
Subject: Breastfeeding Education

Effective Date: October 1, 2013

Revised from: October 1, 2009

Policy: Each pregnant and breastfeeding client should be informed about breastfeeding benefits.

Reference: CFR §246.10(e) (5 and 6)

Procedure:

Inform each pregnant and breastfeeding client about the following breastfeeding benefits:

1. Health benefits to the breastfeeding mother and breastfed child;
2. Breastfeeding women receive WIC benefits for up to one year; non-breastfeeding postpartum women are eligible for only 6 months;
3. Exclusively and Mostly breastfeeding women receive a WIC food package containing more variety and quantity of food than do Limited breastfeeding or non-breastfeeding women; see policy [FCI: 02.03.02](#)
4. Breastfeeding women are a higher priority than non-breastfeeding women. In the event a waiting list is initiated higher priorities receive benefits before lower priorities.
5. WIC benefits for a breastfeeding mother include a food package containing increased benefits, nutrition education, breastfeeding support, health referrals, and a breastpump if the mother qualifies. See policies [FCI:02.03.02](#), [NED:05.04.00](#), [NED 05.04.01](#), [NED: 05.04.02](#), [NED 05.04.03](#)