



2012 Kansas Health Champion Award

Deadline for nominations: **Friday, June 29th**

Purpose

To support the mission and goals of the Kansas Governor's Council on Fitness by recognizing and promoting exemplary contributions to fitness in Kansas.

Eligible Nominees

Eligible nominees include individuals and organizations such as volunteers, schools, communities, employers, media organizations, and policy makers.

Award

No more than one outstanding individual and one outstanding organization that have done the most to model, encourage, and promote fitness in Kansas will be honored each year.

Nominee Examples

The following are offered as examples of the wide variety of individuals and organizations which may be considered for nomination and are *not* intended to limit nominations to a particular category.

Examples of Individual Nominees:

- An outstanding volunteer** who provides exemplary leadership and advocacy to promote healthy, physically active lifestyles in a local community or on a regional basis.
- A teacher** who has gone over and above normal job expectations and provided inspiration and leadership in implementing activities, policies or programs, or in changing the lifestyles of students, families, faculty, and staff.
- A reporter** who has demonstrated outstanding coverage of physical activity and healthy lifestyles.
- An employee** who has gone over and above normal job expectations in modeling, encouraging, and promoting fitness in their workplace or through their business.
- An individual** who has provided leadership in advancing public policy supportive of healthy lifestyles in Kansas.

Examples of Organizational Nominees:

- A school** that has implemented policies, programs, and/or infrastructure to support and promote healthful eating; physical activity; and tobacco-free lifestyles.
- A local community** that has adopted policies, offers programs, and provides accessible facilities/infrastructure to support access to physical activity and local foods and to encourage tobacco-free living.
- A business** that promotes good health on and off the job with supportive policies, access to physical fitness activities and healthful foods, and appropriate health education opportunities.
- A newspaper, television station, radio station** that has demonstrated outstanding coverage of physical activity and healthy lifestyles.
- A local, state, or national group** that has provided leadership in advancing public policy supportive of healthy lifestyles in Kansas.



Health Champion Nomination Form

Deadline for nominations: **June 29th, 2012**

Selected Awardee will be notified by August

Please complete the following and submit along with a cover page to:

Governor's Council on Fitness
c/o Anthony Randles
1000 SW Jackson, Suite 230
Topeka, KS 66612
Or e-mail to arandles@kdheks.gov
Or fax to (785) 296-8059

If you have questions about the nomination process, contact Anthony at (785) 296-8060 or arandles@kdheks.gov.

Type of Nomination: Individual Organization

Nominee (Name of Organization or Individual):

Nominee Contact Person (if organizational nomination):

Nominee Address:

Phone Number:

Email Address:

In what capacity does the individual or group perform this work? Paid Volunteer

Person Submitting Nomination:

Nominator Address:

Phone Number:

Email Address:

How did you hear about the Awards Program?

Note: The winner will be asked to participate in judging next year's nominees.

Kansas Health Champion Nomination Narrative

Please limit response to no more than two pages typed, single-spaced.

Describe how the nominee has modeled, encouraged, and promoted fitness in Kansas. In your narrative, please make sure you address the following specific questions:

- a) How does the work of this individual or organization go above and beyond what is expected through normal job or organizational responsibilities related to modeling, encouraging, and promoting fitness?
- b) What is the breadth or scope of influence, i.e. how far-reaching are efforts to model, encourage, and promote fitness?
- c) What is the sustainability of the activities, i.e. do you expect the nominee's activities to continue?
- d) What is the health impact of the efforts related to this nomination, i.e. does the work of the nominee have a lasting and measurable impact related to improving fitness in Kansas?