

# Kansas Green Teams

## Friday Facts



### Something to think about..... Decomposition Time!



How long does it take?

- ◆ Banana peel, 2-10 days
- ◆ Orange peels, 1 month
- ◆ Cotton rags, 1-5 months
- ◆ Paper, 2-5 months
- ◆ Cardboard, 2 months
- ◆ Rope, 3-14 months
- ◆ Wool socks, 1-5 years
- ◆ Cigarette filters, 1-12 years
- ◆ Plastic composite milk cartons, 5 years
- ◆ Plastic bags, 10-20 years
- ◆ Disposable diapers, 200-500 years
- ◆ Leather shoes, 25-40 years
- ◆ Nylon fabric, 30-40 years
- ◆ Tin cans, 50- 100 years
- ◆ Aluminum cans 200-500 years (**but if recycled they can be reused within 6 weeks!**)
- ◆ Plastic Bottles 70-450 years
- ◆ Glass 1-2 million years
- ◆ Styrofoam 1+ million years
- ◆ Biodegradable plastic bags, 75 days
- ◆ Biodegradable paper cups, 75 days

Source: [Wikipedia.org](http://Wikipedia.org)



How long does it take?

### Changing our lifestyle is a way of thinking!

In our fast pace world, sometimes we don't stop and think on the choices that we make in our everyday lives. When it comes to reducing and reusing natural resources, there are ways that we can help with the environment just by redirecting or changing our habits. Habits are a learned behavior and experts say it **takes 21 days** to change a habit. Instead of dreading the process of making yourself do something new for the rest of your life, you really only have to do it consistently for 21 days, on the 22nd day it becomes a part of your normal routine. Take the challenge and see how many of the following new habit's you and your family can put in place!

- ◆ Use cloth napkins instead of paper
- ◆ Use sealable storage containers rather than plastic wrap
- ◆ Reuse cardboard boxes, plastic bags and paper sacks
- ◆ Turn the water off when brushing your teeth
- ◆ Stop junk mail
- ◆ Pay bills online
- ◆ Do a backyard compost project
- ◆ Rent or lease products or equipment
- ◆ Purchase products in bulk

Source: [Washington Business Journals](http://Washington Business Journals) & [MODOT](http://MODOT)



Get Caught 



“as the most easily managed waste is material that never becomes waste”