
Subject: Approved Foods

Effective Date: October 1, 2016

Revised from: October 1, 2015

Policy: Clients may buy only foods listed as approved in the *Kansas WIC Program Booklet*. The list of approved foods is revised as needed. Always use the *Kansas WIC Program Booklet* with the most current effective date. No other approved food list should be used. Contact the State WIC Agency for information regarding WIC approved foods.

Reference: CFR §246.10

Kansas WIC Approved Foods
Effective October 1, 2015

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<p>Baby Food - Fruits & Vegetables</p> <p>4 ounce containers</p>	<p>Single or mixed fruits and/or vegetables</p> <ul style="list-style-type: none"> • No added sugar, starch or salt • No added DHA/ARA <p>Brands that have products to meet the above criteria include: Beechnut, Gerber, Kroger, Tippy Toes, or Up & Up</p> <p>Cannot buy: desserts, dinners, cobblers, delights, or organic</p>
<p>Baby Food – Meats</p> <p>2½ ounce container</p>	<p>Meats with broth and/or gravy</p> <p>Brands that have products to meet the above criteria include: Beechnut, Gerber, or Tippy Toes</p> <p>Cannot buy: dinners, or organic</p>
<p>Infant Cereal</p> <p>8 ounce container or larger</p>	<ul style="list-style-type: none"> • Barley • Mixed • Oatmeal • Rice • Whole Wheat <p>Brands that have products to meet the above criteria include: Beechnut, Gerber, Kroger, Tippy Toes, or Up & Up</p> <p>Cannot buy: cereal with added fruit, formula, DHA/ARA or organic</p>

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<p>Infant Formula</p>	<p>The brand, type and size as listed on the check. Cannot buy: any other brand, type or size</p>
<p>Milk Type and container size as listed on the check</p>	<p>Store brand or Least Expensive brand available</p> <ul style="list-style-type: none"> • Skim, 0%, 1/2%, or 1% milk • Reduced Fat 2% • Whole milk • Fat free, Lowfat or Reduced fat Lactose Free • Whole Lactose Free • Fat free or Lowfat Evaporated • Whole Evaporated • Nonfat Dry <p>Cannot buy: buttermilk, flavored milk, raw unpasteurized milk, non-dairy milk substitutes, coconut milk, rice milk or almond milk, organic, or glass bottle</p>
<p>Eggs One dozen</p>	<p>Store brand or Least Expensive brand available Grade AA or A large</p> <p>Cannot buy: brown, free-range, specialty eggs, or organic</p>
<p>Cheese 8 or 16 ounce packages</p>	<p>Store brand or Least Expensive brand available</p> <ul style="list-style-type: none"> • Pasteurized Processed American (sliced) • Cheddar (block) • Cojack (block) • Colby (block) • Monterey Jack (block) • Mozzarella (block) • Swiss (block) <p>Cannot buy: imported cheese, cheese food, product or spread, shredded cheese, cheese with added flavors, individually wrapped slices or organic</p>

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<p>Fresh Fruits & Vegetables</p>	<ul style="list-style-type: none"> • Any variety of fresh, bulk fruits • Any variety of fresh, bulk vegetables • Bagged salad mixes • Bagged fruits • Bagged vegetables • Cut fruit or vegetables <p>Cannot buy: Canned, frozen, items from the salad bar, party trays, fruit baskets, decorative fruits or vegetable, nuts, herbs or spices (e.g. garlic, cilantro, parsley, etc.)</p>	
<p>Juice</p>	<p>Apple & Eve</p>	<p>64 oz Plastic Bottles:</p> <ul style="list-style-type: none"> • Any flavor
	<p>Best Choice</p>	<p>64 oz Plastic Bottles:</p> <ul style="list-style-type: none"> • Apple • Berry • Cherry • Grape Blend • Grape • Punch • White Grape
	<p>Great Value</p>	<p>64 oz Plastic Bottles:</p> <ul style="list-style-type: none"> • Apple • Grape • White Grape Peach • White Grape <p>11.5-12 oz Frozen Concentrate:</p> <ul style="list-style-type: none"> • Apple • Grape
	<p>Hy-Vee</p>	<p>64 oz Plastic Bottles:</p> <ul style="list-style-type: none"> • Apple • Grape • White Grape • Just Juice Apple • Just Juice Berry • Just Juice Cherry • Just Juice Grape • Just Juice Fruit Punch <p>11.5-12 oz Frozen Concentrate:</p> <ul style="list-style-type: none"> • Apple
	<p>Juicy Juice</p>	<p>64 oz Plastic Bottles:</p> <ul style="list-style-type: none"> • Any flavor

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Juice	Kroger	64 oz Plastic Bottles: <ul style="list-style-type: none"> • Apple • Grape 	<ul style="list-style-type: none"> • White Grape • White Grape Peach
		11.5-12 oz Frozen Concentrate: <ul style="list-style-type: none"> • Apple • Grape 	<ul style="list-style-type: none"> • Pineapple Orange
	Langers	64 oz Plastic Bottles: <ul style="list-style-type: none"> • Apple • Apple Kiwi Strawberry • Apple Orange Pineapple 	<ul style="list-style-type: none"> • Grape Juice Plus • Apple Peach Mango
	Market Pantry	64 oz Plastic Bottles: <ul style="list-style-type: none"> • Apple • Grape 	<ul style="list-style-type: none"> • White Grape
		<ul style="list-style-type: none"> • Apple 	<ul style="list-style-type: none"> • Grape
	Motts	64 oz Plastic Bottles: <ul style="list-style-type: none"> • Apple 	
	Musselman's	64 oz Plastic Bottles: <ul style="list-style-type: none"> • Apple 	<ul style="list-style-type: none"> • Premium Apple
	Old Orchard	64 oz Plastic Bottles: <ul style="list-style-type: none"> • Any flavor with 100% juice in label 	
		11.5-12 oz Frozen Concentrate: <ul style="list-style-type: none"> • Any flavor with a green lid 	
	Our Family	64 oz Plastic Bottles: <ul style="list-style-type: none"> • Apple • Berry • Cherry Punch 	<ul style="list-style-type: none"> • Fruit Punch • Grape • Grape Blend • White Grape
11.5-12 oz Frozen Concentrate: <ul style="list-style-type: none"> • Apple 			

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Juice	Seneca	64 oz Plastic Bottles: <ul style="list-style-type: none"> • Apple
		11.5-12 oz Frozen Concentrate: <ul style="list-style-type: none"> • Apple • Grape
	Sesame Street	64 oz Plastic Bottles: <ul style="list-style-type: none"> • Big Bird Apple • Elmo’s Punch <ul style="list-style-type: none"> • Grover’s White Grape • Bert and Ernie’s Berry
	Shurfine	64 oz Plastic Bottles: <ul style="list-style-type: none"> • Apple • Grape • White Grape <ul style="list-style-type: none"> • Juice-A-Lot Berry • Juice-A-Lot Cherry • Juice-A-Lot Grape • Juice-A-Lot Punch
		11.5-12 oz Frozen Concentrate: <ul style="list-style-type: none"> • Apple
	Tipton Grove	64 oz Plastic Bottles: <ul style="list-style-type: none"> • Apple • Grape
		11.5-12 oz Frozen Concentrate: <ul style="list-style-type: none"> • Apple
	Tree Top	64 oz Plastic Bottles: <ul style="list-style-type: none"> • Apple • Apple Berry • Apple Grape
11.5-12 oz Frozen Concentrate: Apple		
Welch’s	11.5-12 oz Shelf Stable or Frozen Concentrate: <ul style="list-style-type: none"> • Any flavor with a yellow band 	
Orange Juice	<ul style="list-style-type: none"> • 11.5-12 ounce frozen concentrate Any Brand • 11.5-12 ounce shelf stable concentrate Any Brand • 64 ounce cans or plastic bottles Any Brand 	
	Cannot buy: infant juice, organic or DHA added juice, refrigerated juice, no juice cocktails, drinks, ades or with added sugar	

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<p>Juice Boxes 6.75 ounce boxes</p>	<p><i>Only issued to WIC clients in special circumstances.</i></p> <p><u>Juice Blends:</u></p> <ul style="list-style-type: none"> • Juicy Juice • Apple & Eve <p><u>Apple:</u> Apple & Eve</p> <p><u>Orange:</u></p> <ul style="list-style-type: none"> • Any Brand <p>Cannot buy: any other size, container, type, flavor, or brand,</p>												
<p>Peanut Butter 16 – 18 ounce jar</p>	<p>Any Brand</p> <ul style="list-style-type: none"> • Smooth/Creamy • Crunchy <p>Cannot buy: peanut butter spreads, peanut butter with added flavors or fortified peanut butter, natural or organic</p>												
<p>Fish 5 – 15 ounce containers</p>	<ul style="list-style-type: none"> • Light Tuna, chunk – Any brand, packed in water or oil • Pink Salmon – Any brand, packed in water or oil <p>Cannot buy: albacore tuna, tuna spreads, or any other type of salmon, lunch packs or fish with added flavorings</p>												
<p>Dried Beans/Peas 1 pound bag</p>	<p>Any brand</p> <ul style="list-style-type: none"> • Dried beans • Peas • Lentils <p>Cannot buy: soup mixes</p>												
<p>Canned Beans 15 – 16 ounce can</p>	<p>Any brand</p> <table border="0" style="width: 100%;"> <tr> <td>• Black Beans</td> <td>Great Northern Beans</td> <td>Navy Beans</td> </tr> <tr> <td>• Black-Eyed Peas</td> <td>Kidney Beans</td> <td>Pinto Beans</td> </tr> <tr> <td>• Fat-Free Refried Beans</td> <td>Lentils</td> <td>Split Peas</td> </tr> <tr> <td>• Garbanzo Beans (Chick Peas)</td> <td>Lima or Butter Beans</td> <td></td> </tr> </table> <p>Cannot buy: green beans, baked beans, flavored beans, soups, pork and beans or chili beans, beans containing added sugars, fats, meats or oils.</p>	• Black Beans	Great Northern Beans	Navy Beans	• Black-Eyed Peas	Kidney Beans	Pinto Beans	• Fat-Free Refried Beans	Lentils	Split Peas	• Garbanzo Beans (Chick Peas)	Lima or Butter Beans	
• Black Beans	Great Northern Beans	Navy Beans											
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<p>WHOLE GRAINS 100% Whole Wheat Bread/Rolls/Buns 12, 16, 20, or 24 ounce containers</p>	<p>Product labels for breads/rolls/buns must include the words 100% whole wheat. Whole wheat flour must be the first ingredient listed.</p> <p>Recommended brands that have 100% Whole Wheat products to meet the above criteria include:</p> <p>Archer Farms, Best Choice, Country Hearth, , HyVee, Kroger, Market Pantry, Merita, Nature’s Own, Our Family, Pepperidge Farm, Private Selection, Roman Meal, Sara Lee, ShurFresh, Wonder</p>			
<p>WHOLE GRAINS Tortillas 16 ounce containers</p>	<p><u>Whole Wheat Tortillas</u></p> <table border="0"> <tr> <td> <ul style="list-style-type: none"> • Best Choice • ChiChi’s • Don Pancho • Food Club • Guerrero </td> <td> <ul style="list-style-type: none"> • Hy-Vee • IGA • Kroger • LaBanderita • LaBurrita • Mama Lupe </td> <td> <ul style="list-style-type: none"> • MiCasa • Mission • Ortega • Our Family • Santa Fe • Shurfine </td> </tr> </table> <p>Cannot buy: Products with added sugar, salt, flavoring, fat or oil.</p> <p><u>Soft Corn Tortillas</u> Any brand (Yellow or White)</p>	<ul style="list-style-type: none"> • Best Choice • ChiChi’s • Don Pancho • Food Club • Guerrero 	<ul style="list-style-type: none"> • Hy-Vee • IGA • Kroger • LaBanderita • LaBurrita • Mama Lupe 	<ul style="list-style-type: none"> • MiCasa • Mission • Ortega • Our Family • Santa Fe • Shurfine
<ul style="list-style-type: none"> • Best Choice • ChiChi’s • Don Pancho • Food Club • Guerrero 	<ul style="list-style-type: none"> • Hy-Vee • IGA • Kroger • LaBanderita • LaBurrita • Mama Lupe 	<ul style="list-style-type: none"> • MiCasa • Mission • Ortega • Our Family • Santa Fe • Shurfine 		
<p>WHOLE GRAINS Brown Rice 14 or 16 ounce containers</p>	<p>Any brand</p> <ul style="list-style-type: none"> • instant • quick • regular cooking <p>Cannot buy: Products with added sugar, salt, flavoring, fat or oil.</p>			

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<p>WHOLE GRAINS Whole Wheat Pasta 16 ounce containers</p>	<p>Barilla</p> <ul style="list-style-type: none"> • Whole Grain Penne • Whole Grain Spaghetti <p>Full Circle</p> <ul style="list-style-type: none"> • Organic Whole Wheat Angel Hair • Organic Whole Wheat Spaghetti • Organic Whole Wheat Rotini • Organic Whole Wheat Penne Rigate <p>Kroger</p> <ul style="list-style-type: none"> • Whole Wheat Spaghetti • Whole Wheat Penne Rigate <p>ShurFine</p> <ul style="list-style-type: none"> • Whole Wheat Spaghetti • Whole Wheat Penne Rigate <p>Simple Truth</p> <ul style="list-style-type: none"> • Organic Whole Wheat Spaghetti • Organic Whole Wheat Rotini • Organic Whole Wheat Penne Rigate <p>Ronzoni Healthy Harvest</p> <ul style="list-style-type: none"> • Whole Grain Penne Rigate • Whole Grain Spaghetti • Whole Grain Thin Spaghetti • Whole Grain Rotini • Whole Grain Linguini 	<p>Nash Bros Trading Co</p> <ul style="list-style-type: none"> • Organic Whole Wheat Spaghetti • Organic Whole Wheat Penne Rigate <p>Natural Directions</p> <ul style="list-style-type: none"> • Organic Whole Wheat Fusilli • Organic Whole Wheat Spaghetti • Organic Whole Wheat Penne Rigate <p>Hodgson Mill</p> <ul style="list-style-type: none"> • Whole Wheat Spaghetti • Whole Wheat Elbows • Whole Wheat Spirals • Whole Wheat Thin Spaghetti • Whole Wheat Angel Hair • Whole Wheat Veggie Bows <p>Racconto</p> <ul style="list-style-type: none"> • Whole Wheat Capellini • Whole Wheat Farfalle • Whole Wheat Penne Rigate • Whole Wheat Rigatoni • Whole Wheat Rotini • Whole Wheat Spaghetti • Whole Wheat Elbos • Whole Wheat Linguine 															
<p>Cannot buy: Any other brand or products that have added sugars, fats, oils, or salt (i.e. sodium)</p>																	
<p>COLD CEREAL</p> <p><i>11 ounce container or higher up to 36 ounces</i></p> <p><i>*indicates a Whole Grain cereal</i></p>	<p><u>Best Choice</u></p> <table border="0"> <tr> <td>• Corn Flakes</td> <td>• *Happy Os</td> <td>• *Frosted Shredded Wheat</td> </tr> <tr> <td>• Crispy Rice</td> <td>• Oats & More w Honey</td> <td>• *Oat Wise</td> </tr> <tr> <td>• Corn Biscuits</td> <td>• Oats & More w Almonds</td> <td>• Essentially You</td> </tr> <tr> <td>• Rice Biscuits</td> <td>• *Wheat Biscuits</td> <td>• Crispy Hexagons</td> </tr> <tr> <td>• *Bran Flakes</td> <td></td> <td></td> </tr> </table>		• Corn Flakes	• *Happy Os	• *Frosted Shredded Wheat	• Crispy Rice	• Oats & More w Honey	• *Oat Wise	• Corn Biscuits	• Oats & More w Almonds	• Essentially You	• Rice Biscuits	• *Wheat Biscuits	• Crispy Hexagons	• *Bran Flakes		
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Cold Cereal

11 ounce container or higher up to 36 ounces

**indicates a Whole Grain cereal*

Food Club

- Corn Flakes
- *Nutty Nuggets
- *Oat Wise
- *Frosted Shredded Wheat
- *Bran Flakes
- Rice Biscuits
- Crispy Hexagons
- Oats & More w Almonds
- Oats & More w Honey
- Corn Biscuits
- *Tasteeos/Toasted Oats
- *Wheat Biscuits
- Crispy Rice
- Essentially You

General Mills

- *Cheerios
- *Multi Grain Cheerios
- Corn Chex
- Rice Chex
- *Wheat Chex
- *Berry Berry Kix
- *Wheaties
- *Fiber One Honey Clusters
- *Honey Kix
- *Kix
- Dora the Explorer
- *Cheerios + Ancient Grains
- *Whole Grain Total

Great Value

- *Bran Flakes
- Corn Flakes
- Crisp Rice
- *Crunchy Nuggets
- *Toasted MultiGrain
- *Toasted Wheat
- *Bite Size Frosted Shredded Wheat
- *Toasted Whole Grain Oats
- Toasted Corn
- Toasted Rice
- *Crunchy Oat Squares
- Honey Oats and Flakes

Hy-Vee

- *Bran Flakes
- Corn Flakes
- *Frosted Shredded Wheat
- Crispy Rice
- *Tasteeos/Toasted Oats
- *Nutty Nuggets
- *Oat Wise
- Rice Biscuits
- Corn Biscuits
- *Wheat Biscuits
- Crispy Hexagons
- *Simple Living
- Toasted Corn Squares
- Toasted Rice Squares
- Oats & More w Honey
- Oats & More w Almonds
- *Frosted Bite Size Shredded Wheat Blueberry
- *Frosted Shredded Wheat Strawberry Cream
- *Wheat Flakes
- Essentially You
- *Multigrain Tasteeos

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IGA

- *Bran Flakes
- Corn Flakes
- *Nutty Nuggets
- Corn Biscuits
- Rice Biscuits
- Crispy Hexagon
- Crispy Rice
- *Tasteoo's
- *Toasted Oats
- Oats & More w Almonds

Kellogg's

- Corn Flakes
- *Frosted Mini-Wheats Little Bites
- *Frosted Mini-Wheats Original
- *Frosted Mini-Wheats Touch of Fruit Raisin
- Rice Krispies
- Crispix
- *All Bran
- *Frosted Mini-Wheats Touch of Fruit Raspberry

Kroger

- *Bran Flakes
- *Frosted Shredded Wheat
- Corn Flakes
- Corn Bitz
- Rice Bitz
- Crispy Rice
- *Oat Squares
- *Frosted Shredded Wheat, Blueberry
- Honey Crisp Medly w Almonds
- Honey Crisp Medly
- *Living Well
- *Living Well Multigrain
- *Multigrain Toasted Oats
- *Nutty Nuggets
- *Toasted Oats
- *Crispy Hexa-Grains
- *Frosted Shredded Wheat, Strawberry Cream

Malt-O-Meal

- Crispy Rice
- *Frosted Mini Spooners
- Corn Flakes
- *Blueberry Mini Spooners
- Oat Blenders w Honey
- *Strawberry Cream Mini Spooners
- *Scooters

Market Pantry

- *Frosted Shredded Wheat
- Corn Flakes
- Toasted Rice
- *Frosted Strawberry Shredded Wheat
- *Toasted Oats
- Honey & Oat Mixers

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<p>Cold Cereal</p> <p>11 ounce container or higher up to 36 ounces</p> <p><i>*indicates a Whole Grain cereal</i></p>	<p><u>Our Family</u></p> <ul style="list-style-type: none"> • *Bran Flakes • Corn Flakes • Crispy Rice • Corn Biscuits • Rice Biscuits • *Wheat Biscuits • *4 Corner Crunch Original • *Multigrain Toasted Oats • *Oat Wise 	<ul style="list-style-type: none"> • *Frosted Shredded Wheat • *Nutty Nugget • *Tasteeos/Toasted Oats • Oats and More w Almonds • Oats and More w Honey • Crispy Hexagons • Essentially You • *Frosted Shredded Wheat Strawberry Cream
	<p><u>Post</u></p> <ul style="list-style-type: none"> • *Alpha-Bits • *Bran Flakes • *Grape Nuts • *Grape Nuts Flakes • *Honey Nut Shredded Wheat • Honey Bunches of Oats w Cinnamon Bunches 	<ul style="list-style-type: none"> • *Banana Nut Crunch • Honey Bunches of Oats Whole Honey Roasted • Honey Bunches of Oats w Almond Bunches • *Honey Bunches of Oats Whole Grain Honey Crunch • *Honey Bunches of Oats Whole Grain w Vanilla Bunches
	<p><u>Quaker</u></p> <ul style="list-style-type: none"> • *Life • *Oatmeal Squares Cinnamon • *Oatmeal Squares Golden Maple 	<ul style="list-style-type: none"> • *Oatmeal Squares Hint of Brown Sugar • *Oatmeal Squares Honey Nut
	<p><u>Ralston</u></p> <ul style="list-style-type: none"> • Corn Flakes • Corn Biscuits • Crispy Hexagons • Crispy Rice • *Bran Flakes • *Frosted Shredded Wheat 	<ul style="list-style-type: none"> • Oats & More w Almonds • Oats & More w Honey • Rice Biscuits • *Tasteeos/Toasted Oats • *Oat Wise • Essentially You

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	<p><u>ShurFine</u></p> <ul style="list-style-type: none"> • *Enriched Bran Flakes • Corn Flakes • Corn Squares • Crisp Rice • Crispy Rice • Crunchy Corn • Crunchy Rice • Crunchy Corn & Rice • *Crunchy Wheat Squares • *Frosted Shredded Wheat • *Frosted Shredded Wheat Bite Size • Honey, Oats & Flakes w Almonds • *Multigrain Medley • *Nutty Nuggets • Oats & More w Almonds & Honey Oat Clusters • Oats & More w Honey Oat Clusters • *Oat Wise • Rice Squares • *Toasted Oats • *Wheat Bran • *Wheat Squares <p>Cannot buy: any cereal or brand not listed, organic cereal</p>
<p>Hot Cereal</p> <p><i>11 ounce container or higher up to 36 ounces</i></p>	<p><u>Best Choice</u></p> <ul style="list-style-type: none"> • Creamy Wheat Farina • *Regular Flavor Instant Oatmeal <p><u>Cream of Wheat</u></p> <ul style="list-style-type: none"> • Cream of Rice • *Whole Grain Cream of Wheat • Cream of Wheat – 1 Minute • Cream of Rice Instant • Cream of Wheat – 10 Minute • Cream of Wheat – 2 ½ Minute • *Healthy Grain Cream of Wheat Instant • Cream of Wheat Instant <p><u>Food Club</u></p> <ul style="list-style-type: none"> • *Instant Regular Oatmeal <p><u>Hy-Vee</u></p> <ul style="list-style-type: none"> • Creamy Wheat Farina • *Instant Oatmeal Original Flavor <p><u>IGA</u></p> <ul style="list-style-type: none"> • *Instant Regular Oatmeal <p><u>Kroger</u></p> <ul style="list-style-type: none"> • *Instant Oatmeal Regular Flavor • Grits Instant Butter Flavor

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Hot Cereal 11 ounce container or higher up to 36 ounces	<u>Malt-O-Meal</u> <ul style="list-style-type: none"> Original Hot Wheat Cereal Chocolate Hot Wheat Cereal 						
	<u>Our Family</u> <ul style="list-style-type: none"> *Instant Oatmeal Regular 						
	<u>Quaker</u> <ul style="list-style-type: none"> Instant Grits Original *Instant Oatmeal Original 						
	<u>Ralston Foods</u> <ul style="list-style-type: none"> *Instant Regular Oatmeal Creamy Wheat Farina 						
	<u>ShurFine</u> <ul style="list-style-type: none"> Creamy Wheat Farina *Instant Oatmeal Regular Flavor 						
	Cannot buy: any cereal or brand not listed, organic cereal						
Tofu 16 oz containers	<table border="0"> <tr> <td><u>House</u></td> <td><u>Nasoya</u></td> <td><u>Azumaya</u></td> </tr> <tr> <td> <ul style="list-style-type: none"> Medium Firm Firm Extra Firm </td> <td> <ul style="list-style-type: none"> Silken </td> <td> <ul style="list-style-type: none"> Firm </td> </tr> </table>	<u>House</u>	<u>Nasoya</u>	<u>Azumaya</u>	<ul style="list-style-type: none"> Medium Firm Firm Extra Firm 	<ul style="list-style-type: none"> Silken 	<ul style="list-style-type: none"> Firm
	<u>House</u>	<u>Nasoya</u>	<u>Azumaya</u>				
<ul style="list-style-type: none"> Medium Firm Firm Extra Firm 	<ul style="list-style-type: none"> Silken 	<ul style="list-style-type: none"> Firm 					
Cannot buy: any other brand or type, cubed							
Soy Beverage Half gallon container	<u>8th Continent Soymilk</u> <ul style="list-style-type: none"> Original Vanilla 						
	<u>Silk</u> <ul style="list-style-type: none"> Original 						
	<u>WestSoy</u> <ul style="list-style-type: none"> Plain Vanilla 						
	Cannot buy: any other size, container, type, flavor, or brand						

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Yogurt
32 ounce
containers

Whole, Lowfat or Nonfat

Brands

- Coburn Farms
- Dannon Naturals
- Great Value
- Hy-Vee
- Kroger
- Market Pantry
- Mountain High
- Our Family
- Shurfine
- Yoplait

Flavors include; Plain, Vanilla,
Strawberry

Cannot buy: any other size, container, type, flavor, brand, with added artificial sweeteners (e.g. light yogurts), mix-in ingredients such as granola, Candy pieces, honey, nuts and similar ingredients, Greek, Organic, or Drinkable.