



Benefits and Premiums are effective January 01, 2019 through December 31, 2019

PLAN DESIGN AND BENEFITS  
PROVIDED BY AETNA LIFE INSURANCE COMPANY

<b>PLAN FEATURES</b>	<b>Network &amp; Out-of-Network Providers</b>
<b>Annual Deductible</b>	\$0
This is the amount you have to pay out of pocket before the plan will pay its share for your covered Medicare Part A and B services.	
<b>Annual Maximum Out-of-Pocket Amount</b>	\$1,000
Annual maximum out-of-pocket limit amount includes any deductible, copayment or coinsurance that you pay. It will apply to all medical expenses except Hearing Aid Reimbursement, Vision Reimbursement and Medicare prescription drug coverage that may be available on your plan.	
<b>Primary Care Physician Selection</b>	Optional
There is no requirement for member pre-certification. Your provider will do this on your behalf.	
<b>Referral Requirement</b>	None
<b>PREVENTIVE CARE</b>	<b>This is what you pay for Network &amp; Out-of-Network Providers</b>
<b>Annual Wellness Exams</b>	\$0
One exam every 12 months.	
<b>Routine Physical Exams</b>	\$0
<b>Medicare Covered Immunizations</b>	\$0
Pneumococcal, Flu, Hepatitis B	
<b>Routine GYN Care (Cervical and Vaginal Cancer Screenings)</b>	\$0
One routine GYN visit and pap smear every 24 months.	
<b>Routine Mammograms (Breast Cancer Screening)</b>	\$0
One baseline mammogram for members age 35-39; and one annual mammogram for members age 40 & over.	
<b>Routine Prostate Cancer Screening Exam</b>	\$0
For covered males age 50 & over, every 12 months.	



STATE EMPLOYEE HEALTH PLAN (STATE OF KANSAS)

Aetna Medicare<sup>SM</sup> Plan (PPO)

Medicare (P01) ESA PPO Plan

Aetna Value Rx

**Routine Colorectal Cancer Screening** \$0

For all members age 50 & over.

**Routine Bone Mass Measurement** \$0

**Additional Medicare Preventive Services\*** \$0

**Medicare Diabetes Prevention Program (MDPP)** \$0

12 months of core session for program eligible members with an indication of pre-diabetes.

**Routine Eye Exams** \$0

One annual exam every 12 months.

**Routine Hearing Screening** \$0

One exam every 12 months.

**PHYSICIAN SERVICES** This is what you pay for Network & Out-of-Network Providers

**Primary Care Physician Visits** \$10

Includes services of an internist, general physician, family practitioner for routine care as well as diagnosis and treatment of an illness or injury and in-office surgery.

**Physician Specialist Visits** \$25

**DIAGNOSTIC PROCEDURES** This is what you pay for Network & Out-of-Network Providers

**Outpatient Diagnostic Laboratory** \$0

**Outpatient Diagnostic X-ray** \$0

**Outpatient Diagnostic Testing** \$0

**Outpatient Complex Imaging** \$150

**EMERGENCY MEDICAL CARE** This is what you pay for Network & Out-of-Network Providers

**Urgently Needed Care; Worldwide** \$30

**Emergency Care; Worldwide (waived if admitted)** \$80

**Ambulance Services** \$100

**Observation Care**

Your cost share for Observation Care is based upon the services you receive.



<b>HOSPITAL CARE</b>	<b>This is what you pay for Network &amp; Out-of-Network Providers</b>
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<b>Inpatient Hospital Care</b>	\$150 copay per day, day(s) 1-5
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The member cost sharing applies to covered benefits incurred during a member's inpatient stay.

<b>Outpatient Surgery</b>	\$150
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<b>Blood</b>	All components of blood are covered beginning with the first pint.
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<b>MENTAL HEALTH SERVICES</b>	<b>This is what you pay for Network &amp; Out-of-Network Providers</b>
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<b>Inpatient Mental Health Care</b>	\$150 copay per day, day(s) 1-5
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The member cost sharing applies to covered benefits incurred during a member's inpatient stay.

<b>Outpatient Mental Health Care</b>	\$25
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<b>ALCOHOL/DRUG ABUSE SERVICES</b>	<b>This is what you pay for Network &amp; Out-of-Network Providers</b>
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<b>Inpatient Substance Abuse (Detox and Rehab)</b>	\$150 copay per day, day(s) 1-5
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The member cost sharing applies to covered benefits incurred during a member's inpatient stay.

<b>Outpatient Substance Abuse (Detox and Rehab)</b>	\$25
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<b>OTHER SERVICES</b>	<b>This is what you pay for Network &amp; Out-of-Network Providers</b>
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<b>Skilled Nursing Facility (SNF) Care</b>	\$0 copay per day, day(s) 1-20; \$167.50 copay per day, day(s) 21-100
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Limited to 100 days per Medicare Benefit Period\*\*.

The member cost sharing applies to covered benefits incurred during a member's inpatient stay.

<b>Home Health Agency Care</b>	\$0
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<b>Hospice Care</b>	Covered by Original Medicare at a Medicare certified hospice.
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<b>Outpatient Rehabilitation Services (Speech, Physical, and Occupational therapy)</b>	\$0
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Aetna Value Rx

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<b>Cardiac Rehabilitation Services</b>	\$0
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<b>Pulmonary Rehabilitation Services</b>	\$0
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<b>Radiation Therapy</b>	\$0
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<b>Chiropractic Services</b>	\$20
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Limited to Original Medicare - covered services for manipulation of the spine.

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<b>Durable Medical Equipment/ Prosthetic Devices</b>	20%
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<b>Podiatry Services</b>	\$25
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Limited to Original Medicare covered benefits only.

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<b>Diabetic Supplies</b>	\$0
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Includes supplies to monitor your blood glucose from LifeScan.

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<b>Diabetic Eye Exams</b>	\$0
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<b>Outpatient Dialysis Treatments</b>	\$0
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<b>Medicare Part B Prescription Drugs</b>	20%
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<b>Medicare Covered Dental</b>	\$25
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Non-routine care covered by Medicare.

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#### **ADDITIONAL NON-MEDICARE COVERED SERVICES**

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<b>Hearing Aid Reimbursement</b>	\$500 once every 12 months
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<b>Fitness Benefit</b>	Silver Sneakers
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<b>Resources for Living</b>	Covered
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For help locating resources for every day needs.

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<b>Routine Podiatry</b>	\$15
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#### **PHARMACY - PRESCRIPTION DRUG BENEFITS**

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<b>Calendar-year deductible for prescription drugs</b>	\$100
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Prescription drug calendar year deductible must be satisfied before any Medicare Prescription Drug benefits are paid. Covered Medicare Prescription Drug expenses will accumulate toward the pharmacy deductible.

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<b>Pharmacy Network</b>	P1
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Your Medicare Part D plan is associated with pharmacies in the above network. To find a network pharmacy, you can visit our website (<http://www.aetnaretireplans.com>).

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**Formulary (Drug List)**

GRP A1

Your cost for generic drugs is usually lower than your cost for brand drugs. However, Aetna in some instances combines higher cost generic drugs on brand tiers.

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**Initial Coverage Limit (ICL)** \$3,820

The Initial Coverage Limit includes the plan deductible, if applicable. This is your cost sharing until covered Medicare prescription drug expenses reach the Initial Coverage Limit (and after the deductible is satisfied, if your plan has a deductible):

5 Tier Plan	<b>Standard retail cost- sharing up to a 30-day supply</b>	<b>Preferred retail cost- sharing up to a 30-day supply</b>	<b>Standard retail or standard mail order cost-sharing up to a 90- day supply</b>	<b>Preferred retail cost- sharing up to a 90- day supply</b>	<b>Preferred mail order cost-sharing up to a 90- day supply</b>
<b>Tier 1 - Preferred Generic</b> Generic Drugs	\$19	\$8	\$38	\$16	\$16
<b>Tier 2 - Generic</b> Generic Drugs	\$20	\$15	\$40	\$30	\$30
<b>Tier 3 - Preferred Brand</b> Includes some high-cost generic and preferred brand drugs	\$47	\$40	\$94	\$80	\$80
<b>Tier 4 - Non-Preferred Drug</b> Includes some high-cost generic and non-preferred brand drugs	\$100	\$80	\$200	\$160	\$160



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Aetna Medicare<sup>SM</sup> Plan (PPO)

Medicare (P01) ESA PPO Plan

Aetna Value Rx

<b>Tier 5 - Specialty</b> Includes high-cost/unique generic and brand drugs	25%	25%	Limited to one-month supply	Limited to one-month supply	Limited to one-month supply
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**Coverage Gap†**

The Coverage Gap starts once covered Medicare prescription drug expenses have reached the Initial Coverage limit. Here's your cost-sharing for covered Part D drugs between the Initial Coverage limit until you reach \$5,100 in prescription drug expenses:

5 Tier Plan	Standard retail cost-sharing up to a 30-day supply	Preferred retail cost-sharing up to a 30-day supply	Standard retail or mail order cost-sharing up to a 90-day supply	Preferred retail cost-sharing up to a 90-day supply	Preferred mail order cost-sharing up to a 90-day supply
<b>Tier 1 - Preferred Generic</b> Generic Drugs	\$19	\$8	\$38	\$16	\$16

<b>Tier 2 - Generic</b> Generic Drugs	\$20	\$15	\$40	\$30	\$30
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<b>Tier 3 - Preferred Brand</b> Includes some high-cost generic and preferred brand drugs	37% Generic - 25% Brand	37% Generic - 25% Brand	37% Generic - 25% Brand	37% Generic - 25% Brand	37% Generic - 25% Brand
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**Tier 4 - Non-Preferred Drug** 37% Generic - 37% Generic - 37% Generic 37% Generic 37% Generic -  
Includes some high-cost 25% Brand 25% Brand - 25% Brand - 25% Brand 25% Brand  
generic and non-preferred  
brand drugs

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**Tier 5 - Specialty** 37% Generic - 37% Generic - Limited to Limited to Limited to  
Includes high-cost/unique 25% Brand 25% Brand one-month one-month one-month  
generic and brand drugs supply supply supply

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**Catastrophic Coverage** Greater of 5% of the cost of the drug - or - \$3.40 for a  
generic drug or a drug that is treated like a generic and  
\$8.50 for all other drugs.

Catastrophic Coverage benefits start once \$5,100 in true out-of-pocket costs is incurred.

**Requirements:**

**Precertification** Applies

**Step-Therapy** Applies

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**Non-Part D Drug Rider**

- Not Covered

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\* Additional Medicare preventive services include:

- Ultrasound screening for abdominal aortic aneurysm (AAA)
- Cardiovascular disease screening
- Diabetes screening tests and diabetes self-management training (DSMT)
- Medical nutrition therapy
- Glaucoma screening
- Screening and behavioral counseling to quit smoking and tobacco use
- Screening and behavioral counseling for alcohol misuse
- Adult depression screening
- Behavioral counseling for and screening to prevent sexually transmitted infections
- Behavioral therapy for obesity



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Aetna Medicare<sup>SM</sup> Plan (PPO)

Medicare (P01) ESA PPO Plan

Aetna Value Rx

- Behavioral therapy for cardiovascular disease
- Behavioral therapy for HIV screening
- Hepatitis C screening
- Lung cancer screening

**\*\*A benefit period begins the day you go into a hospital or skilled nursing facility. The benefit period ends when you haven't received any inpatient hospital care (or skilled care in a SNF) for 60 days in a row. If you go into a hospital or a skilled nursing facility after one benefit period has ended, a new benefit period begins. There is no limit to the number of benefit periods.**

**Not all PPO Plans are available in all areas**

**You must use network pharmacies to receive plan benefits except in limited, non-routine circumstances as defined in the EOC. In these situations, you are limited to a 30 day supply. To find a network pharmacy, you can visit our website (<http://www.aetnaretireeplans.com>). Quantity limits and restrictions may apply.**

**The formulary, pharmacy network and/or provider network may change at any time. You will receive notice when necessary.**

**Your coverage is provided through a contract with your former employer/union/trust. The plan benefits administrator will provide you with information about your plan premium (if applicable).**

**If you reside in a long-term care facility, your cost share is the same as at a retail pharmacy and you may receive up to a 31 day supply.**

Members who get "extra help" don't need to fill prescriptions at preferred network pharmacies to get Low Income Subsidy (LIS) copays.

Specialty pharmacies fill high-cost specialty drugs that require special handling. Although specialty pharmacies may deliver covered medicines through the mail, they are not considered "mail-order pharmacies." So, most specialty drugs are not available at the mail-order cost share.

You must continue to pay your Part B premium.





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Aetna Value Rx

See Evidence of Coverage for a complete description of plan benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by service area.

For mail-order, you can get prescription drugs shipped to your home through the network mail-order delivery program. Typically, mail-order drugs arrive within 7-10 days. You can call 1-888-792-3862, (TTY users should call 711) 24 hours a day, seven days a week, if you do not receive your mail-order drugs within this timeframe. Members may have the option to sign-up for automated mail-order delivery.

Aetna receives rebates from drug manufacturers that may be taken into account in determining Aetna's preferred drug list. Rebates do not reduce the amount a member pays the pharmacy for covered prescriptions. Pharmacy participation is subject to change.

Participating physicians, hospitals and other health care providers are independent contractors and are neither agents nor employees of Aetna. The availability of any particular provider cannot be guaranteed, and provider network composition is subject to change.

In case of emergency, you should call 911 or the local emergency hotline. Or you should go directly to an emergency care facility.

The following is a partial list of what isn't covered or limits to coverage under this plan:

- Services that are not medically necessary unless the service is covered by Original Medicare or otherwise noted in your Evidence of Coverage
- Plastic or cosmetic surgery unless it is covered by Original Medicare
- Custodial care
- Experimental procedures or treatments that Original Medicare doesn't cover
- Outpatient prescription drugs unless covered under Original Medicare Part B

†Your former employer/union/trust provides some additional coverage during the Coverage Gap stage for covered drugs. Your cost share appears in the chart above.



For brand drugs not included in the additional coverage provided by your former employer/union/trust, the Medicare Coverage Gap Discount Program applies. The Medicare Coverage Gap Discount Program provides manufacturer discounts on brand name drugs. You pay 25% of the negotiated price (excluding the dispensing fee and vaccine administration fee, if any) for brand name drugs. Both the amount you pay and the amount discounted by the manufacturer count toward your out-of-pocket costs as if you had paid them and moves you through the coverage gap.

You also receive some coverage for generic drugs. You pay no more than 37% of the cost for generic drugs and the plan pays the rest. For generic drugs, the amount paid by the plan (63%) does not count toward your out-of-pocket costs. Only the amount you pay counts and moves you through the coverage gap.

You continue paying the discounted price for brand name drugs and no more than 37% of the costs of generic drugs until your yearly out-of-pocket payments reach a maximum amount that Medicare has set. In 2019, that amount is \$5,100. Coinsurance-based cost-sharing is applied against the overall cost of the drug, prior to the application of any discounts or benefits.

Coinsurance is applied against the overall cost of the drug, before any discounts or benefits are applied.

Aetna's retiree pharmacy coverage is an enhanced Part D Employer Group Waiver Plan that is offered as a single integrated product. The enhanced Part D plan consists of two components: basic Medicare Part D benefits and supplemental benefits. Basic Medicare Part D benefits are offered by Aetna based on our contract with CMS. We receive monthly payments from CMS to pay for basic Part D benefits. Supplemental benefits are non-Medicare benefits that provide enhanced coverage beyond basic Part D. Supplemental benefits are paid for by plan sponsors or members and may include benefits for non-Part D drugs. Aetna reports claim information to CMS according to the source of applicable payment (Medicare Part D, plan sponsor or member).

There are three general rules about drugs that Medicare drug plans will not cover under Part D. This plan cannot:



- Cover a drug that would be covered under Medicare Part A or Part B.
- Cover a drug purchased outside the United States and its territories.
- Generally cover drugs prescribed for “off label” use, (any use of the drug other than indicated on a drug's label as approved by the Food and Drug Administration) unless supported by criteria included in certain reference books like the American Hospital Formulary Service Drug Information, the DRUGDEX Information System and the USPDI or its successor.

Additionally, by law, the following categories of drugs are not normally covered by a Medicare prescription drug plan unless we offer enhanced drug coverage for which additional premium may be charged. These drugs are not considered Part D drugs and may be referred to as “exclusions” or “non-Part D drugs”. These drugs include:

- Drugs used for the treatment of weight loss, weight gain or anorexia
- Drugs used for cosmetic purposes or to promote hair growth
- Prescription vitamins and mineral products, except prenatal vitamins and fluoride preparations
- Outpatient drugs that the manufacturer seeks to require that associated tests or monitoring services be purchased exclusively from the manufacturer as a condition of sale
- Drugs used to promote fertility
- Drugs used to relieve the symptoms of cough and colds
- Non-prescription drugs, also called over-the-counter (OTC) drugs
- Drugs when used for the treatment of sexual or erectile dysfunction

Aetna Medicare is a PDP, HMO, PPO plan with a Medicare contract. Our SNPs also have contracts with State Medicaid programs. Enrollment in our plans depends on contract renewal.

Some areas may have limited access to pharmacies with preferred cost sharing. The lower costs advertised in our plan materials for these pharmacies may not be available at the pharmacy you use. For up-to-date information about our network pharmacies, including pharmacies with preferred cost sharing, please call 1-800-594-9390 (TTY: 711) or consult the online pharmacy directory at <http://www.aetnaretireplans.com>.



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Aetna Medicare<sup>SM</sup> Plan (PPO)

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You can read the *Medicare & You 2019 Handbook*. Every year in the fall, this booklet is mailed to people with Medicare. It has a summary of Medicare benefits, rights and protections, and answers to the most frequently asked questions about Medicare. If you don't have a copy of this booklet, you can get it at the Medicare website (<http://www.medicare.gov>) or by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

ATTENTION: If you speak another language, language assistance services, free of charge, are available to you. Call 1-888-267-2637 (TTY: 711). Spanish: ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-888-267-2637 (TTY: 711).

Traditional Chinese: 注意：如果您使用中文，您可以免費獲得語言援助服務。請致電 1-888-267-2637 (TTY: 711).

You can also visit our website at [www.aetnaretireplans.com](http://www.aetnaretireplans.com). As a reminder, our website has the most up-to-date information about our provider network (Provider Directory) and our list of covered drugs (Formulary/Drug List).

This information is not a complete description of benefits. Contact the plan for more information. Limitations, copayments, and restrictions may apply. Benefits, premium and/or co-payments/co-insurance may change on January 1 of each year.

Plans are offered by Aetna Health Inc., Aetna Health of California Inc., and/or Aetna Life Insurance Company (Aetna). Not all health services are covered. See Evidence of Coverage for a complete description of benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by location.

If there is a difference between this document and the Evidence of Coverage (EOC), the EOC is considered correct.

Information is believed to be accurate as of the production date; however, it is subject to change. For more information about Aetna plans, go to [www.aetna.com](http://www.aetna.com).

Please contact Customer Service toll-free at 1-888-267-2637 (TTY: 711) for additional information. Hours are 8 a.m. to 6 p.m. local time, Monday through Friday.

***This document is not intended to be member-facing as it does not include the required disclosures.***



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**\*\*\*This is the end of this plan benefit summary\*\*\***

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