Millions of school hours are lost each year due to dental related illness.

Early tooth loss and dental decay can result in:
- Impaired speech development
- Inability to concentrate in school
- Loss of self esteem
- Damage to permanent teeth

Kansas Department of Health & Environment
Bureau of Oral Health
Curtis State Office Bldg
1000 SW Jackson
Topeka, KS 66612-1365

Phone: 785-296-5116
Fax: 785-291-3959
www.kdheks.gov/ohi
**WHAT IS FLUORIDE VARNISH?**

- Fluoride Varnish is a 5% Sodium Fluoride sticky coating that is painted on teeth to help make the tooth stronger and more resistant to dental decay.
- This temporary coating holds fluoride in close contact with tooth surface for 4 to 6 hours.
- Fluoride varnish can be brushed off the teeth after a few hours or left on the teeth overnight.
- Fluoride varnish is pleasant tasting.
- Studies show that fluoride varnish is most effective when applied at least 3 times a year.
- Fluoride varnish is a Kansas MEDICAID approved procedure.
- Fluoride varnish can be applied at both the medical and dental office.

**OTHER WAYS TO IMPROVE YOUR CHILD’S ORAL HEALTH**

- Visit the Dentist by Age One
- Brush and Floss Daily
- Limit Sugary Snacks and Soda Pop
- Use Dental Sealants on Permanent Molars
- Visit the Dentist & Hygienist Regularly

**IS IT SAFE?**

- Fluoride varnish is safe because it creates a coating over the tooth and is not swallowed.
- Fluoride varnish is safe to use on children of all ages, beginning as soon as they get their first teeth!

Ask our Staff for details on how your child can receive fluoride varnish applications.

Dental Sealants