

Resources for Clinic Use for Client Education regarding 10/1/14 milk change

Effective October 1, 2014 children and women's food packages will include skim, ½%, and 1% milk. These packages will no longer include 2% milk. This is a change due to the USDA WIC Final Food Rule. It is a mandatory change. CPAs will be able to tailor for 2% milk, for certain risk factors. The risk factors include underweight for children and maternal weight loss during pregnancy.

The SA is developing two posters that will be sent to all WIC clinics and can be used to post for client education on this topic.

The following items are available for clinics to print if they would like to use them for client education.

http://www.kansaswic.org/download/moovetolowfatmilk/2-percent_milk_poster.pdf

This is one poster that is being adapted for Kansas' use and will be sent to all clinics. This version could be also be printed by a clinic and used as a handout or for posting. Note that this linked version only lists 1% and fat free (skim) milk. This poster was created by the Florida WIC program; they have never offered ½% milk due to lack of availability. Has both English and Spanish.

http://www.kansaswic.org/download/moovetolowfatmilk/KS_Skim_or_one-half_or_1_percent.pdf

Designed as a handout. Because it is short could also be used for posting. Has both English and Spanish.

http://www.kansaswic.org/download/moovetolowfatmilk/lowfat_dairy_handout.pdf

Best for a handout. Has both English and Spanish.

http://www.kansaswic.org/download/moovetolowfatmilk/lowfat_milk_handout.pdf

Could be used as a handout or for posting. Has both English and Spanish.

<http://www.coloring-pages-kids.com/coloring-pages/animal-coloring-pages/farm-animals-coloring-pages/cows-coloring-pages-gallery.php>

link for cow coloring pages that can be printed

<http://www.nationaldairyCouncil.org/recipes/Pages/RecipeLanding.aspx>

link to milk and dairy recipes from the National Dairy Council