

ADULT TOBACCO USE IN KANSAS

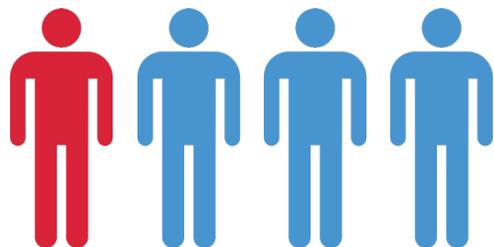
2019

According to the Campaign for Tobacco-Free Kids, each year **4,400 Kansas adults die** of causes related to their own smoking. Health care costs in Kansas directly caused by smoking total **\$1.12 billion** annually, and smoking costs Kansas Medicaid **\$237.4 million** annually.

Tobacco use remains the **leading preventable cause of death** in Kansas. Nationwide, smoking kills **more people than alcohol, AIDS, car crashes, illegal drugs, murders, and suicides combined**. Thousands more people die from other tobacco-related causes such as fires caused by smoking and smokeless tobacco use.

The Kansas Tobacco Use Prevention Program provides **resources and assistance** to state and local partners for development, enhancement, and evaluation of state and local initiatives to **prevent death and disease** from tobacco use and secondhand smoke exposure.

Tobacco Use

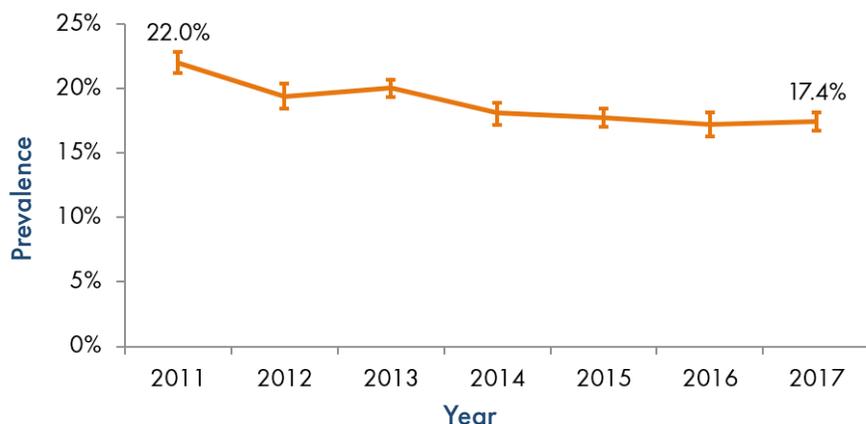


Nearly 1 in 4

Kansas adults use at least one of the following tobacco products:

- conventional cigarettes
- e-cigarettes
- smokeless tobacco

Conventional Cigarette Use



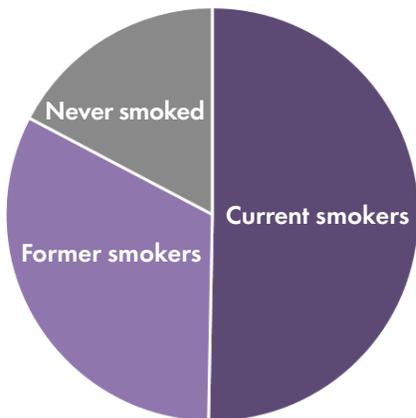
Current cigarette smoking has significantly **decreased** since 2011. However, **17.4%** of Kansas adults still smoke cigarettes. That equals **382,895** smokers—which shows that smoking is **still an issue** in Kansas.

Electronic Cigarette Use

E-cigarette use is an emerging issue nationally and in Kansas. Most e-cigarettes contain nicotine, which has known adverse health effects. In addition, e-cigarette aerosol can contain harmful substances and cancer-causing chemicals. The long-term health effects of e-cigarette use are still being researched.

- Nearly **one in four (24.2%)** Kansas adults have ever used e-cigarettes.
- **4.6%** of Kansas adults currently use e-cigarettes. That equals approximately **101,225** e-cigarette users.

Dual Use of Conventional & E-Cigarettes



50.3% of current e-cigarette users are current cigarette users

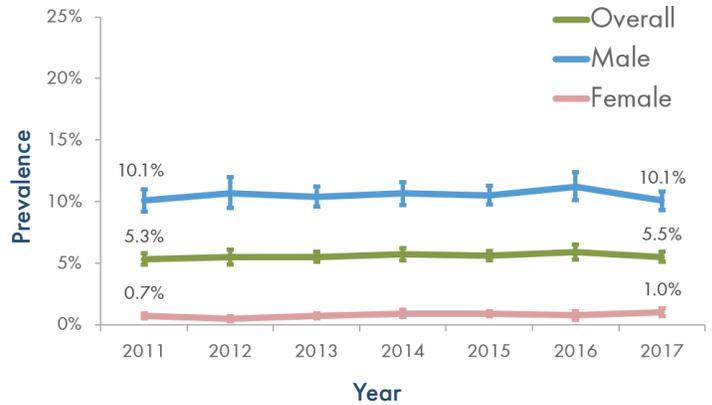
32.4% are former smokers

17.3% have never smoked

Of concern is that more than half of Kansas adults who currently use e-cigarettes also currently smoke conventional cigarettes. This graph shows that dual use of conventional cigarettes and e-cigarettes occurs frequently. In addition to current smokers, both former smokers and never smokers are also using e-cigarettes.

This publication was supported by the Grant or Cooperative Agreement number DP005993, funded by the Centers for Disease Control and Prevention. Its contents are solely the responsibility of the authors and do not necessarily represent the official views of the Centers for Disease Control and Prevention or the Department of Health and Human Services.

Smokeless Tobacco Use



The overall prevalence of smokeless tobacco use in Kansas is **5.5%**, or **120,887** adults. Significantly more adult males (**10.1%**), use smokeless tobacco than adult females (**1.0%**).

We Can Help!

The Kansas Tobacco Quitline is a free service available 24/7 to help smokers quit. The Quitline offers counseling and resources for smokers and their families to help them quit using tobacco products.

For free help, Call **1-800-QUIT-NOW** (784-8669) or visit **KSQuit.org**.



www.kdheks.gov/tobacco