8.9
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse or other health professional that they have chronic obstructive pulmonary disease (COPD), emphysema or chronic bronchitis.

Denominator: All respondents, excluding unknowns and refusals.

*** Insufficient sample and/or statistically unreliable estimate**

Percentage of Adults Who Were EVER Diagnosed with a Depressive Disorder, 2013

Jefferson County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	4,386	18.1	0.3	17.5	18.7
Jefferson County	*35*	*14.5*	*2.8*	*9.0*	*19.9*
Gender					
Men	*	*	*	*	*
Women	*30*	*21.9*	*4.2*	*13.6*	*30.2*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*18*	*13.8*	*3.5*	*7.0*	*20.5*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	*35*	*14.7*	*2.8*	*9.2*	*20.3*
Race					
White	*31*	*12.7*	*2.7*	*7.4*	*17.9*
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*17*	*13.2*	*3.5*	*6.3*	*20.1*
Some College or College Graduate	*18*	*15.7*	*4.3*	*7.3*	*24.2*
Annual Household Income					
Less than $35,000 per Year	*19*	*23.4*	*5.6*	*12.3*	*34.4*
$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*14*	*21.5*	*6.1*	*9.6*	*33.4*
Living without a Disability	*21*	*12.4*	*3.1*	*6.2*	*18.5*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI<25)	*	*	*	*	*
Overweight (25<=BMI<30)	*	*	*	*	*
Obese (BMI>=30)	*13*	*20.6*	*5.9*	*9.1*	*32.2*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*22*	*12.4*	*3.0*	*6.6*	*18.2*
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	26	11.6	2.5	6.6	16.5
Health Insurance Status					
Insured	*33*	*14.7*	*2.9*	*8.9*	*20.4*
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had ever been told by a doctor, nurse or other health professional that they have a depressive disorder (including depression, major depression, dysthymia, or minor depression).

Denominator: All respondents, excluding unknowns and refusals.

*** Insufficient sample and/or statistically unreliable estimate**

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Diagnosed Diabetes, 2013

Jefferson County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,832	9.6	0.2	9.1	10.0
Jefferson County	26	9.5	2.1	5.4	13.7
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*15*	*15.3*	*4.3*	*6.9*	*23.7*
65 Years and Older	*11*	*15.7*	*4.7*	*6.5*	*24.9*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	25	8.7	1.9	4.9	12.5
Race					
White	24	8.6	2.0	4.8	12.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*17*	*11.9*	*3.2*	*5.7*	*18.1*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than $35,000 per Year	*18*	*21.8*	*5.6*	*10.8*	*32.9*
$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	17	7.7	2.2	3.4	11.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI<25)	*	*	*	*	*
Overweight (25<=BMI<30)	*16*	*18.7*	*5.2*	*8.5*	*28.8*
Obese (BMI>=30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	18	8.3	2.3	3.8	12.8
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	26	11.5	2.5	6.5	16.4
Health Insurance Status					
Insured	24	9.2	2.2	4.9	13.4
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor they had diabetes, excluding females told only during pregnancy and pre-diabetes or borderline diabetes.

Denominator: All respondents, excluding unknowns and refusals.

*** Insufficient sample and/or statistically unreliable estimate**

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Reported Activity Limitations Due to Physical, Mental or Emotional Problems, 2013

Jefferson County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	5,417	19.1	0.3	18.5	19.7
Jefferson County	*47*	*21.6*	*3.3*	*15.2*	*28.1*
Gender					
Men	*16*	*17.2*	*4.5*	*8.4*	*26.1*
Women	*31*	*26.1*	*4.7*	*16.8*	*35.3*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*25*	*27.3*	*5.2*	*17.2*	*37.5*
65 Years and Older	*16*	*25.6*	*6.2*	*13.5*	*37.7*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	*46*	*21.7*	*3.3*	*15.2*	*28.2*
Race					
White	*44*	*20.8*	*3.3*	*14.3*	*27.3*
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*29*	*28.1*	*5.2*	*17.9*	*38.3*
Some College or College Graduate	*18*	*15.2*	*3.9*	*7.5*	*22.8*
Annual Household Income					
Less than $35,000 per Year	*21*	*35.9*	*7.4*	*21.4*	*50.4*
$35,000 or Higher per Year	*18*	*12.5*	*3.2*	*6.2*	*18.8*
Weight Category					
Normal or Underweight (BMI<25)	*20*	*28.1*	*6.3*	*15.8*	*40.4*
Overweight (25<=BMI<30)	*	*	*	*	*
Obese (BMI>=30)	*15*	*20.2*	*5.5*	*9.5*	*30.9*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	*25*	*16.5*	*3.5*	*9.7*	*23.3*
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*42*	*22.5*	*3.5*	*15.6*	*29.5*
Health Insurance Status					
Insured	*40*	*18.3*	*3.1*	*12.4*	*24.3*
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they were limited in any activities because of physical, mental or emotional problems.

Denominator: All respondents, excluding unknowns and refusals.

*** Insufficient sample and/or statistically unreliable estimate**

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Reported Living with a Disability, 2013

Jefferson County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	6,048	21.1	0.3	20.5	21.7
Jefferson County	*53*	*23.5*	*3.4*	*16.9*	*30.1*
Gender					
Men	*19*	*20.1*	*4.7*	*10.8*	*29.4*
Women	*34*	*26.9*	*4.7*	*17.6*	*36.1*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*26*	*27.6*	*5.2*	*17.4*	*37.7*
65 Years and Older	*21*	*34.1*	*6.7*	*20.9*	*47.3*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	*52*	*23.6*	*3.4*	*16.9*	*30.3*
Race					
White	*50*	*22.7*	*3.4*	*16.1*	*29.4*
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*33*	*31.3*	*5.4*	*20.8*	*41.8*
Some College or College Graduate	*20*	*15.6*	*3.9*	*7.9*	*23.3*
Annual Household Income					
Less than $35,000 per Year	*23*	*38.7*	*7.5*	*24.1*	*53.3*
$35,000 or Higher per Year	*22*	*14.2*	*3.4*	*7.7*	*20.8*
Weight Category					
Normal or Underweight (BMI<25)	*23*	*30.2*	*6.3*	*17.8*	*42.7*
Overweight (25<=BMI<30)	*13*	*18.4*	*5.2*	*8.2*	*28.7*
Obese (BMI>=30)	*16*	*20.6*	*5.5*	*9.8*	*31.4*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	*31*	*19.0*	*3.6*	*11.9*	*26.1*
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*48*	*24.7*	*3.6*	*17.6*	*31.8*
Health Insurance Status					
Insured	*46*	*20.3*	*3.2*	*14.1*	*26.5*
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they were limited in any activities because of physical, mental or emotional problems or who reported having a health problem that requires them to use special equipment such as a cane, a wheelchair, a special bed or a special telephone.

Denominator: All respondents, excluding unknowns and refusals.

*** Insufficient sample and/or statistically unreliable estimate**

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Not Participating in the Recommended Level of Physical Activity (Aerobic and/or Strengthening), 2013

Jefferson County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	17,688	82.1	0.3	81.4	82.8
Jefferson County	*155*	*83.6*	*3.1*	*77.6*	*89.7*
Gender					
Men	*64*	*85.6*	*4.4*	*76.9*	*94.3*
Women	*91*	*81.7*	*4.3*	*73.3*	*90.2*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*69*	*80.6*	*4.7*	*71.5*	*89.8*
65 Years and Older	53	95.6	2.1	91.5	99.6
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	*153*	*83.4*	*3.1*	*77.2*	*89.6*
Race					
White	*151*	*84.7*	*3.0*	*78.8*	*90.7*
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*73*	*89.1*	*4.0*	*81.2*	*96.9*
Some College or College Graduate	*82*	*78.7*	*4.6*	*69.7*	*87.8*
Annual Household Income					
Less than $35,000 per Year	*49*	*86.6*	*5.4*	*76.1*	*97.2*
$35,000 or Higher per Year	*87*	*82.0*	*4.0*	*74.1*	*90.0*
Disability Status					
Living with a Disability	*44*	*86.3*	*6.2*	*74.2*	*98.4*
Living without a Disability	*111*	*82.8*	*3.6*	*75.7*	*89.8*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI<25)	*53*	*87.3*	*4.6*	*78.3*	*96.3*
Overweight (25<=BMI<30)	*51*	*76.8*	*6.3*	*64.5*	*89.2*
Obese (BMI>=30)	*46*	*85.2*	*5.5*	*74.5*	*95.9*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*134*	*81.9*	*3.4*	*75.2*	*88.7*
Health Insurance Status					
Insured	*146*	*83.6*	*3.2*	*77.3*	*89.8*
Uninsured	*	*	*	*	*

Numerator: Respondents not participating in the recommended level of physical activity or participating in insufficient recommended level of physical activity for either aerobic or muscle strengthening guidelines.

Denominator: All respondents, excluding unknowns and refusals.
Not participating in the recommended level of physical activity referred to not participating in aerobic and strengthening exercises according to guidelines.
Participating in insufficient level of recommended physical activity referred to participating only in aerobic or only in strengthening exercises according to guidelines.
The aerobic guideline is defined as 150 minutes a week of moderate-intensity aerobic activity, or 75 minutes a week of vigorous-intensity aerobic activity, or an equivalent combination of moderate- and vigorous-intensity aerobic activity.
The strengthening guideline is defined as muscle-strengthening activities that involved all major muscle groups two or more times per week.

*** Insufficient sample and/or statistically unreliable estimate**

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Not Participating in the Recommended Level of Physical Activity (Aerobic and Strengthening), 2013

Jefferson County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	8,900	42.0	0.4	41.2	42.8
Jefferson County	*69*	*37.2*	*4.2*	*28.9*	*45.5*
Gender					
Men	*	*	*	*	*
Women	*37*	*32.4*	*5.2*	*22.1*	*42.7*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*30*	*36.0*	*5.9*	*24.5*	*47.5*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	*68*	*37.3*	*4.3*	*29.0*	*45.7*
Race					
White	*66*	*37.5*	*4.3*	*29.0*	*46.0*
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*29*	*27.7*	*5.4*	*17.0*	*38.4*
Annual Household Income					
Less than $35,000 per Year	*24*	*48.2*	*8.3*	*32.0*	*64.4*
$35,000 or Higher per Year	*33*	*30.3*	*5.2*	*20.0*	*40.5*
Disability Status					
Living with a Disability	*26*	*53.5*	*8.2*	*37.5*	*69.5*
Living without a Disability	*43*	*31.8*	*4.8*	*22.5*	*41.2*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI<25)	*	*	*	*	*
Overweight (25<=BMI<30)	*21*	*32.1*	*6.8*	*18.8*	*45.4*
Obese (BMI>=30)	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*57*	*36.3*	*4.5*	*27.5*	*45.0*
Health Insurance Status					
Insured	*62*	*34.8*	*4.3*	*26.5*	*43.1*
Uninsured	*	*	*	*	*

Numerator: Respondents who did not participate in the recommended level of aerobic and strengthening exercises during the past month.

Denominator: All respondents, excluding unknowns and refusals.
The aerobic guideline is defined as 150 minutes a week of moderate-intensity aerobic activity, or 75 minutes a week of vigorous-intensity aerobic activity, or an equivalent combination of moderate- and vigorous-intensity aerobic activity.
The strengthening guideline is defined as muscle-strengthening activities that involved all major muscle groups two or more times per week.

*** Insufficient sample and/or statistically unreliable estimate**

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Not Participating in Any Physical Activity Other Than Their Regular Job in the Past 30 Days (Leisure Time Physical Activity), 2013

Jefferson County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	6,085	26.5	0.4	25.8	27.3
Jefferson County	*46*	*23.0*	*3.7*	*15.8*	*30.3*
Gender					
Men	*20*	*21.8*	*5.0*	*11.9*	*31.7*
Women	*26*	*24.3*	*5.4*	*13.7*	*34.9*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*21*	*24.6*	*5.1*	*14.6*	*34.6*
65 Years and Older	*18*	*29.8*	*6.7*	*16.8*	*42.9*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	*45*	*23.1*	*3.8*	*15.8*	*30.5*
Race					
White	*44*	*23.2*	*3.8*	*15.7*	*30.7*
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*29*	*32.3*	*6.2*	*20.2*	*44.4*
Some College or College Graduate	*17*	*14.2*	*3.7*	*6.9*	*21.5*
Annual Household Income					
Less than $35,000 per Year	*21*	*35.7*	*7.6*	*20.9*	*50.5*
$35,000 or Higher per Year	*18*	*16.2*	*4.5*	*7.4*	*25.1*
Disability Status					
Living with a Disability	*21*	*40.2*	*8.0*	*24.6*	*55.8*
Living without a Disability	*25*	*17.5*	*4.1*	*9.5*	*25.5*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI<25)	*	*	*	*	*
Overweight (25<=BMI<30)	*17*	*30.6*	*7.7*	*15.5*	*45.6*
Obese (BMI>=30)	*15*	*23.7*	*6.2*	*11.5*	*35.9*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*35*	*19.0*	*3.3*	*12.5*	*25.5*
Health Insurance Status					
Insured	*41*	*20.8*	*3.6*	*13.7*	*27.9*
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they did not participate in any physical activities or exercise, other than their regular job, in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

*** Insufficient sample and/or statistically unreliable estimate**

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Reported Consuming Fruit Less than 1 Time Per Day, 2013

Jefferson County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	8,400	41.7	0.4	40.9	42.6
Jefferson County	*60*	*36.4*	*4.4*	*27.8*	*45.0*
Gender					
Men	*27*	*35.2*	*6.2*	*23.0*	*47.5*
Women	*33*	*37.7*	*6.1*	*25.8*	*49.5*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*30*	*38.0*	*6.0*	*26.3*	*49.7*
65 Years and Older	*13*	*16.8*	*4.7*	*7.6*	*26.1*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	*59*	*35.8*	*4.4*	*27.2*	*44.4*
Race					
White	*58*	*35.7*	*4.4*	*27.0*	*44.4*
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*30*	*37.4*	*6.5*	*24.7*	*50.1*
Some College or College Graduate	*30*	*35.5*	*5.9*	*23.9*	*47.1*
Annual Household Income					
Less than $35,000 per Year	*16*	*28.7*	*7.5*	*13.9*	*43.4*
$35,000 or Higher per Year	*35*	*38.4*	*5.8*	*27.1*	*49.8*
Disability Status					
Living with a Disability	*19*	*46.3*	*8.4*	*29.9*	*62.8*
Living without a Disability	*41*	*33.3*	*5.1*	*23.4*	*43.3*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI<25)	*20*	*37.2*	*7.7*	*22.1*	*52.2*
Overweight (25<=BMI<30)	*17*	*31.8*	*7.8*	*16.6*	*47.0*
Obese (BMI>=30)	*22*	*43.4*	*7.9*	*28.0*	*58.8*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*40*	*31.9*	*4.8*	*22.5*	*41.3*
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*51*	*34.9*	*4.5*	*26.1*	*43.7*
Health Insurance Status					
Insured	*54*	*33.7*	*4.4*	*25.0*	*42.3*
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they consumed fruit less than 1 time per day.

Denominator: All respondents, excluding unknowns and refusals.

*** Insufficient sample and/or statistically unreliable estimate**

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Reported Consuming Vegetables Less than 1 Time Per Day, 2013

Jefferson County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	4,482	22.9	0.4	22.2	23.6
Jefferson County	*27*	*15.8*	*3.2*	*9.5*	*22.0*
Gender					
Men	*	*	*	*	*
Women	*17*	*17.5*	*4.4*	*8.8*	*26.2*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*11*	*17.5*	*5.2*	*7.4*	*27.7*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	*25*	*14.6*	*3.1*	*8.5*	*20.7*
Race					
White	*26*	*15.3*	*3.2*	*9.1*	*21.6*
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*14*	*17.1*	*4.8*	*7.7*	*26.6*
Some College or College Graduate	*13*	*14.5*	*4.2*	*6.2*	*22.8*
Annual Household Income					
Less than $35,000 per Year	*	*	*	*	*
$35,000 or Higher per Year	*14*	*13.5*	*3.9*	*5.9*	*21.0*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*17*	*12.9*	*3.4*	*6.2*	*19.7*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI<25)	*12*	*21.3*	*6.2*	*9.2*	*33.5*
Overweight (25<=BMI<30)	*	*	*	*	*
Obese (BMI>=30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*18*	*14.3*	*3.6*	*7.3*	*21.3*
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*26*	*17.1*	*3.5*	*10.3*	*24.0*
Health Insurance Status					
Insured	*23*	*13.8*	*3.1*	*7.7*	*19.8*
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they consumed vegetables less than 1 time per day.

Denominator: All respondents, excluding unknowns and refusals.

*** Insufficient sample and/or statistically unreliable estimate**

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with No Personal Doctor or Health Care Provider, 2013

Jefferson County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,359	21.5	0.4	20.8	22.3
Jefferson County	*24*	*13.6*	*3.0*	*7.7*	*19.4*
Gender					
Men	*15*	*19.6*	*5.2*	*9.5*	*29.8*
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*12*	*14.8*	*4.3*	*6.4*	*23.2*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	*23*	*13.5*	*3.0*	*7.5*	*19.4*
Race					
White	*24*	*14.1*	*3.1*	*8.0*	*20.2*
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*12*	*16.5*	*4.8*	*7.0*	*26.0*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than $35,000 per Year	*	*	*	*	*
$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*18*	*13.8*	*3.5*	*7.0*	*20.6*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI<25)	*13*	*23.3*	*6.4*	*10.8*	*35.9*
Overweight (25<=BMI<30)	*	*	*	*	*
Obese (BMI>=30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*15*	*12.2*	*3.4*	*5.5*	*18.9*
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*19*	*12.8*	*3.2*	*6.6*	*19.0*
Health Insurance Status					
Insured	*20*	*11.6*	*2.8*	*6.0*	*17.1*
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had no personal doctor or health care provider.

Denominator: All respondents, excluding unknowns and refusals.

*** Insufficient sample and/or statistically unreliable estimate**

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Could Not See a Doctor Because of Cost In the Past 12 Months, 2013

Jefferson County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,570	13.6	0.3	13.0	14.2
Jefferson County	*22*	*12.6*	*3.0*	*6.8*	*18.5*
Gender					
Men	*	*	*	*	*
Women	*14*	*11.9*	*3.5*	*5.0*	*18.7*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*14*	*13.3*	*3.7*	*6.2*	*20.5*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	*22*	*12.9*	*3.0*	*6.9*	*18.8*
Race					
White	*22*	*13.2*	*3.1*	*7.1*	*19.3*
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*15*	*16.2*	*4.7*	*7.0*	*25.5*
Annual Household Income					
Less than $35,000 per Year	*13*	*23.8*	*6.7*	*10.8*	*36.8*
$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI<25)	*	*	*	*	*
Overweight (25<=BMI<30)	*	*	*	*	*
Obese (BMI>=30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	15	8.3	2.4	3.6	12.9
Health Insurance Status					
Insured	*17*	*10.6*	*2.9*	*5.0*	*16.3*
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they could not see a doctor because of cost in the past 12 months.

Denominator: All respondents, excluding unknowns and refusals.

*** Insufficient sample and/or statistically unreliable estimate**

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Fair or Poor Self-Perceived Health Status, 2013

Jefferson County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,911	15.4	0.3	14.8	16.0
Jefferson County	*28*	*13.1*	*2.7*	*7.7*	*18.4*
Gender					
Men	*	*	*	*	*
Women	*17*	*12.8*	*3.3*	*6.3*	*19.3*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*11*	*14.7*	*4.3*	*6.3*	*23.1*
65 Years and Older	*14*	*21.9*	*5.7*	*10.8*	*32.9*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	*27*	*13.0*	*2.7*	*7.6*	*18.3*
Race					
White	*27*	*13.1*	*2.8*	*7.6*	*18.5*
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*20*	*16.5*	*3.9*	*8.8*	*24.1*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than $35,000 per Year	*15*	*28.0*	*7.2*	*13.8*	*42.2*
$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*18*	*35.9*	*7.6*	*21.0*	*50.8*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI<25)	*	*	*	*	*
Overweight (25<=BMI<30)	*	*	*	*	*
Obese (BMI>=30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*15*	*10.3*	*3.0*	*4.4*	*16.3*
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*26*	*15.0*	*3.2*	*8.8*	*21.2*
Health Insurance Status					
Insured	*26*	*13.0*	*2.8*	*7.5*	*18.5*
Uninsured	*	*	*	*	*

Numerator: Respondents who reported that in general their health is fair or poor.

Denominator: All respondents, excluding unknowns and refusals.

*** Insufficient sample and/or statistically unreliable estimate**

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Reported Their Physical Health Was Not Good on 14 or More Days in the Past 30 Days, 2013

Jefferson County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,773	10.5	0.2	10.0	11.0
Jefferson County	*29*	*13.2*	*2.7*	*7.9*	*18.5*
Gender					
Men	*15*	*16.7*	*4.5*	*7.9*	*25.5*
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*15*	*17.2*	*4.5*	*8.3*	*26.1*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	*28*	*13.1*	*2.7*	*7.8*	*18.5*
Race					
White	*27*	*13.0*	*2.8*	*7.6*	*18.4*
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*19*	*19.6*	*4.7*	*10.4*	*28.7*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than $35,000 per Year	*17*	*30.5*	*7.2*	*16.4*	*44.6*
$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*19*	*41.3*	*8.1*	*25.3*	*57.3*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI<25)	*	*	*	*	*
Overweight (25<=BMI<30)	*	*	*	*	*
Obese (BMI>=30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	15	8.6	2.5	3.8	13.4
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*23*	*11.9*	*2.7*	*6.7*	*17.2*
Health Insurance Status					
Insured	*27*	*12.2*	*2.6*	*7.2*	*17.3*
Uninsured	*	*	*	*	*

Numerator: Respondents who reported 14 or more days when their physical health was not good in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

*** Insufficient sample and/or statistically unreliable estimate**

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Reported Their Poor Physical or Mental Health Kept Them From Doing Their Usual Activities, such as Self-care, Work or Recreation in the Past 30 Days, 2013

Jefferson County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	4,563	39.3	0.6	38.1	40.4
Jefferson County	*38*	*30.9*	*5.3*	*20.5*	*41.4*
Gender					
Men	*	*	*	*	*
Women	*24*	*30.5*	*6.9*	*16.9*	*44.0*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	*37*	*31.5*	*5.5*	*20.7*	*42.2*
Race					
White	*36*	*31.9*	*5.6*	*20.8*	*42.9*
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*21*	*28.5*	*7.0*	*14.9*	*42.2*
Annual Household Income					
Less than $35,000 per Year	*	*	*	*	*
$35,000 or Higher per Year	*19*	*24.9*	*6.2*	*12.7*	*37.0*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI<25)	*	*	*	*	*
Overweight (25<=BMI<30)	*	*	*	*	*
Obese (BMI>=30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*23*	*30.3*	*6.6*	*17.3*	*43.2*
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*32*	*34.7*	*6.0*	*22.9*	*46.4*
Health Insurance Status					
Insured	*35*	*30.3*	*5.4*	*19.6*	*40.9*
Uninsured	*	*	*	*	*

Numerator: Respondents who reported one or more days in the past 30 days when their poor physical or mental health kept them from doing their usual activities, such as self-care, work or recreation.

Denominator: Respondents with at least one day in the past 30 days when their physical or mental health was not good, excluding unknowns and refusals.

*** Insufficient sample and/or statistically unreliable estimate**

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Ages 18 Years and Older Who Did Not Get Immunized Against Influenza During the Past 12 Months, 2013

Jefferson County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	11,185	57.8	0.4	57.0	58.6
Jefferson County	*111*	*65.4*	*3.9*	*57.8*	*73.0*
Gender					
Men	*46*	*64.9*	*6.0*	*53.2*	*76.6*
Women	*65*	*65.9*	*5.0*	*56.1*	*75.7*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*53*	*67.4*	*5.4*	*56.9*	*78.0*
65 Years and Older	*26*	*39.2*	*6.9*	*25.8*	*52.7*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	*110*	*66.4*	*3.9*	*58.8*	*73.9*
Race					
White	*109*	*67.4*	*3.8*	*59.9*	*74.9*
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*53*	*69.0*	*5.4*	*58.4*	*79.5*
Some College or College Graduate	*58*	*62.0*	*5.5*	*51.1*	*72.8*
Annual Household Income					
Less than $35,000 per Year	*37*	*68.3*	*6.7*	*55.2*	*81.4*
$35,000 or Higher per Year	*62*	*64.7*	*5.2*	*54.6*	*74.9*
Disability Status					
Living with a Disability	*24*	*54.7*	*8.0*	*39.0*	*70.4*
Living without a Disability	*87*	*68.8*	*4.4*	*60.2*	*77.4*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI<25)	*39*	*70.4*	*5.9*	*58.9*	*81.9*
Overweight (25<=BMI<30)	*36*	*56.8*	*7.4*	*42.3*	*71.2*
Obese (BMI>=30)	*33*	*68.1*	*7.1*	*54.1*	*82.1*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*84*	*65.2*	*4.5*	*56.4*	*73.9*
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*96*	*63.1*	*4.2*	*54.8*	*71.3*
Health Insurance Status					
Insured	*105*	*64.5*	*4.0*	*56.6*	*72.5*
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they did not get a flu shot or flu vaccine sprayed in their nose during the past 12 months.

Denominator: All respondents, excluding unknowns and refusals.

*** Insufficient sample and/or statistically unreliable estimate**

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults 65 Years Old and Older Who Did Not Get Immunized Against Influenza During the Past 12 Months, 2013

Jefferson County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,547	35.2	0.6	33.9	36.4
Jefferson County	*26*	*39.2*	*6.9*	*25.8*	*52.7*
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	*25*	*39.2*	*7.0*	*25.5*	*53.0*
Race					
White	*26*	*40.9*	*7.1*	*27.0*	*54.7*
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than $35,000 per Year	*	*	*	*	*
$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*
Weight Category					
Normal or Underweight (BMI<25)	*	*	*	*	*
Overweight (25<=BMI<30)	*	*	*	*	*
Obese (BMI>=30)	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*25*	*41.1*	*7.2*	*26.9*	*55.2*
Health Insurance Status					
Insured	*26*	*39.5*	*6.9*	*25.9*	*53.1*
Uninsured	*	*	*	*	*

Numerator: Respondents 65 years old and older who reported they did not receive a flu shot or flu vaccine sprayed in their nose during the past 12 months.

Denominator: All respondents 65 years old and older, excluding unknowns and refusals.

*** Insufficient sample and/or statistically unreliable estimate**

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults 65 Years Old and Older Who Never Had Pneumonia Vaccination, 2013

Jefferson County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,063	30.0	0.6	28.7	31.2
Jefferson County	*20*	*34.5*	*7.1*	*20.5*	*48.6*
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	*19*	*34.3*	*7.3*	*20.0*	*48.7*
Race					
White	*20*	*36.1*	*7.4*	*21.7*	*50.5*
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than $35,000 per Year	*	*	*	*	*
$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*
Weight Category					
Normal or Underweight (BMI<25)	*	*	*	*	*
Overweight (25<=BMI<30)	*	*	*	*	*
Obese (BMI>=30)	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*20*	*37.5*	*7.6*	*22.7*	*52.3*
Health Insurance Status					
Insured	*20*	*34.8*	*7.2*	*20.7*	*48.9*
Uninsured	*	*	*	*	*

Numerator: Respondents 65 years old and older who reported they never had a pneumonia vaccination.

Denominator: All respondents 65 years old and older, excluding unknowns and refusals.

*** Insufficient sample and/or statistically unreliable estimate**

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Reported That They Do Not Always Wear a Seatbelt When They Drive or Ride in a Car, 2013

Jefferson County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,359	17.0	0.3	16.3	17.6
Jefferson County	*24*	*16.5*	*3.5*	*9.7*	*23.3*
Gender					
Men	*16*	*26.6*	*6.1*	*14.7*	*38.4*
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	*23*	*15.8*	*3.4*	*9.1*	*22.5*
Race					
White	*23*	*16.2*	*3.5*	*9.3*	*23.0*
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*12*	*14.9*	*4.2*	*6.6*	*23.2*
Annual Household Income					
Less than $35,000 per Year	*	*	*	*	*
$35,000 or Higher per Year	*16*	*20.5*	*5.0*	*10.8*	*30.2*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*16*	*17.9*	*4.3*	*9.5*	*26.3*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI<25)	*	*	*	*	*
Overweight (25<=BMI<30)	*	*	*	*	*
Obese (BMI>=30)	*11*	*28.3*	*7.7*	*13.3*	*43.4*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*17*	*17.1*	*4.2*	*9.0*	*25.3*
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*23*	*17.9*	*3.8*	*10.5*	*25.3*
Health Insurance Status					
Insured	*21*	*16.3*	*3.6*	*9.3*	*23.4*
Uninsured	*	*	*	*	*

Respondents who reported they nearly always, sometimes, seldom or never use a seatbelt when they ride or drive in a car.

Denominator: All respondents, excluding unknowns and refusals.

*** Insufficient sample and/or statistically unreliable estimate**

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Currently Smoke Cigarettes, 2013

Jefferson County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,865	20.0	0.4	19.3	20.7
Jefferson County	*26*	*16.3*	*3.6*	*9.3*	*23.3*
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*13*	*14.1*	*4.1*	*6.1*	*22.2*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	*26*	*16.6*	*3.6*	*9.5*	*23.7*
Race					
White	*26*	*17.0*	*3.7*	*9.8*	*24.3*
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*16*	*21.1*	*5.6*	*10.1*	*32.1*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than $35,000 per Year	*	*	*	*	*
$35,000 or Higher per Year	*14*	*17.5*	*4.9*	*7.8*	*27.2*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*21*	*17.6*	*4.2*	*9.3*	*25.9*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI<25)	*	*	*	*	*
Overweight (25<=BMI<30)	*	*	*	*	*
Obese (BMI>=30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Health Insurance Status					
Insured	*23*	*15.5*	*3.6*	*8.5*	*22.6*
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they have smoked at least 100 cigarettes in their entire life and that they now smoke some days or every day.

Denominator: All respondents, excluding unknowns and refusals.

*** Insufficient sample and/or statistically unreliable estimate**

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Currently Use Any Smokeless Tobacco Products, 2013

Jefferson County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	961	5.5	0.2	5.1	5.9
Jefferson County	*14*	*10.4*	*2.9*	*4.7*	*16.0*
Gender					
Men	*13*	*19.5*	*5.3*	*9.1*	*29.9*
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	*14*	*10.6*	*2.9*	*4.8*	*16.3*
Race					
White	*12*	*10.0*	*2.9*	*4.2*	*15.8*
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than $35,000 per Year	*	*	*	*	*
$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI<25)	*	*	*	*	*
Overweight (25<=BMI<30)	*	*	*	*	*
Obese (BMI>=30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*	*	*	*	*
Health Insurance Status					
Insured	*14*	*11.1*	*3.1*	*5.1*	*17.1*
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they currently use chewing tobacco, snuff or snus (Swedish for snuff) some days or every day.

Denominator: All respondents, excluding unknowns and refusals.

*** Insufficient sample and/or statistically unreliable estimate**

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Men Who Currently Use Any Smokeless Tobacco Products, 2013

Jefferson County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	866	10.4	0.4	9.6	11.2
Jefferson County	*13*	*19.5*	*5.3*	*9.1*	*29.9*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	*13*	*20.0*	*5.4*	*9.4*	*30.7*
Race					
White	*12*	*19.5*	*5.4*	*8.8*	*30.1*
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than $35,000 per Year	*	*	*	*	*
$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*11*	*22.0*	*6.3*	*9.6*	*34.4*
Weight Category					
Normal or Underweight (BMI<25)	*	*	*	*	*
Overweight (25<=BMI<30)	*	*	*	*	*
Obese (BMI>=30)	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*	*	*	*	*
Health Insurance Status					
Insured	*13*	*20.2*	*5.5*	*9.5*	*31.0*
Uninsured	*	*	*	*	*

Numerator: Male respondents who reported they currently use chewing tobacco, snuff or snus (Swedish for snuff) some days or every day.

Denominator: All male respondents, excluding unknowns and refusals.

*** Insufficient sample and/or statistically unreliable estimate**

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Ever Served on Active Duty in the United States Armed Forces, 2013

Jefferson County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,022	12.0	0.3	11.5	12.5
Jefferson County	27	12.4	2.5	7.5	17.3
Gender					
Men	*27*	*24.9*	*4.9*	*15.3*	*34.5*
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*20*	*38.5*	*7.0*	*24.8*	*52.2*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	26	12.3	2.5	7.4	17.3
Race					
White	*27*	*13.0*	*2.6*	*7.9*	*18.1*
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*19*	*19.5*	*4.4*	*10.9*	*28.2*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than $35,000 per Year	*	*	*	*	*
$35,000 or Higher per Year	*13*	*10.7*	*3.1*	*4.6*	*16.8*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*18*	*10.9*	*2.8*	*5.5*	*16.3*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI<25)	*	*	*	*	*
Overweight (25<=BMI<30)	*13*	*17.0*	*4.8*	*7.5*	*26.5*
Obese (BMI>=30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*18*	*11.6*	*2.9*	*5.9*	*17.2*
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*24*	*13.5*	*2.8*	*7.9*	*19.0*
Health Insurance Status					
Insured	*26*	*12.8*	*2.6*	*7.6*	*17.9*
Uninsured	*	*	*	*	*

Numerator: Respondents who reported that they served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit.

Denominator: All respondents, excluding unknowns and refusals.

*** Insufficient sample and/or statistically unreliable estimate**

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Are Obese, 2013

Jefferson County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	6,656	30.0	0.4	29.2	30.7
Jefferson County	*55*	*26.7*	*3.7*	*19.5*	*34.0*
Gender					
Men	*23*	*29.5*	*5.8*	*18.0*	*40.9*
Women	*32*	*23.9*	*4.4*	*15.3*	*32.4*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*31*	*33.4*	*5.5*	*22.6*	*44.2*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	*54*	*26.9*	*3.7*	*19.6*	*34.2*
Race					
White	*54*	*27.5*	*3.8*	*20.0*	*34.9*
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*22*	*21.3*	*4.7*	*12.2*	*30.5*
Some College or College Graduate	*33*	*32.3*	*5.6*	*21.3*	*43.4*
Annual Household Income					
Less than $35,000 per Year	*15*	*29.1*	*7.4*	*14.6*	*43.6*
$35,000 or Higher per Year	*37*	*28.5*	*4.8*	*19.0*	*38.0*
Disability Status					
Living with a Disability	*16*	*23.5*	*6.1*	*11.5*	*35.4*
Living without a Disability	*39*	*27.9*	*4.4*	*19.1*	*36.6*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	*39*	*27.9*	*4.5*	*19.1*	*36.7*
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*53*	*30.6*	*4.2*	*22.5*	*38.8*
Health Insurance Status					
Insured	*52*	*27.0*	*3.8*	*19.5*	*34.6*
Uninsured	*	*	*	*	*

Numerator: Respondents with a body mass index greater than or equal to 30, based on self-reported height and weight.

Denominator: All respondents, excluding unknowns and refusals.

*** Insufficient sample and/or statistically unreliable estimate**

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Are Overweight or Obese, 2013

Jefferson County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	14,533	65.3	0.4	64.5	66.1
Jefferson County	*127*	*61.6*	*4.2*	*53.4*	*69.7*
Gender					
Men	*58*	*65.6*	*6.3*	*53.3*	*77.9*
Women	*69*	*57.3*	*5.5*	*46.5*	*68.1*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*64*	*68.4*	*5.7*	*57.1*	*79.6*
65 Years and Older	*37*	*54.8*	*6.9*	*41.2*	*68.4*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	*125*	*61.4*	*4.2*	*53.1*	*69.6*
Race					
White	*122*	*60.7*	*4.3*	*52.3*	*69.1*
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*57*	*56.6*	*6.0*	*44.8*	*68.4*
Some College or College Graduate	*70*	*66.7*	*5.7*	*55.5*	*78.0*
Annual Household Income					
Less than $35,000 per Year	*40*	*58.9*	*7.7*	*43.7*	*74.0*
$35,000 or Higher per Year	*74*	*64.0*	*5.5*	*53.3*	*74.8*
Disability Status					
Living with a Disability	*29*	*50.9*	*8.1*	*35.0*	*66.8*
Living without a Disability	*98*	*65.1*	*4.8*	*55.7*	*74.5*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	*89*	*57.4*	*5.0*	*47.7*	*67.2*
Does not participate in leisure time physical activity	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*113*	*62.9*	*4.4*	*54.2*	*71.6*
Health Insurance Status					
Insured	*122*	*62.9*	*4.3*	*54.6*	*71.3*
Uninsured	*	*	*	*	*

Numerator: Respondents with a body mass index greater than or equal to 25, based on self-reported height and weight.

Denominator: All respondents, excluding unknowns and refusals.

*** Insufficient sample and/or statistically unreliable estimate**

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Technical Notes

The 2013 BRFSS data for your county/region on 42 health risk indicators, analyzed by various subpopulation groups (e.g. gender, age group, ethnicity, etc.), are included in this report. The indicators are summarized in tables that show:

- Unweighted Frequency: the number of respondents who reported the risk behavior
- Weighted Percentage: the prevalence estimate for the risk behavior within a particular subpopulation group category
- Standard Error: used to compute the 95% confidence limits
- Lower and upper 95% confidence limits

Prevalence estimates vary in precision depending on sample size. One way of describing the precision of an estimate is the margin of error, which is the half-width of the confidence interval. When the sample size is large for a particular subpopulation group, the corresponding margin of error for an estimate is small. When the sample size is small for a particular subpopulation group, the corresponding margin of error for an estimate is large. Large margins of error (i.e. >5) indicate that an estimate may be less precise. Prevalence estimates that have a margin of error >5 are *italicized* in this report and should be interpreted with caution.

To determine whether two weighted percentages are significantly different from one another, the reader must compare the confidence intervals. Confidence intervals which do not overlap indicate a statistically significant difference between the two prevalence estimates while overlapping confidence intervals indicate that two estimates are not statistically different from one another. It is incorrect to say two estimates are different if their confidence limits overlap.

Estimates have been censored with an asterisk ("*") when the sample size was inadequate and/or when the estimates were statistically unreliable. Specifically, estimates were censored when any of the following conditions were met:

- the numerator of the indicator is less than 5
- the denominator of the indicator is less than 50
- the relative standard error (RSE) is 30 percent or higher

RSE is obtained by dividing the standard error of the estimate by the estimate itself, then multiplying that result by 100 to be expressed as a percent.

2011 BRFSS data represent a new baseline for public health surveillance. Due to changes in BRFSS survey methodology, the BRFSS estimates for 2011 and subsequent years cannot be compared to estimates from the years prior to 2011.

For more information on changes to the Kansas BRFSS survey methodology beginning in 2011, please visit: http://www.kdheks.gov/brfss/newmethod.html

For more detailed technical notes on the Kansas BRFSS, please visit: http://www.kdheks.gov/brfss/technotes.html