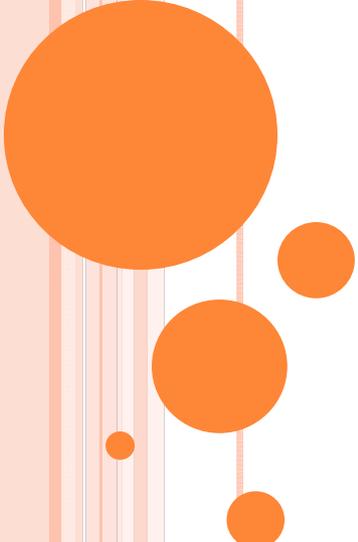
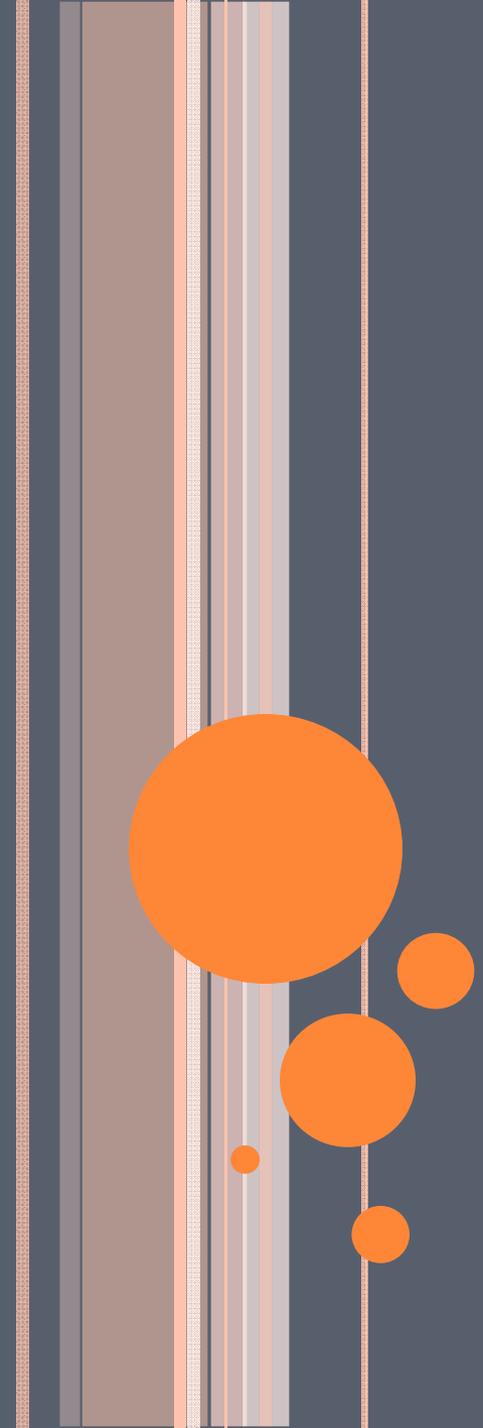


KANSAS HEALTHY COMMUNITIES



COMMUNITY HEALTH ASSESSMENT AND
GROUP EVALUATION (C.H.A.N.G.E) TOOL

Our Vision – Healthier Kansans living in safe and sustainable environments.

A decorative vertical bar on the left side of the slide, featuring a gradient from dark brown to light grey, with several orange circles of varying sizes and a thin orange line.

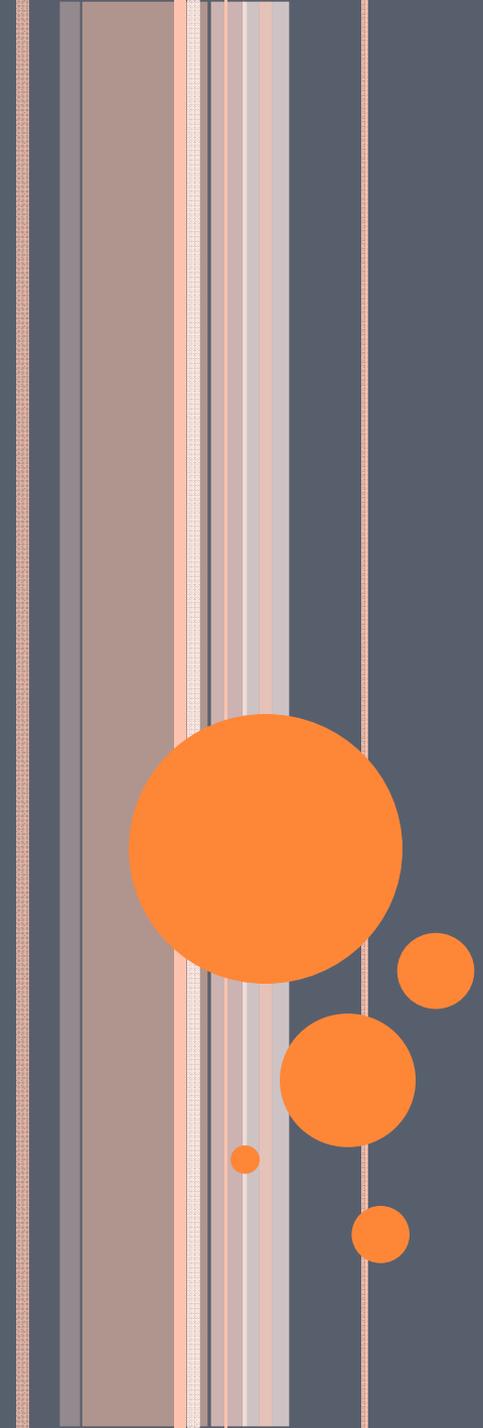
OVERARCHING GOAL OF HEALTHY COMMUNITIES PROGRAM

Turn the tide on the epidemic of
chronic disease in Kansas

PROGRAM OVERVIEW

- Engage communities to focus on chronic disease prevention
- Change the places where people live, work, and play
 - Schools
 - Worksites
 - Healthcare Sites
 - Other Community Organizations



The slide features a dark blue background. On the left side, there are several vertical decorative elements: a wide, light brown bar with a fine grid pattern; a thin, light grey bar; a thin, light blue bar; and a thin, light orange bar. Below these bars, there are five orange circles of varying sizes arranged in a vertical line. The largest circle is at the top, followed by a medium-sized circle, a small circle, another medium-sized circle, and a small circle at the bottom.

NEED FOR C.H.A.N.G.E

IDENTIFY NEEDS AND ASSETS WITHIN COMMUNITY/COUNTY IN AREAS OF PHYSICAL ACTIVITY, NUTRITION, AND TOBACCO USE



**DEVELOPMENT OF A STRONG, ORGANIZED, AND
DIVERSE COALITION THAT LOOKS AT ALL ASPECTS
OF COMMUNITY AND COUNTY HEALTH**



DEVELOPMENT OF COMMUNITY ACTION PLAN FOR IMPROVING POLICIES, SYSTEMS, AND ENVIRONMENT TO FACILITATE AND SUPPORT HEALTHY LIFESTYLES



ASSIST WITH PRIORITIZING COMMUNITY NEEDS AND ALLOCATING AVAILABLE RESOURCES



Trail Systems



Access to fruits
and vegetables



Tobacco-Free School Grounds



DEVELOPMENT OF COMMUNITY ACTION PLAN HELPS STRATEGIZE IN APPLYING FOR OTHER GRANT OPPORTUNITIES



Don't Forget Your County and City Government



8 STEPS TO COMPLETE CHANGE

- Assemble Community Team
- Develop Team Strategy
- Review All 5 Sectors
- Gather Data
- Review the Data Gathered
- Enter Data
- Review Consolidated Data
- Build the Community Action Plan



STEP 1 – ASSEMBLE COMMUNITY TEAM

- Integrate single-issue coalitions to one strong and diverse Healthy Communities Coalition
- Snapshot of Community Team
 - Parks and Recreation Director
 - City/County Government
 - Chamber of Commerce
 - Hospital Administrator
 - School Principal or Superintendent
 - Foundation Executives
 -and you want to invite those public health folks too



STEP 2 – DEVELOP TEAM STRATEGY

- Decide how data will be collected (subgroup or designated individual)
- Develop decision-making process
- Discuss who will enter data into excel spreadsheets



STEP 3 – REVIEW C.H.A.N.G.E

SECTORS AND MODULES

- Community-At-Large
 - Includes community-wide efforts that impact the social built-environments, food access, walkability/bikeability, tobacco free policies
- Community Institutions/Organizations
 - Entities that provide wide array of services (i.e. ministerial alliances, library, universities, etc.)
- Healthcare
- School
- Worksite



C.H.A.N.G.E MODULES

- Modules within each sector (worksite, schools, healthcare, CAL, community institutions)
 - Leadership
 - Chronic Disease Management
 - Physical Activity
 - Tobacco
 - Nutrition
 - Schools (after-school program)
 - Demographic information



STEP 4 - GATHERING DATA

- Recommended number of sites to assess
 - Healthcare, worksite, schools, CIO – 3
 - Community-at-Large – 1
- Data Collection Methods
 - Observation
 - Photovoice
 - Walkability audit
 - Focus Groups
 - Postal Survey
 - Telephone Survey
 - Face-to-face survey
 - Web-based survey



STEP 5 – REVIEW GATHERED DATA

- Decision on final scores
 - 1: No elements are in place in environment
 - 2: Only a few elements are in place
 - 3: Some elements in place
 - 4: Most elements are in place
 - 5: All elements are in place
 - 6: 99: This type of environmental change strategy is not appropriate for community



STEP 6: ENTER DATA

CHANGE_cal final [Read-Only] [Compatibility Mode] - Microsoft Excel

Home Insert Page Layout Formulas Data Review View

Clipboard Font Alignment Number Styles Cells Editing

B17

Community-At-Large: Physical Activity

Based on your team's knowledge or observations of the community, use the following Policy and Environment scales to indicate the most appropriate responses for each statement. Position the cursor over each rating option to see further explanation and an example (examples provided are for item #1).

In the two response columns, please indicate the appropriate number (#) from the scales below that best represents your answers for each item. Provide both a Policy Response # and Environment Response # for each statement in the appropriate column, with supporting documentation in the corresponding comment boxes. Response # 99 should be used only when the strategy is not applicable at the site (e.g., stair promotion not suitable in one-story building).

Response #	Policy	Environment
1	Not identified as problem	Elements not in place
2	Problem identification/gaining agenda status	Few elements in place

To what extent does the community:	Policy Response #	Environment Response #
1. Require sidewalks to be built for all developments (e.g., housing, schools, commercial)?		
2. Adopt a land use plan?		
3. Require <u>bike facilities</u> (e.g., bike boulevards, <u>bike lanes</u> , bike ways, multi-use paths) to be built for all developments (e.g., housing, schools, commercial)?		
4. Adopt a <u>complete streets</u> plan to support walking and biking infrastructure?		
5. Maintain a network of walking routes (e.g., institute a sidewalk program to fill gaps in the sidewalk)?		
6. Maintain a network of biking routes (e.g., institute a bike lane program to repave bike lanes when necessary)?		
7. Maintain a network of parks (e.g., establish a program to repair and upgrade existing parks and playgrounds)?		
8. Provide access to parks, <u>shared-use paths and trails</u> , or open spaces within <u>reasonable walking distance</u> of most homes?		
9. Institute mixed land use?		

Demographic Information Physical Activity Nutrition Tobacco Chronic Disease Management Leadership

Ready

Microsoft PowerPoint ... Inbox - Microsoft Out... Files Microsoft Excel Microsoft Excel - CHA... 100% 11:09 AM

- Definition of Terms
- Definition of Item Responses
- Comment Boxes
- Tabulated Ratings



STEP 7 - REVIEW CONSOLIDATED DATA

- Summarize data
- Identify needs and assets (sector grid/strategy worksheets)
- Decide next steps (Community Health Improvement Planning Template)



STEP 8 – BUILD COMMUNITY ACTION PLAN

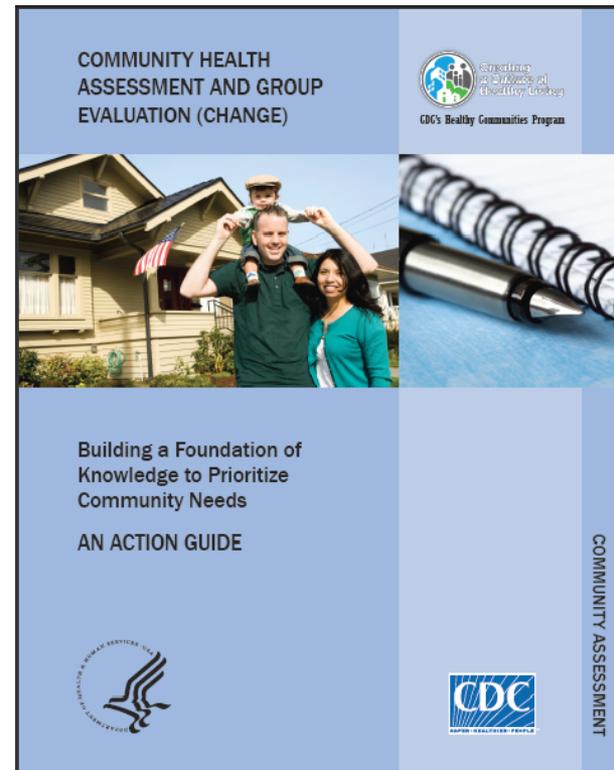
○ Focus on:

- Creation of Annual Objectives
- Identification and Description of Activities
- Sector Focus
- Number of People Reached



IMPORTANT RESOURCES

- www.cdc.gov/healthycommunitiesprogram
 - Complete CHANGE tool with excel modules
- Free consultation!
 - Trainings on module completion
 - Assistance with process



CONTACT INFORMATION

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COMMUNITY EXAMPLES

- Thomas County Coalition: Jarrod Spencer
- Cheyenne County Healthy Communities Coalition: Becca Landers
- Norton County Health Department: Gina Frack
- Harvey County: John Waltner

