# Resource Guide

United Way of the Plains

***A quick guide to basic services available in Sedgwick County, Kansas***

- *Information is provided as a community service and does not necessarily constitute endorsement or approval by United Way of the Plains, 245 N. Water, Wichita, KS 67202.*
- *This information is updated regularly; please call us or check online for the most current listings.*

## Information & Referral

Connecting Point ..... 267-3535
Federal Citizen Information Center ..... (800) 688-9889
Independent Living Resource Center ..... 942-6300
Kansas Legal Services ..... 265-9681
LOVE INC. ..... 265-0500
Parenting or Anger Management Resources ..... 2-1-1
Sedgwick County Department on Aging ..... 660-5120
Sedgwick County Developmental Disability Org. ..... 660-7630
Center for Community Support and Research
(Support Groups) ..... 978-3843
Senior Info-Line ..... 267-0122
Social Rehabilitation Services (SRS) ..... 337-6314
To report abuse ..... (800) 922-5330
Wichita Area Sexual Assault Center ..... 263-3002
Wichita Transit Bus Schedule ..... 265-7221

## Shelter

### *Homeless Shelters*

St. Anthony Family Shelter, Catholic Charities, Inc. ..... 264-7233
Drop In Center (Day Shelter) ..... 269-4250
Harbor House (Domestic Violence) ..... 263-6000
Inter-Faith Inn, Inter-Faith Ministries ..... 264-8051
Salvation Army, Homeless Services ..... 263-2196
TiWiconi Safe Haven (Mentally Ill by Referral Only) ..... 263-0006
Union Rescue Mission (Men Only) ..... 687-4673
YWCA Women's Crisis Center (Domestic Violence) ..... 267-7233

### *Rent & Utilities**

American Red Cross, 1900 E Douglas ..... 219-4070
Initial screening by phone Mon-Wed 8:30 am-2:30 pm
Center of Hope (Call Mondays 9-12 and 1-4 Only) ..... 267-0222
***Applicants should be aware that requests often exceed available funding.***

### *Furniture*

His Helping Hands (by appt only) ..... 838-8528

## Clothing

First Metropolitan Community Church (Tues 1-5 pm) ..... 267-1852
His Helping Hands (Sat 9-11:30am) ..... 838-8528
Immanuel Baptist Church (Thurs 9-11am) ..... 262-1452
Klothes Kloset (Mon, Wed, Fri 9am-2pm) ..... 265-1670
P.I.N. – People In Need ..... 263-7623

## Food

### *Food Banks*

American Red Cross (Grocery voucher program, Fri 8:30am-12:00pm) ... 219-4070
Bread of Life (Tues 10am-1:45pm) ..... 689-6866
Catholic Charities Help Center (M-Th 10am-12pm & W 3-4pm) ..... 262-8898
Community Food Ministry (M-F 9:00-11:45am & 1:00-3:45pm) ..... 267-4201
First Metropolitan Community Church (Tues 1-6pm) ..... 267-1852
Salvation Army (call for specifics) ..... 263-2769
Union Rescue Mission (by appt. only) ..... 687-4673
Westside Good Neighbor Center (Wed, Fri 9am-12pm) ..... 942-7349

## Hot Meals/Sack Lunch/Dinner

| Sun | Mon | Tues | Wed | Thurs | Fri | Sat |
|---|---|---|---|---|---|---|
| 5 | 1,2,5,7 | 1,5,6,7 | 1, 5,7,8 | 1,3,5,7 | 1,4,5,7 | 5 |

1 Drop-In Center, 353 N. Market ..... 269-4250
Lunch served; must sign-up by 11:30 a.m. For homeless only.
2 College Crest Church of Christ, 2615 N Wellsley ..... 686-1981
Lunch served 11 a.m. – 1 p.m.
3 Grant Chapel, 2750 N. Hillside ..... 685-2682
Lunch served 12 p.m. – 1 p.m.
4 St. Paul AME Church, 1756 N. Piatt ..... 265-5881
Lunch served 12 p.m. – 1 p.m.
5 Lord's Diner, 520 N. Broadway ..... 266-4966
Dinner served 5:30 p.m. – 7:30 p.m.
6 Tabernacle Baptist Church, 1817 N. Volutsia ..... 681-3954
Lunch served 11:30 a.m. – 12:45 p.m.
7 Episcopal Social Services, 1005 E. 2nd St. N. ..... 269-4160
Lunch served 11:30 a.m. – 12:30 p.m.
8 P.I.N. – People In Need, 1201 S. Market ..... 263-7623
Lunch served 11 a.m. – 1 p.m.

### *Discounted Groceries*

Prairie Land Food ..... (800) 998-9436
Cost $20 (plus $3.00 transportation fee) and 2 hrs volunteer service. Call for sign-up & distribution locations.
Angel Food Ministries ..... (877) 366-3646
Cost $30 for a food package. Call for sign-up & distribution locations.

## Employment & Job Training

City of Wichita Career Development Division ..... 337-9444
Episcopal Social Services ..... 269-4160
Job Corps Outreach Center ..... 771-6778
KANSEL ..... 263-9620
Senior Employment (Senior Services, Inc. of Wichita) ..... 267-1771
Urban League of Kansas ..... 683-3315
Wichita Workforce Center ..... 771-6800

## Children & Youth

0-5 Early Childhood Programs ..... 682-1853
Big Brothers/Big Sisters of Sedgwick County, Inc ..... 263-3300
Boys & Girls Club of South Central Kansas, Inc. ..... 687-5437
Boy Scouts of America (Quivira Council) ..... 264-3386
CASA of Sedgwick County (Roots & Wings, Inc.) ..... 866-2920
Child Start, Inc ..... 682-1853
Children with Special Health Services ..... 962-2021
Communities in Schools of Wichita/SG County, Inc. ..... 973-5110
Connecting Point ..... 267-3535
Episcopal Social Services (teen intervention) ..... 269-4160
Girl Scouts of the Kansas Heartland ..... 684-6531
Girls & Boys Town National Hotline ..... (800) 448-3000
4H Youth Program ..... 660-0100
Healthy Babies – Sedgwick County Health Dept. ..... 660-7433
Heartspring ..... 634-8700
Kansas Children's Service League ..... 942-4261
Kansas Society for Children with Challenges ..... 262-4676
Parent HelpLine ..... (800) 332-6378
Parents as Teachers ..... 973-5160
Rainbows United, Inc. ..... 267-KIDS
Salvation Army Biddy Basketball ..... 686-4242
Social & Rehabilitation Services-Wichita (Abuse) .... (800) 922-5330
Volunteer Center, United Way of the Plains ..... 267-0202
Urban League of Kansas ..... 262-2463
Wichita Children's Home ..... 684-6581
WIC (Women, Infants, & Children) Program ..... 660-7444
YMCA ..... 264-1610

### *Baby Items*

Birthline, Inc. ..... 265-0134
Kansas Equipment Exchange (car seats) ..... (800) 526-3648
Stork's Nest (prenatal education) ..... 612-6899
SAFE KIDS (car seats) ..... 946-5045
Union Rescue Mission (diapers/formula) ..... 687-4673

## Counseling & Mental Health

Community Counseling Services, Catholic Charities ..... 263-6941
Center City (COMCARE Homeless Program) ..... 660-7800
Center on Family Living, Friends University ..... 295-5638
Christian Counseling Center ..... 264-8800
COMCARE of Sedgwick County ..... 660-7540
CRISIS INTERVENTION (Suicide Hotline) ..... 660-7500
Counseling and Mediation Center ..... 269-2322
Episcopal Social Services ..... 269-4160
Family & Children Community Services--COMCARE ..... 660-9600
Family Consultation Service ..... 264-8317
Kansas Children's Service League ..... 942-4261
Mental Health Association of South Central KS ..... 685-1821
Psychology Clinic, Wichita State University ..... 978-3212
Wichita Child Guidance Center ..... 686-6671

## Medical

*Center for Health and Wellness ..... 691-0249
E.C. Tyree Health Clinic ..... 681-2545
*Good Samaritan Clinic ..... 688-5020
*GraceMed Health Care Clinic ..... 866-2000
*Guadalupe Clinic ..... 264-8974
Harry Hynes Memorial Hospice ..... 265-9441
*Health Department, Sedgwick County ..... 660-7300
HealthWave Insurance ..... (800) 792-4884
Healthy Children Center ..... 973-4110
*Hunter Health Clinic, Inc. ..... 262-2415
KU Wichita Adult Medicine ..... 293-2622
Mayflower Clinic ..... 558-3991
Medical Equipment Loan Closet ..... 744-9291
Medical Service Bureau, Inc. ..... 683-7559
MERN (medical equipment, supplies, etc.) ..... 942-6300
Mother Mary Anne ..... 689-5121
Project Access ..... 688-0600
Sedgwick County Prescription Card ..... 660-7673
Social & Rehabilitation Services (Medical) ..... 337-6314
Via Christi - Children's Miracle Network ..... 946-5020

** Clinics that do intake for project ACCESS*

### *Dental*

E.C. Tyree Health & Dental Clinic ..... 681-2545
GraceMed Dental Clinic ..... 866-2020
Hunter Health Dental Clinic ..... 269-0677

## Alcohol & Drug Services

Al-Anon/Alateen ..... 266-8499
Alcoholic's Anonymous (AA) ..... 684-3661
Center for Health and Wellness ..... 691-0249
COMCARE Addiction Treatment Services ..... 660-7550
District Attorney, Sedgwick County
(Involuntary Commitment) ..... 383-7281
Knox Center, Inc. ..... 265-8511
Miracles, Inc. ..... 303-9520
Narcotics Anonymous (NA) ..... 524-7775
Options Adult Services/Detox Center (Men) ..... 265-6011
Pathways, Mental Health Association ..... 685-1821
Regional Prevention Center ..... 262-2421
Substance Abuse Center of Kansas ..... 267-3825
Women's Recovery Center ..... 262-0505

## Debt, Credit, & Budget Counseling

Consumer Credit Counseling ..... 265-2000
Kansas Fresh Start (bankruptcy representation) ..... 771-7336
Unemployment Benefits ..... 383-9947

## Housing

Affordable Housing – H.O.P.E., Inc. ..... 618-8652
City of Wichita Housing Services Dept. – Section 8 ..... 462-3700
Fair Housing- Urban League of KS ..... 262-2463
Habitat for Humanity, Inc. ..... 269-0755
Housing Services, Inter-Faith Ministries ..... 264-9303
Kansas Housing Hotline ..... (800) 752-4422
Mennonite Housing Rehabilitation Services Inc. ..... 942-4848
Sedgwick County Housing Office - Section 8 ..... 660-7270
Weatherization Assistance Program ..... 262-7035

4/29/11