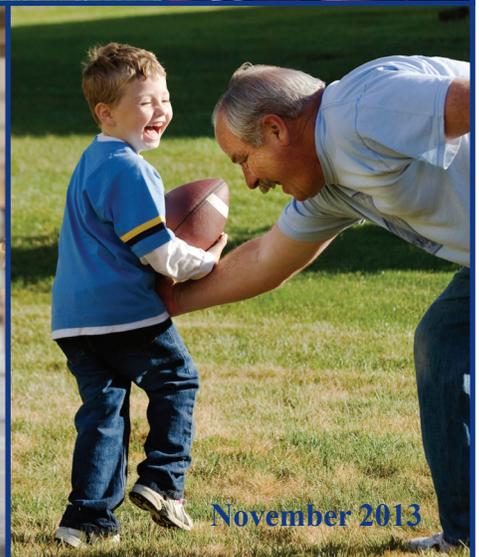


2011 Kansas Behavioral Risk Factor Surveillance System Local Data

Saline County



November 2013

2011 Kansas Behavioral Risk Factor Surveillance System Local Data

State of Kansas
Sam Brownback, Governor

Kansas Department of Health and Environment
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Kansas Department of Health and Environment
Bureau of Health Promotion
November 2013

Kansas Department of Health and Environment (KDHE)

Mission

To protect and improve the health and environment of all Kansans

Vision

Healthy Kansans living in safe and sustainable environments

www.kdheks.gov

Foreword

The Behavioral Risk Factor Surveillance System (BRFSS) is the world's largest, annual population-based telephone survey system, tracking health conditions and risk behaviors in the U.S. It is coordinated by the Centers for Disease Control and Prevention (CDC) and is conducted in every state and several territories.

BRFSS allows us to perform a critical public health function of assessing population health and identifying issues critically important to public health and population health management. BRFSS provides data on a wide range of health issues including information related to access to health care, chronic and infectious diseases, clinical preventive services, environmental quality, infant and child health, injury and violence, maternal health, mental health, nutrition, physical activity, obesity, oral health, reproductive and sexual health, substance abuse and tobacco use.

Prior to 2009, the sample size for the Kansas survey was sufficient to produce state level estimates of health risk behaviors. Beginning in 2009, the Kansas BRFSS was expanded in response to demand from local health officials for local level health risk behavior data for a 10-year project. The survey now collects adequate sample data during odd years (2009, 2011, 2013, 2015 and 2017) to provide local level estimates by county or region for these years.

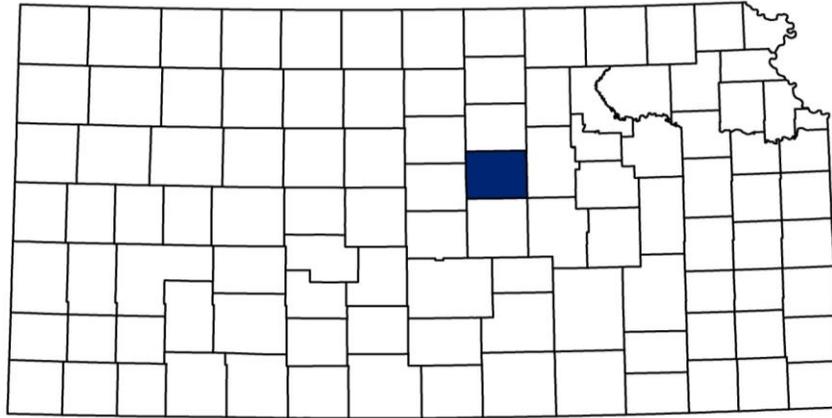
During the 2011 survey year, data were collected from more than 20,000 adult Kansans, providing estimates for 43 of the state's 105 counties and for 16 Public Health Preparedness Regions, with data for 43 health risk indicators analyzed at the county or regional level. By the conclusion of the 10-year project, most of Kansas counties will have county-specific data for use in estimating trends in selected health indicators from 2011 forward. Data from 2011 onward cannot be compared to previous years as the BRFSS data collection and analysis methods changed beginning in 2011.

BRFSS data help public health professionals measure Kansans health behaviors, conditions and concerns at the state and the local level. These data are important when we consider where to focus our public health efforts and to help us emphasize the benefits of prevention.

Sincerely,



Robert Moser, MD
Secretary and State Health Officer
Kansas Department of Health and Environment



Saline County

Kansas Behavioral Risk Factor Surveillance System – Local Data, 2011 can also be accessed at <http://www.kdheks.gov/brfss/>

If you have any questions about survey methodology or need assistance interpreting the data, please contact:

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Percentage of Adults Who Are Binge Drinkers, 2011

Saline County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,281	17.0	0.4	16.2	17.8
Saline County	38	14.4	2.8	9.0	19.8
Gender					
Men	22	19.8	4.9	10.3	29.3
Women	16	9.4	2.6	4.4	14.5
Age Group					
18 to 44 Years	15	22.2	5.7	11.0	33.3
45 to 64 Years	21	11.3	2.5	6.3	16.2
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	35	13.3	2.5	8.3	18.2
Race					
White	36	13.6	2.5	8.6	18.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	25	13.7	3.1	7.6	19.8
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	25	20.3	4.6	11.3	29.3
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	34	17.1	3.4	10.4	23.8

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	19	23.7	6.5	11.0	36.5
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	30	16.3	3.5	9.5	23.1
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	31	14.7	3.1	8.6	20.9
Smoking Status					
Current smoker	14	23.8	6.5	11.1	36.5
Non-smoker	24	11.6	3.0	5.7	17.5
Health Insurance Status					
Insured	34	14.9	3.1	8.8	20.9
Uninsured	*	*	*	*	*

Numerator: Male respondents having five or more drinks on one occasion in the past 30 days or female respondents having four or more drinks on one occasion in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Reported Heavy Alcohol Consumption in the Past 30 Days, 2011

Saline County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	823	5.4	0.2	5.0	5.9
Saline County	14	2.7	0.8	1.2	4.3
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	14	3.0	0.9	1.3	4.7
Race					
White	14	3.0	0.9	1.3	4.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	13	3.4	1.0	1.4	5.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*	*	*	*	*
Health Insurance Status					
Insured	*	*	*	*	*
Uninsured	*	*	*	*	*

Numerator: Male respondents who reported consuming an average of more than two drinks per day and female respondents who reported consuming an average of more than one drink per day during the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Percentage of Adults with Doctor Diagnosed Arthritis, 2011

Saline County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	6,493	23.1	0.3	22.4	23.8
Saline County	146	24.1	2.5	19.2	29.0
Gender					
Men	54	21.1	3.4	14.5	27.7
Women	92	26.9	3.6	19.8	34.1
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	58	26.6	3.4	19.9	33.3
65 Years and Older	80	56.0	4.5	47.2	64.9
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	144	26.0	2.7	20.8	31.2
Race					
White	138	25.5	2.7	20.2	30.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	60	28.0	4.6	18.9	37.1
Some College or College Graduate	86	21.3	2.7	15.9	26.6
Annual Household Income					
Less than \$35,000 per Year	68	30.6	4.6	21.5	39.6
\$35,000 or Higher per Year	54	18.1	2.9	12.4	23.7
Disability Status					
Living with a Disability	70	54.3	5.8	42.9	65.8
Living without a Disability	69	14.0	2.0	10.0	18.0

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	38	19.0	4.2	10.9	27.2
Overweight (25 ≤ BMI < 30)	50	20.9	3.5	14.1	27.8
Obese (BMI ≥ 30)	53	36.1	5.5	25.3	46.9
Leisure Time Physical Activity					
Participates in leisure time physical activity	91	19.2	2.5	14.2	24.1
Does not participate in leisure time physical activity	49	37.0	5.9	25.3	48.6
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	25	34.3	6.7	21.2	47.4
Did Not Meet Both Aerobic and Strengthening Guidelines	113	22.8	2.8	17.4	28.2
Smoking Status					
Current smoker	29	24.8	6.1	12.9	36.8
Non-smoker	117	23.9	2.7	18.7	29.1
Health Insurance Status					
Insured	139	27.4	2.9	21.7	33.1
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor or other health professional that they have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Doctor Diagnosed Arthritis Who Are Limited in Their Usual Activities Because of Arthritis or Joint Symptoms, 2011

Saline County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,150	48.8	0.8	47.3	50.4
Saline County	55	41.5	5.6	30.5	52.6
Gender					
Men	13	31.6	8.6	14.8	48.4
Women	42	48.3	7.3	34.0	62.6
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	18	33.5	7.2	19.5	47.6
65 Years and Older	34	39.2	6.1	27.2	51.2
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	55	42.4	5.7	31.2	53.6
Race					
White	53	41.5	5.8	30.1	52.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	22	53.1	9.0	35.6	70.7
Some College or College Graduate	33	31.5	5.4	20.8	42.1
Annual Household Income					
Less than \$35,000 per Year	29	48.5	8.8	31.3	65.7
\$35,000 or Higher per Year	15	26.0	6.6	13.0	38.9
Disability Status					
Living with a Disability	41	66.4	6.7	53.2	79.6
Living without a Disability	13	12.5	3.6	5.4	19.5

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI <30)	16	27.0	6.9	13.5	40.5
Obese (BMI ≥ 30)	24	56.4	9.1	38.6	74.2
Leisure Time Physical Activity					
Participates in leisure time physical activity	36	42.1	6.6	29.2	55.0
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	48	46.6	6.4	34.1	59.1
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	43	34.7	5.2	24.5	44.9
Health Insurance Status					
Insured	53	42.4	5.8	31.0	53.8
Uninsured	*	*	*	*	*

Numerator: Respondents who reported any limitation in their usual activities because of arthritis or joint symptoms.

Denominator: Respondents with doctor, nurse or other health professional diagnosed arthritis, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Current Asthma, 2011

Saline County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,709	8.8	0.3	8.2	9.3
Saline County	41	10.8	2.3	6.3	15.3
Gender					
Men	*	*	*	*	*
Women	29	14.0	3.8	6.6	21.5
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	15	7.0	2.0	3.1	11.0
65 Years and Older	15	9.5	2.7	4.2	14.8
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	40	10.3	2.1	6.2	14.4
Race					
White	38	11.5	2.5	6.5	16.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	21	13.0	3.7	5.7	20.3
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	22	14.8	4.1	6.8	22.8
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	25	24.9	5.8	13.6	36.2
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	33	9.7	2.6	4.7	14.7
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	30	9.8	2.5	4.9	14.8
Health Insurance Status					
Insured	36	10.6	2.5	5.6	15.5
Uninsured	*	*	*	*	*

Numerator: Respondents reporting they had been told by a doctor, nurse, or other health professional that they had asthma and that they currently have asthma.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Have Been Diagnosed With Cancer (Excluding Skin Cancer), 2011

Saline County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,108	6.9	0.2	6.5	7.2
Saline County	39	6.0	1.1	3.8	8.2
Gender					
Men	*	*	*	*	*
Women	26	7.4	1.8	3.9	10.8
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	25	15.2	3.7	9.1	21.2
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	38	6.4	1.2	4.0	8.8
Race					
White	35	6.3	1.2	3.8	8.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	17	5.3	1.5	2.4	8.2
Some College or College Graduate	22	6.5	1.6	3.3	9.6
Annual Household Income					
Less than \$35,000 per Year	20	7.9	2.1	3.7	12.1
\$35,000 or Higher per Year	16	5.8	1.6	2.7	9.0
Disability Status					
Living with a Disability	19	9.7	2.5	4.9	14.5
Living without a Disability	19	4.8	1.3	2.3	7.3

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	25	5.0	1.2	2.6	7.3
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	30	5.9	1.3	3.5	8.4
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	33	6.5	1.3	3.9	9.0
Health Insurance Status					
Insured	37	6.5	1.3	4.0	9.0
Uninsured	*	*	*	*	*

Numerator: Respondents reporting they had been told by a doctor, nurse, or other health professional that they had cancer (excluding skin cancer).

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Have Been Diagnosed With Skin Cancer, 2011

Saline County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,950	6.2	0.2	5.9	6.5
Saline County	37	5.6	1.1	3.5	7.7
Gender					
Men	19	6.6	1.7	3.3	9.9
Women	18	4.5	1.4	1.9	7.2
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	14	6.6	1.9	2.9	10.4
65 Years and Older	22	14.3	3.1	8.2	20.3
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	37	6.1	1.2	3.8	8.5
Race					
White	37	6.3	1.2	3.9	8.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	25	6.1	1.5	3.3	9.0
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	17	5.6	1.5	2.6	8.6
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	23	4.6	1.1	2.4	6.8

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI <30)	18	6.9	1.8	3.3	10.5
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	28	5.8	1.3	3.3	8.4
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	28	5.3	1.2	3.0	7.7
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	34	7.0	1.4	4.2	9.7
Health Insurance Status					
Insured	36	6.5	1.3	4.0	9.0
Uninsured	*	*	*	*	*

Numerator: Respondents reporting they had been told by a doctor, nurse, or other health professional that they had skin cancer.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Have Not Checked Cholesterol Within Five Years
Among Those Who Have Ever Had Cholesterol Checked, 2011**

Saline County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,379	27.1	0.5	26.2	28.0
Saline County	56	25.3	3.8	17.8	32.7
Gender					
Men	25	24.6	5.2	14.3	34.9
Women	31	25.9	5.5	15.1	36.6
Age Group					
18 to 44 Years	26	45.8	7.4	31.4	60.3
45 to 64 Years	23	13.3	3.0	7.4	19.2
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	53	23.8	3.8	16.4	31.3
Race					
White	51	24.2	3.9	16.5	31.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	28	29.7	5.9	18.1	41.3
Some College or College Graduate	28	22.0	5.0	12.2	31.9
Annual Household Income					
Less than \$35,000 per Year	31	33.8	5.8	22.5	45.2
\$35,000 or Higher per Year	16	14.8	4.3	6.4	23.3
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	44	29.2	4.8	19.9	38.6

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	20	31.4	8.3	15.0	47.8
Overweight (25 ≤ BMI < 30)	21	26.3	6.1	14.5	38.2
Obese (BMI ≥ 30)	12	18.8	5.4	8.2	29.3
Leisure Time Physical Activity					
Participates in leisure time physical activity	38	26.2	4.7	17.0	35.4
Does not participate in leisure time physical activity	17	23.1	6.0	11.4	34.9
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	48	27.1	4.3	18.7	35.6
Smoking Status					
Current smoker	15	29.0	7.6	14.1	43.8
Non-smoker	41	24.1	4.4	15.4	32.8
Health Insurance Status					
Insured	40	19.8	4.0	11.9	27.7
Uninsured	*	*	*	*	*

Numerator: Respondents reporting they had not checked their blood cholesterol in the past five years.

Denominator: Respondents who ever had their blood cholesterol checked, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Tested and Diagnosed with High Cholesterol, 2011

Saline County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	7,660	38.4	0.5	37.5	39.3
Saline County	165	38.7	3.2	32.3	45.0
Gender					
Men	62	38.3	5.0	28.4	48.1
Women	103	39.1	4.2	30.9	47.2
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	79	45.0	4.2	36.6	53.3
65 Years and Older	78	56.9	4.6	47.8	66.0
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	161	40.1	3.3	33.7	46.6
Race					
White	156	39.9	3.4	33.3	46.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	61	42.3	6.1	30.3	54.2
Some College or College Graduate	104	36.5	3.7	29.2	43.9
Annual Household Income					
Less than \$35,000 per Year	71	41.9	5.6	31.0	52.7
\$35,000 or Higher per Year	73	34.1	4.3	25.6	42.5
Disability Status					
Living with a Disability	70	59.1	6.4	46.5	71.7
Living without a Disability	89	30.9	3.6	23.8	38.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	40	32.0	5.2	21.7	42.2
Overweight (25 ≤ BMI <30)	60	41.3	5.6	30.2	52.3
Obese (BMI ≥ 30)	58	45.6	5.9	34.0	57.1
Leisure Time Physical Activity					
Participates in leisure time physical activity	104	32.0	3.5	25.1	38.8
Does not participate in leisure time physical activity	55	59.4	7.0	45.7	73.0
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	18	26.0	6.2	13.7	38.2
Did Not Meet Both Aerobic and Strengthening Guidelines	140	42.8	3.8	35.4	50.3
Smoking Status					
Current smoker	32	38.9	8.1	23.0	54.7
Non-smoker	132	38.7	3.4	31.9	45.4
Health Insurance Status					
Insured	155	40.2	3.4	33.6	46.9
Uninsured	*	*	*	*	*

Numerator: Respondents reporting they had been told by a doctor, nurse, or other health professional that they have high blood cholesterol.

Denominator: Respondents who had ever had their blood cholesterol checked, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Had Chronic Obstructive Pulmonary Disease
(COPD), Emphysema or Chronic Bronchitis, 2011**

Saline County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,658	6.6	0.2	6.2	7.0
Saline County	29	6.3	1.7	3.0	9.5
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	13	9.1	2.7	3.8	14.5
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	29	6.9	1.8	3.4	10.4
Race					
White	27	6.5	1.8	3.0	10.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI <30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	25	6.7	2.0	2.8	10.6
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*	*	*	*	*
Health Insurance Status					
Insured	24	5.9	1.7	2.5	9.2
Uninsured	*	*	*	*	*

Numerator: Respondents reporting they had been told by a doctor, nurse, or other health professional that they had chronic obstructive pulmonary disease (COPD), emphysema or chronic bronchitis.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Were EVER Diagnosed with a Depressive Disorder,
2011**

Saline County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,360	15.9	0.3	15.2	16.5
Saline County	72	16.6	2.4	11.9	21.3
Gender					
Men	24	15.7	3.5	8.8	22.7
Women	48	17.4	3.2	11.1	23.8
Age Group					
18 to 44 Years	16	17.3	4.6	8.4	26.3
45 to 64 Years	39	18.6	3.0	12.6	24.5
65 Years and Older	17	11.2	2.9	5.4	16.9
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	69	17.2	2.5	12.3	22.2
Race					
White	68	17.6	2.6	12.5	22.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	30	19.6	4.4	11.0	28.2
Some College or College Graduate	42	14.4	2.6	9.3	19.5
Annual Household Income					
Less than \$35,000 per Year	41	24.7	4.6	15.7	33.8
\$35,000 or Higher per Year	23	10.9	2.6	5.8	16.0
Disability Status					
Living with a Disability	30	31.3	6.2	19.3	43.4
Living without a Disability	40	12.4	2.3	7.9	17.0

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	26	15.0	3.5	8.2	21.8
Obese (BMI ≥ 30)	26	26.2	5.6	15.3	37.1
Leisure Time Physical Activity					
Participates in leisure time physical activity	45	13.1	2.4	8.3	17.9
Does not participate in leisure time physical activity	26	28.7	6.1	16.8	40.6
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	62	17.4	2.8	12.0	22.9
Smoking Status					
Current smoker	23	29.8	6.9	16.3	43.3
Non-smoker	48	12.2	2.1	8.1	16.2
Health Insurance Status					
Insured	60	15.5	2.5	10.7	20.4
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse, or other health professional that they have a depressive disorder (including depression, major depression, dysthymia, or minor depression).

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Diagnosed Diabetes, 2011

Saline County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,584	9.5	0.2	9.1	10.0
Saline County	60	10.0	1.5	7.0	12.9
Gender					
Men	30	10.4	2.1	6.2	14.6
Women	30	9.5	2.1	5.3	13.7
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	36	16.2	2.8	10.7	21.7
65 Years and Older	20	13.2	3.0	7.3	19.1
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	59	10.8	1.6	7.6	14.0
Race					
White	58	10.7	1.7	7.5	13.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	46	11.7	2.0	7.8	15.5
Annual Household Income					
Less than \$35,000 per Year	25	11.3	2.7	5.9	16.6
\$35,000 or Higher per Year	32	11.1	2.2	6.7	15.5
Disability Status					
Living with a Disability	32	20.9	4.1	12.9	28.9
Living without a Disability	26	6.7	1.5	3.7	9.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI <30)	*	*	*	*	*
Obese (BMI ≥ 30)	33	20.9	4.0	13.1	28.6
Leisure Time Physical Activity					
Participates in leisure time physical activity	36	8.2	1.6	5.1	11.3
Does not participate in leisure time physical activity	23	15.9	3.9	8.4	23.5
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	56	11.6	1.8	8.0	15.2
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	44	9.2	1.6	6.1	12.3
Health Insurance Status					
Insured	55	10.9	1.7	7.5	14.2
Uninsured	*	*	*	*	*

Numerator: Respondents reporting they had been told by a doctor they had diabetes, excluding females told only during pregnancy and pre-diabetes or borderline diabetes.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Activity Limitations Due to Physical,
Mental, or Emotional Problems, 2011**

Saline County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	5,714	23.0	0.4	22.3	23.7
Saline County	115	21.5	2.5	16.5	26.5
Gender					
Men	44	20.6	3.6	13.5	27.7
Women	71	22.4	3.5	15.4	29.3
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	46	22.2	3.4	15.6	28.9
65 Years and Older	57	38.5	4.5	29.7	47.3
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	113	23.4	2.7	18.1	28.8
Race					
White	108	22.7	2.7	17.3	28.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	52	27.7	4.9	18.1	37.2
Some College or College Graduate	63	17.1	2.6	12.1	22.2
Annual Household Income					
Less than \$35,000 per Year	63	33.3	5.0	23.5	43.2
\$35,000 or Higher per Year	34	12.8	2.5	8.0	17.7
Weight Category					
Normal or Underweight (BMI < 25)	28	16.3	4.2	8.0	24.7
Overweight (25 ≤ BMI < 30)	42	21.6	4.0	13.8	29.5
Obese (BMI ≥ 30)	41	29.6	5.4	19.1	40.2

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	<i>63</i>	<i>16.3</i>	<i>2.6</i>	<i>11.3</i>	<i>21.3</i>
Does not participate in leisure time physical activity	<i>51</i>	<i>37.5</i>	<i>6.0</i>	<i>25.7</i>	<i>49.3</i>
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	<i>101</i>	<i>23.1</i>	<i>2.9</i>	<i>17.4</i>	<i>28.8</i>
Smoking Status					
Current smoker	<i>30</i>	<i>32.1</i>	<i>7.0</i>	<i>18.4</i>	<i>45.7</i>
Non-smoker	<i>85</i>	<i>18.2</i>	<i>2.4</i>	<i>13.4</i>	<i>22.9</i>
Health Insurance Status					
Insured	<i>106</i>	<i>22.4</i>	<i>2.8</i>	<i>17.0</i>	<i>27.8</i>
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they were limited in any activities because of physical, mental, or emotional problems.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Reported Living with a Disability , 2011

Saline County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	6,179	24.5	0.4	23.7	25.2
Saline County	128	23.2	2.6	18.1	28.3
Gender					
Men	48	21.8	3.7	14.5	29.0
Women	80	24.5	3.6	17.4	31.7
Age Group					
18 to 44 Years	13	14.5	4.3	6.1	22.9
45 to 64 Years	48	23.1	3.4	16.3	29.8
65 Years and Older	67	44.4	4.6	35.4	53.3
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	126	25.3	2.8	19.8	30.7
Race					
White	121	24.6	2.8	19.1	30.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	61	30.3	5.0	20.5	40.1
Some College or College Graduate	67	18.2	2.6	13.0	23.3
Annual Household Income					
Less than \$35,000 per Year	68	35.1	5.1	25.1	45.1
\$35,000 or Higher per Year	37	13.5	2.5	8.6	18.4
Weight Category					
Normal or Underweight (BMI <25)	32	18.2	4.4	9.6	26.9
Overweight (25 ≤ BMI < 30)	50	24.5	4.2	16.4	32.7
Obese (BMI ≥ 30)	42	29.8	5.4	19.3	40.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	73	18.0	2.6	12.8	23.1
Does not participate in leisure time physical activity	54	39.3	6.0	27.4	51.1
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	15	21.0	5.6	10.0	32.0
Did Not Meet Both Aerobic and Strengthening Guidelines	110	24.5	3.0	18.7	30.3
Smoking Status					
Current smoker	32	34.0	7.1	20.1	47.8
Non-smoker	96	19.8	2.5	14.9	24.7
Health Insurance Status					
Insured	118	24.2	2.8	18.7	29.8
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they were limited in any activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment such as a cane, a wheelchair, a special bed, or a special telephone.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Not Doing Enough Physical Activity To Meet Both The
Aerobic AND Strengthening Exercise Recommendations, 2011**

Saline County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	16,604	83.5	0.4	82.7	84.2
Saline County	342	86.8	2.0	83.0	90.6
Gender					
Men	137	85.6	3.3	79.2	92.0
Women	205	87.9	2.3	83.4	92.4
Age Group					
18 to 44 Years	59	88.9	3.4	82.3	95.5
45 to 64 Years	166	87.0	2.7	81.7	92.3
65 Years and Older	117	81.6	3.7	74.3	88.9
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	328	86.5	2.0	82.6	90.5
Race					
White	321	86.4	2.1	82.4	90.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	126	91.6	2.6	86.6	96.6
Some College or College Graduate	216	83.7	2.7	78.3	89.1
Annual Household Income					
Less than \$35,000 per Year	140	89.5	3.0	83.5	95.5
\$35,000 or Higher per Year	157	83.3	3.1	77.3	89.3
Disability Status					
Living with a Disability	110	88.5	3.2	82.1	94.8
Living without a Disability	231	86.3	2.4	81.6	90.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	105	87.0	3.4	80.3	93.7
Overweight (25 ≤ BMI < 30)	118	82.4	3.8	74.9	89.8
Obese (BMI ≥ 30)	103	89.6	3.3	83.0	96.1
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	272	84.8	2.3	80.2	89.4
Health Insurance Status					
Insured	306	86.7	2.1	82.7	90.7
Uninsured	*	*	*	*	*

Numerator: Respondents who did not meet both aerobic and strengthening physical activity guidelines.

The aerobic guideline is defined as 150 minutes a week of moderate-intensity aerobic activity, or 75 minutes a week of vigorous-intensity aerobic activity, or an equivalent combination of moderate- and vigorous-intensity aerobic activity.

The strengthening guideline is defined as muscle-strengthening activities that involved all major muscle groups two or more times per week.

Meeting the physical activity guideline is defined as meeting both aerobic and strengthening guidelines.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Not Doing Enough Physical Activity To Meet EITHER
Aerobic OR Strengthening Guideline, 2011**

Saline County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	8,956	45.3	0.5	44.4	46.2
Saline County	*	*	*	*	*
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	*	*	*	*	*
Race					
White	*	*	*	*	*
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*	*	*	*	*
Health Insurance Status					
Insured	*	*	*	*	*
Uninsured	*	*	*	*	*

Numerator: Respondents who did not meet either aerobic or strengthening physical activity guidelines. The aerobic guideline is defined as 150 minutes a week of moderate-intensity aerobic activity, or 75 minutes a week of vigorous-intensity aerobic activity, or an equivalent combination of moderate- and vigorous-intensity aerobic activity.

The strengthening guideline is defined as muscle-strengthening activities that involved all major muscle groups two or more times per week.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Not Participating in Any Physical Activity (Leisure Time Physical Activity) Other Than Their Regular Job in the Past 30 Days, 2011

Saline County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	5,740	26.8	0.4	26.0	27.6
Saline County	116	23.8	2.8	18.4	29.2
Gender					
Men	46	24.0	4.1	15.9	32.1
Women	70	23.6	3.7	16.4	30.8
Age Group					
18 to 44 Years	12	16.8	4.8	7.4	26.1
45 to 64 Years	53	25.4	3.5	18.5	32.3
65 Years and Older	51	37.7	4.6	28.7	46.6
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	107	22.9	2.7	17.6	28.2
Race					
White	105	22.9	2.8	17.5	28.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	66	35.9	5.3	25.4	46.3
Some College or College Graduate	50	15.2	2.8	9.8	20.6
Annual Household Income					
Less than \$35,000 per Year	65	35.3	5.2	25.2	45.4
\$35,000 or Higher per Year	36	15.0	2.9	9.4	20.6
Disability Status					
Living with a Disability	54	40.5	5.9	29.0	52.0
Living without a Disability	62	18.8	2.9	13.1	24.5

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	36	22.3	4.9	12.7	31.9
Overweight (25 ≤ BMI <30)	42	23.0	4.2	14.9	31.2
Obese (BMI ≥ 30)	35	29.9	5.8	18.5	41.3
Smoking Status					
Current smoker	29	27.1	6.6	14.2	40.0
Non-smoker	85	22.4	2.9	16.6	28.2
Health Insurance Status					
Insured	100	23.4	2.9	17.6	29.1
Uninsured	*	*	*	*	*

Numerator: Respondents reporting they did not participate in any physical activities or exercise, other than their regular job, in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Consuming Fruit Less than 1 Time Per Day,
2011**

Saline County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	7,375	41.4	0.5	40.5	42.4
Saline County	164	44.7	3.6	37.7	51.8
Gender					
Men	78	47.0	5.3	36.5	57.5
Women	86	42.6	4.8	33.1	52.0
Age Group					
18 to 44 Years	33	46.2	6.9	32.6	59.7
45 to 64 Years	83	46.5	4.1	38.5	54.5
65 Years and Older	48	38.0	4.7	28.8	47.1
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	156	45.2	3.6	38.2	52.3
Race					
White	154	45.8	3.7	38.6	53.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	69	55.6	6.0	43.9	67.3
Some College or College Graduate	95	36.9	4.2	28.7	45.1
Annual Household Income					
Less than \$35,000 per Year	68	55.2	5.4	44.6	65.9
\$35,000 or Higher per Year	74	38.4	4.9	28.7	48.1
Disability Status					
Living with a Disability	51	52.5	5.8	41.1	63.9
Living without a Disability	112	42.2	4.3	33.8	50.6

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	54	41.0	6.6	28.1	54.0
Overweight (25 ≤ BMI <30)	57	46.8	5.9	35.4	58.3
Obese (BMI ≥ 30)	43	39.5	6.0	27.8	51.3
Leisure Time Physical Activity					
Participates in leisure time physical activity	100	39.0	4.2	30.7	47.2
Does not participate in leisure time physical activity	62	62.1	5.7	50.9	73.3
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	15	24.8	6.3	12.4	37.1
Did Not Meet Both Aerobic and Strengthening Guidelines	142	46.5	4.0	38.7	54.3
Smoking Status					
Current smoker	40	57.2	7.7	42.1	72.3
Non-smoker	123	40.5	3.9	32.8	48.2
Health Insurance Status					
Insured	144	43.2	3.8	35.6	50.7
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they consumed fruit less than 1 time per day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Consuming Vegetables Less than 1 Time
Per Day, 2011**

Saline County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,908	22.3	0.4	21.4	23.1
Saline County	89	31.2	3.9	23.6	38.7
Gender					
Men	50	36.2	5.5	25.5	46.9
Women	39	26.4	5.5	15.5	37.2
Age Group					
18 to 44 Years	22	39.6	7.2	25.5	53.7
45 to 64 Years	36	22.2	3.7	14.9	29.4
65 Years and Older	31	27.4	4.5	18.5	36.2
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	79	27.4	3.7	20.1	34.7
Race					
White	84	30.8	3.9	23.2	38.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	37	36.0	6.3	23.8	48.3
Some College or College Graduate	52	27.8	4.9	18.2	37.4
Annual Household Income					
Less than \$35,000 per Year	40	35.0	5.9	23.4	46.6
\$35,000 or Higher per Year	37	26.4	5.0	16.6	36.3
Disability Status					
Living with a Disability	27	34.6	6.4	22.1	47.2
Living without a Disability	62	30.2	4.6	21.1	39.2

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	23	34.1	8.3	17.8	50.4
Overweight (25 ≤ BMI < 30)	36	28.2	5.4	17.6	38.8
Obese (BMI ≥ 30)	25	26.5	5.8	15.1	37.9
Leisure Time Physical Activity					
Participates in leisure time physical activity	55	28.4	4.7	19.2	37.6
Does not participate in leisure time physical activity	34	40.3	6.5	27.6	53.1
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	74	32.0	4.3	23.6	40.5
Smoking Status					
Current smoker	23	37.1	8.0	21.3	52.8
Non-smoker	65	29.0	4.4	20.4	37.7
Health Insurance Status					
Insured	74	29.0	4.1	20.9	37.1
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they consumed vegetables less than 1 time per day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Lack Health Care Coverage, 2011

Saline County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,212	16.7	0.4	15.9	17.5
Saline County	43	15.4	2.7	10.0	20.8
Gender					
Men	20	18.1	4.6	9.1	27.1
Women	23	12.9	3.0	6.9	18.8
Age Group					
18 to 44 Years	17	23.9	5.6	12.9	34.8
45 to 64 Years	25	12.9	2.8	7.4	18.4
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	39	14.5	2.7	9.2	19.7
Race					
White	39	15.3	2.8	9.9	20.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	16	19.2	5.2	8.9	29.4
Some College or College Graduate	27	12.7	2.7	7.3	18.1
Annual Household Income					
Less than \$35,000 per Year	32	32.5	5.7	21.3	43.7
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	33	16.5	3.4	9.9	23.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	18	16.6	4.8	7.2	26.1
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	26	14.8	3.3	8.3	21.2
Does not participate in leisure time physical activity	16	17.4	5.1	7.4	27.4
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	36	14.6	2.9	9.0	20.2
Smoking Status					
Current smoker	21	35.8	7.7	20.8	50.8
Non-smoker	21	8.5	2.2	4.3	12.8

Numerator: Respondents reporting they had no health care coverage.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Ages 18 to 64 Years Old Who Lack Health Care Coverage,
2011**

Saline County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,123	20.1	0.5	19.2	21.0
Saline County	42	19.0	3.4	12.4	25.6
Gender					
Men	20	21.7	5.4	11.1	32.3
Women	22	16.3	3.9	8.7	23.9
Age Group					
18 to 44 Years	17	23.9	5.6	12.9	34.8
45 to 64 Years	25	12.9	2.8	7.4	18.4
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	38	18.2	3.3	11.7	24.7
Race					
White	38	19.1	3.4	12.4	25.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	15	24.6	6.6	11.7	37.6
Some College or College Graduate	27	15.3	3.3	8.8	21.7
Annual Household Income					
Less than \$35,000 per Year	31	43.7	7.1	29.7	57.7
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	33	19.2	3.9	11.5	26.8

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	17	20.0	5.7	8.7	31.3
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	26	17.5	3.9	9.9	25.1
Does not participate in leisure time physical activity	15	24.8	7.1	10.8	38.7
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	35	17.8	3.5	11.0	24.7
Smoking Status					
Current smoker	21	38.3	8.1	22.4	54.1
Non-smoker	20	11.0	2.8	5.5	16.5

Numerator: Respondents ages 18-64 years old reporting they had no health care coverage.

Denominator: All respondents ages 18-64 years old, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with No Personal Doctor or Health Care Provider, 2011

Saline County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,606	19.7	0.4	18.9	20.6
Saline County	44	18.0	3.1	11.9	24.1
Gender					
Men	25	25.3	5.3	14.9	35.7
Women	19	11.0	2.8	5.5	16.6
Age Group					
18 to 44 Years	21	31.1	6.3	18.8	43.4
45 to 64 Years	20	10.2	2.5	5.3	15.2
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	40	17.1	3.1	11.0	23.1
Race					
White	40	17.0	3.0	11.0	23.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	19	24.1	5.8	12.7	35.4
Some College or College Graduate	25	13.7	3.1	7.6	19.8
Annual Household Income					
Less than \$35,000 per Year	23	26.3	5.6	15.3	37.3
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	34	20.1	3.9	12.5	27.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	16	25.3	6.1	13.3	37.3
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	27	18.9	3.9	11.3	26.6
Does not participate in leisure time physical activity	15	16.3	4.8	6.9	25.7
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	31	16.3	3.4	9.7	22.9
Smoking Status					
Current smoker	15	27.6	7.5	12.9	42.2
Non-smoker	29	14.9	3.2	8.6	21.2
Health Insurance Status					
Insured	21	9.6	2.7	4.4	14.8
Uninsured	*	*	*	*	*

Numerator: Respondents reporting they had no personal doctor or health care provider.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Could Not See Doctor Because of Cost In the Past 12 Months, 2011

Saline County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,334	14.3	0.3	13.7	15.0
Saline County	44	10.3	1.8	6.7	13.9
Gender					
Men	15	8.8	2.6	3.8	13.9
Women	29	11.8	2.6	6.7	16.9
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	29	13.5	2.7	8.3	18.7
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	42	10.7	1.9	6.9	14.5
Race					
White	42	11.3	2.0	7.3	15.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	31	11.4	2.4	6.7	16.1
Annual Household Income					
Less than \$35,000 per Year	27	17.3	3.8	9.9	24.7
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	19	18.6	4.7	9.4	27.7
Living without a Disability	24	7.6	1.8	4.0	11.2

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	17	10.3	3.0	4.4	16.3
Obese (BMI ≥ 30)	15	14.2	4.0	6.3	22.1
Leisure Time Physical Activity					
Participates in leisure time physical activity	23	7.4	1.8	3.9	10.8
Does not participate in leisure time physical activity	19	18.2	4.9	8.5	27.8
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	39	11.0	2.1	6.9	15.2
Smoking Status					
Current smoker	21	21.2	5.3	10.7	31.6
Non-smoker	22	6.6	1.7	3.3	9.9
Health Insurance Status					
Insured	25	6.1	1.4	3.2	8.9
Uninsured	*	*	*	*	*

Numerator: Respondents reporting they could not see a doctor because of cost in the past 12 months.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Fair or Poor Self-Perceived Health Status, 2011

Saline County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,614	15.0	0.3	14.4	15.6
Saline County	86	16.3	2.2	12.0	20.6
Gender					
Men	29	13.5	2.8	7.9	19.0
Women	57	19.0	3.3	12.5	25.4
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	41	20.4	3.2	14.2	26.7
65 Years and Older	36	22.4	3.8	15.0	29.8
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	83	16.9	2.3	12.4	21.4
Race					
White	78	16.6	2.3	12.0	21.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	41	21.8	4.3	13.4	30.2
Some College or College Graduate	45	12.3	2.1	8.1	16.5
Annual Household Income					
Less than \$35,000 per Year	52	27.9	4.6	18.8	36.9
\$35,000 or Higher per Year	21	8.1	2.0	4.2	12.1
Disability Status					
Living with a Disability	58	48.0	5.9	36.5	59.6
Living without a Disability	24	6.5	1.6	3.4	9.5

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	22	10.6	2.9	4.8	16.3
Overweight (25 ≤ BMI < 30)	29	16.5	3.5	9.6	23.4
Obese (BMI ≥ 30)	30	24.1	5.1	14.0	34.1
Leisure Time Physical Activity					
Participates in leisure time physical activity	45	10.7	1.9	7.0	14.4
Does not participate in leisure time physical activity	37	32.8	6.1	20.9	44.7
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	76	18.0	2.6	12.9	23.1
Smoking Status					
Current smoker	28	27.6	6.3	15.2	40.0
Non-smoker	58	12.6	2.0	8.7	16.4
Health Insurance Status					
Insured	74	16.1	2.4	11.5	20.7
Uninsured	*	*	*	*	*

Numerator: Respondents reporting that in general their health is fair or poor.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Reported Their Physical Health Was Not Good on 14 or More Days in the Past 30 Days, 2011

Saline County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,519	10.5	0.3	10.0	11.0
Saline County	55	10.7	1.9	7.0	14.4
Gender					
Men	17	8.3	2.3	3.8	12.8
Women	38	13.0	3.0	7.2	18.9
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	25	12.7	2.7	7.3	18.0
65 Years and Older	25	16.5	3.4	9.8	23.3
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	54	11.4	2.0	7.4	15.4
Race					
White	52	11.3	2.1	7.3	15.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	29	17.9	4.2	9.8	26.1
Some College or College Graduate	26	5.6	1.3	3.1	8.1
Annual Household Income					
Less than \$35,000 per Year	32	18.6	4.3	10.3	27.0
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	39	34.3	6.0	22.4	46.1
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	22	18.0	4.9	8.4	27.7
Leisure Time Physical Activity					
Participates in leisure time physical activity	25	5.9	1.4	3.2	8.6
Does not participate in leisure time physical activity	26	23.8	5.9	12.1	35.4
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	45	11.1	2.2	6.7	15.4
Smoking Status					
Current smoker	19	20.4	5.9	8.9	31.8
Non-smoker	36	7.4	1.5	4.5	10.3
Health Insurance Status					
Insured	52	11.3	2.1	7.2	15.3
Uninsured	*	*	*	*	*

Numerator: Respondents reporting 14 or more days when their physical health was not good.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Their Mental Health Was Not Good on 14
or More Days in the Past 30 Days, 2011**

Saline County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,937	10.2	0.3	9.6	10.8
Saline County	42	11.4	2.3	6.9	16.0
Gender					
Men	*	*	*	*	*
Women	29	13.3	3.1	7.1	19.4
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	25	13.3	2.8	7.8	18.7
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	39	10.6	2.1	6.4	14.7
Race					
White	38	10.8	2.2	6.5	15.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	17	15.8	4.7	6.6	25.0
Some College or College Graduate	25	8.4	2.0	4.4	12.4
Annual Household Income					
Less than \$35,000 per Year	23	20.6	5.2	10.4	30.7
\$35,000 or Higher per Year	15	6.2	1.8	2.6	9.7
Disability Status					
Living with a Disability	18	23.8	6.1	11.8	35.8
Living without a Disability	22	7.9	2.3	3.4	12.5

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI <30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	26	9.7	2.5	4.8	14.7
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	36	11.3	2.4	6.6	15.9
Smoking Status					
Current smoker	20	29.7	7.6	14.9	44.5
Non-smoker	22	5.8	1.5	2.9	8.7
Health Insurance Status					
Insured	36	10.4	2.2	6.1	14.6
Uninsured	*	*	*	*	*

Numerator: Respondents reporting 14 or more days when their mental health was not good.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Reported Their Poor Physical or Mental Health Kept Them From Doing Their Usual Activities, such as Self-care, Work, or Recreation, 2011

Saline County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,985	39.5	0.7	38.2	40.8
Saline County	82	37.4	4.6	28.4	46.3
Gender					
Men	25	38.0	7.8	22.6	53.3
Women	57	36.9	5.4	26.3	47.6
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	39	37.7	5.4	27.1	48.3
65 Years and Older	26	35.0	6.3	22.6	47.3
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	78	36.4	4.4	27.7	45.1
Race					
White	76	35.5	4.5	26.7	44.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	38	48.3	7.9	32.8	63.7
Some College or College Graduate	44	29.2	4.8	19.8	38.7
Annual Household Income					
Less than \$35,000 per Year	44	49.1	7.2	35.0	63.3
\$35,000 or Higher per Year	28	28.6	5.9	17.1	40.1
Disability Status					
Living with a Disability	51	61.2	6.4	48.7	73.7
Living without a Disability	27	24.9	5.5	14.1	35.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	20	27.1	6.9	13.5	40.6
Overweight (25 ≤ BMI < 30)	28	40.2	8.6	23.4	57.1
Obese (BMI ≥ 30)	30	45.9	7.7	30.9	61.0
Leisure Time Physical Activity					
Participates in leisure time physical activity	48	31.5	5.3	21.1	41.9
Does not participate in leisure time physical activity	30	51.9	8.3	35.6	68.1
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	67	36.8	4.8	27.3	46.3
Smoking Status					
Current smoker	27	52.8	9.6	34.0	71.6
Non-smoker	54	29.6	4.4	21.0	38.2
Health Insurance Status					
Insured	69	33.9	4.6	24.9	42.9
Uninsured	*	*	*	*	*

Numerator: Respondents reporting one or more days in the past 30 days when their poor physical or mental health kept them from doing their usual activities, such as self-care, work, or recreation.

Denominator: Among respondents with at least one day in the past 30 days when their physical or mental health was not good, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who had a Heart Attack, 2011

Saline County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,236	4.4	0.2	4.1	4.7
Saline County	31	4.8	0.9	2.9	6.6
Gender					
Men	21	7.6	1.8	4.1	11.1
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	12	5.9	1.7	2.5	9.3
65 Years and Older	19	13.9	3.3	7.5	20.3
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	30	5.1	1.0	3.1	7.1
Race					
White	29	5.0	1.0	3.0	7.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	18	4.7	1.2	2.4	7.1
Annual Household Income					
Less than \$35,000 per Year	15	5.3	1.5	2.3	8.4
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	13	8.6	2.5	3.7	13.6
Living without a Disability	15	3.0	0.8	1.4	4.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI <30)	*	*	*	*	*
Obese (BMI ≥ 30)	15	10.8	2.9	5.2	16.4
Leisure Time Physical Activity					
Participates in leisure time physical activity	21	4.4	1.0	2.3	6.4
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	26	4.6	1.0	2.6	6.5
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	21	4.4	1.1	2.3	6.5
Health Insurance Status					
Insured	31	5.7	1.1	3.5	7.9
Uninsured	*	*	*	*	*

Numerator: Respondents reporting they had been told by a doctor, nurse, or other health professional that they had a heart attack also called a myocardial infarction.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who had Angina or Coronary Heart Disease, 2011

Saline County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,333	4.5	0.2	4.2	4.8
Saline County	32	5.2	1.1	3.2	7.3
Gender					
Men	16	6.4	1.7	3.1	9.7
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	15	6.7	1.8	3.2	10.2
65 Years and Older	16	12.6	3.2	6.3	19.0
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	31	5.6	1.1	3.3	7.8
Race					
White	32	5.9	1.2	3.6	8.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	20	5.8	1.5	2.9	8.7
Annual Household Income					
Less than \$35,000 per Year	16	7.3	2.1	3.2	11.5
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	17	11.2	2.9	5.6	16.9
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI <30)	*	*	*	*	*
Obese (BMI ≥ 30)	17	10.7	2.8	5.3	16.2
Leisure Time Physical Activity					
Participates in leisure time physical activity	18	3.8	1.0	1.9	5.7
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	23	4.1	0.9	2.2	5.9
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	22	4.6	1.1	2.5	6.7
Health Insurance Status					
Insured	30	5.5	1.1	3.3	7.6
Uninsured	*	*	*	*	*

Numerator: Respondents reporting they had been told by a doctor, nurse, or other health professional that they had angina or coronary heart disease.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Had A Stroke, 2011

Saline County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	831	2.7	0.1	2.5	3.0
Saline County	21	2.6	0.7	1.3	3.9
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	15	8.5	2.4	3.8	13.3
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	21	2.9	0.7	1.4	4.3
Race					
White	19	2.6	0.7	1.2	4.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	16	2.4	0.7	1.0	3.7
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	16	2.8	0.8	1.2	4.4
Health Insurance Status					
Insured	21	3.1	0.8	1.6	4.6
Uninsured	*	*	*	*	*

Numerator: Respondents reporting they had been told by a doctor, nurse, or other health professional that they had a stroke.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Percentage of Adults with Diagnosed Hypertension, 2011

Saline County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	8,234	30.8	0.4	30.1	31.6
Saline County	185	30.8	2.8	25.4	36.3
Gender					
Men	72	30.8	4.2	22.5	39.1
Women	113	30.8	3.6	23.7	37.9
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	89	41.0	3.9	33.3	48.6
65 Years and Older	84	57.1	4.5	48.3	65.9
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	180	31.7	2.8	26.2	37.2
Race					
White	169	30.0	2.8	24.6	35.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	66	27.9	4.3	19.6	36.2
Some College or College Graduate	119	32.9	3.6	25.8	40.0
Annual Household Income					
Less than \$35,000 per Year	77	30.6	4.2	22.3	38.9
\$35,000 or Higher per Year	86	30.4	3.8	22.9	37.9
Disability Status					
Living with a Disability	76	48.9	5.8	37.5	60.3
Living without a Disability	104	25.3	3.1	19.3	31.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	42	16.6	3.3	10.1	23.2
Overweight (25 ≤ BMI < 30)	67	33.0	4.7	23.7	42.2
Obese (BMI ≥ 30)	70	47.5	5.8	36.2	58.9
Leisure Time Physical Activity					
Participates in leisure time physical activity	120	26.0	2.9	20.2	31.8
Does not participate in leisure time physical activity	60	45.7	6.2	33.6	57.7
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	23	30.6	6.3	18.2	43.1
Did Not Meet Both Aerobic and Strengthening Guidelines	155	32.2	3.2	26.0	38.5
Smoking Status					
Current smoker	34	26.8	5.7	15.5	38.0
Non-smoker	150	32.2	3.2	26.0	38.4
Health Insurance Status					
Insured	172	33.7	3.1	27.6	39.8
Uninsured	*	*	*	*	*

Numerator: Respondents reporting they had been told by a doctor, nurse, or other health professional that they have high blood pressure.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Ages 18 Years and Older Who Did Not Get Immunized
Against Influenza During the Past 12 Months, 2011**

Saline County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	10,021	58.3	0.4	57.4	59.2
Saline County	201	58.0	3.4	51.4	64.6
Gender					
Men	84	64.5	4.5	55.6	73.4
Women	117	51.9	4.8	42.5	61.2
Age Group					
18 to 44 Years	48	69.4	6.0	57.8	81.1
45 to 64 Years	109	57.3	4.0	49.5	65.1
65 Years and Older	43	31.7	4.4	23.1	40.3
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	192	57.9	3.4	51.3	64.5
Race					
White	185	55.7	3.5	48.8	62.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	80	66.4	5.1	56.3	76.4
Some College or College Graduate	121	52.0	4.4	43.5	60.6
Annual Household Income					
Less than \$35,000 per Year	81	55.1	5.5	44.4	65.8
\$35,000 or Higher per Year	89	54.9	4.8	45.4	64.3
Disability Status					
Living with a Disability	49	43.1	5.9	31.6	54.6
Living without a Disability	152	62.5	3.9	54.9	70.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	67	65.9	5.8	54.6	77.2
Overweight (25 ≤ BMI <30)	72	59.4	5.3	49.1	69.8
Obese (BMI ≥ 30)	52	50.2	5.9	38.5	61.8
Leisure Time Physical Activity					
Participates in leisure time physical activity	149	61.1	3.9	53.5	68.7
Does not participate in leisure time physical activity	52	48.5	6.3	36.2	60.7
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	36	63.3	7.3	49.1	77.5
Did Not Meet Both Aerobic and Strengthening Guidelines	156	55.4	3.8	47.9	62.9
Smoking Status					
Current smoker	44	61.4	7.4	46.8	75.9
Non-smoker	157	57.1	3.8	49.7	64.6
Health Insurance Status					
Insured	166	53.2	3.8	45.8	60.6
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they did not have a flu shot or vaccine sprayed in the nose during the past 12 months.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Ages 65 Years and Older Who Did Not Get Immunized
Against Influenza During the Past 12 Months, 2011**

Saline County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,059	32.4	0.7	31.0	33.7
Saline County	43	31.7	4.4	23.1	40.3
Gender					
Men	11	20.8	6.0	9.1	32.6
Women	32	39.5	5.9	27.9	51.1
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	42	31.5	4.4	22.8	40.2
Race					
White	40	29.5	4.4	21.0	38.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	24	39.3	6.9	25.8	52.8
Some College or College Graduate	19	24.7	5.4	14.1	35.3
Annual Household Income					
Less than \$35,000 per Year	27	37.7	6.3	25.5	50.0
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	20	33.1	6.6	20.1	46.1
Living without a Disability	23	30.7	5.9	19.1	42.3
Weight Category					
Normal or Underweight (BMI <25)	15	24.1	6.2	12.0	36.2
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	27	29.4	5.2	19.2	39.7
Does not participate in leisure time physical activity	16	35.5	7.8	20.2	50.8
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	31	29.1	4.8	19.7	38.6
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	39	30.7	4.5	21.8	39.6
Health Insurance Status					
Insured	42	31.5	4.4	22.8	40.2
Uninsured	*	*	*	*	*

Numerator: Respondents ages 65 years and older who reported they did not receive a flu shot or vaccine sprayed in the nose during the past 12 months.

Denominator: All respondents ages 65 years and older, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Ages 65 Years and Older Who Never Had Pneumonia
Vaccination, 2011**

Saline County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,792	29.2	0.7	27.9	30.6
Saline County	37	25.0	4.0	17.2	32.8
Gender					
Men	*	*	*	*	*
Women	21	21.3	4.8	12.0	30.7
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	36	24.3	4.0	16.6	32.1
Race					
White	34	23.4	3.9	15.8	31.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	21	31.5	6.5	18.9	44.2
Some College or College Graduate	16	18.9	4.7	9.7	28.1
Annual Household Income					
Less than \$35,000 per Year	19	22.6	5.0	12.7	32.4
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	15	22.6	5.8	11.2	34.1
Living without a Disability	22	27.0	5.5	16.3	37.7
Weight Category					
Normal or Underweight (BMI <25)	15	27.8	6.7	14.7	40.9
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	25	28.4	5.2	18.1	38.7
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	28	23.6	4.3	15.2	32.0
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	35	25.2	4.1	17.1	33.3
Health Insurance Status					
Insured	37	25.5	4.1	17.5	33.4
Uninsured	*	*	*	*	*

Numerator: Respondents ages 65 years and older who reported they never had a pneumonia vaccination.

Denominator: All respondents ages 65 years and older, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults who are Obese, 2011

Saline County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	5,907	29.6	0.4	28.7	30.4
Saline County	120	28.9	3.0	23.0	34.8
Gender					
Men	53	28.1	4.3	19.7	36.5
Women	67	29.6	4.2	21.4	37.9
Age Group					
18 to 44 Years	22	27.0	5.8	15.7	38.3
45 to 64 Years	61	31.0	3.7	23.8	38.2
65 Years and Older	37	29.1	4.4	20.4	37.8
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	115	29.0	3.0	23.1	35.0
Race					
White	113	29.7	3.1	23.6	35.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	36	23.1	4.6	14.0	32.2
Some College or College Graduate	84	33.0	3.9	25.4	40.7
Annual Household Income					
Less than \$35,000 per Year	43	27.2	4.9	17.6	36.8
\$35,000 or Higher per Year	66	31.5	4.1	23.4	39.6
Disability Status					
Living with a Disability	42	35.9	5.9	24.3	47.5
Living without a Disability	75	26.8	3.5	19.9	33.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	82	27.0	3.4	20.4	33.7
Does not participate in leisure time physical activity	35	34.9	6.4	22.3	47.5
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	13	22.7	6.6	9.8	35.5
Did Not Meet Both Aerobic and Strengthening Guidelines	103	31.5	3.5	24.6	38.4
Smoking Status					
Current smoker	20	24.3	6.5	11.5	37.1
Non-smoker	100	30.5	3.4	23.9	37.2
Health Insurance Status					
Insured	109	29.5	3.3	23.1	35.9
Uninsured	*	*	*	*	*

Numerator: Respondents with a body mass index greater than or equal to 30, based on self-reported height and weight.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who are Overweight or Obese, 2011

Saline County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	12,869	64.4	0.5	63.5	65.3
Saline County	268	67.2	3.5	60.3	74.1
Gender					
Men	126	75.5	4.6	66.5	84.5
Women	142	58.8	5.0	49.0	68.6
Age Group					
18 to 44 Years	46	63.0	7.1	49.1	76.8
45 to 64 Years	137	74.6	3.5	67.8	81.5
65 Years and Older	85	63.0	4.4	54.4	71.6
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	258	67.7	3.5	60.9	74.6
Race					
White	249	67.1	3.6	60.1	74.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	92	67.1	5.5	56.3	78.0
Some College or College Graduate	176	67.3	4.5	58.4	76.2
Annual Household Income					
Less than \$35,000 per Year	102	65.2	5.0	55.4	74.9
\$35,000 or Higher per Year	134	72.4	4.5	63.6	81.2
Disability Status					
Living with a Disability	92	76.2	5.1	66.2	86.1
Living without a Disability	173	66.1	4.4	57.5	74.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	188	67.5	4.4	58.9	76.0
Does not participate in leisure time physical activity	77	71.6	5.5	60.9	82.4
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	38	69.8	6.7	56.7	82.8
Did Not Meet Both Aerobic and Strengthening Guidelines	221	67.2	4.1	59.2	75.2
Smoking Status					
Current smoker	46	59.9	7.3	45.7	74.2
Non-smoker	221	69.8	4.1	61.8	77.8
Health Insurance Status					
Insured	237	66.8	3.8	59.3	74.4
Uninsured	*	*	*	*	*

Numerator: Respondents with a body mass index greater than or equal to 25, based on self-reported height and weight.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported That They Do Not Always Wear a Seatbelt
When They Drive or Ride in a Car, 2011**

Saline County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,339	19.4	0.4	18.6	20.1
Saline County	62	22.3	3.5	15.5	29.1
Gender					
Men	34	31.3	5.8	20.0	42.6
Women	28	13.8	3.3	7.2	20.3
Age Group					
18 to 44 Years	19	34.1	6.9	20.6	47.5
45 to 64 Years	24	11.8	2.5	7.0	16.6
65 Years and Older	19	13.6	3.1	7.5	19.8
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	59	20.7	3.3	14.2	27.2
Race					
White	58	20.7	3.4	14.1	27.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	31	33.9	6.5	21.1	46.8
Some College or College Graduate	31	14.0	2.9	8.3	19.6
Annual Household Income					
Less than \$35,000 per Year	27	24.8	5.8	13.4	36.2
\$35,000 or Higher per Year	30	23.4	5.1	13.4	33.4
Disability Status					
Living with a Disability	20	20.7	6.0	9.0	32.4
Living without a Disability	42	22.8	4.2	14.6	30.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	24	23.6	6.0	11.8	35.5
Obese (BMI ≥ 30)	20	24.5	5.8	13.1	35.8
Leisure Time Physical Activity					
Participates in leisure time physical activity	38	21.9	4.2	13.6	30.1
Does not participate in leisure time physical activity	24	23.8	5.8	12.4	35.1
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	53	21.7	3.6	14.6	28.8
Smoking Status					
Current smoker	17	38.9	8.5	22.2	55.5
Non-smoker	44	16.7	3.3	10.1	23.2
Health Insurance Status					
Insured	51	21.0	3.6	13.8	28.1
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they nearly always, sometimes, seldom, or never use a seatbelt when they ride or drive in a car.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Currently Smoke Cigarettes, 2011

Saline County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,547	22.0	0.4	21.2	22.8
Saline County	82	25.0	3.2	18.7	31.4
Gender					
Men	36	28.2	5.2	18.1	38.3
Women	46	22.0	3.9	14.4	29.6
Age Group					
18 to 44 Years	24	34.3	6.4	21.7	47.0
45 to 64 Years	46	22.1	3.3	15.6	28.6
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	78	24.8	3.3	18.4	31.2
Race					
White	73	24.1	3.3	17.6	30.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	37	33.4	6.0	21.7	45.2
Some College or College Graduate	45	19.1	3.2	12.8	25.3
Annual Household Income					
Less than \$35,000 per Year	51	40.3	5.6	29.3	51.4
\$35,000 or Higher per Year	23	15.2	4.0	7.3	23.2
Disability Status					
Living with a Disability	32	35.9	6.2	23.7	48.0
Living without a Disability	46	21.2	3.8	13.7	28.6

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	33	30.5	5.8	19.1	41.9
Overweight (25 ≤ BMI <30)	26	23.1	5.7	11.9	34.2
Obese (BMI ≥ 30)	20	20.8	5.5	10.1	31.5
Leisure Time Physical Activity					
Participates in leisure time physical activity	48	23.3	3.9	15.7	30.9
Does not participate in leisure time physical activity	29	28.1	6.2	16.0	40.2
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	69	23.8	3.4	17.2	30.4
Health Insurance Status					
Insured	61	19.1	3.1	13.1	25.1
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they have smoked at least 100 cigarettes in their entire life and that they now smoke some days or every day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Stopped Smoking for One Day or Longer Because
They Were Trying to Quit Smoking, 2011**

Saline County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,868	55.5	1.1	53.4	57.6
Saline County	38	43.8	7.5	29.1	58.5
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	36	42.1	7.4	27.6	56.6
Race					
White	32	38.3	7.4	23.8	52.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	21	38.8	9.6	20.0	57.5
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	34	46.1	8.0	30.5	61.7
Health Insurance Status					
Insured	28	40.4	8.4	23.9	56.9
Uninsured	*	*	*	*	*

Numerator: Current smokers who stopped smoking for one day or longer because they were trying to quit smoking.

Denominator: Among current smokers, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Currently Use Any Smokeless Tobacco Products, 2011

Saline County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	760	5.3	0.2	4.9	5.8
Saline County	*	*	*	*	*
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	*	*	*	*	*
Race					
White	*	*	*	*	*
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*	*	*	*	*
Health Insurance Status					
Insured	*	*	*	*	*
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they currently use chewing tobacco, snuff or snus (Swedish for snuff) some days or every day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Percentage of Men Who Currently Use Any Smokeless Tobacco Products, 2011

Saline County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	684	10.1	0.4	9.2	11.0
Saline County	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	*	*	*	*	*
Race					
White	*	*	*	*	*
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*
Weight Category					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*	*	*	*	*
Health Insurance Status					
Insured	*	*	*	*	*
Uninsured	*	*	*	*	*

Numerator: Male respondents who reported they currently use chewing tobacco, snuff or snus (Swedish for snuff) some days or every day.

Denominator: All male respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

**Percentage of Adults Who Ever Served on Active Duty in the United States
Armed Forces, 2011**

Saline County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,699	11.5	0.3	11.0	12.1
Saline County	73	14.8	2.0	10.9	18.8
Gender					
Men	67	25.6	3.6	18.4	32.7
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	32	17.9	3.2	11.7	24.2
65 Years and Older	35	28.9	4.3	20.4	37.3
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	71	16.0	2.2	11.8	20.2
Race					
White	70	16.1	2.2	11.8	20.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	25	14.0	3.3	7.6	20.4
Some College or College Graduate	48	15.4	2.5	10.5	20.4
Annual Household Income					
Less than \$35,000 per Year	27	14.6	3.3	8.2	21.0
\$35,000 or Higher per Year	37	16.3	3.0	10.4	22.2
Disability Status					
Living with a Disability	22	17.6	3.9	10.0	25.1
Living without a Disability	47	12.9	2.3	8.5	17.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	21	11.7	3.3	5.2	18.2
Overweight (25 ≤ BMI <30)	27	17.8	3.7	10.5	25.2
Obese (BMI ≥ 30)	25	17.7	3.7	10.3	25.0
Leisure Time Physical Activity					
Participates in leisure time physical activity	46	12.6	2.2	8.2	16.9
Does not participate in leisure time physical activity	23	18.7	4.2	10.5	26.9
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	62	15.5	2.3	11.0	20.0
Smoking Status					
Current smoker	17	15.1	4.4	6.4	23.7
Non-smoker	56	14.8	2.2	10.4	19.2
Health Insurance Status					
Insured	64	14.8	2.1	10.7	18.9
Uninsured	*	*	*	*	*

Numerator: Respondents who reported that they served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Have Vision Impairment In One of Both Eyes, Even
When Wearing Glasses, 2011**

Saline County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	4,108	15.7	0.3	15.1	16.3
Saline County	91	18.1	2.3	13.6	22.6
Gender					
Men	42	21.0	3.8	13.6	28.4
Women	49	15.3	2.7	10.1	20.5
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	37	20.6	3.3	14.0	27.1
65 Years and Older	45	31.5	4.3	23.0	40.0
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	88	18.4	2.3	13.9	22.9
Race					
White	84	17.6	2.3	13.1	22.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	34	17.1	3.6	10.0	24.2
Some College or College Graduate	57	18.8	3.0	13.0	24.7
Annual Household Income					
Less than \$35,000 per Year	44	20.1	3.6	13.0	27.2
\$35,000 or Higher per Year	33	14.2	2.8	8.8	19.7
Disability Status					
Living with a Disability	38	31.0	5.3	20.5	41.5
Living without a Disability	47	13.2	2.4	8.5	17.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	30	19.3	4.4	10.6	27.9
Overweight (25 ≤ BMI < 30)	31	13.7	2.9	7.9	19.4
Obese (BMI ≥ 30)	29	25.6	5.1	15.5	35.6
Leisure Time Physical Activity					
Participates in leisure time physical activity	55	14.9	2.4	10.1	19.6
Does not participate in leisure time physical activity	31	25.6	5.5	14.9	36.3
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	14	22.3	5.9	10.8	33.7
Did Not Meet Both Aerobic and Strengthening Guidelines	71	17.4	2.6	12.3	22.4
Smoking Status					
Current smoker	20	20.1	5.4	9.6	30.6
Non-smoker	69	17.1	2.5	12.2	22.0
Health Insurance Status					
Insured	83	19.3	2.6	14.3	24.4
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse, or other health professional that they have vision impairment in one of both eyes, even when wearing glasses.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Technical Notes

Data on 43 health risk indicators, analyzed by various subpopulation groups (e.g. gender, age group, ethnicity, etc.), are included in this report. The indicators are summarized in tables that show:

- Unweighted Frequency: the number of respondents who reported the risk behavior
- Weighted Percentage: the prevalence estimate for the risk behavior within a particular subpopulation group category
- Standard Error: used to compute the 95% confidence limits
- Lower and upper 95% confidence limits

Prevalence estimates vary in precision depending on sample size. One way of describing the precision of an estimate is the margin of error, which is the half-width of the confidence interval. When the sample size is large for a particular subpopulation group, the corresponding margin of error for an estimate is small. When the sample size is small for a particular subpopulation group, the corresponding margin of error for an estimate is large. Large margins of error (i.e. >5) indicate that an estimate may be unreliable. Prevalence estimates that have a margin of error >5 are *italicized* in this report and should be interpreted with caution.

To determine whether two weighted percentages are significantly different from one another, the reader must compare the confidence intervals. Confidence intervals which do not overlap indicate a statistically significant difference while overlapping confidence intervals indicate that two estimates are not statistically significantly different from one another. It is incorrect to say two estimates are different if their confidence limits overlap.

Estimates have been censored with an asterisk ("*") when the sample size was inadequate and/or when the estimates were statistically unreliable. Specifically, estimates were censored when any of the following conditions were met:

- the numerator of the indicator is less than 5
- the denominator of the indicator is less than 50
- the relative standard error (RSE) is 30 percent or higher

RSE is obtained by dividing the standard error of the estimate by the estimate itself, then multiplying that result by 100 to be expressed as a percent.

2011 BRFSS data represent a new baseline for public health surveillance. Due to changes in BRFSS survey methodology, 2011 BRFSS estimates cannot be compared to estimates from previous years.

For more information on changes to the Kansas BRFSS survey methodology beginning in 2011, please visit: <http://www.kdheks.gov/brfss/newmethod.html>

For more detailed technical notes on the Kansas BRFSS, please visit: <http://www.kdheks.gov/brfss/technotes.html>