



Question

Question from an RD:

I know that for a High Risk child, we are supposed to schedule an RD visit at both of the secondary nutrition education visits like on this Flow Sheet. What if the high risk is resolved at the Mid-certification visit? In this example, the child was underweight at the June certification. At the December midcertification visit, the weight is great (no longer underweight or at risk of underweight), the child is healthy and eating well. Should I change the flow sheet for March?

| | |
|-----------------|-------------------|
| June, 2014 | Recertification |
| July, 2014 | |
| August, 2014 | |
| September, 2014 | High Risk (RD) |
| October, 2014 | |
| November, 2014 | |
| December, 2014 | Mid-Certification |
| January, 2015 | |
| February, 2015 | |
| March, 2015 | High Risk (RD) |
| April, 2015 | |
| May, 2015 | |
| June, 2015 | Recertification |

Answer

| | |
|-----------------|-------------------|
| June, 2014 | Recertification |
| July, 2014 | |
| August, 2014 | |
| September, 2014 | High Risk (RD) |
| October, 2014 | |
| November, 2014 | |
| December, 2014 | Mid-Certification |
| January, 2015 | |
| February, 2015 | |
| March, 2015 | Nutrition Ed + |
| April, 2015 | |
| May, 2015 | |
| June, 2015 | Recertification |

With the change to one-year certification for children, this was clarified in policy [NED 02.03.00 Nutrition Education contact – Second, High Risk](#). The policy specifies, “If the high risk condition has been documented as resolved, the nutrition education after the mid-certification may be low-risk.” To clearly document the high risk as resolved, the client note should state something like, “Weight gain has been good. Growth chart shows no longer underweight. Flowsheet for next secondary nutrition ed will be changed to NE+.” (or NE-I, as desired.)

Remember that the Flowsheet is the client’s care plan so it is important the record show that the plan was intentionally changed. (Plus, when state staff review the record, it is clear the original plan was correctly made for two RD visits.) Risk factors such as Low Birth Weight or Preterm do not “resolve” so the care plan should remain for two RD visits.

