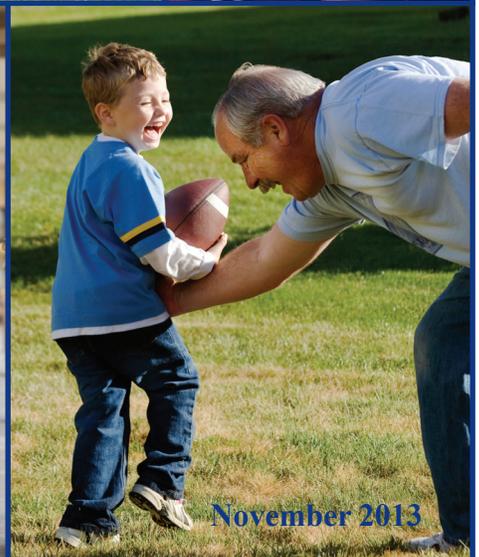


2011 Kansas Behavioral Risk Factor Surveillance System Local Data

Montgomery County



2011 Kansas Behavioral Risk Factor Surveillance System Local Data

State of Kansas
Sam Brownback, Governor

Kansas Department of Health and Environment
Dr. Robert Moser, Secretary and State Health Officer

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**Kansas Department of Health and Environment
Bureau of Health Promotion
November 2013**

Kansas Department of Health and Environment (KDHE)

Mission

To protect and improve the health and environment of all Kansans

Vision

Healthy Kansans living in safe and sustainable environments

www.kdheks.gov

Foreword

The Behavioral Risk Factor Surveillance System (BRFSS) is the world's largest, annual population-based telephone survey system, tracking health conditions and risk behaviors in the U.S. It is coordinated by the Centers for Disease Control and Prevention (CDC) and is conducted in every state and several territories.

BRFSS allows us to perform a critical public health function of assessing population health and identifying issues critically important to public health and population health management. BRFSS provides data on a wide range of health issues including information related to access to health care, chronic and infectious diseases, clinical preventive services, environmental quality, infant and child health, injury and violence, maternal health, mental health, nutrition, physical activity, obesity, oral health, reproductive and sexual health, substance abuse and tobacco use.

Prior to 2009, the sample size for the Kansas survey was sufficient to produce state level estimates of health risk behaviors. Beginning in 2009, the Kansas BRFSS was expanded in response to demand from local health officials for local level health risk behavior data for a 10-year project. The survey now collects adequate sample data during odd years (2009, 2011, 2013, 2015 and 2017) to provide local level estimates by county or region for these years.

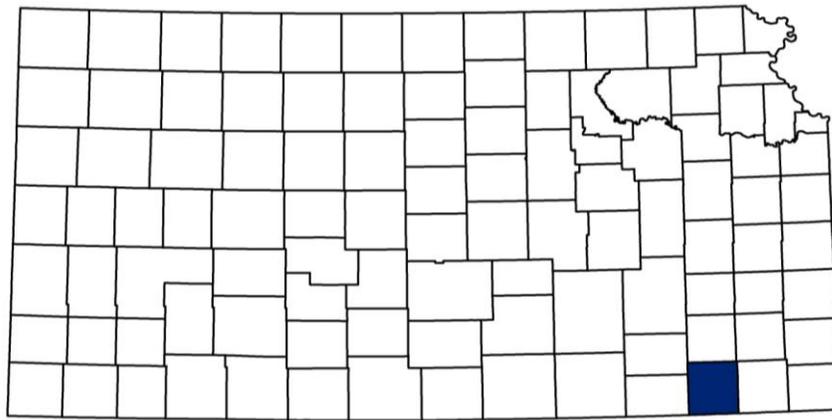
During the 2011 survey year, data were collected from more than 20,000 adult Kansans, providing estimates for 43 of the state's 105 counties and for 16 Public Health Preparedness Regions, with data for 43 health risk indicators analyzed at the county or regional level. By the conclusion of the 10-year project, most of Kansas counties will have county-specific data for use in estimating trends in selected health indicators from 2011 forward. Data from 2011 onward cannot be compared to previous years as the BRFSS data collection and analysis methods changed beginning in 2011.

BRFSS data help public health professionals measure Kansans health behaviors, conditions and concerns at the state and the local level. These data are important when we consider where to focus our public health efforts and to help us emphasize the benefits of prevention.

Sincerely,

A handwritten signature in blue ink that reads "Robert Moser".

Robert Moser, MD
Secretary and State Health Officer
Kansas Department of Health and Environment



Montgomery County

Kansas Behavioral Risk Factor Surveillance System – Local Data, 2011 can also be accessed at <http://www.kdheks.gov/brfss/>

If you have any questions about survey methodology or need assistance interpreting the data, please contact:

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Table of Contents

Alcohol Consumption	
Binge Drinking.....	1
Heavy Drinking.....	3
Arthritis	
Arthritis.....	5
Activity Limitation Due to Arthritis.....	7
Asthma	9
Cancer	
Cancer (Excluding Skin Cancer).....	11
Skin Cancer.....	13
Cholesterol	
Not Checked Cholesterol within Five Years.....	15
High Blood Cholesterol Status.....	17
Chronic Obstructive Pulmonary Disease (COPD)	19
Depressive Disorder	21
Diabetes	23
Disability	
Activity Limitation Due to Physical, Mental, or Emotional Problems.....	25
Disability.....	27
Exercise and Physical Activity	
Did Not Meet Both the Aerobic AND Strengthening Exercise Recommendations...29	
Did Not Meet EITHER Aerobic OR Strengthening Recommendation.....	31
Not Participating in Any Physical Activity.....	33
Fruits and Vegetable Consumption	
Consuming Fruits Less than 1 Time Per Day.....	35
Consuming Vegetables Less than 1 Time Per Day.....	37

Health Care Access	
Lack Health Care Coverage	39
Lack Health Care Coverage (Ages 18 to 64 Years Old Only)	41
No Personal Doctor	43
Did Not See Doctor Due to Cost.....	45
General Health	47
Healthy Days-Health Related Quality of Life	
Physical Health Status.....	49
Mental Health Status.....	51
Poor Physical or Mental Health is Barrier to Usual Activities.....	53
Heart Attack	55
Coronary Heart Disease	57
Stroke	59
High Blood Pressure	61
Immunization	
Not Immunized Against Influenza.....	63
Not Immunized Against Influenza (Ages 65 Years and Older Only)	65
Never Had Pneumonia Vaccination.....	67
Weight Status (BMI Categories)	
Obese.....	69
Overweight or Obese	71
Seatbelt Use	73
Tobacco Use	
Current Smoker	75
Tried Quitting Smoking	77
Smokeless Tobacco Use.....	79
Male Smokeless Tobacco User.....	81
Veteran Status	83
Vision Impairment	85
Technical Notes	87

Percentage of Adults Who Are Binge Drinkers, 2011

Montgomery County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,281	17.0	0.4	16.2	17.8
Montgomery County	16	13.2	3.7	5.9	20.5
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	16	13.6	3.8	6.1	21.1
Race					
White	14	14.2	4.2	5.9	22.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	14	16.8	4.9	7.2	26.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI <30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	<i>14</i>	<i>14.1</i>	<i>4.2</i>	<i>5.8</i>	<i>22.3</i>
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*	*	*	*	*
Health Insurance Status					
Insured	*	*	*	*	*
Uninsured	*	*	*	*	*

Numerator: Male respondents having five or more drinks on one occasion in the past 30 days or female respondents having four or more drinks on one occasion in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Reported Heavy Alcohol Consumption in the Past 30 Days, 2011

Montgomery County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	823	5.4	0.2	5.0	5.9
Montgomery County	*	*	*	*	*
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	*	*	*	*	*
Race					
White	*	*	*	*	*
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*	*	*	*	*
Health Insurance Status					
Insured	*	*	*	*	*
Uninsured	*	*	*	*	*

Numerator: Male respondents who reported consuming an average of more than two drinks per day and female respondents who reported consuming an average of more than one drink per day during the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Percentage of Adults with Doctor Diagnosed Arthritis, 2011

Montgomery County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	6,493	23.1	0.3	22.4	23.8
Montgomery County	90	27.4	3.2	21.0	33.7
Gender					
Men	32	22.8	4.5	14.1	31.6
Women	58	31.6	4.6	22.6	40.5
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	40	42.0	6.0	30.4	53.7
65 Years and Older	45	44.5	5.8	33.1	56.0
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	85	26.8	3.3	20.4	33.2
Race					
White	78	29.5	3.6	22.3	36.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	45	33.6	5.5	22.9	44.4
Some College or College Graduate	45	21.8	3.6	14.7	28.9
Annual Household Income					
Less than \$35,000 per Year	50	34.1	5.2	23.8	44.3
\$35,000 or Higher per Year	21	18.3	4.2	10.1	26.6
Disability Status					
Living with a Disability	41	52.3	7.0	38.5	66.0
Living without a Disability	43	17.8	3.2	11.6	24.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	34	29.5	5.6	18.5	40.5
Overweight (25 ≤ BMI < 30)	16	21.1	5.8	9.7	32.6
Obese (BMI ≥ 30)	34	29.1	5.6	18.1	40.2
Leisure Time Physical Activity					
Participates in leisure time physical activity	51	22.1	3.6	15.0	29.1
Does not participate in leisure time physical activity	33	42.0	7.2	27.9	56.1
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	70	28.2	3.7	20.8	35.5
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	67	24.3	3.4	17.6	30.9
Health Insurance Status					
Insured	79	28.4	3.5	21.5	35.3
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor or other health professional that they have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Doctor Diagnosed Arthritis Who Are Limited in Their Usual Activities Because of Arthritis or Joint Symptoms, 2011

Montgomery County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,150	48.8	0.8	47.3	50.4
Montgomery County	42	59.7	6.1	47.7	71.7
Gender					
Men	*	*	*	*	*
Women	29	67.2	7.3	52.9	81.5
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	40	59.7	6.3	47.3	72.0
Race					
White	34	56.7	6.7	43.6	69.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	26	63.1	7.5	48.5	77.8
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	37	62.8	6.5	50.0	75.5
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	28	52.1	7.5	37.5	66.7
Health Insurance Status					
Insured	33	52.7	6.9	39.1	66.2
Uninsured	*	*	*	*	*

Numerator: Respondents who reported any limitation in their usual activities because of arthritis or joint symptoms.

Denominator: Respondents with doctor, nurse or other health professional diagnosed arthritis, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Current Asthma, 2011

Montgomery County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,709	8.8	0.3	8.2	9.3
Montgomery County	20	12.0	3.0	6.1	17.8
Gender					
Men	*	*	*	*	*
Women	16	16.5	4.4	7.9	25.0
Age Group					
18 to 44 Years	11	21.8	6.4	9.2	34.4
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	19	12.2	3.1	6.2	18.2
Race					
White	18	12.3	3.3	5.8	18.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI <30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	17	15.6	4.0	7.7	23.5
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	16	13.1	3.6	6.1	20.1
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*	*	*	*	*
Health Insurance Status					
Insured	15	8.7	2.5	3.8	13.6
Uninsured	*	*	*	*	*

Numerator: Respondents reporting they had been told by a doctor, nurse, or other health professional that they had asthma and that they currently have asthma.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Have Been Diagnosed With Cancer (Excluding Skin Cancer), 2011

Montgomery County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,108	6.9	0.2	6.5	7.2
Montgomery County	27	7.7	1.7	4.5	11.0
Gender					
Men	*	*	*	*	*
Women	16	8.2	2.3	3.7	12.8
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	16	19.8	4.8	10.3	29.3
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	26	7.8	1.7	4.5	11.2
Race					
White	25	8.6	1.9	4.9	12.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	14	8.9	2.6	3.7	14.1
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	15	9.4	2.6	4.2	14.5
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	15	6.7	1.9	2.9	10.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	18	7.1	1.8	3.5	10.7
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	22	7.9	1.9	4.2	11.7
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	23	8.3	1.9	4.5	12.1
Health Insurance Status					
Insured	25	9.0	2.0	5.1	12.9
Uninsured	*	*	*	*	*

Numerator: Respondents reporting they had been told by a doctor, nurse, or other health professional that they had cancer (excluding skin cancer).

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Have Been Diagnosed With Skin Cancer, 2011

Montgomery County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,950	6.2	0.2	5.9	6.5
Montgomery County	19	4.9	1.2	2.5	7.2
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	17	18.6	4.5	9.8	27.4
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	19	5.0	1.3	2.5	7.4
Race					
White	18	5.7	1.4	2.9	8.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI <30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	15	5.6	1.6	2.5	8.7
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	14	4.9	1.4	2.1	7.7
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	19	6.5	1.6	3.3	9.7
Health Insurance Status					
Insured	19	6.4	1.6	3.3	9.6
Uninsured	*	*	*	*	*

Numerator: Respondents reporting they had been told by a doctor, nurse, or other health professional that they had skin cancer.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Have Not Checked Cholesterol Within Five Years
Among Those Who Have Ever Had Cholesterol Checked, 2011**

Montgomery County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,379	27.1	0.5	26.2	28.0
Montgomery County	44	29.8	4.3	21.3	38.2
Gender					
Men	15	27.2	6.6	14.2	40.1
Women	29	32.3	5.6	21.4	43.2
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	44	30.4	4.4	21.8	39.0
Race					
White	35	29.6	4.7	20.3	38.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	19	32.2	7.0	18.6	45.8
Some College or College Graduate	25	27.6	5.2	17.4	37.9
Annual Household Income					
Less than \$35,000 per Year	22	33.3	6.6	20.4	46.2
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	31	31.9	5.5	21.1	42.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	19	36.9	7.6	22.0	51.8
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	12	24.9	7.1	11.0	38.8
Leisure Time Physical Activity					
Participates in leisure time physical activity	31	32.9	5.5	22.1	43.6
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	31	27.3	4.9	17.7	36.9
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	30	23.3	4.4	14.8	31.9
Health Insurance Status					
Insured	32	24.2	4.3	15.9	32.6
Uninsured	*	*	*	*	*

Numerator: Respondents reporting they had not checked their blood cholesterol in the past five years.

Denominator: Respondents who ever had their blood cholesterol checked, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Tested and Diagnosed with High Cholesterol, 2011

Montgomery County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	7,660	38.4	0.5	37.5	39.3
Montgomery County	96	44.7	4.3	36.3	53.1
Gender					
Men	41	46.4	6.6	33.4	59.3
Women	55	43.0	5.5	32.2	53.9
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	43	50.1	6.5	37.4	62.8
65 Years and Older	44	47.9	6.1	36.0	59.8
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	93	44.9	4.4	36.4	53.5
Race					
White	89	50.5	4.7	41.4	59.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	43	42.1	6.5	29.5	54.8
Some College or College Graduate	53	46.9	5.7	35.8	58.0
Annual Household Income					
Less than \$35,000 per Year	39	44.6	6.5	32.0	57.3
\$35,000 or Higher per Year	32	36.7	6.5	24.0	49.4
Disability Status					
Living with a Disability	42	72.3	6.3	59.9	84.7
Living without a Disability	49	33.7	5.0	23.9	43.5

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	30	39.3	7.2	25.2	53.5
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	35	41.2	6.8	27.9	54.4
Leisure Time Physical Activity					
Participates in leisure time physical activity	63	44.1	5.2	33.9	54.3
Does not participate in leisure time physical activity	28	47.3	8.2	31.3	63.4
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	79	46.0	4.8	36.7	55.4
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	76	41.1	4.7	32.0	50.3
Health Insurance Status					
Insured	84	44.3	4.6	35.4	53.3
Uninsured	*	*	*	*	*

Numerator: Respondents reporting they had been told by a doctor, nurse, or other health professional that they have high blood cholesterol.

Denominator: Respondents who had ever had their blood cholesterol checked, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Had Chronic Obstructive Pulmonary Disease
(COPD), Emphysema or Chronic Bronchitis, 2011**

Montgomery County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,658	6.6	0.2	6.2	7.0
Montgomery County	23	10.4	2.6	5.3	15.5
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	22	10.6	2.7	5.4	15.9
Race					
White	21	11.3	2.9	5.5	17.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	16	15.9	4.6	6.8	24.9
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	12	20.2	5.9	8.6	31.7
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI <30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	<i>18</i>	<i>10.9</i>	<i>3.0</i>	<i>4.9</i>	<i>16.9</i>
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*	*	*	*	*
Health Insurance Status					
Insured	19	9.2	2.4	4.6	13.8
Uninsured	*	*	*	*	*

Numerator: Respondents reporting they had been told by a doctor, nurse, or other health professional that they had chronic obstructive pulmonary disease (COPD), emphysema or chronic bronchitis.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Were EVER Diagnosed with a Depressive Disorder,
2011**

Montgomery County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,360	15.9	0.3	15.2	16.5
Montgomery County	46	20.7	3.3	14.2	27.2
Gender					
Men	15	16.2	4.5	7.3	25.1
Women	31	25.0	4.8	15.6	34.3
Age Group					
18 to 44 Years	15	25.2	6.4	12.6	37.7
45 to 64 Years	21	23.3	5.3	13.0	33.7
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	45	20.9	3.4	14.2	27.5
Race					
White	39	19.8	3.5	12.9	26.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	20	20.2	4.8	10.7	29.7
Some College or College Graduate	26	21.2	4.6	12.3	30.2
Annual Household Income					
Less than \$35,000 per Year	27	27.9	5.5	17.2	38.5
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	22	33.1	6.8	19.8	46.3
Living without a Disability	23	17.2	4.0	9.4	25.0

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	18	22.5	5.5	11.7	33.4
Leisure Time Physical Activity					
Participates in leisure time physical activity	38	25.2	4.4	16.7	33.8
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	34	20.1	3.8	12.7	27.5
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	32	17.3	3.5	10.4	24.2
Health Insurance Status					
Insured	34	16.6	3.2	10.3	22.9
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse, or other health professional that they have a depressive disorder (including depression, major depression, dysthymia, or minor depression).

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Diagnosed Diabetes, 2011

Montgomery County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,584	9.5	0.2	9.1	10.0
Montgomery County	41	13.4	2.4	8.7	18.0
Gender					
Men	19	13.8	3.5	7.0	20.6
Women	22	12.9	3.2	6.7	19.2
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	19	17.3	4.2	9.1	25.5
65 Years and Older	19	22.2	5.0	12.3	32.0
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	37	12.2	2.3	7.8	16.7
Race					
White	36	14.0	2.6	8.9	19.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	21	14.4	3.6	7.3	21.5
Some College or College Graduate	20	12.4	3.1	6.4	18.4
Annual Household Income					
Less than \$35,000 per Year	24	17.3	3.9	9.7	25.0
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	19	24.2	5.6	13.1	35.2
Living without a Disability	18	8.4	2.3	3.9	13.0

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	23	20.4	4.7	11.1	29.7
Leisure Time Physical Activity					
Participates in leisure time physical activity	22	10.8	2.6	5.8	15.9
Does not participate in leisure time physical activity	15	18.2	5.2	8.0	28.5
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	32	12.9	2.6	7.8	18.0
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	37	16.2	3.0	10.3	22.0
Health Insurance Status					
Insured	38	15.1	2.7	9.8	20.4
Uninsured	*	*	*	*	*

Numerator: Respondents reporting they had been told by a doctor they had diabetes, excluding females told only during pregnancy and pre-diabetes or borderline diabetes.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Activity Limitations Due to Physical,
Mental, or Emotional Problems, 2011**

Montgomery County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	5,714	23.0	0.4	22.3	23.7
Montgomery County	68	26.6	3.5	19.8	33.4
Gender					
Men	27	23.5	4.9	13.9	33.1
Women	41	29.6	4.9	20.0	39.1
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	31	33.5	5.7	22.3	44.7
65 Years and Older	22	22.2	4.7	13.0	31.4
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	64	25.7	3.5	18.9	32.6
Race					
White	57	26.7	3.8	19.2	34.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	35	33.4	5.9	21.9	45.0
Some College or College Graduate	33	20.6	4.0	12.9	28.4
Annual Household Income					
Less than \$35,000 per Year	43	38.0	5.9	26.4	49.6
\$35,000 or Higher per Year	*	*	*	*	*
Weight Category					
Normal or Underweight (BMI < 25)	17	18.2	5.1	8.1	28.2
Overweight (25 ≤ BMI < 30)	13	21.6	6.2	9.4	33.8
Obese (BMI ≥ 30)	32	34.8	6.4	22.2	47.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	42	22.3	3.8	14.8	29.9
Does not participate in leisure time physical activity	26	38.2	7.2	24.1	52.3
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	58	27.3	3.9	19.7	34.8
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	49	23.8	3.8	16.4	31.2
Health Insurance Status					
Insured	53	23.8	3.6	16.8	30.8
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they were limited in any activities because of physical, mental, or emotional problems.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Reported Living with a Disability , 2011

Montgomery County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	6,179	24.5	0.4	23.7	25.2
Montgomery County	73	27.7	3.5	20.8	34.6
Gender					
Men	28	24.0	4.9	14.4	33.6
Women	45	31.4	4.9	21.7	41.1
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	33	34.4	5.7	23.1	45.7
65 Years and Older	25	25.7	5.0	15.9	35.4
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	69	26.9	3.5	20.0	33.9
Race					
White	62	28.0	3.8	20.5	35.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	39	35.4	6.0	23.6	47.1
Some College or College Graduate	34	21.1	4.0	13.3	28.9
Annual Household Income					
Less than \$35,000 per Year	46	39.3	6.0	27.6	51.1
\$35,000 or Higher per Year	*	*	*	*	*
Weight Category					
Normal or Underweight (BMI <25)	17	18.2	5.1	8.1	28.2
Overweight (25 ≤ BMI < 30)	17	25.0	6.5	12.2	37.8
Obese (BMI ≥ 30)	33	35.8	6.5	23.2	48.5

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	44	22.8	3.9	15.2	30.3
Does not participate in leisure time physical activity	29	41.2	7.3	27.0	55.5
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	62	28.3	3.9	20.7	36.0
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	53	25.2	3.8	17.7	32.7
Health Insurance Status					
Insured	58	25.4	3.6	18.2	32.5
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they were limited in any activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment such as a cane, a wheelchair, a special bed, or a special telephone.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Not Doing Enough Physical Activity To Meet Both The
Aerobic AND Strengthening Exercise Recommendations, 2011**

Montgomery County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	16,604	83.5	0.4	82.7	84.2
Montgomery County	189	89.1	2.6	83.9	94.3
Gender					
Men	77	91.2	3.6	84.1	98.2
Women	112	87.0	3.8	79.5	94.5
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	75	85.3	4.5	76.4	94.2
65 Years and Older	74	93.6	2.7	88.2	99.0
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	184	89.3	2.7	84.1	94.6
Race					
White	163	89.5	2.9	83.7	95.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	82	92.1	3.6	85.0	99.1
Some College or College Graduate	107	86.5	3.8	79.1	94.0
Annual Household Income					
Less than \$35,000 per Year	85	91.7	3.4	85.2	98.3
\$35,000 or Higher per Year	67	83.8	5.0	74.0	93.7
Disability Status					
Living with a Disability	62	91.3	3.3	84.8	97.9
Living without a Disability	127	88.3	3.4	81.6	94.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	63	85.1	5.1	75.1	95.1
Overweight (25 ≤ BMI <30)	49	89.0	6.0	77.2	100
Obese (BMI ≥ 30)	67	92.1	3.4	85.5	98.7
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	150	88.5	3.0	82.7	94.4
Health Insurance Status					
Insured	162	90.1	2.7	84.8	95.4
Uninsured	*	*	*	*	*

Numerator: Respondents who did not meet both aerobic and strengthening physical activity guidelines.

The aerobic guideline is defined as 150 minutes a week of moderate-intensity aerobic activity, or 75 minutes a week of vigorous-intensity aerobic activity, or an equivalent combination of moderate- and vigorous-intensity aerobic activity.

The strengthening guideline is defined as muscle-strengthening activities that involved all major muscle groups two or more times per week.

Meeting the physical activity guideline is defined as meeting both aerobic and strengthening guidelines.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Not Doing Enough Physical Activity To Meet EITHER
Aerobic OR Strengthening Guideline, 2011**

Montgomery County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	8,956	45.3	0.5	44.4	46.2
Montgomery County	*	*	*	*	*
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	*	*	*	*	*
Race					
White	*	*	*	*	*
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*	*	*	*	*
Health Insurance Status					
Insured	*	*	*	*	*
Uninsured	*	*	*	*	*

Numerator: Respondents who did not meet either aerobic or strengthening physical activity guidelines. The aerobic guideline is defined as 150 minutes a week of moderate-intensity aerobic activity, or 75 minutes a week of vigorous-intensity aerobic activity, or an equivalent combination of moderate- and vigorous-intensity aerobic activity.

The strengthening guideline is defined as muscle-strengthening activities that involved all major muscle groups two or more times per week.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Not Participating in Any Physical Activity (Leisure Time Physical Activity) Other Than Their Regular Job in the Past 30 Days, 2011

Montgomery County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	5,740	26.8	0.4	26.0	27.6
Montgomery County	67	26.6	3.6	19.6	33.6
Gender					
Men	24	28.2	5.6	17.1	39.2
Women	43	25.0	4.3	16.5	33.6
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	14	13.1	3.7	5.8	20.3
65 Years and Older	38	47.2	6.1	35.2	59.2
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	64	26.4	3.6	19.3	33.5
Race					
White	56	26.7	3.8	19.2	34.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	38	32.1	5.6	21.0	43.1
Some College or College Graduate	29	21.9	4.6	12.8	31.0
Annual Household Income					
Less than \$35,000 per Year	34	24.0	4.6	15.0	33.0
\$35,000 or Higher per Year	16	27.2	6.6	14.3	40.1
Disability Status					
Living with a Disability	29	39.6	6.8	26.3	53.0
Living without a Disability	38	21.6	4.0	13.7	29.5

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	21	24.4	6.0	12.6	36.3
Overweight (25 ≤ BMI <30)	*	*	*	*	*
Obese (BMI ≥ 30)	28	32.4	6.4	19.9	44.9
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	50	24.9	3.9	17.2	32.5
Health Insurance Status					
Insured	58	29.3	4.1	21.2	37.3
Uninsured	*	*	*	*	*

Numerator: Respondents reporting they did not participate in any physical activities or exercise, other than their regular job, in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Consuming Fruit Less than 1 Time Per Day,
2011**

Montgomery County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	7,375	41.4	0.5	40.5	42.4
Montgomery County	97	52.9	4.3	44.5	61.3
Gender					
Men	46	60.5	6.0	48.7	72.3
Women	51	45.1	5.8	33.7	56.5
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	43	51.8	6.2	39.8	63.9
65 Years and Older	29	38.8	6.3	26.5	51.0
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	94	53.9	4.3	45.4	62.4
Race					
White	85	52.9	4.6	43.9	61.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	46	62.7	6.1	50.8	74.6
Some College or College Graduate	51	44.6	5.6	33.7	55.6
Annual Household Income					
Less than \$35,000 per Year	46	52.9	6.3	40.6	65.2
\$35,000 or Higher per Year	36	47.8	6.7	34.7	60.9
Disability Status					
Living with a Disability	34	55.7	7.0	42.1	69.4
Living without a Disability	62	51.7	5.3	41.3	62.0

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	32	51.3	7.2	37.3	65.4
Overweight (25 ≤ BMI < 30)	22	48.9	9.0	31.3	66.5
Obese (BMI ≥ 30)	39	57.2	7.1	43.3	71.0
Leisure Time Physical Activity					
Participates in leisure time physical activity	67	53.5	5.1	43.5	63.5
Does not participate in leisure time physical activity	29	50.5	7.7	35.3	65.7
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	86	55.6	4.6	46.6	64.7
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	72	49.6	4.9	40.1	59.1
Health Insurance Status					
Insured	81	52.0	4.6	42.9	61.0
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they consumed fruit less than 1 time per day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Consuming Vegetables Less than 1 Time
Per Day, 2011**

Montgomery County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,908	22.3	0.4	21.4	23.1
Montgomery County	52	28.1	4.2	19.7	36.4
Gender					
Men	25	29.2	5.9	17.7	40.8
Women	27	26.8	6.2	14.7	38.9
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	16	20.3	5.5	9.5	31.1
65 Years and Older	22	28.0	6.1	16.0	40.0
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	49	27.7	4.3	19.2	36.2
Race					
White	42	25.9	4.4	17.3	34.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	33	39.3	6.9	25.8	52.8
Some College or College Graduate	19	18.4	5.0	8.6	28.2
Annual Household Income					
Less than \$35,000 per Year	26	28.9	6.0	17.1	40.6
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	18	30.9	7.1	17.0	44.9
Living without a Disability	34	26.9	5.2	16.7	37.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	17	27.3	7.3	13.0	41.7
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	20	30.2	6.9	16.7	43.7
Leisure Time Physical Activity					
Participates in leisure time physical activity	36	28.6	5.1	18.5	38.7
Does not participate in leisure time physical activity	16	26.4	7.1	12.5	40.3
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	48	31.8	4.8	22.4	41.2
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	38	26.8	4.8	17.3	36.2
Health Insurance Status					
Insured	42	26.4	4.6	17.3	35.5
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they consumed vegetables less than 1 time per day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Lack Health Care Coverage, 2011

Montgomery County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,212	16.7	0.4	15.9	17.5
Montgomery County	35	24.5	4.0	16.6	32.5
Gender					
Men	20	32.5	6.6	19.6	45.4
Women	15	17.1	4.4	8.4	25.8
Age Group					
18 to 44 Years	17	39.2	7.8	23.9	54.5
45 to 64 Years	16	22.5	5.3	12.1	33.0
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	33	24.5	4.1	16.4	32.5
Race					
White	30	25.9	4.5	17.1	34.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	18	28.8	6.5	16.0	41.5
Some College or College Graduate	17	20.8	4.9	11.3	30.3
Annual Household Income					
Less than \$35,000 per Year	29	41.4	6.3	29.0	53.8
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	15	31.3	7.0	17.6	45.0
Living without a Disability	19	22.6	5.1	12.5	32.6

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	13	20.7	6.2	8.5	32.9
Overweight (25 ≤ BMI < 30)	11	37.0	9.0	19.3	54.7
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	25	27.7	5.2	17.5	38.0
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	27	24.7	4.6	15.7	33.7
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	17	15.5	3.9	7.9	23.1

Numerator: Respondents reporting they had no health care coverage.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Ages 18 to 64 Years Old Who Lack Health Care Coverage,
2011**

Montgomery County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,123	20.1	0.5	19.2	21.0
Montgomery County	33	31.7	5.0	21.8	41.5
Gender					
Men	20	41.6	7.8	26.3	56.9
Women	13	22.1	5.8	10.8	33.4
Age Group					
18 to 44 Years	17	39.2	7.8	23.9	54.5
45 to 64 Years	16	22.5	5.3	12.1	33.0
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	31	31.7	5.2	21.6	41.8
Race					
White	28	34.5	5.7	23.3	45.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	17	37.9	8.1	21.9	53.8
Some College or College Graduate	16	26.4	6.0	14.6	38.2
Annual Household Income					
Less than \$35,000 per Year	28	52.9	7.3	38.5	67.3
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	17	29.5	6.5	16.8	42.3

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	24	33.3	6.1	21.4	45.2
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	26	32.5	5.8	21.1	43.8
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	15	21.6	5.3	11.2	32.0

Numerator: Respondents ages 18-64 years old reporting they had no health care coverage.

Denominator: All respondents ages 18-64 years old, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with No Personal Doctor or Health Care Provider, 2011

Montgomery County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,606	19.7	0.4	18.9	20.6
Montgomery County	35	19.0	3.7	11.8	26.2
Gender					
Men	17	24.1	6.2	11.9	36.3
Women	18	14.2	3.8	6.9	21.6
Age Group					
18 to 44 Years	13	26.5	7.2	12.3	40.7
45 to 64 Years	16	17.1	4.8	7.6	26.6
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	35	19.5	3.7	12.2	26.9
Race					
White	27	19.4	4.1	11.3	27.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	22	18.6	4.2	10.3	26.9
Annual Household Income					
Less than \$35,000 per Year	15	21.2	6.1	9.3	33.0
\$35,000 or Higher per Year	14	20.7	5.6	9.7	31.6
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	26	23.0	4.9	13.4	32.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	15	25.6	6.9	12.2	39.1
Leisure Time Physical Activity					
Participates in leisure time physical activity	28	22.7	4.8	13.3	32.2
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	27	18.7	4.2	10.4	26.9
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	24	12.3	2.9	6.6	18.0
Health Insurance Status					
Insured	22	10.7	2.6	5.7	15.8
Uninsured	*	*	*	*	*

Numerator: Respondents reporting they had no personal doctor or health care provider.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Could Not See Doctor Because of Cost In the Past 12 Months, 2011

Montgomery County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,334	14.3	0.3	13.7	15.0
Montgomery County	31	18.5	3.4	11.8	25.3
Gender					
Men	14	20.2	5.6	9.3	31.1
Women	17	17.0	4.2	8.8	25.2
Age Group					
18 to 44 Years	15	28.7	6.9	15.2	42.2
45 to 64 Years	15	18.2	5.0	8.4	27.9
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	29	18.0	3.5	11.2	24.9
Race					
White	22	15.8	3.6	8.7	22.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	16	23.0	5.7	11.9	34.1
Some College or College Graduate	15	14.5	4.0	6.7	22.4
Annual Household Income					
Less than \$35,000 per Year	22	27.9	5.7	16.7	39.2
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	15	27.0	6.5	14.2	39.7
Living without a Disability	14	14.7	4.1	6.6	22.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	<i>13</i>	<i>19.7</i>	<i>5.5</i>	<i>8.9</i>	<i>30.4</i>
Leisure Time Physical Activity					
Participates in leisure time physical activity	<i>25</i>	<i>22.1</i>	<i>4.5</i>	<i>13.2</i>	<i>30.9</i>
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	<i>21</i>	<i>15.9</i>	<i>3.7</i>	<i>8.6</i>	<i>23.2</i>
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	<i>17</i>	<i>12.6</i>	<i>3.3</i>	<i>6.2</i>	<i>19.0</i>
Health Insurance Status					
Insured	<i>18</i>	<i>11.1</i>	<i>2.9</i>	<i>5.5</i>	<i>16.8</i>
Uninsured	*	*	*	*	*

Numerator: Respondents reporting they could not see a doctor because of cost in the past 12 months.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Fair or Poor Self-Perceived Health Status, 2011

Montgomery County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,614	15.0	0.3	14.4	15.6
Montgomery County	60	21.9	3.2	15.7	28.1
Gender					
Men	23	21.8	4.8	12.5	31.1
Women	37	22.1	4.2	13.9	30.3
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	26	22.2	4.6	13.2	31.2
65 Years and Older	25	30.6	5.8	19.2	42.0
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	56	21.6	3.2	15.3	27.9
Race					
White	50	21.8	3.4	15.1	28.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	40	32.9	5.6	21.8	43.9
Some College or College Graduate	20	12.3	3.1	6.2	18.4
Annual Household Income					
Less than \$35,000 per Year	35	26.1	4.7	16.8	35.4
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	38	52.5	7.0	38.8	66.2
Living without a Disability	19	10.9	3.1	4.9	17.0

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	16	15.6	4.5	6.8	24.4
Overweight (25 ≤ BMI <30)	*	*	*	*	*
Obese (BMI ≥ 30)	27	26.6	5.6	15.7	37.5
Leisure Time Physical Activity					
Participates in leisure time physical activity	29	15.3	3.3	8.7	21.8
Does not participate in leisure time physical activity	28	42.2	7.4	27.7	56.7
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	50	23.3	3.7	16.1	30.5
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	40	16.9	3.1	10.8	23.0
Health Insurance Status					
Insured	50	20.7	3.3	14.2	27.2
Uninsured	*	*	*	*	*

Numerator: Respondents reporting that in general their health is fair or poor.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Reported Their Physical Health Was Not Good on 14 or More Days in the Past 30 Days, 2011

Montgomery County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,519	10.5	0.3	10.0	11.0
Montgomery County	30	12.3	2.5	7.4	17.2
Gender					
Men	*	*	*	*	*
Women	21	15.3	3.8	7.9	22.8
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	13	12.3	3.5	5.3	19.2
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	26	11.4	2.5	6.5	16.3
Race					
White	23	10.4	2.4	5.6	15.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	19	18.1	4.5	9.3	27.0
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	21	18.4	4.3	10.0	26.7
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	21	31.9	6.6	19.0	44.8
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	13	21.9	6.4	9.5	34.4
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	21	10.4	2.6	5.3	15.4
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	19	7.6	2.1	3.5	11.6
Health Insurance Status					
Insured	24	12.1	2.8	6.6	17.7
Uninsured	*	*	*	*	*

Numerator: Respondents reporting 14 or more days when their physical health was not good.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Their Mental Health Was Not Good on 14
or More Days in the Past 30 Days, 2011**

Montgomery County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,937	10.2	0.3	9.6	10.8
Montgomery County	24	11.5	2.7	6.3	16.7
Gender					
Men	*	*	*	*	*
Women	19	16.4	4.3	8.1	24.8
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	22	11.6	2.7	6.3	17.0
Race					
White	19	10.2	2.7	4.9	15.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	17	18.9	4.8	9.6	28.2
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	14	11.5	3.3	5.1	17.9
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	19	11.4	3.0	5.5	17.3
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*	*	*	*	*
Health Insurance Status					
Insured	*	*	*	*	*
Uninsured	*	*	*	*	*

Numerator: Respondents reporting 14 or more days when their mental health was not good.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Reported Their Poor Physical or Mental Health Kept Them From Doing Their Usual Activities, such as Self-care, Work, or Recreation, 2011

Montgomery County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,985	39.5	0.7	38.2	40.8
Montgomery County	46	50.8	6.2	38.6	63.0
Gender					
Men	*	*	*	*	*
Women	30	54.6	7.3	40.4	68.9
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	45	51.2	6.4	38.7	63.6
Race					
White	39	49.1	6.8	35.8	62.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	26	57.8	8.9	40.3	75.4
Some College or College Graduate	20	41.7	8.4	25.3	58.1
Annual Household Income					
Less than \$35,000 per Year	27	55.2	8.3	38.9	71.5
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	18	45.0	9.2	26.9	63.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	29	47.9	7.8	32.6	63.2
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	38	57.1	7.2	43.1	71.1
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	31	47.4	7.2	33.2	61.6
Health Insurance Status					
Insured	36	55.9	6.8	42.5	69.3
Uninsured	*	*	*	*	*

Numerator: Respondents reporting one or more days in the past 30 days when their poor physical or mental health kept them from doing their usual activities, such as self-care, work, or recreation.

Denominator: Among respondents with at least one day in the past 30 days when their physical or mental health was not good, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who had a Heart Attack, 2011

Montgomery County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,236	4.4	0.2	4.1	4.7
Montgomery County	20	6.6	1.7	3.3	9.9
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	19	6.5	1.7	3.1	9.9
Race					
White	16	6.8	1.9	3.0	10.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	15	11.1	3.2	4.7	17.4
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	14	18.6	5.4	8.1	29.2
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI <30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	18	7.3	2.0	3.4	11.2
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*	*	*	*	*
Health Insurance Status					
Insured	16	5.6	1.6	2.5	8.7
Uninsured	*	*	*	*	*

Numerator: Respondents reporting they had been told by a doctor, nurse, or other health professional that they had a heart attack also called a myocardial infarction.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who had Angina or Coronary Heart Disease, 2011

Montgomery County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,333	4.5	0.2	4.2	4.8
Montgomery County	14	5.0	1.5	2.1	8.0
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	*	*	*	*	*
Race					
White	*	*	*	*	*
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	14	6.3	1.9	2.6	10.1
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*	*	*	*	*
Health Insurance Status					
Insured	*	*	*	*	*
Uninsured	*	*	*	*	*

Numerator: Respondents reporting they had been told by a doctor, nurse, or other health professional that they had angina or coronary heart disease.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Percentage of Adults Who Had A Stroke, 2011

Montgomery County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	831	2.7	0.1	2.5	3.0
Montgomery County	*	*	*	*	*
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	*	*	*	*	*
Race					
White	*	*	*	*	*
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*	*	*	*	*
Health Insurance Status					
Insured	*	*	*	*	*
Uninsured	*	*	*	*	*

Numerator: Respondents reporting they had been told by a doctor, nurse, or other health professional that they had a stroke.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Percentage of Adults with Diagnosed Hypertension, 2011

Montgomery County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	8,234	30.8	0.4	30.1	31.6
Montgomery County	112	40.3	3.9	32.7	47.9
Gender					
Men	51	42.3	6.0	30.6	54.0
Women	61	38.5	5.7	28.6	48.5
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	47	52.3	6.7	40.4	64.3
65 Years and Older	55	62.9	5.7	51.8	74.0
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	109	40.4	4.0	32.6	48.1
Race					
White	98	41.8	4.2	33.5	50.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	52	44.7	6.2	32.6	56.9
Some College or College Graduate	60	36.4	4.8	27.0	45.9
Annual Household Income					
Less than \$35,000 per Year	56	42.3	5.8	31.0	53.5
\$35,000 or Higher per Year	33	36.6	6.1	24.7	48.5
Disability Status					
Living with a Disability	44	62.7	6.8	49.4	76.0
Living without a Disability	63	32.1	4.4	23.4	40.8

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	30	26.1	5.2	15.8	36.4
Overweight (25 ≤ BMI <30)	29	45.0	8.4	28.4	61.6
Obese (BMI ≥ 30)	46	49.9	6.8	36.5	63.3
Leisure Time Physical Activity					
Participates in leisure time physical activity	71	37.3	4.6	28.2	46.4
Does not participate in leisure time physical activity	36	49.8	7.5	35.1	64.6
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	93	41.5	4.4	32.8	50.1
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	85	39.0	4.3	30.6	47.5
Health Insurance Status					
Insured	98	41.9	4.2	33.6	50.2
Uninsured	*	*	*	*	*

Numerator: Respondents reporting they had been told by a doctor, nurse, or other health professional that they have high blood pressure.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Ages 18 Years and Older Who Did Not Get Immunized
Against Influenza During the Past 12 Months, 2011**

Montgomery County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	10,021	58.3	0.4	57.4	59.2
Montgomery County	115	55.9	4.2	47.6	64.2
Gender					
Men	49	59.7	6.2	47.6	71.7
Women	66	52.1	5.7	40.9	63.2
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	50	59.5	6.1	47.6	71.4
65 Years and Older	31	35.7	5.8	24.4	47.0
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	112	56.0	4.3	47.5	64.5
Race					
White	94	54.9	4.5	46.1	63.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	43	52.9	6.7	39.8	65.9
Some College or College Graduate	72	58.5	5.5	47.7	69.2
Annual Household Income					
Less than \$35,000 per Year	58	68.3	5.4	57.6	78.9
\$35,000 or Higher per Year	37	45.2	6.6	32.3	58.0
Disability Status					
Living with a Disability	35	56.8	6.8	43.6	70.1
Living without a Disability	80	55.5	5.3	45.2	65.8

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	40	54.1	7.1	40.2	68.1
Overweight (25 ≤ BMI <30)	26	43.9	8.6	27.0	60.7
Obese (BMI ≥ 30)	39	60.2	6.8	46.9	73.5
Leisure Time Physical Activity					
Participates in leisure time physical activity	84	58.6	5.0	48.7	68.4
Does not participate in leisure time physical activity	31	48.4	7.5	33.7	63.2
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	96	55.8	4.7	46.6	64.9
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	83	47.9	4.8	38.5	57.2
Health Insurance Status					
Insured	89	48.4	4.6	39.5	57.4
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they did not have a flu shot or vaccine sprayed in the nose during the past 12 months.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Ages 65 Years and Older Who Did Not Get Immunized
Against Influenza During the Past 12 Months, 2011**

Montgomery County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,059	32.4	0.7	31.0	33.7
Montgomery County	31	35.7	5.8	24.4	47.0
Gender					
Men	*	*	*	*	*
Women	22	46.1	7.6	31.3	60.9
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	31	36.2	5.8	24.8	47.6
Race					
White	27	34.9	6.0	23.1	46.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	22	35.2	6.8	21.8	48.6
Weight Category					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	26	36.3	6.3	24.1	48.6
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	29	34.9	5.9	23.3	46.4
Health Insurance Status					
Insured	30	35.4	5.8	24.1	46.7
Uninsured	*	*	*	*	*

Numerator: Respondents ages 65 years and older who reported they did not receive a flu shot or vaccine sprayed in the nose during the past 12 months.

Denominator: All respondents ages 65 years and older, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Ages 65 Years and Older Who Never Had Pneumonia
Vaccination, 2011**

Montgomery County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,792	29.2	0.7	27.9	30.6
Montgomery County	20	20.8	4.7	11.7	30.0
Gender					
Men	*	*	*	*	*
Women	16	32.0	7.1	18.0	45.9
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	20	21.1	4.7	11.8	30.4
Race					
White	18	20.4	4.8	11.0	29.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	17	24.2	5.9	12.7	35.6
Weight Category					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	17	22.4	5.3	12.1	32.7
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	19	20.1	4.7	10.9	29.3
Health Insurance Status					
Insured	18	20.1	4.7	10.9	29.3
Uninsured	*	*	*	*	*

Numerator: Respondents ages 65 years and older who reported they never had a pneumonia vaccination.

Denominator: All respondents ages 65 years and older, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults who are Obese, 2011

Montgomery County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	5,907	29.6	0.4	28.7	30.4
Montgomery County	82	38.6	4.2	30.5	46.7
Gender					
Men	37	39.9	6.2	27.7	52.1
Women	45	37.3	5.5	26.6	47.9
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	35	41.7	6.2	29.6	53.8
65 Years and Older	26	33.1	6.0	21.4	44.8
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	79	38.3	4.2	30.0	46.6
Race					
White	68	38.0	4.5	29.2	46.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	40	46.4	6.6	33.4	59.4
Some College or College Graduate	42	31.7	4.9	22.1	41.3
Annual Household Income					
Less than \$35,000 per Year	42	39.4	6.2	27.3	51.5
\$35,000 or Higher per Year	28	40.4	6.6	27.4	53.4
Disability Status					
Living with a Disability	33	50.3	7.3	36.1	64.6
Living without a Disability	42	32.3	5.1	22.3	42.2

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	47	33.7	5.0	23.9	43.5
Does not participate in leisure time physical activity	28	46.7	7.8	31.3	62.1
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	67	39.3	4.7	30.1	48.6
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	61	34.5	4.4	25.9	43.2
Health Insurance Status					
Insured	72	40.3	4.5	31.6	49.0
Uninsured	*	*	*	*	*

Numerator: Respondents with a body mass index greater than or equal to 30, based on self-reported height and weight.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who are Overweight or Obese, 2011

Montgomery County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	12,869	64.4	0.5	63.5	65.3
Montgomery County	140	62.6	4.1	54.5	70.7
Gender					
Men	66	68.2	6.1	56.2	80.1
Women	74	56.8	5.6	45.8	67.9
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	61	66.9	5.9	55.3	78.5
65 Years and Older	48	56.3	6.1	44.2	68.3
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	134	62.1	4.2	53.8	70.4
Race					
White	119	62.4	4.5	53.6	71.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	58	61.8	6.4	49.2	74.4
Some College or College Graduate	82	63.3	5.4	52.8	73.8
Annual Household Income					
Less than \$35,000 per Year	68	62.3	6.1	50.3	74.2
\$35,000 or Higher per Year	49	60.1	6.6	47.2	73.1
Disability Status					
Living with a Disability	50	73.2	6.8	59.9	86.5
Living without a Disability	81	56.8	5.3	46.4	67.2

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	91	60.5	5.1	50.4	70.6
Does not participate in leisure time physical activity	40	63.0	7.9	47.6	78.4
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	116	63.5	4.7	54.2	72.7
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	109	60.8	4.7	51.6	70.1
Health Insurance Status					
Insured	119	60.5	4.6	51.6	69.4
Uninsured	*	*	*	*	*

Numerator: Respondents with a body mass index greater than or equal to 25, based on self-reported height and weight.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported That They Do Not Always Wear a Seatbelt
When They Drive or Ride in a Car, 2011**

Montgomery County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,339	19.4	0.4	18.6	20.1
Montgomery County	42	21.2	3.7	13.9	28.5
Gender					
Men	24	28.7	6.2	16.6	40.8
Women	18	13.6	3.6	6.5	20.8
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	17	20.7	5.2	10.4	30.9
65 Years and Older	14	18.4	5.3	8.1	28.8
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	40	21.3	3.8	13.8	28.8
Race					
White	36	21.8	4.1	13.8	29.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	20	25.0	6.3	12.6	37.5
Some College or College Graduate	22	17.9	4.1	9.8	25.9
Annual Household Income					
Less than \$35,000 per Year	20	20.4	5.7	9.2	31.7
\$35,000 or Higher per Year	18	29.7	6.5	16.9	42.4
Disability Status					
Living with a Disability	15	19.9	5.6	9.0	30.9
Living without a Disability	27	21.6	4.7	12.5	30.8

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	20	31.6	7.4	17.1	46.2
Leisure Time Physical Activity					
Participates in leisure time physical activity	26	19.1	4.4	10.6	27.7
Does not participate in leisure time physical activity	16	26.8	7.0	13.0	40.6
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	36	22.5	4.2	14.3	30.8
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	30	17.5	3.6	10.4	24.5
Health Insurance Status					
Insured	37	21.0	3.8	13.6	28.4
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they nearly always, sometimes, seldom, or never use a seatbelt when they ride or drive in a car.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Currently Smoke Cigarettes, 2011

Montgomery County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,547	22.0	0.4	21.2	22.8
Montgomery County	47	25.4	3.9	17.8	33.0
Gender					
Men	27	32.8	6.3	20.4	45.2
Women	20	18.5	4.2	10.3	26.8
Age Group					
18 to 44 Years	17	34.4	7.5	19.6	49.1
45 to 64 Years	23	27.9	5.5	17.2	38.6
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	47	26.1	3.9	18.4	33.9
Race					
White	42	27.5	4.3	19.0	35.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	24	32.6	6.4	20.1	45.2
Some College or College Graduate	23	19.0	4.2	10.8	27.1
Annual Household Income					
Less than \$35,000 per Year	32	34.7	6.1	22.7	46.7
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	19	32.5	6.7	19.3	45.7
Living without a Disability	25	23.4	5.0	13.6	33.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	15	21.9	6.2	9.8	34.0
Overweight (25 ≤ BMI <30)	*	*	*	*	*
Obese (BMI ≥ 30)	21	33.8	7.0	20.0	47.5
Leisure Time Physical Activity					
Participates in leisure time physical activity	27	24.0	4.9	14.5	33.6
Does not participate in leisure time physical activity	17	31.0	7.1	17.0	45.0
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	38	25.8	4.4	17.1	34.5
Health Insurance Status					
Insured	29	16.4	3.3	9.9	22.9
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they have smoked at least 100 cigarettes in their entire life and that they now smoke some days or every day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Stopped Smoking for One Day or Longer Because
They Were Trying to Quit Smoking, 2011**

Montgomery County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,868	55.5	1.1	53.4	57.6
Montgomery County	*	*	*	*	*
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	*	*	*	*	*
Race					
White	*	*	*	*	*
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Health Insurance Status					
Insured	*	*	*	*	*
Uninsured	*	*	*	*	*

Numerator: Current smokers who stopped smoking for one day or longer because they were trying to quit smoking.

Denominator: Among current smokers, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Percentage of Adults Who Currently Use Any Smokeless Tobacco Products, 2011

Montgomery County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	760	5.3	0.2	4.9	5.8
Montgomery County	*	*	*	*	*
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	*	*	*	*	*
Race					
White	*	*	*	*	*
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*	*	*	*	*
Health Insurance Status					
Insured	*	*	*	*	*
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they currently use chewing tobacco, snuff or snus (Swedish for snuff) some days or every day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Percentage of Men Who Currently Use Any Smokeless Tobacco Products, 2011

Montgomery County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	684	10.1	0.4	9.2	11.0
Montgomery County	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	*	*	*	*	*
Race					
White	*	*	*	*	*
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*
Weight Category					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*	*	*	*	*
Health Insurance Status					
Insured	*	*	*	*	*
Uninsured	*	*	*	*	*

Numerator: Male respondents who reported they currently use chewing tobacco, snuff or snus (Swedish for snuff) some days or every day.

Denominator: All male respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

**Percentage of Adults Who Ever Served on Active Duty in the United States
Armed Forces, 2011**

Montgomery County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,699	11.5	0.3	11.0	12.1
Montgomery County	34	12.8	2.5	7.9	17.6
Gender					
Men	33	25.3	4.9	15.8	34.8
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	20	28.6	5.8	17.1	40.0
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	34	13.1	2.5	8.2	18.1
Race					
White	30	12.9	2.5	8.0	17.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	22	16.6	3.9	8.9	24.3
Annual Household Income					
Less than \$35,000 per Year	15	10.4	2.9	4.7	16.1
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	11	17.3	5.1	7.2	27.4
Living without a Disability	23	12.2	3.0	6.3	18.2

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI <30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	24	9.9	2.2	5.5	14.2
Does not participate in leisure time physical activity	10	24.1	7.0	10.3	37.8
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	25	13.7	3.0	7.9	19.5
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	27	13.4	2.9	7.7	19.1
Health Insurance Status					
Insured	31	14.6	2.9	8.8	20.3
Uninsured	*	*	*	*	*

Numerator: Respondents who reported that they served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Have Vision Impairment In One of Both Eyes, Even
When Wearing Glasses, 2011**

Montgomery County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	4,108	15.7	0.3	15.1	16.3
Montgomery County	53	18.9	3.0	12.9	24.9
Gender					
Men	18	18.1	4.7	8.9	27.4
Women	35	19.6	3.9	11.9	27.3
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	20	24.4	5.6	13.4	35.4
65 Years and Older	26	24.3	5.1	14.2	34.3
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	51	18.8	3.1	12.7	24.9
Race					
White	45	18.6	3.3	12.2	25.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	23	19.8	4.9	10.3	29.4
Some College or College Graduate	30	18.1	3.8	10.6	25.5
Annual Household Income					
Less than \$35,000 per Year	28	22.4	4.9	12.8	31.9
\$35,000 or Higher per Year	14	18.1	5.0	8.2	27.9
Disability Status					
Living with a Disability	19	23.5	6.3	11.2	35.9
Living without a Disability	33	18.2	3.7	11.0	25.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	21	23.3	5.9	11.7	34.8
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	17	17.6	4.9	8.1	27.2
Leisure Time Physical Activity					
Participates in leisure time physical activity	37	20.9	4.0	13.1	28.8
Does not participate in leisure time physical activity	15	16.1	4.8	6.7	25.5
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	40	17.6	3.3	11.1	24.1
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	44	19.4	3.5	12.6	26.2
Health Insurance Status					
Insured	47	19.7	3.4	13.1	26.2
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse, or other health professional that they have vision impairment in one of both eyes, even when wearing glasses.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Technical Notes

Data on 43 health risk indicators, analyzed by various subpopulation groups (e.g. gender, age group, ethnicity, etc.), are included in this report. The indicators are summarized in tables that show:

- Unweighted Frequency: the number of respondents who reported the risk behavior
- Weighted Percentage: the prevalence estimate for the risk behavior within a particular subpopulation group category
- Standard Error: used to compute the 95% confidence limits
- Lower and upper 95% confidence limits

Prevalence estimates vary in precision depending on sample size. One way of describing the precision of an estimate is the margin of error, which is the half-width of the confidence interval. When the sample size is large for a particular subpopulation group, the corresponding margin of error for an estimate is small. When the sample size is small for a particular subpopulation group, the corresponding margin of error for an estimate is large. Large margins of error (i.e. >5) indicate that an estimate may be unreliable. Prevalence estimates that have a margin of error >5 are *italicized* in this report and should be interpreted with caution.

To determine whether two weighted percentages are significantly different from one another, the reader must compare the confidence intervals. Confidence intervals which do not overlap indicate a statistically significant difference while overlapping confidence intervals indicate that two estimates are not statistically significantly different from one another. It is incorrect to say two estimates are different if their confidence limits overlap.

Estimates have been censored with an asterisk ("*") when the sample size was inadequate and/or when the estimates were statistically unreliable. Specifically, estimates were censored when any of the following conditions were met:

- the numerator of the indicator is less than 5
- the denominator of the indicator is less than 50
- the relative standard error (RSE) is 30 percent or higher

RSE is obtained by dividing the standard error of the estimate by the estimate itself, then multiplying that result by 100 to be expressed as a percent.

2011 BRFSS data represent a new baseline for public health surveillance. Due to changes in BRFSS survey methodology, 2011 BRFSS estimates cannot be compared to estimates from previous years.

For more information on changes to the Kansas BRFSS survey methodology beginning in 2011, please visit: <http://www.kdheks.gov/brfss/newmethod.html>

For more detailed technical notes on the Kansas BRFSS, please visit: <http://www.kdheks.gov/brfss/technotes.html>