

2011 Kansas Behavioral Risk Factor Surveillance System Local Data

Douglas County



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State of Kansas
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Kansas Department of Health and Environment
Bureau of Health Promotion
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Kansas Department of Health and Environment (KDHE)

Mission

To protect and improve the health and environment of all Kansans

Vision

Healthy Kansans living in safe and sustainable environments

www.kdheks.gov

Foreword

The Behavioral Risk Factor Surveillance System (BRFSS) is the world's largest, annual population-based telephone survey system, tracking health conditions and risk behaviors in the U.S. It is coordinated by the Centers for Disease Control and Prevention (CDC) and is conducted in every state and several territories.

BRFSS allows us to perform a critical public health function of assessing population health and identifying issues critically important to public health and population health management. BRFSS provides data on a wide range of health issues including information related to access to health care, chronic and infectious diseases, clinical preventive services, environmental quality, infant and child health, injury and violence, maternal health, mental health, nutrition, physical activity, obesity, oral health, reproductive and sexual health, substance abuse and tobacco use.

Prior to 2009, the sample size for the Kansas survey was sufficient to produce state level estimates of health risk behaviors. Beginning in 2009, the Kansas BRFSS was expanded in response to demand from local health officials for local level health risk behavior data for a 10-year project. The survey now collects adequate sample data during odd years (2009, 2011, 2013, 2015 and 2017) to provide local level estimates by county or region for these years.

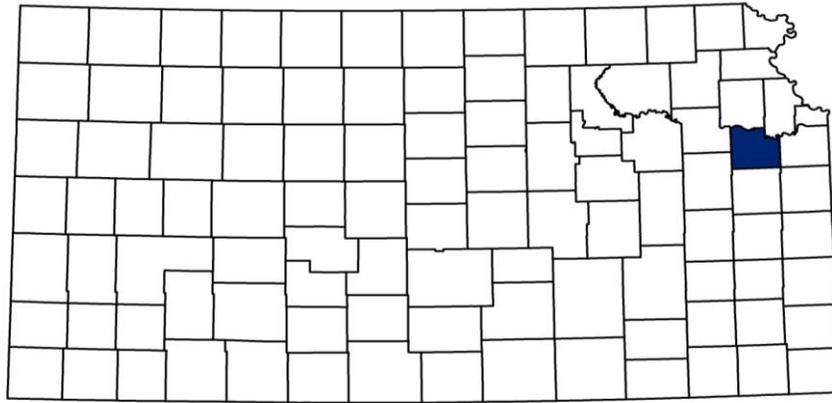
During the 2011 survey year, data were collected from more than 20,000 adult Kansans, providing estimates for 43 of the state's 105 counties and for 16 Public Health Preparedness Regions, with data for 43 health risk indicators analyzed at the county or regional level. By the conclusion of the 10-year project, most of Kansas counties will have county-specific data for use in estimating trends in selected health indicators from 2011 forward. Data from 2011 onward cannot be compared to previous years as the BRFSS data collection and analysis methods changed beginning in 2011.

BRFSS data help public health professionals measure Kansans health behaviors, conditions and concerns at the state and the local level. These data are important when we consider where to focus our public health efforts and to help us emphasize the benefits of prevention.

Sincerely,

A handwritten signature in blue ink that reads "Robert Moser". The signature is fluid and cursive, with a large initial "R" and "M".

Robert Moser, MD
Secretary and State Health Officer
Kansas Department of Health and Environment



Douglas County

Kansas Behavioral Risk Factor Surveillance System – Local Data, 2011 can also be accessed at <http://www.kdheks.gov/brfss/>

If you have any questions about survey methodology or need assistance interpreting the data, please contact:

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Percentage of Adults Who Are Binge Drinkers, 2011

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,281	17.0	0.4	16.2	17.8
Douglas County	125	26.0	2.4	21.4	30.7
Gender					
Men	75	33.2	3.7	25.9	40.5
Women	50	18.7	2.9	13.1	24.3
Age Group					
18 to 44 Years	77	34.4	3.6	27.4	41.4
45 to 64 Years	44	15.8	2.5	10.8	20.8
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	123	26.7	2.5	21.9	31.5
Race					
White	113	26.3	2.5	21.4	31.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	26	24.2	5.1	14.1	34.2
Some College or College Graduate	99	26.7	2.6	21.6	31.9
Annual Household Income					
Less than \$35,000 per Year	39	30.3	4.5	21.5	39.0
\$35,000 or Higher per Year	68	23.0	2.9	17.4	28.7
Disability Status					
Living with a Disability	20	17.2	4.4	8.6	25.8
Living without a Disability	105	28.2	2.8	22.8	33.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	47	26.0	3.8	18.5	33.5
Overweight (25 ≤ BMI <30)	53	31.3	4.3	23.0	39.7
Obese (BMI ≥ 30)	23	21.4	4.7	12.3	30.5
Leisure Time Physical Activity					
Participates in leisure time physical activity	103	26.5	2.7	21.3	31.7
Does not participate in leisure time physical activity	22	23.9	5.3	13.6	34.2
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	39	38.7	5.6	27.8	49.6
Did Not Meet Both Aerobic and Strengthening Guidelines	82	23.4	2.7	18.2	28.6
Smoking Status					
Current smoker	37	46.6	6.3	34.2	58.9
Non-smoker	85	20.7	2.4	16.0	25.3
Health Insurance Status					
Insured	101	24.8	2.6	19.8	29.8
Uninsured	24	31.2	6.3	18.8	43.6

Numerator: Male respondents having five or more drinks on one occasion in the past 30 days or female respondents having four or more drinks on one occasion in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Reported Heavy Alcohol Consumption in the Past 30 Days, 2011

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	823	5.4	0.2	5.0	5.9
Douglas County	53	8.7	1.5	5.7	11.6
Gender					
Men	26	10.7	2.5	5.8	15.6
Women	27	6.6	1.7	3.3	9.8
Age Group					
18 to 44 Years	21	9.6	2.2	5.3	13.9
45 to 64 Years	23	8.4	2.1	4.2	12.6
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	51	8.6	1.5	5.6	11.6
Race					
White	49	9.1	1.7	5.8	12.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	43	8.1	1.5	5.1	11.1
Annual Household Income					
Less than \$35,000 per Year	18	12.5	3.3	6.0	19.1
\$35,000 or Higher per Year	30	7.1	1.7	3.8	10.4
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	41	8.4	1.6	5.2	11.6

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	25	9.8	2.6	4.6	14.9
Overweight (25 ≤ BMI <30)	23	10.4	2.6	5.3	15.5
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	42	8.7	1.7	5.3	12.0
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	37	9.0	1.8	5.4	12.6
Smoking Status					
Current smoker	19	21.8	5.5	11.0	32.6
Non-smoker	33	5.5	1.2	3.1	7.9
Health Insurance Status					
Insured	38	6.8	1.4	4.0	9.6
Uninsured	*	*	*	*	*

Numerator: Male respondents who reported consuming an average of more than two drinks per day and female respondents who reported consuming an average of more than one drink per day during the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Doctor Diagnosed Arthritis, 2011

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	6,493	23.1	0.3	22.4	23.8
Douglas County	184	12.9	1.2	10.6	15.3
Gender					
Men	54	8.8	1.5	5.9	11.8
Women	130	17.0	1.9	13.4	20.7
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	88	26.3	2.9	20.7	32.0
65 Years and Older	84	40.6	3.9	33.0	48.2
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	182	13.3	1.2	10.9	15.8
Race					
White	167	13.6	1.3	11.0	16.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	51	15.8	2.9	10.2	21.5
Some College or College Graduate	133	11.8	1.3	9.3	14.4
Annual Household Income					
Less than \$35,000 per Year	68	13.0	2.0	9.0	17.0
\$35,000 or Higher per Year	98	15.5	1.9	11.8	19.2
Disability Status					
Living with a Disability	104	33.9	3.8	26.4	41.3
Living without a Disability	75	7.5	1.1	5.3	9.6

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	68	12.6	2.0	8.7	16.5
Overweight (25 ≤ BMI <30)	50	9.7	1.7	6.4	12.9
Obese (BMI ≥ 30)	62	23.1	3.5	16.2	30.0
Leisure Time Physical Activity					
Participates in leisure time physical activity	124	10.9	1.2	8.4	13.3
Does not participate in leisure time physical activity	55	21.1	3.5	14.3	27.9
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	30	10.2	2.3	5.7	14.7
Did Not Meet Both Aerobic and Strengthening Guidelines	140	13.1	1.4	10.4	15.9
Smoking Status					
Current smoker	32	13.3	3.0	7.4	19.1
Non-smoker	150	12.7	1.3	10.1	15.3
Health Insurance Status					
Insured	171	14.9	1.4	12.1	17.6
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor or other health professional that they have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Doctor Diagnosed Arthritis Who Are Limited in Their Usual Activities Because of Arthritis or Joint Symptoms, 2011

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,150	48.8	0.8	47.3	50.4
Douglas County	85	42.7	4.5	33.9	51.5
Gender					
Men	18	26.4	6.5	13.6	39.1
Women	67	51.0	5.4	40.4	61.6
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	41	44.3	6.3	31.9	56.8
65 Years and Older	42	49.5	6.3	37.2	61.9
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	84	43.1	4.5	34.2	52.0
Race					
White	74	39.7	4.5	30.8	48.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	24	42.2	8.3	25.9	58.5
Some College or College Graduate	61	43.0	5.3	32.6	53.3
Annual Household Income					
Less than \$35,000 per Year	38	56.9	7.5	42.2	71.5
\$35,000 or Higher per Year	39	34.4	5.6	23.4	45.4
Disability Status					
Living with a Disability	72	70.1	5.3	59.6	80.6
Living without a Disability	13	12.7	3.7	5.5	19.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	28	40.6	7.7	25.5	55.6
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	34	49.8	7.8	34.4	65.1
Leisure Time Physical Activity					
Participates in leisure time physical activity	53	38.6	5.2	28.4	48.8
Does not participate in leisure time physical activity	32	53.0	8.4	36.5	69.6
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	73	48.6	5.2	38.4	58.9
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	65	36.8	4.6	27.8	45.7
Health Insurance Status					
Insured	77	40.7	4.6	31.8	49.7
Uninsured	*	*	*	*	*

Numerator: Respondents who reported any limitation in their usual activities because of arthritis or joint symptoms.

Denominator: Respondents with doctor, nurse or other health professional diagnosed arthritis, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Current Asthma, 2011

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,709	8.8	0.3	8.2	9.3
Douglas County	86	12.2	1.8	8.6	15.8
Gender					
Men	*	*	*	*	*
Women	60	15.2	2.5	10.3	20.0
Age Group					
18 to 44 Years	30	13.1	2.8	7.7	18.5
45 to 64 Years	31	9.7	2.0	5.9	13.6
65 Years and Older	24	12.7	2.7	7.4	18.0
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	85	12.7	1.9	8.9	16.4
Race					
White	80	13.5	2.1	9.4	17.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	23	17.6	5.2	7.5	27.7
Some College or College Graduate	63	10.2	1.6	7.1	13.3
Annual Household Income					
Less than \$35,000 per Year	41	14.4	2.8	8.9	19.9
\$35,000 or Higher per Year	37	9.4	1.9	5.8	13.1
Disability Status					
Living with a Disability	48	22.8	3.6	15.8	29.8
Living without a Disability	36	9.7	2.2	5.4	13.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	27	12.7	3.5	5.9	19.6
Overweight (25 ≤ BMI <30)	21	9.2	2.4	4.4	14.0
Obese (BMI ≥ 30)	31	16.8	3.8	9.3	24.3
Leisure Time Physical Activity					
Participates in leisure time physical activity	60	11.9	2.1	7.7	16.0
Does not participate in leisure time physical activity	24	14.0	3.8	6.4	21.5
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	67	12.2	1.8	8.5	15.8
Smoking Status					
Current smoker	16	10.1	2.9	4.5	15.8
Non-smoker	70	12.8	2.2	8.5	17.1
Health Insurance Status					
Insured	77	11.6	1.6	8.5	14.8
Uninsured	*	*	*	*	*

Numerator: Respondents reporting they had been told by a doctor, nurse, or other health professional that they had asthma and that they currently have asthma.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Have Been Diagnosed With Cancer (Excluding Skin Cancer), 2011

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,108	6.9	0.2	6.5	7.2
Douglas County	77	5.7	0.9	4.0	7.4
Gender					
Men	25	4.6	1.2	2.4	6.9
Women	52	6.8	1.3	4.3	9.3
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	26	9.0	2.1	4.8	13.2
65 Years and Older	46	21.1	3.2	14.9	27.4
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	76	5.9	0.9	4.1	7.6
Race					
White	71	5.9	0.9	4.1	7.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	22	6.6	1.7	3.2	10.0
Some College or College Graduate	55	5.4	1.0	3.4	7.4
Annual Household Income					
Less than \$35,000 per Year	23	6.0	1.7	2.6	9.4
\$35,000 or Higher per Year	41	6.2	1.2	3.9	8.5
Disability Status					
Living with a Disability	34	11.1	2.4	6.5	15.8
Living without a Disability	43	4.5	0.9	2.7	6.3

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	34	6.3	1.5	3.4	9.3
Overweight (25 ≤ BMI <30)	*	*	*	*	*
Obese (BMI ≥ 30)	22	8.0	2.1	3.9	12.1
Leisure Time Physical Activity					
Participates in leisure time physical activity	54	5.0	0.9	3.3	6.7
Does not participate in leisure time physical activity	23	9.5	2.7	4.3	14.8
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	64	6.6	1.1	4.5	8.7
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	61	4.9	0.8	3.4	6.4
Health Insurance Status					
Insured	72	5.9	0.9	4.2	7.7
Uninsured	*	*	*	*	*

Numerator: Respondents reporting they had been told by a doctor, nurse, or other health professional that they had cancer (excluding skin cancer).

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Have Been Diagnosed With Skin Cancer, 2011

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,950	6.2	0.2	5.9	6.5
Douglas County	76	5.9	0.8	4.3	7.6
Gender					
Men	22	4.0	1.1	1.9	6.2
Women	54	7.8	1.3	5.3	10.3
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	32	12.8	2.5	7.9	17.7
65 Years and Older	41	20.1	3.1	14.0	26.3
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	75	6.1	0.9	4.4	7.8
Race					
White	73	6.5	0.9	4.7	8.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	16	5.6	1.6	2.4	8.8
Some College or College Graduate	60	6.0	1.0	4.1	7.9
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	50	7.8	1.3	5.2	10.4
Disability Status					
Living with a Disability	32	9.8	2.0	6.0	13.6
Living without a Disability	42	4.8	0.9	3.0	6.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	37	6.0	1.2	3.7	8.3
Overweight (25 ≤ BMI <30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	54	5.4	0.9	3.7	7.2
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	57	5.9	1.0	4.0	7.9
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	67	6.1	0.9	4.4	7.9
Health Insurance Status					
Insured	69	6.2	0.9	4.5	7.9
Uninsured	*	*	*	*	*

Numerator: Respondents reporting they had been told by a doctor, nurse, or other health professional that they had skin cancer.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Have Not Checked Cholesterol Within Five Years
Among Those Who Have Ever Had Cholesterol Checked, 2011**

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,379	27.1	0.5	26.2	28.0
Douglas County	133	35.3	2.8	29.8	40.8
Gender					
Men	58	37.8	4.2	29.6	46.0
Women	75	32.9	3.7	25.7	40.1
Age Group					
18 to 44 Years	95	52.2	3.9	44.6	59.9
45 to 64 Years	30	10.5	2.3	6.1	15.0
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	127	35.2	2.9	29.6	40.8
Race					
White	111	31.6	2.9	25.9	37.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	39	51.1	5.9	39.5	62.7
Some College or College Graduate	94	29.6	2.9	24.0	35.3
Annual Household Income					
Less than \$35,000 per Year	69	54.2	4.4	45.5	62.9
\$35,000 or Higher per Year	40	13.1	2.3	8.6	17.6
Disability Status					
Living with a Disability	21	20.7	4.8	11.4	30.0
Living without a Disability	110	38.7	3.2	32.4	45.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	68	42.9	4.4	34.2	51.6
Overweight (25 ≤ BMI < 30)	38	32.0	4.8	22.6	41.4
Obese (BMI ≥ 30)	16	18.6	4.8	9.2	27.9
Leisure Time Physical Activity					
Participates in leisure time physical activity	102	35.6	3.2	29.4	41.8
Does not participate in leisure time physical activity	29	33.6	5.9	22.1	45.2
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	21	28.0	5.6	17.1	38.9
Did Not Meet Both Aerobic and Strengthening Guidelines	103	36.0	3.2	29.8	42.2
Smoking Status					
Current smoker	29	44.7	6.6	31.9	57.6
Non-smoker	102	33.1	3.1	27.0	39.1
Health Insurance Status					
Insured	89	27.3	2.9	21.7	32.9
Uninsured	44	68.2	5.9	56.7	79.7

Numerator: Respondents reporting they had not checked their blood cholesterol in the past five years.

Denominator: Respondents who ever had their blood cholesterol checked, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Tested and Diagnosed with High Cholesterol, 2011

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	7,660	38.4	0.5	37.5	39.3
Douglas County	277	33.7	2.3	29.1	38.2
Gender					
Men	120	37.1	3.8	29.7	44.6
Women	157	30.7	2.8	25.1	36.2
Age Group					
18 to 44 Years	30	18.0	3.5	11.2	24.8
45 to 64 Years	129	44.6	3.4	38.0	51.2
65 Years and Older	116	54.3	4.0	46.5	62.1
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	268	33.4	2.3	28.8	38.0
Race					
White	253	33.3	2.4	28.6	38.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	57	36.9	5.4	26.3	47.4
Some College or College Graduate	220	32.8	2.5	27.8	37.8
Annual Household Income					
Less than \$35,000 per Year	72	30.3	4.3	21.9	38.8
\$35,000 or Higher per Year	175	35.8	3.0	30.0	41.7
Disability Status					
Living with a Disability	119	45.1	4.3	36.7	53.5
Living without a Disability	153	30.0	2.7	24.6	35.3

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	78	22.7	3.2	16.5	28.9
Overweight (25 ≤ BMI <30)	98	36.4	4.1	28.3	44.4
Obese (BMI ≥ 30)	91	51.5	5.4	40.9	62.1
Leisure Time Physical Activity					
Participates in leisure time physical activity	197	29.8	2.5	24.9	34.7
Does not participate in leisure time physical activity	75	51.1	5.2	40.9	61.4
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	46	25.2	4.3	16.7	33.7
Did Not Meet Both Aerobic and Strengthening Guidelines	218	36.5	2.8	31.1	42.0
Smoking Status					
Current smoker	45	44.8	7.0	31.1	58.6
Non-smoker	229	31.5	2.4	26.8	36.1
Health Insurance Status					
Insured	256	33.9	2.4	29.1	38.6
Uninsured	21	31.8	7.7	16.7	46.9

Numerator: Respondents reporting they had been told by a doctor, nurse, or other health professional that they have high blood cholesterol.

Denominator: Respondents who had ever had their blood cholesterol checked, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Had Chronic Obstructive Pulmonary Disease
(COPD), Emphysema or Chronic Bronchitis, 2011**

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,658	6.6	0.2	6.2	7.0
Douglas County	48	3.4	0.6	2.2	4.6
Gender					
Men	19	2.7	0.7	1.3	4.0
Women	29	4.1	1.0	2.1	6.2
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	19	6.1	1.6	3.0	9.3
65 Years and Older	27	13.2	2.6	8.0	18.3
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	47	3.5	0.6	2.2	4.8
Race					
White	42	3.4	0.7	2.1	4.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	18	5.5	1.6	2.4	8.7
Some College or College Graduate	30	2.6	0.6	1.4	3.9
Annual Household Income					
Less than \$35,000 per Year	24	5.7	1.5	2.7	8.7
\$35,000 or Higher per Year	17	2.3	0.6	1.1	3.4
Disability Status					
Living with a Disability	32	11.1	2.3	6.7	15.6
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	23	4.9	1.3	2.3	7.4
Overweight (25 ≤ BMI <30)	*	*	*	*	*
Obese (BMI ≥ 30)	14	3.9	1.1	1.7	6.1
Leisure Time Physical Activity					
Participates in leisure time physical activity	25	2.5	0.7	1.3	3.8
Does not participate in leisure time physical activity	20	6.9	1.8	3.5	10.4
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	43	4.3	0.8	2.7	6.0
Smoking Status					
Current smoker	20	9.2	2.7	3.9	14.5
Non-smoker	28	2.1	0.4	1.2	2.9
Health Insurance Status					
Insured	41	3.2	0.6	2.1	4.4
Uninsured	*	*	*	*	*

Numerator: Respondents reporting they had been told by a doctor, nurse, or other health professional that they had chronic obstructive pulmonary disease (COPD), emphysema or chronic bronchitis.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Were EVER Diagnosed with a Depressive Disorder,
2011**

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,360	15.9	0.3	15.2	16.5
Douglas County	138	16.6	1.8	13.2	20.1
Gender					
Men	37	9.7	2.1	5.7	13.8
Women	101	23.5	2.8	18.1	28.9
Age Group					
18 to 44 Years	44	15.9	2.5	11.0	20.9
45 to 64 Years	67	21.3	2.8	15.9	26.8
65 Years and Older	27	10.9	2.2	6.6	15.3
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	136	17.3	1.8	13.7	20.9
Race					
White	125	17.7	1.9	13.9	21.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	29	19.7	4.3	11.2	28.1
Some College or College Graduate	109	15.5	1.8	12.0	19.1
Annual Household Income					
Less than \$35,000 per Year	58	23.7	3.7	16.4	31.0
\$35,000 or Higher per Year	67	14.1	2.0	10.1	18.0
Disability Status					
Living with a Disability	63	26.5	3.7	19.2	33.8
Living without a Disability	72	14.2	2.0	10.2	18.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	44	12.9	2.4	8.1	17.7
Overweight (25 ≤ BMI < 30)	51	17.7	3.2	11.5	23.9
Obese (BMI ≥ 30)	34	22.5	4.5	13.8	31.3
Leisure Time Physical Activity					
Participates in leisure time physical activity	98	15.5	1.9	11.7	19.3
Does not participate in leisure time physical activity	37	21.7	4.3	13.3	30.2
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	21	14.0	4.1	5.9	22.1
Did Not Meet Both Aerobic and Strengthening Guidelines	110	18.1	2.1	14.0	22.1
Smoking Status					
Current smoker	37	27.8	5.3	17.5	38.1
Non-smoker	100	14.0	1.8	10.5	17.5
Health Insurance Status					
Insured	119	16.0	1.8	12.4	19.5
Uninsured	19	19.4	5.2	9.2	29.6

Numerator: Respondents who reported they had been told by a doctor, nurse, or other health professional that they have a depressive disorder (including depression, major depression, dysthymia, or minor depression).

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Diagnosed Diabetes, 2011

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,584	9.5	0.2	9.1	10.0
Douglas County	57	4.0	0.7	2.7	5.3
Gender					
Men	28	4.7	1.1	2.5	6.8
Women	29	3.3	0.7	1.9	4.7
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	25	8.1	2.0	4.3	12.0
65 Years and Older	32	17.6	3.2	11.3	23.9
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	53	3.7	0.6	2.4	5.0
Race					
White	50	4.0	0.7	2.7	5.4
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	42	3.5	0.7	2.2	4.8
Annual Household Income					
Less than \$35,000 per Year	26	4.5	1.1	2.3	6.6
\$35,000 or Higher per Year	24	4.2	1.0	2.1	6.2
Disability Status					
Living with a Disability	35	9.1	1.8	5.6	12.6
Living without a Disability	21	2.7	0.7	1.3	4.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI <30)	*	*	*	*	*
Obese (BMI ≥ 30)	33	11.8	2.7	6.6	17.1
Leisure Time Physical Activity					
Participates in leisure time physical activity	35	3.2	0.7	1.9	4.6
Does not participate in leisure time physical activity	21	7.4	1.9	3.6	11.2
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	52	4.6	0.8	3.1	6.2
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	51	4.5	0.8	3.0	6.0
Health Insurance Status					
Insured	51	4.3	0.7	2.8	5.7
Uninsured	*	*	*	*	*

Numerator: Respondents reporting they had been told by a doctor they had diabetes, excluding females told only during pregnancy and pre-diabetes or borderline diabetes.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Activity Limitations Due to Physical,
Mental, or Emotional Problems, 2011**

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	5,714	23.0	0.4	22.3	23.7
Douglas County	221	19.2	1.7	15.9	22.5
Gender					
Men	75	15.6	2.4	10.9	20.3
Women	146	22.8	2.4	18.2	27.5
Age Group					
18 to 44 Years	36	12.0	2.2	7.7	16.3
45 to 64 Years	87	26.6	2.9	21.0	32.3
65 Years and Older	97	44.5	3.9	36.9	52.2
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	216	19.4	1.7	16.0	22.8
Race					
White	199	19.5	1.8	16.0	23.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	51	20.7	3.8	13.2	28.2
Some College or College Graduate	170	18.7	1.9	15.0	22.3
Annual Household Income					
Less than \$35,000 per Year	75	22.2	3.4	15.5	28.8
\$35,000 or Higher per Year	112	19.4	2.1	15.2	23.5
Weight Category					
Normal or Underweight (BMI < 25)	76	18.1	2.8	12.6	23.5
Overweight (25 ≤ BMI < 30)	60	14.1	2.4	9.4	18.7
Obese (BMI ≥ 30)	75	31.1	4.2	22.9	39.2

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	151	17.4	1.9	13.8	21.1
Does not participate in leisure time physical activity	70	27.7	4.1	19.7	35.6
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	28	14.4	3.4	7.7	21.2
Did Not Meet Both Aerobic and Strengthening Guidelines	185	21.0	2.0	17.1	25.0
Smoking Status					
Current smoker	43	24.9	4.8	15.5	34.4
Non-smoker	174	17.6	1.7	14.2	21.1
Health Insurance Status					
Insured	201	20.5	1.8	16.9	24.1
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they were limited in any activities because of physical, mental, or emotional problems.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Reported Living with a Disability , 2011

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	6,179	24.5	0.4	23.7	25.2
Douglas County	228	19.7	1.7	16.4	23.1
Gender					
Men	78	16.1	2.4	11.4	20.9
Women	150	23.3	2.4	18.6	28.0
Age Group					
18 to 44 Years	37	12.2	2.2	7.9	16.5
45 to 64 Years	89	27.3	2.9	21.6	33.1
65 Years and Older	101	46.3	3.9	38.6	54.0
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	223	19.9	1.7	16.5	23.4
Race					
White	206	20.1	1.8	16.6	23.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	54	21.3	3.9	13.8	28.9
Some College or College Graduate	174	19.1	1.9	15.4	22.8
Annual Household Income					
Less than \$35,000 per Year	77	22.3	3.4	15.7	29.0
\$35,000 or Higher per Year	117	20.3	2.2	16.1	24.5
Weight Category					
Normal or Underweight (BMI <25)	76	18.1	2.8	12.6	23.5
Overweight (25 ≤ BMI < 30)	63	14.6	2.4	9.9	19.4
Obese (BMI ≥ 30)	79	32.8	4.2	24.5	41.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	157	18.0	1.9	14.3	21.7
Does not participate in leisure time physical activity	71	28.0	4.1	20.0	35.9
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	31	15.9	3.5	9.0	22.8
Did Not Meet Both Aerobic and Strengthening Guidelines	189	21.3	2.0	17.3	25.3
Smoking Status					
Current smoker	43	24.9	4.8	15.5	34.4
Non-smoker	181	18.3	1.8	14.8	21.7
Health Insurance Status					
Insured	208	21.1	1.9	17.4	24.7
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they were limited in any activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment such as a cane, a wheelchair, a special bed, or a special telephone.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Not Doing Enough Physical Activity To Meet Both The
Aerobic AND Strengthening Exercise Recommendations, 2011**

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	16,604	83.5	0.4	82.7	84.2
Douglas County	569	78.0	2.1	73.9	82.2
Gender					
Men	228	76.4	3.3	69.9	82.8
Women	341	79.7	2.7	74.5	84.9
Age Group					
18 to 44 Years	186	77.2	3.1	71.2	83.3
45 to 64 Years	219	77.8	2.7	72.6	83.0
65 Years and Older	164	83.2	2.9	77.5	89.0
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	551	77.7	2.2	73.4	81.9
Race					
White	512	76.6	2.3	72.1	81.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	119	80.1	4.8	70.8	89.4
Some College or College Graduate	450	77.4	2.3	72.8	81.9
Annual Household Income					
Less than \$35,000 per Year	181	81.1	3.8	73.7	88.5
\$35,000 or Higher per Year	311	74.4	2.7	69.0	79.7
Disability Status					
Living with a Disability	189	82.6	3.6	75.5	89.8
Living without a Disability	380	76.9	2.5	72.0	81.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	206	72.8	3.5	65.9	79.7
Overweight (25 ≤ BMI < 30)	194	79.5	3.6	72.5	86.6
Obese (BMI ≥ 30)	140	82.9	4.3	74.5	91.3
Smoking Status					
Current smoker	97	80.4	5.6	69.4	91.5
Non-smoker	467	77.3	2.3	72.9	81.8
Health Insurance Status					
Insured	496	77.1	2.3	72.5	81.6
Uninsured	73	82.5	5.1	72.5	92.4

Numerator: Respondents who did not meet both aerobic and strengthening physical activity guidelines.

The aerobic guideline is defined as 150 minutes a week of moderate-intensity aerobic activity, or 75 minutes a week of vigorous-intensity aerobic activity, or an equivalent combination of moderate- and vigorous-intensity aerobic activity.

The strengthening guideline is defined as muscle-strengthening activities that involved all major muscle groups two or more times per week.

Meeting the physical activity guideline is defined as meeting both aerobic and strengthening guidelines.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Not Doing Enough Physical Activity To Meet EITHER
Aerobic OR Strengthening Guideline, 2011**

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	8,956	45.3	0.5	44.4	46.2
Douglas County	272	36.5	2.5	31.5	41.5
Gender					
Men	94	31.6	3.8	24.2	39.0
Women	178	41.2	3.4	34.6	47.8
Age Group					
18 to 44 Years	80	35.3	3.7	28.0	42.5
45 to 64 Years	108	36.6	3.3	30.2	42.9
65 Years and Older	84	43.3	4.0	35.4	51.2
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	262	35.7	2.6	30.7	40.7
Race					
White	245	35.0	2.6	30.0	40.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	72	47.2	5.9	35.7	58.7
Some College or College Graduate	200	32.9	2.7	27.6	38.3
Annual Household Income					
Less than \$35,000 per Year	102	42.8	4.6	33.8	51.7
\$35,000 or Higher per Year	130	31.3	3.1	25.2	37.4
Disability Status					
Living with a Disability	110	41.9	4.3	33.4	50.4
Living without a Disability	162	35.1	3.0	29.3	41.0

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	84	27.1	3.7	19.9	34.3
Overweight (25 ≤ BMI <30)	91	42.9	4.7	33.7	52.0
Obese (BMI ≥ 30)	81	41.5	4.9	31.8	51.2
Smoking Status					
Current smoker	58	38.5	5.9	27.0	50.1
Non-smoker	212	36.1	2.8	30.6	41.7
Health Insurance Status					
Insured	236	35.3	2.7	30.0	40.5
Uninsured	36	41.9	6.8	28.6	55.3

Numerator: Respondents who did not meet either aerobic or strengthening physical activity guidelines.

The aerobic guideline is defined as 150 minutes a week of moderate-intensity aerobic activity, or 75 minutes a week of vigorous-intensity aerobic activity, or an equivalent combination of moderate- and vigorous-intensity aerobic activity.

The strengthening guideline is defined as muscle-strengthening activities that involved all major muscle groups two or more times per week.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Not Participating in Any Physical Activity (Leisure Time Physical Activity) Other Than Their Regular Job in the Past 30 Days, 2011

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	5,740	26.8	0.4	26.0	27.6
Douglas County	165	17.3	1.7	13.9	20.7
Gender					
Men	53	13.9	2.3	9.3	18.5
Women	112	20.8	2.5	15.8	25.7
Age Group					
18 to 44 Years	34	12.7	2.3	8.2	17.3
45 to 64 Years	69	23.4	2.9	17.6	29.1
65 Years and Older	62	30.8	3.7	23.5	38.1
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	157	16.2	1.7	12.9	19.6
Race					
White	145	15.8	1.7	12.5	19.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	54	25.7	4.3	17.3	34.2
Some College or College Graduate	111	14.2	1.8	10.7	17.8
Annual Household Income					
Less than \$35,000 per Year	58	19.8	3.4	13.2	26.4
\$35,000 or Higher per Year	75	14.9	2.0	11.0	18.9
Disability Status					
Living with a Disability	71	24.5	3.4	17.8	31.3
Living without a Disability	94	15.5	2.0	11.6	19.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	50	11.7	2.3	7.2	16.3
Overweight (25 ≤ BMI <30)	50	17.0	2.9	11.2	22.7
Obese (BMI ≥ 30)	54	25.7	4.1	17.7	33.7
Smoking Status					
Current smoker	41	24.6	4.6	15.6	33.7
Non-smoker	122	15.5	1.9	11.9	19.2
Health Insurance Status					
Insured	140	16.2	1.8	12.7	19.7
Uninsured	25	21.9	5.1	11.9	31.9

Numerator: Respondents reporting they did not participate in any physical activities or exercise, other than their regular job, in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Consuming Fruit Less than 1 Time Per Day,
2011**

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	7,375	41.4	0.5	40.5	42.4
Douglas County	239	36.7	2.6	31.6	41.9
Gender					
Men	110	40.8	4.0	32.9	48.7
Women	129	32.6	3.3	26.2	39.0
Age Group					
18 to 44 Years	79	37.6	3.9	30.0	45.2
45 to 64 Years	104	38.5	3.3	32.0	45.0
65 Years and Older	54	28.3	3.6	21.2	35.3
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	228	36.2	2.7	31.0	41.5
Race					
White	215	36.5	2.7	31.2	41.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	63	42.6	6.0	30.9	54.3
Some College or College Graduate	176	34.6	2.8	29.0	40.1
Annual Household Income					
Less than \$35,000 per Year	79	38.4	4.5	29.5	47.3
\$35,000 or Higher per Year	130	35.2	3.2	28.9	41.6
Disability Status					
Living with a Disability	74	34.0	4.2	25.9	42.2
Living without a Disability	164	37.2	3.1	31.1	43.3

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	87	34.2	4.2	26.0	42.4
Overweight (25 ≤ BMI < 30)	83	39.1	4.6	30.0	48.2
Obese (BMI ≥ 30)	58	41.5	5.2	31.4	51.6
Leisure Time Physical Activity					
Participates in leisure time physical activity	182	37.4	3.0	31.5	43.2
Does not participate in leisure time physical activity	56	32.8	4.8	23.4	42.2
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	45	31.5	5.1	21.4	41.6
Did Not Meet Both Aerobic and Strengthening Guidelines	185	37.7	3.0	31.9	43.6
Smoking Status					
Current smoker	50	42.5	6.2	30.4	54.6
Non-smoker	188	35.5	2.9	29.8	41.2
Health Insurance Status					
Insured	200	33.7	2.7	28.5	39.0
Uninsured	39	50.2	7.3	35.9	64.6

Numerator: Respondents who reported they consumed fruit less than 1 time per day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Consuming Vegetables Less than 1 Time
Per Day, 2011**

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,908	22.3	0.4	21.4	23.1
Douglas County	93	14.3	1.8	10.7	17.8
Gender					
Men	42	14.5	2.7	9.2	19.9
Women	51	14.0	2.4	9.3	18.7
Age Group					
18 to 44 Years	28	13.4	2.6	8.3	18.4
45 to 64 Years	42	17.9	2.8	12.4	23.3
65 Years and Older	23	11.8	2.6	6.8	16.8
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	87	13.6	1.8	10.1	17.2
Race					
White	78	13.1	1.8	9.6	16.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	28	15.2	3.6	8.0	22.3
Some College or College Graduate	65	13.9	2.1	9.9	18.0
Annual Household Income					
Less than \$35,000 per Year	32	18.6	3.8	11.1	26.1
\$35,000 or Higher per Year	48	11.9	2.0	8.1	15.8
Disability Status					
Living with a Disability	27	10.6	2.5	5.7	15.5
Living without a Disability	66	15.1	2.1	10.9	19.3

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	38	13.9	2.7	8.5	19.2
Overweight (25 ≤ BMI < 30)	32	16.9	3.5	10.0	23.8
Obese (BMI ≥ 30)	22	14.5	3.7	7.3	21.7
Leisure Time Physical Activity					
Participates in leisure time physical activity	71	14.4	2.0	10.4	18.4
Does not participate in leisure time physical activity	22	13.5	3.5	6.6	20.5
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	76	16.2	2.2	11.8	20.5
Smoking Status					
Current smoker	22	13.3	3.5	6.3	20.3
Non-smoker	69	14.2	2.1	10.1	18.2
Health Insurance Status					
Insured	74	12.3	1.8	8.8	15.7
Uninsured	19	22.7	5.8	11.4	34.0

Numerator: Respondents who reported they consumed vegetables less than 1 time per day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Lack Health Care Coverage, 2011

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,212	16.7	0.4	15.9	17.5
Douglas County	94	19.2	2.3	14.7	23.8
Gender					
Men	49	25.1	3.8	17.5	32.6
Women	45	13.4	2.4	8.6	18.2
Age Group					
18 to 44 Years	49	23.3	3.4	16.6	30.0
45 to 64 Years	43	17.6	2.8	12.1	23.2
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	89	19.0	2.4	14.3	23.7
Race					
White	79	18.0	2.4	13.2	22.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	33	32.8	6.0	21.1	44.6
Some College or College Graduate	61	14.2	2.1	10.2	18.3
Annual Household Income					
Less than \$35,000 per Year	62	35.4	4.5	26.6	44.2
\$35,000 or Higher per Year	20	6.0	1.5	3.1	8.9
Disability Status					
Living with a Disability	20	13.5	3.8	6.0	21.0
Living without a Disability	71	20.6	2.8	15.2	26.0

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	36	20.3	4.1	12.3	28.2
Overweight (25 ≤ BMI < 30)	32	18.7	3.7	11.3	26.0
Obese (BMI ≥ 30)	19	16.3	4.3	7.9	24.6
Leisure Time Physical Activity					
Participates in leisure time physical activity	66	18.1	2.6	12.9	23.3
Does not participate in leisure time physical activity	25	24.3	5.0	14.4	34.1
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	16	14.6	4.2	6.4	22.9
Did Not Meet Both Aerobic and Strengthening Guidelines	73	19.3	2.5	14.3	24.3
Smoking Status					
Current smoker	38	43.4	6.3	31.1	55.7
Non-smoker	55	13.2	2.3	8.7	17.8

Numerator: Respondents reporting they had no health care coverage.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Ages 18 to 64 Years Old Who Lack Health Care Coverage,
2011**

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,123	20.1	0.5	19.2	21.0
Douglas County	92	21.7	2.6	16.6	26.8
Gender					
Men	48	27.9	4.2	19.7	36.2
Women	44	15.3	2.8	9.9	20.8
Age Group					
18 to 44 Years	49	23.3	3.4	16.6	30.0
45 to 64 Years	43	17.6	2.8	12.1	23.2
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	87	21.4	2.7	16.1	26.6
Race					
White	77	20.5	2.8	15.1	25.9
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	31	38.9	6.9	25.4	52.4
Some College or College Graduate	61	15.8	2.3	11.3	20.3
Annual Household Income					
Less than \$35,000 per Year	61	38.9	4.9	29.4	48.4
\$35,000 or Higher per Year	20	6.9	1.7	3.6	10.2
Disability Status					
Living with a Disability	19	18.1	5.0	8.3	28.0
Living without a Disability	70	22.3	3.0	16.5	28.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	35	22.9	4.5	14.0	31.8
Overweight (25 ≤ BMI < 30)	32	20.8	4.1	12.7	29.0
Obese (BMI ≥ 30)	18	18.6	4.9	9.1	28.2
Leisure Time Physical Activity					
Participates in leisure time physical activity	64	20.0	2.9	14.3	25.7
Does not participate in leisure time physical activity	25	30.1	6.1	18.3	42.0
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	16	15.9	4.6	7.0	24.9
Did Not Meet Both Aerobic and Strengthening Guidelines	71	21.8	2.8	16.2	27.4
Smoking Status					
Current smoker	38	45.8	6.5	33.0	58.6
Non-smoker	53	15.1	2.7	9.9	20.3

Numerator: Respondents ages 18-64 years old reporting they had no health care coverage.

Denominator: All respondents ages 18-64 years old, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with No Personal Doctor or Health Care Provider, 2011

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,606	19.7	0.4	18.9	20.6
Douglas County	120	27.5	2.5	22.6	32.3
Gender					
Men	75	38.1	3.9	30.5	45.7
Women	45	16.9	2.8	11.4	22.4
Age Group					
18 to 44 Years	83	37.9	3.6	30.7	45.0
45 to 64 Years	26	10.0	2.1	5.8	14.2
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	114	27.1	2.5	22.2	32.0
Race					
White	95	23.2	2.4	18.4	28.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	34	33.1	5.6	22.2	44.0
Some College or College Graduate	86	25.4	2.7	20.1	30.7
Annual Household Income					
Less than \$35,000 per Year	61	43.2	4.6	34.1	52.2
\$35,000 or Higher per Year	41	15.9	2.6	10.9	20.9
Disability Status					
Living with a Disability	21	20.4	4.6	11.4	29.4
Living without a Disability	97	29.4	2.9	23.7	35.0

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	54	29.7	4.0	22.0	37.5
Overweight (25 ≤ BMI < 30)	36	25.2	4.2	17.0	33.3
Obese (BMI ≥ 30)	19	20.1	4.9	10.5	29.6
Leisure Time Physical Activity					
Participates in leisure time physical activity	93	28.3	2.8	22.8	33.8
Does not participate in leisure time physical activity	25	24.4	5.0	14.5	34.2
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	22	26.0	5.3	15.7	36.3
Did Not Meet Both Aerobic and Strengthening Guidelines	89	27.5	2.8	21.9	33.1
Smoking Status					
Current smoker	34	45.2	6.3	32.9	57.6
Non-smoker	85	23.1	2.6	18.1	28.1
Health Insurance Status					
Insured	74	19.8	2.4	15.1	24.5
Uninsured	46	59.7	6.9	46.2	73.2

Numerator: Respondents reporting they had no personal doctor or health care provider.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Could Not See Doctor Because of Cost In the Past 12 Months, 2011

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,334	14.3	0.3	13.7	15.0
Douglas County	82	13.3	1.8	9.8	16.8
Gender					
Men	30	13.2	2.8	7.8	18.6
Women	52	13.4	2.3	9.0	17.9
Age Group					
18 to 44 Years	37	15.3	2.6	10.1	20.5
45 to 64 Years	35	12.4	2.3	8.0	16.9
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	75	13.0	1.8	9.4	16.5
Race					
White	66	12.4	1.9	8.8	16.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	30	23.1	4.9	13.6	32.6
Some College or College Graduate	52	9.7	1.6	6.6	12.8
Annual Household Income					
Less than \$35,000 per Year	56	27.1	4.0	19.2	34.9
\$35,000 or Higher per Year	20	5.4	1.4	2.6	8.2
Disability Status					
Living with a Disability	29	17.5	4.0	9.6	25.5
Living without a Disability	52	12.4	2.0	8.5	16.3

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	30	11.0	2.6	6.0	16.1
Overweight (25 ≤ BMI < 30)	24	12.5	3.1	6.5	18.5
Obese (BMI ≥ 30)	21	18.4	4.4	9.8	27.0
Leisure Time Physical Activity					
Participates in leisure time physical activity	59	11.9	1.9	8.1	15.6
Does not participate in leisure time physical activity	22	20.9	4.8	11.5	30.3
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	65	14.8	2.1	10.6	19.0
Smoking Status					
Current smoker	31	32.2	6.0	20.3	44.0
Non-smoker	50	8.8	1.5	5.8	11.7
Health Insurance Status					
Insured	41	5.3	1.0	3.4	7.3
Uninsured	41	47.3	7.0	33.6	61.0

Numerator: Respondents reporting they could not see a doctor because of cost in the past 12 months.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults with Fair or Poor Self-Perceived Health Status, 2011

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,614	15.0	0.3	14.4	15.6
Douglas County	101	10.8	1.5	7.9	13.7
Gender					
Men	39	10.0	2.2	5.7	14.3
Women	62	11.5	2.0	7.7	15.4
Age Group					
18 to 44 Years	18	7.5	2.0	3.5	11.4
45 to 64 Years	41	14.2	2.4	9.4	18.9
65 Years and Older	41	22.1	3.4	15.5	28.6
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	96	10.5	1.5	7.6	13.4
Race					
White	87	10.5	1.6	7.4	13.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	40	22.7	4.6	13.7	31.8
Some College or College Graduate	61	6.4	1.0	4.5	8.3
Annual Household Income					
Less than \$35,000 per Year	60	20.8	3.6	13.9	27.8
\$35,000 or Higher per Year	27	4.5	1.0	2.5	6.5
Disability Status					
Living with a Disability	64	26.5	4.0	18.7	34.4
Living without a Disability	34	6.7	1.5	3.8	9.7

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	40	10.3	2.2	5.9	14.7
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	32	<i>16.8</i>	3.9	9.1	24.6
Leisure Time Physical Activity					
Participates in leisure time physical activity	56	8.6	1.6	5.5	11.7
Does not participate in leisure time physical activity	42	20.4	3.8	12.9	28.0
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	86	12.7	1.8	9.1	16.3
Smoking Status					
Current smoker	32	<i>23.8</i>	5.3	13.4	34.1
Non-smoker	68	7.7	1.2	5.2	10.1
Health Insurance Status					
Insured	81	8.3	1.2	6.0	10.6
Uninsured	20	<i>21.2</i>	5.6	10.2	32.2

Numerator: Respondents reporting that in general their health is fair or poor.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Reported Their Physical Health Was Not Good on 14 or More Days in the Past 30 Days, 2011

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,519	10.5	0.3	10.0	11.0
Douglas County	80	7.7	1.2	5.5	10.0
Gender					
Men	36	7.9	1.7	4.5	11.3
Women	44	7.6	1.6	4.5	10.6
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	37	12.7	2.3	8.2	17.3
65 Years and Older	33	16.4	3.0	10.6	22.2
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	72	7.0	1.1	4.8	9.1
Race					
White	67	7.4	1.2	5.0	9.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	19	8.1	2.4	3.3	12.9
Some College or College Graduate	61	7.6	1.3	5.0	10.2
Annual Household Income					
Less than \$35,000 per Year	36	10.3	2.5	5.5	15.1
\$35,000 or Higher per Year	33	6.5	1.3	3.9	9.0
Disability Status					
Living with a Disability	60	26.3	4.0	18.5	34.1
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	30	9.2	2.2	4.9	13.5
Overweight (25 ≤ BMI < 30)	17	3.7	1.1	1.6	5.8
Obese (BMI ≥ 30)	29	<i>12.0</i>	2.7	6.7	17.4
Leisure Time Physical Activity					
Participates in leisure time physical activity	46	6.7	1.3	4.2	9.2
Does not participate in leisure time physical activity	30	<i>12.3</i>	2.8	6.9	17.8
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	63	8.4	1.4	5.7	11.1
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	63	7.1	1.2	4.7	9.5
Health Insurance Status					
Insured	69	7.6	1.2	5.3	9.9
Uninsured	*	*	*	*	*

Numerator: Respondents reporting 14 or more days when their physical health was not good.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported Their Mental Health Was Not Good on 14
or More Days in the Past 30 Days, 2011**

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,937	10.2	0.3	9.6	10.8
Douglas County	70	10.6	1.6	7.5	13.8
Gender					
Men	22	7.6	2.1	3.6	11.7
Women	48	13.6	2.5	8.8	18.4
Age Group					
18 to 44 Years	25	10.8	2.4	6.2	15.5
45 to 64 Years	36	12.3	2.2	8.1	16.6
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	68	10.9	1.7	7.6	14.2
Race					
White	60	10.8	1.8	7.3	14.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	24	18.9	4.6	9.8	27.9
Some College or College Graduate	46	7.7	1.4	5.0	10.4
Annual Household Income					
Less than \$35,000 per Year	40	18.4	3.5	11.6	25.2
\$35,000 or Higher per Year	23	5.3	1.4	2.6	8.0
Disability Status					
Living with a Disability	34	17.9	3.4	11.2	24.5
Living without a Disability	35	8.9	1.9	5.3	12.6

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	27	10.8	2.6	5.7	15.8
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	20	18.0	4.5	9.1	26.9
Leisure Time Physical Activity					
Participates in leisure time physical activity	50	10.9	1.9	7.2	14.7
Does not participate in leisure time physical activity	19	9.7	2.4	5.0	14.4
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	60	12.8	2.0	8.9	16.8
Smoking Status					
Current smoker	25	21.8	5.2	11.6	32.0
Non-smoker	45	8.1	1.5	5.1	11.2
Health Insurance Status					
Insured	52	8.3	1.4	5.5	11.2
Uninsured	18	20.6	5.7	9.5	31.8

Numerator: Respondents reporting 14 or more days when their mental health was not good.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Reported Their Poor Physical or Mental Health Kept Them From Doing Their Usual Activities, such as Self-care, Work, or Recreation, 2011

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,985	39.5	0.7	38.2	40.8
Douglas County	139	35.0	3.2	28.7	41.3
Gender					
Men	54	36.0	5.2	25.7	46.2
Women	85	34.3	4.0	26.4	42.2
Age Group					
18 to 44 Years	48	32.1	4.5	23.4	40.9
45 to 64 Years	63	42.8	4.7	33.6	52.0
65 Years and Older	27	31.4	5.8	20.1	42.7
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	135	34.8	3.3	28.4	41.2
Race					
White	123	34.1	3.3	27.6	40.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	23	26.3	6.3	13.9	38.7
Some College or College Graduate	116	38.4	3.6	31.2	45.5
Annual Household Income					
Less than \$35,000 per Year	52	36.4	5.7	25.2	47.6
\$35,000 or Higher per Year	71	34.7	4.0	26.8	42.7
Disability Status					
Living with a Disability	71	54.6	5.4	44.0	65.1
Living without a Disability	63	27.7	3.7	20.4	35.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	49	29.0	4.7	19.7	38.2
Overweight (25 ≤ BMI < 30)	40	44.6	6.4	32.1	57.0
Obese (BMI ≥ 30)	41	35.8	5.9	24.2	47.5
Leisure Time Physical Activity					
Participates in leisure time physical activity	98	34.0	3.7	26.9	41.2
Does not participate in leisure time physical activity	36	36.8	6.6	23.9	49.7
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	113	37.3	3.7	30.1	44.6
Smoking Status					
Current smoker	33	38.9	6.9	25.4	52.4
Non-smoker	104	33.7	3.6	26.6	40.8
Health Insurance Status					
Insured	125	37.9	3.5	30.9	44.8
Uninsured	*	*	*	*	*

Numerator: Respondents reporting one or more days in the past 30 days when their poor physical or mental health kept them from doing their usual activities, such as self-care, work, or recreation.

Denominator: Among respondents with at least one day in the past 30 days when their physical or mental health was not good, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who had a Heart Attack, 2011

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,236	4.4	0.2	4.1	4.7
Douglas County	32	2.5	0.6	1.4	3.6
Gender					
Men	21	3.5	0.9	1.7	5.2
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	21	11.3	2.7	6.0	16.5
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	29	2.0	0.5	1.1	3.0
Race					
White	28	2.2	0.5	1.2	3.2
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	22	2.1	0.6	1.0	3.2
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	22	2.0	0.5	1.0	3.0
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	25	2.9	0.7	1.5	4.4
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	28	2.8	0.7	1.5	4.2
Health Insurance Status					
Insured	30	2.6	0.6	1.4	3.7
Uninsured	*	*	*	*	*

Numerator: Respondents reporting they had been told by a doctor, nurse, or other health professional that they had a heart attack also called a myocardial infarction.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who had Angina or Coronary Heart Disease, 2011

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,333	4.5	0.2	4.2	4.8
Douglas County	45	3.0	0.5	1.9	4.0
Gender					
Men	22	3.4	0.9	1.7	5.2
Women	23	2.5	0.6	1.4	3.7
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	14	5.3	1.5	2.3	8.3
65 Years and Older	31	15.6	3.0	9.8	21.4
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	42	2.8	0.5	1.8	3.8
Race					
White	41	3.3	0.6	2.1	4.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	33	2.8	0.6	1.7	3.9
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	23	3.1	0.8	1.6	4.6
Disability Status					
Living with a Disability	22	6.7	1.6	3.6	9.8
Living without a Disability	20	1.9	0.5	0.9	3.0

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI <30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	25	1.9	0.5	1.0	2.8
Does not participate in leisure time physical activity	17	7.3	2.1	3.1	11.4
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	34	3.4	0.7	2.1	4.8
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	36	2.9	0.6	1.8	4.0
Health Insurance Status					
Insured	43	3.3	0.6	2.2	4.5
Uninsured	*	*	*	*	*

Numerator: Respondents reporting they had been told by a doctor, nurse, or other health professional that they had angina or coronary heart disease.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Had A Stroke, 2011

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	831	2.7	0.1	2.5	3.0
Douglas County	21	1.6	0.5	0.7	2.5
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	20	1.4	0.4	0.6	2.3
Race					
White	*	*	*	*	*
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*	*	*	*	*
Health Insurance Status					
Insured	19	1.5	0.4	0.6	2.3
Uninsured	*	*	*	*	*

Numerator: Respondents reporting they had been told by a doctor, nurse, or other health professional that they had a stroke.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Percentage of Adults with Diagnosed Hypertension, 2011

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	8,234	30.8	0.4	30.1	31.6
Douglas County	240	19.2	1.6	16.0	22.3
Gender					
Men	100	19.5	2.5	14.7	24.4
Women	140	18.8	2.1	14.7	22.9
Age Group					
18 to 44 Years	19	7.3	1.8	3.8	10.8
45 to 64 Years	103	32.6	3.7	26.5	38.6
65 Years and Older	117	57.4	3.8	49.9	64.9
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	232	19.1	1.6	15.9	22.4
Race					
White	216	20.3	1.8	16.8	23.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	62	21.6	3.7	14.4	28.9
Some College or College Graduate	178	18.3	1.8	14.8	21.7
Annual Household Income					
Less than \$35,000 per Year	74	16.4	2.5	11.4	21.3
\$35,000 or Higher per Year	131	22.4	2.4	17.7	27.0
Disability Status					
Living with a Disability	111	33.7	3.7	26.4	40.9
Living without a Disability	122	15.4	1.8	11.9	18.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	71	13.8	2.2	9.5	18.1
Overweight (25 ≤ BMI <30)	75	20.2	2.9	14.5	25.9
Obese (BMI ≥ 30)	85	33.5	4.4	24.8	42.2
Leisure Time Physical Activity					
Participates in leisure time physical activity	159	16.2	1.7	12.9	19.5
Does not participate in leisure time physical activity	74	32.4	4.5	23.6	41.3
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	34	15.5	3.4	8.8	22.2
Did Not Meet Both Aerobic and Strengthening Guidelines	191	20.6	1.9	16.8	24.4
Smoking Status					
Current smoker	40	23.9	4.7	14.6	33.2
Non-smoker	197	18.0	1.6	14.8	21.2
Health Insurance Status					
Insured	215	19.8	1.7	16.4	23.3
Uninsured	25	16.4	4.0	8.5	24.3

Numerator: Respondents reporting they had been told by a doctor, nurse, or other health professional that they have high blood pressure.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Ages 18 Years and Older Who Did Not Get Immunized
Against Influenza During the Past 12 Months, 2011**

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	10,021	58.3	0.4	57.4	59.2
Douglas County	385	61.5	2.5	56.7	66.3
Gender					
Men	176	69.1	3.5	62.3	75.9
Women	209	53.7	3.3	47.2	60.3
Age Group					
18 to 44 Years	161	67.7	3.6	60.7	74.7
45 to 64 Years	163	59.8	3.2	53.5	66.1
65 Years and Older	59	28.0	3.6	21.0	35.1
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	372	61.2	2.5	56.3	66.2
Race					
White	342	59.2	2.6	54.1	64.3
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	87	63.6	5.6	52.5	74.6
Some College or College Graduate	298	60.7	2.7	55.5	65.9
Annual Household Income					
Less than \$35,000 per Year	137	74.3	3.6	67.2	81.3
\$35,000 or Higher per Year	197	53.7	3.1	47.5	59.8
Disability Status					
Living with a Disability	92	52.5	4.4	43.8	61.2
Living without a Disability	293	63.7	2.9	58.0	69.3

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	146	61.8	3.8	54.3	69.2
Overweight (25 ≤ BMI <30)	129	57.9	4.5	49.0	66.7
Obese (BMI ≥ 30)	87	64.9	4.4	56.3	73.6
Leisure Time Physical Activity					
Participates in leisure time physical activity	300	61.8	2.8	56.3	67.2
Does not participate in leisure time physical activity	85	60.2	5.0	50.3	70.0
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	79	59.9	5.3	49.5	70.3
Did Not Meet Both Aerobic and Strengthening Guidelines	290	60.6	2.8	55.1	66.1
Smoking Status					
Current smoker	78	76.2	4.9	66.7	85.8
Non-smoker	303	57.8	2.8	52.3	63.2
Health Insurance Status					
Insured	309	54.9	2.7	49.7	60.2
Uninsured	76	88.9	4.1	80.9	97.0

Numerator: Respondents who reported they did not have a flu shot or vaccine sprayed in the nose during the past 12 months.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Ages 65 Years and Older Who Did Not Get Immunized
Against Influenza During the Past 12 Months, 2011**

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,059	32.4	0.7	31.0	33.7
Douglas County	59	28.0	3.6	21.0	35.1
Gender					
Men	21	28.1	5.9	16.5	39.7
Women	38	27.9	4.4	19.3	36.6
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	58	27.2	3.5	20.3	34.0
Race					
White	56	28.3	3.7	21.1	35.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	19	35.2	7.2	21.1	49.3
Some College or College Graduate	40	24.1	3.8	16.7	31.5
Annual Household Income					
Less than \$35,000 per Year	21	37.8	7.8	22.5	53.0
\$35,000 or Higher per Year	26	25.0	4.7	15.8	34.3
Disability Status					
Living with a Disability	26	24.3	4.8	14.8	33.8
Living without a Disability	33	31.2	5.2	21.1	41.3
Weight Category					
Normal or Underweight (BMI <25)	20	16.5	3.8	9.0	24.1
Overweight (25 ≤ BMI < 30)	21	40.5	7.5	25.9	55.2
Obese (BMI ≥ 30)	17	33.4	7.5	18.6	48.2

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	39	26.8	4.1	18.7	34.9
Does not participate in leisure time physical activity	20	31.1	7.0	17.3	44.8
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	52	30.9	4.1	22.7	39.0
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	47	25.4	3.7	18.1	32.7
Health Insurance Status					
Insured	58	27.8	3.6	20.8	34.9
Uninsured	*	*	*	*	*

Numerator: Respondents ages 65 years and older who reported they did not receive a flu shot or vaccine sprayed in the nose during the past 12 months.

Denominator: All respondents ages 65 years and older, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Ages 65 Years and Older Who Never Had Pneumonia
Vaccination, 2011**

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,792	29.2	0.7	27.9	30.6
Douglas County	51	25.4	3.6	18.4	32.4
Gender					
Men	25	34.3	6.3	22.0	46.6
Women	26	18.5	3.8	11.0	26.1
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	51	26.2	3.6	19.1	33.3
Race					
White	49	25.4	3.7	18.2	32.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	13	27.4	7.0	13.6	41.1
Some College or College Graduate	38	24.3	3.9	16.6	32.0
Annual Household Income					
Less than \$35,000 per Year	16	27.2	7.1	13.2	41.2
\$35,000 or Higher per Year	25	23.6	4.5	14.8	32.4
Disability Status					
Living with a Disability	21	22.0	5.1	12.1	31.9
Living without a Disability	30	28.4	5.0	18.6	38.2
Weight Category					
Normal or Underweight (BMI <25)	20	20.2	4.6	11.1	29.2
Overweight (25 ≤ BMI < 30)	19	38.1	7.7	23.1	53.1
Obese (BMI ≥ 30)	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	35	26.6	4.3	18.2	35.0
Does not participate in leisure time physical activity	15	22.1	6.3	9.7	34.5
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	39	24.1	3.9	16.4	31.8
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	43	24.9	3.8	17.5	32.4
Health Insurance Status					
Insured	51	25.4	3.6	18.5	32.4
Uninsured	*	*	*	*	*

Numerator: Respondents ages 65 years and older who reported they never had a pneumonia vaccination.

Denominator: All respondents ages 65 years and older, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults who are Obese, 2011

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	5,907	29.6	0.4	28.7	30.4
Douglas County	170	19.0	1.8	15.4	22.5
Gender					
Men	73	18.0	2.6	12.8	23.1
Women	97	20.0	2.5	15.1	24.9
Age Group					
18 to 44 Years	44	15.7	2.5	10.7	20.6
45 to 64 Years	76	25.7	3.0	19.9	31.5
65 Years and Older	50	21.9	3.1	15.8	28.0
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	167	19.5	1.9	15.8	23.2
Race					
White	155	19.7	2.0	15.8	23.5
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	36	18.7	4.0	10.8	26.6
Some College or College Graduate	134	19.1	2.0	15.1	23.0
Annual Household Income					
Less than \$35,000 per Year	62	19.4	3.2	13.0	25.8
\$35,000 or Higher per Year	94	22.4	2.6	17.2	27.5
Disability Status					
Living with a Disability	79	31.9	3.9	24.3	39.6
Living without a Disability	91	16.0	2.0	12.0	20.0

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	116	17.0	2.0	13.1	20.9
Does not participate in leisure time physical activity	54	30.1	4.7	20.9	39.2
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	24	14.4	3.8	7.0	21.8
Did Not Meet Both Aerobic and Strengthening Guidelines	140	20.6	2.2	16.4	24.8
Smoking Status					
Current smoker	28	19.4	4.7	10.1	28.7
Non-smoker	140	18.8	2.0	15.0	22.7
Health Insurance Status					
Insured	151	19.6	2.0	15.7	23.4
Uninsured	19	16.3	4.6	7.2	25.4

Numerator: Respondents with a body mass index greater than or equal to 30, based on self-reported height and weight.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who are Overweight or Obese, 2011

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	12,869	64.4	0.5	63.5	65.3
Douglas County	424	56.3	2.6	51.1	61.5
Gender					
Men	212	63.4	3.9	55.8	71.1
Women	212	48.6	3.5	41.8	55.5
Age Group					
18 to 44 Years	120	51.1	3.9	43.4	58.7
45 to 64 Years	193	69.3	3.1	63.4	75.3
65 Years and Older	110	55.3	3.9	47.7	63.0
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	412	56.3	2.7	51.0	61.6
Race					
White	383	55.4	2.8	50.0	60.8
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	90	57.2	6.2	45.1	69.3
Some College or College Graduate	334	56.0	2.8	50.4	61.5
Annual Household Income					
Less than \$35,000 per Year	124	50.9	4.7	41.6	60.1
\$35,000 or Higher per Year	260	63.2	3.0	57.3	69.0
Disability Status					
Living with a Disability	142	59.6	4.7	50.5	68.7
Living without a Disability	279	55.4	3.1	49.3	61.4

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	317	53.8	3.0	47.9	59.6
Does not participate in leisure time physical activity	104	68.6	5.2	58.3	78.8
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	73	47.9	5.5	37.2	58.7
Did Not Meet Both Aerobic and Strengthening Guidelines	334	59.0	3.0	53.1	64.8
Smoking Status					
Current smoker	71	60.9	6.1	48.9	73.0
Non-smoker	348	55.1	2.9	49.4	60.9
Health Insurance Status					
Insured	373	57.0	2.7	51.7	62.4
Uninsured	51	53.1	7.4	38.6	67.7

Numerator: Respondents with a body mass index greater than or equal to 25, based on self-reported height and weight.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Reported That They Do Not Always Wear a Seatbelt
When They Drive or Ride in a Car, 2011**

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,339	19.4	0.4	18.6	20.1
Douglas County	96	16.0	2.0	12.1	19.9
Gender					
Men	54	18.7	3.0	12.8	24.6
Women	42	13.3	2.6	8.1	18.5
Age Group					
18 to 44 Years	42	18.6	3.0	12.8	24.4
45 to 64 Years	35	12.9	2.4	8.2	17.6
65 Years and Older	18	8.0	2.1	3.9	12.1
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	93	16.5	2.1	12.4	20.5
Race					
White	83	15.1	2.0	11.2	19.0
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	19	17.8	5.0	7.9	27.6
Some College or College Graduate	77	15.4	2.0	11.4	19.3
Annual Household Income					
Less than \$35,000 per Year	36	20.0	3.7	12.7	27.2
\$35,000 or Higher per Year	47	11.2	1.9	7.5	14.8
Disability Status					
Living with a Disability	33	18.1	3.5	11.2	25.0
Living without a Disability	63	15.5	2.3	10.9	20.1

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	28	13.0	2.8	7.4	18.5
Overweight (25 ≤ BMI <30)	39	19.6	4.0	11.8	27.4
Obese (BMI ≥ 30)	24	18.1	4.1	10.1	26.1
Leisure Time Physical Activity					
Participates in leisure time physical activity	69	15.4	2.2	11.0	19.7
Does not participate in leisure time physical activity	27	19.1	4.3	10.7	27.5
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	75	17.8	2.4	13.1	22.5
Smoking Status					
Current smoker	25	27.6	5.9	16.1	39.1
Non-smoker	70	13.0	2.0	9.1	16.8
Health Insurance Status					
Insured	75	14.4	2.1	10.3	18.5
Uninsured	21	22.7	5.5	12.0	33.5

Numerator: Respondents who reported they nearly always, sometimes, seldom, or never use a seatbelt when they ride or drive in a car.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Currently Smoke Cigarettes, 2011

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	3,547	22.0	0.4	21.2	22.8
Douglas County	121	19.3	2.1	15.2	23.5
Gender					
Men	63	24.9	3.5	18.1	31.8
Women	58	13.7	2.3	9.2	18.1
Age Group					
18 to 44 Years	48	20.9	3.1	14.8	27.0
45 to 64 Years	52	20.2	2.9	14.5	26.0
65 Years and Older	20	8.7	2.1	4.6	12.8
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	118	19.8	2.2	15.5	24.1
Race					
White	106	19.6	2.3	15.2	24.1
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	41	34.1	5.6	23.2	45.1
Some College or College Graduate	80	13.9	1.9	10.1	17.6
Annual Household Income					
Less than \$35,000 per Year	59	27.8	4.1	19.7	36.0
\$35,000 or Higher per Year	45	13.3	2.2	8.9	17.7
Disability Status					
Living with a Disability	43	24.9	4.3	16.4	33.4
Living without a Disability	77	18.2	2.4	13.4	23.0

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	45	17.8	3.2	11.5	24.1
Overweight (25 ≤ BMI <30)	43	22.1	3.9	14.5	29.7
Obese (BMI ≥ 30)	28	20.4	4.7	11.2	29.5
Leisure Time Physical Activity					
Participates in leisure time physical activity	78	17.8	2.4	13.1	22.5
Does not participate in leisure time physical activity	41	27.8	4.7	18.5	37.0
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	16	17.1	5.0	7.4	26.8
Did Not Meet Both Aerobic and Strengthening Guidelines	97	19.9	2.4	15.2	24.6
Health Insurance Status					
Insured	83	13.5	1.9	9.8	17.3
Uninsured	38	44.0	6.9	30.4	57.6

Numerator: Respondents who reported they have smoked at least 100 cigarettes in their entire life and that they now smoke some days or every day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Stopped Smoking for One Day or Longer Because
They Were Trying to Quit Smoking, 2011**

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	1,868	55.5	1.1	53.4	57.6
Douglas County	67	58.3	6.1	46.4	70.2
Gender					
Men	38	66.2	7.7	51.1	81.3
Women	29	43.7	8.8	26.5	60.8
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	30	57.9	8.1	42.0	73.9
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	65	58.4	6.2	46.3	70.5
Race					
White	55	53.8	6.5	41.0	66.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	47	62.6	6.9	49.1	76.0
Annual Household Income					
Less than \$35,000 per Year	32	54.9	8.8	37.6	72.3
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	38	58.7	7.2	44.5	72.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	47	61.6	7.4	47.1	76.1
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	51	58.6	6.5	45.8	71.3
Health Insurance Status					
Insured	50	61.9	7.4	47.3	76.4
Uninsured	*	*	*	*	*

Numerator: Current smokers who stopped smoking for one day or longer because they were trying to quit smoking.

Denominator: Among current smokers, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Percentage of Adults Who Currently Use Any Smokeless Tobacco Products, 2011

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	760	5.3	0.2	4.9	5.8
Douglas County	17	3.3	0.9	1.5	5.1
Gender					
Men	*	*	*	*	*
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	17	3.5	1.0	1.6	5.4
Race					
White	16	3.6	1.0	1.6	5.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI < 25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	15	3.8	1.1	1.6	5.9
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*	*	*	*	*
Health Insurance Status					
Insured	15	3.9	1.1	1.7	6.1
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they currently use chewing tobacco, snuff or snus (Swedish for snuff) some days or every day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Percentage of Men Who Currently Use Any Smokeless Tobacco Products, 2011

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	684	10.1	0.4	9.2	11.0
Douglas County	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	*	*	*	*	*
65 Years and Older	*	*	*	*	*
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	*	*	*	*	*
Race					
White	*	*	*	*	*
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	*	*	*	*	*
Some College or College Graduate	*	*	*	*	*
Annual Household Income					
Less than \$35,000 per Year	*	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*	*
Disability Status					
Living with a Disability	*	*	*	*	*
Living without a Disability	*	*	*	*	*
Weight Category					
Normal or Underweight (BMI <25)	*	*	*	*	*
Overweight (25 ≤ BMI < 30)	*	*	*	*	*
Obese (BMI ≥ 30)	*	*	*	*	*

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Leisure Time Physical Activity					
Participates in leisure time physical activity	*	*	*	*	*
Does not participate in leisure time physical activity	*	*	*	*	*
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	*	*	*	*	*
Health Insurance Status					
Insured	*	*	*	*	*
Uninsured	*	*	*	*	*

Numerator: Male respondents who reported they currently use chewing tobacco, snuff or snus (Swedish for snuff) some days or every day.

Denominator: All male respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

**Percentage of Adults Who Ever Served on Active Duty in the United States
Armed Forces, 2011**

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	2,699	11.5	0.3	11.0	12.1
Douglas County	79	6.9	1.0	5.0	8.9
Gender					
Men	70	12.4	1.9	8.6	16.1
Women	*	*	*	*	*
Age Group					
18 to 44 Years	*	*	*	*	*
45 to 64 Years	25	8.0	1.7	4.6	11.4
65 Years and Older	43	23.9	3.5	17.0	30.8
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	77	6.9	1.0	4.9	8.8
Race					
White	76	7.5	1.1	5.4	9.6
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	17	6.2	1.8	2.7	9.8
Some College or College Graduate	62	7.2	1.2	4.9	9.5
Annual Household Income					
Less than \$35,000 per Year	25	6.3	1.5	3.4	9.2
\$35,000 or Higher per Year	47	8.1	1.5	5.1	11.1
Disability Status					
Living with a Disability	21	8.0	1.9	4.2	11.8
Living without a Disability	57	6.7	1.1	4.4	8.9

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	27	5.1	1.2	2.7	7.5
Overweight (25 ≤ BMI <30)	34	10.3	2.2	6.0	14.6
Obese (BMI ≥ 30)	*	*	*	*	*
Leisure Time Physical Activity					
Participates in leisure time physical activity	58	6.5	1.1	4.4	8.6
Does not participate in leisure time physical activity	20	9.1	2.5	4.1	14.1
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	*	*	*	*	*
Did Not Meet Both Aerobic and Strengthening Guidelines	61	7.0	1.1	4.9	9.1
Smoking Status					
Current smoker	*	*	*	*	*
Non-smoker	73	8.0	1.2	5.7	10.4
Health Insurance Status					
Insured	73	7.7	1.1	5.5	10.0
Uninsured	*	*	*	*	*

Numerator: Respondents who reported that they served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

**Percentage of Adults Who Have Vision Impairment In One of Both Eyes, Even
When Wearing Glasses, 2011**

Douglas County

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Kansas	4,108	15.7	0.3	15.1	16.3
Douglas County	158	13.8	1.4	11.0	16.7
Gender					
Men	50	8.9	1.5	5.9	12.0
Women	108	18.7	2.4	14.1	23.3
Age Group					
18 to 44 Years	21	7.8	1.8	4.2	11.3
45 to 64 Years	64	19.7	2.6	14.6	24.8
65 Years and Older	73	36.0	3.8	28.6	43.4
Ethnicity					
Hispanic	*	*	*	*	*
Non-Hispanic	155	14.1	1.5	11.2	17.1
Race					
White	141	14.5	1.6	11.4	17.7
African American	*	*	*	*	*
Other	*	*	*	*	*
Multi-Race	*	*	*	*	*
Education					
High School Graduate or Less	39	15.2	3.3	8.7	21.7
Some College or College Graduate	119	13.3	1.6	10.2	16.4
Annual Household Income					
Less than \$35,000 per Year	52	16.0	3.0	10.2	21.8
\$35,000 or Higher per Year	82	14.3	1.9	10.6	18.0
Disability Status					
Living with a Disability	70	25.4	3.6	18.3	32.5
Living without a Disability	86	11.0	1.5	8.0	14.0

	Unweighted Frequency	Weighted Percentage	Standard Error	95% Confidence Limits	
				Lower	Upper
Weight Category					
Normal or Underweight (BMI <25)	56	11.0	1.9	7.2	14.8
Overweight (25 ≤ BMI <30)	49	13.4	2.5	8.5	18.2
Obese (BMI ≥ 30)	42	16.6	3.2	10.3	22.9
Leisure Time Physical Activity					
Participates in leisure time physical activity	109	12.8	1.6	9.7	15.9
Does not participate in leisure time physical activity	47	18.8	3.6	11.8	25.8
Aerobic and Strengthening Exercise (2-Level)					
Met Both Aerobic and Strengthening Guidelines	18	7.6	2.1	3.4	11.8
Did Not Meet Both Aerobic and Strengthening Guidelines	130	15.7	1.8	12.1	19.2
Smoking Status					
Current smoker	21	10.8	3.2	4.5	17.2
Non-smoker	136	14.5	1.6	11.3	17.7
Health Insurance Status					
Insured	146	14.9	1.6	11.8	18.0
Uninsured	*	*	*	*	*

Numerator: Respondents who reported they had been told by a doctor, nurse, or other health professional that they have vision impairment in one of both eyes, even when wearing glasses.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient sample and/or statistically unreliable estimate

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to Technical Notes for more information.

Technical Notes

Data on 43 health risk indicators, analyzed by various subpopulation groups (e.g. gender, age group, ethnicity, etc.), are included in this report. The indicators are summarized in tables that show:

- Unweighted Frequency: the number of respondents who reported the risk behavior
- Weighted Percentage: the prevalence estimate for the risk behavior within a particular subpopulation group category
- Standard Error: used to compute the 95% confidence limits
- Lower and upper 95% confidence limits

Prevalence estimates vary in precision depending on sample size. One way of describing the precision of an estimate is the margin of error, which is the half-width of the confidence interval. When the sample size is large for a particular subpopulation group, the corresponding margin of error for an estimate is small. When the sample size is small for a particular subpopulation group, the corresponding margin of error for an estimate is large. Large margins of error (i.e. >5) indicate that an estimate may be unreliable. Prevalence estimates that have a margin of error >5 are *italicized* in this report and should be interpreted with caution.

To determine whether two weighted percentages are significantly different from one another, the reader must compare the confidence intervals. Confidence intervals which do not overlap indicate a statistically significant difference while overlapping confidence intervals indicate that two estimates are not statistically significantly different from one another. It is incorrect to say two estimates are different if their confidence limits overlap.

Estimates have been censored with an asterisk ("*") when the sample size was inadequate and/or when the estimates were statistically unreliable. Specifically, estimates were censored when any of the following conditions were met:

- the numerator of the indicator is less than 5
- the denominator of the indicator is less than 50
- the relative standard error (RSE) is 30 percent or higher

RSE is obtained by dividing the standard error of the estimate by the estimate itself, then multiplying that result by 100 to be expressed as a percent.

2011 BRFSS data represent a new baseline for public health surveillance. Due to changes in BRFSS survey methodology, 2011 BRFSS estimates cannot be compared to estimates from previous years.

For more information on changes to the Kansas BRFSS survey methodology beginning in 2011, please visit: <http://www.kdheks.gov/brfss/newmethod.html>

For more detailed technical notes on the Kansas BRFSS, please visit: <http://www.kdheks.gov/brfss/technotes.html>