

2011 Kansas Behavioral Risk Factor Surveillance System Local Data

Lyon County



November 2013

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State of Kansas
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Kansas Department of Health and Environment
Bureau of Health Promotion
November 2013

Kansas Department of Health and Environment (KDHE)

Mission

To protect and improve the health and environment of all Kansans

Vision

Healthy Kansans living in safe and sustainable environments

www.kdheks.gov

Foreword

The Behavioral Risk Factor Surveillance System (BRFSS) is the world's largest, annual population-based telephone survey system, tracking health conditions and risk behaviors in the U.S. It is coordinated by the Centers for Disease Control and Prevention (CDC) and is conducted in every state and several territories.

BRFSS allows us to perform a critical public health function of assessing population health and identifying issues critically important to public health and population health management. BRFSS provides data on a wide range of health issues including information related to access to health care, chronic and infectious diseases, clinical preventive services, environmental quality, infant and child health, injury and violence, maternal health, mental health, nutrition, physical activity, obesity, oral health, reproductive and sexual health, substance abuse and tobacco use.

Prior to 2009, the sample size for the Kansas survey was sufficient to produce state level estimates of health risk behaviors. Beginning in 2009, the Kansas BRFSS was expanded in response to demand from local health officials for local level health risk behavior data for a 10-year project. The survey now collects adequate sample data during odd years (2009, 2011, 2013, 2015 and 2017) to provide local level estimates by county or region for these years.

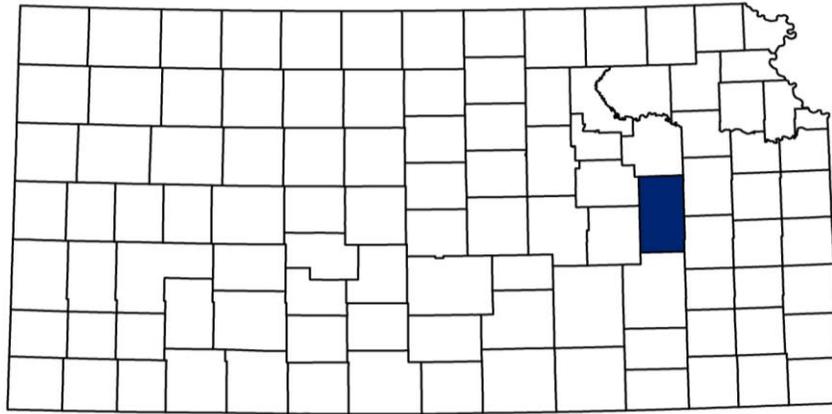
During the 2011 survey year, data were collected from more than 20,000 adult Kansans, providing estimates for 43 of the state's 105 counties and for 16 Public Health Preparedness Regions, with data for 43 health risk indicators analyzed at the county or regional level. By the conclusion of the 10-year project, most of Kansas counties will have county-specific data for use in estimating trends in selected health indicators from 2011 forward. Data from 2011 onward cannot be compared to previous years as the BRFSS data collection and analysis methods changed beginning in 2011.

BRFSS data help public health professionals measure Kansans health behaviors, conditions and concerns at the state and the local level. These data are important when we consider where to focus our public health efforts and to help us emphasize the benefits of prevention.

Sincerely,

A handwritten signature in blue ink that reads "Robert Moser". The signature is fluid and cursive, with a large initial "R" and "M".

Robert Moser, MD
Secretary and State Health Officer
Kansas Department of Health and Environment



Lyon County

Kansas Behavioral Risk Factor Surveillance System – Local Data, 2011 can also be accessed at <http://www.kdheks.gov/brfss/>

If you have any questions about survey methodology or need assistance interpreting the data, please contact:

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Percentage of Adults Who Are Binge Drinkers, 2011

Lyon County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,281	17.0	0.4	16.2	17.8
Lyon County	28	18.2	3.5	11.3	25.1
Gender					
Men	15	22.4	5.7	11.1	33.6
Women	13	14.5	4.3	6.0	23.0
Age Group					
18 to 44 Years	21	29.6	6.2	17.4	41.8
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	25	18.1	3.7	10.8	25.5
Race					
White	23	17.1	3.8	9.8	24.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	22	23.0	4.7	13.9	32.2
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	16	21.5	5.2	11.4	31.7
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	24	20.3	4.1	12.2	28.5

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI <30)	11	25.4	6.7	12.2	38.6
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	24	21.1	4.2	12.8	29.5
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	20	15.5	3.6	8.5	22.5
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	22	17.0	3.8	9.6	24.4
Health Insurance Status					
Insured	25	21.8	4.2	13.6	30.0
Uninsured	*	*	*	*	*

Numerator: Male respondents having five or more drinks on one occasion in the past 30 days or female respondents having four or more drinks on one occasion in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Reported Heavy Alcohol Consumption in the Past 30 Days, 2011

Lyon County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	823	5.4	0.2	5.0	5.9
Lyon County	*	*	*	*	*
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	*	*	*	*	*
Race					
White	*	*	*	*	*
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*	*	*	*	*
Health Insurance Status					
Insured	*	*	*	*	*
Uninsured	*	*	*	*	*

Numerator: Male respondents who reported consuming an average of more than two drinks per day and female respondents who reported consuming an average of more than one drink per day during the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Percentage of Adults with Doctor Diagnosed Arthritis, 2011

Lyon County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	6,493	23.1	0.3	22.4	23.8
Lyon County	67	16.7	2.4	11.9	21.5
Gender					
Men	19	13.2	3.7	6.0	20.4
Women	48	20.0	3.2	13.7	26.3
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	26	21.8	4.5	12.9	30.7
65 Years and Older	35	41.6	6.3	29.3	53.8
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	65	18.2	2.7	13.0	23.4
Race					
White	62	18.4	2.8	13.0	23.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	27	18.0	4.2	9.8	26.2
Some College or College Graduate	40	15.9	3.0	10.0	21.8
Annual Household Income					
Less than \$35,000 per Year	31	18.5	3.8	11.1	26.0
\$35,000 or Higher per Year	28	19.3	4.2	11.1	27.6
Disability Status					
Living with a Disability	38	44.0	7.0	30.3	57.8
Living without a Disability	28	10.3	2.3	5.7	14.8

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	25	18.1	4.1	10.1	26.1
Obese (BMI ≥ 30)	23	25.5	6.0	13.8	37.3
Leisure Time Physical Activity					
Participates in leisure time physical activity	52	18.7	3.0	12.8	24.7
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	56	17.6	2.9	12.0	23.1
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	55	16.5	2.7	11.2	21.7
Health Insurance Status					
Insured	59	18.6	2.9	13.0	24.2
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor or other health professional that they have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Doctor Diagnosed Arthritis Who Are Limited in Their Usual Activities Because of Arthritis or Joint Symptoms, 2011

Lyon County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,150	48.8	0.8	47.3	50.4
Lyon County	32	44.2	7.2	30.1	58.4
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	32	47.3	7.3	32.9	61.7
Race					
White	30	45.7	7.5	30.9	60.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI <30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	24	42.3	8.0	26.6	57.9
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	27	43.7	7.9	28.1	59.3
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	26	41.8	7.9	26.2	57.3
Health Insurance Status					
Insured	27	41.9	7.6	27.1	56.8
Uninsured	*	*	*	*	*

Numerator: Respondents who reported any limitation in their usual activities because of arthritis or joint symptoms.

Denominator: Respondents with doctor, nurse or other health professional diagnosed arthritis, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Current Asthma, 2011

Lyon County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,709	8.8	0.3	8.2	9.3
Lyon County	24	9.2	2.4	4.5	13.8
Gender					
Men	*	*	*	*	*
Women	18	11.3	3.2	5.0	17.6
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	22	8.5	2.3	3.9	13.1
Race					
White	21	9.0	2.5	4.0	13.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	17	12.6	3.6	5.5	19.8
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI <30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	<i>19</i>	<i>9.3</i>	<i>2.8</i>	<i>3.9</i>	<i>14.7</i>
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	<i>20</i>	<i>10.1</i>	<i>2.8</i>	<i>4.6</i>	<i>15.6</i>
Health Insurance Status					
Insured	<i>19</i>	<i>8.5</i>	<i>2.5</i>	<i>3.6</i>	<i>13.4</i>
Uninsured	*	*	*	*	*

Numerator: Respondents reporting they had been told by a doctor, nurse, or other health professional that they had asthma and that they currently have asthma.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Have Been Diagnosed With Cancer (Excluding Skin Cancer), 2011

Lyon County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,108	6.9	0.2	6.5	7.2
Lyon County	27	6.7	1.5	3.7	9.7
Gender					
Men	*	*	*	*	*
Women	21	9.6	2.5	4.7	14.4
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	17	20.5	5.0	10.6	30.3
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	26	6.9	1.5	3.9	9.9
Race					
White	26	8.0	1.9	4.4	11.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	19	7.5	2.1	3.4	11.7
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	14	7.9	2.2	3.5	12.3
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI <30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	20	6.5	1.6	3.3	9.8
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	22	6.8	1.7	3.3	10.2
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	22	6.4	1.6	3.2	9.6
Health Insurance Status					
Insured	24	6.4	1.4	3.5	9.2
Uninsured	*	*	*	*	*

Numerator: Respondents reporting they had been told by a doctor, nurse, or other health professional that they had cancer (excluding skin cancer).

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Have Been Diagnosed With Skin Cancer, 2011

Lyon County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,950	6.2	0.2	5.9	6.5
Lyon County	21	4.4	1.1	2.3	6.5
Gender					
Men	*	*	*	*	*
Women	14	4.9	1.4	2.0	7.7
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	21	5.1	1.3	2.6	7.6
Race					
White	21	5.5	1.3	2.8	8.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	14	4.2	1.2	1.7	6.6

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	16	3.8	1.1	1.7	5.9
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	18	4.3	1.2	2.0	6.7
Health Insurance Status					
Insured	18	4.6	1.2	2.2	7.0
Uninsured	*	*	*	*	*

Numerator: Respondents reporting they had been told by a doctor, nurse, or other health professional that they had skin cancer.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

**Percentage of Adults Who Have Not Checked Cholesterol Within Five Years
Among Those Who Have Ever Had Cholesterol Checked, 2011**

Lyon County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,379	27.1	0.5	26.2	28.0
Lyon County	54	38.4	4.6	29.3	47.5
Gender					
Men	23	44.9	7.3	30.5	59.2
Women	31	32.1	5.5	21.4	42.8
Age Group					
18 to 44 Years	36	66.2	6.4	53.6	78.8
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	44	33.9	5.0	24.1	43.7
Race					
White	41	31.9	5.1	21.8	42.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	26	51.5	7.6	36.6	66.5
Some College or College Graduate	28	29.5	5.1	19.5	39.6
Annual Household Income					
Less than \$35,000 per Year	35	51.6	6.4	39.1	64.1
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	14	22.0	6.5	9.3	34.7
Living without a Disability	37	41.2	5.5	30.4	52.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	18	48.9	8.9	31.4	66.3
Overweight (25 ≤ BMI < 30)	16	27.8	6.5	15.0	40.6
Obese (BMI ≥ 30)	17	37.8	7.8	22.5	53.2
Leisure Time Physical Activity					
Participates in leisure time physical activity	40	39.5	5.2	29.2	49.7
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	42	36.5	5.3	26.2	46.8
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	38	34.5	5.0	24.6	44.3
Health Insurance Status					
Insured	32	28.5	5.0	18.7	38.4
Uninsured	*	*	*	*	*

Numerator: Respondents reporting they had not checked their blood cholesterol in the past five years.

Denominator: Respondents who ever had their blood cholesterol checked, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Tested and Diagnosed with High Cholesterol, 2011

Lyon County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	7,660	38.4	0.5	37.5	39.3
Lyon County	89	36.8	3.9	29.1	44.5
Gender					
Men	29	35.1	6.6	22.2	48.1
Women	60	38.1	4.7	29.0	47.2
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	47	44.0	5.9	32.5	55.5
65 Years and Older	37	54.1	6.8	40.8	67.3
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	88	38.8	4.1	30.8	46.8
Race					
White	85	39.4	4.1	31.3	47.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	31	46.7	7.4	32.2	61.3
Some College or College Graduate	58	32.0	4.5	23.2	40.8
Annual Household Income					
Less than \$35,000 per Year	31	39.1	7.0	25.4	52.8
\$35,000 or Higher per Year	42	31.1	5.0	21.4	40.9
Disability Status					
Living with a Disability	34	47.4	8.0	31.6	63.1
Living without a Disability	52	32.6	4.5	23.7	41.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	22	35.6	7.1	21.6	49.5
Overweight (25 ≤ BMI < 30)	34	32.8	6.0	21.1	44.6
Obese (BMI ≥ 30)	29	42.8	7.9	27.4	58.2
Leisure Time Physical Activity					
Participates in leisure time physical activity	61	33.1	4.3	24.6	41.6
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	73	35.9	4.3	27.5	44.4
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	77	35.5	4.1	27.4	43.5
Health Insurance Status					
Insured	82	37.6	4.1	29.5	45.7
Uninsured	*	*	*	*	*

Numerator: Respondents reporting they had been told by a doctor, nurse, or other health professional that they have high blood cholesterol.

Denominator: Respondents who had ever had their blood cholesterol checked, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Had Chronic Obstructive Pulmonary Disease
(COPD), Emphysema or Chronic Bronchitis, 2011**

Lyon County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,658	6.6	0.2	6.2	7.0
Lyon County	16	3.6	1.0	1.7	5.5
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	11	15.6	4.6	6.5	24.7
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	16	4.2	1.1	2.0	6.4
Race					
White	15	4.2	1.2	1.9	6.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI <30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*	*	*	*	*
Health Insurance Status					
Insured	13	3.6	1.0	1.5	5.6
Uninsured	*	*	*	*	*

Numerator: Respondents reporting they had been told by a doctor, nurse, or other health professional that they had chronic obstructive pulmonary disease (COPD), emphysema or chronic bronchitis.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Were EVER Diagnosed with a Depressive Disorder,
2011**

Lyon County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,360	15.9	0.3	15.2	16.5
Lyon County	45	13.1	2.2	8.7	17.5
Gender					
Men	*	*	*	*	*
Women	33	16.6	3.1	10.6	22.7
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	24	22.0	4.7	12.8	31.1
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	44	14.2	2.4	9.4	19.0
Race					
White	40	12.9	2.3	8.5	17.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	31	14.3	2.9	8.6	19.9
Annual Household Income					
Less than \$35,000 per Year	21	14.9	3.8	7.3	22.4
\$35,000 or Higher per Year	18	13.8	3.5	6.9	20.8
Disability Status					
Living with a Disability	23	32.3	6.9	18.8	45.8
Living without a Disability	19	7.6	1.9	3.9	11.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI <30)	16	16.9	4.6	7.9	26.0
Obese (BMI ≥ 30)	20	18.9	4.9	9.4	28.5
Leisure Time Physical Activity					
Participates in leisure time physical activity	33	13.6	2.7	8.4	18.9
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	38	13.6	2.6	8.5	18.6
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	33	10.8	2.1	6.6	14.9
Health Insurance Status					
Insured	36	13.5	2.6	8.5	18.6
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse, or other health professional that they have a depressive disorder (including depression, major depression, dysthymia, or minor depression).

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Diagnosed Diabetes, 2011

Lyon County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,584	9.5	0.2	9.1	10.0
Lyon County	28	7.1	1.6	4.0	10.2
Gender					
Men	*	*	*	*	*
Women	18	8.0	2.2	3.8	12.3
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	28	8.3	1.9	4.6	11.9
Race					
White	27	8.6	2.0	4.8	12.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	15	8.3	2.5	3.5	13.2
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI <30)	*	*	*	*	*
Obese (BMI ≥ 30)	15	15.2	4.5	6.4	24.0
Leisure Time Physical Activity					
Participates in leisure time physical activity	17	6.4	1.8	2.8	10.0
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	24	7.9	1.9	4.1	11.6
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	23	6.7	1.7	3.4	10.0
Health Insurance Status					
Insured	22	7.0	1.8	3.4	10.5
Uninsured	*	*	*	*	*

Numerator: Respondents reporting they had been told by a doctor they had diabetes, excluding females told only during pregnancy and pre-diabetes or borderline diabetes.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Activity Limitations Due to Physical,
Mental, or Emotional Problems, 2011**

Lyon County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	5,714	23.0	0.4	22.3	23.7
Lyon County	75	20.1	2.9	14.5	25.7
Gender					
Men	20	15.6	4.2	7.4	23.8
Women	55	24.1	3.8	16.7	31.6
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	33	25.5	4.9	15.9	35.1
65 Years and Older	32	39.3	6.4	26.7	51.9
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	72	21.5	3.1	15.4	27.6
Race					
White	68	19.1	2.9	13.5	24.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	28	22.1	5.2	12.0	32.2
Some College or College Graduate	47	18.9	3.4	12.2	25.6
Annual Household Income					
Less than \$35,000 per Year	42	30.8	5.3	20.4	41.3
\$35,000 or Higher per Year	22	12.6	3.2	6.4	18.8
Weight Category					
Normal or Underweight (BMI < 25)	20	15.9	4.7	6.8	25.1
Overweight (25 ≤ BMI < 30)	23	22.3	5.3	11.9	32.7
Obese (BMI ≥ 30)	28	23.3	5.3	13.0	33.6

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	54	20.6	3.3	14.1	27.2
Does not participate in leisure time physical activity	21	18.4	5.3	8.0	28.8
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	59	18.1	3.0	12.2	24.0
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	56	16.6	2.8	11.1	22.1
Health Insurance Status					
Insured	64	21.2	3.2	14.9	27.6
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they were limited in any activities because of physical, mental, or emotional problems.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Reported Living with a Disability , 2011

Lyon County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	6,179	24.5	0.4	23.7	25.2
Lyon County	79	20.8	2.9	15.2	26.5
Gender					
Men	21	16.1	4.2	7.8	24.4
Women	58	25.0	3.8	17.5	32.5
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	34	26.2	4.9	16.6	35.9
65 Years and Older	35	42.1	6.5	29.4	54.9
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	76	22.3	3.1	16.2	28.5
Race					
White	72	20.0	2.9	14.3	25.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	30	23.2	5.3	12.9	33.5
Some College or College Graduate	49	19.4	3.4	12.6	26.1
Annual Household Income					
Less than \$35,000 per Year	44	31.6	5.4	21.1	42.1
\$35,000 or Higher per Year	23	13.2	3.2	6.9	19.5
Weight Category					
Normal or Underweight (BMI <25)	21	16.1	4.7	6.9	25.3
Overweight (25 ≤ BMI < 30)	25	23.8	5.4	13.3	34.4
Obese (BMI ≥ 30)	28	23.3	5.3	13.0	33.6

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	<i>56</i>	<i>21.1</i>	<i>3.4</i>	<i>14.5</i>	<i>27.7</i>
Does not participate in leisure time physical activity	<i>23</i>	<i>19.7</i>	<i>5.5</i>	<i>9.0</i>	<i>30.4</i>
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	<i>63</i>	<i>18.9</i>	<i>3.0</i>	<i>12.9</i>	<i>24.9</i>
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	<i>60</i>	<i>17.5</i>	<i>2.9</i>	<i>11.9</i>	<i>23.0</i>
Health Insurance Status					
Insured	<i>68</i>	<i>22.1</i>	<i>3.3</i>	<i>15.7</i>	<i>28.5</i>
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they were limited in any activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment such as a cane, a wheelchair, a special bed, or a special telephone.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Not Doing Enough Physical Activity To Meet Both The
Aerobic AND Strengthening Exercise Recommendations, 2011**

Lyon County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	16,604	83.5	0.4	82.7	84.2
Lyon County	210	86.2	2.8	80.7	91.6
Gender					
Men	69	86.8	3.9	79.2	94.5
Women	141	85.5	3.9	77.9	93.2
Age Group					
18 to 44 Years	58	85.5	4.7	76.3	94.6
45 to 64 Years	89	84.9	3.9	77.3	92.6
65 Years and Older	63	91.1	3.4	84.4	97.8
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	195	85.4	3.1	79.4	91.5
Race					
White	192	86.4	3.1	80.4	92.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	138	80.4	4.0	72.5	88.2
Annual Household Income					
Less than \$35,000 per Year	83	82.9	4.6	73.9	92.0
\$35,000 or Higher per Year	91	86.8	3.5	79.9	93.7
Disability Status					
Living with a Disability	63	79.8	5.8	68.4	91.3
Living without a Disability	146	87.7	3.1	81.6	93.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	51	78.6	6.1	66.6	90.6
Overweight (25 ≤ BMI < 30)	77	87.1	4.3	78.7	95.5
Obese (BMI ≥ 30)	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	179	86.5	3.1	80.4	92.5
Health Insurance Status					
Insured	180	85.1	3.3	78.7	91.4
Uninsured	*	*	*	*	*

Numerator: Respondents who did not meet both aerobic and strengthening physical activity guidelines.

The aerobic guideline is defined as 150 minutes a week of moderate-intensity aerobic activity, or 75 minutes a week of vigorous-intensity aerobic activity, or an equivalent combination of moderate- and vigorous-intensity aerobic activity.

The strengthening guideline is defined as muscle-strengthening activities that involved all major muscle groups two or more times per week.

Meeting the physical activity guideline is defined as meeting both aerobic and strengthening guidelines.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Not Doing Enough Physical Activity To Meet EITHER
Aerobic OR Strengthening Guideline, 2011**

Lyon County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	8,956	45.3	0.5	44.4	46.2
Lyon County	111	42.2	4.2	34.1	50.4
Gender					
Men	38	39.2	6.5	26.4	52.0
Women	73	45.0	5.1	35.0	55.0
Age Group					
18 to 44 Years	28	36.7	6.7	23.7	49.8
45 to 64 Years	52	47.4	5.8	36.1	58.7
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	105	43.7	4.4	35.0	52.3
Race					
White	104	45.1	4.5	36.2	54.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	65	34.4	4.5	25.6	43.2
Annual Household Income					
Less than \$35,000 per Year	46	41.9	6.3	29.6	54.2
\$35,000 or Higher per Year	47	44.0	5.7	32.7	55.2
Disability Status					
Living with a Disability	40	45.5	7.2	31.3	59.7
Living without a Disability	71	41.6	4.9	32.0	51.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	20	26.3	7.0	12.6	40.0
Overweight (25 ≤ BMI < 30)	43	45.7	6.4	33.1	58.3
Obese (BMI ≥ 30)	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	96	45.8	4.6	36.8	54.8
Health Insurance Status					
Insured	95	43.2	4.5	34.5	52.0
Uninsured	*	*	*	*	*

Numerator: Respondents who did not meet either aerobic or strengthening physical activity guidelines.

The aerobic guideline is defined as 150 minutes a week of moderate-intensity aerobic activity, or 75 minutes a week of vigorous-intensity aerobic activity, or an equivalent combination of moderate- and vigorous-intensity aerobic activity.

The strengthening guideline is defined as muscle-strengthening activities that involved all major muscle groups two or more times per week.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Not Participating in Any Physical Activity (Leisure Time Physical Activity) Other Than Their Regular Job in the Past 30 Days, 2011

Lyon County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	5,740	26.8	0.4	26.0	27.6
Lyon County	58	22.1	3.6	15.0	29.1
Gender					
Men	22	26.1	6.4	13.6	38.6
Women	36	18.3	3.6	11.4	25.3
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	27	26.1	5.1	16.2	36.0
65 Years and Older	20	28.9	6.5	16.1	41.7
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	54	22.5	3.9	14.9	30.2
Race					
White	54	24.0	4.1	15.9	32.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	27	29.6	7.3	15.3	43.9
Some College or College Graduate	31	17.4	3.6	10.4	24.5
Annual Household Income					
Less than \$35,000 per Year	29	24.1	5.2	13.9	34.4
\$35,000 or Higher per Year	20	19.2	4.4	10.5	27.9
Disability Status					
Living with a Disability	23	21.2	5.2	11.0	31.4
Living without a Disability	35	22.8	4.4	14.1	31.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI <30)	19	20.7	5.2	10.5	30.9
Obese (BMI ≥ 30)	19	22.4	5.9	10.9	33.9
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	48	23.1	4.1	15.1	31.1
Health Insurance Status					
Insured	49	21.2	3.4	14.5	27.9
Uninsured	*	*	*	*	*

Numerator: Respondents reporting they did not participate in any physical activities or exercise, other than their regular job, in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Consuming Fruit Less than 1 Time Per Day,
2011**

Lyon County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	7,375	41.4	0.5	40.5	42.4
Lyon County	90	42.6	4.2	34.3	50.8
Gender					
Men	37	48.5	6.9	35.1	61.9
Women	53	37.4	5.0	27.5	47.2
Age Group					
18 to 44 Years	33	53.3	6.9	39.8	66.7
45 to 64 Years	36	32.8	5.5	22.0	43.5
65 Years and Older	21	29.1	5.9	17.5	40.7
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	84	43.8	4.5	35.1	52.5
Race					
White	82	45.3	4.5	36.5	54.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	30	44.1	7.8	28.7	59.4
Some College or College Graduate	60	41.7	4.9	32.1	51.3
Annual Household Income					
Less than \$35,000 per Year	38	40.9	6.2	28.6	53.1
\$35,000 or Higher per Year	34	33.8	5.6	22.9	44.7
Disability Status					
Living with a Disability	33	44.2	7.3	29.8	58.6
Living without a Disability	56	42.7	5.0	32.9	52.5

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	26	52.2	8.0	36.5	67.8
Overweight (25 ≤ BMI <30)	20	29.7	6.3	17.4	42.1
Obese (BMI ≥ 30)	38	45.8	7.4	31.2	60.3
Leisure Time Physical Activity					
Participates in leisure time physical activity	65	39.6	4.6	30.5	48.7
Does not participate in leisure time physical activity	25	52.6	9.2	34.5	70.7
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	79	45.9	4.7	36.7	55.0
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	68	39.8	4.7	30.5	49.0
Health Insurance Status					
Insured	69	35.8	4.3	27.4	44.3
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they consumed fruit less than 1 time per day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Consuming Vegetables Less than 1 Time
Per Day, 2011**

Lyon County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,908	22.3	0.4	21.4	23.1
Lyon County	51	27.2	4.2	19.1	35.4
Gender					
Men	25	35.3	7.0	21.6	48.9
Women	26	20.0	4.5	11.2	28.8
Age Group					
18 to 44 Years	20	36.2	7.1	22.3	50.2
45 to 64 Years	16	16.1	4.1	8.0	24.2
65 Years and Older	15	21.8	5.6	10.8	32.9
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	48	28.2	4.5	19.4	37.0
Race					
White	46	28.3	4.6	19.3	37.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	36	27.2	4.6	18.1	36.2
Annual Household Income					
Less than \$35,000 per Year	26	30.8	6.2	18.6	42.9
\$35,000 or Higher per Year	15	16.1	4.5	7.4	24.8
Disability Status					
Living with a Disability	19	27.8	7.1	14.0	41.6
Living without a Disability	31	25.8	4.9	16.2	35.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	18	41.3	8.6	24.4	58.1
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	18	20.6	5.4	9.9	31.2
Leisure Time Physical Activity					
Participates in leisure time physical activity	34	23.5	4.3	15.1	31.9
Does not participate in leisure time physical activity	17	39.7	10.1	20.0	59.5
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	47	28.7	4.6	19.7	37.8
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	38	25.5	4.7	16.4	34.7
Health Insurance Status					
Insured	40	23.0	4.0	15.1	30.9
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they consumed vegetables less than 1 time per day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Lack Health Care Coverage, 2011

Lyon County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,212	16.7	0.4	15.9	17.5
Lyon County	38	17.8	3.2	11.6	24.0
Gender					
Men	14	15.9	4.5	7.0	24.8
Women	24	19.4	4.3	11.0	27.9
Age Group					
18 to 44 Years	19	25.5	5.8	14.2	36.8
45 to 64 Years	16	13.5	3.6	6.4	20.5
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	31	13.8	2.8	8.4	19.2
Race					
White	30	14.3	2.8	8.7	19.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	23	26.7	6.2	14.7	38.8
Some College or College Graduate	15	12.4	3.4	5.7	19.0
Annual Household Income					
Less than \$35,000 per Year	29	32.8	5.9	21.1	44.5
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	23	16.7	3.7	9.4	23.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	14	22.3	6.5	9.6	35.1
Leisure Time Physical Activity					
Participates in leisure time physical activity	26	17.0	3.6	10.0	24.0
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	27	16.5	3.5	9.6	23.3
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	26	15.7	3.4	9.0	22.4

Numerator: Respondents reporting they had no health care coverage.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Ages 18 to 64 Years Old Who Lack Health Care Coverage,
2011**

Lyon County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,123	20.1	0.5	19.2	21.0
Lyon County	35	20.7	3.8	13.3	28.0
Gender					
Men	14	18.8	5.4	8.3	29.3
Women	21	22.4	5.2	12.2	32.6
Age Group					
18 to 44 Years	19	25.5	5.8	14.2	36.8
45 to 64 Years	16	13.5	3.6	6.4	20.5
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	28	16.2	3.4	9.6	22.9
Race					
White	27	16.7	3.5	9.9	23.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	21	31.7	7.7	16.6	46.9
Some College or College Graduate	14	14.4	4.0	6.7	22.2
Annual Household Income					
Less than \$35,000 per Year	27	40.4	7.3	26.0	54.7
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	21	18.1	4.2	9.9	26.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	<i>13</i>	<i>23.2</i>	<i>6.9</i>	<i>9.6</i>	<i>36.8</i>
Leisure Time Physical Activity					
Participates in leisure time physical activity	<i>24</i>	<i>19.3</i>	<i>4.2</i>	<i>11.1</i>	<i>27.5</i>
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	<i>25</i>	<i>18.9</i>	<i>4.1</i>	<i>10.8</i>	<i>27.1</i>
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	<i>23</i>	<i>18.2</i>	<i>4.1</i>	<i>10.1</i>	<i>26.2</i>

Numerator: Respondents ages 18-64 years old reporting they had no health care coverage.

Denominator: All respondents ages 18-64 years old, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with No Personal Doctor or Health Care Provider, 2011

Lyon County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,606	19.7	0.4	18.9	20.6
Lyon County	34	23.1	3.8	15.6	30.5
Gender					
Men	20	28.3	5.9	16.7	39.9
Women	14	18.1	5.0	8.4	27.9
Age Group					
18 to 44 Years	21	32.3	6.4	19.8	44.9
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	27	19.3	3.7	12.0	26.7
Race					
White	23	17.1	3.7	9.9	24.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	20	34.4	7.1	20.4	48.3
Some College or College Graduate	14	15.6	4.1	7.6	23.7
Annual Household Income					
Less than \$35,000 per Year	25	38.8	6.3	26.4	51.1
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	26	24.7	4.6	15.8	33.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	11	23.4	7.0	9.7	37.1
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	11	27.5	7.5	12.8	42.2
Leisure Time Physical Activity					
Participates in leisure time physical activity	26	24.2	4.5	15.4	32.9
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	25	21.5	4.1	13.4	29.6
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	22	19.4	4.0	11.5	27.3
Health Insurance Status					
Insured	18	15.3	3.7	8.1	22.5
Uninsured	*	*	*	*	*

Numerator: Respondents reporting they had no personal doctor or health care provider.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Could Not See Doctor Because of Cost In the Past 12 Months, 2011

Lyon County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,334	14.3	0.3	13.7	15.0
Lyon County	28	11.7	2.5	6.9	16.6
Gender					
Men	*	*	*	*	*
Women	18	11.9	3.1	5.9	17.9
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	18	18.6	4.7	9.4	27.7
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	24	10.3	2.3	5.7	14.9
Race					
White	24	10.7	2.4	6.0	15.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	17	12.1	3.2	5.9	18.3
Annual Household Income					
Less than \$35,000 per Year	21	22.5	5.1	12.5	32.5
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	13	23.2	6.5	10.4	36.0
Living without a Disability	15	9.4	2.6	4.2	14.6

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	17	11.0	2.8	5.5	16.6
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	23	11.8	2.8	6.4	17.3
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	17	8.5	2.3	3.9	13.0
Health Insurance Status					
Insured	*	*	*	*	*
Uninsured	*	*	*	*	*

Numerator: Respondents reporting they could not see a doctor because of cost in the past 12 months.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Fair or Poor Self-Perceived Health Status, 2011

Lyon County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,614	15.0	0.3	14.4	15.6
Lyon County	41	13.3	2.4	8.5	18.1
Gender					
Men	*	*	*	*	*
Women	29	15.2	3.0	9.3	21.2
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	17	15.4	3.9	7.7	23.1
65 Years and Older	19	29.0	6.2	17.0	41.1
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	40	14.8	2.7	9.4	20.1
Race					
White	36	12.6	2.5	7.8	17.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	25	23.2	5.3	12.9	33.6
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	29	21.2	4.3	12.7	29.7
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	25	34.0	6.6	21.0	47.0
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	17	23.0	6.1	10.9	35.0
Leisure Time Physical Activity					
Participates in leisure time physical activity	25	11.8	2.8	6.4	17.2
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	31	12.6	2.7	7.3	17.9
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	33	13.4	2.7	8.1	18.8
Health Insurance Status					
Insured	35	14.4	2.8	8.8	20.0
Uninsured	*	*	*	*	*

Numerator: Respondents reporting that in general their health is fair or poor.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Reported Their Physical Health Was Not Good on 14 or More Days in the Past 30 Days, 2011

Lyon County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,519	10.5	0.3	10.0	11.0
Lyon County	24	7.9	1.9	4.1	11.6
Gender					
Men	*	*	*	*	*
Women	19	10.5	2.7	5.2	15.7
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	22	8.1	2.1	4.0	12.2
Race					
White	22	8.2	2.1	4.1	12.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	17	24.9	6.3	12.5	37.2
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	18	8.8	2.4	4.1	13.4
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	17	6.6	2.0	2.7	10.5
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	21	7.8	2.1	3.8	11.9
Health Insurance Status					
Insured	22	9.0	2.3	4.5	13.5
Uninsured	*	*	*	*	*

Numerator: Respondents reporting 14 or more days when their physical health was not good.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Their Mental Health Was Not Good on 14
or More Days in the Past 30 Days, 2011**

Lyon County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,937	10.2	0.3	9.6	10.8
Lyon County	26	10.7	2.4	5.9	15.5
Gender					
Men	*	*	*	*	*
Women	18	13.9	3.7	6.7	21.1
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	13	10.0	2.9	4.2	15.8
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	25	11.6	2.7	6.3	16.9
Race					
White	22	10.5	2.7	5.3	15.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	16	10.6	2.9	4.9	16.3
Annual Household Income					
Less than \$35,000 per Year	16	15.6	4.2	7.3	23.9
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	<i>18</i>	<i>10.5</i>	<i>2.8</i>	<i>5.0</i>	<i>16.0</i>
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	<i>19</i>	<i>10.2</i>	<i>2.8</i>	<i>4.8</i>	<i>15.6</i>
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	<i>18</i>	<i>9.5</i>	<i>2.7</i>	<i>4.3</i>	<i>14.8</i>
Health Insurance Status					
Insured	<i>21</i>	<i>10.9</i>	<i>2.8</i>	<i>5.4</i>	<i>16.3</i>
Uninsured	*	*	*	*	*

Numerator: Respondents reporting 14 or more days when their mental health was not good.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Reported Their Poor Physical or Mental Health Kept Them From Doing Their Usual Activities, such as Self-care, Work, or Recreation, 2011

Lyon County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,985	39.5	0.7	38.2	40.8
Lyon County	52	42.3	5.9	30.7	53.9
Gender					
Men	*	*	*	*	*
Women	38	44.8	6.5	32.0	57.6
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	20	38.9	7.7	23.7	54.0
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	52	45.6	6.1	33.6	57.6
Race					
White	47	44.2	6.4	31.6	56.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	34	37.8	6.4	25.2	50.4
Annual Household Income					
Less than \$35,000 per Year	26	48.3	8.4	31.8	64.8
\$35,000 or Higher per Year	19	32.2	7.1	18.3	46.1
Disability Status					
Living with a Disability	24	45.2	8.4	28.6	61.7
Living without a Disability	26	40.8	7.8	25.4	56.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	37	39.9	6.3	27.6	52.3
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	38	39.8	6.8	26.5	53.1
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	40	39.9	6.8	26.7	53.2
Health Insurance Status					
Insured	45	40.5	5.9	29.1	52.0
Uninsured	*	*	*	*	*

Numerator: Respondents reporting one or more days in the past 30 days when their poor physical or mental health kept them from doing their usual activities, such as self-care, work, or recreation.

Denominator: Among respondents with at least one day in the past 30 days when their physical or mental health was not good, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who had a Heart Attack, 2011

Lyon County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,236	4.4	0.2	4.1	4.7
Lyon County	*	*	*	*	*
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	*	*	*	*	*
Race					
White	*	*	*	*	*
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*	*	*	*	*
Health Insurance Status					
Insured	*	*	*	*	*
Uninsured	*	*	*	*	*

Numerator: Respondents reporting they had been told by a doctor, nurse, or other health professional that they had a heart attack also called a myocardial infarction.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Percentage of Adults Who had Angina or Coronary Heart Disease, 2011

Lyon County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,333	4.5	0.2	4.2	4.8
Lyon County	*	*	*	*	*
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	*	*	*	*	*
Race					
White	*	*	*	*	*
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*	*	*	*	*
Health Insurance Status					
Insured	*	*	*	*	*
Uninsured	*	*	*	*	*

Numerator: Respondents reporting they had been told by a doctor, nurse, or other health professional that they had angina or coronary heart disease.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Percentage of Adults Who Had A Stroke, 2011

Lyon County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	831	2.7	0.1	2.5	3.0
Lyon County	*	*	*	*	*
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	*	*	*	*	*
Race					
White	*	*	*	*	*
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*	*	*	*	*
Health Insurance Status					
Insured	*	*	*	*	*
Uninsured	*	*	*	*	*

Numerator: Respondents reporting they had been told by a doctor, nurse, or other health professional that they had a stroke.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Percentage of Adults with Diagnosed Hypertension, 2011

Lyon County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	8,234	30.8	0.4	30.1	31.6
Lyon County	95	28.4	3.3	21.9	35.0
Gender					
Men	38	31.8	5.8	20.5	43.1
Women	57	25.3	3.7	18.1	32.5
Age Group					
18 to 44 Years	14	14.4	4.2	6.2	22.6
45 to 64 Years	41	38.4	5.6	27.4	49.4
65 Years and Older	39	52.9	6.4	40.2	65.5
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	91	29.9	3.6	22.9	37.0
Race					
White	87	29.3	3.6	22.3	36.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	41	35.3	6.4	22.7	47.9
Some College or College Graduate	54	23.9	3.7	16.6	31.3
Annual Household Income					
Less than \$35,000 per Year	42	31.9	5.3	21.4	42.3
\$35,000 or Higher per Year	40	30.6	5.0	20.7	40.5
Disability Status					
Living with a Disability	39	50.8	7.2	36.8	64.9
Living without a Disability	50	22.1	3.6	15.0	29.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	17	14.7	4.1	6.6	22.8
Overweight (25 ≤ BMI <30)	38	34.1	5.9	22.5	45.8
Obese (BMI ≥ 30)	36	41.9	7.1	27.9	55.8
Leisure Time Physical Activity					
Participates in leisure time physical activity	66	27.3	3.8	19.8	34.8
Does not participate in leisure time physical activity	24	30.0	7.4	15.4	44.5
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	78	29.9	3.9	22.3	37.5
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	80	27.5	3.5	20.6	34.5
Health Insurance Status					
Insured	83	32.0	3.9	24.3	39.6
Uninsured	*	*	*	*	*

Numerator: Respondents reporting they had been told by a doctor, nurse, or other health professional that they have high blood pressure.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Ages 18 Years and Older Who Did Not Get Immunized
Against Influenza During the Past 12 Months, 2011**

Lyon County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	10,021	58.3	0.4	57.4	59.2
Lyon County	124	60.8	4.0	52.9	68.7
Gender					
Men	40	56.8	7.0	43.1	70.6
Women	84	64.3	4.3	55.9	72.7
Age Group					
18 to 44 Years	48	74.0	6.3	61.6	86.4
45 to 64 Years	54	54.6	5.8	43.2	65.9
65 Years and Older	21	31.1	6.2	19.0	43.3
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	110	57.3	4.4	48.7	65.8
Race					
White	106	57.2	4.5	48.5	66.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	46	63.0	7.6	48.0	78.0
Some College or College Graduate	78	59.5	4.6	50.5	68.4
Annual Household Income					
Less than \$35,000 per Year	49	60.4	6.0	48.7	72.2
\$35,000 or Higher per Year	51	56.2	5.5	45.3	67.0
Disability Status					
Living with a Disability	36	58.4	6.7	45.2	71.6
Living without a Disability	88	61.4	4.8	52.1	70.8

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	42	69.3	7.6	54.4	84.2
Overweight (25 ≤ BMI <30)	37	47.8	6.5	35.0	60.7
Obese (BMI ≥ 30)	38	65.7	6.5	53.0	78.4
Leisure Time Physical Activity					
Participates in leisure time physical activity	102	65.7	4.1	57.6	73.8
Does not participate in leisure time physical activity	22	44.0	9.1	26.2	61.8
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	104	61.2	4.5	52.4	69.9
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	103	59.9	4.4	51.4	68.5
Health Insurance Status					
Insured	100	57.7	4.3	49.3	66.1
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they did not have a flu shot or vaccine sprayed in the nose during the past 12 months.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Ages 65 Years and Older Who Did Not Get Immunized
Against Influenza During the Past 12 Months, 2011**

Lyon County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,059	32.4	0.7	31.0	33.7
Lyon County	21	31.1	6.2	19.0	43.3
Gender					
Men	*	*	*	*	*
Women	13	28.3	7.1	14.4	42.2
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	21	31.1	6.2	19.0	43.3
Race					
White	20	31.1	6.3	18.9	43.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*
Weight Category					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	<i>16</i>	<i>29.5</i>	<i>6.7</i>	<i>16.4</i>	<i>42.6</i>
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	<i>18</i>	<i>31.7</i>	<i>6.9</i>	<i>18.3</i>	<i>45.1</i>
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	<i>17</i>	<i>27.8</i>	<i>6.4</i>	<i>15.3</i>	<i>40.2</i>
Health Insurance Status					
Insured	<i>21</i>	<i>32.6</i>	<i>6.4</i>	<i>20.1</i>	<i>45.2</i>
Uninsured	*	*	*	*	*

Numerator: Respondents ages 65 years and older who reported they did not receive a flu shot or vaccine sprayed in the nose during the past 12 months.

Denominator: All respondents ages 65 years and older, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Ages 65 Years and Older Who Never Had Pneumonia
Vaccination, 2011**

Lyon County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,792	29.2	0.7	27.9	30.6
Lyon County	20	25.9	5.9	14.4	37.5
Gender					
Men	*	*	*	*	*
Women	14	24.3	6.3	11.9	36.7
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	20	25.9	5.9	14.4	37.5
Race					
White	19	25.6	5.9	13.9	37.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	<i>16</i>	<i>30.3</i>	<i>7.1</i>	<i>16.3</i>	<i>44.2</i>
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	<i>17</i>	<i>26.1</i>	<i>6.5</i>	<i>13.3</i>	<i>38.9</i>
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	<i>19</i>	<i>29.6</i>	<i>6.6</i>	<i>16.6</i>	<i>42.6</i>
Health Insurance Status					
Insured	<i>20</i>	<i>27.2</i>	<i>6.1</i>	<i>15.2</i>	<i>39.2</i>
Uninsured	*	*	*	*	*

Numerator: Respondents ages 65 years and older who reported they never had a pneumonia vaccination.

Denominator: All respondents ages 65 years and older, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults who are Obese, 2011

Lyon County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	5,907	29.6	0.4	28.7	30.4
Lyon County	75	29.8	3.8	22.3	37.3
Gender					
Men	27	32.1	6.2	19.9	44.3
Women	48	27.6	4.5	18.9	36.4
Age Group					
18 to 44 Years	26	32.2	6.3	19.7	44.6
45 to 64 Years	37	35.0	5.6	24.0	46.0
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	70	28.1	3.8	20.8	35.5
Race					
White	67	28.3	3.9	20.8	35.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	25	29.1	6.6	16.1	42.1
Some College or College Graduate	50	30.3	4.6	21.2	39.4
Annual Household Income					
Less than \$35,000 per Year	31	32.0	6.1	20.1	44.0
\$35,000 or Higher per Year	33	31.8	5.6	20.9	42.8
Disability Status					
Living with a Disability	28	34.1	6.8	20.9	47.4
Living without a Disability	45	29.5	4.6	20.4	38.6

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	55	30.2	4.4	21.5	38.9
Does not participate in leisure time physical activity	19	30.4	8.1	14.6	46.2
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	68	33.2	4.4	24.5	41.9
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	64	32.8	4.4	24.3	41.4
Health Insurance Status					
Insured	61	29.2	4.1	21.2	37.3
Uninsured	*	*	*	*	*

Numerator: Respondents with a body mass index greater than or equal to 30, based on self-reported height and weight.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who are Overweight or Obese, 2011

Lyon County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	12,869	64.4	0.5	63.5	65.3
Lyon County	166	62.9	4.5	54.2	71.7
Gender					
Men	65	69.4	7.3	55.0	83.8
Women	101	56.5	5.3	46.2	66.8
Age Group					
18 to 44 Years	47	57.4	7.4	42.9	71.9
45 to 64 Years	70	70.9	5.2	60.8	81.1
65 Years and Older	49	66.7	6.2	54.5	78.9
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	154	60.6	4.7	51.3	69.9
Race					
White	147	58.9	4.9	49.3	68.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	57	61.4	8.5	44.7	78.1
Some College or College Graduate	109	63.9	4.9	54.3	73.5
Annual Household Income					
Less than \$35,000 per Year	72	72.5	5.6	61.4	83.5
\$35,000 or Higher per Year	74	68.5	5.2	58.3	78.8
Disability Status					
Living with a Disability	53	71.2	6.9	57.7	84.8
Living without a Disability	108	60.6	5.4	50.0	71.2

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	125	64.1	5.0	54.3	73.9
Does not participate in leisure time physical activity	38	61.3	10.3	41.0	81.5
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	145	66.4	5.1	56.4	76.4
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	141	63.1	4.8	53.7	72.5
Health Insurance Status					
Insured	141	66.1	4.6	57.0	75.2
Uninsured	*	*	*	*	*

Numerator: Respondents with a body mass index greater than or equal to 25, based on self-reported height and weight.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported That They Do Not Always Wear a Seatbelt
When They Drive or Ride in a Car, 2011**

Lyon County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,339	19.4	0.4	18.6	20.1
Lyon County	44	24.2	4.1	16.2	32.2
Gender					
Men	23	35.5	7.1	21.5	49.4
Women	21	14.2	3.7	6.9	21.4
Age Group					
18 to 44 Years	16	29.5	6.9	15.9	43.0
45 to 64 Years	21	23.3	5.2	13.1	33.5
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	38	21.2	4.2	13.1	29.4
Race					
White	37	22.1	4.3	13.6	30.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	29	23.9	4.5	15.0	32.8
Annual Household Income					
Less than \$35,000 per Year	15	17.7	4.9	8.1	27.2
\$35,000 or Higher per Year	21	26.2	5.7	15.0	37.4
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	31	26.0	4.9	16.4	35.5

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	17	30.9	8.3	14.6	47.2
Overweight (25 ≤ BMI <30)	*	*	*	*	*
Obese (BMI ≥ 30)	16	30.4	7.4	15.8	45.0
Leisure Time Physical Activity					
Participates in leisure time physical activity	36	26.4	4.8	17.0	35.8
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	36	25.2	4.6	16.1	34.2
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	34	21.7	4.0	13.9	29.6
Health Insurance Status					
Insured	36	24.4	4.6	15.4	33.4
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they nearly always, sometimes, seldom, or never use a seatbelt when they ride or drive in a car.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Currently Smoke Cigarettes, 2011

Lyon County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,547	22.0	0.4	21.2	22.8
Lyon County	38	17.4	3.4	10.6	24.1
Gender					
Men	15	21.1	6.1	9.1	33.2
Women	23	13.9	3.2	7.6	20.2
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	17	21.2	5.3	10.7	31.7
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	34	16.7	3.7	9.6	23.9
Race					
White	32	16.5	3.8	9.1	23.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	24	16.1	3.5	9.4	22.9
Annual Household Income					
Less than \$35,000 per Year	25	25.7	5.4	15.2	36.2
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	19	31.0	6.8	17.6	44.4
Living without a Disability	17	14.0	4.1	6.0	22.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI <30)	14	25.1	6.1	13.1	37.1
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	27	18.6	4.2	10.4	26.9
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	30	17.6	4.0	9.7	25.4
Health Insurance Status					
Insured	26	16.2	4.0	8.3	24.0
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they have smoked at least 100 cigarettes in their entire life and that they now smoke some days or every day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Stopped Smoking for One Day or Longer Because
They Were Trying to Quit Smoking, 2011**

Lyon County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,868	55.5	1.1	53.4	57.6
Lyon County	*	*	*	*	*
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	*	*	*	*	*
Race					
White	*	*	*	*	*
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Health Insurance Status					
Insured	*	*	*	*	*
Uninsured	*	*	*	*	*

Numerator: Current smokers who stopped smoking for one day or longer because they were trying to quit smoking.

Denominator: Among current smokers, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Percentage of Adults Who Currently Use Any Smokeless Tobacco Products, 2011

Lyon County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	760	5.3	0.2	4.9	5.8
Lyon County	13	7.2	2.1	3.1	11.3
Gender					
Men	12	14.1	4.2	5.8	22.3
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	*	*	*	*	*
Race					
White	*	*	*	*	*
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI <30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*	*	*	*	*
Health Insurance Status					
Insured	*	*	*	*	*
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they currently use chewing tobacco, snuff or snus (Swedish for snuff) some days or every day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Men Who Currently Use Any Smokeless Tobacco Products, 2011

Lyon County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	684	10.1	0.4	9.2	11.0
Lyon County	12	14.1	4.2	5.8	22.3
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	*	*	*	*	*
Race					
White	*	*	*	*	*
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*
Weight Category					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*	*	*	*	*
Health Insurance Status					
Insured	*	*	*	*	*
Uninsured	*	*	*	*	*

Numerator: Male respondents who reported they currently use chewing tobacco, snuff or snus (Swedish for snuff) some days or every day.

Denominator: All male respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Ever Served on Active Duty in the United States
Armed Forces, 2011**

Lyon County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,699	11.5	0.3	11.0	12.1
Lyon County	25	8.9	2.2	4.6	13.2
Gender					
Men	23	17.5	4.4	8.8	26.2
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	17	28.2	6.1	16.2	40.3
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	24	9.3	2.3	4.8	13.9
Race					
White	22	7.9	1.9	4.2	11.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	17	9.1	2.5	4.2	14.0
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	16	12.8	3.6	5.8	19.8
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	16	6.7	1.9	3.0	10.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI <30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	19	8.8	2.6	3.7	13.8
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	16	7.2	2.0	3.2	11.1
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	21	9.4	2.5	4.5	14.4
Health Insurance Status					
Insured	24	11.1	2.7	5.8	16.4
Uninsured	*	*	*	*	*

Numerator: Respondents who reported that they served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Have Vision Impairment In One of Both Eyes, Even
When Wearing Glasses, 2011**

Lyon County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	4,108	15.7	0.3	15.1	16.3
Lyon County	55	17.2	2.9	11.6	22.8
Gender					
Men	16	14.5	4.3	6.1	23.0
Women	39	19.7	3.8	12.3	27.1
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	23	22.3	5.0	12.6	32.1
65 Years and Older	23	27.7	5.6	16.7	38.7
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	53	19.1	3.2	12.8	25.4
Race					
White	50	17.2	2.9	11.4	22.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	41	17.0	3.0	11.1	23.0
Annual Household Income					
Less than \$35,000 per Year	26	21.3	5.0	11.4	31.1
\$35,000 or Higher per Year	22	15.3	3.6	8.3	22.3
Disability Status					
Living with a Disability	23	28.9	6.5	16.1	41.8
Living without a Disability	31	13.3	2.9	7.6	18.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	26	26.0	5.9	14.5	37.5
Obese (BMI ≥ 30)	17	14.9	4.1	6.8	23.0
Leisure Time Physical Activity					
Participates in leisure time physical activity	43	18.5	3.5	11.7	25.4
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	47	16.5	3.0	10.6	22.3
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	45	16.5	3.1	10.5	22.6
Health Insurance Status					
Insured	51	20.4	3.5	13.6	27.2
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse, or other health professional that they have vision impairment in one of both eyes, even when wearing glasses.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Technical Notes

Data on 43 health risk indicators, analyzed by various subpopulation groups (e.g. gender, age group, ethnicity, etc.), are included in this report. The indicators are summarized in tables that show:

- Unweighted Frequency: the number of respondents who reported the risk behavior
- Weighted Percentage: the prevalence estimate for the risk behavior within a particular subpopulation group category
- Standard Error: used to compute the 95% confidence limits
- Lower and upper 95% confidence limits

Prevalence estimates vary in precision depending on sample size. One way of describing the precision of an estimate is the margin of error, which is the half-width of the confidence interval. When the sample size is large for a particular subpopulation group, the corresponding margin of error for an estimate is small. When the sample size is small for a particular subpopulation group, the corresponding margin of error for an estimate is large. Large margins of error (i.e. >5) indicate that an estimate may be unreliable. Prevalence estimates that have a margin of error >5 are *italicized* in this report and should be interpreted with caution.

To determine whether two weighted percentages are significantly different from one another, the reader must compare the confidence intervals. Confidence intervals which do not overlap indicate a statistically significant difference while overlapping confidence intervals indicate that two estimates are not statistically significantly different from one another. It is incorrect to say two estimates are different if their confidence limits overlap.

Estimates have been censored with an asterisk ("*") when the sample size was inadequate and/or when the estimates were statistically unreliable. Specifically, estimates were censored when any of the following conditions were met:

- the numerator of the indicator is less than 5
- the denominator of the indicator is less than 50
- the relative standard error (RSE) is 30 percent or higher

RSE is obtained by dividing the standard error of the estimate by the estimate itself, then multiplying that result by 100 to be expressed as a percent.

2011 BRFSS data represent a new baseline for public health surveillance. Due to changes in BRFSS survey methodology, 2011 BRFSS estimates cannot be compared to estimates from previous years.

For more information on changes to the Kansas BRFSS survey methodology beginning in 2011, please visit: <http://www.kdheks.gov/brfss/newmethod.html>

For more detailed technical notes on the Kansas BRFSS, please visit: <http://www.kdheks.gov/brfss/technotes.html>