



PUBLIC HEALTH CONNECTIONS

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Office of Local and Rural Health



Roderick L. Bremby, Secretary

Kathleen Sebelius, Governor

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LOCAL BOARDS OF HEALTH

*submitted by Jon Anderson
KDHE, Office of Local and Rural Health*



Public Health
Prevent. Promote. Protect.

In this issue of Public Health Connections, we want to expand our readership by including local boards of health (BOH) in our circulation. We have done so in an effort to ensure BOH members begin hearing the same messages that are being presented to local health departments, especially those messages related to the implementation of public health standards and health agency accreditation. As most of our readers know, Kansas statutes place the responsibility of serving as boards of health on our county commissioners. We recognize that an awareness of public health issues is not a primary concern for many of our elected officials, not because they do not share our interest in healthy people living in healthy communities, but because of the sheer burden of issues that they face. We believe the best way to improve the attention paid to the public health system is by strengthening partnerships among the unique network of individuals, agencies, and organizations that work to improve the health of the public. Therefore, we plan on featuring information for and about boards of health in future issues of Connections.

KDHE RELEASES REPORT ON KANSAS TOBACCO USE

*submitted by Ginger Park
KDHE, Kansas Tobacco Use Prevention Program*



The Kansas Department of Health and Environment (KDHE) recently released the Tobacco Use in Kansas 2007 Status Report. This report highlights current Kansas adult and youth tobacco use statistics, efforts to reduce tobacco use, information about the health effects of secondhand smoke and recommendations to improve tobacco prevention in Kansas. To view the full report visit www.kdheks.gov/tobacco.

"Tobacco use remains the leading cause of preventable death and disease in the U.S. and in Kansas," said Roderick L. Bremby, Secretary of KDHE. "Tobacco use typically begins as a choice and quickly progresses to an addiction that substantially impacts all

Kansans – individual tobacco users as well as those exposed to secondhand smoke.”

Approximately 3,900 Kansans die from smoking-related diseases every year and more than 290 Kansans die annually from secondhand smoke. Tobacco-related diseases include heart disease, lung cancer, emphysema, bronchitis and oral cancer. The American Cancer Society estimates that approximately 87 percent of lung cancer deaths are caused by smoking and exposure to secondhand smoke.

KDHE's Tobacco Use Prevention Program follows the agency's mission of promoting responsible choices to protect the health of all Kansans. The program is working to improve Kansans' health by reducing tobacco use, preventing youth from starting to use tobacco and reducing non-users' exposure to secondhand smoke.

“Kansas has made progress in tobacco prevention with limited funding, but much work remains,” said Bremby. “Studies show 1 in 5 Kansas adults are current smokers and more than 1 in 4 Kansas high school students are currently using some form of tobacco.”

The Kansas Tobacco Use Prevention Program manages the Kansas Tobacco Quitline 1-866-KAN-STOP (1-866-526-7867) and provides resources and technical assistance to community coalitions for development, enhancement and evaluation of state and local tobacco prevention initiatives. For additional information on the Tobacco Use Prevention Program visit www.kdheks.gov/tobacco.

MT CARMEL DONATES LIFE SAVING EQUIPMENT TO PITTSBURG STATE UNIVERSITY

submitted by Chris Kelly

Mt. Carmel Regional Medical Center



Bill Kellogg, Director of Heart Center, Vince Daino, Director of PSU Student Rec Center, Jonathan Davis, President/CEO of Mt. Carmel

Students at Pittsburg State University (PSU) will have access to life saving equipment thanks to a donation from Mt. Carmel Regional Medical Center. Jonathan Davis, President/CEO of Mt. Carmel presented the University with two Automated External Defibrillators (AED's) during a recent ceremony. “In a life and death situation minutes count,” said Davis. “We're very proud to be able to provide these lifesaving machines to the students and staff of PSU.” The units will be placed in the University's new Student Recreation Center.

The American Heart Association estimates that more than 200,000 people die each year due to Sudden Cardiac Arrest. Recent studies have shown that a persons chances of survival double when AED's are used in conjunction with CPR. “We're talking about equipment that can literally save a life,” said Vince Daino, Student Recreation Center Director. “These models are very easy to use and will be located in centralized areas, including the walking track and the cardio room. This is an important gift to the university.”

Automated External Defibrillators are portable electronic devices that can stop cardiac arrhythmias that may lead to cardiac arrest. The machines, which can be used with very little training, can stabilize a heartbeat when it becomes erratic and distressed. The units will be placed in the University's new Student Recreation Center.

DATA DETECTIVE: FINDING THE GEMS OF HEALTH DATA

submitted by Linda Frazier

KDHE, Office of Local and Rural Health

The University of Connecticut Health Center presents a course on public health data. This is an informative slide presentation about using health data and how to retrieve data from the following health data retrieval tools:

-  CDC WONDER
-  WISQARS
-  Cancer Query
-  BRFSS
-  MEPSnet
-  Other



Click on the university logo to view this PowerPoint Presentation.

**SPECIAL POPULATIONS:
PREPAREDNESS**



EMERGENCY AND DISASTER

<http://sis.nlm.nih.gov/outreach/specialpopulationsanddisasters.html>

This site provides links to selected Web sites featuring emergency preparedness for special populations including people with disabilities, people with visual or hearing impairments, senior citizens, children, and women. Links to information in languages other than English are also provided.

SHELTERING IN PLACE TOOLS

<http://www.nyam.org/news/2965.html>

The New York Academy of Medicine has released a report and tools that will enable households, work places, schools and early childhood/youth programs, and governments to anticipate and address problems they would face in emergencies. The Academy's main report documents that the emergency preparedness instructions being given to people and organizations do not address many important sheltering-in-place issues and sometimes make matters worse. The report *With the Public's Knowledge, We Can Make Sheltering in Place Possible* is available at <http://www.redefiningreadiness.net>

REDUCE YOUR PAPER WASTE

*submitted by Meranda Reifschneider
KDHE Bureau of Waste Management*

We all know that recycling paper preserves natural resources, conserves energy, and reduces pollution and waste, but there is something even more effective that you can do with your paper: reduce the amount that you use. Reducing the amount of paper you use prevents waste from being created in the first place and also saves you money. Here are a few ways that you can use less around the office.

Adjust your settings before you print and send only exactly what you want to the printer. Most programs make it easy by allowing you to highlight what you need, then click a box called "print selection." You can also specify a page number or range. Microsoft Word allows you to easily output two (or more) reduced-size pages on a single sheet. Always check your document in "Print Preview" view before printing. You can adjust margins and change spacing and font size to avoid that one last page with only a line or two of text.

Stop printing your e-mails. Instead, save and file them electronically. Not only will this save paper, it will make e-mails easier to find and retrieve.

Print on both sides of the paper whenever possible. In most programs this can be accomplished by clicking a box on the properties tab of the print window that appears when you hit "print." Another option is to have your printers and copiers set to default "double-sided" print. Talk to your IT department for instructions. If your printers and copiers do not have "double-sided" printing capability, then make sure that

Get Caught !

you add it to your specifications the next time you purchase a new one.

Instead of printing presentation materials and handouts, make them available in electronic form via e-mail or post them to your Web site. This way, those who want them can print their own paper copies. When printing PowerPoint documents choose "handouts" and not "slides" from the print window. This will allow you to print up to six slides per page instead of using an entire page for each slide.

Share memos, draft documents, and other internal documents via e-mail or save them to a shared drive for others to view and edit. Try to print only final or official versions of documents and only as needed. Before you print, always ask yourself "Do I really need to print this?" It is all too easy to go on printing out draft after draft of that fifty-page report only to pitch it into the recycling bin later that day.

Consider creating an office-wide printing policy. Include considerations such as those mentioned above, but only those that work for your office. Encourage paper waste reduction by keeping track of the amount of paper your office buys and announcing results to employees on a quarterly basis.

For more tips click on the Kansas Green Team logo.



REGIONAL HEALTHY START HOME VISITOR FALL TRAINING: SOMETHING TO SMILE ABOUT

*submitted by Brenda Nickel, Child and School Health Consultant
KDHE, Family Health*



The 2008 regional fall training for home visitors promises to be educational and fun! The Office of Oral Health and Oral Health Kansas are collaborating with the Maternal and Child Health Program to provide training on *Healthy Smiles*, a program designed to assist pregnant women and their families in learning about the importance of good oral hygiene. Dental hygienists will conduct three-hour trainings as part of the exciting agenda for the training that will be held in August. Other topics will include current health issues impacting the MCH population, resources to assist home visitor in their work with families, and an opportunity for peer sharing, an integral component of the fall training that provides an opportunity for Healthy Start Home Visitors and their nurse supervisors to share their challenges, innovative ideas and strategies for home visitation. *(Photo obtained from*

<http://blogs.babiesonline.com/wp-content/uploads/2008/03/eatingwhilepregnant.jpg>).

Local health departments providing Healthy Start Home Visitor services will host the training that will be held from 9 a.m. – 3 p.m. in the following communities. *(Photo obtained from*

<http://www.thepreciousyears.com/wpcontent/uploads/2008/01/toothbrush2.jpg>).

- Friday, Aug. 1 - Wyandotte County, Kansas City
- Tuesday, Aug. 5 - Rooks County, Stockton
- Wednesday, Aug. 6 - Meade County, Meade
- Thursday, Aug. 7 - Reno County, Hutchison
- Friday, Aug. 8 - Labette County, Parsons
- Friday, Aug. 15 - Clay County, Clay Center

The training objectives include:

1. Identify evidence-based oral health practices that can be incorporated in home visits to address the individual learning needs of each family, including prenatal, infant, toddler, and preschooler daily oral hygiene, nutrition, and eating practices.
2. Identify and discuss the signs of, and information regarding the aid for, perinatal depression.
3. Understand and appreciate the potential health problems for both mother and child that can result from untreated perinatal depression.
4. Discuss and employ the use of breastfeeding resources that encourage longer breastfeeding duration to promote healthier oral health outcomes.
5. Identify and share strategies to meet needs of families through services provided through outreach and family support.



The complete agenda, specific training locations and registration for the training are available on KS-TRAIN at <https://ks.train.org/DesktopShell.aspx>

NEW TRAIN COURSE LISTINGS

*submitted by Debbie Nickels RN, BSN
KS-TRAIN Administrator*

Open a new web-browser; add <http://ks.train.org>, log-in, click the course links. Forgotten your ID and password? Contact the helpdesk@kdhe.state.ks.us or call (785) 296-5655. Learners can also print out the NEW TRAIN Quick Guide by clicking the icon.

1. Non-train Event: [9th Annual Governor's Conference on Juvenile Justice](#)
2. Non-train Event: [Positive Deviance: An Approach to Solve Intractable Social Problems](#)
3. Non-train Event: [19th Kansas School Nurse Conference](#)
4. Non-train Event: [Moulage - The Art of Injury Simulation and Moulage and Enhanced Techniques](#)



5. Non-train Event: [Israeli Medical System: Response to Disaster](#)
6. [KDEM Trng "\(G300\) Incident Command System \(ICS\) 300: Intermediate"](#) (CourseID = 1005980)
SessionID = 24345. Session Time Zone: CT
- | Date | Start Time | End Time | Location |
|-----------|------------|-----------|---------------------------|
| 7/16/2008 | 8:00 a.m. | 5:00 p.m. | Satanta District Hospital |
| 7/18/2008 | 8:00 a.m. | 5:00 p.m. | Satanta District Hospital |
7. [Via Christi: Advanced Burn Life Support](#) (CourseID = 1009802)
SessionID = 17484. Session Time Zone: CT
- | Date | Start Time | End Time | Location |
|-----------|------------|-----------|---|
| 7/12/2008 | 5:00 a.m. | 5:00 p.m. | Liberal – Seward County Community College |
8. [KDEM trng "ICS-300 & ICS 400 - Intermediate Incident Command System & Advanced Incident Command System" \(#1012344\)](#) (CourseID = 1012344) **FULL**
9. [KDEM Trng "\(DHS-MGT-310\) WMD Threat & Risk Assessment - Local Jurisdiction" \(# 1012592\)](#) (CourseID = 1012592)
SessionID = 22587. Session Time Zone: CT
- | Date | Start Time | End Time | Location |
|-----------|------------|-----------|-------------------------------------|
| 7/29/2008 | 8:00 a.m. | 5:00 p.m. | Wichita – Sedgwick County Extension |
| 7/30/2008 | 8:00 a.m. | 5:00 p.m. | Wichita – Sedgwick County Extension |
| 7/31/2008 | 8:00 a.m. | 5:00 p.m. | Wichita – Sedgwick County Extension |
10. [KDEM Trng "\(G191\) Incident Command System/Emergency Operations Center Interface"](#) (CourseID = 1012843)
SessionID = 23244. Session Time Zone: CT
- | Date | Start Time | End Time | Location |
|-----------|------------|-----------|--------------------------|
| 7/9/2008 | 8:00 a.m. | 5:00 p.m. | Mission – Johnson County |
| 7/10/2008 | 8:00 a.m. | 1:00 p.m. | Mission – Johnson County |
11. [Continental Divide Disaster Behavioral Health Conference: Science to Practice Practice to Science](#) (CourseID = 1012872)
SessionID = 23301. Session Time Zone: MT
- | Date | Start Time | End Time | Location |
|----------|------------|-----------|---------------------------|
| 7/7/2008 | 8:00 a.m. | 5:00 p.m. | Colorado Springs Marriott |
12. [NEKHPR: Basic Disaster Life Support \(#1013067\)](#) (CourseID = 1013067)
SessionID = 23697. Session Time Zone: CT
- | Date | Start Time | End Time | Location |
|-----------|------------|-----------|---------------------------------|
| 7/30/2008 | 7:30 a.m. | 5:00 p.m. | Topeka – Pozez Education Center |
13. [NEKHPR: HICS IV Overview Training \(#1013131\)](#) (CourseID = 1013131)
SessionID = 23834. Session Time Zone: CT
- | Date | Start Time | End Time | Location |
|-----------|------------|-----------|-------------------------------------|
| 7/10/2008 | 7:30 a.m. | 5:00 p.m. | Burlington – Coffey County Hospital |
- SessionID = 23835. Session Time Zone: CT
- | Date | Start Time | End Time | Location |
|-----------|------------|-----------|------------------------------------|
| 7/16/2008 | 7:30 a.m. | 5:00 p.m. | Hiawatha – Fisher Community Center |
14. [1st Annual Kansas State Animal Response Team Training](#) (CourseID = 1013429)
SessionID = 24328. Session Time Zone: CT
- | Date | Start Time | End Time | Location |
|-----------|------------|-----------|---------------------------------|
| 7/26/2008 | 7:30 a.m. | 5:30 p.m. | Wichita – KU School of Medicine |
| 7/27/2008 | 7:30 a.m. | 5:00 p.m. | Wichita – KU School of Medicine |

ADVANCING EMERGENCY PREPAREDNESS FOR CULTURALLY DIVERSE COMMUNITIES

*submitted by Dennis Andrulis, Nadia Siddiqui and Jonathan Purtle
School of Public Health Drexel University*



We are pleased to announce the launch of the nation's first online National Resource Center focused on the public health preparedness needs of culturally diverse communities, click on the picture to launch the Web site. A joint initiative of the Drexel University School of Public Health's Center

for Health Equality and the United States Department of Health and Human Services' Office of Minority Health, the National Resource Center will serve as a central clearinghouse of resources and an exchange site to facilitate communication, networking and collaboration among key players working to build resilience and

eliminate disparities for culturally diverse communities in emergencies. The site features hundreds of cross-referenced annotated resources in over 40 languages highlighting research, training and education opportunities, measurement and evaluation tools, effective risk communication strategies, and other successful programs and projects.

We invite you to visit www.DiversityPreparedness.org today to browse for resources that will help meet the preparedness needs of the communities you serve. We also invite you to submit and share your promising programs and resources with the site and field at large.

AWARD NOMINATIONS

*submitted by Shirley Orr
KDHE, Office of Local and Rural Health*

The Kansas Public Health Association is soliciting nominations for KPHA Awards, to be presented at its annual conference, Sept. 16-18 in Topeka. Nominations may be submitted to recognize individuals or organizations, in the following categories:

- ✦ Special Service Awards are for individuals who have rendered outstanding service to Kansas in the interest of public health and/or environmental improvement. Two special service awards may be given annually, one of which may be to a non-member of KPHA.
- ✦ Dorothy Woodin Award is bestowed on a public health nurse for outstanding public health nursing services.
- ✦ Jane Addams Award is for a social worker who exemplifies the qualities of Jane Addams, including a pioneering spirit, a trailblazer, and one striving to improve the health of the poor and the sanitary conditions of communities.
- ✦ Virginia Lockhart Health Education Award is given for outstanding service in public promotion of health and/or environmental issues.
- ✦ Corporate Public Health Service Award may be presented annually to a company or organization which, through public policy activities, makes a significant contribution to the mission of public health and/or environmental improvement in Kansas.

To submit a nomination, visit the KPHA website, www.kpha.us to obtain a nomination form, and submit it to KPHA headquarters by July 15.

KANSAS PUBLIC HEALTH ASSOCIATION CONFERENCE

*submitted by Melissa Armstrong
Kansas Public Health Association (KPHA)*



The Kansas Public Health Association (KPHA) is currently accepting scientific poster submissions for the 2008 KPHA Conference "Small Steps Toward Great Change" on Sept. 16-18 at the Topeka Capitol Plaza in Topeka.

Scientific posters will be evaluated on significance, clarity, content, quality and novelty of approach or concept. The winning poster in each of the three categories (public health practitioner, public health researcher, or student) will win a trip to the Annual Public Health Association (APHA) Conference in San Diego, California. In order to submit an abstract for the poster competition, click on the picture of Balboa Park in San Diego, fill out the form and return it to marmstro@kumc.edu by July 15.

For more information about the annual KPHA conference, visit the KPHA Web-site by clicking the logo above.



KANSAS PUBLIC HEALTH LEADERSHIP INSTITUTE

submitted by Theresa St.Romain, Senior Coordinator

Kansas Public Health Leadership Institute



The Kansas Public Health Leadership Institute (KPHLI) is seeking applicants for its sixth training cycle, 2008-2009. The year-long cycle will begin with an orientation session in connection with the Kansas Public Health Association conference in Topeka in September 2008.

The KPHLI provides competency-based leadership training to professionals in public health and allied fields from around the state. Through four quarterly training sessions, participants hear renowned speakers and complete directed readings and reflective writings in consultation with a mentor/coach. The training cycle culminates in the development and presentation of an applied public health capstone project.

Applicants must complete an application form and a one-page biosketch/statement of interest and must provide a letter of professional recommendation. Full instructions can be found in the Cycle VI application brochure at www.waldcenter.org/kphli/participants.html#cycleVI or by clicking the KPHLI logo.

For further information about applying to the KPHLI, contact KPHLI Senior Coordinator Theresa St.Romain at tstromain@kumc.edu. Applications should be submitted to Dr. Suzanne Hawley, KPHLI Co-Executive Director, at shawley@kumc.edu no later than Aug. 1.

JOHNSON COUNTY JOB OPENINGS



The Johnson County Public Health Department, located in the Kansas City Metro area is seeking applicants for the following position:

- Disease Investigator #100556

To review the job specifications click on the Johnson County logo on the left and scroll down the page. Interested applicants may send resume and cover letter to Stacy Barr, Recruiter; stacy.barr@jocogov.org or for complete details and to apply online, visit <http://hr.jocogov.org>; or fax resume to (913) 715-1419; or mail to: Johnson County Human Resources; 111 S. Cherry, Suite 2600; Olathe, KS 66061. EOE

HAVE NEWS FOR PUBLIC HEALTH CONNECTIONS

Submit your news to be announced in next month's edition of Public Health Connections on or before the 23 of each month. E-mail your articles to Debbie Nickels dnickels@kdhe.state.ks.us or Pat Behnke pbehnke@kdhe.stat.ks.us.



**LOCAL HEALTH SECTION
OFFICE OF LOCAL & RURAL HEALTH**

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