

**KANSAS WIC INFORMATION MEMORANDUM**  
**KANSAS-WIC-I-2015-11**

**TO:** Parent and Sub-Agencies

**FROM:** Dave Thomason  
Nutrition & WIC Services Director

**DATE:** August 24, 2015

**RE:** Food Package – Summary of Changes  
Vendor Management – Minimum Stock Exemption Form  
Items of Note for LA staff based on recent USDA Management Evaluation of the SA  
Training: New Employee Breastfeeding Training, Wichita, Nov. 18, 2015  
KWIC Focus-KWIC Moving to SQL Server platform; Q&A with Risk Factors  
Training: Additional Educational Opportunities

**Summary of Food Package Changes**

The 2015 Client Program Booklet (WIC approved food booklet) will be arriving at clinics in September. Clinics will be notified of the ship date as soon as the SA is notified. There will be an initial shipment sent to clinics based on the number of households. After this initial shipment, clinics may order additional Client Program booklets from the Brush Art website. If you have questions about the Client booklet contact Julie Ornelas at 785-296-0094 or [jornelas@kdheks.gov](mailto:jornelas@kdheks.gov).

The Vendor Program Booklet is currently estimated to be delivered to grocery stores the week of September 14<sup>th</sup>. Vendors are getting program booklets based on the number of cash registers and customer service locations. New shelf labels will also be shipped. Stores can order additional supplies by using the Materials Order Form found on the WIC website in the Information for WIC Vendors, under the Forms and Newsletters at: [http://www.kansaswic.org/vendors/forms\\_and\\_newsletters.html](http://www.kansaswic.org/vendors/forms_and_newsletters.html)

Client educational materials and links to resources on the WIC website will be sent at a later date. Agencies will receive the actual food policy changes in the September P-Memo along with other policy changes that will take effect on October 1. Vendors will receive a September Vendor Memo that will outline the changes and notify them to expect new Vendor Program Booklets and WIC Shelf Labels. Stores will need to have copies of both food booklets for the three month overlap of October 1, 2015 through December 31, 2015.

The **main changes to approved foods** effective on October 1, 2015 are: **Client options to purchase Yogurt and Whole Wheat Pasta and limiting the purchase of fruits and vegetables to ‘fresh only.’ Canned and frozen will no longer print on checks issued on or after October 1, 2015. Yogurt and whole wheat pasta will be brand and size-specific. (See the “Summary of Changes” sheet.) Please remember there is a three month overlap, October through December, when both old and new food booklets are in effect.**

Clients should be informed that stores are not required to carry quarts (32 ounces) of yogurt or 16 ounce packages of whole wheat pasta. Local Agency staff, such as the Vendor Manager, may contact their local stores to find out if they do carry a 32 ounce container of yogurt and/or a 16 ounce package of whole wheat pasta. As with other products, if a client would like a product not carried by the store, they are encouraged to speak with customer service or the store manager about the possibility of carrying the product especially if that's the store where they regularly shop.

The table below summarizes the issuance of yogurt. Since yogurt is a substitute for one quart of milk, it can be a great combination with one pound of cheese, but it can also be issued without cheese.

| Food Item                 | Food Package 4a<br>Child 12 to 24 mo old   | Food Package 4b<br>Child 2 to 5 yr old  | All Women   |
|---------------------------|--|---|---|
| Whole Milk Yogurt         | Substitute 32 ounces (1 quart) for 1 quart milk. Only 1 quart yogurt per food package is allowed | NA  | NA  |
| Low-Fat or Non-Fat Yogurt | N/A  | Substitute 32 ounces (1 quart) for 1 quart milk. Only one quart yogurt per food package is allowed. | Substitute 32 ounces (1 quart) for 1 quart milk. Only 1 quart yogurt per food package is allowed. |

**ACTION REQUIRED:** Please review the changes with all WIC staff, you may copy the “Summary of Changes” sheet and use it as a guide while talking to clients and vendors about the upcoming changes.

**Minimum Stock Exemptions**

The Minimum Stock Exemption form has been revised to reflect the change to Gerber Good Start Soy. Attached is a copy of the revised form. This form will also be included in the September P-Memo of all the policy revisions that will be effective 10/01/2015.

**ACTION REQUIRED:** LA Vendor Managers should work with vendors to update their minimum stock exemptions using the new form. This can be done all at once or can be accomplished as monitoring visits occur. As exemption forms are completed, please enter a Note in LA Vendor Management in KWIC, title it “Exemptions” and in the body of the note state which formula(s) and if baby food is exempt (specifying which baby food is not necessary). Also be sure to send a copy of the completed form to the SA.

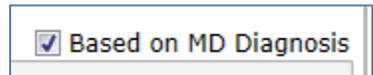
**Items of Note for LA staff based on recent USDA Management Evaluation of the SA**

The SA received a USDA Management Evaluation (ME) this year. The ME included visits to the Sherman County and Shawnee County WIC Programs. Thank you to all the Sherman and Shawnee WIC staff, particularly Rhea Daise, Sherman County WIC Coordinator, and Kay Powell, Shawnee County WIC Coordinator.

There were some areas identified that need to be strengthened. Listed below are some of these areas, particularly related to nutrition. Included is guidance that can be used by LA staff to ensure they are in compliance with SA Policies. Other areas will be addressed as upcoming policy and procedure changes.

- Per policy NED 01.00.00 nutrition education should be appropriate and include a few relevant messages on issues important to clients and their family that relate to needed health behavior changes. There should be documentation in the client's KWIC record of the education provided and the rationale behind the chosen topics. It is not appropriate to provide education on a long list of topics in order to try to cover everything.
- A part of the WIC nutrition education process involves goal setting **by the client**. This should **involve families in self-assessment and self-directed goal setting** in order to encourage progress with behavior change. LA staff should never set a goal for a client or use a standard suggested goal for all clients. LA staff should listen to the client's questions and concerns and when a client is struggling to identify a specific area they would like to work on, the LA staff can use the client's interests to mutually formulate a goal and plan. It is best not to use the word "goal" with the client. The staff person might say, "So you've mentioned that you're somewhat concerned about X, and as part of our assessment, we've seen Y. Would you be interested in working on one of those two in the next couple months, or is there something else you'd rather work on?" Remember, the client is the primary driver of this process.
- Although the usual check issuance and appointment pattern is to give checks for 3 months and schedule clients every 3 months, WIC staff have the option to give 1 or 2 months of checks and schedule a client to return sooner. This is especially important with high risk clients who have a pressing health issue that needs more immediate attention. For example, a client identified as high risk due to underweight and continues to lose weight should probably be scheduled to see the RD sooner than 3 months. Per Policy NED 02.03.00, in a situation where the RD is scheduled quarterly and a high risk client has a critical need for nutrition consultation by the RD or IBCLC, an appointment may be conducted via phone or webcam. (Phone/webcam consultations should not be used on a regular basis.)
- It was determined that often the initial iron deficiency anemia screen for infants/children during certification occurred at 13 months of age. Several years ago, the Kansas WIC Program integrated screening with the CDC recommendations with the intention that most of the infants turning 1 year old would have a certification appointment and hemoglobin test shortly before their 1 year birthday. Policy CRT 07.02.01 Determine Nutritional Risk – Hematological Test for Anemia specifies "If the infant is less than 6 months of age at the initial certification, a hemoglobin / hematocrit is not required until 9 - 12 months of age. Infants may be routinely screened at 12 months of age. LAs are encouraged to schedule this appointment prior to the infants first birthday." Also, when the FFY 2016 PPM changes are released in the October 2015 P-memo, Policy CRT 03.03.00 Certification & Recertification Appointments will have this additional statement, "When scheduling a recertification for an infant turning one year old, try to schedule before they actually turn one year old." We want to remind all local agency staff of this scheduling detail which enables us to generally follow the CDC periodicity recommendations.

- In general, nutrition risk factors were good! We have a few reminders.
  - Assumed Risk for Women and Children over Age 2 Years and Assumed Risk for Infants and Children between 4 and 24 Months.
    - Applicants of the appropriate age, who meet the income and residential eligibility requirements, may be presumed to be at nutrition risk based on failure to meet Dietary Guidelines **after the Kansas WIC Program Diet Questionnaire has been assessed and no other risk factors are identified.** For this criterion, failure to meet Dietary Guidelines is defined as consuming fewer than the recommended number of servings from one or more of the basic food groups (grains, fruits, vegetables, milk products, and meat or beans) based on an individual’s estimated energy needs.
    - This means that during a certification appointment, all other risk factors should be screened for first. If “Assumed” is used, it should be the only risk factor at the certification.
  - Depression – Watch for more details about this risk factor in a future newsletter. Also, the FFY 2016 PPM changes will list these definition changes:
    - Depression needs to be documented as diagnosed by physician, but can also now be diagnosed by a clinical psychologist.
    - Definition is “Clinical depression, including postpartum depression”
    - Depression was deleted as a risk factor for Children.
  - Certain nutrition risk factors require documentation of physician diagnosis. This is easily accomplished by marking the “Based on MD Diagnosis” on the Assign Risk Factor tab. The risk factor definitions in the Nutrition Risk Factor Manual specify if a diagnosis is required. Also Table 3 in the back of the Risk Factor Manual for each client category lists the risk factors requiring documentation of physician diagnosis. Remember that the client can self-report the diagnosis. For example, if a client indicates that she has diabetes, staff can probe with a question like, “How did you find that out?” and go on with the probe about the condition, treatment, status, etc. We encourage all certifying staff to review Table 3 in the Nutrition Risk Factor manual for each category.
- Watch for future guidance about maintaining equipment such as scales and HemoCue equipment.



We also thought that all Local Agency staff would like to see what the federal reviewers identified as Noteworthy Initiatives in Kansas and specifically Sherman and Shawnee County WIC Programs. **Noteworthy Initiatives** are defined as “Projects and practices worthy of recognition and sharing with other State agencies for replication.”

- **Noteworthy Initiative:** The State agency has implemented a statewide texting system that has helped to improve no-show rates at local agencies. For example, at the Sherman County local agency, the no-show rate has dropped as low as 12% for some months. The agency attributes this to a text or email that is sent to the client one day prior to the appointment.

Additionally, the State agency adds a sticker on the Food List that has a list of the participant's future appointments (the clients are instructed to bring this list with them to each appointment). A

letter is also included in the food list informing the client what information needs to be brought to each appointment. Clients were interviewed by FNS staff during the ME and they stated that they rely heavily on the text messages that were sent the day before. This is an excellent example of maximizing the use of current technology to decrease no-show rates for WIC appointments.

- **Noteworthy Initiative:** The State agency ensures that clients know they have a right to be treated fairly by all local agencies. The State agency requires that the local agency clinics have the Public Notification Requirements and Nondiscrimination Policy posted where applicants and participants can easily see it. In addition, the State of Kansas has made another handout in a bold yellow color that clearly states an applicant and/or participant can request a hearing if they do not agree with a decision that was made by the clinic. This handout has large print and is very easy to read. It makes the description of the fair hearing process much easier to understand and easier to see. This is a great way to ensure that clients understand that there is a fair process available if they believe they were treated unfairly. This handout also instills trust in clients that the clinic staff care about their needs and concerns.
- **Noteworthy Initiative:** The Kansas WIC Program allows 30 day temporary certifications when one of the required documents is not provided by the client at the certification appointment. This allows the participant to be certified for 30 days only. If the participant does not bring in the required proof in 30 days they will be terminated from the program. The KWIC system shows on the demographics screen in red "30 day TEMP Cert" and how many days are left in the 30 day period before the participant is terminated. This is valuable because it provides the WIC employee a very visible reminder and timeline for tracking how long the client has to bring in the required proof before termination actions need to be taken.
- **Noteworthy Initiative:** The Kansas Department of Health and Environment (KDHE) has a strong Breastfeeding Peer Counselor (BFPC) and breastfeeding program and provides extensive training and oversight of the State's 39 BFP counselors. KDHE produced 12 modules for new Breastfeeding Peer Counselors to complete upon hire. These modules are narrated by the State Breastfeeding Peer Counselor Program Coordinator and are based on the Loving Support training materials. In addition, each local agency that employs a BFPC must complete a Clinic Self-Monitoring Form which identifies pertinent information required to have a successful BFPC program. Local agencies also are required to complete a Quarterly BFPC Program Performance Measurement Quarterly Report which includes a required observation and evaluation of the BFPC be completed annually.

All new WIC employees are required to complete the breastfeeding training module, *WIC Breastfeeding Basics*, and attend "*Using Loving Support to Grow and Glow in WIC: Breastfeeding Training*" which is offered two times per year. Competent Professional Authorities must also complete the *Breastfeeding Challenges* training module. All local staff are encouraged and supported to attend additional training in breastfeeding promotion support. The State agency also has a policy requiring that breastfeeding be discussed at the initial pregnant certification appointment and at every subsequent appointment. The outcome of the State agency's strong BFPC and breastfeeding program has led to the KDHE WIC program's successful breastfeeding initiation rate of 74% for 2014.

- **Noteworthy Initiative:** The State agency is to be commended for making "Baby Behavior" training and materials available to all local WIC agencies. The Kansas WIC Program adapted information from the California WIC Baby Behavior information and the UC Davis Human Lactation Center as

part of the FITWIC Baby Behavior Study. Materials are targeted towards late pregnancy, breastfeeding, postpartum and infancy. WIC participants receive an "Understanding Your Baby's Behavior - Birth to 6 months" booklet that provides education on a variety of topics, including how babies communicate, hunger cues, why babies cry and understanding sleep. The State agency provides local agencies with the following Baby Behavior materials: Baby Behavior Magazine, What Your Baby Is Saying, Understanding Your Baby's Hunger Cues, Understanding Your Baby's Sleep, and Why Does Your Baby Cry, in addition to Bringing Home Baby and Let's Eat.

- **Noteworthy Initiative:** The "Eat Grow Live Healthy" series of brochures, developed by Kansas WIC, are beautiful and provide valuable information. The content is filled with developmentally appropriate nutrition milestones for each age group and all categories of participants. These materials are double-sided with English on one side and Spanish on the other. These brochures provide an outstanding source of quality nutrition education information and the State is to be acknowledged for their work in developing this series.
- **Noteworthy Initiative:** The Shawnee County WIC office developed a creative, colorful, fun bulletin board lesson titled "Rainbow Road." The lesson is an interactive bulletin board display used as a second nutrition education contact for low risk participants. The reviewers observed the WIC Clerk providing the lesson based on a script and instructions she was provided. It was a quick, interactive, informative lesson in which the participant left knowing the nutrients and health benefits from choosing foods from the color group she selected. At the end of the activity the participant was handed a recipe card from that color group she selected and a list of Farmers Markets in the county.
- **Noteworthy Initiative:** The Sherman County Health Department has established a great community resource for offering nursing mothers breastfeeding supplies within the Health Department building. The Breastfeeding Boutique is open to the public and located down the hall from the WIC clinic. The boutique offers breast pumps, breast pump attachments, nursing bras/pads, and a variety of breastfeeding support products at a reasonable cost. This is a great resource for breastfeeding moms in the community.

**ACTION REQUIRED:** Review with staff.

**Training: New Employee Breastfeeding Training, Wichita, Nov. 18, 2015**

Every local WIC staff person is an important part of a mother's breastfeeding support team. The next Kansas WIC New Employee Breastfeeding Training ("Using Loving Support to Grow and Glow in WIC") is set for Wednesday, November 18, 2015 in Wichita.

**Registration is through Kansas TRAIN. <http://ks.train.org>**

**New employees should already have set up a KS-TRAIN account, but if needed, see [Using KS-TRAIN for WIC Training](#) for basic instructions to set up a new KS-Train learner account.**

- **Search for Course # 1032999.**
  - **Registration deadline is November 9.**
  - Cancellations received prior to Nov. 9 will be refunded.
  - Cancellations received after Nov. 9 will not be refunded and will be billed if not paid.
  - Payment is due by Nov. 18. Do not delay registering on KS-TRAIN to wait for your business office to prepare payment. Late payment can be arranged. Call for approval.
- 
- Who should attend?
    - All WIC staff members are to complete the New Employee Breastfeeding training within one year of WIC employment. It is acceptable to wait for the next training as long as the person will have been employed in WIC for less than one year by the time they attend.) “All WIC staff” means all staff members who interact with WIC clients, including Breastfeeding Peer Counselors. The training is geared for new employees. However, any staff member who has missed earlier training should attend.
    - Space permitting, we will allow non-WIC staff such as Healthy Start Home Visitors to attend.
  - **Registration fee is \$25 for WIC staff and \$45 for non-WIC staff.** Continental breakfast, lunch and snacks will be provided.
  - Training will last one full day. Registration/breakfast begins at 8:00 AM. Sessions begin at 8:15 AM and end by 4:45 PM.
  - Location: Wichita State University, Hughes Metropolitan Complex, Sunderman Commons, 5015 E. 29<sup>th</sup> North (SE corner of Oliver & 29<sup>th</sup>), (316) 978-3258.
  - We will apply for continuing education credit for licensed dietitians. We are still deciding if we will apply for continuing education for nurses or if they will be provided with information to submit for individual approval.
  - Those needing overnight lodging will need to make their own arrangements. Overnight lodging will only be reimbursed for staff whose normal workplace is > 30 miles away. See ideas for some hotels on Wichita Convention & Visitors Bureau’s website.  
<http://www.gowichita.com/visitors/where-to-stay/>
  - See more details in registration information on Kansas TRAIN.

The next New Employee Breastfeeding Training will be in Topeka in June 2016, with exact date to be determined. Coordinators may choose to wait and send new employees then as long as the person will have been employed in WIC for less than one year by the time they attend.

**ACTION REQUIRED:** Inform appropriate staff. As appropriate, register for New Employee Breastfeeding Training in Wichita by November 9. **When registering, be sure to indicate if continuing education hours**

are desired (CNE = nursing or Dietitian CPE). Contact Patrice Thomsen at [pthomsen@kdheks.gov](mailto:pthomsen@kdheks.gov) or 785-296-1189 with questions or the need to register late.

**KWIC Focus- KWIC is moving to a SQL Server platform and Q&A with Risk Factors**

This month's issue of *KWIC Focus* is included at the end of this memo and is also available on the web site at [http://www.kansaswic.org/local\\_agencies/kwic\\_focus\\_newsletter.html](http://www.kansaswic.org/local_agencies/kwic_focus_newsletter.html)

**ACTION REQUIRED:** Have all staff read *KWIC Focus*.

**Training: Additional Educational Opportunities**

- Webinar on Child Retention Strategies in WIC: On August 26, from 1-2 pm Central Standard Time, FNS will host a one-hour webinar describing WIC child retention strategies currently underway for all State and local WIC agencies. The webinar will highlight three State agencies that have developed initiatives to increase the participation of children between the ages of one and four. The National WIC Director will provide an introduction and overview of the issue. The Arizona WIC Program will describe their focus group findings about obstacles to continued participation in WIC as well as describe their WIC Special Project Full Grant. The Vermont WIC Program will describe their WIC Special Project Mini Grant – WIC2Five: Using Mobile Health Education Messaging to Support Program Retention. The Minnesota WIC Program will describe their outreach/education to medical providers of WIC participants to encourage their continued participation in WIC.  
Save the date! To attend please go to:  
[http://www.nal.usda.gov/wicworks/Topics/WICChildRetentionWebinar\(8-26-15\).pdf](http://www.nal.usda.gov/wicworks/Topics/WICChildRetentionWebinar(8-26-15).pdf)  
The webinar will be recorded for future viewing.
- CAPPa Certified Lactation Educator (CLE) Trainings. Save the date for the next training– September 28-30, Garden City, KS. The instructor is Stephanie Henry, who is also a WIC staff member in Neosho County. To register, this website link is the easiest because it goes right into the instructor's website to register . . . . <http://breastfeedin1.wix.com/mwla>. Click the "register" button. When it asks for a password, use GARDEN. Or go to <https://www.eventbrite.com/e/cappa-20-hour-lactation-educator-course-cle-training-garden-city-kansas-tickets-16483907812> password GARDEN  
Do you have questions about CAPPa 20 Hour Lactation Educator Course (CLE) Training in Garden City, Kansas? [Click here to contact Midwest Lactation Academy Stephanie Henry.](#)  
**Note:** Actual certification requires considerable more commitment than just attending the course so WIC staff might just want to register for taking the course without the certification option. The training will still be valuable.
- An online breastfeeding continuing education tutorial titled: "Expanding Pediatricians' Roles in Breastfeeding Support Continuing Medical Education (CME) Online Tutorial" is available. There is no charge for this tutorial. To access the program, click on or cut and paste this link into your browser:  
<http://www.northeastern.edu/breastfeedingcme/index.html>

**ACTION REQUIRED:** Share information with appropriate WIC staff about these continuing education opportunities. WIC staff is encouraged to attend additional nutrition and breastfeeding trainings and

conferences. Consider sending appropriate WIC staff to trainings and conferences according to your local agency training needs and as the local agency budget allows. The SA encourages WIC staff, if appropriate, to also obtain funding through - [ADM 11.02.00 Financial Support for Local Agency On-Going Training](#).

This policy provides information on the possibility of obtaining financial support from the SA for additional training. Be aware that the policy specifies that staff time is not covered in these special funds. Appropriate staff time would be covered under regular WIC funds or other county funds as approved by supervisor. If additional regular WIC funds are needed for staff time, contact your SA lead for guidance.

If you have any questions regarding this memo, please contact the state staff member assigned to your agency.

Items: KWIC Focus  
Minimum Stock Exemption Form  
Summary of Changes to the WIC Approved Food List



## Coming Up Soon

On Friday, October 23, 2015 at the end of clinic hours, all of the KWIC software applications will be moving from a Sybase platform to a SQL Server platform. There will be nothing that staff will need to do with regards to KWIC, as this will happen behind the scenes. It will not affect any log ons or any links that staff currently have on their computer. We are recommending clinics schedule appointments lightly on the morning of Monday, October 26, 2015 just in case there are any complications, which we do not foresee happening. Rigorous testing on all the applications is still in process to ensure a smooth transition between the two platforms before the applications are officially moved.

## Q&A with Risk Factors

### Question from a Local Agency:

“When you select a Risk Factor at Certification, you can't pick it again at the Mid-certification. If you move all Risk Factors over during a Certification, then what will you move over during a Mid-certification? Or is it okay to just review the Risk Factors and add as needed and document any changes in the notes as needed?”

### Answer

Your second question is exactly right. At the Mid-certification visit, you are to review the risk factors and add any new, as appropriate. Sometimes a Risk Factors might be auto-calculated (e.g. now overweight), or sometimes might be determined by staff (e.g. now inappropriate use of a cup.). As you have seen, at the Mid-certification you cannot remove any that are resolved (e.g. potential breastfeeding problem) because that is what certified them for the whole year. In such a situation, you would make an explanatory note about the resolution. For example, while in Ellsworth County, State staff observed that the RD at Mid-certification would write “resolved” in the risk note if the risk factor at certification was no longer valid at the mid-certification. That is a good idea particularly for high-risk risk factors, when the staff also then will change the flow sheet (care plan) for the next secondary nutrition education to a low-risk visit. (Refer to the [February 2015 KWIC Focus](#) for details about changing the Flow Sheet.)

Often there are no new risk factors to add at the Mid-certification, but you still are required to open the KWIC Risk Factor window to show a review was done. Refer to Item 5 in the procedure of: [http://www.kansaswic.org/manual/CRT\\_03\\_04\\_00\\_Mid\\_Certification\\_Appointments\\_for\\_Infants.pdf](http://www.kansaswic.org/manual/CRT_03_04_00_Mid_Certification_Appointments_for_Infants.pdf)



## KANSAS WIC PROGRAM MINIMUM STOCK EXEMPTION FORM

I, \_\_\_\_\_, an authorized representative of \_\_\_\_\_  
located at \_\_\_\_\_

Street Address

City

State

Zip

County

request an exemption from the minimum stock requirements of the Kansas WIC program. I am requesting this exemption for the product(s) noted below due to a lack of demand for infant formula or baby food at the store located at the address indicated above.

**Products selected are approved for exemption:**

|   |                                 |                                      |
|---|---------------------------------|--------------------------------------|
| Gerber Good Start Soy                       | <input type="checkbox"/> Powder | <input type="checkbox"/> Concentrate |
| Similac Advance                             | <input type="checkbox"/> Powder | <input type="checkbox"/> Concentrate |
| Similac Sensitive Fussiness & Gas           | <input type="checkbox"/> Powder |                                      |
| Baby food (specific baby food not required) | <input type="checkbox"/>        |                                      |

I understand and agree:

- This exemption is for this location only and is for the indicated product(s) only.
- If a WIC client or a WIC staff member requests a specific infant formula or baby food (as listed above) the requested product will be ordered at once.
- Every effort will be made to make the requested product available to participants within 72 hours of the request.
- Any abuse of this exemption may result in the revocation of the exemption and may also result in disciplinary action against the store.
- This exemption may be revoked at any time at the discretion of the WIC program.

\_\_\_\_\_  
Signature of Authorized Store Representative

\_\_\_\_\_  
Date

Local Agency Approval:

\_\_\_\_\_  
Name of Authorized Local Agency WIC Staff

\_\_\_\_\_  
Date

A copy of this form must be maintained and available for review at the site of the WIC vendor.

**A copy of this form must be on file at Local and State Agency levels.**

# Kansas WIC Program

## Approved Foods

### Summary of Changes

This summary details changes that are effective October 1, 2015. These changes affect WIC checks that are printed on or after October 1, 2015. WIC checks printed prior to October 1 will contain foods from the current approved list which was effective March 2014.

#### MAJOR CHANGES:

##### Fruit/Vegetable Checks (FVCs)

- ◆ **Changed from fresh, canned and frozen to 'fresh only'**
- ◆ **Minimum stock requirements are:**
  - **2 varieties Fresh Fruits**
  - **2 varieties Fresh Vegetables**

##### Whole Grains

- ◆ **Added whole wheat pasta in the 16 oz size containers**
- ◆ **Brand and 16 oz size specific**
  - **No minimum stock requirements for pasta**

##### Yogurt

- ◆ **Added whole, low-fat, non-fat yogurt in original/plain, vanilla, and strawberry in 32 oz size containers**
  - **No minimum stock requirements**

#### MINOR CHANGES:

##### Canned Beans

- ◆ **Added the list of types of approved legumes/beans**

##### Tofu

- ◆ **Added the list of approved brands and sizes to the booklet (three brands)**

##### Babyfood

- ◆ **Added the list of approved brands**

#### BRAND CHANGES:

- ◆ Juice, e.g. added Market Pantry and removed Best Choice concentrates
- ◆ Cereal, e.g. added Food Club

#### NO CHANGES:

- ◆ Milk, Eggs, & Cheese
- ◆ Fish
- ◆ Soy Beverages
- ◆ Peanut Butter
- ◆ Dried Beans/Peas