

FREE BIOMETRIC SCREENINGS



HealthQuest sponsors free screenings using a simple fingerstick for blood lipids and glucose testing. Results you will receive include:

- Total Cholesterol, HDL, LDL & Total Cholesterol to HDL Ratio
- Triglycerides & Glucose
- Blood Pressure
- Height, Weight & Body Mass Index (BMI)
- Waist Circumference

TWO WAYS TO SCHEDULE AN APPOINTMENT

1. www.KansasHealthQuest.com
2. 1-888-275-1205 (Option 5)
TTY 1-888-277-1543

Appointments are required to attend. Employees and spouses enrolled in the State Employee Health Plan may participate in one event from September 2013 to July 2014.

For the most accurate results, plan to fast a minimum of 9 hours prior to your appointment (please drink water to stay hydrated).

DATE:

TIME:

LOCATION:

Use your screening results to complete an online health assessment questionnaire by July 31, 2014, and earn 10 credits for the HealthQuest Rewards Program!

More info at www.kdheks.gov/hcf/healthquest/screening.html