Live Births and Fertility
During 2016, there were 38,048 live births to residents of Kansas. This was a decrease of 2.8 percent from the 39,126 births reported in 2015. The birth rate decreased 2.2 percent, from 13.4 births per 1,000 population in 2015 to 13.1 births per 1,000 population in 2016 (Table C10).

The 2016 birth rate (13.1) is the lowest Kansas birth rate in the period from 1912 to date (the entire period in which KDHE and its predecessors have maintained the Kansas Vital Records system). The only years with comparable birth rates were 2013 and 2015 (13.4), 2014 (13.5), 2011 (13.8), and 1973 (13.9) (Figure C1).

Over the past 20 years (1997-2016), the Kansas birth rate has fluctuated between a peak of 15.1 births per 1,000 population (reported in 2007) and a low of 13.1 births per 1,000 population (reported in 2016) (Figure A). Recent low birth rates follow a sustained decline from 2008 to 2011 (Table C1, Figure C1).

Population Group Statistics
In 2016, there were 26,786 births to resident White non-Hispanic mothers, a decrease of 3.4 percent from the 27,717 births reported in 2015. The birth rate for White non-Hispanic mothers decreased 3.2 percent, from 12.5 births per 1,000 population in 2015 to 12.1 births per 1,000 population in 2016 (Table A3, Table C20).

There were 6,300 births to Hispanic mothers in 2016, an increase of 0.2 percent from the 6,290 births reported in 2015. The birth rate for Hispanic mothers decreased 0.5 percent, from 18.7 births per 1,000 population in 2015 to 18.6 births per 1,000 population in 2016.

There were 2,494 births to Black non-Hispanic mothers in 2016, a decrease of 3.5 percent from the 2,585 births reported in 2015. The birth rate for Black non-Hispanic mothers decreased 1.3 percent, from 15.0 births per 1,000 population in 2015 to 14.8 births per 1,000 population in 2016 (Table A3, Table C20).

Fertility Rates
The number of Kansas females in the main child-bearing age bracket (ages 15-44) was 558,638 in 2016, down 3.1 percent from 576,703 in 1998 (the peak in the 1997–2016 period). The Kansas fertility rate in 2016 was 68.1 livebirths per female population in the 15-44 age bracket,
9.8 percent below the period high (75.5 in 2007), but above the period low (65.6 in 1997) (Table C2, Figure C2).

Of the 38,048 resident births in 2016, there were 19,579 males and 18,469 females, for a natal sex ratio of 106.0 male births to 100.0 female births. In most populations, this ratio is in the range of 104-106, although some populations experience ratios as low as 103 or as high as 107, even in the absence of deliberate sex selection [1] (Table C3).

**Low Birth Weight**

During 2016, low birth-weight (under 2,500 grams) infants accounted for 2,634 or 7.0 percent of births to Kansas resident mothers. Low birth-weights were more common for Black non-Hispanic mothers (13.7%) than for White non-Hispanic (6.4%) or Hispanic (6.4%) mothers. High birth-weight (4,000 grams and over) infants accounted for 3,452, or 9.1 percent of births to Kansas resident mothers. High birth-weights were more common for White non-Hispanic mothers (10.1%) than for Hispanic (7.6%) or Black non-Hispanic (4.0%) mothers (Table C8).

**Small for Gestation**

Infants born at birth-weights less than the 10th percentile of all other infants at the same gestational age (lowest 9.9 percent) are considered small for gestational age (SGA). Table C18 uses birth-weights from 2016 births for the state of Kansas as a whole as the reference in establishing the cutoff point. The table enables a county to compare its SGA rate to that of the state. While a number of counties have high SGA rates, they are based on a relatively low number of births.

**Mother’s Age**

Of the 38,048 resident births in 2016, 5.7 percent (2,148) were to mothers under the age of 20; 53.9 percent (20,508) were to mothers 20-29 years of age; 38.5 percent (14,636) were to mothers 30-39 years of age; and 2.0 percent (753) were to mothers aged 40 or over (Table C6).

Of the 26,786 resident births to White non-Hispanic mothers, 1,175 (4.4%) were to mothers under the age of twenty. Of the 2,494 births to Black non-Hispanic mothers, 224 (9.0%) were to mothers under the age of 20. Of the 6,300 births to Hispanic mothers, 634 (10.1%) births were to mothers under the age of 20 (Table A3).

**First Trimester Care**

Prenatal care data was provided for 37,605 out of 38,048 (98.5%) live births in 2015. Prenatal care began in the first trimester for 30,643 live births (81.2 percent of live births where prenatal care data was available), in the second trimester for 5,750 live births (15.2%), and in the third trimester for 1,212 live births (3.2%). No prenatal care was indicated for 116 live births (0.3%).

White non-Hispanic mothers started prenatal care in the first trimester in 84.8 percent of live births (22,561). Black non-Hispanic mothers started prenatal care in the first trimester in 73.7 percent of live births (1,805). Hispanic mothers started prenatal care in the first trimester in 70.7 percent of live births (4,388) (Table C7).

Prenatal Care Status
Of the 37,926 Kansas resident live births in 2016 for which the adequacy of prenatal care utilization (APNCU) category could be determined, 83.4 percent received adequate or better prenatal care, including 30.1 percent with adequate-plus care. Seventeen percent (16.7) received less than adequate prenatal care, including 10.9 percent with inadequate care (Table C14).

Mother’s Weight Gain
Among singleton Kansas live births, 20.2 percent of mothers gained less than the recommended weight during pregnancy, 31.6 percent gained the recommended weight, and 48.2 percent gained more than the recommended amount (Table C19).

Marital Status
During 2016, 13,705 (36.0%) of the 38,048 resident live births in Kansas were to unmarried mothers. There were 7,958 (29.7%) out-of-wedlock births to White non-Hispanic mothers; 1,726 (69.2%) to Black non-Hispanic mothers; and 3,308 (52.5%) to Hispanic mothers (Table C22).

The percentage of out-of-wedlock births in Kansas decreased from 36.1 percent in 2015 to 36.0 percent in 2016. However, out-of-wedlock births were 30.4 percent higher than the 27.6 percent of live births reported in 1997 (Figure C7).

Delivery Method
Vaginal delivery was the most common final route of delivery for most Kansas resident live births in 2016 (26,810 live births, or 70.5% of all live births for which the final route of delivery was known). Most vaginal deliveries were “spontaneous,” meaning no mechanical procedures like forceps or vacuum extraction were required (25,777 deliveries, or 67.8% of live births for which the final route was stated). Other vaginal deliveries (forceps assisted or vacuum extraction) accounted for 1,033 live births (2.7%). Cesarean deliveries accounted for 11,235 live births (29.5%). White non-Hispanic mothers delivered via cesarean section in 7,982 live births (29.8%), Black non-Hispanic mothers in 843 live births (33.8%), and Hispanic mothers in 1,692 live births (26.9%). There were three deliveries for which the final route of delivery was not recorded (Table C9).

Tobacco Use
Tobacco use at any time during pregnancy was reported for 3,878 births in 2016, amounting to 10.2 percent of births for which tobacco usage was reported. Tobacco use was known for 37,961 of the 38,048 births (99.8%) in 2016.

Reported tobacco usage was highest in the three months immediately prior to pregnancy (4,564, or 12.0%) and decreased gradually with each trimester: to 3,826, or 10.1 percent in the first trimester; then to 3,379, or 8.9 percent in the second trimester; and finally to 3,217, or 8.5 percent in the third trimester (Table C17).

Teen Pregnancy
It is important to look at all reported pregnancies to analyze fertility. The number of pregnancies is the sum of live births, reported stillbirths, and reported induced abortions. The total number of pregnancies for mothers under 20 years of age in 2016 was 2,518, down 12.3 percent from 2,872 pregnancies in 2015. The pregnancy rate for mothers under 20 years of age in 2016 was 12.9 pregnancies per 1,000 female age-group population, a decline of 12.8 percent from a rate of 14.8 pregnancies per 1,000 female age-group population in 2015. This was the lowest
pregnancy rate for this age-group in the past twenty years (1997-2016), down from a peak of 33.3 pregnancies per 1,000 female age-group population in 1997 (Table C23, Figure C8).

The pregnancy rate for females aged 15-17 years in 2016 was 11.2 per 1,000 female age-group population. This surpasses the Healthy People 2020 target (FP 8.1) of 36.2 pregnancies per 1,000 adolescent females aged 15 to 17 years by 2020.

The pregnancy rate for females aged 18-19 years in 2016 was 47.4 per 1,000 female age-group population. This surpasses the Healthy People 2020 target (FP 8.2) of 105.9 pregnancies per 1,000 females ages 18-19 years by 2020.

The birth rate for females aged 15-19 years in 2016 was 21.9 per 1,000 female age group population (Table C25). This surpasses the CDC Winnable Battles target for 2015 of 30.3 births per 1,000 females aged 15 to 19 years.