

Quality health plans & benefits  
Healthier living  
Financial well-being  
Intelligent solutions

aetna®

# State of Kansas Employees 2016

Choose a health plan with built-in value  
and cost-saving features



Read about the Aetna health plans and added extras.  
Enrollment begins October 1, 2015.



## Get ready to enroll for your 2016 medical benefits

Your 2016 benefits are just around the corner. All health plans are not alike — even if they seem so on the surface. Aetna health plans include tools and resources to help you make smart health care buying decisions. And that can help you save money. This guide shows what Aetna has to offer, so you can make the best choices for you and your family. You and your dependents can also learn more by visiting [www.aetnastateofkansas.com](http://www.aetnastateofkansas.com) on or after August 31, 2015. There you can access tools and information to help you make informed choices. After you compare the benefits, take a look at what else you get once you enroll.

## Open enrollment is October 1 – 31, 2015

You can sign up for your 2016 benefits during this time. You can't sign up for benefits after October 31 unless you are a new hire or you have a qualifying life event.

### Happy with your current benefits?

If you don't want to make any changes to your current benefit selections, you don't have to take any action. We'll re-enroll you in the same benefits you have now. We call this "passive enrollment."

## Make informed decisions during open enrollment

You and your dependents can access tools and information during open enrollment to help you make informed choices. Visit [www.aetnastateofkansas.com](http://www.aetnastateofkansas.com) on or after August 31, 2015.

# State of Kansas Employees' custom provider search tool

The A and C plans include similar coverage as before, but with the same great services. Plus, you'll still have access to the Aetna national network of doctors, hospitals and specialists. So if you're traveling, or if you live outside the area in which you work, you can still find health care providers in the Aetna network. If you'd like to learn more about your medical coverage from Aetna, visit [www.aetnastateofkansas.com](http://www.aetnastateofkansas.com) and select the "Health" tab at the top of the home page. There, you'll find easy-to-read Benefits Descriptions for each plan.

## Find doctors who meet your preferences

Want to find a doctor who speaks your first language? Or one with handicap accessibility? Maybe you prefer a female doctor. Or the one closest to your work. Interested in a doctor's educational background? What about their quality status? The DocFind online provider directory makes it easy. Visit [www.aetnastateofkansas.com](http://www.aetnastateofkansas.com) and select "Find a Doctor" to begin your search for quality Aetna network doctors today.

During open enrollment (October 1-31, 2015), you can access the custom State of Kansas DocFind search tool for an even easier search. That's because the custom site will prefill your plan information.

1. Visit [www.aetnastateofkansas.com](http://www.aetnastateofkansas.com) and select "Find a Doctor." You can learn more about using DocFind.
2. After you enter your search criteria, click "Search."
3. From the results page, click on the specific doctor's name to learn more.

You usually pay less when you use doctors and hospitals that are in the Aetna network. And with more than 1 million doctors and 5,500 hospitals,\* there's a good chance your doctor is one of them.

\*Information as of March 31, 2015.

The screenshot shows the Aetna Directory of Health Care Professionals search tool. The page is titled "aetna Directory of Health Care Professionals". It features a search bar with the following fields: "Who or what are you looking for?" (with a dropdown menu for "Name, specialty, procedure or condition") and "Where? (Zip code or city, state)" (with a dropdown menu for "Zip code or city, state"). A "SEARCH" button is located to the right of the search bar. Below the search bar, there is a section for "Selected Plan: State of Kansas Employee Health Plan". The page is divided into several columns of search criteria: "PROVIDER TYPES" (Healthcare Professionals, Dentists, Dental Specialists, etc.), "CONDITIONS" (Acid Reflux, Acne, Alcohol abuse, etc.), and "PROCEDURES" (Find a Flu Shot/Vaccine Provider, Allergy Shots, etc.). There are also links for "Aetna members" and "Ask Ann Virtual Assistant".





## Your 2016 medical plan options

You have two plans from which to choose in 2016. Here's a summary of the health plan in-network benefits available to you in 2016. For detailed information, read the open enrollment materials provided by the State of Kansas.

	Plan A	Plan C
<b>Deductible</b>	\$400 individual/\$800 family	\$2,750 individual/\$5,550 family
<b>Coinsurance</b>	20%	0%
<b>PCP office visit</b>	\$30 copay	Deductible and 0% coinsurance
<b>Specialist office visit</b>	\$50 copay	Deductible and 0% coinsurance
<b>Emergency room visit</b>	\$100 copay; deductible and 20% coinsurance	Deductible and 0% coinsurance
<b>Urgent care center visit</b>	\$50 copay	Deductible and 0% coinsurance
<b>Inpatient services</b>	Deductible and 20% coinsurance	Deductible and 0% coinsurance
<b>Outpatient surgery</b>	Deductible and 20% coinsurance	Deductible and 0% coinsurance
<b>Combined medical &amp; pharmacy annual out-of-pocket maximum</b>	\$4,750 individual/\$9,500 family	\$2,750 individual/\$5,550 family

# Look for your new ID card

You will receive a new family ID card by the end of December. Your ID card will look like the image below. All covered members of your family may use the same card. If your spouse is covered by the plan, you will receive two ID cards. If you do not receive your ID card by the end of December, or need additional ID cards, please contact Aetna Member Services at 1-866-851-0754.

## Plan A



## Plan C



## Save on health-related products and services

As an Aetna member, you'll have access to discounts on products and services that aren't typically covered by health insurance. These discounts are not insurance. Instead, you get on-the-spot savings at participating program vendors.

### Hearing

Save on hearing aids and exams. You have two options to meet your hearing needs.

#### With Hearing Care Solutions, you get:

- Savings on a large choice of hearing aids
- A two-year supply of batteries (up to 96 cells), with mail-order discounts you can use after this original supply runs out
- In-office service for one year
- Free cleanings, checks and battery-door replacements for the life of your hearing aid

#### With Amplifon Hearing Care, you get:

- Savings on many styles of hearing aids, including programmable and digital hearing aids from leading makers
- A two-year supply of batteries (up to 160 cells per hearing aid)
- Discounts on hearing exams and hearing aid repairs
- Free follow-up services for one year

### Vision

Your cost for an exam is discounted. Even if your health benefits or insurance plan covers your first exam, you can get another one later at a discounted price from a provider participating in the discount program network. You can also save on extra pairs of glasses, contacts and cleaners, sunglasses and more with access to discounts at many private practices and major retailers like LensCrafters®, Pearle Vision®, Target Optical® and Sears Optical®.

### Fitness

Save on gym membership fees in the GlobalFit® network.\* With thousands to choose from, you can be sure to find one near you. You'll also have access to savings on in-home exercise equipment, videos and more.

### Weight management

Save while you lose with diet and meal delivery plans from Jenny Craig®, Nutrisystem® and Calorie King™. These programs offer meal plans, one-on-one support, dining out guides and so much more.

\* For new gym memberships only. If you belong to a gym or belonged recently, you may not be able to get discounts at that gym.

# State of Kansas Employees

**It's your life. Make it a healthy one and look forward to these great features:**

- A national provider network with access to care throughout the country.
- **Member Payment Estimator** cost of care tool: Find out what it costs before you go to the doctor's office. This tool uses your health plan to figure an estimate.
- **DocFind** online provider directory customized for State of Kansas: Look for a network doctor, even a specialist, in your area. You'll find phone numbers, directions, educational background and quality information.
- **Ask Ann**, our virtual online guide: Ann can help you register. And once you do, she can answer questions on your health plan.
- **Aetna Mobile**: Find what you need — wherever, whenever — with the Aetna Mobile app.

**Read the open enrollment materials provided by the State of Kansas.  
You can also learn more about advantages of Aetna through the following:**

- Visit [www.aetnastateofkansas.com](http://www.aetnastateofkansas.com)
- Call **1-866-851-0754** to talk to a friendly customer service representative
- Visit us at open enrollment meetings
- Learn more by attending a webinar at [www.kdheks.gov/hcf/sehp](http://www.kdheks.gov/hcf/sehp)

Aetna is the brand name used for products and services provided by one or more of the Aetna group of subsidiary companies. For self-funded accounts, plan coverage is offered by your employer, with administrative services only provided by Aetna Life Insurance Company (Aetna).

Health insurance plans are administered by Aetna Life Insurance Company. Not all health services are covered. See plan documents for a complete description of benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by location and are subject to change. Health information programs provide general health information and are not substitutes for diagnosis or treatment by a physician or other health care professional. Discount programs provide access to discounted prices and are not insured benefits. Providers are independent contractors and are not agents of Aetna. Provider participation may change without notice. Aetna does not provide care or guarantee access to health services. Information is believed to be accurate as of the production date; however, it is subject to change. For more information about Aetna plans, refer to [www.aetna.com](http://www.aetna.com).

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