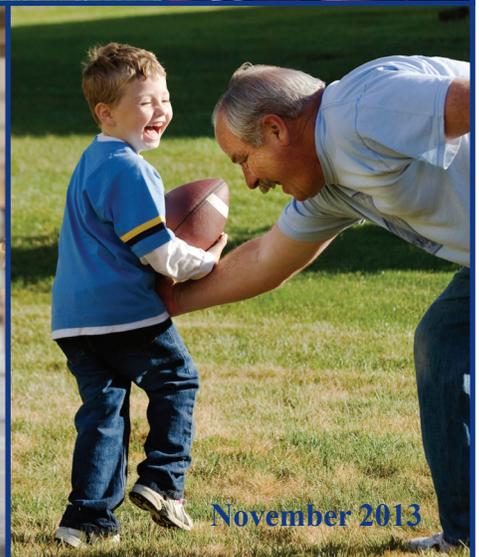


# 2011 Kansas Behavioral Risk Factor Surveillance System Local Data

## Reno County



November 2013



# **2011 Kansas Behavioral Risk Factor Surveillance System Local Data**

State of Kansas  
Sam Brownback, Governor

Kansas Department of Health and Environment  
Dr. Robert Moser, Secretary and State Health Officer

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## **Project Funding:**

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**Kansas Department of Health and Environment  
Bureau of Health Promotion  
November 2013**

# **Kansas Department of Health and Environment (KDHE)**

## **Mission**

To protect and improve the health and environment of all Kansans

## **Vision**

Healthy Kansans living in safe and sustainable environments

**[www.kdheks.gov](http://www.kdheks.gov)**

## Foreword

The Behavioral Risk Factor Surveillance System (BRFSS) is the world's largest, annual population-based telephone survey system, tracking health conditions and risk behaviors in the U.S. It is coordinated by the Centers for Disease Control and Prevention (CDC) and is conducted in every state and several territories.

BRFSS allows us to perform a critical public health function of assessing population health and identifying issues critically important to public health and population health management. BRFSS provides data on a wide range of health issues including information related to access to health care, chronic and infectious diseases, clinical preventive services, environmental quality, infant and child health, injury and violence, maternal health, mental health, nutrition, physical activity, obesity, oral health, reproductive and sexual health, substance abuse and tobacco use.

Prior to 2009, the sample size for the Kansas survey was sufficient to produce state level estimates of health risk behaviors. Beginning in 2009, the Kansas BRFSS was expanded in response to demand from local health officials for local level health risk behavior data for a 10-year project. The survey now collects adequate sample data during odd years (2009, 2011, 2013, 2015 and 2017) to provide local level estimates by county or region for these years.

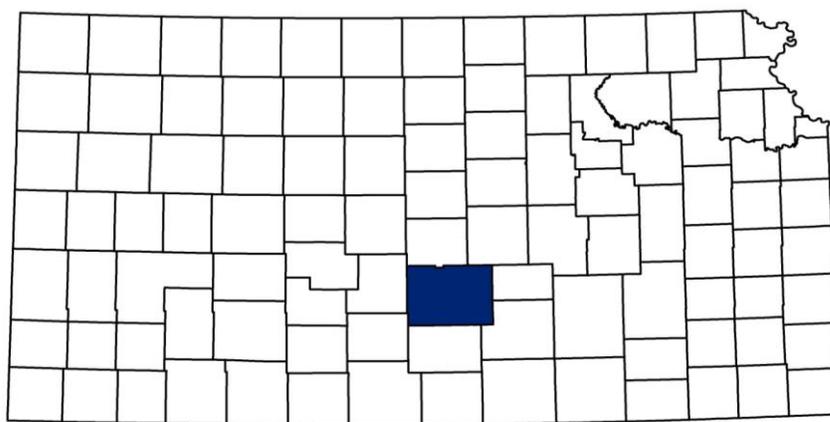
During the 2011 survey year, data were collected from more than 20,000 adult Kansans, providing estimates for 43 of the state's 105 counties and for 16 Public Health Preparedness Regions, with data for 43 health risk indicators analyzed at the county or regional level. By the conclusion of the 10-year project, most of Kansas counties will have county-specific data for use in estimating trends in selected health indicators from 2011 forward. Data from 2011 onward cannot be compared to previous years as the BRFSS data collection and analysis methods changed beginning in 2011.

BRFSS data help public health professionals measure Kansans health behaviors, conditions and concerns at the state and the local level. These data are important when we consider where to focus our public health efforts and to help us emphasize the benefits of prevention.

Sincerely,

A handwritten signature in blue ink that reads "Robert Moser".

Robert Moser, MD  
Secretary and State Health Officer  
Kansas Department of Health and Environment



## Reno County

Kansas Behavioral Risk Factor Surveillance System – Local Data, 2011 can also be accessed at <http://www.kdheks.gov/brfss/>

If you have any questions about survey methodology or need assistance interpreting the data, please contact:

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# Percentage of Adults Who Are Binge Drinkers, 2011

## Reno County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,281	17.0	0.4	16.2	17.8
Reno County	47	15.0	2.3	10.6	19.5
<b>Gender</b>					
Men	27	18.6	3.7	11.4	25.8
Women	20	11.5	2.7	6.1	16.8
<b>Age Group</b>					
18 to 44 Years	24	25.5	4.9	15.9	35.0
45 to 64 Years	15	9.3	2.4	4.5	14.0
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	46	15.4	2.3	10.8	20.0
<b>Race</b>					
White	46	15.9	2.4	11.1	20.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	16	14.7	3.7	7.4	22.0
Some College or College Graduate	31	15.3	2.8	9.7	20.9
<b>Annual Household Income</b>					
Less than \$35,000 per Year	15	13.7	3.5	6.8	20.5
\$35,000 or Higher per Year	30	19.6	3.6	12.5	26.7
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	39	17.9	2.9	12.2	23.5

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI <25)	16	17.1	4.6	8.2	26.0
Overweight (25 ≤ BMI <30)	16	13.7	3.5	6.8	20.6
Obese (BMI ≥ 30)	15	16.8	4.2	8.5	25.0
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	38	16.4	2.7	11.1	21.7
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Aerobic and Strengthening Exercise (2-Level)</b>					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	38	14.5	2.5	9.6	19.4
<b>Smoking Status</b>					
Current smoker	17	24.8	5.8	13.5	36.2
Non-smoker	30	11.7	2.2	7.4	16.1
<b>Health Insurance Status</b>					
Insured	38	13.7	2.3	9.2	18.1
Uninsured	*	*	*	*	*

Numerator: Male respondents having five or more drinks on one occasion in the past 30 days or female respondents having four or more drinks on one occasion in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Heavy Alcohol Consumption in the Past 30 Days, 2011**

**Reno County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	823	5.4	0.2	5.0	5.9
Reno County	19	3.9	1.0	1.9	5.9
<b>Gender</b>					
Men	*	*	*	*	*
Women	*	*	*	*	*
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	19	4.1	1.1	2.0	6.2
<b>Race</b>					
White	19	4.2	1.1	2.0	6.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
<b>Annual Household Income</b>					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	15	4.7	1.4	2.0	7.5
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Aerobic and Strengthening Exercise (2-Level)</b>					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	19	4.8	1.3	2.3	7.2
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	*	*	*	*	*
<b>Health Insurance Status</b>					
Insured	16	3.9	1.0	1.8	5.9
Uninsured	*	*	*	*	*

Numerator: Male respondents who reported consuming an average of more than two drinks per day and female respondents who reported consuming an average of more than one drink per day during the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

## Percentage of Adults with Doctor Diagnosed Arthritis, 2011

### Reno County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	6,493	23.1	0.3	22.4	23.8
Reno County	146	27.8	2.4	23.0	32.6
<b>Gender</b>					
Men	47	24.1	3.6	16.9	31.2
Women	99	31.5	3.2	25.2	37.8
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	55	32.3	4.0	24.3	40.2
65 Years and Older	81	56.5	4.4	47.7	65.2
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	144	28.6	2.5	23.7	33.4
<b>Race</b>					
White	139	29.1	2.6	24.1	34.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	68	32.5	4.0	24.6	40.4
Some College or College Graduate	78	24.2	3.0	18.4	30.1
<b>Annual Household Income</b>					
Less than \$35,000 per Year	60	24.6	3.6	17.5	31.7
\$35,000 or Higher per Year	64	30.1	3.6	23.1	37.2
<b>Disability Status</b>					
Living with a Disability	71	48.9	5.7	37.8	60.1
Living without a Disability	71	19.4	2.5	14.5	24.3

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	39	21.3	4.0	13.4	29.2
Overweight (25 ≤ BMI < 30)	54	31.5	4.2	23.2	39.7
Obese (BMI ≥ 30)	47	33.2	4.8	23.8	42.5
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	102	25.8	2.7	20.5	31.2
Does not participate in leisure time physical activity	42	33.4	5.2	23.2	43.6
<b>Aerobic and Strengthening Exercise (2-Level)</b>					
Met Both Aerobic and Strengthening Guidelines	22	25.9	6.4	13.4	38.4
Did Not Meet Both Aerobic and Strengthening Guidelines	117	28.3	2.7	23.0	33.7
<b>Smoking Status</b>					
Current smoker	31	25.6	4.9	16.0	35.2
Non-smoker	114	28.7	2.8	23.1	34.2
<b>Health Insurance Status</b>					
Insured	133	32.8	2.8	27.3	38.4
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they had been told by a doctor or other health professional that they have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults with Doctor Diagnosed Arthritis Who Are Limited in Their Usual Activities Because of Arthritis or Joint Symptoms, 2011**

**Reno County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,150	48.8	0.8	47.3	50.4
Reno County	59	39.0	4.7	29.7	48.2
<b>Gender</b>					
Men	*	*	*	*	*
Women	46	48.9	5.9	37.4	60.4
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	27	52.8	7.8	37.6	68.0
65 Years and Older	28	28.2	5.3	17.8	38.6
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	59	40.1	4.8	30.7	49.5
<b>Race</b>					
White	56	38.9	4.8	29.5	48.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	29	38.0	6.7	24.8	51.3
Some College or College Graduate	30	39.9	6.6	27.0	52.8
<b>Annual Household Income</b>					
Less than \$35,000 per Year	30	50.8	8.0	35.0	66.5
\$35,000 or Higher per Year	21	29.1	6.0	17.3	41.0
<b>Disability Status</b>					
Living with a Disability	42	57.4	7.1	43.6	71.3
Living without a Disability	17	20.4	5.0	10.5	30.3

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	24	36.7	6.9	23.1	50.3
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	40	36.3	5.4	25.7	46.8
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Aerobic and Strengthening Exercise (2-Level)</b>					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	52	40.7	5.2	30.5	50.9
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	41	33.0	5.1	23.1	42.9
<b>Health Insurance Status</b>					
Insured	52	37.6	4.9	27.9	47.3
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported any limitation in their usual activities because of arthritis or joint symptoms.

**Denominator:** Respondents with doctor, nurse or other health professional diagnosed arthritis, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

## Percentage of Adults with Current Asthma, 2011

### Reno County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,709	8.8	0.3	8.2	9.3
Reno County	46	9.2	1.5	6.2	12.2
<b>Gender</b>					
Men	*	*	*	*	*
Women	35	13.5	2.5	8.7	18.4
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	19	9.2	2.2	4.9	13.5
65 Years and Older	16	9.9	2.6	4.8	15.1
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	44	8.8	1.5	5.9	11.7
<b>Race</b>					
White	41	8.4	1.5	5.5	11.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	34	11.6	2.3	7.2	16.1
<b>Annual Household Income</b>					
Less than \$35,000 per Year	23	9.5	2.3	4.9	14.1
\$35,000 or Higher per Year	17	8.7	2.3	4.2	13.2
<b>Disability Status</b>					
Living with a Disability	24	16.1	3.7	8.8	23.4
Living without a Disability	22	6.7	1.6	3.6	9.8

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI <30)	14	7.1	2.1	3.1	11.2
Obese (BMI ≥ 30)	18	14.1	3.5	7.2	21.1
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	30	8.4	1.8	4.9	11.9
Does not participate in leisure time physical activity	16	11.9	3.2	5.6	18.1
<b>Aerobic and Strengthening Exercise (2-Level)</b>					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	38	9.5	1.7	6.2	12.8
<b>Smoking Status</b>					
Current smoker	15	17.6	4.6	8.6	26.6
Non-smoker	31	6.4	1.3	3.9	8.9
<b>Health Insurance Status</b>					
Insured	40	9.8	1.8	6.4	13.3
Uninsured	*	*	*	*	*

Numerator: Respondents reporting they had been told by a doctor, nurse, or other health professional that they had asthma and that they currently have asthma.

Denominator: All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Have Been Diagnosed With Cancer (Excluding Skin Cancer), 2011**

**Reno County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,108	6.9	0.2	6.5	7.2
Reno County	39	7.4	1.3	4.8	10.1
<b>Gender</b>					
Men	*	*	*	*	*
Women	27	9.2	2.0	5.4	13.1
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	25	19.5	4.0	11.7	27.3
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	39	7.9	1.4	5.1	10.6
<b>Race</b>					
White	36	7.4	1.4	4.7	10.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	28	7.9	1.6	4.7	11.1
<b>Annual Household Income</b>					
Less than \$35,000 per Year	17	8.1	2.3	3.7	12.5
\$35,000 or Higher per Year	16	6.0	1.6	2.8	9.1
<b>Disability Status</b>					
Living with a Disability	19	13.7	3.4	7.0	20.5
Living without a Disability	20	5.2	1.3	2.6	7.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI <30)	17	8.6	2.3	4.1	13.1
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	25	6.6	1.5	3.7	9.4
Does not participate in leisure time physical activity	14	10.1	3.0	4.2	16.1
<b>Aerobic and Strengthening Exercise (2-Level)</b>					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	31	7.4	1.5	4.5	10.4
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	30	7.5	1.5	4.5	10.4
<b>Health Insurance Status</b>					
Insured	37	9.3	1.7	6.0	12.6
Uninsured	*	*	*	*	*

Numerator: Respondents reporting they had been told by a doctor, nurse, or other health professional that they had cancer (excluding skin cancer).

Denominator: All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

## Percentage of Adults Who Have Been Diagnosed With Skin Cancer, 2011

### Reno County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,950	6.2	0.2	5.9	6.5
Reno County	43	7.0	1.2	4.6	9.4
<b>Gender</b>					
Men	17	7.5	2.0	3.5	11.4
Women	26	6.6	1.4	3.9	9.3
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	14	7.0	2.1	2.9	11.2
65 Years and Older	29	20.4	3.8	12.9	27.9
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	43	7.4	1.3	4.9	9.9
<b>Race</b>					
White	42	7.5	1.3	4.9	10.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	31	8.0	1.6	4.8	11.1
<b>Annual Household Income</b>					
Less than \$35,000 per Year	17	6.0	1.7	2.7	9.3
\$35,000 or Higher per Year	20	8.2	2.0	4.2	12.2
<b>Disability Status</b>					
Living with a Disability	15	8.0	2.4	3.4	12.7
Living without a Disability	27	6.7	1.5	3.9	9.6

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	22	10.6	2.6	5.5	15.7
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	34	7.4	1.4	4.6	10.1
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Aerobic and Strengthening Exercise (2-Level)</b>					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	34	7.3	1.4	4.5	10.1
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	38	8.3	1.5	5.3	11.3
<b>Health Insurance Status</b>					
Insured	40	8.2	1.4	5.4	11.0
Uninsured	*	*	*	*	*

Numerator: Respondents reporting they had been told by a doctor, nurse, or other health professional that they had skin cancer.

Denominator: All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Have Not Checked Cholesterol Within Five Years  
Among Those Who Have Ever Had Cholesterol Checked, 2011**

**Reno County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,379	27.1	0.5	26.2	28.0
Reno County	85	30.0	3.1	23.9	36.1
<b>Gender</b>					
Men	37	30.0	4.8	20.5	39.5
Women	48	30.0	3.9	22.3	37.8
<b>Age Group</b>					
18 to 44 Years	51	56.2	5.6	45.2	67.1
45 to 64 Years	29	15.4	3.0	9.6	21.2
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	81	28.5	3.0	22.7	34.3
<b>Race</b>					
White	81	30.4	3.2	24.1	36.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	44	35.7	4.8	26.3	45.0
Some College or College Graduate	41	25.9	4.1	17.8	34.0
<b>Annual Household Income</b>					
Less than \$35,000 per Year	48	40.9	5.1	30.9	50.9
\$35,000 or Higher per Year	30	20.0	3.6	12.9	27.1
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	68	33.6	3.6	26.5	40.8

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	39	46.1	5.9	34.6	57.6
Overweight (25 ≤ BMI < 30)	23	17.7	3.8	10.3	25.0
Obese (BMI ≥ 30)	18	21.7	4.9	12.2	31.3
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	59	29.9	3.7	22.5	37.2
Does not participate in leisure time physical activity	24	30.3	5.9	18.7	41.9
<b>Aerobic and Strengthening Exercise (2-Level)</b>					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	74	30.6	3.3	24.1	37.1
<b>Smoking Status</b>					
Current smoker	33	44.0	6.3	31.7	56.3
Non-smoker	50	25.0	3.6	17.9	32.1
<b>Health Insurance Status</b>					
Insured	50	21.4	2.9	15.7	27.2
Uninsured	34	56.0	7.3	41.6	70.3

Numerator: Respondents reporting they had not checked their blood cholesterol in the past five years.

Denominator: Respondents who ever had their blood cholesterol checked, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

## Percentage of Adults Tested and Diagnosed with High Cholesterol, 2011

### Reno County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	7,660	38.4	0.5	37.5	39.3
Reno County	146	35.3	2.9	29.5	41.0
<b>Gender</b>					
Men	52	35.0	4.7	25.9	44.1
Women	94	35.5	3.5	28.6	42.4
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	67	39.3	4.4	30.7	48.0
65 Years and Older	68	46.0	4.6	37.0	55.0
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	145	35.8	2.9	30.0	41.6
<b>Race</b>					
White	138	35.6	3.0	29.8	41.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	56	41.2	5.0	31.4	51.1
Some College or College Graduate	90	31.1	3.4	24.5	37.8
<b>Annual Household Income</b>					
Less than \$35,000 per Year	59	35.0	4.8	25.7	44.4
\$35,000 or Higher per Year	66	33.3	3.8	25.7	40.8
<b>Disability Status</b>					
Living with a Disability	59	45.0	5.2	34.7	55.2
Living without a Disability	84	31.1	3.5	24.2	38.0

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI <25)	35	30.5	5.4	19.8	41.1
Overweight (25 ≤ BMI <30)	62	36.1	4.7	26.9	45.4
Obese (BMI ≥ 30)	45	39.0	5.4	28.5	49.5
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	99	33.0	3.3	26.5	39.5
Does not participate in leisure time physical activity	44	40.8	6.3	28.5	53.1
<b>Aerobic and Strengthening Exercise (2-Level)</b>					
Met Both Aerobic and Strengthening Guidelines	21	24.7	5.6	13.8	35.6
Did Not Meet Both Aerobic and Strengthening Guidelines	116	37.2	3.4	30.6	43.9
<b>Smoking Status</b>					
Current smoker	32	42.1	7.2	27.9	56.3
Non-smoker	112	33.2	3.1	27.0	39.3
<b>Health Insurance Status</b>					
Insured	136	37.7	3.1	31.6	43.8
Uninsured	*	*	*	*	*

Numerator: Respondents reporting they had been told by a doctor, nurse, or other health professional that they have high blood cholesterol.

Denominator: Respondents who had ever had their blood cholesterol checked, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

*Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.*

**Percentage of Adults Who Had Chronic Obstructive Pulmonary Disease  
(COPD), Emphysema or Chronic Bronchitis, 2011**

**Reno County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,658	6.6	0.2	6.2	7.0
Reno County	50	9.2	1.5	6.2	12.1
<b>Gender</b>					
Men	*	*	*	*	*
Women	35	11.0	2.0	7.1	15.0
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	23	12.4	2.7	7.0	17.7
65 Years and Older	21	11.5	2.6	6.4	16.6
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	50	9.7	1.6	6.6	12.8
<b>Race</b>					
White	45	8.6	1.5	5.7	11.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	19	8.5	2.2	4.2	12.9
Some College or College Graduate	31	9.6	2.1	5.6	13.6
<b>Annual Household Income</b>					
Less than \$35,000 per Year	28	10.8	2.5	6.0	15.7
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	33	21.0	4.1	12.9	29.0
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI <30)	18	9.7	2.6	4.6	14.8
Obese (BMI ≥ 30)	18	10.8	2.7	5.5	16.0
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	30	7.7	1.6	4.5	10.9
Does not participate in leisure time physical activity	19	12.7	3.4	6.0	19.4
<b>Aerobic and Strengthening Exercise (2-Level)</b>					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	44	9.9	1.7	6.6	13.3
<b>Smoking Status</b>					
Current smoker	20	20.3	4.8	10.9	29.7
Non-smoker	30	5.5	1.1	3.3	7.6
<b>Health Insurance Status</b>					
Insured	41	9.3	1.7	6.0	12.5
Uninsured	*	*	*	*	*

Numerator: Respondents reporting they had been told by a doctor, nurse, or other health professional that they had chronic obstructive pulmonary disease (COPD), emphysema or chronic bronchitis.

Denominator: All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Were EVER Diagnosed with a Depressive Disorder,  
2011**

**Reno County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,360	15.9	0.3	15.2	16.5
Reno County	84	20.7	2.4	16.0	25.5
<b>Gender</b>					
Men	28	17.7	3.5	10.8	24.5
Women	56	23.8	3.3	17.4	30.3
<b>Age Group</b>					
18 to 44 Years	24	22.5	4.5	13.6	31.5
45 to 64 Years	41	23.6	3.7	16.4	30.9
65 Years and Older	19	12.9	3.1	6.9	18.9
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	82	21.0	2.5	16.2	25.8
<b>Race</b>					
White	75	20.4	2.5	15.5	25.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	31	22.6	4.1	14.7	30.6
Some College or College Graduate	53	19.3	2.9	13.6	25.0
<b>Annual Household Income</b>					
Less than \$35,000 per Year	45	25.3	4.0	17.4	33.2
\$35,000 or Higher per Year	31	15.1	2.9	9.5	20.7
<b>Disability Status</b>					
Living with a Disability	37	30.7	5.1	20.6	40.8
Living without a Disability	45	17.0	2.7	11.6	22.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	22	17.7	4.1	9.6	25.8
Overweight (25 ≤ BMI < 30)	25	13.4	3.1	7.4	19.5
Obese (BMI ≥ 30)	33	32.1	5.1	22.1	42.1
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	56	19.9	2.9	14.2	25.6
Does not participate in leisure time physical activity	27	23.8	4.7	14.6	33.0
<b>Aerobic and Strengthening Exercise (2-Level)</b>					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	70	22.4	2.8	16.9	27.9
<b>Smoking Status</b>					
Current smoker	29	32.9	5.9	21.4	44.4
Non-smoker	55	16.9	2.5	11.9	21.8
<b>Health Insurance Status</b>					
Insured	72	21.3	2.7	16.1	26.5
Uninsured	12	20.8	5.9	9.1	32.4

**Numerator:** Respondents who reported they had been told by a doctor, nurse, or other health professional that they have a depressive disorder (including depression, major depression, dysthymia, or minor depression).

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

## Percentage of Adults with Diagnosed Diabetes, 2011

### Reno County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,584	9.5	0.2	9.1	10.0
Reno County	64	12.4	1.8	9.0	15.9
<b>Gender</b>					
Men	25	14.2	3.0	8.3	20.2
Women	39	10.7	1.9	7.0	14.4
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	32	20.3	3.8	13.0	27.7
65 Years and Older	30	21.1	3.9	13.5	28.7
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	62	11.9	1.7	8.6	15.2
<b>Race</b>					
White	61	11.7	1.7	8.5	14.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	29	15.2	3.2	8.9	21.5
Some College or College Graduate	35	10.4	2.0	6.6	14.2
<b>Annual Household Income</b>					
Less than \$35,000 per Year	29	14.4	3.2	8.2	20.6
\$35,000 or Higher per Year	23	9.3	2.1	5.2	13.4
<b>Disability Status</b>					
Living with a Disability	39	23.0	4.1	14.9	31.1
Living without a Disability	25	8.6	1.9	4.8	12.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI <30)	21	10.8	2.6	5.7	16.0
Obese (BMI ≥ 30)	27	20.5	4.0	12.6	28.4
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	43	11.1	2.0	7.2	15.0
Does not participate in leisure time physical activity	21	16.8	3.9	9.1	24.5
<b>Aerobic and Strengthening Exercise (2-Level)</b>					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	52	12.8	2.0	8.9	16.7
<b>Smoking Status</b>					
Current smoker	14	14.6	4.4	6.0	23.2
Non-smoker	49	11.8	1.9	8.1	15.5
<b>Health Insurance Status</b>					
Insured	60	14.6	2.1	10.6	18.7
Uninsured	*	*	*	*	*

**Numerator:** Respondents reporting they had been told by a doctor they had diabetes, excluding females told only during pregnancy and pre-diabetes or borderline diabetes.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Activity Limitations Due to Physical,  
Mental, or Emotional Problems, 2011**

**Reno County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	5,714	23.0	0.4	22.3	23.7
Reno County	124	27.0	2.7	21.7	32.4
<b>Gender</b>					
Men	42	25.2	4.4	16.5	33.8
Women	82	28.9	3.3	22.5	35.3
<b>Age Group</b>					
18 to 44 Years	18	19.3	5.1	9.3	29.2
45 to 64 Years	56	32.5	4.0	24.5	40.4
65 Years and Older	50	32.9	4.4	24.3	41.5
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	123	26.7	2.5	21.8	31.7
<b>Race</b>					
White	118	28.2	2.9	22.5	33.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	52	27.8	4.0	20.0	35.7
Some College or College Graduate	72	26.4	3.7	19.1	33.8
<b>Annual Household Income</b>					
Less than \$35,000 per Year	68	35.3	4.8	25.8	44.8
\$35,000 or Higher per Year	43	20.5	3.2	14.3	26.8
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	28	25.0	5.8	13.6	36.4
Overweight (25 ≤ BMI < 30)	43	22.5	3.6	15.3	29.6
Obese (BMI ≥ 30)	47	35.7	5.0	26.0	45.5

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	82	25.2	3.3	18.7	31.7
Does not participate in leisure time physical activity	42	31.3	5.1	21.4	41.2
<b>Aerobic and Strengthening Exercise (2-Level)</b>					
Met Both Aerobic and Strengthening Guidelines	18	32.1	9.1	14.2	50.0
Did Not Meet Both Aerobic and Strengthening Guidelines	103	26.3	2.7	21.0	31.7
<b>Smoking Status</b>					
Current smoker	30	30.5	5.6	19.6	41.4
Non-smoker	92	25.7	3.2	19.5	31.9
<b>Health Insurance Status</b>					
Insured	111	29.5	2.8	23.9	35.0
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they were limited in any activities because of physical, mental, or emotional problems.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

**Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.**

## Percentage of Adults Who Reported Living with a Disability , 2011

### Reno County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	6,179	24.5	0.4	23.7	25.2
Reno County	138	29.2	2.8	23.8	34.6
<b>Gender</b>					
Men	48	27.6	4.5	18.8	36.3
Women	90	30.8	3.3	24.3	37.3
<b>Age Group</b>					
18 to 44 Years	18	19.3	5.1	9.3	29.2
45 to 64 Years	62	35.6	4.1	27.6	43.7
65 Years and Older	58	37.4	4.5	28.6	46.1
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	137	29.0	2.6	24.0	34.1
<b>Race</b>					
White	132	30.6	2.9	24.9	36.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	59	30.3	4.1	22.3	38.3
Some College or College Graduate	79	28.3	3.8	20.9	35.8
<b>Annual Household Income</b>					
Less than \$35,000 per Year	74	36.9	4.8	27.5	46.4
\$35,000 or Higher per Year	48	22.9	3.3	16.4	29.4
<b>Weight Category</b>					
Normal or Underweight (BMI <25)	31	26.1	5.8	14.7	37.4
Overweight (25 ≤ BMI < 30)	48	25.3	3.8	17.7	32.8
Obese (BMI ≥ 30)	50	37.6	5.0	27.8	47.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	92	27.1	3.3	20.6	33.6
Does not participate in leisure time physical activity	46	34.1	5.2	23.9	44.2
<b>Aerobic and Strengthening Exercise (2-Level)</b>					
Met Both Aerobic and Strengthening Guidelines	20	35.4	9.0	17.7	53.1
Did Not Meet Both Aerobic and Strengthening Guidelines	114	28.3	2.8	22.8	33.7
<b>Smoking Status</b>					
Current smoker	31	31.1	5.6	20.2	42.0
Non-smoker	104	28.4	3.2	22.1	34.7
<b>Health Insurance Status</b>					
Insured	122	31.9	2.9	26.2	37.6
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they were limited in any activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment such as a cane, a wheelchair, a special bed, or a special telephone.

Denominator: All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Not Doing Enough Physical Activity To Meet Both The  
Aerobic AND Strengthening Exercise Recommendations, 2011**

**Reno County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	16,604	83.5	0.4	82.7	84.2
Reno County	350	82.8	2.6	77.8	87.8
<b>Gender</b>					
Men	136	81.4	4.3	73.0	89.9
Women	214	84.2	2.7	78.9	89.6
<b>Age Group</b>					
18 to 44 Years	83	81.3	5.0	71.5	91.2
45 to 64 Years	142	80.8	3.6	73.8	87.8
65 Years and Older	125	89.1	2.6	84.0	94.2
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	344	85.0	2.0	81.0	89.0
<b>Race</b>					
White	331	82.5	2.7	77.2	87.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	145	90.8	2.7	85.6	96.0
Some College or College Graduate	205	76.7	3.9	69.2	84.3
<b>Annual Household Income</b>					
Less than \$35,000 per Year	152	82.5	4.7	73.3	91.7
\$35,000 or Higher per Year	158	80.8	3.2	74.5	87.1
<b>Disability Status</b>					
Living with a Disability	114	79.4	6.1	67.4	91.3
Living without a Disability	235	84.2	2.5	79.3	89.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI <25)	92	68.9	6.0	57.1	80.7
Overweight (25 ≤ BMI <30)	135	87.3	3.0	81.5	93.1
Obese (BMI ≥ 30)	106	92.0	2.7	86.8	97.3
<b>Smoking Status</b>					
Current smoker	82	87.1	4.6	78.0	96.2
Non-smoker	264	81.1	3.1	75.1	87.1
<b>Health Insurance Status</b>					
Insured	291	83.8	2.3	79.4	88.2
Uninsured	57	86.0	5.3	75.7	96.3

**Numerator:** Respondents who did not meet both aerobic and strengthening physical activity guidelines.

The aerobic guideline is defined as 150 minutes a week of moderate-intensity aerobic activity, or 75 minutes a week of vigorous-intensity aerobic activity, or an equivalent combination of moderate- and vigorous-intensity aerobic activity.

The strengthening guideline is defined as muscle-strengthening activities that involved all major muscle groups two or more times per week.

Meeting the physical activity guideline is defined as meeting both aerobic and strengthening guidelines.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Not Doing Enough Physical Activity To Meet EITHER  
Aerobic OR Strengthening Guideline, 2011**

**Reno County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	8,956	45.3	0.5	44.4	46.2
Reno County	183	48.2	3.1	42.2	54.3
<b>Gender</b>					
Men	71	46.6	4.8	37.2	56.1
Women	112	49.8	3.8	42.3	57.2
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	79	49.7	4.3	41.2	58.2
65 Years and Older	55	41.0	4.7	31.7	50.2
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	178	48.6	3.0	42.7	54.6
<b>Race</b>					
White	170	46.8	3.2	40.6	53.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	82	56.1	4.6	47.0	65.2
Some College or College Graduate	101	42.2	4.0	34.3	50.1
<b>Annual Household Income</b>					
Less than \$35,000 per Year	88	52.7	4.9	43.0	62.4
\$35,000 or Higher per Year	69	38.2	4.0	30.4	46.1
<b>Disability Status</b>					
Living with a Disability	66	52.3	5.8	41.0	63.6
Living without a Disability	116	46.4	3.7	39.2	53.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	47	39.4	5.8	28.0	50.8
Overweight (25 ≤ BMI < 30)	64	49.6	5.0	39.9	59.3
Obese (BMI ≥ 30)	62	55.5	5.3	45.2	65.9
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	126	44.2	3.6	37.1	51.2
<b>Health Insurance Status</b>					
Insured	145	46.2	3.3	39.8	52.6
Uninsured	*	*	*	*	*

**Numerator:** Respondents who did not meet either aerobic or strengthening physical activity guidelines.

The aerobic guideline is defined as 150 minutes a week of moderate-intensity aerobic activity, or 75 minutes a week of vigorous-intensity aerobic activity, or an equivalent combination of moderate- and vigorous-intensity aerobic activity.

The strengthening guideline is defined as muscle-strengthening activities that involved all major muscle groups two or more times per week.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Not Participating in Any Physical Activity (Leisure Time Physical Activity) Other Than Their Regular Job in the Past 30 Days, 2011**

**Reno County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	5,740	26.8	0.4	26.0	27.6
Reno County	112	30.3	2.9	24.6	36.0
<b>Gender</b>					
Men	48	35.1	4.7	25.9	44.4
Women	64	25.5	3.3	18.9	32.0
<b>Age Group</b>					
18 to 44 Years	24	27.4	5.5	16.7	38.2
45 to 64 Years	53	35.5	4.2	27.2	43.7
65 Years and Older	35	27.3	4.3	18.8	35.7
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	110	31.1	3.0	25.3	36.9
<b>Race</b>					
White	104	29.0	2.9	23.3	34.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	59	41.8	4.7	32.6	51.0
Some College or College Graduate	53	21.6	3.5	14.9	28.4
<b>Annual Household Income</b>					
Less than \$35,000 per Year	57	36.0	4.6	27.0	45.1
\$35,000 or Higher per Year	38	22.5	3.5	15.5	29.4
<b>Disability Status</b>					
Living with a Disability	46	35.4	5.2	25.3	45.5
Living without a Disability	66	28.3	3.6	21.3	35.2

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	28	24.9	5.2	14.7	35.1
Overweight (25 ≤ BMI < 30)	39	34.4	5.1	24.4	44.5
Obese (BMI ≥ 30)	40	34.6	5.1	24.7	44.5
<b>Smoking Status</b>					
Current smoker	35	35.9	5.9	24.5	47.4
Non-smoker	77	28.6	3.4	22.0	35.2
<b>Health Insurance Status</b>					
Insured	85	26.9	3.0	21.0	32.8
Uninsured	26	44.8	7.5	30.2	59.4

**Numerator:** Respondents reporting they did not participate in any physical activities or exercise, other than their regular job, in the past 30 days.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Consuming Fruit Less than 1 Time Per Day,  
2011**

**Reno County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	7,375	41.4	0.5	40.5	42.4
Reno County	176	43.8	3.0	37.9	49.8
<b>Gender</b>					
Men	80	47.9	4.8	38.5	57.3
Women	96	39.8	3.7	32.5	47.1
<b>Age Group</b>					
18 to 44 Years	47	45.7	5.8	34.4	57.0
45 to 64 Years	79	47.0	4.3	38.6	55.4
65 Years and Older	50	35.2	4.4	26.5	43.8
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	174	45.4	3.0	39.5	51.3
<b>Race</b>					
White	169	46.5	3.1	40.3	52.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	76	50.6	4.7	41.3	59.9
Some College or College Graduate	100	38.8	3.9	31.1	46.4
<b>Annual Household Income</b>					
Less than \$35,000 per Year	78	44.4	4.8	35.0	53.7
\$35,000 or Higher per Year	83	41.7	3.9	34.0	49.4
<b>Disability Status</b>					
Living with a Disability	56	42.5	5.6	31.5	53.6
Living without a Disability	116	43.6	3.6	36.5	50.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	45	33.4	5.3	23.1	43.8
Overweight (25 ≤ BMI < 30)	66	48.1	5.0	38.4	57.8
Obese (BMI ≥ 30)	57	52.2	5.3	41.7	62.6
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	120	40.3	3.4	33.5	47.0
Does not participate in leisure time physical activity	54	50.5	6.0	38.8	62.3
<b>Aerobic and Strengthening Exercise (2-Level)</b>					
Met Both Aerobic and Strengthening Guidelines	20	26.7	6.4	14.1	39.3
Did Not Meet Both Aerobic and Strengthening Guidelines	151	47.4	3.4	40.8	54.0
<b>Smoking Status</b>					
Current smoker	54	53.3	6.3	40.9	65.6
Non-smoker	119	40.5	3.5	33.6	47.3
<b>Health Insurance Status</b>					
Insured	151	46.9	3.2	40.6	53.2
Uninsured	25	36.9	7.1	23.0	50.8

Numerator: Respondents who reported they consumed fruit less than 1 time per day.

Denominator: All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Consuming Vegetables Less than 1 Time  
Per Day, 2011**

**Reno County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,908	22.3	0.4	21.4	23.1
Reno County	104	28.5	2.9	22.7	34.2
<b>Gender</b>					
Men	47	30.0	4.5	21.1	38.9
Women	57	26.9	3.7	19.8	34.1
<b>Age Group</b>					
18 to 44 Years	25	29.5	5.6	18.5	40.5
45 to 64 Years	53	33.1	4.1	25.0	41.1
65 Years and Older	26	19.0	3.8	11.6	26.4
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	102	29.3	3.0	23.5	35.2
<b>Race</b>					
White	99	29.0	3.0	23.2	34.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	48	33.3	4.7	24.1	42.5
Some College or College Graduate	56	24.9	3.7	17.7	32.0
<b>Annual Household Income</b>					
Less than \$35,000 per Year	54	31.8	4.5	23.0	40.7
\$35,000 or Higher per Year	42	24.5	3.7	17.4	31.7
<b>Disability Status</b>					
Living with a Disability	33	26.2	4.8	16.8	35.6
Living without a Disability	71	29.5	3.6	22.4	36.6

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	29	26.2	5.3	15.7	36.6
Overweight (25 ≤ BMI < 30)	37	29.0	5.1	19.1	39.0
Obese (BMI ≥ 30)	35	31.2	5.0	21.4	40.9
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	61	20.4	2.7	15.0	25.8
Does not participate in leisure time physical activity	43	47.2	6.2	35.2	59.3
<b>Aerobic and Strengthening Exercise (2-Level)</b>					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	89	30.8	3.3	24.3	37.4
<b>Smoking Status</b>					
Current smoker	35	34.1	5.8	22.7	45.5
Non-smoker	69	26.6	3.4	19.9	33.3
<b>Health Insurance Status</b>					
Insured	82	25.6	3.0	19.7	31.5
Uninsured	22	41.2	7.6	26.4	56.1

Numerator: Respondents who reported they consumed vegetables less than 1 time per day.

Denominator: All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

## Percentage of Adults Who Lack Health Care Coverage, 2011

### Reno County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,212	16.7	0.4	15.9	17.5
Reno County	65	21.0	2.7	15.8	26.3
<b>Gender</b>					
Men	23	19.4	4.0	11.6	27.2
Women	42	22.6	3.6	15.6	29.6
<b>Age Group</b>					
18 to 44 Years	31	35.1	5.3	24.7	45.6
45 to 64 Years	30	17.0	3.4	10.4	23.6
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	61	19.7	2.6	14.6	24.9
<b>Race</b>					
White	54	17.8	2.5	12.8	22.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	42	34.1	4.7	24.8	43.4
Some College or College Graduate	23	10.9	2.4	6.1	15.7
<b>Annual Household Income</b>					
Less than \$35,000 per Year	45	32.6	4.5	23.7	41.4
\$35,000 or Higher per Year	13	10.8	3.1	4.8	16.8
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	52	26.2	3.5	19.4	33.0

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	27	30.1	5.5	19.3	40.8
Overweight (25 ≤ BMI < 30)	17	15.0	3.8	7.5	22.5
Obese (BMI ≥ 30)	16	17.0	4.2	8.7	25.2
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	39	17.2	2.9	11.6	22.8
Does not participate in leisure time physical activity	26	31.4	5.9	20.0	42.9
<b>Aerobic and Strengthening Exercise (2-Level)</b>					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	57	22.5	3.0	16.5	28.4
<b>Smoking Status</b>					
Current smoker	34	43.9	6.2	31.8	56.1
Non-smoker	30	13.2	2.7	8.0	18.4

Numerator: Respondents reporting they had no health care coverage.

Denominator: All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Ages 18 to 64 Years Old Who Lack Health Care Coverage,  
2011**

**Reno County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,123	20.1	0.5	19.2	21.0
Reno County	61	26.7	3.3	20.1	33.2
<b>Gender</b>					
Men	22	23.8	4.8	14.4	33.2
Women	39	29.7	4.6	20.7	38.7
<b>Age Group</b>					
18 to 44 Years	31	35.1	5.3	24.7	45.6
45 to 64 Years	30	17.0	3.4	10.4	23.6
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	57	25.1	3.3	18.6	31.6
<b>Race</b>					
White	51	23.1	3.2	16.7	29.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	39	45.4	5.9	33.9	56.9
Some College or College Graduate	22	13.4	3.0	7.5	19.3
<b>Annual Household Income</b>					
Less than \$35,000 per Year	43	43.1	5.6	32.1	54.2
\$35,000 or Higher per Year	13	13.0	3.7	5.8	20.1
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	50	32.2	4.2	24.0	40.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	26	37.5	6.6	24.6	50.4
Overweight (25 ≤ BMI < 30)	15	20.0	5.2	9.9	30.1
Obese (BMI ≥ 30)	16	20.8	5.1	10.9	30.8
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	36	22.2	3.7	15.1	29.4
Does not participate in leisure time physical activity	25	38.3	7.0	24.7	52.0
<b>Aerobic and Strengthening Exercise (2-Level)</b>					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	54	28.7	3.8	21.2	36.1
<b>Smoking Status</b>					
Current smoker	34	47.6	6.5	34.8	60.4
Non-smoker	27	17.6	3.6	10.5	24.6

Numerator: Respondents ages 18-64 years old reporting they had no health care coverage.

Denominator: All respondents ages 18-64 years old, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults with No Personal Doctor or Health Care Provider, 2011**

**Reno County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,606	19.7	0.4	18.9	20.6
Reno County	57	19.3	2.7	13.9	24.6
<b>Gender</b>					
Men	33	27.5	4.7	18.4	36.6
Women	24	11.1	2.5	6.2	15.9
<b>Age Group</b>					
18 to 44 Years	24	29.9	5.5	19.2	40.6
45 to 64 Years	25	15.4	3.3	8.9	22.0
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	55	19.2	2.8	13.7	24.6
<b>Race</b>					
White	51	18.5	2.8	12.9	24.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	29	24.7	4.4	16.0	33.3
Some College or College Graduate	28	15.2	3.4	8.5	21.9
<b>Annual Household Income</b>					
Less than \$35,000 per Year	33	23.2	4.1	15.1	31.3
\$35,000 or Higher per Year	16	11.0	3.0	5.1	16.9
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	44	22.3	3.5	15.4	29.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	21	23.3	5.1	13.3	33.4
Overweight (25 ≤ BMI < 30)	21	19.8	4.9	10.2	29.5
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	35	15.0	2.8	9.6	20.4
Does not participate in leisure time physical activity	21	29.0	6.2	16.9	41.1
<b>Aerobic and Strengthening Exercise (2-Level)</b>					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	51	21.3	3.2	15.1	27.5
<b>Smoking Status</b>					
Current smoker	26	36.4	6.3	24.1	48.8
Non-smoker	31	13.6	2.9	8.0	19.3
<b>Health Insurance Status</b>					
Insured	26	11.2	2.6	6.0	16.4
Uninsured	31	51.4	7.4	36.9	65.9

Numerator: Respondents reporting they had no personal doctor or health care provider.

Denominator: All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Could Not See Doctor Because of Cost In the Past 12 Months, 2011**

**Reno County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,334	14.3	0.3	13.7	15.0
Reno County	58	16.1	2.3	11.6	20.6
<b>Gender</b>					
Men	17	12.8	3.3	6.4	19.3
Women	41	19.4	3.1	13.2	25.6
<b>Age Group</b>					
18 to 44 Years	26	26.3	4.8	16.9	35.8
45 to 64 Years	27	12.6	2.5	7.6	17.6
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	55	15.7	2.3	11.2	20.2
<b>Race</b>					
White	51	15.5	2.4	10.9	20.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	25	20.3	4.1	12.4	28.3
Some College or College Graduate	33	12.9	2.5	8.0	17.9
<b>Annual Household Income</b>					
Less than \$35,000 per Year	38	22.9	3.9	15.3	30.5
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	20	14.1	3.6	7.0	21.1
Living without a Disability	37	17.5	3.0	11.7	23.3

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	25	19.9	4.4	11.2	28.5
Overweight (25 ≤ BMI < 30)	14	12.0	3.5	5.2	18.9
Obese (BMI ≥ 30)	16	15.8	4.1	7.8	23.9
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	38	15.6	2.7	10.3	20.9
Does not participate in leisure time physical activity	19	18.5	4.5	9.6	27.3
<b>Aerobic and Strengthening Exercise (2-Level)</b>					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	49	16.8	2.6	11.7	21.9
<b>Smoking Status</b>					
Current smoker	33	38.5	6.1	26.5	50.4
Non-smoker	25	8.7	2.0	4.8	12.6
<b>Health Insurance Status</b>					
Insured	28	9.1	2.0	5.3	12.9
Uninsured	30	44.0	7.3	29.7	58.3

Numerator: Respondents reporting they could not see a doctor because of cost in the past 12 months.

Denominator: All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults with Fair or Poor Self-Perceived Health Status, 2011**

**Reno County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,614	15.0	0.3	14.4	15.6
Reno County	70	15.0	2.0	11.1	19.0
<b>Gender</b>					
Men	23	14.4	3.3	8.0	20.8
Women	47	15.7	2.4	11.0	20.4
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	33	21.2	3.7	13.9	28.4
65 Years and Older	28	19.8	3.9	12.2	27.4
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	70	15.9	2.1	11.7	20.0
<b>Race</b>					
White	63	14.7	2.1	10.6	18.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	44	24.3	3.9	16.6	31.9
Some College or College Graduate	26	8.1	1.8	4.6	11.6
<b>Annual Household Income</b>					
Less than \$35,000 per Year	40	19.2	3.4	12.5	25.9
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	44	29.8	4.8	20.4	39.2
Living without a Disability	23	8.9	2.1	4.8	13.0

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	17	12.0	3.6	5.0	19.0
Overweight (25 ≤ BMI < 30)	22	11.4	2.7	6.2	16.7
Obese (BMI ≥ 30)	27	23.9	4.6	15.0	32.9
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	35	9.1	1.8	5.5	12.6
Does not participate in leisure time physical activity	34	29.4	5.2	19.3	39.5
<b>Aerobic and Strengthening Exercise (2-Level)</b>					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	60	17.3	2.4	12.5	22.1
<b>Smoking Status</b>					
Current smoker	24	24.6	5.3	14.1	35.0
Non-smoker	46	11.9	2.0	8.1	15.8
<b>Health Insurance Status</b>					
Insured	55	14.3	2.2	10.1	18.6
Uninsured	*	*	*	*	*

Numerator: Respondents reporting that in general their health is fair or poor.

Denominator: All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Their Physical Health Was Not Good on 14 or More Days in the Past 30 Days, 2011**

**Reno County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,519	10.5	0.3	10.0	11.0
Reno County	52	11.0	1.8	7.5	14.5
<b>Gender</b>					
Men	17	10.3	2.9	4.7	16.0
Women	35	11.7	2.1	7.6	15.8
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	28	16.3	3.3	9.8	22.7
65 Years and Older	16	11.2	2.9	5.5	16.8
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	52	11.7	1.9	8.0	15.3
<b>Race</b>					
White	46	10.7	1.8	7.1	14.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	25	14.2	3.3	7.8	20.7
Some College or College Graduate	27	8.7	1.9	4.9	12.4
<b>Annual Household Income</b>					
Less than \$35,000 per Year	28	12.5	2.7	7.2	17.9
\$35,000 or Higher per Year	17	9.6	2.7	4.3	14.9
<b>Disability Status</b>					
Living with a Disability	32	24.3	4.6	15.3	33.2
Living without a Disability	18	5.8	1.7	2.4	9.2

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	17	13.5	3.9	5.8	21.2
Overweight (25 ≤ BMI < 30)	18	9.2	2.3	4.6	13.8
Obese (BMI ≥ 30)	14	10.5	2.9	4.8	16.3
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	27	7.5	1.7	4.1	10.8
Does not participate in leisure time physical activity	24	19.6	4.5	10.8	28.3
<b>Aerobic and Strengthening Exercise (2-Level)</b>					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	42	11.4	2.0	7.4	15.3
<b>Smoking Status</b>					
Current smoker	20	21.7	5.3	11.2	32.2
Non-smoker	31	7.3	1.4	4.5	10.1
<b>Health Insurance Status</b>					
Insured	43	11.2	1.9	7.4	15.0
Uninsured	*	*	*	*	*

Numerator: Respondents reporting 14 or more days when their physical health was not good.

Denominator: All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Their Mental Health Was Not Good on 14  
or More Days in the Past 30 Days, 2011**

**Reno County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,937	10.2	0.3	9.6	10.8
Reno County	50	15.1	2.3	10.6	19.6
<b>Gender</b>					
Men	19	13.6	3.3	7.2	20.1
Women	31	16.7	3.2	10.4	22.9
<b>Age Group</b>					
18 to 44 Years	19	20.5	4.5	11.7	29.4
45 to 64 Years	25	14.7	3.2	8.5	20.9
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	49	15.5	2.4	10.8	20.1
<b>Race</b>					
White	45	14.9	2.4	10.2	19.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	22	18.2	3.9	10.6	25.8
Some College or College Graduate	28	12.8	2.8	7.4	18.3
<b>Annual Household Income</b>					
Less than \$35,000 per Year	31	21.6	4.0	13.7	29.6
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	22	21.1	4.7	11.8	30.4
Living without a Disability	27	13.1	2.7	7.9	18.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	18	16.3	4.1	8.2	24.3
Overweight (25 ≤ BMI < 30)	16	12.1	3.5	5.3	18.9
Obese (BMI ≥ 30)	13	15.9	4.4	7.3	24.5
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	26	11.5	2.6	6.5	16.5
Does not participate in leisure time physical activity	24	25.0	5.1	15.1	35.0
<b>Aerobic and Strengthening Exercise (2-Level)</b>					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	41	16.7	2.7	11.4	22.1
<b>Smoking Status</b>					
Current smoker	23	27.6	5.7	16.5	38.8
Non-smoker	27	11.0	2.3	6.4	15.6
<b>Health Insurance Status</b>					
Insured	37	13.0	2.4	8.3	17.6
Uninsured	13	25.0	6.5	12.2	37.8

Numerator: Respondents reporting 14 or more days when their mental health was not good.

Denominator: All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Their Poor Physical or Mental Health Kept Them From Doing Their Usual Activities, such as Self-care, Work, or Recreation, 2011**

**Reno County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,985	39.5	0.7	38.2	40.8
Reno County	88	43.5	4.5	34.6	52.3
<b>Gender</b>					
Men	30	46.4	7.9	31.0	61.9
Women	58	41.0	4.9	31.4	50.6
<b>Age Group</b>					
18 to 44 Years	25	47.4	8.0	31.8	63.1
45 to 64 Years	42	45.2	6.0	33.6	56.9
65 Years and Older	21	30.1	6.2	18.0	42.2
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	85	40.5	4.3	32.1	48.9
<b>Race</b>					
White	81	42.7	4.7	33.5	51.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	32	38.4	6.2	26.2	50.6
Some College or College Graduate	56	47.1	6.2	35.0	59.3
<b>Annual Household Income</b>					
Less than \$35,000 per Year	46	51.8	6.8	38.4	65.2
\$35,000 or Higher per Year	33	34.1	5.6	23.2	45.0
<b>Disability Status</b>					
Living with a Disability	41	61.3	7.1	47.4	75.2
Living without a Disability	45	34.1	5.4	23.5	44.6

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	29	42.2	8.1	26.2	58.1
Overweight (25 ≤ BMI < 30)	34	46.7	7.7	31.5	61.9
Obese (BMI ≥ 30)	24	46.0	7.6	31.0	61.0
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	58	37.8	5.3	27.4	48.3
Does not participate in leisure time physical activity	29	56.6	8.2	40.6	72.7
<b>Aerobic and Strengthening Exercise (2-Level)</b>					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	70	41.1	4.7	31.8	50.3
<b>Smoking Status</b>					
Current smoker	30	48.2	7.7	33.0	63.3
Non-smoker	57	40.9	5.7	29.8	52.0
<b>Health Insurance Status</b>					
Insured	72	42.4	4.8	33.0	51.8
Uninsured	*	*	*	*	*

**Numerator:** Respondents reporting one or more days in the past 30 days when their poor physical or mental health kept them from doing their usual activities, such as self-care, work, or recreation.

**Denominator:** Among respondents with at least one day in the past 30 days when their physical or mental health was not good, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

**Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.**

## Percentage of Adults Who had a Heart Attack, 2011

### Reno County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,236	4.4	0.2	4.1	4.7
Reno County	26	4.9	1.1	2.8	7.0
<b>Gender</b>					
Men	*	*	*	*	*
Women	14	4.6	1.3	2.0	7.2
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	13	7.8	2.2	3.4	12.2
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	26	5.2	1.1	3.0	7.4
<b>Race</b>					
White	23	5.0	1.1	2.8	7.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	14	6.6	1.9	2.8	10.4
Some College or College Graduate	*	*	*	*	*
<b>Annual Household Income</b>					
Less than \$35,000 per Year	16	6.7	1.9	3.0	10.4
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	20	14.0	3.4	7.4	20.5
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	16	12.7	3.3	6.3	19.1
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	19	4.5	1.1	2.3	6.6
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Aerobic and Strengthening Exercise (2-Level)</b>					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	25	6.1	1.3	3.5	8.7
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	17	4.3	1.2	2.0	6.6
<b>Health Insurance Status</b>					
Insured	24	5.9	1.3	3.3	8.5
Uninsured	*	*	*	*	*

**Numerator:** Respondents reporting they had been told by a doctor, nurse, or other health professional that they had a heart attack also called a myocardial infarction.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

## Percentage of Adults Who had Angina or Coronary Heart Disease, 2011

### Reno County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,333	4.5	0.2	4.2	4.8
Reno County	27	4.7	1.0	2.8	6.6
<b>Gender</b>					
Men	14	5.0	1.4	2.2	7.8
Women	13	4.4	1.3	1.8	7.0
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	15	11.0	2.8	5.5	16.6
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	27	5.0	1.0	3.0	7.0
<b>Race</b>					
White	26	4.9	1.0	2.9	7.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	16	4.3	1.1	2.1	6.5
<b>Annual Household Income</b>					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	12	4.4	1.3	1.8	6.9
<b>Disability Status</b>					
Living with a Disability	17	10.7	2.8	5.3	16.2
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	17	11.4	2.9	5.7	17.1
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	19	4.4	1.1	2.3	6.4
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Aerobic and Strengthening Exercise (2-Level)</b>					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	23	5.4	1.2	3.1	7.7
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	21	4.5	1.1	2.4	6.5
<b>Health Insurance Status</b>					
Insured	27	6.1	1.2	3.7	8.5
Uninsured	*	*	*	*	*

Numerator: Respondents reporting they had been told by a doctor, nurse, or other health professional that they had angina or coronary heart disease.

Denominator: All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

## Percentage of Adults Who Had A Stroke, 2011

### Reno County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	831	2.7	0.1	2.5	3.0
Reno County	20	3.2	0.8	1.7	4.7
<b>Gender</b>					
Men	*	*	*	*	*
Women	13	3.2	1.0	1.4	5.1
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	15	10.6	2.9	4.9	16.2
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	20	3.4	0.8	1.8	5.0
<b>Race</b>					
White	20	3.5	0.9	1.8	5.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
<b>Annual Household Income</b>					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	15	7.9	2.2	3.5	12.3
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Aerobic and Strengthening Exercise (2-Level)</b>					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	16	3.2	0.9	1.5	5.0
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	17	3.6	1.0	1.7	5.5
<b>Health Insurance Status</b>					
Insured	18	3.8	1.0	1.8	5.7
Uninsured	*	*	*	*	*

Numerator: Respondents reporting they had been told by a doctor, nurse, or other health professional that they had a stroke.

Denominator: All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

## Percentage of Adults with Diagnosed Hypertension, 2011

### Reno County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	8,234	30.8	0.4	30.1	31.6
Reno County	184	32.6	2.6	27.6	37.6
<b>Gender</b>					
Men	61	30.8	4.0	22.9	38.7
Women	123	34.3	3.2	28.1	40.6
<b>Age Group</b>					
18 to 44 Years	16	12.1	3.3	5.7	18.5
45 to 64 Years	66	35.6	4.1	27.7	43.6
65 Years and Older	102	66.6	4.3	58.2	75.0
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	182	33.7	2.6	28.6	38.7
<b>Race</b>					
White	170	32.1	2.6	27.0	37.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	73	33.7	4.1	25.7	41.8
Some College or College Graduate	111	31.7	3.3	25.3	38.1
<b>Annual Household Income</b>					
Less than \$35,000 per Year	83	33.8	4.1	25.7	41.9
\$35,000 or Higher per Year	73	30.7	3.5	23.8	37.6
<b>Disability Status</b>					
Living with a Disability	83	53.2	5.8	41.9	64.5
Living without a Disability	98	24.8	2.7	19.4	30.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI <25)	41	22.6	4.2	14.4	30.8
Overweight (25 ≤ BMI <30)	71	35.3	4.3	26.8	43.8
Obese (BMI ≥ 30)	62	43.4	5.1	33.4	53.4
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	130	30.9	2.9	25.2	36.6
Does not participate in leisure time physical activity	52	38.1	5.4	27.5	48.8
<b>Aerobic and Strengthening Exercise (2-Level)</b>					
Met Both Aerobic and Strengthening Guidelines	20	21.3	5.7	10.2	32.3
Did Not Meet Both Aerobic and Strengthening Guidelines	155	35.3	2.9	29.6	41.1
<b>Smoking Status</b>					
Current smoker	37	34.1	5.6	23.0	45.2
Non-smoker	144	31.8	2.9	26.2	37.4
<b>Health Insurance Status</b>					
Insured	167	37.5	2.9	31.8	43.2
Uninsured	15	15.9	4.8	6.6	25.2

Numerator: Respondents reporting they had been told by a doctor, nurse, or other health professional that they have high blood pressure.

Denominator: All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Ages 18 Years and Older Who Did Not Get Immunized  
Against Influenza During the Past 12 Months, 2011**

**Reno County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	10,021	58.3	0.4	57.4	59.2
Reno County	215	59.3	2.9	53.6	64.9
<b>Gender</b>					
Men	102	70.0	3.9	62.3	77.7
Women	113	48.9	3.8	41.5	56.2
<b>Age Group</b>					
18 to 44 Years	69	73.3	4.9	63.8	82.9
45 to 64 Years	91	56.9	4.2	48.7	65.1
65 Years and Older	55	38.0	4.5	29.1	46.9
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	210	58.7	2.9	53.1	64.3
<b>Race</b>					
White	203	59.9	2.9	54.2	65.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	87	60.1	4.5	51.4	68.9
Some College or College Graduate	128	58.6	3.8	51.2	66.0
<b>Annual Household Income</b>					
Less than \$35,000 per Year	94	61.4	4.5	52.5	70.3
\$35,000 or Higher per Year	96	55.6	3.9	47.9	63.3
<b>Disability Status</b>					
Living with a Disability	56	51.0	5.6	40.0	62.0
Living without a Disability	159	62.9	3.4	56.3	69.5

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI <25)	68	62.5	5.4	52.0	72.9
Overweight (25 ≤ BMI <30)	75	55.2	4.8	45.9	64.6
Obese (BMI ≥ 30)	63	61.5	5.0	51.7	71.3
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	160	60.2	3.3	53.8	66.6
Does not participate in leisure time physical activity	55	57.1	5.8	45.8	68.4
<b>Aerobic and Strengthening Exercise (2-Level)</b>					
Met Both Aerobic and Strengthening Guidelines	35	64.2	7.1	50.2	78.1
Did Not Meet Both Aerobic and Strengthening Guidelines	177	59.3	3.1	53.1	65.4
<b>Smoking Status</b>					
Current smoker	62	78.0	4.4	69.4	86.7
Non-smoker	150	52.6	3.5	45.8	59.5
<b>Health Insurance Status</b>					
Insured	169	55.4	3.1	49.3	61.5
Uninsured	44	70.8	6.9	57.3	84.2

Numerator: Respondents who reported they did not have a flu shot or vaccine sprayed in the nose during the past 12 months.

Denominator: All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Ages 65 Years and Older Who Did Not Get Immunized  
Against Influenza During the Past 12 Months, 2011**

**Reno County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,059	32.4	0.7	31.0	33.7
Reno County	55	38.0	4.5	29.1	46.9
<b>Gender</b>					
Men	*	*	*	*	*
Women	36	36.8	5.4	26.3	47.3
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	54	37.1	4.5	28.3	46.0
<b>Race</b>					
White	54	38.1	4.6	29.0	47.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	27	37.3	6.6	24.5	50.2
Some College or College Graduate	28	38.7	6.2	26.5	50.9
<b>Annual Household Income</b>					
Less than \$35,000 per Year	26	35.2	6.6	22.3	48.1
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	17	32.0	7.3	17.6	46.4
Living without a Disability	38	41.9	5.8	30.5	53.3
<b>Weight Category</b>					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	21	35.0	6.8	21.7	48.4
Obese (BMI ≥ 30)	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	44	41.7	5.3	31.4	52.0
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Aerobic and Strengthening Exercise (2-Level)</b>					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	47	39.4	5.0	29.6	49.3
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	48	36.9	4.8	27.6	46.3
<b>Health Insurance Status</b>					
Insured	51	37.1	4.6	28.0	46.1
Uninsured	*	*	*	*	*

Numerator: Respondents ages 65 years and older who reported they did not receive a flu shot or vaccine sprayed in the nose during the past 12 months.

Denominator: All respondents ages 65 years and older, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Ages 65 Years and Older Who Never Had Pneumonia  
Vaccination, 2011**

**Reno County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,792	29.2	0.7	27.9	30.6
Reno County	42	31.2	4.4	22.5	39.9
<b>Gender</b>					
Men	*	*	*	*	*
Women	25	26.8	5.1	16.8	36.8
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	41	30.3	4.4	21.7	38.9
<b>Race</b>					
White	40	30.6	4.5	21.8	39.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	23	34.8	6.6	21.8	47.7
Some College or College Graduate	19	27.2	5.7	16.1	38.4
<b>Annual Household Income</b>					
Less than \$35,000 per Year	21	33.9	6.8	20.7	47.2
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	16	30.5	7.2	16.3	44.7
Living without a Disability	26	31.9	5.6	20.8	43.0
<b>Weight Category</b>					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	18	29.6	6.5	16.8	42.4
Obese (BMI ≥ 30)	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	32	29.8	5.0	20.0	39.5
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Aerobic and Strengthening Exercise (2-Level)</b>					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	37	33.4	5.0	23.7	43.2
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	35	28.8	4.6	19.9	37.8
<b>Health Insurance Status</b>					
Insured	38	30.1	4.5	21.3	38.9
Uninsured	*	*	*	*	*

Numerator: Respondents ages 65 years and older who reported they never had a pneumonia vaccination.

Denominator: All respondents ages 65 years and older, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

## Percentage of Adults who are Obese, 2011

### Reno County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	5,907	29.6	0.4	28.7	30.4
Reno County	118	27.7	2.6	22.7	32.8
<b>Gender</b>					
Men	47	25.5	3.8	18.1	33.0
Women	71	30.2	3.4	23.5	36.9
<b>Age Group</b>					
18 to 44 Years	32	26.7	4.7	17.5	35.9
45 to 64 Years	55	32.0	4.0	24.1	39.8
65 Years and Older	31	22.9	4.1	14.9	30.8
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	117	28.8	2.6	23.6	34.0
<b>Race</b>					
White	111	27.8	2.7	22.6	33.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	47	29.5	4.3	21.2	37.9
Some College or College Graduate	71	26.4	3.2	20.2	32.7
<b>Annual Household Income</b>					
Less than \$35,000 per Year	49	28.1	4.1	20.0	36.3
\$35,000 or Higher per Year	54	27.6	3.6	20.6	34.7
<b>Disability Status</b>					
Living with a Disability	50	36.7	5.3	26.3	47.1
Living without a Disability	67	24.9	3.1	18.9	30.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	77	26.8	3.1	20.8	32.9
Does not participate in leisure time physical activity	40	31.5	5.2	21.4	41.6
<b>Aerobic and Strengthening Exercise (2-Level)</b>					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	106	32.1	3.1	26.1	38.1
<b>Smoking Status</b>					
Current smoker	25	26.8	5.4	16.3	37.4
Non-smoker	92	28.1	3.0	22.3	34.0
<b>Health Insurance Status</b>					
Insured	102	29.7	2.9	24.1	35.3
Uninsured	16	23.1	5.9	11.6	34.7

Numerator: Respondents with a body mass index greater than or equal to 30, based on self-reported height and weight.

Denominator: All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

## Percentage of Adults Who are Overweight or Obese, 2011

### Reno County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	12,869	64.4	0.5	63.5	65.3
Reno County	280	64.2	3.1	58.2	70.3
<b>Gender</b>					
Men	133	69.9	4.8	60.6	79.3
Women	147	58.0	3.9	50.4	65.6
<b>Age Group</b>					
18 to 44 Years	58	53.7	5.9	42.1	65.2
45 to 64 Years	124	73.4	4.0	65.5	81.3
65 Years and Older	98	68.9	4.1	60.8	77.0
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	275	65.5	2.9	59.7	71.2
<b>Race</b>					
White	265	65.0	3.1	58.8	71.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	111	66.7	4.8	57.4	76.1
Some College or College Graduate	169	62.4	4.0	54.5	70.4
<b>Annual Household Income</b>					
Less than \$35,000 per Year	109	54.5	5.0	44.7	64.3
\$35,000 or Higher per Year	142	72.2	3.8	64.7	79.7
<b>Disability Status</b>					
Living with a Disability	98	68.2	6.4	55.6	80.8
Living without a Disability	177	63.1	3.6	56.0	70.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	197	61.3	3.7	54.1	68.6
Does not participate in leisure time physical activity	79	71.6	5.7	60.4	82.8
<b>Aerobic and Strengthening Exercise (2-Level)</b>					
Met Both Aerobic and Strengthening Guidelines	30	38.7	7.5	23.9	53.4
Did Not Meet Both Aerobic and Strengthening Guidelines	241	70.6	3.2	64.3	76.9
<b>Smoking Status</b>					
Current smoker	49	50.4	6.3	38.1	62.7
Non-smoker	228	69.1	3.5	62.1	76.0
<b>Health Insurance Status</b>					
Insured	246	69.4	2.9	63.7	75.2
Uninsured	33	49.9	7.7	34.8	64.9

Numerator: Respondents with a body mass index greater than or equal to 25, based on self-reported height and weight.

Denominator: All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported That They Do Not Always Wear a Seatbelt  
When They Drive or Ride in a Car, 2011**

**Reno County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,339	19.4	0.4	18.6	20.1
Reno County	72	20.4	2.5	15.5	25.3
<b>Gender</b>					
Men	38	23.6	3.9	15.9	31.3
Women	34	17.3	3.2	11.2	23.5
<b>Age Group</b>					
18 to 44 Years	27	28.1	5.0	18.2	37.9
45 to 64 Years	25	14.4	2.9	8.6	20.1
65 Years and Older	20	15.9	3.7	8.7	23.1
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	71	21.2	2.6	16.1	26.2
<b>Race</b>					
White	68	21.0	2.6	15.9	26.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	30	20.7	3.9	13.0	28.4
Some College or College Graduate	42	20.2	3.2	13.9	26.6
<b>Annual Household Income</b>					
Less than \$35,000 per Year	31	18.6	3.6	11.6	25.7
\$35,000 or Higher per Year	33	18.9	3.3	12.5	25.3
<b>Disability Status</b>					
Living with a Disability	19	14.7	3.8	7.3	22.2
Living without a Disability	52	22.6	3.1	16.5	28.8

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI <25)	17	15.9	4.3	7.5	24.3
Overweight (25 ≤ BMI <30)	28	22.0	4.2	13.8	30.2
Obese (BMI ≥ 30)	22	21.4	4.5	12.5	30.2
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	48	19.0	2.9	13.4	24.6
Does not participate in leisure time physical activity	24	23.7	5.0	13.9	33.5
<b>Aerobic and Strengthening Exercise (2-Level)</b>					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	63	21.8	2.8	16.3	27.4
<b>Smoking Status</b>					
Current smoker	21	21.2	4.9	11.7	30.8
Non-smoker	51	20.3	2.9	14.6	26.1
<b>Health Insurance Status</b>					
Insured	56	18.9	2.6	13.8	24.1
Uninsured	16	27.9	6.7	14.8	41.0

Numerator: Respondents who reported they nearly always, sometimes, seldom, or never use a seatbelt when they ride or drive in a car.

Denominator: All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

## Percentage of Adults Who Currently Smoke Cigarettes, 2011

### Reno County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,547	22.0	0.4	21.2	22.8
Reno County	92	25.3	2.7	20.0	30.5
<b>Gender</b>					
Men	37	25.0	4.1	16.9	33.1
Women	55	25.5	3.4	18.9	32.1
<b>Age Group</b>					
18 to 44 Years	32	30.8	5.0	20.9	40.7
45 to 64 Years	49	28.9	4.1	20.9	36.9
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	87	24.2	2.6	19.1	29.4
<b>Race</b>					
White	79	22.7	2.6	17.6	27.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	47	35.5	4.6	26.4	44.6
Some College or College Graduate	45	17.7	2.8	12.1	23.2
<b>Annual Household Income</b>					
Less than \$35,000 per Year	60	39.9	4.7	30.7	49.1
\$35,000 or Higher per Year	26	14.3	3.1	8.3	20.4
<b>Disability Status</b>					
Living with a Disability	31	27.8	5.0	17.9	37.7
Living without a Disability	61	25.2	3.2	18.9	31.6

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI <25)	40	35.7	5.4	25.0	46.3
Overweight (25 ≤ BMI <30)	24	16.6	3.6	9.5	23.7
Obese (BMI ≥ 30)	25	24.8	4.9	15.3	34.3
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	57	23.9	3.2	17.7	30.1
Does not participate in leisure time physical activity	35	30.5	5.3	20.2	40.9
<b>Aerobic and Strengthening Exercise (2-Level)</b>					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	82	27.6	3.0	21.7	33.6
<b>Health Insurance Status</b>					
Insured	58	18.3	2.5	13.4	23.3
Uninsured	34	53.6	7.4	39.1	68.2

**Numerator:** Respondents who reported they have smoked at least 100 cigarettes in their entire life and that they now smoke some days or every day.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Stopped Smoking for One Day or Longer Because  
They Were Trying to Quit Smoking, 2011**

**Reno County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,868	55.5	1.1	53.4	57.6
Reno County	52	57.9	6.0	46.1	69.8
<b>Gender</b>					
Men	*	*	*	*	*
Women	33	61.0	7.7	46.0	76.1
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	47	53.6	6.3	41.2	66.0
<b>Race</b>					
White	42	53.8	6.6	40.9	66.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
<b>Annual Household Income</b>					
Less than \$35,000 per Year	36	62.3	7.2	48.1	76.4
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	36	64.6	7.0	50.8	78.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI <30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	37	66.3	7.2	52.3	80.3
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Aerobic and Strengthening Exercise (2-Level)</b>					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	45	54.6	6.5	41.9	67.3
<b>Health Insurance Status</b>					
Insured	32	58.4	7.5	43.6	73.1
Uninsured	*	*	*	*	*

**Numerator:** Current smokers who stopped smoking for one day or longer because they were trying to quit smoking.

**Denominator:** Among current smokers, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

# Percentage of Adults Who Currently Use Any Smokeless Tobacco Products, 2011

## Reno County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	760	5.3	0.2	4.9	5.8
Reno County	15	4.6	1.3	2.0	7.2
<b>Gender</b>					
Men	14	9.0	2.6	3.9	14.0
Women	*	*	*	*	*
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	15	4.9	1.4	2.1	7.6
<b>Race</b>					
White	14	4.4	1.3	1.9	7.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
<b>Annual Household Income</b>					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Aerobic and Strengthening Exercise (2-Level)</b>					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	*	*	*	*	*
<b>Health Insurance Status</b>					
Insured	*	*	*	*	*
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they currently use chewing tobacco, snuff or snus (Swedish for snuff) some days or every day.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

## Percentage of Men Who Currently Use Any Smokeless Tobacco Products, 2011

### Reno County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	684	10.1	0.4	9.2	11.0
Reno County	14	9.0	2.6	3.9	14.0
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	14	9.7	2.8	4.3	15.1
<b>Race</b>					
White	*	*	*	*	*
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
<b>Annual Household Income</b>					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
<b>Disability Status</b>					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*
<b>Weight Category</b>					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Aerobic and Strengthening Exercise (2-Level)</b>					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	*	*	*	*	*
<b>Smoking Status</b>					
Current smoker	*	*	*	*	*
Non-smoker	*	*	*	*	*
<b>Health Insurance Status</b>					
Insured	*	*	*	*	*
Uninsured	*	*	*	*	*

Numerator: Male respondents who reported they currently use chewing tobacco, snuff or snus (Swedish for snuff) some days or every day.

Denominator: All male respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Ever Served on Active Duty in the United States  
Armed Forces, 2011**

**Reno County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,699	11.5	0.3	11.0	12.1
Reno County	63	14.6	2.0	10.8	18.4
<b>Gender</b>					
Men	59	28.1	3.8	20.6	35.5
Women	*	*	*	*	*
<b>Age Group</b>					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	25	18.7	3.6	11.6	25.8
65 Years and Older	32	24.9	4.1	16.9	33.0
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	61	14.4	2.0	10.6	18.3
<b>Race</b>					
White	60	15.2	2.1	11.1	19.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	24	14.6	3.2	8.4	20.8
Some College or College Graduate	39	14.6	2.5	9.8	19.4
<b>Annual Household Income</b>					
Less than \$35,000 per Year	26	13.6	3.0	7.6	19.5
\$35,000 or Higher per Year	35	17.6	2.9	11.9	23.4
<b>Disability Status</b>					
Living with a Disability	22	18.6	4.2	10.4	26.8
Living without a Disability	40	13.3	2.2	8.9	17.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI <30)	28	17.6	3.4	10.9	24.4
Obese (BMI ≥ 30)	21	19.4	4.2	11.2	27.6
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	47	14.4	2.3	9.9	18.8
Does not participate in leisure time physical activity	15	15.9	4.1	7.9	23.9
<b>Aerobic and Strengthening Exercise (2-Level)</b>					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	47	13.9	2.2	9.6	18.1
<b>Smoking Status</b>					
Current smoker	12	14.3	4.2	6.0	22.6
Non-smoker	49	14.4	2.2	10.1	18.7
<b>Health Insurance Status</b>					
Insured	60	17.8	2.4	13.2	22.5
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported that they served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Have Vision Impairment In One of Both Eyes, Even  
When Wearing Glasses, 2011**

**Reno County**

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	4,108	15.7	0.3	15.1	16.3
Reno County	96	21.5	2.7	16.1	26.8
<b>Gender</b>					
Men	39	22.6	4.6	13.6	31.5
Women	57	20.3	3.0	14.5	26.2
<b>Age Group</b>					
18 to 44 Years	16	19.5	5.5	8.8	30.2
45 to 64 Years	34	17.8	3.3	11.4	24.3
65 Years and Older	46	31.0	4.2	22.7	39.3
<b>Ethnicity</b>					
Hispanic	*	*	*	*	*
Non-Hispanic	93	19.9	2.4	15.1	24.6
<b>Race</b>					
White	89	22.0	2.9	16.4	27.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
<b>Education</b>					
High School Graduate or Less	32	15.6	3.1	9.6	21.7
Some College or College Graduate	64	25.8	4.0	17.9	33.7
<b>Annual Household Income</b>					
Less than \$35,000 per Year	50	23.3	4.5	14.5	32.1
\$35,000 or Higher per Year	35	16.9	2.9	11.3	22.5
<b>Disability Status</b>					
Living with a Disability	45	31.7	5.9	20.2	43.2
Living without a Disability	48	17.7	3.0	11.8	23.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
<b>Weight Category</b>					
Normal or Underweight (BMI <25)	26	20.6	5.4	10.0	31.3
Overweight (25 ≤ BMI <30)	44	26.2	4.7	16.9	35.5
Obese (BMI ≥ 30)	21	15.6	3.6	8.6	22.6
<b>Leisure Time Physical Activity</b>					
Participates in leisure time physical activity	73	23.9	3.3	17.5	30.4
Does not participate in leisure time physical activity	*	*	*	*	*
<b>Aerobic and Strengthening Exercise (2-Level)</b>					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	77	21.2	2.8	15.7	26.7
<b>Smoking Status</b>					
Current smoker	24	22.1	4.9	12.6	31.6
Non-smoker	71	21.1	3.3	14.6	27.5
<b>Health Insurance Status</b>					
Insured	84	21.9	2.8	16.4	27.3
Uninsured	*	*	*	*	*

**Numerator:** Respondents who reported they had been told by a doctor, nurse, or other health professional that they have vision impairment in one of both eyes, even when wearing glasses.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

## Technical Notes

Data on 43 health risk indicators, analyzed by various subpopulation groups (e.g. gender, age group, ethnicity, etc.), are included in this report. The indicators are summarized in tables that show:

- Unweighted Frequency: the number of respondents who reported the risk behavior
- Weighted Percentage: the prevalence estimate for the risk behavior within a particular subpopulation group category
- Standard Error: used to compute the 95% confidence limits
- Lower and upper 95% confidence limits

Prevalence estimates vary in precision depending on sample size. One way of describing the precision of an estimate is the margin of error, which is the half-width of the confidence interval. When the sample size is large for a particular subpopulation group, the corresponding margin of error for an estimate is small. When the sample size is small for a particular subpopulation group, the corresponding margin of error for an estimate is large. Large margins of error (i.e. >5) indicate that an estimate may be unreliable. Prevalence estimates that have a margin of error >5 are *italicized* in this report and should be interpreted with caution.

To determine whether two weighted percentages are significantly different from one another, the reader must compare the confidence intervals. Confidence intervals which do not overlap indicate a statistically significant difference while overlapping confidence intervals indicate that two estimates are not statistically significantly different from one another. It is incorrect to say two estimates are different if their confidence limits overlap.

Estimates have been censored with an asterisk ("\*") when the sample size was inadequate and/or when the estimates were statistically unreliable. Specifically, estimates were censored when any of the following conditions were met:

- the numerator of the indicator is less than 5
- the denominator of the indicator is less than 50
- the relative standard error (RSE) is 30 percent or higher

RSE is obtained by dividing the standard error of the estimate by the estimate itself, then multiplying that result by 100 to be expressed as a percent.

2011 BRFSS data represent a new baseline for public health surveillance. Due to changes in BRFSS survey methodology, 2011 BRFSS estimates cannot be compared to estimates from previous years.

For more information on changes to the Kansas BRFSS survey methodology beginning in 2011, please visit: <http://www.kdheks.gov/brfss/newmethod.html>

For more detailed technical notes on the Kansas BRFSS, please visit: <http://www.kdheks.gov/brfss/technotes.html>