Welcome

Welcome to the 2018 HealthQuest Rewards Program. The State Employee Health Plan, in partnership with Cerner, have developed this program to help you improve and maintain your health through personalized programs and evaluations. Here are some of the things you’ll be able to do:

- Log in to a wellness portal to track your incentive credits
- Schedule a visit with a health coach, dietitian or athletic trainer
- Participate in challenges or take online workshops

We encourage you to sign up today and take advantage of the numerous resources and programs offered. Please be sure to contact us if you have any questions.

Please don’t forget that the Health Assessment is REQUIRED.

How To Create Your Account:

1. Please log on to your HealthQuest wellness portal at https://KansasHealthQuest.CernerWellness.com
2. Select “Click here to sign up”
3. Answer all registration questions and use the following “Member Number” criteria:
   - **Employees:** Enter: 11 digit Employee ID followed by EE
     Your employee ID is a letter followed by 10 numbers. For example your member ID would be A1234567890EE.
   - **Spouses (enrolled in the SEHP):** Enter: The employee’s 11 digit Employee ID followed by SP
4. Complete the following steps:
   - **Step 1.** Select “Step 1” on your dashboard to complete your Required Health Assessment.
   - **Step 2.** Select “Step 2” on your dashboard to schedule your Optional Biometric Screening.
   - **Step 3.** Select “Step 3” on your dashboard to schedule an Optional Health Coaching appointment.

Please continue to track your credits for completed wellness activities in your HealthQuest wellness portal through December 31, 2018 to receive your premium reduction in 2019. (The deadline to earn your HRA/HSA incentive dollars for plans C, Q, N, and J is November 19, 2018).

*Please note: It may take 2-3 weeks for new member information to be entered into the system.*

Questions?
Please contact HealthQuest at 1-888-275-1205, option 3, or HealthQuest@Cerner.com.
HealthQuest Rewards Program Details

You will have 12 months from the date that your benefits become effective to complete the required Health Assessment and earn 40 total credits to get the premium incentive discount. Once you complete the Required Health Assessment worth 10 credits and earn 40 total you will see the discount effective the first of the following month.

Please note: The wellness portal is reset to zero credits for all employees each year on December 31 for the start of the new HealthQuest Rewards earning period. As a new member if you have not met your goal of 40 total credits, your credits are not lost towards your new member benefit. They carry over.

After your first 12 months, you will follow the same guidelines as all employees and will have until December 31 each year to earn the premium incentive discount for the following calendar year. Which means if you are benefits active for the entire plan year you must earn 40 total credits in that calendar year to continue receiving the discount in the following year.

All Plans:
Employee (and Spouse if covered under the health plan) must earn 40 credits to receive a reduction of $480 in premiums for 2019.

Plan C, Q, N, and J:
Employee and Employee/Children Coverage: In addition to the opportunity to receive a premium reduction in 2019, employee will also earn $10 in an HRA/HSA account for each credit earned up to $500.

Employee/Spouse and Employee/Family: Employee and Spouse must EACH earn 40 credits to receive a reduction of $480 in premiums for 2019. Employee and spouse will also earn $10 in an HRA/HSA account for each credit earned up to $500 each ($1,000 total).

Please continue to track your completed wellness activities in your HealthQuest portal. The deadline for earning your credits for your premium incentive reduction is December 31, 2018. Please note: The deadline to earn your HRA/HSA incentive dollars for Plan C, Q, N, and J is November 19, 2018. See the reverse of this page for details on setting up your HealthQuest wellness portal.

Questions?
Please contact HealthQuest at 1-888-275-1205, option 3, or HealthQuest@Cerner.com.