

## **Impacting Population Health 2014: *Connecting Local Health Priorities with Healthy Kansans 2020* Executive Summary**

### **Introduction/Background**

In 2013, the Kansas Department of Health and Environment (KDHE) convened a series of seven statewide “listening sessions” to discuss strategies to improve population health through increasing collaborative relationships between public health and primary care providers. As a follow-up to these sessions, in the summer of 2014, KDHE hosted another series of seven regional community meetings to address connecting local community health assessments and improvement plans with Healthy Kansans 2020 (HK 2020), the state health assessment and improvement plan.

Dr. Robert Moser, the State Health Officer and Secretary of KDHE, and Brandon Skidmore, Deputy Director for the Bureau of Health Promotion, opened each meeting with a presentation on HK 2020. The presentation provided an overview of the HK 2020 planning process, framework, and priority strategies (Attachment A). Meeting attendees were then led through three rounds of facilitated, small group discussions to share local initiatives which align with the priority strategies outlined in HK 2020. Large group discussions followed to capture any additional health issues not being addressed in the state plan.

Meetings were organized by staff members from the KDHE Bureau of Community Health Systems. The Wichita State University Center for Community Support and Research (CCSR) facilitated the discussions. Funding was provided by the Kansas Department of Health and Environment in fulfillment of grant expectations of the State Office of Rural Health Grant (H95RH00109) awarded from the Federal Office of Rural Health Policy, Health Resources and Services Administration.

Highlights from the regional meetings are provided in this report.

### **Meeting Attendance**

In order to recruit broad representation from identified organizations or sectors, many specific and individual invitations were issued. Meeting dates and times were also advertised broadly and attendees were recruited generally from community, healthcare, and public health organizations. Recruitment materials suggested attendance from key stakeholders in each community that had a role in leading the Community Health Assessment and Improvement Planning process. Other suggested attendees included representatives from: community health coalitions, local health departments, county Health Officers and medical consultants, primary care clinics and primary care providers, mental health clinics and providers, Sovereign Nations, extension agents, local policy makers, county commissioners, and community hospitals. In total, 235 people attended the seven meetings.

A breakdown of the attendance by region and organizations is provided in the tables below.

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<b>Attendance by Region</b>			
Southeast Region- Chanute, KS	20	North Central Region- Beloit, KS	33
South Central Region- Hutchinson, KS	38	Northeast Region- Topeka, KS	44
Northwest Region- Oakley, KS	17	Kansas City Metro- Olathe, KS	32
Southwest Region- Garden City, KS	51		
<b>Total Attendance</b>			<b>235</b>

<b>Organizations in Attendance: 145</b>		
Local Health Departments (55): Allen, Barber, Barton, Bourbon, Butler, Chautauqua, Cheyenne, Clay, Coffey, Crawford, Dickinson, Edwards, Elk, Finney, Gove, Grant, Hamilton, Harper, Harvey, Haskell, Hodgeman, Jefferson, Jewell, Johnson, Kearny, Lane, Lawrence-Douglas, Leavenworth, Lincoln, Logan, Marion, Meade, Mitchell, Neosho, Osborne, Ottawa, Pawnee, Rawlins, Reno, Republic, Rooks, Saline, Scott, Sedgwick, SEK Multi-County, Seward, Shawnee, Smith, Stanton, Thomas, Wabaunsee, Washington, Wichita, Wilson, Wyandotte		
AWARE NCK	Beloit Medical Center	Blue Cross and Blue Shield of Kansas
Central Kansas Foundation	Children’s Mercy Hospitals and Clinics	City of Wichita
Community Health Center of Southeast Kansas	Community Health Ministry	Community Members
Compass Behavioral Health	Dominican Sisters Ministry of Presence	Finney County Community Health Coalition
Fort Riley Dept. of Public Health	Fort Riley Medical Activity	Garden City Family YMCA
Garden City Public Schools	Garden City Recreation Commission	Health and Human Services
Health Partnership Clinic	Health Reform Resource Project	Healthcare Management and Consulting Services, Inc.
Kansas Association for the Medically Underserved	Kansas Commission on Disability Concerns	Kansas Department of Agriculture
Kansas Dept. of Health & Environment	Kansas Foundation for Medical Care	Kansas Health Foundation
Kansas Health Institute	Kansas Healthcare Collaborative	Kansas Hospital Association
Kansas State University	Kickapoo Tribe	K-State Research and Extension
Liberal Area Coalition for Families	Logan County Commissioner	Meade District Hospital
Medicine Lodge Memorial Hospital and Physicians Clinic	Memorial Health System	Mennonite Friendship Manor
Midwest Dairy Council	Mitchell County Commissioner	Mitchell County Hospital Health Systems
Mother and Child Health Coalition	NCK Wellness Center	Neosho County Commissioner
Neosho Memorial Regional Medical Center	North Central Kansas Public Health Initiative	Northwest Kansas Council on Substance Abuse, Inc.
Northwest Kansas Juvenile Services	Olathe Medical Center	Olathe Medical Services, Inc.
Phillips County Hospital	Pioneer Health Network	Prairie Band Potawatomi Health Center
Pratt Regional Medical Center	Public Health Institute Consultant	REACH Healthcare Foundation
Republic County Hospital	Rooks County Commissioner	Russell Child Development Center
Salina Family Healthcare Center	Salina Regional Health Center	SEK Education Service Center
Shawnee County Medical Society	Shawnee Mission Medical Center	SOCO Consulting
Southwestern College	St. Catherine Hospital	Stormont-Vail HealthCare
Sunflower Health Plan	SW Kansas Environment Planning Group	SW Kansas Regional Prevention Center
The Bank of Northwest Kansas	Thomas County Coalition	Tobacco Free Kansas Coalition
Turner House Children’s Clinic	United Healthcare	United Methodist Mexican American Ministries
United Way of Reno County	University of Kansas	University of Kansas Hospital
University of Kansas Medical Center	University of Kansas-Wichita	USD #266
USD #274	USD #345	VVV Research and Development

Wamego Health Center	West Central Public Health Initiative	Western Kansas Statistical Lab
Wichita State University	YMCA of Southwest Kansas	

### Aligning Local Strategies with Healthy Kansans 2020

The main goal of the 2014 Impacting Population Health meetings was to facilitate regional discussions on how local community health assessments and improvement plans connect, or don't connect, with HK 2020. In addition, cross-sector discussion and collaboration about local priorities was promoted. The goals were achieved through a series of facilitated roundtable and group discussions. Tables in the room were labeled according to the Priority Strategies outlined in HK 2020: Healthy Living, Healthy Communities and Access to Services (Attachment A). Attendees were asked to identify and briefly describe at least one local strategy that their community is currently working to develop and/or implement related to each HK 2020 Priority Strategy. Attendees then completed a Data Collection Tool worksheet (Attachment B) to capture additional data related to that local, community strategy, including the following:

- Who is the target audience?
- Who is the lead organization?
- What organizations are collaborating to implement the strategy?
- Work on this strategy is in what stage of implementation?
- Is the strategy identified in your Community Health Assessment/Health Improvement Plan?
- Does this strategy align with a HK 2020 Strategy?
- What barriers are you encountering?
- Tell us one thing that is working.
- Where is this strategy documented?

Each table then called out examples of local strategies that align with the state plan framework. A total of 323 objectives/strategies were shared across the seven regional meetings. The findings are summarized in the tables below.

<b>Summary of Alignment with HK 2020</b>	
<b>Does this local Objective/Strategy align with a HK 2020 Strategy?</b>	
<i>HK2020 Priority Strategies</i>	
Healthy Living-1	107
Healthy Living-2	31
Healthy Communities-1	64
Access to Services-1	50
Access to Services-2	72
<i>HK2020 Other Strategies</i>	
Healthy Living-3	13
Healthy Living-4	6
Healthy Communities-2	23
Healthy Communities-3	6
Access to Services-3	17
Does not fit in any identified statewide strategies	16
<b>Is this Objective/Strategy identified in CHA/CHIP?</b>	
We have not completed a CHA/CHIP	47
Yes, it was identified in the CHA/CHIP	119
This need was identified in another process	98
No. CHA completed, but strategy not identified as priority	44
<b>Work on this Objective/Strategy is:</b>	
In planning stages of development	109
In the first 0-6 months of implementation	71
>6 months of implementation	134

### What is Working?

Below is a summary of the most commonly reported areas of strength, success and progress with local strategies across all regions of the state. Please refer to the Regional Reports available at [http://www.kdheks.gov/olrh/local\\_health\\_news.htm](http://www.kdheks.gov/olrh/local_health_news.htm) for a comprehensive list of “what is working” in each region. (Numbers show the frequency that an item was mentioned; no number indicates the item was mentioned once.)

What is working?	
Collaboration/partnerships (57)	Community support/buy-in (43)
Tobacco Initiatives/education (18)	Funding opportunities/grants (14)
Wellness programs (13)	Community awareness/education (11)
Successful community gardens (10)	Worksite wellness (9)
Buy-in/engaged partners (9)	Staff/leadership buy-in (9)
Communication (8)	Incentives/recognition (8)
Work by local coalitions (7)	Enthusiasm (7)
Disseminating resources/media support (7)	Community walking trails (7)
Farmer’s markets (6)	Transportation projects (6)
Engaged providers (6)	Data acquisition/collection (6)
Strong leadership/Finding the right champion (6)	Increased access to health care (6)
Improved health outcomes (6)	Policy development/changes (6)
Dental health services/education (5)	Shared resources/best practices (5)
Recycling (5)	Momentum (5)
Regular meetings with community partners (4)	Economic development partnership (4)
School involvement/educating in the schools (4)	Decrease in ER utilization/readmissions (4)

### Barriers

Below is a summary of the most commonly reported barriers across all regions of the state in getting started or making progress on local objectives or strategies. Please refer to the Regional Reports available at [http://www.kdheks.gov/olrh/local\\_health\\_news.htm](http://www.kdheks.gov/olrh/local_health_news.htm) for a comprehensive list of barriers reported in each region.

What barriers are you encountering in getting started or making progress?	
Funding/Cost (96)	Time (47)
Lack of buy-in/ownership (44)	Collaboration (19)
Staffing (17)	Volunteers (15)
Lack of awareness (14)	Lack of participation (12)
Limited resources (10)	Language barriers/cultural differences (10)
Physical barriers/more space/access to land (9)	Lack of education (8)
Resistance to change (8)	Policy implementation (8)
New models of care and delivery systems (8)	Technology limitations (7)
Planning effective outreach strategies (7)	Behavior change (6)
Provider recruitment (6)	Finding a champion/lack of leadership (6)
Politics (6)	Lack of communication (5)
Limited media options (5)	Sustainability (5)
Access to target audience (5)	Partnering with schools (5)
Documentation in electronic medical records (4)	Provider engagement (4)
Government involvement slows the process (4)	Development of policies/plans (4)
Staying engaged (4)	Reimbursement (4)
Youth involvement (4)	Health literacy (4)
Inconsistent/cancelled meetings (4)	

### Areas Not Addressed

As a large group, attendees were asked to identify public health issues not included in HK 2020 which are of interest at the local level. Facilitators took notes on flip charts at the front of the room. A summary of these large group discussions is provided below.

Which areas are not being addressed?	
Oral health services (4)	Teen pregnancy prevention program
Breastfeeding (3)	Recruitment/retention of providers
Underage drinking/youth alcohol task force (3)	Health literacy
Telemedicine/telehealth (3)	Hand hygiene for schools
Health disparities/strategies to address poverty (3)	Spiritual counseling
Housing (2)	Notifiable disease education
Vaccination clinic partnerships with schools (2)	Tobacco policies
Recognize special population needs, e.g. refugees (2)	Community health worker program
Food pantries	Domestic violence
Bicycle safety	Alternative reimbursement models for care coordination
Access to specialty providers	“Stepping On” program (fall prevention)
Access to behavioral health	Quality of untested water supply
Inpatient detox treatment	Emergency preparedness
Problem gambling	Co-location of services, e.g. at schools for students, churches
Suicide prevention	Church-based nutrition education
Prenatal education	Early childhood/youth mental health
Access to emergency care	Worksite wellness
Multi-sector approaches	Transportation
Service for seniors	Mental health
School health services	Infant mortality outcomes
Ensure adequate provider network	Parenting/social modeling
Immunization rates	Integrated delivery models

For additional information about the Impacting Population Health 2014 meetings, please contact Jane Shirley, Director, KDHE Center for Population Health, at [jshirley@kdheks.gov](mailto:jshirley@kdheks.gov) or 785-296-6549.

For access to this document and all meeting materials, including the compilation of strategies reported, visit [http://www.kdheks.gov/olrh/local\\_health\\_news.htm](http://www.kdheks.gov/olrh/local_health_news.htm).