

Nutrition Education Committee
Agenda
May 7, 2010
9:00 am Conference Call

- I. Update on Revision of Nutrition Education materials
 - a. Can WIC Work for You bookmark – review the attached draft and give input. Remember that this is designed for use at health fairs and with potential WIC clients for general outreach. At a later date the state office hopes to have a general WIC brochure that could be used with professional groups, legislators, commissioners, etc.
 - b. Follow-up on newly revised HMBH brochures, regarding infant introduction of solids at 6 months.

- II. Update on New Jersey's Computer Assisted Nutrition Education
 - a. After visiting with New Jersey's state staff, we found that they adopted the online nutrition education program from WIC-Ed.com, so I will not make a visit to review their system.

- III. Review of States That Have Adopted Online Nutrition Education
 - a. Texas: www.TexasWIC.org – recommend viewing this one as several other states have adopted it (Oregon and West Virginia – are using Texas' online nutrition education).
 - b. Utah, however, is using a combination of their own modules, called Click 'N Learn, along with Texas' online nutrition education and wichealth.org too; so if you want to view their options:
www.utahcountyonline.org/dept/healthwic2/site/classes/index.html

- c. Washington is using www.wichealth.org which we reviewed at our last meeting, along with allowing their clients to use the Nutrition Café website, hosted by Pacific Science Center and the Washington State Dairy Council or the Fruits and Veggies More Matters Kids' Page. If you want to see how these are listed by Washington, go to:
www.doh.wa.gov/cfh/wic/client_nuted.htm
- d. As stated above, New Jersey is using www.WIC-Ed.com , which we also reviewed at our last meeting.
- e. And, as we reviewed last meeting, Mohave County WIC in Arizona has their own online nutrition modules, at <http://legacy.co.mohave.az.us/WIC/health.htm> . Their system is probably the least sophisticated system, but has a long list of available topics.

IV. Other topics/discussion

V. Next Meeting—July—**Bring possible dates to meet. In person or conference call?**

VI. Adjourn