

WIC Abbreviations From Local Agencies	
A:	Assessment
AAP	American Academy of Pediatrics
ab or AB	Abortion (sp=spontaneous in= induced)
abbrev	abbreviated
ABW	Adjusted Body Weight
ac	Before Meals
abd	Abdominal
ABD, abd	abdomen
ABM	artificial baby milk
abx	Antibiotics
ad lib	As desired
A/D	Alcohol/Drug
ADD	Attention Deficit Disorder
Add	Address
ADHD	Attention Deficit Hyperactivity Disorder
admin	administration
ADL	Activities of Daily Living
Adol	Adolescent
adm	Admitted/admission
adq	adequate
adqu	adequate
adv	advise/advised
adv	advance
Adv	Advance baby formula
AFB	acid fast bacillus
AH	adult health
AIDS	Acquired Immunodeficiency Syndrome
aka	Also known as
Alt.	Alternate
alap	As long as possible
Alcohol	ETOH
am ot AM	Morning (0000 hours to 1159 hours)
AMA	Against Medical Advise
amt	Amount
Ans Mch	Answering Machine
app	appetite
appro	Appropriate
approp	Appropriate
approx	Approximate/Approximately
Appt or appt	appointment
Apr	April
APS	Adult Protective Service
apt	apartment
ARNP	Advanced Registered Nurse Practitioner
ASA	Aspirin
asap or ASAP	As soon as possible
Assess	Assessment
assis	assist/assisting
Aug	August
Ave	avenue

B	
B	Brother
BAM	Becoming a Mom class
BC	Birth Control
b/c	because
BCM	Birth Control Method
BCP	Birth Control Pills
b/c	Because
BCYF	Bureau for Children, Youth and Families
bfr	Boyfriend
BF	Breastfeeding
Bfing	breastfeeding
BFC	Breastfeeding Coordinator
BFF	Breastfeeding Follow Up
BFPC	Breastfeeding Peer Counselor
BH	Behavioral Health
bid	Twice a day
Bkfst	Breakfast
bldg	building
BLS	Blood Lead Screen
BM	breastmilk
BM	Bowel Movement
BMI	Body Mass Index
BMR	basal metabolic rate
b/n	between
BoF	Bottle Feeding
BP	Blood Pressure
BPC	breastfeeding peer counselor
Bpump	breast pump
br or Br	Breast
BRAT	Banana/Rice/Apple Juice/Tea diet
BS	Blood Sugar
BSN	Bachelor of Science - Nursing
BTB	break through bleeding
BTL	Bilateral Tubal Ligation
BW	Birth Weight
Bx	Biopsy
C	
C	Child
c	With
C-Section	Caesarian Section
Ca	Cancer
Ca+	Calcium
canc	Cancelled/Cancellation
cap	capsule
CAT or CT	Computerized Axial Tomography
cb	canned beans
CBC	Complete Blood Count
CBE	Certified Breastfeeding Educator
cc	cubic centimeter
CC	Chief Complaint

CCL	Child care licensing
CD	Chemical Dependency
CD	communicable disease
CDC	Centers for Disease Control and Prevention
cert	certification
CUE(s)	Continuing Units of Education
CF	Cystic Fibrosis
cg	Caregiver
ch	cheese
CH	child health
chf	congestive heart failure
chg	Change
CHO	Carbohydrates
Chol	Cholesterol
chs	cheese
chx/chxn/chix	chicken
CIB	Carnation Instant Breakfast
cig or CIG	Cigarette(s)
CIN	cervical intraepithelial neoplasia
cks	checks
cks	Checks
clt or CLT	Client
CM	Case Manager
cm	Centimeter
CNM	Certified Nurse Midwife
cns	central nervous system
Co	County
c/o	Complains Of/ Complains
COC	Combined oral contraceptive
conc	Concentrate
cond	conditions
cons	Consumer
cont	Continue/Continued
CP	Check Pick Up
CPA	Competent Professional Authority
CPS	Child Protective Service
Crt	Court
C/S	Cesarean Section (C-section)
CSE	Child Support Enforcement
CSFP	Commodities Supplemental Food Program
ct	client
CT	Chlamydia Trachomatis; computerized tomography
CVA	cerebrovascular accident
cx	cervix
CXR	Chest X-ray
D	
D	Daughter
d	day
db	decibel
db	dried beans
D & C	Dilation and Curettage

DC	Discharge
d/c	Discontinue
dc'd	discontinued
DD	Developmentally Delayed
DDS	Dentist
Dec	December
dec	Decrease
demo	demonstration; demonstrated
Denver II, DDST	Denver Developmental Screening Test
dep	Depression
Depo	Depo-Provera
dept	Department
DES	Diethylstilbestrol
dev	development
disc	Discussed
disch	discharge
div	divorce
DL	driver's license
DM	Diabetes Mellitus
DMPA	depo-medroxyprogesterone acetate
DNKA	Did Not Keep Appointment
DNR	do not resuscitate
DNS	did not show
DO	Doctor of Osteopathy
DOB	Date of Birth
DOD	Date of Death
DPT, DTP	diphtheria, pertussis, tetanus
Dr	Doctor
dr.lic	driver's license
d/t	Due to
Dtap	diphtheria Tetanus acellular pertussis
DUI	Driving Under the Influence
DV	Domestic Violence
dx or DX	Diagnosis
Dz	Disease
E	
ea	each
EBM	Expressed Breast Milk
ed	education
ED	Emergency Department
EDC	Estimated Date of Confinement
EDD	Estimated Delivery Date
EENT	Eyes, Ears, Nose, Throat
eg	For Example
emerg	Emergency
enc, enc'd	Encourage/encouraged
Enf	Enfamil
ENT	ear, nose and throat
EPDS	Edinburgh Postnatal Depression Scale
EPSDT	Early Periodic Screening Diagnostic Testing
ER	Emergency Room

ESL	English as second language
esp	Especially
et	And
etc	Etcetera
ETOH	Alcohol
Et Unk	Etiology Unknown
eval	Evaluation
excbf	Exclusively Breastfeeding
ext	external
F	
f	Female
Fa	Father
fave	favorite
F&C	Foam and Condoms
FAS	Fetal Alcohol Syndrome
FBS	Fasting Blood Sugar
FC	Foster Care
FC	Family Connections Program
fdg	feeding
Fe	Iron
Feb	February
ff	formual feeding
f/g	SimilacSensitive for Fussiness and Gas
fgp	Food guide pyramid
FH	Family History
FI	Food Instrument
fl	Fluid
Fl+	Fluoride
Fm	Family
FN	Flat Nipple
FNS	Food and Nutrition Services
FOB	Father of Baby
foc	father of child
FP	Family Planning
FPC	Family Planning Clinic
FPkg	Food Package
FR	Federal Regulation
freq	frequency
frm	from
ft	fruit
ft	feet
FT	Full Time
FTE	Full Time Equivalency
FTT	Failure To Thrive
FTVD	full term vaginal delivery
FU	Follow Up
f-up	Follow Up
FUO	Fever of Unknown Origin
f/v	Fruits and Vegetables
fx	Fracture
FYI or fyi	For Your Information

G	
G	gravida
Gbeans	green beans
gbeef	ground beef
GC	gonococcus; Gonococcus culture
GDM	gestational diabetes
GDM	Gestational Diabetes Mellitus
gest dm	gestational diabetes
gf	Girlfriend
GF	Grandfather
G&D	Growth and Development
GI	Gastrointestinal
GM	Grandmother
GM	Gluteus Maximus
gma	grandma
gpa	grandpa
gm or gms	gram(s)
gr or grs	Grain(s)
grp(s)	Group or groups
gtt	drops
GTT	Glucose Tolerance Test
GU	genitourinary
gv	give
GYN	Gynecology
GYN	gynecological; gynecologist
H	
H	Husband
HB	Healthy Babies Program
H & H	Hemoglobin and Hematocrit
H & P	History and Physical
H2O	Water
HA	Headache
HD	health department
Hep	Hepatitis
HAV	Hepatitis A Virus
HBV	Hepatitis B Virus; hepatitis B vaccine
HCC	Hutchinson Community College
HCG	Human Chorionic Gonadotropin
HCHD	Harvey County Health Department
HCV	Hepatitis C Virus
Hct	Hematocrit
HEENT	head, ears, eyes, nose, throat
hep B	hepatitis B
HG	hyperemesis gravidarium
Hgb	Hemoglobin
HIB	Haemophilus Influenza B vaccine
HI-cal	High Calorie
HI-pro	High Protein
HIPAA	Health Insurance Portability & Accountability Act
HIV	Human Immunodeficiency Virus
hlthy	healthy

HM, HMC	Health Ministries Clinic
HMO	Health Maintenance Organization
ho	handouts
H/O	History of
HOH	Hard of Hearing
Hosp	Hospital
HOTV	HOTV vision chart/exam
HPV	human papillomavirus
HR	High Risk
hr(s)	Hour or Hours
hs	evening snack
hs	bedtime
HS	High School
hs	Hour of Sleep
HSHV	Healthy Start Home Visitor
HSV	Herpes Simplex Virus
ht	Height
HTN	Hypertension
HV	Home Visit
HW	Health Wave
hwy	highway
Hx	History
HZ	Hertz
I	
I	Infant
I & T	Infant and Toddler
IAP	immunization action plan
IBCLC	International board certified Lactation Consultant
ICU	intercourse
ICU	Intensive Care Unit
ID	Identification
IDDM	Insulin Dependent Diabetes Mellitus
I.e. or ie.	That is (to say)
IFR	Infant Formula Rebate
IM	Intramuscular
imm, IMMS	Immunizations
imp	Impression
in	inches
IN	Inverted Nipple
inappro	Inappropriate
inc	Increase
ind	Individual
INF	Influenza
inf	infant
inf	Infection
info	Information
inh	Isoniazid
init	Initial
Inh	injection
inpt	Inpatient
inst	instructed

intro	Introduction/Introduce
irreg	Irregular
I/T	Infant Toddler Services
IUD	Intrauterine Device
IUGR	Intrauterine Growth Retardation
IV	Intravenous
J	
Jan	January
jc	juice
K	
k	Potassium
K+	Potassium
KBH	Kan Be Healthy
Kcal(s)	Calorie(s)
KCl	Potassium Chloride
KDHE	Kansas Department of Health and Environment
kg or kilo	Kilogram
KS	kansas
KWIC	Automated Software used by KS WIC
L	
l	liter(s)
L	left
LA	Local Agency
lab	Laboratory
lap choley	laparoscopic cholecystectomy
lb(s)	Pound or Pounds
LBSW	licensed bachelor of social work
LBW	Low Birth Weight
LC	Living Children
LCHD	Leavenworth County Health Department
LD	left deltoid
LD	Licensed Dietitian
L/D, L& D	labor and delivery
LDCH	licensed day care home
lf	low fat
lf	lactose free
lg	Large
LGA	large for gestational age
LGM	left gluteus Maximus
lgth	length
liq	Liquid
LLL	left lower lobe
LLL	Le Leche League
LLQ	left lower quadrant
LMP	left message
LMP	Last Menstrual Period
ln	length
L/O	Latch On
LOC	Loss on Consciousness
LPN	Licensed Practical Nurse

lof	Level of Functioning
los	Length of Stay
lt	left
lt or LT	Length
LTBI	latent TB infection
ltr	Letter
LUOQ	left upper outer quadrant
LUQ	left upper quadrant
LVC	Local Vendor Contract
lvm	left voice message
lytes	Electrolytes
M	
M	Mother
M	male
m	murmur
MC	Mid Certification
M & I	Maternal and Infant Program
MAM	Mexican American Ministries
MAOI	Monoamine Oxidase Inhibitor
Mar	March
Mat	Maternal
MC	medical card
mc	midcertification
MCD	Medicaid
mcg	Microgram
MCH	maternal child health
MCR	Medicare
md	muscular dystrophy
MD	Medical Doctor
ME	Management Evaluation
med	medicine, medication
med	medium
med	Medical
meds	Medications
mEq	Milliequivalent
MER	Milk Ejection Reflex
mess	message
mg/dl	milligrams per deciliter
MGF	Maternal Grandfather
MGM	Maternal Grandmother
mg	Milligram
Mgmt	Management
mgr	Manager
MH	Mental Health
MI	myocardial infarction
M & I	Maternal and Infant Program
min	mineral
min	Minute
misc	Miscellaneous
ml	Milliliter
mm	Millimeter

MMR	measles, mumps rubella
mo(s)	Month(s)
mob	mother of baby
moc	mother of child
mod	moderate
MOGE	moved or gone elsewhere
MOM	Milk of Magnesia
mono	mononucleosis
MOU	Memorandum of Understanding
MR	Mental Record
MRI	Magnetic Resonance Imaging
MRSA	methicillin Resistant staphylococcus aureus
MS	Masters of Science
MSD	Merck, Sharp & Dohme
msg	Message
MSM	men who have sex with men
mtg	Meeting
MU, m/u	multiuser
multip	multipara
MVI	Multivitamin
N	
N	Prenatal
NA,na	not applicable
Na+	Sodium
NaCl	Sodium Chloride
NAD	No Acute Distress
NAI	Native American Indian
n/a	Not Applicable
na or NA	Not Available or No Answer
NB	Newborn
NC	New Certification
ne	no exam
NE+	Nutrition education
Neg or neg	Negative
Nei	Nutrition Education individual
neuro	neurology; neurological
NHS	Newton High School
NICU	Neonatal Intensive Care Unit
NIDDM	non-insulin dependent diabetes mellitus
NKA	No Known Allergies
NKDA	No Known Drug Allergies
NKFA	No known food allergies
NMC	Newton medical center
NL or nl	Normal Level
Nlbf	No longer Breastfeeding
Noc or noc	Night
nos	Not Otherwise Specified
Nov	November
NPO	Nothing by Mouth
NPSP	New Paren Support Program
NR	Nutrition Risk

NRF	Nutrition Risk Factor
NS	Normal Saline
ns	No show
NSA	Nutrition Services and Administration
nsg, nrsg	nursing
NSP	Nutrition Services Plan
NSVD	Normal Single Vaginal Delivery
nut	nutrition
nut ed	nutrition education
Nutr ed	Nutrition Education
NEC	Nutrition Education Committee
N/V	Nausea and Vomiting
N/V/C	Nausea, vomiting, cramping
N/V/D	Nausea, vomiting, diarrhea
NVRA	National Voter Registration Act
NWA	National WIC Association
NWS	Nutrition and WIC Services
O	
O	objective
O2	Oxygen
OB	Obstetrics
Obj	Objective
OC	Oral Contraceptive
occ	occasional
OCP	Oral Contraceptive Pill
Oct	October
od	right eye
OHI	Oral Health Instructions
oint	ointment
OM	Otitis Media
ON 7/7/7	Ortho-Novum 7/7/7
ON 1/35	Ortho-Novum 1/35
ON 1/50	Ortho-Novum 1/50
OOB	Out of Bed
OP or Outpt	Outpatient
ophth	ophthalmology
os	left eye
OS	Office Specialist
OTC	Over the Counter
ou	both eyes
OV	Office Visit
OVP	oral polio vaccine
oz	Ounce
P	
p	posterior
p	para
p	After
paci	pacifier
Pap smear	papanicolaou smear
Para	Number of Pregnancies
PAT	Parents as Teachers

PB or pb	Peanut Butter
pc	phone call
PC	Peer Counselor
pc	After Meals
PCN	penicillin
pcp	primary care provider
PCV7 or PCV13	pneumococcal conjugate vaccine
PD	Police Department
PDR	Physicians Desk Reference
pe	physical education
Ped	Pediatric
PedNSS	Pediatric Nutrition Surveillance System
per	Through, By
PFA	Protect from Abuse
PG	Pregnant/pregnancy
pg	Page
PGF	Paternal Grandfather
PGM	Paternal Grandmother
PGW	pregravid weight
ph	public health
ph#	Phone number
PHC	Preferred Health Care
PI	private insurance
PIH	Pregnancy Induced Hypertension
pkg	Package
PKU	Phenylketonuria
pm or PM	Afternoon/evening (Noon to 2359 hours)
PMDD	premenstrual dysphoric disorder
PMS	Premenstrual Syndrome
pn	prenatal
PNV	prenatal vitamins
PO	post office box
po	per os, by mouth
PO	Position
POI	Proof of Income
POI	Proof Of Identity
POId	Proof of ID
POR	Proof Of Residency
poss	possible
post	After
PP	postpartum
ppd	postpartum depression
PPM	policy and procedure manual
PPTL	postpartum tubal ligation
ppwrk	paper work
pre	Before
prep	Preparation
prob(s)	Problem(s)
PROM	premature rupture of membranes
prn	As Needed
PS	Pre School
PNSS	Pregnancy Nutrition Surveillance System

pnv	Prenatal Vitamin
PO	Phone Order
po	By Mouth
POA	Power of Attorney
Pos or pos	Positive
PP	Post Partum
PPM	WIC Policy and Procedure Manual
PPO	Preferred Provider Organization
pre-k	Pre-kindergarten
preg	Pregnant
prev	Previous
prn or PRN	As Needed
pt	Patient
PT	Physical Therapy
PTL	Preterm Labor
PV	Prairie View
pwd	Powder
Px	Problem(s)
Px	physical examination
Q	
q	Every
qAM	Every Morning
qd	Every Day
qh	Every Hour
qhs	Every Night
qid	Four Times A Day
qod	Every Other Day
QPA	Quarterly Price Assessment
quest	questionnaire
Qx(s)	Question(s)
q2h, q3h, q4h etc.	Every Two Hours, etc.
R	
r, rt	right
RBC	Red Blood Cell/Count
RC or recert	Recertification
RCHD	Riley County Health Department
rcvd	received
RD	High risk appointment
RD	Registered Dietitians
RDA	Recommended Daily Allowance
RDS	Respiratory Distress Syndrome
re:	Regarding
re	recheck
rec	Recommendation(s)
rec'd	received
rec/d	recommended
recert	Recertification
ref	Refer - Referral - Referring
reg	Regular
rehab	Rehabilitation
req	request

resc	rescheduled
ret	Return or Returned
rev	Reviewed
RGM	right gluteus maximum
Rh	Rhesus factor
RLL	right lower lobe
RLQ	right lower quadrant
RN	Registered Nurse
r/o	Rule Out
ROI	Release Of Information
Rom	range of motion
RP	Responsible Party
rpl	replace
RRR	regular rate and rhythm
R & R	Rights and Responsibilities
R/S	Rescheduled
RSV	Respiratory Retro Virus
R/T	related to
rtc	Return To Clinic
RTF	Ready to Feed
RUOQ	right upper outer quadrant
Rx	Prescription/Medicine
S	
s	Without
S:	subjective
S	Sister
s&s or S&S	Signs and Symptoms
SA	State Agency
sab	spontaneous abortion
Sept	September
sched	Schedule/scheduled
SE	side effects
SFF	special formula form
SFI	Special formula issuance
SSF&G	Similac Sensitive for Fussiness and Gas
SGA	Small for Gestational Age
SHS	Services for Children with Social Health Care Needs
SIA	Special Issuance Authorization
sib	Sibling
SIDS	Sudden Infant Death Syndrome
SIL-H	squamous intraepithelial lesion high
SIL-L	squamous intraepithelial lesion low
sim	Similac
Sim Sen	Similac Sensitive
Sim Adv	Similac Advance
Sim Spit up	Siliace for spit up
Sim sensstvie for f&g	Similac Sensitive for Fussiness and Gas
Sim sens for spit-up	Similac Sensitive for Spit-Up
sl	slight
SLP	speech and language pathologist
sm	Small
SN	Sore Nipple

SO	Significant Other
sob	short of breath
sono	sonogram
spc form	Special Formula
spec	specimen
Spont	Spontaneous
sq, sub-q	subcutaneous
sr	sinus rhythm
SRS	Social and Rehabilitation Services
svrg	serving
S/S	signs and symptoms
SSA	Social Security Administration
SSB	sugar sweetened beverages
SSD	Social Security Disability
SSI	Social Security Income
SSN or SS#	Social Security Number
St	street
staph	staphylococcus
stat	At once/ Immediately
STD	Sexually Transmitted Disease
sti	sexually transmitted infection
stk	stock
strep	streptococcus
suppl	supplement
suppl	Supplement
svcs or serv	Service
svg	Serving
sw	social worker, social work
Sx	Symptoms
T	
T	Temperature
T&A	Tonsillectomy and Adenoidectomy
tab	tablet
TAB	therapeutic abortion
TAF	Temporary Assistance for Families
TB	Tuberculosis
tbc	Tuberculosis
tbsp	tablespoon
Td	tetanus-diphtheria
temp	Temperature
temp	Temporary
tid	Three Times A Day
TIS	transfer in state
TLC	Tender Loving Care
TM	tympanic membrane
tol	tolerated
TOP	Termination of Pregnancy
TOS	transfer out of state
TPN	Total Parenteral Nutrition
TPR	temperature, pulse, respirations
trans	trace

trans	Transportation
tsp	teaspoon
TST	TB skin test
TxP	Treatment Plan
tx or TX	Treatment
U	
UA	Urinalysis
UMUM	United Methodist Urban Ministries
UOQ	upper outer quadrant
URI	Upper Respiratory Infection
USDA	United States Department of Agriculture
usu	usually
UTD	up to date
UTI	Urinary Tract Infection
V	
V	Vomiting
vag	Vaginal
VCSFH or VCSF	Via Christi Saint Francis Hospital
VCSJH or VCSJ	Via Christi Saint Joseph Hospital
VD	Venereal Disease
V/D	vomiting and diarrhea
VDRL	venereal disease research laboratory (syphilis serology)
veg	vegetable
VFC	vaccine for children
VLBW or vlbw	Very Low Birth Weight
vit	Vitamin
vitD	Vitamin D
vl	vasatus lateralis
vm	voice mail
Vmail	voice mail
VO	Verbal Order
vs	versus
VS	Vital Signs
vo-tech	Vocational Technical
W	
w	white
W	Wife
w/	With
WAC	WIC Advisory Committee
WAFL	WIC Approved Food List
wbc or WBC	White Blood Cell/Count
WC	well child
W/C	Wheel Chair
WCH	Wichita Children's Home
wcm	whole cow's milk
WDWN	Well Developed Well Nourished
w/in	Within
WIC	Women, Infants, Children
With	c
Without	s
wk(s)	week(s)

wkly	weekly
WNL	Within Normal Limits
w/o	Without
WPD	Wichita Police Department
wt	Weight
WTM	WIC Technical Meeting
X	
x or X	Times(s)
x/d	times per day
XDR-TB	extensively drug resistant TB
Y	
Y	YMCA
yel	Yellow
yo	Year Old
yr(s)	Year
Others	
2	secondary change, changed
2C	Second Contact
<	Less Than
≤	Less than or equal to
>	Greater Than
≥	Greater than or equal to
+	Positive
-	Negative
-	tab/tablet
#	Number or Pounds
/	Per
&	And
@	At
%	Percent
%ile	percentile
\$	Dollar(s)
?	Question
↑	Increase (up arrow)
↓	Decrease (down arrow)
→	leads to
°	degree, hour
=	equals
△	check; normal on form
0	none, zero or negative
'	feet
"	inches; minute
&	and