
Subject: Nutritional Eligibility

Effective Date: September 19, 2016

Revised from: October 1, 2015

Policy: An applicant must be determined to be at nutritional risk to be eligible for WIC benefits.

Nutritional risk means:

- Detrimental or abnormal nutritional conditions detectable by biochemical or anthropometric measurements;
- Other documented nutritionally related medical conditions;
- Dietary deficiencies that impair or endanger health;
- Conditions that directly affect the nutritional health of a person, including alcoholism or drug abuse; or
- Conditions that predispose persons to inadequate nutritional patterns or nutritionally related medical conditions, including, but not limited to, homelessness and migrancy.

The Competent Professional Authority (CPA) is the only authorized person to determine nutritional eligibility.

Reference: CFR §246.2

Procedure:

The following table lists the Kansas WIC Program Nutrition Risk Factors and the priority for each risk factor by category. See the Nutrition Risk Factor Manuals for complete definitions for each risk factor.

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Kansas WIC Program Nutrition Risks						
USDA Code	Nutrition Risk	Priority				
		PG	BF	PP	I	C
ANTHROPOMETRIC						
101	Underweight	1	1	3		
103	Underweight (BMI/Age)					3
103	At Risk of Underweight (BMI/Age)					3
103	Underweight (weight/length)				1	3
103	At Risk of Underweight (weight/length)				1	3
111	Overweight	1				
111	Overweight, less than six months postpartum		1	6		
111	Overweight, greater than six months postpartum		1			
113	Obese (BMI/Age)					3
114	Overweight (BMI/Age)					3
115	High Weight for Length				1	3
121	Short Stature (standing height)					3
121	At Risk of Short Stature (standing height)					3
121	Short Stature (recumbent length)				1	3
121	At Risk of Short Stature (recumbent length)				1	3
131	Low Maternal Weight Gain	1				
132	Weight Loss During Pregnancy, 1 st Trimester	1				
132	Weight Loss During Pregnancy, 2 nd or 3 rd Trimester	1				
133	High Maternal Weight Gain	1	1	5		
134	Failure to Thrive				1	3
141	Very Low Birth Weight				1	3
141	Low Birth Weight				1	3
142	Prematurity				1	3
153	Large for Gestational Age				1	
BIOCHEMICAL						
201	Low Hemoglobin/Hematocrit, 1 st Trimester	1				

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201	Low Hemoglobin/Hematocrit, 2 nd Trimester	1				
201	Low Hemoglobin/Hematocrit, 3 rd Trimester	1				
201	Low Hemoglobin/Hematocrit		1	5	1	3
211	Elevated Blood Lead Levels	1	1	6	1	3
CLINICAL/HEALTH/MEDICAL						
301	Hyperemesis Gravidarum	1				
302	Gestational Diabetes	1				
303	History of Gestational Diabetes	1	1	6		
304	History of Preeclampsia	1	1	6		
311	History of Preterm Delivery	1				
311	Preterm Delivery at Last Delivery		1	5		
312	History of Low Birth Weight	1				
312	Low Birth Weight Infant born at Last Delivery		1	5		
321	History of Fetal or Neonatal Loss	1				
321	Fetal or Neonatal Loss during Last Pregnancy		1	5		
331	Pregnancy at a Young Age	1	1	6		
332	Short Interpregnancy Period	1	1	6		
333	High Parity and Young Age	1	1	4		
334	Inadequate Prenatal Care	1				
335	Multifetal Gestation	1	1	6		
337	History of Birth of a Large for Gestational Age Infant	1	1	6		
338	Pregnant Woman Currently Breastfeeding	1				
339	History of Birth with Nutrition Related Birth Defect	1				
339	Birth with Nutrition Related Birth Defect at Last Delivery		1	4		
341	Nutrient Deficiency Diseases	1	1	3	1	3
342	Gastrointestinal Disorders	1	1	5	1	3
343	Diabetes Mellitus	1	1	3	1	3
344	Thyroid Disorders	1	1	6	1	3

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345	Hypertension and Prehypertension	1	1	6	1	3
345	Pregnancy Induced Hypertension	1				
346	Renal Disease	1	1	3	1	3
347	Cancer	1	1	3	1	3
348	Central Nervous System Disorders	1	1	5	1	3
349	Genetic and Congenital Disorders	1	1	5	1	3
351	Inborn Errors of Metabolism	1	1	3	1	3
352	Infectious Diseases	1	1	3	1	3
353	Food Allergies	1	1	6	1	3
354	Celiac Disease	1	1	3	1	3
355	Lactose Intolerance	1	1	6	1	3
356	Hypoglycemia	1	1	6	1	3
357	Drug Nutrient Interactions	1	1	3	1	3
358	Eating Disorders	1	1	3		
359	Recent Major Surgery, Trauma, Burns	1	1	6	1	3
360	Other Medical Conditions	1	1	5	1	3
361	Depression	1	1	6		
362	Disabilities Interfering with the Ability to Eat	1	1	4	1	3
363	Pre-Diabetes		1	6		
371	Maternal Smoking	1	1	6		
372	Alcohol and/or Illegal Drug Use	1	1	6		
381	Oral Health Problems	1	1	5	1	3
382	Fetal Alcohol Syndrome				1	3
DIETARY						
401	Assumed Risk for Women & Children over 2 yrs	4	4	6		5
411.1	Feeding a Substitute for Breastmilk or Iron Fortified Formula				4	
411.2	Inappropriate Use of Bottles or Cups				4	
411.3	Inappropriate Introduction of Complementary Foods				4	

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411.4	Feeding Practices Disregarding Developmental Needs				4	
411.5	Feeding Foods that Could Be Contaminated				4	
411.6	Improperly Diluted Formula				4	
411.7	Inappropriate Frequency of Nursing the Exclusively Breastfed Infant				4	
411.8	Diet Very Low in Calories and/or Essential Nutrients				4	
411.9	Inappropriate Handling of Formula/Breastmilk				4	
411.10	Intake of Dietary Supplements with Harmful Effects				4	
411.11	Inadequate Vitamin/Mineral Supplementation				4	
425.1	Inappropriate Beverages as Primary Milk Source					5
425.2	Feeding Sugar-Containing Fluids					5
425.3	Inappropriate Use of Bottles, Cups or Pacifiers					5
425.4	Feeding Practices Disregarding Developmental Needs					5
425.5	Feeding Foods that Could Be Contaminated					5
425.6	Diet Very Low in Calories and/or Essential Nutrients					5
425.7	Intake of Dietary Supplements with Harmful Effects					5
425.8	Inadequate Vitamin/Mineral Supplementation					5
425.9	Pica					5
427.1	Intake of Dietary Supplements with Harmful Effects	4	4	6		
427.2	Diet Very Low in Calories and/or Essential Nutrients	4	4	6		
427.3	Pica	4	4	6		
427.4	Inadequate Vitamin/Mineral Supplementation	4	4	6		
427.5	Consuming Foods that Could Be Contaminated	4				
428	Assumed Risk for Infants and Children between 4-24 months				4	5
OTHER RISKS						
501	Possibility of Regression of Hemoglobin/Hematocrit					3
501	Possibility of Regression of Weight					3
502	Transfer of Certification	1	1	1	1	1

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503	Presumptive Eligibility for Pregnant Women	4				
601	Breastfeeding Mother of Priority 1 Infant		1			
601	Breastfeeding Mother of Priority 2 Infant		2			
601	Breastfeeding Mother of Priority 4 Infant		4			
602	Potential Breastfeeding Complications		1			
603	Potential Breastfeeding Complications				1	
701	Infant born to a WIC Eligible Woman				2	
702	Breastfeeding Infant of Priority 1 Woman				1	
702	Breastfeeding Infant of Priority 4 Woman				4	
703	Infant born to a Woman with Mental Retardation				1	
703	Infant born to a Woman who Abused Alcohol or Drugs during Most Recent Pregnancy				1	
801	Homelessness	7	7	7	7	7
802	Migrancy	7	7	7	7	7
903	Foster Care	7	7	7	7	7
904	Tobacco Smoke Exposure in the Home	1	1	6	1	3