



Welcome to the Castlight webinar.

WHAT IS CASTLIGHT?

- Castlight's healthcare dashboard lets you shop for care, track medical spending and understand your health plan.
- Castlight is provided free of charge to State Employee Health Plan employees and spouses on an SEHP medical plan.
- Castlight helps you make better health care decisions!

Castlight is a personalized, online tool that will help people find the high quality, affordable care they need, better understand and navigate the healthcare landscape, and make more informed healthcare decisions.

We know how confusing healthcare is – it's hard to find the information you need, especially when it comes to how much you'll pay for a visit or lab. That's where Castlight comes in... empowering users with information all in one place that they've never had before.

WHAT IS CASTLIGHT



**Save on
high-quality
care**



**Understand
your plan**



**Review
past
expenses**



**Make
smart
choices**

Plus, Castlight Mobile lets you “know on the go!”

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SO what Is Castlight anyway?

Castlight is a personalized healthcare tool that will let you compare doctors, lab tests, pharmacies, hospitals, and other medical services by cost and quality. Now you can know all the information you need to know before you book appointments for you or your family members.

Castlight can be used in a number of ways. First, Castlight helps you understand your options for in-network doctors and medical services in your area.

You'll see personalized estimated prices for what you might pay, based on where you are in your deductible.

You can also use Castlight to view quality and patient experience information to ensure you go to the best doctors and facilities for you.

Castlight also lets you review your past medical spending, so that instead of digging through paper bills and files, you can see all of your past claims in one place, and understand how much you paid and why.

As a Castlight user, you will be able to see key details about your plan and personal savings recommendations to ensure they receive the highest quality care and stay informed.



Simply put, Castlight lets you shop for healthcare, as you've not been able to before.

But why does that matter? The reality is that it pays to shop around for healthcare. Out-of-pocket costs can vary enormously, depending on where you go, and the price for a given visit or service has nothing to do with its quality.

Here's an example. Let's say you need an MRI. How much do you think it would cost?



The answer is that it could be any of those prices.

The same in-network MRI could cost anywhere between \$222 and over \$888 dollars – or more! No difference in quality, the same service, but at very different costs to you.

That's where Castlight can help! Castlight shows you the best options for the services you need at the best price.

BEFORE WE GET STARTED

Activate your Castlight account at
mycastlight.com/SEHP/

My goal today is to get you all excited about Castlight, to explain more about the tool – how it works, what it does - and tell you more about how we are launching and what to expect over the next few months.

We’re meeting with you today because we need your help to make Castlight a success, and I’ll go through how you’ll be supporting our launch shortly.

But before we get started, know that there is no better way to explore Castlight and understand it than by accessing your own account.

So, for all those of you who are enrolled in [ELIGIBLE PARTICIPANTS], consider yourself invited, even right now, to go to [MY CASTLIGHT URL] and activate your account so you can start exploring Castlight today.

KEY FACTS

Who

Castlight is provided free of charge to State of Kansas employees and spouses on an SEHP Health Plan

How

Register at mycastlight.com/SEHP.
You can also download our mobile app in the Google Play or Apple store or at mycastlight.com/mobile.

Why

It pays to shop around. Save money, find high-quality care and make smart healthcare choices.

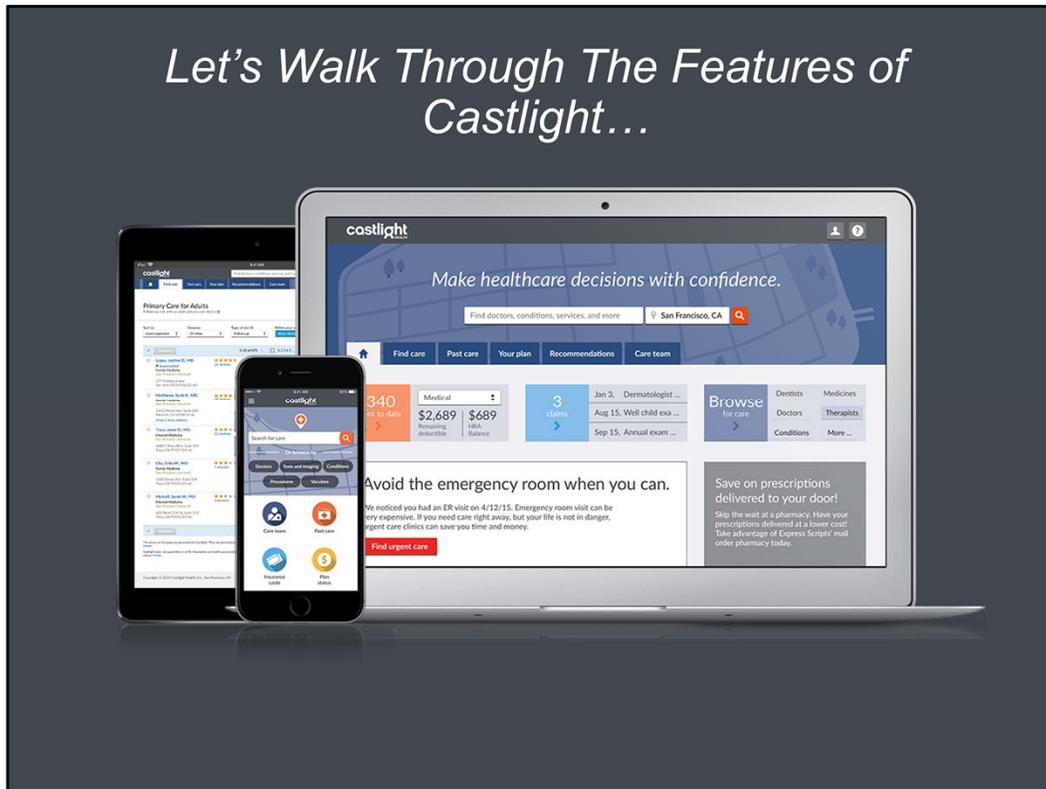


It takes less than 5 minutes to get started!

How do you register? Visit mycastlight.com/SEHP. You can also download the mobile app and register that way. Search for Castlight in your App store, or visit mycastlight.com/mobile.

Why would you want to get excited about Castlight: it pays to shop around. Use Castlight to save money, find high quality care and be smart about your health.

Let's Walk Through The Features of Castlight...



And with that, let's demo Castlight for you.

CASTLIGHT HOME PAGE

Annotations on the right side of the screenshot:

- Search for in network medical care:
 - cost,
 - quality
 - patient reviews
- See your remaining deductible and spend to date
- Connect with all of your State Employee Health Plan benefits programs

Castlight isn't just about getting the best price. We know quality is what counts, and will be especially important for families of waters district employees.

Castlight aggregates and provides more information about provider and facility quality than patients have ever had in one place.

Users can go into Castlight to view overall patient experience information, read patient reviews, and get details about a provider's background, education, and qualifications.

And the same goes for hospitals, Castlight provides key insights into clinical quality and patient outcomes, directly in the product. You can also learn about key treatment guidelines for common conditions to ensure that you know the right questions to ask before going in.

With Castlight, you can ensure you go to the right place, armed with information to have a good experience.

Castlight's quality data comes from a wide range of public and private sources. Facility information comes from sources including The Leapfrog Group for Patient Safety, The U.S. Department of Health and Human Services, and other governmental reporting agencies. For provider ratings, Castlight also aggregates patient experience information from a number of websites that provide patient ratings and reviews of healthcare professionals including Angie's List and Citysearch.com, in addition to reviews submitted by its own users, including you.

CASTLIGHT CARE CENTER – BENEFITS PROGRAMS

The screenshot displays the Castlight Care Center interface. At the top, there is a search bar with the text "Find doctors, services, conditions, or medicines" and a location filter set to "topeka, KS". Below the search bar is a navigation menu with options: "Care center", "Find care", "Past care", "Your plan", and "Recommendations". The main content area is titled "Have you checked out these benefit programs" and features several program cards: "Employee Assistance Program (EAP)", "CVS/caremark Pharmacy benefits", "Blue Cross and Blue Shield of Ka... Medical plan", "CVS/caremark Pharmacy benefits manager (PBM)", "Delta Dental Dental plan", "Employee Assistance Program (EAP)", "Rx Savings Solutions Additional benefit program", and "Surency Vision plan". A "CARE TEAM CHECKLIST" shows a progress bar at 25% with a "Primary care dc" and "Laboratory cen" icon. A "Click to Learn" button is visible next to the Blue Cross and Blue Shield of Kansas Medical plan card. A small text block at the bottom right of the screenshot reads: "No one plans to get sick or hurt, but unexpected things happen - even to healthy people. Your medical plan is the first step in making sure you're staying healthy and happy. From scheduling yearly health check-ups, to understanding your coverage for services like immunizations and pregnancy screenings, to receiving discounted rates for specialized care, your medical plan is the partner you need in your medical journey. Learn More".

- Connect with all of your State Employee Health Plan benefits programs

castlight
Sehp_Bcbsks_C_1_Fn
Find doctors, services, conditions, or medicines topeka, KS
Care center Find care Past care Your plan Recommendations
Have you checked out these benefit programs
Employee Assistance Program (EAP) CVS/caremark Pharmacy benefits
ALL BENEFIT PROGRAMS
CARE TEAM CHECKLIST 25% Primary care dc Laboratory cen
Blue Cross and Blue Shield of Ka... Medical plan (800) 332-0307 Click to Learn
Delta Dental Dental plan Employee Assistance Program (EAP) Rx Savings Solutions Additional benefit program Surency Vision plan
No one plans to get sick or hurt, but unexpected things happen - even to healthy people. Your medical plan is the first step in making sure you're staying healthy and happy. From scheduling yearly health check-ups, to understanding your coverage for services like immunizations and pregnancy screenings, to receiving discounted rates for specialized care, your medical plan is the partner you need in your medical journey. Learn More
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CASTLIGHT – CARE CENTER CARE TEAM

• Bookmark all of your/your family's providers.

- Contact details
- Last visit
- Your review
- Notes (Create notes)
- Savings opportunities

castlight
Sehp_Bcbsks_C_1_Fn

Find doctors, services, conditions, or medicines topeka, KS

Care center Find care Past care Your plan Recommendations

Have you checked out these benefits?

Employee Assistance Program
Employee assistance program (EAP)

ALL BENEFIT PROGRAMS

CARE TEAM CHECKLIST
25%

BENEFIT PROGRAMS CARE TEAM INSURANCE CARDS

You have new providers to add to your Care Team!

PROVIDERS

Suzanne M Bennett
Obstetrics and Gynecology

Matthew G Buxton
Dermatology

Jeffrey A Cramer
Optometry

Keri L Dennis
Optometry

Robert D Durst
Dermatology

Linda L Skiles
Family Medicine

Nicole Trabuc
Optometry

Suzanne M Bennett
Obstetrics and Gynecology

1620 Charles Pl Edit
Manhattan, KS 66502

(785) 776-1400

Get directions

YOUR REVIEW
☆☆☆☆☆ Click to rate

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CASTLIGHT – PAST CARE

The screenshot shows the 'Past Care' section of the Castlight website. At the top, there's a search bar and navigation tabs for 'Care center', 'Find care', 'Past care', 'Your plan', 'Rewards', and 'Recommendations'. The 'Past Care' tab is active. Below the navigation, there's a 'Past Care' header with a sub-header 'Review past care claims that have been processed by your plan. Medical and dental claims updated October 1, 2016.' A 'Claims Summary for 2016' section shows a 'Show:' dropdown set to '2016'. Underneath, there's a 'Family spending overview' with a table: Total fees billed: \$1,200.00, Paid by ACME LTD: \$479.00, Your responsibility: \$721.00. To the right is a line graph titled 'Your out of pocket costs by month' for 'Molly', showing costs of \$0 from Jan to Jun, a spike to \$300 in July, \$400 in August, and \$721 in September. Further right is a pie chart titled 'Categories of care' showing \$410 for 'Uncategorized' and \$311 for 'Visit'. Below this is a 'Your Claims' table with columns: Date, Service, Provided by, Category, and You pay. The table lists three claims: Sep 6 (Chiropractic treatment of back for Molly, \$90.00), Sep 1 (Follow up preventative care office visit for Molly, \$311.00), and Aug 17 (Chiropractic treatment of back for Molly, \$320.00). A 'Refine Your View' sidebar on the left lists participants (Molly, Morgan, Sara, Millie) and doctors & specialists (Draper, Garrett, Jones, Amy, MD). The Castlight logo is at the bottom left, and 'Confidential | 12' is at the bottom right.

- See past care claims for you and your covered dependents
 - By year
 - By covered family member
 - By provider/facility
- Get savings tips
- Rate providers

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CASTLIGHT – YOUR PLAN

Medical Insurance
State Employee Health Plan (SEHP): BCBKSKS Plan C
Blue Cross Blue Shield of Kansas
Website
800-332-0307

Pharmacy Plan
CVS/caremark
CVS/caremark Website
800-294-6324

Your preferred lab outpatient services offer many services discounted or free of charge!
[LEARN MORE](#)

Participant spending

In-network @

PHASE / PARTICIPANT	SPENT TO DATE	TO COINSURANCE	TO OOP MAX
Sehp_Bcbsks_C_1_Fn	\$0	\$2,750	\$2,750

SPENDING SUMMARY

TOTAL SPENT IN-NETWORK	\$0	\$2,750	\$2,750
		TO COINSURANCE	TO ANNUAL OUT-OF-POCKET MAXIMUM

HEALTH FUND BALANCES

Check FSA: balance + Check HSA: balance +

See plan information:

- Contact information for medical and Rx
- Spending to date and plan information
- What is covered and what are the costs by phase
 - Preventative Care
 - Medical Services
 - Emergency and Urgent Care
 - Hospital Services
 - Other Services

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CASTLIGHT – SEARCH

Search for a provider or service. See:

- Price range in your area. Amount “You Pay” based on where you are in your deductible/OOP Max
- Cost and quality information per provider
- Patient reviews
- Filter by distance and more
- Get educational information

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CASTLIGHT – PROVIDER DETAIL

Primary Care for Adults
David M Schneider
[Write a review](#)

- In-Network
- Board certified

[Add to Care Team](#)

[Profile](#) | [Patient ratings](#) | [Locations](#) | [Prices](#)

Biography

Specialties: Family Medicine
 Languages Spoken: French

★★★★★ September 08, 2011
 Angie's List member

Description of experience:
 Dr. Deleon is my current primary care physician. I had used his father in the past.

Comments:
 My last visit with him was fine. I had used him in the past a number of years ago before I went to his dad. I am very satisfied with his services. The office environment is excellent. He communicates well and takes a lot of time with me. I would rate him highly and would definitely continue to use him in the future; in fact, I just had some blood tests and so forth done, so I will have to see him again in the next two weeks.

[View details on Angie's List](#)

(619) 287-7661
 Ask the office these questions to help determine the quality of this provider's care.
[View questions](#)

Learn more about providers and facilities:

- In-depth provider information
- Quality reviews
- Hospital quality information
- Key treatment guidelines

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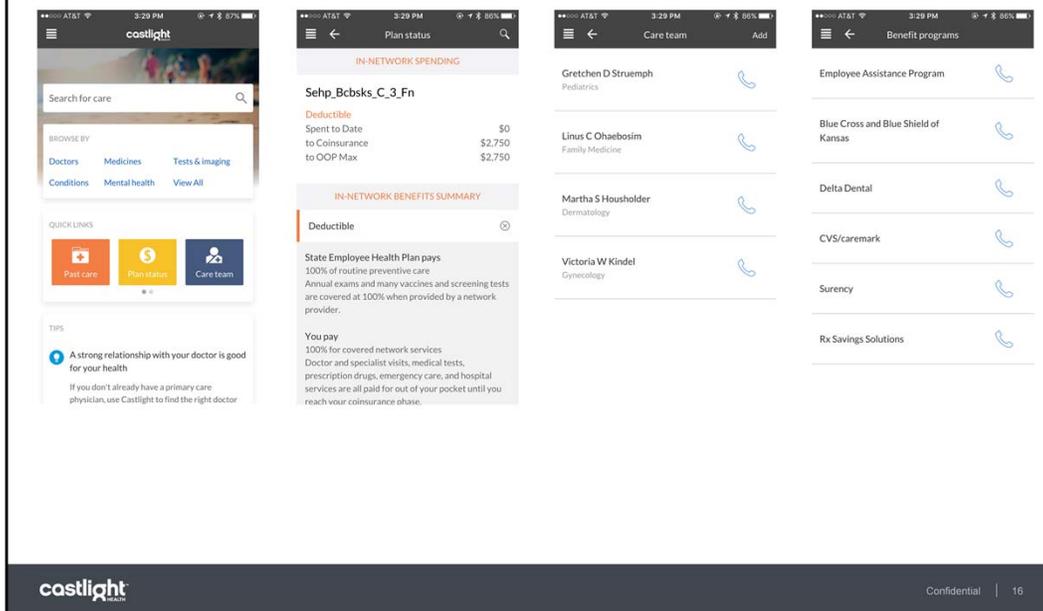
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www.mycastlight.com/SEHP



Download the App

Direct any questions to a
Castlight Guide

1-800-681-6790

M-F, 8 am to 9 pm EST

Email available any time!

*Support@castlighthealth.com or
through the app*

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HEALTH