



PUBLIC HEALTH CONNECTIONS

February – 2010 Volume 10, Issue 2

Bureau of Local and Rural Health



Roderick L. Bremby, Secretary

Mark Parkinson, Governor

WHAT'S INSIDE

TACKLING THE BURDEN OF DIABETES AT ITS ROOT CAUSES 1

GO RED FOR WOMEN 2

THE KANSAS CORE PUBLIC HEALTH PROGRAM INCREASES COMPETENCY AND FUTURE ACCREDITATION SUCCESS..... 3

NATIONAL CHILDREN'S DENTAL HEALTH MONTH 3

NURSES SHOULD HAVE MORE INFLUENCE ON HEALTH SYSTEMS AND SERVICES..... 4

PITTSBURG TRAUMA CENTER 4

GO GREEN WITH A NEW YEAR RESOLUTION 5

EARLY DETECTION WORKS BREAST AND CERVICAL CANCER SCREENING PROGRAM..... 5

BEST PRACTICES IN THE DIAGNOSIS AND TREATMENT OF CHILDHOOD OBESITY 6

NEWS BRIEFS..... 6

 Resources to Help Prevent MRSA Skin Infections 6

 Using QI Tools to Make a Difference in H1N1 Flu Immunization Clinics 6

 Accessible Emergency Information for Deaf, Blind, and Limited Sight Populations 6

 National Report on Human Exposure to Environmental Chemicals..... 7

 Award-Winning Public Health Newspaper Launches New Website 7

 CDC Provides Guidance for Relief Workers and Others Traveling to Haiti..... 7

 Family Food Decision-Making Discussion Guide..... 7

JOB OPENINGS..... 7

 Sedgwick County Health Department 7

 NEK-Multi County Health Department Chief Executive Officer Position..... 7

FEBRUARY 2010 - HEART HEALTH MONTH RESOURCE TOOL KIT..... 8

LOCAL HEALTH SECTION 8

Aid-to-Local Grant Application Guideline is now available at
http://www.kdheks.gov/doc_lib/index.html

TACKLING THE BURDEN OF DIABETES AT ITS ROOT CAUSES

*submitted by Jason Eberhart-Phillips, MD
 Kansas State Health Officer and Director of Health
 Kansas Department of Health and Environment (KDHE)*

“You have diabetes.” Three words that a doctor never wants to say, and a patient never wants to hear. But every day of every year, someone in Kansas is hearing these words for the first time.

About 170,000 Kansas adults are currently living with a diagnosis of diabetes, of whom about 35,000 have heard the news in just the past five years. Another 113,000 Kansans also have diabetes but don't know it yet, because they haven't been tested.

All told, about one Kansan in ten now suffers from diabetes, and the numbers are growing fast. In fact, the population with diabetes is now increasing by a million people a year across the United States.

For our friends, neighbors and co-workers being diagnosed with this disease, diabetes presents challenging new responsibilities and sobering new risks. They will discover that on a daily basis diabetes can be a difficult disease to live with and manage. They will also come to realize that by having diabetes they have much higher chances of developing heart disease, kidney failure, foot problems and loss of sight.



As hard as it is for patients, diabetes is also a difficult problem for society. Lifelong treatment costs for the ever-growing number of people with diabetes are helping to drive America's healthcare spending to unsustainable levels. Medical bills for the treatment of diabetes in this country now surpass \$174,000,000,000 a year.

Think about that colossal cost. If the American diabetes treatment industry were its own country, it would be the 45th largest economy in the world. We Americans spend more on drugs and medical care for diabetes alone than all the people in countries like Pakistan, New Zealand, Kuwait and the Philippines spend on everything else in their lives.

The economic burden of diabetes in Kansas amounts to a tax on every woman, man and child in the state of about \$566 per year, a tax that has been increasing by 32 percent in the past six years.

All of us are paying this tax, whether we have diabetes or not, through our health insurance premiums and income taxes. Even if our health insurance is paid by our employer, this "diabetes tax" is coming out of our own pockets through wage increases that we aren't getting because of escalating insurance premiums.

It doesn't have to be this way. About 95 percent of new diabetes cases are Type 2, the type that typically appears in adulthood and is largely preventable. We can slow down the rising epidemic of Type 2 diabetes – and rein in its associated costs – if we can get people to eat right and remain physically active to avoid overweight and obesity.

Diabetes incidence in America has been rising in lockstep with our uncontrolled obesity epidemic during the past 20 years. About 86 percent of Kansans with diabetes are overweight, and more than half are clinically obese.

But if we can help every overweight Kansan to lose just 10 to 20 pounds, and keep the weight off permanently, we can slash the increase in new cases of diabetes by 60 percent.

We can reverse the rising toll of diabetes if we make it easier for people to include healthy eating and routine physical activity in their daily lives. We can do this if together we build obesity prevention into the everyday environments where people live, work, play and attend school.

At the moment my department is exploring policy options for consideration by the Kansas Legislature to help Kansans reduce their caloric intake by making nutrition information more available at the point of sale. We are also examining ways to reduce our children's exposure to junk foods available in the school environment.

The policies being explored will not carry significant cost, but if they can help people avoid unnecessary weight gain – as scientific evidence suggests they would – we will begin to cut the "diabetes tax" in Kansas in future years. And that's a tax cut we can all support.

GO RED FOR WOMEN

*submitted by Misty Jimerson, Heart Disease & Stroke Prevention Program Manager
Bureau of Health Promotion, KDHE*

The Kansas Department of Health and Environment (KDHE) urges all Kansans to wear red on Friday, Feb. 5 to raise awareness that cardiovascular disease is the leading cause of death for women in Kansas.

"I encourage all Kansans to take part and wear red Friday, February 5, to show their support for the fight against heart disease in women," said Roderick L. Bremby, Secretary of KDHE. "One in three women has some form of cardiovascular disease, something which is largely preventable. I encourage everyone to recognize their personal risk for heart disease and take action to lead heart-healthy lives."



- ♥ Cardiovascular disease is the leading cause of death among women in Kansas and the United States. In 2008, 4,252 women died of cardiovascular disease in Kansas—that's about 33 percent of all female deaths.
- ♥ Women with diabetes have increased risk of developing cardiovascular disease.
- ♥ The prevalence of coronary heart disease is almost five times higher among adult women living with disability (7.4 percent) compared with those without disability (1.4 percent).

To make women more aware of the danger of heart disease, the American Heart Association launched a nationwide campaign called the Go Red for Women movement. This important campaign encourages women to learn more about heart health, to lead healthier lives and to talk with their doctors about their risk for developing heart disease.

Risk for heart disease depends upon family and personal health history and the treatment recommendations from a physician will depend on a woman's level of risk. The Centers for Disease Control and Prevention (CDC) recommends the following lifestyle modifications for all women:

- Quitting smoking

- 30 minutes of physical activity on most days
- A heart-healthy diet
- Weight maintenance or reduction
- Evaluation and treatment for depression

For more information click the Wear Red Dress logo above.

NATIONAL CHILDREN'S DENTAL HEALTH MONTH

*submitted by Marcia A. Manter, Community Development Specialist
Oral Health Kansas*



Each February, the American Dental Association (ADA) sponsors National Children's Dental Health Month to raise awareness about the importance of oral health. (Click the Oral Health Kansas logo to download the Dental Health Month flier.)

This message is essential to the health and well-being of all children, starting at birth and continuing on through high school. When children's oral health suffers, so does their ability to learn. One of the best fact sheets about the impact on children when they suffer from oral disease is located at www.mchoralhealth.org/pdfs/learningfactsheet.pdf.

The fact sheet provides excellent information for newspaper articles and letters to the editor, as well as one-on-one discussions with families who need to do a better job overseeing tooth brushing and eating habits of their children.

Oral Health Kansas encourages the public health and health care community to promote children's dental health month to your constituents. The logos listed below provide a wide range of activities for early childhood education programs, school classrooms, and youth community organizations. To learn more and to find classroom activities for Children's Dental Health Month, visit the following websites click the logos below.



Office of
Oral Health

Maryland Department of Health and Mental Hygiene



THE KANSAS CORE PUBLIC HEALTH PROGRAM INCREASES COMPETENCY AND FUTURE ACCREDITATION SUCCESS

*submitted by Linda Frazier, Workforce Development Coordinator
Bureau of Local and Rural Health (BLRH), KDHE*



[The Kansas Core Public Health Program](#) (CPH) provides competency based training across the [Ten Public Health Essential Services](#), relating directly to the [National Public Health Accreditation Standards](#). This direct correlation increases the ability of the Kansas public health workforce to meet accreditation standards. The program began in 2000 and utilizes both live training sessions as well as online courses, many of which are available through the KS-TRAIN learning management system. CPH targets both public health professionals that are new to the field and experienced public health professionals that seek a broader understanding of the public health system in the state of Kansas.

The Kansas University (KU) School of Medicine-Wichita, Department of Preventive Medicine and Public Health, partners with the Kansas Department of Health and Environment, Office of Local and Rural Health to coordinate the program. The Kansas Health Foundation and the Heartland Centers for Public Health Workforce Development both provide financial support. More information about the program can be found by clicking the CPH logo.

During the 2008-2009 cycle, a final project was added, linking course curriculum to practice. Participants selected a public health project related to an Essential Service. They gave a final presentation of their project during the last session in Nov. of 2009. All of the Ten Essential Services were represented in the presentations. Areas within the new Administrative Capacity and Governance section of the Public Health Accreditation Standards were also represented.

During the 2008-2009 cycle, a final project was added, linking course curriculum to practice. Participants selected a public health project related to an Essential Service. They gave a final presentation of their project during the last session in Nov. of 2009. All of the Ten Essential Services were represented in the presentations. Areas within the new Administrative Capacity and Governance section of the Public Health Accreditation Standards were also represented.

The new 2010 cycle will see further collaboration and Kansas academic partner involvement. Kansas State University's Program, "[One Health Kansas](#)," will have one full day of the session content. The outreach and education program is designed to help the citizens of Kansas understand and respond to emerging zoonotic dis-

eases, globalization of the food system, blurring of the urban-suburban-rural interface, and many related challenges affecting the health of Kansas children and adults. One Health Kansas was developed by Kansas State University in 2008 and is funded by the Kansas Health Foundation.

Success in the CPH program has encouraged some of the participants to continue on to advanced degrees in public health. Continuing nursing education credit is offered and up to six hours graduate credit may be obtained if the participant enrolls in the Master's of Public Health program through the KU School of Medicine. Over forty topic experts donate their time to present Kansas public health topics. Yearly evaluations show high ratings by participants, as well as, self reported improvements in public health competency areas.

For more information, or to enroll in future sessions of CPH, please contact: Kelly Kabler, CPH Coordinator, KU School of Medicine – Wichita, at kkabler@kumc.edu or call (316) 293-1817.

NURSES SHOULD HAVE MORE INFLUENCE ON HEALTH SYSTEMS AND SERVICES

submitted by Shirley Orr, Director Local Health Bureau of Local and Rural Health, KDHE



A new Robert Wood Johnson Foundation (RWJF)/Gallup survey finds that opinion leaders believe nurses should have more influence on health systems and services. They released results of a groundbreaking new opinion leader survey on nurses' influence on health systems and services. Entitled "Nursing Leadership from Bedside to Boardroom: Opinion Leaders' Perceptions," the survey was conducted by Gallup on behalf of the Robert Wood Johnson Foundation. Gallup interviewed 1,504 opinion leaders across key roles and industries for the survey, which was conducted Aug. 18 – Oct. 30, 2009. Click the RWJF logo to view the full report.

The key findings indicate that an overwhelming majority of opinion leaders say nurses should have more influence. However, the survey finds that opinion leaders also view nurses as one of the most trusted sources of health information, but see nurses as having less influence on health care reform than government, insurance and pharmaceutical executives and others.

Other key findings from the new Gallup survey:

- o Opinion leaders identified the top barriers to nurses' increased influence and leadership as not being perceived as important decision makers (69 percent) or revenue generators (68 percent) compared with doctors; nurses' focus on primary rather than preventive care (62 percent); and nursing not having a single voice in speaking on national issues (56 percent).

PITTSBURG TRAUMA CENTER

*submitted by Chris Kelly, Director of Marketing/Public Relations
Mt. Carmel Regional Medical Center*

Mt. Carmel's Trauma Center has received word that it has been recognized as a Level III Trauma Center by the Committee on Trauma (COT) of the American College of Surgeons (ACS).

"We are one of only two Level III Trauma Centers in the state of Kansas and the second verified Trauma Center in the Via Christi Health system," explained Mt. Carmel Trauma Coordinator, Janelle Dimond. "We've always been able to take care of patients but by following the specific requirements of the ACS we now have plans in place to assure trauma victims that they'll get immediate, quality care from a dedicated trauma team. It's an important accomplishment and one that was made possible by the hard work of every department at this hospital and a grant from the Kansas Department of Health and Environment."



From left to right are: Dr. Robert Huebner, Trauma Medical Director and Janelle Dimond, Trauma Coordinator for Mt. Carmel

In order to become an ACS verified Level III Trauma Center hospitals must meet 128 requirements including access to a trauma surgeon, an orthopedic surgeon and support services. "Our hospital is committing itself to the fact that these things will be available within 30 minutes of notification of a trauma patient," says Mt. Carmel Trauma Director Dr. Robert Huebner. "Time is the enemy of every trauma patient and the one hour following a trauma is

when the most lives are saved. Our community should take a great deal of pride in the fact that Mt. Carmel is now nationally recognized, capable and committed to providing first class trauma care."

Established by the American College of Surgeons in 1997, the COT's Consultation/Verification Program for Hospitals promotes the development of trauma centers in which participants provide not only the hospital resources necessary for trauma care, but also the entire spectrum of care to address the needs of all injured patients. This spectrum encompasses the pre-hospital phase through the rehabilitation process.

Verified trauma centers must meet the essential criteria that ensure trauma care capability and institutional performance, as outlined by the American College of Surgeons' Committee on Trauma in its current *Resources for Optimal Care of the Injured Patient* manual.

The ACS Committee on Trauma's verification program does not designate trauma centers. Rather, the program provides confirmation that a trauma center has demonstrated its commitment to providing the highest quality care for all injured patients. The actual establishment and the designation of trauma centers is the function of local, regional, or state health care systems agencies, such as the local emergency medical services (EMS) authority.

There are five separate categories of verification in the COT's program. Each category has specific criteria that must be met by a facility seeking that level of verification. Each hospital has an on-site review by a team of experienced site reviewers, who use the current *Resources for the Optimal Care of the Injured Patient* manual as a guideline in conducting the survey.

The American College of Surgeons is a scientific and educational association of surgeons that was founded in 1913 to raise the standards of surgical education and practice and to improve the care of the surgical patient. The College has over 72,000 members and it is the largest association of surgeons in the world. Longstanding achievements have placed the ACS in the forefront of American surgery and have made it an important advocate for all surgical patients.

GO GREEN WITH A NEW YEAR RESOLUTION

*submitted by Sandy Barnett, State Green Team Coordinator
Bureau of Waste Management, KDHE*

As we move forward in the year 2010 what will you do to help protect the environment? Below are what some people are doing for their New Year Resolution. Try incorporating three, four, five, or more of these into your own daily life.

- Car pool or combine trips and drive more efficiently
- Unplug battery recharger when not in use
- Read pesticide labels and use them properly and carefully
- Convert compact fluorescent lighting to LED little by little
- Buy locally
- Start a green blog
- Replace paper towels with reusable wipes
- Reduce energy consumption
- Give away or sell "stuff" that you don't need or use
- Keep windows clean so sunlight can warm your home
- Be more efficient in the shower; use less water
- Reduce the time you use washer and dryer by 1/3
- Increase recycling efforts both in the home and workplace
- Educate children to protect the environment
- Develop a backyard compost program
- Take the stairs instead of the elevator
- Start an eco friendly & sustainable system rain water collection
- Promote the use of recycled and reusable products
- Expand your garden or plant a tree
- Use corded phones and do away with electrically dependent cordless phones
- Purchase items at local thrift shops instead of buying new
- Turn down the heat or turn up the air conditioner when not at home or work
- Ride a bike instead of driving a car



As a green team or just your own personal resolution, what are some of your ideas to help 2010 become another year of sustainability? Send your ideas to sbarnett@kdheks.gov and we will post them to the [Website!](#)

EARLY DETECTION WORKS BREAST AND CERVICAL CANCER SCREENING PROGRAM

*submitted by Linda G. Redding, Northeast Regional Nurse
Early Detection Works, KDHE*

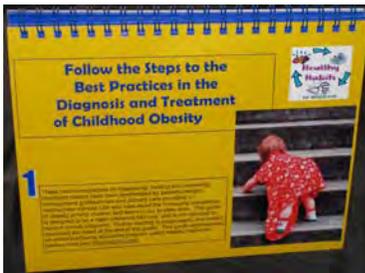


Are you new to the Early Detection Works Breast and Cervical Cancer Screening Program or need a refresher course about the Program? Please check out the online course "Early Detection Works: Kansas Breast and Cervical Cancer Screening Program" via KS-TRAIN at <http://ks.train.org>, course # 1020117. The course will provide essential information needed to understand breast and cervical cancer screening, as well as the ins and outs of how the program works.

FREE continuing nursing education credits will be provided to those nurses who complete the course. The KDHE Children & Family Section is approved as a provider of continuing nursing education by the Kansas State Board of Nursing. This course offering is approved for 1.5 contact hours applicable for RN, LPN, or LMHT relicensure. Kansas State Board of Nursing Provider Number: LT 0252-0972.

BEST PRACTICES IN THE DIAGNOSIS AND TREATMENT OF CHILDHOOD OBESITY

*submitted by Melissa Hudelson, Project Coordinator
Kansas Chapter, American Academy of Pediatrics*



The Best Practices in the Diagnosis and Treatment of Childhood Obesity flip chart is 41 pages of information comprised by experts in the fields of pediatrics and nutrition. With the latest strategies and information on everything from calculating body mass index (BMI) to assessment strategies and staged obesity treatment, this comprehensive guide includes everything healthcare providers need to face the growing issue of childhood obesity. The back cover of the flip chart also contains a compact disc of additional materials and a BMI wheel.

The Best Practices guide is free to participants of the Healthy Habits for Kansas Kids online course which is also free! Healthy Habits for Kansas Kids includes four one-hour modules found on KS-TRAIN, Course # 1015996, 1016561, 1016562, 1016563 and can be stopped and started at the participants' convenience. These participants will receive **FREE** nursing education credit (CEU), or continuing medical education (CME) credit and the Best Practices flip chart after completing the course.

For more information on Healthy Habits for Kansas Kids contact Melissa Hudelson at mel.hudelson@kansasaap.org.

NEWS BRIEFS

Resources to Help Prevent MRSA Skin Infections

submitted by the Public Health Foundation



Suspected methicillin-resistant Staphylococcus aureus (MRSA) skin infections cause 12 million doctor visits each year. It is important for public health and health-care workers, parents, educators, and others to know the steps needed to prevent the spread of MRSA. [PHF's Learning Resource Center](#) offers a variety of [MRSA focused products](#), including the new MRSA: Skin Infection Signs and Symptoms Patient Brochure, click the image on the left to view. Use the brochure and related materials to educate patients about steps to take to prevent MRSA and the warning signs and symptoms of the infection.

Using QI Tools to Make a Difference in H1N1 Flu Immunization Clinics

submitted by the Public Health Foundation



Have you ever wondered how quality improvement (QI) tools can be used to address a current public health need? Read how the Northern Kentucky Independent District Health Department, with assistance from the Public Health Foundation (PHF), used [QI tools to improve its H1N1 flu immunization clinics](#). These same tools can be used by your organization to address current and emerging public health needs. Click the PHF logo to view the full article.

Accessible Emergency Information for Deaf, Blind, and Limited Sight Populations



A new Website from the Northeast Texas Public Health District is a compilation of 18 Emergency Preparedness Topics. These topics and information are formatted to be friendly for deaf, blind, and limited sight populations. The information is in video and downloadable

ment format for public use. There is No Charge for use of the materials posted on this Website. For more information, click the image on the left.

National Report on Human Exposure to Environmental Chemicals



The Fourth National Report on Human Exposure to Environmental Chemicals is the most comprehensive assessment to date of the exposure of the U.S. population to chemicals in our environment. The Centers for Disease Control and Prevention (CDC) has measured 212 chemicals in people's blood or urine—75 of which have never before been measured in the U.S. population. The new chemicals include acrylamide, arsenic, environmental phenols, including bisphenol A and triclosan, and perchlorate. Click the image on the left to view the full report.

Award-Winning Public Health Newspaper Launches New Website



The American Public Health Association (APHA) has launched a new Website for the public health newspaper, The Nation's Health. Staying up on the latest public health news and information has become even easier with the recent launch of The Nation's Health's redesigned, full-service Web site. Click the APHA logo to keep updated.

CDC Provides Guidance for Relief Workers and Others Traveling to Haiti



This notice from CDC is to advise relief workers and other personnel traveling to Haiti to assist with the humanitarian response following the Jan. 12 earthquake near Port-au-Prince. Conditions in the area remain hazardous, including extensive damage to buildings, roads, and other infrastructure. Click the CDC logo to learn more.

Family Food Decision-Making Discussion Guide



The family food decision-making discussion guide from Cornell University College of Human Ecology is the first of a series of discussion guides developed to encourage families to analyze their own food decisions, build goals, and implement change. The family food decision-making discussion guide helps to identify key goals that participants may have. Click the Cornell University logo to view the guide.

JOB OPENINGS

Sedgwick County Health Department

The Sedgwick County Health Department is taking applications for the following position:

- [WIC Registered Nurse 20002055012010](#)

Click on the job number to view details. For more information click the Sedgwick Seal on the right, or contact Jeff Goetzinger, Human Resource Assistant, Sedgwick County Health Department at (316) 660-7333.



NEK-Multi County Health Department Chief Executive Officer Position

The Northeast Multi-County Health Agency providing Public Health, Environmental Health, Home Health and Hospice services is looking for a new Chief Executive Officer for the agency. The minimum educational level is a bachelor's degree with a master's degree preferred. Knowledge of business operations, accounting, human resources, and medical field are required. The candidate should possess good leadership skills and be able to interact with a board of directors, outside businesses and regulatory agencies. A proven record relative to marketing, communication and managerial skills is a must. Salary is commensurate with experience. Please email letter of application and resume by Feb. 16, 2010, to: nekmulti@rainbowtel.net.

FEBRUARY 2010 - HEART HEALTH MONTH RESOURCE TOOL KIT

Data:

1. Kansas BRFSS, <http://www.kdheks.gov/brfss/index.html>
2. KIC General Query, <http://kic.kdhe.state.ks.us/kic/index2.html>
3. Heart Disease and Stroke Maps: <http://www.cdc.gov/dhdsp/library/maps/statemaps.htm>

Programs:

1. Heart Disease and Stroke Prevention - Stroke and Hypertension Month Resource Kit, http://kdheks.gov/cardio/stroke_month_toolkit.htm
2. Physical Activity and Nutrition - Kansas Lean - 21, <http://kdheks.gov/lean/index.html>
3. Healthy Kansas Communities, http://kdheks.gov/bhp/healthy_ks_comm/resources.htm
4. Spend Smart - Eat Smart, <http://www.extension.iastate.edu/foodsavings/>
5. start!, <http://startwalkingnow.org/>

Professional Education:

1. KS-TRAIN at <http://ks.train.org>, "Healthy Habits for Kansas Kids" 1015996, 1016561, 1016562 and 1016563.
2. Educational Materials for Professionals: http://cdc.gov/heartdisease/materials_for_professionals.htm

LOCAL HEALTH SECTION OFFICE OF LOCAL & RURAL HEALTH

<p>Shirley Orr Director Local Health 1000 SW Jackson, Suite 340 Topeka, KS 66612-1365 Office phone – (785) 296-7100 Cell phone – (316) 250-6940 Fax number (785) 296-1231 E-mail address – sorr@kdheks.gov</p>	<p>Jon Anderson Public Health Capacity Development Manager 1000 SW Jackson, Suite 340 Topeka, KS 66612-1365 Office phone – (785) 296-8435 Cell Phone – (785) 231-9828 Fax number – (785) 296-1231 E-mail address – janderson@kdheks.gov</p>
<p>Linda Frazier Public Health Workforce Development Specialist 1000 SW Jackson, Suite 340 Topeka, KS 66612-1365 Office phone – (785) 296-3641 Cell phone – (785) 231-4504 Fax number – (785) 296-1231 E-mail address – lfrazier@kdheks.gov</p>	<p>Debbie Whitmer PH Nurse Specialist 2501-D Market Place Salina, KS 67401-7699 Office phone – (785) 827-9639 Cell phone – (785) 220-8326 Fax number – (785) 827-1544 Email address – dwhitmer@kdheks.gov</p>
<p>Debbie Nickels Kansas TRAIN Administrator 1000 SW Jackson, Suite 340 Topeka, KS 66612-1365 Office phone – (785) 291-3457 Cell phone – (785) 231-4503 Fax number – (785) 296-1231 E-mail address – dnickels@kdheks.gov</p>	<p>Jacob Jackson KS-TRAIN Instructional Specialist 1000 SW Jackson, Suite 340 Topeka, KS 66612-1365 Office phone – (785) 291-3241 Cell phone – (785) 640-6388 Fax number – (785) 296-1231 E-mail address – jjackson@kdheks.gov</p>